

Description of Additional Supplementary Files

File Name: Supplementary Data 1

Description: Spreadsheet containing the extracted effect sizes, sample characteristics, and study-level metadata for all studies included in the meta-analysis.

File Name: Supplementary Data 2

Description: Spreadsheet containing the Risk of Bias (RoB 2) coding for all included studies.

File Name: Supplementary Data 3

Description: Spreadsheet containing sensitivity analyses of the three-level meta-regression model using minimum and maximum estimations of missing outcomes.

File Name: Supplementary Data 4

Description: Spreadsheet containing the full results of the meta-regression analyses, including contrasts with Dechêne et al. (2010).

File Name: Supplementary Data 5

Description: Spreadsheet listing all excluded studies and excluded effect sizes, with detailed justifications for exclusion.