

Attitudes Towards Bilateral Total Hip Arthroplasty Performed Simultaneously Vs Staged

A Cross Sectional Survey of Irish consultants.

* Indicates required question

1. **Q1** - Do you perform elective hip arthroplasty in your orthopaedic practice ? *

Mark only one oval.

☐ Yes

☐ No

2. **Q2** - How many years experience as a consultant orthopaedic surgeon do you have ?

Please enter the exact number in the section labelled other

Mark only one oval.

☐ 0-4

☐ 5-9

☐ 10-14

☐ 15-19

☐ >20

☐ Other: _____

3. **Q3** - What is your preferred surgical approach to performing total hip arthroplasty ?

Mark only one oval.

- ☐ Direct Anterior
- ☐ Anterolateral
- ☐ Lateral
- ☐ Posterior
- ☐ Other: _____

4. **Q3** - How many total hip arthroplasties do you perform per annum ?

Please enter the exact number in the section labelled other

Mark only one oval.

- ☐ 0-50
- ☐ 51-100
- ☐ 101-150
- ☐ 151-200
- ☐ 201-250
- ☐ 251-300
- ☐ >300
- ☐ Other: _____

5. **Q5 - How often do you perform simultaneous bilateral total hip arthroplasty ? ***

Please enter the exact frequency in the section labelled other

Mark only one oval.

- ☐ Never
- ☐ A handful of times ever (1-5 operations in total)
- ☐ Rarely perform this operation (1-5 operations a year)
- ☐ Regularly perform this operation (>5 times a year)
- ☐ Core component of your practice (weekly or monthly)
- ☐ Other: _____

6. **Q6 - If the answer to the previous questions was "never"**

Why do you not perform simultaneous total hip arthroplasty ?

Tick all that apply

Tick all that apply.

- ☐ It's not feasible to perform in my institution
- ☐ Surgical preference
- ☐ Lack of experience performing this procedure
- ☐ Lack of patient desire for simultaneous bilateral arthroplasty
- ☐ Other: _____

7. **Q7 - When performing simultaneous total hip arthroplasty do all patients attend a pre assessment clinic (PAC) first to assess fitness for surgery ?**

Mark only one oval.

- ☐ Yes
- ☐ No, but I have a lower threshold to send patients to PACS than for a unilateral arthroplasty
- ☐ No difference in PACS attendance compared to a unilateral arthroplasty

8. **Q8** - When performing simultaneous bilateral total hip arthroplasty do you use ?

Tick all that apply

Tick all that apply.

- ☐ Prior autologous blood donation
- ☐ Cell saver technology
- ☐ Preoperative correction of anaemia
- ☐ None of the above

9. **Q9** - When planning for staged bilateral total hip arthroplasty, what time interval do you aim for before the second operation ?

Mark only one oval.

- ☐ <1 week
- ☐ <6 weeks
- ☐ 6-12 weeks
- ☐ 12-24 weeks
- ☐ Cannot say - second hip is dependent on waiting lists and bed availability

10. **Q10** - Does the VTE prophylaxis you use differ for Simultaneous Bilateral Arthroplasty compared to staged or unilateral arthroplasty

Mark only one oval.

- ☐ No difference
- ☐ Longer duration of prophylaxis
- ☐ More intensive prophylaxis
- ☐ Other: _____

11. **Q11** - In your experience, what are the benefits of simultaneous bilateral total hip arthroplasty ?

Tick all that apply

Tick all that apply.

- ☐ Single exposure to anesthesia
- ☐ Potential for reduced overall length of hospital stay compared to staged bilateral operations
- ☐ Single rehabilitation period
- ☐ Cost reduction compared to staged bilateral arthroplasty
- ☐ Other: _____

12. **Q12** - In your experience, what are the negatives of simultaneous bilateral total hip arthroplasty ?

Tick all that apply

Tick all that apply.

- ☐ Difficult rehabilitation
- ☐ High rates of minor complications
- ☐ High rates of major complications
- ☐ Other: _____

13. **Q13** - Would any of the following factors convince you not to perform a simultaneous total hip arthroplasty ?

Tick all that apply

Tick all that apply.

- ☐ Age >75 years
- ☐ Higher anesthetic risk ASA grade >2
- ☐ Cardiovascular co-morbidity
- ☐ Diabetes
- ☐ None of the above
- ☐ Other: _____

14. **Q14** - Do you feel that simultaneous bilateral total hip arthroplasty is **underutilized** in Irish health care ?

Mark only one oval.

☐ Yes

☐ No

15. **Q15** - Do you or your institution have formalized inclusion/exclusion criteria for patient selection for simultaneous total hip arthroplasty ?

Mark only one oval.

☐ Yes

☐ No

16. **Q16** - If you or your institution have formalized inclusion/exclusion criteria for simultaneous total hip arthroplasty, please enter them below ?

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