

Appendix Scale

Consumers' Preferences to Pack Leftovers
The aim of this research is to examine the willingness of consumers who eat out to have their leftovers packed and their feelings towards preferring to have their leftovers packed. The research consists of 13 questions and takes approximately 5-7 minutes. Participation in the research is voluntary. No information contrary to the legislation on the use of personal data will be requested in the questions, the answers given will be kept completely confidential, and the data obtained will only be used for scientific research. Thank you for your participation in the research. I agree to participate in the research, enter the code that will be given at the end of the research on the relevant screen and then terminate the research.
An Investigation of Emotions Affecting Consumers' Preferences to Pack Leftover Meals Please read the following sentences carefully. And mark the appropriate score for each sentence. Scoring is between 1 and 5. The meaning of the scores is as follows; 1: Never, 2: Sometimes, 3: I am uncertain, 4: Most of the time, 5: Always
When I eat at home, I save the food that has not yet been put on the plate/remains in the pot to be reused/consumed.
When I eat at home, I save the food left on my plate to reuse/consume.
When I eat out (such as at a restaurant, cafe or mall food court), I take the leftovers (the main course ordered) home as a takeaway.
When I go out to eat, I take away home the remaining side dishes (other than the main course) that I cannot eat, such as greens, salads, bread, appetizers, etc.
When I eat out (such as at a restaurant, cafe or mall food court), I take the bottled water left on the table (even if some of it has been consumed) home.
When I eat out (such as at a restaurant, cafe or mall food court), I leave the place taking with me products such as wet wipes, sugar, sauces (ketchup, mayonnaise) in single packages left on the table.
When I order food at home, I save the leftover food for eating later.
When I order food at home, I save any extra food (such as greens, salads, bread, appetizers) left over from the order to eat later.
Please read the following sentences carefully. When you eat out (such as at a restaurant, cafe or mall food court), which of the following feelings does it make you feel to take home the leftovers (the main course ordered)? Meanings of the points you will give to the emotions; 1: Never, 2: Sometimes, 3: I am uncertain, 4: Most of the time, 5: Always
When you eat out (such as at a restaurant, cafe or mall food court), you can take the leftovers (the main course ordered) home with you to take home as a takeaway....
It makes me feel "ashamed" for trying to prevent food waste.
When you eat out (such as at a restaurant, cafe or mall food court), you can take the leftovers (the main course ordered) home with you to take home as a takeaway....
It makes you feel that the restaurant staff think I am "stingy".
When you eat out (such as at a restaurant, cafe or mall food court), you can take the leftovers (the main course ordered) home with you to take home as a takeaway....
It makes me feel "strange/awkward" to the customers who see me doing this in the restaurant.
When you eat out (such as at a restaurant, cafe or mall food court), you can take the leftovers (the main course ordered) home with you to take home as a takeaway....
It makes me feel that my friends/family with whom I eat at the same table think "negatively" about me because of this behavior.
This is the last question of the research before demographic questions. The meaning of the scores from 1 to 5; 1=disagree, 2=slightly disagree, 3=neutral, 4=slightly agree 5=agree
When you eat out (such as at a restaurant, cafe or mall food court), you can take the leftovers (the main course ordered) home with you to take home as a takeaway....
This is normal behavior. I think that packing leftovers should be generalized/normalized.
Demographic information
Please complete the survey by answering the following 4 more questions so that we can better interpret the survey results. After receiving the code that will be given to you, please make sure that you press the "submit" button on this screen and close the screen. Thank you again for your contribution.
Gender
Age
Education (If you are not a student, please indicate your last graduated degree. If you are a student, please indicate the current degree you are pursuing.)
Do you work in any income-generating job?