

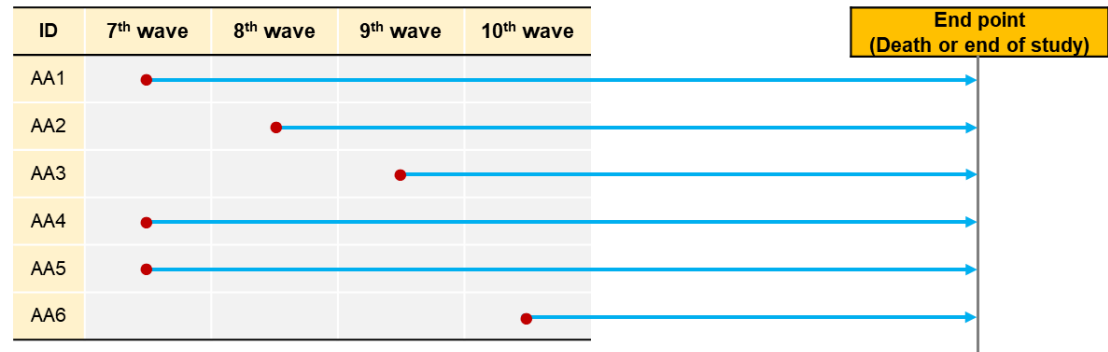
### Example of the participants' survey for FI items

| ID  | 7 <sup>th</sup> wave | 8 <sup>th</sup> wave | 9 <sup>th</sup> wave | 10 <sup>th</sup> wave |
|-----|----------------------|----------------------|----------------------|-----------------------|
| AA1 | •                    | •                    | •                    | •                     |
| AA2 |                      | •                    |                      | •                     |
| AA3 |                      |                      | •                    |                       |
| AA4 | •                    |                      |                      |                       |
| AA5 | •                    | •                    |                      |                       |
| AA6 |                      |                      |                      | •                     |

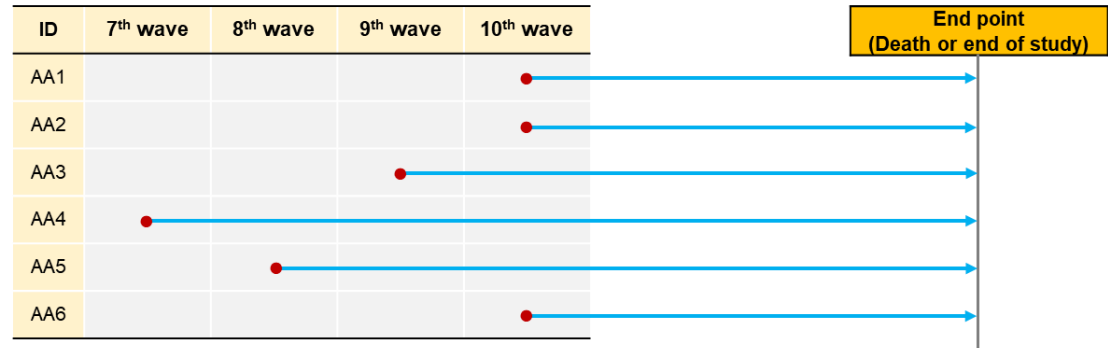
•: available FI calculation at each wave



### A. FI at initial visit (baseline FI)



### B. FI at last visit (time-updated FI)



•: FI at initial (A) and last (B) visit

→: Follow-up

**Supplementary Figure 3.** Example of follow-up period for each participants