

Online Resource 3 for:

App-based Addiction Prevention at German vocational Schools: Implementation and Reach for a cluster-randomized controlled Trial, Prevention Science

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Online Resource 3

Topic specific thresholds for individualised risk and competence profile

Traffic light feedback			
Topic and classification criteria	Green	Yellow	Red
Stress Perceived stress (1 "not at all" to 5 "very strongly")	1 or 2	3	4 or 5
Social competencies Feeling secure in social situations, mean (1 "very uncertain" to 5 "very certain")	≥ 3.5	> 2.5 and < 3.5	≤ 2.5
Social Media/ Gaming Problematic internet use, sum (0 to 20)	≤ 6	≥ 7 and ≤ 8	≥ 9
Tobacco Tobacco smoking or nicotine product use in the last 30 days	"never"	"occasionally but not daily"	"(almost) daily"
Cannabis Lifetime and last six months consumption of THC-containing cannabis	"no, never" in lifetime or "not at all" within the last six months	"once a month or less" or "2-4 times a month" within the last six months	"2-3 times a week", or "4 times a week or more" within the last six months

Alcohol Consumption days within the past months, Number of standard drinks per drinking day, Maximum number of standard drinks per occasion, Number of standard drinks per months	Males ≥ 18 years		
	consumption days ≤ 20 and drinks per drinking day ≤ 2 and maximum number of drinks ≤ 2	(consumption days > 20 or drinks per drinking day > 2 or maximum number of drinks > 2) and drinks per month ≤ 40 and maximum number of drinks ≤ 5	drinks per month > 40 or maximum number of drinks > 5
	Males aged 16 and 17 years		
	consumption days ≤ 10 and drinks per drinking day ≤ 2 and maximum number of drinks ≤ 2	(consumption days > 10 or drinks per drinking day > 2 or maximum number of drinks > 2) and drinks per month ≤ 20 and maximum number of drinks ≤ 5	drinks per month > 20 or maximum number of drinks > 5
	Females ≥ 18 years		
	consumption days ≤ 20 and drinks drinking per day ≤ 1 and maximum number of drinks ≤ 1	(consumption days > 20 or drinks per drinking day > 1 or maximum number of drinks > 1) and drinks per month ≤ 20 and maximum number of drinks ≤ 4	drinks per month > 20 or maximum number of drinks > 4
	Females aged 16 and 17 years		
	consumption days ≤ 10 and drinks per drinking day ≤ 1 and maximum number of drinks ≤ 1	(consumption days > 10 or drinks per drinking day > 1 or maximum number of drinks > 1) and drinks per month ≤ 10 and maximum number of drinks ≤ 4	drinks per month > 10 or maximum number of drinks > 4