

Part 1: Personality type questions

For the following questions, please answer on a scale from 1 (disagree strongly) to 5 (agree strongly).

<i>I see myself as someone who....</i>	Disagree strongly (1)	Disagree A little (2)	Neither agree nor disagree (3)	Agree a little (4)	Agree strongly (5)
1. Is talkative.					
2. Tends to find fault with others.					
3. Does a thorough job.					
4. Is depressed, blue.					
5. Is original, comes up with new ideas.					
6. Is reserved.					
7. Is helpful and unselfish with others.					
8. Can be somewhat careless.					
9. Is relaxed, handles stress well.					
10. Is curious about many different things.					
11. Is full of energy.					
12. Starts quarrels with others.					
13. Is a reliable worker.					
14. Can be tense.					
15. Is ingenious, a deep thinker.					
16. Generates a lot of enthusiasm.					
17. Has a forgiving nature.					
18. Tends to be disorganized.					
19. Worries a lot.					
20. Has an active imagination.					
21. Tends to be quiet.					
22. Is generally trusting.					
23. Tends to be lazy.					
24. Is emotionally stable, not easily upset.					
25. Is inventive.					
26. Has an assertive personality.					
27. Can be cold and aloof.					
28. Perseveres until the task is finished.					
29. Can be moody.					
30. Values artistic, aesthetic experiences.					
31. Is sometimes shy, inhibited.					
32. Is considerate and kind to almost everyone.					
33. Does things efficiently.					
34. Remains calm in tense situations.					
35. Prefers work that is routine.					
36. Is outgoing, sociable.					
37. Is sometimes rude to others.					
38. Makes plans and follows through with them.					
39. Gets nervous easily.					
40. Likes to reflect, play with ideas.					
41. Has few artistic interests.					
42. Likes to cooperate with others.					
43. Is easily distracted.					
44. Is sophisticated in art, music, or literature.					

Part 2: Demographics and related questions

1. What is your age? years
2. What is your gender? ☐ 1. Male ☐ 2. Female
3. What is your weight and height?kg.cm.
4. What is your eyesight?
☐ 1. Normal eyesight
☐ 2. Short-sightedness, 0-149
☐ 3. Short-sightedness, 150-599
☐ 4. Short-sightedness, > 600
☐ 9. Others, please specify.....
5. How many meals do you have per day?
☐ 1. 1 meal
☐ 2. 2 meals
☐ 3. 3 meals
☐ 4. 4 meals or more
6. How many hours per day do you sleep?
☐ 1. 0 - 4 hours
☐ 2. 4.00 - 5.99 hours
☐ 3. 6.00-7.99 hours
☐ 4. 8.00-9.99 hours
☐ 5. >10.00 hours
7. How many hours per day do you spend for self-studying?
☐ 1. none
☐ 2. 0.01 – 1.00 hour
☐ 3. 1.01 – 2.00 hour
☐ 4. 2.01 – 4.00 hour
☐ 5. >4.01 hours
8. How many hours per day do you engage in physical activities?
☐ 1. none
☐ 2. 0.01 – 1.00 hour
☐ 3. 1.01 – 2.00 hour
☐ 4. 2.01 – 4.00 hour
☐ 5. >4.01 hours
9. How many hours per day do you spend on social media (facebook, instagram, tiktok, line, etc.)?
☐ 1. none
☐ 2. 0.01 – 1.00 hour
☐ 3. 1.01 – 2.00 hour
☐ 4. 2.01 – 4.00 hour
☐ 5. >4.01 hours

10. How long does it take to get from your everyday resident to MUIDS?

- ☐ 1. 0-30 minutes
- ☐ 2. 30 minutes – 1.00 hour
- ☐ 3. 1.01 – 2.00 hour
- ☐ 4. 2.01 – 4.00 hour
- ☐ 5. >4.01 hours

11. What is your nationality?

- ☐ 1. Southeast Asians (E.g. Thailand, Myanmar, Cambodia, Laos etc.)
- ☐ 2. East Asians (E.g. China, Japan, Taiwan, South Korea etc.)
- ☐ 3. South Asians (E.g. India, Pakistan, Bangladesh etc.)
- ☐ 4. Westerners (E.g. Europeans, North America, Australia etc.)
- ☐ 9. Others, please specify.....

12. Which 3 credit electives did you choose in Grade 12?

- ☐ 1. Science (Advanced Biology, Anatomy and Physiology)
- ☐ 2. Information Technology (Computer Science and Engineering)
- ☐ 3. Social Studies (Microeconomics, Introduction to Psychology, Marketing and Advertising)
- ☐ 4. Modern Language (Mandarin, French)
- ☐ 5. Fine Arts (Film production, Integrated Music, Sculpture)
- ☐ 9. Others, please specify.....

13. What is your dream profession, choose all that apply

- ☐ 1. Doctor
- ☐ 2. Engineer
- ☐ 3. Lawyer
- ☐ 4. Business owner
- ☐ 5. Artist (i.e. musician, actor/actress, designer)
- ☐ 9. Others, please specify.....

14. What is your father's occupation?

- ☐ 1. Doctor
- ☐ 2. Engineer
- ☐ 3. Lawyer
- ☐ 4. Business owner
- ☐ 5. Artist (i.e. musician, actor/actress, designer)
- ☐ 6. Unemployed or housewife
- ☐ 9. Others, please specify.....

15. What is your mother's occupation?

- ☐ 1. Doctor
- ☐ 2. Engineer
- ☐ 3. Lawyer
- ☐ 4. Business owner
- ☐ 5. Artist (i.e. musician, actor/actress, designer)
- ☐ 6. Unemployed or housewife
- ☐ 9. Others, please specify.....