

Supplements

	PNPEX- Group					MREX – Group				
	Baseline		Post-Testung			Baseline		Post-Testung		
	Mean	SD	Mean	SD	p-Value	Mean	SD	Mean	SD	p-Value
PERFORMANCE										
<u>20-Cent-Test</u>										
Right hand	24.14	7.91	23.13	5.07	0.643	22.85	6.77	22.78	5.23	0.948
Left hand	24.72	5.57	24.83	6.67	0.950	23.14	5.02	24.41	5.95	0.319
<u>Depth sensitivity</u>										
ulnar styloid process										
right	6.80	0.70	6.80	0.83	1.000	6.80	0.77	6.80	0.83	1.000
left	6.90	0.91	6.45	0.89	0.095	6.90	0.72	6.70	0.80	0.385
I carpometacarpal joint										
right	7.10	0.91	7.05	0.76	0.825	7.20	0.77	7.10	0.85	0.694
left	7.25	0.72	6.80	1.06	0.095	7.30	0.57	6.70	0.87	0.010*
III carpometacarpal joint										
right	7.15	0.67	6.95	0.76	0.385	6.95	0.76	6.90	0.91	0.834
left	7.15	0.67	7.10	0.79	0.825	7.25	0.72	6.80	0.77	0.046*
V carpometacarpal joint										
right	7.20	0.62	6.85	0.75	0.090	7.05	0.61	7.00	0.65	0.772
left	7.25	0.64	7.20	0.83	0.804	7.25	0.64	7.00	0.65	0.163
<u>Handgrip strength</u>										
Right hand	37.75	9.05	36.46	8.10	0.105	33.47	10.12	34.18	6.82	0.725
Left hand	36.07	9.91	34.69	9.66	0.172	32.77	7.53	31.59	6.51	0.417
PROs										
<u>Fact-GOG-ntx Score</u>	39.75	3.82	34.05	7.61	0.005*	38.89	4.27	36.62	5.16	0.094
<u>BPI</u>										
Pain Impairment	13.05	14.58	10.50	16.58	0.471	14.45	17.20	9.15	9.78	0.146
Pain Intensity	5.41	5.01	6.53	8.08	0.476	7.68	9.83	5.05	4.84	0.260
<u>NR-Scale</u>										
Pain	0.00	0.00	0.95	2.11	0.059	0.00	0.00	0.95	1.67	0.059
Numbness and Tingling	0.00	0.00	1.95	2.19	0.001**	0.00	0.00	1.90	1.80	0.001**
<u>EORTC- C30 QoL</u>										
Physical Functioning	80.0	19.7	80.7	17.9	1.000	79.08	22.5	77.3	19.5	0.983
Pain	24.2	21.3	31.7	39.3	0.480	40.0	40.6	28.3	28.6	0.174
Global Health State	50.0	26.2	56.3	21.9	0.001**	51.7	17.4	54.6	19.6	0.001**