

SUPPLEMENTARY MATERIAL

The real-world effectiveness and tolerability of a soothing cream containing the postbiotic *Aquaphilus dolomiae* extract-G2 for skin healing

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Analyses in subgroups according to the type of skin impairment

Table S1: Details of the types of skin impairment in each subgroup of type of skin impairment.

	All subjects (N = 1317)
Common types of dermatologic conditions or wound healing, N (%)	N = 568 (43.1%)
Perioral dermatitis	117 (8.9%)
Angular cheilitis	81 (6.2%)
Non-oozing diaper rash	79 (6.0%)
Superficial wound, abrasion	70 (5.3%)
Cheilitis	54 (4.1%)
Superficial burn	49 (3.7%)
Vulvitis	46 (3.5%)
Balanitis	30 (2.3%)
Cuts	25 (1.9%)
Crusted lesions after healing	24 (1.8%)
Retroauricular fissure	21 (1.6%)
Chilblain	13 (1.0%)
Superficial solar erythema	12 (0.9%)
Insect bite	7 (0.5%)
Senile pruritus (pruritus sine materia)	6 (0.5%)
Skin impairment due to previous surgery or dermatologic procedures, N (%)	N = 560 (42.5%)
Post-laser	181 (13.7%)
Post-cryotherapy	140 (10.6%)
Post-peeling	98 (7.4%)
After excision and suturing	48 (3.6%)
Post-electrocoagulation	47 (3.5%)
Simple suture	44 (3.3%)
After excision and healing	18 (1.4%)
Post-photodynamic therapy	10 (0.8%)
Skin impairment due to oncologic treatments, N (%)	N = 189 (14.4%)
Radiodermatitis (grade 1)	108 (8.2%)
Post-surgical scars	63 (4.7%)
Fissures	20 (1.5%)

Table S2: Overall product effectiveness, tolerability and user satisfaction in all subjects and in subgroups according to the type of skin impairment.

	All types of skin impairment (all subjects) (N = 1317)	Common types of dermatologic conditions or wound healing (N = 568)	Skin impairment due to previous surgery or dermatologic procedures (N = 560)	Skin impairment due to oncologic treatments (N = 189)
Overall effectiveness, N (%)	n = 1302	n = 563	n = 556	n = 183
Very effective	722 (55.5)	300 (53.3)	359 (64.6)	63 (34.4)
Effective	499 (38.3)	216 (38.4)	177 (31.8)	106 (57.9)
Moderately effective	65 (5.0)	38 (6.7)	15 (2.7)	12 (6.6)
Not effective	16 (1.2)	9 (1.6)	5 (0.9)	2 (1.1)
Tolerability, N (%)	n = 1297	n = 558	n = 552	n = 187
Very good	1148 (88.5)	471 (84.4)	513 (92.9)	164 (87.7)
Good	130 (10.0)	76 (13.6)	35 (6.3)	19 (10.2)
Moderate	14 (1.1)	8 (1.4)	3 (0.5)	3 (1.6)
Poor	5 (0.4)	3 (0.5)	1 (0.2)	1 (0.5)
Overall user satisfaction, N (%)	n = 1289	n = 555	n = 547	n = 187
Very satisfied	779 (60.4)	338 (60.9)	373 (68.2)	68 (36.4)
Satisfied	467 (36.2)	192 (34.6)	163 (29.8)	112 (59.9)
Not satisfied	35 (2.7)	20 (3.6)	10 (1.8)	5 (2.7)
Not at all satisfied	8 (0.6)	5 (0.9)	1 (0.2)	2 (1.1)
User satisfaction with ease of application, N (%)	n = 1290	n = 556	n = 548	n = 186
Very satisfied	949 (73.6)	442 (79.5)	415 (75.7)	92 (49.5)
Satisfied	314 (24.3)	110 (19.8)	122 (22.3)	82 (44.1)
Not satisfied	23 (1.8)	4 (0.7)	9 (1.6)	10 (5.4)
Not at all satisfied	4 (0.3)	0 (0)	2 (0.4)	2 (1.1)
User satisfaction with comfort of application, N (%)	n = 1284	n = 550	n = 548	n = 186
Very satisfied	893 (69.5)	417 (75.8)	387 (70.6)	89 (47.8)
Satisfied	342 (26.6)	117 (21.3)	135 (24.6)	90 (48.4)
Not satisfied	44 (3.4)	15 (2.7)	23 (4.2)	6 (3.2)
Not at all satisfied	5 (0.4)	1 (0.2)	3 (0.5)	1 (0.5)
User satisfaction with rapid repair/healing, N (%)	n = 1269	n = 551	n = 544	n = 174
Very satisfied	777 (61.2)	333 (60.4)	362 (66.5)	87 (47.1)
Satisfied	439 (34.6)	191 (34.7)	168 (30.9)	80 (46.0)
Not satisfied	43 (3.4)	22 (4.0)	10 (1.8)	11 (6.3)
Not at all satisfied	10 (0.8)	5 (0.9)	4 (0.7)	1 (0.6)

User satisfaction with good quality of repair/healing, N (%)	n = 1271	n = 553	n = 543	n = 176
Very satisfied	828 (65.1)	359 (64.9)	378 (69.6)	91 (51.7)
Satisfied	391 (30.7)	162 (29.3)	153 (28.2)	76 (43.2)
Not satisfied	43 (3.4)	27 (4.9)	9 (1.7)	7 (4.0)
Not at all satisfied	10 (0.8)	5 (0.9)	3 (0.6)	2 (1.1)

Abbreviations: N, number of subjects; n, number of subjects for whom data were available.

Analyses in subgroups according to age categories

Table S3: Details of the types of skin impairment in each age subgroup.

	0-23 months N = 77	2-17 years N = 144	18-64 years N = 811	≥65 years N = 276
Common types of dermatologic conditions or wound healing, N (%)	n = 75 (97.4%)	n = 124 (86.1%)	n = 290 (35.8%)	n = 75 (27.2%)
Perioral dermatitis	7 (9.3%)	31 (25.0%)	72 (24.8%)	6 (8.0%)
Angular cheilitis	1 (1.3%)	21 (16.9%)	44 (15.2%)	15 (20.0%)
Non-oozing diaper rash	56 (74.7%)	15 (12.1%)	6 (2.1%)	1 (1.3%)
Superficial wound, abrasion	3 (4.0%)	12 (9.7%)	32 (11.0%)	22 (29.3%)
Cheilitis	1 (1.3%)	21 (16.9%)	24 (8.3%)	7 (9.3%)
Superficial burn	2 (2.7%)	5 (4.0%)	38 (13.1%)	4 (5.3%)
Vulvitis	4 (5.3%)	11 (8.9%)	24 (8.3%)	7 (9.3%)
Balanitis	0 (0%)	9 (7.3%)	18 (6.2%)	3 (4.0%)
Cuts	1 (1.3%)	2 (1.6%)	18 (6.2%)	3 (4.0%)
Crusted lesions after healing	4 (5.3%)	6 (4.8%)	8 (2.8%)	6 (8.0%)
Retroauricular fissure	4 (5.3%)	7 (5.6%)	9 (3.1%)	1 (1.3%)
Chilblain	0 (0%)	2 (1.6%)	7 (2.4%)	4 (5.3%)
Superficial solar erythema	0 (0%)	1 (0.8%)	9 (3.1%)	2 (2.7%)
Insect bite	0 (0%)	0 (0%)	7 (2.4%)	0 (0%)
Senile pruritus (pruritus sine materia)	0 (0%)	0 (0%)	2 (0.7%)	4 (5.3%)
Skin impairment due to previous surgery or dermatologic procedures, N (%)	n = 2 (2.6%)	n = 17 (11.8%)	n = 397 (49.0%)	n = 140 (50.7%)
Post-laser	0 (0%)	2 (11.8%)	144 (36.3%)	33 (23.6%)
Post-cryotherapy	0 (0%)	4 (23.5%)	68 (17.1%)	67 (47.9%)
Post-peeling	0 (0%)	3 (17.6%)	84 (21.2%)	10 (7.1%)
After excision and suturing	1 (50.0%)	5 (29.4%)	27 (6.8%)	15 (10.7%)
Post-electrocoagulation	0 (0%)	0 (0%)	34 (8.6%)	13 (9.3%)
Simple suture	2 (100%)	3 (17.6%)	32 (8.1%)	7 (5.0%)
After excision and healing	0 (0%)	0 (0%)	14 (3.5%)	4 (2.9%)
Post-photodynamic therapy	0 (0%)	0 (0%)	4 (1.0%)	6 (4.3%)
Skin impairment due to oncologic treatments, N (%)	n = 0 (0%)	n = 3 (2.1%)	n = 124 (15.3%)	n = 61 (22.1%)
Radiodermatitis (grade 1)	0 (0%)	0 (0%)	79 (63.7%)	28 (45.9%)
Post-surgical scars	0 (0%)	3 (100%)	40 (32.3%)	20 (32.8%)
Fissures	0 (0%)	0 (0%)	7 (5.6%)	13 (21.3%)

Table S4: Severity scores and relative changes of dermatologic clinical signs and symptoms at baseline, immediately after product use and at follow up in subject subgroups according to age categories.

	0-23 months (N = 77)			2-17 years (N = 144)			18-64 years (N = 811)			≥65 years (N = 276)		
Objective clinical signs^a	BSL	IM	FU	BSL	IM	FU	BSL	IM	FU	BSL	IM	FU
<i>N subjects</i>	75		72	133		136	742		762	261		263
Total score (mean, SD)	3.9 (2.3)	ND	0.7** (1.0)	4.1 (2.3)	ND	0.7** (1.2)	3.7 (2.4)	ND	0.8** (1.2)	3.9 (2.6)	ND	1.0** (1.4)
Percentage of decrease (%)			-82.1%			-82.9%			-78.4%			-74.4%
Relative changes (N, %)			71			131			714			252
Improved			63 (88.7)			125 (95.4)			583 (81.7)			205 (81.3)
Not changed			5 (7.0)			6 (4.6)			87 (12.2)			33 (13.1)
Worsened			3 (4.2)			0 (0)			44 (6.2)			14 (5.6)
Subjective clinical symptoms^a	BSL	IM	FU	BSL	IM	FU	BSL	IM	FU	BSL	IM	FU
<i>N subjects</i>	60	41	65	128	114	135	762	610	752	255	202	258
Total score (mean, SD)	4.0 (4.1)	2.1** (3.2)	0.3** (0.8)	5.9 (3.5)	2.6** (2.3)	0.7** (1.4)	5.8 (3.8)	3.0** (2.7)	0.9** (1.8)	5.7 (3.9)	3.0** (2.4)	0.9** (1.7)
Percentage of decrease (%)		-47.5%	-92.5%		-55.9%	-88.1%		-48.3%	-84.5%		-47.4%	-84.2%
Relative changes (N, %)		39	56		113	127		601	723		201	243
Improved		30 (76.9)	41 (73.2)		102 (90.3)	114 (89.8)		530 (88.2)	621 (85.9)		180 (89.6)	209 (86.0)
Not changed		9 (23.1)	15 (26.8)		10 (8.8)	11 (8.7)		66 (11.0)	61 (8.4)		19 (9.5)	21 (8.6)
Worsened		0 (0)	0 (0)		1 (0.9)	2 (1.6)		5 (0.8)	41 (5.7)		2 (1.0)	13 (5.3)

Abbreviations: BSL, baseline; FU, follow up; IM, immediately after product application; N, number of subjects; ND, not determined; SD, standard deviation.

^a The scale used for assessing the severity of each sign or symptom ranged from 0 (none) to 3 (severe). Therefore, the highest possible total scores were 12 for objective signs and 15 for subjective symptoms.

* p-value <0.05, ** p-value ≤0.0001 (paired Wilcoxon test for intra-group comparisons of scores).

Table S5: Overall product effectiveness and tolerability in subgroups according to age.

	0-23 months (N = 77)	2-17 years (N = 144)	18-64 years (N = 811)	≥65 years (N = 276)
Overall effectiveness, N (%)	n = 77	n = 144	n = 799	n = 273
Very effective	53 (68.8)	84 (58.3)	428 (53.66)	153 (56.0)
Effective	18 (23.4)	51 (35.4)	321 (40.2)	105 (38.5)
Moderately effective	4 (5.2)	8 (5.6)	40 (5.0)	13 (4.8)
Not effective	2 (2.6)	1 (1.7)	10 (1.3)	2 (0.7)
Tolerability, N (%)	n = 75	n = 141	n = 798	n = 274
Very good	70 (93.3)	120 (85.1)	713 (89.3)	239 (87.2)
Good	3 (4.0)	20 (14.2)	72 (9.0)	33 (12.0)
Moderate	2 (2.7)	1 (0.7)	9 (1.1)	1 (0.4)
Poor	0 (0)	0 (0)	4 (0.5)	1 (0.4)
User satisfaction with rapid repair/healing, N (%)	n = 76	n = 144	n = 798	n = 272
Very satisfied	55 (72.4)	107 (74.3)	492 (61.7)	175 (64.3)
Satisfied	12 (15.8)	30 (20.8)	235 (29.4)	75 (27.6)
Not satisfied	6 (7.9)	5 (3.5)	57 (7.1)	19 (7.0)
Not at all satisfied	3 (3.9)	2 (1.4)	14 (1.8)	3 (1.1)
User satisfaction with good quality of repair/healing, N (%)	n = 76	n = 144	n = 792	n = 270
Very satisfied	58 (76.3)	107 (74.3)	524 (66.2)	178 (65.9)
Satisfied	11 (14.5)	31 (21.5)	207 (26.1)	68 (25.2)
Not satisfied	5 (6.6)	5 (3.5)	50 (6.3)	22 (8.1)
Not at all satisfied	2 (2.6)	1 (0.7)	11 (1.4)	2 (0.7)

Abbreviations: N, number of subjects; n, number of subjects for whom data were available.

Analyses in subgroups according to the frequency of product application

Table S6: Data on severity scores of dermatologic clinical signs and symptoms, overall effectiveness and tolerability in subject subgroups according to the frequency of product application.

	Once daily (N = 168)		Twice daily (N = 780)		Three or more times daily (N = 342)	
Objective clinical signs^a	BSL	FU	BSL	FU	BSL	FU
<i>N subjects</i>	156	149	718	742	319	326
Total score (mean, SD)	3.4 (2.6)	1.1** (1.6)	3.8 (2.4)	0.8** (1.2)	3.9 (2.5)	0.8** (1.2)
Percentage of decrease (%)		-67.6%*		-78.9%		-79.5%
Relative changes (N, %)		144		696		311
Improved		109 (75.7)*		597 (85.8)		254 (81.7)
Not changed		23 (16.0)		61 (8.8)		47 (15.1)
Worsened		12 (8.3)		38 (5.5)		10 (3.2)
Subjective clinical symptoms^a	BSL	FU	BSL	FU	BSL	FU
<i>N subjects</i>	155	143	716	732	316	319
Total score (mean, SD)	4.5 (4.0)	1.2** (2.1)	5.7 (3.7)	0.8** (1.7)	6.2 (3.8)	0.9** (1.7)
Percentage of decrease (%)		-73.3%**		-86.0%		-85.5%
Relative changes (N, %)		137		688		308
Improved		98 (71.5)**		606 (88.1)		268 (87.0)
Not changed		21 (15.3)		52 (7.6)		32 (10.4)
Worsened		18 (13.1)		30 (4.4)		8 (2.6)
Overall effectiveness, N (%)	n = 164		n = 771		n = 342	
Very effective	61 (37.2)		440 (57.1)		205 (59.9)	
Effective	88 (53.7)		292 (37.9)		110 (32.2)	
Moderately effective	11 (6.7)		32 (4.2)		22 (6.4)	
Not effective	4 (2.4)		7 (0.9)		5 (1.5)	
Tolerability, N (%)	n = 166		n = 772		n = 337	
Very good	137 (82.5)		688 (89.1)		302 (89.6)	
Good	23 (13.9)		76 (9.8)		30 (8.9)	
Moderate	5 (3.0)		5 (0.6)		4 (1.2)	
Poor	1 (0.6)		3 (0.7)		1 (0.3)	

Abbreviations: BSL, baseline; FU, follow up; N, number of subjects; n, number of subjects for whom data were available; SD, standard deviation.

^a The scale used for assessing the severity of each sign or symptom ranged from 0 (none) to 3 (severe). Therefore, the highest possible total scores were 12 for objective signs and 15 for subjective symptoms.

* p-value <0.05, ** p-value ≤0.0001 (paired Wilcoxon test for intra-group comparisons of scores, Kruskal-Wallis test for inter-group comparisons of percentage of decrease, and Chi² test for inter-group comparisons of improvement rates).

Analyses in subgroups according to the type of regimen

Table S7: Data on severity scores of dermatologic clinical signs and symptoms, overall effectiveness and tolerability in subject subgroups according to the regimen type.

	Study product used alone (N = 842)		Study product used in combination (N = 475)	
Objective clinical signs^a	BSL	FU	BSL	FU
<i>N subjects</i>	800	794	419	448
Total score (mean, SD)	3.5 (2.4)	0.8** (1.1)	4.2 (2.6)	0.9** (1.5)
Percentage of decrease (%)		-77.1%*		-78.6%
Relative changes (N, %)		766		410
Improved		626 (81.7)		356 (86.8)
Not changed		95 (12.4)		37 (9.0)
Worsened		45 (5.9)		17 (4.1)
Subjective clinical symptoms^a	BSL	FU	BSL	FU
<i>N subjects</i>	778	770	435	449
Total score (mean, SD)	5.2 (3.7)	0.8** (1.7)	6.6 (3.9)	0.9** (1.8)
Percentage of decrease (%)		-84.6%**		-86.4%
Relative changes (N, %)		729		428
Improved		618 (84.8)		375 (87.6)
Not changed		70 (9.6)		38 (8.9)
Worsened		41 (5.6)		15 (3.5)
Overall effectiveness, N (%)	n = 834		n = 468	
Very effective	455 (54.6)		267 (57.1)	
Effective	326 (39.1)		173 (37.0)	
Moderately effective	45 (5.4)		20 (4.3)	
Not effective	8 (1.0)		8 (1.7)	
Tolerability, N (%)	n = 830		n = 467	
Very good	749 (90.2)		399 (85.4)	
Good	72 (8.7)		58 (12.4)	
Moderate	6 (0.7)		8 (1.7)	
Poor	3 (0.4)		2 (0.4)	

Abbreviations: BSL, baseline; FU, follow up; N, number of subjects; n, number of subjects for whom data were available; SD, standard deviation.

^a The scale used for assessing the severity of each sign or symptom ranged from 0 (none) to 3 (severe). Therefore, the highest possible total scores were 12 for objective signs and 15 for subjective symptoms.

* p-value <0.05, ** p-value ≤0.0001 (Wilcoxon test for intra-group and inter-group comparisons of scores or percentage of decrease, and Chi² test for inter-group comparisons of improvement rates).