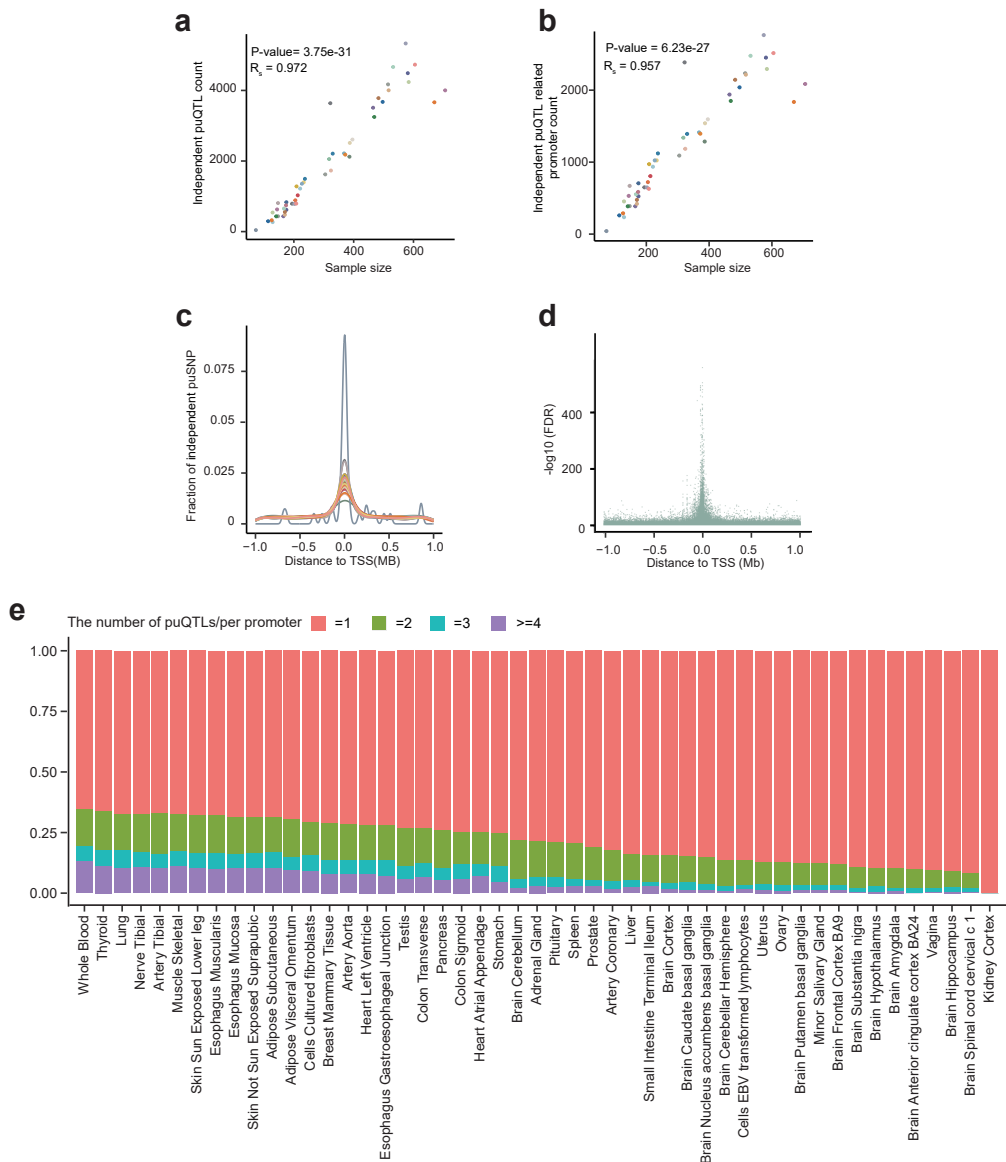
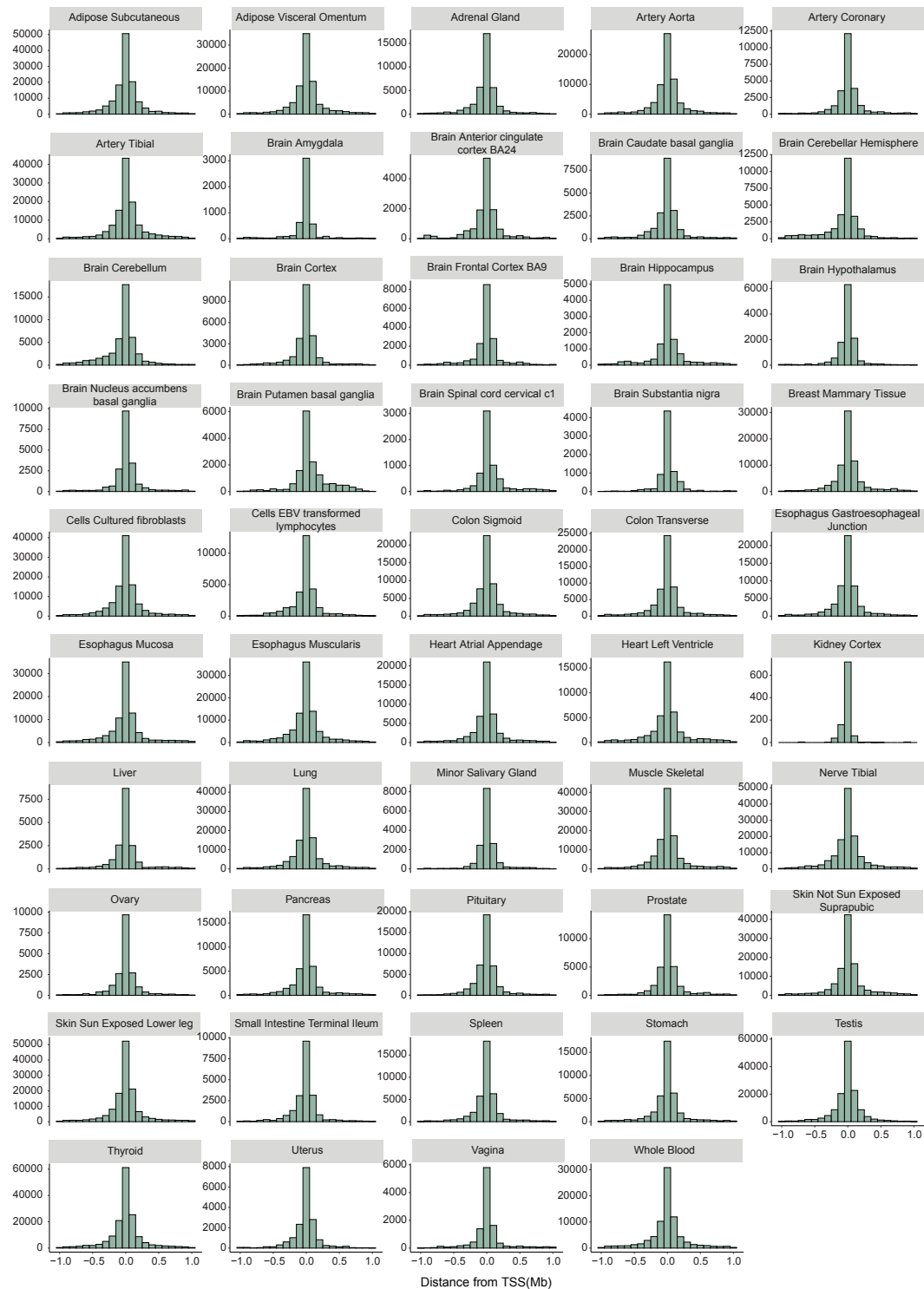
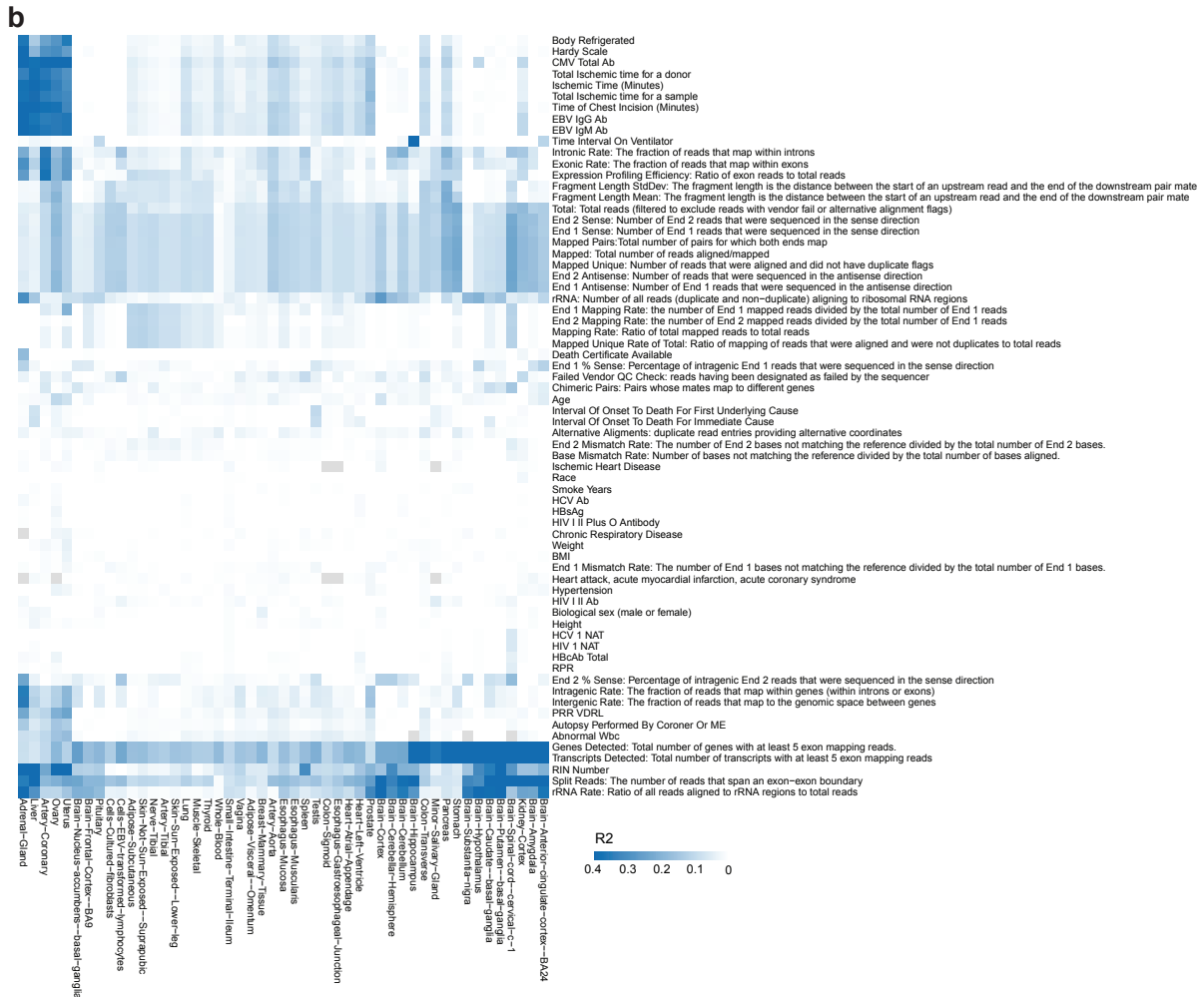
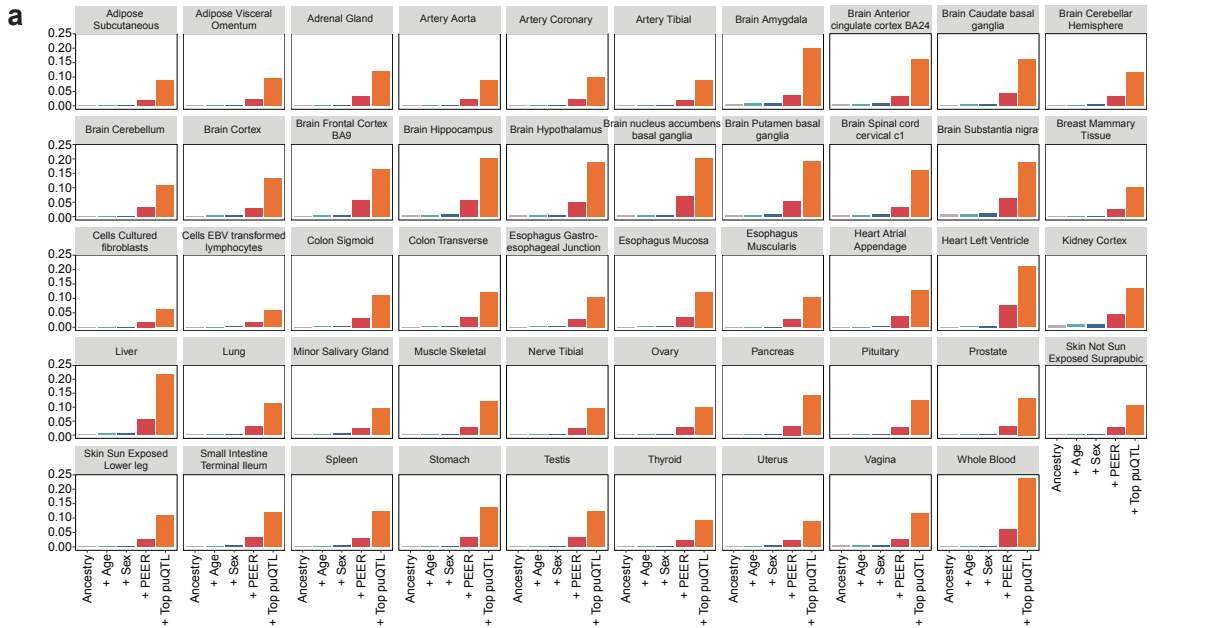




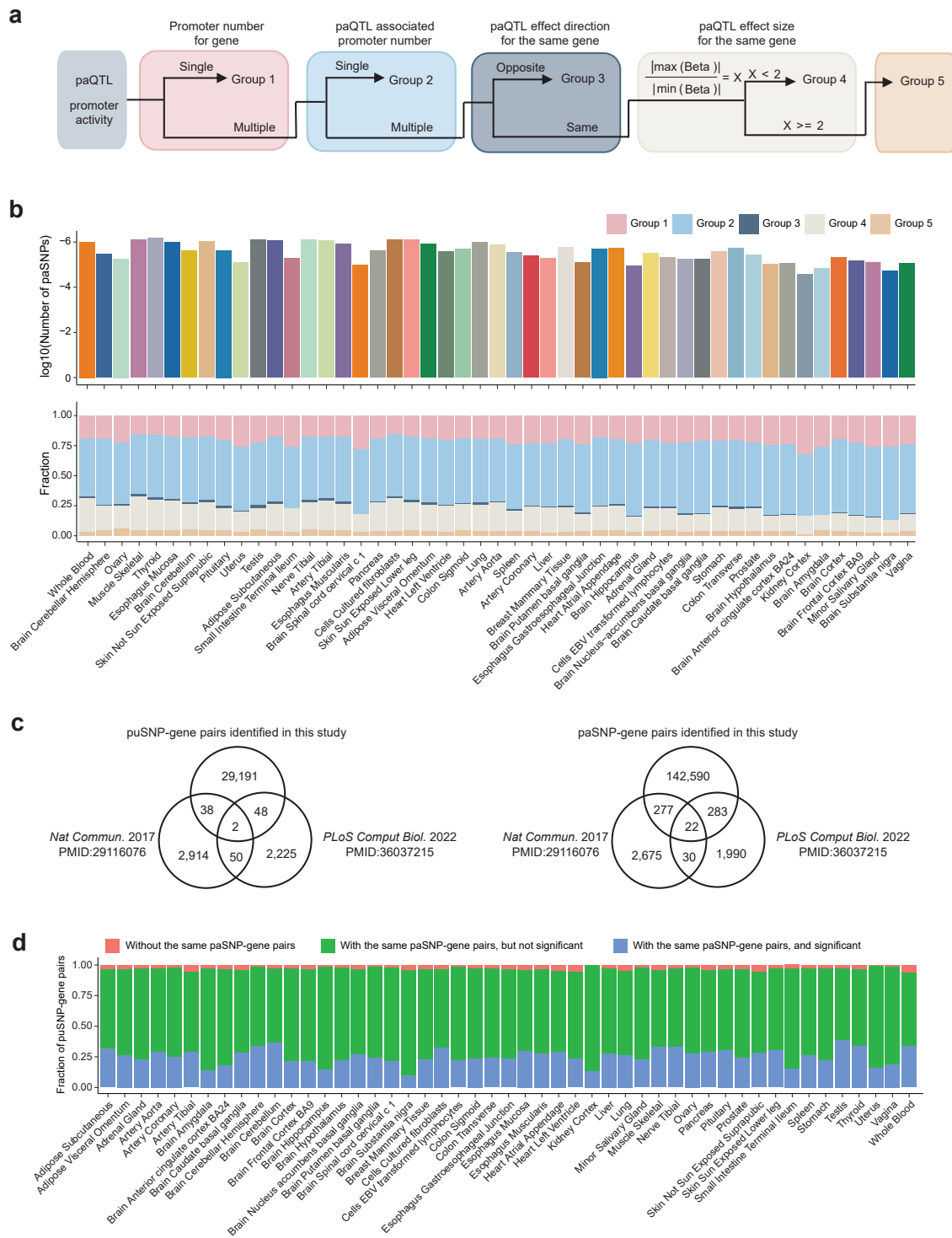
Supplementary Figure 1. A statistical summary of independent puQTLs in 49 tissues. (a) Correlation between the number of independent puQTL and sample size across 49 human tissues. The measure of correlation used is Spearman's correlation, and the corresponding *P*-value is reported. (b) Correlation between the number of independent puQTL associated promoters and sample size across 49 human tissues. (c) The distribution of the distance between independent puQTLs and their associated transcription start site (TSS) in 49 tissues. (d) The significance distribution of independent puQTLs around TSS. The FDR has been logarithmically transformed. (e) The proportion of independent puQTLs per promoter across the 49 human tissues, with different puQTL numbers per promoter depicted using four distinct colors.



Supplementary Figure 2. An extensive examination of puQTLs in 49 tissues. The distribution of distances between puQTLs and their corresponding transcription start sites (TSS) within each tissue.



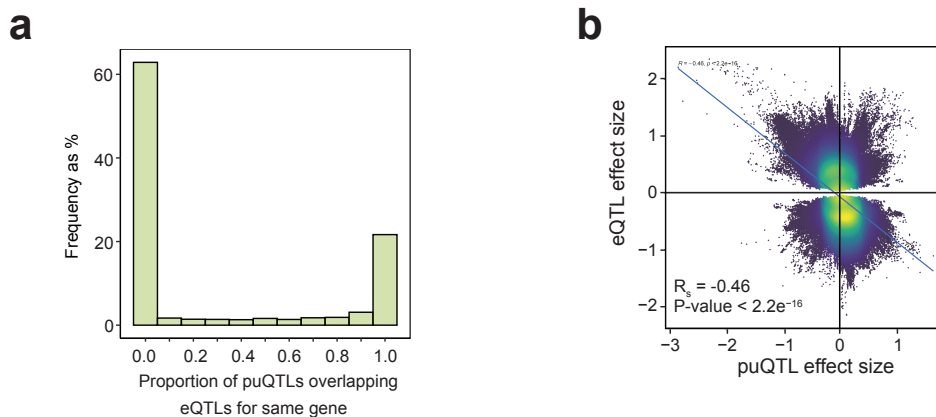
Supplementary Figure 3. The optimization of a regression model for the identification of puQTLs. (a) Incorporation of various covariates, including ancestry principal components, age, sex, PEER factors, and the most strongly associated puQTLs. Specifically, the median value for all puQTL-associated genes across the 49 tissues is represented by the bars. (b) The association between inferred PEER factors and known technical, clinical and epidemiological covariates associated in each tissue.



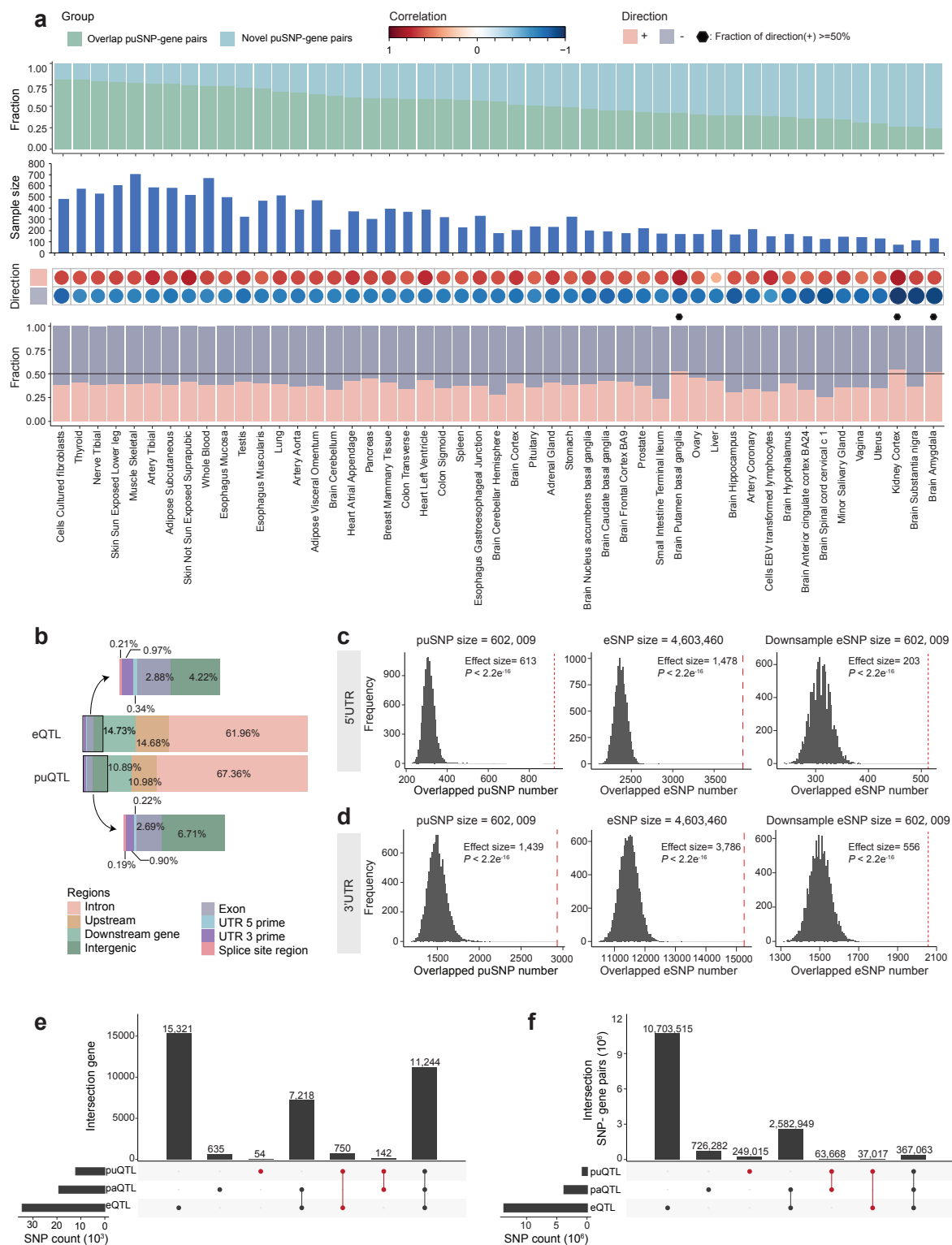
Supplementary Figure 4. Classification criteria and proportion of paQTL associated genes.

(a) Classification procedure for the paQTL-associated genes. (b) The number of paSNPs in each tissue (top), and the fraction of paQTL associated genes within each group (bottom). The number

of paSNP is transformed by $\log_{10}$. **(c)** Overlapping between puSNP-gene pairs and paSNP-gene pairs identified in this study with CAGE based and RNA-seq-based paQTLs identified in previous publications. **(d)** The proportion of puQTLs did not mapped as paQTLs across 49 tissues. Red color represents puSNP-gene pairs that were not defined as paSNP-gene pairs; green color represents puSNP-gene pairs were defined as paSNP-gene pairs but not significant in paSNP-gene sets; blue color represents puSNP-gene pairs were also defined as significant paSNP-gene pairs.



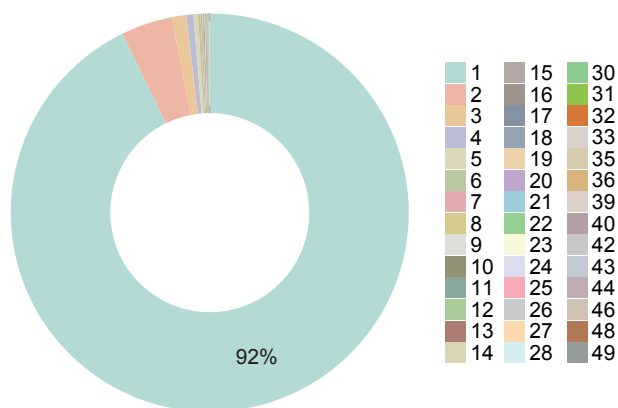
Supplementary Figure 5. Comparison between puQTLs and eQTLs. (a) The percentage of shared genetic variants associated with the same gene between puQTLs and eQTLs. The comparison accounts for puQTLs that share the same SNP ID as eQTLs, as well as puQTLs in high linkage disequilibrium (LD) with eQTLs ($r^2 \geq 0.6$). The analysis focuses on genetic variants that are jointly associated with the same gene by both puQTLs and eQTLs. (b) Overall correlation between the effect size of puQTLs and eQTLs. The measure of correlation used is Spearman's correlation, and the corresponding P -value is reported.



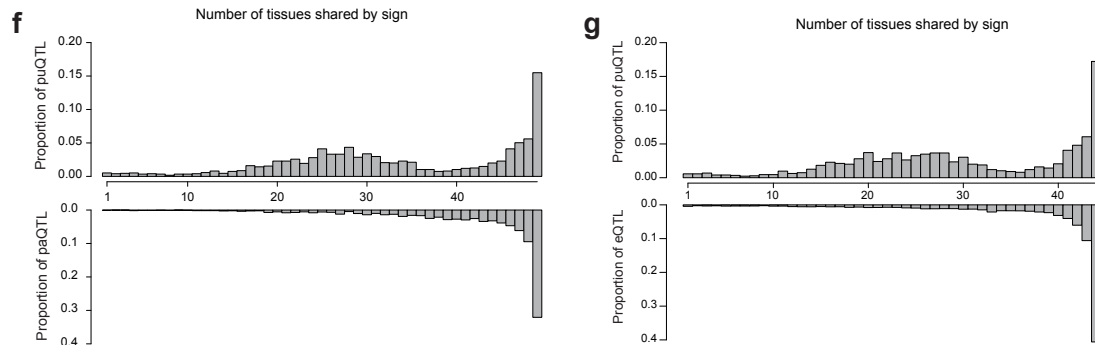
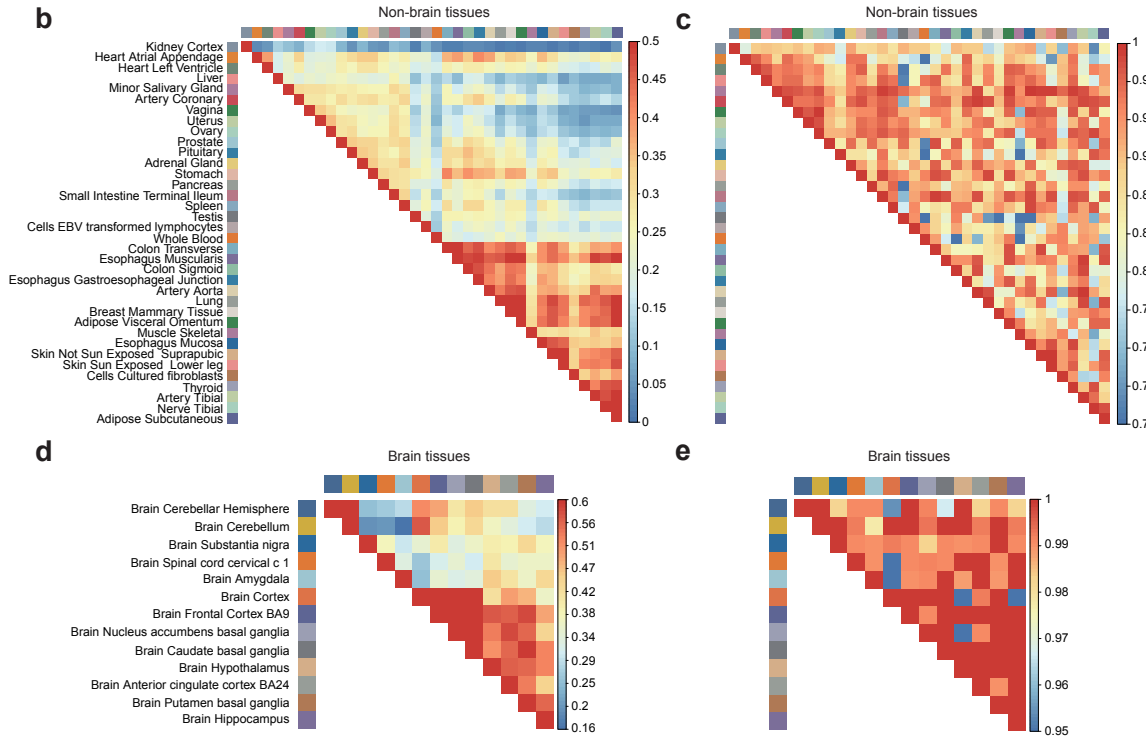
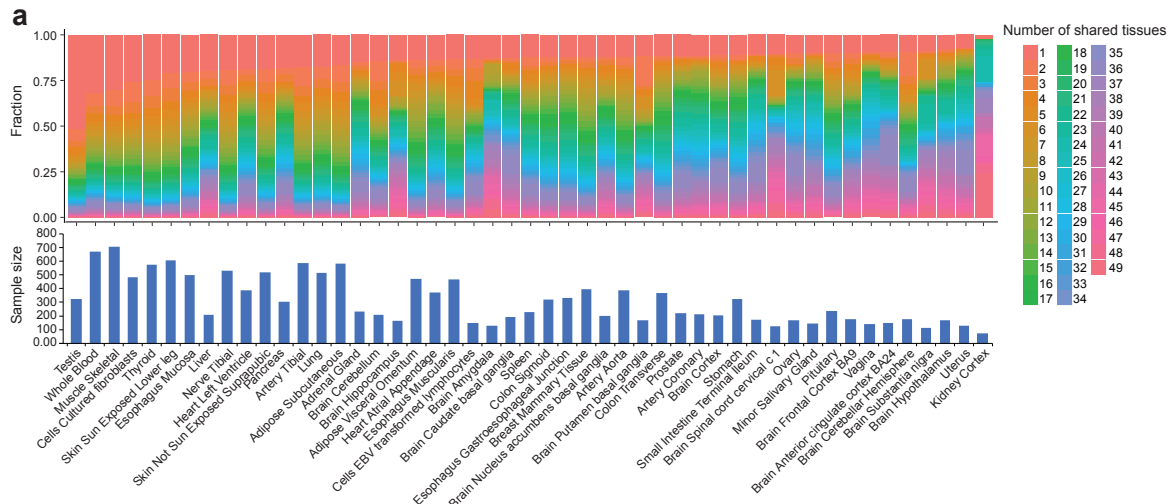
Supplementary Figure 6. Comparative analysis of genomic features in puQTLs and eQTLs.

(a) Investigation of gene overlap and correlation in puGenes and eGenes across different tissues.

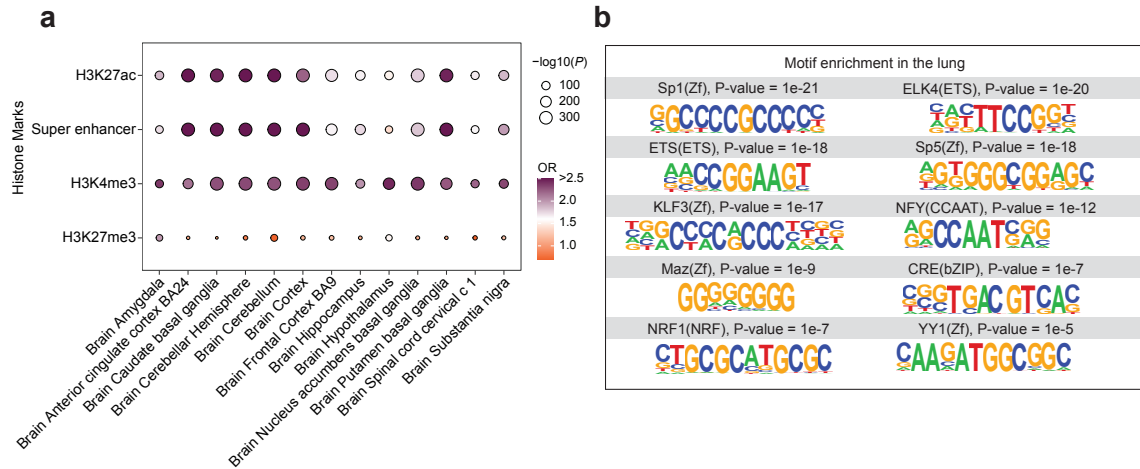
In the top panel, the overlap between puGenes and eGenes for each tissue. The puGenes that overlap with eGenes are depicted in green, while non-overlapping genes are considered novel puGenes and are shown in blue. The graph below shows the sample size in a matched order. For the genes that overlap between puGenes and eGenes, the positive and negative correlation coefficients are shown a circle plot in the middle panel. The size and color of the circles represent the correlation value. In the bottom panel, the fraction of puGenes that positively or negatively correlate with eGenes in each tissue. puGenes with a positive correlation are depicted in pink, while those with a negative correlation are shown in grey. These tissues where more than 50% of the overlapped puGenes have a positive correlation with eGenes were marked with an asterisk (*) at the top of the chart. **(b)** Comparative analysis of eQTLs and puQTLs in different functional categories. The proportion of eQTLs (top) and puQTLs (bottom) within various functional categories as defined by SnpEff v.5.0. **(c)** Enrichment analysis of puSNPs, eSNPs, and downsampled eSNPs in the 3'UTR. The red line represents the observed overlap number of these SNPs in the 5'UTR. The histograms demonstrate the expected overlap between puSNPs, eSNPs, and downsampled eSNPs based on randomly shuffled peaks from 10,000 simulations. Significant differences between the expected and observed values are indicated, and *P*-values were generated by empirical test. The same parameters are applied to the histograms presented below. **(d)** Enrichment analysis of puSNPs, eSNPs, and downsampled eSNPs in the 5'UTR. **(e)** Overlap of genes associated with puQTLs, paQTLs and eQTLs. The overlapping gene set specifically related to puQTLs is highlighted in red. **(f)** Overlap of puSNP-gene pairs, paSNP-gene pairs and eSNP-gene pairs. The overlapping set specifically related to puSNP-gene pairs is highlighted in red.



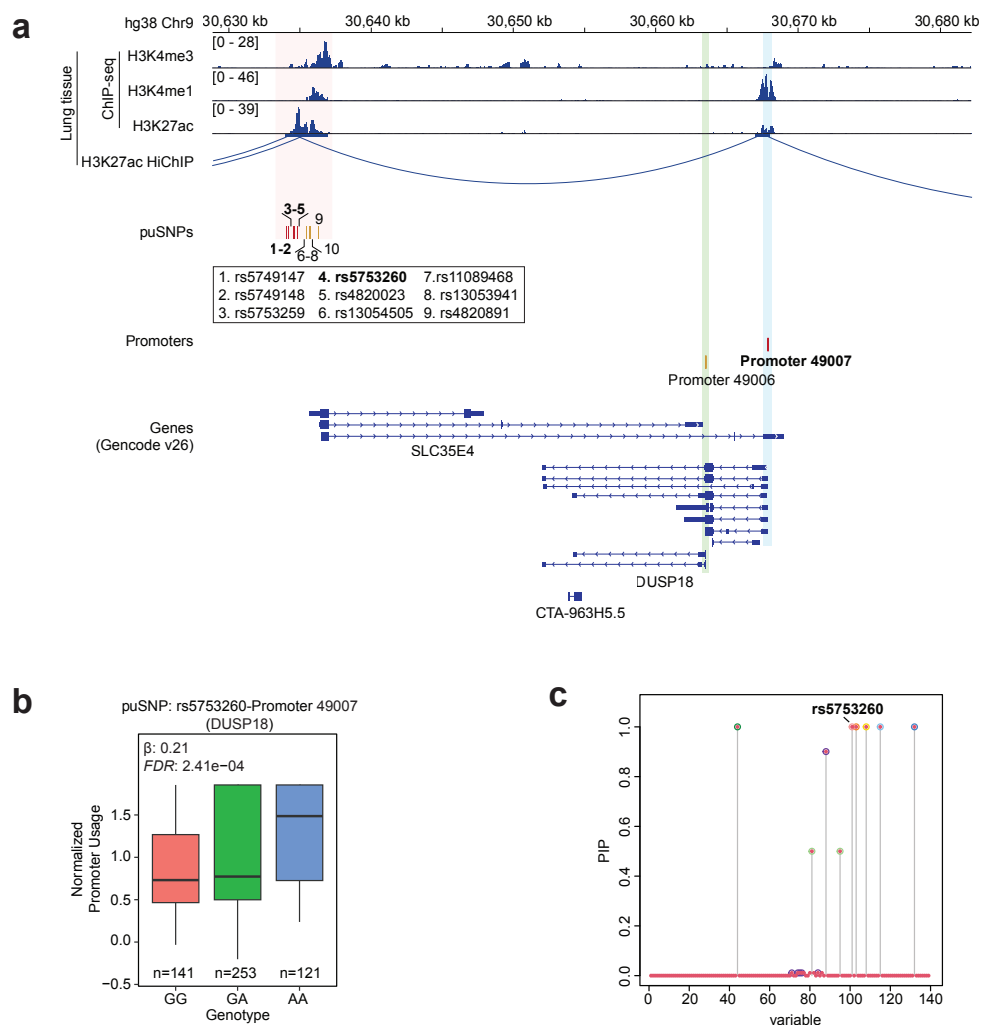
Supplementary Figure 7. The tissue specificity of independent puQTLs. The circle plot visualizing the number of independent puQTLs shared across different tissues, with each color representing a specific number of shared tissues.



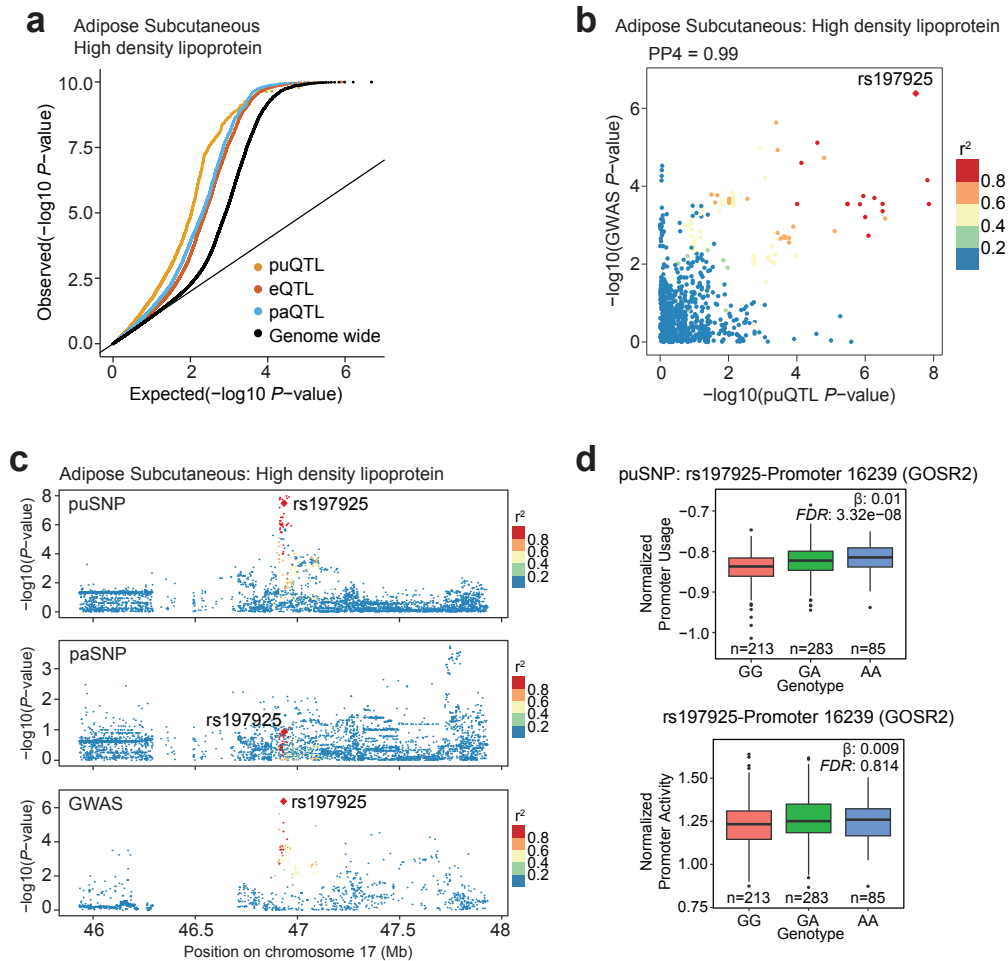
Supplementary Figure 8. Specificity of puQTLs in brain and non-brain tissues. (a) Proportion of shared puQTLs across various tissues. The number of shared tissues is indicated using a color code for puQTLs in each specific tissue. The graph below shows the sample size in a matched order. (b) Pairwise sharing of puQTLs by magnitude among non-brain tissues. (c) Pairwise sharing of puQTLs by sign among non-brain tissues. (d) Sharing of puQTLs by magnitude among brain tissues. (e) Pairwise sharing of puQTLs by sign among brain tissues. (f) Histograms showing the fraction of puQTLs (top) and paQTLs (bottom) shared across different number of tissues by sign. (g) Histograms showing the fraction of puQTLs (top) and eQTLs (bottom) shared across different number of tissues by sign.



Supplementary Figure 9. The enrichment of puQTLs within epigenetic marker binding regions. (a) Significant enrichment of puQTLs within different histone markers occupied regions. The odds ratio is represented by the color of each dot, while the P -value (logarithmically transformed) is indicated by the dot size. (b) Motif enrichment in the lung.

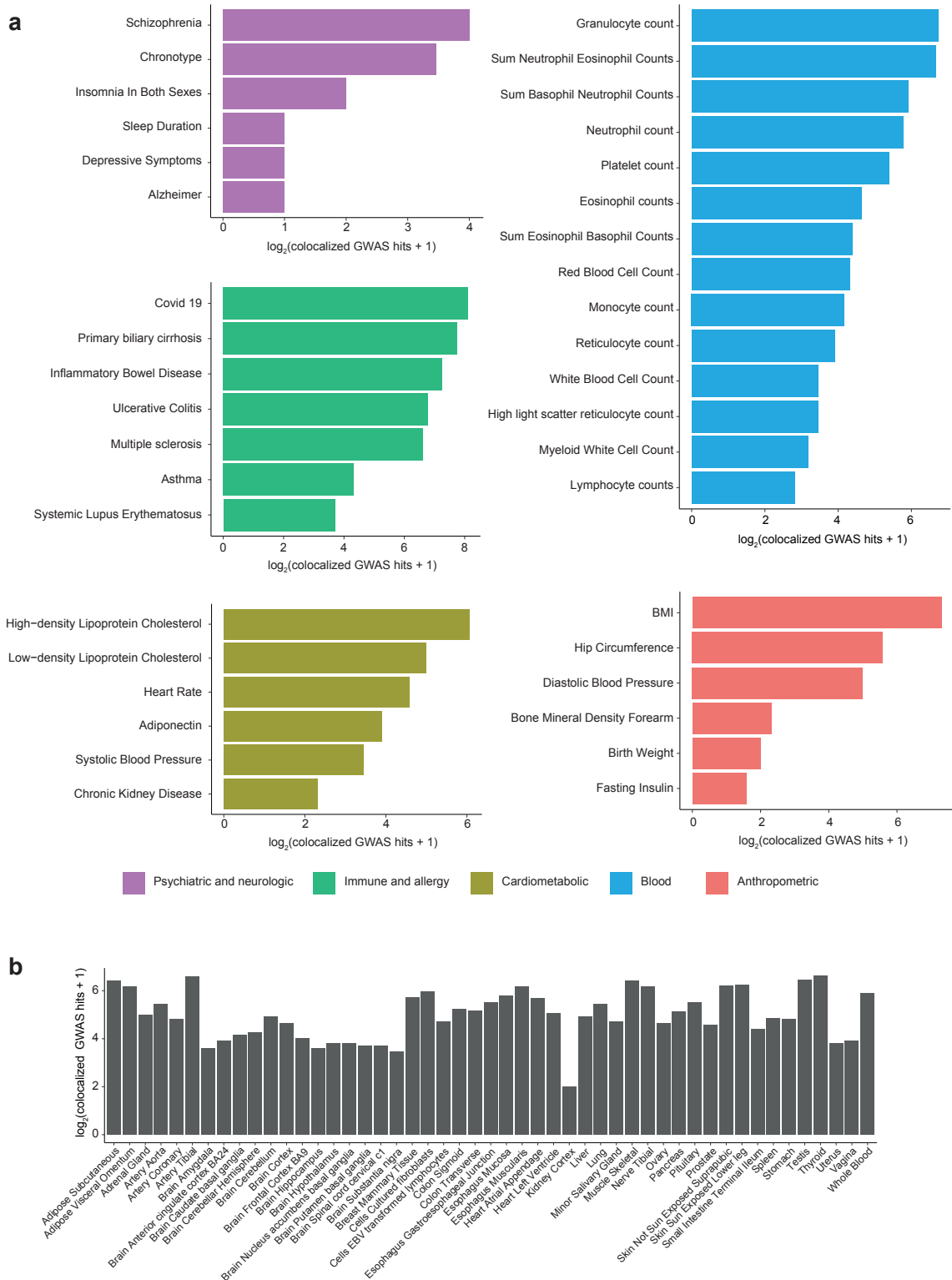


Supplementary Figure 10. The associations between the presence of puSNP rs5753260 and the usage of promoter 49007 in *DUSP18* gene. (a) Integrated genome view of the lead puSNP rs2240002 and five LD puSNPs (rs5749147, rs5749148, rs5753259, rs5753260, rs4820023) and their adjacent regions, displaying H3K27ac HiChIP loops and ChIP-seq of epigenetic markers in lung tissue. (b) The associations between the genotypes of LD puSNP rs5753260 and the promoter usage of promoter 49007 in gene *DUSP18* in lung tissue. The center line represents the median with the box spanning the 25th to 75th percentiles. The whiskers extend to values within 1.5 times the interquartile range (IQR) from the box's ends. n represents the sample size for the corresponding genotypes. (c) Fine-mapping analysis indicated that LD puSNP rs5753260 function as causal SNPs in regulating the usage of promoter 49007 in the *DUSP18* gene.



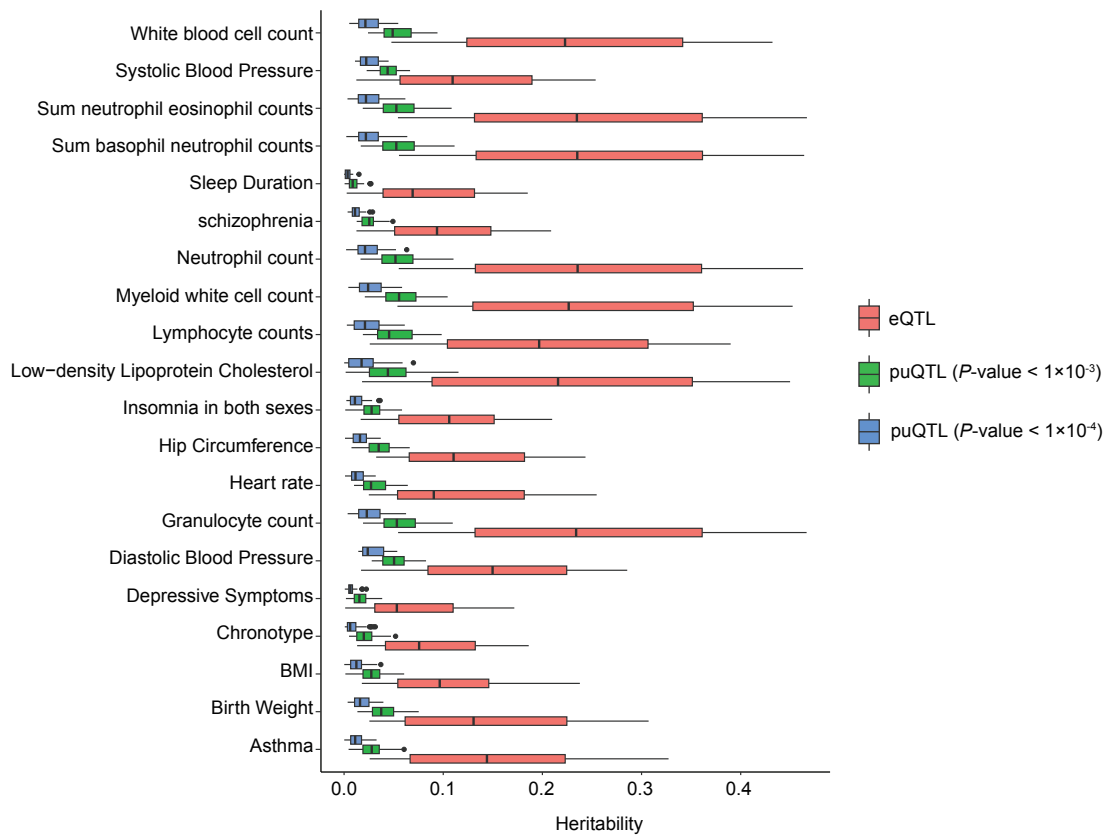
Supplementary Figure 11. Colocalization results between puQTL rs197925 and trait associated GWAS signals in adipose subcutaneous. (a) A quantile–quantile (Q–Q) plot of high density lipoprotein GWAS P -values compares puQTLs, paQTLs, and eQTLs with genome-wide SNPs in the adipose subcutaneous. The y-axis represents the observed GWAS P -values from association test, while the x-axis shows the expected P -values under the null hypothesis of no association (two-sided). (b) Colocalization of puQTLs with high density lipoprotein GWAS signals in the adipose subcutaneous, with posterior probability (PP4) estimated by Bayesian colocalization analysis. The x-axis and y-axis represent P -values from association tests for puQTL and GWAS, respectively (two-sided). (c) The LocusZoom plot depicts a 1 Mb region centered around the lead SNP rs197925. The y-axis represents P -values from association tests between SNPs and *GOSR2* promoter usage (top), promoter activity (middle) and high density lipoprotein (bottom) in the adipose subcutaneous (two-sided). SNPs represented by the dots are colored based on their LD (r^2) with rs197925. (d) The boxplots showing the effect size and significance of rs197925 on the promoter usage (top) and promoter activity (bottom) of promoter 16239 in the

adipose subcutaneous. The center line represents the median with the box spanning the 25th to 75th percentiles. The whiskers extend to values within 1.5 times the interquartile range (IQR) from the box's ends. n represents the sample size for the corresponding genotypes.

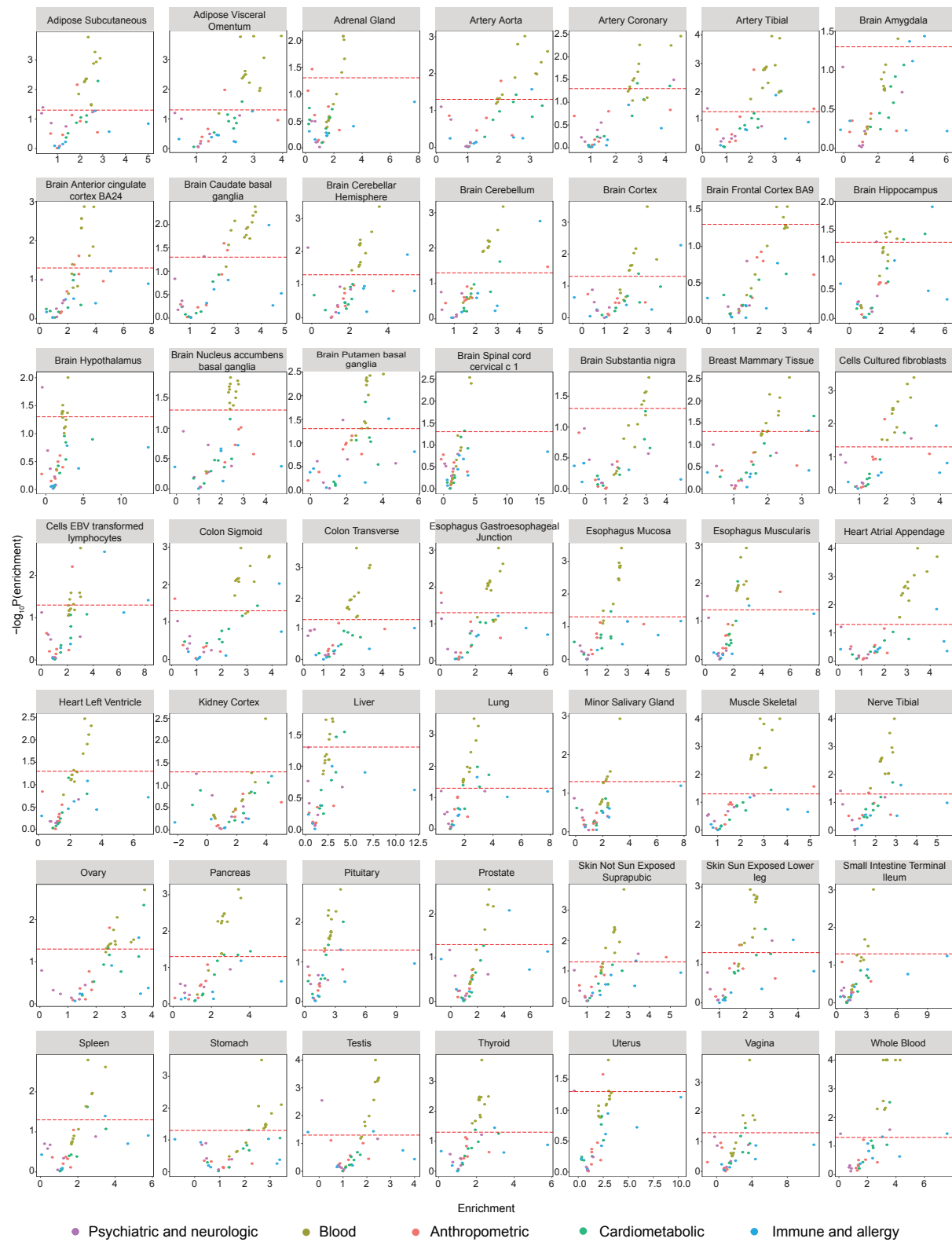


Supplementary Figure 12. Colocalization results between puQTLs and trait associated GWAS signals. (a) The number of puQTL-colocalized with GWAS hits for each GWAS trait

stratified by GWAS trait category and colocalization group. **(b)** The number of puQTL-colocalized GWAS hits in different tissues, represented on the y-axis.

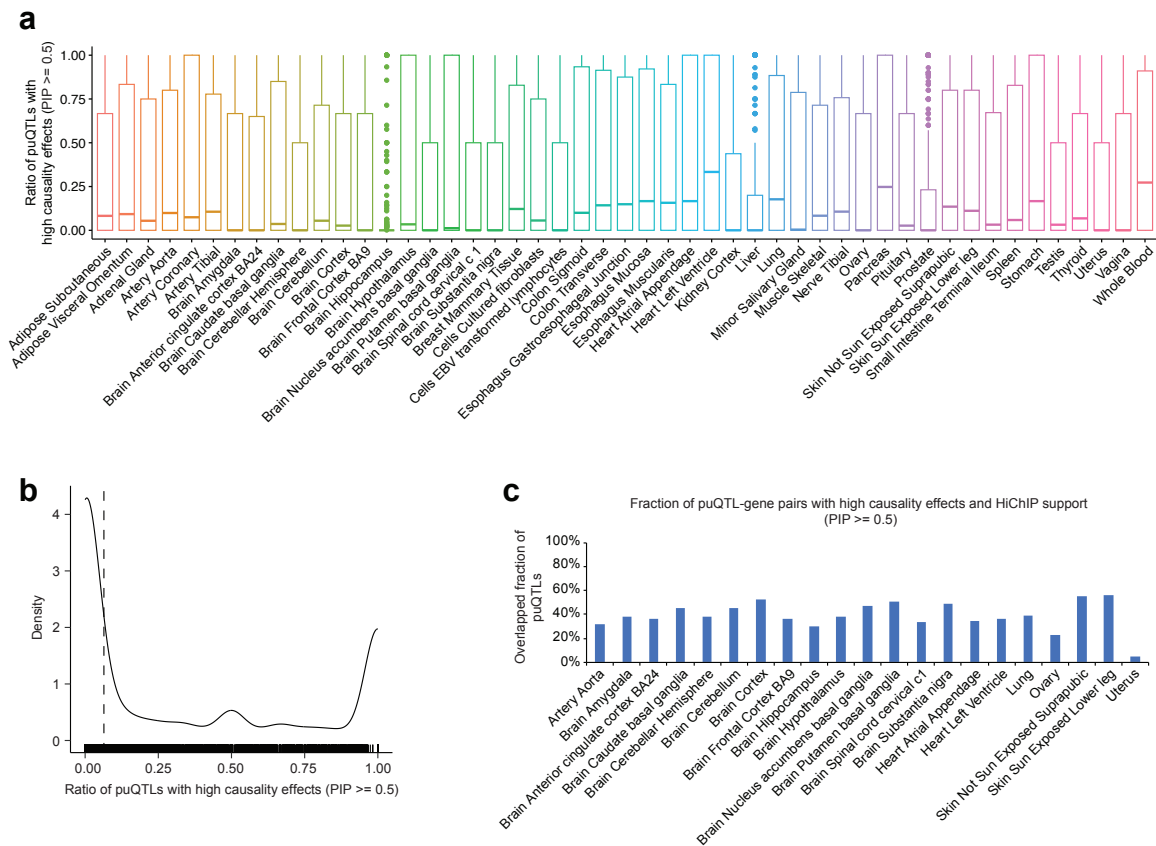


Supplementary Figure 13. The proportion of heritability explained by eQTLs and puQTLs across 49 tissues for 20 GWAS traits. The puQTLs are chosen using two thresholds: P -value $< 10^{-3}$ and 10^{-4} . The box plot visualizes the central tendency, with the median values shown as the center line, and the interquartile range (25th to 75th percentile) depicted as the box.



Supplementary Figure 14. The heritability enrichment of 40 GWAS traits across 49 tissues.

The heritability enrichment analysis of 40 GWAS traits was divided into five categories: anthropometric, cardiometabolic, psychiatric and neurologic, blood, immune and allergy. To assess the heritability enrichment, puQTLs were used with a threshold of 10^{-3} . The significance threshold, represented by a dashed line, was set at a *P*-value of 0.05, with different color representing different categories of trait.



Supplementary Figure 15. The fine-mapping results for puQTLs across 49 tissues. (a) The ratio of puQTLs showing high causality effect (PIP ≥ 0.5) across 49 tissues, with different color representing different tissue. The center line represents the median with the box spanning the 25th to 75th percentiles. The whiskers extend to values within 1.5 times the interquartile range (IQR) from the box's ends. (b) The density distribution of the aforementioned ratio of puQTLs manifesting high causality effects. Notably, the median causality ratio for puQTLs is quantified at 0.07. (c) Fraction of puQTL-gene pairs with both high causality effects and HiChIP data support.