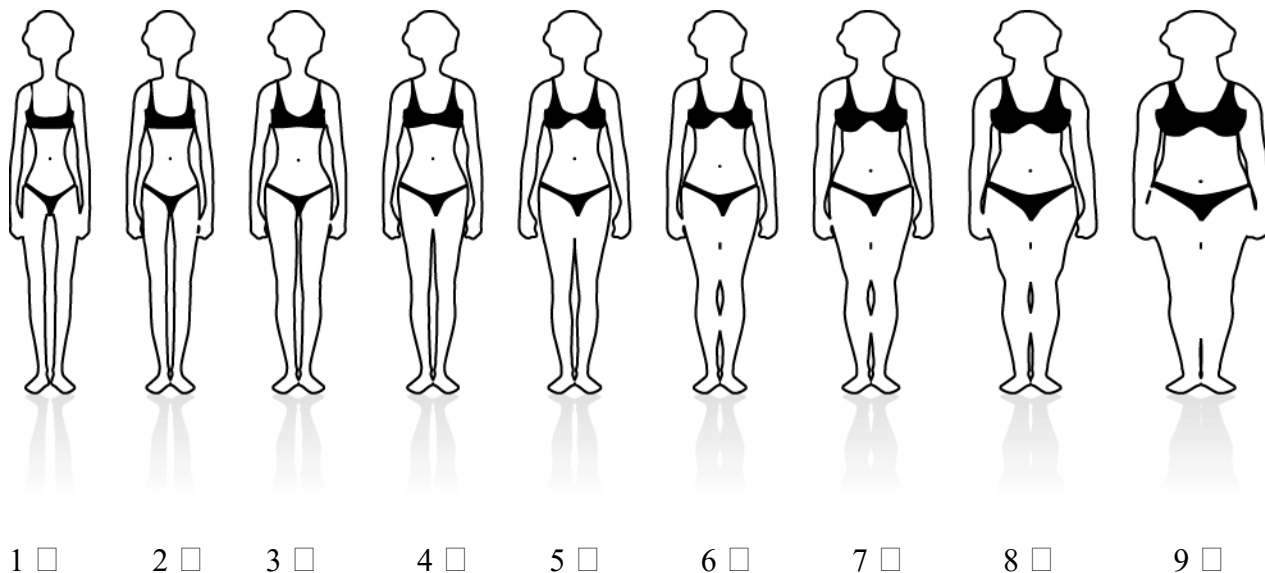


Silhouette Rating Scale (SRS, Lombardo, Cerolini, Esposito & Lucidi)

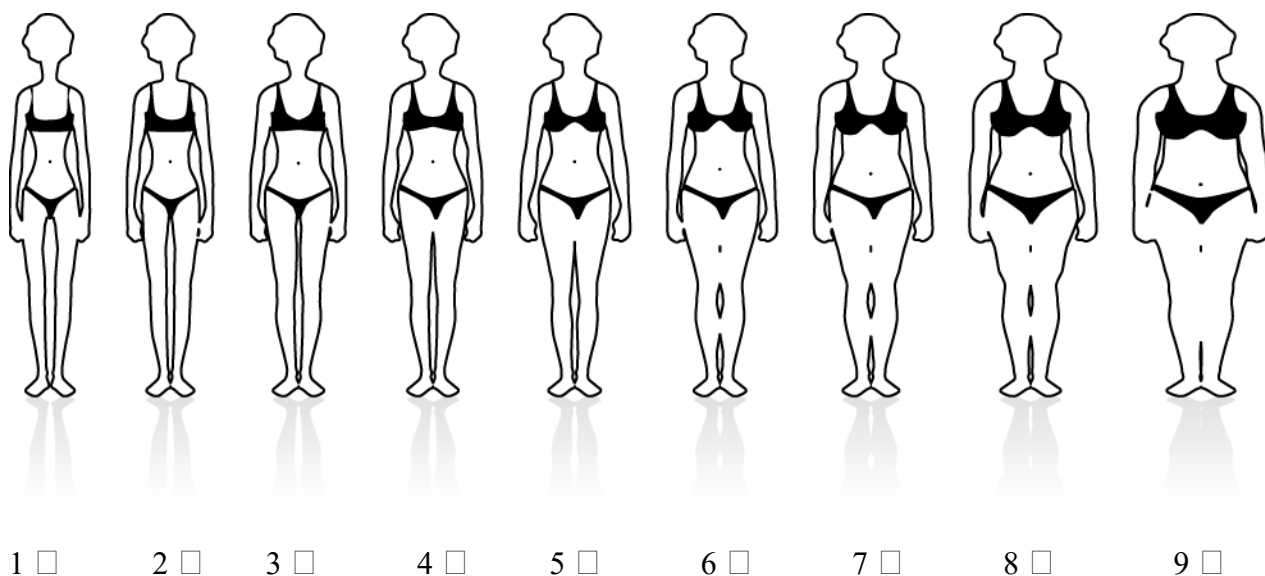
ITA: 1) Osserva le figure che seguono e indica con una crocetta quale figura rappresenta **COME SEI**

ENG: 1) Please, observe the nine figures and select the one that you perceive as most accurately depicting your **current body size**



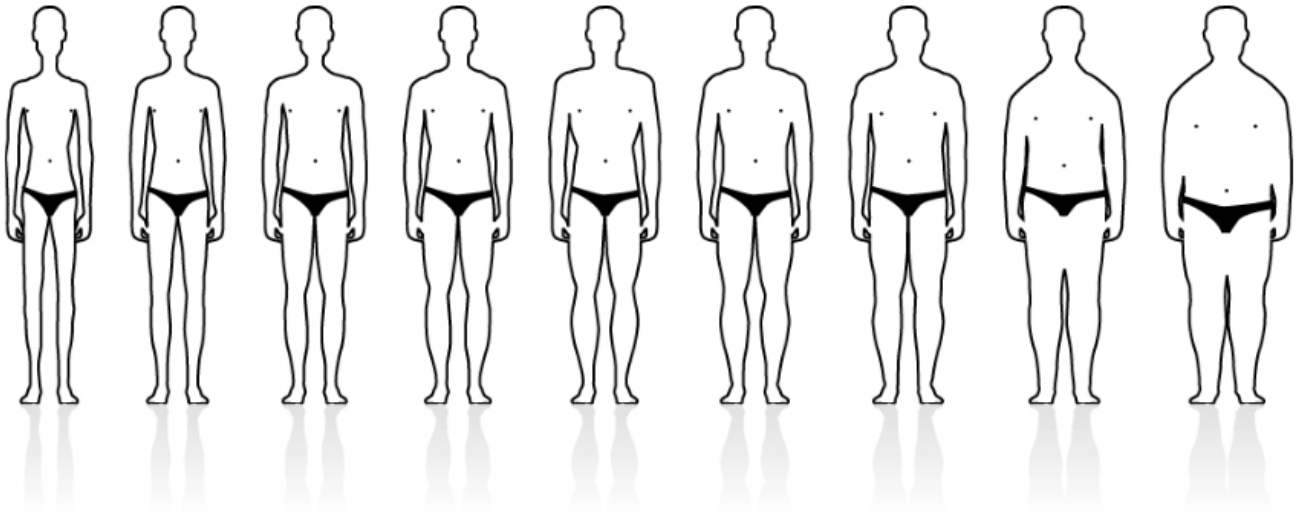
ITA: 2) Osserva le figure che seguono e indica con una crocetta quale figura rappresenta **COME VORRESTI ESSERE**

ENG: 2) Please, observe the nine figures and select the one that that you perceive as most accurately depicting how **you would like to be**



ITA: 1) Osserva le figure che seguono e indica con una crocetta quale figura rappresenta **COME SEI**

ENG: 1) Please, observe the nine figures and select the one that you perceive as most accurately depicting your **current body size**



1 ☐

2 ☐

3 ☐

4 ☐

5 ☐

6 ☐

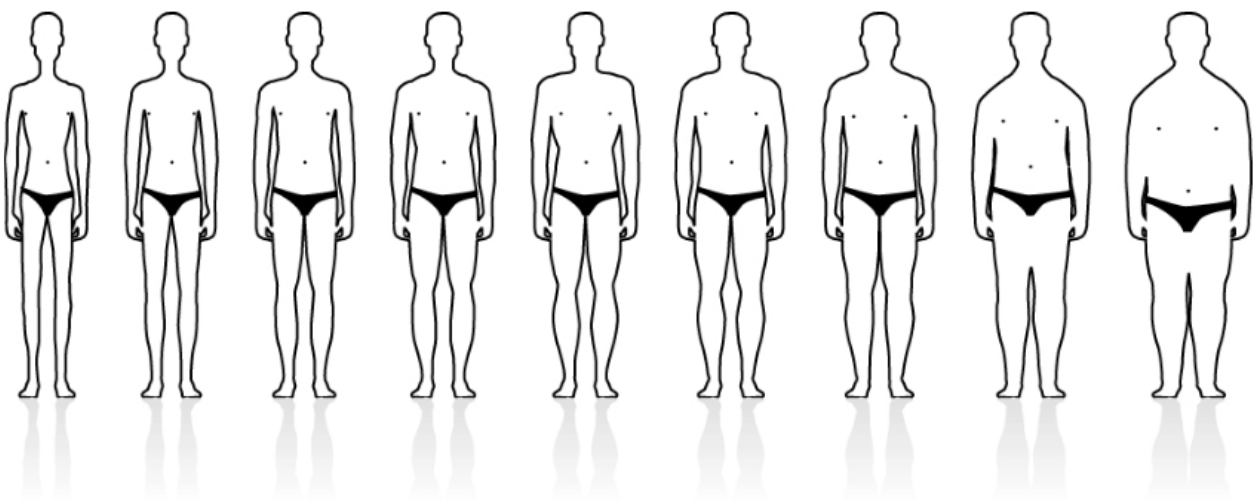
7 ☐

8 ☐

9 ☐

ITA: 2) Osserva le figure che seguono e indica con una crocetta quale figura rappresenta **COME VORRESTI ESSERE**

ENG: 2) Please, observe the nine figures and select the one that that you perceive as most accurately depicting how **you would like to be**



1 ☐

2 ☐

3 ☐

4 ☐

5 ☐

6 ☐

7 ☐

8 ☐

9 ☐