

Appendix2 Fifteen Variable Trauma Specific Frailty Index (TSFI)

Item	Criteria		
Comorbidities			
Cancer History	Yes (1)	No (0)	
Coronary Heart Disease	MI (1) Medication (0.25)	CABG (0.75) None (0)	PCI (0.5)
Dementia	Severe (1) No (0)	Moderate (0.5)	Mild (0.25)
Daily Activities			
Help with grooming	Yes (1)	No (0)	
Help managing money	Yes (1)	No (0)	
Help doing household work	Yes (1)	No (0)	
Help toileting	Yes (1)	No (0)	
Help walking	Wheelchair (1) No (0)	Walker (0.75)	Cane (0.25)
Health Attitude			
Feel less useful	Most time (1)	Sometimes (0.5)	Never (0)
Feel sad	Most time (1)	Sometimes (0.5)	Never (0)
Feel effort to do everything	Most time (1)	Sometimes (0.5)	Never (0)
Falls	Most time (1)	Sometimes (0.5)	Never (0)
Feel lonely	Most time (1)	Sometimes (0.5)	Never (0)
Function			
Sexual active	Yes (0)	No (1)	
Nutrition			
Albumin	<3(1)	>3(0)	

The TSFI score is average score of the 15 items, ranging from 0 to 1. The higher the score, the weaker the body