



Masters in Pharmacy

Module Descriptor 2022-2026

Year 4: Semester 2

Module Title	Mental Health
Module Code	MH
Credit	5 ECTS
Elective/Mandatory	Mandatory
Sequence	SEM 2
Duration	6 weeks
Module Leader	Judith Strawbridge
Module Rationale	As pharmacists, we will encounter situations wherein a knowledge, understanding and empathetic approach towards MH will be required The rationale behind this module will enable the student to be equipped to offer support, advice, empathy and suitable referrals/treatment/care to patients with MH concerns
Module Aim	• This module aims to equip students with the knowledge and skills required in pharmacy to deal with the growing level of mental health concerns • To Increase students' competence with respect to MH scenarios • To be able to apply learned skills to real-life situations within pharmacy
Learning Outcomes	• Identify the epidemiology and prevalence of MH in Ireland • Identify stigma relating to MH and the role of the pharmacist in targeting this • Discuss the major mental health disorders encountered in pharmacy practice • Explore the pathophysiology and medicines for the treatment of: Depression, anxiety, schizophrenia, bipolar disorder, eating disorders, sleep disorders • Encourage skills development through experiential learning • Develop communication skills through MHFA training and simulation labs

	• Critically reflect on personal attitudes towards MH • Identify potential for professional development within the MH module
Delivery – Teaching and Learning	- A multi-modal, didactic approach - Student-centred learning - Guest speakers from areas dealing with MH (SJOG, NDTC, St Patrick’s Mental Health Hospital, St Mary’s Hospital) - Patient-contact sessions - Specific communication training - Mental health first aid training from SJOG, delivered as a 2 day course, or integrated across the 6 week module. - Weekly workshops, tutorials, simulation labs, patient-centred care labs - Rotational site visits
Learning Time	125 hours total Focus on directed learning
Feedforward/ Feedback	Feedforward/Feedback will be personalised and delivered to students with regards to performance in simulation labs, PCC labs and OSCE-based scenarios primarily by PPI contributors. Group feedback will be provided at the module wrap-up session
Continuous Assessment	The majority (to be determined) of the assessment will be that of continuous assessment. This will be in the form of: - Simulation labs (focusing on challenging aspects of patient communication on mental health issues) - OSCE-based scenarios (based on MHFA skills developed throughout the module) - Reflection PPI contributors to be involved in the assessment of students’ skills, suggested 70% ranking of final marks.
Syllabus and subject integration	This module has the potential to be integrated throughout the entire RCSI MPharm programme (Supporting documentation may be provided)

Structure and content	This module is intended to be run longitudinally alongside two other modules in the second semester of MPharm4. The length of this module is six weeks, and carries a weight of 5ECTS. The proposed structure of this module is to be: Lectures from Monday to Wednesday Thursday and Friday reserved for workshops, tutorials, labs The content to be covered is that reflected in the learning outcomes
Reading List	Relevant reading lists and resources will be provided to students by lecturers, dependant on the topic covered. These resources will be either resources intended for health science students or healthcare professionals, or resources that may be provided to patients who have concerns regarding their mental health.
About This Document	Created by: MPharm Y4 (OET) Date: February 2024