

Table S1: Concomitant Medication Use - pre-existing conditions (apart from psoriasis)

	Count	Percentage		Count	Percentage
No	266	66.5	Clopidogrel	1	0.25
Yes, but no details provided	14	3.5	Dimethyl carbamazine	1	0.25
Amlodipine	14	3.5	Diltiazem	1	0.25
Metformin	11	2.75	Etpohylline & theophylline	1	0.25
Candesartan	7	1.75	H. Insulin Regular	1	0.25
Metoprolol	6	1.5	Halobetasol	1	0.25
Atenolol	4	1	Inj Human actrapid	1	0.25
Losartan	5	1.25	Levocetirizine	1	0.25
Methotrexate	4	1	MB.MDT	1	0.25
Aspirin	3	0.75	Sysfol	1	0.25
Enalapril	3	0.75	Thyronorm	1	0.25
Thyronine	3	0.75	Calcium	1	0.25
Atorvastatin	2	0.5	Enzopam	1	0.25
Cyclosporine	2	0.5	Chymoral Forte	1	0.25
Hydroxyzine	2	0.5	Nebivolol	1	0.25
Ranitidine	2	0.5	Paracetamol	1	0.25
Telmisartan	2	0.5	MVI	1	0.25
Acitretin	1	0.25	PCM	1	0.25
Amlodipine Atenolol	1	0.25	Prednisolone	1	0.25
Amoxiclav	1	0.25	Razo	1	0.25
Clobetasol	1	0.25	Shelcal	1	0.25
Glimepiride	2	0.5	Vertin	1	0.25
Missing	55	13.75	Rosuvastatin	1	0.25
			Acarbose	1	0.25

Table S2: Concomitant Medication prescribed during baseline visit

Name of the drug	Categories	Overall (n=249)		Severity of Psoriasis					
				Mild (n=81)		Moderate (n=123)		Severe (n=43)	
		N	%	N	%	N	%	N	%
Levocetirizine	Antihistaminics	94	37.8	30	37.0	51	41.5	12	27.9
Methotrexate	Folate antagonist	74	29.7	6	7.4	44	35.8	23	53.5
Folic Acid	Minerals & multivitamin complex	45	18.1	11	13.6	23	18.7	11	25.6
Liquid Paraffin	Topical mineral oil	45	18.1	16	19.8	23	18.7	5	11.6
Halobetasol Propionate	Topical corticosteroid (very potent)	33	13.3	16	19.8	13	10.6	3	7.0
Chlorpheniramine	Antihistaminics	30	12.0	13	16.0	14	11.4	2	4.7
Hydroxyzine	Antihistaminics	30	12.0	4	4.9	14	11.4	12	27.9
Clobetasol Propionate	Topical corticosteroid (very potent)	21	8.4	10	12.3	10	8.1	1	2.3
Acitretin	2nd Gen Retinoid	18	7.2	-		9	7.3	9	20.9
Azithromycin	Antibiotics	14	5.6	5	6.2	9	7.3		
Vitamin C	Minerals & multivitamin complex	14	5.6	6	7.4	6	4.9	2	4.7
Cetirizine	Antihistaminics	13	5.2	3	3.7	8	6.5	2	4.7
Calcium	Minerals & multivitamin complex	10	4.0	1	1.2	6	4.9	2	4.7
Cyclosporine	Immunosuppressant	7	2.8			3	2.4	4	9.3
Halobetasol Ointment	Topical corticosteroid (very potent)	7	2.8	4	4.9	2	1.6	1	2.3
Omega 3 Fatty Acid	Essential fatty acids	7	2.8			5	4.1	2	4.7
Seacod	Essential fatty acids	7	2.8			5	4.1	2	4.7
Betamethasone Dipropionate	Topical corticosteroid (potent)	5	2.0	2	2.5	2	1.6	1	2.3
Calcipotriol	Synthetic Vit. D	5	2.0	4	4.9	1	0.8		
Clobetasol + salicylic 6% ointment	Topical corticosteroid (very potent) +keratolytic agent	5	2.0	4	4.9	1	0.8		
Halobetasol propionate with 3% salicylic acid	Topical corticosteroid (very potent) +keratolytic agent	5	2.0	2	2.5	3	2.4		

Halobetasol+Salicylic acid	Topical corticosteroid (very potent) +keratolytic agent	5	2.0	3	3.7	2	1.6		
Clobetasol & Calcipotriol Ointment	Topical corticosteroid (very potent) +synthetic Vit D	4	1.6	2	2.5	2	1.6		
Ranitidine	H2 receptor antagonists	4	1.6			3	2.4	1	2.3
Vitamin B complex	Minerals & multivitamin complex	4	1.6			4	3.3		
Cap A & D	Minerals & multivitamin complex	3	1.2	2	2.5			1	2.3
Clobetasol + salicylic acid 3% Ointment	Topical corticosteroid (very potent) +keratolytic agent	3	1.2			3	2.4		
Halobetasol Propionate	Topical corticosteroid (very potent)	3	1.2	1	1.2	2	1.6		
Halobetasol Cream	Topical corticosteroid (very potent)	3	1.2	1	1.2	2	1.6		
Vitamin A & D	Minerals & multivitamin complex	3	1.2			3	2.4		
Calcipotriol & Clobetasol cream	Topical corticosteroid (very potent) +synthetic Vit D	2	0.8	1	1.2	1	0.8		
Clobetasol + salicylic acid	Topical corticosteroid (very potent) +keratolytic agent	2	0.8	1	1.2	1	0.8		
Clobetasol propionate ointment	Topical corticosteroid (very potent)	2	0.8			2	1.6		
Clobetasol salicylic Ointment	Topical corticosteroid (very potent) +keratolytic agent	2	0.8	1	1.2	1	0.8		
Esomeprazole	Proton pump inhibitor	2	0.8			1	0.8	1	2.3
Halobetasol Propionate with 6% salicylic acid	Topical corticosteroid (very potent) +keratolytic agent	2	0.8			2	1.6		
Mometasone cream	Topical corticosteroid (medium potent)	2	0.8	2	2.5				
Multivitamin	Minerals & multivitamin complex	2	0.8			1	0.8	1	2.3
Oncotrex	Folate antagonist	2	0.8	1	1.2	1	0.8		
Prednisolone	Immunosuppressant	2	0.8			1	0.8	1	2.3
Thyronine	Synthetic thyroxine	2	0.8			1	0.8	1	2.3

Clobetasol salicylic acid 3% Ointment	Topical corticosteroid (very potent) +keratolytic agent	2	0.8	2	2.5				
Allegra	Antihistaminics	1	0.4	1	1.2				
Alternative Homeopathy medicine	Alloid Medicine	1	0.4	1	1.2				
Amlodipine Asenolol	Antihypertensive	1	0.4			1	0.8		
Amoxicillin Clavulanate	Antibiotics	1	0.4					1	2.3
Becosule-Z	Minerals & multivitamin complex	1	0.4	1	1.2				
Calcium & Enzoflam	Minerals & multivitamin complex	1	0.4			1	0.8		
Cefuroxime & Clavulanic acid	Antibiotics	1	0.4			1	0.8		
Cetirizine	Antihistaminic	1	0.4			1	0.8		
Clobetasol + salicylic acid	Topical corticosteroid (very potent) +keratolytic agent	1	0.4	1	1.2				
Clobetasol + salicylic acid 6% lotion	Topical corticosteroid (very potent) +keratolytic agent	1	0.4					1	2.3
Clobetasol Salicylic acid 3% lotion	Topical corticosteroid (very potent) +keratolytic agent	1	0.4	1	1.2				
Desloratadine	Antihistaminic	1	0.4			1	0.8		
Ebernet cream	Topical anti-fungal	1	0.4	1	1.2				
Extend Forte tab	Minerals & multivitamin complex	1	0.4			1	0.8		
Fusidic acid	Topical steroid antibiotic	1	0.4	1	1.2				
Halobetasol cream	Topical corticosteroid (very potent)	1	0.4	1	1.2				
Halobetasol + Fusidic acid	Topical corticosteroid (very potent) +steroid antibiotic	1	0.4			1	0.8		
Halobetasol + salicylic acid	Topical corticosteroid (very potent) +keratolytic agent	1	0.4	1	1.2				
Halobetasol Propionate Lotion	Topical corticosteroid (very potent)	1	0.4			1	0.8		

Halobetasol Propionate Ointment	Topical corticosteroid (very potent)	1	0.4			1	0.8		
Inj methotrexate	Folate antagonist	1	0.4			1	0.8		
MB- MDT (8th packet)	anti-leprotic	1	0.4			1	0.8		
Methotrexate	Folate antagonist	1	0.4			1	0.8		
Multivitamin	Minerals & multivitamin complex	1	0.4			1	0.8		
NB - UVB Phototherapy	Phototherapy	1	0.4			1	0.8		
Painkiller	NSAIDs	1	0.4					1	2.3
Phototherapy UV-B	Phototherapy	1	0.4	1	1.2				
PUVA Phototherapy	Phototherapy	1	0.4			1	0.8		
Salicylic acid	Keratolytic agent	1	0.4			1	0.8		
Salicylic acid + Ketoconazole shampoo	Keratolytic agent+Antifungal	1	0.4			1	0.8		
Salicylic acid + Ketoconazole Shampoo	Keratolytic agent+Antifungal	1	0.4	1	1.2				
Shelcal & berreleZ	Minerals & multivitamin complex	1	0.4					1	2.3
Supirocin Ointment	Topical Antibiotic	1	0.4			1	0.8		
T.Terbinafine	Antifungals	1	0.4	1	1.2				
Tenovate cream	Topical corticosteroid (very potent)	1	0.4	1	1.2				
Vitamin	Minerals & multivitamin complex	1	0.4			1	0.8		