

Supplement 2

Interview Guideline 2 – Focus Groups Patients

Narrative stimulus

You have just had the opportunity to try out our VR rehabilitation program. We would like to discuss with you how you experienced using the application. On the one hand, we would like to hear about positive and negative aspects of the design from you and, on the other, how you would evaluate the implementation of the application in practice.

0. If you were to describe your general first impression of the application, what would you say?
 - A. The use of DigiVid19 - Physiotherapeutic concept
 - a. Was the training program clearly structured?
 - b. Which components did you find particularly helpful? Which components did you not like?
 - c. How would you rate the length of the training program?
 - d. How did you perceive the different levels and degrees of severity of the rehabilitation program?
 - B. The use of DigiVid19 – Usability
 - a. Were the navigation and the instructions to carry out the rehabilitation program easy to understand? (what was not clear?)
 - b. Did you encounter any technical problems during use? If so, which ones and were you able to solve them? How?
 - c. Which technical functions would be desirable in addition to the components presented in order to carry out the therapy?
 - d. What should be considered/done differently with regard to the needs of Long COVID patients in the further development of the application?

- C. The implementation in the home environment
- a. Would you say that you could use the tested application independently at home after receiving training? (what problems could arise?)
 - b. What additional support or resources would you need?
 - c. In principle, would you consider using VR as part of the therapy in your home environment? (why? Why not?)
 - d. Would you consider using our application (DigiVid19)? (Why? Why not?)

Conclusion

Is there anything you would like to add? Is there anything else you would like to tell us?

Do you have any further suggestions?

Thank you!