

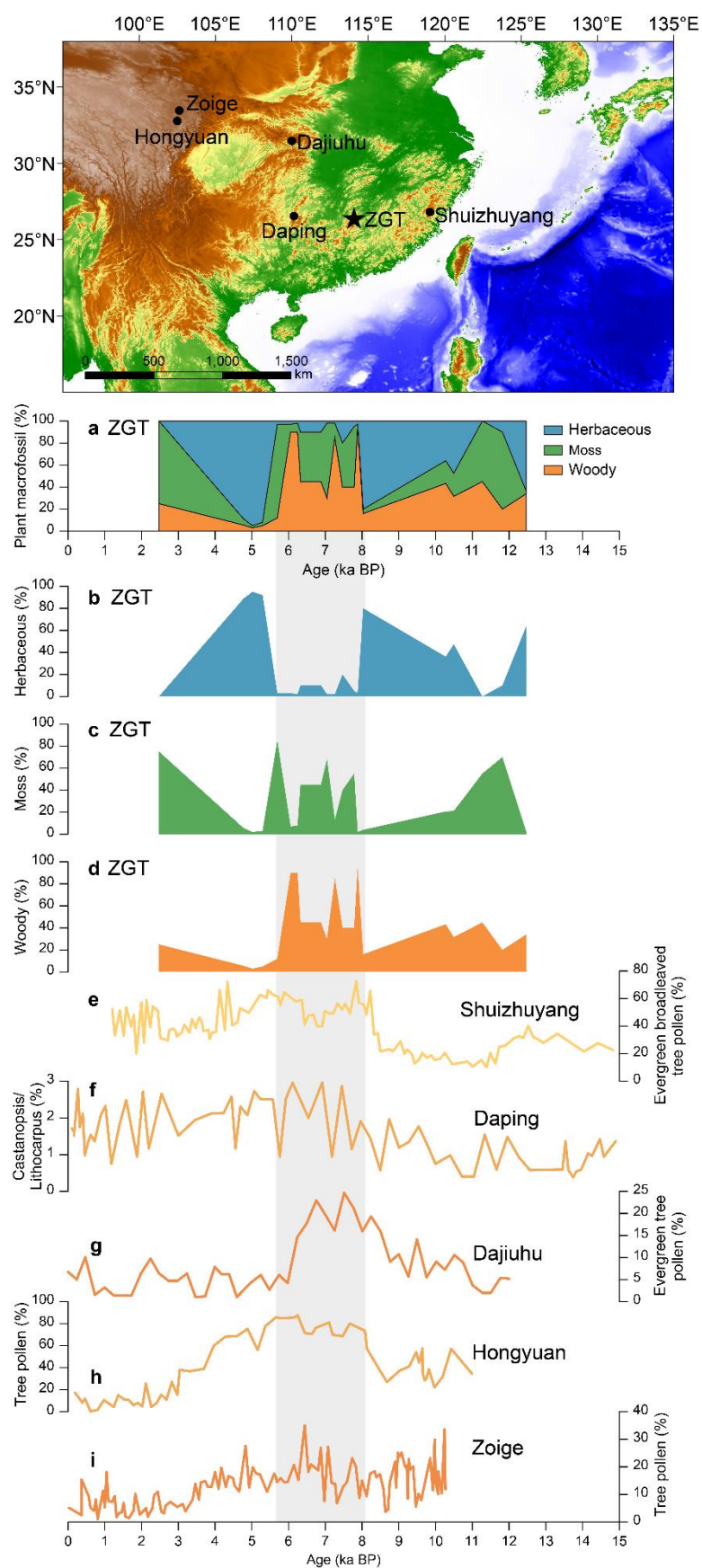


Fig. S1 Paleo-vegetation changes in ZGT peat core and pollen records in peatlands across central and southern China. The site names of curves correspond

to sites shown on the map. **a**, Proportion of herbaceous, moss, and woody plant macrofossils in ZGT peat core. **b**, Proportion of herbaceous plants in ZGT peat core. **c**, Proportion of mosses in ZGT peat core. **d**, Proportion of woody plants in ZGT peat core. **e**, Proportion of evergreen broadleaf tree pollen in Shuizhuyang peatland¹. **f**, Proportion of *Castanopsis* and *Lithocarpus* pollen in Daping peatland². **g**, Proportion of evergreen tree pollen in Dajiuhu peatland³. **h**, Proportion of tree pollen in Hongyuan peatland⁴. **i**, Proportion of tree pollen in Zoige peatland⁵. The public elevation data are obtained from the USGS EROS Archive - Shuttle Radar Topography Mission (SRTM), provided by USGS/NASA (<https://earthexplorer.usgs.gov>).

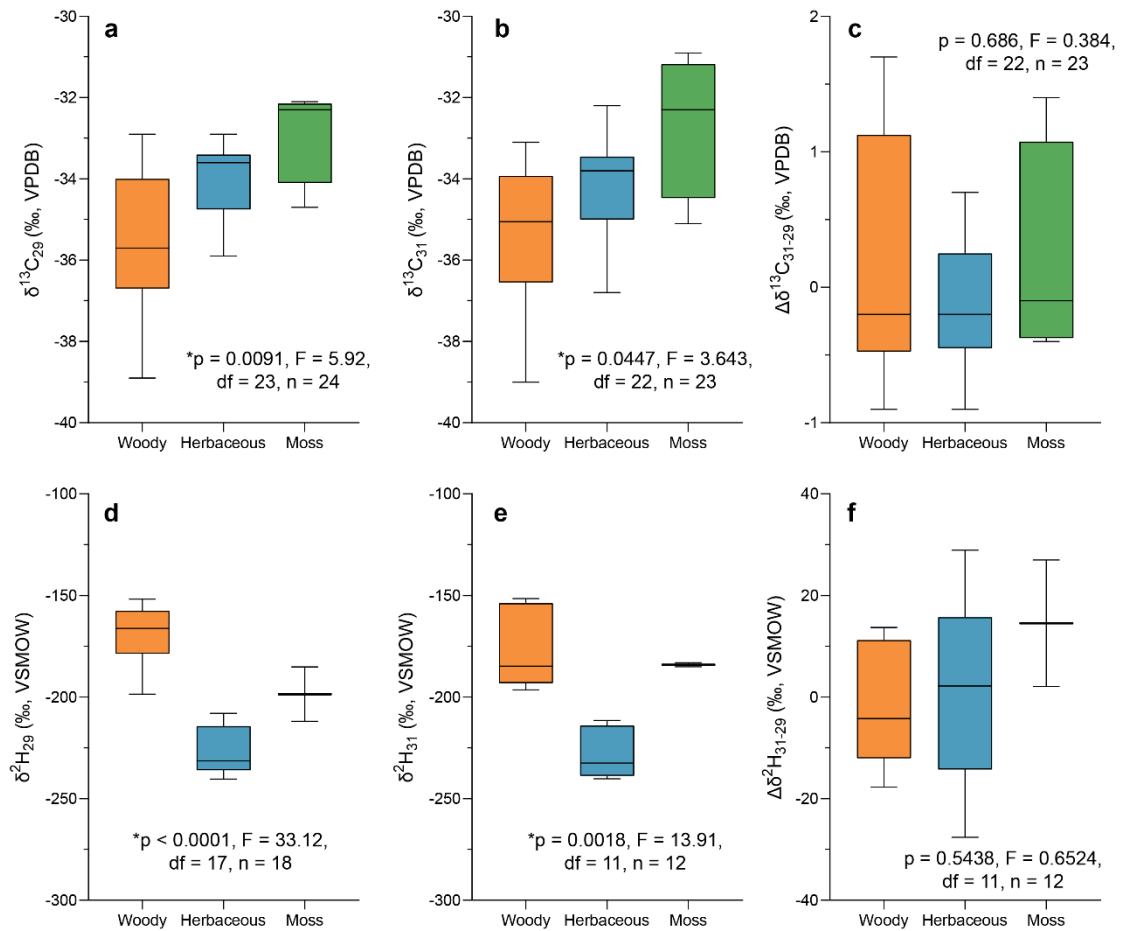


Fig. S2 Comparison of $\delta^{13}\text{C}$ and $\delta^2\text{H}$ values of leaf wax C_{29} and C_{31} *n*-alkanes in modern woody, herbaceous, and moss plants from ZGT peatland. a, The $\delta^{13}\text{C}$ values of C_{29} *n*-alkane differ significantly among the three plant types. b, The $\delta^{13}\text{C}$ values of C_{31} *n*-alkane differ significantly among the three plant types. c, The $\Delta\delta^{13}\text{C}_{31-29}$ offset do not show significant differences among the three plant types. d, The $\delta^2\text{H}$ values of C_{29} *n*-alkane differ significantly among the three plant types. e, The $\delta^2\text{H}$ values of C_{31} *n*-alkane differ significantly among the three plant types. f, The $\Delta\delta^2\text{H}_{31-29}$ offset do not show significant differences among the three plant types. One-way ANOVA was performed to assess significant differences, with p-value, F-value, degrees of freedom (df), and sample size (n) displayed in the figure. The asterisk indicates significant differences ($p < 0.05$). Box plot elements: Center line, median; box limits, upper and lower quartiles; whiskers, minimum to maximum. Species and raw data are shown in the Table S1.

Table S1 $\delta^{13}\text{C}$ and $\delta^2\text{H}$ values of leaf wax C_{29} and C_{31} *n*-alkanes in modern woody, herbaceous, and moss plants from ZGT peatland.

Sample ID	Species	Type	$\delta^{13}\text{C}_{29}$	$\delta^{13}\text{C}_{31}$	$\delta^2\text{H}_{29}$	$\delta^2\text{H}_{31}$
ZGT1908-P5	<i>Frangula crenata</i>	woody	-38.9	-39.0	-165.2	-151.5
ZGT1908-P7	<i>Frangula crenata</i>	woody	-34.8	-33.1	-178.4	-184.8
ZGT1908-P1	<i>Frangula crenata</i>	woody	-35.2	-35.6	-160.8	n.d. ^a
ZGT1908-P15	<i>Frangula crenata</i>	woody	-36.0	-36.1	-167.3	n.d.
ZGT1908-P17	<i>Rhododendron</i> spp.	woody	-32.9	-33.1	-178.7	-196.4
ZGT1908-P19	<i>Rhododendron</i> spp.	woody	-33.5	-34.2	-198.6	-189.8
ZGT1908-P20	<i>Rhododendron</i> spp.	woody	-34.0	-34.2	n.d.	n.d.
ZGT1908-P6	<i>Camellia caudata</i>	woody	-37.0	-37.9	-151.8	-156.0
ZGT1908-P8	<i>Camellia caudata</i>	woody	-35.8	-34.6	-156.5	n.d.
ZGT1908-P13	<i>Camellia caudata</i>	woody	-36.7	-35.5	n.d.	n.d.
ZGT1908-P21	<i>Camellia caudata</i>	woody	-35.7	n.d.	n.d.	n.d.
ZGT1908-P11	<i>Rhynchospora chinensis</i>	herbaceous	-35.9	-36.8	-234.8	-232.5
ZGT1908-P14	<i>Rhynchospora chinensis</i>	herbaceous	-35.7	-36.0	-236.5	-237.4
ZGT1908-P16	<i>Rhynchospora chinensis</i>	herbaceous	-33.4	-33.6	-208.0	n.d.
ZGT1908-P18	<i>Rhynchospora chinensis</i>	herbaceous	-33.8	-33.8	-232.5	n.d.
ZGT1908-P4	<i>Carex</i> spp.	herbaceous	-33.4	-33.9	-212.7	-240.2
ZGT1908-P3	<i>Carex</i> spp.	herbaceous	-33.6	-34.0	-230.3	n.d.
ZGT1908-P12	<i>Carex</i> spp.	herbaceous	-33.8	-33.3	-240.4	-211.5
ZGT1908-P22	<i>Carex</i> spp.	herbaceous	-33.6	-33.7	-219.0	-216.5
ZGT1908-P23	<i>Carex</i> spp.	herbaceous	-32.9	-32.2	n.d.	n.d.
ZGT1908-P2	<i>Sphagnum palustre</i>	moss	-32.3	-30.9	-212.0	-185.0
ZGT1908-P10	<i>Sphagnum palustre</i>	moss	-34.7	-35.1	-185.1	-183.1
ZGT1908-P24	<i>Sphagnum palustre</i>	moss	-32.1	-32.0	n.d.	n.d.
ZGT1908-P9	<i>Sphagnum palustre</i>	moss	-32.3	-32.6	n.d.	n.d.

^a not detected

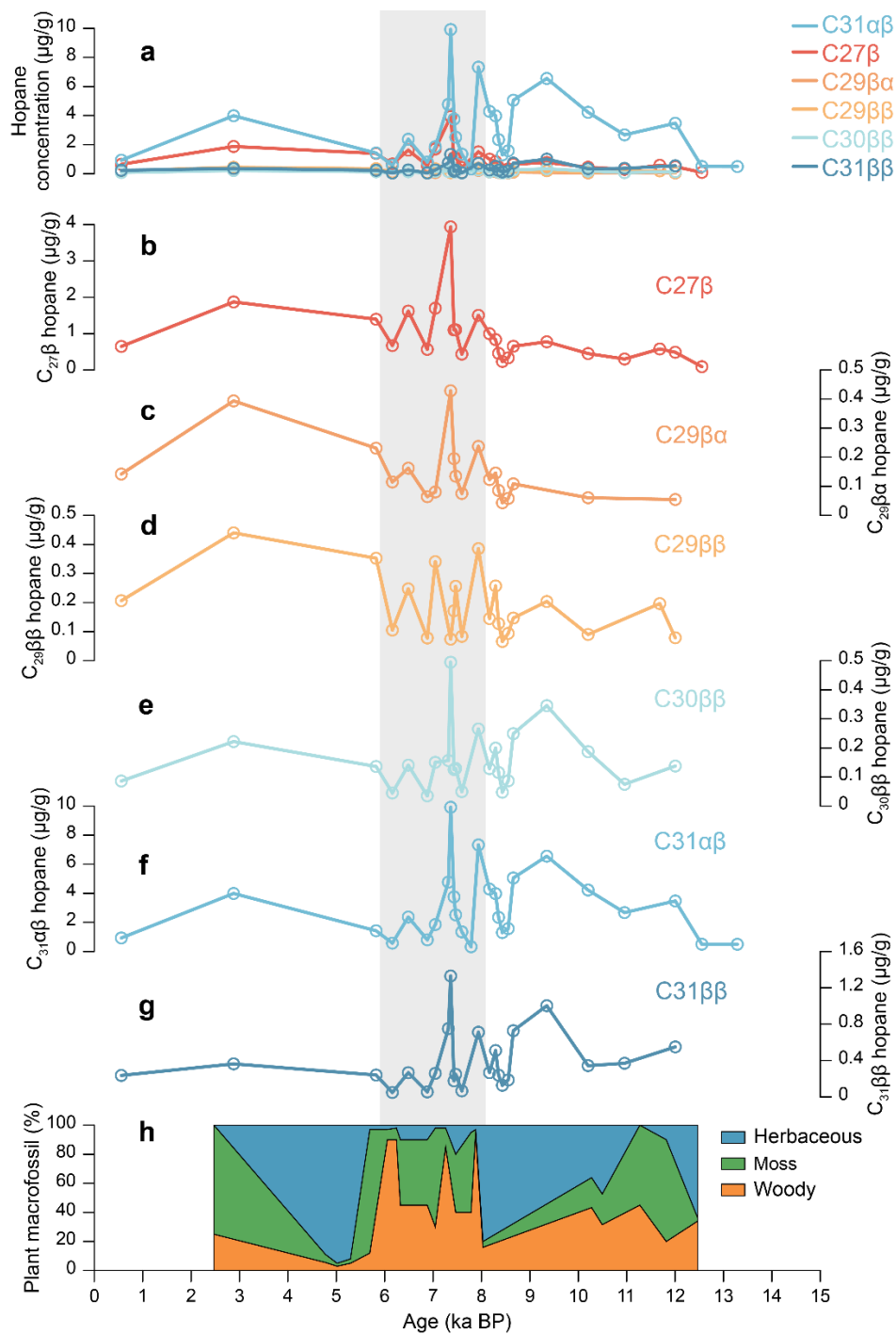


Fig. S3 Changes in bacterial hopane concentrations in ZGT core during woody plant expansion. **a**, Total concentration of $\text{C}_{27}\beta$, $\text{C}_{29}\beta\alpha$, $\text{C}_{29}\beta\beta$, $\text{C}_{30}\beta\beta$, $\text{C}_{31}\alpha\beta$, and $\text{C}_{31}\beta\beta$ hopanes. **b-g**, Concentrations of different hopanes, with hopane types labeled on the right. **h**, Percentages of moss, herbaceous, and woody plant macrofossils in ZGT peat core.

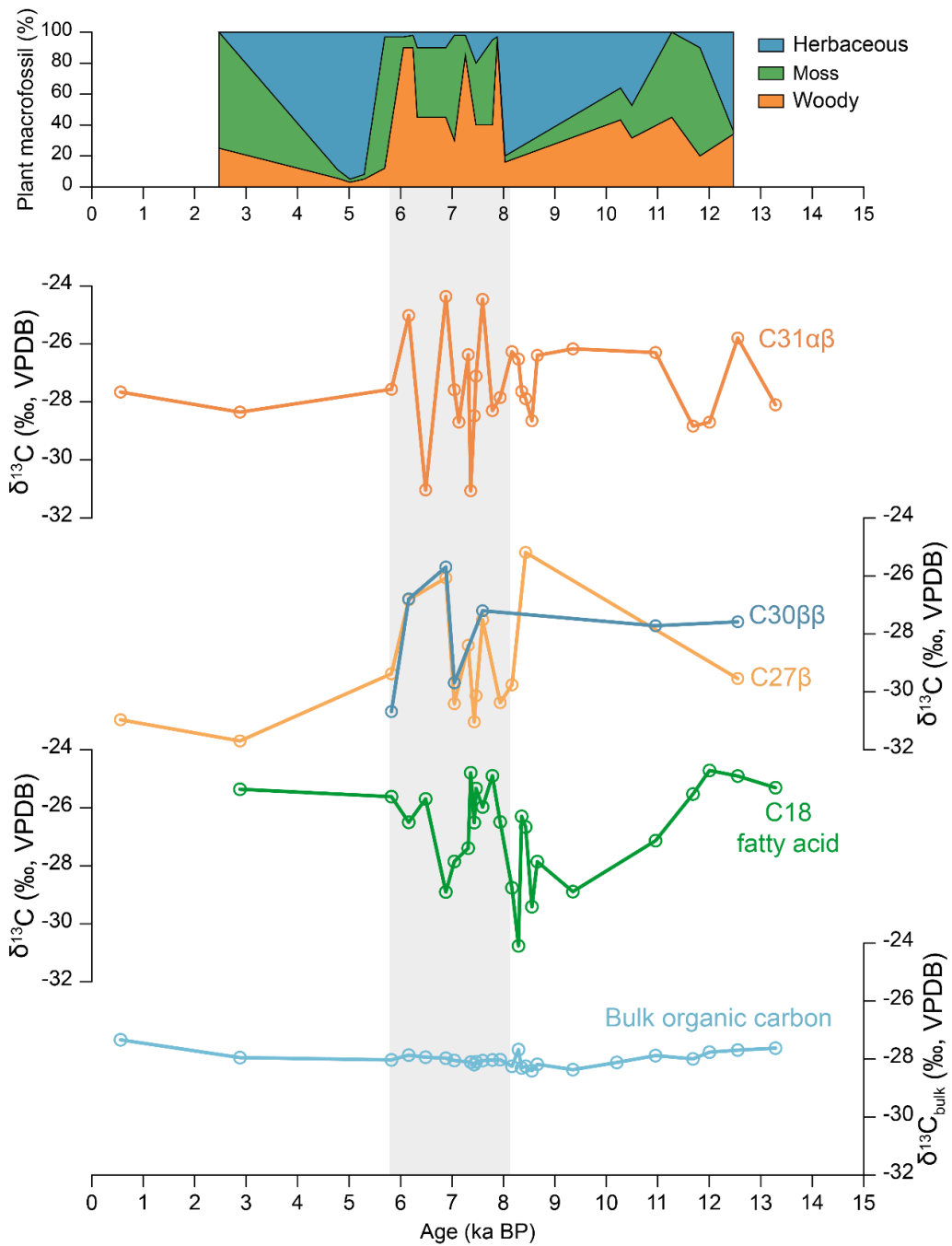


Fig. S4 Variations in $\delta^{13}\text{C}$ values of bacterial hopanoids, C_{18} fatty acid, and bulk peat organic carbon in the ZGT core during woody plant expansion.

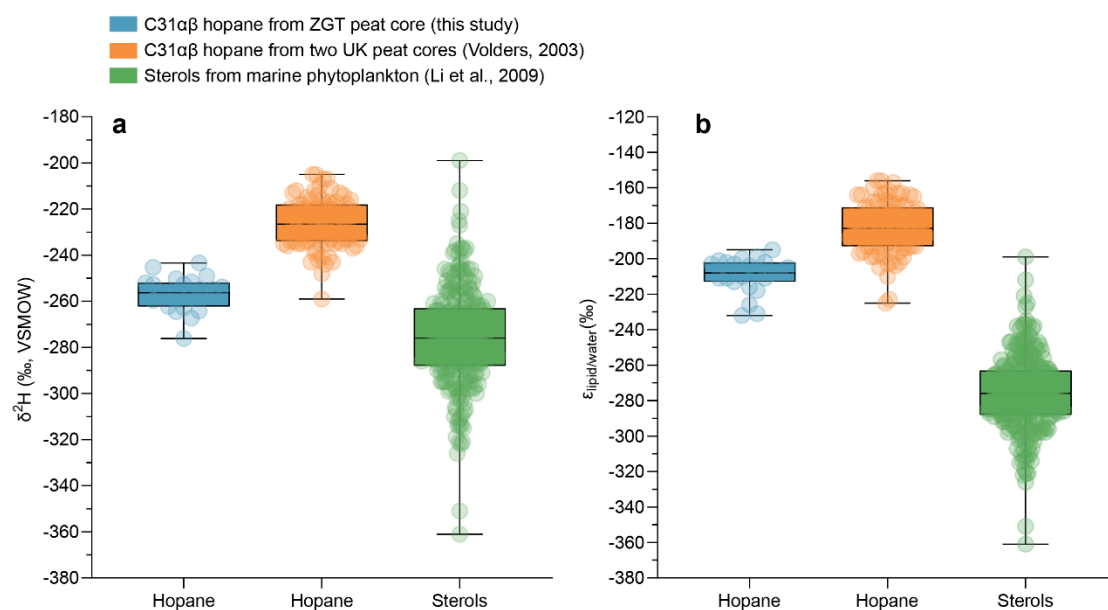


Fig. S5 Comparison of hydrogen isotope composition and fractionation of C₃₁αβ hopane from peat cores with sterols from marine phytoplankton. **a**, The hydrogen isotope composition ($\delta^2\text{H}$) of C₃₁αβ hopane and sterols. **b**, The hydrogen isotope fractionation ($\epsilon_{\text{hopane/water}}$) of C₃₁αβ hopane and sterols. The top legend indicates the data sources. The two UK peat cores are derived from two ombrotrophic bogs, Bolton Fell Moss and Walton Moss⁶. The $\epsilon_{\text{lipid/water}}$ values of hopane in these cores were calculated based on the source water $\delta^2\text{H}$ values inferred from the $\delta^2\text{H}$ values of *n*-alkanes within the same cores⁶. The $\epsilon_{\text{lipid/water}}$ values of marine phytoplankton sterols were calculated assuming a seawater $\delta^2\text{H}$ value of 0‰⁷. Box plot elements: Center line, median; box limits, upper and lower quartiles; whiskers, minimum to maximum.

Our hopane $\delta^2\text{H}$ values are generally lower compared to those from peat cores in UK ombrotrophic bogs⁶, and are closer to the $\delta^2\text{H}$ values observed in MVA-pathway-derived sterols produced by marine photoautotrophic phytoplankton (Supplementary Fig. S5a). Similarly, $\epsilon_{\text{hopane/water}}$ values from the ZGT peat core are intermediate between those of hopanes from UK peat cores and marine phytoplankton sterols (Supplementary Fig. S5b). The relative lack of previous work prevents rigorous interpretation, but speculatively, the ZGT hopane $\epsilon_{\text{hopane/water}}$ data may reflect a combination of dominant heterotrophy and partial autotrophy, with lower $\delta^2\text{H}$ ($\epsilon_{\text{hopane/water}}$) values during woody plant expansion potentially indicating a higher

87 contribution from autotrophy.

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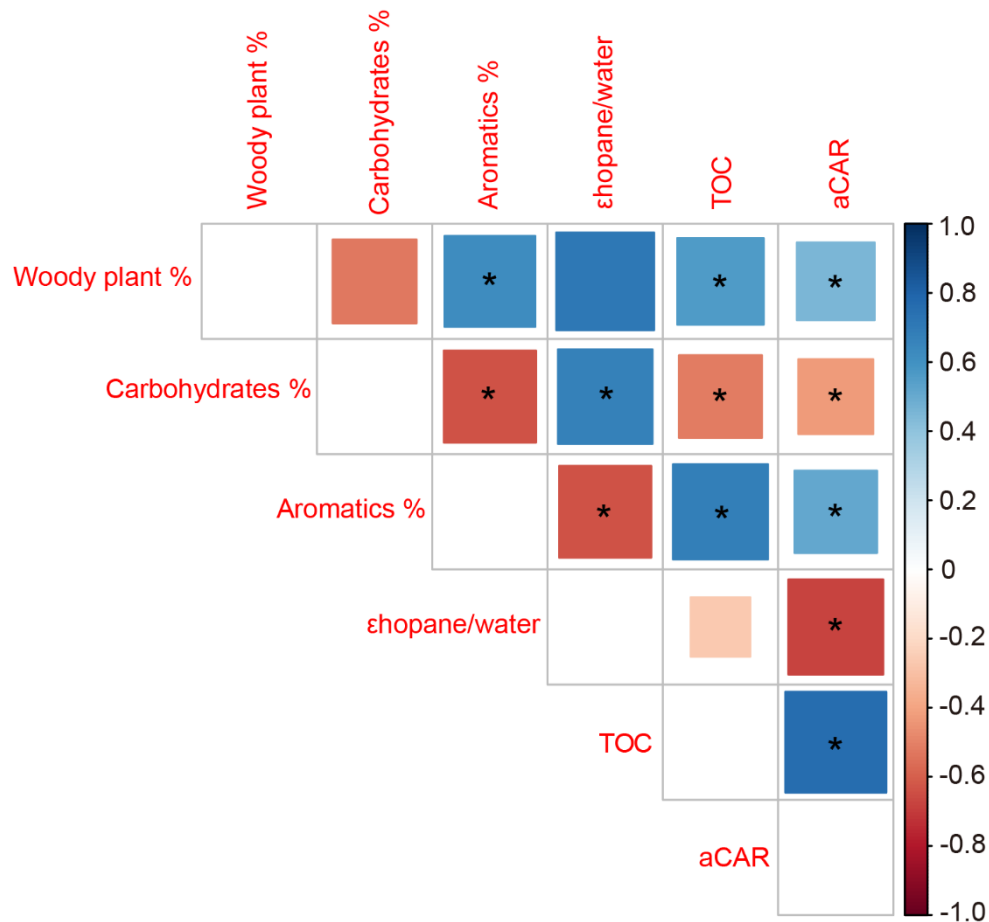


Fig. S6 Correlation heat map showing the correlation efficiencies between vegetation, peat chemistry, bacterial metabolism, and carbon dynamics in the ZGT peat core. TOC, total organic carbon content. aCAR, apparent carbon accumulation rate. The black asterisk represents significant correlations at the 0.05 levels.

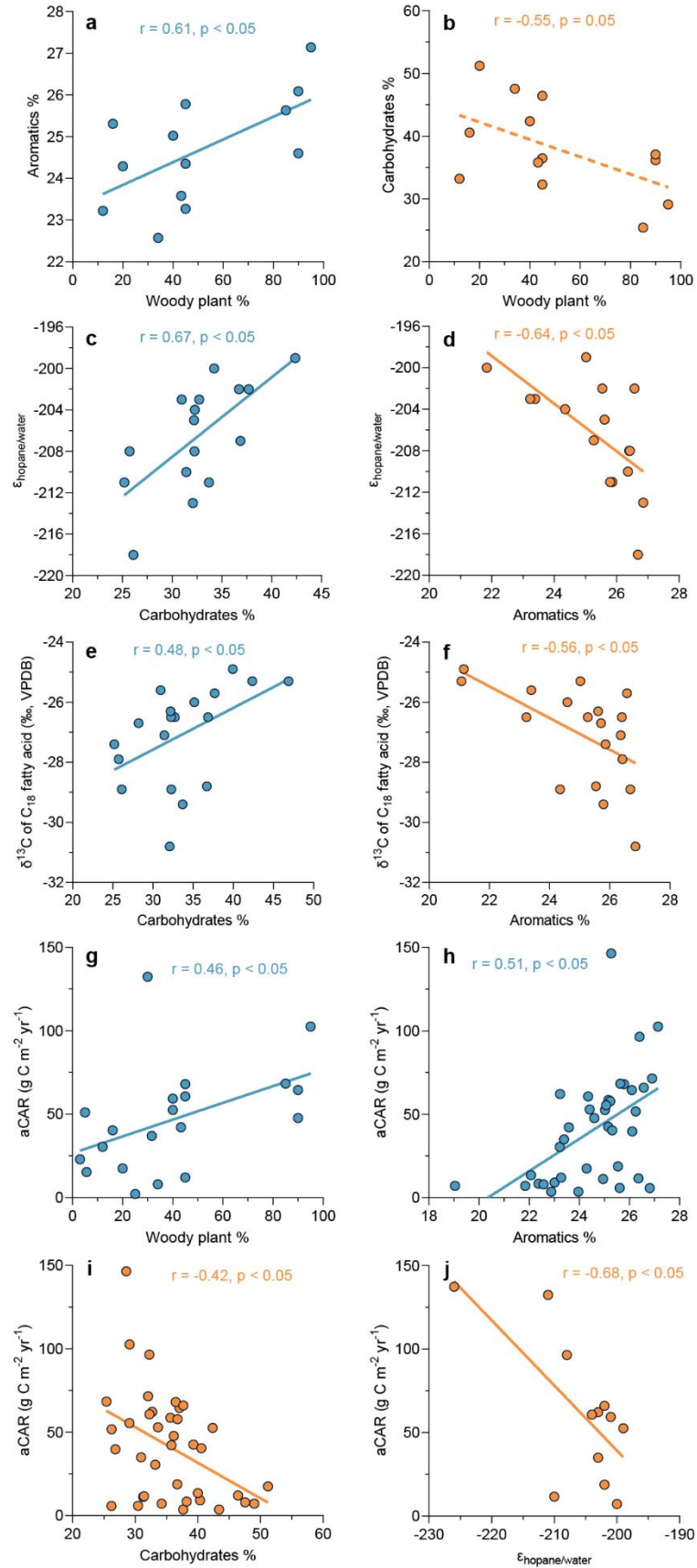


Fig. S7 Relationships between vegetation, peat chemistry, microbial metabolism, and carbon accumulation in the ZGT peat core. a, Positive correlation between

98 woody plant macrofossil and aromatics. **b**, Negative correlation between woody plant
99 macrofossil and carbohydrates. **c**, Positive correlation between carbohydrates and
100 bacterial hopane $\epsilon_{\text{lipid/water}}$. **d**, Negative correlation between aromatics and bacterial
101 hopane $\epsilon_{\text{lipid/water}}$. **e**, Positive correlation between carbohydrates and the $\delta^{13}\text{C}$ of C_{18}
102 fatty acid. **f**, Negative correlation between aromatics and the $\delta^{13}\text{C}$ of C_{18} fatty acid. **g**,
103 Positive correlation between woody plant macrofossil and apparent carbon
104 accumulation rate. **h**, Positive correlation between aromatics and apparent carbon
105 accumulation rate. **i**, Negative correlation between carbohydrates and apparent carbon
106 accumulation rate. **j**, Negative correlation between bacterial hopane $\epsilon_{\text{lipid/water}}$ and
107 apparent carbon accumulation rate. The Pearson correlation coefficient (r) and
108 significance p -value are displayed in the figure.

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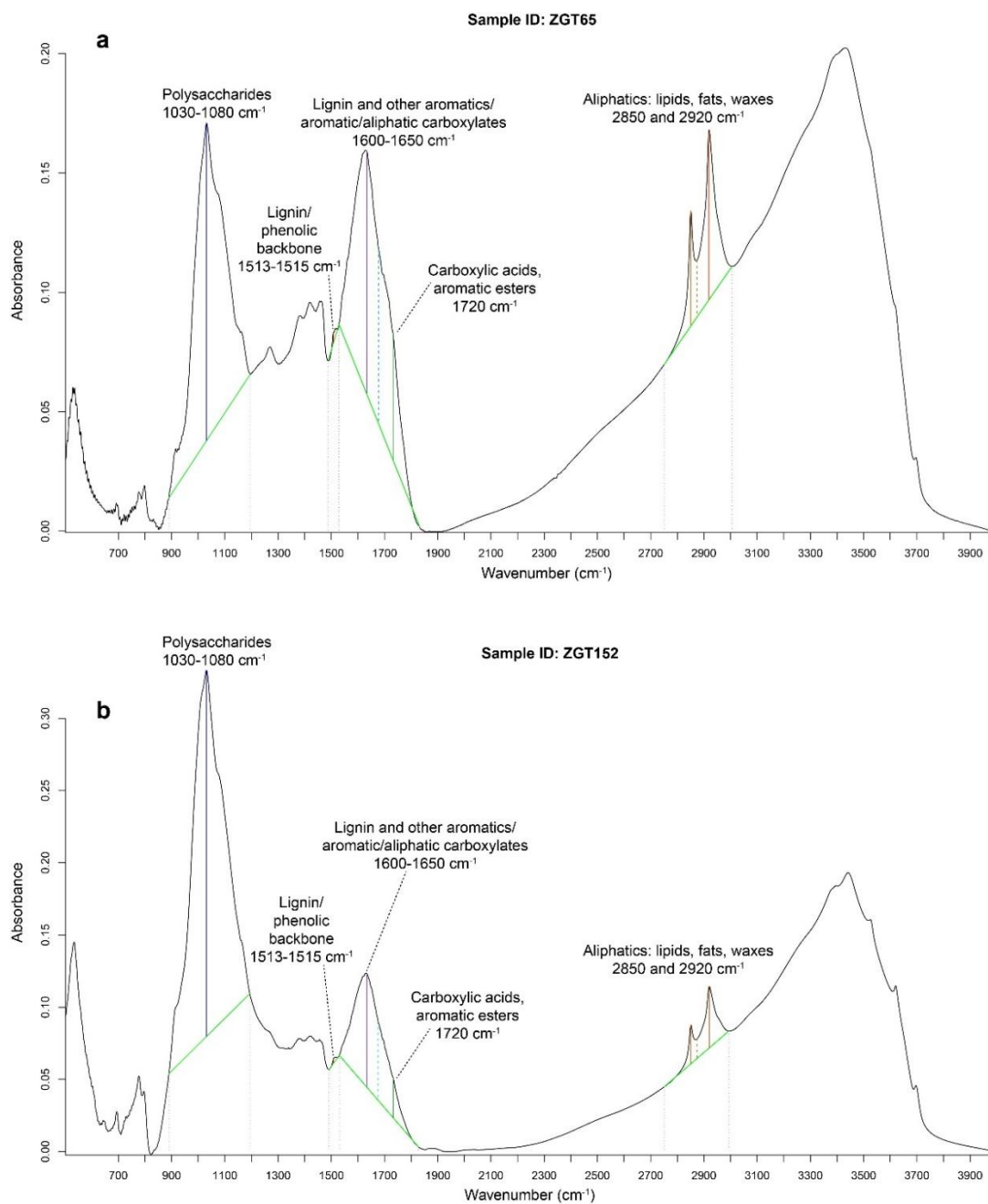


Fig. S8 Comparison of FTIR spectrum between woody plant expansion period (a) and non-woody plant expansion period (b) in the ZGT peat core.

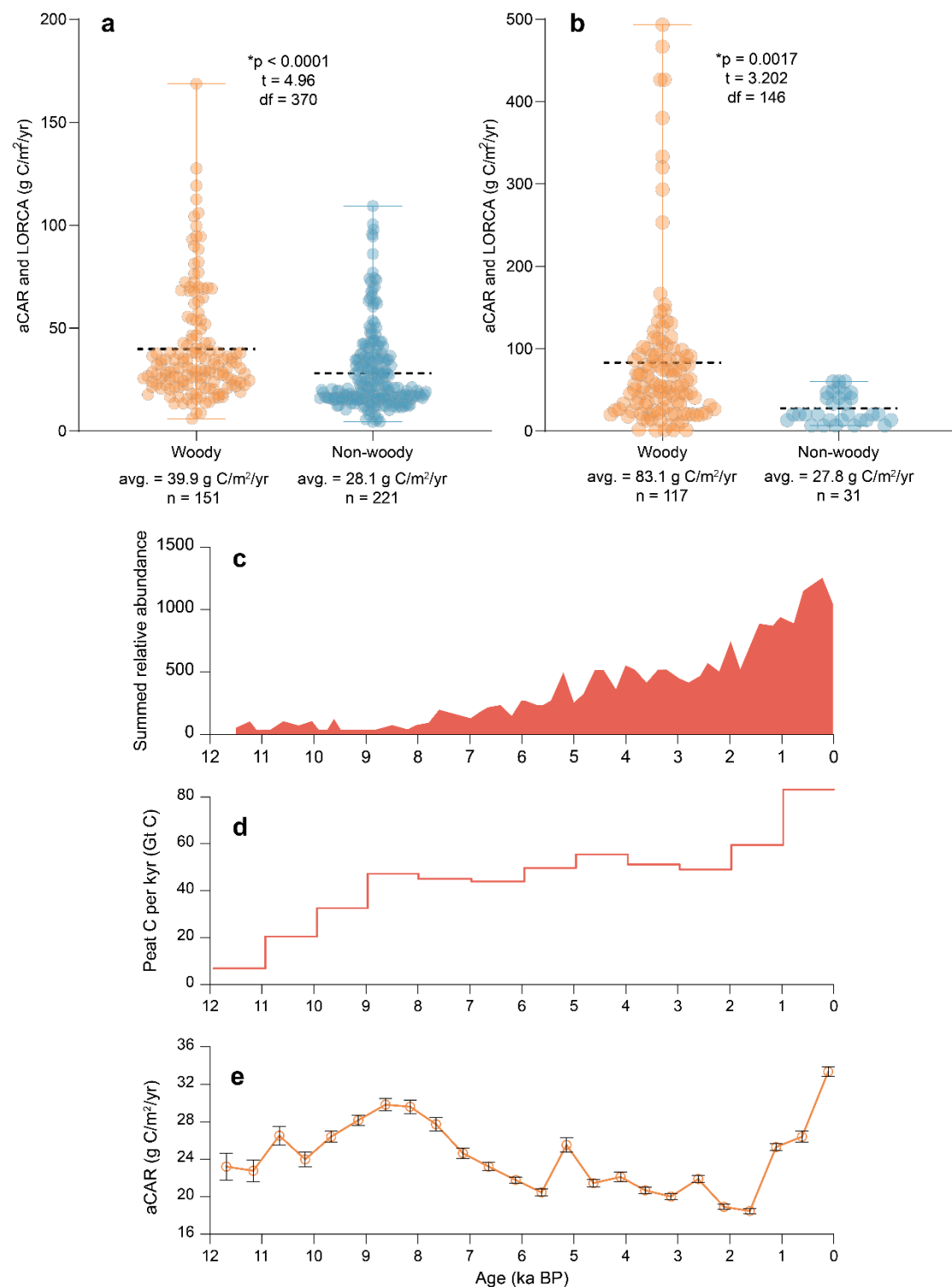


Fig. S9 Effects of woody plant on peatland carbon accumulation and net carbon pools. **a**, Comparison of apparent carbon accumulation rates (aCAR) and long-term apparent carbon accumulation rates (LORCA) between woody-dominated and non-woody periods in 166 peat cores from 128 northern peatlands. **b**, Comparison of aCAR and LORCA between woody-dominated and non-woody periods in 30 peat cores from 27 tropical peatlands. Horizontal dashed lines represent the average values. Note that

the y-axis scale in panel b is different from that in panel a. An unpaired t-test was performed to assess significant differences, with p-value, t-value, degrees of freedom (df), and sample size (n) displayed in the figure. Peatland information and data sources are listed in the supplementary data. **c**, Summed relative abundance of woody plants in circum-Arctic peatlands presented in 200-year bins, redrawn from ref. 8. **d**, Observed net carbon pool changes for northern peatlands in 1000-year intervals, redrawn from ref. 9. **e**, Mean peat carbon accumulation rates with standard error in 500-year bins, based on 151 peat cores from 127 sites across northern peatlands, redrawn from ref. 10 and 11.

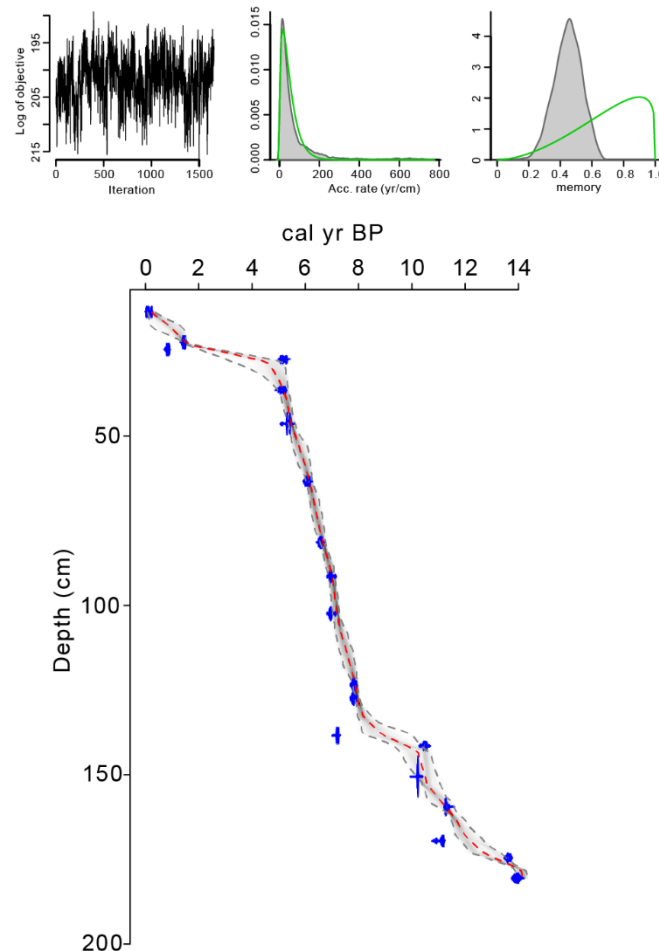


Fig. S10 Chorology of the ZGT peat core. Redraw after ref. 12.

References

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