

Online Resource 1

Article name

8-year follow-up of patient-reported outcomes in patients with breast cancer participating in exercise studies during chemotherapy

Journal

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Online Resource 1. In- and exclusion criteria of the PACT, PACES and Pact-Paces-Heart study

	PACT	PACES	Pact-Paces-Heart
Inclusion criteria	- Histologically confirmed non-metastatic breast cancer diagnosis less than six weeks ago - Scheduled to receive adjuvant chemotherapy - Patients with immediate use of tissue expander after surgery were included until ten weeks after histological diagnosis and after replacement of the tissue expander with a breast prosthesis - Age 25-75 years	- Histologically confirmed non-metastatic breast cancer diagnosis - Scheduled to receive adjuvant chemotherapy	- Patients with breast cancer who had participated in either the PACT or the PACES trial
Exclusion criteria	- Having received treatment for (non-basal skin) cancer in the five years preceding recruitment - Unable to read and understand Dutch - Karnovsky Performance status of ≤ 60 - Unable to walk ≥ 100 meter - Any contra-indication for physical activity as assessed through the Revised Physical Activity Readiness Questionnaire.	- The presence of any comorbidities that are a contraindication for participation in an exercise program, including: - o Serious orthopaedic conditions hampering functional recovery - o Serious cardiovascular or cardiopulmonary conditions (or risks) that do not allow for training at the required intensity level - o Serious psychiatric or cognitive problems - Patients with a BMI $< 18\text{kg/m}^2$, unintended weight loss of more than 5% per month or more than 10% weight loss during the previous six months - Unable to read and understand Dutch - Participation in concurrent studies or rehabilitation programs containing exercise elements	- Death during follow-up - Deemed ineligible by their treating physician (e.g., too mentally burdensome or severe neuropathy) - Treated with chemo-, targeted, or thoracic radiotherapy for recurrent breast cancer during follow-up - Treated with systemic or thoracic radiotherapy for other malignancies than breast cancer (excluding non-melanoma skin cancer) during follow-up - Declined to be invited for future studies