

Supplementary information (SI)

Prevalence and associated factors of poor lifestyle behaviours in survivors of childhood cancer: a PanCareFollowUp study

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Table S1. Questionnaire items and definitions of unhealthy behaviours.

Questionnaire items	Definition of poor health behaviour
<i>Physical activity</i>	
1. During the past month, did you participate in any physical activities or exercises such as walking for exercise, running, tennis, soccer, volleyball, golf, gardening, bicycling, swimming, wheelchair basketball, weight training, yoga, resistance exercises or jumping rope? (yes/no)	<75 minutes of vigorous or <150 minutes of moderate to vigorous physical activity per week (derived from the WHO guideline for physical activity*)
2. Now thinking about the vigorous physical activities you do in a usual week, do you do vigorous activities for at least 10 minutes at a time, such as running, aerobics, tennis, soccer, volleyball, wheelchair basketball, heavy yard work, or anything else that causes large increases in breathing or heart rate? (yes/no)	
3. How many days per week do you do these vigorous activities for at least 10 minutes at a time? (... days per week on average)	
4. On days when you do vigorous activities for at least 10 minutes at a time, how much total time per day do you spend doing these activities on average? (... minutes per day on average)	
5. Now thinking about the moderate physical activities you do in a usual week, do you do moderate activities for at least 10 minutes at a time, such as brisk walking, bicycling, vacuuming, gardening, manual operation of a wheelchair, or anything else that causes small increases in breathing or heart rate? (yes/no)	
6. How many days per week do you do these moderate activities for at least 10 minutes at a time? (... minutes per week on average)	
7. On days when you do moderate activities for at least 10 minutes at a time, how much total time per day do you spend doing these activities on average? (... minutes per day on average)	
8. Now thinking about the muscle strengthening activities such as weight training, push-ups, sit-ups, yoga or resistance exercises, do you do these kind of muscle strengthening activities in a usual week? (yes/no)	
9. How much total time per week do you spend doing these activities on average? (... minutes per week on average)	
<i>Smoking</i>	
1. Have you ever smoked cigarettes? (yes/no)	Any current smoking
2. For how many years have you smoked cigarettes in total? (... years)	
3. How many cigarettes did or do you smoke on an average day during the years that you smoked? (... cigarettes on an average day)	
4. Have you ever smoked cigars, pipes, shisha pipes or e-cigarettes? (yes/no)	
5. Please indicate which types you smoked. For any of those that you have used or are currently using, how long have you used it? (cigars / pipes / shisha pipes / e-cigarettes > less than 1 year / 1-2 years / 3-4 years / 5-10 years / 11 or more years)	
6. Do you currently smoke (cigarettes, cigars, pipes, shisha pipes or e-cigarettes)? (yes/no/I have never smoked)	
7. In which year did you quit smoking? (...)	
8. Have you been or are you currently regularly exposed to second-hand smoke, for example at home or at work? (yes/no)	
<i>Alcohol consumption</i>	
1. Have you consumed an alcoholic drink in the past year? (yes/no)	≥3 alcoholic beverages per week
2. In an average week, how many alcoholic beverages do you consume in total? (... beverages)	
<i>Drug use</i>	
1. Have you used soft drugs (including joints) or hard drugs in the past year? (yes/no)	Any drug use
2. In the past year, which types of drugs did you use and how many times have you used this drug approximately (drug / amount of times used in the past year)	

Abbreviations: WHO, World Health Organisation. *For adults aged 18-64 years: ≥75 minutes of vigorous physical activity or ≥150 minutes of moderate physical activity and ≥2 times of muscle strengthening activities per week.