

Multifunctional Activity of *Mentha piperita* Essential Oil Nanoemulsion against *Helicobacter pylori*

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Table S1. GC-MS analysis of <i>Mentha piperita</i> essential oil (MPEO) showing chemical composition and relative content (%)		
No.	Compound	Content (%)
1	α -Pinene	0.55
2	Sabinene	0.16
3	β - Pinene	0.55
4	β - Myrcene	0.1
5	Delta-3 Carene	0.28
6	Cymene	0.11
7	1,8-Cineole	2.54
8	Limonene	3.07
9	Menthone	21.17
10	Isomenthone	2.85
11	Menthofuran	6.63
12	Isomenthol	2.11
13	Menthol	51.20
14	p-Menthan-1-0	0.24
15	Levomenthol	0.3
16	Pulegone	2.1
17	p-Menth-3-ene	0.15
18	Menthyl acetate	4.12
19	α -Cubebene	0.07
20	α -Ylangene	0.08
21	α -Bourbonene	0.11
22	Trans-Caryophyllene	0.95
23	Germacrene-D	0.41
24	Germacrene-D	0.07
	Total	99.01

Table S2. Antibiotic susceptibility patterns of clinical <i>H. pylori</i> isolates.					
Strain	AMX (25 µg)	CLR (15 µg)	LEV (5 µg)	TET (30 µg)	MTZ (5 µg)
HP-1	S	S	S	S	R
HP-2	S	S	S	R	R
HP-3	S	R	R	R	R
HP-4	S	R	R	R	R
HP-5	S	S	R	R	R

AMX: Amoxicillin; CLR: Clarithromycin; LEV: Levofloxacin; TET: Tetracycline. S = sensitive, R = resistant. Susceptibility was determined according to standard disc diffusion methods.

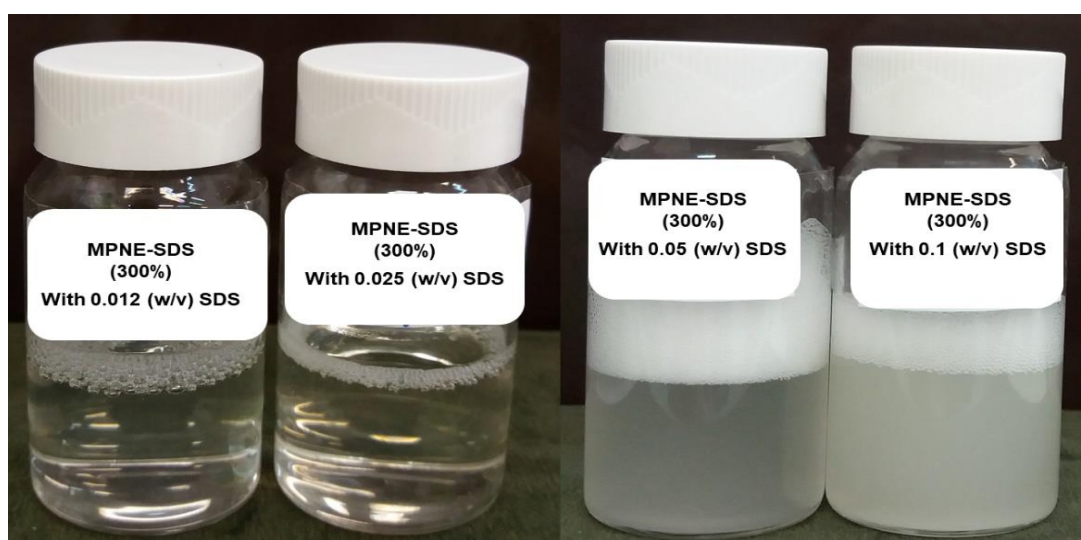


Fig. S1. Visual clarity of MPNE formulations with different SDS concentrations (0.012, 0.025, 0.05, and 0.1 w/v). The 0.012 and 0.025 formulations showed high transparency, while 0.05 and 0.1 exhibited turbidity and foaming.

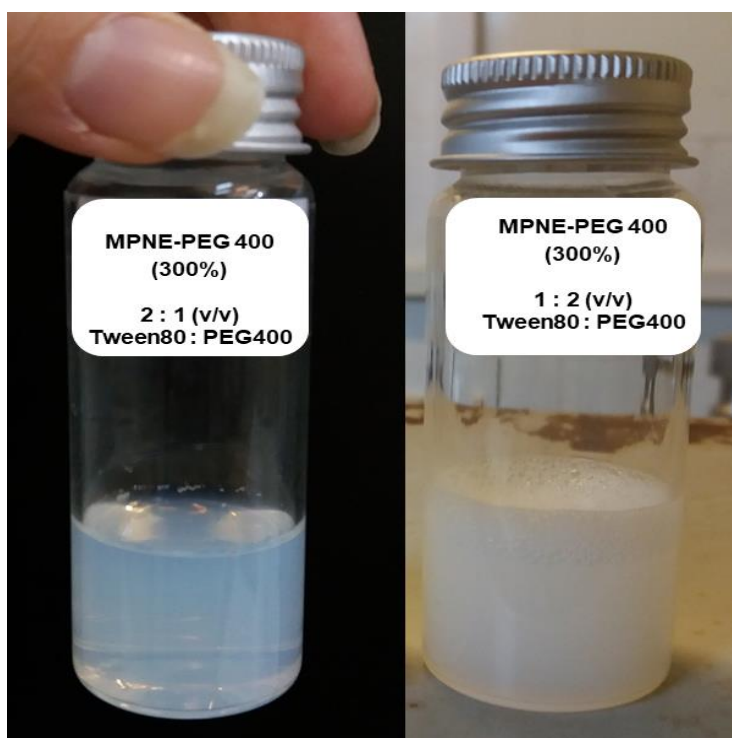


Fig. S2. Visual assessment of MPNE formulations with different Tween 80: PEG 400 ratios (2:1 and 1:2 v/v).