

Online Resource 1. Interview Guide

Interviewee Number and Codes:

Interviewer:

Introductory Information:

Introductions are made...

Information Sheet

Consent Forms

Before we get started I would like to ask you if you have any issues with the recording of today's interview. The recording of the interview is important so that all relevant information can be documented. After I have completed interviewing I will be transcribing the audio tapes into a written format. Please be advised that following this transcription all audio tapes will be destroyed and transcripts will be coded to preserve anonymity.

Interviewee Background and Demographics:

I would now like you to fill out this short questionnaire which asks you some general information about yourself and your illnesses.

There are some questions about your illness in the questionnaire that we might revisit later in the interview.

[NOTE: The indented questions are follow-up questions and don't need to be asked if participants already talked about this content]

Questions:

Can you tell me about your health?

Cancer Related Questions:

Could you please tell me about your cancer?

Perhaps you could start by telling me when and how you were diagnosed with cancer?

How did you feel when you first found out you had cancer?

Did being diagnosed and given the label of cancer help?

Could you describe/explain your cancer to me?

Do you feel you have a good understanding of cancer?

Does your illness 'make sense' to you?

Can you tell me about the symptoms of your cancer?

Do you have any thoughts about what may have caused your cancer?

What are these?

Do you perceive your cancer to be an acute (short-term), chronic (long-term), or cyclic (comes and goes) condition?

In the past and in the future

What do you perceive to be the consequences of your cancer?

How does cancer impact your life (every-day life)?

How has cancer changed your life?

Does it affect your career/relationships?

What can be done to help your cancer (if anything)?

How much control do you feel you have over your cancer?

How much control do you feel others have over your cancer?

How much worry or stress does your cancer cause you?

What do you do to treat your cancer? What treatment have you received in the past and what treatment are you currently receiving?

How much control do you feel your treatment has over your cancer?

How much control do you feel you have over your treatment?

How easy or difficult do you find it to adhere to your treatment regime and/or medication requirements?

What do you do to cope with your cancer?

What coping strategies do you use? (Practical? Social Support?)

Is there anything else you would like to tell me about your cancer?

Anxiety Related Questions:

Are you currently or have you ever been diagnosed or treated for anxiety?

When and how were you diagnosed with or treated for anxiety?

How did you feel when you first found out you had anxiety?

Did being diagnosed and given the label of anxiety help?

Could you describe/explain your anxiety to me?

Do you feel you have a good understanding of anxiety?

Does your illness 'make sense' to you?

Can you tell me about the symptoms of your anxiety?

Do you have any thoughts about what may have caused your anxiety?

What are these?

Do you perceive your anxiety to be an acute (short-term), chronic (long-term), or cyclic (comes and goes) condition?

In the past and in the future

What do you perceive to be the consequences of your anxiety?

How does anxiety impact your life (every-day life)?

How has anxiety changed your life?

Does it affect your career/relationships?

What can be done to help your anxiety (if anything)?

How much control do you feel you have over your anxiety?

How much control do you feel others have over your anxiety?

How much worry or stress does your anxiety cause you?

What do you do to treat your anxiety? What treatment have you received in the past and what treatment are you currently receiving?

How much control do you feel your treatment has over your anxiety?

How much control do you feel you have over your treatment?

How easy or difficult do you find it to adhere to your treatment regime and/or medication requirements?

What do you do to cope with your anxiety?

What coping strategies do you use? (Practical? Social Support?)

Is there anything else you would like to tell me about your anxiety?

Depression Related Questions:

Are you currently or have you ever been diagnosed or treated for depression?

When and how were you diagnosed with or treated for depression?

How did you feel when you first found out you had depression?

Did being diagnosed and given the label of depression help?

Could you describe/explain your depression to me?

Do you feel you have a good understanding of depression?

Does your illness 'make sense' to you?

Can you tell me about the symptoms of your depression?

Do you have any thoughts about what may have caused your depression?

What are these?

Do you perceive your depression to be an acute (short-term), chronic (long-term), or cyclic (comes and goes) condition?

In the past and in the future

What do you perceive to be the consequences of your depression?

How does depression impact your life (every-day life)?

How has depression changed your life?

Does it affect your career/relationships?

What can be done to help your depression (if anything)?

How much control do you feel you have over your depression?

How much control do you feel others have over your depression?

How much worry or stress does your depression cause you?

What do you do to treat your depression? What treatment have you received in the past and what treatment are you currently receiving?

How much control do you feel your treatment has over your depression?

How much control do you feel you have over your treatment?

How easy or difficult do you find it to adhere to your treatment regime and/or medication requirements?

What do you do to cope with your depression?

What coping strategies do you use? (Practical? Social Support?)

Is there anything else you would like to tell me about your depression?

Other Chronic Illness Related Questions:

Please tell me about any other health conditions you have

When was the condition diagnosed?

Are you receiving treatment for that condition?

What kind of treatment are you receiving?

What do you do to cope with these other illnesses?

What coping strategies do you use? (Practical? Social Support?)

Multimorbidity and Other Questions:

How have your thoughts about your health changed over time?

What is it like for you to have both cancer and anxiety?

Do you think one affects (or even caused) the other?

Does having both make things better or worse?

How does having both conditions affect your medication or treatment adherence?

Is one more challenging than another?

Would you prioritise one condition over another?

What is it like for you to have both cancer and depression?

Do you think one affects (or even caused) the other?

Does having both make things better or worse?

Is one more challenging than another?

Would you prioritise one condition over another?

What is it like for you to have cancer, anxiety and depression?

Do you think one affects (or even caused) the other?

Does having all three make things better or worse?

Is one more challenging than another?

Would you prioritise one condition over another?

What is it like for you to have a number of different health conditions?

Do they affect (or even cause) each other?

Does having multiple health conditions make things better or worse?

Is one more challenging than another?

Would you prioritise one condition over another?

Is there anything else you would like to tell me about?