

Online Resource 3

Article name

8-year follow-up of patient-reported outcomes in patients with breast cancer participating in exercise studies during chemotherapy

Journal

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Authors & affiliations

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Online Resource 3. Categorized anxiety and depression scores for control and intervention groups at all available timepoints.

	Anxiety		Depression	
	Control	Intervention	Control	Intervention
	(N=74)	(N=82)	(N=74)	(N=82)
Baseline				
Case	5 (6.8%)	4 (4.9%)	2 (2.7%)	0 (0%)
Borderline	8 (10.8%)	10 (12.2%)	5 (6.8%)	5 (6.1%)
Normal	61 (82.4%)	68 (82.9%)	67 (90.5%)	77 (93.9%)
Post-intervention				
Case	4 (5.4%)	2 (2.4%)	3 (4.1%)	1 (1.2%)
Borderline	4 (5.4%)	7 (8.5%)	8 (10.8%)	6 (7.3%)
Missing	12 (16.2%)	2 (2.4%)	11 (14.9%)	2 (2.4%)
Normal	54 (73.0%)	71 (86.6%)	52 (70.3%)	73 (89.0%)
6-9 months				
Case	4 (5.4%)	7 (8.5%)	1 (1.4%)	2 (2.4%)
Borderline	4 (5.4%)	10 (12.2%)	7 (9.5%)	1 (1.2%)
Missing	8 (10.8%)	3 (3.7%)	8 (10.8%)	3 (3.7%)
Normal	58 (78.4%)	62 (75.6%)	58 (78.4%)	76 (92.7%)
8 years				
Case	3 (4.1%)	5 (6.1%)	2 (2.7%)	2 (2.4%)
Borderline	5 (6.8%)	8 (9.8%)	4 (5.4%)	6 (7.3%)
Missing	1 (1.4%)	1 (1.2%)	1 (1.4%)	1 (1.2%)
Normal	65 (87.8%)	68 (82.9%)	67 (90.5%)	73 (89.0%)

Anxiety and depression were assessed with the Hospital Anxiety and Depression Scale, with scores of 0-7 corresponding to 'normal'; 8-10 to 'borderline case' and 11-21 to 'probable case'.