

Supplement 3

Frequencies with which psycho-oncologists recommend high-evidence interventions for cancer-related fatigue

Intervention	Never (0% of patients)		Rarely (1-25% of patients)		Sometimes (26-50% of patients)		Often (51-75% of patients)		Mostly/ almost always (76-100% of patients)		Unable to judge	
	<i>n</i>	%	<i>n</i>	%	<i>n</i>	%	<i>n</i>	%	<i>n</i>	%	<i>n</i>	%
Psychotherapeutic interventions (e.g. behavioral therapy, psychoeducation...)	1	0.7	5	3.5	14	9.7	35	24.3	86	59.7	3	2.1
Physical activity in everyday life (e.g. Taking a walk)	0	0.0	0	0.0	3	2.1	33	22.9	108	75.0	0	0.0
Exercise training (e.g. resistance/endurance training)	17	11.8	12	8.3	25	17.4	27	18.8	61	42.4	2	1.4
Yoga	9	6.3	19	13.2	47	32.6	25	17.4	44	30.6	0	0.0
Mindfulness-based interventions (e.g. qigong, MBSR ^a)	4	2.8	12	8.3	38	26.4	31	21.5	58	40.3	1	0.7

Note. *n* = Number; ^a Mindfulness-based stress reduction.

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