



Jilin University

INSTITUTIONAL ETHICS COMMITTEE

No. IEC/JU/SPE/081/2025-26

Date: 21/02/2025

CERTIFICATE OF ETHICAL APPROVAL

This is to certify that the verified registration no. Acad. dated 21/02/2025 titled "Influence of unilateral and bilateral plyometric training integrated with linear sprinting on physical performance in youth male basketball players" by **Guangxin Li** has been reviewed and approved by the Institutional Ethics Committee at its meeting held on 21/02/2025. The decision is taken by all the IEC members as per the standard operating procedures of the IEC as well as various ethical guidelines. The proposal has been adequately reviewed; the protocol and safety guidelines satisfy the condition of IEC/JU policies regarding experiments involving human and animal participants. The IEC has the right to give a letter to stop/terminate this study anytime.

This approval is given with the investigator's responsibility on the basis of the declaration as attached and that she/he will submit an annual progress report during the course of this study. The IEC/JU reserves the right to monitor and review the approval anytime during the research investigation and shall inform any further changes or amendments that may be required for compliance. This approval dates from 21/02/2025 to 20/02/2026, and if there is any delay in initiating the research process, please inform the IEC of JU so that the dates of approval can be adjusted accordingly.

Signature

Member Secretary

Institutional Ethics Committee (IEC)

Name: 赵扬

Date: 21/02/2025

Signature

Chairperson

Institutional Ethics Committee (IEC)

Name: 邵峰

Date: 21/02/2025

Copy to:

- Principal Investigator
- Member's IEC
- File



CS 扫描全能王

3亿人都在用的扫描App