

Supplementary material 3: Publication bias

Title: The effect of heat stress and dehydration on carbohydrate use during endurance exercise: A systematic review and meta-analysis

Journal: Sports Medicine

Running heading: Heat stress and dehydration's impact on carbohydrate use in endurance exercise: A systematic review

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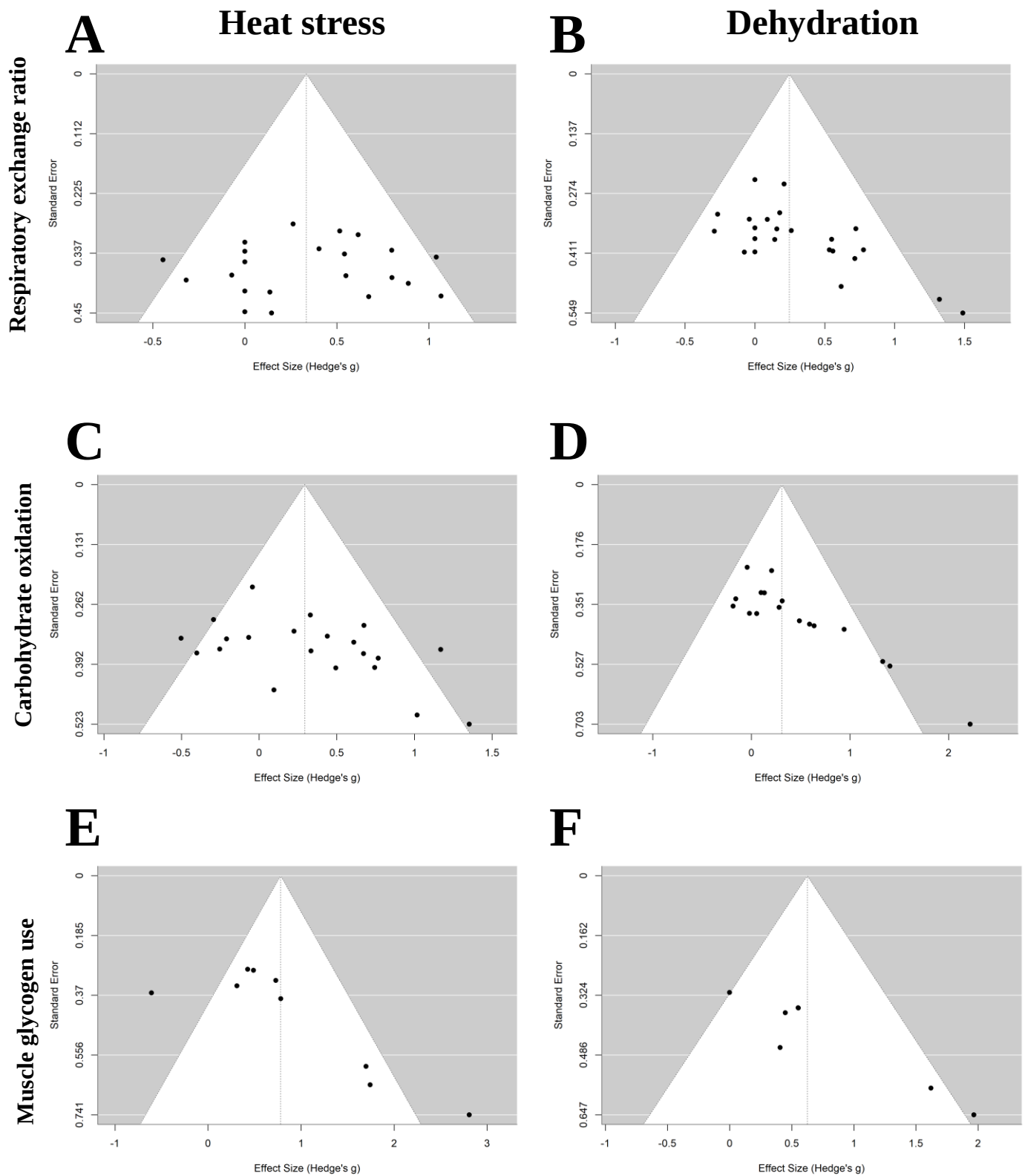


Figure 1. Funnel plots comparing the Hedges' g (x-axis) against its standard error (y-axis) for all studies for studies examining respiratory exchange ratio (A, B), carbohydrate oxidation (C, D), and muscle glycogen use (E, F). The left panel includes studies comparing hot vs. temperate conditions, while the right panel includes studies comparing hydrated vs. dehydrated states.