

Electronic supplementary material

ESM text. Newcastle-Ottawa Quality assessment scale modified from reference 14

A study can be awarded a maximum of one point for each * within the Selection and Outcome categories. A maximum of two point can be given for Comparability.

Selection

S1) Representativeness of the exposed cohort

- a) truly representative of the general population*
- b) somewhat representative of the general population
- c) selected group e.g. patient groups
- d) no description of the derivation of the cohort

S2) Selection of the non exposed cohort

- a) drawn from the same community as the exposed cohort*
- b) drawn from a different source
- c) no description of the derivation of the non exposed cohort

S3) Ascertainment of exposure

- a) secure record*
- b) secure record or written self report
- c) written self report
- d) no description

S4) Demonstration that outcome of interest was not present at start of study

- a) yes*
- b) no

Comparability

C1) Comparability of cohorts on the basis of the design or analysis

- a) study controls for age*
- b) study also controls for additional factors*

Outcome

O1) Assessment of outcome

- a) independent blind assessment or confirmation by reference to secure records*
- b) record linkage*
- c) self report
- d) no description

O2) Was follow-up long enough for outcomes to occur

- a) yes (at least 3 years)*
- b) no

O3) Adequacy of follow up of cohorts

- a) complete follow up - all subjects accounted for*
- b) subjects lost to follow up unlikely to introduce bias - > 90% follow up, or description provided of those lost*
- c) follow up rate < 90% and no description of those lost

- d) no statement

ESM Table 1. Search strategies*Pubmed (between Jan 1, 1966 and Nov 16, 2018, n = 5991, searched on Nov 16, 2018)*

No	Search item
1	“Diabetes Mellitus” [MeSH Terms]
2	“Diabetes” [All Fields]
3	1 or 2
4	“Heart failure” [MeSH Terms]
5	“Heart failure” [All Fields]
6	“Cardiac failure” [All Fields]
7	“Cardiac insufficiency” [All Fields]
8	“Ventricular dysfunction” [MeSH Terms]
9	“Ventricular dysfunction” [All Fields]
10	4 or 5 or 6 or 7 or 8 or 9
11	“Men” [MeSH Terms]
12	“Male” [MeSH Terms]
13	“Men” [All Fields]
14	“Male” [All Fields]
15	11 or 12 or 13 or 14
16	“Women” [MeSH Terms]
17	“Female” [MeSH Terms]
18	“Women” [All Fields]
19	“Female” [All Fields]
20	16 or 17 or 18 or 19
21	“Cohort Studies” [MeSH Terms]
22	“Follow Up Studies” [MeSH Terms]
23	“Prospective Studies” [MeSH Terms]
24	“Longitudinal Studies” [MeSH Terms]
25	“Cohort” [All Fields]
26	“Follow-up” [All Fields]
27	“Prospective” [All Fields]
28	“Longitudinal” [All Fields]
29	21 or 22 or 23 or 24 or 25 or 26 or 27 or 28
30	3 and 10 and 15 and 20 and 29

ESM Table 2. Quality assessment of the included studies

Cohort	Scores								
	S1	S2	S3	S4	C1	O1	O2	O3	Sum
APCSC [16]	1	1	0	0	2	1	1	0	6
Policardo et al [23]	1	1	1	1	2	1	1	0	8
KPMCP [26]	1	1	0	1	2	1	1	0	7
LRPP [25]	1	1	1	1	2	1	1	0	8
CHS [24]	1	1	1	1	2	1	1	0	8
Swedish NDR (T1) [27]	1	1	1	1	2	1	1	0	8
Swedish NDR (T2) [20]	1	1	1	1	2	1	1	0	8
Kaiser Permanente Georgia [17]	1	1	1	1	2	1	0	0	7
NHANES I Epidemiologic follow-up study [15]	1	1	0	1	2	1	1	1	8
Taiwan's NHI system [19]	1	1	1	1	2	1	1	0	8
Saskatchewan Health databases [22]	1	1	1	1	1	1	1	0	7
CALIBER programme [5]	1	1	1	1	2	1	1	0	8
Ballotari et al [21]	1	1	1	0	1	1	0	0	5
NHS Information Services Scotland [18]	1	1	1	1	2	1	1	0	8

ESM Table 3. Absolute risks of heart failure in the included studies

Cohort	Men	Women	Difference (men - women)
APCSC [16]	na	na	
Policardo et al [23]	1.70	1.94	-0.24
KPMCP [26]	na	na	na
LRPP [25] ^a	5.01	4.49	0.51
CHS [24]	28.46	20.85	7.62
Swedish NDR [20, 27] ^b	7.11	7.16	-0.05
Kaiser Permanente Georgia [17]	4.24	3.68	0.56
NHANES I Epidemiologic follow-up study [15]	na	na	na
Taiwan's NHI system [19]	14.99	17.18	-2.19
Saskatchewan Health databases [22]	3.82	3.54	0.28
CALIBER programme [5]	na	na	na
Ballotari et al [21]	2.52	1.91	0.61
NHS Information Services Scotland (T2) [18] ^c	3.71	3.01	0.70

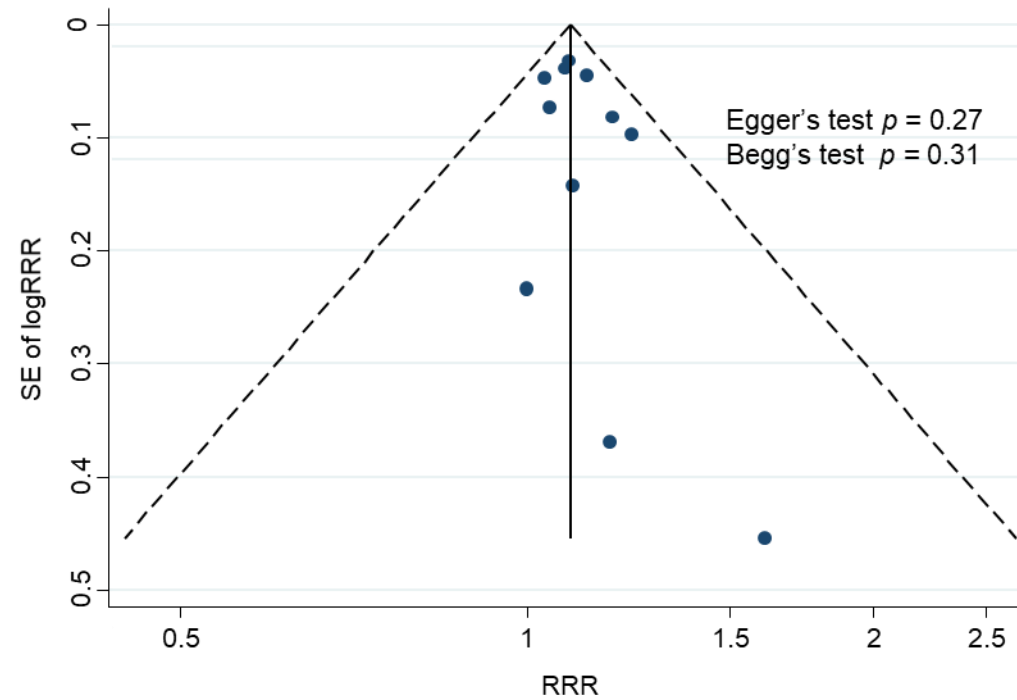
Incidence (or mortality) rates were described as per 1000 person-years.

na: not available.

^a Weighted average of aged 45 and 55.

^b Derived from reference [20].

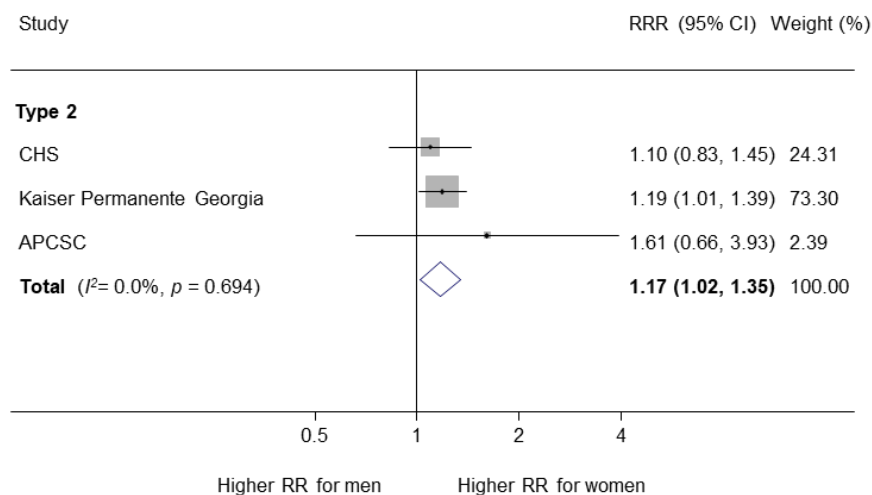
^c Subjects aged ≥ 30 years were included,.



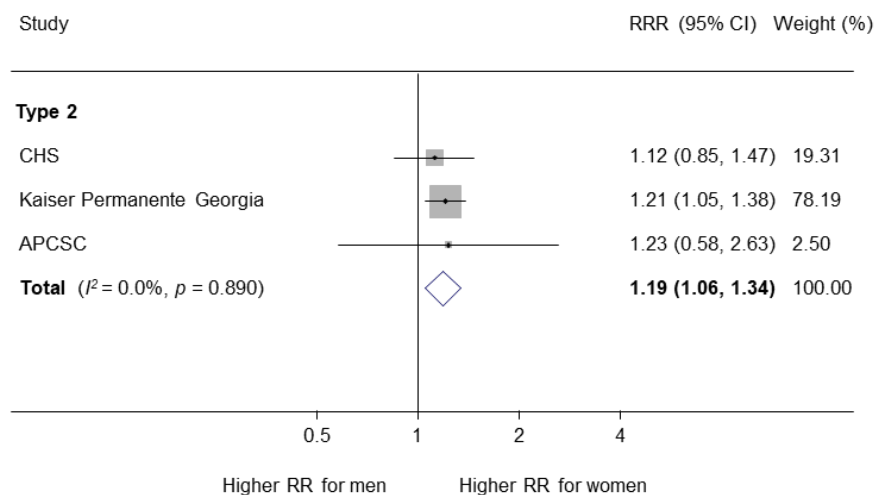
ESM Fig. 1. Funnel plot with pseudo 95% confidence limits for the data for type 2 diabetes in Fig. 3.

Abbreviations; RRR, ratio of relative risk; SE, standard error.

a) Multiple-adjusted



b) Age-adjusted



ESM Fig. 2. Women-to-men ratio of relative risk for heart failure, comparing individuals with diabetes with those without diabetes, which provided both multiple-adjusted and age-adjusted relative risk from the same study.

Abbreviations; RR; relative risk; RRR, ratio of relative risk; CI, confidence interval.