

National ophthalmology survey of functional visual disorders

Q1: What is your clinical grade?

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| ☐ Ophthalmology specialist trainee (ST1 - 3) | ☐ Ophthalmology specialist trainee (ST4 and above) |
| ☐ Specialty doctor / Staff grade | ☐ Fellow |
| ☐ Associate specialist | ☐ Consultant |

Q2: What is your subspeciality?

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|---|--|---|
| ☐ Not applicable | ☐ Neuro-ophthalmology | ☐ Paediatrics |
| ☐ Medical Retina / Uveitis | ☐ Vitreoretina | ☐ Glaucoma |
| ☐ Anterior segment | ☐ Oculoplastics | ☐ Primary Care Ophthalmology |
| ☐ Oncology | ☐ General | |

Q3: How many years have you worked in ophthalmology?

- ☐ Less than 5 years ☐ 5 to 10 years ☐ 10 to 15 years ☐ 15 to 20 years ☐ Over 20 years

Q4: Where in the UK are you currently based?

- ☐ England ☐ Wales ☐ Scotland ☐ Northern Ireland

Q5: Which country did you complete medical training?

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| ☐ United Kingdom | ☐ Afghanistan |
| ☐ Albania | ☐ Algeria |
| ☐ Andorra | ☐ Angola |
| ☐ Anguilla | ☐ Antigua & Barbuda |
| ☐ Argentina | ☐ Armenia |
| ☐ Australia | ☐ Austria |
| ☐ Azerbaijan | ☐ Bahamas |
| ☐ Bahrain | ☐ Bangladesh |
| ☐ Barbados | ☐ Belarus |
| ☐ Belgium | ☐ Belize |
| ☐ Benin | ☐ Bermuda |
| ☐ Bhutan | ☐ Bolivia |
| ☐ Bosnia & Herzegovina | ☐ Botswana |
| ☐ Brazil | ☐ Brunei Darussalam |
| ☐ Bulgaria | ☐ Burkina Faso |
| ☐ Burundi | ☐ Cambodia |
| ☐ Cameroon | ☐ Canada |
| ☐ Cape Verde | ☐ Cayman Islands |
| ☐ Central African Republic | ☐ Chad |

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|---|--|
| ☐ Chile | ☐ China |
| ☐ China - Hong Kong / Macau | ☐ Colombia |
| ☐ Comoros | ☐ Congo |
| ☐ Congo, Democratic Republic of (DRC) | ☐ Costa Rica |
| ☐ Croatia | ☐ Cuba |
| ☐ Cyprus | ☐ Czech Republic |
| ☐ Denmark | ☐ Djibouti |
| ☐ Dominica | ☐ Dominican Republic |
| ☐ Ecuador | ☐ Egypt |
| ☐ El Salvador | ☐ Equatorial Guinea |
| ☐ Eritrea | ☐ Estonia |
| ☐ Eswatini | ☐ Ethiopia |
| ☐ Fiji | ☐ Finland |
| ☐ France | ☐ French Guiana |
| ☐ Gabon | ☐ Gambia, Republic of The |
| ☐ Georgia | ☐ Germany |
| ☐ Ghana | ☐ Greece |
| ☐ Grenada | ☐ Guadeloupe |
| ☐ Guatemala | ☐ Guinea |
| ☐ Guinea-Bissau | ☐ Guyana |
| ☐ Haiti | ☐ Honduras |
| ☐ Hungary | ☐ Iceland |
| ☐ India | ☐ Indonesia |
| ☐ Iran | ☐ Iraq |
| ☐ Israel and the Occupied Territories | ☐ Italy |
| ☐ Ivory Coast (Cote d'Ivoire) | ☐ Jamaica |
| ☐ Japan | ☐ Jordan |
| ☐ Kazakhstan | ☐ Kenya |
| ☐ Korea, Democratic Republic of (North Korea) | ☐ Korea, Republic of (South Korea) |
| ☐ Kosovo | ☐ Kuwait |
| ☐ Kyrgyz Republic (Kyrgyzstan) | ☐ Laos |
| ☐ Latvia | ☐ Lebanon |
| ☐ Lesotho | ☐ Liberia |
| ☐ Libya | ☐ Liechtenstein |
| ☐ Lithuania | ☐ Luxembourg |
| ☐ Madagascar | ☐ Malawi |
| ☐ Malaysia | ☐ Maldives |
| ☐ Mali | ☐ Malta |
| ☐ Martinique | ☐ Mauritania |
| ☐ Mauritius | ☐ Mayotte |
| ☐ Mexico | ☐ Moldova, Republic of |
| ☐ Monaco | ☐ Mongolia |
| ☐ Montenegro | ☐ Montserrat |
| ☐ Morocco | ☐ Mozambique |
| ☐ Myanmar/Burma | ☐ Namibia |
| ☐ Nepal | ☐ Netherlands |
| ☐ New Zealand | ☐ Nicaragua |
| ☐ Niger | ☐ Nigeria |

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| ☐ North Macedonia, Republic of | ☐ Norway |
| ☐ Oman | ☐ Pacific Islands |
| ☐ Pakistan | ☐ Panama |
| ☐ Papua New Guinea | ☐ Paraguay |
| ☐ Peru | ☐ Philippines |
| ☐ Poland | ☐ Portugal |
| ☐ Puerto Rico | ☐ Qatar |
| ☐ Reunion | ☐ Romania |
| ☐ Russian Federation | ☐ Rwanda |
| ☐ Saint Kitts and Nevis | ☐ Saint Lucia |
| ☐ Saint Vincent and the Grenadines | ☐ Samoa |
| ☐ Sao Tome and Principe | ☐ Saudi Arabia |
| ☐ Senegal | ☐ Serbia |
| ☐ Seychelles | ☐ Sierra Leone |
| ☐ Singapore | ☐ Slovak Republic (Slovakia) |
| ☐ Slovenia | ☐ Solomon Islands |
| ☐ Somalia | ☐ South Africa |
| ☐ South Sudan | ☐ Spain |
| ☐ Sri Lanka | ☐ Sudan |
| ☐ Suriname | ☐ Sweden |
| ☐ Switzerland | ☐ Syria |
| ☐ Tajikistan | ☐ Tanzania |
| ☐ Thailand | ☐ Timor Leste |
| ☐ Togo | ☐ Trinidad & Tobago |
| ☐ Tunisia | ☐ Turkey |
| ☐ Turkmenistan | ☐ Turks & Caicos Islands |
| ☐ Uganda | ☐ Ukraine |
| ☐ United Arab Emirates | ☐ United States of America (USA) |
| ☐ Uruguay | ☐ Uzbekistan |
| ☐ Venezuela | ☐ Vietnam |
| ☐ Virgin Islands | ☐ Yemen |
| ☐ Zambia | ☐ Zimbabwe |

Q6: Approximately what percentage (%) of new referrals do you see with functional visual symptoms?

Q7: Approximately what percentage (%) of patients with functional visual symptoms have bilateral symptoms?

Q8: What is the most common type of functional visual symptom you see?

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|---|--|
| ☐ Reduced vision | ☐ Visual field loss |
| ☐ Combined reduced vision and visual field loss | ☐ Visual snow / "static" |
| ☐ Visual Persistence Phenomena | ☐ Monocular diplopia |
| ☐ Photophobia | |

Q9: To what degree are patients with functional visual symptoms usually impaired by their symptoms?

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|--|---------------------------------------|---|---|
| ☐ No impairment | ☐ Mild impairment | ☐ Moderate impairment | ☐ Severe impairment |
| ☐ Extreme impairment | | | |

Q10: On average, how many appointments will a patient with functional visual symptoms have?

Q11: What investigations do you usually perform for patients with functional visual symptoms? (more than one selection allowed)

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|---|---|
| ☐ Humphrey Visual Field Test | ☐ Goldmann Visual Field Test |
| ☐ Neuro-imaging | ☐ Electrodiagnostics |
| ☐ Optical coherence tomography (OCT) | ☐ Fundus Fluorescein Angiogram (FFA) |
| ☐ Other | |

If you have chosen "other", please specify:

Q12: Approximately what percentage (%) of ADULTS with functional visual symptoms will you follow up after diagnosis?

Q13: Approximately what percentage (%) of CHILDREN with functional visual symptoms will you follow up after diagnosis?

Q14: Approximately what percentage (%) of patients with functional visual symptoms get better?

Q15: I have a good knowledge of functional visual disorders (underlying mechanisms, treatment strategies etc.)

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|---|--------------------------------------|--|
| ☐ Strongly disagree | ☐ Disagree | ☐ Neither agree nor disagree |
| ☐ Agree | ☐ Strongly Agree | |

Q16: I received adequate education about functional visual symptoms as part of my training.

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|---|--------------------------------------|--|
| ☐ Strongly disagree | ☐ Disagree | ☐ Neither agree nor disagree |
| ☐ Agree | ☐ Strongly Agree | |

Q17: Generally I am confident diagnosing functional visual disorders.

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|---|--------------------------------------|--|
| ☐ Strongly disagree | ☐ Disagree | ☐ Neither agree nor disagree |
| ☐ Agree | ☐ Strongly Agree | |

Q18: These patients' symptoms are real.

- | | | |
|---|--------------------------------------|--|
| ☐ Strongly disagree | ☐ Disagree | ☐ Neither agree nor disagree |
| ☐ Agree | ☐ Strongly Agree | |

Q19: It is appropriate for me to be involved in the diagnosis of functional visual symptoms.

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|---|--------------------------------------|--|
| ☐ Strongly disagree | ☐ Disagree | ☐ Neither agree nor disagree |
| ☐ Agree | ☐ Strongly Agree | |

Q20: It is appropriate for me to be involved in the treatment of patients with functional visual symptoms

- | | | |
|---|--------------------------------------|--|
| ☐ Strongly disagree | ☐ Disagree | ☐ Neither agree nor disagree |
| ☐ Agree | ☐ Strongly Agree | |

Q21: If I had a choice I would rather not see patients with functional visual symptoms.

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|---|--------------------------------------|--|
| ☐ Strongly disagree | ☐ Disagree | ☐ Neither agree nor disagree |
| ☐ Agree | ☐ Strongly Agree | |

Q22: Generally I am comfortable explaining the diagnosis of a functional disorder to a patient

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|---|--------------------------------------|--|
| ☐ Strongly disagree | ☐ Disagree | ☐ Neither agree nor disagree |
| ☐ Agree | ☐ Strongly Agree | |

Q23: I often struggle with the discussion of associated psychiatric/psychological problems.

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|---|--------------------------------------|--|
| ☐ Strongly disagree | ☐ Disagree | ☐ Neither agree nor disagree |
| ☐ Agree | ☐ Strongly Agree | |

Q24: I am confident discussing the possibility of a functional visual disorder with a patient.

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|---|--------------------------------------|--|
| ☐ Strongly disagree | ☐ Disagree | ☐ Neither agree nor disagree |
| ☐ Agree | ☐ Strongly Agree | |

Q25: Patients with functional visual impairment should be allowed to drive.

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|---|--------------------------------------|--|
| ☐ Strongly disagree | ☐ Disagree | ☐ Neither agree nor disagree |
| ☐ Agree | ☐ Strongly Agree | |

Q26: Disability benefits should not be awarded to these patients because it will prevent them from getting better.

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|---|--------------------------------------|--|
| ☐ Strongly disagree | ☐ Disagree | ☐ Neither agree nor disagree |
| ☐ Agree | ☐ Strongly Agree | |

Q27: Patients with functional visual loss can be registered as sight impaired.

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|---|--------------------------------------|--|
| ☐ Strongly disagree | ☐ Disagree | ☐ Neither agree nor disagree |
| ☐ Agree | ☐ Strongly Agree | |

Q28: Do the majority of patients you see with functional visual symptoms tend to have other functional symptoms such as sensory loss or motor symptoms?

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| ☐ Yes | ☐ No | ☐ Don't know |
|---------------------------|--------------------------|----------------------------------|

Q29: What management plan do you typically make for patients with functional visual symptoms?

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| ☐ Discharge to GP (no follow up). | ☐ Follow up in clinic. |
| ☐ Refer to psychological/psychiatric services. | ☐ Refer to neurology. |

Q30: Which model do you use to explain functional visual symptoms, if patients ask? (more than one selection allowed)

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|---|--|
| ☐ Effects of stress on the nervous system. | ☐ Subconscious behaviour. |
| ☐ Disorder of brain function. | ☐ Mind over matter. |
| ☐ I can't explain it. | ☐ Other. |

Q31: Please enter any comments on the survey, or issues you would like to raise with regard to functional visual symptoms in ophthalmology.