

Online Resource 3: Risk of Bias Summary Table for Included Randomised Studies

	Fojekl 2018	Kalymanakis 2017	Kalymanakis 2018	Olsen 2015	Srini 2015
Random sequence generation (selection bias)	+	+	+	+	+
Allocation concealment (selection bias)	-	+	+	+	+
Blinding of participants and personnel (performance bias)	+	+	?	+	?
Blinding of outcome assessment (detection bias)	-	+	+	?	?
Incomplete outcome data (attrition bias)	-	+	+	+	-
Selective reporting (reporting bias)	+	+	+	-	?
Other bias	-	+	+	+	?