

Suppl Table 1 BA (,Bactericidal Activity') values of oil pulling over 8 weeks

Species	Columbia agar		Chocolate agar		Schaedler agar	
	Test	Control	Test	Control	Test	Control
Total number	-0.0130 ± 0.0063	-0.0014 ± 0.0076	0.0022 ± 0.0067	0.0035 ± 0.0079	-0.0005 ± 0.0064	-0.0022 ± 0.0077
<i>Actinomyces oris</i>	0.0005 ± 0.0077	-0.0034 ± 0.0093	-0.0007 ± 0.0078	0.0000 ± 0.0098	-0.0045 ± 0.0152	-0.0101 ± 0.0150
<i>Rothia dentocariosa</i>	-0.0135 ± 0.0078^a	-0.0069 ± 0.0084	-0.0034 ± 0.0099^b	0.0033 ± 0.0126		
<i>Neisseria subflava</i>	-0.0037 ± 0.0123	-0.0017 ± 0.0167	-0.0043 ± 0.0112	-0.0006 ± 0.0138		
<i>Streptococcus gordonii</i>	0.0005 ± 0.0080	-0.0014 ± 0.0095			-0.0068 ± 0.0144	-0.0053 ± 0.0152
<i>Capnocytophaga sputigena</i>	-0.0016 ± 0.0083	-0.0021 ± 0.0100				
<i>Streptococcus sanguinis</i>			0.0014 ± 0.0079	0.0000 ± 0.0093		
<i>Streptococcus anginosus</i>			-0.0002 ± 0.0146	0.0017 ± 0.0118		
<i>Haemophilus parainfluenzae</i>			-0.0002 ± 0.0141	-0.0012 ± 0.0165		
<i>Leptotrichia wadei</i>					-0.0068 ± 0.0169	-0.0002 ± 0.0152
<i>Veillonella parvula</i>					0.0004 ± 0.0091	-0.0018 ± 0.0122
<i>Streptococcus oralis</i>					-0.0058 ± 0.0113	-0.0074 ± 0.0122

BA - 'Bactericidal activity' as a measure for the inclination of the curve of colony counts over time according to the Integral Method.

Mean values ± SD of 17-20 test persons; negative values indicate an increase in cfu counts, positive values a decrease.

p > 0.1 between test and control groups except for the following values by Student's unpaired *t* test.

^a p = 0.014 versus control

^b p = 0.069 versus control