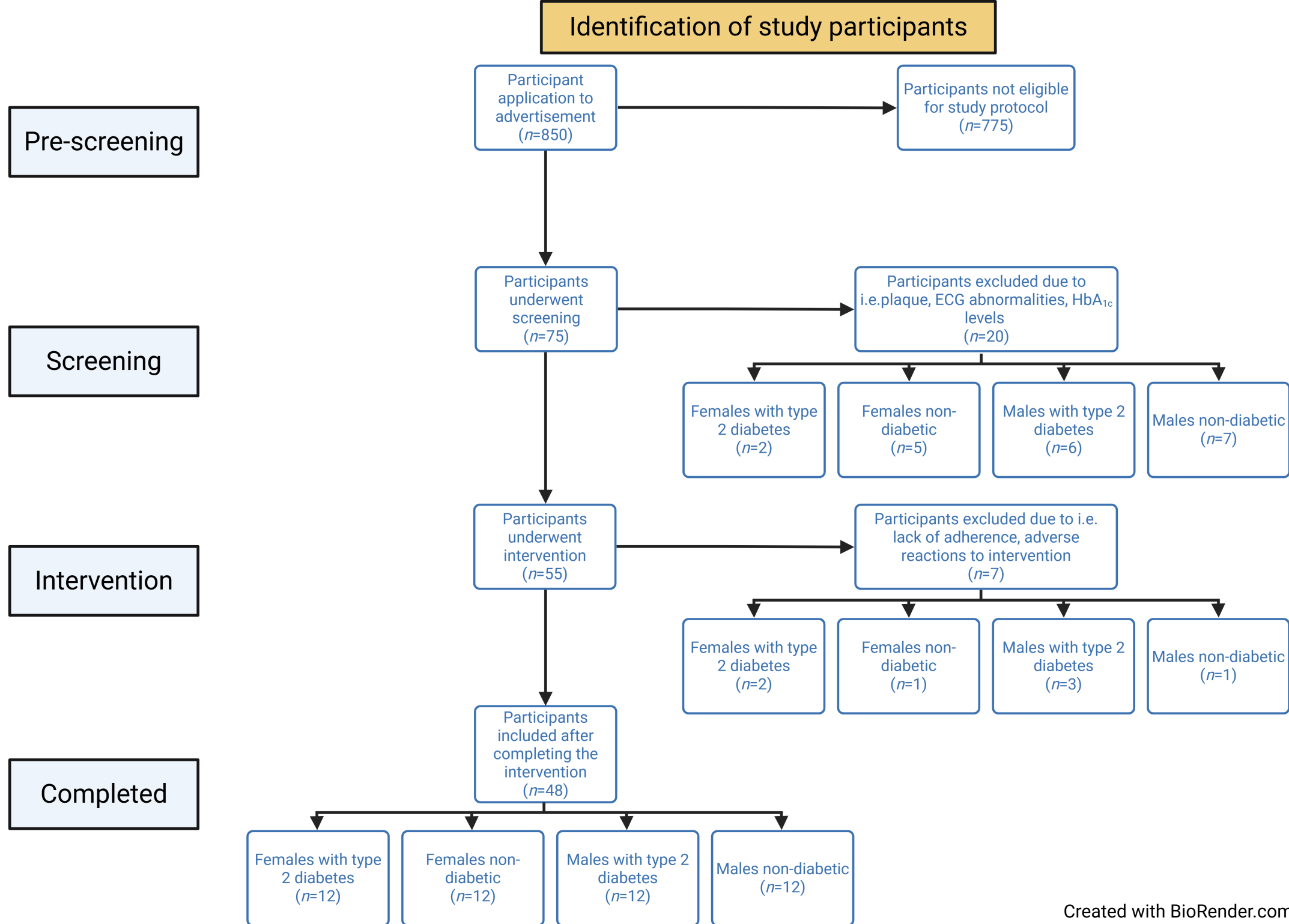
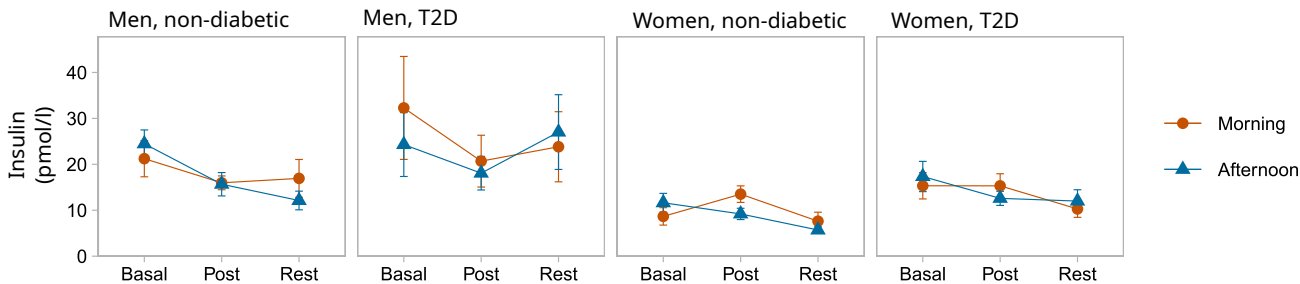




A Statistically significant variables:
Exercise, *** $p < 0.001$
Sex, ** $p < 0.01$
Sex:Exercise interaction, ** $p < 0.01$



B Statistically significant variables:
Exercise, *** $p < 0.001$
Time of day, ** $p < 0.01$
Sex, *** $p < 0.001$
Sex:Exercise interaction, *** $p < 0.001$

