Questionnaires – Simulator Sickness Questionnaire (SSQ)

SSQ 1, 2, and 3:

- Q1: General discomfort

  None Slight Moderate Severe

- Q2: Fatigue

  None Slight Moderate Severe

- Q3: Headache

  None Slight Moderate Severe

- Q4: Eyestrain

  None Slight Moderate Severe

- Q5: Difficulty focusing

  None Slight Moderate Severe

- Q6: Salivation increase

  None Slight Moderate Severe

- Q7: Sweating

  None Slight Moderate Severe

- Q8: Nausea

  None Slight Moderate Severe

- Q9: Difficulty concentrating

  None Slight Moderate Severe

- Q10: “Fullness of the head”

  None Slight Moderate Severe

- Q11: Blurred vision

  None Slight Moderate Severe

- Q12: Dizziness eyes opened

  None Slight Moderate Severe

- Q13: Dizziness eyes closed

  None Slight Moderate Severe

- Q14: Vertigo

  None Slight Moderate Severe

- Q15: Stomach awareness

  None Slight Moderate Severe

- Q16: Burping

  None Slight Moderate Severe