

Supplementary Table S1 - Oxford Centre for Evidence-Based Medicine 2011 Levels of Evidence (Diagnosis)

Level	
1	Systematic review of cross sectional studies with consistently applied reference standard and blinding
2	Individual cross sectional studies with consistently applied reference standard and blinding
3	Non-consecutive studies, or studies without consistently applied reference standards
4	Case-control studies, or “poor or non-independent reference standard”
5	Mechanism-based reasoning

Source: OCEBM Levels of Evidence Working Group. "The Oxford 2011 Levels of Evidence". Oxford Centre for Evidence-Based Medicine. <http://www.cebm.net/index.aspx?o=5653>. Accessed: 25 February 2024

Supplementary Table S2 – Grading of Recommendations Assessment, Development and Evaluation (GRADE)

Code	Quality of Evidence	Definition
A	High	Several high-quality studies with consistent results In special cases: one large, high-quality multi-centre trial
B	Moderate	One high-quality study Several studies with some limitations
C	Low	One or more studies with severe limitations
D	Very Low	Expert opinion No direct research evidence One or more studies with very severe limitations

Source: https://www.essentialevidenceplus.com/product/ebm_loe.cfm?show=grade. Accessed 25 February 2025