

		Risk of bias domains					
		D1	D2	D3	D4	D5	Overall
Study	Anderson et al. [29]						
	Anderson et al. [30]						
	Caswell et al. [31]						
	Lewis et al. [32]						
	Masala et al. [33]						

Domains:
D1: Bias due to randomisation.
D2: Bias due to deviations from intended intervention.
D3: Bias due to missing data.
D4: Bias due to outcome measurement.
D5: Bias due to selection of reported result.

Judgement
 High
 Some concerns
 Low

Electronic Supplementary Material 2. Review authors' risk of bias judgement for each domain in each included study using the revised Cochrane risk of bias tool for randomized trials.