

Online Resource 1: ENTREQ Requirements

Table 1
ENTREQ Requirements

No.	Label	Requirement	Section/s in which requirement addressed
1	Aim	State the research question the synthesis addresses.	Introduction in the present paper
2	Synthesis methodology	Identify the synthesis methodology or theoretical framework which underpins the synthesis, and describe the rationale for the choice of methodology.	“Use of Narrative Synthesis” in Woods et al. (2020)
3	Approach to searching	Indicate whether the search was pre-planned or iterative.	“Selection of Publications” in Woods et al. (2020)
4	Inclusion criteria	Specify the inclusion/exclusion criteria.	“Selection of Publications” and Supplementary Appendix C in Woods et al. (2020)
5	Data sources	Describe the information sources used and when the searches [were] conducted; provide the rationale for using the data sources.	“Selection of Publications” and Supplementary Appendices B and C in Woods et al. (2020)
6	Electronic search strategy	Describe the literature search.	“Selection of Publications” and Supplementary Appendix B in Woods et al. (2020)
7	Publication screening methods	Describe the process of publication screening and sifting.	“Selection of Publications” and Supplementary Appendix C in Woods et al. (2020)
8	Publication characteristics	Present the characteristics of the included publications.	Supplementary Appendix F in Woods et al. (2020)
9	Publication selection results	Identify the number of publications screened and provide reasons for publication exclusion.	“Selection of Publications” and Supplementary Appendix D in Woods et al. (2020)
10	Rationale for appraisal	Describe the rationale and approach used to appraise the included publications or selected findings.	“Basic Components and Reporting” and “Selection of Authors and Publications” in Woods et al. (2020)
11	Appraisal items	State the tools, frameworks and criteria used to appraise the publications or selected findings.	“Selection of Authors and Publications” in Woods et al. (2020)
12	Appraisal process	Indicate whether the appraisal was conducted independently by more than one reviewer and if consensus was required.	“Selection of Authors” in Woods et al. (2020)
13	Appraisal results	Present results of the quality assessment and indicate which [publications], if any, were weighted/excluded based on the assessment and give the rationale.	“Selection of Authors and Publications” in Woods et al. (2020)
14	Data extraction	Indicate which sections of the ... publications were analysed and how ... the data [were] extracted from the ... publications.	“Data Extraction” and Supplementary Appendix F in Woods et al. (2020)
15	Software	State the computer software used, if any.	“Extraction Process” in Woods et al. (2020)

Supplementary material for Woods, T. J., Windt, J. M., & Carter, O. (2022). Evidence synthesis indicates contentless experiences in meditation are neither truly contentless nor identical. *Phenomenology and the Cognitive Sciences*. <https://doi.org/10.1007/s11097-022-09811-z>

16	Number of reviewers	Identify who was involved in coding and analysis.	“Extraction Process” in Woods et al. (2020)
17	Coding	Describe the process for coding of data.	“Synthesis” in Woods et al. (2020)
18	Publication comparison	Describe how ... comparisons [were] made within and across publications.	Section 1 in the present paper and Online Resource 2
19	Derivation of themes	Explain whether the process of deriving the themes or constructs was inductive or deductive.	“Synthesis” in Woods et al. (2020)
20	Quotations	Provide quotations from the ... publications to illustrate themes/constructs, and identify whether the quotations were participant quotations or the ... interpretation [of the author of the publication].	Section 2 in the present paper
21	Synthesis output	Present rich, compelling and useful results that go beyond a summary of the ... publications.	Sections 2 and 3 in the present paper

Note: The wording in the “Label” and “Requirements” columns is from the ENTREQ checklist. The terms “study” and “studies” in the ENTREQ checklist have been replaced with “publication” and “publications” respectively, to reflect the nature of the material that was reviewed in the present evidence synthesis.

References

Woods, T. J., Windt, J. M., & Carter, O. (2020). Silence in Shamatha, Transcendental, and Stillness meditation: An evidence synthesis based on expert texts. *Frontiers in Psychology, 11*, 1–19. <https://doi.org/10.3389/fpsyg.2020.01259>