

Shauriana Facilitator Session Log

SESSION DATE (dd/mm/yyyy): _____ FACILITATOR NAME: _____

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SESSION 1: INTRODUCTIONS

Activity Addressed:	No	Yes	Time Spent on Activity
1A. Initial Introduction and Rapport Building			
1B. Review Study Expectations			
1C. Review Study Activities			
1D. Real Life Reflection			
1H. Session Close, planning for next session			

Real Life Reflection Activity	
Did you complete "Real Life Reflection" with participant? ☐ YES ☐ NO	
Use the space below to take notes on what the participant shared with you about the different areas of his life. You can refer back to this in later sessions.	
Life Goals	
Sexual & Romantic Relationships	
Supportive Relationships	
Health & Well-being	
Work & School Experiences	
Religion & Spirituality	

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1. Did the participant discuss relevant information during the session?			
2. How much did the participant talk during the session?			
3. How much did you the facilitator talk during the session?			
4. How much do you think the participant learned from the session?			
5. How much do you think the participant will remember a week from now?			
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SESSION 2: SEXUAL HEALTH BASICS

Activity Addressed:	No	Yes	Time Spent on Activity
2A. Intervention Overview			
2B. Know the Basics of HIV			
2C. Know the Basics of other STIs			
2D. Know how to prevent HIV and other STIs			
2E. Dispel myths about PrEP			
2F. iNSC – overall sexual health topic			
2G. iNSC – PrEP topic			
2H. Session Close, planning for next session			

iNSC Part 1: Overall Sexual Health	
Did you complete iNSC Part 1 with participant? ☐ YES ☐ NO	
Specific Topic:	
Barriers	
Facilitators	
Needs	
Strategies	
iNSC Part 2: PrEP specific	
Did you complete iNSC Part 2 with participant? ☐ YES ☐ NO	
Specific Topic:	
Barriers	
Facilitators	
Needs	
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SESSION 3: STRESS & COPING

Activity Addressed:	No	Yes	Time Spent on Activity
3A. Check-in, review strategies from last week			
3B. Understanding mental health & MH challenges			
3C. Minority stress framework			
3D. Adaptive and maladaptive coping			
3F. iNSC – stress & coping topic			
3G. iNSC – PrEP topic			
3H. Session Close, planning for next session			

iNSC Part 1: Stress & Coping	
Did you complete iNSC Part 1 with participant? ☐ YES ☐ NO	
Specific Topic:	
Barriers	
Facilitators	
Needs	
Strategies	
iNSC Part 2: PrEP specific	
Did you complete iNSC Part 2 with participant? ☐ YES ☐ NO	
Specific Topic:	
Barriers	
Facilitators	
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SESSION 4: RELATIONSHIPS

Activity Addressed:	No	Yes	Time Spent on Activity
4A. Check-in, review strategies from last week			
4B. Understanding different types of connections			
4C. Healthy vs. unhealthy connections			
4D. Communication styles			
4F. iNSC – relationship topic			
4G. iNSC –PrEP topic			
4H. Session Close, planning for next session			

iNSC Part 1: Relationships	
Did you complete iNSC Part 1 with participant? ☐ YES ☐ NO	
Specific Topic:	
Barriers	
Facilitators	
Needs	
Strategies	
iNSC Part 2: PrEP specific	
Did you complete iNSC Part 2 with participant? ☐ YES ☐ NO	
Specific Topic:	
Barriers	
Facilitators	
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SESSION 5: HEALTHY SEXUALITY & EMPOWERMENT

Activity Addressed:	No	Yes	Time Spent on Activity
5A. Check-in, review strategies from last week			
5B. Spectrum of human sexuality & gender			
5C. Sexual orientation can be expressed in many ways			
5D. GBMSM should be in control of their sexual choices			
5F. iNSC –sexual health basics			
5G. iNSC –PrEP			
5H. Session Close, planning for next session			
iNSC Part 1: Healthy Sexuality & Empowerment			
Did you complete iNSC Part 1 with participant? ☐ YES ☐ NO			
Specific Topic:			
Barriers			
Facilitators			
Needs			
Strategies			
iNSC Part 2: PrEP specific			
Did you complete iNSC Part 2 with participant? ☐ YES ☐ NO			
Specific Topic:			
Barriers			
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SESSION 6: OPTIONAL SESSION

Activity Addressed:	No	Yes	Time Spent on Activity
6A. Check-in, review strategies from last week			
6B. iNSC Part 1			
6C. iNSC Part 2–PrEP			
6D. Session Close, planning for next session			

iNSC Part 1	
Did you complete iNSC Part 1 with participant? ☐ YES ☐ NO	
Specific Topic:	
Barriers	
Facilitators	
Needs	
Strategies	
iNSC Part 2: PrEP specific	
Did you complete iNSC Part 2 with participant? ☐ YES ☐ NO	
Specific Topic:	
Barriers	
Facilitators	
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