

Table 10

Domain 4: *Aspects of Participation that Students Experienced as Challenging*

Core idea	Common themes	Importance		Illustrative Quotes
		Unweighted	Weighted	
Practical challenges	Inconvenient	2	2	It bit into class time sometimes ... classes that I really enjoyed
				I didn't want to be down there [in the enrichment centre] that much
				Writing things down ... my hand got tired
Difficulty remembering content	Too much writing	1	1	I can't really remember
	Poor recall	8	24	I know I should be remembering but I can't
				I honestly can't remember what I did and didn't like ... I don't remember
				I don't really remember having to use [components of RAP]
	Memory problems	3	5	I've got the worst memory (x2)
				I have a little bit of trouble remembering things
Unhelpful				I have the worst memory
				I always forget. I've got a terrible memory.
	Did not learn anything new	3	4	I already knew ... most of the ... methods and things to help calm down ... so it didn't really help with that
				I already knew most of the stuff
				I've already done ... programs like these before but I've never really absorbed it. And I didn't really absorb it this time either to be honest. It's weird because it feels like it should help but it just doesn't – all these programs that I try to do don't help
	Boring	2	2	How long it would take because it [got] a bit boring after about ... the first 20 minutes ... it was ... a bunch of writing and it just gets a bit repetitive after a couple of weeks ... they're basically doing the same thing a couple of weeks after weeks
Impediments experienced with application of program content				Sometimes it was a little boring ... when we were just talking
	Unsure how to use resources	4	4	I still haven't ... even looked at that [the resilience kit]
				I lost [my thought court cards] ... I'm bad at keeping things
				I haven't had that much bad stuff happen to me lately
				I still have pretty low self-esteem. I still get ... depressed sometimes.
	Difficulty acquiring skills	1	2	The good thoughts and bad thoughts I found that quite difficult and really challenging to work through
				The one where you had a problem and you had to solve it I found that quite difficult and really challenging to work through

Table 10 continued

Core idea	Common themes	Importance		Illustrative Quotes
		Unweighted	Weighted	
	Difficulty using skills	2	2	Deep breathing doesn't work for me ... but it does make me feel awake at least Taking thoughts to court [is a bit more difficult] in embarrassing moment – when I get stressed and anxious, angry ... it would be better if someone else did it in front of me, than in my head, because during this I guess adrenaline may pump out and stop of train of ... being able to think properly
Endings	Having to say goodbye to the facilitator	2	2	I feel sad ... because RAP ended. [it's hard to say goodbye] especially after you've spent that much time together. Yeah [I really miss the facilitator]. I felt really sad when [my facilitator] left

Note: Themes are presented in order of weighted importance, with higher importance scores presented first.