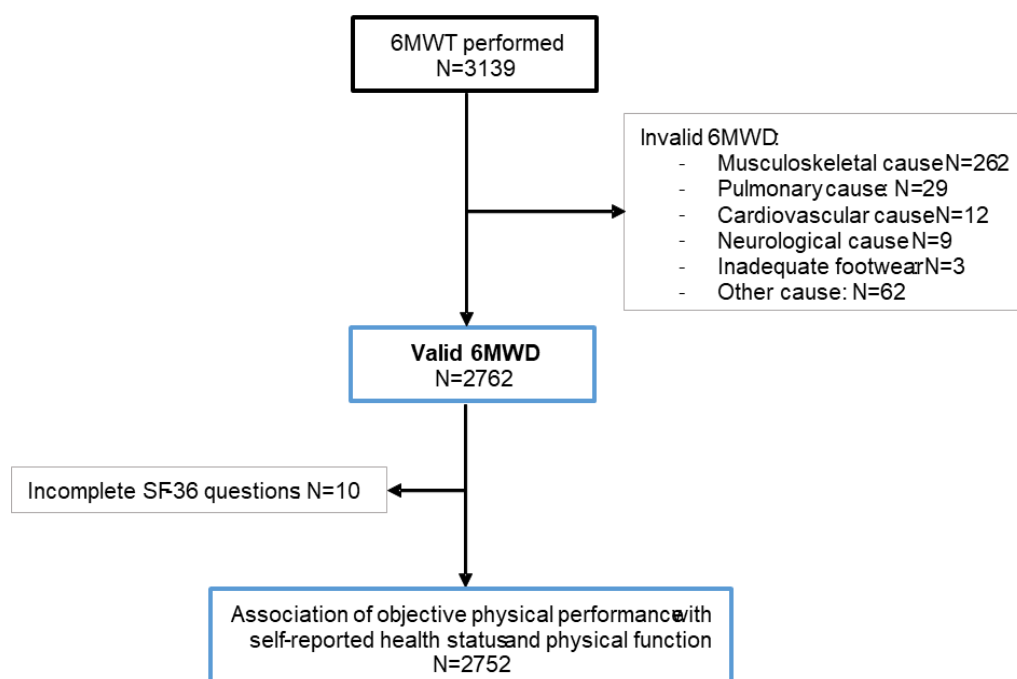


Supplemental Figure 1. Study consort



STAAB = Population-based *Characteristics and Course of Heart Failure Stages A-B and Determinants of Progression* Cohort Study; 6MWT = 6-minute walk test, 6MWD = 6-minute walk distance; SF-36 = Short Form 36.

Supplemental Table 1: Difference in six-minute walk distance (= effect estimator) of subjects in the categories “good” and “poor” of self-reported physical fitness, with respect to the reference category “moderate”.

	Effect estimate [m] (95% confidence interval)	P-value for estimate	P-value for interaction with sex
Good	+14.5 (+6.9, +22.1)	<0.001	0.896
Poor	-24.3 (-37.6, -11.1)	<0.001	

*with respect to the reference category ‘moderate’