

Appendix B. Children/adolescent questionnaire (YP-CQ)

Items considered in the factorial analysis are underlined.

YOUR EMOTIONS/CONCERNS AND BEHAVIORS (SINCE THE START OF THE COVID-19 HEALTH EMERGENCY)

COVID-19 has brought many changes to young people's daily lives. Since the beginning of the COVID-19 health emergency:

1. ... have you noticed any change in your sense of smell?
2. ... how worried were you, in general?
3. ... how happy rather than sad were you?
4. ... how much were you able to enjoy your usual activities?
5. ... how calm rather than anxious were you?
6. ... how well have you been sleeping?
7. ... how restless or fidgety were you?
8. ... how tired or fatigued did you feel?
9. ... how well were you able to concentrate or stay focused?
10. ... how easily did you get angry or become irritable?
11. ... in what ways were you physically aggressive toward others?
12. ... in what ways were others physically aggressive toward you?
13. ... how "lonely" did you feel?
14. ... how worried were you about having the infection?
15. ... how worried were you that your friends or family members might have the infection?
16. ... have you been experiencing any other significant mental health problems or symptoms, including those for which you are receiving care in our service? These might include autism, obsessive-compulsive disorder, self-harm, or others not listed above.

If the answer is yes, please describe the two most significant problems

17. Problem 1: How has this symptom changed since the start of the COVID-19 health emergency compared to January 2020?
18. Problem 2: How has this symptom changed since the start of the COVID-19 health emergency compared to January 2020?
19. Overall, how would you compare your emotions (such as worry, sadness/happiness) to how they were before the COVID-19 pandemic?
20. Overall, how would you compare your behavior (such as restlessness, concentration, aggression) to how it was before the COVID-19 pandemic?

IMPACT OF EMOTIONS AND BEHAVIORS

Please think about all the emotions and behaviors described above and how they have affected you or your relationships. Since the start of the COVID-19 health emergency:

- 21. ... have these emotions and behaviors affected your relationship with your parents, for better or worse?
- 22. ... have these emotions and behaviors affected your relationship with your siblings, for better or worse?
- 23. ... have these emotions and behaviors affected your relationship with your friends, for better or worse?

MENTAL HEALTH CARE EXPERIENCE

Since the beginning of the COVID-19 pandemic, clinics and hospitals have had to make many changes in how they provide services. Thinking about your mental health care:

- 24. ... how has the **quality** of the mental health care you received changed during this period?
- 25. ... how has the **amount** of mental health care you received changed during this period?
- 26. ... how well does the mental health care you are currently receiving meet your needs?

EDUCATION AND DAILY LIFE

COVID-19 has significantly changed the experience of school and education for young people. Since the beginning of the COVID-19 health emergency:

- 27. ... how much did you enjoy your school activities?
- 28. ... how engaged were you with your remote learning activities?
- 29. ... how easy was it for you to follow the "social distancing" restrictions implemented in your country?
- 30. ... how often did you leave the house for activities such as exercising, shopping, attending a medical appointment, working, or going to school when necessary?