

Online Resource 4. Number of athlete-years per sport category for each age group.

	≤20 years^a	21–25 years^a	26–30 years^a	31–35 years^a	36–40 years^a	≥41 years^a
Sport category	Athlete-years^b	Athlete-years^b	Athlete-years^b	Athlete-years^b	Athlete-years^b	Athlete-years^b
Skill sports	50.0	197.5	280.0	152.5	113.0	115.0
Power sports	155.0	460.5	262.5	51.5	11.0	1.5
Mixed sports	83.5	279.0	210.0	45.5	7.5	0
Endurance sports	84.0	403.0	295.5	121.0	19.0	0

^aData on age is missing for 14 athletes

^bAthlete-years are defined as the number of years an athlete participated in Top and Talent. If an athlete only participated half a year (spring or autumn) they were given a value of 0.5