

1 **Supplementary Information**

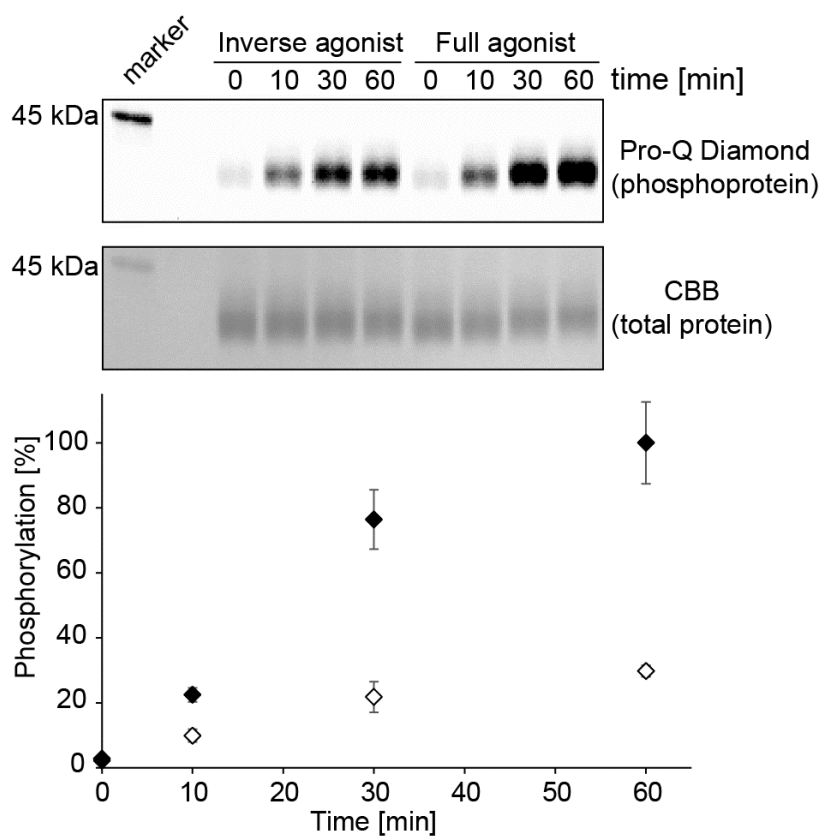
2

3 **Biphasic activation of β -arrestin 1 upon interaction with a GPCR revealed by methyl-**

4 **TROSY NMR**

5

6 Shiraishi *et al.*

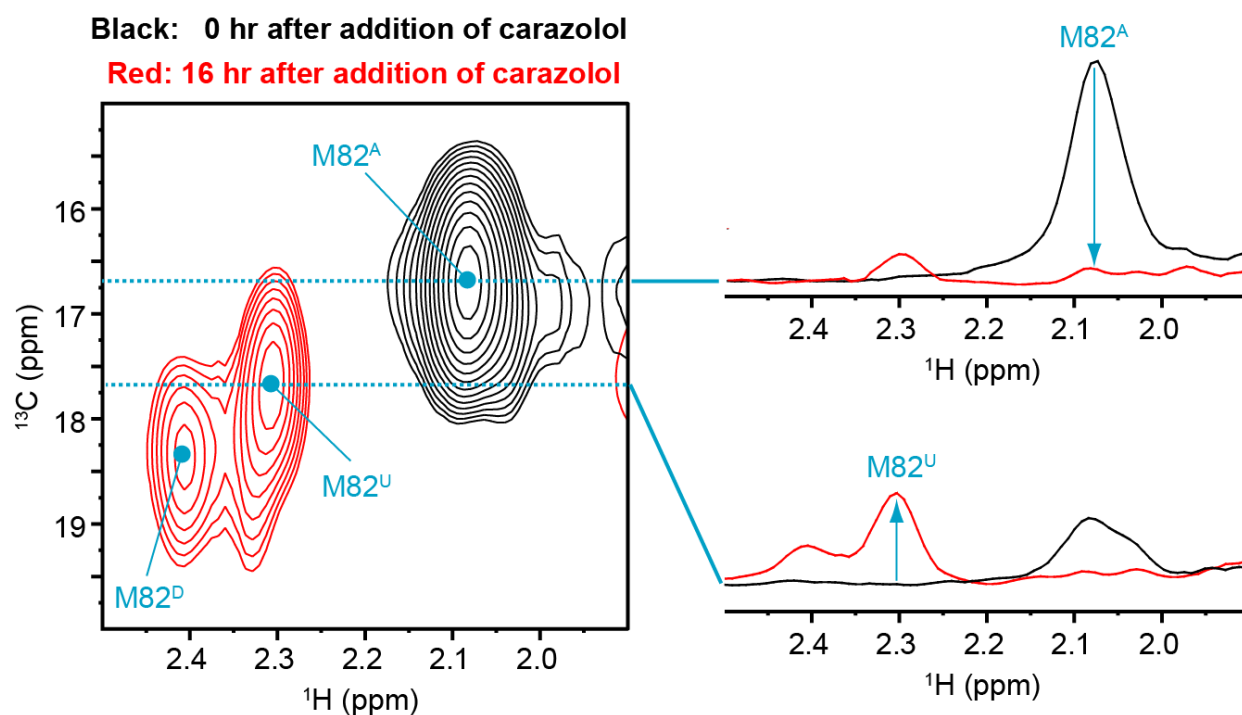


9 **Supplementary Figure 1 | GRK2-mediated phosphorylation of prepared β_2V_2R in rHDLs.**

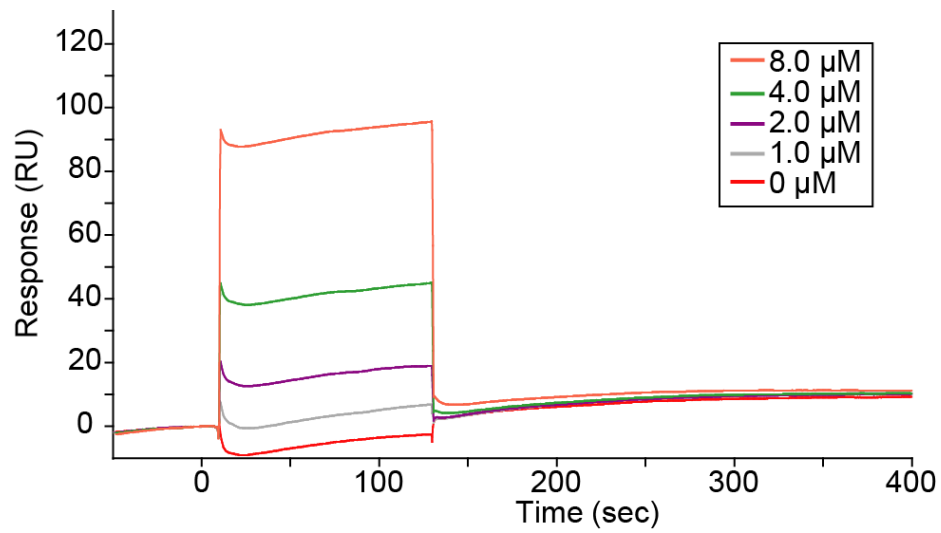
10 Reaction mixtures at the indicated time points were analyzed by SDS-PAGE with Pro-Q

11 Diamond and Coomassie Brilliant Blue staining. Data represent mean values $\pm$ standard

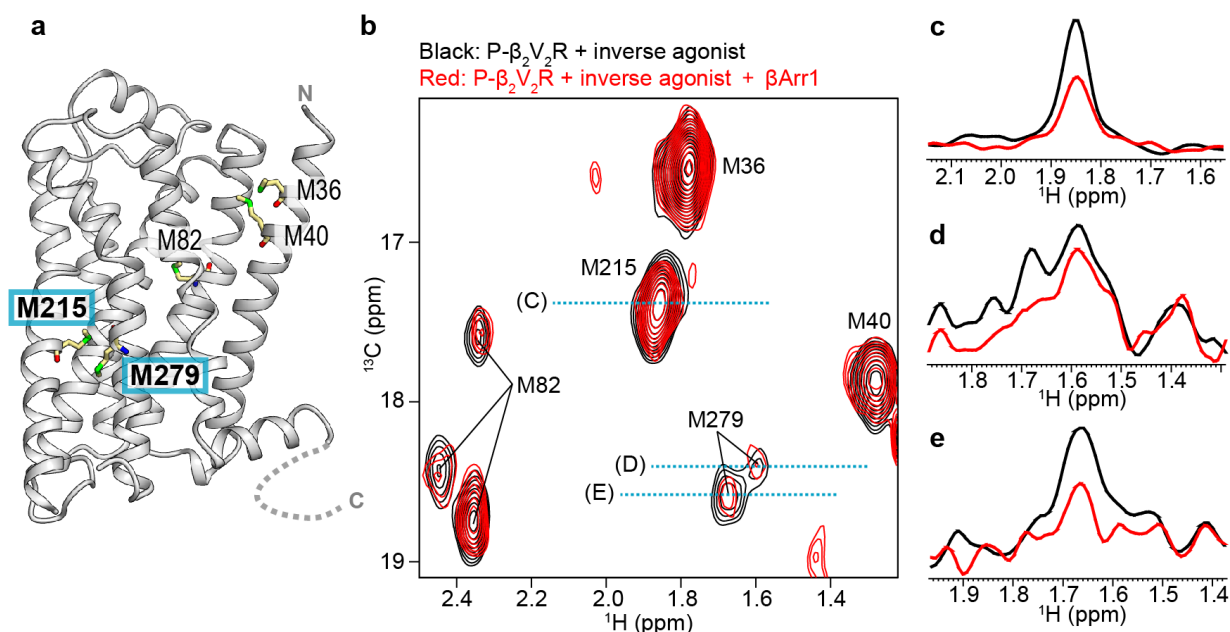
12 deviation of three independent experiments.



14 **Supplementary Figure 2 | Confirmation of ligand exchange as monitored by the resonances**
 15 **from the M82 methyl group of phosphorylated β_2V_2R in rHDLs.** Overlay of 1H - ^{13}C HMQC
 16 spectra of [2H -9AA, $\alpha\beta\gamma$ - 2H , ϵ - ^{13}C -Met] phosphorylated β_2V_2R bound to formoterol immediately
 17 (black) and 16 h (red) after carazolol addition. The acquisition time was 3 h for each spectrum.
 18 Previous studies reported that the M82 methyl group resonances exhibited distinctly different
 19 chemical shifts between the formoterol-bound ($M82^A$) and carazolol-bound ($M82^U$ and $M82^D$)
 20 states [1, 2]. Cross sections of the resonances corresponding to $M82^A$ and $M82^U$ are shown on
 21 the right.



23 **Supplementary Figure 3 | Effects of non-specific binding of β arr1 to the sensor chip**
 24 **surface.** Overlay plots of sensorgrams obtained upon injections of 0, 1.0, 2.0, 4.0, and 8.0 μ M
 25 β arr1 into flow cells without immobilized molecules.



Supplementary Figure 4 | Effect of β arr1 binding on the conformation of the

transmembrane region of phosphorylated β_2V_2R bound to an inverse agonist. (a)

Distribution of the NMR probes on the structure of the β_2AR TM region. The crystal structure

of β_2AR bound to an inverse agonist, carazolol, (PDB ID: 2RH1) [3], is shown as a ribbon

model, and the methionine residues observed in the experiments are depicted by sticks. M215

and M279, with resonances that reportedly exhibit significant chemical shift changes upon β arr1

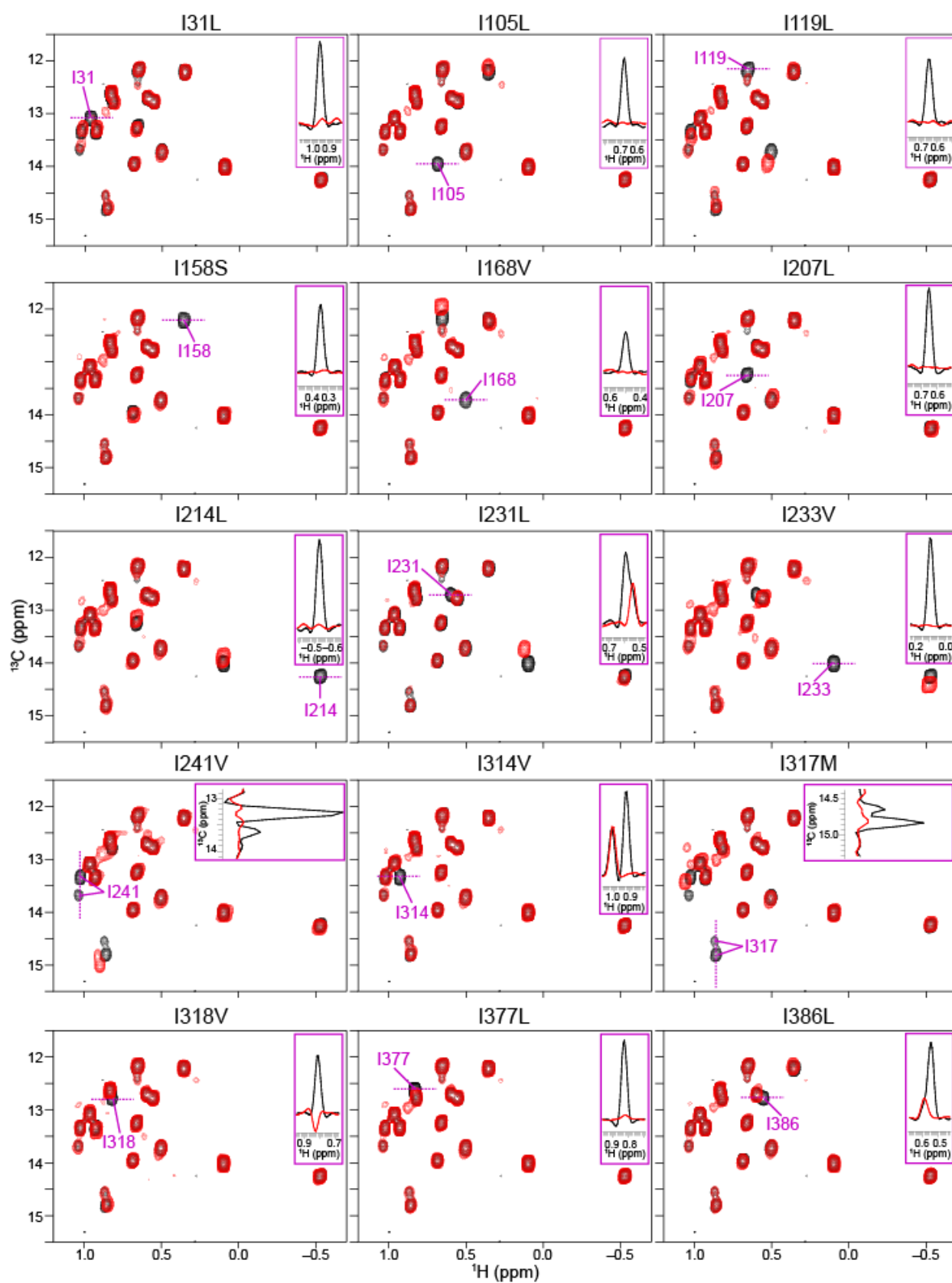
binding in the full agonist-bound state, are highlighted [4]. (b) Overlay of 1H - ^{13}C HMQC

spectra of [2H -9AA, $\alpha\beta\gamma$ - 2H , ϵ - ^{13}C -Met] phosphorylated β_2V_2R bound to the inverse agonist

(black) and in the complex with β arr1 (red). (c-e) 1H -1D cross-sections of resonances from

M215 and M279. The intensity reductions are probably due to the increased apparent

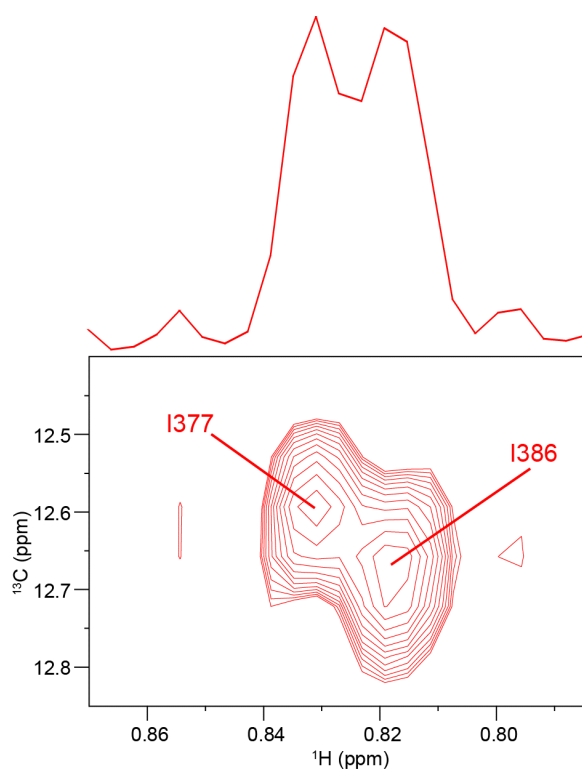
molecular weight upon β arr1 binding.



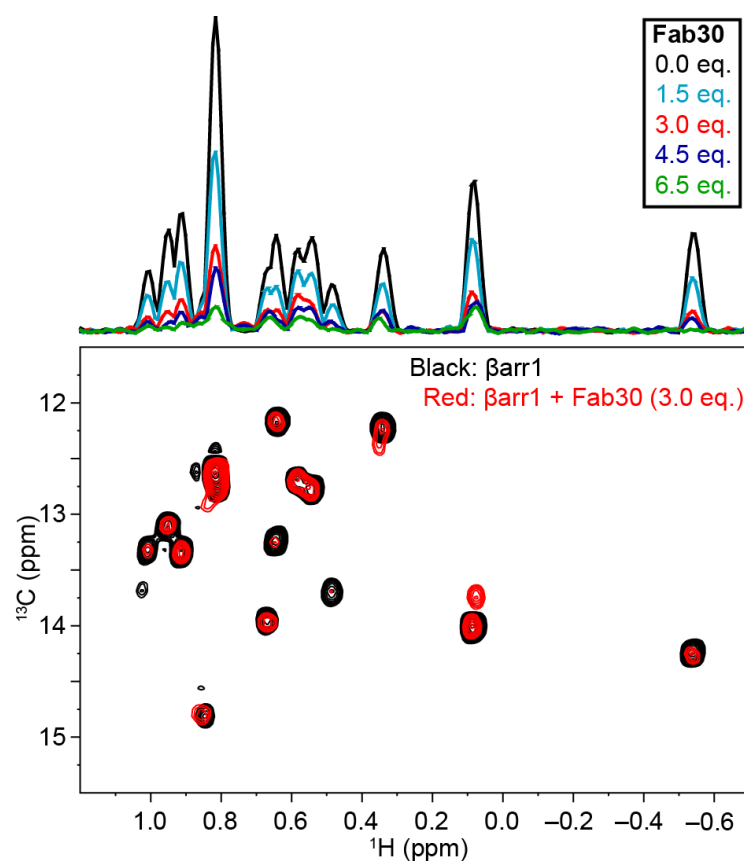
39 **Supplementary Figure 5 | Assignment of Ile δ 1 methyl resonances of [u- ^2H , Ile δ 1- $^{13}\text{C}^1\text{H}_3$]**

40 **β arr1.** ^1H - ^{13}C HMQC spectra of β arr1 and its mutants, in which isoleucine residues are

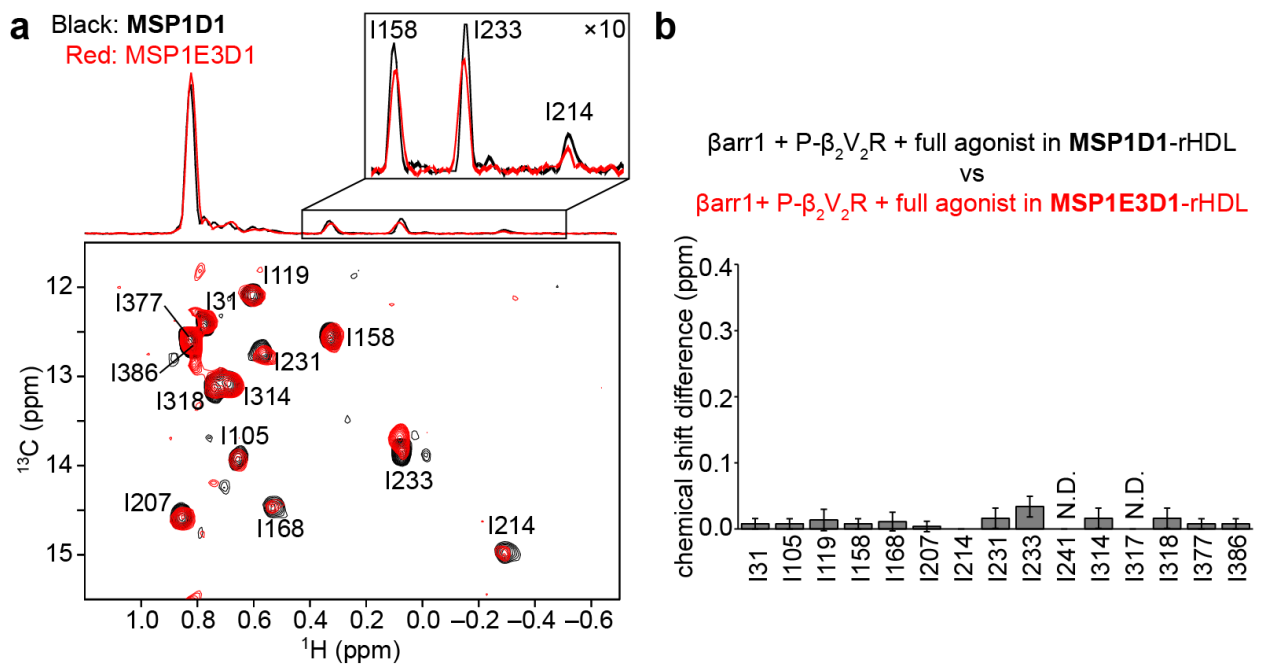
41 substituted with other amino acids, are overlaid in black and red, respectively. Resonances
42 assigned to mutated residues are labeled. Cross sections of assigned resonances at the dashed
43 lines are shown in the insets.



49 **Supplementary Figure 7 | Magnified view of the resonances from I377 and I386 of β arr1 in**
 50 **the complex with phosphorylated β_2 V₂R in rHDLs bound to the full agonist. No**
 51 apodization function was multiplied to the ^1H dimension prior to the Fourier transformation.
 52 The projection is displayed above the spectrum.



54 **Supplementary Figure 8 | β arr1–Fab30 interactions in the absence of $\beta_2\text{V}_2\text{R}$.** Overlay of
 55 ^1H - ^{13}C HMQC spectra of [$u\text{-}^2\text{H}$, Ile δ 1- $^{13}\text{C}^1\text{H}_3$] β arr1 in the basal state (black) and in the presence
 56 of 3.0 molar equivalents of Fab30 (red). Overlaid projections in the presence of 0.0 (black), 1.5
 57 (cyan), 3.0 (red), 4.5 (violet), and 6.5 (green) molar equivalents of Fab30 are displayed above the
 58 spectra.



Supplementary Figure 9 | Effects of the rHDL sizes on the βarr1 conformation in the complex with phosphorylated β₂V₂R in rHDLs bound to the full agonist. (a) Overlay of ¹H-¹³C HMQC spectra of [u-²H, Ileδ1-¹³C¹H₃] βarr1 in the complex with phosphorylated β₂V₂R bound to the full agonist, in rHDLs assembled with MSP1D1 (black) and rHDLs assembled with MAP1E3D1 (red). The ¹H 1D projections are shown above the spectra, and a magnified view of the projection including resonances from I158, I214, and I233 is shown in the inset. (b) Normalized chemical shift differences of βarr1 methyl groups between the complex with phosphorylated β₂V₂R bound to the full agonist in rHDLs assembled with MSP1D1 and the complex with phosphorylated β₂V₂R bound to the full agonist in rHDLs assembled with MSP1E3D1. The error bars were calculated based on the digital resolution of the spectra, as described in Methods section.

71 **Supplementary Table 1 | Oligonucleotide sequences used to generate barr1 variants**

	DNA sequence (5'-3')
I31L_forward	CTTTGTGGACCACCTCGACCTCGTGGACCCT
I31L_reverse	AGGGTCCACGAGGTGCGAGGTGGTCCACAAAG
I105L_forward	GCAGGAACGCCTCCTCAAGAAGCTGGGCG
I105L_reverse	CGCCCAGCTTCTTGAGGAGGCGTTCCTGC
I119L_forward	CCCTTTCACCTTTGAGCTCCCTCCAAACCTTCC
I119L_reverse	GGAAGGTTTGGAGGGAGCTCAAAGGTGAAAGGG
I158S_forward	GAATTTGGAGGAGAAGAGCCACAAGCGGAATTCTG
I158S_reverse	CAGAAATCCGCTTGTGGCTCTTCTCCTCCAAATTC
I168V_forward	CTGTGCGTCTGGTCCCTCCGGAAGGTTTCAGTATG
I168V_reverse	CATACTGAACCTTCCGGAGGACCAGACGCACAG
I207L_forward	CCTCTCTGGATAAGGAGCTCTATTACCATGGAG
I207L_reverse	CTCCATGGTAATAGAGCTCCTTATCCAGAGAGG
I214L_forward	CCATGGAGAACCCCTCAGCGTCAACGTCC
I214L_reverse	GGACGTTGACGCTGAGGGGTTCTCCATGG
I231L_forward	GGAGACGGTGAAGAAGCTCAAGATCTCAGTGC
I231L_reverse	GCACTGAGATCTTGAGCTTCTTCACCGTCTCC
I233V_forward	GGTGAAGAAGATCAAGGTCTCAGTGCGCCAG
I233V_reverse	CTGGCGCACTGAGACCTTGATCTTCTTCACC
I241V_forward	GCGCCAGTATGCAGACGTCGTCCTTTTCAACAC
I241V_reverse	GTGTTGAAAAGGACGACGTCTGCATACTGGCGC
I314V_forward	GCCAACCGTGAGGTCCTGGGGATCATTG
I314V_reverse	CAATGATCCCCAGGACCTCACGGTTGGC
I317M_forward	CCGTGAGATCCTGGGGATGATTGTTTCCTAC
I317M_reverse	GTAGGAAACAATCATCCCCAGGATCTCACGG
I318V_forward	GAGATCCTGGGGATCGTTGTTTCCTACAAAGTG
I318V_reverse	CACTTTGTAGGAAACAACGATCCCCAGGATCTC
I377L_forward	CCAGTAGATACCAATCTCCTAGAACTTGACACAAATGATG
I377L_reverse	CATCATTTGTGTCAAGTTCTAGGAGATTGGTATCTACTGG
I386L_forward	GACACAAATGATGACGACCTTGTATTTGAGGACTTTGC
I386L_reverse	GCAAAGTCCTCAAATACAAGGTCGTCATCATTTGTGTC

72

73 **Supplementary Note 1**

74 **Effects of the rHDL sizes on the β arr1 conformation in the complex with phosphorylated**
75 **β_2V_2R in rHDLs bound to the full agonist.**

76 To determine whether differences in the rHDL sizes could affect the β arr1 conformation,
77 the NMR spectrum of β arr1 in the complex with phosphorylated β_2V_2R bound to the full agonist
78 in rHDLs assembled with MSP1D1 was compared with that in rHDLs assembled with
79 MSP1E3D1 (Supplementary Fig. 9). The observed chemical shift differences were small
80 (<0.05 ppm), suggesting that the β arr1 conformation in the complex with phosphorylated β_2V_2R
81 bound to the full agonist in rHDLs assembled with MSP1D1 was almost identical to that in
82 rHDLs assembled with MSP1E3D1 (Supplementary Fig. 9b). More intense resonances were
83 obtained when using MSP1D1, probably because the rHDLs assembled with MSP1D1 are
84 smaller than those with MSP1E3D1 (Supplementary Fig. 9a). Therefore, except for the NMR
85 experiment in Supplementary Fig. 9, MSP1D1 was used to construct rHDLs.

Supplementary References

1. Kofuku, Y., et al., *Efficacy of the β_2 -adrenergic receptor is determined by conformational equilibrium in the transmembrane region*. Nat. Commun., 2012. **3**: p. 1045.
2. Kofuku, Y., et al., *Functional dynamics of deuterated β_2 -adrenergic receptor in lipid bilayers revealed by NMR spectroscopy*. Angew. Chem. Int. Ed. Engl., 2014. **53**(49): p. 13376-13379.
3. Rosenbaum, D.M., et al., *GPCR engineering yields high-resolution structural insights into β_2 -adrenergic receptor function*. Science, 2007. **318**(5854): p. 1266-73.
4. Shiraishi, Y., et al., *Phosphorylation-induced conformation of β_2 -adrenoceptor related to arrestin recruitment revealed by NMR*. Nat. Commun., 2018. **9**(1): p. 194.