

Assessment of First Aid & Cardio-Pulmonary Resuscitation: Health Emergency among Students of Banaras Hindu University, Varanasi.

Participation is voluntary. Your responses will remain confidential and used only for research purposes.
Please tick (✓) the most appropriate response. Estimated time: 8-10 minutes only.

Section A: Demographic Information

- ☐ Name of respondents: _____ (opt.) Age (in years): ____
- ☐ Sex: ☐ Male ☐ Female ☐ Other Course: ☐ Undergraduate ☐ Postgraduate

Section B: Training & Experience

1. Have you received formal First Aid/CPR training? ☐ Yes ☐ No
2. Have you ever witnessed a situation requiring First Aid/CPR? ☐ Yes ☐ No
3. Have you ever received training in First Aid or CPR? ☐ Yes ☐ No
4. Have you ever performed CPR/First Aid? ☐ Yes ☐ No
5. Main reason for hesitation (tick one): ☐ No hesitation ☐ Fear of infection
☐ Lack of training ☐ Safety concerns

Section C: Rate your confidence level in performing the following skills

Skills	Highly Confident (3)	Confident (2)	Less Confident (1)	Not Confident (0)
Checking responsiveness	☐	☐	☐	☐
Checking breathing	☐	☐	☐	☐
Chest compressions	☐	☐	☐	☐
Using AED	☐	☐	☐	☐
Basic wound care	☐	☐	☐	☐

Section D: Knowledge about Indication for FA/CPR

Situation	Yes	No
Unconscious person with no palpable pulses and no respiration	☐	☐
Victim of trauma who is unconscious and not breathing	☐	☐
Unresponsive person with normal pulse and respiration	☐	☐
Victim of drowning	☐	☐
Burns victim	☐	☐
Choking	☐	☐

Section E: Support / Response Actions of FA/CPR

Action	Yes	No
Don't Leave the person unnoticed	☐	☐
Check the victim for a response	☐	☐
Make sure the victim, any bystanders, and you are safe	☐	☐
Shout for help	☐	☐
Call for an ambulance	☐	☐
Do anything till the help arrives	☐	☐
Keep the airway open, look, listen, and feel for normal breathing	☐	☐
Give chest compression with rescue breaths	☐	☐

Section F: Symptom Recognition of FA/CPR

Sign	Yes	No	Don't Know
Chest rise and fall during rescue breathing	☐	☐	☐
Return of pulse	☐	☐	☐
Gasping	☐	☐	☐
Abdominal distention	☐	☐	☐

Section G: Perception towards FA/CPR

Toward	Yes	No	May be
First Aid/CPR is important for everyone	☐	☐	☐
Recent health emergencies increased importance	☐	☐	☐
CPR training should be mandatory in universities	☐	☐	☐

Thanks for your valuable time and information.