

Article Title: Factors Influencing the Provision of Classroom-based Physical Activity to Students in the Early Years of Primary School: A Survey of Educators

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Online Resource 2: Current trends in classroom-based physical activity with students in the early years of primary school in Australia

Item	Frequency (%)
Professional development	
No	17 (50)
Yes	16 (47.1)
Unsure	1 (2.9)
Source of PD training*	
None	18
Undergraduate program	5
Postgraduate program	2
Professional development (school)	9
Professional development (external provider)	13
PD hours completed (Mean $\pm$ SD, range)	24.75 $\pm$ 27.27, (range=3-100 hours)
Do you currently provide CBPA	
No	5 (14.7)
Yes	29 (85.3)
Frequency of CBPA delivered per week	
<i>Prep/Kindergarten</i> (n=29)	
N/A	12 (41.4)
1-2 times	4 (13.8)
3-5 times	9 (31)
>5 times	4 (13.8)
<i>Year 1</i> (n=29)	
N/A	10 (34.5)
1-2 times	5 (17.2)
3-5 times	7 (24.1)
>5 times	7 (24.1)
<i>Year 2</i> (n=28)	
N/A	11 (39.3)
1-2 times	5 (17.9)
3-5 times	6 (21.4)
>5 times	6 (21.4)
Methods of CBPA* (n=34)	
Physically active lessons	15
PA break (academic focus)	16
PA break (non-academic focus)	24
Other	1

Key Learning Areas*	
None	5
English	10
Mathematics	15
Science	2
Humanities	2
Arts	7
Technologies	1
Health & Physical Education	17
Languages	0
Physically active lessons	
Duration (n=29)	
Unsure	2 (6.9)
<10 min	11 (37.9)
11-20 min	7 (24.1)
21-30 min	6 (20.7)
31-40 min	1 (3.4)
41-50 min	2 (6.9)
Type of PA*	
None	6
Unsure	1
Motor skills	21
Cardio-respiratory fitness	24
Strengthening	12
Flexibility	19
Other	2
Location of PA*	
N/A	5
Unsure	2
Inside	25
Hallway	1
Playground	20
Other	5
Physical activity breaks	
Duration (n=29)	
Unsure	1 (3.4)
None provided	1 (3.4)
1-5 min	9 (31)
6-10 min	13 (44.8)
11-15 min	3 (10.3)
16-20 min	1 (3.4)
26-30 min	1 (3.4)

Type of PA*	
N/A	5
None provided	2
Motor skills	21
Cardio-respiratory fitness	18
Strengthening	7
Flexibility	18
Other	2
Location of PA*	
N/A	5
Unsure	2
Inside	26
Hallway	0
Playground	13
Other	4
Future methods of CBPA likely to use	
Methods of CBPA*	
Physically active lessons	24
PA break (academic focus)	22
PA break (non-academic focus)	24
Other	3
Key Learning Areas	
None	1
English	18
Mathematics	27
Science	12
Humanities	8
Arts	11
Technologies	3
Health & Physical Education	28
Languages	7

N=34 unless otherwise specified

CBPA: classroom-based physical activity; PA: physical activity; PD: professional development

* Asterisk means that participants could choose multiple options for responses and therefore frequencies do not add up to N=34