Supplemental Material

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Depressive symptoms and quality of life in patients with benign essential blepharospasm under long-term therapy with botulinum toxin

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Blepharospasm-Scale

1. Jankovic-Score

Severity	Frequency
0 = None 1 = Minimal, increased blinking present only with external stimuli (e.g., bright light, wind, reading, driving, etc.) 2 = Mild, but spontaneous eyelid fluttering (without actual spasm), definitely noticeable, possibly embarrassing, but not functionally disabling) 3 = Moderate, very noticeable spasm of eyelids only, mildly incapacitating 4 = Severe, incapacitating spasm of eyelids and possibly other facial muscles	0 = None 1 = Slightly increased frequency of blinking 2 = Eyelid fluttering lasting less than 1 second in duration 3 = Eyelid spasm lasting more than 1 second, but eyes open more than 50% of the waking time 4 = Functionally "blind" due to persistent eye closure (blepharospasm) more than 50% of the waking time

Score: ____

2. Global rating

Free of complaints suffering extremely

0% I_____I 100%

3. Blepharospasm Disability Index (BSDI)

(1) **Reading:** O not applicable

No limitation not possible due to BEB

0% I_____I 100%

(2) **Driving:** O not applicable

No limitation not possible due to BEB

0% I_____I 100%

(3) **Watching television / movie:** O not applicable

No limitation not possible due to BEB

0% I_____I 100%

(4) **Going shopping:** O not applicable

No limitation not possible due to BEB

0% I_____I 100%

(5) **Daily activities:**

No limitation not possible due to BEB

0% I_____I 100%

(6) **Taking a walk:** O not applicable

No limitation not possible due to BEB

0% I_____I 100%

4. HFS-7 Items

(1) Felt depressed

0% I_____I 100%

(2) Avoided eye contact

0% I_____I 100%

(3) Felt embarrassed about having the condition

0% I_____I 100%

(4) Felt worried about others' reactions to you

0% I_____I 100%