

Appendix 3: Thematic interview guide for semi-structured in-depth interview

Pre interview

- The researchers present themselves.
- Inform the participant about the research topic and highlight the sensitivity associated with the interview.
- Inform the participant that participation is voluntary throughout the course of the research. The participant has the right to refrain from answering individual questions and may terminate the interview at any time they deem it necessary.
- Participant gives audible informed consent.

The participant and their current life situation

- Elaborate a little bit about yourself.
 - How old are you?
 - Are you married or in a committed relationship?
 - How long have you been in this relationship?
 - What is your highest level of education? Or are you currently a student?
 - Do you have a job? If so, what do you work with?

The individual and their sex-life

- What does a fulfilling sex-life entail for you?
- Please elaborate on your best sexual experience.
 - In what way do you believe this experience has influenced your sexual life?
- What do you wish to achieve in a sexual encounter with your partner?

- Please share you experiences related to orgasm within the context of your romantic relationship (masturbation, with/without partner, prevalence).

About the sexual desire

- How would you define “reduced sexual desire”?
- If you remember, when did you discover that you experience reduced sexual desire? (past/present relationship, thoughts, prevalence, life situation, incidents).
- What do you believe is associated with your reduced sexual desire?
- If any, which consequences or impacts do you think reduced sexual desire has had for you? (self-confidence, infidelity, identity, sense of self-worth).

Love and the partnership

- How would you describe you and your partner’s romantic relationship? (tenderness, love language).
- How would you describe your sexual desire during the last intercourse with your partner?
 - o Did you experience sexual desire before or during the intercourse?
 - **IF NO:** how did you experience participating in a sexual encounter with your partner when sexual desire was reduced or absent?
- Please tell us how your partner can influence your sexual desire.

Ecological Systems Theory

- During your upbringing, how would you describe your parent’s romantic relationship? (tenderness, love language).
 - o Do you believe this has influenced your sexual life, if so, in what ways?

- Who do you typically confide in when you share experiences from your sexual life?
(friends, siblings, partner, parents).
 - Why do you choose to share with this specific person?
- What expectations do you think society places on women/men?
 - What are your experiences with these expectations?

Lastly, is there anything additional you would like to share with us – either topics we haven't talked about or topics that haven't been thoroughly covered? In addition, are there any topics you would like to elaborate more on? Are there any answers in the interview you would like to rephrase or give a more detailed explanation on?