

Title: Interpersonal Counseling in the Treatment of Adolescent Depression: A Randomized Controlled Effectiveness and Feasibility Study in School Health and Welfare Services

Journal: School Mental Health

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Outcome measures comparing pre-post treatment and 3 and 6 months follow-ups in both IPC and BPS groups

	Parameter	Baseline			End					3-month follow-up					6-month follow-up				
		<i>n</i>	<i>Mean</i>	<i>sd</i>	<i>n</i>	<i>Mean</i>	<i>sd</i>	End	<i>d</i>	<i>n</i>	<i>Mean</i>	<i>sd</i>	³ MFU	<i>d</i>	<i>n</i>	<i>mean</i>	<i>sd</i>	⁶ MFU	<i>d</i>
IPC	BDI	33	18.97	9.28	29	11.83	10.15	-7.14	0.73	28	12.61	12.51	0.78	0.58	28	9.07	9.70	-3.09	1.04
	ADRS _c	32	17.94	8.06	29	11.48	9.53	-6.45	0.73	29	11.34	8.75	-0.14	0.78	29	8.28	8.05	-3.07	1.20
	YP-CORE	33	16.30	5.43	33	10.91	8.88	-5.39	0.73	29	10.62	8.52	-0.29	0.80	29	8.24	7.07	-2.38	1.28
	C-GAS	32	66.53	9.75	29	73.07	12.39	6.54	0.59	29	75.03	11.98	1.97	0.78	29	77.38	9.29	2.34	1.13
BPS	BDI	22	15.23	8.60	21	8.76	6.93	-6.47	0.75	20	9.25	9.27	0.49	0.67	20	5.45	5.74	-3.80	1.34
	ADRS _c	22	13.95	6.86	22	6.82	4.96	-7.14	1.19	20	10.00	8.47	3.18	0.51	20	6.55	5.32	-3.45	1.21
	YP-CORE	22	14.95	5.72	22	6.82	4.90	-8.14	1.53	20	9.05	7.00	2.23	0.92	20	7.10	5.83	-1.95	1.36
	C-GAS	22	66.64	10.32	22	76.59	10.13	9.95	0.97	20	74.75	6.76	-1.84	0.93	20	79.50	9.37	4.75	1.31

Note: IPC = Interpersonal Counselling, BPS = Brief Psychosocial Support, BDI=Beck Depression Inventory, ADRSc=Adolescent Depression Rating Scale, YP-CORE = Young Person`s Clinical Outcomes in Routine Evaluation, MFU=3- / 6-month follow-up, *d* = Cohen *d* values.