

Supplementary material alternative control specification results

Alternative control specification S1:

Control variables: wealth-index quintiles, the month of interview, rural/urban, caste, religion, and state dummy variables

Table S1.1: Effect of COVID pandemic on the probability of eating select food items occasionally or less among 15-49 year women, All India Total and by APL/BPL status									
	Total			APL			BPL		
	Coeff.	[95% Conf. Interval]		Coeff.	[95% Conf. Interval]		Coeff.	[95% Conf. Interval]	
Milk & curd	0.001	-0.008	0.01	0.001	-0.009	0.012	-0.003	-0.014	0.009
Pulses & beans	-0.026***	-0.032	-0.02	-0.023***	-0.029	-0.016	-0.03***	-0.037	-0.023
Dark green leafy vegetables	-0.013***	-0.02	-0.006	-0.011**	-0.019	-0.003	-0.015***	-0.024	-0.006
Fruits	-0.005	-0.016	0.005	-0.002	-0.013	0.01	-0.018**	-0.031	-0.005
Eggs	0.024***	0.014	0.033	0.013*	0.002	0.024	0.04***	0.028	0.052
Fish	0.032***	0.023	0.041	0.024***	0.014	0.034	0.045***	0.034	0.056
Chicken & meat	0.038***	0.028	0.048	0.032***	0.02	0.043	0.047***	0.035	0.059

+ p<0.1, * p<0.05; ** p<0.01; *** p<0.001. Socio-economic-demographic controls not shown.

Source: Estimated by author using data from National Family Health Surveys 4 and 5

*Note: the respondents were asked to grade how frequently they eat a food item as daily, weekly, occasionally, or never. Eating a food item occasionally or less is defined as those who responded "occasionally" or "never".

Table S1.2: Effect of COVID pandemic on the probability of eating select food items occasionally or less among 15-49 year women, All India Urban and by APL/BPL status									
	Urban-Total			Urban-APL			Urban-BPL		
	Coeff.	[95% Conf. Interval]		Coeff.	[95% Conf. Interval]		Coeff.	[95% Conf. Interval]	
Milk & curd	0.022*	0.005	0.039	0.018+	-0.001	0.037	0.024+	-0.001	0.049
Pulses & beans	-0.027***	-0.037	-0.016	-0.026***	-0.037	-0.014	-0.031***	-0.047	-0.014
Dark green leafy vegetables	-0.002	-0.015	0.011	-0.007	-0.021	0.007	0.011	-0.006	0.029
Fruits	0.002	-0.016	0.02	-0.002	-0.022	0.018	-0.006	-0.034	0.022
Eggs	0.031***	0.015	0.048	0.012	-0.006	0.029	0.082***	0.057	0.108
Fish	0.024**	0.009	0.04	0.017*	0	0.034	0.048***	0.024	0.071
Chicken & meat	0.044***	0.028	0.061	0.028**	0.01	0.047	0.083***	0.058	0.109

+ p<0.1, * p<0.05; ** p<0.01; *** p<0.001. Socio-economic-demographic controls not shown.

Source: Estimated by author using data from National Family Health Surveys 4 and 5

*Note: the respondents were asked to grade how frequently they eat a food item as daily, weekly, occasionally, or never. Eating a food item occasionally or less is defined as those who responded "occasionally" or "never".

Table S1.3: Effect of COVID pandemic on the probability of eating select food items occasionally or less among 15-49 year women, All India Rural and by APL/BPL status									
	Rural-Total			Rural-APL			Rural-BPL		
	Coeff.	[95% Conf. Interval]		Coeff.	[95% Conf. Interval]		Coeff.	[95% Conf. Interval]	
Milk & curd	-0.006	-0.016	0.003	-0.007	-0.018	0.005	-0.009	-0.021	0.004
Pulses & beans	-0.025***	-0.032	-0.019	-0.02***	-0.028	-0.013	-0.03***	-0.038	-0.022
Dark green leafy vegetables	-0.017***	-0.025	-0.009	-0.012**	-0.021	-0.003	-0.02***	-0.03	-0.011
Fruits	-0.01+	-0.021	0.002	-0.003	-0.016	0.01	-0.02**	-0.034	-0.006
Eggs	0.021***	0.01	0.031	0.014*	0.002	0.026	0.029***	0.016	0.042
Fish	0.037***	0.027	0.046	0.03***	0.018	0.041	0.045***	0.034	0.057
Chicken & meat	0.036***	0.025	0.046	0.035***	0.022	0.047	0.038***	0.025	0.051

+ p<0.1, * p<0.05; ** p<0.01; *** p<0.001. Socio-economic-demographic controls not shown.

Source: Estimated by author using data from National Family Health Surveys 4 and 5

*Note: the respondents were asked to grade how frequently they eat a food item as daily, weekly, occasionally, or never. Eating a food item occasionally or less is defined as those who responded "occasionally" or "never".

Table S1.4: Effect of COVID pandemic on diet diversity based on consumption frequency of select food items among 15-49 year women: All India Urban and Rural by BPL status				
		Coeff.	[95% Conf. Interval]	
Total	Total	-0.012***	-0.019	-0.005
	APL	-0.014***	-0.022	-0.006
	BPL	-0.013**	-0.022	-0.005
Urban	Total	-0.014*	-0.026	-0.001
	APL	-0.011	-0.025	0.003
	BPL	-0.026**	-0.046	-0.007
Rural	Total	-0.011**	-0.019	-0.004
	APL	-0.016***	-0.025	-0.006
	BPL	-0.01*	-0.02	-0.001

+ p<0.1, * p<0.05; ** p<0.01; *** p<0.001. Socio-economic-demographic controls not shown.

Source: Estimated by author using data from National Family Health Surveys 4 and 5.

Alternative control specification S2:

Control variables: wealth-index quintiles, the month of interview, rural/urban, caste, religion, sex of household head, state dummy variables, five-year age groups, level of education, relationship to household head, frequencies of reading newspaper/magazine, listening to radio, watching TV, number of children born, and current pregnancy.

	Total			APL			BPL		
	Coeff.	[95% Conf. Interval]		Coeff.	[95% Conf. Interval]		Coeff.	[95% Conf. Interval]	
Milk & curd	-0.002	-0.011	0.007	-0.002	-0.013	0.008	-0.005	-0.016	0.006
Pulses & beans	-0.022***	-0.028	-0.016	-0.019***	-0.026	-0.012	-0.025***	-0.033	-0.018
Dark green leafy vegetables	-0.012**	-0.019	-0.004	-0.01*	-0.018	-0.002	-0.012**	-0.021	-0.003
Fruits	-0.013*	-0.023	-0.003	-0.011+	-0.022	0	-0.021***	-0.033	-0.008
Eggs	0.022***	0.013	0.032	0.011*	0	0.021	0.04***	0.028	0.052
Fish	0.031***	0.022	0.039	0.022***	0.012	0.032	0.045***	0.034	0.056
Chicken & meat	0.037***	0.028	0.047	0.031***	0.02	0.042	0.048***	0.036	0.06

+ p<0.1, * p<0.05; ** p<0.01; *** p<0.001. Socio-economic-demographic controls not shown.

Source: Estimated by author using data from National Family Health Surveys 4 and 5

*Note: the respondents were asked to grade how frequently they eat a food item as daily, weekly, occasionally, or never.

Eating a food item occasionally or less is defined as those who responded "occasionally" or "never".

	Urban-Total			Urban-APL			Urban-BPL		
	Coeff.	[95% Conf. Interval]		Coeff.	[95% Conf. Interval]		Coeff.	[95% Conf. Interval]	
Milk & curd	0.016+	-0.001	0.033	0.012	-0.007	0.031	0.019	-0.005	0.043
Pulses & beans	-0.024***	-0.035	-0.013	-0.023***	-0.035	-0.011	-0.026**	-0.043	-0.009
Dark green leafy vegetables	-0.003	-0.016	0.01	-0.008	-0.022	0.006	0.013	-0.005	0.031
Fruits	-0.009	-0.026	0.008	-0.013	-0.032	0.006	-0.014	-0.04	0.013
Eggs	0.028***	0.012	0.044	0.009	-0.009	0.026	0.08***	0.055	0.105
Fish	0.022**	0.006	0.037	0.015+	-0.002	0.031	0.046***	0.023	0.069
Chicken & meat	0.043***	0.027	0.06	0.027**	0.009	0.045	0.082***	0.057	0.107

+ p<0.1, * p<0.05; ** p<0.01; *** p<0.001. Socio-economic-demographic controls not shown.

Source: Estimated by author using data from National Family Health Surveys 4 and 5

*Note: the respondents were asked to grade how frequently they eat a food item as daily, weekly, occasionally, or never.

Eating a food item occasionally or less is defined as those who responded "occasionally" or "never".

Table S2.3: Effect of COVID pandemic on the probability of eating select food items occasionally or less among 15-49 year women, All India Rural and by APL/BPL status									
	Rural-Total			Rural-APL			Rural-BPL		
	Coeff.	[95% Conf. Interval]		Coeff.	[95% Conf. Interval]		Coeff.	[95% Conf. Interval]	
Milk & curd	-0.009+	-0.019	0.001	-0.009+	-0.021	0.002	-0.011+	-0.023	0.001
Pulses & beans	-0.022***	-0.028	-0.016	-0.018***	-0.025	-0.01	-0.026***	-0.033	-0.018
Dark green leafy vegetables	-0.015***	-0.023	-0.007	-0.011*	-0.02	-0.002	-0.018***	-0.027	-0.008
Fruits	-0.016**	-0.027	-0.004	-0.011+	-0.024	0.001	-0.022***	-0.036	-0.009
Eggs	0.02***	0.009	0.03	0.012*	0	0.024	0.029***	0.017	0.042
Fish	0.035***	0.026	0.045	0.027***	0.016	0.038	0.045***	0.034	0.057
Chicken & meat	0.035***	0.024	0.046	0.034***	0.021	0.046	0.039***	0.026	0.052

+ p<0.1, * p<0.05; ** p<0.01; *** p<0.001. Socio-economic-demographic controls not shown.

Source: Estimated by author using data from National Family Health Surveys 4 and 5

*Note: the respondents were asked to grade how frequently they eat a food item as daily, weekly, occasionally, or never. Eating a food item occasionally or less is defined as those who responded "occasionally" or "never".

Table S2.4: Effect of COVID pandemic on diet diversity based on consumption frequency of select food items among 15-49 year women: All India Urban and Rural by BPL status				
		Coeff.	[95% Conf. Interval]	
Total	Total	-0.013***	-0.02	-0.006
	APL	-0.014***	-0.022	-0.006
	BPL	-0.014***	-0.023	-0.006
Urban	Total	-0.014*	-0.026	-0.001
	APL	-0.011	-0.025	0.003
	BPL	-0.027**	-0.046	-0.007
Rural	Total	-0.012**	-0.02	-0.004
	APL	-0.016***	-0.025	-0.007
	BPL	-0.011*	-0.021	-0.001

+ p<0.1, * p<0.05; ** p<0.01; *** p<0.001. Socio-economic-demographic controls not shown.

Source: Estimated by author using data from National Family Health Surveys 4 and 5.