

Study groups	Sex	Year of birth	Age interval	Age	Family status	Children
1	1	1979	3	37	1	2
1	2	1973	3	44	1	2
1	2	1968	4	49	1	1
1	2	1963	5	54	1	
1	1	1975	3	42	1	2
1	1	1983	2	34	1	2
1	1	1981	2	36	1	2
1	2	1963	3	54	1	2
1	1	1972	4	45	1	2
1	1	1976	3	41	1	2
1	1	1992	1	25	1	2
1	1	1965	5	52	1	2
1	2	1981	2	36	1	2
1	1	1966	4	51	1	2
1	1	1972	4	45	1	2
0	1	1962	5	55	1	2
0	2	1975	3	42	1	2
0	2	1976	3	41	1	2
0	1	1978	3	39	1	2
0	1	1982	2	35	1	2
0	1	1978	3	39	1	2
0	1	1977	3	40	1	2
0	1	1987	1	30	1	2
0	1	1991	1	26	1	2
0	1	1977	3	40	1	2
0	1	1969	3	48	1	2
0	2	1981	2	36	1	2
0	2	1979	5	38	1	2
0	1	1984	2	33	1	2

Number of children	Living with people	Pharmacotherapy	Starting pharmacotherapy	Age started pharmacotherapy	Years sum in pharmacotherapy	Occurrence of hospitalizations	
	0	2	1	1999	20	17	1
	0	0	1	2002	29	15	1
	1	0	1	2006	38	11	1
		1	1		19	35	1
	0	3	1	1996	21	21	2
	0	2	1	2004	21	13	2
	0	2	1	2001	20	16	1
	0	1	1	2000	37	17	1
	0	1	1	1995	23	22	1
	0	3	1	1997	21	20	1
	0	3	1	2011	19	6	1
	0	0	1	1992	27	25	2
	0	3	1	2005	24	12	1
	0	0	1	2006	30	21	1
	0	0	1	1976	4	41	1
	0	0	1	1988	22	33	2
	0	1	1	1995	20	22	1
	0	1	1	2005	29	12	1
	0	2	1	1999	21	18	1
	0	3	1	2003	23	12	1
	0	3	1	2001	23	16	1
	0	5	1	2002	25	15	1
	0	2	1	2007	20	10	1
	0	1	1	2014	23	3	1
	0	1	1	2003	26	14	1
	0	2	2			0	2
	0	1	1	2006	25	11	1
	0	1	1	1993	14	24	1
	0	2	1	2010	26	7	1

Times of hospitali- zation	Baseline Depr. Q. 3	Baseline Depr. Q. 5	Baseline Depr. Q. 10	Baseline Depr. Q. 13	Baseline Depr. Q. 16	Baseline Dep. Q. 17
2	0	0	1	0	1	0
1	1	1	1	1	1	1
6	1	0	1	2	2	1
2	1	1	1	2	1	2
0	0	2	1	1	1	1
0	0	1	0	1	0	0
1	1	2	2	2	2	2
2	0	1	2	2	2	1
3	3	3	1	2	0	0
2	3	0	2	1	3	2
1	1	3	1	0	0	3
0	1	0	0	2	1	0
		2	1	1	1	1
3	0	1	0	0	0	1
4	3	2	2	3	3	1
0	0	2	2	1	1	1
3	3	0	0	3	2	0
1	2	2	3	3	2	2
2	0	1	0	1	1	0
1	2	3	3	3	3	1
2	1	1	1	2	2	1
7	1	1	0	1	1	1
3	1	2	0	3	1	2
1	1	1	0	2	1	3
2	0	1	0	1	0	1
0	3	0	3	3	3	0
2	2	1	2	3	3	3
2	3	0	2	3	2	0
1	0	1	0	3	1	3

Baseline Depr. Q. 21	Baseline Anx. Q. 2	Baseline Anx. Q. 4	Baseline Anx. Q. 7	Baseline Anx. Q. 9	Baseline Anx. Q. 15	Baseline Anx. Q. 19	
0	1	0	0	0	0	0	0
1	1	0	1	1	1	1	1
1	2	0	0	2	2	2	0
2	1	1	2	2	1	2	2
0	0	0	0	2	0	0	0
0	0	0	0	0	0	1	1
1	1	0	0	1	0	0	0
2	1	1	1	1	1	1	1
1	3	3	3	3	3	3	2
2	2	3	3	2	0	0	0
0	1	1	0	1	0	2	2
0	1	1	1	2	0	0	0
3	2	1		2	2	2	2
1	0	0	0	0	0	0	0
0	1	3	3	2	3	3	3
0	3	3	1	0	0	0	0
0	0	2	3	2	0	0	0
3	2	1	1	2	1	3	3
0	0	0	0	1	0	0	0
3	1	0	1	3	2	1	1
1	0	0	0	2	1	0	0
1	1	0	0	1	1	0	0
0	0	2	1	2	2	2	2
1	0	0	2	0	0	2	2
0	0	0	0	2	1	0	0
2	2	1	0	0	3	2	2
2	0	0	0	0	3	2	2
2	1	0	0	0	0	0	0
0	1	0	0	1	0	0	0

Baseline Anx. Q. 20	Baseline Stress Q. 1	Baseline Stress Q. 6	Baseline Stress Q. 8	Baseline Stress Q. 11	Baseline Stress Q. 12	Baseline Stress Q. 14	
1	1	1	0	1	1	1	0
1	1	1	1	1	1	1	1
2	1	1	1	1	1	1	0
2	1	2	2	2	2	1	1
0	0	0	0	1	1	0	0
0	0	0	2	1	0	2	1
0	0	0	0	1	1	0	1
2	1	2	2	2	2	1	1
0	3	3	2	2	1	2	3
1	1	1	1	1	2	0	2
1	0	2	1	1		1	0
1	1	1	1	2	1	2	1
2	1	1	1	1		2	2
0	0	0	0	1	2	0	0
0	0	1	1	1	3	1	2
0	1	0	1	1	0	1	0
0	1	1	3	2	2	2	0
2	1	2	2	2	3	2	2
2	1	3	1	0	1	1	1
2	3	0	3	3	3	3	3
0	1	0	1	1	1	1	1
0	1	1	1	1	1	1	1
3	2	2	2	2	3	2	2
1	1	0	1	1	2	1	1
0	1	0	2	2	2	1	2
3	0	0	0	0	3	0	0
1	2	3	3	3	3	3	
2	0	1	1	1	3	2	1
3	0	3	1	3	3	0	0

Baseline Stress Q. 18	Post Depr. Q. 3	Post Depr. Q. 5	Post Depr. Q. 10	Post Depr. Q. 13	Post Depr. Q. 16	Post Depr. Q. 17	
1	0	1	2	1	0	1	
1	1	1	1	1	1	1	
1	1	0	2	1	1	0	
2	3	3	3	3	3	3	
1	1	3	1	2	2	1	
0	0	1	1	1	0	2	
0	2	2	2	2	2	2	
2	0	0	1	1	1	1	
2	2	3	1	2	0	0	
1	2	1	0	2	2	0	
1	0	0	1	1	1	1	
1							
2	1	1	1	3	2	1	
0	0	1	1	1	0	1	
1	2	2	3	3	1	1	
1	2	1	2	2	1	1	
	2	3	0	3	0	3	
2	0	0	1	1	1	0	
0	1	2	2		2	1	
3	1	0	1	2	1	0	
1	2	2	1	2	1	1	
1	1	1	1	1	1	0	
0	1	2	1	3	0	2	
2	0	0	2	2	1	1	
1	1	1	1	1	1	1	
1	3	1	3	3	3	0	
3							
	1	2	2	1	2	1	
3	2	3	2	3	1	3	

Post Depr. Q. 21	Post Anx. Q. 2	Post Anx. Q. 4	Post Anx. Q. 7	Post Anx. Q. 9	Post Anx. Q. 15	Post Anx. Q. 19	Post Anx. Q. 20	
1	0	0	1	1	1	1	0	2
1	1	1	1	1	1	1	1	1
0	1	1	0	0	0	0	1	0
3	3	3	3	3	3	3	3	3
1	0	0	0	1	1	1	0	1
1	0	0	0	1	1	1	1	2
1	1	0	1	1	0	0	0	0
1	1	1	0	1	0	0	0	1
2	2	2	3	2	2	2	1	1
2	3	3	2	0	1	3	3	1
1	1	0	0	0	0	3	3	2
3	0	2	2	1	2	2	2	2
1	0	0	0	0	0	0	0	0
1	1	2	2	2	2	3	3	0
2	3	1	0	1	2	2	2	2
0	0	0	2	0	0	0	0	0
1	1	1	0	0	0	1	1	1
1	1	0	0	2	0	0	0	0
0	0	0	0	1	1	0	0	0
1	0	0	0	2	1	1	1	0
1	1	0	0	1	1	0	0	0
1	0	2	2	3	3	1	1	3
1	0	0	0	1	0	0	0	0
1	0	0	0	1	0	0	0	0
2	1	1	0	3	1	0	0	0
1	1	2	0	0	0	1	1	0
0	1	1	2	3	0	1	3	3

Post Stress Q. 1	Post Stress Q. 6	Post Stress Q. 8	Post Stress Q. 11	Post Stress Q. 12	Post Stress Q. 14	Post Stress Q. 18	
	1	2	1	1	2	0	0
	1	1	1	1	1	1	1
	0	0	0	2	1	2	1
	3	3	3	3	3	3	3
	0	0	0	0	0	1	0
	0	1	1	1	2	1	1
	0	0	1	2	0	1	1
	0	1	1	1	1	0	1
	2	3	2	0	1	3	0
	1	0	1	0	1	1	1
	0	0	0	2	0	1	2
	1	2	1	2	2	1	3
	0	0	0	1	1	0	0
	1	2	2	2	1	2	0
	1	2	0	1	2	1	3
	2	2	2		3	0	3
	1	2	1	2	2	0	1
	0	2	0	2	0	1	2
	1	1	0	0	1	1	0
	1	0	1	2	2	1	1
	2	1	1	1	1	1	1
	1	2	2	3	2	2	3
	1	0	0	3	1	0	0
	1	1	1	1	1	1	0
	1		1	3	3	0	3
	0	0	1	0	0	1	0
	0	1	1	3	1	1	1

Baseline DAI Q. 1	Post DAI Q. 1	Baseline DAI Q. 3	Post DAI Q. 3	Baseline DAI Q. 4	Post DAI Q. 4	Baseline DAI Q. 7	Post DAI Q. 7
	1	1	1	1	1	1	1
	2	1	2	2	1	1	2
	2	2	2	2	2	2	2
	2	2	2	2	2	2	2
	1	1	2	2	1	1	1
	2	1	2	2	2	1	2
	2	1	2	2	1	1	2
	2	1	1	1	1	2	1
	1	2	2	2	1	2	1
	1	1	1	1	1	1	2
	2	2	2	2	1	1	1
	1		2		1		1
	2	1	2	2	1	1	1
	1	1	2	2	1	1	1
	1	1	2	2	1	1	1
	1		1	2	1	1	2
	2	1	2	2	1	1	1
	1	1	2	2	1	1	1
	2	1	2	2	1	1	1
	2	1	2	2	1	1	1
	1	1	2	1	1	1	1
	1	2	2	2	1	2	2
	1	2	1	2	1	1	2
	2	1	2	1	2	2	2
	1	1	2	2	1	1	1
	2	1	1	2	2	1	1
	1		2		1		1
	1	1	2	2	1	1	2
	1	1	2	2	2	1	2

Baseline DAI Q. 9	Post DAI Q. 9	Baseline DAI Q. 10	Post DAI Q. 10	Baseline DAI Q. 2	Post DAI Q. 2	Baseline DAI Q. 5	Post DAI Q. 5
	2	2	2	2	2	2	2
	2	1	1	1	1	1	1
	2	2	1	2	1	1	1
	2	2	2	2	2	1	1
	1	1	2	1	2	2	1
	1	1	1	1	2	2	2
	1	1	1	1	1	1	1
	1	1	2	2	2	2	1
	2	2	1	1	1	1	2
	2	1	1	1	2	2	2
	1	1	2	2	2	2	1
	1		1		2		2
	1	1	1	1	1	1	1
	1	1	1	1	2	2	1
	2	1	1	1	2	2	1
	1	1	1	1	2	2	1
	1	1	1	1	2	1	1
	1	1	1	1	2	1	1
	1	1	1	1	2	2	2
		2		1	1	2	1
	1	1	1	1	2	2	2
	1	2	1	2	2	2	2
	2	2	2	2	2	2	2
	2	2	2	2	1	1	2
	1	2	1	2	1	2	1
	1	1	1	1	2	2	2
	1	1	1	1	2	2	2
	2	2	1	1	1	2	1
	1		1		2		2
	1	1	2	2	1	2	2
	1	1	2	1	1	2	2

Baseline DAI Q. 6	Post DAI Q. 6	Baseline DAI Q. 8	Post DAI Q. 8	Baseline Dep. Score	Baseline Dep. Categor.	Baseline Anx. Score
1	2	2	2	2	4	0
1	2	1	1	1	14	4
2	2	1	1	1	16	4
2	2	1	1	1	20	4
1	1	1	2	2	12	3
2	2	2	2	2	4	0
2	2	1	1	1	24	4
2	2	2	2	2	20	4
1	1	2	1	1	20	4
1	2	1	1	1	26	4
2	2	1	1	1	16	4
1		2			8	2
2	1	1	2	2	18	4
2	1	2	2	2	6	1
1	1	2	2	2	28	4
2	2	1	1	1	14	4
1	1	2	1	1	16	4
2	1	2	2	2	34	4
2	2	1	1	1	6	1
1	1	1	1	1	36	4
1	1	2	2	2	18	4
1	1	2	2	2	12	3
1	2	2	2	2	18	4
1	1	1	1	1	18	4
2	2	2	2	2	6	1
1	2	1	1	1	28	4
2		2			32	4
1	2	2	2	2	24	4
1	1		1	1	16	4

Baseline Anx. Categor.	Baseline Stress Score	Baseline Stress Categor.	Baseline DAI Score	Baseline DAI Categor.	Post DAI Score	Post DAI Categor.
1	10	2	4	1	6	2
4	14	3	-6	-2	2	1
4	12	2	-6	-2	-8	-3
4	22	4	-6	-2	-8	-3
1	6	0	0	0	6	-3
0	12	2	2	1	8	3
1	6	0	-2	-1	2	1
4	22	4	4	1	4	1
4	32	4	2	1	-4	-1
4	16	3	2	1	8	3
4	10	2	0	0	0	0
4	18	4	6	2		
4	18	4	0	0	2	1
0	6	0	6	2	4	1
4	18	4	2	1	4	2
4	8	1	4	1	6	2
4	18	4	2	1	0	0
4	28	4	6	2	2	1
2	14	3	4	1	6	2
4	36	4	-2	-1	0	0
2	12	2	6	2	8	3
2	14	3	4	1	-4	-2
4	26	4	2	1	-4	-2
4	16	3	-6	-2	-4	-2
2	18	4	8	3	8	3
4	8	1	-4	-2	4	2
4	34	4	8	3		
2	16	3	0	0	6	2
4	20	4	-2	-1	4	1

Post Dep. Score	Post Dep. Categor.	Post Anx. Score	Post Anx. Categ.	Post Stress Score	Post Stress Categor.	Adherence change	
12		3	10	4	14	3	2
14		4	14	4	14	3	8
10		2	6	2	12	2	-2
42		4	42	4	42	4	-2
22		4	6	2	2	0	6
12		3	10	4	14	3	6
26		4	6	2	10	2	4
10		2	8	3	10	2	0
20		4	26	4	22	4	-6
18		4	26	4	10	2	6
10		2	12	4	10	2	0
24		4	22	4	24	4	2
10		2	0	0	4	0	-2
26		4	24	4	20	4	2
22		4	22	4	20	4	2
22		4	4	1	24	4	-2
8		2	8	3	18	4	-4
18		4	6	2	14	3	2
10		2	4	1	8	1	2
20		4	8	3	16	3	2
12		3	6	2	16	3	-8
20		4	28	4	30	4	-6
14		4	2	0	10	2	2
14		4	2	0	12	2	0
30		4	12	4	22	4	8
20		4	8	3	4	0	6
28		4	22	4	16	3	6

Depression change	Anxiety change	Stress change	Residuals Change DAI Psychoedu- cation group	Zpredicted Change DAI Psychoedu- cation group	Residuals Change DAI Control group	Zpredicted Change DAI Control group
8	4	6	0.19159	0.04644		
0	0	2	4.68224	0.65017		
-6	0	-50	2.22897	-2.36847		
22	20	20	-3.80841	0.04644		
10	-4	2	1.1729	1.25389		
8	2	8	1.1729	1.25389		
2	4	2	0.68224	0.65017		
-10	-12	-8	-1.80841	0.04644		
0	-10	-8	-6.29907	-0.55729		
-8	-6	4	4.19159	0.04644		
-6	0	0	-3.31776	0.65017		
				1.25389		
6	6	0				
4	-2	0	-2.29907	-0.55729		
-2	2	-6	3.21028	-1.16101		
8	12	8			-2.38735	1.06778
6	6	-10			-0.74308	-0.59796
-26	-10	-16			-6.50593	0.51254
12	0	0			1.37549	-0.04271
-26	-28	-16			-0.50593	0.51254
2	4	2			1.37549	-0.04271
0	2	0			0.78261	-2.81895
2	4	4			-4.74308	-0.59796
-4	-6	-8			-0.50593	0.51254
8	-6	-4			-0.62451	-0.04271
2	14	-10			3.61265	1.06778
						-0.04271
-4	-12	2			5.37549	-0.04271
12	-4	12			3.49407	0.51254

Residuals	Zpredicted	Residuals	Zpredicted	Residuals	Zpredicted	Residuals
Baseline DAI	Baseline DAI	Baseline DAI	Baseline DAI	Post DAI	Post DAI	Post DAI
Psychoedu-	Psychoedu-	Control	control	Psychoedu-	Psychoedu-	Control
cation group	cation group	group	group	cation group	cation group	group
1.31423	0.89145			3.52131	0.09545	
-7.68707	0.22137			-1.56125	0.41354	
-2.19422	-3.4641			-4.52569	-1.65371	
-6.43869	-0.61624			-5.53787	-1.3563	
-2.68577	0.89145			-3.20314	2.07128	
-0.93545	1.05897			3.35619	0.73162	
-4.68577	0.89145			-2.82204	0.78399	
2.81228	-0.11368			0.41591	0.42025	
3.05936	-1.62137			-3.65149	-0.73526	
1.56131	-0.61624			3.94974	0.55722	
-1.68707	0.22137			-3.26815	0.32741	
4.31293	0.22137					
-0.43869	-0.61624					
2.81488	1.2265			-0.47042	0.68067	
2.56001	-1.28632			2.23675	-0.11477	
		2.5626	0.05385			-0.09349
		0.5626	0.05385			0.90121
		5.81098	-0.78376			0.01032
		1.5639	0.72393			3.36592
		-2.68837	-0.44872			-4.75319
		3.5639	0.72393			6.2294
		1.5639	0.72393			1.35149
		1.81098	-0.78376			0.42399
		-7.93675	0.38889			-6.80198
		5.5639	0.72393			5.43478
		-4.43869	-0.61624			3.58706
		6.31293	0.22137			
		-2.4361	0.72393			-0.32992
		-3.93675	0.38889			2.23457

Zpredicted
Post DAI
Control
group

1.15758
-0.89766
-0.04824
0.14111
0.76376
-0.11261
-2.20528
-1.93275
0.19044
0.12087
-0.51153

1.22705
-0.11413