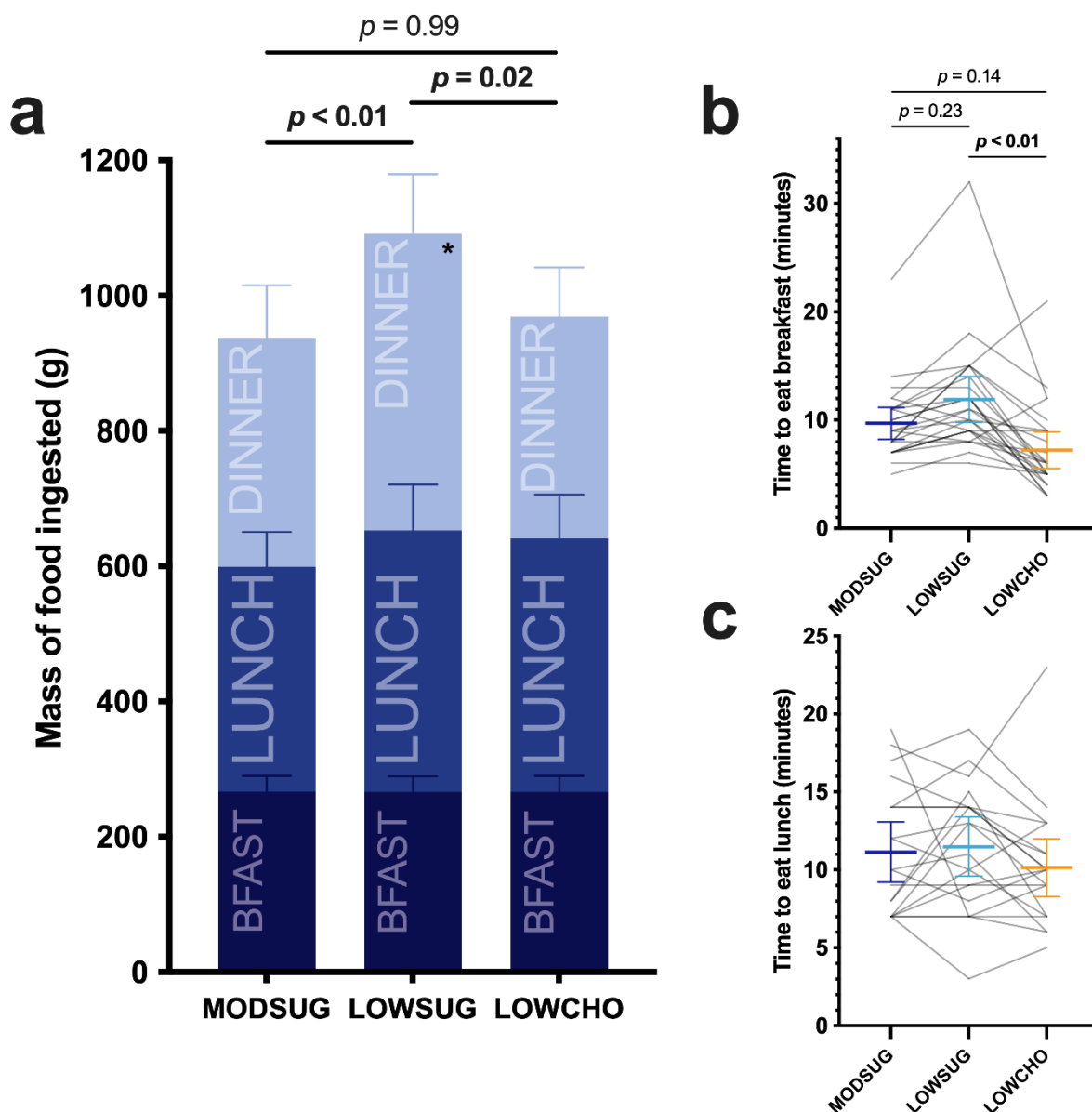




Supplemental Figure 2. Food mass eaten and time taken to consume meals during a moderate sugar diet (MODSUG), low sugar diet (LOWSUG), or a low carbohydrate diet (LOWCHO) in healthy men and women. Mass of food partitioned by meal (a), and time taken to eat breakfast (b) and lunch (c). $n = 25$. Data expressed as mean $\pm$ 95% confidence intervals. * $P < 0.05$ LOWSUG dinner vs other conditions.