

Supplementary Resource: Interview Topic Guide

The Challenges of Parenting a Child with Anxiety: Insights from a Qualitative Lived Experience Study

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Meri M. V. Grajdan, Evren Etel, Amy Shiels, Lara J. Farrell, Caroline L. Donovan

Corresponding author: Meri Grajdan, m.grajdan@griffith.edu.au

School of Applied Psychology, Griffith University, QLD, Australia

Interview Topic Guide

Questions	General probes
• Could you tell me a little about your household and the people who play an important role in your child's life? • How did you first become aware that your child was experiencing anxiety? • Can you tell me about your experiences parenting a child with anxiety? • What are some of the biggest challenges you face in managing your child's anxiety? • What do you think works well when managing your child's anxiety? • How has parenting a child with anxiety impacted you? • How do you maintain your own well-being while parenting an anxious child? • Looking back at your own experiences, what advice would you give to other parents/caregivers who face challenges parenting their anxious child? • Before we finish, is there anything else you would like to share about your experience parenting an anxious child, or any final thoughts you would like to add?	• Can you provide more detail about...? • Can you elaborate what you mean by...? • Is there anything else you would like to add about...? • Would you give me an example of...?