

SUPPLEMENTARY MATERIAL

Clinical Efficacy of a Digital Intervention for Patients with Atopic Dermatitis: a Prospective Single Center Study

Sigrídur Lára Gudmundsdóttir^{1,3}, Tommaso Ballarini², María L Ámundadóttir¹, Judit Mészáros², Jenna H Eysteinsdóttir^{4,5}, Ragna H Thorleifsdóttir^{4,5}, Sigrídur K Hrafnkelsdóttir¹, Heida B Bragadóttir¹, Saemundur Oddsson¹, Jonathan I Silverberg⁶

Affiliations:

¹ Sidekick Health, Kópavogur, Iceland

² Sidekick Health, Berlin, Germany

³ University of Iceland, Department of Health Promotion, Sport and Leisure Studies, Reykjavik, Iceland

⁴ Hudlaeknastodin Dermatology Clinic, Kópavogur, Iceland

⁵ University of Iceland, Department of Health Sciences, Faculty of Medicine, Reykjavik, Iceland

⁶ George Washington University, School of Medicine and Health Sciences, Washington DC, USA

Supplementary Table 1. Changes in SCORAD, POEM and DLQI scores from baseline to follow-up, and corresponding effect sizes.

	Baseline, N	Follow-up, N	Difference
SCORAD	21	20	
Mean (SD)	56.13 (16.74)	31.18 (18.45)	-25.79 (19.94)
POEM	21	20	
Mean (SD)	15.67 (6.69)	8.50 (4.86)	-7.50 (6.96)
DLQI	20	18	
Mean (SD)	7.85 (4.49)	4.61 (4.00)	-3.67 (2.50)