

Self-management Strategies for Treating Pediatric and Adolescent Headaches and Migraines with Over-the-counter Molecules: Expert Opinion and Literature Review

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Supplementary Information

Table S1. Included studies

Reference	Country	Type	Recommended treatments			
			Paracetamol	Ibuprofen	Aspirin	Naproxen
(O'Brien et al. 2012)	USA	Expert opinion	⊙	⊙	-	-
(Papetti et al. 2010)	Italy	Guideline update	○	⊙	-	-
(Oskoui et al. 2019)	USA	Guideline update	○	⊙	-	⊙
(MacGregor et al. 2010)	UK	Guidelines	○	⊙	⊙	⊙
(Barišić et al. 2012)	Croatia	Guidelines	⊙	⊙	-	-
(Schytz et al. 2021)	Denmark	Guideline update	⊙	⊙	⊙	-
(Lanteri-Minet et al. 2014)	France	Guidelines	○	⊙	⊙	-
(National Institute for Health and Care Excellence 2012)	UK	Guidelines	⊙	⊙	-	⊙
(Wang et al. 2020)	China	Meta-analysis	-	⊙	-	⊙
(Pavithra et al. 2020)	India	RCT: paracetamol vs ibuprofen	⊙	⊙	-	-
(Gallelli et al. 2014)	Italy	RCT: paracetamol/ibuprofen vs with/without prophylaxis	⊙	⊙	-	-
(Toldo et al. 2017)	Italy	Retrospective study	○	⊙	-	⊙
(Manzano et al. 2010)	Switzerland	Review	⊙	⊙	-	-
(Toldo et al. 2012)	Italy	Review	⊙	⊙	-	-
(Wöber-Bingöl 2013)	Switzerland	Review	○	⊙	-	⊙
(Kacperski and Hershey 2016)	USA	Review	⊙	⊙	⊙	⊙
(Merison and Jacobs 2016)	USA	Review	-	⊙	-	⊙
(Whitehouse and Agrawal 2017)	UK	Review	⊙	⊙	-	-
(Barbanti et al. 2019)	Italy	Review	○	⊙	-	⊙
(Barnes 2011)	UK	Systematic review	⊙	⊙	-	-
(Richer et al. 2016)	Canada	Systematic review	-	⊙	-	⊙
(Patniyot and Gelfand 2016)	USA	Systematic review	○	⊙	-	⊙
(Jeric et al. 2018)	Croatia	Systematic review	⊙	⊙	-	-
(Genizi et al. 2022)	Israel	Cohort study	⊙	⊙	-	-
(Szperka et al. 2020)	USA	Guideline recommendation	-	⊙	-	⊙

(Hämäläinen et al. 1997)	Finland	RCT: paracetamol vs ibuprofen	○	◎	-	-
(Gibler et al. 2022)	USA	Review	○	◎	-	◎
(Kim 2022)	South Korea	Review	◎	◎	-	◎

◎ recommended treatment, ○ recommended treatment (weaker evidence), - treatment not mentioned or not recommended