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Supplementary information

Food Compass is a nutrient profiling system using expanded characteristics for assessing healthfulness of foods

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Supplementary Materials

Food Compass: a Novel Nutrient Profiling System for Assessing the Healthfulness of Foods

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Supplementary Text 1. Details on scoring the Food Compass in NHANES

Due to absence of data in FNDDS, 7 Food Compass attributes could not be scored in the NHANES dataset: iodine; trans fat, and 5 artificial additives with a half-weight each (artificial sweeteners, flavors, or colors, partially-hydrogenated oils, interesterified or fully hydrogenated oils, high fructose corn syrup, MSG). Thus, in the FNDDS dataset, scores were calculated utilizing 47 of the 54 Food Compass attributes across the 9 domains. Information on flavonoid content was merged from the USDA Flavonoid database (n=5,632 items) that represents a subset of foods in FNDDS 2015-2016 (n=8,032 items). Missing flavonoid contents for 2,400 foods were imputed based on the food subcategory-specific average flavonoid values for each of 150 food groups in What We Eat in America. For more details on scoring, see Table S3.

Supplementary Text 2. A comparison of sweet potato chips (a savory snack) vs. bulgur (a whole grain)

The Food Compass Score (FCS) for bulgur (a whole grain) and sweet potato chips (a savory snack) were both 68. In dietary guidance, whole grains are generally recommended, and savory snacks are generally considered as something to limit. The advantage of a NPS is the ability to more finely assess the healthfulness of these foods, both overall and in comparison to each other.

First, it is informative to assess the FCS for some other iterations of sweet potato in NHANES (Table S7):

- Sweet potato, baked, peel not eaten, made with oil: 82
- Sweet potato fries, from fresh, baked: 82
- Sweet potato, baked, peel eaten, fat not added in cooking: 78
- Sweet potato fries, frozen, fried: 69

These scores exhibit a nuanced gradation of scoring across these different processing and preparation methods.

Nutritional information for one serving (28 g, 150 kcal) of sweet potato chips is below:

- Carbs: 16 g (including 2.5 g of naturally occurring sugar)
- Protein: 0.8 gram
- Fat: 9 g, with 88% being unsaturated fats
- Fiber: 2.5 g
- Potassium: 261 mg
- Sodium: 65 mg
- Vitamin A: 37% RDI
- Vitamin E: 18% RDI
- Niacin: 4% RDI
- Vitamin B5: 8% RDI
- Vitamin B6: 12% RDI
- Iron: 3% RDI
- Good source of different carotenoids and phenolic acids
- Glycemic index: ~75 (fried sweet potatoes)

Based on its nutritional profile, the American Diabetes Association highlights sweet potatoes as a "diabetes superfood," noting its fiber and vitamin A contents, as well as being a good source of vitamin C and potassium. (https://www.diabetes.org/healthy-living/recipes-nutrition/eating-well/diabetes-superfoods)

In comparison, a serving (one cup, 150 kcal) of cooked bulgur contains:

- Carbs: 33 grams (mostly starch)
- Protein: 6 grams
- Fat: 0 grams
- Fiber: 8 grams
- Potassium: 123 mg
- Sodium: 395 mg
- Folate: 8% RDI
- Thiamine: 9% RDI
- Vitamin B6: 12% RDI
- Niacin: 11% RDI
- Magnesium: 14% RDI
- Iron: 10% RDI
- Glycemic index: ~50

Considering macronutrients, bulgur contains more protein and fiber but also much more starch compared with sweet potato chips; whereas sweet potato chips have much higher healthy fats with less starch and protein, and some fiber. Vitamin contents are broadly comparable in many ways, except for sweet potatoes being a high source of vitamin A; while conversely estimated glycemic index is higher for sweet potato chips. Sweet potato chips are an exellent source of potassium, with low sodium; while bulgur contains much more sodium.

In many ways, this sample contrast helps inform the utility and value of the Food Compass. Based on dietary guidelines, which by nature make recommendations about broad food categories, consumers would be told to seek bulgur and avoid sweet potato chips. Based on more rigorous nutritional evaluation, however, these two products appear relatively similar overall – suggesting the Food Compass provides important new information to consumers.

Finally, it is informative to compare the FCS for sweet potato chips to other major NPS. Sweet potato chip are defined by the NOVA classification as ultraprocessed (category 4) and by Nutri-Score as category C – each worse than the FCS. And, sweet potato chips are characterized by the Health Star Rating as a 4.5 – much higher than the FCS (comparable to a FCS of 90). Based on the overall nutritional profile of sweet potato chips, the FCS of 69 could be reasonably interpreted as providing the best overall guidance on healthfulness of this food.

Supplementary Table 1. Characteristics of 7 widely-used exemplar Nutrient Profiling Systems of diverse origins, methodologies, organizations, and regional coverage.*

Nutrient Profiling System	Country / Developer	Score Type	Consistent Attributes and Scoring for Different Food Categories (if inconsistent, no. of different food categories)	No. (Range) of Unique Attributes Assessed For Any Food Item†
Guiding Stars	USA / Industry (Hannaford/Ahold-Delhaize)	Categorical (4 groups)	No (4 food categories)	9
Nutri-Score	Europe / Government	Categorical (5 groups) ‡	No (4 food categories)	7
Health Star Rating	Australia & New Zealand; Government	Categorical (10 groups) ‡	No (6 food categories)	7
Nordic Keyhole	Scandinavia / Government	Binary	No (33 food categories)	0 to 5
Singapore Healthier Choice Symbol	Singapore / Government	Binary	No (14 food categories)	2 to 8
Waqeya	United Arab Emirates / Government	Binary	No (19 food categories)	2 to 8
Nestle Nutrient Profiling System	Switzerland / Industry (Nestle)	Numeric	No (32 food categories)	11

*Other major NPS, such as the 2004 UK system, were reviewed but not focused upon because these have generally been used as the foundation for several of the newer NPS included here. For example, the Health Star Rating was based on (and aimed to improve) the 2004 UK NPS and is also used by the Access to Nutrition Index (ATNI), a prominent new effort to use an NPS to grade multinational food products globally. The updated 2020 version of the Health Star Rating was used in all our analyses. Most of these scores are intended to score foods as purchased (i.e., in the package), not as consumed (i.e., how foods are combined and prepared in homes, coffee shops, cafeterias, or restaurants). Several also exclude foods without mandatory nutrient labeling, like produce, meats, and packaged foods from small local producers. However, validation of these scores against health outcomes has necessarily assessed all foods and beverages as consumed (see main manuscript, Discussion).

† In some of these NPS, the attributes assessed varied across different food categories; for these NPS, the range of the number of attributes in each food category is shown. Scoring details for each NPS can be found as follows: Guiding Stars: http://guidingstars.com/wp-content/uploads/2018/02/Guiding-Stars-White-Paper_US-Version_revised-final-2-1-2018-1.pdf; Nutri-Score: http://www.euro.who.int/__data/assets/pdf_file/0006/357243/PHP-Vol3-Issue4-December-2017-rus.pdf#page=178; Health Star Rating: http://healthstarrating.gov.au/internet/healthstarrating/publishing.nsf/Content/guide-for-industry; Singapore Healthier Choice Symbol: https://www.hpb.gov.sg/docs/default-source/default-document-library/hcs-guidelines-(january-2018); Nordic Keyhole: https://www.livsmedelsverket.se/globalassets/om-oss/lagstiftning/livsmedelsinfo-till-konsum---markning/livsfs-2015-1-particular-symbol-eng.pdf; Waqeya: https://weqaya.doh.gov.ae/en-us/UnderstandingYourScore/aboutnutrition.aspx ; Nestle Nutrient Profiling System: https://www.nestle.com/sites/default/files/asset-library/documents/library/documents/nutrition_health_wellness/nestle-nutritional-profiling-system.pdf

‡ The Nutri-Score and Health Star Rating first generate a numerical score which then is used to classify a product into a category.

Supplementary Table 2. Summary of review of nutrient content requirements for U.S. health claims.

101.14 Health claims: general requirements

Disqualifying nutrient levels: Levels of total fat, sat fat, cholesterol, or sodium in a food above which the food will be disqualified from making a claim

Per reference amounts customarily consumed, per label serving size, and, only for foods with reference amounts customarily consumed of 30g or less, or 2 tbsp or less, per 50g

Fat 13 g
Sat fat 4 g
Cholesterol 60 mg
Sodium 480 mg

Levels for a meal product (see 101.13 (l)) per label serving size

Fat 26 g
Sat fat 8 g
Cholesterol 120 mg
Sodium 960 mg

Levels for a main dish (see 101.13 (m)) per label serving size

Fat 19.5 g
Sat fat 6 g
Cholesterol 90 mg
Sodium 720 mg

101.54 Nutrient content claims for "good source," "high," "more," and "high potency."

>=20%	"High" - if food contains 20% or more of the RDI or the DRV per reference amount customarily consumed
10-19%	"Good source" - iIf food contains 10-19% of the RDI or the DRV per reference amount customarily consumed
>10%	More, fortified, enriched, added, extra, and plus - as relative terms to describe the level of protein, vitamins, minerals, dietary fiber or potassium - if food contains at least 10% more of the RDI for vitamins or minerals or of the DRV for protein, dietary, fiber, or potassium (expressed as a % of the DV) per 100g of food than an appropriate reference food
>=100%	"High potency" - if the product contains 100% or more of the RDI for at least two-thirds of the vitamins and minerals that are listed and are present in the product at 2% or more of the RDI

* Nutrient content claims using the term 'antioxidant'

RDI established for each of the nutrients
Nutrients that are the subject of the claim must have recognized antioxidant activity (see g.2)

101.56 Nutrient content claims for "light" or "lite"

If the food derives 50% or more of its calories from fat, its fat content is reduced by 50% or more per reference amount customarily consumed compared to an appropriate reference food

If the food derives less than 50% of calories from fat:

Number of calories is reduced at least 33.3% per reference amount compared to appropriate reference
fat content is reduced by 50% or more compared to the reference food

101.61 Nutrient content claims for the sodium content of foods (generally per 100g or per reference amount)

<5mg	Terms of sodium free (variations thereof)
<35mg/100g	Terms of very low sodium
<140mg /100g	Terms of low sodium
>=25% lower than ref	Terms of reduced sodium

Salt is NOT synonymous with sodium, salt refers to sodium chloride.
Terms around salt free, unsalted, low salt, etc.

101.62 Nutrient content claims for fat, fatty acid, and cholesterol content of foods:

See: https://www.accessdata.fda.gov/scripts/cdrh/cfdocs/cfcfr/cfrsearch.cfm?fr=101.62

101.65 Implied nutrient content claims and related label statements

You may use the term “healthy” or related terms (e.g., “health,” “healthful,” “healthfully,” “healthfulness,” “healthier,” “healthiest,” “healthily,” and “healthiness”) as an implied nutrient content claim on the label or in labeling of a food that is useful in creating a diet that is consistent with dietary recommendations if:

If the food is...	The fat level must be...	The saturated fat level must be...	The cholesterol level must be...	The food must contain...
(A) A raw fruit or vegetable	Low fat as defined in §101.62(b)(2)	Low saturated fat as defined in §101.62(c)(2)	The disclosure level for cholesterol specified in §101.13(h) or less	N/A
(B) A single-ingredient or a mixture of frozen or canned fruits and vegetables[1]	Low fat as defined in §101.62(b)(2)	Low saturated fat as defined in §101.62(c)(2)	The disclosure level for cholesterol specified in §101.13(h) or less	N/A
(C) An enriched cereal-grain product that conforms to a standard of identity in part 136, 137 or 139 of this chapter	Low fat as defined in §101.62(b)(2)	Low saturated fat as defined in §101.62(c)(2)	The disclosure level for cholesterol specified in §101.13(h) or less	N/A
(D) A raw, single-ingredient seafood or game meat	Less than 5 grams (g) total fat per RA[2] and per 100 g	Less than 2 g saturated fat per RA and per 100 g	Less than 95 mg cholesterol per RA and per 100 g	At least 10 percent of the RDI[3] or the DRV[4] per RA of one or more of vitamin A, vitamin C, calcium, iron, protein, or fiber
(E) A meal product as defined in §101.13(l) or a main dish product as defined in §101.13(m)	Low fat as defined in §101.62(b)(3)	Low saturated fat as defined in §101.62(c)(3)	90 mg or less cholesterol per LS[5]	At least 10 percent of the RDI or DRV per LS of two nutrients (for a main dish product) or of three nutrients (for a meal product) of: vitamin A, vitamin C, calcium, iron, protein, or fiber
(F) A food not specifically listed in this table	Low fat as defined in §101.62(b)(2)	Low saturated fat as defined in §101.62(c)(2)	The disclosure level for cholesterol specified in §101.13(h) or less	At least 10 percent of the RDI or the DRV per RA of one or more of vitamin A, vitamin C, calcium, iron, protein or fiber

If the food is...	The sodium level must be...
(A) A food with a RA that is greater than 30 g or 2 tablespoons (tbsp.)	480 mg or less sodium per RA and per LS
(B) A food with a RA that is equal to or less than 30 g or 2 tbsp.	480 mg or less sodium per 50 g[1]
(C) A meal product as defined in §101.13(l) or a main dish product as defined in §101.13(m)	600 mg or less sodium per LS

101.71 Health claims not authorized

Dietary fiber and CVD

Zinc and immune function in the elderly

101.72 Health Claims: calcium, vitamin D, and osteoporosis

Relationship between calcium, vit D, and osteoporosis: inadequate intake contributes to low peak bone mass - a risk factor for osteoporosis

Significance of calcium or calcium and vit D: Increasing calcium shown to have beneficial effects on bone health, independent of dietary vit D, but vit D is most effective when calcium intake is adequate

Requirements: see 101.14

Supplementary Table 2. Summary of review of nutrient content requirements for U.S. health claims. (continued)

Food Category	Attribute	Health Claim Requirements
Standard Certification (FDA-regulated products)	Total Fat	Less than 6.5 g
	Saturated Fat	1 g or less and 15% or less calories from saturated fat
	Trans Fat	Less than 0.5 g (also per label serving*). Products containing partially hydrogenated oils are not eligible for certification.
	Cholesterol	20 mg or less
	Sodium	One of four sodium limits applies depending on the particular food category: up to 140 mg, 240 mg or 360 mg per label serving*, or 480 mg per label serving and per RACC*. See Sodium Limits by Category for details.
	Beneficial Nutrients (naturally occurring)	10% or more of the Daily Value of 1 of 6 nutrients (vitamin A, vitamin C, iron, calcium, protein or dietary fiber)
Additional Food Category-Specific Requirements		
Canned Fruits/Vegetables	Ingredients	No "heavy syrup" (including potatoes and sweet potatoes)
Frozen Fruit	Added Sugars	100% Fruit (no added sugar)
Fruit/Vegetable Juice	Added Sugars	100% juice (or 100% juice plus water) with no added sugars/sweeteners (excludes non-nutritive sweeteners)
	Calories	120 calories or less per 8 fl oz*
	Positive Nutrients	10% Daily Value or greater for 3 nutrients for which a Daily Value exists. At least one of these beneficial nutrients must satisfy the beneficial nutrient requirement listed above.
Grain-Based Products	Fiber and Total Sugars	All grain-based products must be a good source of dietary fiber (10% or more Daily Value per RACC); and contain 7 g or less Total Sugars per serving if the product is a good source of dietary fiber (10-19% Daily Value per RACC); or 9 g or less Total Sugars per serving if the product is an excellent source of dietary fiber (20% or more Daily Value per RACC).
	Natural Sugars	Sugars from pieces of fruit do not count toward the sugars allowance but amount(s) and source(s) must be disclosed.
Grain-Based Snack Bars	Fiber and added sugars	If product used the new Nutrition Facts label format, product must be a good source of dietary fiber (10% or more Daily Value per RACC), and contain 8 g or less of added sugar per serving. If product uses the old Nutrition Facts label format, the requirements for all other grain-based products apply.
Milk and Milk Alternatives	Calories	130 calories or less per 8 fl oz*
Smoothies	Calories	200 calories or less per 8oz or 300 calories or less per 9-20 oz. (upper limit for size)
	Added Sugars	2 teaspoons (8 g) or less added sugar per serving
	Whole Foods	Must contain at least one serving of whole fruit or vegetable (not including any added juice or puree concentrate, which will be counted as added sugars) or dairy/dairy alternatives (e.g. nut/grain/soy-based milks)
	Caffeine	Caffeine and other stimulant additives are not permitted. Caffeine occurring naturally in other ingredients (e.g. green tea) is permitted.
Snacks	Added Sugars	5 grams or less added sugar per serving. Naturally occurring sugars do not count toward this limit Grain-Based Snacks: Must be a good source of dietary fiber (at least 10% Daily Value per RACC)

Yogurt	Total Sugars	20 g or less total sugar per standard 6 oz serving.
Meat and Seafood: Standard Certification "Extra Lean"	Total Fat	Less than 5 g (also per 100 g*)
	Saturated Fat	Less than 2 g (also per 100 g*)
	Trans Fat	Less than 0.5 g (also per label serving*). Products containing partially hydrogenated oils are not eligible for certification.
	Cholesterol	Less than 95 mg (also per 100 g*)
	Sodium	One of four sodium limits applies depending on the particular food category: up to 140 mg, 240 mg or 360 mg per label serving*, or 480 mg per label serving and per RACC*. See Sodium Limits by Category for details.
	Beneficial Nutrients (naturally occurring)	10% or more of the Daily Value of 1 of 6 nutrients (vitamin A, vitamin C, iron, calcium, protein or dietary fiber)
Processed Meats	Preservation	Preservation methods that include smoking, curing, salting or other chemical preservatives including added nitrates/nitrites will not be allowed.
Main Dish & Meal Products	Total Fat	3 g or less per 100 g of product* and 30% or less calories from fat
	Saturated Fat	1 g or less per 100 g of product* and less than 10% calories from saturated fat
	Trans Fat	Less than 0.5 g (per label serving*). Products containing partially hydrogenated oils are not eligible for certification.
	Cholesterol	20 mg or less per 100 g of product* and 90 mg or less per label serving* for a main dish and 120 mg or less per label serving* for a meal
	Sodium	600 mg or less (per label serving*)
	Beneficial Nutrients (naturally occurring)	10% or more of the Daily Value of 1 of 6 nutrients (vitamin A, vitamin C, iron, calcium, protein or dietary fiber) per the entire main dish or meal
Whole Grains with Required Levels of Whole Grain & Dietary Fiber	Food Types	Certifiable grain-based products include breads, biscuits, cereals (ready-to-eat & cooked), crackers, pancakes, French toast, grains (single or multi) and their derivative flours/meals, waffles, muffins, sweet quick-type breads, and pastas.
	Total Fat	Less than 6.5 g
	Saturated Fat	1 g or less and 15% or less calories from saturated fat
	Trans Fat	Less than 0.5 g (also per label serving*). Products containing partially hydrogenated oils are not eligible for certification.
	Cholesterol	20 mg or less
	Sodium	One of four sodium limits applies depending on the particular food category
	Beneficial Nutrients (naturally occurring)	10% or more of the Daily Value of 1 of 6 nutrients (vitamin A, vitamin C, iron, calcium, protein or dietary fiber)
	Whole Grain Content	51% or more by weight/RACC
	Minimum Dietary Fiber (from whole grain only)	1.7 g/RACC of 30 g; 2.5 g/RACC of 45 g; 2.8 g/RACC of 50 g; or 3.0 g/RACC of 55 g
	Fiber and Total Sugars	Must be a good source of dietary fiber (10% or more Daily Value per RACC), and contain 7 g or less Total Sugars per serving if the product is a good source of dietary fiber (10-19% Daily Value per RACC) or 9 g or less Total Sugars per serving If the product is an excellent source of dietary fiber (20% or more Daily Value per RACC). Sugars from pieces of fruit do not count toward the sugars allowance but amount(s) and source(s) must be disclosed.

Nuts (Whole or Chopped)	Food types	Eligible nuts include almonds, hazelnuts, macadamia nuts, peanuts, pecans, pistachios, walnuts, some pine nuts
	Total Fat	No limit
	Saturated Fat	4 g or less (per 50 g only*) No limit for Macadamia Nuts
	Trans Fat	Less than 0.5 g (also per label serving*)
	Cholesterol	0 mg per label serving*
	Sodium	140 mg or less per label serving*
	Beneficial Nutrients (naturally occurring)	10% or more of the Daily Value of 1 of 6 nutrients (vitamin A, vitamin C, iron, calcium, protein or dietary fiber). Not applicable to walnuts.
	Added Fats	Less than 0.5 g per RACC
	Added Carbohydrates	Less than 1 g per RACC
		Amount(s) and source(s) of added fats and carbohydrates must be disclosed
Fish with Required Level of Omega-3 Fatty Acids	Food Types	Fish may be certified under the Standard, Extra Lean or Fish categories, depending on the nutritional profile of the product.
	Total Fat	16 g or less
	Saturated Fat	4 g or less
	Trans Fat	Less than 0.5 g (also per label serving*)
	Cholesterol	Less than 95 mg (also per 100 g*)
	Sodium	One of four sodium limits applies depending on the particular food category
	Beneficial Nutrients (naturally occurring)	10% or more of the Daily Value of 1 of 6 nutrients (vitamin A, vitamin C, iron, calcium, protein or dietary fiber)
	Omega-3 Fatty Acids (EPA & DHA)	500 mg or more per 85 g (3 oz cooked)
	Added Fats	Less than 0.5 g per RACC
	Added Carbohydrates	Less than 1 g per RACC
		Amount(s) and source(s) of added fats and carbohydrates must be disclosed
Liquid Vegetable Oils and Oil Containing Products	Food Types	Must be pure Olive Oil, pure Canola Oil, pure Corn Oil, or vegetable oil blend containing 4 g or more Corn Oil per RACC. Canola Oil-Containing Products must have more than 4.75 g of Canola Oil per RACC. Corn Oil-Containing Products must have more than 4 g of Corn Oil per RACC. Olive Oil-Containing Products must have more than 6 g of Olive Oil per RACC. Soybean Oil-Containing Products must have more than 5 g of Canola Oil per RACC
	Total Fat	no limit
	Saturated Fat	
	For Olive Oil, Corn Oil, Soybean Oil, and vegetable oil blends	4 g or less (also per label serving*, not per 50g)
	For Canola Oil	1 g or less (also per label serving*) and 15% or less calories from saturated fat
	For Olive, Corn, and Soybean Oil-Containing Products	2 g or less (also per label serving*)
	Trans Fat	Less than 0.5 g (also per 50 g*). Products containing partially hydrogenated oils are not eligible for certification
	Cholesterol	20 mg or less (also per 50 g*)
	Sodium	0 mg for liquid oils. For Oil-Containing Products, see Sodium limits by Category for details.

Grain-Based and Snack Bars	Total Fat	< 6.5 g per RACC (40 g)
	Saturated Fat	≤ 1.0 g per RACC and ≤ 15% calories from saturated fat
	Trans Fat	< 0.5 g per RACC and per label serving and no PHOs allowed
	Cholesterol	≤ 20 mg per RACC
	Sodium	≤ 140mg per serving
	Beneficial Nutrients	10% DV of 1 of 6 nutrients
For Old Label	Dietary fiber	10% or more DV per RACC
	Total Sugars	7 g or less per serving if good source of dietary fiber (10-19% DV per RACC)
	Total Sugars	9 g or less per serving if excellent source of dietary fiber (20% or more DV per RACC)
For New Label	Dietary Fiber	10% or more DV per RACC
	Added Sugars	≤ 8g added sugars per serving vs. RACC (1 tsp. sugar = 4g)
	Natural Sugars	Sugars from pieces of fruit do not count toward the sugars allowance
	Health Claim Language	"Diets low in saturated fat and cholesterol, and as low as possible in trans fat, may reduce the risk of heart disease"
Smoothies	Food Ingredients	Must contain at least one serving of whole fruit or vegetable (not including any added juice or puree concentrate; juice concentrate and puree concentrate will be counted as added sugars) OR dairy/dairy alternative (e.g. nut/grain/soy-based milks)
	Calories	200 cal. Per RACC (8oz) or 300 cal. Per 9 - 16 oz. (upper limit)
	Total Fat	< 6.5 g per RACC
	Saturated Fat	≤ 1.0 g per RACC and ≤ 15% calories from saturated fat
	Trans Fat	< 0.5 g per RACC and per label serving and no PHOs allowed
	Cholesterol	≤ 20 mg per RACC
	Sodium	≤ 240mg per serving
	Beneficial Nutrients	10% DV of 1 of 6 nutrients
	Added Sugars	≤ 2 tsp. (or 8 grams) added sugar per serving
	Caffeine	Caffeine and other stimulant additives are not permitted; caffeine occurring naturally in other ingredients (e.g. green tea) is permitted.
	Health Claim Language	"Diets low in saturated fat and cholesterol, and as low as possible in trans fat, may reduce the risk of heart disease"
	Ingredients	If product requires additional ingredients to be added in preparation (e.g. milk, yogurt, juice, water) the company must provide a nutrient profile for the finished product and at least one preparation method must meet certification criteria per serving/RACC.
Fresh (raw) Fruits and Vegetables	Food Types	Nearly all fresh fruits and vegetables that don't qualify under Standard Certification should meet these requirements (e.g. fresh coconut would not qualify). Dried fruit is not covered in this category and must qualify under Standard Certification.
	Total Fat	13g or less (also per label serving size* and per 50g* (if the standard serving size is 30g or less)]
	Saturated Fat	1.0 g or less and ≤ 15% calories from saturated fat
	Trans Fat	less than 0.5 g (also per label serving*) Products containing partially hydrogenated oils are not eligible for certification.
	Cholesterol	20 mg or less
	Sodium	140mg or less per label serving*
		*Measurement amounts in addition to or instead of RACC

Supplementary Table 3. Scoring principles for the 53 attributes within 9 domains of the Food Compass.*

Attributes (per 100 kcal [418.4 kj])	Attribute Points	Target for low score	Target for high score	Target Reference†
Nutrient Ratios ‡				
Unsaturated:Saturated fat ratio (log)	-10 to 10	-0.25	1.8	5th, 95th pctl
Fiber:Carbohydrate ratio (log)	-10 to 10	-6.74	0	5th, 95th pctl
Potassium:Sodium ratio (log)	-10 to 10	-1.87	2.77	5th, 95th pctl
Vitamins (top 5) §				
Vitamin A, RAE	0 to 10	0	225 ug	25% RDA
Thiamin (B1)	0 to 10	0	0.3 mg	25% RDA
Riboflavin (B2)	0 to 10	0	0.325 mg	25% RDA
Niacin (B3)	0 to 10	0	4 mg	25% RDA
Vitamin B-6	0 to 10	0	0.325 mg	25% RDA
Folate, DFE (B9) (total)	0 to 10	0	100 ug	25% RDA
Cobalamin (B12) (total)	0 to 10	0	0.6 ug	25% RDA
Vitamin C	0 to 10	0	22.5 mg	25% RDA
Vitamin D (D2 + D3)	0 to 10	0	3.75 ug	25% RDA
Vitamin E (alpha-tocopherol) (total)	0 to 10	0	3.75 mg	25% RDA
Vitamin K (phylloquinone)	0 to 10	0	30 ug	25% AI
Choline, total	0 to 10	0	137.5 mg	25% AI
Minerals (top 5) §				
Calcium	0 to 10	0	250 mg	25% RDA
Phosphorus	0 to 10	0	175 mg	25% RDA
Magnesium	0 to 10	0	105 mg	25% RDA
Iron	0 to 10	0	4.5 mg	25% RDA
Zinc	0 to 10	0	2.75 mg	25% RDA
Copper	0 to 10	0	225 ug	25% RDA
Selenium	0 to 10	0	13.75 ug	25% RDA
Sodium	-10 to 0	575	0	25% RDA
Potassium	0 to 10	0	1175 mg	25% RDA
Iodine	0 to 10	0	37.5 ug	25% RDA
Food Ingredients (sum) ‖				
Fruits	0 to 10	0	1.66 cups	95th pctl
Vegetables, non-starchy	0 to 10	0	3.29 cups	95th pctl
Beans and legumes	0 to 10	0	0.44 cups	95th pctl
Whole grains	0 to 10	0	1.01 oz	95th pctl
Nuts and seeds	0 to 10	0	1.22 oz	95th pctl
Seafood	0 to 10	0	3.89 oz	95th pctl
Yogurt	0 to 10	0	0.55 cups	95th pctl
Plant Oils	0 to 10	0	11.31 g	95th pctl
Refined grains	-10 to 0	1.36 oz	0	95th pctl
Red or processed meat	-10 to 0	2.25 oz	0	95th pctl

Attributes (per 100 kcal [418.4 kj])	Attribute Points	Target for low score	Target for high score	Target Reference†
Additives ¶				
Added sugar, % calories	-10 to 0	100%	0	
Nitrites	-10, 0	yes	no	
Artificial sweeteners, flavors, or colors	-10, 0	yes	no	
Partially hydrogenated oils	-10, 0	yes	no	
Interesterified or hydrogenated oils	-10, 0	yes	no	
High fructose corn syrup	-10, 0	yes	no	
Monosodium glutamate (MSG)	-10, 0	yes	no	
Processing €				
NOVA processing level	-10, -2, -1, 0	NOVA=4	NOVA=1	
Fermentation	0, 10	no	yes	
Frying	-10, 0	yes	no	
Specific Lipids (top 3) ¥				
Cholesterol	-10 to 0	75 mg	0	25% DGA
MCFAs (8:0 + 10:0 + 12:0, g)	0 to 10	0	0.35 g	95th pctl
ALA (18:3n-3)	0 to 10	0	0.4 g	25% AI
EPA + DHA (20:5n-3 + 22:6n-3)	0 to 10	0	62.5 mg	25% REC
Trans fats	-10 to 0	30% energy	0	expert consensus
Fiber & Protein §				
Total fiber	0 to 10	0	9.5 g	25% AI
Total protein	0 to 10	0	14 g	25% RDA
Phytochemicals §				
Total flavonoids	0 to 10	0	32.4 mg	95th pctl
Total carotenoids	0 to 10	0	12,121 mcg	95th pctl

* Each domain score was calculated as the average of the attribute scores in that domain (or the sum for the food ingredient domain), and the 9 domain scores were summed (with half-weights for specific lipids, fiber & protein, and phytochemicals). To minimize the influence outliers, the range of summed scores across all 8,032 food and beverage items (NHANES 2015-16) was first truncated at the 5th and 95th percentiles (-10.0, 27.7). The final Food Compass Score (FCS) was then scaled across all food and beverage items to range from 1 (least healthful) to 100 (most healthful) using the equation: FCS = [100 – (((max score – original score)/score range))*99)], or [100 – (((27.7 – original score)/[37.7]))*99)].

† When Dietary Reference Intakes (DRIs) varied by population subgroup, the DRI was selected for adults age 19-50 years (and for men when varying by sex). Across attributes, the 25% threshold for DRIs was identified as most consistently distinguishing foods with higher vs. lower levels of these nutrients, and was generally similar to the 95% percentile value of content across all foods and beverages reported in NHANES 2015-16. For attributes without DRIs, scoring was based on the distributions of 8,032 unique food and beverage items reported in NHANES 2015-16. Whether scoring should remain constant for other datasets and nations, or vary according to the local food items, is a topic for further investigation.

‡ Nutrient ratios were each scored on a log-linear scale from -10 to 10. To prevent excessive scoring influence of small amounts of these nutrients in any food item, the unsaturated:saturated fat ratio was not calculated for items with <10% energy from fat; the fiber:carbohydrate ratio, for items with <10% energy from carbohydrate; and potassium:sodium ratio, for items with <0.01 mg of either potassium or sodium per 100 kcal. Absolute levels of fiber were also separately included under Fiber & Protein; and of potassium and sodium, under Minerals; in order to capture their separate health effects independent of these interactions represented by the ratios.

§ Vitamins, minerals, fiber, protein, flavonoids, and carotenoids were each scored on a linear scale from 0 to 10.

‖ Food-based ingredients were each scored on a linear scale from 0 to 10 for healthful ingredients; and from -10 to 0 for harmful ingredients (refined grains, red or processed meat). Separate 95th percentile values were calculated and used for dried fruits (0.70 cups) and dried vegetables (1.55 cups) given their different water weights. The attribute scores in this domain were summed (not averaged), because contents of each ingredient are mutually interdependent.

¶ Because added sugar content is nonlinear (skewed) across the food supply, it was scored as follows: 0 (<2% calories), -1 (2-3% calories), -2 (4-5% calories), -3 (6-7% calories), -4 (8-9% calories), -5 (10-19% calories), -6 (20-39% calories), -7 (40-59% calories), -8 (60-79% calories), -9 (80-99%), and -10 (100%). As no threshold has been set for nitrate content, nitrites were scored as -10 if present, using cured meats as a proxy (25% or more of energy content from cured or processed meats). For calculating the domain score, added sugar and nitrites, considered to have stronger evidence for health harms, were each provided a full weight, while the remaining additives, considered to have emerging and less robust evidence for independent health harms based on more limited studies, were each provided a half weight.

€ The NOVA processing classification was scored as -10, -5, -2.5, and 0 for the 4 categories of ultraprocessed, processed, culinary ingredients, and unprocessed foods. Fermentation was defined based on at least 50% energy content from fermented products, e.g. yogurt, cheese, kefir, kombucha, etc. Frying was defined based on the name and/or cooking description of each food item (e.g., “fried catfish”). For calculating the domain score, the NOVA classification system, considered to have stronger evidence for health harms, was provided a full weight, while fermentation and frying, considered to have emerging and less robust evidence for independent health harms based on more limited studies, were each provided a half weight.

¥ Specific lipids were each scored on a linear scale from 0 to 10 (ALA, EPA+DHA, MCFA) or -10 to 0 (cholesterol, trans fats). For calculating the domain score, MCFA content was considered to have emerging and less robust evidence for independent health harms based on more limited studies, and was provided a half weight.

AI, adequate intake. ALA, alpha-linolenic acid. EPA + DHA, eicosapentaenoic acid + docosahexaenoic acid. MCFAs, medium-chain fatty acids. RDA, recommended daily allowance. REC, dietary recommendation. UL, upper limit intake

Supplementary Table 4. Food Compass attribute values, attribute scores, domain scores, and overall scores for three example foods.

	Attribute Original Values			Food Compass Scores		
Domains, Attribute*	Apple, raw	Rice with beans and beef	Hamburger, 1 medium patty, with condiments, on white bun	Apple, raw	Rice with beans and beef	Hamburger, 1 medium patty, with condiments, on white bun
Food Compass Score (scaled)				92	57	25
Total sore, unscaled				24.5	11.5	-0.8
Nutrient Ratios				7.4	1.95	-2.16
Unsaturated: Saturated fat ratio(log)	NA	1.04	0.53	NA	2.62	-2.43
Fiber: Carbohydrate ratio (log)	-1.75	-1.73	-3.04	4.81	4.87	0.97
Potassium: Sodium ratio (log)	4.67	0.06	-0.71	10	-1.64	-5.03
Vitamins (top 5)				2.08	3.12	4.21
Vitamin A, ug, RAE	5.77	0.58	3.64	0.26	0.03	0.16
Thiamin, mg	0.03	0.09	0.09	1.09	2.95	2.89
Riboflavin, mg	0.05	0.03	0.08	1.54	1.01	2.46
Niacin, mg	0.17	0.88	1.56	0.44	2.2	3.9
Vitamin B6, mg	0.08	0.08	0.09	2.43	2.38	2.62
Folate, ug, DFE	5.77	39.31	21.36	0.58	3.93	2.14
Vitamin B12, ug	0	0.25	0.55	0	4.14	9.17
Vitamin C, mg	8.85	0.29	1	3.93	0.13	0.44
Vitamin D, ug	0	0	0	0	0	0
Vitamin E, mg	0.35	0.48	0.15	0.92	1.28	0.4
Vitamin K, ug	4.23	4.16	4.09	1.41	1.39	1.36
Choline, mg	6.54	15.43	18.27	0.48	1.12	1.33
Minerals (top 5)				1.34	3.13	2.43
Calcium, mg	11.54	18.5	27.73	0.46	0.74	1.11
Phosphorus, mg	21.15	61.85	52.73	1.21	3.53	3.01
Magnesium, mg	9.62	15.61	8.18	0.92	1.49	0.78
Iron, mg	0.23	1.16	0.96	0.51	2.58	2.14
Zinc, mg	0.08	0.85	1.29	0.28	3.09	4.69
Copper, mg	0.05	0.08	0.04	2.31	3.78	1.58
Selenium, ug	0	3.7	7.86	0	2.69	5.72
Sodium, mg	1.92	131.79	195.45	-0.03	-2.29	-3.4
Potassium, mg	205.77	140.46	95.91	1.75	1.2	0.82
Food Ingredients (sum)				10	1.9	-4.62
Fruits, nondried	1.75	0	0	10	0	0
Fruits, dried	0	0	0	0	0	0
Veg, nonstarchy, nondried	0	0.02	0.07	0	0.07	0.22
Veg, nonstarchy, dried	0	0	0	0	0	0
Beans and legumes	0	0.13	0	0	2.89	0
Whole grains	0	0	0	0	0	0
Nuts and seeds	0	0	0	0	0	0
Seafood	0	0	0	0	0	0
Yogurt	0	0	0	0	0	0
Plant Oils	0	2.21	1.17	0	1.95	1.03
Refined grains	0	0.23	0.44	0	-1.7	-3.21
Red or processed meat	0	0.29	0.6	0	-1.31	-2.67
Additives				0	0	-1
Added sugar, kcal	0	0	0.05	0	0	-2
Nitrites	0	0	0	0	0	0
Processing				0	-0.5	-1
NOVA processing	1	2	3	0	-1	-2
Fermented †	0	0	0	0	0	0
Frying †	0	0	0	0	0	0
Specific Lipids (top 3)				0.17	0.93	0.07
Cholesterol, mg	0	8.09	16.82	0	-1.08	-2.24
MCFAs (8:0 + 10:0 + 12:0), g	0	0	0	0	0.03	0.1
ALA (18:3n-3), g	0.02	0.14	0.1	0.43	3.38	2.38
EPA + DHA (20:5n-3 + 22:6n-3), g	0	0	0	0	0	0
Fiber and Protein				2.61	2.77	2.43
Fiber, total, g	4.62	2.02	0.36	4.86	2.13	0.38
Protein, g	0.5	4.77	6.27	0.36	3.41	4.48
Phytochemicals				4.54	0.1	0.17
Total flavonoids, mg	29.14	0.65	0	8.98	0.2	0
Total, carotenoids, ug	128.85	9.25	414.09	0.11	0.01	0.34

***** Each domain score was calculated as average of the attribute scores in that domain (or the sum for the food ingredient domain), and the 9 domain scores summed (with half-weights for specific lipids, fiber & protein, and phytochemicals). To minimize the influence outliers, the range of summed scores across all 8,032 food and beverage items (NHANES 2015-16) was first truncated at the 5th and 95th percentiles (-10.0, 27.7), and the final Food Compass Score (FCS) then scaled across all food and beverage items to range from 1 (least healthful) to 100 (most healthful) using the equation: FCS = [100-(((max score – original score)/score range))*99)], or [100 - (((27.7-original score)/[37.7]))*99)]. Due to absence of data in FNDDS, 7 Food Compass attributes could not be scored in the NHANES dataset: iodine; trans fat, and 5 artificial additives (artificial sweeteners, flavors, or colors, partially-hydrogenated oils, interesterified or fully hydrogenated oils, high fructose corn syrup, MSG).

Supplementary Table 5. Food Compass Scores for 8,032 unique foods and beverages consumed by U.S. adults, overall and within 12 major food groups

	No. of Items	Mean	Std Dev	Min	p5	p25	Median	p75	p95	Max
Overall	8032	46.1	28.7	1.0	1.0	23.4	43.6	67.8	100.0	100.0
Beverages	275	37.2	30.1	1.0	1.0	10.5	32.8	65.2	88.8	100.0
Grains	727	34.2	23.7	1.0	1.0	14.4	29.7	55.3	73.6	97.5
Fruits	264	71.5	21.4	22.8	38.0	54.8	73.6	91.0	100.0	100.0
Vegetables	1565	73.3	22.2	1.0	34.9	56.4	75.0	95.0	100.0	100.0
Legumes, Nuts, Seeds	264	81.6	16.0	20.2	47.7	74.4	85.5	93.0	100.0	100.0
Meat, Poultry, Eggs	763	34.1	15.6	1.0	3.0	24.9	33.1	45.9	58.4	75.2
Fish and Seafood	434	67.1	17.3	20.2	36.5	54.0	69.0	80.5	92.5	100.0
Dairy	245	41.0	19.2	2.0	15.0	27.3	37.7	53.2	76.9	91.1
Fats & Oils	129	27.4	24.8	1.0	1.0	8.2	23.2	36.7	83.6	85.7
Mixed Dishes	2206	39.4	21.1	1.0	8.3	24.1	37.2	52.0	78.8	100.0
Sauce Condiment	160	48.9	30.6	1.0	2.2	24.1	46.0	73.1	100.0	100.0
Savory Snacks & Sweet Desserts	1000	17.1	17.2	1.0	1.0	2.2	12.1	24.6	54.4	93.1

Supplementary Table 6. Examples of Food Compass Score categories of foods consumed by US adults. Individual unique foods and beverages are shown, with their Food Compass Score (FCS) in parentheses. Based on the observed ranges, FCS≥70 was selected a reasonable cutpoint for foods or beverages to be encouraged; FCS=31-69, to be consumed in moderation; and FCS≤30, to be minimized.

	FCS ≤ 30	FCS 30 to 69	FCS ≥ 70
Beverages	Mango nectar (28) Horchata beverage, made with milk (27) Coffee, iced café mocha, nonfat (25) Frozen coffee drink, nonfat, with whipped cream (19) Coffee, pre-sweetened low-calorie (14) Sunny D fruit juice drink (13) Cranberry juice drink, high vitamin C (11) Lemonade, frozen concentrate (10) Tea, iced, bottled, black, pre-sweetened (3) Capri sun fruit juice drink (3) Red Bull energy drink (1) Monster energy drink (1) Powerade sports drink (1) Gatorade G sports drink (1) Soft drink, cola (1)	Coffee, latte, with non-dairy milk, flavored (68) Apple juice, 100% (65) Grape juice, 100% (65) Cranberry juice blend, 100% juice (62) Boost Plus nutritional drink or shake (61) Coffee, cappuccino (55) Iced tea/lemonade juice drink, light (53) Coconut water, sweetened (42) Ensure Plus nutritional drink or shake (39) Coffee, latte, flavored (37) Fruit juice drink, with high vitamin C, light (36)	Tomato juice, 100%, low sodium (100) Celery juice (100) Fruit and vegetable smoothie (98) Grapefruit juice, 100% (90) Carrot juice, 100% (89) Orange juice, 100%, with calcium (87) Fruit smoothie, with whole fruit, no dairy, added protein (78) Coffee, cappuccino, with non-dairy milk (70)
Grains	Naan, Indian flatbread (28) Noodles, cooked (28) Roll, whole grain white (27) Post Honeycomb (26) Muffin, English, oat bran (26) Pancakes, plain (22) Kellogg's Corn Pops (22) Pasta, cooked (21) Quaker Cap'n Crunch (21) Bread, pumpkin (19) Bagel, multigrain, with raisins (17) Kellogg's Corn Flakes (17) Waffle, plain (16) Grits, regular or quick, made with water (14) Garlic bread, melted cheese, from frozen (13) Kellogg's Frosted Flakes (13) Rice, white, made with margarine (8)	Bulgur, fat not added (68) Injera, Ethiopian bread (67) Pancakes, buckwheat (67) Oatmeal, instant, plain, made with milk (65) Millet, fat not added (64) PowerBar (64) Bread, whole wheat (61) Oatmeal, instant, maple flavored (59) Tortilla, whole wheat (57) General Mills Lucky Charms (56) Post Grape Nuts (53) Kellogg's Nutri-Grain Cereal Bar (49) Muffin, whole wheat (48) General Mills Fiber One Chewy Bar (45) Hominy, cooked, fat not added (33) French toast, whole grain, from frozen (32) Bread, rye, reduced calorie (32)	General Mills Cheerios (91) Quinoa, fat not added (91) Oatmeal, instant, plain, made with water, fat not added (89) General Mills Total (80) Pasta, whole grain, cooked (80) Kashi 7 Whole Grain Puffs (80) Post Shredded Wheat (79) Kellogg's All-Bran Complete Wheat Flakes (74) Rice, brown and wild, cooked, fat added in cooking (71) Kellogg's Raisin Bran (70) General Mills Wheaties (70)

	FCS ≤ 30	FCS 30 to 69	FCS ≥ 70
	Roll, white, hot dog bun (4) Kellogg's Rice Krispies Treats cereal (3) Bread, pita (1) Tortilla, flour (1)		
Fruits	Fruit dessert with cream and/or pudding (26) Apple, candied (26) Cherries, maraschino (24)	Raspberries, frozen, with sugar (64) Blueberries, frozen, sweetened (62) Peach, canned, light or medium syrup (54) Applesauce, stewed apples, with sugar (51) Cherries, dried (49) Pineapple, canned, heavy syrup (48) Banana, chocolate-covered with nuts (42) Fruit cocktail, canned, light syrup (42)	Blackberries; Cranberries; Grapefruit; Raspberries; Lemon; Lime; Apricot; Cantaloupe; Papaya; Peach; Strawberries, Orange; Tangelo; Nectarine – all raw (100 each) Peach, canned, unsweetened in water (98) Blueberries, raw (95) Apple, raw (92) Peach, dried, unsweetened (90) Fig, dried, uncooked (83) Prune, dried, uncooked (81) Banana, raw (79) Banana, ripe, fried (73) Applesauce, stewed apples, unsweetened (72) Date, raw (72) Fruit cocktail, canned, unsweetened, in water (71)
Mixed Dishes	Nachos with meat, cheese, sour cream (29) Mushrooms, batter-dipped, fried (27) Vegetable submarine sandwich, with fat free spread (25) Cheese sandwich, American cheese, on white bread, with butter (25) Roast beef submarine sandwich, on roll, au jus (21) Egg, cheese, and sausage on biscuit (14) Ravioli, meat-filled, with tomato sauce or meat sauce, canned (14) Beef enchilada, chili gravy, rice, refried beans, frozen meal (13) Pizza with meat other than pepperoni, from restaurant or fast food, medium crust (12)	Hamburger, 1 miniature patty, on miniature bun, from school (66) Kung Pao chicken (66) Pork and vegetables, Hawaiian style (64) Minestrone soup, reduced sodium, canned or ready-to-serve (62) Peanut butter sandwich, reduced fat peanut butter, on whole wheat bread (60) Spanakopita (53) Turkey or chicken burger, with condiments, on whole wheat bun (48) Enchilada with chicken and beans, red-chile or enchilada sauce (46) Pizza, with pepperoni, from school lunch, medium crust (45)	Seafood garden salad with lettuce, tomato and/or carrots, other vegetables, no dressing (100) Ceviche (100) Vegetable curry (100) Spinach, cooked, from fresh, with cheese sauce (94) Mussels with tomato-based sauce (94) Asian chicken or turkey garden salad with crispy noodles, lettuce, fruit, nuts, no dressing (93) Pasta, whole grain, with tomato-based sauce, seafood, and vegetables, home recipe (93) Moo Goo Gai Pan (92) Lentil soup, home recipe (88)

	FCS ≤ 30	FCS 30 to 69	FCS ≥ 70
	Soft taco with chicken, from fast food (11) Beef barbecue sandwich or Sloppy Joe, on bun (10) Cheeseburger, 1 small patty, with condiments, on bun, from fast food (McDonald's Cheeseburger) (7) Rice, white, with soy-based sauce (2) Frankfurter or hot dog sandwich, beef and pork, plain, on white bun (1) Jelly sandwich, regular jelly, on white bread (1) Instant soup, noodle with egg, shrimp or chicken (1)	Sausage, potatoes, and carrots, broccoli, and dark-green leafy vegetables; gravy (44) Grilled cheese sandwich, Cheddar cheese, on whole wheat bread (40) Turkey with gravy, dressing, potatoes, vegetable, frozen meal (37) Pizza with extra meat, thick crust (33) Peanut butter and jelly sandwich, regular peanut butter, regular jelly, white bread (32) Ravioli, cheese-filled, with tomato sauce, diet frozen meal (31)	Rice, brown, with beans and tomatoes (85) Crab cake (85) Fish soup with potatoes, Mexican style (81) Chicken fillet, broiled, sandwich, on whole wheat roll, with lettuce, tomato and spread (75) Rice, brown, with peas and carrots, fat added in cooking (75) Tuna salad, made with light mayonnaise (71) Oysters Rockefeller (70)
Savory Snacks & Sweet Desserts	Graham crackers, reduced fat (29) Reese's Peanut Butter Cup (28) Popcorn, movie theater, unbuttered (24) Crackers, multigrain (22) Doritos tortilla chips, nacho cheese flavor (21) Cobbler, pear (19) Yogurt, frozen, flavors other than chocolate, lowfat milk (19) Chex Mix snack mix, plain (19) Pie, apple, tart (18) Snicker's bar (17) Ice cream bar, chocolate ice cream, chocolate covered (15) Jelly, all flavors (14) Pie, custard (13) Tiramisu (12) Butterfinger bar (10) Goldfish crackers, cheese (9) M&M's Milk Chocolate Candies (9) Ice cream sundae, chocolate or fudge topping, with whipped cream (8) Churros (7) Crackers, saltine (6) Fudge, chocolate (4)	Sweet potato chips (68) Popcorn, microwave, plain, light (56) Sun Chips multigrain chips (56) Potato chips, lightly salted (56) Halvah, plain (54) Fritos corn chips, plain (49) Almonds, yogurt-covered (47) Crackers, wheat, reduced sodium (45) Potato chips, baked, plain (42) Yogurt, frozen, chocolate, whole milk (41) M&M's Almond Chocolate Candies (40) Jelly, sugar free, all flavors (38) Ice cream cone with nuts, chocolate ice cream (35) Sorbet, fruit, noncitrus flavor (32) Triscuit crackers, woven wheat, plain (31)	Popcorn, air popped, unbuttered (80) Yogurt, frozen, chocolate, nonfat milk (77) Almonds, chocolate covered (74)

FCS ≤ 30	FCS 30 to 69	FCS ≥ 70
Cookie, macaroon (2)		
Pretzels, hard, plain, unsalted (1)		
Breakfast pastry (1)		
Boston cream pie (1)		
Milky Way bar (1)		
3 Musketeer's bar (1)		
Pudding, ready-to-eat, flavors other than chocolate, fat free (1)		
Cake, angel food, without icing or filling (1)		
Skittles candy (1)		
Taffy (1)		
Marshmallow (1)		

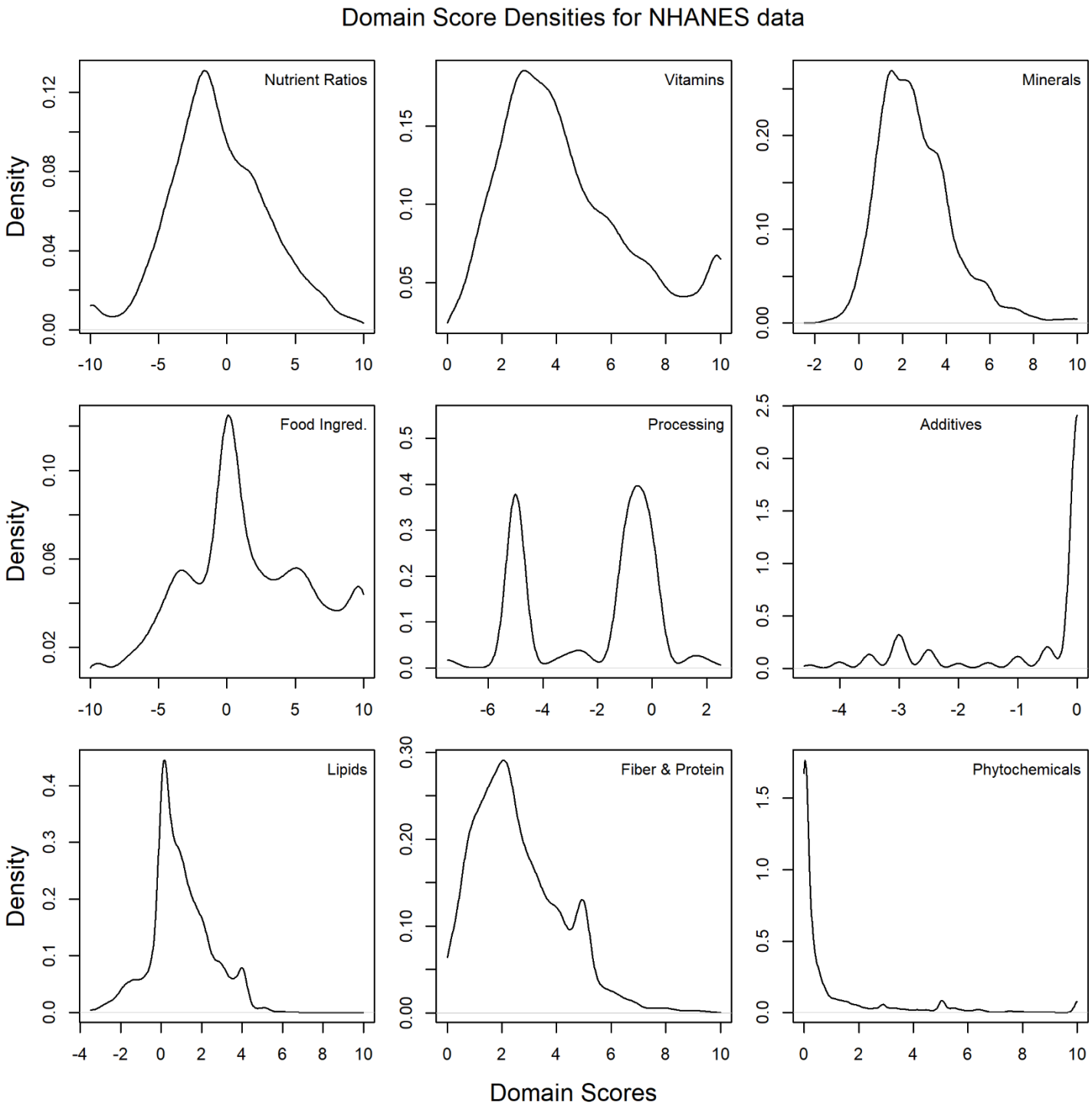
Supplementary Table 7. Food Compass Score, Health Star Rating, Nutri-Score, and NOVA classification for each of 8,032 unique foods and beverages consumed by U.S. adults.

(see pages 23-107)

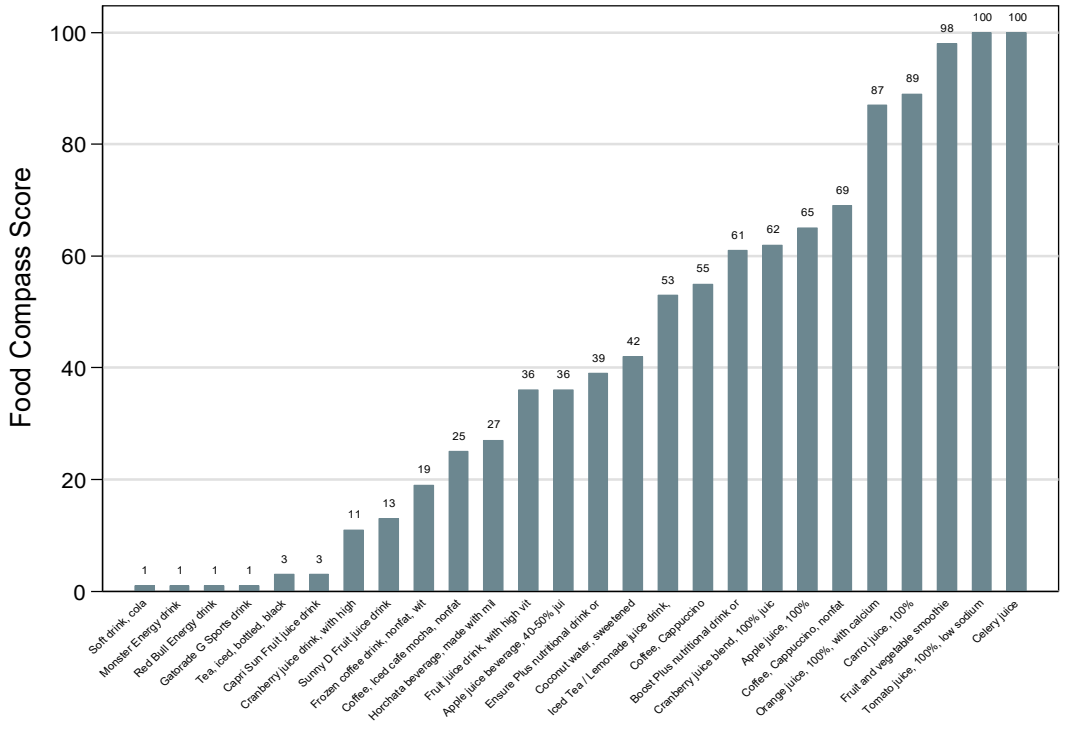
Supplementary Table 8. Original (uncorrected) scores for all food items.

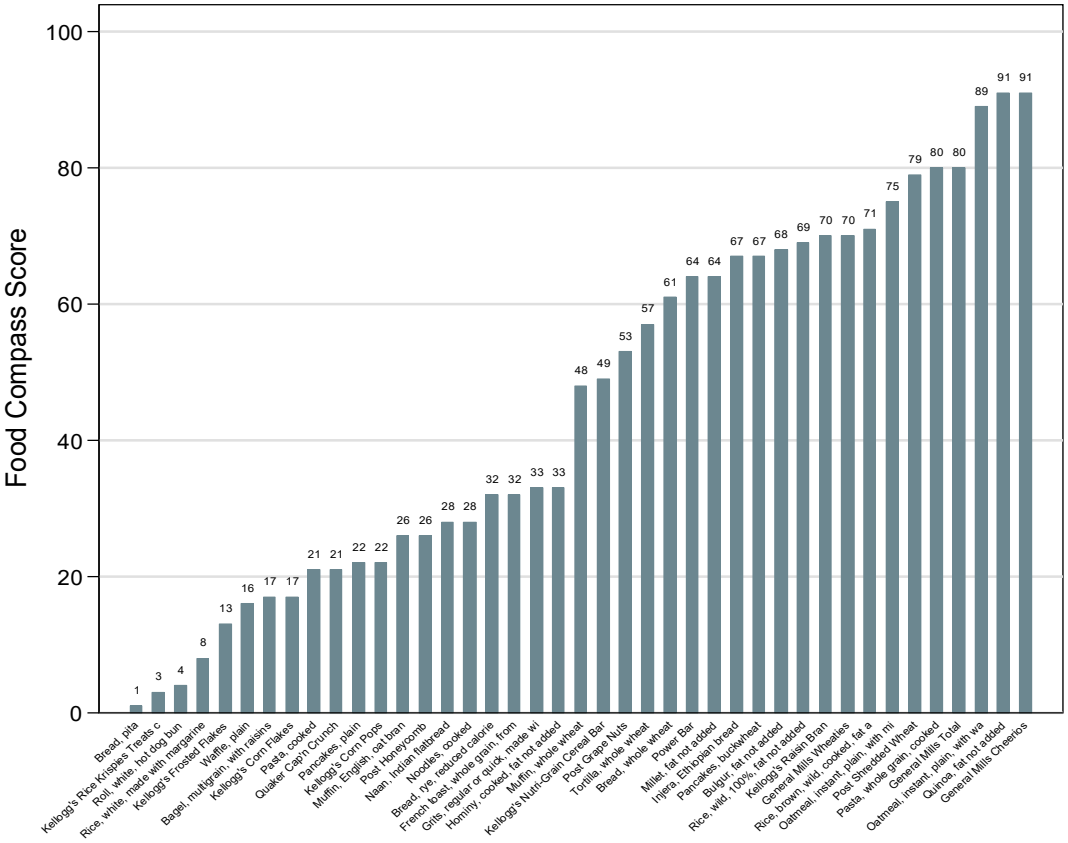
(see pages at the end of this Supplement)

Supplementary Figure 1. Food Compass domain score densities for 8,032 unique foods and beverages consumed by U.S. adults. Generally, the domain score distributions were similar, with clustering of scores within each domain consistent with what one would expect in the US food supply.

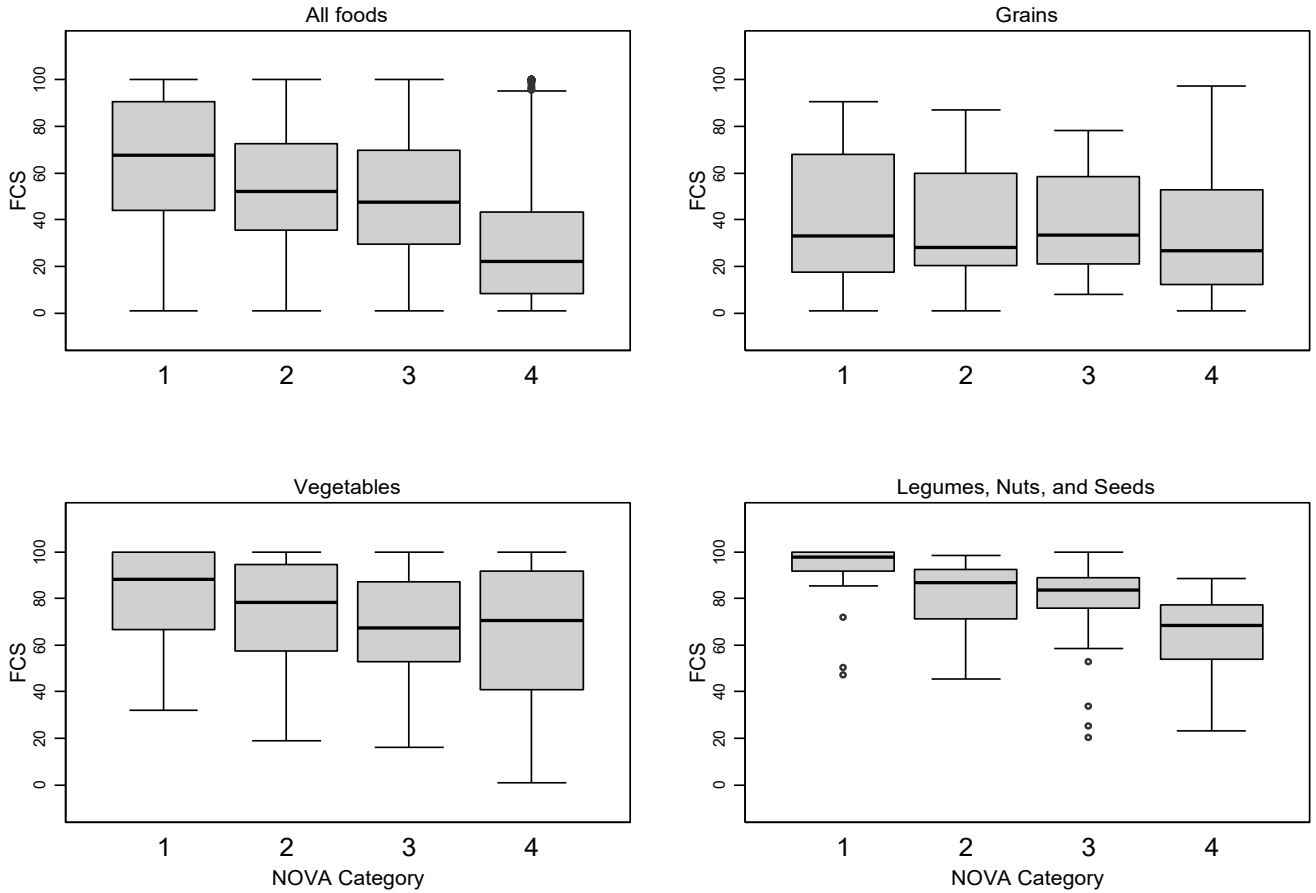


Supplementary Figure 2. Examples of Food Compass Score categories of foods consumed by US adults. Selected individual unique beverages (top panel) and grains (bottom panel) are shown, ranked by their Food Compass Score (FCS). Based on the observed ranges, FCS⩾70 was selected a reasonable cutpoint for foods or beverages to be encouraged; FCS=31-69, to be consumed in moderation; and FCS⩽30, to be minimized.





Supplementary Figure 3. Food Compass Scores (FCS) according to NOVA processing classification for 8,032 unique foods and beverages consumed by U.S. adults. Panels show boxplot distributions for all foods (top left), grains (top right), vegetables (bottom left), and legumes, nuts, and seeds (bottom right). Horizontal lines represent the median FCS score; shaded bars, the interquartile range (25th, 75th percentiles); error bars, the 5th and 95th percentiles; and small circles, additional outliers. NOVA has 4 scoring categories, with NOVA category 1 considered healthiest and category 4 considered least healthy.



Supplementary Table 7. Food Compass Score, Health Star Rating, Nutri-Score, and NOVA classification for each of 8,032 unique foods and beverages consumed by U.S. adults.

foodcode	level1nd	Description	Food Compass Score	Health Star Rating	Nutri-Score	NOVA Category
74301150	10000_Beverages	Tomato juice, 100%, low sodium	100	4	B	1
74303100	10000_Beverages	Tomato and vegetable juice, 100%, low sodium	100	4	B	1
75132000	10000_Beverages	Mixed vegetable juice	100	4	C	1
75132100	10000_Beverages	Celery juice	100	4	B	1
64104600	10000_Beverages	Blackberry juice, 100%	100	3	C	1
78101100	10000_Beverages	Fruit and vegetable smoothie	98	1.5	D	1
64132500	10000_Beverages	Strawberry juice, 100%	97	3	C	1
61210820	10000_Beverages	Orange juice, 100%, with calcium added, frozen, reconstituted	94	3	C	1
64133100	10000_Beverages	Watermelon juice, 100%	94	4	C	1
78101110	10000_Beverages	Fruit and vegetable smoothie, added protein	93	1.5	D	2
74301100	10000_Beverages	Tomato juice, 100%	93	4	B	3
61201020	10000_Beverages	Grapefruit juice, 100%, NS as to form	90	4	B	1
61201220	10000_Beverages	Grapefruit juice, 100%, canned, bottled or in a carton	90	4	B	1
73105010	10000_Beverages	Carrot juice, 100%	89	4	C	1
95110020	10000_Beverages	Nutritional drink or shake, high protein, ready-to-drink (Slim Fast)	89	1	C	4
95120010	10000_Beverages	Nutritional drink or shake, high protein, ready-to-drink, NFS	89	1	C	4
61210250	10000_Beverages	Orange juice, 100%, with calcium added, canned, bottled or in a carton	87	3	D	1
64134015	10000_Beverages	Fruit smoothie, with whole fruit, no dairy	87	2.5	C	1
61210620	10000_Beverages	Orange juice, 100%, frozen, reconstituted	85	3	C	1
92201010	10000_Beverages	Coffee substitute	85	3.5	B	1
74302000	10000_Beverages	Tomato juice cocktail	85	4	C	3
74303000	10000_Beverages	Tomato and vegetable juice, 100%	85	4	C	3
61213900	10000_Beverages	Fruit juice blend, citrus, 100% juice, with calcium added	85	3	D	1
61210720	10000_Beverages	Orange juice, 100%, frozen, not reconstituted	85	1	E	1
95106010	10000_Beverages	Nutritional drink or shake, ready-to-drink, light (Muscle Milk)	84	2	C	4
64134030	10000_Beverages	Fruit smoothie juice drink, no dairy	83	3	C	2
61210010	10000_Beverages	Orange juice, 100%, freshly squeezed	82	3	D	1
61210000	10000_Beverages	Orange juice, 100%, NFS	82	3	D	1
64134100	10000_Beverages	Fruit smoothie, light	81	1	D	1
95110010	10000_Beverages	Nutritional drink or shake, ready-to-drink, sugar free (Slim Fast)	81	0.5	C	4
61210220	10000_Beverages	Orange juice, 100%, canned, bottled or in a carton	79	3	D	1
64134020	10000_Beverages	Fruit smoothie, with whole fruit, no dairy, added protein	78	2	D	4
95105000	10000_Beverages	Nutritional drink or shake, ready-to-drink (Kellogg's Special K Protein)	78	0.5	D	4
61201010	10000_Beverages	Grapefruit juice, 100%, freshly squeezed	78	3	C	1
61213220	10000_Beverages	Tangerine juice, 100%	78	3	D	1
64121000	10000_Beverages	Passion fruit juice, 100%	78	2	D	1
95106000	10000_Beverages	Nutritional drink or shake, ready-to-drink (Muscle Milk)	77	1.5	C	4
61201225	10000_Beverages	Grapefruit juice, 100%, with calcium added	77	3	C	1
61201620	10000_Beverages	Grapefruit juice,100%, frozen, reconstituted	76	3	D	1
95110000	10000_Beverages	Nutritional drink or shake, ready-to-drink (Slim Fast)	76	0.5	C	4
64105400	10000_Beverages	Cranberry juice, 100%, not a blend	75	2.5	D	1
64132010	10000_Beverages	Prune juice, 100%	71	1	E	1
92432000	10000_Beverages	Fruit juice drink, citrus, carbonated	71	4	C	4
92102502	10000_Beverages	Coffee, Iced Latte, with non-dairy milk	71	2	C	4
61213800	10000_Beverages	Fruit juice blend, citrus, 100% juice	70	2.5	D	1
78101120	10000_Beverages	Fruit and vegetable smoothie, bottled	70	2	D	4
92161002	10000_Beverages	Coffee, Cappuccino, with non-dairy milk	70	2	C	4
92162002	10000_Beverages	Coffee, Cappuccino, decaffeinated, with non-dairy milk	70	2	C	4
92102512	10000_Beverages	Coffee, Iced Latte, decaffeinated, with non-dairy milk	69	2	C	4
92102511	10000_Beverages	Coffee, Iced Latte, decaffeinated, nonfat	69	2.5	C	1
64124020	10000_Beverages	Pineapple juice, 100%	69	2.5	D	1
92102501	10000_Beverages	Coffee, Iced Latte, nonfat	69	2.5	C	1
64104030	10000_Beverages	Apple juice, 100%, with calcium added	69	2.5	D	1
95104000	10000_Beverages	Nutritional drink or shake, ready-to-drink, sugar free (Glucerna)	69	0.5	D	4
92161001	10000_Beverages	Coffee, Cappuccino, nonfat	69	2.5	C	1
92162001	10000_Beverages	Coffee, Cappuccino, decaffeinated, nonfat	69	2.5	C	1
92101913	10000_Beverages	Coffee, Latte, decaffeinated, with non-dairy milk	68	1.5	C	4
92550350	10000_Beverages	Orange juice beverage, 40-50% juice, light	68	4	B	4
64100220	10000_Beverages	Cranberry juice blend, 100% juice, with calcium added	68	2.5	D	1
92101906	10000_Beverages	Coffee, Latte, with non-dairy milk, flavored	68	0.5	D	2
92101901	10000_Beverages	Coffee, Latte, nonfat	67	1.5	C	1
92101911	10000_Beverages	Coffee, Latte, decaffeinated, nonfat	67	1.5	C	1
92101903	10000_Beverages	Coffee, Latte, with non-dairy milk	67	1.5	C	4
11553120	10000_Beverages	Fruit smoothie, with whole fruit and dairy, added protein	67	0.5	E	3
64134200	10000_Beverages	Fruit smoothie, bottled	66	2.5	D	4
64116060	10000_Beverages	Grape juice, 100%, with calcium added	66	1.5	E	1
64104010	10000_Beverages	Apple juice, 100%	65	2.5	D	1
64100100	10000_Beverages	Fruit juice, NFS	65	2.5	D	1
11553100	10000_Beverages	Fruit smoothie, NFS	65	0.5	D	2
64116020	10000_Beverages	Grape juice, 100%	65	1.5	E	1
11553110	10000_Beverages	Fruit smoothie, with whole fruit and dairy	63	0.5	D	2
95101000	10000_Beverages	Nutritional drink or shake, ready-to-drink (Boost)	63	0.5	E	4
64100110	10000_Beverages	Fruit juice blend, 100% juice	63	2.5	D	1
64100200	10000_Beverages	Cranberry juice blend, 100% juice	62	2.5	D	1
64126000	10000_Beverages	Pomegranate juice, 100%	61	2	D	1
95101010	10000_Beverages	Nutritional drink or shake, ready-to-drink (Boost Plus)	61	0.5	E	4
95120020	10000_Beverages	Nutritional drink or shake, high protein, light, ready-to-drink, NFS	61	0.5	E	4
95120050	10000_Beverages	Nutritional drink or shake, liquid, soy-based	61	0.5	E	4
64101010	10000_Beverages	Apple cider	61	2.5	D	1
92101810	10000_Beverages	Coffee, macchiato	58	2	C	1
92801000	10000_Beverages	Wine, nonalcoholic	56	3	B	4
92802000	10000_Beverages	Wine, light, nonalcoholic	56	3	B	4
92101919	10000_Beverages	Coffee, Latte, decaffeinated, with non-dairy milk, flavored	56	0.5	D	4
92102500	10000_Beverages	Coffee, Iced Latte	55	2	C	1
92161000	10000_Beverages	Coffee, Cappuccino	55	2	C	1
64120010	10000_Beverages	Papaya juice, 100%	54	1.5	D	1
92162000	10000_Beverages	Coffee, Cappuccino, decaffeinated	54	2	C	1
95342000	10000_Beverages	Fruit juice, acai blend	54	0.5	E	4
92307510	10000_Beverages	Iced Tea / Lemonade juice drink, light	53	4	B	4
92102515	10000_Beverages	Coffee, Iced Latte, decaffeinated, with non-dairy milk, flavored	53	1.5	D	4
92101900	10000_Beverages	Coffee, Latte	52	1.5	D	1
92101910	10000_Beverages	Coffee, Latte, decaffeinated	52	1.5	D	1
92101610	10000_Beverages	Coffee, espresso	52	3	C	1
92102505	10000_Beverages	Coffee, Iced Latte, with non-dairy milk, flavored	51	1.5	D	4
92101630	10000_Beverages	Coffee, espresso, decaffeinated	51	3	C	1
92202010	10000_Beverages	Chicory beverage	50	3.5	B	1
11553130	10000_Beverages	Fruit smoothie juice drink, with dairy	50	0.5	E	4
92101905	10000_Beverages	Coffee, Latte, nonfat, flavored	49	1	D	2
92101918	10000_Beverages	Coffee, Latte, decaffeinated, nonfat, flavored	49	1	D	2
92101960	10000_Beverages	Coffee, Cafe Mocha, with non-dairy milk	49	0.5	E	4
95103000	10000_Beverages	Nutritional drink or shake, ready-to-drink (Ensure)	48	0.5	E	4
95120000	10000_Beverages	Nutritional drink or shake, ready-to-drink, NFS	48	0.5	E	4
92433000	10000_Beverages	Fruit juice drink, noncitrus, carbonated	48	3.5	C	4
11551050	10000_Beverages	Licuado or Batido	48	0.5	E	2

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92101975	10000_Beverages	Coffee, Cafe Mocha, decaffeinated, with non-dairy milk	48	0.5	E	4
92550200	10000_Beverages	Grape juice drink, light	46	4	C	4
92511250	10000_Beverages	Fruit juice beverage, 40-50% juice, citrus	45	3	D	4
92510720	10000_Beverages	Fruit punch, made with fruit juice and soda	44	2.5	D	2
78101000	10000_Beverages	Vegetable and fruit juice, 100% juice, with high vitamin C	44	2.5	D	1
92101850	10000_Beverages	Coffee, cafe con leche	43	1	D	2
92101851	10000_Beverages	Coffee, cafe con leche, decaffeinated	43	1	D	2
92102602	10000_Beverages	Coffee, Iced Cafe Mocha, with non-dairy milk	42	0.5	D	4
92102612	10000_Beverages	Coffee, Iced Cafe Mocha, decaffeinated, with non-dairy milk	42	0.5	D	4
92102510	10000_Beverages	Coffee, Iced Latte, decaffeinated	42	2	C	4
42404010	10000_Beverages	Coconut water, sweetened	42	1	D	3
92550380	10000_Beverages	Pomegranate juice beverage, 40-50% juice, light	42	2	E	4
92510650	10000_Beverages	Tamarind drink	41	1	E	2
95103010	10000_Beverages	Nutritional drink or shake, ready-to-drink (Ensure Plus)	39	0.5	E	4
92307500	10000_Beverages	Iced Tea / Lemonade juice drink	38	4	D	4
92306800	10000_Beverages	Tea, hot, chai, with milk	37	0.5	D	1
92101904	10000_Beverages	Coffee, Latte, flavored	37	0.5	D	2
95102000	10000_Beverages	Nutritional drink or shake, ready-to-drink (Carnation Instant Breakfast)	37	0.5	E	4
92550030	10000_Beverages	Fruit juice drink, with high vitamin C, light	36	4	C	4
92101917	10000_Beverages	Coffee, Latte, decaffeinated, flavored	36	0.5	D	2
92550110	10000_Beverages	Cranberry juice drink, with high vitamin C, light	36	4	C	4
64201010	10000_Beverages	Apricot nectar	36	1.5	E	4
92550360	10000_Beverages	Apple juice beverage, 40-50% juice, light	36	4	C	4
92101820	10000_Beverages	Coffee, macchiato, sweetened	36	1	D	2
92102503	10000_Beverages	Coffee, Iced Latte, flavored	35	1	D	2
92101800	10000_Beverages	Coffee, Cuban	34	1	D	2
64203020	10000_Beverages	Guava nectar	34	2.5	D	4
92102514	10000_Beverages	Coffee, Iced Latte, decaffeinated, nonfat, flavored	34	1.5	C	4
92102504	10000_Beverages	Coffee, Iced Latte, nonfat, flavored	34	1.5	C	4
64201500	10000_Beverages	Banana nectar	34	1	E	4
92510730	10000_Beverages	Fruit punch, made with soda, fruit juice, and sherbet or ice cream	34	1	E	3
92102020	10000_Beverages	Frozen mocha coffee drink, with non-dairy milk	33	0.5	E	3
92512090	10000_Beverages	Pina Colada, nonalcoholic	33	1	E	2
92101923	10000_Beverages	Frozen coffee drink, with non-dairy milk	33	0.5	E	2
42403010	10000_Beverages	Coconut water, unsweetened	33	2	C	1
92171000	10000_Beverages	Coffee, bottled/canned	32	0.5	E	4
92101955	10000_Beverages	Coffee, Cafe Mocha, nonfat	30	0.5	D	4
92101970	10000_Beverages	Coffee, Cafe Mocha, decaffeinated, nonfat	30	0.5	D	4
64202010	10000_Beverages	Cantaloupe nectar	30	1.5	E	4
64205010	10000_Beverages	Peach nectar	29	2	E	4
92101950	10000_Beverages	Coffee, Cafe Mocha	29	0.5	E	3
92101965	10000_Beverages	Coffee, Cafe Mocha, decaffeinated	29	0.5	E	3
92121030	10000_Beverages	Coffee, mocha, instant, pre-lightened and pre-sweetened with low calorie sweetener, reconstituted	28	2.5	C	4
92121050	10000_Beverages	Coffee, mocha, instant, decaffeinated, pre-lightened and pre-sweetened with low calorie sweetener, reconstitute	28	3	C	4
64204010	10000_Beverages	Mango nectar	28	2	E	4
92101921	10000_Beverages	Frozen coffee drink, nonfat	28	0.5	E	2
92101931	10000_Beverages	Frozen coffee drink, decaffeinated, nonfat	27	0.5	E	2
64200100	10000_Beverages	Fruit nectar, NFS	27	2	E	4
92610030	10000_Beverages	Horchata beverage, made with milk	27	0.5	E	1
92610020	10000_Beverages	Horchata beverage, made with water	26	0.5	E	1
92102600	10000_Beverages	Coffee, Iced Cafe Mocha	26	0.5	D	3
92611100	10000_Beverages	Oatmeal beverage with milk	25	0.5	E	1
92102601	10000_Beverages	Coffee, Iced Cafe Mocha, nonfat	25	0.5	D	4
92102611	10000_Beverages	Coffee, Iced Cafe Mocha, decaffeinated, nonfat	25	0.5	D	4
92102010	10000_Beverages	Frozen mocha coffee drink, nonfat	25	0.5	E	3
92101933	10000_Beverages	Frozen coffee drink, decaffeinated, with non-dairy milk	25	0.5	E	4
64213010	10000_Beverages	Passion fruit nectar	25	1	E	4
95312560	10000_Beverages	Energy drink (Ocean Spray Cran-Energy Juice Drink)	25	4	C	4
64210010	10000_Beverages	Papaya nectar	24	1.5	E	4
92101600	10000_Beverages	Coffee, Turkish	24	1.5	C	2
92102050	10000_Beverages	Frozen mocha coffee drink, with non-dairy milk and whipped cream	23	0.5	E	3
92102513	10000_Beverages	Coffee, Iced Latte, decaffeinated, flavored	23	1	D	4
92102080	10000_Beverages	Frozen mocha coffee drink, decaffeinated, with non-dairy milk	22	0.5	E	4
92530610	10000_Beverages	Fruit juice drink, with high vitamin C	22	2.5	D	4
92611010	10000_Beverages	Oatmeal beverage with water	21	0.5	D	2
92308500	10000_Beverages	Tea, iced, brewed, green, pre-sweetened with sugar	21	1	D	3
92308530	10000_Beverages	Tea, iced, brewed, green, decaffeinated, pre-sweetened with sugar	20	1	D	3
92308000	10000_Beverages	Tea, iced, brewed, black, pre-sweetened with sugar	20	1	D	3
92308030	10000_Beverages	Tea, iced, brewed, black, decaffeinated, pre-sweetened with sugar	20	1	D	3
92613510	10000_Beverages	Cornmeal beverage with chocolate milk	20	0.5	E	2
64215010	10000_Beverages	Pear nectar	20	1.5	E	4
92101926	10000_Beverages	Frozen coffee drink, nonfat, with whipped cream	19	0.5	E	3
92102040	10000_Beverages	Frozen mocha coffee drink, nonfat, with whipped cream	19	0.5	E	3
92101936	10000_Beverages	Frozen coffee drink, decaffeinated, nonfat, with whipped cream	19	0.5	E	3
92582110	10000_Beverages	Fruit juice drink, added calcium (Sunny D)	18	2.5	D	4
92101930	10000_Beverages	Frozen coffee drink, decaffeinated	18	0.5	E	2
92101920	10000_Beverages	Frozen coffee drink	18	0.5	E	2
92613010	10000_Beverages	Cornmeal beverage	18	0.5	E	1
92102000	10000_Beverages	Frozen mocha coffee drink	17	0.5	E	3
92101925	10000_Beverages	Frozen coffee drink, with whipped cream	17	0.5	E	3
92101935	10000_Beverages	Frozen coffee drink, decaffeinated, with whipped cream	17	0.5	E	3
92542000	10000_Beverages	Fruit flavored drink, with high vitamin C, powdered, reconstituted	17	0.5	D	4
92102090	10000_Beverages	Frozen mocha coffee drink, decaffeinated, with whipped cream	17	0.5	E	3
92102030	10000_Beverages	Frozen mocha coffee drink, with whipped cream	17	0.5	E	3
92130011	10000_Beverages	Coffee, decaffeinated, pre-lightened	17	3	C	4
92171010	10000_Beverages	Coffee, bottled/canned, light	16	1.5	D	4
92309010	10000_Beverages	Tea, iced, bottled, black, decaffeinated	15	0.5	D	1
92130010	10000_Beverages	Coffee, pre-lightened	15	3	C	4
64221010	10000_Beverages	Soursop, nectar	15	1.5	E	4
92121041	10000_Beverages	Coffee, instant, decaffeinated, pre-lightened and pre-sweetened with low calorie sweetener, reconstituted	15	2.5	C	4
92102610	10000_Beverages	Coffee, Iced Cafe Mocha, decaffeinated	15	0.5	D	4
92130006	10000_Beverages	Coffee, decaffeinated, pre-lightened and pre-sweetened with low calorie sweetener	15	2.5	C	4
92102070	10000_Beverages	Frozen mocha coffee drink, decaffeinated, nonfat	15	0.5	E	4
92121040	10000_Beverages	Coffee, instant, pre-lightened and pre-sweetened with low calorie sweetener, reconstituted	14	2.5	C	4
92130005	10000_Beverages	Coffee, pre-lightened and pre-sweetened with low calorie sweetener	14	2.5	C	4
92121020	10000_Beverages	Coffee, mocha, instant, pre-lightened and pre-sweetened with sugar, reconstituted	14	1	D	4
92531030	10000_Beverages	Fruit juice drink (Sunny D)	13	2	E	4
92530950	10000_Beverages	Vegetable and fruit juice drink, with high vitamin C	13	4	C	4
92101928	10000_Beverages	Frozen coffee drink, with non-dairy milk and whipped cream	12	0.5	E	4
92101938	10000_Beverages	Frozen coffee drink, decaffeinated, with non-dairy milk and whipped cream	12	0.5	E	4
92102110	10000_Beverages	Frozen mocha coffee drink, decaffeinated, with non-dairy milk and whipped cream	12	0.5	E	4
92305040	10000_Beverages	Tea, iced, instant, black, pre-sweetened with sugar	11	1	D	4
92530510	10000_Beverages	Cranberry juice drink, with high vitamin C	11	2	E	4
92511000	10000_Beverages	Lemonade, frozen concentrate, not reconstituted	10	1	E	4

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92102100	10000_Beverages	Frozen mocha coffee drink, decaffeinated, nonfat, with whipped cream	8	0.5	E	4
94210200	10000_Beverages	Water, bottled, flavored (Glaceau Vitamin Water)	7	1.5	C	4
92102060	10000_Beverages	Frozen mocha coffee drink, decaffeinated	7	0.5	E	4
92550370	10000_Beverages	Lemonade, fruit juice drink, light	5	4	C	4
92130021	10000_Beverages	Coffee, decaffeinated, pre-sweetened with sugar	4	2	C	4
92121010	10000_Beverages	Coffee, instant, pre-sweetened with sugar, reconstituted	4	2	C	4
92130020	10000_Beverages	Coffee, pre-sweetened with sugar	4	2	C	4
92550035	10000_Beverages	Fruit juice drink, light	4	3	D	4
92552030	10000_Beverages	Fruit juice drink (Capri Sun)	3	3	D	4
92309000	10000_Beverages	Tea, iced, bottled, black	3	0.5	D	4
95310700	10000_Beverages	Energy drink (Rockstar)	2	0.5	E	4
92410810	10000_Beverages	Soft drink, chocolate flavored	2	0.5	D	4
92102450	10000_Beverages	Iced Coffee, pre-lightened and pre-sweetened	2	1.5	D	4
92305050	10000_Beverages	Tea, iced, instant, black, decaffeinated, pre-sweetened with sugar	2	1	D	4
92306100	10000_Beverages	Corn beverage	2	1.5	D	1
75200700	10000_Beverages	Aloe vera juice drink	1	2	C	1
92121000	10000_Beverages	Coffee, instant, pre-lightened and pre-sweetened with sugar, reconstituted	1	2	C	4
92121001	10000_Beverages	Coffee, instant, decaffeinated, pre-lightened and pre-sweetened with sugar, reconsitituted	1	2	C	4
92130000	10000_Beverages	Coffee, pre-lightened and pre-sweetened with sugar	1	2	C	4
92130001	10000_Beverages	Coffee, decaffeinated, pre-lightened and pre-sweetened with sugar	1	2	C	4
92305910	10000_Beverages	Tea, iced, instant, green, pre-sweetened with sugar	1	1.5	C	4
92309500	10000_Beverages	Tea, iced, bottled, green	1	1.5	C	4
92400000	10000_Beverages	Soft drink, NFS	1	0.5	D	4
92410310	10000_Beverages	Soft drink, cola	1	0.5	D	4
92410315	10000_Beverages	Soft drink, cola, reduced sugar	1	2	C	4
92410340	10000_Beverages	Soft drink, cola, decaffeinated	1	0.5	D	4
92410360	10000_Beverages	Soft drink, pepper type	1	0.5	D	4
92410390	10000_Beverages	Soft drink, pepper type, decaffeinated	1	0.5	D	4
92410410	10000_Beverages	Soft drink, cream soda	1	0.5	E	4
92410510	10000_Beverages	Soft drink, fruit flavored, caffeine free	1	0.5	D	4
92410550	10000_Beverages	Soft drink, fruit flavored, caffeine containing	1	0.5	D	4
92410610	10000_Beverages	Soft drink, ginger ale	1	1	D	4
92410710	10000_Beverages	Soft drink, root beer	1	0.5	D	4
92411510	10000_Beverages	Soft drink, cola, fruit or vanilla flavored	1	0.5	D	4
92411520	10000_Beverages	Soft drink, cola, chocolate flavored	1	0.5	D	4
92510610	10000_Beverages	Fruit juice drink	1	2.5	C	4
92510955	10000_Beverages	Lemonade, fruit juice drink	1	2.5	D	4
92510960	10000_Beverages	Lemonade, fruit flavored drink	1	1.5	C	4
92511015	10000_Beverages	Fruit flavored drink	1	0.5	E	4
92512040	10000_Beverages	Frozen daiquiri mix, frozen concentrate, not reconstituted	1	0.5	E	4
92512050	10000_Beverages	Frozen daiquiri mix, from frozen concentrate, reconstituted	1	0.5	E	4
92512110	10000_Beverages	Margarita mix, nonalcoholic	1	0.5	E	4
92513000	10000_Beverages	Fruit flavored smoothie drink, frozen, no dairy	1	1.5	C	4
92513010	10000_Beverages	Fruit flavored smoothie drink, frozen, light, no dairy	1	2.5	C	4
92530410	10000_Beverages	Fruit flavored drink, with high vitamin C	1	4	C	4
92541010	10000_Beverages	Fruit flavored drink, powdered, reconstituted	1	1.5	C	4
92582100	10000_Beverages	Fruit juice drink, with high vitamin C, plus added calcium	1	2	D	4
92612010	10000_Beverages	Sugar cane beverage	1	0.5	E	4
92803000	10000_Beverages	Nonalcoholic malt beverage	1	0.5	D	4
92804000	10000_Beverages	Shirley Temple	1	0.5	E	4
95310200	10000_Beverages	Energy drink (Full Throttle)	1	0.5	D	4
95310400	10000_Beverages	Energy drink (Monster)	1	0.5	D	4
95310500	10000_Beverages	Energy drink (Mountain Dew AMP)	1	0.5	D	4
95310550	10000_Beverages	Energy drink (No Fear)	1	0.5	E	4
95310555	10000_Beverages	Energy drink (No Fear Motherload)	1	0.5	E	4
95310560	10000_Beverages	Energy drink (NOS)	1	0.5	D	4
95310600	10000_Beverages	Energy drink (Red Bull)	1	0.5	D	4
95310750	10000_Beverages	Energy drink (SoBe Energize Energy Juice Drink)	1	2.5	D	4
95310800	10000_Beverages	Energy drink (Vault)	1	0.5	D	4
95311000	10000_Beverages	Energy Drink	1	0.5	D	4
95320200	10000_Beverages	Sports drink (Gatorade G)	1	1.5	C	4
95320500	10000_Beverages	Sports drink (Powerade)	1	1	D	4
95321000	10000_Beverages	Sports drink, NFS	1	1.5	C	4
95322200	10000_Beverages	Sports drink, low calorie (Gatorade G2)	1	3	C	4
95323000	10000_Beverages	Sports drink, low calorie	1	3	C	4
95330100	10000_Beverages	Fluid replacement, electrolyte solution	1	2.5	C	4
95330500	10000_Beverages	Fluid replacement, 5% glucose in water	1	2	C	4

foodcode	level1nd	Description	Food Compass Score	Health Star Rating	Nutri-Score	NOVA Category
57408100	1000_Grains	Cereal (Uncle Sam)	97	5	A	4
57401100	1000_Grains	Cereal, toasted oat	96	4	B	4
57000100	1000_Grains	Cereal, oat, NFS	91	4	B	4
57123000	1000_Grains	Cereal (General Mills Cheerios)	91	4	B	4
57306700	1000_Grains	Cereal (Malt-O-Meal Toasted Oat Cereal)	91	4	B	4
56204005	1000_Grains	Quinoa, fat not added in cooking	91	4	A	1
57305215	1000_Grains	Cereal (Malt-O-Meal Frosted Mini Spooners)	91	4.5	A	4
56203086	1000_Grains	Oatmeal, instant, plain, made with water, fat not added in cooking	89	4	A	1
56203106	1000_Grains	Oatmeal, instant, plain, made with non-dairy milk, fat not added in cooking	87	4	A	2
57416000	1000_Grains	Cereal, puffed wheat, plain	87	5	A	4
57206700	1000_Grains	Cereal (General Mills Fiber One)	83	5	A	4
57214000	1000_Grains	Cereal (Kellogg's Frosted Mini-Wheats)	83	4.5	A	4
56207200	1000_Grains	Whole wheat cereal, cooked, fat not added in cooking	81	3.5	A	1
57406100	1000_Grains	Cereal (General Mills Total)	80	4	C	4
56113000	1000_Grains	Noodles, whole grain, cooked	80	4	A	1
57231250	1000_Grains	Cereal (Post Great Grains Double Pecan Whole Grain Cereal)	80	4	C	4
57301500	1000_Grains	Cereal (Kashi 7 Whole Grain Puffs)	80	5	A	4
56132990	1000_Grains	Pasta, whole grain, cooked	80	4	A	1
57417000	1000_Grains	Cereal (Post Shredded Wheat)	79	5	A	4
56203076	1000_Grains	Oatmeal, regular or quick, made with non-dairy milk, fat not added in cooking	79	3.5	A	2
56203510	1000_Grains	Oatmeal, reduced sugar, plain, fat not added in cooking	78	3.5	A	3
56203555	1000_Grains	Oatmeal, reduced sugar, flavored, fat not added in cooking	78	3.5	A	3
57341000	1000_Grains	Cereal (Post Shredded Wheat'n Bran)	78	5	A	4
57106050	1000_Grains	Cereal (Post Great Grains Banana Nut Crunch)	77	4	B	4
56203056	1000_Grains	Oatmeal, regular or quick, made with water, fat not added in cooking	77	4	A	1
56200300	1000_Grains	Cereal, cooked, NFS	77	4	A	1
56203000	1000_Grains	Oatmeal, NS as to regular, quick, or instant, fat not added in cooking	77	4	A	1
57125010	1000_Grains	Cereal (General Mills 25% Less Sugar Cinnamon Toast Crunch)	76	3	C	4
56203096	1000_Grains	Oatmeal, instant, plain, made with milk, fat not added in cooking	75	4	A	1
56205205	1000_Grains	Rice, wild, 100%, cooked, NS as to fat added in cooking	75	3.5	A	2
56205215	1000_Grains	Rice, wild, 100%, cooked, fat added in cooking	75	3.5	A	2
57231200	1000_Grains	Cereal (Post Great Grains Raisins, Dates, and Pecans)	75	4	C	4
57332050	1000_Grains	Cereal (General Mills Total Raisin Bran)	75	3	C	4
57316385	1000_Grains	Cereal (General Mills Cheerios Protein)	74	2.5	C	4
57308190	1000_Grains	Cereal, muesli	74	4	C	4
57411000	1000_Grains	Cereal (General Mills Chex Wheat)	74	4	C	4
57207000	1000_Grains	Cereal, bran flakes	74	3.5	C	4
57208000	1000_Grains	Cereal (Kellogg's All-Bran Complete Wheat Flakes)	74	3.5	C	4
57206705	1000_Grains	Cereal (General Mills Fiber One Caramel Delight)	73	3.5	C	4
57241000	1000_Grains	Cereal (General Mills Cheerios Honey Nut)	73	2.5	D	4
57305500	1000_Grains	Cereal (Malt-O-Meal Honey Nut Toasty O's)	73	2.5	D	4
57241200	1000_Grains	Cereal (Post Shredded Wheat Honey Nut)	72	4	A	4
57143500	1000_Grains	Cereal (Post Great Grains, Cranberry Almond Crunch)	72	4	C	4
57301505	1000_Grains	Cereal (Kashi Autumn Wheat)	72	5	A	4
56203105	1000_Grains	Oatmeal, instant, plain, made with non-dairy milk, NS as to fat added in cooking	72	3.5	B	3
56203107	1000_Grains	Oatmeal, instant, plain, made with non-dairy milk, fat added in cooking	72	3.5	B	3
56200490	1000_Grains	Buckwheat groats, NS as to fat added in cooking	72	4	A	1
56200500	1000_Grains	Buckwheat groats, fat not added in cooking	72	4	A	1
56207370	1000_Grains	Wheat cereal, chocolate flavored, cooked	72	3.5	B	1
57327500	1000_Grains	Cereal (Quaker Oatmeal Squares)	71	4	B	4
57308400	1000_Grains	Cereal (General Mills Cheerios Multigrain)	71	3	C	4
56205340	1000_Grains	Rice, brown and wild, cooked, fat added in cooking	71	3.5	B	2
57221810	1000_Grains	Cereal (General Mills Cheerios Fruity)	71	2.5	D	4
55300060	1000_Grains	French toast, from school, NFS	71	4	A	3
55301048	1000_Grains	French toast sticks, from school, NFS	71	4	A	3
57329000	1000_Grains	Cereal, raisin bran	70	3.5	C	4
57330000	1000_Grains	Cereal (Kellogg's Raisin Bran)	70	3.5	C	4
56205012	1000_Grains	Rice, brown, cooked, fat added in cooking, made with oil	70	3.5	B	2
57418000	1000_Grains	Cereal (General Mills Wheaties)	70	3	C	4
57228000	1000_Grains	Granola, homemade	70	3	C	4
57307500	1000_Grains	Cereal, millet, puffed	70	4	A	4
56204000	1000_Grains	Quinoa, NS as to fat added in cooking	70	3.5	A	4
56204010	1000_Grains	Quinoa, fat added in cooking	70	3.5	A	4
56203087	1000_Grains	Oatmeal, instant, plain, made with water, fat added in cooking	69	3.5	A	3
57103100	1000_Grains	Cereal (General Mills Cheerios Apple Cinnamon)	69	2.5	D	4
51300140	1000_Grains	Bread, whole wheat, made from home recipe or purchased at bakery	69	4	B	2
57213850	1000_Grains	Cereal (General Mills Cheerios Frosted)	69	2.5	D	4
57237200	1000_Grains	Cereal (Post Honey Bunches of Oats with Vanilla Bunches)	69	4	B	4
56205210	1000_Grains	Rice, wild, 100%, cooked, fat not added in cooking	69	3.5	A	1
57304100	1000_Grains	Cereal (Quaker Life)	69	3	C	4
51300150	1000_Grains	Bread, whole wheat, made from home recipe or purchased at bakery, toasted	68	4	C	2
57128005	1000_Grains	Cereal (General Mills 25% Less Sugar Cocoa Puffs)	68	2.5	C	4
56207110	1000_Grains	Bulgur, fat not added in cooking	68	4	A	1
56207130	1000_Grains	Bulgur, NS as to fat added in cooking	68	4	A	1
57335550	1000_Grains	Cereal (General Mills Reese's Puffs)	68	1.5	D	4
57206800	1000_Grains	Cereal (Healt Valley Fiber 7 Flakes)	67	4.5	B	4
57124100	1000_Grains	Cereal (General Mills Cheerios Chocolate)	67	2	D	4
57332100	1000_Grains	Cereal (General Mills Raisin Nut Bran)	67	3	C	4
51807000	1000_Grains	Injera, Ethiopian bread	67	3.5	A	4
56203075	1000_Grains	Oatmeal, regular or quick, made with non-dairy milk, NS as to fat added in cooking	67	3.5	A	3
56203077	1000_Grains	Oatmeal, regular or quick, made with non-dairy milk, fat added in cooking	67	3.5	A	3
55105000	1000_Grains	Pancakes, buckwheat	67	3	B	3
57316380	1000_Grains	Cereal (General Mills Cheerios Oat Cluster Crunch)	67	2.5	C	4
57100100	1000_Grains	Cereal, ready-to-eat, NFS	67	2.5	C	4
57106260	1000_Grains	Cereal (General Mills Cheerios Berry Burst)	67	2.5	D	4
57102000	1000_Grains	Cereal (Alpen)	67	4.5	A	4
53720100	1000_Grains	Nutrition bar (Balance Original Bar)	66	2	D	4
57209000	1000_Grains	Cereal (Post Bran Flakes)	66	3.5	C	4
57410000	1000_Grains	Cereal (Weetabix Whole Grain)	66	4.5	A	4
57206715	1000_Grains	Cereal (General Mills Fiber One Raisin Bran Clusters)	66	4	C	4
57206710	1000_Grains	Cereal (General Mills Fiber One Honey Clusters)	66	4	C	4
57124300	1000_Grains	Cereal (General Mills Lucky Charms Chocolate)	65	2	D	4
56205310	1000_Grains	Rice, brown and wild, cooked, fat not added in cooking	65	3.5	B	1
56205018	1000_Grains	Rice, brown, cooked, fat not added in cooking	65	3.5	B	1
56203095	1000_Grains	Oatmeal, instant, plain, made with milk, NS as to fat added in cooking	65	3.5	B	3
56203097	1000_Grains	Oatmeal, instant, plain, made with milk, fat added in cooking	65	3.5	B	3
56205011	1000_Grains	Rice, brown, cooked, NS as to fat added in cooking	65	3.5	B	1
57231000	1000_Grains	Cereal (Post Grape-Nuts Flakes)	64	4	C	4
57413000	1000_Grains	Wheat germ, with sugar and honey	64	5	A	4
56203066	1000_Grains	Oatmeal, regular or quick, made with milk, fat not added in cooking	64	3.5	A	1
56201990	1000_Grains	Millet, NS as to fat added in cooking	64	3.5	A	1
56202000	1000_Grains	Millet, fat not added in cooking	64	3.5	A	1

foodcode	level1nd	Description	Food Compass Score	Health Star Rating	Nutri-Score	NOVA Category
56203130	1000_Grains	Oatmeal, instant, maple flavored, fat not added in cooking	64	3.5	B	4
56203175	1000_Grains	Oatmeal, instant, other flavors, fat not added in cooking	64	3.5	B	4
53720700	1000_Grains	Nutrition bar (Tiger's Milk)	64	2	D	4
53720300	1000_Grains	Nutrition bar (PowerBar)	64	2.5	C	4
57301530	1000_Grains	Cereal (Kashi Heart to Heart Honey Toasted Oat)	63	4.5	A	4
56200510	1000_Grains	Buckwheat groats, fat added in cooking	63	4	A	4
57125000	1000_Grains	Cereal (General Mills Cinnamon Toast Crunch)	63	2.5	D	4
51320550	1000_Grains	Roll, whole wheat, hot dog bun	63	4	A	4
51320560	1000_Grains	Roll, whole wheat, hamburger bun	63	4	A	4
56203155	1000_Grains	Oatmeal, instant, fruit flavored, fat not added in cooking	63	3.5	B	4
56205017	1000_Grains	Rice, brown, cooked, fat added in cooking, NS as to type of fat	63	3.5	B	3
56207120	1000_Grains	Bulgur, fat added in cooking	62	4	A	4
56207190	1000_Grains	Whole wheat cereal, cooked, NS as to fat added in cooking	62	3.5	A	3
56207210	1000_Grains	Whole wheat cereal, cooked, fat added in cooking	62	3.5	A	3
56203500	1000_Grains	Oatmeal, reduced sugar, plain, NS as to fat added in cooking	62	3.5	B	3
56203520	1000_Grains	Oatmeal, reduced sugar, plain, fat added in cooking	62	3.5	B	3
56203550	1000_Grains	Oatmeal, reduced sugar, flavored, NS as to fat added in cooking	62	3.5	B	3
56203560	1000_Grains	Oatmeal, reduced sugar, flavored, fat added in cooking	62	3.5	B	3
57301512	1000_Grains	Cereal (Kashi GOLEAN Crunch Honey Almond Flax)	61	4.5	B	4
56203055	1000_Grains	Oatmeal, regular or quick, made with water, NS as to fat added in cooking	61	4	A	3
56203057	1000_Grains	Oatmeal, regular or quick, made with water, fat added in cooking	61	4	A	3
56202960	1000_Grains	Oatmeal, NS as to regular, quick, or instant, NS as to fat added in cooking	61	4	A	3
56203040	1000_Grains	Oatmeal, NS as to regular, quick, or instant, fat added in cooking	61	4	A	3
53720500	1000_Grains	Nutrition bar (Snickers Marathon Protein Bar)	61	2.5	D	4
57331000	1000_Grains	Cereal (Post Raisin Bran)	61	3	C	4
57128000	1000_Grains	Cereal (General Mills Cocoa Puffs)	61	2	D	4
56202900	1000_Grains	Oatmeal, from fast food, plain	61	3.5	A	1
51300110	1000_Grains	Bread, whole wheat	61	4	A	4
57206000	1000_Grains	Cereal (Famila)	60	4	A	4
57320500	1000_Grains	Cereal (Quaker Granola with Oats, Honey, and Raisins)	60	4	C	4
58174000	1000_Grains	Upma, Indian breakfast dish	60	4.5	B	2
51300120	1000_Grains	Bread, whole wheat, toasted	60	4	A	4
57103000	1000_Grains	Cereal (Post Alpha-Bits)	60	2.5	C	4
57301511	1000_Grains	Cereal (Kashi GOLEAN Crunch)	60	4.5	C	4
57307010	1000_Grains	Cereal (Post Maple Pecan Crunch)	60	3.5	C	4
57106060	1000_Grains	Cereal (General Mills Cheerios Banana Nut)	60	2.5	D	4
57219000	1000_Grains	Cereal, fruit and fiber	59	4	C	4
57221000	1000_Grains	Cereal, fiber and fruit	59	4	C	4
57101000	1000_Grains	Cereal (Kellogg's All-Bran)	59	5	A	4
51601020	1000_Grains	Bread, multigrain	59	4.5	A	4
56203125	1000_Grains	Oatmeal, instant, maple flavored, NS as to fat added in cooking	59	3.5	B	3
56203135	1000_Grains	Oatmeal, instant, maple flavored, fat added in cooking	59	3.5	B	3
56203170	1000_Grains	Oatmeal, instant, other flavors, NS as to fat added in cooking	59	3.5	B	3
56203180	1000_Grains	Oatmeal, instant, other flavors, fat added in cooking	59	3.5	B	3
51122300	1000_Grains	Bread, white, special formula, added fiber	59	4.5	A	4
51300050	1000_Grains	Bread, whole grain white	59	4.5	A	4
57130000	1000_Grains	Cereal (General Mills Cookie Crisp)	59	2	D	4
56203085	1000_Grains	Oatmeal, instant, plain, made with water, NS as to fat added in cooking	59	3.5	A	4
51601010	1000_Grains	Bread, multigrain, toasted	59	4.5	A	4
57305165	1000_Grains	Cereal (Malt-O-Meal Cinnamon Toasters)	59	2	D	4
53720610	1000_Grains	Nutrition bar (South Beach Living High Protein Bar)	58	2.5	C	4
56203065	1000_Grains	Oatmeal, regular or quick, made with milk, NS as to fat added in cooking	58	3.5	B	3
56203067	1000_Grains	Oatmeal, regular or quick, made with milk, fat added in cooking	58	3.5	B	3
57344025	1000_Grains	Cereal (Kellogg's Special K Cinnamon Pecan)	58	3	D	4
57107000	1000_Grains	Cereal (General Mills Boo Berry)	58	2.5	C	4
53710504	1000_Grains	Cereal or granola bar (Kellogg's Nutri-Grain Fruit and Nut Bar)	58	2.5	C	4
51122310	1000_Grains	Bread, white, special formula, added fiber, toasted	58	4.5	A	4
51300060	1000_Grains	Bread, whole grain white, toasted	58	4.5	A	4
53710802	1000_Grains	Cereal or granola bar (Kashi Crunchy)	57	3.5	C	4
57110000	1000_Grains	Cereal (Kellogg's All-Bran Bran Buds)	57	3.5	C	4
57211000	1000_Grains	Cereal (General Mills Frankenberry)	57	2.5	C	4
51601210	1000_Grains	Bread, multigrain, with raisins	57	4	A	4
57139000	1000_Grains	Cereal (General Mills Count Chocula)	57	2	D	4
57344007	1000_Grains	Cereal (Kellogg's Special K Low Fat Granola)	57	3	C	4
57229000	1000_Grains	Cereal (Kellogg's Low Fat Granola)	57	3	C	4
52215260	1000_Grains	Tortilla, whole wheat	57	4	C	4
52104040	1000_Grains	Biscuit, whole wheat	57	2.5	D	4
56205350	1000_Grains	Rice, brown and wild, cooked, NS as to fat added in cooking	57	3	C	3
51601220	1000_Grains	Bread, multigrain, with raisins, toasted	56	4	A	4
57237300	1000_Grains	Cereal (Post Honey Bunches of Oats with Almonds)	56	2.5	C	4
57419000	1000_Grains	Cereal (General Mills Cheerios Yogurt Burst)	56	2.5	D	4
57305100	1000_Grains	Cereal (General Mills Lucky Charms)	56	2	D	4
57227000	1000_Grains	Cereal, granola	56	3	C	4
57229500	1000_Grains	Cereal (Kellogg's Low Fat Granola with Raisins)	56	3	C	4
71945020	1000_Grains	Yam buns; Puerto Rican style	56	4	C	3
57316450	1000_Grains	Cereal (General Mills Oatmeal Crisp with Almonds)	56	4	C	4
56205016	1000_Grains	Rice, brown, cooked, fat added in cooking, made with margarine	56	3.5	B	4
51301600	1000_Grains	Bread, pita, whole wheat	55	4	A	4
51301620	1000_Grains	Bread, pita, wheat or cracked wheat	55	4	A	4
57124050	1000_Grains	Cereal (General Mills Chex Cinnamon)	55	2	D	4
56202100	1000_Grains	Millet, fat added in cooking	55	3.5	B	4
57201900	1000_Grains	Cereal (General Mills Dora The Explorer)	55	3	C	4
51301610	1000_Grains	Bread, pita, whole wheat, toasted	55	4	A	4
51301630	1000_Grains	Bread, pita, wheat or cracked wheat, toasted	55	4	A	4
57137000	1000_Grains	Cereal, corn puffs	55	3.5	C	4
57303100	1000_Grains	Cereal (General Mills Kix)	55	3.5	C	4
57106250	1000_Grains	Cereal (General Mills Kix Berry Berry)	55	2.5	C	4
51300180	1000_Grains	Bread, puri, wheat	54	3.5	B	4
56203600	1000_Grains	Oatmeal, multigrain, NS as to fat added in cooking	54	4	A	3
56203620	1000_Grains	Oatmeal, multigrain, fat added in cooking	54	4	A	3
56203610	1000_Grains	Oatmeal, multigrain, fat not added in cooking	54	4	A	4
57327450	1000_Grains	Cereal (Quaker Toasted Oat Bran)	54	4	C	4
55200130	1000_Grains	Waffle, whole grain, from fast food / restaurant	53	1.5	D	3
56207102	1000_Grains	Cream of wheat, instant, made with non-dairy milk, fat not added in cooking	53	3.5	B	2
57303105	1000_Grains	Cereal (General Mills Honey Kix)	53	3	C	4
57230000	1000_Grains	Cereal (Post Grape-Nuts)	53	4.5	B	4
57316200	1000_Grains	Cereal, nutty nuggets	53	4.5	B	4
57301540	1000_Grains	Cereal (Kashi Honey Sunshine Squares)	53	4	C	4
53720400	1000_Grains	Nutrition bar (Slim Fast Original Meal Bar)	53	2	D	4
53720600	1000_Grains	Nutrition bar (South Beach Living Meal Bar)	53	2	D	4
56205014	1000_Grains	Rice, brown, cooked, fat added in cooking, made with butter	53	3.5	B	2
57237900	1000_Grains	Cereal (Post Honey Bunches of Oats Just Bunches)	52	2.5	C	4

foodcode	level1nd	Description	Food Compass Score	Health Star Rating	Nutri-Score	NOVA Category
57237100	1000_Grains	Cereal (Post Honey Bunches of Oats Honey Roasted)	52	2.5	C	4
55200060	1000_Grains	Waffle, whole grain, from frozen	51	3.5	B	4
55200080	1000_Grains	Waffle, whole grain, fruit, from frozen	51	3.5	B	4
57341200	1000_Grains	Cereal (Kellogg's Smart Start Strong)	51	2.5	C	4
53720800	1000_Grains	Nutrition bar (Zone Perfect Classic Crunch)	51	1.5	D	4
53729000	1000_Grains	Nutrition bar or meal replacement bar, NFS	51	1.5	D	4
57344015	1000_Grains	Cereal (Kellogg's Special K Fruit & Yogurt)	50	2.5	D	4
55100070	1000_Grains	Pancakes, whole grain and nuts, from fast food / restaurant	50	2.5	C	4
57321900	1000_Grains	Cereal (Nature's Path Organic Flax Plus)	50	4.5	C	4
56208500	1000_Grains	Oat bran cereal, cooked, fat not added in cooking	50	4	A	1
55100065	1000_Grains	Pancakes, whole grain, from fast food / restaurant	50	2	D	3
53712210	1000_Grains	Cereal or granola bar, nonfat	50	2.5	C	4
55205000	1000_Grains	Waffle, whole grain	49	2	D	3
56207026	1000_Grains	Cream of wheat, regular or quick, made with non-dairy milk, fat not added in cooking	49	3.5	B	2
53710500	1000_Grains	Cereal or granola bar (Kellogg's Nutri-Grain Cereal Bar)	49	2	C	4
53710502	1000_Grains	Cereal or granola bar (Kellogg's Nutri-Grain Yogurt Bar)	49	2	C	4
57124030	1000_Grains	Cereal (General Mills Chex Chocolate)	49	1.5	D	4
57237310	1000_Grains	Cereal (Post Honey Bunches of Oats wth Pecan Bunches)	49	2.5	C	4
57301510	1000_Grains	Cereal (Kashi GOLEAN)	49	5	A	4
52303010	1000_Grains	Muffin, whole wheat	48	2	D	4
56203150	1000_Grains	Oatmeal, instant, fruit flavored, NS as to fat added in cooking	48	3.5	B	4
56203160	1000_Grains	Oatmeal, instant, fruit flavored, fat added in cooking	48	3.5	B	4
55100040	1000_Grains	Pancakes, gluten free, from frozen	48	3.5	B	4
55106000	1000_Grains	Pancakes, gluten free	48	3.5	B	4
55200200	1000_Grains	Waffle, from school, NFS	48	3.5	B	4
57305150	1000_Grains	Cereal, frosted oat cereal with marshmallows	48	2	D	4
57305600	1000_Grains	Cereal (Malt-O-Meal Marshmallow Mateys)	47	1.5	D	4
55200070	1000_Grains	Waffle, whole grain, reduced fat, from frozen	47	3.5	B	4
57106100	1000_Grains	Cereal (General Mills Basic 4)	47	3	C	4
53710902	1000_Grains	Cereal or granola bar, with yogurt coating (General Mills Nature Valley Chewy Granola Bar)	47	2	D	4
55200090	1000_Grains	Waffle, gluten free, from frozen	47	3	C	4
55208000	1000_Grains	Waffle, gluten free	47	3	C	4
57344020	1000_Grains	Cereal (Kellogg's Special K Vanilla Almond)	47	2.5	D	4
51300210	1000_Grains	Bread, whole wheat, with raisins	47	3	C	4
51806010	1000_Grains	Bread, rice	46	3.5	B	4
51808000	1000_Grains	Bread, gluten free	46	3.5	B	4
57104000	1000_Grains	Cereal (Kellogg's Apple Jacks)	46	2.5	D	4
51300220	1000_Grains	Bread, whole wheat, with raisins, toasted	46	3	C	4
57316300	1000_Grains	Cereal (Health Valley Oat Bran Flakes)	46	3	C	4
53720200	1000_Grains	Nutrition bar (Clif Bar)	46	3	C	4
51806020	1000_Grains	Bread, rice, toasted	46	3	B	4
51808010	1000_Grains	Bread, gluten free, toasted	46	3	B	4
55105200	1000_Grains	Pancakes, whole grain	45	2	D	3
57407100	1000_Grains	Cereal (General Mills Trix)	45	2	D	4
57306130	1000_Grains	Cereal (Malt-O-Meal Raisin Bran)	45	2.5	D	4
57407110	1000_Grains	Cereal (General Mills 25% Less Sugar Trix)	45	2.5	C	4
57316500	1000_Grains	Cereal (General Mills Oatmeal Crisp with Raisins)	45	3.5	C	4
53710900	1000_Grains	Cereal or granola bar (General Mills Nature Valley Chewy Trail Mix)	45	2	D	4
53710400	1000_Grains	Cereal or granola bar (General Mills Fiber One Chewy Bar)	45	3.5	C	4
53714300	1000_Grains	Cereal or granola bar, high fiber, coated with non-chocolate yogurt coating	45	3.5	C	4
57301535	1000_Grains	Cereal (Kashi Heart to Heart Oat Flakes and Blueberry Clusters)	44	4	C	4
55105205	1000_Grains	Pancakes, whole grain, reduced fat	44	2.5	C	3
57143000	1000_Grains	Cereal (Kellogg's Cracklin' Oat Bran)	44	2.5	D	4
57305160	1000_Grains	Cereal (Malt-O-Meal Blueberry Muffin Tops)	44	2	D	4
57305400	1000_Grains	Cereal (Malt-O-Meal Honey Graham Squares)	44	2	D	4
56201066	1000_Grains	Grits, regular or quick, made with non-dairy milk, fat not added in cooking	44	3.5	B	2
57224000	1000_Grains	Cereal (General Mills Golden Grahams)	44	2	D	4
56201355	1000_Grains	Grits, instant, made with non-dairy milk, fat not added in cooking	43	3.5	B	2
57330010	1000_Grains	Cereal (Kellogg's Raisin Bran Crunch)	43	2.5	C	4
55301025	1000_Grains	French toast, gluten free	43	3	C	3
57409100	1000_Grains	Cereal (Post Waffle Crisp)	43	2	D	4
57213010	1000_Grains	Cereal (Kellogg's Froot Loops Marshmallow)	43	2	D	4
56116990	1000_Grains	Long rice noodles, made from mung beans, cooked	43	4.5	A	1
56208510	1000_Grains	Oat bran cereal, cooked, fat added in cooking	43	4	A	3
56208520	1000_Grains	Oat bran cereal, cooked, NS as to fat added in cooking	43	4	A	3
57344001	1000_Grains	Cereal (Kellogg's Special K Blueberry)	43	3	C	4
57132000	1000_Grains	Cereal (General Mills Chex Corn)	43	2.5	C	4
55702100	1000_Grains	Dosa (Indian), plain	42	4	B	2
57213000	1000_Grains	Cereal (Kellogg's Froot Loops)	42	2.5	D	4
57221700	1000_Grains	Cereal, fruit rings	42	2.5	D	4
57221800	1000_Grains	Cereal, fruit whirls	42	2.5	D	4
55301020	1000_Grains	French toast, whole grain, reduced fat	42	3.5	B	3
51123010	1000_Grains	Bread, high protein	42	4	A	4
55301015	1000_Grains	French toast, whole grain	41	3	C	3
55301055	1000_Grains	French toast sticks, whole grain	41	3	C	3
57240100	1000_Grains	Cereal (General Mills Chex Honey Nut)	41	2	D	4
57336000	1000_Grains	Cereal (General Mills Chex Rice)	41	2.5	D	4
51301540	1000_Grains	Bread, French or Vienna, whole wheat	41	4	A	4
51123020	1000_Grains	Bread, high protein, toasted	41	4	A	4
57355000	1000_Grains	Cereal (Post Golden Crisp)	41	2	C	4
56207101	1000_Grains	Cream of wheat, instant, made with non-dairy milk, NS as to fat added in cooking	40	3	C	3
56207103	1000_Grains	Cream of wheat, instant, made with non-dairy milk, fat added in cooking	40	3	C	3
57124200	1000_Grains	Cereal, chocolate flavored, frosted, puffed corn	40	1.5	D	4
57344010	1000_Grains	Cereal (Kellogg's Special K Red Berries)	40	2.5	D	4
57124900	1000_Grains	Cereal (Kellogg's Cinnabon)	40	1.5	D	4
51301550	1000_Grains	Bread, French or Vienna, whole wheat, toasted	39	4	A	4
53710906	1000_Grains	Cereal or granola bar (General Mills Nature Valley Crunchy Granola Bar)	39	2	D	4
53712100	1000_Grains	Cereal or Granola bar, NFS	39	2	D	4
53713100	1000_Grains	Cereal or granola bar, peanuts , oats, sugar, wheat germ	39	2	D	4
56207025	1000_Grains	Cream of wheat, regular or quick, made with non-dairy milk, NS as to fat added in cooking	39	3.5	B	3
56207027	1000_Grains	Cream of wheat, regular or quick, made with non-dairy milk, fat added in cooking	39	3.5	B	3
56207022	1000_Grains	Cream of wheat, regular or quick, made with milk, fat not added in cooking	39	3.5	B	1
51102010	1000_Grains	Bread, white with whole wheat swirl	39	4	A	4
57301520	1000_Grains	Cereal (Kashi Good Friends)	39	5	A	4
57106530	1000_Grains	Cereal (Post Selects Blueberry Morning)	38	2.5	C	4
57344005	1000_Grains	Cereal (Kellogg's Special K Chocolatey Delight)	38	2	D	4
51300175	1000_Grains	Bread, chappatti or roti, wheat	38	4	B	4
57305170	1000_Grains	Cereal (Malt-O-Meal Coco-Roos)	38	1.5	D	4
57303200	1000_Grains	Cereal (Kellogg's Krave)	37	2	D	4
57125900	1000_Grains	Cereal (General Mills Honey Nut Clusters)	37	2.5	C	4
41425010	1000_Grains	Vermicelli, made from soybeans	37	3.5	B	4
55200120	1000_Grains	Waffle, fruit, from fast food / restaurant	37	2	D	3

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51102020	1000_Grains	Bread, white with whole wheat swirl, toasted	37	4	B	4
56207095	1000_Grains	Cream of wheat, instant, made with milk, fat not added in cooking	36	3.5	B	1
55212000	1000_Grains	Waffle, whole grain, reduced fat	36	2	D	4
57323000	1000_Grains	Cereal (Quaker Sweet Crunch)	35	0.5	E	4
57328000	1000_Grains	Cereal (Quaker Quisp)	35	0.5	E	4
53710904	1000_Grains	Cereal or granola bar (General Mills Nature Valley Sweet and Salty Granola Bar)	35	1	E	4
55200100	1000_Grains	Waffle, plain, from fast food / restaurant	35	1.5	D	3
57243000	1000_Grains	Cereal (Kellogg's Honey Smacks)	34	2	C	4
57306500	1000_Grains	Cereal (Malt-O-Meal Golden Puffs)	34	2	C	4
57416010	1000_Grains	Cereal, puffed wheat, sweetened	34	2	C	4
51404010	1000_Grains	Bread, pumpernickel	34	4	A	4
51404550	1000_Grains	Muffin, English, pumpernickel	34	4	A	4
51407010	1000_Grains	Bread, black	34	4	A	4
56201342	1000_Grains	Grits, instant, made with milk, fat not added in cooking	34	3.5	B	1
55300040	1000_Grains	French toast, gluten free, from frozen	34	3.5	B	4
56203540	1000_Grains	Oatmeal, made with milk and sugar, Puerto Rican style	34	3	C	1
56201065	1000_Grains	Grits, regular or quick, made with non-dairy milk, NS as to fat added in cooking	34	3.5	B	3
56201067	1000_Grains	Grits, regular or quick, made with non-dairy milk, fat added in cooking	34	3.5	B	3
57120000	1000_Grains	Cereal (Quaker Cap'n Crunch's Peanut Butter Crunch)	34	1	E	4
56207021	1000_Grains	Cream of wheat, regular or quick, made with milk, NS as to fat added in cooking	33	3	C	3
56207023	1000_Grains	Cream of wheat, regular or quick, made with milk, fat added in cooking	33	3	C	3
51404020	1000_Grains	Bread, pumpernickel, toasted	33	4	B	4
51407020	1000_Grains	Bread, black, toasted	33	4	B	4
51808100	1000_Grains	Roll, gluten free	33	3.5	B	4
75217500	1000_Grains	Hominy, cooked, fat not added in cooking	33	4	C	3
56201350	1000_Grains	Grits, instant, made with non-dairy milk, NS as to fat added in cooking	33	3	C	3
56201360	1000_Grains	Grits, instant, made with non-dairy milk, fat added in cooking	33	3	C	3
56201056	1000_Grains	Grits, regular or quick, made with milk, fat not added in cooking	33	3.5	B	1
55501000	1000_Grains	Chinese pancake	33	3.5	B	1
53711002	1000_Grains	Cereal or granola bar (Quaker Chewy 90 Calorie Granola Bar)	33	2	D	4
53712200	1000_Grains	Cereal or granola bar, lowfat, NFS	33	2	D	4
53711000	1000_Grains	Cereal or granola bar (Quaker Chewy Granola Bar)	32	1.5	D	4
55300030	1000_Grains	French toast, whole grain, from frozen	32	3.5	A	4
56207094	1000_Grains	Cream of wheat, instant, made with milk, fat added in cooking	32	3.5	B	3
56207096	1000_Grains	Cream of wheat, instant, made with milk, NS as to fat added in cooking	32	3.5	B	3
56201340	1000_Grains	Grits, instant, made with milk, fat added in cooking	32	3	B	3
56201344	1000_Grains	Grits, instant, made with milk, NS as to fat added in cooking	32	3	B	3
51301510	1000_Grains	Bread, wheat or cracked wheat, reduced calorie and/or high fiber	32	5	A	4
51401060	1000_Grains	Bread, rye, reduced calorie and/or high fiber	32	5	A	4
51501060	1000_Grains	Bread, oat bran, reduced calorie and/or high fiber	32	5	A	4
51602010	1000_Grains	Bread, multigrain, reduced calorie and/or high fiber	32	5	A	4
58117110	1000_Grains	Cornmeal fritter, Puerto Rican style	32	2	D	2
53714230	1000_Grains	Cereal or granola bar, oats, nuts, coated with non-chocolate coating	32	1.5	D	4
57309100	1000_Grains	Cereal (Nature Valley Granola)	32	2.5	D	4
53430000	1000_Grains	Crepe, NS as to filling	31	3	C	3
53712000	1000_Grains	Snack bar, oatmeal	31	2	D	4
53714500	1000_Grains	Breakfast bar, NFS	31	2	D	4
53714520	1000_Grains	Breakfast bar, cereal crust with fruit filling, lowfat	31	2	D	4
55100080	1000_Grains	Pancakes, from school, NFS	31	3.5	B	4
51301520	1000_Grains	Bread, wheat or cracked wheat, reduced calorie and/or high fiber, toasted	31	5	A	4
51401070	1000_Grains	Bread, rye, reduced calorie and/or high fiber, toasted	31	5	A	4
51501070	1000_Grains	Bread, oat bran, reduced calorie and/or high fiber, toasted	31	5	A	4
51602020	1000_Grains	Bread, multigrain, reduced calorie and/or high fiber, toasted	31	5	A	4
56113990	1000_Grains	Noodles, vegetable, cooked	30	4	A	1
55100055	1000_Grains	Pancakes, with fruit, from fast food / restaurant	30	3	C	3
56201055	1000_Grains	Grits, regular or quick, made with milk, NS as to fat added in cooking	30	3	C	3
56201057	1000_Grains	Grits, regular or quick, made with milk, fat added in cooking	30	3	C	3
53710800	1000_Grains	Cereal or granola bar (Kashi Chewy)	30	2	D	4
53430200	1000_Grains	Crepe, fruit filled	29	3	C	3
51503040	1000_Grains	Muffin, English, oat bran, with raisins	29	3.5	B	4
55204000	1000_Grains	Waffle, cornmeal	29	3	C	2
55203700	1000_Grains	Waffle, cinnamon	28	2	D	3
53714250	1000_Grains	Cereal or granola bar, coated with non-chocolate coating	28	0.5	E	4
51301040	1000_Grains	Bread, wheat or cracked wheat, made from home recipe or purchased at bakery	28	3.5	B	2
51108100	1000_Grains	Naan, Indian flatbread	28	3.5	C	4
55103000	1000_Grains	Pancakes, with fruit	28	3	C	3
56112000	1000_Grains	Noodles, cooked	28	3.5	B	1
56205410	1000_Grains	Rice, white, cooked with fat, Puerto Rican style	28	3	C	2
51300185	1000_Grains	Bread, paratha, wheat	28	3	C	4
71930200	1000_Grains	Casabe, cassava bread	28	3	C	1
55100050	1000_Grains	Pancakes, plain, from fast food / restaurant	27	2	D	3
56207030	1000_Grains	Cream of wheat, instant, made with water, fat not added in cooking	27	3.5	B	2
51320700	1000_Grains	Roll, whole grain white	27	3	C	4
51320710	1000_Grains	Roll, whole grain white, hot dog bun	27	3	C	4
51320720	1000_Grains	Roll, whole grain white, hamburger bun	27	3	C	4
55103020	1000_Grains	Pancakes, pumpkin	27	3	C	3
51301050	1000_Grains	Bread, wheat or cracked wheat, made from home recipe or purchased at bakery, toasted	27	3.5	C	2
55300055	1000_Grains	French toast, whole grain, from fast food / restaurant	27	2.5	C	4
53711004	1000_Grains	Cereal or granola bar (Quaker Chewy 25% Less Sugar Granola Bar)	27	2	D	4
53713000	1000_Grains	Cereal or granola bar, reduced sugar, NFS	27	2	D	4
55200040	1000_Grains	Waffle, fruit, from frozen	27	3	C	4
57302100	1000_Grains	Cereal (Quaker King Vitaman)	27	2	D	4
56207060	1000_Grains	Cream of wheat, instant, made with water, fat added in cooking	26	3.5	B	3
56207070	1000_Grains	Cream of wheat, instant, made with water, NS as to fat added in cooking	26	3.5	B	3
53720210	1000_Grains	Nutrition bar (Clif Kids Organic Zbar)	26	2.5	D	4
55200010	1000_Grains	Waffle, NFS	26	3	C	4
55200020	1000_Grains	Waffle, plain, from frozen	26	3	C	4
55200110	1000_Grains	Waffle, chocolate, from fast food / restaurant	26	1	E	3
56140100	1000_Grains	Pasta, gluten free	26	3.5	B	1
58117210	1000_Grains	Cornmeal stick, Puerto Rican style	26	2.5	C	2
57238000	1000_Grains	Cereal (Post Honeycomb)	26	2	D	4
51501010	1000_Grains	Bread, oatmeal	26	3.5	A	4
51502010	1000_Grains	Roll, oatmeal	26	3.5	A	4
51503000	1000_Grains	Muffin, English, oat bran	26	3.5	A	4
51501040	1000_Grains	Bread, oat bran	26	3.5	B	4
56205094	1000_Grains	Rice, cream of, cooked, made with milk	26	3.5	B	3
52304000	1000_Grains	Muffin, whole grain	26	2	D	4
52303500	1000_Grains	Muffin, wheat	26	2	D	4
51302520	1000_Grains	Muffin, English, wheat bran, with raisins	25	4	A	4
56205002	1000_Grains	Rice, white, cooked, fat added in cooking, made with oil	25	3.5	B	2
51501020	1000_Grains	Bread, oatmeal, toasted	25	3.5	A	4
51501050	1000_Grains	Bread, oat bran, toasted	25	3.5	A	4

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52405010	1000_Grains	Bread, fruit	25	2	D	4
57126000	1000_Grains	Cereal (Kellogg's Cocoa Krispies)	24	1.5	D	4
56201091	1000_Grains	Grits, with cheese, fat not added in cooking	24	3.5	B	2
51184250	1000_Grains	Breadsticks, soft, topped with melted cheese	24	2	D	4
51184260	1000_Grains	Breadsticks, soft, stuffed with melted cheese	24	2	D	4
57131000	1000_Grains	Cereal (Quaker Corn Bran Crunch)	24	3	D	4
57305174	1000_Grains	Cereal (Malt-O-Meal Colossal Crunch)	24	1	E	4
51303050	1000_Grains	Muffin, English, wheat or cracked wheat, with raisins	24	4	A	4
51303070	1000_Grains	Muffin, English, whole wheat, with raisins	24	4	A	4
75217490	1000_Grains	Hominy, cooked, NS as to fat added in cooking	24	4	C	3
75217520	1000_Grains	Hominy, cooked, fat added in cooking	24	4	C	3
52304150	1000_Grains	Muffin, oat bran	24	3.5	B	4
51320010	1000_Grains	Roll, wheat or cracked wheat	23	3.5	A	4
51320500	1000_Grains	Roll, whole wheat	23	3.5	A	4
56104000	1000_Grains	Pasta, vegetable, cooked	23	4	A	1
52403000	1000_Grains	Bread, nut	23	2	D	4
51801010	1000_Grains	Bread, barley	23	3.5	A	4
52401000	1000_Grains	Bread, Boston Brown	23	3.5	A	4
51301010	1000_Grains	Bread, wheat or cracked wheat	23	3.5	A	4
57306800	1000_Grains	Cereal (Malt-O-Meal Tootie Fruities)	23	1.5	D	4
55100030	1000_Grains	Pancakes, whole grain, from frozen	23	3	B	4
55100035	1000_Grains	Pancakes, whole grain, reduced fat, from frozen	23	3	B	4
56201090	1000_Grains	Grits, with cheese, NS as to fat added in cooking	23	3.5	B	3
56201092	1000_Grains	Grits, with cheese, fat added in cooking	23	3.5	B	3
55100005	1000_Grains	Pancakes, NFS	23	2	D	3
56200390	1000_Grains	Barley, NS as to fat added in cooking	23	4	A	1
56200400	1000_Grains	Barley, fat not added in cooking	23	4	A	1
55200050	1000_Grains	Waffle, chocolate, from frozen	23	3	C	4
51801020	1000_Grains	Bread, barley, toasted	22	4	A	4
51301020	1000_Grains	Bread, wheat or cracked wheat, toasted	22	4	A	4
56205320	1000_Grains	Rice, white and wild, cooked, fat added in cooking	22	3	C	3
56205330	1000_Grains	Rice, white and wild, cooked, NS as to fat added in cooking	22	3	C	3
53400300	1000_Grains	Blintz, fruit-filled	22	3	C	3
51301820	1000_Grains	Bagel, wheat, with fruit and nuts	22	3.5	A	4
57349020	1000_Grains	Cereal (Kellogg's Frosted Flakes, Reduced Sugar)	22	3	C	4
57347000	1000_Grains	Cereal (Kellogg's Corn Pops)	22	3	C	4
55101000	1000_Grains	Pancakes, plain	22	2	D	3
52304100	1000_Grains	Muffin, oatmeal	22	2	D	4
56207050	1000_Grains	Wheat, cream of, cooked, made with milk and sugar, Puerto Rican style	22	3	C	1
51320060	1000_Grains	Roll, wheat or cracked wheat, hot dog bun	22	4	A	4
51320070	1000_Grains	Roll, wheat or cracked wheat, hamburger bun	22	4	A	4
52306300	1000_Grains	Muffin, cheese	22	2	D	4
57325000	1000_Grains	Cereal (Kellogg's Product 19)	22	2	D	4
55400010	1000_Grains	Crepe, NFS	22	3	C	3
55203000	1000_Grains	Waffle, fruit	22	2	D	4
56201210	1000_Grains	Grits, instant, made with water, fat not added in cooking	22	3.5	B	1
56202910	1000_Grains	Oatmeal, from fast food, fruit flavored	21	3.5	B	4
56202905	1000_Grains	Oatmeal, from fast food, maple flavored	21	3.5	B	4
56202920	1000_Grains	Oatmeal, from fast food, other flavors	21	3.5	B	4
57119000	1000_Grains	Cereal (Quaker Cap'n Crunch's Crunchberries)	21	1	E	4
56201220	1000_Grains	Grits, instant, made with water, fat added in cooking	21	3	C	3
56201230	1000_Grains	Grits, instant, made with water, NS as to fat added in cooking	21	3	C	3
57117500	1000_Grains	Cereal (Quaker Christmas Crunch)	21	1	E	4
53714220	1000_Grains	Cereal or granola bar with nuts, chocolate coated	21	1	D	4
53430100	1000_Grains	Crepe, chocolate filled	21	3	C	3
55401000	1000_Grains	Crepe, plain	21	3	C	3
57127000	1000_Grains	Cereal (Post Cocoa Pebbles)	21	1.5	D	4
57117000	1000_Grains	Cereal (Quaker Cap'n Crunch)	21	1	E	4
57340000	1000_Grains	Cereal, puffed rice	21	3.5	A	4
56130000	1000_Grains	Pasta, cooked	21	3.5	A	1
55300010	1000_Grains	French toast, NFS	20	3	C	3
52206060	1000_Grains	Cornbread muffin, stick, round, made from home recipe	20	3	C	2
53711100	1000_Grains	Cereal or granola bar (Quaker Granola Bites)	20	1.5	D	4
52202060	1000_Grains	Cornbread, made from home recipe	20	3	C	2
55100060	1000_Grains	Pancakes, with chocolate, from fast food / restaurant	20	1.5	D	3
53710700	1000_Grains	Cereal or granola bar (Kellogg's Special K bar)	20	1.5	D	4
55100020	1000_Grains	Pancakes, with fruit, from frozen	20	3	C	4
55301000	1000_Grains	French toast, plain	20	3	C	3
51183990	1000_Grains	Breadsticks, NFS	19	3	C	4
51184200	1000_Grains	Breadsticks, soft, NFS	19	3	C	4
51184210	1000_Grains	Breadsticks, soft, from fast food / restaurant	19	3	C	4
51303100	1000_Grains	Muffin, English, whole grain white	19	4	A	4
51302500	1000_Grains	Muffin, English, wheat bran	19	4	A	4
51303010	1000_Grains	Muffin, English, wheat or cracked wheat	19	4	A	4
51303030	1000_Grains	Muffin, English, whole wheat	19	4	A	4
51630200	1000_Grains	Muffin, English, multigrain	19	4	A	4
52215100	1000_Grains	Tortilla, corn	19	4.5	A	4
52306700	1000_Grains	Muffin, carrot	19	2	D	4
52306500	1000_Grains	Muffin, pumpkin	19	2	D	4
52404060	1000_Grains	Bread, pumpkin	19	2	D	4
55100010	1000_Grains	Pancakes, plain, from frozen	19	3	C	4
56207016	1000_Grains	Cream of wheat, regular or quick, made with water, fat not added in cooking	19	3.5	B	1
56207000	1000_Grains	Cream of wheat, NS as to regular, quick, or instant, fat not added in cooking	19	3.5	B	1
51184230	1000_Grains	Breadsticks, soft, with parmesan cheese, from fast food / restaurant	19	2	D	4
53400200	1000_Grains	Blintz, cheese-filled	19	3	D	2
57305175	1000_Grains	Cereal (Malt-O-Meal Cocoa Dyno-Bites)	18	1.5	E	4
56205300	1000_Grains	Rice, white and wild, cooked, fat not added in cooking	18	3	C	4
51805010	1000_Grains	Bread, sunflower meal	18	3.5	B	4
51108010	1000_Grains	Focaccia, Italian flatbread, plain	18	3	B	4
51421000	1000_Grains	Roll, pumpernickel	18	4	A	4
56201051	1000_Grains	Grits, regular or quick, made with water, fat not added in cooking	18	3.5	B	1
56201000	1000_Grains	Grits, NS as to regular, quick, or instant, fat not added in cooking	18	3.5	B	1
51301805	1000_Grains	Bagel, whole wheat, with raisins	18	3.5	A	4
52208760	1000_Grains	Gordita/sope shell, plain, no filling	17	3	C	4
51630100	1000_Grains	Bagel, multigrain, with raisins	17	3.5	A	4
51301800	1000_Grains	Bagel, wheat, with raisins	17	3.5	A	4
55101015	1000_Grains	Pancakes, plain, reduced fat	17	2.5	C	3
52302010	1000_Grains	Muffin, fruit	17	2	D	4
55301040	1000_Grains	French toast sticks, plain, from fast food / restaurant	17	2	D	4
52301000	1000_Grains	Muffin, NFS	17	2	D	4
51805020	1000_Grains	Bread, sunflower meal, toasted	17	3	C	4
52306550	1000_Grains	Muffin, zucchini	17	2	D	4

foodcode	level1nd	Description	Food Compass Score	Health Star Rating	Nutri-Score	NOVA Category
52407000	1000_Grains	Bread, zucchini	17	2	D	4
56200410	1000_Grains	Barley, fat added in cooking	17	3.5	A	3
56209000	1000_Grains	Cream of rye	17	3.5	B	1
57134000	1000_Grains	Cereal, corn flakes	17	2.5	C	4
57135000	1000_Grains	Cereal (Kellogg's Corn Flakes)	17	2.5	C	4
53711006	1000_Grains	Cereal or granola bar (Quaker Chewy Dipps Granola Bar)	17	1	E	4
53714200	1000_Grains	Cereal or granola bar, chocolate coated, NFS	17	1	E	4
55201000	1000_Grains	Waffle, plain	16	2	D	4
56207005	1000_Grains	Cream of wheat, NS as to regular, quick, or instant, fat added in cooking	16	3.5	B	3
56207015	1000_Grains	Cream of wheat, regular or quick, made with water, NS as to fat added in cooking	16	3.5	B	3
56207017	1000_Grains	Cream of wheat, regular or quick, made with water, fat added in cooking	16	3.5	B	3
56206990	1000_Grains	Cream of wheat, NS as to regular, quick, or instant, NS as to fat added in cooking	16	3.5	B	3
55301050	1000_Grains	French toast sticks, plain	16	2	D	4
52302600	1000_Grains	Muffin, chocolate	16	1.5	D	4
55103100	1000_Grains	Pancakes, with chocolate	16	1.5	D	3
51111010	1000_Grains	Bread, cheese	16	1.5	D	4
57326000	1000_Grains	Cereal (Barbara's Puffins)	16	3.5	C	4
56205060	1000_Grains	Rice, cooked, with milk	16	3	C	1
57344000	1000_Grains	Cereal (Kellogg's Special K)	16	2	D	4
51804010	1000_Grains	Bread, soy	16	3.5	C	4
55300050	1000_Grains	French toast, plain, from fast food / restaurant	16	2	D	3
51111040	1000_Grains	Bread, cheese, toasted	16	1.5	D	4
55100025	1000_Grains	Pancakes, with chocolate, from frozen	15	2.5	C	4
51300100	1000_Grains	Bagel, whole grain white	15	4	A	4
51301700	1000_Grains	Bagel, wheat	15	4	A	4
51301750	1000_Grains	Bagel, whole wheat	15	4	A	4
51301900	1000_Grains	Bagel, wheat bran	15	4	A	4
51404500	1000_Grains	Bagel, pumpernickel	15	4	A	4
51501080	1000_Grains	Bagel, oat bran	15	4	A	4
51630000	1000_Grains	Bagel, multigrain	15	4	A	4
53714210	1000_Grains	Cereal or granola bar, with coconut, chocolate coated	15	0.5	E	4
51122000	1000_Grains	Bread, reduced calorie and/or high fiber, white or NFS	15	4.5	A	4
56205007	1000_Grains	Rice, white, cooked, fat added in cooking, NS as to type of fat	15	3.5	B	3
56201516	1000_Grains	Cornmeal mush, fat not added in cooking	15	3.5	B	1
51804020	1000_Grains	Bread, soy, toasted	15	4	C	4
56205170	1000_Grains	Yellow rice, cooked, fat added in cooking	14	3	C	4
51184220	1000_Grains	Breadsticks, soft, from frozen	14	3.5	B	4
51184240	1000_Grains	Breadsticks, soft, with parmesan cheese, from frozen	14	3.5	B	4
55301030	1000_Grains	French toast sticks, NFS	14	3	C	4
55301031	1000_Grains	French toast sticks, plain, from frozen	14	3	C	4
56201050	1000_Grains	Grits, regular or quick, made with water, NS as to fat added in cooking	14	3.5	B	3
56201052	1000_Grains	Grits, regular or quick, made with water, fat added in cooking	14	3.5	B	3
56200990	1000_Grains	Grits, NS as to regular, quick, or instant, NS as to fat added in cooking	14	3.5	B	3
56201040	1000_Grains	Grits, NS as to regular, quick, or instant, fat added in cooking	14	3.5	B	3
51122010	1000_Grains	Bread, reduced calorie and/or high fiber, white or NFS, toasted	14	4.5	A	4
55310100	1000_Grains	Fried bread, Puerto Rican style	14	2	D	2
51121035	1000_Grains	Garlic bread, from frozen	14	2	D	4
57239100	1000_Grains	Cereal (Kellogg's Honey Crunch Corn Flakes)	13	1.5	D	4
51121055	1000_Grains	Garlic bread, with parmesan cheese, from frozen	13	2	D	4
51121075	1000_Grains	Garlic bread, with melted cheese, from frozen	13	2	D	4
52306010	1000_Grains	Muffin, plain	13	1.5	D	4
51122100	1000_Grains	Bread, reduced calorie and/or high fiber, white or NFS, with fruit and/or nuts	13	4	A	4
57348000	1000_Grains	Cereal, frosted corn flakes	13	2	D	4
57349000	1000_Grains	Cereal (Kellogg's Frosted Flakes)	13	2	D	4
51121015	1000_Grains	Garlic bread, NFS	13	2	D	4
51121025	1000_Grains	Garlic bread, from fast food / restaurant	13	2	D	4
51121065	1000_Grains	Garlic bread, with melted cheese, from fast food / restaurant	13	2	D	4
56201550	1000_Grains	Cornmeal dumpling	13	3.5	B	3
52213010	1000_Grains	Spoonbread	13	3	C	4
52104010	1000_Grains	Biscuit, baking powder or buttermilk type, made from home recipe	13	2	D	3
51121045	1000_Grains	Garlic bread, with parmesan cheese, from fast food / restaurant	12	2	D	4
53714510	1000_Grains	Breakfast bar, date, with yogurt coating	12	2	D	4
57223000	1000_Grains	Cereal (Post Fruity Pebbles)	12	1	E	4
51109010	1000_Grains	Bread, Italian, Grecian, Armenian	12	3.5	B	4
51122110	1000_Grains	Bread, reduced calorie and/or high fiber, white or NFS, with fruit and/or nuts, toasted	12	4	B	4
56201515	1000_Grains	Cornmeal mush, NS as to fat added in cooking	12	3.5	B	3
56201517	1000_Grains	Cornmeal mush, fat added in cooking	12	3.5	B	3
52304040	1000_Grains	Muffin, bran with fruit, lowfat	12	3	C	4
57305300	1000_Grains	Cereal (Malt-O-Meal Fruity Dyno-Bites)	12	1.5	E	4
55211050	1000_Grains	Waffle, plain, reduced fat	11	2	D	4
56201600	1000_Grains	Masa harina, cooked	11	3.5	B	1
56207160	1000_Grains	Couscous, plain, cooked	11	3.5	B	1
57305180	1000_Grains	Cereal (Malt-O-Meal Corn Bursts)	11	1	E	4
56205080	1000_Grains	Rice, creamed, made with milk and sugar, Puerto Rican style	11	3.5	B	1
51109040	1000_Grains	Bread, Italian, Grecian, Armenian, toasted	11	3.5	B	4
52302500	1000_Grains	Muffin, chocolate chip	11	1.5	D	4
57148000	1000_Grains	Cereal (Kellogg's Crispix)	11	2	D	4
52209010	1000_Grains	Hush puppy	11	2.5	C	4
57305210	1000_Grains	Cereal (Malt-O-Meal Frosted Flakes)	10	1.5	D	4
51301120	1000_Grains	Bread, wheat or cracked wheat, with raisins	10	2.5	C	4
56205050	1000_Grains	Rice, cream of, cooked, fat not added in cooking	10	3.5	B	1
56201540	1000_Grains	Cornmeal, Puerto Rican Style	10	3	C	1
53714400	1000_Grains	Cereal or granola bar, with rice cereal	10	2	D	4
51129010	1000_Grains	Bread, raisin	10	3.5	B	4
55203600	1000_Grains	Waffle, chocolate	10	1.5	E	4
51000400	1000_Grains	Roll, bran, NS as to type of bran	10	3.5	B	4
51620000	1000_Grains	Roll, multigrain	10	3.5	B	4
51620020	1000_Grains	Roll, multigrain, hot dog bun	10	3.5	B	4
51620030	1000_Grains	Roll, multigrain, hamburger bun	10	3.5	B	4
55105100	1000_Grains	Pancakes, cornmeal	9	2.5	C	3
57148500	1000_Grains	Cereal, crispy brown rice	9	2.5	D	4
57151000	1000_Grains	Cereal, crispy rice	9	2.5	D	4
57337000	1000_Grains	Cereal, rice flakes	9	2.5	D	4
51301130	1000_Grains	Bread, wheat or cracked wheat, with raisins, toasted	9	2.5	C	4
57316710	1000_Grains	Cereal (Quaker Honey Graham Oh's)	9	0.5	E	4
57305200	1000_Grains	Cereal (Malt-O-Meal Crispy Rice)	9	2.5	D	4
57339000	1000_Grains	Cereal (Kellogg's Rice Krispies)	9	2.5	D	4
53710600	1000_Grains	Milk 'n Cereal bar	9	0.5	E	4
52101000	1000_Grains	Biscuit, baking powder or buttermilk type, NS as to made from mix, refrigerated dough, or home recipe	9	2	D	4
51129020	1000_Grains	Bread, raisin, toasted	9	3.5	B	4
57216000	1000_Grains	Cereal, frosted rice	9	1.5	D	4
57218000	1000_Grains	Cereal (Kellogg's Frosted Krispies)	9	1.5	D	4

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52101040	1000_Grains	Crumpet	8	3	B	4
52101050	1000_Grains	Crumpet, toasted	8	3	B	4
56205092	1000_Grains	Rice, cream of, cooked, NS as to fat added in cooking	8	3.5	B	3
56205090	1000_Grains	Rice, cream of, cooked, fat added in cooking	8	3.5	B	3
52101100	1000_Grains	Biscuit, baking powder or buttermilk type, made from mix	8	1.5	D	3
51113010	1000_Grains	Bread, cinnamon	8	3	B	4
51156500	1000_Grains	Roll, garlic	8	3.5	C	4
55610300	1000_Grains	Dumpling, plain	8	3	C	3
51401010	1000_Grains	Bread, rye	8	4	A	4
51401030	1000_Grains	Bread, marble rye and pumpernickel	8	4	A	4
51401200	1000_Grains	Muffin, English, rye	8	4	A	4
51420000	1000_Grains	Roll, rye	8	4	A	4
51000300	1000_Grains	Roll, hard, NS as to major flour	8	3.5	B	4
51153000	1000_Grains	Roll, white, hard	8	3.5	B	4
56205006	1000_Grains	Rice, white, cooked, fat added in cooking, made with margarine	8	3.5	B	4
51401020	1000_Grains	Bread, rye, toasted	7	4	B	4
51401040	1000_Grains	Bread, marble rye and pumpernickel, toasted	7	4	B	4
55200030	1000_Grains	Waffle, plain, reduced fat, from frozen	7	3	B	4
55100015	1000_Grains	Pancakes, plain, reduced fat, from fozen	7	2.5	C	4
56205001	1000_Grains	Rice, white, cooked, NS as to fat added in cooking	7	3.5	B	1
51154600	1000_Grains	Roll, cheese	7	3	C	4
56205008	1000_Grains	Rice, white, cooked, fat not added in cooking	7	3.5	B	1
56205000	1000_Grains	Rice, cooked, NFS	7	3.5	B	1
55301010	1000_Grains	French toast, plain, reduced fat	6	3.5	B	4
51000110	1000_Grains	Bread, NS as to major flour, toasted	6	3.5	B	4
51101010	1000_Grains	Bread, white, toasted	6	3.5	B	4
51113100	1000_Grains	Bread, cinnamon, toasted	6	3.5	B	4
51000100	1000_Grains	Bread, NS as to major flour	6	3.5	B	4
51101000	1000_Grains	Bread, white	6	3.5	B	4
51158100	1000_Grains	Roll, Mexican, bolillo	6	3.5	B	4
51127010	1000_Grains	Bread, potato	6	4	A	4
51133010	1000_Grains	Bread, sour dough	6	3.5	B	4
51159000	1000_Grains	Roll, sour dough	6	3.5	B	4
51130510	1000_Grains	Bread, white, low sodium or no salt	6	3.5	A	4
51300300	1000_Grains	Bread, sprouted wheat	5	4	A	4
52105200	1000_Grains	Scone, with fruit	5	2	D	4
51127020	1000_Grains	Bread, potato, toasted	5	4	A	4
51300310	1000_Grains	Bread, sprouted wheat, toasted	5	4.5	A	4
51133020	1000_Grains	Bread, sour dough, toasted	5	3.5	B	4
51155000	1000_Grains	Roll, French or Vienna	5	3.5	B	4
52104100	1000_Grains	Biscuit, cheese	5	1.5	D	4
51130520	1000_Grains	Bread, white, low sodium or no salt, toasted	5	3.5	A	4
51119010	1000_Grains	Bread, egg, Challah	4	3.5	B	4
51154550	1000_Grains	Roll, egg bread	4	3.5	B	4
51000180	1000_Grains	Bread, made from home recipe or purchased at a bakery, NS as to major flour	4	3	C	2
51101050	1000_Grains	Bread, white, made from home recipe or purchased at a bakery	4	3	C	2
55300020	1000_Grains	French toast, plain, from frozen	4	3.5	B	4
51000200	1000_Grains	Roll, NS as to major flour	4	3.5	B	4
51150000	1000_Grains	Roll, white, soft	4	3.5	B	4
51154010	1000_Grains	Roll, white, hot dog bun	4	3.5	B	4
51154100	1000_Grains	Roll, white, hamburger bun	4	3.5	B	4
51157000	1000_Grains	Roll, white, hoagie, submarine	4	3.5	B	4
56205101	1000_Grains	Congee	4	3.5	B	1
56205004	1000_Grains	Rice, white, cooked, fat added in cooking, made with butter	4	3	C	2
51186100	1000_Grains	Muffin, English, with raisins	3	3.5	A	4
57339500	1000_Grains	Cereal (Kellogg's Rice Krispies Treats Cereal)	3	1.5	D	4
52215350	1000_Grains	Taco shell, flour	3	1.5	D	4
51119040	1000_Grains	Bread, egg, Challah, toasted	3	3.5	B	4
51186160	1000_Grains	Muffin, English, with fruit other than raisins	3	4	A	4
51000190	1000_Grains	Bread, made from home recipe or purchased at a bakery, toasted, NS as to major flour	3	3	C	2
51101060	1000_Grains	Bread, white, made from home recipe or purchased at a bakery, toasted	3	3	C	2
52220110	1000_Grains	Arepa Dominicana	2	2	D	4
56205130	1000_Grains	Yellow rice, cooked, NS as to fat added in cooking	2	3	C	4
56205150	1000_Grains	Yellow rice, cooked, fat not added in cooking	2	3	C	4
52105100	1000_Grains	Scone	1	2	D	4
52215000	1000_Grains	Tortilla, NFS	1	3.5	A	4
52304010	1000_Grains	Muffin, wheat bran	1	3	C	4
52215300	1000_Grains	Taco shell, corn	1	2.5	C	4
51105010	1000_Grains	Bread, Cuban	1	3.5	B	4
51105040	1000_Grains	Bread, Cuban, toasted	1	3.5	C	4
51106010	1000_Grains	Bread, native, water, Puerto Rican style	1	3	B	4
51106020	1000_Grains	Bread, native, water, toasted, Puerto Rican style	1	3.5	B	4
51106200	1000_Grains	Bread, lard, Puerto Rican style	1	3.5	B	4
51106210	1000_Grains	Bread, lard, toasted, Puerto Rican style	1	3	C	4
51106300	1000_Grains	Bread, caressed, Puerto Rican style	1	3	C	4
51106310	1000_Grains	Bread, caressed, toasted, Puerto Rican style	1	3	C	4
51107010	1000_Grains	Bread, French or Vienna	1	3.5	B	4
51107040	1000_Grains	Bread, French or Vienna, toasted	1	3.5	B	4
51109100	1000_Grains	Bread, pita	1	3.5	B	4
51109110	1000_Grains	Bread, pita, toasted	1	3.5	B	4
51109150	1000_Grains	Bread, pita with fruit	1	3	B	4
51109200	1000_Grains	Bread, pita with fruit, toasted	1	3	B	4
51115010	1000_Grains	Bread, cornmeal and molasses	1	3	C	4
51115020	1000_Grains	Bread, cornmeal and molasses, toasted	1	3	C	4
51121110	1000_Grains	Bread, onion	1	3	B	4
51121120	1000_Grains	Bread, onion, toasted	1	3	B	4
51134000	1000_Grains	Bread, sweet potato	1	3	B	4
51134010	1000_Grains	Bread, sweet potato, toasted	1	3	B	4
51135000	1000_Grains	Bread, vegetable	1	3.5	B	4
51135010	1000_Grains	Bread, vegetable, toasted	1	3	C	4
51140100	1000_Grains	Bread, dough, fried	1	3	B	4
51154510	1000_Grains	Roll, diet	1	3.5	B	4
51180010	1000_Grains	Bagel	1	3.5	B	4
51180030	1000_Grains	Bagel, with raisins	1	3	C	4
51180080	1000_Grains	Bagel, with fruit other than raisins	1	3.5	B	4
51186010	1000_Grains	Muffin, English	1	4	A	4
51186130	1000_Grains	Muffin, English, cheese	1	3.5	A	4
52101030	1000_Grains	Biscuit dough, fried	1	1.5	D	4
52101150	1000_Grains	Biscuit, baking powder or buttermilk type, made from refrigerated dough, lowfat	1	2	D	4
52102040	1000_Grains	Biscuit, baking powder or buttermilk type, made from refrigerated dough	1	1.5	D	4
52103000	1000_Grains	Biscuit, baking powder or buttermilk type, commercially baked	1	1	E	4
52104200	1000_Grains	Biscuit, cinnamon-raisin	1	1.5	D	4

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52201000	1000_Grains	Cornbread, prepared from mix	1	2	D	4
52206010	1000_Grains	Cornbread muffin, stick, round	1	2.5	C	4
52207010	1000_Grains	Corn flour patty or tart, fried	1	3	B	4
52208010	1000_Grains	Corn pone, baked	1	3	B	4
52208020	1000_Grains	Corn pone, fried	1	3	C	4
52211010	1000_Grains	Johnnycake	1	2	D	4
52215200	1000_Grains	Tortilla, flour	1	2.5	C	4
52302020	1000_Grains	Muffin, fruit, low fat	1	2.5	C	4
52311010	1000_Grains	Popover	1	3	C	4
52408000	1000_Grains	Bread, Irish soda	1	2	D	4
56117090	1000_Grains	Rice noodles, cooked	1	3.5	B	1
56205070	1000_Grains	Rice, sweet, cooked with honey	1	3	C	2
56205190	1000_Grains	Rice, white, cooked, glutinous	1	3.5	B	1

foodcode	level1nd	Description	Food Compass Score	Health Star Rating	Nutri-Score	NOVA Category
61101010	2000_Fruit	Grapefruit, raw	100	4.5	A	1
61104010	2000_Fruit	Grapefruit and orange sections, raw	100	4.5	A	1
61113010	2000_Fruit	Lemon, raw	100	4.5	A	1
61116010	2000_Fruit	Lime, raw	100	4.5	A	1
61122350	2000_Fruit	Orange, mandarin, canned or frozen, drained	100	4.5	A	3
63103010	2000_Fruit	Apricot, raw	100	4.5	A	1
63103120	2000_Fruit	Apricot, cooked or canned, unsweetened, water pack	100	4.5	A	1
63109010	2000_Fruit	Cantaloupe, raw	100	4.5	A	1
63109610	2000_Fruit	Cantaloupe, frozen	100	4.5	A	1
63109700	2000_Fruit	Starfruit, raw	100	4.5	A	1
63110010	2000_Fruit	Cassaba melon, raw	100	4.5	A	1
63117010	2000_Fruit	Currants, raw	100	5	A	1
63131010	2000_Fruit	Nectarine, raw	100	4.5	A	1
63133010	2000_Fruit	Papaya, raw	100	4.5	A	1
63135010	2000_Fruit	Peach, raw	100	4.5	A	1
63135620	2000_Fruit	Peach, frozen, unsweetened	100	4.5	A	1
63147010	2000_Fruit	Rhubarb, raw	100	4.5	A	1
63147120	2000_Fruit	Rhubarb, cooked or canned, unsweetened	100	4.5	A	1
63200100	2000_Fruit	Berries, raw, NFS	100	4.5	A	1
63201010	2000_Fruit	Blackberries, raw	100	5	A	1
63201600	2000_Fruit	Blackberries, frozen	100	5	A	1
63205010	2000_Fruit	Boysenberries, raw	100	5	A	1
63205600	2000_Fruit	Boysenberries, frozen	100	5	A	1
63207010	2000_Fruit	Cranberries, raw	100	5	A	1
63208000	2000_Fruit	Dewberries, raw	100	5	A	1
63215010	2000_Fruit	Loganberries, raw	100	5	A	1
63215600	2000_Fruit	Loganberries, frozen	100	5	A	1
63217010	2000_Fruit	Mulberries, raw	100	4.5	A	1
63219000	2000_Fruit	Raspberries, raw, NS as to color	100	5	A	1
63219010	2000_Fruit	Raspberries, black, raw	100	5	A	1
63219020	2000_Fruit	Raspberries, red, raw	100	5	A	1
63219120	2000_Fruit	Raspberries, cooked or canned, unsweetened, water pack	100	5	A	1
63219610	2000_Fruit	Raspberries, frozen, unsweetened	100	5	A	1
63223020	2000_Fruit	Strawberries, raw	100	4.5	A	1
63223120	2000_Fruit	Strawberries, cooked or canned, unsweetened, water pack	100	4.5	A	1
63223610	2000_Fruit	Strawberries, frozen, unsweetened	100	4.5	A	1
63224000	2000_Fruit	Youngberries, raw	100	5	A	1
61119010	2000_Fruit	Orange, raw	100	4.5	A	1
61125000	2000_Fruit	Tangelo, raw	100	4.5	A	1
61104220	2000_Fruit	Grapefruit and orange sections, cooked, canned, or frozen, unsweetened, water pack	100	4.5	A	1
63149010	2000_Fruit	Watermelon, raw	99	4.5	A	1
63311050	2000_Fruit	Fruit salad, fresh or raw, including citrus fruits, no dressing	99	4.5	A	1
63200200	2000_Fruit	Berries, frozen, NFS	98	4.5	A	1
63203570	2000_Fruit	Blueberries, frozen, NS as to sweetened or unsweetened	98	4.5	A	1
63203600	2000_Fruit	Blueberries, frozen, unsweetened	98	4.5	A	1
63115200	2000_Fruit	Cherries, frozen	98	4.5	A	1
63125010	2000_Fruit	Guava, raw	98	5	A	1
63135120	2000_Fruit	Peach, cooked or canned, unsweetened, water pack	98	4.5	A	1
63126500	2000_Fruit	Kiwi fruit, raw	97	4.5	A	1
63113010	2000_Fruit	Cherries, sour, red, raw	97	4.5	A	1
62114000	2000_Fruit	Lychee, dried	96	3	B	1
63311000	2000_Fruit	Fruit salad, fresh or raw, excluding citrus fruits, no dressing	95	4.5	A	1
63127010	2000_Fruit	Honeydew melon, raw	95	4.5	A	1
63127610	2000_Fruit	Honeydew, frozen	95	4.5	A	1
63126010	2000_Fruit	Juneberry, raw	95	4.5	A	1
63203010	2000_Fruit	Blueberries, raw	95	4.5	A	1
63214000	2000_Fruit	Huckleberries, raw	95	4.5	A	1
63311080	2000_Fruit	Fruit cocktail or mix, frozen	94	4.5	A	1
63137050	2000_Fruit	Pear, Japanese, raw	94	4.5	A	1
63143010	2000_Fruit	Plum, raw	93	4.5	A	1
62104100	2000_Fruit	Apricot, dried, uncooked	92	3.5	B	1
61100500	2000_Fruit	Calamondin, raw	92	4.5	A	1
61125010	2000_Fruit	Tangerine, raw	92	4.5	A	1
61110010	2000_Fruit	Kumquat, raw	92	5	A	1
63101000	2000_Fruit	Apple, raw	92	4.5	A	1
62116100	2000_Fruit	Peach, dried, uncooked	91	4	C	1
61122320	2000_Fruit	Orange, mandarin, canned or frozen, juice pack	91	4.5	A	3
62116220	2000_Fruit	Peach, dried, cooked, unsweetened	90	4	A	1
63141010	2000_Fruit	Pineapple, raw	90	4.5	A	1
63101320	2000_Fruit	Apple, baked, unsweetened	90	4.5	A	1
61122300	2000_Fruit	Orange, mandarin, canned or frozen, NS as to sweetened or unsweetened; sweetened, NS as to type of sweetener	90	4.5	A	3
63129010	2000_Fruit	Mango, raw	90	4	A	1
63141120	2000_Fruit	Pineapple, cooked or canned, unsweetened, waterpack	89	4.5	A	1
63134010	2000_Fruit	Passion fruit, raw	89	5	A	1
63100100	2000_Fruit	Fruit, NS as to type	88	4.5	A	1
63133050	2000_Fruit	Papaya, green, cooked	88	4.5	A	1
63403030	2000_Fruit	Fruit salad, including citrus fruits, with nondairy whipped topping	88	4	A	2
63113110	2000_Fruit	Cherries, sour, red, cooked, unsweetened	88	4.5	A	1
63123020	2000_Fruit	Grapes, American type, slip skin, raw	88	4	A	1
61119020	2000_Fruit	Orange, sections, canned, juice pack	88	4.5	A	3
62104220	2000_Fruit	Apricot, dried, cooked, unsweetened	86	4	B	1
63223030	2000_Fruit	Strawberries, raw, with sugar	86	4.5	A	2
63402970	2000_Fruit	Fruit salad, excluding citrus fruits, with nondairy whipped topping	85	4	A	2
63115010	2000_Fruit	Cherries, sweet, raw	85	4.5	A	1
63203120	2000_Fruit	Blueberries, cooked or canned, unsweetened, water pack	84	4.5	A	1
62108100	2000_Fruit	Currants, dried	84	3.5	C	1
62107100	2000_Fruit	Banana flakes, dehydrated	84	4	B	1
63139010	2000_Fruit	Persimmon, raw	84	4.5	A	1
63402990	2000_Fruit	Fruit salad, including citrus fruits, with pudding	83	4.5	A	1
63126510	2000_Fruit	Lychee, raw	83	4	B	1
63123000	2000_Fruit	Grapes, raw, NS as to type	83	4	B	1
63123010	2000_Fruit	Grapes, European type, adherent skin, raw	83	4	B	1
63403020	2000_Fruit	Fruit salad, including citrus fruit, with whipped cream	83	4	B	2
63126700	2000_Fruit	Longans, raw	83	4	B	1
62113100	2000_Fruit	Fig, dried, uncooked	83	4	C	1
63137010	2000_Fruit	Pear, raw	82	4.5	A	1
62101050	2000_Fruit	Fruit mixture, dried	82	4	B	3
62101100	2000_Fruit	Apple, dried, uncooked	82	3.5	C	1
62101220	2000_Fruit	Apple, dried, cooked, unsweetened	81	4.5	A	1
61101200	2000_Fruit	Grapefruit, canned or frozen, NS as to sweetened or unsweetened; sweetened, NS as to type of sweetener	81	4.5	A	3
63403000	2000_Fruit	Fruit salad, excluding citrus fruits, with pudding	81	4.5	A	1
62122100	2000_Fruit	Prune, dried, uncooked	81	4	B	1

foodcode	level1nd	Description	Food Compass Score	Health Star Rating	Nutri-Score	NOVA Category
62101300	2000_Fruit	Apple chips	81	3	D	3
63103170	2000_Fruit	Apricot, cooked or canned, juice pack	81	4.5	A	3
63403010	2000_Fruit	Fruit salad, including citrus fruits, with salad dressing or mayonnaise	81	4	C	2
63129030	2000_Fruit	Mango, cooked	81	4	B	1
63402960	2000_Fruit	Fruit salad, excluding citrus fruits, with whipped cream	80	4	B	2
61101220	2000_Fruit	Grapefruit, canned or frozen, unsweetened, water pack	80	4.5	B	1
63401010	2000_Fruit	Apple salad with dressing	80	4	B	2
63320100	2000_Fruit	Fruit salad, Puerto Rican style	80	4.5	A	1
62113220	2000_Fruit	Fig, dried, cooked, unsweetened	80	4	B	1
63107010	2000_Fruit	Banana, raw	79	4.5	A	1
63107050	2000_Fruit	Banana, white, Guineo blanco maduro	79	4.5	A	1
63107070	2000_Fruit	Banana, Chinese, raw	79	4.5	A	1
63107080	2000_Fruit	Banana, red, Guineo morado	79	4.5	A	1
63137120	2000_Fruit	Pear, cooked or canned, unsweetened, water pack	79	4.5	A	1
62122220	2000_Fruit	Prune, dried, cooked, unsweetened	79	4	B	1
63402950	2000_Fruit	Fruit salad, excluding citrus fruits, with salad dressing or mayonnaise	78	4	C	2
63115120	2000_Fruit	Cherries, sweet, cooked, unsweetened, water pack	78	4.5	B	1
63107310	2000_Fruit	Banana, ripe, boiled	77	4.5	A	1
63135170	2000_Fruit	Peach, cooked or canned, juice pack	77	4.5	B	3
62119100	2000_Fruit	Pear, dried, uncooked	76	3.5	C	1
63115170	2000_Fruit	Cherries, sweet, cooked or canned, juice pack	76	4.5	A	3
63123120	2000_Fruit	Grapes, seedless, cooked or canned, unsweetened, water pack	76	4	B	1
63145010	2000_Fruit	Pomegranate, raw	75	4.5	A	1
62119220	2000_Fruit	Pear, dried, cooked, unsweetened	75	4.5	B	1
62114110	2000_Fruit	Papaya, dried	75	3	C	1
63141150	2000_Fruit	Pineapple, cooked or canned, drained solids	75	4	B	3
62120100	2000_Fruit	Pineapple, dried	74	3	C	1
63143120	2000_Fruit	Plum, cooked or canned, unsweetened, water pack	74	4	B	1
63402045	2000_Fruit	Fried dwarf banana, Puerto Rican style	74	4	B	2
63119120	2000_Fruit	Fig, cooked or canned, unsweetened, water pack	74	4.5	A	1
63403040	2000_Fruit	Fruit salad, including citrus fruits, with marshmallows	74	4	C	3
63119010	2000_Fruit	Fig, raw	73	4.5	A	1
63107210	2000_Fruit	Banana, ripe, fried	73	4	B	2
62105000	2000_Fruit	Blueberries, dried	73	3.5	B	3
62110100	2000_Fruit	Date	72	3.5	C	1
63101120	2000_Fruit	Applesauce, stewed apples, unsweetened	72	4.5	B	3
63402980	2000_Fruit	Fruit salad, excluding citrus fruits, with marshmallows	72	4	C	3
63201800	2000_Fruit	Blackberries, frozen, sweetened, NS as to type of sweetener	72	4.5	B	3
63311120	2000_Fruit	Fruit cocktail, cooked or canned, unsweetened, water pack	71	4.5	A	4
63413010	2000_Fruit	Pineapple salad with dressing	69	4	B	4
63301010	2000_Fruit	Ambrosia	69	4.5	A	1
62125100	2000_Fruit	Raisins	68	3	C	1
63143170	2000_Fruit	Plum, cooked or canned, juice pack	68	4	B	3
63137170	2000_Fruit	Pear, cooked or canned, juice pack	68	4.5	A	3
63141110	2000_Fruit	Pineapple, cooked or canned, NS as to sweetened or unsweetened; sweetened, NS as to type of sweetener	68	4	B	3
63141170	2000_Fruit	Pineapple, cooked or canned, juice pack	68	4	B	3
62116200	2000_Fruit	Peach, dried, cooked, NS as to sweetened or unsweetened; sweetened, NS as to type of sweetener	66	4	B	1
63115150	2000_Fruit	Cherries, sweet, cooked or canned, drained solids	65	4	B	3
63115110	2000_Fruit	Cherries, sweet, cooked or canned, NS as to sweetened or unsweetened; sweetened, NS as to type of sweetener	65	4.5	B	3
63109750	2000_Fruit	Starfruit, cooked, with sugar	64	4.5	A	3
63148750	2000_Fruit	Tamarind, raw	64	4	C	1
62104200	2000_Fruit	Apricot, dried, cooked, NS as to sweetened or unsweetened; sweetened, NS as to type of sweetener	64	4	C	1
63219600	2000_Fruit	Raspberries, frozen, NS as to added sweetener	64	4	B	3
63219620	2000_Fruit	Raspberries, frozen, with sugar	64	4	B	3
63311170	2000_Fruit	Fruit cocktail, cooked or canned, juice pack	63	4.5	B	4
62116230	2000_Fruit	Peach, dried, cooked, with sugar	63	4	B	2
63203550	2000_Fruit	Blueberries, frozen, sweetened	62	4	B	3
62113200	2000_Fruit	Fig, dried, cooked, NS as to sweetened or unsweetened; sweetened, NS as to type of sweetener	62	4	B	1
63107110	2000_Fruit	Banana, baked	62	4	B	2
63101140	2000_Fruit	Applesauce, stewed apples, sweetened with low calorie sweetener	62	4.5	B	4
63203110	2000_Fruit	Blueberries, cooked or canned, NS as to sweetened or unsweetened; sweetened, NS as to type of sweetener	62	4	B	3
63203125	2000_Fruit	Blueberries, cooked or canned, in light syrup	62	4	B	3
61110230	2000_Fruit	Kumquat, cooked or canned, in syrup	61	4.5	B	3
63115140	2000_Fruit	Cherries, sweet, cooked or canned, in light syrup	61	4	B	3
63103150	2000_Fruit	Apricot, cooked or canned, drained solids	61	4	B	3
62104230	2000_Fruit	Apricot, dried, cooked, with sugar	61	4	C	2
63107090	2000_Fruit	Banana, red, fried	61	4	B	4
61104200	2000_Fruit	Grapefruit and orange sections, cooked, canned, or frozen, NS as to added sweetener	61	4	B	3
61104230	2000_Fruit	Grapefruit and orange sections, cooked, canned, or frozen, in light syrup	61	4	B	3
63141140	2000_Fruit	Pineapple, cooked or canned, in light syrup	61	4	B	3
63201110	2000_Fruit	Blackberries, cooked or canned, NS as to sweetened or unsweetened; sweetened, NS as to type of sweetener	60	4	B	3
63201130	2000_Fruit	Blackberries, cooked or canned, in heavy syrup	60	4	B	3
62122200	2000_Fruit	Prune, dried, cooked, NS as to sweetened or unsweetened; sweetened, NS as to type of sweetener	60	3.5	C	1
62126000	2000_Fruit	Tamarind pulp, dried, sweetened	60	3.5	C	3
62109100	2000_Fruit	Cranberries, dried	60	2.5	C	3
63411010	2000_Fruit	Cranberry salad, congealed	60	4	B	4
63147140	2000_Fruit	Rhubarb, cooked or canned, in light syrup	59	4.5	B	3
63125100	2000_Fruit	Guava shell, canned in heavy syrup	59	4.5	A	3
62101000	2000_Fruit	Fruit, dried, NFS, uncooked	59	2.5	C	1
62119200	2000_Fruit	Pear, dried, cooked, NS as to sweetened or unsweetened; sweetened, NS as to type of sweetener	59	4	C	2
62113230	2000_Fruit	Fig, dried, cooked, with sugar	58	4	C	3
62122230	2000_Fruit	Prune, dried, cooked, with sugar	58	3.5	C	2
63101310	2000_Fruit	Apple, baked, NS as to added sweetener	58	4	B	2
63101330	2000_Fruit	Apple, baked, with sugar	58	4	B	2
63131110	2000_Fruit	Nectarine, cooked	57	4	B	2
62119230	2000_Fruit	Pear, dried, cooked, with sugar	57	4	C	2
63101210	2000_Fruit	Apple, cooked or canned, with syrup	57	4.5	B	3
61122330	2000_Fruit	Orange, mandarin, canned or frozen, in light syrup	57	4	C	3
63135150	2000_Fruit	Peach, cooked or canned, drained solids	57	4	B	3
63115130	2000_Fruit	Cherries, sweet, cooked or canned, in heavy syrup	55	4	C	3
63135610	2000_Fruit	Peach, frozen, NS as to added sweetener	55	4	C	3
63135630	2000_Fruit	Peach, frozen, with sugar	55	4	C	3
63103140	2000_Fruit	Apricot, cooked or canned, in light syrup	55	4	B	3
63219110	2000_Fruit	Raspberries, cooked or canned, NS as to sweetened or unsweetened; sweetened, NS as to type of sweetener	55	4	B	3
63219130	2000_Fruit	Raspberries, cooked or canned, in heavy syrup	55	4	B	3
63223600	2000_Fruit	Strawberries, frozen, NS as to added sweetener	55	4	C	3
63223620	2000_Fruit	Strawberries, frozen, with sugar	55	4	C	3
63119140	2000_Fruit	Figs, cooked or canned, in light syrup	55	4	B	3
63137150	2000_Fruit	Pear, cooked or canned, drained solids	54	4.5	A	3
63135110	2000_Fruit	Peach, cooked or canned, NS as to sweetened or unsweetened; sweetened, NS as to type of sweetener	54	4	B	3
63135140	2000_Fruit	Peach, cooked or canned, in light or medium syrup	54	4	B	3
62101200	2000_Fruit	Apple, dried, cooked, NS as to sweetened or unsweetened; sweetened, NS as to type of sweetener	53	4	B	1

foodcode	level1nd	Description	Food Compass Score	Health Star Rating	Nutri-Score	NOVA Category
61101230	2000_Fruit	Grapefruit, canned or frozen, in light syrup	53	4	C	3
63223110	2000_Fruit	Strawberries, cooked or canned, NS as to sweetened or unsweetened; sweetened, NS as to type of sweetener	53	4	C	3
63223130	2000_Fruit	Strawberries, cooked or canned, in syrup	53	4	C	3
63133100	2000_Fruit	Papaya, cooked or canned, in sugar or syrup	52	4	C	3
62121100	2000_Fruit	Plum, rock salt, dried	51	0.5	E	3
63203130	2000_Fruit	Blueberries, cooked or canned, in heavy syrup	51	4	C	3
63101110	2000_Fruit	Applesauce, stewed apples, NS as to sweetened or unsweetened; sweetened, NS as to type of sweetener	51	4	B	3
63101130	2000_Fruit	Applesauce, stewed apples, with sugar	51	4	B	3
62114050	2000_Fruit	Mango, dried	51	2.5	D	3
62101230	2000_Fruit	Apple, dried, cooked, with sugar	50	4	C	2
63119110	2000_Fruit	Fig, cooked or canned, NS as to sweetened or unsweetened; sweetened, NS as to type of sweetener	49	4	B	3
63119130	2000_Fruit	Fig, cooked or canned, in heavy syrup	49	4	B	3
62106000	2000_Fruit	Cherries, dried	49	2.5	D	3
63126600	2000_Fruit	Lychee, cooked or canned, in sugar or syrup	49	4	C	3
63137110	2000_Fruit	Pear, cooked or canned, NS as to sweetened or unsweetened; sweetened, NS as to type of sweetener	48	4.5	B	3
63137140	2000_Fruit	Pear, cooked or canned, in light syrup	48	4.5	B	3
63402050	2000_Fruit	Fried dwarf banana with cheese, Puerto Rican style	48	4	B	4
63103110	2000_Fruit	Apricot, cooked or canned, NS as to sweetened or unsweetened; sweetened, NS as to type of sweetener	48	4	C	3
63103130	2000_Fruit	Apricot, cooked or canned, in heavy syrup	48	4	C	3
63135660	2000_Fruit	Peach, spiced	48	4	C	3
63141130	2000_Fruit	Pineapple, cooked or canned, in heavy syrup	48	4	B	3
62125110	2000_Fruit	Raisins, cooked	47	3	D	2
63311150	2000_Fruit	Fruit cocktail, cooked or canned, drained solids	47	4	B	4
63147600	2000_Fruit	Rhubarb, frozen, NS as to sweetened or unsweetened; sweetened, NS as to type of sweetener	46	4	C	3
63135130	2000_Fruit	Peach, cooked or canned, in heavy syrup	46	4	C	3
63147620	2000_Fruit	Rhubarb, frozen, with sugar	46	4	C	3
63147150	2000_Fruit	Rhubarb, cooked or canned, drained solids	46	4	C	3
63123110	2000_Fruit	Grapes, seedless, cooked or canned, NS as to sweetened or unsweetened; sweetened, NS as to type of sweetener	45	4	C	3
63123130	2000_Fruit	Grapes, seedless, cooked or canned, in heavy syrup	45	4	C	3
63137130	2000_Fruit	Pear, cooked or canned, in heavy syrup	44	4	B	3
63129020	2000_Fruit	Mango, pickled	44	3.5	C	3
63143150	2000_Fruit	Plum, cooked or canned, drained solids	44	4	C	3
63143140	2000_Fruit	Plum, cooked or canned, in light syrup	43	4	B	3
63147110	2000_Fruit	Rhubarb, cooked or canned, NS as to sweetened or unsweetened; sweetened, NS as to type of sweetener	43	3.5	C	3
63147130	2000_Fruit	Rhubarb, cooked or canned, in heavy syrup	43	3.5	C	3
63311140	2000_Fruit	Fruit cocktail, cooked or canned, in light syrup	42	4	B	4
63401990	2000_Fruit	Banana, chocolate-covered with nuts	42	3.5	C	3
63311110	2000_Fruit	Fruit cocktail, cooked or canned, NS as to sweetened or unsweetened; sweetened, NS as to type of sweetener	42	4	B	4
63101420	2000_Fruit	Apple, pickled	42	3.5	C	3
63101150	2000_Fruit	Applesauce with other fruits	41	4	B	4
63107410	2000_Fruit	Banana, batter-dipped, fried	41	3.5	B	2
63307010	2000_Fruit	Cranberry-orange relish, uncooked	41	4	C	4
63135650	2000_Fruit	Peach, pickled	40	4	C	3
63311145	2000_Fruit	Tropical fruit cocktail, cooked or canned, in light syrup	40	4	B	4
63143650	2000_Fruit	Plum, pickled	40	3.5	C	3
63401070	2000_Fruit	Fruit, chocolate covered	39	4	C	4
63101410	2000_Fruit	Apple rings, fried	38	4	B	4
62107200	2000_Fruit	Banana chips	37	1.5	E	4
63311130	2000_Fruit	Fruit cocktail, cooked or canned, in heavy syrup	36	4	B	4
63143110	2000_Fruit	Plum, cooked or canned, NS as to sweetened or unsweetened; sweetened, NS as to type of sweetener	36	4	C	3
63143130	2000_Fruit	Plum, cooked or canned, in heavy syrup	36	4	C	3
63307100	2000_Fruit	Cranberry-raspberry Sauce	28	3.5	C	4
63101500	2000_Fruit	Apple, fried	28	4	C	3
63402010	2000_Fruit	Banana whip	27	3.5	C	4
63401060	2000_Fruit	Apple, candied	26	4	C	4
63403100	2000_Fruit	Fruit dessert with cream and/or pudding and nuts	26	3	D	3
63402030	2000_Fruit	Prune whip	25	3.5	C	4
63111010	2000_Fruit	Cherries, maraschino	24	3.5	C	4
63207000	2000_Fruit	Cranberries, NS as to raw, cooked, or canned	23	3.5	C	4
63207110	2000_Fruit	Cranberries, cooked or canned	23	3.5	C	4

foodcode	level1nd	Description	Food Compass Score	Health Star Rating	Nutri-Score	NOVA Category
72101100	3000_Vegetables	Beet greens, raw	100	4.5	A	1
72101200	3000_Vegetables	Beet greens, cooked, NS as to fat added in cooking	100	4	B	3
72101210	3000_Vegetables	Beet greens, cooked, fat not added in cooking	100	4.5	A	1
72101220	3000_Vegetables	Beet greens, cooked, fat added in cooking, NS as to type of fat	100	4	B	3
72101230	3000_Vegetables	Beet greens, cooked, made with oil	100	4	B	2
72101250	3000_Vegetables	Beet greens, cooked, made with margarine	100	4	B	4
72103000	3000_Vegetables	Broccoli raab, raw	100	5	A	1
72103020	3000_Vegetables	Broccoli raab, cooked, fat not added in cooking	100	4.5	A	1
72103040	3000_Vegetables	Broccoli raab, cooked, made with oil	100	4.5	A	2
72103060	3000_Vegetables	Broccoli raab, cooked, made with margarine	100	4.5	A	4
72104100	3000_Vegetables	Chard, raw	100	4.5	A	1
72104200	3000_Vegetables	Chard, cooked, NS as to fat added in cooking	100	4.5	B	3
72104210	3000_Vegetables	Chard, cooked, fat not added in cooking	100	4.5	A	1
72104220	3000_Vegetables	Chard, cooked, fat added in cooking, NS as to type of fat	100	4.5	B	3
72104230	3000_Vegetables	Chard, cooked, made with oil	100	4.5	B	2
72104250	3000_Vegetables	Chard, cooked, made with margarine	100	4.5	A	4
72107100	3000_Vegetables	Collards, raw	100	5	A	1
72107210	3000_Vegetables	Collards, cooked, NS as to form, fat not added in cooking	100	5	A	1
72107211	3000_Vegetables	Collards, cooked, from fresh, fat not added in cooking	100	5	A	1
72107212	3000_Vegetables	Collards, cooked, from frozen, fat not added in cooking	100	4.5	A	1
72107213	3000_Vegetables	Collards, cooked, from canned, fat not added in cooking	100	4.5	A	1
72107224	3000_Vegetables	Collards, cooked, NS as to form, made with oil	100	5	A	2
72107226	3000_Vegetables	Collards, cooked, NS as to form, made with margarine	100	5	A	4
72107227	3000_Vegetables	Collards, cooked, from fresh, made with oil	100	5	A	2
72107229	3000_Vegetables	Collards, cooked, from fresh, made with margarine	100	5	A	4
72107230	3000_Vegetables	Collards, cooked, from frozen, made with oil	100	4.5	A	2
72107233	3000_Vegetables	Collards, cooked, from canned, made with oil	100	4.5	A	2
72110100	3000_Vegetables	Cress, raw	100	4.5	A	1
72110210	3000_Vegetables	Cress, cooked, NS as to form, fat not added in cooking	100	4	A	1
72110211	3000_Vegetables	Cress, cooked, from fresh, fat not added in cooking	100	4	A	1
72110213	3000_Vegetables	Cress, cooked, from canned, fat not added in cooking	100	4	A	1
72110230	3000_Vegetables	Cress, cooked, NS as to form, made with oil	100	4	B	2
72110232	3000_Vegetables	Cress, cooked, NS as to form, made with margarine	100	4	B	4
72110233	3000_Vegetables	Cress, cooked, from fresh, made with oil	100	4	B	2
72110235	3000_Vegetables	Cress, cooked, from fresh, made with margarine	100	4	B	4
72110236	3000_Vegetables	Cress, cooked, from canned, made with oil	100	4	B	2
72110238	3000_Vegetables	Cress, cooked, from canned, made with margarine	100	4	B	4
72113100	3000_Vegetables	Dandelion greens, raw	100	5	A	1
72113210	3000_Vegetables	Dandelion greens, cooked, fat not added in cooking	100	4.5	A	1
72113230	3000_Vegetables	Dandelion greens, cooked, made with oil	100	4.5	A	2
72116000	3000_Vegetables	Romaine lettuce, raw	100	5	A	1
72116200	3000_Vegetables	Escarole, cooked, NS as to fat added in cooking	100	4.5	A	2
72116210	3000_Vegetables	Escarole, cooked, fat not added in cooking	100	4.5	A	1
72116220	3000_Vegetables	Escarole, cooked, fat added in cooking, NS as to type of fat	100	4.5	A	2
72116221	3000_Vegetables	Escarole, cooked, made with oil	100	4.5	A	2
72116223	3000_Vegetables	Escarole, cooked, made with margarine	100	4.5	A	4
72118210	3000_Vegetables	Greens, cooked, NS as to form, fat not added in cooking	100	4.5	A	1
72118211	3000_Vegetables	Greens, cooked, from fresh, fat not added in cooking	100	4.5	A	1
72118212	3000_Vegetables	Greens, cooked, from frozen, fat not added in cooking	100	4.5	A	1
72118213	3000_Vegetables	Greens, cooked, from canned, fat not added in cooking	100	4.5	A	1
72118224	3000_Vegetables	Greens, cooked, NS as to form, made with oil	100	4.5	A	2
72118226	3000_Vegetables	Greens, cooked, NS as to form, made with margarine	100	4.5	A	4
72118227	3000_Vegetables	Greens, cooked, from fresh, made with oil	100	4.5	A	2
72118229	3000_Vegetables	Greens, cooked, from fresh, made with margarine	100	4.5	A	4
72118230	3000_Vegetables	Greens, cooked, from frozen, made with oil	100	4.5	A	2
72118232	3000_Vegetables	Greens, cooked, from frozen, made with margarine	100	4.5	A	4
72118233	3000_Vegetables	Greens, cooked, from canned, made with oil	100	4.5	A	2
72118235	3000_Vegetables	Greens, cooked, from canned, made with margarine	100	4.5	A	4
72118300	3000_Vegetables	Chamnamul, cooked, NS as to fat added in cooking	100	4	B	2
72118305	3000_Vegetables	Chamnamul, cooked, fat not added in cooking	100	4	A	1
72118310	3000_Vegetables	Chamnamul, cooked, fat added in cooking	100	4	B	2
72119190	3000_Vegetables	Kale, raw	100	5	A	1
72119210	3000_Vegetables	Kale, cooked, NS as to form, fat not added in cooking	100	4.5	A	1
72119211	3000_Vegetables	Kale, cooked, from fresh, fat not added in cooking	100	4.5	A	1
72119212	3000_Vegetables	Kale, cooked, from frozen, fat not added in cooking	100	4.5	A	1
72119213	3000_Vegetables	Kale, cooked, from canned, fat not added in cooking	100	4.5	A	1
72119224	3000_Vegetables	Kale, cooked, NS as to form, made with oil	100	4.5	A	2
72119227	3000_Vegetables	Kale, cooked, from fresh, made with oil	100	4.5	A	2
72119230	3000_Vegetables	Kale, cooked, from frozen, made with oil	100	4.5	B	2
72119233	3000_Vegetables	Kale, cooked, from canned, made with oil	100	4.5	B	2
72120210	3000_Vegetables	Lambsquarter, cooked, fat not added in cooking	100	4.5	A	1
72120230	3000_Vegetables	Lambsquarter, cooked, made with oil	100	4.5	A	2
72121209	3000_Vegetables	Mustard Cabbage, cooked, NS as to fat added in cooking	100	4	B	3
72121210	3000_Vegetables	Mustard cabbage, cooked, fat not added in cooking	100	4.5	A	1
72121211	3000_Vegetables	Mustard Cabbage, cooked, fat added in cooking	100	4	B	3
72122100	3000_Vegetables	Mustard greens, raw	100	5	A	1
72122210	3000_Vegetables	Mustard greens, cooked, NS as to form, fat not added in cooking	100	4.5	A	1
72122211	3000_Vegetables	Mustard greens, cooked, from fresh, fat not added in cooking	100	4.5	A	1
72122212	3000_Vegetables	Mustard greens, cooked, from frozen, fat not added in cooking	100	4.5	A	1
72122213	3000_Vegetables	Mustard greens, cooked, from canned, fat not added in cooking	100	4.5	A	1
72122224	3000_Vegetables	Mustard greens, cooked, NS as to form, made with oil	100	4.5	A	2
72122226	3000_Vegetables	Mustard greens, cooked, NS as to form, made with margarine	100	4.5	A	4
72122227	3000_Vegetables	Mustard greens, cooked, from fresh, made with oil	100	4.5	A	2
72122229	3000_Vegetables	Mustard greens, cooked, from fresh, made with margarine	100	4.5	A	4
72122230	3000_Vegetables	Mustard greens, cooked, from frozen, made with oil	100	4.5	A	2
72122232	3000_Vegetables	Mustard greens, cooked, from frozen, made with margarine	100	4.5	A	4
72122233	3000_Vegetables	Mustard greens, cooked, from canned, made with oil	100	4.5	B	2
72123010	3000_Vegetables	Poke greens, cooked, fat not added in cooking	100	4.5	A	1
72123030	3000_Vegetables	Poke greens, cooked, made with oil	100	4.5	A	2
72123050	3000_Vegetables	Poke greens, cooked, made with margarine	100	4.5	A	4
72124100	3000_Vegetables	Radicchio, raw	100	4.5	A	1
72125100	3000_Vegetables	Spinach, raw	100	5	A	1
72125200	3000_Vegetables	Spinach, cooked, NS as to form, NS as to fat added in cooking	100	4.5	A	3
72125201	3000_Vegetables	Spinach, cooked, from fresh, NS as to fat added in cooking	100	4.5	A	3
72125202	3000_Vegetables	Spinach, cooked, from frozen, NS as to fat added in cooking	100	4.5	A	3
72125203	3000_Vegetables	Spinach, cooked, from canned, NS as to fat added in cooking	100	4.5	A	3
72125210	3000_Vegetables	Spinach, cooked, NS as to form, fat not added in cooking	100	4.5	A	1
72125211	3000_Vegetables	Spinach, cooked, from fresh, fat not added in cooking	100	4.5	A	1
72125212	3000_Vegetables	Spinach, cooked, from frozen, fat not added in cooking	100	4.5	A	1
72125213	3000_Vegetables	Spinach, cooked, from canned, fat not added in cooking	100	4.5	A	3
72125214	3000_Vegetables	Spinach, cooked, NS as to form, made with oil	100	4.5	A	3
72125215	3000_Vegetables	Spinach, cooked, NS as to form, made with butter	100	4.5	A	2
72125216	3000_Vegetables	Spinach, cooked, NS as to form, made with margarine	100	4.5	A	4
72125217	3000_Vegetables	Spinach, cooked, from fresh, made with oil	100	4.5	A	2

foodcode	level1nd	Description	Food Compass Score	Health Star Rating	Nutri-Score	NOVA Category
72125218	3000_Vegetables	Spinach, cooked, from fresh, made with butter	100	4.5	A	2
72125219	3000_Vegetables	Spinach, cooked, from fresh, made with margarine	100	4.5	A	4
72125220	3000_Vegetables	Spinach, cooked, NS as to form, fat added in cooking, NS as to type of fat	100	4.5	A	3
72125221	3000_Vegetables	Spinach, cooked, from fresh, fat added in cooking, NS as to type of fat	100	4.5	A	3
72125222	3000_Vegetables	Spinach, cooked, from frozen, fat added in cooking, NS as to type of fat	100	4.5	A	3
72125223	3000_Vegetables	Spinach, cooked, from canned, fat added in cooking, NS as to type of fat	100	4.5	A	3
72125224	3000_Vegetables	Spinach, cooked, from frozen, made with oil	100	4.5	A	2
72125225	3000_Vegetables	Spinach, cooked, from frozen, made with butter	100	4.5	A	2
72125226	3000_Vegetables	Spinach, cooked, from frozen, made with margarine	100	4.5	A	4
72125227	3000_Vegetables	Spinach, cooked, from canned, made with oil	100	4.5	A	3
72125228	3000_Vegetables	Spinach, cooked, from canned, made with butter	100	4	B	2
72125229	3000_Vegetables	Spinach, cooked, from canned, made with margarine	100	4.5	A	4
72126000	3000_Vegetables	Taro leaves, cooked, fat not added in cooking	100	5	A	1
72127000	3000_Vegetables	Thistle leaves, cooked, fat not added in cooking	100	4	A	1
72128210	3000_Vegetables	Turnip greens, cooked, NS as to form, fat not added in cooking	100	5	A	1
72128211	3000_Vegetables	Turnip greens, cooked, from fresh, fat not added in cooking	100	4.5	A	1
72128212	3000_Vegetables	Turnip greens, cooked, from frozen, fat not added in cooking	100	5	A	1
72128213	3000_Vegetables	Turnip greens, cooked, from canned, fat not added in cooking	100	4	A	1
72128224	3000_Vegetables	Turnip greens, cooked, NS as to form, made with oil	100	4.5	A	3
72128226	3000_Vegetables	Turnip greens, cooked, NS as to form, made with margarine	100	5	A	4
72128227	3000_Vegetables	Turnip greens, cooked, from fresh, made with oil	100	4.5	A	2
72128229	3000_Vegetables	Turnip greens, cooked, from fresh, made with margarine	100	4.5	A	4
72128230	3000_Vegetables	Turnip greens, cooked, from frozen, made with oil	100	5	A	2
72128232	3000_Vegetables	Turnip greens, cooked, from frozen, made with margarine	100	5	A	4
72128233	3000_Vegetables	Turnip greens, cooked, from canned, made with oil	100	4	B	2
72128235	3000_Vegetables	Turnip greens, cooked, from canned, made with margarine	100	4	B	4
72128236	3000_Vegetables	Turnip greens, canned, reduced sodium, cooked, NS as to fat added in cooking	100	4.5	A	3
72128237	3000_Vegetables	Turnip greens, canned, reduced sodium, cooked, fat not added in cooking	100	4.5	A	1
72128238	3000_Vegetables	Turnip greens, canned, reduced sodium, cooked, fat added in cooking, made with any type of fat	100	4.5	A	3
72128410	3000_Vegetables	Turnip greens with roots, cooked, NS as to form, fat not added in cooking	100	4.5	A	1
72128411	3000_Vegetables	Turnip greens with roots, cooked, from fresh, fat not added in cooking	100	4.5	A	1
72128412	3000_Vegetables	Turnip greens with roots, cooked, from frozen, fat not added in cooking	100	4.5	A	1
72128413	3000_Vegetables	Turnip greens with roots, cooked, from canned, fat not added in cooking	100	4	A	1
72130100	3000_Vegetables	Watercress, raw	100	4.5	A	1
72130199	3000_Vegetables	Watercress, cooked, NS as to fat added in cooking	100	4	B	3
72130200	3000_Vegetables	Watercress, cooked, fat not added in cooking	100	4	A	1
72130201	3000_Vegetables	Watercress, cooked, fat added in cooking	100	2.5	D	3
72132200	3000_Vegetables	Bitter melon leaves, horseradish leaves, jute leaves, or radish leaves, cooked, fat not added in cooking	100	4	B	1
72133200	3000_Vegetables	Sweet potato leaves, squash leaves, pumpkin leaves, chrysanthemum leaves, bean leaves, or swamp cabbage, cool	100	4	A	1
72201100	3000_Vegetables	Broccoli, raw	100	5	A	1
72201210	3000_Vegetables	Broccoli, cooked, NS as to form, fat not added in cooking	100	4.5	A	1
72201211	3000_Vegetables	Broccoli, cooked, from fresh, fat not added in cooking	100	4.5	A	1
72201212	3000_Vegetables	Broccoli, cooked, from frozen, fat not added in cooking	100	4.5	A	1
72201213	3000_Vegetables	Broccoli, cooked, NS as to form, made with oil	100	4.5	A	2
72201223	3000_Vegetables	Broccoli, cooked, from fresh, made with oil	100	4.5	A	2
72201226	3000_Vegetables	Broccoli, cooked, from frozen, made with oil	100	4.5	A	2
72203000	3000_Vegetables	Broccoli, chinese, raw	100	4.5	A	1
72203040	3000_Vegetables	Broccoli, chinese, cooked, NS as to form, fat not added in cooking	100	4	A	1
72203050	3000_Vegetables	Broccoli, chinese cooked, from fresh, fat not added in cooking	100	4	A	1
72203060	3000_Vegetables	Broccoli, chinese, cooked, from frozen, fat not added in cooking	100	4	A	1
72203080	3000_Vegetables	Broccoli, chinese, cooked, NS as to form, made with oil	100	4	B	2
72203120	3000_Vegetables	Broccoli, chinese, cooked, from fresh, made with oil	100	4	B	2
72203160	3000_Vegetables	Broccoli, chinese, cooked, from frozen, made with oil	100	4	B	2
73101010	3000_Vegetables	Carrots, raw	100	4.5	A	1
73103010	3000_Vegetables	Carrots, canned, low sodium, fat not added in cooking	100	4.5	A	1
73103021	3000_Vegetables	Carrots, canned, low sodium, made with oil	100	4.5	A	2
73201010	3000_Vegetables	Pumpkin, cooked, NS as to form, fat not added in cooking	100	4.5	A	1
73201011	3000_Vegetables	Pumpkin, cooked, from fresh, fat not added in cooking	100	4.5	A	1
73201012	3000_Vegetables	Pumpkin, cooked, from frozen, fat not added in cooking	100	4.5	A	1
73302010	3000_Vegetables	Squash, winter type, raw	100	4.5	A	1
74101000	3000_Vegetables	Tomatoes, raw	100	4.5	A	1
74102000	3000_Vegetables	Tomatoes, green, raw	100	4.5	A	1
74201000	3000_Vegetables	Tomatoes, cooked, NS as to form, NS as to method	100	4.5	A	1
74201001	3000_Vegetables	Tomatoes, cooked, from fresh, NS as to method	100	4.5	A	1
74201003	3000_Vegetables	Tomatoes, cooked, from canned, NS as to method	100	4.5	A	3
74202010	3000_Vegetables	Tomatoes, NS as to form, broiled	100	4	B	1
74202011	3000_Vegetables	Tomatoes, from fresh, broiled	100	4	B	1
74204500	3000_Vegetables	Tomatoes, canned, low sodium	100	4.5	A	1
74206000	3000_Vegetables	Tomatoes, red, dried	100	5	A	1
74504010	3000_Vegetables	Tomato and okra, cooked, fat not added in cooking	100	4.5	A	2
74504021	3000_Vegetables	Tomato and okra, cooked, made with oil	100	4.5	B	2
74504150	3000_Vegetables	Tomato and celery, cooked, fat not added in cooking	100	4	A	1
75100250	3000_Vegetables	Raw vegetable, NFS	100	4.5	A	1
75100300	3000_Vegetables	Sprouts, NFS	100	4.5	A	1
75100500	3000_Vegetables	Alfalfa sprouts, raw	100	5	A	1
75100800	3000_Vegetables	Asparagus, raw	100	5	A	1
75101000	3000_Vegetables	Bean sprouts, raw	100	4.5	A	1
75101800	3000_Vegetables	Beans, string, green, raw	100	5	A	1
75102600	3000_Vegetables	Broccoflower, raw	100	5	A	1
75102750	3000_Vegetables	Brussels sprouts, raw	100	5	A	1
75103000	3000_Vegetables	Cabbage, green, raw	100	4.5	A	1
75104000	3000_Vegetables	Cabbage, Chinese, raw	100	4.5	A	1
75105000	3000_Vegetables	Cabbage, red, raw	100	4.5	A	1
75105500	3000_Vegetables	Cactus, raw	100	4.5	A	1
75107000	3000_Vegetables	Cauliflower, raw	100	5	A	1
75109000	3000_Vegetables	Celery, raw	100	4.5	A	1
75109010	3000_Vegetables	Fennel bulb, raw	100	5	A	1
75111000	3000_Vegetables	Cucumber, raw	100	4.5	A	1
75111200	3000_Vegetables	Eggplant, raw	100	5	A	1
75112000	3000_Vegetables	Kohlrabi, raw	100	5	A	1
75112500	3000_Vegetables	Leek, raw	100	4.5	A	1
75113000	3000_Vegetables	Lettuce, raw	100	4.5	A	1
75113060	3000_Vegetables	Lettuce, Boston, raw	100	4.5	A	1
75113070	3000_Vegetables	Lettuce, manoa	100	4.5	A	1
75113080	3000_Vegetables	Lettuce, arugula, raw	100	4.5	A	1
75114000	3000_Vegetables	Mixed salad greens, raw	100	4.5	A	1
75115000	3000_Vegetables	Mushrooms, raw	100	4.5	A	1
75117010	3000_Vegetables	Onions, young green, raw	100	5	A	1
75120000	3000_Vegetables	Peas, green, raw	100	5	A	1
75121400	3000_Vegetables	Pepper, poblano, raw	100	4.5	A	1
75121500	3000_Vegetables	Pepper, Serrano, raw	100	5	A	1
75122000	3000_Vegetables	Pepper, raw, NFS	100	4.5	A	1
75122100	3000_Vegetables	Pepper, sweet, green, raw	100	4.5	A	1
75122200	3000_Vegetables	Pepper, sweet, red, raw	100	4.5	A	1

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75124000	3000_Vegetables	Pepper, banana, raw	100	5	A	1
75125000	3000_Vegetables	Radish, raw	100	4.5	A	1
75127000	3000_Vegetables	Rutabaga, raw	100	4.5	A	1
75127500	3000_Vegetables	Seaweed, raw	100	4.5	A	1
75127750	3000_Vegetables	Snowpeas, raw	100	5	A	1
75128000	3000_Vegetables	Squash, summer, yellow, raw	100	4.5	A	1
75128010	3000_Vegetables	Squash, summer, green, raw	100	4.5	A	1
75143000	3000_Vegetables	Lettuce, salad with assorted vegetables including tomatoes and/or carrots, no dressing	100	4.5	A	1
75143050	3000_Vegetables	Lettuce, salad with assorted vegetables excluding tomatoes and carrots, no dressing	100	4.5	A	1
75143100	3000_Vegetables	Lettuce, salad with avocado, tomato, and/or carrots, with or without other vegetables, no dressing	100	5	A	1
75143300	3000_Vegetables	Lettuce, salad with egg, tomato, and/or carrots, with or without other vegetables, no dressing	100	5	A	1
75202010	3000_Vegetables	Asparagus, cooked, NS as to form, fat not added in cooking	100	4.5	A	1
75202011	3000_Vegetables	Asparagus, cooked, from fresh, fat not added in cooking	100	4.5	A	1
75202012	3000_Vegetables	Asparagus, cooked, from frozen, fat not added in cooking	100	4.5	A	1
75202013	3000_Vegetables	Asparagus, cooked, from canned, fat not added in cooking	100	4	A	3
75202024	3000_Vegetables	Asparagus, cooked, NS as to form, made with oil	100	4.5	A	2
75202027	3000_Vegetables	Asparagus, cooked, from fresh, made with oil	100	4.5	A	2
75202031	3000_Vegetables	Asparagus, cooked, from frozen, made with oil	100	4.5	A	1
75202033	3000_Vegetables	Asparagus, cooked, from frozen, made with margarine	100	4.5	A	1
75202034	3000_Vegetables	Asparagus, cooked, from canned, made with oil	100	4	B	3
75203000	3000_Vegetables	Bamboo shoots, cooked, fat not added in cooking	100	4.5	A	1
75203020	3000_Vegetables	Bamboo shoots, cooked, fat added in cooking	100	4.5	A	2
75203028	3000_Vegetables	Bamboo shoots, cooked, NS as to fat added in cooking	100	4.5	A	2
75204990	3000_Vegetables	Beans, string, cooked, NS as to form, NS as to color, fat not added in cooking	100	4.5	A	1
75204993	3000_Vegetables	Beans, string, cooked, from canned, NS as to color, fat not added in cooking	100	4	A	1
75205020	3000_Vegetables	Beans, string, green, cooked, NS as to form, fat not added in cooking	100	4.5	A	1
75205023	3000_Vegetables	Beans, string, green, cooked, from canned, fat not added in cooking	100	4	A	1
75205120	3000_Vegetables	Beans, string, green, canned, low sodium, fat not added in cooking	100	4.5	A	1
75205131	3000_Vegetables	Beans, string, green, canned, low sodium, made with oil	100	4.5	A	2
75206011	3000_Vegetables	Beans, string, yellow, cooked, from fresh, fat not added in cooking	100	4.5	A	1
75208300	3000_Vegetables	Bitter melon, cooked, fat not added in cooking	100	4.5	A	1
75208710	3000_Vegetables	Broccoflower, cooked, fat not added in cooking	100	4.5	A	1
75208730	3000_Vegetables	Broccoflower, cooked, made with oil	100	4.5	A	1
75208750	3000_Vegetables	Broccoflower, cooked, made with margarine	100	4.5	A	1
75209010	3000_Vegetables	Brussels sprouts, cooked, NS as to form, fat not added in cooking	100	5	A	1
75209011	3000_Vegetables	Brussels sprouts, cooked, from fresh, fat not added in cooking	100	4.5	A	1
75209030	3000_Vegetables	Brussels sprouts, cooked, NS as to form, made with oil	100	5	A	2
75209040	3000_Vegetables	Brussels sprouts, cooked, from fresh, made with oil	100	4.5	A	2
75209050	3000_Vegetables	Brussels sprouts, cooked, from frozen, made with oil	100	5	A	2
75210000	3000_Vegetables	Cabbage, Chinese, cooked, NS as to fat added in cooking	100	4.5	B	3
75210010	3000_Vegetables	Cabbage, Chinese, cooked, fat not added in cooking	100	4.5	A	1
75210020	3000_Vegetables	Cabbage, Chinese, cooked, fat added in cooking, NS as to type of fat	100	4.5	B	3
75210021	3000_Vegetables	Cabbage, Chinese, cooked, made with oil	100	4.5	B	3
75210023	3000_Vegetables	Cabbage, Chinese, cooked, made with margarine	100	4	B	1
75211020	3000_Vegetables	Cabbage, green, cooked, fat not added in cooking	100	4.5	A	1
75212010	3000_Vegetables	Cabbage, red, cooked, fat not added in cooking	100	4.5	A	1
75213010	3000_Vegetables	Cabbage, savoy, cooked, fat not added in cooking	100	4.5	A	1
75213021	3000_Vegetables	Cabbage, savoy, cooked, made with oil	100	4.5	A	1
75213110	3000_Vegetables	Cactus, cooked, fat not added in cooking	100	4.5	A	1
75213121	3000_Vegetables	Cactus, cooked, made with oil	100	4.5	A	3
75213123	3000_Vegetables	Cactus, cooked, made with margarine	100	4	A	1
75214010	3000_Vegetables	Cauliflower, cooked, NS as to form, fat not added in cooking	100	4.5	A	1
75214011	3000_Vegetables	Cauliflower, cooked, from fresh, fat not added in cooking	100	4.5	A	1
75214012	3000_Vegetables	Cauliflower, cooked, from frozen, fat not added in cooking	100	4.5	A	1
75214013	3000_Vegetables	Cauliflower, cooked, from canned, fat not added in cooking	100	4.5	A	3
75214024	3000_Vegetables	Cauliflower, cooked, NS as to form, made with oil	100	4.5	A	2
75214026	3000_Vegetables	Cauliflower, cooked, NS as to form, made with margarine	100	4.5	A	1
75214030	3000_Vegetables	Cauliflower, cooked, from frozen, made with oil	100	4.5	A	2
75214033	3000_Vegetables	Cauliflower, cooked, from canned, made with oil	100	4.5	A	3
75215010	3000_Vegetables	Celery, cooked, fat not added in cooking	100	4	A	1
75217300	3000_Vegetables	Flowers or blossoms of sesbania, squash, or lily, fat not added in cooking	100	4	A	1
75219010	3000_Vegetables	Mushrooms, cooked, NS as to form, fat not added in cooking	100	4.5	A	1
75219011	3000_Vegetables	Mushrooms, cooked, from fresh, fat not added in cooking	100	4.5	A	1
75219012	3000_Vegetables	Mushrooms, cooked, from frozen, fat not added in cooking	100	4.5	A	1
75219030	3000_Vegetables	Mushrooms, cooked, NS as to form, made with oil	100	4.5	A	2
75219032	3000_Vegetables	Mushrooms, cooked, NS as to form, made with margarine	100	4.5	A	1
75219033	3000_Vegetables	Mushrooms, cooked, from fresh, made with oil	100	4.5	A	2
75219036	3000_Vegetables	Mushrooms, cooked, from frozen, made with oil	100	4.5	A	2
75220010	3000_Vegetables	Okra, cooked, NS as to form, fat not added in cooking	100	4.5	A	1
75220011	3000_Vegetables	Okra, cooked, from fresh, fat not added in cooking	100	4.5	A	1
75220012	3000_Vegetables	Okra, cooked, from frozen, fat not added in cooking	100	4.5	A	1
75220013	3000_Vegetables	Okra, cooked, from canned, fat not added in cooking	100	4.5	A	3
75220024	3000_Vegetables	Okra, cooked, NS as to form, made with oil	100	4.5	B	1
75220027	3000_Vegetables	Okra, cooked, from fresh, made with oil	100	4.5	A	2
75220029	3000_Vegetables	Okra, cooked, from fresh, made with margarine	100	4.5	A	1
75220034	3000_Vegetables	Okra, cooked, from canned, made with oil	100	4.5	A	3
75220036	3000_Vegetables	Okra, cooked, from canned, made with margarine	100	4.5	A	3
75220050	3000_Vegetables	Lettuce, cooked, fat not added in cooking	100	4.5	A	1
75220099	3000_Vegetables	Luffa, cooked, NS as to fat added in cooking	100	4.5	A	1
75220100	3000_Vegetables	Luffa, cooked, fat not added in cooking	100	4.5	A	1
75220101	3000_Vegetables	Luffa, cooked, fat added in cooking	100	4.5	A	2
75227100	3000_Vegetables	Radish, daikon, cooked, fat not added in cooking	100	4	A	1
75230010	3000_Vegetables	Sauerkraut, cooked, fat not added in cooking	100	4	A	3
75232100	3000_Vegetables	Seaweed, cooked, NS as to fat added in cooking	100	4.5	A	2
75232110	3000_Vegetables	Seaweed, cooked, fat not added in cooking	100	4.5	A	1
75232120	3000_Vegetables	Seaweed, cooked, fat added in cooking, NS as to type of fat	100	4.5	A	2
75232121	3000_Vegetables	Seaweed, cooked, made with oil	100	4.5	A	2
75232123	3000_Vegetables	Seaweed, cooked, made with margarine	100	4.5	A	1
75233010	3000_Vegetables	Squash, summer, yellow or green, cooked, NS as to form, fat not added in cooking	100	4.5	A	1
75233011	3000_Vegetables	Squash, summer, yellow or green, cooked, from fresh, fat not added in cooking	100	4.5	A	1
75233012	3000_Vegetables	Squash, summer, yellow or green, cooked, from frozen, fat not added in cooking	100	4.5	A	1
75233013	3000_Vegetables	Squash, summer, yellow or green, cooked, from canned, fat not added in cooking	100	4.5	A	1
75311110	3000_Vegetables	Mixed vegetables, canned, low sodium, fat not added in cooking	100	5	A	1
75311121	3000_Vegetables	Mixed vegetables, canned, low sodium, made with oil	100	5	A	3
75316030	3000_Vegetables	Squash, summer, yellow or green, with tomato sauce, cooked, fat not added in cooking	100	4.5	A	2
75330110	3000_Vegetables	Vegetable combination, including carrots, broccoli, and/or dark-green leafy; cooked, no sauce, fat not added in coc	100	4.5	A	1
75330121	3000_Vegetables	Vegetable combination, including carrots, broccoli, and/or dark-green leafy; cooked, no sauce, made with oil	100	4.5	B	2
75500110	3000_Vegetables	Beans, string, green, pickled	100	4.5	A	3
75500510	3000_Vegetables	Celery, pickled	100	4.5	A	3
75502520	3000_Vegetables	Kimchi	100	4	A	3
75505000	3000_Vegetables	Mushrooms, pickled	100	4.5	A	3
75507000	3000_Vegetables	Okra, pickled	100	4.5	A	3
75209042	3000_Vegetables	Brussels sprouts, cooked, from fresh, made with margarine	100	4.5	A	1
75220031	3000_Vegetables	Okra, cooked, from frozen, made with oil	100	4.5	B	2

foodcode	level1nd	Description	Food Compass Score	Health Star Rating	Nutri-Score	NOVA Category
75302010	3000_Vegetables	Beans, string, green, with tomatoes, cooked, fat not added in cooking	100	4.5	A	2
72122235	3000_Vegetables	Mustard greens, cooked, from canned, made with margarine	99	4.5	A	4
75215110	3000_Vegetables	Fennel bulb, cooked, fat not added in cooking	99	4.5	A	1
72203100	3000_Vegetables	Broccoli, chinese, cooked, NS as to form, made with margarine	99	4	B	4
72203140	3000_Vegetables	Broccoli, chinese, cooked, from fresh, made with margarine	99	4	B	4
72203180	3000_Vegetables	Broccoli, chinese, cooked, from frozen, made with margarine	99	4	B	4
72103010	3000_Vegetables	Broccoli raab, cooked, NS as to fat added in cooking	99	4.5	A	3
72103030	3000_Vegetables	Broccoli raab, cooked, fat added in cooking, NS as to type of fat	99	4.5	A	3
75209012	3000_Vegetables	Brussels sprouts, cooked, from frozen, fat not added in cooking	99	5	A	1
72119226	3000_Vegetables	Kale, cooked, NS as to form, made with margarine	99	4.5	A	4
72120250	3000_Vegetables	Lambsquarter, cooked, made with margarine	99	4.5	A	4
75213023	3000_Vegetables	Cabbage, savoy, cooked, made with margarine	99	4.5	A	1
75302048	3000_Vegetables	Beans, string, green, with almonds, cooked, made with margarine	99	4.5	A	1
72101240	3000_Vegetables	Beet greens, cooked, made with butter	99	4	B	2
72104240	3000_Vegetables	Chard, cooked, made with butter	99	4	B	2
75311123	3000_Vegetables	Mixed vegetables, canned, low sodium, made with margarine	99	5	A	3
75221050	3000_Vegetables	Onions, green, cooked, NS as to form, fat not added in cooking	99	4.5	A	1
75515100	3000_Vegetables	Vegetables, pickled	99	4.5	A	3
75215050	3000_Vegetables	Celery, cooked, made with margarine	99	4	B	1
75202026	3000_Vegetables	Asparagus, cooked, NS as to form, made with margarine	99	4.5	A	4
75511100	3000_Vegetables	Pickles, NS as to vegetable	99	3.5	B	3
75235750	3000_Vegetables	Winter melon, cooked	99	4	A	1
75233027	3000_Vegetables	Squash, summer, yellow or green, cooked, from fresh, made with oil	98	4.5	B	2
75502500	3000_Vegetables	Cabbage, fresh, pickled, Japanese style	98	4.5	A	3
72113250	3000_Vegetables	Dandelion greens, cooked, made with margarine	98	4.5	A	4
73201024	3000_Vegetables	Pumpkin, cooked, NS as to form, made with oil	98	4.5	B	2
73201027	3000_Vegetables	Pumpkin, cooked, from fresh, made with oil	98	4.5	B	2
73201030	3000_Vegetables	Pumpkin, cooked, from frozen, made with oil	98	4.5	B	2
72128225	3000_Vegetables	Turnip greens, cooked, NS as to form, made with butter	98	4.5	A	2
75214027	3000_Vegetables	Cauliflower, cooked, from fresh, made with oil	98	4.5	A	2
72125999	3000_Vegetables	Taro leaves, cooked, NS as to fat added in cooking	98	5	A	3
72126001	3000_Vegetables	Taro leaves, cooked, fat added in cooking	98	5	A	3
75215030	3000_Vegetables	Celery, cooked, made with oil	98	4	B	2
75206012	3000_Vegetables	Beans, string, yellow, cooked, from frozen, fat not added in cooking	98	4.5	A	1
75129000	3000_Vegetables	Turnip, raw	98	4.5	A	1
75234010	3000_Vegetables	Turnip, cooked, NS as to form, fat not added in cooking	98	4.5	A	1
75234012	3000_Vegetables	Turnip, cooked, from frozen, fat not added in cooking	98	4.5	A	1
75204992	3000_Vegetables	Beans, string, cooked, from frozen, NS as to color, fat not added in cooking	98	4.5	A	1
75205022	3000_Vegetables	Beans, string, green, cooked, from frozen, fat not added in cooking	98	4.5	A	1
75340021	3000_Vegetables	Vegetable combinations, Asian style, broccoli, green pepper, water chestnut, etc., cooked, made with oil	97	4.5	A	2
75302040	3000_Vegetables	Beans, string, green, with almonds, cooked, fat not added in cooking	97	4.5	A	1
75208290	3000_Vegetables	Bitter melon, cooked, NS as to fat added in cooking	97	4	B	2
75208310	3000_Vegetables	Bitter melon, cooked, fat added in cooking	97	4	B	2
72128231	3000_Vegetables	Turnip greens, cooked, from frozen, made with butter	97	4.5	A	2
75212021	3000_Vegetables	Cabbage, red, cooked, made with oil	97	4.5	B	2
75211031	3000_Vegetables	Cabbage, green, cooked, made with oil	97	4.5	A	2
75214035	3000_Vegetables	Cauliflower, cooked, from canned, made with margarine	97	4.5	A	3
72119229	3000_Vegetables	Kale, cooked, from fresh, made with margarine	97	4.5	A	4
63105010	3000_Vegetables	Avocado, raw	97	5	A	1
72118200	3000_Vegetables	Greens, cooked, NS as to form, NS as to fat added in cooking	97	4.5	A	3
72118201	3000_Vegetables	Greens, cooked, from fresh, NS as to fat added in cooking	97	4.5	A	3
72118220	3000_Vegetables	Greens, cooked, NS as to form, fat added in cooking, NS as to type of fat	97	4.5	A	3
72118221	3000_Vegetables	Greens, cooked, from fresh, fat added in cooking, NS as to type of fat	97	4.5	A	3
75302046	3000_Vegetables	Beans, string, green, with almonds, cooked, made with oil	96	4.5	A	1
75202029	3000_Vegetables	Asparagus, cooked, from fresh, made with margarine	96	4.5	A	4
72128202	3000_Vegetables	Turnip greens, cooked, from frozen, NS as to fat added in cooking	96	4.5	A	3
72128222	3000_Vegetables	Turnip greens, cooked, from frozen, fat added in cooking, NS as to type of fat	96	4.5	A	3
72119232	3000_Vegetables	Kale, cooked, from frozen, made with margarine	96	4.5	B	4
75231026	3000_Vegetables	Snowpea, cooked, from fresh, made with oil	96	4.5	A	2
72107232	3000_Vegetables	Collards, cooked, from frozen, made with margarine	96	4.5	A	4
75233024	3000_Vegetables	Squash, summer, yellow or green, cooked, NS as to form, made with oil	96	4.5	B	2
75220026	3000_Vegetables	Okra, cooked, NS as to form, made with margarine	96	4.5	A	1
75206033	3000_Vegetables	Beans, string, yellow, cooked, from fresh, made with oil	96	4.5	A	1
75221051	3000_Vegetables	Onions, green, cooked, from fresh, fat not added in cooking	96	4.5	A	1
75233035	3000_Vegetables	Squash, summer, yellow or green, cooked, from canned, made with margarine	96	4.5	A	3
75207010	3000_Vegetables	Bean sprouts, cooked, NS as to form, fat not added in cooking	96	4	B	1
75207011	3000_Vegetables	Bean sprouts, cooked, from fresh, fat not added in cooking	96	4	B	1
72128200	3000_Vegetables	Turnip greens, cooked, NS as to form, NS as to fat added in cooking	96	4.5	A	3
72128220	3000_Vegetables	Turnip greens, cooked, NS as to form, fat added in cooking, NS as to type of fat	96	4.5	A	3
72118223	3000_Vegetables	Greens, cooked, from canned, fat added in cooking, NS as to type of fat	96	4.5	A	3
75206013	3000_Vegetables	Beans, string, yellow, cooked, from canned, fat not added in cooking	96	4	A	3
75340023	3000_Vegetables	Vegetable combinations, Asian style, broccoli, green pepper, water chestnut, etc., cooked, made with margarine	96	4.5	A	1
72118203	3000_Vegetables	Greens, cooked, from canned, NS as to fat added in cooking	96	4.5	A	3
75215123	3000_Vegetables	Fennel bulb, cooked, made with margarine	96	4.5	A	1
72122202	3000_Vegetables	Mustard greens, cooked, from frozen, NS as to fat added in cooking	95	4.5	A	3
72122220	3000_Vegetables	Mustard greens, cooked, NS as to form, fat added in cooking, NS as to type of fat	95	4.5	A	3
72122222	3000_Vegetables	Mustard greens, cooked, from frozen, fat added in cooking, NS as to type of fat	95	4.5	A	3
75202036	3000_Vegetables	Asparagus, cooked, from canned, made with margarine	95	4	B	4
75233026	3000_Vegetables	Squash, summer, yellow or green, cooked, NS as to form, made with margarine	95	4.5	B	1
72128228	3000_Vegetables	Turnip greens, cooked, from fresh, made with butter	95	4.5	A	2
72128201	3000_Vegetables	Turnip greens, cooked, from fresh, NS as to fat added in cooking	95	4.5	A	3
72128221	3000_Vegetables	Turnip greens, cooked, from fresh, fat added in cooking, NS as to type of fat	95	4.5	A	3
72118202	3000_Vegetables	Greens, cooked, from frozen, NS as to fat added in cooking	95	4.5	B	3
72118222	3000_Vegetables	Greens, cooked, from frozen, fat added in cooking, NS as to type of fat	95	4.5	B	3
75511040	3000_Vegetables	Pepper, hot, pickled	95	3	B	4
75316000	3000_Vegetables	Squash, summer, yellow or green, and onions, cooked, fat not added in cooking	95	4.5	B	1
72103050	3000_Vegetables	Broccoli raab, cooked, made with butter	95	4.5	A	2
73201033	3000_Vegetables	Pumpkin, cooked, from canned, made with oil	95	4.5	A	2
75502550	3000_Vegetables	Cabbage, mustard, salted	95	4	A	3
72126999	3000_Vegetables	Thistle leaves, cooked, NS as to fat added in cooking	94	4	B	3
72127001	3000_Vegetables	Thistle leaves, cooked, fat added in cooking	94	4	B	3
75202000	3000_Vegetables	Asparagus, cooked, NS as to form, NS as to fat added in cooking	94	4.5	A	3
75202020	3000_Vegetables	Asparagus, cooked, NS as to form, fat added in cooking, NS as to type of fat	94	4.5	A	3
75202022	3000_Vegetables	Asparagus, cooked, from frozen, fat added in cooking, NS as to type of fat	94	4.5	A	3
75227099	3000_Vegetables	Radish, daikon, cooked, NS as to fat added in cooking	94	4.5	A	2
72119235	3000_Vegetables	Kale, cooked, from canned, made with margarine	94	4.5	A	4
75231011	3000_Vegetables	Snowpea, cooked, from fresh, fat not added in cooking	94	4.5	A	1
75215121	3000_Vegetables	Fennel bulb, cooked, made with oil	94	4.5	B	2
75202003	3000_Vegetables	Asparagus, cooked, from canned, NS as to fat added in cooking	94	4	B	3
75202023	3000_Vegetables	Asparagus, cooked, from canned, fat added in cooking, NS as to type of fat	94	4	B	3
75117020	3000_Vegetables	Onions, mature, raw	94	4.5	A	1
75204991	3000_Vegetables	Beans, string, cooked, from fresh, NS as to color, fat not added in cooking	94	4.5	A	1
75205021	3000_Vegetables	Beans, string, green, cooked, from fresh, fat not added in cooking	94	4.5	A	1
72107235	3000_Vegetables	Collards, cooked, from canned, made with margarine	93	4.5	A	4

foodcode	level1nd	Description	Food Compass Score	Health Star Rating	Nutri-Score	NOVA Category
75231001	3000_Vegetables	Snowpea, cooked, from fresh, NS as to fat added in cooking	93	4.5	A	2
75231021	3000_Vegetables	Snowpea, cooked, from fresh, fat added in cooking, NS as to type of fat	93	4.5	A	2
75231023	3000_Vegetables	Snowpea, cooked, NS as to form, made with oil	93	5	A	1
75233030	3000_Vegetables	Squash, summer, yellow or green, cooked, from frozen, made with oil	93	4.5	B	2
75202001	3000_Vegetables	Asparagus, cooked, from fresh, NS as to fat added in cooking	93	4.5	A	3
75202021	3000_Vegetables	Asparagus, cooked, from fresh, fat added in cooking, NS as to type of fat	93	4.5	A	3
75210022	3000_Vegetables	Cabbage, Chinese, cooked, made with butter	93	4	B	2
75205133	3000_Vegetables	Beans, string, green, canned, low sodium, made with margarine	93	4.5	A	4
75340200	3000_Vegetables	Jai, Monk's Food	93	5	A	1
75226061	3000_Vegetables	Peppers, red, cooked, made with oil	93	4	B	2
75219013	3000_Vegetables	Mushrooms, cooked, from canned, fat not added in cooking	93	4	B	3
75206035	3000_Vegetables	Beans, string, yellow, cooked, from fresh, made with margarine	93	4.5	A	1
73102213	3000_Vegetables	Carrots, cooked, from canned, fat not added in cooking	93	4	A	3
75231028	3000_Vegetables	Snowpea, cooked, from fresh, made with margarine	93	4.5	A	1
73201013	3000_Vegetables	Pumpkin, cooked, from canned, fat not added in cooking	93	4.5	A	1
75214032	3000_Vegetables	Cauliflower, cooked, from frozen, made with margarine	92	4.5	A	4
75233033	3000_Vegetables	Squash, summer, yellow or green, cooked, from canned, made with oil	92	4.5	A	3
72120200	3000_Vegetables	Lambsquarter, cooked, NS as to fat added in cooking	92	4.5	A	3
72120220	3000_Vegetables	Lambsquarter, cooked, fat added in cooking, NS as to type of fat	92	4.5	A	3
75231029	3000_Vegetables	Snowpea, cooked, from frozen, made with oil	92	5	A	2
72201225	3000_Vegetables	Broccoli, cooked, from fresh, made with margarine	92	4.5	A	4
74504023	3000_Vegetables	Tomato and okra, cooked, made with margarine	92	4.5	B	4
74504110	3000_Vegetables	Tomato and onion, cooked, fat not added in cooking	92	4.5	A	1
73103023	3000_Vegetables	Carrots, canned, low sodium, made with margarine	92	4.5	A	4
75302039	3000_Vegetables	Beans, string, green, with almonds, cooked, NS as to fat added in cooking	92	4.5	A	1
72107221	3000_Vegetables	Collards, cooked, from fresh, fat added in cooking, NS as to type of fat	92	5	A	3
72107200	3000_Vegetables	Collards, cooked, NS as to form, NS as to fat added in cooking	92	5	A	3
72107201	3000_Vegetables	Collards, cooked, from fresh, NS as to fat added in cooking	92	5	A	3
72107220	3000_Vegetables	Collards, cooked, NS as to form, fat added in cooking, NS as to type of fat	92	5	A	3
75201031	3000_Vegetables	Artichoke, cooked, NS as to form, made with oil	92	4.5	A	1
72118225	3000_Vegetables	Greens, cooked, NS as to form, made with butter	91	4.5	A	2
72118228	3000_Vegetables	Greens, cooked, from fresh, made with butter	91	4.5	A	2
75233032	3000_Vegetables	Squash, summer, yellow or green, cooked, from frozen, made with margarine	91	4.5	B	1
75302060	3000_Vegetables	Beans, string, green, with pinto beans, cooked, fat not added in cooking	91	5	A	1
72203010	3000_Vegetables	Broccoli, chinese, cooked, NS as to form, NS as to fat added in cooking	91	4	B	3
72203020	3000_Vegetables	Broccoli, chinese, cooked, from fresh, NS as to fat added in cooking	91	4	B	3
72203030	3000_Vegetables	Broccoli, chinese, cooked, from frozen, NS as to fat added in cooking	91	4	B	3
72203070	3000_Vegetables	Broccoli, chinese, cooked, NS as to form, fat added in cooking, NS as to type of fat	91	4	B	3
72203110	3000_Vegetables	Broccoli, chinese, cooked, from fresh, fat added in cooking, NS as to type of fat	91	4	B	3
72203150	3000_Vegetables	Broccoli, chinese, cooked, from frozen, fat added in cooking, NS as to type of fat	91	4	B	3
73301010	3000_Vegetables	Squash, winter type, mashed, no fat or sugar added in cooking	91	4.5	A	1
72123000	3000_Vegetables	Poke greens, cooked, NS as to fat added in cooking	91	4.5	B	3
72123020	3000_Vegetables	Poke greens, cooked, fat added in cooking, NS as to type of fat	91	4.5	B	3
72122231	3000_Vegetables	Mustard greens, cooked, from frozen, made with butter	91	4.5	A	2
75212023	3000_Vegetables	Cabbage, red, cooked, made with margarine	91	4.5	A	1
73102227	3000_Vegetables	Carrots, cooked, from canned, made with oil	91	4	B	3
73303021	3000_Vegetables	Squash, winter type, baked, no sugar added in cooking, made with oil	91	4.5	A	2
73303010	3000_Vegetables	Squash, winter type, baked, no fat or sugar added in cooking	91	4.5	A	1
75231002	3000_Vegetables	Snowpea, cooked, from frozen, NS as to fat added in cooking	91	5	A	1
72128400	3000_Vegetables	Turnip greens with roots, cooked, NS as to form, NS as to fat added in cooking	91	4.5	A	3
72128402	3000_Vegetables	Turnip greens with roots, cooked, from frozen, NS as to fat added in cooking	91	4.5	A	3
72128420	3000_Vegetables	Turnip greens with roots, cooked, NS as to form, fat added in cooking	91	4.5	A	3
72128422	3000_Vegetables	Turnip greens with roots, cooked, from frozen, fat added in cooking	91	4.5	A	3
75227110	3000_Vegetables	Radish, daikon, cooked, fat added in cooking	91	4.5	A	2
75224120	3000_Vegetables	Peas, green, canned, low sodium, fat not added in cooking	91	5	A	1
72120240	3000_Vegetables	Lambsquarter, cooked, made with butter	91	4.5	B	2
72118234	3000_Vegetables	Greens, cooked, from canned, made with butter	90	4.5	A	2
75226021	3000_Vegetables	Peppers, green, cooked, made with oil	90	4	B	2
75201040	3000_Vegetables	Artichoke, cooked, from frozen, made with oil	90	4.5	A	2
75226010	3000_Vegetables	Peppers, green, cooked, fat not added in cooking	90	4	A	1
72128203	3000_Vegetables	Turnip greens, cooked, from canned, NS as to fat added in cooking	90	4	B	3
72128223	3000_Vegetables	Turnip greens, cooked, from canned, fat added in cooking, NS as to type of fat	90	4	B	3
75302030	3000_Vegetables	Beans, string, green, with chickpeas, cooked, fat not added in cooking	90	5	A	1
72107225	3000_Vegetables	Collards, cooked, NS as to form, made with butter	90	4.5	A	2
72107228	3000_Vegetables	Collards, cooked, from fresh, made with butter	90	4.5	A	2
75340300	3000_Vegetables	Pinacbet	90	4	B	2
75102500	3000_Vegetables	Beets, raw	90	4.5	A	1
72119200	3000_Vegetables	Kale, cooked, NS as to form, NS as to fat added in cooking	90	4	B	3
72119201	3000_Vegetables	Kale, cooked, from fresh, NS as to fat added in cooking	90	4	B	3
72119220	3000_Vegetables	Kale, cooked, NS as to form, fat added in cooking, NS as to type of fat	90	4	B	3
72119221	3000_Vegetables	Kale, cooked, from fresh, fat added in cooking, NS as to type of fat	90	4	B	3
73102217	3000_Vegetables	Carrots, cooked, from fresh, made with oil	90	4.5	A	2
72122200	3000_Vegetables	Mustard greens, cooked, NS as to form, NS as to fat added in cooking	90	4	B	3
72201215	3000_Vegetables	Broccoli, cooked, NS as to form, made with margarine	90	4.5	A	4
72201228	3000_Vegetables	Broccoli, cooked, from frozen, made with margarine	90	4.5	A	4
72118231	3000_Vegetables	Greens, cooked, from frozen, made with butter	90	4.5	B	2
75232122	3000_Vegetables	Seaweed, cooked, made with butter	90	4.5	A	1
75201034	3000_Vegetables	Artichoke, cooked, from fresh, made with oil	90	5	A	2
72132199	3000_Vegetables	Bitter melon leaves, horseradish leaves, jute leaves, or radish leaves, cooked, NS as to fat added in cooking	90	4	C	3
75226050	3000_Vegetables	Peppers, red, cooked, fat not added in cooking	90	4	A	1
75219039	3000_Vegetables	Mushrooms, cooked, from canned, made with oil	90	4	B	3
72122201	3000_Vegetables	Mustard greens, cooked, from fresh, NS as to fat added in cooking	90	4	B	3
72122221	3000_Vegetables	Mustard greens, cooked, from fresh, fat added in cooking, NS as to type of fat	90	4	B	3
73102214	3000_Vegetables	Carrots, cooked, NS as to form, made with oil	90	4.5	A	2
73102224	3000_Vegetables	Carrots, cooked, from frozen, made with oil	90	4.5	A	2
73102212	3000_Vegetables	Carrots, cooked, from frozen, fat not added in cooking	90	4.5	A	1
72128401	3000_Vegetables	Turnip greens with roots, cooked, from fresh, NS as to fat added in cooking	90	4	B	3
72128421	3000_Vegetables	Turnip greens with roots, cooked, from fresh, fat added in cooking	90	4	B	3
75218010	3000_Vegetables	Kohlrabi, cooked, fat not added in cooking	89	4.5	A	1
73111224	3000_Vegetables	Peas and carrots, cooked, NS as to form, made with oil	89	4.5	A	2
73111227	3000_Vegetables	Peas and carrots, cooked, from fresh, made with oil	89	4.5	A	2
73111230	3000_Vegetables	Peas and carrots, cooked, from frozen, made with oil	89	4.5	A	2
75208111	3000_Vegetables	Beets, canned, low sodium, made with oil	89	4.5	A	3
72128234	3000_Vegetables	Turnip greens, cooked, from canned, made with butter	89	4	B	2
75340010	3000_Vegetables	Vegetable combinations, Asian style, broccoli, green pepper, water chestnut, etc., cooked, fat not added in cooking	89	4.5	A	1
73102210	3000_Vegetables	Carrots, cooked, NS as to form, fat not added in cooking	89	4.5	A	1
72107202	3000_Vegetables	Collards, cooked, from frozen, NS as to fat added in cooking	89	4.5	B	3
72107222	3000_Vegetables	Collards, cooked, from frozen, fat added in cooking, NS as to type of fat	89	4.5	B	3
75231022	3000_Vegetables	Snowpea, cooked, from frozen, fat added in cooking, NS as to type of fat	89	5	A	2
75206036	3000_Vegetables	Beans, string, yellow, cooked, from frozen, made with oil	89	4.5	A	1
75219035	3000_Vegetables	Mushrooms, cooked, from fresh, made with margarine	89	4.5	A	4
75219038	3000_Vegetables	Mushrooms, cooked, from frozen, made with margarine	89	4.5	A	4
75231000	3000_Vegetables	Snowpea, cooked, NS as to form, NS as to fat added in cooking	89	5	A	2
75231020	3000_Vegetables	Snowpea, cooked, NS as to form, fat added in cooking, NS as to type of fat	89	5	A	2

foodcode	level1nd	Description	Food Compass Score	Health Star Rating	Nutri-Score	NOVA Category
75204960	3000_Vegetables	Beans, string, cooked, NS as to form, NS as to color, made with oil	89	4.5	A	2
75205041	3000_Vegetables	Beans, string, green, cooked, NS as to form, made with oil	89	4.5	A	2
75234033	3000_Vegetables	Turnip, cooked, NS as to form, made with oil	89	4	B	1
72110200	3000_Vegetables	Cress, cooked, NS as to form, NS as to fat added in cooking	89	4	B	3
72110201	3000_Vegetables	Cress, cooked, from fresh, NS as to fat added in cooking	89	4	B	3
72110203	3000_Vegetables	Cress, cooked, from canned, NS as to fat added in cooking	89	4	B	3
72110220	3000_Vegetables	Cress, cooked, NS as to form, fat added in cooking, NS as to type of fat	89	4	B	3
72110221	3000_Vegetables	Cress, cooked, from fresh, fat added in cooking, NS as to type of fat	89	4	B	3
72110223	3000_Vegetables	Cress, cooked, from canned, fat added in cooking, NS as to type of fat	89	4	B	3
72122203	3000_Vegetables	Mustard greens, cooked, from canned, NS as to fat added in cooking	89	4	B	3
72122223	3000_Vegetables	Mustard greens, cooked, from canned, fat added in cooking, NS as to type of fat	89	4	B	3
75201037	3000_Vegetables	Artichoke, cooked, from canned, made with oil	89	4.5	A	3
75202002	3000_Vegetables	Asparagus, cooked, from frozen, NS as to fat added in cooking	89	4	B	1
75206030	3000_Vegetables	Beans, string, yellow, cooked, NS as to form, made with oil	89	4.5	A	2
75316022	3000_Vegetables	Squash, summer, yellow or green, and onions, cooked, made with oil	89	4.5	B	2
75234030	3000_Vegetables	Turnip, cooked, from frozen, made with oil	89	4.5	A	1
72123040	3000_Vegetables	Poke greens, cooked, made with butter	89	4.5	B	2
74504121	3000_Vegetables	Tomato and onion, cooked, made with oil	89	4.5	B	2
75224131	3000_Vegetables	Peas, green, canned, low sodium, made with oil	89	5	A	2
72119202	3000_Vegetables	Kale, cooked, from frozen, NS as to fat added in cooking	89	4	B	3
72119222	3000_Vegetables	Kale, cooked, from frozen, fat added in cooking, NS as to type of fat	89	4	B	3
75219041	3000_Vegetables	Mushrooms, cooked, from canned, made with margarine	89	4	B	3
75234011	3000_Vegetables	Turnip, cooked, from fresh, fat not added in cooking	89	4.5	A	1
75216710	3000_Vegetables	Cucumber, cooked, fat not added in cooking	89	4	A	1
73102211	3000_Vegetables	Carrots, cooked, from fresh, fat not added in cooking	88	4.5	A	1
75201033	3000_Vegetables	Artichoke, cooked, NS as to form, made with margarine	88	4.5	A	1
75201042	3000_Vegetables	Artichoke, cooked, from frozen, made with margarine	88	4.5	A	1
72110231	3000_Vegetables	Cress, cooked, NS as to form, made with butter	88	4	B	2
72110234	3000_Vegetables	Cress, cooked, from fresh, made with butter	88	4	B	2
72110237	3000_Vegetables	Cress, cooked, from canned, made with butter	88	4	B	2
75204963	3000_Vegetables	Beans, string, cooked, from fresh, NS as to color, made with oil	88	4.5	A	2
75205044	3000_Vegetables	Beans, string, green, cooked, from fresh, made with oil	88	4.5	A	2
75204966	3000_Vegetables	Beans, string, cooked, from frozen, NS as to color, made with oil	88	4.5	A	2
75205047	3000_Vegetables	Beans, string, green, cooked, from frozen, made with oil	88	4.5	A	2
75503010	3000_Vegetables	Cucumber pickles, dill	88	3.5	B	4
75206032	3000_Vegetables	Beans, string, yellow, cooked, NS as to form, made with margarine	88	4.5	A	1
75230020	3000_Vegetables	Sauerkraut, cooked, fat added in cooking	88	4	B	3
75231012	3000_Vegetables	Snowpea, cooked, from frozen, fat not added in cooking	88	5	A	1
75234032	3000_Vegetables	Turnip, cooked, from frozen, made with margarine	88	4	B	1
75234035	3000_Vegetables	Turnip, cooked, NS as to form, made with margarine	88	4	B	1
75220001	3000_Vegetables	Okra, cooked, from fresh, NS as to fat added in cooking	88	4.5	A	3
75220021	3000_Vegetables	Okra, cooked, from fresh, fat added in cooking, NS as to type of fat	88	4.5	A	3
75231010	3000_Vegetables	Snowpea, cooked, NS as to form, fat not added in cooking	88	5	A	1
72113200	3000_Vegetables	Dandelion greens, cooked, NS as to fat added in cooking	87	4	B	3
72113220	3000_Vegetables	Dandelion greens, cooked, fat added in cooking, NS as to type of fat	87	4	B	3
72119203	3000_Vegetables	Kale, cooked, from canned, NS as to fat added in cooking	87	4	B	3
72119223	3000_Vegetables	Kale, cooked, from canned, fat added in cooking, NS as to type of fat	87	4	B	3
75311030	3000_Vegetables	Mixed vegetables, cooked, from canned, made with oil	87	4.5	A	3
75201036	3000_Vegetables	Artichoke, cooked, from fresh, made with margarine	87	5	A	1
75234027	3000_Vegetables	Turnip, cooked, from fresh, made with oil	87	4.5	A	2
75228010	3000_Vegetables	Rutabaga, cooked, fat not added in cooking	87	4.5	A	1
75206038	3000_Vegetables	Beans, string, yellow, cooked, from frozen, made with margarine	87	4.5	A	1
75204968	3000_Vegetables	Beans, string, cooked, from frozen, NS as to color, made with margarine	87	4.5	A	1
75220003	3000_Vegetables	Okra, cooked, from canned, NS as to fat added in cooking	87	4.5	A	3
75220023	3000_Vegetables	Okra, cooked, from canned, fat added in cooking, NS as to type of fat	87	4.5	A	3
75207021	3000_Vegetables	Bean sprouts, cooked, from fresh, fat added in cooking	87	4.5	B	2
75207000	3000_Vegetables	Bean sprouts, cooked, NS as to form, NS as to fat added in cooking	87	4.5	B	2
75207001	3000_Vegetables	Bean sprouts, cooked, from fresh, NS as to fat added in cooking	87	4.5	B	2
75207020	3000_Vegetables	Bean sprouts, cooked, NS as to form, fat added in cooking	87	4.5	B	2
75208110	3000_Vegetables	Beets, canned, low sodium, fat not added in cooking	87	4.5	A	1
75228021	3000_Vegetables	Rutabaga, cooked, made with oil	87	4.5	B	2
75206041	3000_Vegetables	Beans, string, yellow, cooked, from canned, made with margarine	87	4	B	3
72107231	3000_Vegetables	Collards, cooked, from frozen, made with butter	86	4.5	B	2
75201010	3000_Vegetables	Artichoke, cooked, NS as to form, fat not added in cooking	86	4.5	A	1
75201012	3000_Vegetables	Artichoke, cooked, from frozen, fat not added in cooking	86	4.5	A	1
75201013	3000_Vegetables	Artichoke, cooked, from canned, fat not added in cooking	86	4.5	A	1
75202028	3000_Vegetables	Asparagus, cooked, from fresh, made with butter	86	4.5	A	2
72122225	3000_Vegetables	Mustard greens, cooked, NS as to form, made with butter	86	4	B	2
72122228	3000_Vegetables	Mustard greens, cooked, from fresh, made with butter	86	4	B	2
75302045	3000_Vegetables	Beans, string, green, with almonds, cooked, fat added in cooking, NS as to type of fat	86	4.5	A	3
75219003	3000_Vegetables	Mushrooms, cooked, from canned, NS as to fat added in cooking	86	4	B	3
75219023	3000_Vegetables	Mushrooms, cooked, from canned, fat added in cooking, NS as to type of fat	86	4	B	3
75234013	3000_Vegetables	Turnip, cooked, from canned, fat not added in cooking	86	4.5	A	3
72113240	3000_Vegetables	Dandelion greens, cooked, made with butter	86	4	B	2
72107203	3000_Vegetables	Collards, cooked, from canned, NS as to fat added in cooking	86	4.5	A	3
72107223	3000_Vegetables	Collards, cooked, from canned, fat added in cooking, NS as to type of fat	86	4.5	A	3
75201039	3000_Vegetables	Artichoke, cooked, from canned, made with margarine	86	4.5	A	3
75226063	3000_Vegetables	Peppers, red, cooked, made with margarine	86	4	B	1
75233029	3000_Vegetables	Squash, summer, yellow or green, cooked, from fresh, made with margarine	86	4.5	B	4
72116150	3000_Vegetables	Caesar salad, with romaine, no dressing	86	4.5	A	3
72132201	3000_Vegetables	Bitter melon leaves, horseradish leaves, jute leaves, or radish leaves, cooked, fat added in cooking	85	4	C	3
75234024	3000_Vegetables	Turnip, cooked, from canned, made with oil	85	4.5	A	3
73103000	3000_Vegetables	Carrots, canned, low sodium, NS as to fat added in cooking	85	4.5	A	3
73103020	3000_Vegetables	Carrots, canned, low sodium, fat added in cooking, NS as to type of fat	85	4.5	A	3
75302047	3000_Vegetables	Beans, string, green, with almonds, cooked, made with butter	85	4.5	A	2
72122234	3000_Vegetables	Mustard greens, cooked, from canned, made with butter	85	4	B	2
75206039	3000_Vegetables	Beans, string, yellow, cooked, from canned, made with oil	85	4	B	3
74505021	3000_Vegetables	Tomato with corn and okra, cooked, made with oil	85	4.5	B	3
75202025	3000_Vegetables	Asparagus, cooked, NS as to form, made with butter	85	4.5	A	2
75202032	3000_Vegetables	Asparagus, cooked, from frozen, made with butter	85	4.5	A	2
75215510	3000_Vegetables	Christophine, cooked, fat not added in cooking	85	4.5	A	1
75202035	3000_Vegetables	Asparagus, cooked, from canned, made with butter	85	4	B	3
75503110	3000_Vegetables	Cucumber pickles, dill, reduced salt	85	4.5	A	4
75234029	3000_Vegetables	Turnip, cooked, from fresh, made with margarine	85	4	B	1
75214002	3000_Vegetables	Cauliflower, cooked, from frozen, NS as to fat added in cooking	85	4.5	A	1
75330123	3000_Vegetables	Vegetable combination, including carrots, broccoli, and/or dark-green leafy; cooked, no sauce, made with margarir	85	4.5	A	4
75204969	3000_Vegetables	Beans, string, cooked, from canned, NS as to color, made with oil	84	4	B	2
75205050	3000_Vegetables	Beans, string, green, cooked, from canned, made with oil	84	4	B	2
75208113	3000_Vegetables	Beets, canned, low sodium, made with margarine	84	4.5	A	3
73111211	3000_Vegetables	Peas and carrots, cooked, from fresh, fat not added in cooking	84	4.5	A	1
72203090	3000_Vegetables	Broccoli, chinese, cooked, NS as to form, made with butter	84	4	C	2
72203130	3000_Vegetables	Broccoli, chinese, cooked, from fresh, made with butter	84	4	C	2
72203170	3000_Vegetables	Broccoli, chinese, cooked, from frozen, made with butter	84	4	C	2
72119225	3000_Vegetables	Kale, cooked, NS as to form, made with butter	84	4	B	2

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74505010	3000_Vegetables	Tomato with corn and okra, cooked, fat not added in cooking	84	4.5	B	3
75201011	3000_Vegetables	Artichoke, cooked, from fresh, fat not added in cooking	84	5	A	1
75205110	3000_Vegetables	Beans, string, green, canned, low sodium, NS as to fat added in cooking	84	4.5	A	3
75205130	3000_Vegetables	Beans, string, green, canned, low sodium, fat added in cooking, NS as to type of fat	84	4.5	A	3
74504000	3000_Vegetables	Tomato and okra, cooked, NS as to fat added in cooking	83	4.5	B	3
74504020	3000_Vegetables	Tomato and okra, cooked, fat added in cooking, NS as to type of fat	83	4.5	B	3
75217299	3000_Vegetables	Flowers or blossoms of sesbania, squash, or lily, NS as to fat added in cooking	83	4	A	1
75316031	3000_Vegetables	Squash, summer, yellow or green, with tomato sauce, cooked, fat added in cooking	83	4.5	B	3
75316032	3000_Vegetables	Squash, summer, yellow or green, with tomato sauce, cooked, NS as to fat added in cooking	83	4.5	B	3
72107234	3000_Vegetables	Collards, cooked, from canned, made with butter	83	4.5	B	2
75209032	3000_Vegetables	Brussels sprouts, cooked, NS as to form, made with margarine	83	5	A	4
75209052	3000_Vegetables	Brussels sprouts, cooked, from frozen, made with margarine	83	5	A	4
75220033	3000_Vegetables	Okra, cooked, from frozen, made with margarine	83	4.5	A	4
75228023	3000_Vegetables	Rutabaga, cooked, made with margarine	83	4.5	A	1
73201026	3000_Vegetables	Pumpkin, cooked, NS as to form, made with margarine	83	4.5	A	4
73201029	3000_Vegetables	Pumpkin, cooked, from fresh, made with margarine	83	4.5	A	4
73201032	3000_Vegetables	Pumpkin, cooked, from frozen, made with margarine	83	4.5	A	4
75100750	3000_Vegetables	Artichoke, Jerusalem, raw	83	4.5	A	1
72128403	3000_Vegetables	Turnip greens with roots, cooked, from canned, NS as to fat added in cooking	83	4	B	3
72128423	3000_Vegetables	Turnip greens with roots, cooked, from canned, fat added in cooking	83	4	B	3
75214029	3000_Vegetables	Cauliflower, cooked, from fresh, made with margarine	83	4.5	A	4
72119228	3000_Vegetables	Kale, cooked, from fresh, made with butter	83	4	B	2
75534500	3000_Vegetables	Tsukemono, Japanese pickles	82	4	B	4
73403021	3000_Vegetables	Sweet potato, baked, peel not eaten, made with oil	82	4.5	A	2
73410340	3000_Vegetables	Sweet potato fries, from fresh, baked	82	4.5	B	2
75208720	3000_Vegetables	Broccoflower, cooked, fat added in cooking, NS as to type of fat	82	4.5	A	1
75209021	3000_Vegetables	Brussels sprouts, cooked, from fresh, fat added in cooking, NS as to type of fat	82	4.5	A	3
75214000	3000_Vegetables	Cauliflower, cooked, NS as to form, NS as to fat added in cooking	82	4.5	A	3
75214020	3000_Vegetables	Cauliflower, cooked, NS as to form, fat added in cooking, NS as to type of fat	82	4.5	A	3
75214022	3000_Vegetables	Cauliflower, cooked, from frozen, fat added in cooking, NS as to type of fat	82	4.5	A	3
75209001	3000_Vegetables	Brussels sprouts, cooked, from fresh, NS as to fat added in cooking	82	4.5	B	3
75234026	3000_Vegetables	Turnip, cooked, from canned, made with margarine	82	4.5	A	3
75224043	3000_Vegetables	Peas, green, cooked, from fresh, made with oil	82	5	A	2
75302211	3000_Vegetables	Beans, string, green, with onions, cooked, made with oil	82	4.5	A	2
73402021	3000_Vegetables	Sweet potato, baked, peel eaten, made with oil	82	4.5	A	2
75220002	3000_Vegetables	Okra, cooked, from frozen, NS as to fat added in cooking	82	4.5	A	1
72119231	3000_Vegetables	Kale, cooked, from frozen, made with butter	81	4	B	2
72116222	3000_Vegetables	Escarole, cooked, made with butter	81	4	B	2
75224133	3000_Vegetables	Peas, green, canned, low sodium, made with margarine	81	5	A	3
72201224	3000_Vegetables	Broccoli, cooked, from fresh, made with butter	81	4.5	A	2
73111233	3000_Vegetables	Peas and carrots, cooked, from canned, made with oil	81	4.5	A	3
75217301	3000_Vegetables	Flowers or blossoms of sesbania, squash, or lily, fat added in cooking	81	4	A	3
75230000	3000_Vegetables	Sauerkraut, cooked, NS as to fat added in cooking	81	4	C	3
73103022	3000_Vegetables	Carrots, canned, low sodium, made with butter	81	4.5	A	2
75216723	3000_Vegetables	Cucumber, cooked, made with margarine	81	4	B	1
75209020	3000_Vegetables	Brussels sprouts, cooked, NS as to form, fat added in cooking, NS as to type of fat	81	4.5	A	1
75211033	3000_Vegetables	Cabbage, green, cooked, made with margarine	81	4	B	4
75515000	3000_Vegetables	Vegetables, pickled, Hawaiian style	81	3.5	C	3
75111800	3000_Vegetables	Jicama, raw	81	5	A	1
75216721	3000_Vegetables	Cucumber, cooked, made with oil	80	4	C	3
75220028	3000_Vegetables	Okra, cooked, from fresh, made with butter	80	4.5	A	2
75315216	3000_Vegetables	Peas and mushrooms, cooked, made with oil	80	4.5	A	2
74504148	3000_Vegetables	Tomato and celery, cooked, NS as to fat added in cooking	80	4	B	3
75217010	3000_Vegetables	Eggplant, cooked, fat not added in cooking	80	4	A	1
75143350	3000_Vegetables	Lettuce, salad with egg, cheese, tomato, and/or carrots, with or without other vegetables, no dressing	80	4.5	B	2
72119234	3000_Vegetables	Kale, cooked, from canned, made with butter	80	4	B	2
75219100	3000_Vegetables	Mushroom, Asian, cooked, from dried	80	4.5	A	1
75302205	3000_Vegetables	Beans, string, green, with onions, cooked, fat not added in cooking	80	4.5	A	1
75317011	3000_Vegetables	Vegetables, stew type, cooked, made with oil	80	4.5	A	2
75208740	3000_Vegetables	Broccoflower, cooked, made with butter	80	4.5	A	1
75219000	3000_Vegetables	Mushrooms, cooked, NS as to form, NS as to fat added in cooking	80	4.5	A	3
75219001	3000_Vegetables	Mushrooms, cooked, from fresh, NS as to fat added in cooking	80	4.5	A	3
75219002	3000_Vegetables	Mushrooms, cooked, from frozen, NS as to fat added in cooking	80	4.5	A	3
75219020	3000_Vegetables	Mushrooms, cooked, NS as to form, fat added in cooking, NS asa to type of fat	80	4.5	A	3
75219021	3000_Vegetables	Mushrooms, cooked, from fresh, fat added in cooking, NS as to type of fat	80	4.5	A	3
75219022	3000_Vegetables	Mushrooms, cooked, from frozen, fat added in cooking, NS as to type of fat	80	4.5	A	3
75307001	3000_Vegetables	Green peppers and onions, cooked, made with oil	80	4.5	B	2
72133199	3000_Vegetables	Sweet potato leaves, squash leaves, pumpkin leaves, chrysanthemum leaves, bean leaves, or swamp cabbage, cool	80	3.5	C	3
72133201	3000_Vegetables	Sweet potato leaves, squash leaves, pumpkin leaves, chrysanthemum leaves, bean leaves, or swamp cabbage, cool	80	3.5	C	3
72201201	3000_Vegetables	Broccoli, cooked, from fresh, NS as to fat added in cooking	80	4.5	A	3
72201221	3000_Vegetables	Broccoli, cooked, from fresh, fat added in cooking, NS as to type of fat	80	4.5	A	3
75221061	3000_Vegetables	Onions, green, cooked, from fresh, fat added in cooking	80	4.5	A	4
72201214	3000_Vegetables	Broccoli, cooked, NS as to form, made with butter	80	4.5	A	2
72201227	3000_Vegetables	Broccoli, cooked, from frozen, made with butter	80	4.5	A	2
72201200	3000_Vegetables	Broccoli, cooked, NS as to form, NS as to fat added in cooking	79	4.5	A	3
72201220	3000_Vegetables	Broccoli, cooked, NS as to form, fat added in cooking, NS as to type of fat	79	4.5	A	3
75224045	3000_Vegetables	Peas, green, cooked, from fresh, made with margarine	79	5	A	1
75200121	3000_Vegetables	Vegetables, NS as to type, cooked, made with oil	79	4.5	A	2
75311024	3000_Vegetables	Mixed vegetables, cooked, NS as to form, made with oil	79	4.5	A	2
75311027	3000_Vegetables	Mixed vegetables, cooked, from frozen, made with oil	79	4.5	A	2
72201202	3000_Vegetables	Broccoli, cooked, from frozen, NS as to fat added in cooking	79	4.5	A	3
72201222	3000_Vegetables	Broccoli, cooked, from frozen, fat added in cooking, NS as to type of fat	79	4.5	A	3
75219037	3000_Vegetables	Mushrooms, cooked, from frozen, made with butter	79	4.5	A	1
75220000	3000_Vegetables	Okra, cooked, NS as to form, NS as to fat added in cooking	79	4.5	A	3
75220020	3000_Vegetables	Okra, cooked, NS as to form, fat added in cooking, NS as to type of fat	79	4.5	A	3
75220022	3000_Vegetables	Okra, cooked, from frozen, fat added in cooking, NS as to type of fat	79	4.5	A	3
75502510	3000_Vegetables	Cabbage, red, pickled	79	4.5	A	3
73201035	3000_Vegetables	Pumpkin, cooked, from canned, made with margarine	79	4.5	A	4
74504022	3000_Vegetables	Tomato and okra, cooked, made with butter	79	4	B	2
75311100	3000_Vegetables	Mixed vegetables, canned, low sodium, NS as to fat added in cooking	79	5	A	3
75311120	3000_Vegetables	Mixed vegetables, canned, low sodium, fat added in cooking, NS as to type of fat	79	5	A	3
73111210	3000_Vegetables	Peas and carrots, cooked, NS as to form, fat not added in cooking	78	4.5	A	1
73111212	3000_Vegetables	Peas and carrots, cooked, from frozen, fat not added in cooking	78	4.5	A	1
75224021	3000_Vegetables	Peas, green, cooked, from fresh, fat not added in cooking	78	5	A	1
75302009	3000_Vegetables	Beans, string, green, with tomatoes, cooked, NS as to fat added in cooking	78	4.5	A	3
75302011	3000_Vegetables	Beans, string, green, with tomatoes, cooked, fat added in cooking	78	4.5	A	3
75209041	3000_Vegetables	Brussels sprouts, cooked, from fresh, made with butter	78	4.5	B	2
73402010	3000_Vegetables	Sweet potato, baked, peel eaten, fat not added in cooking	78	4.5	A	1
75220035	3000_Vegetables	Okra, cooked, from canned, made with butter	78	4.5	A	3
75208121	3000_Vegetables	Beets, cooked, NS as to form, made with oil	78	4	B	1
75208127	3000_Vegetables	Beets, cooked, from frozen, made with oil	78	4	B	1
75302213	3000_Vegetables	Beans, string, green, with onions, cooked, made with margarine	78	4.5	A	1
73403010	3000_Vegetables	Sweet potato, baked, peel not eaten, fat not added in cooking	78	4.5	A	1
75213100	3000_Vegetables	Cactus, cooked, NS as to fat added in cooking	78	4	B	3

foodcode	level1nd	Description	Food Compass Score	Health Star Rating	Nutri-Score	NOVA Category
75213120	3000_Vegetables	Cactus, cooked, fat added in cooking, NS as to type of fat	78	4	B	3
75209000	3000_Vegetables	Brussels sprouts, cooked, NS as to form, NS as to fat added in cooking	78	4.5	A	3
75213000	3000_Vegetables	Cabbage, savoy, cooked, NS as to fat added in cooking	78	4.5	A	1
75213020	3000_Vegetables	Cabbage, savoy, cooked, fat added in cooking, NS as to type of fat	78	4.5	A	1
75214025	3000_Vegetables	Cauliflower, cooked, NS as to form, made with butter	78	4.5	A	2
75214031	3000_Vegetables	Cauliflower, cooked, from frozen, made with butter	78	4.5	A	2
75219031	3000_Vegetables	Mushrooms, cooked, NS as to form, made with butter	78	4.5	A	2
75219034	3000_Vegetables	Mushrooms, cooked, from fresh, made with butter	78	4.5	A	2
73210010	3000_Vegetables	Calabaza, cooked	78	4.5	A	3
73102229	3000_Vegetables	Carrots, cooked, from canned, made with margarine	77	4	B	4
75217021	3000_Vegetables	Eggplant, cooked, made with oil	77	4	B	2
75208700	3000_Vegetables	Broccoflower, cooked, NS as to fat added in cooking	77	4.5	A	1
73402023	3000_Vegetables	Sweet potato, baked, peel eaten, made with margarine	77	4.5	A	1
75209002	3000_Vegetables	Brussels sprouts, cooked, from frozen, NS as to fat added in cooking	77	4.5	A	3
75209022	3000_Vegetables	Brussels sprouts, cooked, from frozen, fat added in cooking, NS as to type of fat	77	4.5	A	3
75205132	3000_Vegetables	Beans, string, green, canned, low sodium, made with butter	77	4.5	A	2
75208124	3000_Vegetables	Beets, cooked, from fresh, made with oil	77	4	B	2
75311013	3000_Vegetables	Mixed vegetables, cooked, from canned, fat not added in cooking	77	4.5	A	3
75214003	3000_Vegetables	Cauliflower, cooked, from canned, NS as to fat added in cooking	77	4.5	A	3
75315218	3000_Vegetables	Peas and mushrooms, cooked, made with margarine	77	5	A	1
74504149	3000_Vegetables	Tomato and celery, cooked, fat added in cooking	77	4	B	3
75302059	3000_Vegetables	Beans, string, green, with pinto beans, cooked, NS as to fat added in cooking	76	4.5	A	1
75302061	3000_Vegetables	Beans, string, green, with pinto beans, cooked, fat added in cooking	76	4.5	A	1
75204971	3000_Vegetables	Beans, string, cooked, from canned, NS as to color, made with margarine	76	4	B	4
75330120	3000_Vegetables	Vegetable combination, including carrots, broccoli, and/or dark-green leafy; cooked, no sauce, fat added in cooking	76	4	B	3
75311122	3000_Vegetables	Mixed vegetables, canned, low sodium, made with butter	76	4.5	A	3
73410330	3000_Vegetables	Sweet potato fries, from fresh, fried	76	4.5	B	2
75315249	3000_Vegetables	Cowpeas with snap beans, cooked, NS as to fat added in cooking	76	4.5	A	1
75330100	3000_Vegetables	Vegetable combination, including carrots, broccoli, and/or dark-green leafy; cooked, no sauce, NS as to fat added in	76	4	B	3
75317013	3000_Vegetables	Vegetables, stew type, cooked, made with margarine	76	4.5	B	1
75221014	3000_Vegetables	Onions, cooked, NS as to form, made with oil	76	4.5	A	2
73410200	3000_Vegetables	Sweet potato fries, NFS	76	4.5	B	3
73410300	3000_Vegetables	Sweet potato fries, NS as to fresh or frozen	76	4.5	B	3
73405021	3000_Vegetables	Sweet potato, boiled, made with oil	76	4.5	B	2
75217023	3000_Vegetables	Eggplant, cooked, made with margarine	76	4	B	1
75233221	3000_Vegetables	Squash, spaghetti, cooked, made with oil	76	4.5	B	1
75233220	3000_Vegetables	Squash, spaghetti, cooked, fat not added in cooking	76	4.5	A	1
75205052	3000_Vegetables	Beans, string, green, cooked, from canned, made with margarine	76	4	B	4
75330151	3000_Vegetables	Vegetable combination, excluding carrots, broccoli, and dark-green leafy; cooked, no sauce, made with oil	75	4.5	A	2
73201000	3000_Vegetables	Pumpkin, cooked, NS as to form, NS as to fat added in cooking	75	4.5	B	3
73201020	3000_Vegetables	Pumpkin, cooked, NS as to form, fat added in cooking, NS as to type of fat	75	4.5	B	3
75200123	3000_Vegetables	Vegetables, NS as to type, cooked, made with margarine	75	5	A	1
75231025	3000_Vegetables	Snowpea, cooked, NS as to form, made with margarine	75	5	A	4
75231031	3000_Vegetables	Snowpea, cooked, from frozen, made with margarine	75	5	A	4
75213022	3000_Vegetables	Cabbage, savoy, cooked, made with butter	75	4.5	A	1
75143200	3000_Vegetables	Lettuce, salad with cheese, tomato and/or carrots, with or without other vegetables, no dressing	75	4.5	B	2
75221023	3000_Vegetables	Onions, cooked, from frozen, made with oil	75	4.5	B	2
75208130	3000_Vegetables	Beets, cooked, from canned, made with oil	75	4	C	3
75209031	3000_Vegetables	Brussels sprouts, cooked, NS as to form, made with butter	75	4.5	A	2
75209051	3000_Vegetables	Brussels sprouts, cooked, from frozen, made with butter	75	4.5	A	2
73201001	3000_Vegetables	Pumpkin, cooked, from fresh, NS as to fat added in cooking	75	4.5	B	3
73201002	3000_Vegetables	Pumpkin, cooked, from frozen, NS as to fat added in cooking	75	4.5	B	3
73201021	3000_Vegetables	Pumpkin, cooked, from fresh, fat added in cooking, NS as to type of fat	75	4.5	B	3
73201022	3000_Vegetables	Pumpkin, cooked, from frozen, fat added in cooking, NS as to type of fat	75	4.5	B	3
75218499	3000_Vegetables	Lotus root, cooked, NS as to fat added in cooking	75	4.5	B	2
73102216	3000_Vegetables	Carrots, cooked, NS as to form, made with margarine	75	4.5	A	4
73102226	3000_Vegetables	Carrots, cooked, from frozen, made with margarine	75	4.5	A	4
75215000	3000_Vegetables	Celery, cooked, NS as to fat added in cooking	75	4	B	3
75215020	3000_Vegetables	Celery, cooked, fat added in cooking, NS as to type of fat	75	4	B	3
75204962	3000_Vegetables	Beans, string, cooked, NS as to form, NS as to color, made with margarine	75	4.5	A	4
75205043	3000_Vegetables	Beans, string, green, cooked, NS as to form, made with margarine	75	4.5	A	4
75221012	3000_Vegetables	Onions, cooked, from frozen, fat not added in cooking	75	4.5	A	1
75221041	3000_Vegetables	Onions, green, cooked, from fresh, NS as to fat added in cooking	74	4.5	B	1
75223024	3000_Vegetables	Peas, cowpeas, field peas, or blackeye peas, not dried, cooked, NS as to form, made with oil	74	5	A	2
75223030	3000_Vegetables	Peas, cowpeas, field peas, or blackeye peas, not dried, cooked, from frozen, made with oil	74	5	A	2
75315210	3000_Vegetables	Peas and mushrooms, cooked, fat not added in cooking	74	5	A	1
71961010	3000_Vegetables	Celeriac, cooked	74	4	B	1
75302511	3000_Vegetables	Beans, string, green, and potatoes, cooked, made with oil	74	4.5	A	2
75330122	3000_Vegetables	Vegetable combination, including carrots, broccoli, and/or dark-green leafy; cooked, no sauce, made with butter	74	4	B	2
75302029	3000_Vegetables	Beans, string, green, with chickpeas, cooked, NS as to fat added in cooking	74	4.5	A	1
75302031	3000_Vegetables	Beans, string, green, with chickpeas, cooked, fat added in cooking	74	4.5	A	1
75212000	3000_Vegetables	Cabbage, red, cooked, NS as to fat added in cooking	74	4	B	3
75212020	3000_Vegetables	Cabbage, red, cooked, fat added in cooking, NS as to type of fat	74	4	B	3
73201003	3000_Vegetables	Pumpkin, cooked, from canned, NS as to fat added in cooking	74	4.5	A	3
73201023	3000_Vegetables	Pumpkin, cooked, from canned, fat added in cooking, NS as to type of fat	74	4.5	A	3
75205049	3000_Vegetables	Beans, string, green, cooked, from frozen, made with margarine	74	4.5	A	4
75208123	3000_Vegetables	Beets, cooked, NS as to form, made with margarine	74	4	B	1
75208126	3000_Vegetables	Beets, cooked, from fresh, made with margarine	74	4	B	1
75208129	3000_Vegetables	Beets, cooked, from frozen, made with margarine	74	4	B	1
75214001	3000_Vegetables	Cauliflower, cooked, from fresh, NS as to fat added in cooking	74	4.5	A	3
75214021	3000_Vegetables	Cauliflower, cooked, from fresh, fat added in cooking, NS as to type of fat	74	4.5	A	3
75221160	3000_Vegetables	Palm hearts, cooked, assume fat not added in cooking	74	4	C	1
75222021	3000_Vegetables	Parsnips, cooked, made with oil	74	4.5	B	1
75220025	3000_Vegetables	Okra, cooked, NS as to form, made with butter	74	4.5	B	1
75233001	3000_Vegetables	Squash, summer, yellow or green, cooked, from fresh, NS as to fat added in cooking	74	4.5	B	3
75233021	3000_Vegetables	Squash, summer, yellow or green, cooked, from fresh, fat added in cooking, NS as to type of fat	74	4.5	B	3
73303023	3000_Vegetables	Squash, winter type, baked, no sugar added in cooking, made with margarine	73	4.5	A	4
75221017	3000_Vegetables	Onions, cooked, from fresh, made with oil	73	4.5	B	2
75316024	3000_Vegetables	Squash, summer, yellow or green, and onions, cooked, made with margarine	73	4.5	B	4
75315121	3000_Vegetables	Peas and onions, cooked, made with oil	73	4.5	A	1
75208132	3000_Vegetables	Beets, cooked, from canned, made with margarine	73	4	B	3
75220049	3000_Vegetables	Lettuce, cooked, NS as to fat added in cooking	73	4	B	3
75220051	3000_Vegetables	Lettuce, cooked, fat added in cooking	73	4	B	3
75503030	3000_Vegetables	Cucumber pickles, sour	73	3	C	4
73102219	3000_Vegetables	Carrots, cooked, from fresh, made with margarine	73	4.5	A	4
75204027	3000_Vegetables	Beans, lima, immature, cooked, from fresh, made with oil	73	5	A	2
75204965	3000_Vegetables	Beans, string, cooked, from fresh, NS as to color, made with margarine	73	4.5	A	4
75205046	3000_Vegetables	Beans, string, green, cooked, from fresh, made with margarine	73	4.5	A	4
75213122	3000_Vegetables	Cactus, cooked, made with butter	73	4	B	1
73111226	3000_Vegetables	Peas and carrots, cooked, NS as to form, made with margarine	73	4.5	A	4
73111229	3000_Vegetables	Peas and carrots, cooked, from fresh, made with margarine	73	4.5	A	4
73111232	3000_Vegetables	Peas and carrots, cooked, from frozen, made with margarine	73	4.5	A	4
75223027	3000_Vegetables	Peas, cowpeas, field peas, or blackeye peas, not dried, cooked, from fresh, made with oil	73	5	A	2
73402000	3000_Vegetables	Sweet potato, baked, peel eaten, NS as to fat added in cooking	72	4.5	B	1

foodcode	level1nd	Description	Food Compass Score	Health Star Rating	Nutri-Score	NOVA Category
73402020	3000_Vegetables	Sweet potato, baked, peel eaten, fat added in cooking, NS as to type of fat	72	4.5	B	1
73403020	3000_Vegetables	Sweet potato, baked, peel not eaten, fat added in cooking, NS as to type of fat	72	4.5	B	1
75220032	3000_Vegetables	Okra, cooked, from frozen, made with butter	72	4.5	B	2
73420000	3000_Vegetables	Sweet potato tots, NFS	72	4	C	3
75224040	3000_Vegetables	Peas, green, cooked, NS as to form, made with oil	72	5	A	2
75224046	3000_Vegetables	Peas, green, cooked, from frozen, made with oil	72	5	A	2
75223012	3000_Vegetables	Peas, cowpeas, field peas, or blackeye peas, not dried, cooked, from frozen, fat not added in cooking	72	5	A	1
75311032	3000_Vegetables	Mixed vegetables, cooked, from canned, made with margarine	72	4.5	A	4
74204010	3000_Vegetables	Tomatoes, NS as to form, stewed	72	4.5	B	4
74204013	3000_Vegetables	Tomatoes, from canned, stewed	72	4.5	B	4
75218501	3000_Vegetables	Lotus root, cooked, fat added in cooking	72	4	C	2
75315311	3000_Vegetables	Peas and potatoes, cooked, made with oil	72	4.5	A	1
75206001	3000_Vegetables	Beans, string, yellow, cooked, from fresh, NS as to fat added in cooking	72	4.5	A	1
75223026	3000_Vegetables	Peas, cowpeas, field peas, or blackeye peas, not dried, cooked, NS as to form, made with margarine	72	5	A	1
75235000	3000_Vegetables	Water chestnut	72	5	A	1
75223010	3000_Vegetables	Peas, cowpeas, field peas, or blackeye peas, not dried, cooked, NS as to form, fat not added in cooking	72	5	A	1
75226023	3000_Vegetables	Peppers, green, cooked, made with margarine	72	4	B	4
75340022	3000_Vegetables	Vegetable combinations, Asian style, broccoli, green pepper, water chestnut, etc., cooked, made with butter	72	4.5	B	1
74504123	3000_Vegetables	Tomato and onion, cooked, made with margarine	72	4	B	4
75221040	3000_Vegetables	Onions, green, cooked, NS as to form, NS as to fat added in cooking	72	4.5	B	3
75221060	3000_Vegetables	Onions, green, cooked, NS as to form, fat added in cooking	72	4.5	B	3
75221016	3000_Vegetables	Onions, cooked, NS as to form, made with margarine	72	4.5	B	1
75223032	3000_Vegetables	Peas, cowpeas, field peas, or blackeye peas, not dried, cooked, from frozen, made with margarine	71	5	A	1
75214034	3000_Vegetables	Cauliflower, cooked, from canned, made with butter	71	4.5	A	3
75306998	3000_Vegetables	Green peppers and onions, cooked, fat not added in cooking	71	4.5	B	1
75221025	3000_Vegetables	Onions, cooked, from frozen, made with margarine	71	4.5	B	1
75317020	3000_Vegetables	Vegetables, stew type, cooked, fat not added in cooking	71	4.5	A	1
75340000	3000_Vegetables	Vegetable combinations, Asian style, broccoli, green pepper, water chestnut, etc., cooked, NS as to fat added in co	71	4.5	B	3
75340020	3000_Vegetables	Vegetable combinations, Asian style, broccoli, green pepper, water chestnut, etc., cooked, fat added in cooking, NS	71	4.5	B	3
75233003	3000_Vegetables	Squash, summer, yellow or green, cooked, from canned, NS as to fat added in cooking	71	4.5	A	3
75233023	3000_Vegetables	Squash, summer, yellow or green, cooked, from canned, fat added in cooking, NS as to type of fat	71	4.5	A	3
73201034	3000_Vegetables	Pumpkin, cooked, from canned, made with butter	71	4.5	A	2
75233002	3000_Vegetables	Squash, summer, yellow or green, cooked, from frozen, NS as to fat added in cooking	71	4.5	B	3
75233022	3000_Vegetables	Squash, summer, yellow or green, cooked, from frozen, fat added in cooking, NS as to type of fat	71	4.5	B	3
75233000	3000_Vegetables	Squash, summer, yellow or green, cooked, NS as to form, NS as to fat added in cooking	71	4.5	B	3
75233020	3000_Vegetables	Squash, summer, yellow or green, cooked, NS as to form, fat added in cooking, NS as to type of fat	71	4.5	B	3
73102203	3000_Vegetables	Carrots, cooked, from canned, NS as to fat added in cooking	70	4	B	3
73102223	3000_Vegetables	Carrots, cooked, from canned, fat added in cooking, NS as to type of fat	70	4	B	3
75214028	3000_Vegetables	Cauliflower, cooked, from fresh, made with butter	70	4.5	A	2
73201025	3000_Vegetables	Pumpkin, cooked, NS as to form, made with butter	70	4.5	B	2
73201028	3000_Vegetables	Pumpkin, cooked, from fresh, made with butter	70	4.5	B	2
73201031	3000_Vegetables	Pumpkin, cooked, from frozen, made with butter	70	4.5	B	2
75215100	3000_Vegetables	Fennel bulb, cooked, NS as to fat added in cooking	70	4	B	3
75215120	3000_Vegetables	Fennel bulb, cooked, fat added in cooking, NS as to type of fat	70	4	B	3
73111213	3000_Vegetables	Peas and carrots, cooked, from canned, fat not added in cooking	70	4.5	A	3
75231027	3000_Vegetables	Snowpea, cooked, from fresh, made with butter	70	4.5	A	2
73301000	3000_Vegetables	Squash, winter type, mashed, NS as to fat or sugar added in cooking	70	4.5	A	3
73301020	3000_Vegetables	Squash, winter type, mashed, fat added in cooking, no sugar added in cooking	70	4.5	A	3
73303020	3000_Vegetables	Squash, winter type, baked, fat added in cooking, no sugar added in cooking, NS as to type of fat	70	4.5	A	3
73303000	3000_Vegetables	Squash, winter type, baked, NS as to fat or sugar added in cooking	70	4.5	A	3
75218009	3000_Vegetables	Kohlrabi, cooked, NS as to fat added in cooking	70	4.5	B	1
75204029	3000_Vegetables	Beans, lima, immature, cooked, from fresh, made with margarine	70	5	A	1
73403000	3000_Vegetables	Sweet potato, baked, peel not eaten, NS as to fat added in cooking	70	4.5	B	3
75330153	3000_Vegetables	Vegetable combination, excluding carrots, broccoli, and dark-green leafy; cooked, no sauce, made with margarine	70	4.5	A	3
75214023	3000_Vegetables	Cauliflower, cooked, from canned, fat added in cooking, NS as to type of fat	70	4.5	B	3
71704000	3000_Vegetables	Stewed potatoes with tomatoes	70	4.5	B	2
75224042	3000_Vegetables	Peas, green, cooked, NS as to form, made with margarine	70	5	A	1
75221030	3000_Vegetables	Onions, pearl, cooked, NS as to form	69	4.5	B	1
75221032	3000_Vegetables	Onions, pearl, cooked, from frozen	69	4.5	B	1
75315123	3000_Vegetables	Peas and onions, cooked, made with margarine	69	4.5	A	1
75315021	3000_Vegetables	Peas and corn, cooked, made with oil	69	4.5	A	1
74505023	3000_Vegetables	Tomato with corn and okra, cooked, made with margarine	69	4.5	B	4
75206021	3000_Vegetables	Beans, string, yellow, cooked, from fresh, fat added in cooking, NS as to type of fat	69	4.5	A	3
75315250	3000_Vegetables	Cowpeas with snap beans, cooked, fat not added in cooking	69	4.5	A	1
73410310	3000_Vegetables	Sweet potato fries, frozen, fried	69	4.5	B	3
75221010	3000_Vegetables	Onions, cooked, NS as to form, fat not added in cooking	69	4.5	A	1
75222023	3000_Vegetables	Parsnips, cooked, made with margarine	69	4.5	B	1
75223033	3000_Vegetables	Peas, cowpeas, field peas, or blackeye peas, not dried, cooked, from canned, made with oil	69	5	A	2
75231024	3000_Vegetables	Snowpea, cooked, NS as to form, made with butter	69	4.5	A	1
75231030	3000_Vegetables	Snowpea, cooked, from frozen, made with butter	69	4.5	A	1
75201002	3000_Vegetables	Artichoke, cooked, from frozen, NS as to fat added in cooking	68	4.5	A	1
75201020	3000_Vegetables	Artichoke, cooked, NS as to form, fat added in cooking, NS as to type of fat	68	4.5	A	1
75201022	3000_Vegetables	Artichoke, cooked, from frozen, fat added in cooking, NS as to type of fat	68	4.5	A	1
75233028	3000_Vegetables	Squash, summer, yellow or green, cooked, from fresh, made with butter	68	4	B	2
75204011	3000_Vegetables	Beans, lima, immature, cooked, from fresh, fat not added in cooking	68	5	A	1
75510020	3000_Vegetables	Olives, black	68	3.5	C	3
75223029	3000_Vegetables	Peas, cowpeas, field peas, or blackeye peas, not dried, cooked, from fresh, made with margarine	68	5	A	1
75200110	3000_Vegetables	Vegetables, NS as to type, cooked, fat not added in cooking	68	5	A	1
75311010	3000_Vegetables	Mixed vegetables, cooked, NS as to form, fat not added in cooking	68	5	A	1
75311012	3000_Vegetables	Mixed vegetables, cooked, from frozen, fat not added in cooking	68	5	A	1
75212022	3000_Vegetables	Cabbage, red, cooked, made with butter	68	4	B	1
75215040	3000_Vegetables	Celery, cooked, made with butter	68	4	B	2
75211010	3000_Vegetables	Cabbage, green, cooked, NS as to fat added in cooking	68	4	B	3
75211030	3000_Vegetables	Cabbage, green, cooked, fat added in cooking, NS as to type of fat	68	4	B	3
75224049	3000_Vegetables	Peas, green, cooked, from canned, made with oil	68	5	A	1
75510030	3000_Vegetables	Olives, green, stuffed	68	3	C	3
75315110	3000_Vegetables	Peas and onions, cooked, fat not added in cooking	68	4.5	A	1
75223011	3000_Vegetables	Peas, cowpeas, field peas, or blackeye peas, not dried, cooked, from fresh, fat not added in cooking	68	5	A	1
75208013	3000_Vegetables	Beets, cooked, from canned, fat not added in cooking	68	4	B	3
75316020	3000_Vegetables	Squash, summer, yellow or green, and onions, cooked, fat added in cooking	68	4.5	B	3
75201001	3000_Vegetables	Artichoke, cooked, from fresh, NS as to fat added in cooking	68	5	A	1
74205020	3000_Vegetables	Tomato, green, pickled	68	4.5	B	1
75205002	3000_Vegetables	Beans, string, cooked, from frozen, NS as to color, NS as to fat added in cooking	68	4.5	A	1
74504100	3000_Vegetables	Tomato and onion, cooked, NS as to fat added in cooking	68	4	B	3
74504120	3000_Vegetables	Tomato and onion, cooked, fat added in cooking, NS as to type of fat	68	4	B	3
75215122	3000_Vegetables	Fennel bulb, cooked, made with butter	68	4	B	1
73102202	3000_Vegetables	Carrots, cooked, from frozen, NS as to fat added in cooking	68	4.5	B	3
73102222	3000_Vegetables	Carrots, cooked, from frozen, fat added in cooking, NS as to type of fat	68	4.5	B	3
75215509	3000_Vegetables	Christophine, cooked, NS as to fat added in cooking	67	4.5	A	3
75215511	3000_Vegetables	Christophine, cooked, fat added in cooking	67	4.5	A	3
71103135	3000_Vegetables	Potato, boiled, from fresh, peel eaten, made with oil	67	4.5	A	2
71104070	3000_Vegetables	Potato, roasted, from fresh, peel eaten, made with oil	67	4.5	A	2
73102200	3000_Vegetables	Carrots, cooked, NS as to form, NS as to fat added in cooking	67	4.5	B	3
73102220	3000_Vegetables	Carrots, cooked, NS as to form, fat added in cooking, NS as to type of fat	67	4.5	B	3

foodcode	level1nd	Description	Food Compass Score	Health Star Rating	Nutri-Score	NOVA Category
73102201	3000_Vegetables	Carrots, cooked, from fresh, NS as to fat added in cooking	67	4.5	B	3
73102221	3000_Vegetables	Carrots, cooked, from fresh, fat added in cooking, NS as to type of fat	67	4.5	B	3
75225010	3000_Vegetables	Pigeon peas, cooked, NS as to form, fat not added in cooking	67	5	A	1
75225011	3000_Vegetables	Pigeon peas, cooked, from fresh, fat not added in cooking	67	5	A	1
75225013	3000_Vegetables	Pigeon peas, cooked, from canned, fat not added in cooking	67	5	A	1
75206002	3000_Vegetables	Beans, string, yellow, cooked, from frozen, NS as to fat added in cooking	67	4.5	A	1
75218011	3000_Vegetables	Kohlrabi, cooked, fat added in cooking	67	4.5	B	3
75511020	3000_Vegetables	Peppers, pickled	67	4.5	A	3
75216321	3000_Vegetables	Corn, yellow, canned, low sodium, made with oil	67	4.5	A	3
74503010	3000_Vegetables	Tomato and corn, cooked, fat not added in cooking	67	4	B	3
75512010	3000_Vegetables	Radishes, pickled, Hawaiian style	67	4	C	4
75224110	3000_Vegetables	Peas, green, canned, low sodium, NS as to fat added in cooking	67	5	A	3
75208010	3000_Vegetables	Beets, cooked, NS as to form, fat not added in cooking	67	4.5	B	1
75208011	3000_Vegetables	Beets, cooked, from fresh, fat not added in cooking	67	4.5	B	1
75208012	3000_Vegetables	Beets, cooked, from frozen, fat not added in cooking	67	4.5	B	1
73405010	3000_Vegetables	Sweet potato, boiled, fat not added in cooking	67	4.5	B	1
75224130	3000_Vegetables	Peas, green, canned, low sodium, fat added in cooking, NS as to type of fat	67	5	A	3
75206034	3000_Vegetables	Beans, string, yellow, cooked, from fresh, made with butter	67	4.5	A	1
75315313	3000_Vegetables	Peas and potatoes, cooked, made with margarine	67	4.5	A	1
75109600	3000_Vegetables	Corn, raw	67	4.5	A	1
75204980	3000_Vegetables	Beans, string, cooked, NS as to form, NS as to color, fat added in cooking, NS as to type of fat	67	4.5	A	3
75205000	3000_Vegetables	Beans, string, cooked, NS as to form, NS as to color, NS as to fat added in cooking	67	4.5	A	3
75205010	3000_Vegetables	Beans, string, green, cooked, NS as to form, NS as to fat added in cooking	67	4.5	A	3
75205030	3000_Vegetables	Beans, string, green, cooked, NS as to form, fat added in cooking, NS as to type of fat	67	4.5	A	3
75510000	3000_Vegetables	Olives, NFS	66	3.5	C	3
75535000	3000_Vegetables	Zucchini, pickled	66	4.5	B	3
75221031	3000_Vegetables	Onions, pearl, cooked, from fresh	66	4.5	B	1
75221033	3000_Vegetables	Onions, pearl, cooked, from canned	66	4.5	B	1
73111235	3000_Vegetables	Peas and carrots, cooked, from canned, made with margarine	66	4.5	A	4
75302505	3000_Vegetables	Beans, string, green, and potatoes, cooked, fat not added in cooking	66	4.5	A	1
75201032	3000_Vegetables	Artichoke, cooked, NS as to form, made with butter	66	5	A	1
75201035	3000_Vegetables	Artichoke, cooked, from fresh, made with butter	66	5	A	1
75201041	3000_Vegetables	Artichoke, cooked, from frozen, made with butter	66	4.5	A	1
75233025	3000_Vegetables	Squash, summer, yellow or green, cooked, NS as to form, made with butter	66	4	B	2
75233031	3000_Vegetables	Squash, summer, yellow or green, cooked, from frozen, made with butter	66	4	B	1
75204983	3000_Vegetables	Beans, string, cooked, from canned, NS as to color, fat added in cooking, NS as to type of fat	66	4	B	3
75205003	3000_Vegetables	Beans, string, cooked, from canned, NS as to color, NS as to fat added in cooking	66	4	B	3
75315999	3000_Vegetables	Squash, summer, yellow or green, and onions, cooked, NS as to fat added in cooking	66	4.5	B	3
75223035	3000_Vegetables	Peas, cowpeas, field peas, or blackeye peas, not dried, cooked, from canned, made with margarine	66	5	A	1
75205013	3000_Vegetables	Beans, string, green, cooked, from canned, NS as to fat added in cooking	66	4	B	3
75205033	3000_Vegetables	Beans, string, green, cooked, from canned, fat added in cooking, NS as to type of fat	66	4	B	3
75201000	3000_Vegetables	Artichoke, cooked, NS as to form, NS as to fat added in cooking	66	4.5	A	3
75201003	3000_Vegetables	Artichoke, cooked, from canned, NS as to fat added in cooking	66	4.5	A	3
75201023	3000_Vegetables	Artichoke, cooked, from canned, fat added in cooking, NS as to type of fat	66	4.5	A	3
71103030	3000_Vegetables	Potato, boiled, from fresh, peel not eaten, made with oil	66	4.5	B	2
71104130	3000_Vegetables	Potato, roasted, from fresh, peel not eaten, made with oil	66	4.5	B	2
73303022	3000_Vegetables	Squash, winter type, baked, no sugar added in cooking, made with butter	66	4.5	B	2
75211032	3000_Vegetables	Cabbage, green, cooked, made with butter	66	4	B	2
75330140	3000_Vegetables	Vegetable combination, excluding carrots, broccoli, and dark-green leafy; cooked, no sauce, fat not added in cooki	66	4.5	A	1
75510010	3000_Vegetables	Olives, green	65	2.5	C	3
71910310	3000_Vegetables	Pickled green bananas, Puerto Rican style	65	3.5	C	2
73421000	3000_Vegetables	Sweet potato, yellow, Puerto Rican, cooked	65	4	B	1
75226040	3000_Vegetables	Peppers, red, cooked, NS as to fat added in cooking	65	4	B	3
75226060	3000_Vegetables	Peppers, red, cooked, fat added in cooking, NS as to type of fat	65	4	B	3
73111201	3000_Vegetables	Peas and carrots, cooked, from fresh, NS as to fat added in cooking	65	4.5	A	3
73111221	3000_Vegetables	Peas and carrots, cooked, from fresh, fat added in cooking, NS as to type of fat	65	4.5	A	3
75206010	3000_Vegetables	Beans, string, yellow, cooked, NS as to form, fat not added in cooking	65	4.5	A	3
75221011	3000_Vegetables	Onions, cooked, from fresh, fat not added in cooking	65	4.5	B	1
71910210	3000_Vegetables	Green banana, fried	65	4	B	2
75204024	3000_Vegetables	Beans, lima, immature, cooked, NS as to form, made with oil	65	5	A	1
75206000	3000_Vegetables	Beans, string, yellow, cooked, NS as to form, NS as to fat added in cooking	65	4.5	A	3
75206020	3000_Vegetables	Beans, string, yellow, cooked, NS as to form, fat added in cooking, NS as to type of fat	65	4.5	A	3
71603010	3000_Vegetables	Potato salad, made with mayonnaise	65	4	B	3
71603030	3000_Vegetables	Potato salad, made with creamy dressing	65	4	B	3
75201021	3000_Vegetables	Artichoke, cooked, from fresh, fat added in cooking, NS as to type of fat	65	5	A	3
75204982	3000_Vegetables	Beans, string, cooked, from frozen, NS as to color, fat added in cooking, NS as to type of fat	65	4.5	A	3
75205012	3000_Vegetables	Beans, string, green, cooked, from frozen, NS as to fat added in cooking	65	4.5	A	3
75205032	3000_Vegetables	Beans, string, green, cooked, from frozen, fat added in cooking, NS as to type of fat	65	4.5	A	3
71703990	3000_Vegetables	Stewed potatoes	65	4.5	B	2
75206022	3000_Vegetables	Beans, string, yellow, cooked, from frozen, fat added in cooking, NS as to type of fat	65	4.5	A	3
71905110	3000_Vegetables	Fried ripe plantain, Puerto Rican style	65	4	C	2
75234002	3000_Vegetables	Turnip, cooked, from frozen, NS as to fat added in cooking	65	4	B	1
75234020	3000_Vegetables	Turnip, cooked, NS as to form, fat added in cooking, NS as to type of fat	65	4	B	1
73403023	3000_Vegetables	Sweet potato, baked, peel not eaten, made with margarine	65	4.5	A	4
75224022	3000_Vegetables	Peas, green, cooked, from frozen, fat not added in cooking	64	5	A	1
75223013	3000_Vegetables	Peas, cowpeas, field peas, or blackeye peas, not dried, cooked, from canned, fat not added in cooking	64	5	A	1
75224020	3000_Vegetables	Peas, green, cooked, NS as to form, fat not added in cooking	64	5	A	1
75502010	3000_Vegetables	Cauliflower, pickled	64	4	B	3
73111200	3000_Vegetables	Peas and carrots, cooked, NS as to form, NS as to fat added in cooking	64	4.5	A	3
73111202	3000_Vegetables	Peas and carrots, cooked, from frozen, NS as to fat added in cooking	64	4.5	A	3
73111220	3000_Vegetables	Peas and carrots, cooked, NS as to form, fat added in cooking, NS as to type of fat	64	4.5	A	3
73111222	3000_Vegetables	Peas and carrots, cooked, from frozen, fat added in cooking, NS as to type of fat	64	4.5	A	3
71401010	3000_Vegetables	Potato, french fries, from fresh, fried	64	4	B	2
75315300	3000_Vegetables	Peas and potatoes, cooked, fat not added in cooking	64	4.5	A	1
73410320	3000_Vegetables	Sweet potato fries, frozen, baked	64	4.5	B	4
73410500	3000_Vegetables	Sweet potato fries, school	64	4.5	B	4
73420200	3000_Vegetables	Sweet potato tots, school	64	4.5	B	4
75224132	3000_Vegetables	Peas, green, canned, low sodium, made with butter	64	5	A	2
75204030	3000_Vegetables	Beans, lima, immature, cooked, from frozen, made with oil	64	5	A	2
71905000	3000_Vegetables	Ripe plantain, raw	64	4	B	1
75503085	3000_Vegetables	Ginger root, pickled	64	3.5	B	4
75209499	3000_Vegetables	Burdock, cooked, NS as to fat added in cooking	64	4	B	1
75209501	3000_Vegetables	Burdock, cooked, fat added in cooking	64	4	B	1
75201038	3000_Vegetables	Artichoke, cooked, from canned, made with butter	64	4.5	A	3
75204981	3000_Vegetables	Beans, string, cooked, from fresh, NS as to color, fat added in cooking, NS as to type of fat	63	4.5	A	3
75205001	3000_Vegetables	Beans, string, cooked, from fresh, NS as to color, NS as to fat added in cooking	63	4.5	A	3
75205011	3000_Vegetables	Beans, string, green, cooked, from fresh, NS as to fat added in cooking	63	4.5	A	3
75205031	3000_Vegetables	Beans, string, green, cooked, from fresh, fat added in cooking, NS as to type of fat	63	4.5	A	3
73111225	3000_Vegetables	Peas and carrots, cooked, NS as to form, made with butter	63	4.5	A	2
73111228	3000_Vegetables	Peas and carrots, cooked, from fresh, made with butter	63	4.5	A	2
73111231	3000_Vegetables	Peas and carrots, cooked, from frozen, made with butter	63	4.5	A	2
75206003	3000_Vegetables	Beans, string, yellow, cooked, from canned, NS as to fat added in cooking	63	4	C	3
75206023	3000_Vegetables	Beans, string, yellow, cooked, from canned, fat added in cooking, NS as to type of fat	63	4	C	3
73407050	3000_Vegetables	Sweet potato, canned, fat not added in cooking	63	4.5	B	1

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75233034	3000_Vegetables	Squash, summer, yellow or green, cooked, from canned, made with butter	63	4	B	3
75208100	3000_Vegetables	Beets, canned, low sodium, NS as to fat added in cooking	63	4.5	B	3
75208120	3000_Vegetables	Beets, canned, low sodium, fat added in cooking, NS as to type of fat	63	4.5	B	3
71401015	3000_Vegetables	Potato, french fries, from fresh, baked	63	4	B	2
75226000	3000_Vegetables	Peppers, green, cooked, NS as to fat added in cooking	63	4	B	3
75226020	3000_Vegetables	Peppers, green, cooked, fat added in cooking, NS as to type of fat	63	4	B	3
71403500	3000_Vegetables	Potato, home fries, with vegetables	63	4	C	2
74505000	3000_Vegetables	Tomato with corn and okra, cooked, NS as to fat added in cooking	63	4.5	A	3
74505020	3000_Vegetables	Tomato with corn and okra, cooked, fat added in cooking, NS as to type of fat	63	4.5	A	3
75311003	3000_Vegetables	Mixed vegetables, cooked, from canned, NS as to fat added in cooking	63	4.5	A	3
75311023	3000_Vegetables	Mixed vegetables, cooked, from canned, fat added in cooking, NS as to type of fat	63	4.5	A	3
73405000	3000_Vegetables	Sweet potato, boiled, NS as to fat added in cooking	63	4	B	3
73405020	3000_Vegetables	Sweet potato, boiled, fat added in cooking, NS as to type of fat	63	4	B	3
73401000	3000_Vegetables	Sweet potato, NFS	63	4	B	3
75204033	3000_Vegetables	Beans, lima, immature, cooked, from canned, made with oil	63	5	A	3
75302200	3000_Vegetables	Beans, string, green, with onions, NS as to fat added in cooking	62	4.5	B	3
75302210	3000_Vegetables	Beans, string, green, with onions, cooked, fat added in cooking, NS as to type of fat	62	4.5	B	3
71900200	3000_Vegetables	Plantain, fried, NS as to green or ripe	62	4	C	2
75233200	3000_Vegetables	Squash, spaghetti, cooked, NS as to fat added in cooking	62	4.5	A	1
75311026	3000_Vegetables	Mixed vegetables, cooked, NS as to form, made with margarine	62	5	A	4
75311029	3000_Vegetables	Mixed vegetables, cooked, from frozen, made with margarine	62	5	A	4
73102218	3000_Vegetables	Carrots, cooked, from fresh, made with butter	62	4.5	B	2
75234000	3000_Vegetables	Turnip, cooked, NS as to form, NS as to fat added in cooking	62	4	B	3
75234003	3000_Vegetables	Turnip, cooked, from canned, NS as to fat added in cooking	62	4	B	3
75311031	3000_Vegetables	Mixed vegetables, cooked, from canned, made with butter	62	4.5	A	2
73102228	3000_Vegetables	Carrots, cooked, from canned, made with butter	62	4	B	2
75234022	3000_Vegetables	Turnip, cooked, from frozen, fat added in cooking, NS as to type of fat	62	4	B	3
75228000	3000_Vegetables	Rutabaga, cooked, NS as to fat added in cooking	62	4.5	B	3
75228020	3000_Vegetables	Rutabaga, cooked, fat added in cooking, NS as to type of fat	62	4.5	B	3
75303021	3000_Vegetables	Corn with peppers, red or green, cooked, made with oil	62	4.5	B	2
75222010	3000_Vegetables	Parsnips, cooked, fat not added in cooking	62	4.5	A	1
71602950	3000_Vegetables	Potato salad, from restaurant	61	4	C	3
73407060	3000_Vegetables	Sweet potato, canned, fat added in cooking	61	4	C	3
71900100	3000_Vegetables	Plantain, boiled, NS as to green or ripe	61	4	B	1
71901010	3000_Vegetables	Green plantains, boiled	61	4	B	1
75216310	3000_Vegetables	Corn, yellow, canned, low sodium, fat not added in cooking	61	4.5	A	3
75208112	3000_Vegetables	Beets, canned, low sodium, made with butter	61	4.5	B	3
75224011	3000_Vegetables	Peas, green, cooked, from fresh, NS as to fat added in cooking	61	5	A	3
75224031	3000_Vegetables	Peas, green, cooked, from fresh, fat added in cooking, NS as to type of fat	61	5	A	3
75316023	3000_Vegetables	Squash, summer, yellow or green, and onions, cooked, made with butter	61	4	B	2
75218500	3000_Vegetables	Lotus root, cooked, fat not added in cooking	61	4.5	B	1
75219040	3000_Vegetables	Mushrooms, cooked, from canned, made with butter	61	4	C	3
75204961	3000_Vegetables	Beans, string, cooked, NS as to form, NS as to color, made with butter	61	4.5	A	1
73420020	3000_Vegetables	Sweet potato tots, from frozen, baked	61	4	C	4
73102215	3000_Vegetables	Carrots, cooked, NS as to form, made with butter	61	4.5	B	2
73102225	3000_Vegetables	Carrots, cooked, from frozen, made with butter	61	4.5	B	2
73407000	3000_Vegetables	Sweet potato, canned, NS as to fat added in cooking	61	4	C	3
75206031	3000_Vegetables	Beans, string, yellow, cooked, NS as to form, made with butter	60	4.5	A	1
75204026	3000_Vegetables	Beans, lima, immature, cooked, NS as to form, made with margarine	60	5	A	1
75315010	3000_Vegetables	Peas and corn, cooked, fat not added in cooking	60	4.5	A	1
71403040	3000_Vegetables	Potato, home fries, from fresh	60	4	C	2
75307003	3000_Vegetables	Green peppers and onions, cooked, made with margarine	60	4.5	B	4
71905120	3000_Vegetables	Plantain, ripe, rolled in flour, fried	60	4	C	2
73303040	3000_Vegetables	Squash, winter type, baked, no fat added in cooking, sugar added in cooking	60	4.5	B	2
71403020	3000_Vegetables	Potato, home fries, NFS	60	4	C	2
75226062	3000_Vegetables	Peppers, red, cooked, made with butter	60	4	B	2
75234031	3000_Vegetables	Turnip, cooked, from frozen, made with butter	60	4	B	1
75234034	3000_Vegetables	Turnip, cooked, NS as to form, made with butter	60	4	B	1
71405010	3000_Vegetables	Potato, hash brown, from fresh	60	4	C	2
71103125	3000_Vegetables	Potato, boiled, from fresh, peel eaten, fat not added in cooking	59	4.5	A	1
71104050	3000_Vegetables	Potato, roasted, from fresh, peel eaten, fat not added in cooking	59	4.5	A	1
71601030	3000_Vegetables	Potato salad with egg, made with creamy dressing	59	4	B	3
75205042	3000_Vegetables	Beans, string, green, cooked, NS as to form, made with butter	59	4.5	A	2
74205011	3000_Vegetables	Tomatoes, green, cooked, from fresh	59	4	C	2
75225016	3000_Vegetables	Pigeon peas, cooked, from fresh, NS as to fat added in cooking	59	5	A	1
75225017	3000_Vegetables	Pigeon peas, cooked, from fresh, fat added in cooking	59	5	A	1
74504122	3000_Vegetables	Tomato and onion, cooked, made with butter	59	4	B	2
75216174	3000_Vegetables	Corn, yellow and white, cooked, NS as to form, made with oil	59	4.5	A	1
74505022	3000_Vegetables	Tomato with corn and okra, cooked, made with butter	59	4	B	2
75204970	3000_Vegetables	Beans, string, cooked, from canned, NS as to color, made with butter	59	4	B	2
75205051	3000_Vegetables	Beans, string, green, cooked, from canned, made with butter	59	4	B	2
75204964	3000_Vegetables	Beans, string, cooked, from fresh, NS as to color, made with butter	59	4.5	A	2
75205045	3000_Vegetables	Beans, string, green, cooked, from fresh, made with butter	59	4.5	A	2
75303010	3000_Vegetables	Corn with peppers, red or green, cooked, fat not added in cooking	59	4.5	B	1
75303023	3000_Vegetables	Corn with peppers, red or green, cooked, made with margarine	59	4.5	B	1
75216031	3000_Vegetables	Corn, cooked, from frozen, NS as to color, made with oil	59	4.5	A	1
73405023	3000_Vegetables	Sweet potato, boiled, made with margarine	59	4	B	4
71508001	3000_Vegetables	Potato, baked, peel eaten	58	4.5	A	1
75204967	3000_Vegetables	Beans, string, cooked, from frozen, NS as to color, made with butter	58	4.5	A	2
75205048	3000_Vegetables	Beans, string, green, cooked, from frozen, made with butter	58	4.5	A	2
75301121	3000_Vegetables	Beans, lima and corn, cooked, made with oil	58	5	A	2
75315200	3000_Vegetables	Peas and mushrooms, cooked, NS as to fat added in cooking	58	4.5	A	3
75315215	3000_Vegetables	Peas and mushrooms, cooked, fat added in cooking, NS as to type of fat	58	4.5	A	3
75223002	3000_Vegetables	Peas, cowpeas, field peas, or blackeye peas, not dried, cooked, from frozen, NS as to fat added in cooking	58	5	A	3
75223022	3000_Vegetables	Peas, cowpeas, field peas, or blackeye peas, not dried, cooked, from frozen, fat added in cooking, NS as to type of f	58	5	A	3
75206037	3000_Vegetables	Beans, string, yellow, cooked, from frozen, made with butter	58	4.5	A	2
71600950	3000_Vegetables	Potato salad with egg, from restaurant	58	4	C	3
75224023	3000_Vegetables	Peas, green, cooked, from canned, fat not added in cooking	58	5	A	3
75233223	3000_Vegetables	Squash, spaghetti, cooked, made with margarine	58	4	B	4
75234001	3000_Vegetables	Turnip, cooked, from fresh, NS as to fat added in cooking	58	4	B	3
75234021	3000_Vegetables	Turnip, cooked, from fresh, fat added in cooking, NS as to type of fat	58	4	B	3
75234023	3000_Vegetables	Turnip, cooked, from canned, fat added in cooking, NS as to type of fat	58	4	B	3
75224044	3000_Vegetables	Peas, green, cooked, from fresh, made with butter	58	5	A	2
75223001	3000_Vegetables	Peas, cowpeas, field peas, or blackeye peas, not dried, cooked, from fresh, NS as to fat added in cooking	58	5	A	3
75216177	3000_Vegetables	Corn, yellow and white, cooked, from fresh, made with oil	58	4.5	A	2
71603015	3000_Vegetables	Potato salad, made with light mayonnaise	58	4	B	3
71603025	3000_Vegetables	Potato salad, made with light mayonnaise-type salad dressing	58	4	B	3
75223000	3000_Vegetables	Peas, cowpeas, field peas, or blackeye peas, not dried, cooked, NS as to form, NS as to fat added in cooking	58	5	A	3
75223020	3000_Vegetables	Peas, cowpeas, field peas, or blackeye peas, not dried, cooked, NS as to form, fat added in cooking, NS as to type o	58	5	A	3
75228022	3000_Vegetables	Rutabaga, cooked, made with butter	58	4	B	2
75204035	3000_Vegetables	Beans, lima, immature, cooked, from canned, made with margarine	58	5	A	3
75307000	3000_Vegetables	Green peppers and onions, cooked, fat added in cooking, NS as to type of fat	58	4.5	B	3
71410000	3000_Vegetables	Potato skins without topping	58	4	C	2
71930190	3000_Vegetables	Yuca fries	58	4	C	2

foodcode	level1nd	Description	Food Compass Score	Health Star Rating	Nutri-Score	NOVA Category
75216024	3000_Vegetables	Corn, cooked, NS as to form, NS as to color, made with oil	57	4.5	A	2
75216131	3000_Vegetables	Corn, yellow, cooked, NS as to form, made with oil	57	4.5	A	2
75216137	3000_Vegetables	Corn, yellow, cooked, from frozen, made with oil	57	4.5	A	2
71701000	3000_Vegetables	Potato pancake	57	4	B	2
75218400	3000_Vegetables	Leek, cooked, NS as to fat added in cooking	57	4	C	3
75216027	3000_Vegetables	Corn, cooked, from fresh, NS as to color, made with oil	57	4.5	A	2
75216134	3000_Vegetables	Corn, yellow, cooked, from fresh, made with oil	57	4.5	A	2
75204010	3000_Vegetables	Beans, lima, immature, cooked, NS as to form, fat not added in cooking	57	5	A	1
75204013	3000_Vegetables	Beans, lima, immature, cooked, from canned, fat not added in cooking	57	5	A	1
75216184	3000_Vegetables	Corn, yellow and white, cooked, from frozen, made with oil	57	4.5	A	1
75226022	3000_Vegetables	Peppers, green, cooked, made with butter	57	4	B	2
75204012	3000_Vegetables	Beans, lima, immature, cooked, from frozen, fat not added in cooking	57	5	A	1
77121110	3000_Vegetables	Potato and ham fritters, Puerto Rican style	57	4	C	2
75315251	3000_Vegetables	Cowpeas with snap beans, cooked, fat added in cooking	57	4.5	A	1
75302070	3000_Vegetables	Beans, string, green, with spaetzel, cooked, fat not added in cooking	57	4.5	A	1
73111203	3000_Vegetables	Peas and carrots, cooked, from canned, NS as to fat added in cooking	57	4.5	B	3
73111223	3000_Vegetables	Peas and carrots, cooked, from canned, fat added in cooking, NS as to type of fat	57	4.5	B	3
75315217	3000_Vegetables	Peas and mushrooms, cooked, made with butter	57	4.5	A	1
75503080	3000_Vegetables	Eggplant, pickled	57	2.5	C	3
71103010	3000_Vegetables	Potato, boiled, from fresh, peel not eaten, fat not added in cooking	57	4.5	A	1
71104120	3000_Vegetables	Potato, roasted, from fresh, peel not eaten, fat not added in cooking	57	4.5	A	1
73402022	3000_Vegetables	Sweet potato, baked, peel eaten, made with butter	57	4	B	2
75225014	3000_Vegetables	Pigeon peas, cooked, NS as to form, NS as to fat added in cooking	57	5	A	3
75225015	3000_Vegetables	Pigeon peas, cooked, NS as to form, fat added in cooking	57	5	A	3
75225018	3000_Vegetables	Pigeon peas, cooked, from canned, NS as to fat added in cooking	57	5	A	3
75225019	3000_Vegetables	Pigeon peas, cooked, from canned, fat added in cooking	57	5	A	3
75216227	3000_Vegetables	Corn, white, cooked, from fresh, made with oil	56	4.5	A	2
73403022	3000_Vegetables	Sweet potato, baked, peel not eaten, made with butter	56	4	B	2
75224048	3000_Vegetables	Peas, green, cooked, from frozen, made with margarine	56	5	A	4
75200122	3000_Vegetables	Vegetables, NS as to type, cooked, made with butter	56	4.5	A	1
75302513	3000_Vegetables	Beans, string, green, and potatoes, cooked, made with margarine	56	4.5	A	4
71603035	3000_Vegetables	Potato salad, made with light creamy dressing	56	4.5	B	3
71603040	3000_Vegetables	Potato salad, made with Italian dressing	56	4	B	3
71980100	3000_Vegetables	Poi	56	4.5	B	1
75223025	3000_Vegetables	Peas, cowpeas, field peas, or blackeye peas, not dried, cooked, NS as to form, made with butter	56	5	A	1
75221019	3000_Vegetables	Onions, cooked, from fresh, made with margarine	56	4.5	B	4
73111234	3000_Vegetables	Peas and carrots, cooked, from canned, made with butter	56	4.5	B	2
71101000	3000_Vegetables	Potato, baked, peel not eaten	56	4.5	B	1
71100100	3000_Vegetables	Potato, baked, NFS	56	4.5	B	1
71950010	3000_Vegetables	Tannier, cooked	56	5	A	1
74202051	3000_Vegetables	Tomatoes, red, from fresh, fried	56	4	C	2
74503009	3000_Vegetables	Tomato and corn, cooked, NS as to fat added in cooking	55	4	B	3
74503011	3000_Vegetables	Tomato and corn, cooked, fat added in cooking	55	4	B	3
75234028	3000_Vegetables	Turnip, cooked, from fresh, made with butter	55	4	B	2
75206040	3000_Vegetables	Beans, string, yellow, cooked, from canned, made with butter	55	4	B	3
73420010	3000_Vegetables	Sweet potato tots, from frozen, fried	55	4	C	4
73420030	3000_Vegetables	Sweet potato tots, from frozen, NS as to fried or baked	55	4	C	4
75311025	3000_Vegetables	Mixed vegetables, cooked, NS as to form, made with butter	55	4.5	A	2
75311028	3000_Vegetables	Mixed vegetables, cooked, from frozen, made with butter	55	4.5	A	2
75306999	3000_Vegetables	Green peppers and onions, cooked, NS as to fat added in cooking	55	4.5	B	3
71603020	3000_Vegetables	Potato salad, made with mayonnaise-type salad dressing	55	4	B	3
75216224	3000_Vegetables	Corn, white, cooked, NS as to form, made with oil	55	4.5	A	2
75216232	3000_Vegetables	Corn, white, cooked, from frozen, made with oil	55	4.5	A	2
71103105	3000_Vegetables	Potato, boiled, from fresh, peel eaten, NS as to fat added in cooking	55	4.5	B	3
71103115	3000_Vegetables	Potato, boiled, from fresh, peel eaten, fat added in cooking, NS as to type of fat	55	4.5	B	3
71104040	3000_Vegetables	Potato, roasted, from fresh, peel eaten, NS as to fat added in cooking	55	4.5	B	3
71104060	3000_Vegetables	Potato, roasted, from fresh, peel eaten, fat added in cooking, NS as to type of fat	55	4.5	B	3
75223031	3000_Vegetables	Peas, cowpeas, field peas, or blackeye peas, not dried, cooked, from frozen, made with butter	55	5	A	2
75200100	3000_Vegetables	Vegetables, NS as to type, cooked, NS as to fat added in cooking	55	5	A	3
75200120	3000_Vegetables	Vegetables, NS as to type, cooked, fat added in cooking, NS as to type of fat	55	5	A	3
75311000	3000_Vegetables	Mixed vegetables, cooked, NS as to form, NS as to fat added in cooking	55	5	A	3
75311002	3000_Vegetables	Mixed vegetables, cooked, from frozen, NS as to fat added in cooking	55	5	A	3
75311020	3000_Vegetables	Mixed vegetables, cooked, NS as to form, fat added in cooking, NS as to type of fat	55	5	A	3
75311022	3000_Vegetables	Mixed vegetables, cooked, from frozen, fat added in cooking, NS as to type of fat	55	5	A	3
75217000	3000_Vegetables	Eggplant, cooked, NS as to fat added in cooking	55	4	B	3
75217020	3000_Vegetables	Eggplant, cooked, fat added in cooking, NS as to type of fat	55	4	B	3
75317000	3000_Vegetables	Vegetables, stew type, cooked, NS as to fat added in cooking	54	4	B	3
75317010	3000_Vegetables	Vegetables, stew type, cooked, fat added in cooking, NS as to type of fat	54	4	B	3
75229010	3000_Vegetables	Salsify, cooked, fat not added in cooking	54	4.5	A	1
71103320	3000_Vegetables	Potato, canned, fat not added in cooking	54	4.5	A	1
71603045	3000_Vegetables	Potato salad, made with light Italian dressing	54	4	B	2
75204001	3000_Vegetables	Beans, lima, immature, cooked, from fresh, NS as to fat added in cooking	54	5	A	3
75204021	3000_Vegetables	Beans, lima, immature, cooked, from fresh, fat added in cooking, NS as to type of fat	54	5	A	3
75204023	3000_Vegetables	Beans, lima, immature, cooked, from canned, fat added in cooking, NS as to type of fat	54	5	A	3
75234025	3000_Vegetables	Turnip, cooked, from canned, made with butter	54	4	B	3
71401031	3000_Vegetables	Potato, french fries, restaurant	54	4	B	1
71962040	3000_Vegetables	Taro, baked	54	4.5	B	1
75302212	3000_Vegetables	Beans, string, green, with onions, cooked, made with butter	54	4.5	B	2
71401000	3000_Vegetables	Potato, french fries, NS as to fresh or frozen	54	4	C	3
71400990	3000_Vegetables	Potato, french fries, NFS	54	4	C	3
73420100	3000_Vegetables	Sweet potato tots, fast food / restaurant	54	4	C	4
75216029	3000_Vegetables	Corn, cooked, from fresh, NS as to color, made with margarine	54	4.5	A	1
71106000	3000_Vegetables	Stewed potatoes, Puerto Rican style	54	4	B	2
75204028	3000_Vegetables	Beans, lima, immature, cooked, from fresh, made with butter	53	5	A	1
75208520	3000_Vegetables	Breadfruit, fried	53	4.5	B	2
75216211	3000_Vegetables	Corn, white, cooked, from fresh, fat not added in cooking	53	4.5	A	1
75208002	3000_Vegetables	Beets, cooked, from frozen, NS as to fat added in cooking	53	4	B	1
75208022	3000_Vegetables	Beets, cooked, from frozen, fat added in cooking, NS as to type of fat	53	4	B	1
71962010	3000_Vegetables	Dasheen, boiled	53	4.5	A	1
71102980	3000_Vegetables	Potato, boiled, NFS	53	4.5	B	3
71102990	3000_Vegetables	Potato, boiled, ready-to-heat	53	4.5	B	3
71104030	3000_Vegetables	Potato, roasted, NFS	53	4.5	B	3
71104100	3000_Vegetables	Potato, roasted, from fresh, peel not eaten, NS as to fat added in cooking	53	4.5	B	3
71104110	3000_Vegetables	Potato, roasted, from fresh, peel not eaten, fat added in cooking, NS as to type of fat	53	4.5	B	3
71104200	3000_Vegetables	Potato, roasted, ready-to-heat	53	4.5	B	3
77121010	3000_Vegetables	Fried stuffed potatoes, Puerto Rican style	53	4	B	2
71103000	3000_Vegetables	Potato, boiled, from fresh, peel not eaten, NS as to fat added in cooking	53	4.5	B	3
71000100	3000_Vegetables	Potato, NFS	53	4.5	B	3
71103020	3000_Vegetables	Potato, boiled, from fresh, peel not eaten, fat added in cooking, NS as to type of fat	53	4.5	B	3
75317012	3000_Vegetables	Vegetables, stew type, cooked, made with butter	53	4	B	2
75216011	3000_Vegetables	Corn, cooked, from fresh, NS as to color, fat not added in cooking	53	4.5	A	1
75216111	3000_Vegetables	Corn, yellow, cooked, from fresh, fat not added in cooking	53	4.5	A	1
75223021	3000_Vegetables	Peas, cowpeas, field peas, or blackeye peas, not dried, cooked, from fresh, fat added in cooking, NS as to type of fa	53	4.5	A	3
75216171	3000_Vegetables	Corn, yellow and white, cooked, from fresh, fat not added in cooking	53	4.5	A	1

foodcode	level1nd	Description	Food Compass Score	Health Star Rating	Nutri-Score	NOVA Category
75216187	3000_Vegetables	Corn, yellow and white, cooked, from canned, made with oil	53	4.5	B	1
75221000	3000_Vegetables	Onions, cooked, NS as to form, NS as to fat added in cooking	52	4.5	B	3
75221002	3000_Vegetables	Onions, cooked, from frozen, NS as to fat added in cooking	52	4.5	B	3
75221020	3000_Vegetables	Onions, cooked, NS as to form, fat added in cooking, NS as to type of fat	52	4.5	B	3
75221022	3000_Vegetables	Onions, cooked, from frozen, fat added in cooking, NS as to type of fat	52	4.5	B	3
71945010	3000_Vegetables	Yam, cooked, Puerto Rican	52	4.5	A	1
75223023	3000_Vegetables	Peas, cowpeas, field peas, or blackeye peas, not dried, cooked, from canned, fat added in cooking, NS as to type of	52	5	A	3
75223003	3000_Vegetables	Peas, cowpeas, field peas, or blackeye peas, not dried, cooked, from canned, NS as to fat added in cooking	52	5	A	3
75216700	3000_Vegetables	Cucumber, cooked, NS as to fat added in cooking	52	4	C	3
75216720	3000_Vegetables	Cucumber, cooked, fat added in cooking, NS as to type of fat	52	4	C	3
71103300	3000_Vegetables	Potato, canned, NS as to fat added in cooking	52	4.5	B	3
71103310	3000_Vegetables	Potato, canned, fat added in cooking, NS as to type of fat	52	4.5	B	3
75534030	3000_Vegetables	Turnip, pickled	52	4	B	3
75315100	3000_Vegetables	Peas and onions, cooked, NS as to fat added in cooking	52	4.5	A	3
75315120	3000_Vegetables	Peas and onions, cooked, fat added in cooking, NS as to type of fat	52	4.5	A	3
75216176	3000_Vegetables	Corn, yellow and white, cooked, NS as to form, made with margarine	52	4.5	A	1
75216186	3000_Vegetables	Corn, yellow and white, cooked, from frozen, made with margarine	52	4.5	A	1
75315023	3000_Vegetables	Peas and corn, cooked, made with margarine	52	4.5	A	4
75224030	3000_Vegetables	Peas, green, cooked, NS as to form, fat added in cooking, NS as to type of fat	52	4.5	A	3
75216034	3000_Vegetables	Corn, cooked, from canned, NS as to color, made with oil	52	4	B	3
75216141	3000_Vegetables	Corn, yellow, cooked, from canned, made with oil	52	4	B	3
75208500	3000_Vegetables	Breadfruit, cooked, fat not added in cooking	52	4.5	B	1
75224012	3000_Vegetables	Peas, green, cooked, from frozen, NS as to fat added in cooking	52	4.5	A	3
75224032	3000_Vegetables	Peas, green, cooked, from frozen, fat added in cooking, NS as to type of fat	52	4.5	A	3
74204011	3000_Vegetables	Tomatoes, from fresh, stewed	52	4.5	B	3
75307002	3000_Vegetables	Green peppers and onions, cooked, made with butter	51	4	B	2
75208122	3000_Vegetables	Beets, cooked, NS as to form, made with butter	51	4	B	1
75208125	3000_Vegetables	Beets, cooked, from fresh, made with butter	51	4	B	1
75208128	3000_Vegetables	Beets, cooked, from frozen, made with butter	51	4	B	1
75221001	3000_Vegetables	Onions, cooked, from fresh, NS as to fat added in cooking	51	4.5	B	3
75221021	3000_Vegetables	Onions, cooked, from fresh, fat added in cooking, NS as to type of fat	51	4.5	B	3
75224010	3000_Vegetables	Peas, green, cooked, NS as to form, NS as to fat added in cooking	51	4.5	A	3
71601015	3000_Vegetables	Potato salad with egg, made with light mayonnaise	51	4.5	B	3
71601025	3000_Vegetables	Potato salad with egg, made with light mayonnaise-type salad dressing	51	4.5	B	3
71106010	3000_Vegetables	Potato only from Puerto Rican mixed dishes, gravy and other components reported separately	51	4.5	B	1
71601040	3000_Vegetables	Potato salad with egg, made with Italian dressing	51	4.5	B	2
75233210	3000_Vegetables	Squash, spaghetti, cooked, fat added in cooking, NS as to type of fat	51	4	B	3
71401033	3000_Vegetables	Potato, french fries, school	51	4	B	4
71601035	3000_Vegetables	Potato salad with egg, made with light creamy dressing	51	4.5	B	2
71505020	3000_Vegetables	Potato tots, school	51	4	B	4
75216234	3000_Vegetables	Corn, white, cooked, from frozen, made with margarine	51	4.5	A	1
75330130	3000_Vegetables	Vegetable combination, excluding carrots, broccoli, and dark-green leafy; cooked, no sauce, NS as to fat added in c	51	4.5	B	3
75330150	3000_Vegetables	Vegetable combination, excluding carrots, broccoli, and dark-green leafy; cooked, no sauce, fat added in cooking, N	51	4.5	B	3
75208000	3000_Vegetables	Beets, cooked, NS as to form, NS as to fat added in cooking	50	4	B	3
75208001	3000_Vegetables	Beets, cooked, from fresh, NS as to fat added in cooking	50	4	B	3
75208020	3000_Vegetables	Beets, cooked, NS as to form, fat added in cooking, NS as to type of fat	50	4	B	3
75208021	3000_Vegetables	Beets, cooked, from fresh, fat added in cooking, NS as to type of fat	50	4	B	3
75208003	3000_Vegetables	Beets, cooked, from canned, NS as to fat added in cooking	50	4	C	3
75208023	3000_Vegetables	Beets, cooked, from canned, fat added in cooking, NS as to type of fat	50	4	C	3
75223028	3000_Vegetables	Peas, cowpeas, field peas, or blackeye peas, not dried, cooked, from fresh, made with butter	50	4.5	A	2
73410400	3000_Vegetables	Sweet potato fries, fast food / restaurant	50	3.5	C	4
71601020	3000_Vegetables	Potato salad with egg, made with mayonnaise-type salad dressing	50	4.5	B	3
75301110	3000_Vegetables	Beans, lima and corn, cooked, fat not added in cooking	50	4.5	A	1
75216235	3000_Vegetables	Corn, white, cooked, from canned, made with oil	50	4.5	B	3
75224051	3000_Vegetables	Peas, green, cooked, from canned, made with margarine	50	4.5	A	4
75330152	3000_Vegetables	Vegetable combination, excluding carrots, broccoli, and dark-green leafy; cooked, no sauce, made with butter	50	4.5	B	2
75315000	3000_Vegetables	Peas and corn, cooked, NS as to fat added in cooking	49	4.5	A	3
75315020	3000_Vegetables	Peas and corn, cooked, fat added in cooking, NS as to type of fat	49	4.5	A	3
75315305	3000_Vegetables	Peas and potatoes, cooked, NS as to fat added in cooking	49	4.5	A	3
75315310	3000_Vegetables	Peas and potatoes, cooked, fat added in cooking, NS as to type of fat	49	4.5	A	3
71404050	3000_Vegetables	Potato, hash brown, from school lunch	49	4.5	A	4
75302069	3000_Vegetables	Beans, string, green, with spaetzel, cooked, NS as to fat added in cooking	49	4	B	1
75302071	3000_Vegetables	Beans, string, green, with spaetzel, cooked, fat added in cooking	49	4	B	1
75223034	3000_Vegetables	Peas, cowpeas, field peas, or blackeye peas, not dried, cooked, from canned, made with butter	49	5	A	2
75224041	3000_Vegetables	Peas, green, cooked, NS as to form, made with butter	49	4.5	A	2
75224047	3000_Vegetables	Peas, green, cooked, from frozen, made with butter	49	4.5	A	2
75221015	3000_Vegetables	Onions, cooked, NS as to form, made with butter	49	4.5	B	2
71910110	3000_Vegetables	Green banana, cooked in salt water	48	4	B	1
75216323	3000_Vegetables	Corn, yellow, canned, low sodium, made with margarine	48	4.5	A	4
75302500	3000_Vegetables	Beans, string, green, and potatoes, cooked, NS as to fat added in cooking	48	4	B	3
75302510	3000_Vegetables	Beans, string, green, and potatoes, cooked, fat added in cooking, NS as to type of fat	48	4	B	3
71403050	3000_Vegetables	Potato, home fries, ready-to-heat	48	4	C	4
75315312	3000_Vegetables	Peas and potatoes, cooked, made with butter	48	4.5	A	1
75221024	3000_Vegetables	Onions, cooked, from frozen, made with butter	48	4	B	1
75302512	3000_Vegetables	Beans, string, green, and potatoes, cooked, made with butter	48	4	B	2
75216189	3000_Vegetables	Corn, yellow and white, cooked, from canned, made with margarine	48	4.5	B	1
73301030	3000_Vegetables	Squash, winter type, mashed, fat and sugar added in cooking	48	4	B	3
75221018	3000_Vegetables	Onions, cooked, from fresh, made with butter	48	4	C	2
71103150	3000_Vegetables	Potato, boiled, from fresh, peel eaten, made with margarine	48	4.5	B	4
71104090	3000_Vegetables	Potato, roasted, from fresh, peel eaten, made with margarine	48	4.5	B	4
75216722	3000_Vegetables	Cucumber, cooked, made with butter	48	4	C	2
75224013	3000_Vegetables	Peas, green, cooked, from canned, NS as to fat added in cooking	48	4.5	A	3
75224033	3000_Vegetables	Peas, green, cooked, from canned, fat added in cooking, NS as to type of fat	48	4.5	A	3
73303030	3000_Vegetables	Squash, winter type, baked, fat and sugar added in cooking	48	4	B	3
75222022	3000_Vegetables	Parsnips, cooked, made with butter	48	4.5	B	2
75222000	3000_Vegetables	Parsnips, cooked, NS as to fat added in cooking	48	4.5	B	3
75222020	3000_Vegetables	Parsnips, cooked, fat added in cooking, NS as to type of fat	48	4.5	B	3
75515010	3000_Vegetables	Vegetable relish	48	4	C	3
73405022	3000_Vegetables	Sweet potato, boiled, made with butter	47	4	C	2
75208131	3000_Vegetables	Beets, cooked, from canned, made with butter	47	4	C	3
75216010	3000_Vegetables	Corn, cooked, NS as to form, NS as to color, fat not added in cooking	47	4.5	A	1
75216012	3000_Vegetables	Corn, cooked, from frozen, NS as to color, fat not added in cooking	47	4.5	A	1
75216110	3000_Vegetables	Corn, yellow, cooked, NS as to form, fat not added in cooking	47	4.5	A	1
75216112	3000_Vegetables	Corn, yellow, cooked, from frozen, fat not added in cooking	47	4.5	A	1
75204032	3000_Vegetables	Beans, lima, immature, cooked, from frozen, made with margarine	47	5	A	4
75229009	3000_Vegetables	Salsify, cooked, NS as to fat added in cooking	47	4.5	B	1
75229011	3000_Vegetables	Salsify, cooked, fat added in cooking	47	4.5	B	1
75209500	3000_Vegetables	Burdock, cooked, fat not added in cooking	47	4	B	1
75204020	3000_Vegetables	Beans, lima, immature, cooked, NS as to form, fat added in cooking, NS as to type of fat	47	5	A	1
75315122	3000_Vegetables	Peas and onions, cooked, made with butter	47	4.5	B	1
71905010	3000_Vegetables	Ripe plantain, boiled	47	4	C	1
71103050	3000_Vegetables	Potato, boiled, from fresh, peel not eaten, made with margarine	47	4.5	B	4
71104150	3000_Vegetables	Potato, roasted, from fresh, peel not eaten, made with margarine	47	4.5	B	4
71601045	3000_Vegetables	Potato salad with egg, made with light Italian dressing	46	4.5	B	2

foodcode	level1nd	Description	Food Compass Score	Health Star Rating	Nutri-Score	NOVA Category
71402500	3000_Vegetables	Potato, french fries, with cheese	46	4	C	2
71405019	3000_Vegetables	Potato, hash brown, from fresh, with cheese	46	4	C	2
71410500	3000_Vegetables	Potato skins, with cheese	46	4	C	2
71970110	3000_Vegetables	Starchy vegetables, NFS, Puerto Rican style	45	4.5	A	1
71970120	3000_Vegetables	Starchy vegetables, including tannier, white sweet potato and yam, with green or ripe plantains, Puerto Rican style	45	4.5	A	1
75216170	3000_Vegetables	Corn, yellow and white, cooked, NS as to form, fat not added in cooking	45	4.5	A	1
75216172	3000_Vegetables	Corn, yellow and white, cooked, from frozen, fat not added in cooking	45	4.5	A	1
71401032	3000_Vegetables	Potato, french fries, from frozen, fried	45	4	C	4
71602010	3000_Vegetables	Potato salad, German style	45	4.5	B	2
71930130	3000_Vegetables	Cassava, cooked, made with oil	45	4	B	2
71970130	3000_Vegetables	Starchy vegetables, including tannier, white sweet potato and yam, no plantain, Puerto Rican style	45	4.5	A	1
75216237	3000_Vegetables	Corn, white, cooked, from canned, made with margarine	45	4.5	B	3
71970200	3000_Vegetables	Fufu	45	4.5	A	4
75233222	3000_Vegetables	Squash, spaghetti, cooked, made with butter	45	4	B	2
75216300	3000_Vegetables	Corn, yellow, canned, low sodium, NS as to fat added in cooking	45	4.5	A	3
75216320	3000_Vegetables	Corn, yellow, canned, low sodium, fat added in cooking, NS as to type of fat	45	4.5	A	3
71404000	3000_Vegetables	Potato, hash brown, NFS	45	4	B	4
71405040	3000_Vegetables	Potato, hash brown, ready-to-heat	45	4	B	4
71405030	3000_Vegetables	Potato, hash brown, from dry mix	45	4	B	4
75315022	3000_Vegetables	Peas and corn, cooked, made with butter	45	4.5	A	2
75204022	3000_Vegetables	Beans, lima, immature, cooked, from frozen, fat added in cooking, NS as to type of fat	45	5	A	3
73102240	3000_Vegetables	Carrots, cooked, NS as to form, glazed	44	4	B	2
75204000	3000_Vegetables	Beans, lima, immature, cooked, NS as to form, NS as to fat added in cooking	44	5	A	3
75204003	3000_Vegetables	Beans, lima, immature, cooked, from canned, NS as to fat added in cooking	44	5	A	3
75204002	3000_Vegetables	Beans, lima, immature, cooked, from frozen, NS as to fat added in cooking	44	5	A	3
75217022	3000_Vegetables	Eggplant, cooked, made with butter	44	4	B	2
71901110	3000_Vegetables	Fried green plantain, Puerto Rican style	44	2	D	2
75303000	3000_Vegetables	Corn with peppers, red or green, cooked, NS as to fat added in cooking	44	4.5	B	3
75303020	3000_Vegetables	Corn with peppers, red or green, cooked, fat added in cooking, NS as to type of fat	44	4.5	B	3
75224050	3000_Vegetables	Peas, green, cooked, from canned, made with butter	44	4.5	A	2
71106070	3000_Vegetables	Potato from Puerto Rican chicken fricassee, with sauce	44	4.5	B	2
75204025	3000_Vegetables	Beans, lima, immature, cooked, NS as to form, made with butter	43	5	A	1
75216212	3000_Vegetables	Corn, white, cooked, from frozen, fat not added in cooking	43	4.5	A	1
75216210	3000_Vegetables	Corn, white, cooked, NS as to form, fat not added in cooking	43	4.5	A	1
75301100	3000_Vegetables	Beans, lima and corn, cooked, NS as to fat added in cooking	43	4.5	A	1
71402510	3000_Vegetables	Potato, french fries, with chili and cheese	43	4	C	3
75216070	3000_Vegetables	Corn, dried, cooked	43	4	B	3
75216013	3000_Vegetables	Corn, cooked, from canned, NS as to color, fat not added in cooking	42	4.5	B	3
75216113	3000_Vegetables	Corn, yellow, cooked, from canned, fat not added in cooking	42	4.5	B	3
75216161	3000_Vegetables	Corn, yellow and white, cooked, from fresh, NS as to fat added in cooking	42	4.5	B	1
75204031	3000_Vegetables	Beans, lima, immature, cooked, from frozen, made with butter	42	5	A	2
75301123	3000_Vegetables	Beans, lima and corn, cooked, made with margarine	42	4.5	A	4
75216213	3000_Vegetables	Corn, white, cooked, from canned, fat not added in cooking	42	4.5	A	3
71411000	3000_Vegetables	Potato skins, with cheese and bacon	42	4	C	3
75208499	3000_Vegetables	Breadfruit, cooked, NS as to fat added in cooking	42	4.5	B	1
75208501	3000_Vegetables	Breadfruit, cooked, fat added in cooking	42	4.5	B	1
73102241	3000_Vegetables	Carrots, cooked, from fresh, glazed	42	4	C	2
75216173	3000_Vegetables	Corn, yellow and white, cooked, from canned, fat not added in cooking	42	4.5	B	3
71505030	3000_Vegetables	Potato tots, from fresh, fried or baked	41	4	C	3
71505000	3000_Vegetables	Potato tots, NFS	41	4	C	3
75216179	3000_Vegetables	Corn, yellow and white, cooked, from fresh, made with margarine	41	4.5	A	4
71401041	3000_Vegetables	Potato, french fries, with cheese, school	41	4	B	4
75216026	3000_Vegetables	Corn, cooked, NS as to form, NS as to color, made with margarine	41	4.5	A	4
75216033	3000_Vegetables	Corn, cooked, from frozen, NS as to color, made with margarine	41	4.5	A	4
75216133	3000_Vegetables	Corn, yellow, cooked, NS as to form, made with margarine	41	4.5	A	4
75216139	3000_Vegetables	Corn, yellow, cooked, from frozen, made with margarine	41	4.5	A	4
71103140	3000_Vegetables	Potato, boiled, from fresh, peel eaten, made with butter	41	4	B	2
71104080	3000_Vegetables	Potato, roasted, from fresh, peel eaten, made with butter	41	4	B	2
75204034	3000_Vegetables	Beans, lima, immature, cooked, from canned, made with butter	41	5	A	3
71401030	3000_Vegetables	Potato, french fries, fast food	41	4.5	B	4
75301120	3000_Vegetables	Beans, lima and corn, cooked, fat added in cooking, NS as to type of fat	41	4.5	A	3
75216136	3000_Vegetables	Corn, yellow, cooked, from fresh, made with margarine	40	4.5	A	4
73409000	3000_Vegetables	Sweet potato, casserole or mashed	40	4	B	2
71501011	3000_Vegetables	Potato, mashed, from fresh, made with milk, with cheese	40	4	C	3
73102242	3000_Vegetables	Carrots, cooked, from frozen, glazed	40	4	C	2
75216229	3000_Vegetables	Corn, white, cooked, from fresh, made with margarine	40	4.5	A	4
75216322	3000_Vegetables	Corn, yellow, canned, low sodium, made with butter	40	4.5	B	2
71603050	3000_Vegetables	Potato salad, made with any type of fat free dressing	40	4	B	3
71508005	3000_Vegetables	Potato, baked, peel eaten, with butter	40	4	B	2
75216201	3000_Vegetables	Corn, white, cooked, from fresh, NS as to fat added in cooking	40	4.5	B	3
75216221	3000_Vegetables	Corn, white, cooked, from fresh, fat added in cooking, NS as to type of fat	40	4.5	B	3
75216181	3000_Vegetables	Corn, yellow and white, cooked, from fresh, fat added in cooking, NS as to type of fat	39	4.5	B	3
75303022	3000_Vegetables	Corn with peppers, red or green, cooked, made with butter	39	4.5	B	2
71501018	3000_Vegetables	Potato, mashed, from school lunch	39	4.5	B	4
75216001	3000_Vegetables	Corn, cooked, from fresh, NS as to color, NS as to fat added in cooking	39	4.5	A	3
75216021	3000_Vegetables	Corn, cooked, from fresh, NS as to color, fat added in cooking, NS as to type of fat	39	4.5	A	3
75216101	3000_Vegetables	Corn, yellow, cooked, from fresh, NS as to fat added in cooking	39	4.5	A	3
75216121	3000_Vegetables	Corn, yellow, cooked, from fresh, fat added in cooking, NS as to type of fat	39	4.5	A	3
71404040	3000_Vegetables	Potato, hash brown, from restaurant, with cheese	39	3.5	D	3
71103040	3000_Vegetables	Potato, boiled, from fresh, peel not eaten, made with butter	39	4	C	2
71104140	3000_Vegetables	Potato, roasted, from fresh, peel not eaten, made with butter	39	4	C	2
75216160	3000_Vegetables	Corn, yellow and white, cooked, NS as to form, NS as to fat added in cooking	39	4.5	B	1
71601010	3000_Vegetables	Potato salad with egg, made with mayonnaise	39	4	C	4
71305015	3000_Vegetables	Potato, scalloped, NFS	39	3.5	C	3
71305030	3000_Vegetables	Potato, scalloped, from fresh	39	3.5	C	3
71404010	3000_Vegetables	Potato, hash brown, from fast food	39	3.5	C	4
71404030	3000_Vegetables	Potato, hash brown, from restaurant	39	3.5	C	4
71503010	3000_Vegetables	Potato patty	39	3.5	C	2
71508035	3000_Vegetables	Potato, baked, peel eaten, with vegetables	38	4	B	2
75216000	3000_Vegetables	Corn, cooked, NS as to form, NS as to color, NS as to fat added in cooking	38	4.5	B	3
75216002	3000_Vegetables	Corn, cooked, from frozen, NS as to color, NS as to fat added in cooking	38	4.5	B	3
75216020	3000_Vegetables	Corn, cooked, NS as to form, NS as to color, fat added in cooking, NS as to type of fat	38	4.5	B	3
75216022	3000_Vegetables	Corn, cooked, from frozen, NS as to color, fat added in cooking, NS as to type of fat	38	4.5	B	3
75216100	3000_Vegetables	Corn, yellow, cooked, NS as to form, NS as to fat added in cooking	38	4.5	B	3
75216102	3000_Vegetables	Corn, yellow, cooked, from frozen, NS as to fat added in cooking	38	4.5	B	3
75216120	3000_Vegetables	Corn, yellow, cooked, NS as to form, fat added in cooking, NS as to type of fat	38	4.5	B	3
75216122	3000_Vegetables	Corn, yellow, cooked, from frozen, fat added in cooking, NS as to type of fat	38	4.5	B	3
71507005	3000_Vegetables	Potato, baked, peel not eaten, with butter	38	4	C	2
71508010	3000_Vegetables	Potato, baked, peel eaten, with sour cream	38	4	C	2
71601050	3000_Vegetables	Potato salad with egg, made with any type of fat free dressing	38	4.5	B	2
75301122	3000_Vegetables	Beans, lima and corn, cooked, made with butter	38	4.5	A	1
75216226	3000_Vegetables	Corn, white, cooked, NS as to form, made with margarine	38	4.5	A	4
71501013	3000_Vegetables	Potato, mashed, from fresh, NFS	37	4	C	3
71501010	3000_Vegetables	Potato, mashed, from fresh, made with milk	37	4	C	3

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71401020	3000_Vegetables	Potato, french fries, from frozen, baked	37	4.5	B	4
71305040	3000_Vegetables	Potato, scalloped, from fresh, with meat	37	3.5	C	3
71501045	3000_Vegetables	Potato, mashed, from dry mix, made with milk, with cheese	37	3.5	C	3
71501000	3000_Vegetables	Potato, mashed, NFS	37	4	C	3
71106020	3000_Vegetables	Potato from Puerto Rican style stuffed pot roast, with gravy	37	4.5	B	2
71106050	3000_Vegetables	Potato from Puerto Rican beef stew, with gravy	37	4.5	B	2
71507035	3000_Vegetables	Potato, baked, peel not eaten, with vegetables	37	4	C	2
71507010	3000_Vegetables	Potato, baked, peel not eaten, with sour cream	37	4	C	2
71402520	3000_Vegetables	Potato, french fries, with chili	37	4	B	4
71508030	3000_Vegetables	Potato, baked, peel eaten, with chili	37	4	C	2
71401045	3000_Vegetables	Potato, french fries, with chili, fast food / restaurant	37	4	B	4
75216162	3000_Vegetables	Corn, yellow and white, cooked, from frozen, NS as to fat added in cooking	36	4.5	B	3
75216180	3000_Vegetables	Corn, yellow and white, cooked, NS as to form, fat added in cooking, NS as to type of fat	36	4.5	B	3
75216182	3000_Vegetables	Corn, yellow and white, cooked, from frozen, fat added in cooking, NS as to type of fat	36	4.5	B	3
71305050	3000_Vegetables	Potato, scalloped, from dry mix	36	3.5	C	3
71508020	3000_Vegetables	Potato, baked, peel eaten, with cheese	36	4	C	2
71305070	3000_Vegetables	Potato, scalloped, ready-to-heat	36	3.5	D	3
75216036	3000_Vegetables	Corn, cooked, from canned, NS as to color, made with margarine	36	4.5	B	4
75216143	3000_Vegetables	Corn, yellow, cooked, from canned, made with margarine	36	4.5	B	4
75216228	3000_Vegetables	Corn, white, cooked, from fresh, made with butter	35	4.5	B	2
71702000	3000_Vegetables	Potato pudding	35	3.5	C	3
71507030	3000_Vegetables	Potato, baked, peel not eaten, with chili	35	4	C	2
71305080	3000_Vegetables	Potato, scalloped, ready-to-heat, with meat	35	3	D	3
75216178	3000_Vegetables	Corn, yellow and white, cooked, from fresh, made with butter	35	4.5	B	2
75216203	3000_Vegetables	Corn, white, cooked, from canned, NS as to fat added in cooking	35	4	B	1
71305060	3000_Vegetables	Potato, scalloped, from dry mix, with meat	35	3	D	3
75216028	3000_Vegetables	Corn, cooked, from fresh, NS as to color, made with butter	35	4.5	A	2
75216135	3000_Vegetables	Corn, yellow, cooked, from fresh, made with butter	35	4.5	A	2
75216032	3000_Vegetables	Corn, cooked, from frozen, NS as to color, made with butter	35	4.5	B	1
75216175	3000_Vegetables	Corn, yellow and white, cooked, NS as to form, made with butter	35	4.5	B	1
71508025	3000_Vegetables	Potato, baked, peel eaten, with meat	35	4	C	2
75216200	3000_Vegetables	Corn, white, cooked, NS as to form, NS as to fat added in cooking	35	4.5	B	3
75216202	3000_Vegetables	Corn, white, cooked, from frozen, NS as to fat added in cooking	35	4.5	B	3
75216220	3000_Vegetables	Corn, white, cooked, NS as to form, fat added in cooking, NS as to type of fat	35	4.5	B	3
75216222	3000_Vegetables	Corn, white, cooked, from frozen, fat added in cooking, NS as to type of fat	35	4.5	B	3
73406000	3000_Vegetables	Sweet potato, candied	34	3.5	C	3
71507020	3000_Vegetables	Potato, baked, peel not eaten, with cheese	34	4	C	2
75500210	3000_Vegetables	Beets, pickled	34	4	B	3
71305020	3000_Vegetables	Potato, scalloped, from fast food or restaurant	34	3	D	3
71401039	3000_Vegetables	Potato, french fries, with cheese, fast food / restaurant	34	4	C	4
75216003	3000_Vegetables	Corn, cooked, from canned, NS as to color, NS as to fat added in cooking	34	4	B	3
75216023	3000_Vegetables	Corn, cooked, from canned, NS as to color, fat added in cooking, NS as to type of fat	34	4	B	3
75216103	3000_Vegetables	Corn, yellow, cooked, from canned, NS as to fat added in cooking	34	4	B	3
75216123	3000_Vegetables	Corn, yellow, cooked, from canned, fat added in cooking, NS as to type of fat	34	4	B	3
71930100	3000_Vegetables	Cassava, cooked, fat not added in cooking	34	4	B	1
71411100	3000_Vegetables	Potato skins, NFS	34	4	C	4
75216025	3000_Vegetables	Corn, cooked, NS as to form, NS as to color, made with butter	34	4.5	B	2
75216132	3000_Vegetables	Corn, yellow, cooked, NS as to form, made with butter	34	4.5	B	2
75216138	3000_Vegetables	Corn, yellow, cooked, from frozen, made with butter	34	4.5	B	2
71905210	3000_Vegetables	Candied ripe plantain, Puerto Rican style	33	3	D	3
71507025	3000_Vegetables	Potato, baked, peel not eaten, with meat	33	4	C	2
75216185	3000_Vegetables	Corn, yellow and white, cooked, from frozen, made with butter	33	4.5	B	1
75216163	3000_Vegetables	Corn, yellow and white, cooked, from canned, NS as to fat added in cooking	33	4	B	3
75216183	3000_Vegetables	Corn, yellow and white, cooked, from canned, fat added in cooking, NS as to type of fat	33	4	B	3
71501016	3000_Vegetables	Potato, mashed, from restaurant	33	4	C	3
71501012	3000_Vegetables	Potato, mashed, from fresh, made with milk, with gravy	33	4	B	3
73102243	3000_Vegetables	Carrots, cooked, from canned, glazed	33	3.5	C	2
71401050	3000_Vegetables	Potato, french fries, with chili and cheese, fast food / restaurant	33	4	C	4
71501005	3000_Vegetables	Potato, mashed, from fast food	33	4	B	4
75216223	3000_Vegetables	Corn, white, cooked, from canned, fat added in cooking, NS as to type of fat	32	4	B	3
71405050	3000_Vegetables	Potato, hash brown, ready-to-heat, with cheese	32	4	C	4
75216225	3000_Vegetables	Corn, white, cooked, NS as to form, made with butter	32	4.5	B	1
75501010	3000_Vegetables	Corn relish	32	4	C	3
71501035	3000_Vegetables	Potato, mashed, from dry mix, NFS	31	4	C	3
71403030	3000_Vegetables	Potato, home fries, from restaurant / fast food	31	3.5	C	4
71501040	3000_Vegetables	Potato, mashed, from dry mix, made with milk	31	4	C	3
75216193	3000_Vegetables	Corn, yellow, from canned, cream style, fat added in cooking	31	4	B	3
71505050	3000_Vegetables	Potato tots, frozen, fried	31	4	C	4
71505060	3000_Vegetables	Potato tots, frozen, NS as to fried or baked	31	4	C	4
75216233	3000_Vegetables	Corn, white, cooked, from frozen, made with butter	31	4.5	B	2
71501017	3000_Vegetables	Potato, mashed, from restaurant, with gravy	30	3.5	C	3
75216035	3000_Vegetables	Corn, cooked, from canned, NS as to color, made with butter	29	4	B	2
75216142	3000_Vegetables	Corn, yellow, cooked, from canned, made with butter	29	4	B	2
75216190	3000_Vegetables	Corn, yellow, NS as to form, cream style, fat added in cooking	29	4	C	3
71404020	3000_Vegetables	Potato, hash brown, from fast food, with cheese	29	3.5	D	4
75216188	3000_Vegetables	Corn, yellow and white, cooked, from canned, made with butter	28	4	B	2
71501071	3000_Vegetables	Potato, mashed, ready-to-heat, with cheese	28	4	C	4
71501054	3000_Vegetables	Potato, mashed, from dry mix, made with milk, with gravy	28	4	C	3
71930150	3000_Vegetables	Cassava, cooked, made with margarine	28	4	B	4
71501006	3000_Vegetables	Potato, mashed, from fast food, with gravy	27	4	C	4
71962020	3000_Vegetables	Dasheen, fried	27	4	C	4
75415021	3000_Vegetables	Onion rings, from fresh, batter-dipped, baked or fried	27	3	C	4
75216236	3000_Vegetables	Corn, white, cooked, from canned, made with butter	26	4	B	3
71930090	3000_Vegetables	Cassava, cooked, NS as to fat added in cooking	25	4	C	3
71930120	3000_Vegetables	Cassava, cooked, fat added in cooking, NS as to type of fat	25	4	C	3
71930140	3000_Vegetables	Cassava, cooked, made with butter	24	4	C	2
74205010	3000_Vegetables	Tomatoes, green, cooked, NS as to form	24	3.5	C	3
75216053	3000_Vegetables	Corn, from canned, NS as to color, cream style	23	4.5	B	4
75216153	3000_Vegetables	Corn, yellow, from canned, cream style	23	4.5	B	4
71505040	3000_Vegetables	Potato tots, frozen, baked	23	4	C	4
75503100	3000_Vegetables	Mustard pickles	23	3.5	C	3
75415022	3000_Vegetables	Onion rings, from frozen, batter-dipped, baked or fried	22	1.5	D	4
71505010	3000_Vegetables	Potato tots, fast food / restaurant	22	3.5	C	4
75216050	3000_Vegetables	Corn, NS as to form, NS as to color, cream style	21	4	B	4
75216150	3000_Vegetables	Corn, yellow, NS as to form, cream style	21	4	B	4
71501007	3000_Vegetables	Potato, mashed, ready-to-heat	21	4	C	4
71501061	3000_Vegetables	Potato, mashed, ready-to-heat, NFS	21	4	C	4
75503140	3000_Vegetables	Cucumber pickles, sweet, reduced salt	20	4	C	4
75216253	3000_Vegetables	Corn, white, from canned, cream style	20	4	B	4
75415020	3000_Vegetables	Onion rings, NS as to form, batter-dipped, baked or fried	20	3	C	4
91408100	3000_Vegetables	Chinese preserved sweet vegetable	19	0.5	D	2
71501075	3000_Vegetables	Potato, mashed, ready-to-heat, with gravy	18	4	C	4
75216250	3000_Vegetables	Corn, white, NS as to form, cream style	18	4	C	4
71701500	3000_Vegetables	Lefse (Norwegian)	18	4	B	3

foodcode	level1nd	Description	Food Compass Score	Health Star Rating	Nutri-Score	NOVA Category
74202050	3000_Vegetables	Tomatoes, red, NS as to form, fried	17	3.5	C	3
75513010	3000_Vegetables	Seaweed, pickled	16	3.5	C	3
75503040	3000_Vegetables	Cucumber pickles, sweet	7	3.5	C	4
75503020	3000_Vegetables	Cucumber pickles, relish	1	2.5	D	4
75511200	3000_Vegetables	Pickles, mixed	1	2.5	D	4

foodcode	level1nd	Description	Food Compass Score	Health Star Rating	Nutri-Score	NOVA Category
41107000	4000_LegNut	Soybeans, dry, cooked, fat not added in cooking	100	5	A	1
41305000	4000_LegNut	Lentils, dry, cooked, fat not added in cooking	100	5	A	1
41420020	4000_LegNut	Edamame, cooked	100	5	A	1
41422010	4000_LegNut	Soybean meal	100	5	A	1
41440000	4000_LegNut	Textured vegetable protein, dry	100	5	A	1
42100100	4000_LegNut	Almonds, NFS	100	5	A	1
42101000	4000_LegNut	Almonds, unroasted	100	5	A	1
42110050	4000_LegNut	Mixed nuts, unroasted	100	5	B	1
42110160	4000_LegNut	Mixed nuts, without peanuts, unsalted	100	4.5	B	3
42111040	4000_LegNut	Peanuts, unroasted	100	5	A	1
42116000	4000_LegNut	Walnuts, NFS	100	4.5	A	1
42116050	4000_LegNut	Walnuts	100	4.5	A	1
42202200	4000_LegNut	Peanut butter, vitamin and mineral fortified	100	4	C	3
43101050	4000_LegNut	Pumpkin seeds, NFS	100	5	B	1
43101150	4000_LegNut	Pumpkin seeds, unsalted	100	5	B	1
43102000	4000_LegNut	Sunflower seeds, plain, unsalted	100	5	A	1
43102100	4000_LegNut	Sunflower seeds, plain, salted	100	4.5	B	1
43102300	4000_LegNut	Sunflower seeds, flavored	100	4.5	C	1
43102400	4000_LegNut	Sunflower seeds, NFS	100	5	A	1
43103000	4000_LegNut	Sesame seeds	100	5	A	1
43104000	4000_LegNut	Flax seeds	100	5	A	1
43107000	4000_LegNut	Mixed seeds	100	5	A	1
43108010	4000_LegNut	Chia seeds	100	5	A	1
42101130	4000_LegNut	Almonds, unsalted	99	5	A	3
41106020	4000_LegNut	Red kidney beans, dry, cooked, fat not added in cooking	99	5	A	1
42113000	4000_LegNut	Pine nuts	99	4	A	1
42107000	4000_LegNut	Hazelnuts	99	5	A	1
42114130	4000_LegNut	Pistachio nuts, NFS	99	5	A	1
41304991	4000_LegNut	Lentils, dry, cooked, made with oil	98	5	A	2
41301020	4000_LegNut	Cowpeas, dry, cooked, fat not added in cooking	98	5	A	1
41304980	4000_LegNut	Lentils, dry, cooked, NS as to fat added in cooking	98	5	A	2
41304990	4000_LegNut	Lentils, dry, cooked, fat added in cooking, NS as to type of fat	98	5	A	2
41102020	4000_LegNut	Black, brown, or Bayo beans, dry, cooked, fat not added in cooking	97	5	A	1
41103020	4000_LegNut	Lima beans, dry, cooked, fat not added in cooking	97	5	A	1
41420010	4000_LegNut	Soybean curd	97	4	A	3
41107010	4000_LegNut	Soybeans, dry, cooked, fat added in cooking	97	5	A	2
41107020	4000_LegNut	Soybeans, dry, cooked, NS as to fat added in cooking	97	5	A	2
43103300	4000_LegNut	Tahini	97	5	B	1
42110120	4000_LegNut	Mixed nuts, with peanuts, unsalted	97	5	B	3
42114145	4000_LegNut	Pistachio nuts, unsalted	96	5	A	2
41102120	4000_LegNut	Black, brown, or Bayo beans, canned, drained, low sodium, fat not added in cooking	96	5	A	3
41202505	4000_LegNut	Beans and tomatoes, fat not added in cooking	96	5	A	1
42112000	4000_LegNut	Pecans, NFS	95	4.5	A	1
42200510	4000_LegNut	Almond butter, lower sodium	95	5	B	3
41101020	4000_LegNut	Beans, dry, cooked, NS as to type, fat not added in cooking	94	5	A	1
41104020	4000_LegNut	Pinto, calico, or red Mexican beans, dry, cooked, fat not added in cooking	94	5	A	1
41106000	4000_LegNut	Red kidney beans, dry, cooked, NS as to fat added in cooking	94	5	A	2
41106010	4000_LegNut	Red kidney beans, dry, cooked, fat added in cooking, NS as to type of fat	94	5	A	2
42112100	4000_LegNut	Pecans, unroasted	94	4.5	A	1
41221020	4000_LegNut	Chili with beans, without meat	94	4.5	A	2
42102000	4000_LegNut	Brazil nuts	94	4	C	1
42500100	4000_LegNut	Trail mix with nuts	94	4.5	B	2
41301000	4000_LegNut	Cowpeas, dry, cooked, NS as to fat added in cooking	94	5	A	2
41301010	4000_LegNut	Cowpeas, dry, cooked, fat added in cooking	94	5	A	2
41106011	4000_LegNut	Red kidney beans, dry, cooked, made with oil	94	5	A	2
41102000	4000_LegNut	Black, brown, or Bayo beans, dry, cooked, NS as to fat added in cooking	94	5	A	2
41102010	4000_LegNut	Black, brown, or Bayo beans, dry, cooked, fat added in cooking, NS as to type of fat	94	5	A	2
42101120	4000_LegNut	Almonds, lightly salted	93	5	A	3
41104011	4000_LegNut	Pinto, calico, or red Mexican beans, dry, cooked, made with oil	93	5	A	2
41102100	4000_LegNut	Black, brown, or Bayo beans, canned, drained, low sodium, NS as to fat added in cooking	93	5	A	3
41102110	4000_LegNut	Black, brown, or Bayo beans, canned, drained, low sodium, fat added in cooking	93	5	A	3
41101000	4000_LegNut	Beans, dry, cooked, NS as to type and as to fat added in cooking	93	5	A	2
41101010	4000_LegNut	Beans, dry, cooked, NS as to type, fat added in cooking	93	5	A	2
41104000	4000_LegNut	Pinto, calico, or red Mexican beans, dry, cooked, NS as to fat added in cooking	93	5	A	2
41104010	4000_LegNut	Pinto, calico, or red Mexican beans, dry, cooked, fat added in cooking, NS as to type of fat	93	5	A	2
41102011	4000_LegNut	Black, brown, or Bayo beans, dry, cooked, made with oil	93	5	A	2
41103011	4000_LegNut	Lima beans, dry, cooked, made with oil	93	5	A	2
41106520	4000_LegNut	Yellow, canary, or Peruvian beans, dry, cooked, fat not added in cooking	93	5	A	1
42200500	4000_LegNut	Almond butter	93	5	B	3
42110150	4000_LegNut	Mixed nuts, without peanuts, salted	92	4	B	3
41202500	4000_LegNut	Beans and tomatoes, NS as to fat added in cooking	92	5	A	2
41202510	4000_LegNut	Beans and tomatoes, fat added in cooking	92	5	A	2
41103000	4000_LegNut	Lima beans, dry, cooked, NS as to fat added in cooking	92	5	A	2
41103010	4000_LegNut	Lima beans, dry, cooked, fat added in cooking, NS as to type of fat	92	5	A	2
41101120	4000_LegNut	White beans, dry, cooked, fat not added in cooking	92	5	A	1
42111210	4000_LegNut	Peanuts, dry roasted, unsalted	92	5	B	1
42111110	4000_LegNut	Peanuts, roasted, unsalted	92	5	B	3
42105000	4000_LegNut	Chestnuts	92	4.5	A	1
43101100	4000_LegNut	Pumpkin seeds, salted	91	4.5	C	1
41106120	4000_LegNut	Red kidney beans, canned, drained, low sodium, fat not added in cooking	91	5	A	3
42112210	4000_LegNut	Pecans, unsalted	91	4.5	A	3
41101111	4000_LegNut	White beans, dry, cooked, made with oil	91	5	A	2
42110110	4000_LegNut	Mixed nuts, with peanuts, lightly salted	91	4.5	B	3
41101100	4000_LegNut	White beans, dry, cooked, NS as to fat added in cooking	91	5	A	2
41101110	4000_LegNut	White beans, dry, cooked, fat added in cooking, NS as to type of fat	91	5	A	2
42101110	4000_LegNut	Almonds, salted	91	5	B	3
41103060	4000_LegNut	Pink beans, dry, cooked, fat not added in cooking	91	5	A	1
41106500	4000_LegNut	Yellow, canary, or Peruvian beans, dry, cooked, NS as to fat added in cooking	91	5	A	2
41106510	4000_LegNut	Yellow, canary, or Peruvian beans, dry, cooked, fat added in cooking, NS as to type of fat	91	5	A	2
41106511	4000_LegNut	Yellow, canary, or Peruvian beans, dry, cooked, made with oil	91	5	A	2
42114142	4000_LegNut	Pistachio nuts, lightly salted	91	5	B	3
41103050	4000_LegNut	Pink beans, dry, cooked, NS as to fat added in cooking	91	5	A	2
41103070	4000_LegNut	Pink beans, dry, cooked, fat added in cooking	91	5	A	2
41302020	4000_LegNut	Chickpeas, dry, cooked, fat not added in cooking	90	5	A	1
41108000	4000_LegNut	Mung beans, dry, cooked, fat not added in cooking	90	5	A	1
42100050	4000_LegNut	Nuts, NFS	90	4.5	C	2
42110000	4000_LegNut	Mixed nuts, NFS	90	4.5	C	2
42110100	4000_LegNut	Mixed nuts, with peanuts, salted	90	4.5	C	2
42104050	4000_LegNut	Cashews, unroasted	90	4	C	1
42104000	4000_LegNut	Cashews, NFS	90	4	C	1
41106100	4000_LegNut	Red kidney beans, canned, drained, low sodium, NS as to fat added in cooking	90	5	A	3
41106110	4000_LegNut	Red kidney beans, canned, drained, low sodium, fat added in cooking	90	5	A	3
41410010	4000_LegNut	Soy nuts	90	5	A	3
42114140	4000_LegNut	Pistachio nuts, salted	89	5	B	2

foodcode	level1nd	Description	Food Compass Score	Health Star Rating	Nutri-Score	NOVA Category
41104100	4000_LegNut	Pinto, calico, or red Mexican beans, canned, drained, low sodium, NS as to fat added in cooking	89	5	A	3
41104110	4000_LegNut	Pinto, calico, or red Mexican beans, canned, drained, low sodium, fat added in cooking	89	5	A	3
41104120	4000_LegNut	Pinto, calico, or red Mexican beans, canned, drained, low sodium, fat not added in cooking	89	5	A	3
41108010	4000_LegNut	Mung beans, dry, cooked, fat added in cooking	89	5	A	2
41108020	4000_LegNut	Mung beans, dry, cooked, NS as to fat added in cooking	89	5	A	2
41102080	4000_LegNut	Black, brown, or Bayo beans, canned, drained, fat not added in cooking	89	5	A	3
41102030	4000_LegNut	Black, brown, or Bayo beans, canned, drained, NS as to fat added in cooking	89	5	A	3
41102040	4000_LegNut	Black, brown, or Bayo beans, canned, drained, fat added in cooking, NS as to type of fat	89	5	A	3
41102050	4000_LegNut	Black, brown, or Bayo beans, canned, drained, made with oil	89	5	A	3
41303000	4000_LegNut	Green or yellow split peas, dry, cooked, fat not added in cooking	89	5	A	1
41812000	4000_LegNut	Sandwich spread, meat substitute type	89	4	A	4
42104110	4000_LegNut	Cashews, unsalted	89	4	C	2
41302120	4000_LegNut	Chickpeas, canned, drained, low sodium, fat not added in cooking	88	5	A	3
41303011	4000_LegNut	Green or yellow split peas, dry, cooked, made with oil	88	5	A	2
41303010	4000_LegNut	Green or yellow split peas, dry, cooked, fat added in cooking, NS as to type of fat	87	5	A	2
41303020	4000_LegNut	Green or yellow split peas, dry, cooked, NS as to fat added in cooking	87	5	A	2
41102220	4000_LegNut	Fava beans, dry, cooked, fat not added in cooking	87	5	A	1
41103090	4000_LegNut	Pink beans, canned, drained, fat added in cooking	87	5	A	2
41302100	4000_LegNut	Chickpeas, canned, drained, low sodium, NS as to fat added in cooking	87	5	A	3
41302110	4000_LegNut	Chickpeas, canned, drained, low sodium, fat added in cooking	87	5	A	3
41106540	4000_LegNut	Yellow, canary, or Peruvian beans, canned, drained, fat added in cooking, NS as to type of fat	87	5	A	2
41302011	4000_LegNut	Chickpeas, dry, cooked, made with oil	87	5	A	2
41108030	4000_LegNut	Mung beans, canned, drained, NS as to fat added in cooking	87	5	A	2
42202010	4000_LegNut	Peanut butter, lower sodium	86	4	C	1
41302000	4000_LegNut	Chickpeas, dry, cooked, NS as to fat added in cooking	86	5	A	2
41302010	4000_LegNut	Chickpeas, dry, cooked, fat added in cooking, NS as to type of fat	86	5	A	2
41101050	4000_LegNut	Beans, canned, drained, NS as to type and as to fat added in cooking	86	5	A	3
41101060	4000_LegNut	Beans, canned, drained, NS as to type, fat added in cooking	86	5	A	3
41104030	4000_LegNut	Pinto, calico, or red Mexican beans, canned, drained, NS as to fat added in cooking	86	5	A	3
41104040	4000_LegNut	Pinto, calico, or red Mexican beans, canned, drained, fat added in cooking, NS as to type of fat	86	5	A	3
41104050	4000_LegNut	Pinto, calico, or red Mexican beans, canned, drained, made with oil	86	5	A	3
41102200	4000_LegNut	Fava beans, dry, cooked, NS as to fat added in cooking	85	5	A	2
41102210	4000_LegNut	Fava beans, dry, cooked, fat added in cooking	85	5	A	2
41103100	4000_LegNut	Pink beans, canned, drained, fat not added in cooking	85	5	A	1
41106040	4000_LegNut	Red kidney beans, canned, drained, fat added in cooking, NS as to type of fat	85	5	A	3
41106050	4000_LegNut	Red kidney beans, canned, drained, made with oil	85	5	A	3
41304993	4000_LegNut	Lentils, dry, cooked, made with margarine	85	5	A	4
41812450	4000_LegNut	Vegetarian chili, made with meat substitute	85	5	A	4
42111100	4000_LegNut	Peanuts, roasted, salted	84	4.5	C	3
41102260	4000_LegNut	Fava beans, canned, drained, fat added in cooking	84	5	A	2
41421010	4000_LegNut	Soybean curd, deep fried	84	4.5	A	3
41106080	4000_LegNut	Red kidney beans, canned, drained, fat not added in cooking	84	5	A	3
41812600	4000_LegNut	Vegetarian, fillet	84	4	B	4
41302080	4000_LegNut	Chickpeas, canned, drained, fat not added in cooking	84	5	A	3
41101070	4000_LegNut	Beans, canned, drained, NS as to type, fat not added in cooking	84	5	A	3
41104080	4000_LegNut	Pinto, calico, or red Mexican beans, canned, drained, fat not added in cooking	84	5	A	3
41302030	4000_LegNut	Chickpeas, canned, drained, NS as to fat added in cooking	83	5	A	3
41302040	4000_LegNut	Chickpeas, canned, drained, fat added in cooking, NS as to type of fat	83	5	A	3
41302050	4000_LegNut	Chickpeas, canned, drained, made with oil	83	5	A	3
42111205	4000_LegNut	Peanuts, dry roasted, lightly salted	83	5	B	3
42202100	4000_LegNut	Peanut butter, lower sodium and lower sugar	83	4	C	2
41101200	4000_LegNut	White beans, canned, drained, low sodium, NS as to fat added in cooking	83	5	A	3
41101210	4000_LegNut	White beans, canned, drained, low sodium, fat added in cooking	83	5	A	3
41311000	4000_LegNut	Papad, grilled or broiled	82	4.5	B	3
41101140	4000_LegNut	White beans, canned, drained, fat added in cooking, NS as to type of fat	82	5	A	3
41101150	4000_LegNut	White beans, canned, drained, made with oil	82	5	A	3
59003000	4000_LegNut	Meat substitute, cereal- and vegetable protein-based, fried	81	4.5	A	2
42202130	4000_LegNut	Peanut butter, lower sugar	81	4	E	3
42104105	4000_LegNut	Cashews, lightly salted	81	3.5	C	3
41210200	4000_LegNut	Black beans, Cuban style	80	4.5	A	2
41103013	4000_LegNut	Lima beans, dry, cooked, made with margarine	80	5	A	4
41101220	4000_LegNut	White beans, canned, drained, low sodium, fat not added in cooking	80	5	A	3
42500000	4000_LegNut	Trail mix, NFS	79	4	D	2
42501000	4000_LegNut	Trail mix with nuts and fruit	79	4	D	2
42101300	4000_LegNut	Almonds, flavored	79	5	B	4
42104100	4000_LegNut	Cashews, salted	79	3.5	C	2
41106013	4000_LegNut	Red kidney beans, dry, cooked, made with margarine	79	5	A	4
42111000	4000_LegNut	Peanuts, NFS	79	4.5	C	3
42111200	4000_LegNut	Peanuts, dry roasted, salted	79	4.5	C	3
42200600	4000_LegNut	Almond paste	79	4	D	3
41205040	4000_LegNut	Refried beans, canned, low sodium	79	5	A	3
41102013	4000_LegNut	Black, brown, or Bayo beans, dry, cooked, made with margarine	78	5	A	4
41205011	4000_LegNut	Refried beans, made with oil	78	5	A	2
41205016	4000_LegNut	Refried beans, NS as to fat added in cooking	78	5	A	2
41205015	4000_LegNut	Refried beans, fat not added in cooking	78	5	A	3
41101180	4000_LegNut	White beans, canned, drained, fat not added in cooking	77	5	A	3
41205010	4000_LegNut	Refried beans, fat added in cooking, NS as to type of fat	77	5	A	2
41101113	4000_LegNut	White beans, dry, cooked, made with margarine	77	5	A	4
41104013	4000_LegNut	Pinto, calico, or red Mexican beans, dry, cooked, made with margarine	77	5	A	4
41304992	4000_LegNut	Lentils, dry, cooked, made with animal fat or meat drippings	77	5	A	2
41210150	4000_LegNut	Stewed pink beans with white potatoes and ham, Puerto Rican style	77	4.5	A	2
41812900	4000_LegNut	Vegetarian meat loaf	77	4	A	4
42202150	4000_LegNut	Peanut butter, reduced fat	77	4	C	3
41205013	4000_LegNut	Refried beans, made with margarine	76	5	A	3
41102070	4000_LegNut	Black, brown, or Bayo beans, canned, drained, made with margarine	76	5	A	4
41303013	4000_LegNut	Green or yellow split peas, dry, cooked, made with margarine	76	5	A	4
42111030	4000_LegNut	Peanuts, boiled	76	4.5	A	3
42101350	4000_LegNut	Almonds, honey roasted	76	4	D	3
41203030	4000_LegNut	Black bean salad	76	5	A	3
42110300	4000_LegNut	Mixed nuts, honey roasted	75	3.5	D	3
42112200	4000_LegNut	Pecans, salted	75	4	C	3
41210100	4000_LegNut	Stewed red beans, Puerto Rican style	75	4.5	A	2
41304130	4000_LegNut	Cowpeas, dry, cooked with pork	75	5	A	3
42201000	4000_LegNut	Cashew butter	74	3	C	3
41106513	4000_LegNut	Yellow, canary, or Peruvian beans, dry, cooked, made with margarine	74	5	A	4
41207030	4000_LegNut	Beans, dry, cooked with ground beef	74	5	A	2
42502100	4000_LegNut	Trail mix with pretzels, cereal, or granola	74	4	D	2
42202000	4000_LegNut	Peanut butter	73	3.5	C	3
41104070	4000_LegNut	Pinto, calico, or red Mexican beans, canned, drained, made with margarine	73	5	A	4
41205017	4000_LegNut	Refried beans, from restaurant	72	5	A	1
41209000	4000_LegNut	Falafel	72	4	D	2
41304030	4000_LegNut	Peas, dry, cooked with pork	72	5	A	3
42501500	4000_LegNut	Trail mix with chocolate	71	3.5	D	2
42111500	4000_LegNut	Peanuts, honey roasted	71	4	C	3

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41103012	4000_LegNut	Lima beans, dry, cooked, made with animal fat or meat drippings	71	5	A	2
41302013	4000_LegNut	Chickpeas, dry, cooked, made with margarine	70	5	A	4
41208100	4000_LegNut	Beans, dry, cooked with pork	70	5	A	3
41106012	4000_LegNut	Red kidney beans, dry, cooked, made with animal fat or meat drippings	70	5	A	2
42116100	4000_LegNut	Walnuts, honey roasted	70	3	D	3
41102012	4000_LegNut	Black, brown, or Bayo beans, dry, cooked, made with animal fat or meat drippings	70	5	A	2
41101112	4000_LegNut	White beans, dry, cooked, made with animal fat or meat drippings	69	5	A	2
41104012	4000_LegNut	Pinto, calico, or red Mexican beans, dry, cooked, made with animal fat or meat drippings	69	5	A	2
41310160	4000_LegNut	Stewed chickpeas, with potatoes, Puerto Rican style	69	5	A	2
41810610	4000_LegNut	Chicken, meatless, breaded, fried	68	4.5	A	4
42109100	4000_LegNut	Macadamia nuts	68	3.5	C	3
41420050	4000_LegNut	Soybean curd cheese	68	4	A	4
41102060	4000_LegNut	Black, brown, or Bayo beans, canned, drained, made with animal fat or meat drippings	68	5	A	2
41205030	4000_LegNut	Refried beans with meat	68	5	A	2
41303012	4000_LegNut	Green or yellow split peas, dry, cooked, made with animal fat or meat drippings	68	5	A	2
41310150	4000_LegNut	Stewed chickpeas, Puerto Rican style	68	4.5	A	2
41106512	4000_LegNut	Yellow, canary, or Peruvian beans, dry, cooked, made with animal fat or meat drippings	68	5	A	2
41812800	4000_LegNut	Vegetarian stew	66	4.5	B	2
42104500	4000_LegNut	Cashews, honey roasted	66	2.5	E	3
42112300	4000_LegNut	Pecans, honey roasted	66	3	D	3
41306000	4000_LegNut	Loaf, lentil	66	4.5	A	2
41811950	4000_LegNut	Swiss steak, with gravy, meatless	65	3.5	B	3
41104060	4000_LegNut	Pinto, calico, or red Mexican beans, canned, drained, made with animal fat or meat drippings	65	5	A	2
41302012	4000_LegNut	Chickpeas, dry, cooked, made with animal fat or meat drippings	64	5	A	2
41310220	4000_LegNut	Fried chickpeas with bacon, Puerto Rican style	64	4.5	A	2
41811600	4000_LegNut	Luncheon slice, meatless-beef, chicken, salami or turkey	63	3.5	C	4
41201020	4000_LegNut	Baked beans, vegetarian	63	4.5	A	3
41205012	4000_LegNut	Refried beans, made with animal fat or meat drippings	63	5	A	2
41811800	4000_LegNut	Meatball, meatless	62	4	A	4
41205020	4000_LegNut	Refried beans with cheese	61	4.5	A	3
41811400	4000_LegNut	Frankfurter or hot dog, meatless	61	4	A	4
41810400	4000_LegNut	Breakfast link, pattie, or slice, meatless	60	2	D	4
41811890	4000_LegNut	Vegetarian burger or patty, meatless, no bun	60	4	A	4
41310210	4000_LegNut	Stewed chickpeas with Spanish sausages, Puerto Rican style	60	4	B	2
42203000	4000_LegNut	Peanut butter and jelly	58	3.5	D	3
41810200	4000_LegNut	Bacon strip, meatless	57	1	D	4
41810600	4000_LegNut	Chicken, meatless, NFS	54	4	B	4
41310200	4000_LegNut	Chickpeas stewed with pig's feet, Puerto Rican style	53	4.5	A	2
42203100	4000_LegNut	Peanut butter and chocolate spread	53	3	E	3
41812850	4000_LegNut	Vegetarian stroganoff	53	3	C	2
41210090	4000_LegNut	Stewed beans with pork, tomatoes, and chili peppers, Mexican style	50	4.5	B	1
41210160	4000_LegNut	Stewed pink beans with pig's feet, Puerto Rican style	48	4.5	A	2
41210170	4000_LegNut	Stewed red beans with pig's feet, Puerto Rican style	48	4.5	A	2
42106000	4000_LegNut	Coconut, fresh	47	2	C	1
41210190	4000_LegNut	Stewed red beans with pig's feet and potatoes, Puerto Rican style	46	4.5	A	2
41201010	4000_LegNut	Baked beans, NFS	42	4.5	A	4
41204020	4000_LegNut	Boston baked beans	42	4.5	A	4
41208030	4000_LegNut	Pork and beans	42	4.5	A	4
41202020	4000_LegNut	Chili beans, barbecue beans, ranch style beans or Mexican- style beans	41	4.5	A	4
41304000	4000_LegNut	Wasabi peas	35	4	D	4
41812400	4000_LegNut	Vegetarian pot pie	34	3.5	B	3
41421020	4000_LegNut	Soybean curd, breaded, fried	31	3.5	A	4
41901020	4000_LegNut	Soyburger, meatless, with cheese on bun	30	3.5	C	4
41210000	4000_LegNut	Bean cake	25	2.5	C	3
41206030	4000_LegNut	Beans and franks	23	4.5	A	4
42106020	4000_LegNut	Coconut, packaged	20	0.5	E	3

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33401200	5000_MPE	Egg substitute, omelet, scrambled, or fried, with vegetables, fat added in cooking	75	3.5	B	2
33401220	5000_MPE	Egg substitute, omelet, scrambled, or fried, with vegetables, NS as to fat added in cooking	75	3.5	B	2
25110420	5000_MPE	Chicken liver, braised	72	4	C	1
32400300	5000_MPE	Egg white, omelet, scrambled, or fried, with vegetables, fat added in cooking	70	3.5	B	2
32400320	5000_MPE	Egg white, omelet, scrambled, or fried, with vegetables, NS as to fat added in cooking	70	3.5	B	2
33401210	5000_MPE	Egg substitute, omelet, scrambled, or fried, with vegetables, fat not added in cooking	69	3.5	A	2
33001010	5000_MPE	Egg substitute, omelet, scrambled, or fried, made with oil	69	3.5	B	3
33001100	5000_MPE	Egg substitute, cheese flavored, omelet, scrambled, or fried, fat added in cooking	69	3.5	B	3
33001120	5000_MPE	Egg substitute, cheese flavored, omelet, scrambled, or fried, NS as to fat added in cooking	69	3.5	B	3
33001200	5000_MPE	Egg substitute, vegetable flavored, omelet, scrambled, or fried, fat added in cooking	69	3.5	B	3
33001220	5000_MPE	Egg substitute, vegetable flavored, omelet, scrambled, or fried, NS as to fat added in cooking	69	3.5	B	3
24402100	5000_MPE	Dove, cooked, NS as to cooking method	65	4	B	1
33401400	5000_MPE	Egg substitute, omelet, scrambled, or fried, with cheese and vegetables, fat added in cooking	64	3.5	B	3
33401420	5000_MPE	Egg substitute, omelet, scrambled, or fried, with cheese and vegetables, NS as to fat added in cooking	64	3.5	B	3
25120000	5000_MPE	Heart, cooked	64	4	B	1
32130470	5000_MPE	Egg omelet or scrambled egg, with tomatoes and dark-green vegetables, fat not added in cooking	63	3.5	B	1
32130410	5000_MPE	Egg omelet or scrambled egg, with tomatoes, fat not added in cooking	63	3.5	B	1
25110120	5000_MPE	Beef liver, braised	63	4	C	1
24403100	5000_MPE	Quail, cooked	62	4	B	1
32130430	5000_MPE	Egg omelet or scrambled egg, with dark-green vegetables, fat added in cooking	61	3.5	B	2
32130450	5000_MPE	Egg omelet or scrambled egg, with dark-green vegetables, NS as to fat added in cooking	61	3.5	B	2
25130000	5000_MPE	Kidney, cooked	61	4	B	1
32130460	5000_MPE	Egg omelet or scrambled egg, with tomatoes and dark-green vegetables, fat added in cooking	61	3.5	B	2
32130480	5000_MPE	Egg omelet or scrambled egg, with tomatoes and dark-green vegetables, NS as to fat added in cooking	61	3.5	B	2
32130500	5000_MPE	Egg omelet or scrambled egg, with vegetables other than dark green and/or tomatoes, fat not added in cooking	61	3.5	B	1
32130400	5000_MPE	Egg omelet or scrambled egg, with tomatoes, fat added in cooking	60	3.5	B	2
32130420	5000_MPE	Egg omelet or scrambled egg, with tomatoes, NS as to fat added in cooking	60	3.5	B	2
24198720	5000_MPE	Chicken, ground	60	4	C	1
24207000	5000_MPE	Turkey, ground	60	4	C	1
32130490	5000_MPE	Egg omelet or scrambled egg, with vegetables other than dark green and/or tomatoes, fat added in cooking	59	3.5	B	2
32130510	5000_MPE	Egg omelet or scrambled egg, with vegetables other than dark green and/or tomatoes, NS as to fat added in cooking	59	3.5	B	2
31101010	5000_MPE	Egg, whole, raw	59	4	B	1
32130610	5000_MPE	Egg omelet or scrambled egg, with cheese and tomatoes, fat not added in cooking	59	3.5	B	2
24123301	5000_MPE	Chicken breast, grilled without sauce, skin not eaten	59	4	B	2
24124201	5000_MPE	Chicken breast, sauteed, skin not eaten	59	4	B	2
24127501	5000_MPE	Chicken breast, baked, coated, skin / coating not eaten	59	4	B	2
25110450	5000_MPE	Chicken liver, fried	59	3.5	C	3
32400065	5000_MPE	Egg white omelet, scrambled, or fried, made with oil	59	3.5	B	2
24198683	5000_MPE	Chicken fillet, grilled	58	4	B	2
32131200	5000_MPE	Egg omelet or scrambled egg, with potatoes and/or onions, fat added in cooking	58	3.5	B	2
32131220	5000_MPE	Egg omelet or scrambled egg, with potatoes and/or onions, NS as to fat added in cooking	58	3.5	B	2
24122161	5000_MPE	Chicken breast, baked, broiled, or roasted with marinade, skin not eaten, from raw	58	4	B	2
31110010	5000_MPE	Egg, yolk only, raw	58	2	D	1
25110140	5000_MPE	Beef liver, fried	57	4	C	1
32400310	5000_MPE	Egg white, omelet, scrambled, or fried, with vegetables, fat not added in cooking	57	4	A	1
32130440	5000_MPE	Egg omelet or scrambled egg, with dark-green vegetables, fat not added in cooking	57	3.5	B	1
23332100	5000_MPE	Opossum, cooked	57	4.5	B	1
32130700	5000_MPE	Egg omelet or scrambled egg, with cheese and vegetables other than dark green and/or tomatoes, fat not added in cooking	57	3.5	B	2
24103050	5000_MPE	Chicken, NS as to part, grilled without sauce, NS as to skin eaten	57	4	B	2
24103060	5000_MPE	Chicken, NS as to part, grilled without sauce, skin not eaten	57	4	B	2
24104051	5000_MPE	Chicken, NS as to part, sauteed, skin not eaten	57	4	B	2
24202500	5000_MPE	Turkey, thigh, cooked, skin not eaten	57	4	C	1
23350100	5000_MPE	Ostrich, cooked	57	4	B	1
24202010	5000_MPE	Turkey, drumstick, cooked, skin not eaten	56	4	B	1
24202060	5000_MPE	Turkey, drumstick, roasted, skin not eaten	56	4	B	1
32110150	5000_MPE	Shrimp-egg patty	56	1	E	3
24201220	5000_MPE	Turkey, dark meat, roasted, skin not eaten	56	4	C	1
24201320	5000_MPE	Turkey, light and dark meat, roasted, skin not eaten	56	4	B	1
24201330	5000_MPE	Turkey, light and dark meat, roasted, skin eaten	56	4	C	1
23333100	5000_MPE	Squirrel, cooked	56	4.5	B	1
24202460	5000_MPE	Turkey, thigh, cooked, skin eaten	55	4	C	1
24201030	5000_MPE	Turkey, light meat, skin eaten	55	4	C	1
24201130	5000_MPE	Turkey, light meat, roasted, skin eaten	55	4	C	1
24203010	5000_MPE	Turkey, wing, cooked, skin not eaten	55	4	B	1
24201000	5000_MPE	Turkey, NFS	54	4	B	1
24201020	5000_MPE	Turkey, light meat, skin not eaten	54	4	B	1
24201120	5000_MPE	Turkey, light meat, roasted, skin not eaten	54	4	B	1
24402110	5000_MPE	Dove, fried	54	4	B	2
32131210	5000_MPE	Egg omelet or scrambled egg, with potatoes and/or onions, fat not added in cooking	54	3.5	A	1
32130010	5000_MPE	Egg omelet or scrambled egg, made with oil	54	3	C	2
32110100	5000_MPE	Eggs a la Malaguena, Puerto Rican style	54	4	B	2
24142501	5000_MPE	Chicken drumstick, grilled without sauce, skin not eaten	54	4	B	2
24144301	5000_MPE	Chicken drumstick, sauteed, skin not eaten	54	4	B	2
24147401	5000_MPE	Chicken drumstick, baked, coated, skin / coating not eaten	54	4	B	2
32103000	5000_MPE	Egg salad, made with mayonnaise	54	3	D	3
24198670	5000_MPE	Chicken, chicken roll, roasted	54	4	B	1
24201230	5000_MPE	Turkey, dark meat, roasted, skin eaten	53	4	C	1
32105310	5000_MPE	Ripe plantain omelet, Puerto Rican style	53	3.5	C	2
24127202	5000_MPE	Chicken breast, fried, coated, prepared skinless, coating eaten, from raw	53	4	B	2
25140110	5000_MPE	Sweetbreads, cooked	53	4	B	1
24123300	5000_MPE	Chicken breast, grilled without sauce, skin eaten	53	4	B	2
24124200	5000_MPE	Chicken breast, sauteed, skin eaten	53	4	B	2
24102000	5000_MPE	Chicken, NS as to part, baked, broiled, or roasted, NS as to skin eaten	53	4	B	1
24102020	5000_MPE	Chicken, NS as to part, baked, broiled, or roasted, skin not eaten	53	4	B	1
24142301	5000_MPE	Chicken drumstick, baked, broiled, or roasted, skin not eaten, from raw	53	4	B	1
32400500	5000_MPE	Egg white, omelet, scrambled, or fried, with cheese and vegetables, fat added in cooking	53	3.5	B	3
32400520	5000_MPE	Egg white, omelet, scrambled, or fried, with cheese and vegetables, NS as to fat added in cooking	53	3.5	B	3
24205100	5000_MPE	Turkey, back	53	3.5	D	1
33401410	5000_MPE	Egg substitute, omelet, scrambled, or fried, with cheese and vegetables, fat not added in cooking	53	3.5	B	3
24127201	5000_MPE	Chicken breast, fried, coated, skin / coating not eaten, from raw	53	4	B	2
32103030	5000_MPE	Egg salad, made with creamy dressing	52	3	C	3
31102000	5000_MPE	Egg, whole, cooked, NS as to cooking method	52	3.5	C	2
24134101	5000_MPE	Chicken leg, drumstick and thigh, grilled without sauce, skin not eaten	52	4	C	2
24134301	5000_MPE	Chicken leg, drumstick and thigh, sauteed, skin not eaten	52	4	C	2
24137311	5000_MPE	Chicken leg, drumstick and thigh, baked, coated, skin / coating not eaten	52	4	C	2
24123120	5000_MPE	Chicken breast, stewed, skin not eaten	52	4.5	A	1
24122131	5000_MPE	Chicken breast, baked, broiled, or roasted, skin not eaten, from raw	52	4	B	1
41810250	5000_MPE	Bacon bits	52	1.5	D	4
24400020	5000_MPE	Cornish game hen, cooked, skin not eaten	52	4	B	1
24401020	5000_MPE	Cornish game hen, roasted, skin not eaten	52	4	B	1
33000990	5000_MPE	Egg substitute, omelet, scrambled, or fried, NS as to fat added in cooking	52	3.5	C	3
33001035	5000_MPE	Egg substitute, omelet, scrambled, or fried, NS as to type of fat	52	3.5	C	3

foodcode	level1nd	Description	Food Compass Score	Health Star Rating	Nutri-Score	NOVA Category
24132231	5000_MPE	Chicken leg, drumstick and thigh, baked or broiled, skin not eaten	52	4	B	1
24103000	5000_MPE	Chicken, NS as to part, stewed, NS as to skin eaten	52	4	B	1
24103020	5000_MPE	Chicken, NS as to part, stewed, skin not eaten	52	4	B	1
24122160	5000_MPE	Chicken breast, baked, broiled, or roasted with marinade, skin eaten, from raw	52	4	C	2
24203020	5000_MPE	Turkey, wing, cooked, skin eaten	51	4	C	1
24154011	5000_MPE	Chicken thigh, grilled without sauce, skin not eaten	51	4	C	2
24154301	5000_MPE	Chicken thigh, sauteed, skin not eaten	51	4	C	2
24157401	5000_MPE	Chicken thigh, baked, coated, skin / coating not eaten	51	4	C	2
24201410	5000_MPE	Turkey, light or dark meat, stewed, skin not eaten	51	4	B	1
32130640	5000_MPE	Egg omelet or scrambled egg, with cheese and dark-green vegetables, fat not added in cooking	51	3.5	C	2
24152231	5000_MPE	Chicken thigh, baked, broiled, or roasted, skin not eaten, from raw	51	4	B	1
24122130	5000_MPE	Chicken breast, baked, broiled, or roasted, skin eaten, from raw	51	4	B	1
25150000	5000_MPE	Brains, cooked	51	3.5	B	1
24122171	5000_MPE	Chicken breast, rotisserie, skin not eaten	51	4.5	A	1
24120120	5000_MPE	Chicken breast, NS as to cooking method, skin not eaten	51	4.5	A	1
24123110	5000_MPE	Chicken breast, stewed, skin eaten	51	4	B	1
32130670	5000_MPE	Egg omelet or scrambled egg, with cheese, tomatoes, and dark-green vegetables, fat not added in cooking	51	3.5	B	2
24142401	5000_MPE	Chicken drumstick, rotisserie, skin not eaten	50	4	B	1
24140220	5000_MPE	Chicken drumstick, NS as to cooking method, skin not eaten	50	4	B	1
24143220	5000_MPE	Chicken drumstick, stewed, skin not eaten	50	4	B	1
24202070	5000_MPE	Turkey, drumstick, roasted, skin eaten	50	4	C	1
32102000	5000_MPE	Egg, deviled	50	3	C	3
24103055	5000_MPE	Chicken, NS as to part, grilled without sauce, skin eaten	50	4	C	1
24104049	5000_MPE	Chicken, NS as to part, sauteed, skin eaten	50	4	C	1
24404100	5000_MPE	Pheasant, cooked	50	4	B	1
31105090	5000_MPE	Egg, whole, fried, from fast food / restaurant	50	3.5	C	1
24300120	5000_MPE	Duck, cooked, skin not eaten	50	4	B	1
24301020	5000_MPE	Duck, roasted, skin not eaten	50	4	B	1
24102050	5000_MPE	Chicken, NS as to part, rotisserie, NS as to skin eaten	50	4	B	1
24102070	5000_MPE	Chicken, NS as to part, rotisserie, skin not eaten	50	4	B	1
24100000	5000_MPE	Chicken, NS as to part and cooking method, NS as to skin eaten	50	4	B	1
24100020	5000_MPE	Chicken, NS as to part and cooking method, skin not eaten	50	4	B	1
24201370	5000_MPE	Turkey, light or dark meat, fried, coated, skin eaten	50	4	B	2
32105180	5000_MPE	Huevos rancheros	50	4	B	3
32130630	5000_MPE	Egg omelet or scrambled egg, with cheese and dark-green vegetables, fat added in cooking	50	3	C	2
32130650	5000_MPE	Egg omelet or scrambled egg, with cheese and dark-green vegetables, NS as to fat added in cooking	50	3	C	2
31202000	5000_MPE	Goose egg, cooked	50	3	D	1
32130660	5000_MPE	Egg omelet or scrambled egg, with cheese, tomatoes, and dark-green vegetables, fat added in cooking	50	3	C	2
32130680	5000_MPE	Egg omelet or scrambled egg, with cheese, tomatoes, and dark-green vegetables, NS as to fat added in cooking	50	3	C	2
33401000	5000_MPE	Egg substitute, omelet, scrambled, or fried, with cheese, fat added in cooking	50	3	D	3
33401020	5000_MPE	Egg substitute, omelet, scrambled, or fried, with cheese, NS as to fat added in cooking	50	3	D	3
32103020	5000_MPE	Egg salad, made with mayonnaise-type salad dressing	49	3	C	3
23321250	5000_MPE	Venison/deer steak, breaded or floured, cooked, NS as to cooking method	49	4	B	3
24202600	5000_MPE	Turkey, neck	49	3.5	C	1
32130600	5000_MPE	Egg omelet or scrambled egg, with cheese and tomatoes, fat added in cooking	49	3.5	B	2
32130620	5000_MPE	Egg omelet or scrambled egg, with cheese and tomatoes, NS as to fat added in cooking	49	3.5	B	2
24133220	5000_MPE	Chicken leg, drumstick and thigh, stewed, skin not eaten	49	4	C	1
24127500	5000_MPE	Chicken breast, baked, coated, skin / coating eaten	49	4	B	2
32130690	5000_MPE	Egg omelet or scrambled egg, with cheese and vegetables other than dark green and/or tomatoes, fat added in cooking	49	3	C	2
32130710	5000_MPE	Egg omelet or scrambled egg, with cheese and vegetables other than dark green and/or tomatoes, NS as to fat added in cool	49	3	C	2
24201420	5000_MPE	Turkey light or dark meat, stewed, skin eaten	49	4	C	1
24147301	5000_MPE	Chicken drumstick, fried, coated, skin / coating not eaten, from raw	49	4	B	2
73305020	5000_MPE	Squash, winter, souffle	49	4.5	A	1
32130070	5000_MPE	Egg omelet or scrambled egg, made without fat	49	3.5	C	1
24102010	5000_MPE	Chicken, NS as to part, baked, broiled, or roasted, skin eaten	49	4	B	1
24153220	5000_MPE	Chicken thigh, stewed, skin not eaten	49	4	C	1
31106010	5000_MPE	Egg, whole, baked, fat not added in cooking	48	3.5	B	1
32130060	5000_MPE	Egg omelet or scrambled egg, made with cooking spray	48	3.5	C	2
24202020	5000_MPE	Turkey, drumstick, cooked, skin eaten	48	4	C	1
31103010	5000_MPE	Egg, whole, boiled or poached	48	3.5	C	1
25170420	5000_MPE	Gizzard, cooked	48	4.5	B	1
24123311	5000_MPE	Chicken breast, grilled with sauce, skin not eaten	48	4	C	3
24122170	5000_MPE	Chicken breast, rotisserie, skin eaten	48	4	B	1
24120110	5000_MPE	Chicken breast, NS as to cooking method, skin eaten	48	4	B	1
24142300	5000_MPE	Chicken drumstick, baked, broiled, or roasted, skin eaten, from raw	48	4	B	1
24132241	5000_MPE	Chicken leg, drumstick and thigh, rotisserie, skin not eaten	48	4	C	1
24130220	5000_MPE	Chicken leg, drumstick and thigh, NS as to cooking method, skin not eaten	48	4	C	1
32103015	5000_MPE	Egg salad, made with light mayonnaise	47	3	C	3
32103025	5000_MPE	Egg salad, made with light mayonnaise-type salad dressing	47	3	C	3
24142500	5000_MPE	Chicken drumstick, grilled without sauce, skin eaten	47	4	C	2
24144300	5000_MPE	Chicken drumstick, sauteed, skin eaten	47	4	C	2
31201000	5000_MPE	Duck egg, cooked	47	3	D	1
24201060	5000_MPE	Turkey, light meat, breaded, baked or fried, skin not eaten	47	4.5	A	3
24137301	5000_MPE	Chicken leg, drumstick and thigh, fried, coated, skin / coating not eaten	47	4	B	2
31105030	5000_MPE	Egg, whole, fried with oil	47	3	D	2
32103045	5000_MPE	Egg salad, made with light Italian dressing	47	3	C	3
24103010	5000_MPE	Chicken, NS as to part, stewed, skin eaten	47	4	B	1
32130000	5000_MPE	Egg omelet or scrambled egg, made with margarine	47	3	C	3
72125240	5000_MPE	Spinach souffle	47	3.5	B	1
24201070	5000_MPE	Turkey, light meat, breaded, baked or fried, skin eaten	47	4	B	3
31111000	5000_MPE	Egg, yolk only, cooked, NS as to fat added in cooking	47	1.5	D	2
31111020	5000_MPE	Egg, yolk only, cooked, fat added in cooking	47	1.5	D	2
25112200	5000_MPE	Liver paste or pate, chicken	47	3.5	C	3
23323500	5000_MPE	Bear, cooked	46	4	C	1
24157301	5000_MPE	Chicken thigh, fried, coated, skin / coating not eaten, from raw	46	4	B	2
31106000	5000_MPE	Egg, whole, baked, NS as to fat added in cooking	46	3	C	3
31106020	5000_MPE	Egg, whole, baked, fat added in cooking	46	3	C	3
23335100	5000_MPE	Raccoon, cooked	46	4	C	1
24102060	5000_MPE	Chicken, NS as to part, rotisserie, skin eaten	46	4	B	1
24100010	5000_MPE	Chicken, NS as to part and cooking method, skin eaten	46	4	B	1
24122151	5000_MPE	Chicken breast, baked or broiled, skin not eaten, from fast food / restaurant	46	4	B	4
24152301	5000_MPE	Chicken thigh, rotisserie, skin not eaten	46	4	B	1
24150220	5000_MPE	Chicken thigh, NS as to cooking method, skin not eaten	46	4	B	1
32400510	5000_MPE	Egg white, omelet, scrambled, or fried, with cheese and vegetables, fat not added in cooking	46	3.5	B	3
32129990	5000_MPE	Egg omelet or scrambled egg, NS as to fat added in cooking	46	3	C	3
32130065	5000_MPE	Egg omelet or scrambled egg, NS as to type of fat	46	3	C	3
24127200	5000_MPE	Chicken breast, fried, coated, skin / coating eaten, from raw	46	4	C	2
31108100	5000_MPE	Egg, white, cooked, NS as to fat added in cooking	46	3.5	B	3
31108120	5000_MPE	Egg, white, cooked, fat added in cooking	46	3.5	B	3
24132230	5000_MPE	Chicken leg, drumstick and thigh, baked or broiled, skin eaten	45	4	C	1
32130160	5000_MPE	Egg omelet or scrambled egg, with cheese, made with cooking spray	45	3	D	2
24311010	5000_MPE	Goose, wild, roasted	45	3.5	D	1

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24143210	5000_MPE	Chicken drumstick, stewed, skin eaten	45	4	C	1
24134100	5000_MPE	Chicken leg, drumstick and thigh, grilled without sauce, skin eaten	45	3.5	C	2
24134300	5000_MPE	Chicken leg, drumstick and thigh, sauteed, skin eaten	45	3.5	C	2
32130830	5000_MPE	Egg omelet or scrambled egg, with meat and dark-green vegetables, fat added in cooking	45	3	C	3
32130850	5000_MPE	Egg omelet or scrambled egg, with meat and dark-green vegetables, NS as to fat added in cooking	45	3	C	3
24142400	5000_MPE	Chicken drumstick, rotisserie, skin eaten	45	4	C	1
24140210	5000_MPE	Chicken drumstick, NS as to cooking method, skin eaten	45	4	C	1
32130170	5000_MPE	Egg omelet or scrambled egg, with cheese, made without fat	44	3	D	2
32103035	5000_MPE	Egg salad, made with light creamy dressing	44	3.5	C	3
32103040	5000_MPE	Egg salad, made with Italian dressing	44	3	C	3
24147302	5000_MPE	Chicken drumstick, fried, coated, prepared skinless, coating eaten, from raw	44	3.5	C	2
33401500	5000_MPE	Egg substitute, omelet, scrambled, or fried, with meat and vegetables, fat added in cooking	44	3	C	3
33401520	5000_MPE	Egg substitute, omelet, scrambled, or fried, with meat and vegetables, NS as to fat added in cooking	44	3	C	3
33001040	5000_MPE	Egg substitute, omelet, scrambled, or fried, made with cooking spray	44	3.5	B	2
24103070	5000_MPE	Chicken, NS as to part, grilled with sauce, NS as to skin eaten	44	3.5	C	3
24103080	5000_MPE	Chicken, NS as to part, grilled with sauce, skin not eaten	44	3.5	C	3
24198570	5000_MPE	Chicken, canned, meat only	44	4	C	3
24206000	5000_MPE	Turkey, canned	44	4	C	3
24198742	5000_MPE	Chicken tenders or strips, breaded, from restaurant	44	2	D	2
24152230	5000_MPE	Chicken thigh, baked, broiled, or roasted, skin eaten, from raw	44	3.5	C	1
33001000	5000_MPE	Egg substitute, omelet, scrambled, or fried, made with margarine	44	3.5	C	4
31111010	5000_MPE	Egg, yolk only, cooked, fat not added in cooking	44	1.5	D	1
32130860	5000_MPE	Egg omelet or scrambled egg, with meat, tomatoes, and dark-green vegetables, fat added in cooking	44	3	C	3
32130880	5000_MPE	Egg omelet or scrambled egg, with meat, tomatoes, and dark-green vegetables, NS as to fat added in cooking	44	3	C	3
23150270	5000_MPE	Goat head, cooked	44	4	B	1
32130110	5000_MPE	Egg omelet or scrambled egg, with cheese, made with oil	43	3	D	2
24154010	5000_MPE	Chicken thigh, grilled without sauce, skin eaten	43	3.5	D	2
24154300	5000_MPE	Chicken thigh, sauteed, skin eaten	43	3.5	D	2
32103050	5000_MPE	Egg Salad, made with any type of fat free dressing	43	3.5	B	2
24147400	5000_MPE	Chicken drumstick, baked, coated, skin / coating eaten	43	4	C	2
23334100	5000_MPE	Beaver, cooked	43	4	B	1
32400100	5000_MPE	Egg white, omelet, scrambled, or fried, with cheese, fat added in cooking	43	3	C	3
32400120	5000_MPE	Egg white, omelet, scrambled, or fried, with cheese, NS as to fat added in cooking	43	3	C	3
32130890	5000_MPE	Egg omelet or scrambled egg, with meat and vegetables other than dark-green and/or tomatoes, fat added in cooking	43	3	D	3
32130910	5000_MPE	Egg omelet or scrambled egg, with meat and vegetables other than dark-green and/or tomatoes, NS as to fat added in cooki	43	3	D	3
24132240	5000_MPE	Chicken leg, drumstick and thigh, rotisserie, skin eaten	43	4	C	1
24130210	5000_MPE	Chicken leg, drumstick and thigh, NS as to cooking method, skin eaten	43	4	C	1
24133210	5000_MPE	Chicken leg, drumstick and thigh, stewed, skin eaten	43	3.5	C	1
24205000	5000_MPE	Turkey, tail	42	2	D	1
32130800	5000_MPE	Egg omelet or scrambled egg, with meat and tomatoes, fat added in cooking	42	3	C	3
32130820	5000_MPE	Egg omelet or scrambled egg, with meat and tomatoes, NS as to fat added in cooking	42	3	C	3
31107000	5000_MPE	Egg, whole, pickled	42	3.5	C	3
24157302	5000_MPE	Chicken thigh, fried, coated, prepared skinless, coating eaten, from raw	42	4	C	2
31108010	5000_MPE	Egg, white only, raw	42	4	A	1
32400075	5000_MPE	Egg white omelet, scrambled, or fried, made with cooking spray	42	4	B	2
24302010	5000_MPE	Duck, pressed, Chinese	42	3.5	C	2
31203000	5000_MPE	Quail egg, canned	42	3	D	3
31105010	5000_MPE	Egg, whole, fried without fat	41	3.5	C	1
24153210	5000_MPE	Chicken thigh, stewed, skin eaten	41	3.5	C	1
24123310	5000_MPE	Chicken breast, grilled with sauce, skin eaten	41	3.5	C	2
24152300	5000_MPE	Chicken thigh, rotisserie, skin eaten	41	4	C	1
24150210	5000_MPE	Chicken thigh, NS as to cooking method, skin eaten	41	4	C	1
23324100	5000_MPE	Caribou, cooked	41	4.5	B	1
24127211	5000_MPE	Chicken breast, fried, coated, skin / coating not eaten, from pre-cooked	41	4	B	4
24142321	5000_MPE	Chicken drumstick, baked or broiled, skin not eaten, from fast food / restaurant	41	4	C	4
24164000	5000_MPE	Chicken wing, grilled without sauce	41	3.5	D	2
24164200	5000_MPE	Chicken wing, sauteed	41	3.5	D	2
24137310	5000_MPE	Chicken leg, drumstick and thigh, baked, coated, skin / coating eaten	41	3.5	C	2
24142511	5000_MPE	Chicken drumstick, grilled with sauce, skin not eaten	41	3.5	C	3
22210310	5000_MPE	Pork, tenderloin, breaded, fried	41	3.5	C	3
24147300	5000_MPE	Chicken drumstick, fried, coated, skin / coating eaten, from raw	40	3.5	C	2
21401400	5000_MPE	Beef, roast, canned	40	4	B	3
31105080	5000_MPE	Egg, whole, fried with cooking spray	40	3.5	C	2
24134151	5000_MPE	Chicken leg, drumstick and thigh, grilled with sauce, skin not eaten	40	3.5	C	2
24198735	5000_MPE	Chicken nuggets, from school lunch	40	3.5	B	4
24198745	5000_MPE	Chicken tenders or strips, breaded, from school lunch	40	3.5	B	4
23323100	5000_MPE	Moose, cooked	40	4.5	A	1
24162130	5000_MPE	Chicken wing, baked, broiled, or roasted, from raw	40	3.5	D	1
24122150	5000_MPE	Chicken breast, baked or broiled, skin eaten, from fast food / restaurant	40	4	C	4
32105330	5000_MPE	Scrambled eggs with jerked beef, Puerto Rican style	40	1	D	3
22701020	5000_MPE	Pork, spareribs, cooked, lean only eaten	40	4	C	1
24157400	5000_MPE	Chicken thigh, baked, coated, skin / coating eaten	39	3.5	C	2
32130040	5000_MPE	Egg omelet or scrambled egg, made with animal fat or meat drippings	39	3	C	2
24201360	5000_MPE	Turkey, light or dark meat, fried, coated, skin not eaten	39	4	B	4
32400055	5000_MPE	Egg white omelet, scrambled, or fried, NS as to fat added in cooking	39	3.5	B	3
32400078	5000_MPE	Egg white omelet, scrambled, or fried, NS as to type of fat	39	3.5	B	3
24107081	5000_MPE	Chicken, NS as to part, baked, coated, skin / coating not eaten	39	4	C	4
24157331	5000_MPE	Chicken thigh, fried, coated, skin / coating not eaten, from restaurant	39	3.5	C	3
23310000	5000_MPE	Rabbit, NS as to domestic or wild, cooked	39	4	B	1
23311100	5000_MPE	Rabbit, domestic, NS as to cooking method	39	4	B	1
32130840	5000_MPE	Egg omelet or scrambled egg, with meat and dark-green vegetables, fat not added in cooking	39	3.5	C	3
32400600	5000_MPE	Egg white, omelet, scrambled, or fried, with meat and vegetables, fat added in cooking	39	3	C	3
32400620	5000_MPE	Egg white, omelet, scrambled, or fried, with meat and vegetables, NS as to fat added in cooking	39	3	C	3
31105005	5000_MPE	Egg, whole, fried, NS as to fat added in cooking	39	3	D	3
31105085	5000_MPE	Egg, whole, fried, NS as to type of fat	39	3	D	3
24137300	5000_MPE	Chicken leg, drumstick and thigh, fried, coated, skin / coating eaten	38	3.5	C	2
24170200	5000_MPE	Chicken, back	38	3.5	D	1
24152251	5000_MPE	Chicken thigh, baked or broiled, skin not eaten, from fast food / restaurant	38	4	C	4
24154021	5000_MPE	Chicken thigh, grilled with sauce, skin not eaten	38	3.5	D	3
32130870	5000_MPE	Egg omelet or scrambled egg, with meat, tomatoes, and dark-green vegetables, fat not added in cooking	38	3.5	C	3
24122141	5000_MPE	Chicken breast, baked or broiled, skin not eaten, from pre-cooked	38	4.5	A	4
24400010	5000_MPE	Cornish game hen, cooked, skin eaten	38	3.5	D	1
24401010	5000_MPE	Cornish game hen, roasted, skin eaten	38	3.5	D	1
24103075	5000_MPE	Chicken, NS as to part, grilled with sauce, skin eaten	38	3.5	C	2
21500000	5000_MPE	Ground beef, raw	38	3.5	C	1
24162200	5000_MPE	Chicken wing, rotisserie	38	2	D	1
24160110	5000_MPE	Chicken wing, NS as to cooking method	38	2	D	1
24127221	5000_MPE	Chicken breast, fried, coated, skin / coating not eaten, from fast food / restaurant	38	4	B	4
32130100	5000_MPE	Egg omelet or scrambled egg, with cheese, made with margarine	37	3	D	3
32130810	5000_MPE	Egg omelet or scrambled egg, with meat and tomatoes, fat not added in cooking	37	3.5	C	3
32101000	5000_MPE	Egg, creamed	37	3	C	1
24167300	5000_MPE	Chicken wing, baked, coated	37	3.5	D	2

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24142311	5000_MPE	Chicken drumstick, baked or broiled, skin not eaten, from pre-cooked	37	4	B	4
24157300	5000_MPE	Chicken thigh, fried, coated, skin / coating eaten, from raw	37	3.5	C	2
32131090	5000_MPE	Egg omelet or scrambled egg, with cheese, meat, and vegetables other than dark-green and/or tomatoes, fat added in cooki	37	3	D	3
32131110	5000_MPE	Egg omelet or scrambled egg, with cheese, meat, and vegetables other than dark-green and/or tomatoes, NS as to fat added	37	3	D	3
23150100	5000_MPE	Goat, boiled	37	4	B	1
23150250	5000_MPE	Goat, baked	37	4	B	1
23150300	5000_MPE	Goat ribs, cooked	37	4	B	1
24168022	5000_MPE	Chicken "wings", plain, from other sources	37	2	D	2
32131000	5000_MPE	Egg omelet or scrambled egg, with cheese, meat, and tomatoes, fat added in cooking	37	3	C	3
32131020	5000_MPE	Egg omelet or scrambled egg, with cheese, meat, and tomatoes, NS as to fat added in cooking	37	3	C	3
33401600	5000_MPE	Egg substitute, omelet, scrambled, or fried, with cheese, meat, and vegetables, fat added in cooking	37	3	D	3
33401620	5000_MPE	Egg substitute, omelet, scrambled, or fried, with cheese, meat, and vegetables, NS as to fat added in cooking	37	3	D	3
27250550	5000_MPE	Seafood souffle	37	3	C	2
24142510	5000_MPE	Chicken drumstick, grilled with sauce, skin eaten	37	3.5	D	2
22000100	5000_MPE	Pork, NS as to cut, cooked, NS as to fat eaten	36	3.5	C	1
22000110	5000_MPE	Pork, NS as to cut, cooked, lean and fat eaten	36	3.5	C	1
22101000	5000_MPE	Pork chop, NS as to cooking method, NS as to fat eaten	36	3.5	C	1
22101010	5000_MPE	Pork chop, NS as to cooking method, lean and fat eaten	36	3.5	C	1
22101100	5000_MPE	Pork chop, broiled or baked, NS as to fat eaten	36	3.5	C	1
22101110	5000_MPE	Pork chop, broiled or baked, lean and fat eaten	36	3.5	C	1
24300110	5000_MPE	Duck, cooked, skin eaten	36	2	D	1
24301010	5000_MPE	Duck, roasted, skin eaten	36	2	D	1
23331100	5000_MPE	Ground hog, cooked	36	4	C	1
23326100	5000_MPE	Bison, cooked	36	4.5	A	1
24301210	5000_MPE	Duck, coated, fried	36	4	C	2
25221855	5000_MPE	Turkey or chicken sausage, reduced sodium	36	4	B	4
24134150	5000_MPE	Chicken leg, drumstick and thigh, grilled with sauce, skin eaten	36	3	D	2
24198677	5000_MPE	Chicken fillet, breaded	36	3.5	B	4
24198746	5000_MPE	Chicken tenders or strips, breaded, from frozen	36	3.5	B	4
23321000	5000_MPE	Venison/deer, NFS	36	4.5	B	1
23321100	5000_MPE	Venison/deer, roasted	36	4.5	B	1
23322350	5000_MPE	Venison/deer ribs, cooked	36	4.5	B	1
23322400	5000_MPE	Venison/deer, stewed	36	4.5	B	1
24147311	5000_MPE	Chicken drumstick, fried, coated, skin / coating not eaten, from pre-cooked	36	4	B	4
32130020	5000_MPE	Egg omelet or scrambled egg, made with butter	36	3	D	2
33401010	5000_MPE	Egg substitute, omelet, scrambled, or fried, with cheese, fat not added in cooking	36	3	C	3
22201020	5000_MPE	Pork steak or cutlet, NS as to cooking method, lean only eaten	35	4	C	1
22201120	5000_MPE	Pork steak or cutlet, broiled or baked, lean only eaten	35	4	C	1
33401510	5000_MPE	Egg substitute, omelet, scrambled, or fried, with meat and vegetables, fat not added in cooking	35	3.5	C	3
23150200	5000_MPE	Goat, fried	35	4	B	2
24198500	5000_MPE	Chicken feet	35	4	B	1
32131060	5000_MPE	Egg omelet or scrambled egg, with cheese, meat, tomatoes, and dark-green vegetables, fat added in cooking	35	3	D	3
32131080	5000_MPE	Egg omelet or scrambled egg, with cheese, meat, tomatoes, and dark-green vegetables, NS as to fat added in cooking	35	3	D	3
32130900	5000_MPE	Egg omelet or scrambled egg, with meat and vegetables other than dark-green and/or tomatoes, fat not added in cooking	35	3	C	3
32130210	5000_MPE	Egg omelet or scrambled egg, with meat, made with oil	35	3	D	3
24163110	5000_MPE	Chicken wing, stewed	35	3.5	D	1
23311200	5000_MPE	Rabbit, wild, cooked	35	4.5	B	1
24154020	5000_MPE	Chicken thigh, grilled with sauce, skin eaten	35	3	D	2
32131030	5000_MPE	Egg omelet or scrambled egg, with cheese, meat, and dark-green vegetables, fat added in cooking	35	2	D	3
32131050	5000_MPE	Egg omelet or scrambled egg, with cheese, meat, and dark-green vegetables, NS as to fat added in cooking	35	2	D	3
24122140	5000_MPE	Chicken breast, baked or broiled, skin eaten, from pre-cooked	35	4	B	4
24198747	5000_MPE	Chicken tenders or strips, breaded, from other sources	34	3.5	D	4
24142320	5000_MPE	Chicken drumstick, baked or broiled, skin eaten, from fast food / restaurant	34	3.5	C	4
24198739	5000_MPE	Chicken tenders or strips, NFS	34	2	D	4
24198741	5000_MPE	Chicken tenders or strips, breaded, from fast food	34	2	D	4
22002100	5000_MPE	Pork, ground or patty, breaded, cooked	34	2	D	3
24198671	5000_MPE	Chicken patty, breaded	34	3	D	4
33001050	5000_MPE	Egg substitute, omelet, scrambled, or fried, made without fat	34	3.5	B	4
33001110	5000_MPE	Egg substitute, cheese flavored, omelet, scrambled, or fried, fat not added in cooking	34	3.5	B	4
33001210	5000_MPE	Egg substitute, vegetable flavored, omelet, scrambled, or fried, fat not added in cooking	34	3.5	B	4
22301120	5000_MPE	Ham, fresh, cooked, lean only eaten	34	4	C	1
21420100	5000_MPE	Beef, sandwich steak, flaked, formed, thinly sliced	34	2	D	2
22400120	5000_MPE	Pork roast, NS as to cut, cooked, lean only eaten	34	4	C	1
22401020	5000_MPE	Pork roast, loin, cooked, lean only eaten	34	4	C	1
24180200	5000_MPE	Chicken, neck or ribs	34	3.5	D	1
24167200	5000_MPE	Chicken wing, fried, coated, from raw	34	3.5	D	2
22402510	5000_MPE	Fried pork chunks, Puerto Rican style	34	4	D	1
22210300	5000_MPE	Pork, tenderloin, cooked, NS as to cooking method	33	4	C	1
22210400	5000_MPE	Pork, tenderloin, baked	33	4	C	1
22000300	5000_MPE	Pork, NS as to cut, breaded or floured, fried, NS as to fat eaten	33	3.5	C	3
22000320	5000_MPE	Pork, NS as to cut, breaded or floured, fried, lean only eaten	33	3.5	C	3
22101320	5000_MPE	Pork chop, breaded or floured, fried, lean only eaten	33	3.5	C	3
21000100	5000_MPE	Beef, NS as to cut, cooked, NS as to fat eaten	33	4	C	1
21000120	5000_MPE	Beef, NS as to cut, cooked, lean only eaten	33	4	C	1
21001000	5000_MPE	Steak, NS as to type of meat, cooked, NS as to fat eaten	33	4	C	1
21001020	5000_MPE	Steak, NS as to type of meat, cooked, lean only eaten	33	4	C	1
21101000	5000_MPE	Beef steak, NS as to cooking method, NS as to fat eaten	33	4	C	1
21101020	5000_MPE	Beef steak, NS as to cooking method, lean only eaten	33	4	C	1
21101110	5000_MPE	Beef steak, broiled or baked, NS as to fat eaten	33	4	C	1
21101130	5000_MPE	Beef steak, broiled or baked, lean only eaten	33	4	C	1
24164010	5000_MPE	Chicken wing, grilled with sauce	33	2	D	2
33401100	5000_MPE	Egg substitute, omelet, scrambled, or fried, with meat, fat added in cooking	33	2	D	3
33401120	5000_MPE	Egg substitute, omelet, scrambled, or fried, with meat, NS as to fat added in cooking	33	2	D	3
20000000	5000_MPE	Meat, NFS	33	4	C	1
24157311	5000_MPE	Chicken thigh, fried, coated, skin / coating not eaten, from pre-cooked	33	4	C	4
22000310	5000_MPE	Pork, NS as to cut, breaded or floured, fried, lean and fat eaten	33	3.5	D	2
22101300	5000_MPE	Pork chop, breaded or floured, fried, NS as to fat eaten	33	3.5	D	2
22101310	5000_MPE	Pork chop, breaded or floured, fried, lean and fat eaten	33	3.5	D	2
32130140	5000_MPE	Egg omelet or scrambled egg, with cheese, made with animal fat or meat drippings	33	3	D	2
21401110	5000_MPE	Beef, roast, roasted, lean and fat eaten	33	4	B	1
24152241	5000_MPE	Chicken thigh, baked or broiled, skin not eaten, from pre-cooked	33	4	B	4
22400100	5000_MPE	Pork roast, NS as to cut, cooked, NS as to fat eaten	33	3.5	D	1
22400110	5000_MPE	Pork roast, NS as to cut, cooked, lean and fat eaten	33	3.5	D	1
22401000	5000_MPE	Pork roast, loin, cooked, NS as to fat eaten	33	3.5	D	1
22401010	5000_MPE	Pork roast, loin, cooked, lean and fat eaten	33	3.5	D	1
22201000	5000_MPE	Pork steak or cutlet, NS as to cooking method, NS as to fat eaten	32	3.5	D	1
22201010	5000_MPE	Pork steak or cutlet, NS as to cooking method, lean and fat eaten	32	3.5	D	1
22201100	5000_MPE	Pork steak or cutlet, broiled or baked, NS as to fat eaten	32	3.5	D	1
22201110	5000_MPE	Pork steak or cutlet, broiled or baked, lean and fat eaten	32	3.5	D	1
24107071	5000_MPE	Chicken, NS as to part, fried, coated, skin / coating not eaten	32	4	C	4
22101130	5000_MPE	Pork chop, breaded or floured, broiled or baked, NS as to fat eaten	32	3.5	D	3
22101140	5000_MPE	Pork chop, breaded or floured, broiled or baked, lean and fat eaten	32	3.5	D	3

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24127210	5000_MPE	Chicken breast, fried, coated, skin / coating eaten, from pre-cooked	32	4	C	4
32400060	5000_MPE	Egg white omelet, scrambled, or fried, made with margarine	32	3.5	B	4
24198340	5000_MPE	Chicken, tail	32	3.5	C	1
24198729	5000_MPE	Chicken nuggets, NFS	32	3	D	4
24198731	5000_MPE	Chicken nuggets, from fast food	32	3	D	4
24198732	5000_MPE	Chicken nuggets, from restaurant	32	3	D	4
25160000	5000_MPE	Tongue, cooked	32	2	D	1
22705010	5000_MPE	Pork ears, tail, head, snout, miscellaneous parts, cooked	32	3.5	C	1
22201420	5000_MPE	Pork steak or cutlet, breaded or floured, fried, lean only eaten	32	3.5	C	3
23204030	5000_MPE	Veal cutlet or steak, NS as to cooking method, lean only eaten	32	4	B	1
23204220	5000_MPE	Veal cutlet or steak, broiled, lean only eaten	32	4	B	1
22201320	5000_MPE	Pork steak or cutlet, breaded or floured, broiled or baked, lean only eaten	32	3.5	C	2
22708010	5000_MPE	Pork, pig's hocks, cooked	32	3.5	C	1
22210350	5000_MPE	Pork, tenderloin, braised	32	4	B	1
22411020	5000_MPE	Pork roast, shoulder, cooked, lean only eaten	32	3.5	C	1
32131010	5000_MPE	Egg omelet or scrambled egg, with cheese, meat, and tomatoes, fat not added in cooking	32	3	C	3
32400700	5000_MPE	Egg white, omelet, scrambled, or fried, with cheese, meat, and vegetables, fat added in cooking	32	3	D	3
32400720	5000_MPE	Egg white, omelet, scrambled, or fried, with cheese, meat, and vegetables, NS as to fat added in cooking	32	3	D	3
31105060	5000_MPE	Egg, whole, fried with animal fat or meat drippings	32	3	D	2
24142310	5000_MPE	Chicken drumstick, baked or broiled, skin eaten, from pre-cooked	32	4	C	4
24168031	5000_MPE	Chicken "wings", boneless, with hot sauce, from other sources	31	2	D	3
32130200	5000_MPE	Egg omelet or scrambled egg, with meat, made with margarine	31	2	D	3
21000110	5000_MPE	Beef, NS as to cut, cooked, lean and fat eaten	31	3.5	D	1
21101010	5000_MPE	Beef steak, NS as to cooking method, lean and fat eaten	31	3.5	D	1
21101120	5000_MPE	Beef steak, broiled or baked, lean and fat eaten	31	3.5	D	1
22000120	5000_MPE	Pork, NS as to cut, cooked, lean only eaten	31	4	C	1
22101020	5000_MPE	Pork chop, NS as to cooking method, lean only eaten	31	4	C	1
22101120	5000_MPE	Pork chop, broiled or baked, lean only eaten	31	4	C	1
32130190	5000_MPE	Egg omelet or scrambled egg, with meat, NS as to fat added in cooking	31	2	D	3
32130265	5000_MPE	Egg omelet or scrambled egg, with meat, NS as to type of fat	31	2	D	3
32130080	5000_MPE	Egg omelet or scrambled egg, from fast food / restaurant	31	3	C	4
24147321	5000_MPE	Chicken drumstick, fried, coated, skin / coating not eaten, from fast food / restaurant	31	3.5	C	4
22101150	5000_MPE	Pork chop, breaded or floured, broiled or baked, lean only eaten	31	3.5	C	3
32130260	5000_MPE	Egg omelet or scrambled egg, with meat, made with cooking spray	31	2	D	3
32130310	5000_MPE	Egg omelet or scrambled egg, with cheese and meat, made with oil	31	1.5	D	3
32130120	5000_MPE	Egg omelet or scrambled egg, with cheese, made with butter	31	2	D	2
21401000	5000_MPE	Beef, roast, roasted, NS as to fat eaten	31	4	B	1
25170110	5000_MPE	Tripe, cooked	31	3.5	B	1
22301000	5000_MPE	Ham, fresh, cooked, NS as to fat eaten	31	2	D	1
22301110	5000_MPE	Ham, fresh, cooked, lean and fat eaten	31	2	D	1
22210450	5000_MPE	Pork, tenderloin, battered, fried	31	4	C	2
22704010	5000_MPE	Pork, cracklings, cooked	31	0.5	E	3
75418060	5000_MPE	Squash, summer, souffle	31	3	C	2
23200120	5000_MPE	Veal, NS as to cut, cooked, lean only eaten	30	4	B	1
22101500	5000_MPE	Pork chop, stewed, NS as to fat eaten	30	3.5	C	1
22101510	5000_MPE	Pork chop, stewed, lean and fat eaten	30	3.5	C	1
24208000	5000_MPE	Turkey, nuggets	30	4	C	4
22201300	5000_MPE	Pork steak or cutlet, breaded or floured, broiled or baked, NS as to fat eaten	30	2	D	2
22201310	5000_MPE	Pork steak or cutlet, breaded or floured, broiled or baked, lean and fat eaten	30	2	D	2
23321200	5000_MPE	Venison/deer steak, cooked, NS as to cooking method	30	4	B	2
32130270	5000_MPE	Egg omelet or scrambled egg, with meat, made without fat	30	2	D	3
23101020	5000_MPE	Lamb chop, NS as to cut, cooked, lean only eaten	30	4	C	1
23104020	5000_MPE	Lamb, loin chop, cooked, lean only eaten	30	4	C	1
32131070	5000_MPE	Egg omelet or scrambled egg, with cheese, meat, tomatoes, and dark-green vegetables, fat not added in cooking	30	3	D	3
21001010	5000_MPE	Steak, NS as to type of meat, cooked, lean and fat eaten	30	3.5	D	1
23340100	5000_MPE	Armadillo, cooked	30	4.5	A	1
24152250	5000_MPE	Chicken thigh, baked or broiled, skin eaten, from fast food / restaurant	30	3.5	D	4
32131100	5000_MPE	Egg omelet or scrambled egg, with cheese, meat, and vegetables other than dark-green and/or tomatoes, fat not added in c	30	3	D	3
14630200	5000_MPE	Cheese souffle	30	2	D	2
24198737	5000_MPE	Chicken nuggets, from other sources	30	3	D	4
22000200	5000_MPE	Pork, NS as to cut, fried, NS as to fat eaten	30	3.5	C	1
22000210	5000_MPE	Pork, NS as to cut, fried, lean and fat eaten	30	3.5	C	1
22101200	5000_MPE	Pork chop, fried, NS as to fat eaten	30	3.5	C	1
22101210	5000_MPE	Pork chop, fried, lean and fat eaten	30	3.5	C	1
23322300	5000_MPE	Deer chop, cooked	30	4	C	4
23110000	5000_MPE	Lamb, ribs, cooked, lean only eaten	30	3.5	C	1
22706010	5000_MPE	Pork, neck bones, cooked	30	3.5	D	2
33401610	5000_MPE	Egg substitute, omelet, scrambled, or fried, with cheese, meat, and vegetables, fat not added in cooking	30	3	D	3
32131040	5000_MPE	Egg omelet or scrambled egg, with cheese, meat, and dark-green vegetables, fat not added in cooking	30	2	D	3
21103130	5000_MPE	Beef steak, breaded or floured, baked or fried, lean only eaten	29	3.5	C	3
21103110	5000_MPE	Beef steak, breaded or floured, baked or fried, NS as to fat eaten	29	3.5	C	3
22201410	5000_MPE	Pork steak or cutlet, breaded or floured, fried, lean and fat eaten	29	2	D	2
31105020	5000_MPE	Egg, whole, fried with margarine	29	3	D	4
24168021	5000_MPE	Chicken "wings" with other sauces or seasoning, from other sources	29	1.5	D	3
22201220	5000_MPE	Pork steak or cutlet, fried, lean only eaten	29	4	C	1
21601010	5000_MPE	Beef, bacon, reduced sodium, cooked	29	0.5	E	3
22600210	5000_MPE	Pork bacon, NS as to fresh, smoked or cured, reduced sodium, cooked	29	0.5	E	3
21401120	5000_MPE	Beef, roast, roasted, lean only eaten	29	4	B	1
23220030	5000_MPE	Veal patty, breaded, cooked	29	3.5	D	3
21410110	5000_MPE	Beef, stew meat, cooked, lean and fat eaten	29	4	C	1
22701000	5000_MPE	Pork, spareribs, cooked, NS as to fat eaten	28	1.5	D	1
22701010	5000_MPE	Pork, spareribs, cooked, lean and fat eaten	28	1.5	D	1
23120120	5000_MPE	Lamb, roast, cooked, lean only eaten	28	4	C	1
32400200	5000_MPE	Egg white, omelet, scrambled, or fried, with meat, fat added in cooking	28	2	D	3
32400220	5000_MPE	Egg white, omelet, scrambled, or fried, with meat, NS as to fat added in cooking	28	2	D	3
21417100	5000_MPE	Beef brisket, cooked, NS as to fat eaten	28	4	C	1
21417120	5000_MPE	Beef brisket, cooked, lean only eaten	28	4	C	1
32130240	5000_MPE	Egg omelet or scrambled egg, with meat, made with animal fat or meat drippings	28	2	D	2
24157321	5000_MPE	Chicken thigh, fried, coated, skin / coating not eaten, from fast food	28	3.5	C	4
22602010	5000_MPE	Pork bacon, smoked or cured, reduced sodium, cooked	28	0.5	E	3
22002000	5000_MPE	Pork, ground or patty, cooked	28	2	D	1
24107080	5000_MPE	Chicken, NS as to part, baked, coated, skin / coating eaten	28	2	D	4
23204010	5000_MPE	Veal cutlet or steak, NS as to cooking method, NS as to fat eaten	28	4	C	1
22411000	5000_MPE	Pork roast, shoulder, cooked, NS as to fat eaten	28	2	D	1
22411010	5000_MPE	Pork roast, shoulder, cooked, lean and fat eaten	28	2	D	1
24152240	5000_MPE	Chicken thigh, baked or broiled, skin eaten, from pre-cooked	28	4	C	4
33401300	5000_MPE	Egg substitute, omelet, scrambled, or fried, with cheese and meat, fat added in cooking	28	2	D	3
33401320	5000_MPE	Egg substitute, omelet, scrambled, or fried, with cheese and meat, NS as to fat added in cooking	28	2	D	3
32130300	5000_MPE	Egg omelet or scrambled egg, with cheese and meat, made with margarine	28	2	D	3
24198440	5000_MPE	Chicken skin	28	1.5	E	1
24168012	5000_MPE	Chicken "wings", plain, from precooked	28	3	D	4
24162150	5000_MPE	Chicken wing, baked or broiled, from fast food / restaurant	28	2	D	4

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32130290	5000_MPE	Egg omelet or scrambled egg, with cheese and meat, NS as to fat added in cooking	28	2	D	3
32130365	5000_MPE	Egg omelet or scrambled egg, with cheese and meat, NS as to type of fat	28	2	D	3
31108110	5000_MPE	Egg, white, cooked, fat not added in cooking	28	4	B	1
24157330	5000_MPE	Chicken thigh, fried, coated, skin / coating eaten, from restaurant	28	2	D	3
24167230	5000_MPE	Chicken wing, fried, coated, from restaurant	28	1.5	D	3
31105040	5000_MPE	Egg, whole, fried with butter	28	2	D	2
24147310	5000_MPE	Chicken drumstick, fried, coated, skin / coating eaten, from pre-cooked	27	3.5	D	4
21105110	5000_MPE	Beef steak, braised, NS as to fat eaten	27	3.5	D	1
21105120	5000_MPE	Beef steak, braised, lean and fat eaten	27	3.5	D	1
21301000	5000_MPE	Beef, oxtails, cooked	27	3.5	D	1
21407000	5000_MPE	Beef, pot roast, braised or boiled, NS as to fat eaten	27	3.5	D	1
21407120	5000_MPE	Beef, pot roast, braised or boiled, lean only eaten	27	3.5	D	1
21410000	5000_MPE	Beef, stew meat, cooked, NS as to fat eaten	27	3.5	D	1
21410120	5000_MPE	Beef, stew meat, cooked, lean only eaten	27	3.5	D	1
23132000	5000_MPE	Lamb, ground or patty, cooked	27	2	D	1
24208500	5000_MPE	Turkey bacon, cooked	27	0.5	E	3
23107020	5000_MPE	Lamb, shoulder chop, cooked, lean only eaten	27	3.5	C	1
23204020	5000_MPE	Veal cutlet or steak, NS as to cooking method, lean and fat eaten	27	4	C	1
21304000	5000_MPE	Beef, shortribs, cooked, NS as to fat eaten	27	2	D	1
21304120	5000_MPE	Beef, shortribs, cooked, lean only eaten	27	2	D	1
33001020	5000_MPE	Egg substitute, omelet, scrambled, or fried, made with butter	27	3	C	2
22201070	5000_MPE	Pork steak or cutlet, battered, fried, lean only eaten	27	3.5	C	2
21305000	5000_MPE	Beef, cow head, cooked	27	2	D	1
27246400	5000_MPE	Chicken or turkey souffle	27	3	D	1
21103120	5000_MPE	Beef steak, breaded or floured, baked or fried, lean and fat eaten	27	3.5	D	3
21003000	5000_MPE	Beef, NS as to cut, fried, NS to fat eaten	27	4	C	1
21102110	5000_MPE	Beef steak, fried, NS as to fat eaten	27	4	C	1
21102130	5000_MPE	Beef steak, fried, lean only eaten	27	4	C	1
23200100	5000_MPE	Veal, NS as to cut, cooked, NS as to fat eaten	26	4	C	1
23200110	5000_MPE	Veal, NS as to cut, cooked, lean and fat eaten	26	4	C	1
23210010	5000_MPE	Veal, roasted, NS as to fat eaten	26	4	C	1
23210020	5000_MPE	Veal, roasted, lean and fat eaten	26	4	C	1
22701050	5000_MPE	Pork, spareribs, barbecued, with sauce, lean only eaten	26	3.5	D	2
32130360	5000_MPE	Egg omelet or scrambled egg, with cheese and meat, made with cooking spray	26	2	D	3
21500310	5000_MPE	Ground beef patty, cooked	26	2	D	1
20000200	5000_MPE	Ground meat, NFS	26	2	D	1
21500100	5000_MPE	Ground beef, cooked	26	2	D	1
21302000	5000_MPE	Beef, neck bones, cooked	26	2	D	1
23101000	5000_MPE	Lamb chop, NS as to cut, cooked, NS as to fat eaten	26	1.5	D	1
23101010	5000_MPE	Lamb chop, NS as to cut, cooked, lean and fat eaten	26	1.5	D	1
23104000	5000_MPE	Lamb, loin chop, cooked, NS as to fat eaten	26	1.5	D	1
23104010	5000_MPE	Lamb, loin chop, cooked, lean and fat eaten	26	1.5	D	1
22201400	5000_MPE	Pork steak or cutlet, breaded or floured, fried, NS as to fat eaten	26	2	D	2
23000100	5000_MPE	Lamb, NS as to cut, cooked	26	2	D	1
32130370	5000_MPE	Egg omelet or scrambled egg, with cheese and meat, made without fat	26	2	D	3
22201200	5000_MPE	Pork steak or cutlet, fried, NS as to fat eaten	26	3.5	D	1
22201210	5000_MPE	Pork steak or cutlet, fried, lean and fat eaten	26	3.5	D	1
23203030	5000_MPE	Veal chop, fried, lean only eaten	26	4	C	1
22300140	5000_MPE	Ham, fried, lean only eaten	26	1.5	D	3
23120100	5000_MPE	Lamb, roast, cooked, NS as to fat eaten	26	2	D	1
23120110	5000_MPE	Lamb, roast, cooked, lean and fat eaten	26	2	D	1
23111010	5000_MPE	Lamb hocks, cooked	26	3.5	D	1
22501010	5000_MPE	Canadian bacon, cooked	26	2	D	3
21417110	5000_MPE	Beef brisket, cooked, lean and fat eaten	26	2	D	1
24127220	5000_MPE	Chicken breast, fried, coated, skin / coating eaten, from fast food / restaurant	26	3	D	4
23205030	5000_MPE	Veal cutlet or steak, fried, lean only eaten	25	4	B	1
22101520	5000_MPE	Pork chop, stewed, lean only eaten	25	4	C	1
22101420	5000_MPE	Pork chop, battered, fried, lean only eaten	25	3.5	C	2
22300120	5000_MPE	Ham, fried, NS as to fat eaten	25	1.5	D	3
22300130	5000_MPE	Ham, fried, lean and fat eaten	25	1.5	D	3
24168020	5000_MPE	Chicken "wings" with hot sauce, from other sources	25	1.5	D	3
32400710	5000_MPE	Egg white, omelet, scrambled, or fried, with cheese, meat, and vegetables, fat not added in cooking	25	3.5	C	3
23107000	5000_MPE	Lamb, shoulder chop, cooked, NS as to fat eaten	25	2	D	1
23107010	5000_MPE	Lamb, shoulder chop, cooked, lean and fat eaten	25	2	D	1
32400110	5000_MPE	Egg white, omelet, scrambled, or fried, with cheese, fat not added in cooking	25	3.5	C	3
32130340	5000_MPE	Egg omelet or scrambled egg, with cheese and meat, made with animal fat or meat drippings	25	1.5	D	2
23110010	5000_MPE	Lamb, ribs, cooked, NS as to fat eaten	25	1.5	D	1
23110050	5000_MPE	Lamb, ribs, cooked, lean and fat eaten	25	1.5	D	1
24157310	5000_MPE	Chicken thigh, fried, coated, skin / coating eaten, from pre-cooked	25	3	D	4
21102120	5000_MPE	Beef steak, fried, lean and fat eaten	25	3.5	D	1
22101400	5000_MPE	Pork chop, battered, fried, NS as to fat eaten	25	3.5	D	2
22101410	5000_MPE	Pork chop, battered, fried, lean and fat eaten	25	3.5	D	2
22000220	5000_MPE	Pork, NS as to cut, fried, lean only eaten	25	4	C	1
22101220	5000_MPE	Pork chop, fried, lean only eaten	25	4	C	1
24162140	5000_MPE	Chicken wing, baked or broiled, from pre-cooked	25	2	D	4
22600100	5000_MPE	Bacon, NS as to type of meat, cooked	24	0.5	E	3
22600200	5000_MPE	Pork bacon, NS as to fresh, smoked or cured, cooked	24	0.5	E	3
22601000	5000_MPE	Pork bacon, smoked or cured, cooked	24	0.5	E	3
22601040	5000_MPE	Bacon or side pork, fresh, cooked	24	0.5	E	3
25160130	5000_MPE	Tongue pot roast, Puerto Rican style	24	1	E	1
25160110	5000_MPE	Tongue, smoked, cured, or pickled, cooked	24	1	E	1
22300170	5000_MPE	Ham, breaded or floured, fried, lean only eaten	24	1.5	D	3
32130220	5000_MPE	Egg omelet or scrambled egg, with meat, made with butter	24	2	D	3
32400400	5000_MPE	Egg white, omelet, scrambled, or fried, with cheese and meat, fat added in cooking	24	2	D	3
32400420	5000_MPE	Egg white, omelet, scrambled, or fried, with cheese and meat, NS as to fat added in cooking	24	2	D	3
32400610	5000_MPE	Egg white, omelet, scrambled, or fried, with meat and vegetables, fat not added in cooking	24	3.5	C	3
23203010	5000_MPE	Veal chop, fried, NS as to fat eaten	24	3.5	C	1
23203020	5000_MPE	Veal chop, fried, lean and fat eaten	24	3.5	C	1
23205010	5000_MPE	Veal cutlet or steak, fried, NS as to fat eaten	24	3.5	C	1
23205020	5000_MPE	Veal cutlet or steak, fried, lean and fat eaten	24	3.5	C	1
24168002	5000_MPE	Chicken "wings", plain, from fast food / restaurant	24	1.5	D	4
22201050	5000_MPE	Pork steak or cutlet, battered, fried, NS as to fat eaten	24	3	D	2
22201060	5000_MPE	Pork steak or cutlet, battered, fried, lean and fat eaten	24	3	D	2
24198736	5000_MPE	Chicken nuggets, from frozen	23	3	C	4
23220010	5000_MPE	Veal, ground or patty, cooked	23	4	C	1
23201030	5000_MPE	Veal chop, NS as to cooking method, lean only eaten	23	4	C	1
23203120	5000_MPE	Veal chop, broiled, lean only eaten	23	4	C	1
23210030	5000_MPE	Veal, roasted, lean only eaten	23	4	C	1
32105190	5000_MPE	Egg casserole with bread, cheese, milk and meat	23	3	D	2
25170310	5000_MPE	Hog maws, cooked	23	2	D	1
23204200	5000_MPE	Veal cutlet or steak, broiled, NS as to fat eaten	23	4	B	1
23204210	5000_MPE	Veal cutlet or steak, broiled, lean and fat eaten	23	4	B	1

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21304110	5000_MPE	Beef, shortribs, cooked, lean and fat eaten	23	1	E	1
21105130	5000_MPE	Beef steak, braised, lean only eaten	23	4	C	1
22300150	5000_MPE	Ham, breaded or floured, fried, NS as to fat eaten	23	2	D	3
22300160	5000_MPE	Ham, breaded or floured, fried, lean and fat eaten	23	2	D	3
22311520	5000_MPE	Ham, smoked or cured, canned, lean only eaten	22	2	D	3
22701030	5000_MPE	Pork, spareribs, barbecued, with sauce, NS as to fat eaten	22	1.5	D	2
22701040	5000_MPE	Pork, spareribs, barbecued, with sauce, lean and fat eaten	22	1.5	D	2
21407110	5000_MPE	Beef, pot roast, braised or boiled, lean and fat eaten	22	4	B	1
21304220	5000_MPE	Beef, shortribs, barbecued, with sauce, lean only eaten	22	2	D	2
24147320	5000_MPE	Chicken drumstick, fried, coated, skin / coating eaten, from fast food / restaurant	22	2	D	4
23201010	5000_MPE	Veal chop, NS as to cooking method, NS as to fat eaten	22	3.5	D	1
23201020	5000_MPE	Veal chop, NS as to cooking method, lean and fat eaten	22	3.5	D	1
23203100	5000_MPE	Veal chop, broiled, NS as to fat eaten	22	3.5	D	1
23203110	5000_MPE	Veal chop, broiled, lean and fat eaten	22	3.5	D	1
32130320	5000_MPE	Egg omelet or scrambled egg, with cheese and meat, made with butter	22	1.5	D	3
24198840	5000_MPE	Fried chicken chunks, Puerto Rican style	22	2	D	2
24107070	5000_MPE	Chicken, NS as to part, fried, coated, skin / coating eaten	22	2	D	4
25230560	5000_MPE	Liverwurst	21	1	E	4
23220020	5000_MPE	Mock chicken legs, cooked	21	3.5	D	3
22107020	5000_MPE	Pork chop, smoked or cured, cooked, lean only eaten	21	1.5	D	3
25240110	5000_MPE	Chicken salad spread	21	3	D	4
32400080	5000_MPE	Egg white omelet, scrambled, or fried, made without fat	21	4	B	1
24167210	5000_MPE	Chicken wing, fried, coated, from pre-cooked	21	3	D	4
21104110	5000_MPE	Beef steak, battered, fried, NS as to fat eaten	21	4	C	3
24168030	5000_MPE	Chicken "wings", boneless, with hot sauce, from fast food / restaurant	21	1.5	D	4
22421000	5000_MPE	Pork roast, smoked or cured, cooked, NS as to fat eaten	21	1.5	D	3
22421010	5000_MPE	Pork roast, smoked or cured, cooked, lean and fat eaten	21	1.5	D	3
22311500	5000_MPE	Ham, smoked or cured, canned, NS as to fat eaten	20	2	D	3
22311510	5000_MPE	Ham, smoked or cured, canned, lean and fat eaten	20	2	D	3
22709110	5000_MPE	Pork skin, boiled	20	0.5	E	1
23345100	5000_MPE	Wild pig, smoked	20	3.5	C	1
33401310	5000_MPE	Egg substitute, omelet, scrambled, or fried, with cheese and meat, fat not added in cooking	20	2	D	3
22311000	5000_MPE	Ham, smoked or cured, cooked, NS as to fat eaten	20	1.5	D	3
22311010	5000_MPE	Ham, smoked or cured, cooked, lean and fat eaten	20	1.5	D	3
21304200	5000_MPE	Beef, shortribs, barbecued, with sauce, NS as to fat eaten	20	1	E	2
21304210	5000_MPE	Beef, shortribs, barbecued, with sauce, lean and fat eaten	20	1	E	2
22311020	5000_MPE	Ham, smoked or cured, cooked, lean only eaten	20	1.5	D	3
24168011	5000_MPE	Chicken "wings" with other sauces or seasoning, from precooked	20	2	D	4
32400210	5000_MPE	Egg white, omelet, scrambled, or fried, with meat, fat not added in cooking	20	2	D	3
32101500	5000_MPE	Egg, Benedict	19	1.5	D	3
22311450	5000_MPE	Ham, prosciutto	19	0.5	D	3
24168001	5000_MPE	Chicken "wings" with other sauces or seasoning, from fast food / restaurant	19	1.5	D	4
22421020	5000_MPE	Pork roast, smoked or cured, cooked, lean only eaten	19	1.5	D	3
21104130	5000_MPE	Beef steak, battered, fried, lean only eaten	19	3.5	C	3
22107000	5000_MPE	Pork chop, smoked or cured, cooked, NS as to fat eaten	18	1	E	3
22107010	5000_MPE	Pork chop, smoked or cured, cooked, lean and fat eaten	18	1	E	3
24201510	5000_MPE	Turkey, light or dark meat, smoked, skin eaten	18	2	D	3
25230220	5000_MPE	Ham, prepackaged or deli, luncheon meat, reduced sodium	18	3.5	C	4
24202120	5000_MPE	Turkey, drumstick, smoked, skin eaten	18	1.5	D	3
24203120	5000_MPE	Turkey, wing, smoked, skin eaten	18	1.5	D	3
23321050	5000_MPE	Venison/deer, cured	17	1.5	D	2
21104120	5000_MPE	Beef steak, battered, fried, lean and fat eaten	17	3.5	D	3
22709010	5000_MPE	Pork skin rinds	17	0.5	E	3
24157320	5000_MPE	Chicken thigh, fried, coated, skin / coating eaten, from fast food	17	2	D	4
25231120	5000_MPE	Beef, prepackaged or deli, luncheon meat, reduced sodium	17	3.5	C	4
24167220	5000_MPE	Chicken wing, fried, coated, from fast food	17	1.5	D	4
24208510	5000_MPE	Turkey bacon, reduced sodium, cooked	16	1.5	D	3
25230110	5000_MPE	Luncheon meat, NFS	16	3	D	4
25230210	5000_MPE	Ham, prepackaged or deli, luncheon meat	16	3	D	4
32400410	5000_MPE	Egg white, omelet, scrambled, or fried, with cheese and meat, fat not added in cooking	16	2	D	3
25221406	5000_MPE	Pork sausage, reduced fat	15	1.5	D	4
25221220	5000_MPE	Pastrami, made from any kind of meat, reduced fat	15	3.5	D	4
25231110	5000_MPE	Beef, prepackaged or deli, luncheon meat	15	3.5	D	4
25220106	5000_MPE	Beef sausage, reduced fat	15	1.5	D	4
24168010	5000_MPE	Chicken "wings" with hot sauce, from precooked	15	1.5	D	4
21601000	5000_MPE	Beef, bacon, cooked	15	0.5	E	3
24201520	5000_MPE	Turkey, light or dark meat, smoked, skin not eaten	15	2	D	3
24168000	5000_MPE	Chicken "wings" with hot sauce, from fast food / restaurant	14	1.5	D	4
32400070	5000_MPE	Egg white omelet, scrambled, or fried, made with butter	14	3	C	2
23311120	5000_MPE	Rabbit, NS as to domestic or wild, breaded, fried	14	4	C	4
33401110	5000_MPE	Egg substitute, omelet, scrambled, or fried, with meat, fat not added in cooking	14	3	D	4
25170210	5000_MPE	Chitterlings, cooked	14	2	D	1
25221350	5000_MPE	Italian sausage	13	1	E	4
25230785	5000_MPE	Turkey, prepackaged or deli, luncheon meat, reduced sodium	13	3.5	C	4
21002000	5000_MPE	Beef, pickled	13	1.5	E	3
21416000	5000_MPE	Corned beef, cooked, NS as to fat eaten	13	1.5	E	3
21416110	5000_MPE	Corned beef, cooked, lean and fat eaten	13	1.5	E	3
25230780	5000_MPE	Turkey, prepackaged or deli, luncheon meat	11	3.5	C	4
25221870	5000_MPE	Turkey or chicken and pork sausage	11	1.5	E	4
25220350	5000_MPE	Bratwurst	11	1	E	4
21602010	5000_MPE	Beef, dried, chipped, cooked in fat	10	0.5	D	2
25240220	5000_MPE	Ham salad spread	10	1.5	D	4
25220710	5000_MPE	Chorizo	9	0.5	E	4
25221505	5000_MPE	Salami, made from any type of meat, reduced fat	9	1.5	D	4
25220360	5000_MPE	Bratwurst, with cheese	9	1	E	4
21602100	5000_MPE	Beef jerky	9	0.5	E	4
22002800	5000_MPE	Pork jerky	9	0.5	E	4
22321110	5000_MPE	Ham, smoked or cured, ground patty	8	1	E	4
25221400	5000_MPE	Sausage, NFS	8	1	E	4
25221405	5000_MPE	Pork sausage	8	1	E	4
22707010	5000_MPE	Pork, pig's feet, cooked	8	3.5	C	1
25230550	5000_MPE	Ham, pork, and chicken, canned luncheon meat, chopped, minced, pressed, spiced, reduced sodium	8	1	E	4
21416120	5000_MPE	Corned beef, cooked, lean only eaten	8	1.5	D	3
21416150	5000_MPE	Corned beef, canned, ready-to-eat	8	1.5	D	3
25221515	5000_MPE	Salami, made from any type of meat, reduced sodium	8	0.5	E	4
22621000	5000_MPE	Salt pork, cooked	7	0.5	E	3
23321900	5000_MPE	Venison/deer jerky	7	0.5	E	2
25230610	5000_MPE	Luncheon meat, loaf type	6	1.5	D	4
25230800	5000_MPE	Turkey ham, prepackaged or deli, luncheon meat	6	2	D	4
25230540	5000_MPE	Ham, pork and chicken, canned luncheon meat, chopped, minced, pressed, spiced, reduced fat and reduced sodium	6	1.5	D	4
22600110	5000_MPE	Bacon, NS as to type of meat, reduced sodium, cooked	6	1.5	D	4
25221450	5000_MPE	Pork sausage rice links	6	1	E	4

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25221830	5000_MPE	Turkey or chicken sausage	6	3	D	4
25221860	5000_MPE	Turkey or chicken sausage, reduced fat	6	3	D	4
25221610	5000_MPE	Scrapple, cooked	5	3	D	4
25221255	5000_MPE	Pepperoni, reduced fat	5	0.5	E	4
25221500	5000_MPE	Salami, NFS	5	0.5	E	4
25230420	5000_MPE	Ham luncheon meat, loaf type	5	1.5	D	4
25210410	5000_MPE	Frankfurter or hot dog, turkey	4	1.5	D	4
25210250	5000_MPE	Frankfurter or hot dog, meat and poultry, fat free	4	3	C	4
25230340	5000_MPE	Chicken, prepackaged or deli, luncheon meat, reduced sodium	4	3.5	C	4
22431000	5000_MPE	Pork roll, cured, fried	4	0.5	E	3
25221260	5000_MPE	Pepperoni, reduced sodium	3	0.5	E	4
25210290	5000_MPE	Frankfurter or hot dog, meat and poultry, reduced fat or light	3	3	D	4
25210620	5000_MPE	Frankfurter or hot dog, beef, reduced fat or light	3	3	D	4
25210750	5000_MPE	Frankfurter or hot dog, reduced fat or light, NFS	3	3	D	4
25230320	5000_MPE	Chicken, prepackaged or deli, luncheon meat	3	3	D	4
25240000	5000_MPE	Meat spread or potted meat, NFS	2	1.5	D	4
25221310	5000_MPE	Polish sausage	2	1	E	4
25210150	5000_MPE	Frankfurter or hot dog, cheese-filled	2	0.5	E	4
25210220	5000_MPE	Frankfurter or hot dog, beef and pork	1	1.5	E	4
25210240	5000_MPE	Frankfurter or hot dog, beef and pork, reduced fat or light	1	1.5	E	4
25210280	5000_MPE	Frankfurter or hot dog, meat and poultry	1	1.5	E	4
25221810	5000_MPE	Thuringer	1	0.5	E	4
21602000	5000_MPE	Beef, dried, chipped, uncooked	1	0.5	D	3
22001000	5000_MPE	Pork, pickled, NS as to cut	1	2	D	3
22707020	5000_MPE	Pork, pig's feet, pickled	1	2	D	3
23322100	5000_MPE	Deer sausage	1	1	E	4
25210110	5000_MPE	Frankfurter, wiener, or hot dog, NFS	1	1	E	4
25210210	5000_MPE	Frankfurter or hot dog, beef	1	1	E	4
25210310	5000_MPE	Frankfurter or hot dog, chicken	1	1.5	D	4
25220105	5000_MPE	Beef sausage	1	0.5	E	4
25220108	5000_MPE	Beef sausage, reduced sodium	1	2	D	4
25220150	5000_MPE	Beef sausage with cheese	1	0.5	E	4
25220210	5000_MPE	Blood sausage	1	1	E	4
25220410	5000_MPE	Bologna, NFS	1	0.5	E	4
25220425	5000_MPE	Bologna, made from any kind of meat, reduced fat	1	1.5	D	4
25220435	5000_MPE	Bologna, made from any kind of meat, reduced sodium	1	1	E	4
25220445	5000_MPE	Bologna, made from any kind of meat, reduced fat and reduced sodium	1	1.5	D	4
25220650	5000_MPE	Turkey or chicken and beef sausage	1	1.5	D	4
25220910	5000_MPE	Head cheese	1	2	D	4
25221110	5000_MPE	Knockwurst	1	1	E	4
25221210	5000_MPE	Mortadella	1	0.5	E	4
25221215	5000_MPE	Pastrami, NFS	1	2	D	4
25221250	5000_MPE	Pepperoni, NFS	1	0.5	E	4
25221408	5000_MPE	Pork sausage, reduced sodium	1	2	D	4
25221460	5000_MPE	Pork and beef sausage	1	0.5	E	4
25221875	5000_MPE	Turkey or chicken, pork, and beef sausage, reduced sodium	1	2	D	4
25221910	5000_MPE	Vienna sausage, canned	1	1.5	D	4
25221950	5000_MPE	Pickled sausage	1	0.5	E	4
25230530	5000_MPE	Ham and pork, canned luncheon meat, chopped, minced, pressed, spiced	1	0.5	E	4

foodcode	level1nd	Description	Food Compass Score	Health Star Rating	Nutri-Score	NOVA Category
26118000	5800_Seafood	Halibut, raw	100	4.5	A	1
26118010	5800_Seafood	Halibut, cooked, NS as to cooking method	100	4	B	1
26118020	5800_Seafood	Halibut, baked or broiled, made with oil	100	4	B	2
26153100	5800_Seafood	Tuna, fresh, raw	100	4.5	A	1
26321110	5800_Seafood	Snails, cooked, NS as to cooking method	100	4	B	2
26137100	5800_Seafood	Salmon, raw	98	4.5	A	1
26100100	5800_Seafood	Fish, NS as to type, raw	97	4.5	A	1
26309160	5800_Seafood	Crayfish, boiled or steamed	97	4	A	1
26153170	5800_Seafood	Tuna, fresh, dried	97	4.5	B	3
26133100	5800_Seafood	Porgy, raw	96	4.5	A	1
26117110	5800_Seafood	Haddock, cooked, NS as to cooking method	96	4	B	2
26117120	5800_Seafood	Haddock, baked or broiled, fat added in cooking	96	4	B	2
26153110	5800_Seafood	Tuna, fresh, cooked, NS as to cooking method	95	4	B	2
26153120	5800_Seafood	Tuna, fresh, baked or broiled, fat added in cooking	95	4	B	2
26315100	5800_Seafood	Oysters, raw	95	4	A	1
26137170	5800_Seafood	Salmon, dried	94	4.5	C	3
27150230	5800_Seafood	Shrimp scampi	94	4	A	2
26315180	5800_Seafood	Oysters, canned	94	4	A	3
26209100	5800_Seafood	Roe, herring	94	4.5	A	1
26118024	5800_Seafood	Halibut, baked or broiled, made with cooking spray	94	4	B	2
26118022	5800_Seafood	Halibut, baked or broiled, made with margarine	93	4	B	1
26139180	5800_Seafood	Sardines, canned in oil	92	4	B	3
26305120	5800_Seafood	Crab, baked or broiled, fat added in cooking	92	3.5	C	2
26137120	5800_Seafood	Salmon, baked or broiled, made with oil	92	4	B	2
26139110	5800_Seafood	Sardines, cooked	92	4	B	3
26137110	5800_Seafood	Salmon, cooked, NS as to cooking method	92	4	B	2
26115000	5800_Seafood	Flounder, raw	92	4.5	A	1
26121100	5800_Seafood	Mackerel, raw	92	4	A	1
26129120	5800_Seafood	Pike, baked or broiled, fat added in cooking	91	4	B	2
26118023	5800_Seafood	Halibut, baked or broiled, made without fat	91	4	B	1
26215120	5800_Seafood	Turtle, cooked, NS as to cooking method	91	4	B	2
26109120	5800_Seafood	Cod, baked or broiled, made with oil	91	4	B	2
26109110	5800_Seafood	Cod, cooked, NS as to cooking method	91	4	B	2
26118050	5800_Seafood	Halibut, steamed or poached	91	4	B	1
26147120	5800_Seafood	Sturgeon, baked or broiled, fat added in cooking	91	4	B	1
26125100	5800_Seafood	Ocean perch, raw	90	4.5	A	1
26100120	5800_Seafood	Fish, NS as to type, baked or broiled, made with oil	90	4	B	2
26100110	5800_Seafood	Fish, NS as to type, cooked, NS as to cooking method	90	4	B	2
26213100	5800_Seafood	Squid, raw	89	4.5	A	1
26147110	5800_Seafood	Sturgeon, cooked, NS as to cooking method	89	4	B	2
26319120	5800_Seafood	Shrimp, baked or broiled, made with oil	89	4	B	2
26311120	5800_Seafood	Lobster, baked or broiled, fat added in cooking	89	3.5	C	2
26119100	5800_Seafood	Herring, raw	89	4	A	1
26127120	5800_Seafood	Perch, baked or broiled, made with oil	89	4	B	2
26127124	5800_Seafood	Perch, baked or broiled, made with cooking spray	88	4	B	1
26207110	5800_Seafood	Roe, shad, cooked	87	4	C	2
26100124	5800_Seafood	Fish, NS as to type, baked or broiled, made with cooking spray	87	4	B	1
26115120	5800_Seafood	Flounder, baked or broiled, made with oil	87	4	B	2
26109180	5800_Seafood	Cod, dried, salted, salt removed in water	87	4.5	A	3
26137124	5800_Seafood	Salmon, baked or broiled, made with cooking spray	87	4	B	2
26137123	5800_Seafood	Salmon, baked or broiled, made without fat	86	4	B	1
26141110	5800_Seafood	Sea bass, cooked, NS as to cooking method	86	4	B	2
26141120	5800_Seafood	Sea bass, baked or broiled, fat added in cooking	86	4	B	2
26157120	5800_Seafood	Whiting, baked or broiled, made with oil	86	4	B	2
26149110	5800_Seafood	Swordfish, cooked, NS as to cooking method	86	4	C	2
26149120	5800_Seafood	Swordfish, baked or broiled, fat added in cooking	86	4	C	2
26125110	5800_Seafood	Ocean perch, cooked, NS as to cooking method	86	4	B	2
26125120	5800_Seafood	Ocean perch, baked or broiled, fat added in cooking	86	4	B	2
26158000	5800_Seafood	Tilapia, cooked, NS as to cooking method	86	4	B	2
26158010	5800_Seafood	Tilapia, baked or broiled, made with oil	86	4	B	2
26123100	5800_Seafood	Mullet, raw	85	4.5	A	1
26100160	5800_Seafood	Fish, NS as to type, steamed	85	4	B	1
26137160	5800_Seafood	Salmon, steamed or poached	85	4	B	1
26313100	5800_Seafood	Mussels, raw	85	4	A	1
26147130	5800_Seafood	Sturgeon, steamed	85	4	B	1
26139170	5800_Seafood	Sardines, dried	85	4	D	3
26137180	5800_Seafood	Salmon, canned	85	4	B	3
26100123	5800_Seafood	Fish, NS as to type, baked or broiled, made without fat	85	4	B	1
26133120	5800_Seafood	Porgy, baked or broiled, fat added in cooking	85	4	B	2
26127122	5800_Seafood	Perch, baked or broiled, made with margarine	85	4	B	1
26133110	5800_Seafood	Porgy, cooked, NS as to cooking method	85	4	B	2
26319124	5800_Seafood	Shrimp, baked or broiled, made with cooking spray	85	4	B	2
26100122	5800_Seafood	Fish, NS as to type, baked or broiled, made with margarine	84	4	B	3
26315120	5800_Seafood	Oysters, baked or broiled, fat added in cooking	84	3.5	B	2
26213120	5800_Seafood	Squid, baked or broiled, fat added in cooking	84	4	A	2
26151110	5800_Seafood	Trout, cooked, NS as to cooking method	84	4	C	2
26151120	5800_Seafood	Trout, baked or broiled, made with oil	84	4	C	2
26153122	5800_Seafood	Tuna, fresh, baked or broiled, fat not added in cooking	84	4.5	B	1
26105120	5800_Seafood	Carp, baked or broiled, fat added in cooking	84	4	B	2
26205170	5800_Seafood	Octopus, dried	84	1.5	D	3
26100180	5800_Seafood	Fish, NS as to type, canned	84	4	A	3
26155110	5800_Seafood	Tuna, canned, NS as to oil or water pack	84	4	A	3
26155190	5800_Seafood	Tuna, canned, water pack	84	4	A	3
26149121	5800_Seafood	Swordfish, baked or broiled, fat not added in cooking	83	4	C	1
26205190	5800_Seafood	Octopus, smoked	83	4	B	3
26111120	5800_Seafood	Croaker, baked or broiled, fat added in cooking	83	4	B	2
26105121	5800_Seafood	Carp, baked or broiled, fat not added in cooking	83	4	B	1
26111110	5800_Seafood	Croaker, cooked, NS as to cooking method	83	4	B	2
26100190	5800_Seafood	Fish, NS as to type, smoked	83	3.5	C	3
26137190	5800_Seafood	Salmon, smoked	83	3.5	C	3
26151124	5800_Seafood	Trout, baked or broiled, made with cooking spray	83	4	B	1
26117121	5800_Seafood	Haddock, baked or broiled, fat not added in cooking	82	4	B	1
26153160	5800_Seafood	Tuna, fresh, steamed or poached	82	4.5	B	1
26121120	5800_Seafood	Mackerel, baked or broiled, fat added in cooking	82	3.5	D	2
26121110	5800_Seafood	Mackerel, cooked, NS as to cooking method	82	3.5	D	2
26103110	5800_Seafood	Barracuda, cooked, NS as to cooking method	82	4	C	1
26103120	5800_Seafood	Barracuda, baked or broiled, fat added in cooking	82	4	C	1
26115124	5800_Seafood	Flounder, baked or broiled, made with cooking spray	82	4	B	2
26151123	5800_Seafood	Trout, baked or broiled, made without fat	82	4	B	1
26105160	5800_Seafood	Carp, steamed or poached	81	4	B	1
26203160	5800_Seafood	Frog legs, steamed	81	4	B	1
26157124	5800_Seafood	Whiting, baked or broiled, made with cooking spray	81	4	B	2
26149160	5800_Seafood	Swordfish, steamed or poached	81	4	C	1
26155180	5800_Seafood	Tuna, canned, oil pack	81	4	B	3

foodcode	level1nd	Description	Food Compass Score	Health Star Rating	Nutri-Score	NOVA Category
26319123	5800_Seafood	Shrimp, baked or broiled, made without fat	81	4	B	1
26118060	5800_Seafood	Halibut, smoked	81	4	C	3
26319130	5800_Seafood	Shrimp, steamed or boiled	81	4	A	1
26121121	5800_Seafood	Mackerel, baked or broiled, fat not added in cooking	81	4	C	1
26133121	5800_Seafood	Porgy, baked or broiled, fat not added in cooking	81	4	B	1
26315121	5800_Seafood	Oysters, baked or broiled, fat not added in cooking	80	3.5	B	1
26117160	5800_Seafood	Haddock, steamed or poached	80	4	B	1
26141121	5800_Seafood	Sea bass, baked or broiled, fat not added in cooking	80	4	B	1
26131100	5800_Seafood	Pompano, raw	80	4	B	1
26305110	5800_Seafood	Crab, cooked, NS as to cooking method	80	3.5	C	1
26305160	5800_Seafood	Crab, hard shell, steamed	80	3.5	C	1
26115123	5800_Seafood	Flounder, baked or broiled, made without fat	80	4	B	1
26113190	5800_Seafood	Eel, smoked	79	3.5	D	1
26317110	5800_Seafood	Scallops, cooked, NS as to cooking method	79	4	B	2
26317120	5800_Seafood	Scallops, baked or broiled, fat added in cooking	79	4	B	2
26115190	5800_Seafood	Flounder, smoked	79	4.5	B	1
26151160	5800_Seafood	Trout, steamed or poached	79	4	B	1
26305180	5800_Seafood	Crab, canned	79	4	B	3
26157123	5800_Seafood	Whiting, baked or broiled, made without fat	79	4	B	1
26141160	5800_Seafood	Sea bass, steamed or poached	79	4	B	1
26158014	5800_Seafood	Tilapia, baked or broiled, made with cooking spray	79	4	B	2
26113160	5800_Seafood	Eel, steamed or poached	79	4	C	1
26135110	5800_Seafood	Ray, cooked, NS as to cooking method	79	4	B	1
26123120	5800_Seafood	Mullet, baked or broiled, fat added in cooking	78	4	B	2
26315110	5800_Seafood	Oysters, cooked, NS as to cooking method	78	3	C	2
26115160	5800_Seafood	Flounder, steamed or poached	78	4	B	1
26125121	5800_Seafood	Ocean perch, baked or broiled, fat not added in cooking	78	4	B	1
26133160	5800_Seafood	Porgy, steamed or poached	78	4	B	1
26119120	5800_Seafood	Herring, baked or broiled, fat added in cooking	78	4	C	2
26129121	5800_Seafood	Pike, baked or broiled, fat not added in cooking	78	4	B	1
26315190	5800_Seafood	Oysters, smoked	78	3.5	B	3
26157160	5800_Seafood	Whiting, steamed or poached	78	4	B	1
26103121	5800_Seafood	Barracuda, baked or broiled, fat not added in cooking	78	4	C	1
26213121	5800_Seafood	Squid, baked or broiled, fat not added in cooking	78	4	B	1
26119121	5800_Seafood	Herring, baked or broiled, fat not added in cooking	78	4	C	1
26125160	5800_Seafood	Ocean perch, steamed or poached	78	4	B	1
26127123	5800_Seafood	Perch, baked or broiled, made without fat	77	4	B	1
27150140	5800_Seafood	Clam sauce, white	77	3	C	2
26143110	5800_Seafood	Shark, cooked, NS as to cooking method	77	4	B	2
26143120	5800_Seafood	Shark, baked or broiled, fat added in cooking	77	4	B	2
26135120	5800_Seafood	Ray, baked or broiled, fat added in cooking	77	4	B	2
26315130	5800_Seafood	Oysters, steamed	77	3.5	B	1
26158013	5800_Seafood	Tilapia, baked or broiled, made without fat	77	4	B	1
26119110	5800_Seafood	Herring, cooked, NS as to cooking method	77	4	C	3
26305121	5800_Seafood	Crab, baked or broiled, fat not added in cooking	76	3.5	C	1
26319180	5800_Seafood	Shrimp, canned	76	3.5	C	3
26139190	5800_Seafood	Sardines, skinless, boneless, packed in water	76	4	C	3
26213190	5800_Seafood	Squid, canned	76	4	A	3
26129160	5800_Seafood	Pike, steamed or poached	76	4	B	1
26121190	5800_Seafood	Mackerel, smoked	76	4	C	3
26153190	5800_Seafood	Tuna, fresh, smoked	76	4	C	3
26127160	5800_Seafood	Perch, steamed or poached	76	4	B	1
26103160	5800_Seafood	Barracuda, steamed or poached	76	4	C	1
26151190	5800_Seafood	Trout, smoked	76	4	D	3
26205180	5800_Seafood	Octopus, dried, boiled	76	4	C	3
26301110	5800_Seafood	Abalone, cooked, NS as to cooking method	76	4	C	2
26111121	5800_Seafood	Croaker, baked or broiled, fat not added in cooking	76	4	B	1
26311180	5800_Seafood	Lobster, canned	76	4	B	3
26153130	5800_Seafood	Tuna, fresh, coated, baked or broiled, fat added in cooking	76	4	B	2
26315160	5800_Seafood	Oysters, coated, baked or broiled, fat added in cooking	75	3.5	B	2
26121180	5800_Seafood	Mackerel, canned	75	4	B	3
26158050	5800_Seafood	Tilapia, steamed or poached	75	4	B	1
26135121	5800_Seafood	Ray, baked or broiled, fat not added in cooking	75	4	B	1
26143121	5800_Seafood	Shark, baked or broiled, fat not added in cooking	75	4	B	1
26141180	5800_Seafood	Sea bass, pickled	75	3.5	B	3
26137122	5800_Seafood	Salmon, baked or broiled, made with margarine	75	4	B	4
26205110	5800_Seafood	Octopus, cooked, NS as to cooking method	74	3.5	C	2
26105190	5800_Seafood	Carp, smoked	74	3.5	C	3
26119170	5800_Seafood	Herring, dried, salted	74	0.5	E	3
26137130	5800_Seafood	Salmon, coated, baked or broiled, made with oil	74	4	B	2
26303100	5800_Seafood	Clams, raw	74	4.5	A	1
26111160	5800_Seafood	Croaker, steamed or poached	74	4	B	1
26147190	5800_Seafood	Sturgeon, smoked	74	3.5	D	3
26109123	5800_Seafood	Cod, baked or broiled, made without fat	74	4	B	1
26205160	5800_Seafood	Octopus, steamed	73	4	C	1
26121160	5800_Seafood	Mackerel, pickled	73	3	D	3
26311110	5800_Seafood	Lobster, cooked, NS as to cooking method	73	3.5	C	1
26319170	5800_Seafood	Shrimp, dried	73	0.5	D	3
26319122	5800_Seafood	Shrimp, baked or broiled, made with margarine	73	4	B	4
26109122	5800_Seafood	Cod, baked or broiled, made with margarine	73	4	B	4
26135160	5800_Seafood	Ray, steamed or poached	73	4	B	1
26143160	5800_Seafood	Shark, steamed or poached	73	4	B	1
26118021	5800_Seafood	Halibut, baked or broiled, made with butter	73	4	B	1
26123121	5800_Seafood	Mullet, baked or broiled, fat not added in cooking	73	4	B	1
26313110	5800_Seafood	Mussels, cooked, NS as to cooking method	73	3.5	D	1
26313160	5800_Seafood	Mussels, steamed or poached	73	3.5	D	1
26137121	5800_Seafood	Salmon, baked or broiled, made with butter	73	4	C	2
26303110	5800_Seafood	Clams, cooked, NS as to cooking method	73	4	B	2
26303120	5800_Seafood	Clams, baked or broiled, fat added in cooking	73	4	B	2
26109124	5800_Seafood	Cod, baked or broiled, made with cooking spray	72	4	B	2
26131110	5800_Seafood	Pompano, cooked, NS as to cooking method	72	3.5	C	2
26131120	5800_Seafood	Pompano, baked or broiled, fat added in cooking	72	3.5	C	2
26315140	5800_Seafood	Oysters, coated, fried	72	3	C	2
26213160	5800_Seafood	Squid, steamed or boiled	72	4	B	1
26107120	5800_Seafood	Catfish, baked or broiled, made with oil	72	3.5	C	2
26105110	5800_Seafood	Carp, cooked, NS as to cooking method	72	3.5	C	1
26153140	5800_Seafood	Tuna, fresh, coated, fried	72	4	B	2
26109160	5800_Seafood	Cod, steamed or poached	71	4	B	1
26213170	5800_Seafood	Squid, dried	71	2	D	3
26115122	5800_Seafood	Flounder, baked or broiled, made with margarine	71	4	B	4
26123160	5800_Seafood	Mullet, steamed or poached	71	4	B	1
26107123	5800_Seafood	Catfish, baked or broiled, made without fat	71	4	B	1
26107122	5800_Seafood	Catfish, baked or broiled, made with margarine	71	3.5	C	1
26311121	5800_Seafood	Lobster, baked or broiled, fat not added in cooking	71	3.5	C	1

foodcode	level1nd	Description	Food Compass Score	Health Star Rating	Nutri-Score	NOVA Category
26305130	5800_Seafood	Crab, coated, baked or broiled, fat added in cooking	70	3.5	C	2
26149130	5800_Seafood	Swordfish, coated, baked or broiled, fat added in cooking	70	3.5	C	2
26113110	5800_Seafood	Eel, cooked, NS as to cooking method	70	3.5	C	2
26137140	5800_Seafood	Salmon, coated, fried, made with oil	70	3.5	C	2
26107124	5800_Seafood	Catfish, baked or broiled, made with cooking spray	70	4	B	2
26211100	5800_Seafood	Roe, sturgeon	70	1	D	3
26151122	5800_Seafood	Trout, baked or broiled, made with margarine	70	4	C	4
26100121	5800_Seafood	Fish, NS as to type, baked or broiled, made with butter	69	4	B	2
26117190	5800_Seafood	Haddock, smoked	69	4	C	3
26158012	5800_Seafood	Tilapia, baked or broiled, made with margarine	69	4	B	4
26107160	5800_Seafood	Catfish, steamed or poached	69	4	B	1
26151121	5800_Seafood	Trout, baked or broiled, made with butter	69	4	C	2
26157122	5800_Seafood	Whiting, baked or broiled, made with margarine	69	4	B	4
26157110	5800_Seafood	Whiting, cooked, NS as to cooking method	68	4	B	2
26100130	5800_Seafood	Fish, NS as to type, coated, baked or broiled, made with oil	68	4	B	2
26311160	5800_Seafood	Lobster, steamed or boiled	68	3.5	C	1
26117130	5800_Seafood	Haddock, coated, baked or broiled, fat added in cooking	68	4	B	2
26131121	5800_Seafood	Pompano, baked or broiled, fat not added in cooking	68	3.5	C	1
26309140	5800_Seafood	Crayfish, coated, fried	68	4	B	2
26151130	5800_Seafood	Trout, coated, baked or broiled, made with oil	68	4	C	2
26303180	5800_Seafood	Clams, canned	68	4.5	A	3
26127110	5800_Seafood	Perch, cooked, NS as to cooking method	68	4	B	2
26119190	5800_Seafood	Herring, smoked, kippered	68	2	D	3
26137134	5800_Seafood	Salmon, coated, baked or broiled, made with cooking spray	68	4	B	2
26131190	5800_Seafood	Pompano, smoked	68	3.5	C	1
26317121	5800_Seafood	Scallops, baked or broiled, fat not added in cooking	67	4	B	1
26115110	5800_Seafood	Flounder, cooked, NS as to cooking method	67	3.5	C	2
26123110	5800_Seafood	Mullet, cooked, NS as to cooking method	67	3.5	C	1
27150110	5800_Seafood	Shrimp cocktail	67	4	B	3
26137133	5800_Seafood	Salmon, coated, baked or broiled, made without fat	67	4	B	2
26307140	5800_Seafood	Crab, soft shell, coated, fried	67	3.5	C	2
26121140	5800_Seafood	Mackerel, coated, fried	66	3.5	D	2
26149140	5800_Seafood	Swordfish, coated, fried	66	3.5	C	2
26109130	5800_Seafood	Cod, coated, baked or broiled, made with oil	66	3.5	B	2
26131160	5800_Seafood	Pompano, steamed or poached	66	3.5	C	1
26133130	5800_Seafood	Porgy, coated, baked or broiled, fat added in cooking	66	4	B	2
26213180	5800_Seafood	Squid, pickled	65	1.5	D	3
26119130	5800_Seafood	Herring, coated, baked or broiled, fat added in cooking	65	3.5	C	2
26319110	5800_Seafood	Shrimp, cooked, NS as to cooking method	65	3.5	B	2
26203110	5800_Seafood	Frog legs, NS as to cooking method	65	4	B	2
26127130	5800_Seafood	Perch, coated, baked or broiled, made with oil	65	4	B	2
26109190	5800_Seafood	Cod, smoked	65	4	B	3
26117140	5800_Seafood	Haddock, coated, fried	65	4	B	2
26213140	5800_Seafood	Squid, coated, fried	65	3.5	C	2
26151140	5800_Seafood	Trout, coated, fried, made with oil	65	3.5	C	2
26157130	5800_Seafood	Whiting, coated, baked or broiled, made with oil	65	4	B	2
26100140	5800_Seafood	Fish, NS as to type, coated, fried, made with oil	65	3.5	C	2
26158020	5800_Seafood	Tilapia, coated, baked or broiled, made with oil	65	4	B	2
26111130	5800_Seafood	Croaker, coated, baked or broiled, fat added in cooking	65	4	B	2
26141130	5800_Seafood	Sea bass, coated, baked or broiled, fat added in cooking	64	4	B	2
26129110	5800_Seafood	Pike, cooked, NS as to cooking method	64	4	B	1
26125130	5800_Seafood	Ocean perch, coated, baked or broiled, fat added in cooking	64	3.5	B	2
26105140	5800_Seafood	Carp, coated, fried	64	3.5	C	2
26101110	5800_Seafood	Anchovy, cooked, NS as to cooking method	63	0.5	D	3
26101180	5800_Seafood	Anchovy, canned	63	0.5	D	3
26115130	5800_Seafood	Flounder, coated, baked or broiled, made with oil	63	3.5	B	2
26303121	5800_Seafood	Clams, baked or broiled, fat not added in cooking	63	4	B	1
26319160	5800_Seafood	Shrimp, coated, baked or broiled, made with oil	63	3.5	B	2
26317160	5800_Seafood	Scallops, coated, baked or broiled, fat added in cooking	62	3.5	B	2
26109140	5800_Seafood	Cod, coated, fried, made with oil	62	3.5	B	2
26111140	5800_Seafood	Croaker, coated, fried	62	3.5	C	2
26133140	5800_Seafood	Porgy, coated, fried	62	3.5	C	2
26151133	5800_Seafood	Trout, coated, baked or broiled, made without fat	62	4	B	2
26157140	5800_Seafood	Whiting, coated, fried, made with oil	62	4	B	2
26311140	5800_Seafood	Lobster, coated, fried	62	3.5	C	2
26118030	5800_Seafood	Halibut, coated, baked or broiled, made with oil	62	4	B	4
26137143	5800_Seafood	Salmon, coated, fried, made without fat	62	4	C	2
26127140	5800_Seafood	Perch, coated, fried, made with oil	61	4	B	2
26125140	5800_Seafood	Ocean perch, coated, fried	61	3.5	B	2
26158011	5800_Seafood	Tilapia, baked or broiled, made with butter	61	4	B	2
26100133	5800_Seafood	Fish, NS as to type, coated, baked or broiled, made without fat	61	4	B	2
26158030	5800_Seafood	Tilapia, coated, fried, made with oil	61	4	C	2
26119140	5800_Seafood	Herring, coated, fried	61	3.5	C	2
26129140	5800_Seafood	Pike, coated, fried	61	4	B	2
26115121	5800_Seafood	Flounder, baked or broiled, made with butter	61	3.5	B	1
26141140	5800_Seafood	Sea bass, coated, fried	61	3.5	C	2
26319121	5800_Seafood	Shrimp, baked or broiled, made with butter	60	3.5	C	2
26115140	5800_Seafood	Flounder, coated, fried, made with oil	60	3.5	C	2
26119131	5800_Seafood	Herring, coated, baked or broiled, fat not added in cooking	60	3.5	C	2
26317130	5800_Seafood	Scallops, steamed or boiled	60	4	C	1
26107110	5800_Seafood	Catfish, cooked, NS as to cooking method	60	3.5	C	2
26151142	5800_Seafood	Trout, coated, fried, made with margarine	59	4	C	3
26127121	5800_Seafood	Perch, baked or broiled, made with butter	59	4	B	2
26121131	5800_Seafood	Mackerel, coated, baked or broiled, fat added in cooking	59	3.5	C	4
26100142	5800_Seafood	Fish, NS as to type, coated, fried, made with margarine	59	3.5	C	3
26123140	5800_Seafood	Mullet, coated, fried	59	3.5	C	2
26319140	5800_Seafood	Shrimp, coated, fried, made with oil	59	3.5	B	2
26131140	5800_Seafood	Pompano, coated, fried	58	3.5	D	2
26109121	5800_Seafood	Cod, baked or broiled, made with butter	58	3.5	C	2
26157132	5800_Seafood	Whiting, coated, baked or broiled, made with margarine	58	4	B	3
26317140	5800_Seafood	Scallops, coated, fried	58	3.5	C	2
26137132	5800_Seafood	Salmon, coated, baked or broiled, made with margarine	58	4	B	4
26301160	5800_Seafood	Abalone, steamed or poached	57	3.5	D	1
26117131	5800_Seafood	Haddock, coated, baked or broiled, fat not added in cooking	57	4	B	2
26115132	5800_Seafood	Flounder, coated, baked or broiled, made with margarine	57	3.5	B	3
26103130	5800_Seafood	Barracuda, coated, baked or broiled, fat added in cooking	57	3.5	C	4
26118040	5800_Seafood	Halibut, coated, fried, made with oil	57	4	B	4
26118032	5800_Seafood	Halibut, coated, baked or broiled, made with margarine	57	4	B	4
26107121	5800_Seafood	Catfish, baked or broiled, made with butter	57	3.5	C	1
26105130	5800_Seafood	Carp, coated, baked or broiled, fat added in cooking	57	4	B	4
26100170	5800_Seafood	Fish, NS as to type, dried	57	0.5	D	3
26109170	5800_Seafood	Cod, dried, salted	57	0.5	D	3
26137131	5800_Seafood	Salmon, coated, baked or broiled, made with butter	56	3.5	C	2
26303160	5800_Seafood	Clams, steamed or boiled	56	4	B	1

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26157121	5800_Seafood	Whiting, baked or broiled, made with butter	56	4	B	2
26151143	5800_Seafood	Trout, coated, fried, made without fat	56	4	B	2
26100143	5800_Seafood	Fish, NS as to type, coated, fried, made without fat	56	4	C	2
26213130	5800_Seafood	Squid, coated, baked or broiled, fat added in cooking	56	4	B	4
26158024	5800_Seafood	Tilapia, coated, baked or broiled, made with cooking spray	56	4	B	2
26107130	5800_Seafood	Catfish, coated, baked or broiled, made with oil	55	3.5	C	2
26118034	5800_Seafood	Halibut, coated, baked or broiled, made with cooking spray	55	4	B	4
26127133	5800_Seafood	Perch, coated, baked or broiled, made without fat	55	4	B	2
26303140	5800_Seafood	Clams, coated, fried	55	3.5	B	2
26158032	5800_Seafood	Tilapia, coated, fried, made with margarine	55	4	C	3
26121132	5800_Seafood	Mackerel, coated, baked or broiled, fat not added in cooking	55	3.5	C	4
26153131	5800_Seafood	Tuna, fresh, coated, baked or broiled, fat not added	54	4	B	4
26147140	5800_Seafood	Sturgeon, coated, fried	54	3.5	C	4
26158023	5800_Seafood	Tilapia, coated, baked or broiled, made without fat	54	4	B	2
26118033	5800_Seafood	Halibut, coated, baked or broiled, made without fat	54	4	B	4
26157133	5800_Seafood	Whiting, coated, baked or broiled, made without fat	54	4	B	2
26311170	5800_Seafood	Lobster, coated, baked or broiled, fat added in cooking	54	3.5	C	4
26129130	5800_Seafood	Pike, coated, baked or broiled, fat added in cooking	53	4	B	4
26137142	5800_Seafood	Salmon, coated, fried, made with margarine	53	3.5	C	4
26319142	5800_Seafood	Shrimp, coated, fried, made with margarine	53	3.5	C	3
26151132	5800_Seafood	Trout, coated, baked or broiled, made with margarine	53	4	C	4
26319164	5800_Seafood	Shrimp, coated, baked or broiled, made with cooking spray	53	4	B	2
26107140	5800_Seafood	Catfish, coated, fried, made with oil	53	3.5	C	2
26109134	5800_Seafood	Cod, coated, baked or broiled, made with cooking spray	53	4	B	2
26100132	5800_Seafood	Fish, NS as to type, coated, baked or broiled, made with margarine	53	4	B	4
26149131	5800_Seafood	Swordfish, coated, baked or broiled, fat not added in cooking	53	4	B	4
26103140	5800_Seafood	Barracuda, coated, fried	53	3.5	C	4
26109133	5800_Seafood	Cod, coated, baked or broiled, made without fat	52	4	B	2
26303190	5800_Seafood	Clams, smoked, in oil	52	3.5	C	3
26100200	5800_Seafood	Fish, NS as to type, from fast food	52	3.5	C	4
26119180	5800_Seafood	Herring, pickled	52	2	D	3
27150070	5800_Seafood	Lobster with butter sauce	52	3.5	D	2
26118042	5800_Seafood	Halibut, coated, fried, made with margarine	52	4	B	4
26115133	5800_Seafood	Flounder, coated, baked or broiled, made without fat	52	4	B	2
26315161	5800_Seafood	Oysters, coated, baked or broiled, fat not added in cooking	51	3.5	B	4
26103131	5800_Seafood	Barracuda, coated, baked or broiled, fat not added in cooking	51	4	C	4
26131130	5800_Seafood	Pompano, coated, baked or broiled, fat added in cooking	51	3.5	C	4
26151134	5800_Seafood	Trout, coated, baked or broiled, made with cooking spray	51	4	B	4
26137144	5800_Seafood	Salmon, coated, fried, made with cooking spray	51	4	C	4
26105131	5800_Seafood	Carp, coated, baked or broiled, fat not added in cooking	51	4	B	4
26319163	5800_Seafood	Shrimp, coated, baked or broiled, made without fat	50	4	B	2
26135130	5800_Seafood	Ray, coated, baked or broiled, fat added in cooking	50	4	B	4
26143130	5800_Seafood	Shark, coated, baked or broiled, fat added in cooking	50	4	B	4
26100134	5800_Seafood	Fish, NS as to type, coated, baked or broiled, made with cooking spray	50	4	B	4
26127143	5800_Seafood	Perch, coated, fried, made without fat	50	4	B	2
26158034	5800_Seafood	Tilapia, coated, fried, made with cooking spray	50	4	B	2
26123130	5800_Seafood	Mullet, coated, baked or broiled, fat added in cooking	50	4	B	4
26107133	5800_Seafood	Catfish, coated, baked or broiled, made without fat	49	4	B	2
26109144	5800_Seafood	Cod, coated, fried, made with cooking spray	49	4	B	2
26118044	5800_Seafood	Halibut, coated, fried, made with cooking spray	49	4	B	4
26158033	5800_Seafood	Tilapia, coated, fried, made without fat	49	4	B	2
26109132	5800_Seafood	Cod, coated, baked or broiled, made with margarine	48	3.5	B	4
26158022	5800_Seafood	Tilapia, coated, baked or broiled, made with margarine	48	4	B	4
26127132	5800_Seafood	Perch, coated, baked or broiled, made with margarine	48	4	B	4
26118043	5800_Seafood	Halibut, coated, fried, made without fat	48	4	B	4
26109143	5800_Seafood	Cod, coated, fried, made without fat	47	4	B	2
26319143	5800_Seafood	Shrimp, coated, fried, made without fat	47	4	B	2
26303130	5800_Seafood	Clams, coated, baked or broiled, fat added in cooking	47	4	B	4
26143140	5800_Seafood	Shark, coated, fried	47	3.5	C	4
26135140	5800_Seafood	Ray, coated, fried	47	3.5	C	4
26305131	5800_Seafood	Crab, coated, baked or broiled, fat not added in cooking	46	3.5	C	4
26319162	5800_Seafood	Shrimp, coated, baked or broiled, made with margarine	46	4	B	4
26109142	5800_Seafood	Cod, coated, fried, made with margarine	46	3.5	C	4
26133131	5800_Seafood	Porgy, coated, baked or broiled, fat not added in cooking	46	4	B	4
26127134	5800_Seafood	Perch, coated, baked or broiled, made with cooking spray	46	4	B	4
26100144	5800_Seafood	Fish, NS as to type, coated, fried, made with cooking spray	45	4	C	4
26151144	5800_Seafood	Trout, coated, fried, made with cooking spray	45	4	B	4
26119160	5800_Seafood	Herring, pickled, in cream sauce	45	2	D	3
26213131	5800_Seafood	Squid, coated, baked or broiled, fat not added in cooking	45	4	A	4
26158021	5800_Seafood	Tilapia, coated, baked or broiled, made with butter	45	3.5	C	2
26107143	5800_Seafood	Catfish, coated, fried, made without fat	44	3.5	C	2
26129131	5800_Seafood	Pike, coated, baked or broiled, fat not added in cooking	44	4	A	4
26157142	5800_Seafood	Whiting, coated, fried, made with margarine	44	3.5	C	4
26301140	5800_Seafood	Abalone, floured or breaded, fried	44	3.5	C	4
26135131	5800_Seafood	Ray, coated, baked or broiled, fat not added in cooking	44	4	B	4
26143131	5800_Seafood	Shark, coated, baked or broiled, fat not added in cooking	44	4	B	4
26127142	5800_Seafood	Perch, coated, fried, made with margarine	44	4	B	4
26141131	5800_Seafood	Sea bass, coated, baked or broiled, fat not added in cooking	44	4	B	4
26157134	5800_Seafood	Whiting, coated, baked or broiled, made with cooking spray	44	4	B	4
26115142	5800_Seafood	Flounder, coated, fried, made with margarine	44	3.5	C	4
26131131	5800_Seafood	Pompano, coated, baked or broiled, fat not added in cooking	44	3.5	C	4
26111131	5800_Seafood	Croaker, coated, baked or broiled, fat not added in cooking	43	4	B	4
26115134	5800_Seafood	Flounder, coated, baked or broiled, made with cooking spray	42	4	B	4
26151131	5800_Seafood	Trout, coated, baked or broiled, made with butter	41	3.5	C	4
26123131	5800_Seafood	Mullet, coated, baked or broiled, fat not added in cooking	41	4	B	4
26118031	5800_Seafood	Halibut, coated, baked or broiled, made with butter	41	3.5	C	4
26125131	5800_Seafood	Ocean perch, coated, baked or broiled, fat not added in cooking	41	4	B	4
26107132	5800_Seafood	Catfish, coated, baked or broiled, made with margarine	40	3.5	C	4
26311171	5800_Seafood	Lobster, coated, baked or broiled, fat not added in cooking	40	3.5	C	4
26127144	5800_Seafood	Perch, coated, fried, made with cooking spray	39	4	B	4
26317161	5800_Seafood	Scallops, coated, baked or broiled, fat not added in cooking	38	3.5	B	4
26100131	5800_Seafood	Fish, NS as to type, coated, baked or broiled, made with butter	38	3.5	C	4
26107134	5800_Seafood	Catfish, coated, baked or broiled, made with cooking spray	38	4	B	4
26157144	5800_Seafood	Whiting, coated, fried, made with cooking spray	38	4	B	4
26158031	5800_Seafood	Tilapia, coated, fried, made with butter	37	3.5	D	2
26100260	5800_Seafood	Fish stick, patty or nugget from fast food	37	3	C	4
26100270	5800_Seafood	Fish stick, patty or nugget from restaurant, home, or other place	37	3	C	4
26137141	5800_Seafood	Salmon, coated, fried, made with butter	37	3.5	D	4
26107142	5800_Seafood	Catfish, coated, fried, made with margarine	37	3.5	C	4
26319144	5800_Seafood	Shrimp, coated, fried, made with cooking spray	37	4	B	4
26127141	5800_Seafood	Perch, coated, fried, made with butter	36	3.5	D	2
26157143	5800_Seafood	Whiting, coated, fried, made without fat	36	4	B	4
26115144	5800_Seafood	Flounder, coated, fried, made with cooking spray	36	4	B	4
26115141	5800_Seafood	Flounder, coated, fried, made with butter	35	3	D	2

foodcode	level1nd	Description	Food Compass Score	Health Star Rating	Nutri-Score	NOVA Category
26115143	5800_Seafood	Flounder, coated, fried, made without fat	34	4	B	4
26303131	5800_Seafood	Clams, coated, baked or broiled, fat not added in cooking	34	4	A	4
26319145	5800_Seafood	Shrimp, coated, fried, from fast food / restaurant	34	1.5	D	4
26319141	5800_Seafood	Shrimp, coated, fried, made with butter	34	3	D	2
26107144	5800_Seafood	Catfish, coated, fried, made with cooking spray	33	3.5	C	4
26118041	5800_Seafood	Halibut, coated, fried, made with butter	33	3.5	D	4
26151141	5800_Seafood	Trout, coated, fried, made with butter	33	2	D	4
26109131	5800_Seafood	Cod, coated, baked or broiled, made with butter	32	3.5	C	4
26127131	5800_Seafood	Perch, coated, baked or broiled, made with butter	32	3.5	C	4
26157131	5800_Seafood	Whiting, coated, baked or broiled, made with butter	31	3.5	C	4
26100141	5800_Seafood	Fish, NS as to type, coated, fried, made with butter	31	3	D	4
26115131	5800_Seafood	Flounder, coated, baked or broiled, made with butter	31	3.5	C	4
26319161	5800_Seafood	Shrimp, coated, baked or broiled, made with butter	29	3.5	C	4
26107131	5800_Seafood	Catfish, coated, baked or broiled, made with butter	27	3.5	C	4
27250520	5800_Seafood	Seafood restructured	26	3	C	4
26109141	5800_Seafood	Cod, coated, fried, made with butter	25	3	D	4
26157141	5800_Seafood	Whiting, coated, fried, made with butter	25	3.5	D	4
26107141	5800_Seafood	Catfish, coated, fried, made with butter	20	2	D	4

foodcode	level1nd	Description	Food Compass Score	Health Star Rating	Nutri-Score	NOVA Category
11350030	6000_Dairy	Almond milk, unsweetened, chocolate	91	4	A	4
11411300	6000_Dairy	Yogurt, nonfat milk, plain	91	5	A	1
11411420	6000_Dairy	Yogurt, Greek, nonfat milk, plain	91	5	A	1
11400010	6000_Dairy	Yogurt, Greek, NS as to type of milk or flavor	86	5	A	1
11411390	6000_Dairy	Yogurt, Greek, NS as to type of milk, plain	86	5	A	1
11411410	6000_Dairy	Yogurt, Greek, low fat milk, plain	86	5	A	1
11410000	6000_Dairy	Yogurt, NS as to type of milk or flavor	86	5	A	1
11400000	6000_Dairy	Yogurt, NFS	84	5	A	1
11411010	6000_Dairy	Yogurt, NS as to type of milk, plain	83	5	A	1
11411200	6000_Dairy	Yogurt, low fat milk, plain	83	5	A	1
11350020	6000_Dairy	Almond milk, unsweetened	82	4	A	4
11411100	6000_Dairy	Yogurt, whole milk, plain	77	5	B	1
11513854	6000_Dairy	Chocolate milk, made from sugar free syrup with fat free milk	77	5	A	3
11435030	6000_Dairy	Yogurt, Greek, nonfat milk, flavors other than fruit	76	5	A	4
11513855	6000_Dairy	Chocolate milk, made from sugar free syrup with non-dairy milk	76	1.5	B	4
11411400	6000_Dairy	Yogurt, Greek, whole milk, plain	75	5	A	1
11320100	6000_Dairy	Soy milk, light	75	2	A	4
11434020	6000_Dairy	Yogurt, Greek, nonfat milk, fruit	74	5	A	4
11513395	6000_Dairy	Chocolate milk, made from no sugar added dry mix with non-dairy milk (Nesquik)	73	0.5	B	4
11514360	6000_Dairy	Hot chocolate / Cocoa, made with no sugar added dry mix and non-dairy milk	70	0.5	B	4
11446000	6000_Dairy	Yogurt parfait, low fat, with fruit	70	5	B	4
11434300	6000_Dairy	Yogurt, nonfat milk, flavors other than fruit	69	5	A	4
11513370	6000_Dairy	Chocolate milk, made from reduced sugar mix with fat free milk	68	4.5	A	4
11513394	6000_Dairy	Chocolate milk, made from no sugar added dry mix with fat free milk (Nesquik)	68	4.5	A	4
11300100	6000_Dairy	Non-dairy milk, NFS	68	1.5	B	4
11320000	6000_Dairy	Soy milk	68	1.5	A	4
11513375	6000_Dairy	Chocolate milk, made from reduced sugar mix with non-dairy milk	66	0.5	B	4
11321100	6000_Dairy	Soy milk, light, chocolate	65	0.5	B	4
11321200	6000_Dairy	Soy milk, nonfat, chocolate	65	0.5	B	4
11433000	6000_Dairy	Yogurt, nonfat milk, fruit	65	5	B	4
11113000	6000_Dairy	Milk, fat free (skim)	64	4.5	A	1
11114320	6000_Dairy	Milk, lactose free, fat free (skim)	64	4.5	A	1
11111170	6000_Dairy	Milk, calcium fortified, fat free (skim)	62	5	A	1
11513853	6000_Dairy	Chocolate milk, made from sugar free syrup with low fat milk	62	5	A	3
11120000	6000_Dairy	Milk, dry, reconstituted, NS as to fat content	61	4.5	B	1
11121300	6000_Dairy	Milk, dry, reconstituted, fat free (skim)	61	4.5	B	1
11434090	6000_Dairy	Yogurt, NS as to type of milk, flavors other than fruit	61	5	A	4
11434200	6000_Dairy	Yogurt, low fat milk, flavors other than fruit	61	5	A	4
11513350	6000_Dairy	Chocolate milk, made from reduced sugar mix, NS as to type of milk	61	4	B	3
11513390	6000_Dairy	Chocolate milk, made from no sugar added dry mix, NS as to type of milk (Nesquik)	61	4	B	3
11514350	6000_Dairy	Hot chocolate / Cocoa, made with no sugar added dry mix and fat free milk	60	4	B	4
11513850	6000_Dairy	Chocolate milk, made from sugar free syrup, NS as to type of milk	60	4.5	A	2
11513852	6000_Dairy	Chocolate milk, made from sugar free syrup with reduced fat milk	59	4.5	A	2
11350000	6000_Dairy	Almond milk, sweetened	59	3.5	B	4
11321000	6000_Dairy	Soy milk, chocolate	58	0.5	B	4
11514310	6000_Dairy	Hot chocolate / Cocoa, made with no sugar added dry mix and water	58	4	B	4
11513851	6000_Dairy	Chocolate milk, made from sugar free syrup with whole milk	56	4	B	2
11350010	6000_Dairy	Almond milk, sweetened, chocolate	56	3	B	4
11320200	6000_Dairy	Soy milk, nonfat	56	2	A	4
11513805	6000_Dairy	Chocolate milk, made from light syrup with non-dairy milk	56	0.5	B	4
11435100	6000_Dairy	Yogurt, Greek, with oats	55	5	A	4
11513310	6000_Dairy	Chocolate milk, made from dry mix with non-dairy milk	54	0.5	B	4
11513385	6000_Dairy	Chocolate milk, made from dry mix with non-dairy milk (Nesquik)	54	0.5	B	4
14109020	6000_Dairy	Cheese, Swiss, reduced sodium	54	0.5	C	3
14206010	6000_Dairy	Cheese, cottage, lowfat, low sodium	54	5	A	3
11111160	6000_Dairy	Milk, calcium fortified, low fat (1%)	53	4.5	A	1
11112120	6000_Dairy	Milk, acidophilus, low fat (1%)	53	4.5	A	1
11112210	6000_Dairy	Milk, low fat (1%)	53	4.5	A	1
11114300	6000_Dairy	Milk, lactose free, low fat (1%)	53	4.5	A	1
11212050	6000_Dairy	Milk, evaporated, fat free (skim)	53	4.5	A	2
14107040	6000_Dairy	Cheese, Mozzarella, reduced sodium	53	0.5	C	3
11513365	6000_Dairy	Chocolate milk, made from reduced sugar mix with low fat milk	53	4.5	A	4
11513393	6000_Dairy	Chocolate milk, made from no sugar added dry mix with low fat milk (Nesquik)	53	4.5	A	4
11433990	6000_Dairy	Yogurt, Greek, NS as to type of milk, fruit	53	5	A	4
11434010	6000_Dairy	Yogurt, Greek, low fat milk, fruit	53	5	A	4
11115400	6000_Dairy	Kefir, NS as to fat content	53	4.5	A	1
11121210	6000_Dairy	Milk, dry, reconstituted, low fat (1%)	53	4.5	B	1
14610520	6000_Dairy	Cheese with nuts	53	0.5	D	3
11430000	6000_Dairy	Yogurt, NS as to type of milk, fruit	53	5	B	4
11432000	6000_Dairy	Yogurt, low fat milk, fruit	53	5	B	4
11436000	6000_Dairy	Yogurt, liquid	52	5	B	4
14207010	6000_Dairy	Cheese, cottage, lowfat, lactose reduced	51	5	A	3
11435000	6000_Dairy	Yogurt, Greek, NS as to type of milk, flavors other than fruit	50	5	A	4
11435020	6000_Dairy	Yogurt, Greek, low fat milk, flavors other than fruit	50	5	A	4
11100000	6000_Dairy	Milk, NFS	50	4	B	1
11519215	6000_Dairy	Strawberry milk, non-dairy	50	0.5	B	4
11513360	6000_Dairy	Chocolate milk, made from reduced sugar mix with reduced fat milk	50	4	B	4
11513392	6000_Dairy	Chocolate milk, made from no sugar added dry mix with reduced fat milk (Nesquik)	50	4	B	4
11513384	6000_Dairy	Chocolate milk, made from dry mix with fat free milk (Nesquik)	50	4	B	4
11360000	6000_Dairy	Rice milk	50	1	B	4
11112110	6000_Dairy	Milk, reduced fat (2%)	49	4	B	1
11112130	6000_Dairy	Milk, acidophilus, reduced fat (2%)	49	4	B	1
11114330	6000_Dairy	Milk, lactose free, reduced fat (2%)	49	4	B	1
11513300	6000_Dairy	Chocolate milk, made from dry mix with fat free milk	49	4	B	4
11111100	6000_Dairy	Milk, low sodium, whole	48	3.5	B	1
11434100	6000_Dairy	Yogurt, whole milk, flavors other than fruit	48	5	B	4
11431000	6000_Dairy	Yogurt, whole milk, fruit	48	5	C	4
11513355	6000_Dairy	Chocolate milk, made from reduced sugar mix with whole milk	47	4	B	4
11513391	6000_Dairy	Chocolate milk, made from no sugar added dry mix with whole milk (Nesquik)	47	4	B	4
11514340	6000_Dairy	Hot chocolate / Cocoa, made with no sugar added dry mix and low fat milk	47	4	B	4
11111000	6000_Dairy	Milk, whole	46	3.5	B	1
11111150	6000_Dairy	Milk, calcium fortified, whole	46	3.5	B	1
11114350	6000_Dairy	Milk, lactose free, whole	46	3.5	B	1
14110010	6000_Dairy	Cheese, Cheddar, reduced sodium	46	0.5	C	3
11519040	6000_Dairy	Strawberry milk, NFS	46	4	B	3
14502000	6000_Dairy	Imitation cheese	46	0.5	D	4
11211400	6000_Dairy	Milk, evaporated, reduced fat (2%)	46	3.5	B	2
14109030	6000_Dairy	Cheese, Swiss, reduced fat	45	5	B	3
14410130	6000_Dairy	Cheese, American, nonfat or fat free	45	0.5	C	4
11513750	6000_Dairy	Chocolate milk, made from syrup with non-dairy milk	45	0.5	B	4
11513804	6000_Dairy	Chocolate milk, made from light syrup with fat free milk	45	4	B	3
11435010	6000_Dairy	Yogurt, Greek, whole milk, flavors other than fruit	44	5	B	4

foodcode	level1nd	Description	Food Compass Score	Health Star Rating	Nutri-Score	NOVA Category
11514330	6000_Dairy	Hot chocolate / Cocoa, made with no sugar added dry mix and reduced fat milk	44	3.5	B	4
11514320	6000_Dairy	Hot chocolate / Cocoa, made with no sugar added dry mix and whole milk	44	3	B	4
11121100	6000_Dairy	Milk, dry, reconstituted, whole	44	3.5	B	1
41420380	6000_Dairy	Yogurt, soy	43	3.5	A	4
11513000	6000_Dairy	Chocolate milk, made from dry mix, NS as to type of milk	43	3.5	B	3
14410210	6000_Dairy	Cheese, American, reduced sodium	43	0.5	C	4
11513380	6000_Dairy	Chocolate milk, made from dry mix, NS as to type of milk (Nesquik)	43	3.5	B	3
11526000	6000_Dairy	Milk, malted	42	3.5	B	3
11116000	6000_Dairy	Goat's milk, whole	42	4	B	1
14109040	6000_Dairy	Cheese, Swiss, nonfat or fat free	41	4	C	3
14200100	6000_Dairy	Cheese, cottage, NFS	41	5	B	3
14204010	6000_Dairy	Cheese, cottage, low fat	41	5	B	3
11434000	6000_Dairy	Yogurt, Greek, whole milk, fruit	41	5	B	4
11514150	6000_Dairy	Hot chocolate / Cocoa, made with dry mix and non-dairy milk	41	0.5	C	4
11115300	6000_Dairy	Buttermilk, whole	40	4	B	1
11115200	6000_Dairy	Buttermilk, reduced fat (2%)	40	3.5	B	1
14107060	6000_Dairy	Cheese, Mozzarella, nonfat or fat free	40	5	B	3
11512030	6000_Dairy	Hot chocolate / Cocoa, ready to drink, made with non-dairy milk	39	0.5	C	4
42401010	6000_Dairy	Coconut milk, used in cooking	38	0.5	C	2
14201500	6000_Dairy	Cheese, Ricotta	38	5	C	3
14203010	6000_Dairy	Cheese, cottage, dry curd	38	5	A	3
14107010	6000_Dairy	Cheese, Mozzarella, NFS	37	0.5	D	3
14107030	6000_Dairy	Cheese, Mozzarella, part skim	37	0.5	D	3
11514140	6000_Dairy	Hot chocolate / Cocoa, made with dry mix and fat free milk	37	2.5	B	4
11511700	6000_Dairy	Chocolate milk, ready to drink, low fat, no sugar added (Nesquik)	37	4	B	4
14109010	6000_Dairy	Cheese, Swiss	37	0.5	D	3
11115000	6000_Dairy	Buttermilk, fat free (skim)	37	4	B	1
11115100	6000_Dairy	Buttermilk, low fat (1%)	37	4	B	1
14203510	6000_Dairy	Puerto Rican white cheese	36	3	C	3
11513200	6000_Dairy	Chocolate milk, made from dry mix with low fat milk	35	4	B	4
11513383	6000_Dairy	Chocolate milk, made from dry mix with low fat milk (Nesquik)	35	4	B	4
11210050	6000_Dairy	Milk, evaporated, NS as to fat content	35	2	C	2
11211050	6000_Dairy	Milk, evaporated, whole	35	2	C	2
11513803	6000_Dairy	Chocolate milk, made from light syrup with low fat milk	35	4	B	3
14104110	6000_Dairy	Cheese, Cheddar, reduced fat	34	0.5	D	3
14108420	6000_Dairy	Cheese, provolone, reduced fat	34	0.5	D	3
14107250	6000_Dairy	Cheese, Muenster, reduced fat	34	0.5	D	3
14204030	6000_Dairy	Cheese, cottage, lowfat, with vegetables	33	5	A	3
14203020	6000_Dairy	Cheese, cottage, salted, dry curd	33	5	C	3
11513800	6000_Dairy	Chocolate milk, made from light syrup, NS as to type of milk	33	3.5	B	2
14104400	6000_Dairy	Cheese, Feta	33	0.5	D	3
14120020	6000_Dairy	Cheese, Mexican blend, reduced fat	33	0.5	D	3
14108060	6000_Dairy	Cheese, Parmesan, dry grated, fat free	32	0.5	D	3
14610250	6000_Dairy	Cheese, cottage cheese, with gelatin dessert and vegetables	32	5	B	2
14201010	6000_Dairy	Cheese, cottage, creamed, large or small curd	32	5	B	3
11513150	6000_Dairy	Chocolate milk, made from dry mix with reduced fat milk	31	3.5	B	4
11513382	6000_Dairy	Chocolate milk, made from dry mix with reduced fat milk (Nesquik)	31	3.5	B	4
11541110	6000_Dairy	Milk shake, home recipe, chocolate	31	2	C	3
14204020	6000_Dairy	Cheese, cottage, lowfat, with fruit	31	5	A	4
11541135	6000_Dairy	Milk shake, home recipe, flavors other than chocolate, light	31	3	B	3
11513802	6000_Dairy	Chocolate milk, made from light syrup with reduced fat milk	31	3.5	B	3
11519205	6000_Dairy	Strawberry milk, fat free	31	3.5	B	4
14410380	6000_Dairy	Cheese, processed cream cheese product, nonfat or fat free	31	4	C	4
14104115	6000_Dairy	Cheese, Cheddar, nonfat or fat free	31	4.5	C	3
11541130	6000_Dairy	Milk shake, home recipe, chocolate, light	31	2.5	C	3
11513801	6000_Dairy	Chocolate milk, made from light syrup with whole milk	30	3.5	B	3
14010000	6000_Dairy	Cheese, NFS	30	0.5	E	3
14103010	6000_Dairy	Cheese, Camembert	30	0.5	D	3
11541120	6000_Dairy	Milk shake, home recipe, flavors other than chocolate	30	2	C	3
11511400	6000_Dairy	Chocolate milk, ready to drink, low fat	30	4	B	4
14105010	6000_Dairy	Cheese, Gouda or Edam	29	0.5	D	3
14108015	6000_Dairy	Cheese, Parmesan, dry grated, reduced fat	29	0.5	D	3
11511600	6000_Dairy	Chocolate milk, ready to drink, low fat (Nesquik)	29	4	B	4
11513100	6000_Dairy	Chocolate milk, made from dry mix with whole milk	29	3	B	4
11513381	6000_Dairy	Chocolate milk, made from dry mix with whole milk (Nesquik)	29	3	B	4
11511200	6000_Dairy	Chocolate milk, ready to drink, reduced fat	29	3	B	4
14133000	6000_Dairy	Queso Fresco	29	0.5	D	3
14120010	6000_Dairy	Cheese, Mexican blend	29	0.5	D	3
14107020	6000_Dairy	Cheese, Mozzarella, whole milk	29	0.5	D	3
14134000	6000_Dairy	Queso cotija	28	0.5	E	3
14108020	6000_Dairy	Cheese, Parmesan, hard	28	0.5	E	3
14108010	6000_Dairy	Cheese, Parmesan, dry grated	28	0.5	E	3
14105200	6000_Dairy	Cheese, Gruyere	28	0.5	D	3
14102010	6000_Dairy	Cheese, Brick	28	0.5	D	3
11511550	6000_Dairy	Chocolate milk, ready to drink, reduced sugar, NS as to milk	28	4.5	A	4
14202010	6000_Dairy	Cheese, cottage, with fruit	28	5	B	4
14107200	6000_Dairy	Cheese, Muenster	28	0.5	D	3
14106500	6000_Dairy	Cheese, Monterey, reduced fat	28	0.5	D	3
14108400	6000_Dairy	Cheese, Provolone	27	0.5	D	3
14108200	6000_Dairy	Cheese, Port du Salut	27	0.5	D	3
14104700	6000_Dairy	Cheese, goat	27	0.5	D	3
14660200	6000_Dairy	Mozzarella sticks, breaded, baked, or fried	27	0.5	D	3
14202020	6000_Dairy	Cheese, cottage, with vegetables	27	5	B	4
11511100	6000_Dairy	Chocolate milk, ready to drink, whole	27	2	C	4
14103020	6000_Dairy	Cheese, Brie	26	0.5	D	3
14410120	6000_Dairy	Cheese, American, reduced fat	26	0.5	D	4
14410330	6000_Dairy	Cheese spread, American or Cheddar cheese base, reduced fat	26	0.5	D	4
14101010	6000_Dairy	Cheese, Blue or Roquefort	26	0.5	E	3
14106010	6000_Dairy	Cheese, Limburger	26	0.5	D	3
14104100	6000_Dairy	Cheese, Cheddar	26	0.5	D	3
14201200	6000_Dairy	Cottage cheese, farmer's	25	5	C	3
14104200	6000_Dairy	Cheese, Colby	25	0.5	D	3
11513400	6000_Dairy	Chocolate milk, made from syrup, NS as to type of milk	25	3	B	3
14104600	6000_Dairy	Cheese, Fontina	25	0.5	D	3
11560000	6000_Dairy	Chocolate milk drink	25	3	B	4
14410110	6000_Dairy	Cheese, American	25	0.5	E	4
11514130	6000_Dairy	Hot chocolate / Cocoa, made with dry mix and low fat milk	25	2.5	B	4
14104250	6000_Dairy	Cheese, Colby Jack	25	0.5	D	3
14106200	6000_Dairy	Cheese, Monterey	25	0.5	D	3
11513700	6000_Dairy	Chocolate milk, made from syrup with fat free milk	24	3.5	B	4
11512120	6000_Dairy	Hot chocolate / Cocoa, ready to drink, made with non-dairy milk and whipped cream	24	0.5	C	4
11513500	6000_Dairy	Chocolate milk, made from syrup with whole milk	23	2.5	C	3

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14131500	6000_Dairy	Queso Asadero	23	0.5	D	3
11514120	6000_Dairy	Hot chocolate / Cocoa, made with dry mix and reduced fat milk	23	2	C	4
11340000	6000_Dairy	Imitation milk, non-soy, sweetened	23	1	B	4
14132000	6000_Dairy	Queso Chihuahua	23	0.5	D	3
11542100	6000_Dairy	Milk shake, fast food, chocolate	22	1	C	4
11543000	6000_Dairy	Milk shake, bottled, chocolate	22	1	C	4
14131000	6000_Dairy	Queso Anejo, aged Mexican cheese	22	0.5	E	3
11519200	6000_Dairy	Strawberry milk, low fat	22	3.5	B	4
11531500	6000_Dairy	Eggnog, lowfat / light	22	4	B	4
11514110	6000_Dairy	Hot chocolate / Cocoa, made with dry mix and whole milk	21	2	C	4
11511610	6000_Dairy	Chocolate milk, ready to drink, fat free (Nesquik)	21	3.5	B	4
11511000	6000_Dairy	Chocolate milk, NFS	21	3.5	B	4
11511300	6000_Dairy	Chocolate milk, ready to drink, fat free	21	3.5	B	4
11512020	6000_Dairy	Hot chocolate / Cocoa, ready to drink, made with nonfat milk	19	3	B	4
11514100	6000_Dairy	Hot chocolate / Cocoa, made with dry mix and water	19	3	B	4
14410620	6000_Dairy	Cheese, with wine	19	0.5	E	4
11543010	6000_Dairy	Milk shake, bottled, flavors other than chocolate	18	1.5	C	4
11519105	6000_Dairy	Strawberry milk, reduced fat	18	3	B	4
14410500	6000_Dairy	Cheese, processed cheese food	18	0.5	E	4
11542200	6000_Dairy	Milk shake, fast food, flavors other than chocolate	18	1.5	C	4
11541400	6000_Dairy	Milk shake with malt	18	2	C	4
11531000	6000_Dairy	Eggnog, regular	18	3	B	4
14410100	6000_Dairy	Cheese, American and Swiss blends	18	0.5	E	4
11513600	6000_Dairy	Chocolate milk, made from syrup with low fat milk	16	3.5	B	4
11519050	6000_Dairy	Strawberry milk, whole	16	2.5	C	4
14420100	6000_Dairy	Cheese spread, American or Cheddar cheese base	16	0.5	E	4
14420160	6000_Dairy	Cheese spread, Swiss cheese base	16	0.5	E	4
14420300	6000_Dairy	Cheese spread, pressurized can	16	0.5	E	4
14410600	6000_Dairy	Cheese, processed, with vegetables	15	0.5	E	4
14610200	6000_Dairy	Cheese, cottage cheese, with gelatin dessert	14	5	B	3
11513550	6000_Dairy	Chocolate milk, made from syrup with reduced fat milk	14	3	B	4
11220000	6000_Dairy	Milk, condensed, sweetened	13	0.5	E	3
11512110	6000_Dairy	Hot chocolate / Cocoa, ready to drink, made with nonfat milk and whipped cream	11	2	C	4
42402010	6000_Dairy	Coconut cream, canned, sweetened	10	0.5	E	3
11512010	6000_Dairy	Hot chocolate / Cocoa, ready to drink	9	2	C	4
42401100	6000_Dairy	Yogurt, coconut milk	9	5	C	4
11512100	6000_Dairy	Hot chocolate / Cocoa, ready to drink, with whipped cream	8	1.5	C	4
14610210	6000_Dairy	Cheese, cottage cheese, with gelatin dessert and fruit	7	5	B	4
13120810	6000_Dairy	Ice cream soda, chocolate	4	1.5	C	4
13120800	6000_Dairy	Ice cream soda, flavors other than chocolate	2	1.5	C	4
11370000	6000_Dairy	Coconut milk	2	2	B	4

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82105800	7000_Fats Oils	Canola, soybean and sunflower oil	86	3.5	D	2
82105750	7000_Fats Oils	Canola and soybean oil	86	3.5	D	2
82105500	7000_Fats Oils	Rapeseed oil	85	4	C	2
82101000	7000_Fats Oils	Vegetable oil, NFS	85	3	D	2
82103500	7000_Fats Oils	Flaxseed oil	84	4	C	2
82108700	7000_Fats Oils	Walnut oil	84	4	C	2
82108250	7000_Fats Oils	Soybean and sunflower oil	84	3.5	D	2
82108000	7000_Fats Oils	Soybean oil	82	3	D	2
82104000	7000_Fats Oils	Olive oil	81	3	D	2
82106000	7000_Fats Oils	Safflower oil	81	4	C	2
82101300	7000_Fats Oils	Almond oil	81	4	C	2
82108500	7000_Fats Oils	Sunflower oil	81	3.5	D	2
82102000	7000_Fats Oils	Corn oil	81	3.5	D	2
82107000	7000_Fats Oils	Sesame oil	78	3	D	2
82109000	7000_Fats Oils	Wheat germ oil	76	2.5	D	2
82105000	7000_Fats Oils	Peanut oil	73	3	D	2
82103000	7000_Fats Oils	Cottonseed oil	60	1.5	D	2
81103030	7000_Fats Oils	Margarine, stick, unsalted	55	3.5	C	4
83208500	7000_Fats Oils	Korean dressing or marinade	47	0.5	D	2
83101600	7000_Fats Oils	Bacon and tomato dressing	47	5	D	4
83112500	7000_Fats Oils	Creamy dressing	46	1	D	4
83100100	7000_Fats Oils	Salad dressing, NFS, for salads	46	1	D	4
81102000	7000_Fats Oils	Margarine, NFS	44	3	D	4
81103080	7000_Fats Oils	Margarine-like spread, tub, salted	44	3	D	4
81200100	7000_Fats Oils	Oil or table fat, NFS	44	1.5	D	2
81103130	7000_Fats Oils	Margarine like spread, whipped, tub, salted	44	3	D	4
83114000	7000_Fats Oils	Thousand Island dressing	43	1.5	D	4
83112000	7000_Fats Oils	Avocado dressing	43	4	D	4
83112990	7000_Fats Oils	Sesame dressing	40	3.5	D	4
81104011	7000_Fats Oils	Margarine like spread, reduced calorie, about 40% fat, made with yogurt, tub, salted	39	4.5	D	4
81104010	7000_Fats Oils	Margarine-like spread, reduced calorie, about 40% fat, tub, salted	38	4	D	4
81104020	7000_Fats Oils	Margarine-like spread, reduced calorie, about 40% fat, stick, salted	38	4	D	4
81102020	7000_Fats Oils	Margarine, tub, salted	37	2.5	D	4
81103020	7000_Fats Oils	Margarine, whipped, tub, salted	37	2.5	D	4
83101000	7000_Fats Oils	Blue or roquefort cheese dressing	37	1	D	4
81103090	7000_Fats Oils	Margarine-like spread, liquid, salted	37	3.5	D	4
83102000	7000_Fats Oils	Caesar dressing	35	0.5	D	4
81103040	7000_Fats Oils	Margarine-like spread, stick, salted	35	3	D	4
81104500	7000_Fats Oils	Vegetable oil-butter spread, stick, salted	34	3	D	4
83104000	7000_Fats Oils	French or Catalina dressing	34	1	D	4
83109000	7000_Fats Oils	Russian dressing	33	1.5	D	4
81102010	7000_Fats Oils	Margarine, stick, salted	32	2	D	4
81104110	7000_Fats Oils	Margarine like spread, fat free, liquid, salted	32	5	C	4
81104510	7000_Fats Oils	Vegetable oil-butter spread, tub, salted	32	4	D	4
81104050	7000_Fats Oils	Margarine like spread, reduced calorie, about 20% fat, tub, salted	31	5	D	4
83103000	7000_Fats Oils	Coleslaw dressing	29	1.5	D	4
83106000	7000_Fats Oils	Italian dressing, made with vinegar and oil	29	1.5	D	4
83202020	7000_Fats Oils	French or Catalina dressing, light	28	3	D	4
12310100	7000_Fats Oils	Sour cream	28	2.5	C	2
12100100	7000_Fats Oils	Cream, NS as to light, heavy, or half and half	27	2.5	D	2
12120100	7000_Fats Oils	Cream, half and half	27	2.5	D	2
83105500	7000_Fats Oils	Honey mustard dressing	26	1.5	D	4
83112950	7000_Fats Oils	Poppy seed dressing	26	0.5	E	4
83200100	7000_Fats Oils	Salad dressing, light, NFS	26	2	D	4
83210100	7000_Fats Oils	Creamy dressing, light	26	2	D	4
81105020	7000_Fats Oils	Butter-margarine blend, tub, salted	25	2.5	D	4
81105500	7000_Fats Oils	Butter-vegetable oil blend	25	2.5	D	4
81104550	7000_Fats Oils	Vegetable oil-butter spread, reduced calorie, stick, salted	25	2.5	D	4
81203000	7000_Fats Oils	Shortening, NS as to vegetable or animal	25	1.5	D	4
81203100	7000_Fats Oils	Shortening, vegetable	25	1.5	D	4
83204500	7000_Fats Oils	Honey mustard dressing, light	25	2	D	4
12110100	7000_Fats Oils	Cream, light	25	2.5	C	2
12120110	7000_Fats Oils	Cream, half and half, fat free	24	3.5	D	4
83206500	7000_Fats Oils	Sesame dressing, light	23	2	D	4
83205450	7000_Fats Oils	Italian dressing, light	23	2	D	4
81104560	7000_Fats Oils	Vegetable oil-butter spread, reduced calorie, tub, salted	23	3	D	4
83207000	7000_Fats Oils	Thousand Island dressing, light	22	2.5	D	4
83201000	7000_Fats Oils	Blue or roquefort cheese dressing, light	22	2	D	4
14303010	7000_Fats Oils	Cheese, cream, light or lite	21	2	D	3
12310370	7000_Fats Oils	Sour cream, fat free	20	3.5	B	4
81100000	7000_Fats Oils	Table fat, NFS	18	0.5	E	3
81202000	7000_Fats Oils	Lard	17	1	D	2
81203200	7000_Fats Oils	Shortening, animal	17	1	D	2
83201400	7000_Fats Oils	Coleslaw dressing, light	16	0.5	E	4
12310350	7000_Fats Oils	Sour cream, light	16	3	C	4
12210280	7000_Fats Oils	Coffee creamer, liquid, fat free, sugar free, flavored	16	3.5	C	4
12210310	7000_Fats Oils	Coffee creamer, liquid, sugar free, flavored	16	3.5	C	4
83300600	7000_Fats Oils	Italian dressing, fat free	16	2	D	4
12310300	7000_Fats Oils	Sour cream, reduced fat	16	3	D	4
12120106	7000_Fats Oils	Cream, half and half, flavored	15	3	D	4
12210210	7000_Fats Oils	Coffee creamer, liquid, flavored	15	2	D	4
12130100	7000_Fats Oils	Cream, heavy	14	1	D	4
12310200	7000_Fats Oils	Sour cream, half and half	13	2.5	C	4
83115000	7000_Fats Oils	Yogurt dressing	12	2	D	4
14301010	7000_Fats Oils	Cheese, cream	12	1	D	3
83206000	7000_Fats Oils	Russian dressing, light	11	2	D	4
14420210	7000_Fats Oils	Cheese spread, cream cheese, light or lite	10	2	D	4
83300100	7000_Fats Oils	Blue or roquefort cheese dressing, fat free	10	2.5	D	4
22621100	7000_Fats Oils	Fat back, cooked	10	0.5	E	1
81201000	7000_Fats Oils	Animal fat or drippings	9	0.5	E	2
81105010	7000_Fats Oils	Butter-margarine blend, stick, salted	9	0.5	E	4
81104100	7000_Fats Oils	Margarine like spread, fat free, tub, salted	9	5	D	4
83300800	7000_Fats Oils	Russian dressing, fat free	9	3.5	C	4
83301000	7000_Fats Oils	Thousand Island dressing, fat free	9	3.5	C	4
12200100	7000_Fats Oils	Coffee creamer, NFS	8	3	C	4
12210200	7000_Fats Oils	Coffee creamer, liquid	8	3	C	4
12210520	7000_Fats Oils	Coffee creamer, soy, liquid	8	3	C	4
83203000	7000_Fats Oils	Caesar dressing, light	8	1.5	D	4
12140000	7000_Fats Oils	Cream, whipped	8	1	D	4
12210260	7000_Fats Oils	Coffee creamer, liquid, fat free	7	3.5	C	4
12210505	7000_Fats Oils	Coffee creamer,powder, sugar free, flavored	7	1	D	4
81101100	7000_Fats Oils	Butter, stick, unsalted	6	1	D	2
81101110	7000_Fats Oils	Butter, whipped, tub, unsalted	6	1	D	2
81101120	7000_Fats Oils	Butter, whipped, stick, unsalted	6	1	D	2

foodcode	level1nd	Description	Food Compass Score	Health Star Rating	Nutri-Score	NOVA Category
81204000	7000_Fats Oils	Ghee, clarified butter	5	1	E	2
12320100	7000_Fats Oils	Sour cream, imitation	5	1.5	D	4
12220280	7000_Fats Oils	Whipped topping, sugar free	4	1.5	D	4
12210400	7000_Fats Oils	Coffee creamer, powder	4	1	D	4
81100500	7000_Fats Oils	Butter, NFS	3	0.5	E	2
81101000	7000_Fats Oils	Butter, stick, salted	3	0.5	E	2
81101020	7000_Fats Oils	Butter, whipped, stick, salted	3	0.5	E	2
12210430	7000_Fats Oils	Coffee creamer, powder, fat free	3	0.5	E	4
12210440	7000_Fats Oils	Coffee creamer,powder, fat free, flavored	3	0.5	E	4
81101010	7000_Fats Oils	Butter, whipped, tub, salted	3	0.5	E	2
82101500	7000_Fats Oils	Coconut oil	2	1	E	2
12210270	7000_Fats Oils	Coffee creamer, liquid, fat free, flavored	1	2.5	D	4
12210420	7000_Fats Oils	Coffee creamer, powder, flavored	1	0.5	E	4
12220200	7000_Fats Oils	Whipped topping	1	0.5	D	4
12220270	7000_Fats Oils	Whipped topping, fat free	1	1.5	D	4
14420200	7000_Fats Oils	Cheese spread, cream cheese, regular	1	1	D	4
81101500	7000_Fats Oils	Light butter, stick, salted	1	1	E	4
81101520	7000_Fats Oils	Light butter, whipped, tub, salted	1	1	E	4
81106010	7000_Fats Oils	Butter replacement, fat-free powder	1	4	E	4
81322000	7000_Fats Oils	Honey butter	1	1.5	E	2
83300200	7000_Fats Oils	Caesar dressing, fat free	1	1.5	D	4
83300300	7000_Fats Oils	Creamy dressing, fat free	1	2.5	D	4
83300400	7000_Fats Oils	French or Catalina dressing, fat free	1	2.5	D	4
83300500	7000_Fats Oils	Honey mustard dressing, fat free	1	1.5	D	4
83300900	7000_Fats Oils	Salad dressing, fat free, NFS	1	2.5	D	4

foodcode	level1nd	Description	Food Compass Score	Health Star Rating	Nutri-Score	NOVA Category
27151030	8000_Mixed	Ceviche	100	4.5	A	1
27151070	8000_Mixed	Stewed codfish, no potatoes, Puerto Rican style	100	4.5	A	2
27351030	8000_Mixed	Stewed codfish, Puerto Rican style	100	5	A	2
27450180	8000_Mixed	Seafood garden salad with seafood, lettuce, vegetables excluding tomato and carrots, no dressing	100	5	A	2
27450190	8000_Mixed	Seafood garden salad with seafood, lettuce, tomato and/or carrots, other vegetables, no dressing	100	5	A	2
27450200	8000_Mixed	Seafood garden salad with seafood, lettuce, eggs, vegetables excluding tomato and carrots, no dressing	100	4.5	A	2
27450310	8000_Mixed	Lomi salmon	100	5	A	2
27450400	8000_Mixed	Shrimp and vegetables including carrots, broccoli, and/or dark-green leafy; no potatoes, no sauce	100	4.5	A	2
27450740	8000_Mixed	Fish and vegetables including carrots, broccoli, and/or dark-green leafy; no potatoes, soy-based sauce	100	4.5	A	2
72125500	8000_Mixed	Channa Saag	100	4.5	A	2
75146000	8000_Mixed	Greek Salad, no dressing	100	4.5	A	3
75440300	8000_Mixed	Vegetable combinations, including carrots, broccoli, and/or dark-green leafy; cooked, with tomato sauce	100	4.5	A	1
75440600	8000_Mixed	Vegetable curry	100	5	A	2
75604600	8000_Mixed	Gazpacho	99	4.5	B	2
72125253	8000_Mixed	Spinach, cooked, from canned, with cheese sauce	99	4	B	1
72307000	8000_Mixed	Spinach soup	99	4	A	1
27450210	8000_Mixed	Seafood garden salad with seafood, lettuce, eggs, tomato and/or carrots, other vegetables, no dressing	98	4.5	A	2
27451060	8000_Mixed	Octopus salad, Puerto Rican style	98	4.5	A	2
27450760	8000_Mixed	Fish shish kabob with vegetables, excluding potatoes	98	4.5	A	2
27450600	8000_Mixed	Shellfish mixture and vegetables including carrots, broccoli, and/or dark-green leafy; no potatoes, soy-based sauce	97	4.5	A	2
27450750	8000_Mixed	Fish and vegetables excluding carrots, broccoli, and dark-green leafy; no potatoes, soy-based sauce	97	4	A	2
27450410	8000_Mixed	Shrimp and vegetables including carrots, broccoli, and/or dark-green leafy; no potatoes, soy-based sauce	97	4.5	A	2
75147000	8000_Mixed	Spinach salad, no dressing	97	4.5	A	2
27150320	8000_Mixed	Fish curry	97	4.5	A	2
27450110	8000_Mixed	Shrimp garden salad, shrimp, lettuce, eggs, tomato and/or carrots, other vegetables, no dressing	96	4.5	A	1
27150100	8000_Mixed	Shrimp curry	95	5	A	2
75306010	8000_Mixed	Eggplant in tomato sauce, cooked, fat not added in cooking	95	4.5	A	2
27450120	8000_Mixed	Shrimp garden salad, shrimp, lettuce, eggs, vegetables excluding tomato and carrots, no dressing	95	4.5	A	1
27450700	8000_Mixed	Fish and vegetables including carrots, broccoli, and/or dark-green leafy; no potatoes, tomato-based sauce	95	4.5	B	2
73111400	8000_Mixed	Carrots in tomato sauce	94	4.5	A	2
27450405	8000_Mixed	Shrimp and vegetables excluding carrots, broccoli, and dark-green leafy; no potatoes, no sauce	94	4.5	A	2
27150330	8000_Mixed	Mussels with tomato-based sauce	94	4	B	1
72125251	8000_Mixed	Spinach, cooked, from fresh, with cheese sauce	94	4	A	3
27446355	8000_Mixed	Asian chicken or turkey garden salad with crispy noodles, chicken and/or turkey, lettuce, fruit, nuts, crispy noodles, no dres	93	5	A	2
41311020	8000_Mixed	Sambar, vegetable stew	93	5	A	2
58146672	8000_Mixed	Pasta, whole grain, with tomato-based sauce, seafood, and added vegetables, home recipe	93	4.5	A	2
75232050	8000_Mixed	Seaweed, prepared with soy sauce	93	3.5	C	2
27445180	8000_Mixed	Moo Goo Gai Pan	92	5	A	2
27450420	8000_Mixed	Shrimp and vegetables excluding carrots, broccoli, and dark-green leafy; no potatoes, soy-based sauce	92	4.5	A	2
27450610	8000_Mixed	Shellfish mixture and vegetables excluding carrots, broccoli, and dark-green leafy; no potatoes, soy-based sauce	92	4.5	A	2
75316050	8000_Mixed	Ratatouille	91	4.5	A	2
27446360	8000_Mixed	Chicken or turkey caesar garden salad, chicken and/or turkey, lettuce, tomato, cheese, no dressing	91	5	A	2
75403200	8000_Mixed	Beans, string, green, cooked, Szechuan-style	91	4.5	A	2
27151040	8000_Mixed	Crabs in tomato-based sauce, Puerto Rican style	91	3.5	C	2
27450430	8000_Mixed	Shrimp shish kabob with vegetables, excluding potatoes	91	4.5	A	2
27450040	8000_Mixed	Shrimp chow mein or chop suey, no noodles	90	5	A	1
27450470	8000_Mixed	Kung Pao shrimp	90	4	A	2
27250220	8000_Mixed	Oyster fritter	90	3	C	3
72125231	8000_Mixed	Spinach, from fresh, creamed	89	4	A	1
41603010	8000_Mixed	Lentil soup, home recipe, canned, or ready-to-serve	88	5	A	2
58146612	8000_Mixed	Pasta, whole grain, with tomato-based sauce and added vegetables, home recipe	88	4.5	A	2
27350110	8000_Mixed	Bouillabaisse	88	4	A	1
28351110	8000_Mixed	Fish and vegetable soup, no potatoes, Mexican style	88	4	B	2
75440100	8000_Mixed	Vegetable combination, including carrots, broccoli, and/or dark-green leafy; cooked, with soy-based sauce	88	4	B	2
27251010	8000_Mixed	Stewed salmon, Puerto Rican style	88	4.5	B	2
27446300	8000_Mixed	Chicken or turkey garden salad, chicken and/or turkey, tomato and/or carrots, other vegetables, no dressing	88	5	A	1
41812500	8000_Mixed	Tofu and vegetables including carrots, broccoli, and/or dark-green leafy; no potatoes, with soy-based sauce	88	4	B	2
27450150	8000_Mixed	Fish, tofu, and vegetables, tempura	88	4.5	B	2
27451030	8000_Mixed	Lobster with sauce, Puerto Rican style	87	4	C	2
72125252	8000_Mixed	Spinach, cooked, from frozen, with cheese sauce	87	4	B	3
75201030	8000_Mixed	Artichoke salad in oil	87	5	A	3
58146662	8000_Mixed	Pasta, whole grain, with tomato-based sauce and seafood, home recipe	87	4	A	2
28355470	8000_Mixed	Seafood soup with vegetables including carrots, broccoli, and/or dark-green leafy; no potatoes	87	4.5	B	2
72125250	8000_Mixed	Spinach, cooked, NS as to form, with cheese sauce	87	4	B	3
27446310	8000_Mixed	Chicken or turkey garden salad, chicken and/or turkey, other vegetables excluding tomato and carrots, no dressing	87	5	A	1
27450450	8000_Mixed	Shrimp creole, no rice	87	4	A	3
28355480	8000_Mixed	Seafood soup with vegetables excluding carrots, broccoli, and dark-green leafy; no potatoes	86	4.5	B	2
41601080	8000_Mixed	Pinto bean soup, home recipe, canned or ready-to-serve	86	5	A	2
27450710	8000_Mixed	Fish and vegetables excluding carrots, broccoli, and dark- green leafy; no potatoes, tomato-based sauce	85	4.5	B	2
75439500	8000_Mixed	Chow mein or chop suey, meatless, no noodles	85	4	B	1
27250040	8000_Mixed	Crab cake	85	3.5	C	3
28355450	8000_Mixed	Seafood soup with potatoes and vegetables including carrots, broccoli, and/or dark-green leafy	85	4.5	A	2
58161325	8000_Mixed	Rice, brown, with beans and tomatoes	85	5	A	2
58146652	8000_Mixed	Pasta, whole grain, with tomato-based sauce, poultry, and added vegetables, home recipe	85	4.5	A	1
28350120	8000_Mixed	Crab soup, tomato-base	85	4.5	A	1
27420080	8000_Mixed	Greens with ham or pork	85	4.5	A	3
27250060	8000_Mixed	Gefilte fish	84	4	A	2
58146602	8000_Mixed	Pasta, whole grain, with tomato-based sauce, home recipe	84	4.5	A	2
72125310	8000_Mixed	Palak Paneer	84	4.5	B	2
72306000	8000_Mixed	Watercress broth with shrimp	84	4	B	2
28355460	8000_Mixed	Seafood soup with potatoes, and vegetables excluding carrots, broccoli, and dark-green leafy	84	4.5	B	2
75141025	8000_Mixed	Cabbage salad or coleslaw, made with light Italian dressing	84	4	B	2
72125232	8000_Mixed	Spinach, from frozen, creamed	83	4	A	1
58175000	8000_Mixed	Vada, fried dumpling	83	5	A	2
27141500	8000_Mixed	Chili con carne with chicken or turkey and beans	83	4.5	A	1
72125230	8000_Mixed	Spinach, NS as to form, creamed	83	4	A	1
75417031	8000_Mixed	Peas, cooked, from fresh, with tomato sauce	83	5	A	2
27450080	8000_Mixed	Seafood salad	82	3	C	3
75440110	8000_Mixed	Vegetable combination, excluding carrots, broccoli, and dark-green leafy; cooked, with soy-based sauce	82	4	C	2
58161320	8000_Mixed	Rice, brown, with beans	82	5	A	2
41812510	8000_Mixed	Tofu and vegetables excluding carrots, broccoli, and dark-green leafy; no potatoes, with soy-based sauce	82	4	B	2
73101210	8000_Mixed	Carrots, raw, salad with apples	82	4	C	3
28351120	8000_Mixed	Fish soup with potatoes, Mexican style	81	3.5	B	2
58146642	8000_Mixed	Pasta, whole grain, with tomato-based sauce and poultry, home recipe	81	4	A	1
58161470	8000_Mixed	Rice, brown, with dark green vegetables, NS as to fat added in cooking	81	3.5	A	2
58161474	8000_Mixed	Rice, brown, with dark green vegetables, fat added in cooking	81	3.5	A	2
75450600	8000_Mixed	Vegetable combination, including carrots, broccoli, and/or dark-green leafy; cooked, with butter sauce	81	4.5	A	3
27250070	8000_Mixed	Salmon cake or patty	81	3.5	C	3
75141030	8000_Mixed	Cabbage salad or coleslaw, made with creamy dressing	81	4	C	3
27446350	8000_Mixed	Asian chicken or turkey garden salad, chicken and/or turkey, lettuce, fruit, nuts, no dressing	80	5	A	1
28350310	8000_Mixed	Turtle and vegetable soup	80	4.5	B	2
27250160	8000_Mixed	Tuna cake or patty	80	3.5	C	3

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27250400	8000_Mixed	Shrimp cake or patty	80	4	B	3
27446330	8000_Mixed	Chicken or turkey garden salad with cheese, chicken and/or turkey, cheese, lettuce and/or greens, tomato and/or carrots, c	80	5	A	2
27445125	8000_Mixed	Chicken or turkey and vegetables including carrots, broccoli, and/or dark-green leafy; no potatoes, tomato-based sauce	80	4.5	B	2
32101530	8000_Mixed	Egg curry	79	4.5	A	2
72125233	8000_Mixed	Spinach, from canned, creamed	79	4	B	1
58161490	8000_Mixed	Rice, brown, with dark green vegetables and tomatoes and/or tomato-based sauce, NS as to fat added in cooking	79	3.5	A	2
58161494	8000_Mixed	Rice, brown, with dark green vegetables and tomatoes and/or tomato-based sauce, fat added in cooking	79	3.5	A	2
27150310	8000_Mixed	Fish with tomato-based sauce	79	4	A	1
27450100	8000_Mixed	Tuna salad with egg	79	3.5	C	3
58161510	8000_Mixed	Grape leaves stuffed with rice	79	4.5	A	1
58146215	8000_Mixed	Pasta with sauce, meatless, school lunch	79	5	A	4
27350310	8000_Mixed	Seafood stew with potatoes and vegetables including carrots, broccoli, and/or dark-green leafy; tomato-based sauce	78	4.5	A	2
58161500	8000_Mixed	Rice, brown, with carrots and dark green vegetables, NS as to fat added in cooking	78	3.5	A	2
58161504	8000_Mixed	Rice, brown, with carrots and dark green vegetables, fat added in cooking	78	3.5	A	2
58161472	8000_Mixed	Rice, brown, with dark green vegetables, fat not added in cooking	78	3.5	A	1
58161460	8000_Mixed	Rice, brown, with tomatoes and/or tomato based sauce, NS as to fat added in cooking	78	4	A	2
58161464	8000_Mixed	Rice, brown, with tomatoes and/or tomato based sauce, fat added in cooking	78	4	A	2
75141020	8000_Mixed	Cabbage salad or coleslaw, made with Italian dressing	78	4	B	3
75302080	8000_Mixed	Bean salad, yellow and/or green string beans	78	4.5	A	3
58161435	8000_Mixed	Rice, brown, with carrots, NS as to fat added in cooking	78	3.5	A	2
58161439	8000_Mixed	Rice, brown, with carrots, fat added in cooking	78	3.5	A	2
58161520	8000_Mixed	Rice, brown, with carrots, dark green vegetables, and tomatoes and/or tomato-based sauce, NS as to fat added in cooking	78	3.5	A	2
58161524	8000_Mixed	Rice, brown, with carrots, dark green vegetables, and tomatoes and/or tomato-based sauce, fat added in cooking	78	3.5	A	2
27351010	8000_Mixed	Codfish with starchy vegetables, Puerto Rican style	77	5	A	2
27350030	8000_Mixed	Seafood stew with potatoes and vegetables excluding carrots, broccoli, and dark-green leafy; tomato-based sauce	77	4.5	A	3
27361010	8000_Mixed	Stewed variety meats, mostly liver, Puerto Rican style	77	4.5	A	1
75440310	8000_Mixed	Vegetable combinations, excluding carrots, broccoli, and dark-green leafy; cooked, with tomato sauce	77	4.5	A	1
58161480	8000_Mixed	Rice, brown, with carrots and tomatoes and/or tomato-based sauce, NS as to fat added in cooking	77	4	A	2
58161484	8000_Mixed	Rice, brown, with carrots and tomatoes and/or tomato-based sauce, fat added in cooking	77	4	A	2
28310160	8000_Mixed	Beef broth, with tomato, home recipe	77	4	B	2
27250210	8000_Mixed	Clam cake or patty	77	3.5	C	3
58175110	8000_Mixed	Tabbouleh	77	4	C	2
27146150	8000_Mixed	Chicken curry	77	4.5	A	2
27450010	8000_Mixed	Crab salad	76	3	C	4
27351040	8000_Mixed	Biscayne codfish, Puerto Rican style	76	4.5	A	2
27150350	8000_Mixed	Sardines with tomato-based sauce	76	4	C	3
73101110	8000_Mixed	Carrots, raw, salad	76	4	C	3
58161430	8000_Mixed	Rice, brown, with peas, NS as to fat added in cooking	76	4	A	2
58161434	8000_Mixed	Rice, brown, with peas, fat added in cooking	76	4	A	2
75140510	8000_Mixed	Broccoli slaw salad	76	4	B	3
27150370	8000_Mixed	Sardines with mustard sauce	76	4	C	3
27420100	8000_Mixed	Pork, tofu, and vegetables including carrots, broccoli, and/or dark-green leafy; no potatoes, soy-base sauce	76	4	A	2
28340130	8000_Mixed	Chicken or turkey broth, with tomato, home recipe	76	4	B	2
27450650	8000_Mixed	Shellfish mixture and vegetables including carrots, broccoli, and/or dark-green leafy; no potatoes, mushroom sauce	76	3.5	B	2
58146673	8000_Mixed	Pasta, whole grain, with tomato-based sauce, seafood, and added vegetables, ready-to-heat	76	4	A	4
58161492	8000_Mixed	Rice, brown, with dark green vegetables and tomatoes and/or tomato-based sauce, fat not added in cooking	76	3.5	A	1
27540240	8000_Mixed	Chicken fillet, broiled, sandwich, on whole wheat roll, with lettuce, tomato and spread	75	4	A	3
58146663	8000_Mixed	Pasta, whole grain, with tomato-based sauce and seafood, ready-to-heat	75	4	A	4
58146632	8000_Mixed	Pasta, whole grain, with tomato-based sauce, meat, and added vegetables, home recipe	75	4.5	A	1
75148010	8000_Mixed	Cobb salad, no dressing	75	4.5	A	2
75417032	8000_Mixed	Peas, cooked, from frozen, with tomato sauce	75	4.5	A	1
75440400	8000_Mixed	Vegetables, dipped in chick-pea flour batter, fried, Pakora	75	4.5	A	2
75417030	8000_Mixed	Peas, cooked, NS as to form, with tomato sauce	75	4.5	A	1
58161440	8000_Mixed	Rice, brown, with peas and carrots, NS as to fat added in cooking	74	4	A	2
58161444	8000_Mixed	Rice, brown, with peas and carrots, fat added in cooking	74	4	A	2
58161502	8000_Mixed	Rice, brown, with carrots and dark green vegetables, fat not added in cooking	74	3.5	A	1
75401010	8000_Mixed	Asparagus, NS as to form, creamed or with cheese sauce	74	4	B	2
75612010	8000_Mixed	Zucchini soup, cream of, prepared with milk	74	4	B	1
27415120	8000_Mixed	Beef, tofu, and vegetables including carrots, broccoli, and/or dark-green leafy; no potatoes, soy-based sauce	74	4	A	2
58161437	8000_Mixed	Rice, brown, with carrots, fat not added in cooking	74	3.5	A	1
58161482	8000_Mixed	Rice, brown, with carrots and tomatoes and/or tomato-based sauce, fat not added in cooking	74	4	A	1
27450064	8000_Mixed	Tuna salad, made with creamy dressing	73	3.5	B	4
58161462	8000_Mixed	Rice, brown, with tomatoes and/or tomato based sauce, fat not added in cooking	73	4	A	1
58161530	8000_Mixed	Rice, brown, with other vegetables, NS as to fat added in cooking	73	3.5	A	2
58161534	8000_Mixed	Rice, brown, with other vegetables, fat added in cooking	73	3.5	A	2
75401012	8000_Mixed	Asparagus, from frozen, creamed or with cheese sauce	73	4	B	2
58161522	8000_Mixed	Rice, brown, with carrots, dark green vegetables, and tomatoes and/or tomato-based sauce, fat not added in cooking	73	3.5	A	1
27450020	8000_Mixed	Lobster salad	73	3	C	4
27250128	8000_Mixed	Shrimp and noodles with soy-based sauce	73	3.5	B	2
58146671	8000_Mixed	Pasta, whole grain, with tomato-based sauce, seafood, and added vegetables, restaurant	73	4	B	4
58161432	8000_Mixed	Rice, brown, with peas, fat not added in cooking	73	4	A	1
27446315	8000_Mixed	Chicken or turkey garden salad with bacon and cheese, chicken and/or turkey, bacon, cheese, lettuce and/or greens, tomat	73	5	A	2
58146613	8000_Mixed	Pasta, whole grain, with tomato-based sauce and added vegetables, ready-to-heat	72	4.5	A	4
72201241	8000_Mixed	Broccoli, cooked, from fresh, with mushroom sauce	72	4.5	B	2
27451070	8000_Mixed	Codfish salad, Puerto Rican style, Serenata	72	4	C	2
27450030	8000_Mixed	Salmon salad	72	3	C	4
41601070	8000_Mixed	Soybean soup, miso broth	72	3.5	C	3
58146661	8000_Mixed	Pasta, whole grain, with tomato-based sauce and seafood, restaurant	72	4	B	4
27150120	8000_Mixed	Tuna with cream or white sauce	72	4	B	2
75601200	8000_Mixed	Cabbage soup, home recipe, canned or ready-to-serve	72	4.5	B	2
27450060	8000_Mixed	Tuna salad, made with mayonnaise	72	3.5	C	4
27415110	8000_Mixed	Beef and broccoli	72	4.5	B	2
27420400	8000_Mixed	Pork and vegetables including carrots, broccoli, and/or dark-green leafy; no potatoes, tomato-based sauce	72	4.5	A	2
28355260	8000_Mixed	Lobster gumbo	72	4.5	A	2
75141000	8000_Mixed	Cabbage salad or coleslaw, made with coleslaw dressing	71	4	C	3
27445130	8000_Mixed	Chicken or turkey and vegetables excluding carrots, broccoli, and dark-green leafy; no potatoes, tomato-based sauce	71	4.5	B	2
74501010	8000_Mixed	Tomato aspic	71	4.5	B	2
41601200	8000_Mixed	Liquid from stewed kidney beans, Puerto Rican style	71	3.5	B	1
58146622	8000_Mixed	Pasta, whole grain, with tomato-based sauce and meat, home recipe	71	4	A	1
75141100	8000_Mixed	Cabbage salad or coleslaw with apples and/or raisins, with dressing	71	4	C	2
58160800	8000_Mixed	Rice, white, with lentils, NS as to fat added in cooking	71	5	A	2
58160805	8000_Mixed	Rice, white, with lentils, fat added in cooking	71	5	A	2
75649110	8000_Mixed	Vegetable soup, home recipe	71	4.5	B	2
27451010	8000_Mixed	Fried fish with sauce, Puerto Rican style	71	3.5	C	2
27450061	8000_Mixed	Tuna salad, made with light mayonnaise	71	3.5	B	4
27450063	8000_Mixed	Tuna salad, made with light mayonnaise-type salad dressing	71	3.5	B	4
27411100	8000_Mixed	Beef with vegetables including carrots, broccoli, and/or dark-green leafy; no potatoes, tomato-based sauce	71	4.5	A	2
27420370	8000_Mixed	Pork, tofu, and vegetables, excluding carrots, broccoli, and dark-green leafy; no potatoes, soy-based sauce	71	4	A	2
75141035	8000_Mixed	Cabbage salad or coleslaw, made with light creamy dressing	70	4	B	3
27250250	8000_Mixed	Flounder with crab stuffing	70	4	B	3
75141200	8000_Mixed	Cabbage salad or coleslaw with pineapple, with dressing	70	4	B	3
58160120	8000_Mixed	Rice with beans and tomatoes	70	5	A	2

foodcode	level1nd	Description	Food Compass Score	Health Star Rating	Nutri-Score	NOVA Category
58161442	8000_Mixed	Rice, brown, with peas and carrots, fat not added in cooking	70	4	A	1
27446205	8000_Mixed	Chicken or turkey salad with nuts and/or fruits	70	4	B	2
58146603	8000_Mixed	Pasta, whole grain, with tomato-based sauce, ready-to-heat	70	4	A	4
27445250	8000_Mixed	Almond chicken	70	4	B	2
27450067	8000_Mixed	Tuna salad, made with light Italian dressing	70	3.5	B	4
27450250	8000_Mixed	Oysters Rockefeller	70	3	B	3
75141040	8000_Mixed	Cabbage salad or coleslaw, made with any type of fat free dressing	70	4.5	A	2
58403100	8000_Mixed	Noodle and potato soup, Puerto Rican style	70	4.5	B	1
28340150	8000_Mixed	Mexican style chicken broth soup stock	70	4.5	B	2
27330170	8000_Mixed	Stuffed grape leaves with lamb and rice	70	4.5	A	1
27341510	8000_Mixed	Chicken or turkey stew with potatoes and vegetables including carrots, broccoli, and/or dark-green leafy; tomato-based sau	70	4.5	A	2
14670000	8000_Mixed	Mozzarella cheese, tomato, and basil, with oil and vinegar dressing	70	4	B	2
27341055	8000_Mixed	Chicken or turkey, potatoes, and vegetables including carrots, broccoli, and/or dark-green leafy; tomato-based sauce	70	4.5	B	2
27445120	8000_Mixed	Chicken or turkey and vegetables excluding carrots, broccoli, and dark-green leafy; no potatoes, soy-based sauce	69	4	A	2
27450066	8000_Mixed	Tuna salad, made with Italian dressing	69	3.5	B	4
27415220	8000_Mixed	Beef, tofu, and vegetables excluding carrots, broccoli, and dark-green leafy; no potatoes, soy-based sauce	69	4	A	2
27445110	8000_Mixed	Chicken or turkey and vegetables including carrots, broccoli, and/or dark-green leafy; no potatoes, soy-based sauce	69	4.5	A	1
58161420	8000_Mixed	Rice, brown, with corn, NS as to fat added in cooking	69	4	A	2
58161424	8000_Mixed	Rice, brown, with corn, fat added in cooking	69	4	A	2
58146611	8000_Mixed	Pasta, whole grain, with tomato-based sauce and added vegetables, restaurant	69	4.5	B	4
75417033	8000_Mixed	Peas, cooked, from canned, with tomato sauce	69	4.5	A	3
27450062	8000_Mixed	Tuna salad, made with mayonnaise-type salad dressing	69	3.5	B	4
58161532	8000_Mixed	Rice, brown, with other vegetables, fat not added in cooking	69	3.5	A	1
41601040	8000_Mixed	Lima bean soup, home recipe, canned or ready-to-serve	69	4.5	A	2
58146601	8000_Mixed	Pasta, whole grain, with tomato-based sauce, restaurant	69	4	B	4
75401011	8000_Mixed	Asparagus, from fresh, creamed or with cheese sauce	68	4	B	2
28150210	8000_Mixed	Haddock with chopped spinach, diet frozen meal	68	4	A	4
75647000	8000_Mixed	Seaweed soup	68	4	C	3
28340580	8000_Mixed	Chicken or turkey soup with vegetables, broccoli, carrots, celery, potatoes and onions, Asian style	68	4	B	2
72201240	8000_Mixed	Broccoli, cooked, NS as to form, with mushroom sauce	68	4.5	A	2
72201242	8000_Mixed	Broccoli, cooked, from frozen, with mushroom sauce	68	4.5	A	2
27450660	8000_Mixed	Shellfish mixture and vegetables excluding carrots, broccoli, and dark-green leafy; no potatoes, mushroom sauce	68	4	B	2
72125260	8000_Mixed	Spinach and cheese casserole	68	4	B	3
28350040	8000_Mixed	Fish stock, home recipe	68	3.5	B	1
41601130	8000_Mixed	Bean soup, mixed beans, home recipe, canned or ready-to-serve	68	4.5	A	1
27440110	8000_Mixed	Chicken or turkey and vegetables including carrots, broccoli, and/or dark-green leafy; no potatoes, no sauce	68	4	B	2
27120160	8000_Mixed	Pork curry	68	4.5	A	2
27150030	8000_Mixed	Crab imperial	68	3.5	B	3
75651000	8000_Mixed	Minestrone soup, home recipe	67	4.5	A	2
41601100	8000_Mixed	Portuguese bean soup, home recipe, canned or ready-to-serve	67	4.5	A	2
73501000	8000_Mixed	Carrot soup, cream of, prepared with milk, home recipe, canned or ready-to-serve	67	4	B	1
27150010	8000_Mixed	Fish with cream or white sauce, not tuna or lobster	67	4	A	1
27341520	8000_Mixed	Chicken or turkey stew with potatoes and vegetables excluding carrots, broccoli, and dark-green leafy; tomato- based sauce	67	4.5	A	2
58146653	8000_Mixed	Pasta, whole grain, with tomato-based sauce, poultry, and added vegetables, ready-to-heat	67	4	A	4
27150250	8000_Mixed	Fish moochim	67	0.5	D	2
58160110	8000_Mixed	Rice with beans	67	5	A	2
75144100	8000_Mixed	Lettuce, wilted, with bacon dressing	67	4	B	2
58146643	8000_Mixed	Pasta, whole grain, with tomato-based sauce and poultry, ready-to-heat	67	4	A	4
27151050	8000_Mixed	Shrimp in garlic sauce, Puerto Rican style	67	3	D	3
27250030	8000_Mixed	Codfish ball or cake	67	4	B	2
27510511	8000_Mixed	Hamburger, 1 miniature patty, on miniature bun, from school	66	4	A	3
27320100	8000_Mixed	Pork, potatoes, and vegetables including carrots, broccoli, and/or dark-green leafy; tomato-based sauce	66	4.5	B	2
28150220	8000_Mixed	Flounder with chopped broccoli, diet frozen meal	66	4	A	4
58146651	8000_Mixed	Pasta, whole grain, with tomato-based sauce, poultry, and added vegetables, restaurant	66	4	B	4
27445220	8000_Mixed	Kung pao chicken	66	4	A	1
27420500	8000_Mixed	Pork and vegetables including carrots, broccoli, and/or dark-green leafy; no potatoes, soy-based sauce	66	4.5	A	2
27345310	8000_Mixed	Chicken or turkey, rice, and vegetables including carrots, broccoli, and/or dark-green leafy; soy-based sauce	66	4	A	2
58146641	8000_Mixed	Pasta, whole grain, with tomato-based sauce and poultry, restaurant	66	4	B	4
27341060	8000_Mixed	Chicken or turkey, potatoes, and vegetables excluding carrots, broccoli, and dark-green leafy; tomato-based sauce	66	4.5	B	2
75140990	8000_Mixed	Cabbage salad or coleslaw, from fast food / restaurant	66	4	C	1
27510150	8000_Mixed	Cheeseburger, 1 miniature patty, on miniature bun, from school	66	4	B	3
27420120	8000_Mixed	Pork and watercress with soy-based sauce	66	4	B	2
27510565	8000_Mixed	Hamburger, on bun, from school	66	4	A	3
75440200	8000_Mixed	Vegetable tempura	65	4	B	2
72201250	8000_Mixed	Broccoli, cooked, NS as to form, with cream sauce	65	4.5	A	1
72201231	8000_Mixed	Broccoli, cooked, from fresh, with cheese sauce	65	4	A	3
27150410	8000_Mixed	Shrimp teriyaki	65	4	B	2
27315270	8000_Mixed	Stuffed grape leaves with beef and rice	65	4.5	B	1
58160810	8000_Mixed	Rice, white, with lentils, fat not added in cooking	65	5	A	1
41601140	8000_Mixed	Bean soup, home recipe	65	5	A	2
28355350	8000_Mixed	Salmon soup, cream style	64	3.5	B	2
27415100	8000_Mixed	Beef and vegetables including carrots, broccoli, and/or dark-green leafy; no potatoes, soy-based sauce	64	4.5	A	2
27420410	8000_Mixed	Pork and vegetables excluding carrots, broccoli, and dark-green leafy; no potatoes, tomato-based sauce	64	4.5	A	2
27130100	8000_Mixed	Lamb or mutton curry	64	4	B	2
72308500	8000_Mixed	Dark-green leafy vegetable soup, meatless, Asian style	64	4	B	2
28355440	8000_Mixed	Shrimp gumbo	64	4.5	A	2
27341010	8000_Mixed	Chicken or turkey, potatoes, and vegetables including carrots, broccoli, and/or dark-green leafy; no sauce	64	4.5	A	2
75450500	8000_Mixed	Vegetable combination, including carrots, broccoli, and/or dark-green leafy; cooked, with cream sauce	64	4	B	1
75401013	8000_Mixed	Asparagus, from canned, creamed or with cheese sauce	64	4	B	3
75601210	8000_Mixed	Cabbage with meat soup, home recipe, canned or ready-to-serve	64	4.5	A	2
27460750	8000_Mixed	Liver, beef or calves, and onions	64	4	B	4
27420110	8000_Mixed	Pork and vegetables, Hawaiian style	64	4.5	A	3
58161422	8000_Mixed	Rice, brown, with corn, fat not added in cooking	64	4	A	1
58165430	8000_Mixed	Rice, brown, with vegetables and gravy, NS as to fat added in cooking	64	4	B	2
58165450	8000_Mixed	Rice, brown, with vegetables and gravy, fat added in cooking	64	4	B	2
41602020	8000_Mixed	Garbanzo bean or chickpea soup, home recipe, canned or ready-to-serve	64	4.5	A	2
28355210	8000_Mixed	Crab soup, cream of, prepared with milk	64	3.5	B	1
27311625	8000_Mixed	Beef, potatoes, and vegetables including carrots, broccoli, and/or dark-green leafy; tomato-based sauce	64	4.5	B	2
58163360	8000_Mixed	Flavored rice, brown and wild	64	3.5	B	3
75440500	8000_Mixed	Vegetable combinations, including carrots, broccoli, and/or dark-green leafy; cooked, with cheese sauce	63	4	B	2
58160130	8000_Mixed	Rice with beans and chicken	63	5	A	2
28350110	8000_Mixed	Crab soup, NS as to tomato-base or cream style	63	3.5	B	1
27460010	8000_Mixed	Chow mein or chop suey, NS as to type of meat, no noodles	63	4.5	A	1
74506000	8000_Mixed	Tomato and cucumber salad made with tomato, cucumber, oil, and vinegar	63	4	C	2
75651140	8000_Mixed	Vegetable soup with chicken broth, home recipe, Mexican style	63	4.5	B	2
28355140	8000_Mixed	Clam chowder, New England, reduced sodium, canned or ready-to-serve	63	4.5	B	4
27446100	8000_Mixed	Chicken or turkey chow mein or chop suey, no noodles	63	4.5	A	1
27411200	8000_Mixed	Beef with vegetables excluding carrots, broccoli, and dark-green leafy; no potatoes, tomato-based sauce	63	4.5	B	2
27420060	8000_Mixed	Pork and vegetables including carrots, broccoli, and/or dark-green leafy; no potatoes, no sauce	63	4.5	A	2
58147110	8000_Mixed	Pasta with tomato-based sauce and beans or lentils	62	5	A	2
75651150	8000_Mixed	Vegetable noodle soup, reduced sodium, canned, prepared with water or ready-to-serve	62	4.5	A	4
75412070	8000_Mixed	Eggplant with cheese and tomato sauce	62	4	B	3

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27420510	8000_Mixed	Pork and vegetables excluding carrots, broccoli, and dark- green leafy; no potatoes, soy-based sauce	62	4	A	2
27440120	8000_Mixed	Chicken or turkey and vegetables excluding carrots, broccoli, and dark-green leafy; no potatoes, no sauce	62	4	B	2
27250410	8000_Mixed	Shrimp with crab stuffing	62	3.5	C	3
75650990	8000_Mixed	Minestrone soup, reduced sodium, canned or ready-to-serve	62	4.5	A	4
27350050	8000_Mixed	Shrimp chow mein or chop suey with noodles	62	4	A	1
27260510	8000_Mixed	Liver dumpling	62	2	D	3
27441120	8000_Mixed	Chicken or turkey creole, without rice	62	4.5	B	3
27420160	8000_Mixed	Moo Shu pork, without Chinese pancake	62	3.5	C	2
75406010	8000_Mixed	Brussels sprouts, NS as to form, creamed	62	4	A	2
72201230	8000_Mixed	Broccoli, cooked, NS as to form, with cheese sauce	62	4	A	3
72201251	8000_Mixed	Broccoli, cooked, from fresh, with cream sauce	62	3.5	B	1
28340660	8000_Mixed	Chicken or turkey vegetable soup, home recipe	62	4.5	B	2
72201232	8000_Mixed	Broccoli, cooked, from frozen, with cheese sauce	62	4	A	3
27250950	8000_Mixed	Shellfish and noodles with tomato-based sauce	62	4	A	2
58146315	8000_Mixed	Pasta with sauce and meat, from school lunch	62	4.5	A	4
27116100	8000_Mixed	Beef curry	62	4.5	B	2
27420150	8000_Mixed	Kung Pao pork	62	4	B	2
75406012	8000_Mixed	Brussels sprouts, from frozen, creamed	62	4	A	2
27446332	8000_Mixed	Chicken or turkey, breaded, fried, garden salad with cheese, chicken and/or turkey, cheese, lettuce and/or greens, tomato a	62	4.5	A	3
27510190	8000_Mixed	Cheeseburger on bun, from school	62	4	B	3
27550510	8000_Mixed	Sardine sandwich, with lettuce and spread	62	3.5	B	3
27450068	8000_Mixed	Tuna salad, made with any type of fat free dressing	62	3.5	A	4
27440130	8000_Mixed	Chicken or turkey shish kabob with vegetables, excluding potatoes	61	4.5	A	2
75142550	8000_Mixed	Cucumber salad, made with Italian dressing	61	4	C	2
58165460	8000_Mixed	Rice, brown, with vegetables, soy-based sauce, NS as to fat added in cooking	61	4	B	2
58165480	8000_Mixed	Rice, brown, with vegetables, soy-based sauce, fat added in cooking	61	4	B	2
27345320	8000_Mixed	Chicken or turkey, rice, and vegetables excluding carrots, broccoli, and dark-green leafy; soy-based sauce	61	4	A	2
27320110	8000_Mixed	Pork, potatoes, and vegetables excluding carrots, broccoli, and dark-green leafy; tomato-based sauce	61	4.5	B	2
58164830	8000_Mixed	Rice, brown, with gravy, NS as to fat added in cooking	61	3.5	B	2
58164850	8000_Mixed	Rice, brown, with gravy, fat added in cooking	61	3.5	B	2
27540250	8000_Mixed	Chicken fillet, broiled, sandwich with cheese, on whole wheat roll, with lettuce, tomato and non-mayonnaise type spread	61	3.5	B	2
27136100	8000_Mixed	Chili con carne with venison/deer and beans	61	5	A	1
28351170	8000_Mixed	Codfish soup with noodles, Puerto Rican style	61	4	A	2
27410210	8000_Mixed	Beef and vegetables including carrots, broccoli, and/or dark-green leafy; no potatoes, no sauce	61	4.5	A	2
27446362	8000_Mixed	Chicken or turkey, breaded, fried, caesar garden salad, chicken and/or turkey, lettuce, tomatoes, cheese, no dressing	61	4.5	A	3
27442110	8000_Mixed	Chicken or turkey and vegetables including carrots, broccoli, and/or dark-green leafy; no potatoes, gravy	61	4	B	2
75416600	8000_Mixed	Pea salad with cheese	61	4	C	3
27415170	8000_Mixed	Kung Pao beef	61	4	B	2
27415200	8000_Mixed	Beef and vegetables excluding carrots, broccoli, and dark-green leafy; no potatoes, soy-based sauce	61	4.5	A	2
75414011	8000_Mixed	Mushrooms, from fresh, creamed	61	4	B	1
27443150	8000_Mixed	Chicken or turkey divan	61	4	B	3
27341310	8000_Mixed	Chicken or turkey stew with potatoes and vegetables including carrots, broccoli, and/or dark-green leafy; gravy	61	4.5	A	2
28355250	8000_Mixed	Lobster bisque	61	3.5	B	1
58146631	8000_Mixed	Pasta, whole grain, with tomato-based sauce, meat, and added vegetables, restaurant	61	4	B	4
27311645	8000_Mixed	Beef, potatoes, and vegetables including carrots, broccoli, and/or dark-green leafy; soy-based sauce	60	4.5	A	2
58165440	8000_Mixed	Rice, brown, with vegetables and gravy, fat not added in cooking	60	4	B	2
75406011	8000_Mixed	Brussels sprouts, from fresh, creamed	60	4	B	1
58160140	8000_Mixed	Rice with beans and pork	60	5	A	2
27311630	8000_Mixed	Beef, potatoes, and vegetables excluding carrots, broccoli, and dark-green leafy; tomato-based sauce	60	4.5	B	2
75417021	8000_Mixed	Peas, cooked, from fresh, with mushroom sauce	60	4.5	A	2
58146621	8000_Mixed	Pasta, whole grain, with tomato-based sauce and meat, restaurant	60	4	B	4
27250132	8000_Mixed	Shrimp and noodles with tomato sauce	60	4	A	2
28351160	8000_Mixed	Codfish, rice, and vegetable soup, Puerto Rican style	60	4	B	2
27250080	8000_Mixed	Salmon loaf	60	3	D	3
27464000	8000_Mixed	Gumbo, no rice	60	4	A	2
27341025	8000_Mixed	Chicken or turkey, potatoes, and vegetables including carrots, broccoli, and/or dark-green leafy; gravy	60	4	B	2
42301120	8000_Mixed	Peanut butter sandwich, with reduced fat peanut butter, on wheat bread	60	3.5	C	4
42301125	8000_Mixed	Peanut butter sandwich, with reduced fat peanut butter, on whole wheat bread	60	3.5	C	4
27416150	8000_Mixed	Pepper steak	60	4.5	B	2
58155320	8000_Mixed	Seafood paella, Puerto Rican style	60	3.5	A	2
27415150	8000_Mixed	Beef chow mein or chop suey, no noodles	60	5	A	1
27111400	8000_Mixed	Chili con carne, NS as to beans	60	4.5	A	1
58146371	8000_Mixed	Pasta with tomato-based sauce, seafood, and added vegetables, restaurant	60	3.5	B	2
72201252	8000_Mixed	Broccoli, cooked, from frozen, with cream sauce	59	4	A	1
75414012	8000_Mixed	Mushrooms, from frozen, creamed	59	4	B	2
58146752	8000_Mixed	Pasta, whole grain, with cream sauce, seafood, and added vegetables, home recipe	59	3.5	B	2
27320320	8000_Mixed	Pork, rice, and vegetables including carrots, broccoli, and/or dark-green leafy; soy-based sauce	59	4.5	A	2
58146633	8000_Mixed	Pasta, whole grain, with tomato-based sauce, meat, and added vegetables, ready-to-heat	59	4	A	4
58146361	8000_Mixed	Pasta with tomato-based sauce and seafood, restaurant	59	3.5	B	2
27341035	8000_Mixed	Chicken or turkey, potatoes, and vegetables including carrots, broccoli, and/or dark-green leafy; cream sauce, white sauce,	59	4	B	2
27111406	8000_Mixed	Chili con carne with beans, home recipe	59	4.5	A	1
27250150	8000_Mixed	Tuna loaf	59	4	B	3
42301020	8000_Mixed	Peanut butter sandwich, with regular peanut butter, on wheat bread	59	2.5	C	4
42301025	8000_Mixed	Peanut butter sandwich, with regular peanut butter, on whole wheat bread	59	2.5	C	4
27450090	8000_Mixed	Tuna salad with cheese	59	3	C	4
77316600	8000_Mixed	Eggplant and meat casserole	59	4.5	A	2
58146623	8000_Mixed	Pasta, whole grain, with tomato-based sauce and meat, ready-to-heat	59	4	A	4
58164860	8000_Mixed	Rice, brown, with soy-based sauce, NS as to fat added in cooking	59	3	C	2
58164880	8000_Mixed	Rice, brown, with soy-based sauce, fat added in cooking	59	3	C	2
75140500	8000_Mixed	Broccoli salad with cauliflower, cheese, bacon bits, and dressing	59	3.5	C	3
27311650	8000_Mixed	Beef, potatoes, and vegetables excluding carrots, broccoli, and dark-green leafy; soy-based sauce	59	4.5	A	2
28340670	8000_Mixed	Chicken or turkey vegetable soup with rice, home recipe, Mexican style	59	4.5	A	2
27341020	8000_Mixed	Chicken or turkey, potatoes, and vegetables excluding carrots, broccoli, and dark-green leafy; no sauce	59	4.5	A	2
58150100	8000_Mixed	Bibimbap, Korean	59	4.5	B	2
75412060	8000_Mixed	Eggplant parmesan casserole, regular	58	4	B	2
27450065	8000_Mixed	Tuna salad, made with light creamy dressing	58	3.5	B	4
27348100	8000_Mixed	Chicken fricassee, Puerto Rican style	58	4	C	2
27450070	8000_Mixed	Shrimp salad	58	3	D	4
27336200	8000_Mixed	Venison or deer, potatoes, and vegetables including carrots, broccoli, and/or dark-green leafy; gravy	58	4.5	B	2
27341320	8000_Mixed	Chicken or turkey stew with potatoes and vegetables excluding carrots, broccoli, and dark-green leafy; gravy	58	5	A	2
32105200	8000_Mixed	Egg foo yung, NFS	58	4	B	2
27446200	8000_Mixed	Chicken or turkey salad, made with mayonnaise	58	3.5	C	3
32105230	8000_Mixed	Shrimp egg foo yung	58	4	B	2
28350050	8000_Mixed	Fish chowder	58	4	A	2
75141005	8000_Mixed	Cabbage salad or coleslaw, made with light coleslaw dressing	58	4	C	3
58164840	8000_Mixed	Rice, brown, with gravy, fat not added in cooking	58	3.5	B	2
27320450	8000_Mixed	Ham, potatoes, and vegetables including carrots, broccoli, and/or dark-green leafy; no sauce	58	4	B	2
27315510	8000_Mixed	Beef, rice, and vegetables including carrots, broccoli, and/or dark-green leafy; soy-based sauce	58	4.5	A	2
75416500	8000_Mixed	Pea salad	58	4	C	4
28345170	8000_Mixed	Duck soup	58	4	A	1
27362000	8000_Mixed	Stewed tripe, with potatoes, Puerto Rican style	58	4.5	B	3
27250450	8000_Mixed	Shrimp toast, fried	58	3	C	2

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58110200	8000_Mixed	Roll with meat and/or shrimp, vegetables and rice paper, not fried	58	4.5	B	1
58160135	8000_Mixed	Rice with beans and beef	57	5	A	2
27420170	8000_Mixed	Pork and onions with soy-based sauce	57	4.5	A	2
27320040	8000_Mixed	Pork, potatoes, and vegetables including carrots, broccoli, and/or dark-green leafy; no sauce	57	4.5	A	2
58100725	8000_Mixed	Enchilada with beans, green-chile or enchilada sauce	57	4.5	A	2
58401200	8000_Mixed	Barley soup, sweet, with or without nuts, Asian Style	57	3.5	B	1
27121410	8000_Mixed	Chili con carne with beans, made with pork	57	4.5	A	1
41601090	8000_Mixed	Bean soup, with macaroni, home recipe, canned, or ready-to-serve	57	4.5	A	2
27415130	8000_Mixed	Szechuan beef	57	4.5	A	1
27415140	8000_Mixed	Hunan beef	57	4.5	A	1
58117510	8000_Mixed	Hayacas, Puerto Rican style	57	4.5	A	2
77250710	8000_Mixed	Tannier fritters, Puerto Rican style	57	4.5	A	2
27336100	8000_Mixed	Venison or deer stew with potatoes and vegetables including carrots, broccoli, and/or dark-green leafy; tomato-based sauc	57	5	A	1
27446220	8000_Mixed	Chicken or turkey salad with egg	57	3.5	C	3
27313150	8000_Mixed	Beef, noodles, and vegetables including carrots, broccoli, and/or dark-green leafy; soy-based sauce	57	4.5	A	2
77316010	8000_Mixed	Stuffed cabbage, with meat, Puerto Rican style	57	4	C	2
77272010	8000_Mixed	Puerto Rican pasteles	57	4	C	2
58302080	8000_Mixed	Noodles with vegetables in tomato-based sauce, diet frozen meal	57	4.5	A	4
75403021	8000_Mixed	Beans, string, green, cooked, from fresh, with mushroom sauce	57	4.5	B	1
27241000	8000_Mixed	Chicken or turkey hash	56	5	A	3
72116230	8000_Mixed	Escarole, creamed	56	4	B	1
27341030	8000_Mixed	Chicken or turkey, potatoes, and vegetables excluding carrots, broccoli, and dark-green leafy; gravy	56	4	B	2
27450510	8000_Mixed	Tuna casserole with vegetables and mushroom sauce, no noodles	56	3.5	B	2
58134310	8000_Mixed	Stuffed shells, with fish and/or shellfish, with tomato sauce	56	4	A	2
27446240	8000_Mixed	Chicken or turkey salad, made with creamy dressing	56	3	C	3
73102251	8000_Mixed	Carrots, cooked, from fresh, with cheese sauce	56	4	B	3
77316510	8000_Mixed	Stuffed cabbage, with meat and rice, Syrian dish, Puerto Rican style	56	4.5	A	1
58101820	8000_Mixed	Mexican casserole made with ground beef, beans, tomato sauce, cheese, taco seasonings, and corn chips	56	4	B	2
28320300	8000_Mixed	Pork with vegetable excluding carrots, broccoli and/or dark-green leafy; soup, Asian Style	56	4.5	B	2
75652010	8000_Mixed	Vegetable beef soup, home recipe	56	4.5	A	2
27320330	8000_Mixed	Pork, rice, and vegetables excluding carrots, broccoli, and dark-green leafy; soy-based sauce	56	4.5	A	2
58146741	8000_Mixed	Pasta, whole grain, with cream sauce and seafood, restaurant	56	2.5	C	3
27311110	8000_Mixed	Beef, potatoes, and vegetables including carrots, broccoli, and/or dark-green leafy; no sauce	56	4.5	A	2
27416250	8000_Mixed	Beef salad	56	3.5	C	3
28311030	8000_Mixed	Menudo soup, canned, prepared with water or ready-to-serve	56	3.5	B	1
27336150	8000_Mixed	Venison or deer stew with potatoes and vegetables excluding carrots, broccoli, and dark-green leafy; tomato-based sauce	56	5	A	1
75145000	8000_Mixed	Seven-layer salad, lettuce salad made with a combination of onion, celery, green pepper, peas, mayonnaise, cheese, eggs, a	56	4	C	3
27320140	8000_Mixed	Pork, potatoes, and vegetables including carrots, broccoli, and/or dark-green leafy; gravy	56	4.5	B	2
58146301	8000_Mixed	Pasta with tomato-based sauce, and added vegetables, restaurant	55	4	B	2
73102252	8000_Mixed	Carrots, cooked, from frozen, with cheese sauce	55	4	B	3
73102250	8000_Mixed	Carrots, cooked, NS as to form, with cheese sauce	55	4	B	3
27141000	8000_Mixed	Chicken or turkey cacciatore	55	4.5	B	2
75460700	8000_Mixed	Vegetable combinations, including carrots, broccoli, and/or dark-green leafy; cooked, with pasta	55	4.5	A	3
58146221	8000_Mixed	Pasta with tomato-based sauce, restaurant	55	4	B	2
75403010	8000_Mixed	Beans, string, green, NS as to form, creamed or with cheese sauce	55	4	B	2
27311600	8000_Mixed	Beef, potatoes, and vegetables including carrots, broccoli, and/or dark-green leafy; gravy	55	4.5	B	2
41601030	8000_Mixed	Black bean soup, home recipe, canned or ready-to-serve	55	4.5	A	4
75402021	8000_Mixed	Beans, lima, immature, cooked, from fresh, with mushroom sauce	55	4.5	A	1
27341040	8000_Mixed	Chicken or turkey, potatoes, and vegetables excluding carrots, broccoli, and dark-green leafy; cream sauce, white sauce, or	55	4.5	B	2
58162140	8000_Mixed	Stuffed tomato, with rice, meatless	55	4.5	B	2
75403012	8000_Mixed	Beans, string, green, from frozen, creamed or with cheese sauce	55	4	B	2
75601100	8000_Mixed	Borscht	55	4.5	B	2
27250300	8000_Mixed	Mackerel cake or patty	55	3.5	C	3
58130810	8000_Mixed	Lasagna, meatless, whole wheat noodles	55	3.5	C	2
27336250	8000_Mixed	Venison or deer, potatoes, and vegetables excluding carrots, broccoli, and dark-green leafy; gravy	55	4.5	B	2
75649150	8000_Mixed	Vegetable noodle soup, home recipe	55	4.5	B	2
74602200	8000_Mixed	Tomato soup, canned, reduced sodium, prepared with water, or ready-to-serve	55	4.5	B	4
75403020	8000_Mixed	Beans, string, green, cooked, NS as to form, with mushroom sauce	55	4.5	B	2
75403022	8000_Mixed	Beans, string, green, cooked, from frozen, with mushroom sauce	55	4.5	B	2
28315140	8000_Mixed	Beef vegetable soup, home recipe, Mexican style	55	4.5	A	2
58421020	8000_Mixed	Sopa de Fideo Aguada, Mexican style noodle soup, home recipe	55	4.5	A	2
27311610	8000_Mixed	Beef, potatoes, and vegetables including carrots, broccoli, and/or dark-green leafy; cream sauce, white sauce, or mushroom	55	4.5	B	2
75404012	8000_Mixed	Beans, string, yellow, from frozen, creamed or with cheese sauce	55	4	B	2
27343510	8000_Mixed	Chicken or turkey, noodles, and vegetables including carrots, broccoli, and/or dark-green leafy; tomato-based sauce	55	4	A	2
27335500	8000_Mixed	Stewed rabbit, Puerto Rican style,	55	4.5	B	2
73111031	8000_Mixed	Peas and carrots, from fresh, creamed	55	4	B	1
77205110	8000_Mixed	Ripe plantain fritters, Puerto Rican style	55	3.5	D	2
75404010	8000_Mixed	Beans, string, yellow, NS as to form, creamed or with cheese sauce	54	4	B	2
27448020	8000_Mixed	Chicken or turkey fricassee, with sauce, no potatoes, potatoes reported separately, Puerto Rican style	54	3.5	C	2
14620310	8000_Mixed	Topping from vegetable pizza	54	3.5	D	3
58148140	8000_Mixed	Macaroni or pasta salad with crab meat	54	3.5	B	3
75410500	8000_Mixed	Chiles rellenos, cheese-filled	54	3.5	C	2
27446320	8000_Mixed	Chicken or turkey, breaded, fried, garden salad with bacon and cheese, chicken and/or turkey, bacon, cheese, lettuce and/c	54	4.5	A	3
27418210	8000_Mixed	Beef stew with vegetables excluding potatoes, Puerto Rican style	54	4.5	C	2
58146742	8000_Mixed	Pasta, whole grain, with cream sauce and seafood, home recipe	54	3.5	B	2
75409010	8000_Mixed	Cauliflower, NS as to form, creamed	54	4	B	1
27550110	8000_Mixed	Crab cake sandwich, on bun	54	3.5	B	3
75409012	8000_Mixed	Cauliflower, from frozen, creamed	54	4	B	1
27246505	8000_Mixed	Meat loaf made with chicken or turkey, with tomato-based sauce	54	3.5	B	2
27315520	8000_Mixed	Beef, rice, and vegetables excluding carrots, broccoli, and dark-green leafy; soy-based sauce	54	4.5	A	2
27463000	8000_Mixed	Stewed gizzards, Puerto Rican style	54	4.5	B	3
58155910	8000_Mixed	Rice with squid, Puerto Rican style	54	3	C	2
27420350	8000_Mixed	Pork and vegetables excluding carrots, broccoli, and dark-green leafy; no potatoes, no sauce	54	4.5	A	2
73102231	8000_Mixed	Carrots, cooked, from fresh, creamed	54	4	B	1
27243600	8000_Mixed	Chicken or turkey and rice with soy-based sauce	54	3.5	B	2
27320210	8000_Mixed	Pork, potatoes, and vegetables excluding carrots, broccoli, and dark-green leafy; no sauce	54	4.5	A	2
58146351	8000_Mixed	Pasta with tomato-based sauce, poultry, and added vegetables, restaurant	54	4	B	2
55702000	8000_Mixed	Cake or pancake made with rice flour and/or dried beans	54	5	A	1
58148130	8000_Mixed	Macaroni or pasta salad with tuna	54	3.5	B	3
58162120	8000_Mixed	Stuffed pepper, with rice, meatless	54	4	C	3
58165470	8000_Mixed	Rice, brown, with vegetables, soy-based sauce, fat not added in cooking	54	4	B	2
58146341	8000_Mixed	Pasta with tomato-based sauce and poultry, restaurant	54	3.5	B	2
27363000	8000_Mixed	Gumbo with rice	54	4	A	2
28310170	8000_Mixed	Beef broth, without tomato, home recipe	53	3.5	B	1
58128210	8000_Mixed	Dressing with oysters	53	3	C	3
27246300	8000_Mixed	Chicken or turkey cake, patty, or croquette	53	3.5	D	3
27446230	8000_Mixed	Chicken or turkey salad, made with mayonnaise-type salad dressing	53	3.5	B	2
27121000	8000_Mixed	Pork with chili and tomatoes	53	4.5	A	2
75403023	8000_Mixed	Beans, string, green, cooked, from canned, with mushroom sauce	53	4	C	2
27360100	8000_Mixed	Brunswick stew	53	4.5	A	2
75141300	8000_Mixed	Cabbage, Chinese, salad, with dressing	53	3.5	C	2
27242500	8000_Mixed	Chicken or turkey and noodles with soy-based sauce	53	3.5	B	2

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27442120	8000_Mixed	Chicken or turkey and vegetables excluding carrots, broccoli, and dark-green leafy; no potatoes, gravy	53	4	B	2
27460510	8000_Mixed	Antipasto with ham, fish, cheese, vegetables	53	2.5	D	3
27241010	8000_Mixed	Chicken or turkey and potatoes with gravy	53	4	B	2
27313160	8000_Mixed	Beef, noodles, and vegetables excluding carrots, broccoli, and dark-green leafy; soy-based sauce	53	4.5	A	2
58146362	8000_Mixed	Pasta with tomato-based sauce and seafood, home recipe	53	4	A	2
27120150	8000_Mixed	Pork or ham with soy-based sauce	53	3.5	B	2
27336300	8000_Mixed	Venison or deer, noodles, and vegetables including carrots, broccoli, and/or dark-green leafy; tomato-based sauce	53	4	A	2
27150170	8000_Mixed	Sweet and sour shrimp	53	3	C	2
75417022	8000_Mixed	Peas, cooked, from frozen, with mushroom sauce	53	4.5	A	2
73102232	8000_Mixed	Carrots, cooked, from frozen, creamed	53	4	B	1
75407010	8000_Mixed	Cabbage, creamed	53	4	B	1
73102230	8000_Mixed	Carrots, cooked, NS as to form, creamed	53	4	B	1
27550750	8000_Mixed	Tuna salad submarine sandwich, with lettuce and tomato	53	3.5	B	4
77563010	8000_Mixed	Puerto Rican stew	53	4.5	A	2
27540260	8000_Mixed	Chicken fillet, broiled, sandwich, on oat bran bun, with lettuce, tomato, spread	53	4	B	3
27550751	8000_Mixed	Tuna salad submarine sandwich, with cheese, lettuce and tomato	53	3.5	B	4
75417020	8000_Mixed	Peas, cooked, NS as to form, with mushroom sauce	53	4.5	A	2
58124250	8000_Mixed	Spanakopitta	53	3	D	2
27446225	8000_Mixed	Chicken or turkey salad, made with light mayonnaise	53	3.5	B	2
27446235	8000_Mixed	Chicken or turkey salad, made with light mayonnaise-type salad dressing	53	3.5	B	2
27414100	8000_Mixed	Beef with vegetables including carrots, broccoli, and/or dark-green leafy; no potatoes, mushroom sauce	53	3.5	B	2
28320160	8000_Mixed	Pork vegetable soup with potato, pasta, or rice, stew type, chunky style	53	4.5	A	2
42302160	8000_Mixed	Peanut butter and jelly sandwich, with reduced fat peanut butter, reduced sugar jelly, on wheat bread	53	3.5	C	4
42302165	8000_Mixed	Peanut butter and jelly sandwich, with reduced fat peanut butter, reduced sugar jelly, on whole wheat bread	53	3.5	C	4
27350060	8000_Mixed	Shrimp creole, with rice	52	3.5	A	3
75417011	8000_Mixed	Peas, from fresh, creamed	52	4	A	1
58146732	8000_Mixed	Pasta, whole grain, with cream sauce, poultry, and added vegetables, home recipe	52	3.5	A	2
27416450	8000_Mixed	Beef and vegetables including carrots, broccoli, and/or dark-green leafy; no potatoes, gravy	52	4	A	2
75412010	8000_Mixed	Eggplant, batter-dipped, fried	52	4.5	A	2
27250050	8000_Mixed	Fish cake or patty, NS as to fish	52	4	B	3
27250310	8000_Mixed	Haddock cake or patty	52	4	B	3
27420390	8000_Mixed	Pork chow mein or chop suey, no noodles	52	4.5	A	1
27150160	8000_Mixed	Shrimp with lobster sauce	52	2	D	2
27410220	8000_Mixed	Beef and vegetables excluding carrots, broccoli, and dark-green leafy; no potatoes, no sauce	52	4.5	A	2
27142200	8000_Mixed	Turkey with gravy	52	4	A	2
58160160	8000_Mixed	Hopping John	52	5	A	2
28143180	8000_Mixed	Chicken in butter sauce with potatoes and vegetable, diet frozen meal	52	4.5	A	4
58148160	8000_Mixed	Macaroni or pasta salad with tuna and egg	52	3.5	B	3
27343520	8000_Mixed	Chicken or turkey, noodles, and vegetables excluding carrots, broccoli, and dark-green leafy; tomato-based sauce	52	4	B	2
58151420	8000_Mixed	Sushi, topped with salmon	52	3.5	A	2
71931010	8000_Mixed	Cassava with creole sauce, Puerto Rican style	52	4	B	2
27250120	8000_Mixed	Shrimp and noodles, no sauce	52	4	A	2
77230510	8000_Mixed	Cassava fritter stuffed with crab meat, Puerto Rican style	52	3.5	D	2
27146160	8000_Mixed	Chicken with mole sauce	52	4	B	2
58137240	8000_Mixed	Pad Thai with seafood	52	4	B	2
73111030	8000_Mixed	Peas and carrots, NS as to form, creamed	52	4	B	1
73111032	8000_Mixed	Peas and carrots, from frozen, creamed	52	4	B	1
75418010	8000_Mixed	Squash, summer, yellow or green, breaded or battered, fried	52	4	B	2
72308000	8000_Mixed	Dark-green leafy vegetable soup with meat, Asian style	52	5	A	2
74602300	8000_Mixed	Tomato soup, canned, reduced sodium, prepared with milk	52	3.5	B	2
27420250	8000_Mixed	Ham and vegetables including carrots broccoli, and/or dark- green leafy; no potatoes, no sauce	52	3.5	C	3
27311120	8000_Mixed	Beef, potatoes, and vegetables, excluding carrots, broccoli, and dark-green leafy; no sauce	52	4.5	A	2
27320150	8000_Mixed	Pork, potatoes, and vegetables excluding carrots, broccoli, and dark-green leafy; gravy	52	4.5	B	2
42302110	8000_Mixed	Peanut butter and jelly sandwich, with regular peanut butter, reduced sugar jelly, on wheat bread	52	2.5	C	4
42302115	8000_Mixed	Peanut butter and jelly sandwich, with regular peanut butter, reduced sugar jelly, on whole wheat bread	52	2.5	C	4
58100625	8000_Mixed	Enchilada with chicken and beans, green-chile or enchilada sauce	52	4.5	A	2
27250810	8000_Mixed	Fish and rice with tomato-based sauce	52	3.5	B	2
75409013	8000_Mixed	Cauliflower, from canned, creamed	52	4	B	3
27336310	8000_Mixed	Venison or deer, noodles, and vegetables excluding carrots, broccoli, and dark-green leafy; tomato-based sauce	51	4	A	2
27311620	8000_Mixed	Beef, potatoes, and vegetables excluding carrots, broccoli, and dark-green leafy; cream sauce, white sauce, or mushroom sa	51	4.5	B	2
74203011	8000_Mixed	Tomatoes, from fresh, scalloped	51	4	C	3
14620300	8000_Mixed	Topping from cheese pizza	51	2	D	3
27250270	8000_Mixed	Clams Casino	51	4	A	4
72202030	8000_Mixed	Broccoli, batter-dipped and fried	51	4.5	A	3
27246500	8000_Mixed	Meat loaf made with chicken or turkey	51	3.5	C	2
75439010	8000_Mixed	Vegetable stew without meat	51	4.5	A	2
75404011	8000_Mixed	Beans, string, yellow, from fresh, creamed or with cheese sauce	51	4	B	2
58115150	8000_Mixed	Tamal in a leaf, Puerto Rican style	51	4	A	2
58146692	8000_Mixed	Pasta, whole grain, with cream sauce, and added vegetables, home recipe	51	3.5	B	2
58165400	8000_Mixed	Rice, brown, with vegetables, cheese and/or cream based sauce, NS as to fat added in cooking	51	3.5	B	2
58165420	8000_Mixed	Rice, brown, with vegetables, cheese and/or cream based sauce, fat added in cooking	51	3.5	B	2
27320410	8000_Mixed	Ham, potatoes, and vegetables excluding carrots, broccoli, and dark-green leafy; no sauce	51	4	B	2
27420520	8000_Mixed	Pork shish kabob with vegetables, excluding potatoes	51	4.5	A	2
75403013	8000_Mixed	Beans, string, green, from canned, creamed or with cheese sauce	51	4	C	2
27345510	8000_Mixed	Chicken or turkey, rice, and vegetables including carrots, broccoli, and/or dark-green leafy; tomato-based sauce	51	4	B	2
58130610	8000_Mixed	Lasagna with meat, whole wheat noodles	51	3.5	C	2
27311605	8000_Mixed	Beef, potatoes, and vegetables excluding carrots, broccoli, and dark-green leafy; gravy	51	4.5	B	2
75402011	8000_Mixed	Beans, lima, immature, from fresh, creamed or with cheese sauce	50	5	A	1
41602070	8000_Mixed	Split pea soup, canned, reduced sodium, prepared with water or ready-to-serve	50	4.5	A	4
58100720	8000_Mixed	Enchilada with beans, meatless, red-chile or enchilada sauce	50	4.5	A	3
27232000	8000_Mixed	Lamb or mutton and potatoes with tomato-based sauce	50	4.5	B	2
77250110	8000_Mixed	Stuffed tannier fritters, Puerto Rican style	50	3	D	2
28310230	8000_Mixed	Meatball soup, home recipe, Mexican style	50	4.5	A	2
58148116	8000_Mixed	Macaroni or pasta salad, made with creamy dressing	50	4	B	3
27446245	8000_Mixed	Chicken or turkey salad, made with light creamy dressing	50	3.5	B	2
28355310	8000_Mixed	Oyster stew	50	3	C	2
58174100	8000_Mixed	Dosa (Indian), with filling	50	4.5	A	2
58146751	8000_Mixed	Pasta, whole grain, with cream sauce, seafood, and added vegetables, restaurant	50	3	C	4
42301015	8000_Mixed	Peanut butter sandwich, with regular peanut butter, on white bread	50	2.5	D	3
27115000	8000_Mixed	Beef with soy-based sauce	50	3.5	B	2
27211100	8000_Mixed	Beef stew with potatoes, tomato-based sauce	50	4.5	A	2
42301010	8000_Mixed	Peanut butter sandwich, NFS	50	2.5	D	3
27450130	8000_Mixed	Crab salad made with imitation crab	50	3.5	C	4
58146372	8000_Mixed	Pasta with tomato-based sauce, seafood, and added vegetables, home recipe	50	4	A	2
75646010	8000_Mixed	Shav soup	50	4	B	2
27311210	8000_Mixed	Corned beef, potatoes, and vegetables including carrots, broccoli, and/or dark-green leafy; no sauce	50	4	B	2
41601180	8000_Mixed	Bean and ham soup, home recipe	50	4.5	A	2
42301115	8000_Mixed	Peanut butter sandwich, with reduced fat peanut butter, on white bread	50	3.5	C	3
77205610	8000_Mixed	Ripe plantain meat pie, Puerto Rican style	50	3.5	D	2
75410530	8000_Mixed	Chiles rellenos, filled with meat and cheese	50	3.5	C	2
27446250	8000_Mixed	Chicken or turkey salad, made with Italian dressing	50	3.5	C	2
58146160	8000_Mixed	Pasta with vegetables, no sauce or dressing	50	4.5	A	2

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58162090	8000_Mixed	Stuffed pepper, with meat	50	4	C	2
75410010	8000_Mixed	Celery, creamed	50	4	B	1
27311410	8000_Mixed	Beef stew with potatoes and vegetables including carrots, broccoli, and/or dark-green leafy; gravy	50	4.5	A	2
27420010	8000_Mixed	Cabbage with ham hocks	50	4.5	A	3
75413010	8000_Mixed	Kohlrabi, creamed	50	4	B	2
27111405	8000_Mixed	Chili con carne with beans, from restaurant	50	4	C	1
75409011	8000_Mixed	Cauliflower, from fresh, creamed	50	4	B	1
58137220	8000_Mixed	Pad Thai, meatless	50	4	B	2
75402022	8000_Mixed	Beans, lima, immature, cooked, from frozen, with mushroom sauce	50	4.5	A	1
42302060	8000_Mixed	Peanut butter and jelly sandwich, with reduced fat peanut butter, regular jelly, on wheat bread	50	2.5	C	4
42302065	8000_Mixed	Peanut butter and jelly sandwich, with reduced fat peanut butter, regular jelly, on whole wheat bread	50	2.5	C	4
73102253	8000_Mixed	Carrots, cooked, from canned, with cheese sauce	50	3.5	C	3
27460490	8000_Mixed	Julienne salad, meat, cheese, eggs, vegetables, no dressing	49	4	B	2
27260500	8000_Mixed	Vienna sausages stewed with potatoes, Puerto Rican style	49	4	C	2
28340600	8000_Mixed	Chicken or turkey vegetable soup, canned, prepared with water or ready-to-serve	49	4.5	B	4
27111310	8000_Mixed	Beef stew, no potatoes, tomato-based sauce, with chili peppers, Mexican style	49	4.5	A	3
27420270	8000_Mixed	Ham and vegetables excluding carrots, broccoli, and dark-green leafy; no potatoes, no sauce	49	3.5	C	2
27242400	8000_Mixed	Chicken or turkey and noodles with tomato-based sauce	49	3.5	A	2
77201210	8000_Mixed	Green plantain with cracklings, Puerto Rican style	49	3.5	D	3
27111200	8000_Mixed	Beef burgundy	49	4	B	2
58146712	8000_Mixed	Pasta, whole grain, with cream sauce, meat, and added vegetables, home recipe	49	3.5	B	2
27448030	8000_Mixed	Chicken or turkey fricassee, no sauce, no potatoes, Puerto Rican style	49	3.5	D	2
58148150	8000_Mixed	Macaroni or pasta salad with shrimp	49	3.5	B	3
58101830	8000_Mixed	Mexican casserole made with ground beef, tomato sauce, cheese, taco seasonings, and corn chips	49	3	C	2
75652040	8000_Mixed	Vegetable beef soup with noodles or pasta, home recipe	49	4.5	A	2
42302020	8000_Mixed	Peanut butter and jelly sandwich, with regular peanut butter, regular jelly, on wheat bread	49	2.5	C	4
42302025	8000_Mixed	Peanut butter and jelly sandwich, with regular peanut butter, regular jelly, on whole wheat bread	49	2.5	C	4
58100525	8000_Mixed	Enchilada with meat and beans, green-chile or enchilada sauce	49	4.5	A	2
27320070	8000_Mixed	Ham or pork, noodles, and vegetables including carrots, broccoli, and/or dark-green leafy; tomato-based sauce	49	4	A	2
75141500	8000_Mixed	Celery, stuffed with cheese	49	4	C	3
27220510	8000_Mixed	Ham or pork and potatoes with gravy	49	4	B	2
75649010	8000_Mixed	Vegetable soup, canned, prepared with water or ready-to-serve	49	4.5	B	4
27410250	8000_Mixed	Beef shish kabob with vegetables, excluding potatoes	49	4.5	A	2
58403040	8000_Mixed	Chicken or turkey noodle soup, home recipe	49	3.5	B	2
75656020	8000_Mixed	Vegetable soup, chunky style	49	4.5	B	4
27111410	8000_Mixed	Chili con carne with beans	49	4.5	A	1
58151410	8000_Mixed	Sushi, topped with eel	49	3.5	B	2
27446400	8000_Mixed	Chicken or turkey and vegetables including carrots, broccoli, and/or dark-green leafy; no potatoes, cheese sauce	49	3.5	B	2
58146321	8000_Mixed	Pasta with tomato-based sauce and meat, restaurant	49	3.5	B	2
75403011	8000_Mixed	Beans, string, green, from fresh, creamed or with cheese sauce	49	4	B	2
75418051	8000_Mixed	Squash, summer, from fresh, creamed	49	4	B	1
27133010	8000_Mixed	Stewed goat, Puerto Rican style	48	2	D	2
27311320	8000_Mixed	Beef stew with potatoes and vegetables excluding carrots, broccoli, and dark-green leafy; tomato-based sauce	48	4.5	A	2
74606020	8000_Mixed	Tomato vegetable soup with noodles, prepared with water	48	4	C	4
73102233	8000_Mixed	Carrots, cooked, from canned, creamed	48	3.5	C	1
75402020	8000_Mixed	Beans, lima, immature, cooked, NS as to form, with mushroom sauce	48	4.5	A	2
58164800	8000_Mixed	Rice, brown, with cheese and/or cream based sauce, NS as to fat added in cooking	48	3.5	B	2
58164820	8000_Mixed	Rice, brown, with cheese and/or cream based sauce, fat added in cooking	48	3.5	B	2
28340550	8000_Mixed	Sweet and sour soup	48	3.5	B	2
28350210	8000_Mixed	Clam chowder, NS as to Manhattan or New England style	48	3.5	B	2
58164870	8000_Mixed	Rice, brown, with soy-based sauce, fat not added in cooking	48	3	C	2
75450510	8000_Mixed	Vegetable combination, excluding carrots, broccoli, and dark-green leafy; cooked, with cream sauce	48	4	B	1
28355120	8000_Mixed	Clam chowder, New England, prepared with milk	48	3.5	B	2
27430610	8000_Mixed	Lamb shish kabob with vegetables, excluding potatoes	48	4.5	A	2
27420450	8000_Mixed	Sausage and vegetables including carrots, broccoli, and/or dark-green leafy; no potatoes, tomato-based sauce	48	4	C	3
27345520	8000_Mixed	Chicken or turkey, rice, and vegetables excluding carrots, broccoli, and dark-green leafy; tomato-based sauce	48	4	B	2
27211200	8000_Mixed	Beef stew with potatoes, gravy	48	4.5	A	2
28340680	8000_Mixed	Chicken or turkey and corn hominy soup, home recipe, Mexican style	48	4	A	1
58117410	8000_Mixed	Codfish fritter, Puerto Rican style	48	4	B	2
27211000	8000_Mixed	Beef and potatoes, no sauce	48	4.5	B	2
63415100	8000_Mixed	Soup, fruit	48	4	B	2
27313210	8000_Mixed	Beef, noodles, and vegetables including carrots, broccoli, and/or dark-green leafy; tomato-based sauce	48	4	A	2
27460100	8000_Mixed	Lau lau	48	4	B	1
27213500	8000_Mixed	Beef and rice with soy-based sauce	48	3.5	B	2
27330210	8000_Mixed	Lamb or mutton stew with potatoes and vegetables including carrots, broccoli, and/or dark-green leafy; tomato-based sauc	48	4.5	A	1
14640040	8000_Mixed	Cheese sandwich, reduced fat American cheese,, on wheat bread, with mayonnaise	48	2	D	4
14640042	8000_Mixed	Cheese sandwich, reduced fat American cheese, on whole wheat bread, with mayonnaise	48	2	D	4
27211150	8000_Mixed	Beef goulash with potatoes	48	4.5	A	2
27462000	8000_Mixed	Stewed chitterlings, Puerto Rican style	48	4	B	2
27545110	8000_Mixed	Turkey or chicken burger, plain, on wheat bun	48	4	A	4
75656010	8000_Mixed	Vegetable soup, Spanish style, stew type	48	4.5	B	2
77513010	8000_Mixed	Spanish stew	48	4.5	B	2
27545210	8000_Mixed	Turkey or chicken burger, with condiments, on wheat bun	48	4	B	4
27545220	8000_Mixed	Turkey or chicken burger, with condiments, on whole wheat bun	48	4	B	4
28145110	8000_Mixed	Turkey with vegetable, stuffing, diet frozen meal	48	4.5	A	4
58146722	8000_Mixed	Pasta, whole grain, with cream sauce and poultry, home recipe	48	3.5	B	2
75418053	8000_Mixed	Squash, summer, from canned, creamed	47	4	B	1
27218210	8000_Mixed	Beef stew with potatoes, Puerto Rican style	47	4	D	2
75404013	8000_Mixed	Beans, string, yellow, from canned, creamed or with cheese sauce	47	4	C	3
27330220	8000_Mixed	Lamb or mutton stew with potatoes and vegetables excluding carrots, broccoli, and dark-green leafy; tomato-based sauce	47	4.5	A	1
75651040	8000_Mixed	Vegetable noodle soup, canned, prepared with water, or ready-to-serve	47	4	B	4
75654010	8000_Mixed	Vegetarian vegetable soup, prepared with water	47	4	B	4
72302000	8000_Mixed	Broccoli soup, prepared with milk, home recipe, canned or ready-to-serve	47	3	B	2
58160150	8000_Mixed	Red beans and rice	47	4.5	A	3
58165410	8000_Mixed	Rice, brown, with vegetables, cheese and/or cream based sauce, fat not added in cooking	47	3.5	B	2
27418110	8000_Mixed	Seasoned shredded soup meat	47	4	B	3
58146352	8000_Mixed	Pasta with tomato-based sauce, poultry, and added vegetables, home recipe	47	4	A	1
75417012	8000_Mixed	Peas, from frozen, creamed	47	4	A	1
75656040	8000_Mixed	Vegetable soup, with pasta, chunky style	47	4.5	A	4
27150510	8000_Mixed	Scallops with cheese sauce	47	3.5	C	2
58148170	8000_Mixed	Macaroni or pasta salad with chicken	47	3.5	B	3
75417010	8000_Mixed	Peas, NS as to form, creamed	47	4	A	1
27343010	8000_Mixed	Chicken or turkey, noodles, and vegetables including carrots, broccoli, and/or dark-green leafy; no sauce	47	3.5	A	2
58136130	8000_Mixed	Lo mein, with shrimp	47	3.5	A	1
58106570	8000_Mixed	Pizza with pepperoni, from school lunch, thin crust	47	3.5	C	4
75415011	8000_Mixed	Onions, from fresh, creamed	47	4	B	1
75651070	8000_Mixed	Vegetable rice soup, canned, prepared with water or ready-to-serve	47	4.5	A	4
27350080	8000_Mixed	Tuna noodle casserole with vegetables, cream or white sauce	47	3.5	A	2
27540230	8000_Mixed	Chicken patty sandwich with cheese, on wheat bun, with lettuce, tomato and spread	47	2.5	C	4
75402023	8000_Mixed	Beans, lima, immature, cooked, from canned, with mushroom sauce	47	4.5	A	3
77141010	8000_Mixed	Potato chicken pie, Puerto Rican style	47	2	D	2
27360080	8000_Mixed	Chow mein or chop suey, NS as to type of meat, with noodles	47	4	A	1

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27250122	8000_Mixed	Shrimp and noodles with gravy	47	3.5	A	2
58130950	8000_Mixed	Lasagna, meatless, spinach noodles	47	3	C	2
27311510	8000_Mixed	Shepherd's pie with beef	47	4.5	A	3
58146342	8000_Mixed	Pasta with tomato-based sauce and poultry, home recipe	47	4	A	1
73111033	8000_Mixed	Peas and carrots, from canned, creamed	47	4	B	2
27564570	8000_Mixed	Frankfurter or hot dog sandwich, meatless, on bread, with meatless chili	47	4	A	4
27343910	8000_Mixed	Chicken or turkey chow mein or chop suey with noodles	47	4	A	1
75418052	8000_Mixed	Squash, summer, from frozen, creamed	47	4	B	2
28311020	8000_Mixed	Menudo soup, home recipe	47	4	B	1
75418050	8000_Mixed	Squash, summer, NS as to form, creamed	47	4	B	2
72302100	8000_Mixed	Broccoli cheese soup, prepared with milk, home recipe, canned, or ready-to-serve	47	3	B	2
27212500	8000_Mixed	Beef and noodles with soy-based sauce	47	3.5	B	2
27414200	8000_Mixed	Beef with vegetables excluding carrots, broccoli, and dark-green leafy; no potatoes, mushroom sauce	47	3.5	B	2
27121010	8000_Mixed	Stewed pork, Puerto Rican style	47	3.5	C	2
58149210	8000_Mixed	Somen salad with noodles, lettuce, egg, fish, and pork	47	3.5	A	2
58146150	8000_Mixed	Pasta with tomato-based sauce and cheese	46	4	B	3
27564430	8000_Mixed	Frankfurter or hot dog sandwich, meatless, plain, on bread	46	4	A	4
32105210	8000_Mixed	Chicken egg foo yung	46	3.5	B	2
58100635	8000_Mixed	Enchilada with chicken, green-chile or enchilada sauce	46	4	A	2
27313110	8000_Mixed	Beef chow mein or chop suey with noodles	46	4.5	A	1
27320340	8000_Mixed	Pork, rice, and vegetables including carrots, broccoli, and/or dark-green leafy; tomato-based sauce	46	4	B	2
58162110	8000_Mixed	Stuffed pepper, with rice and meat	46	4	C	2
58146222	8000_Mixed	Pasta with tomato-based sauce, home recipe	46	4.5	A	2
75418020	8000_Mixed	Squash, summer, casserole with tomato and cheese	46	4	B	3
27331150	8000_Mixed	Veal fricassee, Puerto Rican style	46	4	C	3
58101940	8000_Mixed	Taco or tostada salad, meatless	46	4.5	A	3
27146110	8000_Mixed	Sweet and sour chicken or turkey, without vegetables	46	3.5	B	1
58162130	8000_Mixed	Stuffed tomato, with rice and meat	46	4	B	2
27311420	8000_Mixed	Beef stew with potatoes and vegetables excluding carrots, broccoli, and dark-green leafy; gravy	46	4.5	A	2
58146753	8000_Mixed	Pasta, whole grain, with cream sauce, seafood, and added vegetables, ready-to-heat	46	3.5	B	4
58134630	8000_Mixed	Tortellini, cheese-filled, meatless, with vegetables and vinaigrette dressing	46	3.5	B	4
27330010	8000_Mixed	Shepherd's pie with lamb	46	4.5	B	3
28340590	8000_Mixed	Chicken or turkey corn soup with noodles, home recipe	46	4	B	2
58409000	8000_Mixed	Noodle soup, with fish ball, shrimp, and dark green leafy vegetable	46	3.5	B	2
58146302	8000_Mixed	Pasta with tomato-based sauce, and added vegetables, home recipe	46	4.5	A	1
75415010	8000_Mixed	Onions, NS as to form, creamed	46	4	B	1
24209001	8000_Mixed	Turkey with barbecue sauce, skin not eaten	46	3.5	C	2
27347200	8000_Mixed	Chicken or turkey, stuffing, and vegetables including carrots, broccoli, and/or dark-green leafy; no sauce	46	3.5	B	2
75440510	8000_Mixed	Vegetable combinations, excluding carrots, broccoli, and dark-green leafy; cooked, with cheese sauce	46	4	B	2
42302105	8000_Mixed	Peanut butter and jelly sandwich, with regular peanut butter, reduced sugar jelly, on white bread	46	2.5	C	3
28340800	8000_Mixed	Chicken or turkey soup with vegetables and fruit, Asian Style	46	3	C	2
58148110	8000_Mixed	Macaroni or pasta salad, made with mayonnaise	46	3.5	B	3
27313220	8000_Mixed	Beef, noodles, and vegetables excluding carrots, broccoli, and dark-green leafy; tomato-based sauce	46	4	B	2
27250124	8000_Mixed	Shrimp and noodles with mushroom sauce	46	3.5	A	2
75417023	8000_Mixed	Peas, cooked, from canned, with mushroom sauce	46	4.5	A	3
28141610	8000_Mixed	Chicken and vegetables in cream or white sauce, diet frozen meal	46	4	A	4
27460710	8000_Mixed	Livers, chicken, chopped, with eggs and onion	46	1.5	D	2
27350410	8000_Mixed	Tuna noodle casserole with vegetables and mushroom sauce	46	3.5	A	2
27416500	8000_Mixed	Beef and vegetables excluding carrots, broccoli, and dark-green leafy; no potatoes, gravy	46	4	A	2
27250020	8000_Mixed	Clams, stuffed	46	3.5	C	4
58109140	8000_Mixed	Pizza, cheese and vegetables, gluten-free thin crust	46	3	B	4
73502000	8000_Mixed	Squash, winter type, soup, home recipe, canned, or ready-to-serve	46	4	C	2
58100620	8000_Mixed	Enchilada with chicken and beans, red-chile or enchilada sauce	46	4.5	A	2
27243500	8000_Mixed	Chicken or turkey and rice with tomato-based sauce	46	3.5	B	2
27141050	8000_Mixed	Stewed chicken with tomato-based sauce, Mexican style	46	3.5	B	3
27146100	8000_Mixed	Sweet and sour chicken or turkey	46	3.5	B	1
14640028	8000_Mixed	Cheese sandwich, American cheese, on wheat bread, with mayonnaise	46	1.5	D	4
14640030	8000_Mixed	Cheese sandwich, American cheese, on whole wheat bread, with mayonnaise	46	1.5	D	4
28153010	8000_Mixed	Shrimp and clams in tomato-based sauce, with noodles, frozen meal	45	4	B	4
28310320	8000_Mixed	Beef noodle soup, Puerto Rican style	45	4.5	B	1
27446255	8000_Mixed	Chicken or turkey salad, made with light Italian dressing	45	3.5	B	2
27315210	8000_Mixed	Beef, rice, and vegetables including carrots, broccoli, and/or dark-green leafy; tomato-based sauce	45	4	B	2
27445150	8000_Mixed	General Tso chicken	45	3	C	1
75460900	8000_Mixed	Chow mein or chop suey, meatless, with noodles	45	4	C	1
75652050	8000_Mixed	Vegetable beef soup with rice, home recipe	45	4.5	B	2
58148120	8000_Mixed	Macaroni or pasta salad with egg	45	3.5	B	3
75414013	8000_Mixed	Mushrooms, from canned, creamed	45	3.5	C	1
75460810	8000_Mixed	Vegetable combinations, excluding carrots, broccoli, and dark-green leafy; cooked, with butter sauce and pasta	45	4.5	A	3
58137210	8000_Mixed	Pad Thai, NFS	45	4	B	2
58137230	8000_Mixed	Pad Thai with chicken	45	4	B	2
14640046	8000_Mixed	Cheese sandwich, reduced fat Cheddar cheese, on wheat bread, with mayonnaise	45	2	D	4
14640048	8000_Mixed	Cheese sandwich, reduced fat Cheddar cheese, on whole wheat bread, with mayonnaise	45	2	D	4
58106578	8000_Mixed	Pizza, with pepperoni, from school lunch, medium crust	45	3.5	C	4
41602090	8000_Mixed	Split pea and ham soup, canned, reduced sodium, prepared with water or ready-to-serve	45	4.5	A	4
27261000	8000_Mixed	Breaded brains, Puerto Rican style	45	3	C	3
58151440	8000_Mixed	Sushi, topped with tuna	45	4	A	2
27416100	8000_Mixed	Beef and vegetables, Hawaiian style	45	4	C	2
58155310	8000_Mixed	Paella with meat, Valenciana style	45	2	D	2
58156610	8000_Mixed	Pigeon pea asopao, Asopao de gandules	45	4	B	2
27430580	8000_Mixed	Veal with vegetables including carrots, broccoli, and/or dark-green leafy; no potatoes, cream or white sauce	45	3.5	A	2
27250260	8000_Mixed	Lobster with bread stuffing, baked	45	2	D	2
72202010	8000_Mixed	Broccoli casserole with noodles	45	4	A	2
28310420	8000_Mixed	Beef and rice soup, Puerto Rican style	45	4.5	B	1
27416400	8000_Mixed	Stir fried beef and vegetables in soy sauce	45	4.5	A	2
75418101	8000_Mixed	Turnips, from fresh, creamed	45	4	B	1
58109100	8000_Mixed	Pizza, cheese, gluten-free thin crust	45	3	C	4
27350200	8000_Mixed	Oyster pie	45	2.5	C	3
58146702	8000_Mixed	Pasta, whole grain, with cream sauce and meat, home recipe	45	3.5	B	2
51136000	8000_Mixed	Bruschetta	44	4	B	2
58160550	8000_Mixed	Rice, white, with dark green vegetables, NS as to fat added in cooking	44	3.5	B	2
58160570	8000_Mixed	Rice, white, with dark green vegetables, fat added in cooking	44	3.5	B	2
42302155	8000_Mixed	Peanut butter and jelly sandwich, with reduced fat peanut butter, reduced sugar jelly, on white bread	44	3.5	C	3
27343470	8000_Mixed	Chicken or turkey, noodles, and vegetables including carrots, broccoli, and/or dark-green leafy; cream sauce, white sauce, o	44	3.5	B	2
58164810	8000_Mixed	Rice, brown, with cheese and/or cream based sauce, fat not added in cooking	44	3.5	B	2
58148117	8000_Mixed	Macaroni or pasta salad, made with light creamy dressing	44	4	A	2
27144000	8000_Mixed	Chicken or turkey with mushroom sauce	44	4	B	1
58134210	8000_Mixed	Stuffed shells, with chicken, with tomato sauce	44	4.5	A	1
27320120	8000_Mixed	Sausage, potatoes, and vegetables including carrots, broccoli, and/or dark-green leafy; gravy	44	4	B	3
27343410	8000_Mixed	Chicken or turkey, noodles, and vegetables including carrots, broccoli, and/or dark-green leafy; gravy	44	3.5	B	2
58146373	8000_Mixed	Pasta with tomato-based sauce, seafood, and added vegetables, ready-to-heat	44	4	A	4
27360120	8000_Mixed	Chow mein or chop suey, various types of meat, with noodles	44	4	B	1
58110130	8000_Mixed	Egg roll, with beef and/or pork	44	3	C	3

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27343020	8000_Mixed	Chicken or turkey, noodles, and vegetables excluding carrots, broccoli, and dark-green leafy; no sauce	44	3.5	A	2
27146300	8000_Mixed	Chicken or turkey parmigiana	44	3.5	B	2
28340220	8000_Mixed	Chicken soup with noodles and potatoes, Puerto Rican style	44	4.5	A	1
75651010	8000_Mixed	Minestrone soup, canned, prepared with water, or ready-to-serve	44	4.5	B	4
28350220	8000_Mixed	Clam chowder, Manhattan	44	4	B	4
27335100	8000_Mixed	Rabbit stew with potatoes and vegetables	44	4.5	A	1
75142600	8000_Mixed	Cucumber salad made with cucumber and vinegar	44	4	B	2
27411120	8000_Mixed	Swiss steak	44	4	A	2
75414010	8000_Mixed	Mushrooms, NS as to form, creamed	44	3.5	C	1
58146363	8000_Mixed	Pasta with tomato-based sauce and seafood, ready-to-heat	44	4	A	4
27311220	8000_Mixed	Corned beef, potatoes, and vegetables excluding carrots, broccoli, and dark-green leafy; no sauce	44	4.5	B	2
27320350	8000_Mixed	Pork, rice, and vegetables excluding carrots, broccoli, and dark-green leafy; tomato-based sauce	44	4	B	2
58402100	8000_Mixed	Beef noodle soup, home recipe	44	3.5	A	2
58110170	8000_Mixed	Egg roll, with chicken or turkey	44	3.5	B	3
41601020	8000_Mixed	Bean with bacon or ham soup, canned or ready-to-serve	44	4.5	A	4
58101935	8000_Mixed	Taco or tostada salad with chicken	44	4	A	2
27150020	8000_Mixed	Crab, deviled	44	3	D	4
75417013	8000_Mixed	Peas, from canned, creamed	44	4	A	2
58106236	8000_Mixed	Pizza, cheese, from school lunch, thick crust	44	3.5	C	4
58148114	8000_Mixed	Macaroni or pasta salad, made with Italian dressing	44	4	A	3
27330110	8000_Mixed	Lamb or mutton stew with potatoes and vegetables excluding carrots, broccoli, and dark-green leafy; gravy	44	5	A	1
41601010	8000_Mixed	Bean soup, NFS	44	4.5	A	4
75418103	8000_Mixed	Turnips, from canned, creamed	44	4	B	3
58110110	8000_Mixed	Egg roll, meatless	44	3.5	C	3
58110120	8000_Mixed	Egg roll, with shrimp	44	3.5	C	3
75418100	8000_Mixed	Turnips, NS as to form, creamed	44	4	B	2
75418102	8000_Mixed	Turnips, from frozen, creamed	44	4	B	2
27446410	8000_Mixed	Chicken or turkey and vegetables excluding carrots, broccoli, and dark-green leafy; no potatoes, cheese sauce	43	3.5	C	1
27250900	8000_Mixed	Fish and noodles with mushroom sauce	43	3.5	B	2
28340210	8000_Mixed	Chicken rice soup, Puerto Rican style	43	4.5	A	1
58146731	8000_Mixed	Pasta, whole grain, with cream sauce, poultry, and added vegetables, restaurant	43	3	C	4
28320140	8000_Mixed	Ham, noodle, and vegetable soup, Puerto Rican style	43	4	C	2
28355130	8000_Mixed	Clam chowder, New England, prepared with water	43	4	B	4
14640070	8000_Mixed	Cheese sandwich, reduced fat Cheddar cheese, on wheat bread, with butter	43	1.5	D	3
14640072	8000_Mixed	Cheese sandwich, reduced fat Cheddar cheese, on whole wheat bread, with butter	43	1.5	D	3
27430590	8000_Mixed	Veal with vegetables excluding carrots, broccoli, and dark-green leafy; and potatoes, cream or white sauce	43	3.5	A	2
58100805	8000_Mixed	Enchilada, just cheese, meatless, no beans, green-chile or enchilada sauce	43	4	C	3
27118180	8000_Mixed	Beef stew, meat with gravy, no potatoes, Puerto Rican style	43	3.5	C	2
27341045	8000_Mixed	Chicken or turkey, potatoes, and vegetables including carrots, broccoli, and/or dark-green leafy; cheese sauce	43	4	B	2
75416010	8000_Mixed	Parsnips, creamed	43	4	B	2
27150050	8000_Mixed	Fish timbale or mousse	43	3	C	2
58146682	8000_Mixed	Pasta, whole grain, with cream sauce, home recipe	43	3	C	3
14640190	8000_Mixed	Grilled cheese sandwich, reduced fat Cheddar cheese, on wheat bread	43	1.5	D	3
14640195	8000_Mixed	Grilled cheese sandwich, reduced fat Cheddar cheese, on whole wheat bread	43	1.5	D	3
27250710	8000_Mixed	Tuna and rice with mushroom sauce	43	3.5	B	2
58421080	8000_Mixed	Sopa de tortilla, Mexican style tortilla soup, home recipe	43	3.5	C	2
27345010	8000_Mixed	Chicken or turkey, rice, and vegetables including carrots, broccoli, and/or dark-green leafy; no sauce	43	3.5	A	2
58106634	8000_Mixed	Pizza, with meat other than pepperoni, from school lunch, medium crust	43	3.5	C	4
42302010	8000_Mixed	Peanut butter and jelly sandwich, NFS	43	2.5	D	3
27564390	8000_Mixed	Frankfurter or hot dog sandwich, fat free, plain, on whole wheat bread	43	3.5	B	4
42302015	8000_Mixed	Peanut butter and jelly sandwich, with regular peanut butter, regular jelly, on white bread	43	2.5	D	3
42303100	8000_Mixed	Peanut butter and jelly sandwich, frozen commercial product without crusts	43	2.5	D	3
58130014	8000_Mixed	Lasagna with meat, from restaurant	43	3	C	1
27564362	8000_Mixed	Frankfurter or hot dog sandwich, fat free, plain, on whole wheat bun	43	3.5	B	4
58104090	8000_Mixed	Nachos with cheese and sour cream	43	4	A	3
58100520	8000_Mixed	Enchilada with meat and beans, red-chile or enchilada sauce	43	4.5	A	2
75402010	8000_Mixed	Beans, lima, immature, NS as to form, creamed or with cheese sauce	43	4.5	A	1
73501010	8000_Mixed	Carrot with rice soup, cream of, prepared with milk, home recipe, canned or ready-to-serve	43	4	B	1
75603010	8000_Mixed	Celery soup, cream of, prepared with milk, home recipe, canned or ready-to-serve	43	3	C	2
58148550	8000_Mixed	Macaroni or pasta salad with meat	43	3.5	B	3
58404030	8000_Mixed	Chicken or turkey rice soup, home recipe	43	3.5	B	2
27250610	8000_Mixed	Tuna noodle casserole with cream or white sauce	43	3.5	B	2
58130150	8000_Mixed	Lasagna, with chicken or turkey, and spinach	43	3.5	C	2
27145000	8000_Mixed	Chicken or turkey with teriyaki	43	3.5	D	1
27330030	8000_Mixed	Lamb or mutton stew with potatoes and vegetables including carrots, broccoli, and/or dark-green leafy; gravy	42	4.5	A	1
27550730	8000_Mixed	Tuna melt sandwich	42	3	C	4
27315220	8000_Mixed	Beef, rice, and vegetables excluding carrots, broccoli, and/or dark-green leafy; tomato-based sauce	42	4	B	2
42302055	8000_Mixed	Peanut butter and jelly sandwich, with reduced fat peanut butter, regular jelly, on white bread	42	2.5	C	3
58117310	8000_Mixed	Kibby, Puerto Rican style	42	3.5	B	1
58147520	8000_Mixed	Yat Ga Mein with meat, fish, or poultry	42	4	B	2
58106234	8000_Mixed	Pizza, cheese, from school lunch, medium crust	42	3.5	C	4
28340750	8000_Mixed	Hot and sour soup	42	3	C	1
58106635	8000_Mixed	Pizza, with meat other than pepperoni, from school lunch, thin crust	42	3.5	C	4
27146360	8000_Mixed	Sesame chicken	42	2	D	1
58101720	8000_Mixed	Taco or tostada with beans	42	4	B	3
58130910	8000_Mixed	Lasagna with meat, spinach noodles	42	3	C	2
27510587	8000_Mixed	Hamburger, 1 small patty, with condiments, on whole wheat bun	42	3.5	B	3
27320310	8000_Mixed	Pork chow mein or chop suey with noodles	42	4	B	1
27446260	8000_Mixed	Chicken or turkey salad, made with any type of fat free dressing	42	3.5	B	2
27343480	8000_Mixed	Chicken or turkey, noodles, and vegetables excluding carrots, broccoli, and/or dark-green leafy; cream sauce, white sauce, (	42	3.5	B	2
28143150	8000_Mixed	Chicken and vegetable entree with noodles, diet frozen meal	42	4.5	A	4
27347210	8000_Mixed	Chicken or turkey,stuffing, and vegetables excluding carrots, broccoli, and dark green leafy; no sauce	42	3.5	B	2
27142000	8000_Mixed	Chicken with gravy	42	4	B	1
27320027	8000_Mixed	Ham or pork, noodles, and vegetables including carrots, broccoli, and/or dark-green leafy; no sauce	42	3.5	A	2
27143000	8000_Mixed	Chicken or turkey with cream sauce	42	4	B	1
32105220	8000_Mixed	Pork egg foo yung	42	3.5	B	2
27211300	8000_Mixed	Beef, roast, hash	42	4.5	B	3
27250126	8000_Mixed	Shrimp and noodles with cream or white sauce	42	3.5	A	2
58130320	8000_Mixed	Lasagna, meatless, with vegetables	42	3.5	C	2
24209000	8000_Mixed	Turkey with barbecue sauce, skin eaten	42	3.5	D	2
27315250	8000_Mixed	Stuffed cabbage rolls with beef and rice	42	4.5	A	1
58100535	8000_Mixed	Enchilada with meat, green-chile or enchilada sauce	42	4	A	2
58104150	8000_Mixed	Nachos with chicken and cheese	42	4	B	2
58106580	8000_Mixed	Pizza with pepperoni, from school lunch, thick crust	42	3.5	C	4
32105240	8000_Mixed	Beef egg foo yung	42	3.5	B	2
58151200	8000_Mixed	Sushi roll, salmon	42	3.5	B	2
58137250	8000_Mixed	Pad Thai with meat	42	4	A	2
27540120	8000_Mixed	Chicken salad or chicken spread sandwich	42	3.5	B	3
58106235	8000_Mixed	Pizza, cheese, from school lunch, thin crust	41	3.5	C	4
58148115	8000_Mixed	Macaroni or pasta salad, made with light Italian dressing	41	4	A	2
27347220	8000_Mixed	Chicken or turkey, stuffing, and vegetables including carrots, broccoli, and/or dark-green leafy; gravy	41	3.5	B	2
75652030	8000_Mixed	Vegetable beef soup, canned, prepared with milk	41	3.5	B	2

foodcode	level1nd	Description	Food Compass Score	Health Star Rating	Nutri-Score	NOVA Category
27332100	8000_Mixed	Veal stew with potatoes and vegetables including carrots, broccoli, and/or dark-green leafy; tomato-based sauce	41	4.5	A	1
75340160	8000_Mixed	Vegetable and pasta combinations with cream or cheese sauce, broccoli, pasta, carrots, corn, zucchini, peppers, cauliflower	41	4	B	4
58101955	8000_Mixed	Taco or tostada salad, meatless with sour cream	41	4.5	B	3
58160610	8000_Mixed	Rice, white, with dark green vegetables and tomatoes and/or tomato-based sauce, NS as to fat added in cooking	41	4	B	2
58160630	8000_Mixed	Rice, white, with dark green vegetables and tomatoes and/or tomato-based sauce, fat added in cooking	41	4	B	2
75402012	8000_Mixed	Beans, lima, immature, from frozen, creamed or with cheese sauce	41	4.5	A	2
58156710	8000_Mixed	Rice with stewed beans, Puerto Rican style	41	3.5	B	2
28311010	8000_Mixed	Pepperpot soup	41	4	B	2
58151190	8000_Mixed	Sushi roll, eel	41	3.5	B	2
27243100	8000_Mixed	Biryani with chicken	41	4.5	A	1
27111100	8000_Mixed	Beef goulash	41	4	A	3
58104260	8000_Mixed	Gordita, sope, or chalupa with beans	41	4	A	3
27422010	8000_Mixed	Pork chop stewed with vegetables, Puerto Rican style	41	4.5	A	2
27510642	8000_Mixed	Hamburger, 1 medium patty, with condiments, on wheat bun	41	3.5	B	3
27510643	8000_Mixed	Hamburger, 1 medium patty, with condiments, on whole wheat bun	41	3.5	B	3
27332110	8000_Mixed	Veal stew with potatoes and vegetables excluding carrots, broccoli, and/or dark-green leafy; tomato-based sauce	41	4.5	A	1
27345410	8000_Mixed	Chicken or turkey, rice, and vegetables including carrots, broccoli, and/or dark-green leafy; cream sauce, white sauce, or mu	41	3.5	B	2
27416300	8000_Mixed	Beef taco filling: beef, cheese, tomato, taco sauce	41	3.5	D	2
27118130	8000_Mixed	Stewed dried beef, Puerto Rican style	41	0.5	D	3
27212150	8000_Mixed	Beef goulash with noodles	41	4	A	2
58100320	8000_Mixed	Burrito with beans, meatless	41	4	C	3
27564560	8000_Mixed	Frankfurter or hot dog sandwich, meatless, on bun, with meatless chili	41	4	A	4
27220520	8000_Mixed	Ham or pork and potatoes with cheese sauce	41	4	B	2
27343420	8000_Mixed	Chicken or turkey, noodles, and vegetables excluding carrots, broccoli, and dark-green leafy; gravy	41	3.5	B	2
27420460	8000_Mixed	Sausage and vegetables, excluding carrots, broccoli, and dark-green leafy; no potatoes, tomato-based sauce	41	4	C	3
58146733	8000_Mixed	Pasta, whole grain, with cream sauce, poultry, and added vegetables, ready-to-heat	41	3.5	B	4
58146691	8000_Mixed	Pasta, whole grain, with cream sauce, and added vegetables, restaurant	41	2.5	C	4
58128120	8000_Mixed	Cornmeal dressing with chicken or turkey and vegetables	41	3	C	2
58125120	8000_Mixed	Spinach quiche, meatless	41	1.5	D	2
58106820	8000_Mixed	Pizza with beans and vegetables, thin crust	41	4	C	3
58101610	8000_Mixed	Soft taco with beans	41	4.5	B	3
58130140	8000_Mixed	Lasagna with chicken or turkey	41	3.5	C	2
27220080	8000_Mixed	Ham croquette	41	1.5	D	3
58106636	8000_Mixed	Pizza, with meat other than pepperoni, from school lunch, thick crust	41	3.5	C	4
58160640	8000_Mixed	Rice, white, with carrots and dark green vegetables, NS as to fat added in cooking	41	4	B	2
58160660	8000_Mixed	Rice, white, with carrots and dark green vegetables, fat added in cooking	41	4	B	2
58146743	8000_Mixed	Pasta, whole grain, with cream sauce and seafood, ready-to-heat	41	3	C	4
58120110	8000_Mixed	Crepe, filled with meat, poultry, or seafood, with sauce	41	3.5	C	2
27250630	8000_Mixed	Tuna noodle casserole with mushroom sauce	41	3.5	B	2
27242000	8000_Mixed	Chicken or turkey and noodles, no sauce	41	3.5	B	2
75649040	8000_Mixed	Vegetable soup, reduced sodium, canned, ready to serve	41	4.5	B	4
58163130	8000_Mixed	Dirty rice	41	3.5	B	2
27345210	8000_Mixed	Chicken or turkey, rice, and vegetables including carrots, broccoli, and/or dark-green leafy; gravy	41	3.5	B	2
27211110	8000_Mixed	Beef stew with potatoes, tomato-based sauce, Mexican style	41	4	A	2
58140310	8000_Mixed	Macaroni with tuna, Puerto Rican style	40	3.5	B	2
58115210	8000_Mixed	Taco with crab meat, Puerto Rican style	40	3	D	2
77230210	8000_Mixed	Cassava Pasteles, Puerto Rican style	40	3	D	2
58109150	8000_Mixed	Pizza, cheese and vegetables, gluten-free thick crust	40	3	B	4
58127110	8000_Mixed	Vegetables in pastry	40	3.5	B	4
58403060	8000_Mixed	Chicken or turkey noodle soup, reduced sodium, canned or ready-to-serve	40	3.5	A	4
27430400	8000_Mixed	Lamb or mutton stew with vegetables including carrots, broccoli, and/or dark-green leafy; no potatoes, gravy	40	4.5	A	2
27564330	8000_Mixed	Frankfurter or hot dog sandwich, reduced fat or light, plain, on whole wheat bread	40	3.5	B	4
27320130	8000_Mixed	Sausage, potatoes, and vegetables excluding carrots, broccoli, and dark-green leafy; gravy	40	4	B	3
58146711	8000_Mixed	Pasta, whole grain, with cream sauce, meat, and added vegetables, restaurant	40	3	C	4
28315150	8000_Mixed	Meat and corn hominy soup, home recipe, Mexican style	40	4	B	1
14640058	8000_Mixed	Cheese sandwich, Cheddar cheese, on wheat bread, with butter	40	1.5	D	3
14640060	8000_Mixed	Cheese sandwich, Cheddar cheese, on whole wheat bread, with butter	40	1.5	D	3
27221110	8000_Mixed	Stuffed pork roast, Puerto Rican style	40	4	B	2
58111120	8000_Mixed	Wonton, fried, meatless	40	3.5	B	3
28340120	8000_Mixed	Chicken or turkey broth, without tomato, home recipe	40	3.5	B	1
14640130	8000_Mixed	Grilled cheese sandwich, Cheddar cheese, on wheat bread	40	1.5	D	3
14640135	8000_Mixed	Grilled cheese sandwich, Cheddar cheese, on whole wheat bread	40	1.5	D	3
27360000	8000_Mixed	Stew, NFS	40	4.5	B	2
27564400	8000_Mixed	Frankfurter or hot dog sandwich, fat free, plain, on whole grain white bread	40	3.5	B	4
27510576	8000_Mixed	Hamburger, 1 small patty, plain, on wheat bun	40	3.5	C	3
27510577	8000_Mixed	Hamburger, 1 small patty, plain, on whole wheat bun	40	3.5	C	3
58101950	8000_Mixed	Taco or tostada salad with chicken and sour cream	40	4	B	2
75411031	8000_Mixed	Corn, cooked, from fresh, with cream sauce, made with milk	40	4	B	1
28331110	8000_Mixed	Lamb, pasta, and vegetable soup, Puerto Rican style	40	4	C	1
58160430	8000_Mixed	Rice, white, with peas, NS as to fat added in cooking	40	4	A	2
58160450	8000_Mixed	Rice, white, with peas, fat added in cooking	40	4	A	2
75402013	8000_Mixed	Beans, lima, immature, from canned, creamed or with cheese sauce	40	4.5	A	3
27421010	8000_Mixed	Stuffed christophine, Puerto Rican style	40	4.5	B	2
14640034	8000_Mixed	Cheese sandwich, Cheddar cheese, on wheat bread, with mayonnaise	40	1.5	D	4
14640036	8000_Mixed	Cheese sandwich, Cheddar cheese, on whole wheat bread, with mayonnaise	40	1.5	D	4
27341050	8000_Mixed	Chicken or turkey, potatoes, and vegetables excluding carrots, broccoli, and dark-green leafy; cheese sauce	40	4	B	2
27363100	8000_Mixed	Jambalaya with meat and rice	40	3.5	C	2
75411030	8000_Mixed	Corn, cooked, NS as to form, with cream sauce, made with milk	40	4	B	1
75411032	8000_Mixed	Corn, cooked, from frozen, with cream sauce, made with milk	40	4	B	1
58104190	8000_Mixed	Nachos with chicken, cheese, and sour cream	40	3.5	B	2
27311310	8000_Mixed	Beef stew with potatoes and vegetables including carrots, broccoli, and/or dark-green leafy; tomato-based sauce	40	4.5	B	2
27231000	8000_Mixed	Lamb or mutton and potatoes with gravy	40	4.5	B	2
58100300	8000_Mixed	Burrito with beans and rice, meatless	40	3.5	C	3
27564420	8000_Mixed	Frankfurter or hot dog sandwich, meatless, plain, on bun	40	4	B	4
27510206	8000_Mixed	Cheeseburger, 1 small patty, with condiments, on wheat bun	40	3.5	C	3
27510207	8000_Mixed	Cheeseburger, 1 small patty, with condiments, on whole wheat bun	40	3.5	C	3
75400500	8000_Mixed	Artichokes, stuffed	40	4	A	3
58101930	8000_Mixed	Taco or tostada salad with meat	40	4	A	2
58160480	8000_Mixed	Rice, white, with carrots, fat added in cooking	40	4	B	2
58160460	8000_Mixed	Rice, white, with carrots, NS as to fat added in cooking	40	4	B	2
58130020	8000_Mixed	Lasagna with meat and spinach	40	3	C	2
58160670	8000_Mixed	Rice, white, with carrots, dark green vegetables, and tomatoes and/or tomato-based sauce, NS as to fat added in cooking	40	4	B	2
58160690	8000_Mixed	Rice, white, with carrots, dark green vegetables, and tomatoes and/or tomato-based sauce, fat added in cooking	40	4	B	2
27313010	8000_Mixed	Beef, noodles, and vegetables including carrots, broccoli, and/or dark-green leafy; no sauce	39	3.5	A	2
58109110	8000_Mixed	Pizza, cheese, gluten-free thick crust	39	3	C	4
27564302	8000_Mixed	Frankfurter or hot dog sandwich, reduced fat or light, plain, on whole wheat bun	39	3.5	B	4
27218310	8000_Mixed	Stewed corned beef, Puerto Rican style	39	4	C	2
58100330	8000_Mixed	Burrito with beans, rice, and sour cream, meatless	39	3.5	C	2
27220110	8000_Mixed	Pork and rice with tomato-based sauce	39	3.5	B	2
27510632	8000_Mixed	Hamburger, 1 medium patty, plain, on wheat bun	39	3.5	C	3
27510633	8000_Mixed	Hamburger, 1 medium patty, plain, on whole wheat bun	39	3.5	C	3
27320025	8000_Mixed	Ham or pork, noodles and vegetables excluding carrots, broccoli, and dark-green leafy; no sauce	39	3.5	A	2

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27545010	8000_Mixed	Turkey or chicken burger, with condiments, on bun, from fast food / restaurant	39	3.5	B	3
27545200	8000_Mixed	Turkey or chicken burger, with condiments, on white bun	39	3.5	B	3
28141050	8000_Mixed	Chicken patty parmigiana, breaded, with vegetable, diet frozen meal	39	4	B	4
75460710	8000_Mixed	Vegetable combinations, excluding carrots, broccoli, and dark-green leafy; cooked, with pasta	39	4.5	A	3
27347240	8000_Mixed	Chicken or turkey, dumplings, and vegetables including carrots, broccoli, and/or dark green leafy; gravy	39	3.5	B	2
27510252	8000_Mixed	Cheeseburger, 1 medium patty, with condiments, on wheat bun	39	3.5	C	3
27510253	8000_Mixed	Cheeseburger, 1 medium patty, with condiments, on whole wheat bun	39	3.5	C	3
28360210	8000_Mixed	Spanish vegetable soup, Puerto Rican style	39	4	C	2
58101725	8000_Mixed	Taco or tostada with beans and sour cream	39	4.5	B	3
58160520	8000_Mixed	Rice, white, with tomatoes and/or tomato-based sauce, NS as to fat added in cooking	39	4	B	2
58160540	8000_Mixed	Rice, white, with tomatoes and/or tomato-based sauce, fat added in cooking	39	4	B	2
27211550	8000_Mixed	Stewed, seasoned, ground beef with potatoes, Mexican style	39	4	A	1
28310150	8000_Mixed	Oxtail soup	39	3.5	A	1
27120060	8000_Mixed	Sweet and sour pork	39	3	C	2
27221150	8000_Mixed	Pork stew, with potatoes, tomato-based sauce, Mexican style	39	3.5	B	2
27350020	8000_Mixed	Paella with seafood	39	3.5	B	2
58146332	8000_Mixed	Pasta with tomato-based sauce, meat, and added vegetables, home recipe	39	4	A	1
58149110	8000_Mixed	Noodle pudding	39	3.5	B	3
27345020	8000_Mixed	Chicken or turkey, rice, and vegetables excluding carrots, broccoli, and dark-green leafy; no sauce	39	3.5	A	2
58160580	8000_Mixed	Rice, white, with carrots and tomatoes and/or tomato-based sauce, NS as to fat added in cooking	39	4	B	2
58160600	8000_Mixed	Rice, white, with carrots and tomatoes and/or tomato-based sauce, fat added in cooking	39	4	B	2
58100630	8000_Mixed	Enchilada with chicken, red-chile or enchilada sauce	39	4	A	2
27213100	8000_Mixed	Beef and rice with tomato-based sauce	39	3.5	B	2
58109015	8000_Mixed	Pizza, cheese, whole wheat thin crust	39	3.5	C	2
58146721	8000_Mixed	Pasta, whole grain, with cream sauce and poultry, restaurant	39	2.5	C	4
75600150	8000_Mixed	Soup, cream of, NFS	39	3.5	B	2
27313310	8000_Mixed	Beef, noodles, and vegetables including carrots, broccoli, and/or dark-green leafy; mushroom sauce	39	3.5	B	2
71801100	8000_Mixed	Potato and cheese soup	39	4	B	3
58146210	8000_Mixed	Pasta with sauce, NFS	39	4	A	1
58146322	8000_Mixed	Pasta with tomato-based sauce and meat, home recipe	39	4	A	1
75607100	8000_Mixed	Mushroom soup, cream of, canned, reduced sodium, prepared with milk	39	3.5	B	2
58146451	8000_Mixed	Pasta with cream sauce, seafood, and added vegetables, restaurant	39	3	C	3
58104520	8000_Mixed	Chimichanga, meatless	39	4	B	3
58104270	8000_Mixed	Gordita, sope, or chalupa with beans and sour cream	38	4	B	3
27211190	8000_Mixed	Beef and potatoes with cream sauce, white sauce or mushroom sauce	38	3.5	B	1
58115110	8000_Mixed	Tamale casserole, Puerto Rican style	38	4	B	1
27211500	8000_Mixed	Beef and potatoes with cheese sauce	38	4	B	2
27250830	8000_Mixed	Fish and rice with mushroom sauce	38	3.5	B	2
75142000	8000_Mixed	Cucumber and vegetable namasu	38	4	C	2
27443110	8000_Mixed	Chicken or turkey a la king with vegetables including carrots, broccoli, and/or dark-green leafy; no potatoes, cream, white, (	38	3	C	2
75604010	8000_Mixed	Corn soup, cream of, prepared with milk	38	4	B	2
28315050	8000_Mixed	Beef vegetable soup with potato, pasta, or rice, chunky style, canned, or ready-to-serve	38	4.5	B	4
27136050	8000_Mixed	Venison or deer with tomato-based sauce	38	4	B	1
28141650	8000_Mixed	Chicken and vegetables au gratin with rice, diet frozen entree	38	3.5	B	4
58421010	8000_Mixed	Sopa Seca de Fideo, Mexican style, made with dry noodles, home recipe	38	4	C	2
58106830	8000_Mixed	Pizza with beans and vegetables, thick crust	38	3	B	3
58146303	8000_Mixed	Pasta with tomato-based sauce, and added vegetables, ready-to-heat	38	4.5	B	4
58148180	8000_Mixed	Macaroni or pasta salad with cheese	38	3	C	3
71851010	8000_Mixed	Plantain soup, Puerto Rican style	38	4	C	1
27510342	8000_Mixed	Bacon cheeseburger, 1 medium patty, with condiments, on wheat bun	38	2	D	3
27510343	8000_Mixed	Bacon cheeseburger, 1 medium patty, with condiments, on whole wheat bun	38	2	D	3
58146693	8000_Mixed	Pasta, whole grain, with cream sauce, and added vegetables, ready-to-heat	38	3	C	4
27345420	8000_Mixed	Chicken or turkey, rice, and vegetables excluding carrots, broccoli, and dark-green leafy; cream sauce, white sauce, or mush	38	3.5	B	2
27135020	8000_Mixed	Veal scallopini	38	3.5	C	3
75411010	8000_Mixed	Corn, scalloped or pudding	38	4	B	3
74601010	8000_Mixed	Tomato soup, cream of, prepared with milk	38	3.5	B	2
58101615	8000_Mixed	Soft taco with beans and sour cream	38	4	B	3
75142500	8000_Mixed	Cucumber salad, made with sour cream dressing	38	4	C	2
27430410	8000_Mixed	Lamb or mutton stew with vegetables excluding carrots, broccoli, and dark-green leafy; no potatoes, gravy	38	4	A	2
27345220	8000_Mixed	Chicken or turkey, rice, and vegetables excluding carrots, broccoli, and dark-green leafy; gravy	38	3.5	B	2
27570310	8000_Mixed	Hors d'oeuvres, with spread	38	3.5	A	3
27347230	8000_Mixed	Chicken or turkey, stuffing, and vegetables excluding carrots, broccoli, and dark-green leafy; gravy	38	3.5	B	2
75611010	8000_Mixed	Vegetable soup, cream of, prepared with milk	38	3	C	3
27111440	8000_Mixed	Chili con carne with beans and cheese	38	4.5	B	3
28345160	8000_Mixed	Chicken or turkey mushroom soup, cream of, prepared with milk	38	3.5	B	2
75607080	8000_Mixed	Mushroom with chicken soup, cream of, prepared with milk	38	3.5	B	2
27111430	8000_Mixed	Chili con carne, NS as to beans, with cheese	38	4.5	B	3
27350070	8000_Mixed	Tuna pot pie	38	3.5	B	3
27212120	8000_Mixed	Chili con carne with beans and macaroni	38	4	A	2
27313410	8000_Mixed	Beef, noodles, and vegetables including carrots, broccoli, and/or dark-green leafy; gravy	38	3.5	B	2
27330060	8000_Mixed	Lamb or mutton, rice, and vegetables including carrots, broccoli, and/or dark-green leafy; tomato-based sauce	38	4	B	2
27564340	8000_Mixed	Frankfurter or hot dog sandwich, reduced fat or light, plain, on whole grain white bread	38	3.5	B	4
58106345	8000_Mixed	Pizza with cheese and extra vegetables, thin crust	37	3	C	3
58106736	8000_Mixed	Pizza with extra meat and extra vegetables, thin crust	37	2	D	3
58146713	8000_Mixed	Pasta, whole grain, with cream sauce, meat, and added vegetables, ready-to-heat	37	3.5	B	4
27261500	8000_Mixed	Stewed, seasoned, ground beef and pork with potatoes, Mexican style	37	4	B	1
74604500	8000_Mixed	Tomato noodle soup, canned, prepared with water or ready-to-serve	37	4	B	2
27116400	8000_Mixed	Steak tartare	37	3.5	C	1
27313020	8000_Mixed	Beef, noodles, and vegetables excluding carrots, broccoli, and dark-green leafy; no sauce	37	3.5	A	2
27418410	8000_Mixed	Beef steak with onions, Puerto Rican style	37	1.5	E	3
58111130	8000_Mixed	Wonton, fried, filled with meat, poultry, or seafood, and vegetable	37	3	B	3
58160490	8000_Mixed	Rice, white, with peas and carrots, NS as to fat added in cooking	37	4	B	2
58160510	8000_Mixed	Rice, white, with peas and carrots, fat added in cooking	37	4	B	2
58111110	8000_Mixed	Wonton, fried, filled with meat, poultry, or seafood,	37	3	B	3
58104130	8000_Mixed	Nachos with meat and cheese	37	3.5	B	2
27242250	8000_Mixed	Chicken or turkey and noodles with mushroom sauce	37	3.5	B	2
58136160	8000_Mixed	Lo mein, with chicken	37	3.5	A	1
27320090	8000_Mixed	Sausage, noodles, and vegetables including carrots, broccoli, and/or dark-green leafy; tomato-based sauce	37	4	B	3
27242200	8000_Mixed	Chicken or turkey and noodles with gravy	37	3.5	B	2
58146331	8000_Mixed	Pasta with tomato-based sauce, meat, and added vegetables, restaurant	37	4	B	4
58127150	8000_Mixed	Vegetables and cheese in pastry	37	3	C	4
58133140	8000_Mixed	Manicotti, vegetable- and cheese-filled, with tomato sauce, meatless	37	3.5	B	2
27120100	8000_Mixed	Ham or pork with tomato-based sauce	37	4	B	1
58101945	8000_Mixed	Taco or tostada salad with meat and sour cream	37	4	B	2
14640016	8000_Mixed	Cheese sandwich, reduced fat American cheese, on wheat bread, no spread	37	2	D	4
14640018	8000_Mixed	Cheese sandwich, reduced fat American cheese, on whole wheat bread, no spread	37	2	D	4
27135050	8000_Mixed	Veal Marsala	37	4	B	2
58100800	8000_Mixed	Enchilada, just cheese, meatless, no beans, red-chile or enchilada sauce	37	3.5	C	3
58163410	8000_Mixed	Spanish rice, fat added in cooking	37	4	B	2
73305010	8000_Mixed	Squash, winter, baked with cheese	37	4	B	3
27420020	8000_Mixed	Ham or pork salad	37	2	D	4
28145000	8000_Mixed	Turkey dinner, NFS, frozen meal	37	4	B	4

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28145210	8000_Mixed	Turkey with gravy, dressing, potatoes, vegetable, frozen meal	37	4	B	4
41601110	8000_Mixed	Bean and ham soup, chunky style, canned or ready-to-serve	37	4.5	A	4
27311635	8000_Mixed	Beef, potatoes, and vegetables including carrots, broccoli, and/or dark-green leafy; cheese sauce	37	4	B	2
58146353	8000_Mixed	Pasta with tomato-based sauce, poultry, and added vegetables, ready-to-heat	37	4	A	4
58130015	8000_Mixed	Lasagna with meat, home recipe	37	3.5	C	2
58134710	8000_Mixed	Tortellini, spinach-filled, with tomato sauce	37	3	C	3
27540330	8000_Mixed	Turkey sandwich, with gravy	37	4	B	3
27135110	8000_Mixed	Veal parmigiana	37	3.5	C	2
75460800	8000_Mixed	Vegetable combinations, including carrots, broccoli, and/or dark-green leafy; cooked, with butter sauce and pasta	37	4	C	2
58157310	8000_Mixed	Congee, with meat, poultry, and/or seafood, and vegetables	37	3.5	B	1
27540295	8000_Mixed	Buffalo chicken submarine sandwich	37	3.5	B	4
14640004	8000_Mixed	Cheese sandwich, American cheese, on wheat bread, no spread	37	2	D	4
14640006	8000_Mixed	Cheese sandwich, American cheese, on whole wheat bread, no spread	37	2	D	4
41602010	8000_Mixed	Pea and ham soup, chunky style, canned or ready-to-serve	37	4.5	A	4
41602030	8000_Mixed	Split pea and ham soup	37	4.5	A	4
75608010	8000_Mixed	Onion soup, cream of, prepared with milk	37	3	C	2
27146350	8000_Mixed	Orange chicken	37	2	D	1
58146223	8000_Mixed	Pasta with tomato-based sauce, ready-to-heat	37	4	B	4
58163430	8000_Mixed	Spanish rice, NS as to fat added in cooking	37	4	B	2
58128220	8000_Mixed	Dressing with chicken or turkey and vegetables	37	3	C	3
58146681	8000_Mixed	Pasta, whole grain, with cream sauce, restaurant	37	2	D	4
27120130	8000_Mixed	Pork stew, no potatoes, tomato-based sauce, Mexican style	36	4	B	3
27313320	8000_Mixed	Beef, noodles, and vegetables excluding carrots, broccoli, and dark-green leafy; mushroom sauce	36	3.5	B	2
58101735	8000_Mixed	Taco or tostada with chicken and beans	36	4	A	2
27111300	8000_Mixed	Beef stew, no potatoes, tomato-based sauce, Mexican style	36	4	B	3
58104120	8000_Mixed	Nachos with cheese	36	3	C	4
27510242	8000_Mixed	Cheeseburger, 1 medium patty, plain, on wheat bun	36	2	D	3
27510243	8000_Mixed	Cheeseburger, 1 medium patty, plain, on whole wheat bun	36	2	D	3
27510196	8000_Mixed	Cheeseburger, 1 small patty, plain, on wheat bun	36	2	D	3
58104540	8000_Mixed	Chimichanga, meatless, with sour cream	36	3.5	B	3
58136150	8000_Mixed	Lo mein, with beef	36	4	A	1
58146343	8000_Mixed	Pasta with tomato-based sauce and poultry, ready-to-heat	36	4	A	4
27118110	8000_Mixed	Meatballs, Puerto Rican style	36	2	D	2
58104160	8000_Mixed	Nachos with chili	36	2.5	C	3
28355110	8000_Mixed	Clam chowder, New England, NS as to prepared with water or milk	36	3.5	B	4
27313420	8000_Mixed	Beef, noodles, and vegetables excluding carrots, broccoli, and dark-green leafy; gravy	36	3.5	B	2
14640022	8000_Mixed	Cheese sandwich, reduced fat Cheddar cheese, on wheat bread, no spread	36	2.5	C	4
14640024	8000_Mixed	Cheese sandwich, reduced fat Cheddar cheese, on whole wheat bread, no spread	36	2.5	C	4
58146701	8000_Mixed	Pasta, whole grain, with cream sauce and meat, restaurant	36	2	D	4
58408500	8000_Mixed	Noodle soup with vegetables, Asian style	36	4.5	B	2
58100220	8000_Mixed	Burrito with chicken and beans	36	2.5	C	2
27116300	8000_Mixed	Beef with sweet and sour sauce	36	3.5	B	2
41601160	8000_Mixed	Bean and ham soup, canned, reduced sodium, prepared with water or ready-to-serve	36	5	A	4
27550710	8000_Mixed	Tuna salad sandwich, with lettuce	36	3.5	B	4
75609010	8000_Mixed	Pea soup, prepared with milk	36	3.5	B	2
75605010	8000_Mixed	Leek soup, cream of, prepared with milk	36	3	C	2
27320500	8000_Mixed	Sweet and sour pork with rice	36	3.5	B	2
58301020	8000_Mixed	Lasagna with cheese and sauce, diet frozen meal	36	4	B	4
27246200	8000_Mixed	Chicken or turkey with stuffing	36	4	C	2
27347250	8000_Mixed	Chicken or turkey, dumplings, and vegetables excluding carrots, broccoli, and dark green leafy; gravy	36	3.5	B	2
27213010	8000_Mixed	Biryani with meat	36	4	A	1
27148010	8000_Mixed	Stuffed chicken, drumstick or breast, Puerto Rican style	36	2	D	2
58155510	8000_Mixed	Soupy rice mixture with chicken and potatoes, Puerto Rican style	36	4	B	2
58130310	8000_Mixed	Lasagna, meatless	36	4	B	4
58106737	8000_Mixed	Pizza with extra meat and extra vegetables, thick crust	36	3.5	C	3
27315310	8000_Mixed	Beef, rice, and vegetables including carrots, broccoli, and/or dark-green leafy; mushroom sauce	36	3.5	B	2
58146441	8000_Mixed	Pasta with cream sauce and seafood, restaurant	36	2.5	D	3
27520160	8000_Mixed	Bacon, chicken, and tomato club sandwich, on multigrain roll with lettuce and spread	36	3.5	C	3
27118120	8000_Mixed	Stewed seasoned ground beef, Puerto Rican style	36	3	D	2
58146723	8000_Mixed	Pasta, whole grain, with cream sauce and poultry, ready-to-heat	35	3	C	4
58148113	8000_Mixed	Macaroni or pasta salad, made with light mayonnaise-type salad dressing	35	3.5	B	2
28143020	8000_Mixed	Chicken and vegetable entree with rice, diet frozen meal	35	4	A	4
27564410	8000_Mixed	Frankfurter or hot dog sandwich, fat free, plain, on multigrain bread	35	3.5	B	4
27516010	8000_Mixed	Gyro sandwich (pita bread, beef, lamb, onion, condiments), with tomato and spread	35	4	A	2
27320080	8000_Mixed	Sausage, noodles, and vegetables excluding carrots, broccoli, and dark-green leafy; tomato-based sauce	35	4	B	3
58101625	8000_Mixed	Soft taco with chicken and beans	35	4	B	2
58101730	8000_Mixed	Taco or tostada with meat and beans	35	4	C	2
28160650	8000_Mixed	Stuffed green pepper, frozen meal	35	4.5	B	4
27146250	8000_Mixed	Chicken or turkey cordon bleu	35	3.5	D	2
32301100	8000_Mixed	Garlic egg soup, Puerto Rican style	35	3	C	2
27545000	8000_Mixed	Turkey or chicken burger, plain, on bun, from fast food / restaurant	35	4	B	3
27545100	8000_Mixed	Turkey or chicken burger, plain, on white bun	35	4	B	3
58134130	8000_Mixed	Stuffed shells, cheese-filled, with meat sauce	35	4	B	2
58100255	8000_Mixed	Burrito with chicken, beans, and rice	35	3	C	2
27315410	8000_Mixed	Beef, rice, and vegetables including carrots, broccoli, and/or dark-green leafy; gravy	35	3.5	B	2
27550720	8000_Mixed	Tuna salad sandwich	35	3.5	B	4
58106720	8000_Mixed	Pizza with meat and vegetables, from restaurant or fast food, thin crust	35	2	D	3
28141250	8000_Mixed	Chicken with rice and vegetable, diet frozen meal	35	4	A	4
58155410	8000_Mixed	Soupy rice with chicken, Puerto Rican style	35	3.5	C	2
71803010	8000_Mixed	Potato chowder	35	3	C	2
75405010	8000_Mixed	Beets with Harvard sauce	35	4	C	3
58100245	8000_Mixed	Burrito with chicken, beans, and sour cream	35	2.5	C	2
27443120	8000_Mixed	Chicken or turkey a la king with vegetables excluding carrorts, broccoli, and dark-green leafy; no potatoes, cream, white, or	35	3	D	3
75418040	8000_Mixed	Squash, summer, casserole, with cheese sauce	35	4.5	B	3
58134160	8000_Mixed	Stuffed shells, cheese- and spinach- filled, no sauce	35	3.5	C	2
75607060	8000_Mixed	Mushroom soup, cream of, NS as to made with milk or water	35	3	C	2
58122210	8000_Mixed	Gnocchi, cheese	35	3	C	3
28143110	8000_Mixed	Chicken cacciatore with noodles, diet frozen meal	35	4	A	4
58127510	8000_Mixed	Vegetable submarine sandwich, with spread	35	3.5	C	4
27315010	8000_Mixed	Beef, rice, and vegetables including carrots, broccoli, and/or dark-green leafy; no sauce	35	3.5	B	2
58106350	8000_Mixed	Pizza with cheese and extra vegetables, thick crust	35	3	B	3
58145120	8000_Mixed	Macaroni or noodles with cheese and tuna	35	3.5	B	3
27220050	8000_Mixed	Ham or pork with stuffing	34	3.5	B	2
58134810	8000_Mixed	Cannelloni, cheese- and spinach-filled, no sauce	34	3	C	2
71801010	8000_Mixed	Potato soup, cream of, prepared with milk	34	3	C	2
27243300	8000_Mixed	Chicken or turkey and rice with cream sauce	34	3.5	B	3
58106320	8000_Mixed	Pizza, cheese, with vegetables, from restaurant or fast food, thin crust	34	2	D	3
58104530	8000_Mixed	Chimichanga with chicken	34	2.5	C	2
75607010	8000_Mixed	Mushroom soup, cream of, prepared with milk	34	3	C	2
27540320	8000_Mixed	Turkey salad or turkey spread sandwich	34	4	B	4
27311640	8000_Mixed	Beef, potatoes, and vegetables excluding carrots, broccoli, and dark-green leafy; cheese sauce	34	4	B	2
75601000	8000_Mixed	Asparagus soup, cream of, NS as to made with milk or water	34	3	C	2

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27260100	8000_Mixed	Meat loaf made with beef and pork, with tomato-based sauce	34	3.5	B	2
72202020	8000_Mixed	Broccoli casserole with rice	34	4	B	3
58109050	8000_Mixed	Pizza, cheese and vegetables, whole wheat thin crust	34	3.5	A	2
58101540	8000_Mixed	Taco or tostada with fish	34	3	C	3
14640064	8000_Mixed	Cheese sandwich, reduced fat American cheese, on wheat bread, with butter	34	1.5	D	4
14640066	8000_Mixed	Cheese sandwich, reduced fat American cheese, on whole wheat bread, with butter	34	1.5	D	4
58160700	8000_Mixed	Rice, white, with other vegetables, NS as to fat added in cooking	34	3.5	B	2
58160720	8000_Mixed	Rice, white, with other vegetables, fat added in cooking	34	3.5	B	2
58100120	8000_Mixed	Burrito with meat and beans	34	3	C	2
58148111	8000_Mixed	Macaroni or pasta salad, made with light mayonnaise	34	3.5	B	3
27220210	8000_Mixed	Ham and noodles, no sauce	34	3	B	2
58301050	8000_Mixed	Lasagna with cheese and meat sauce, diet frozen meal	34	4.5	A	4
27120090	8000_Mixed	Ham or pork with mushroom sauce	34	4	B	1
27150130	8000_Mixed	Seafood newburg	34	1.5	D	1
58160400	8000_Mixed	Rice, white, with corn, NS as to fat added in cooking	34	4	B	2
58160420	8000_Mixed	Rice, white, with corn, fat added in cooking	34	4	B	2
28315160	8000_Mixed	Italian Wedding Soup	34	4	B	2
58101750	8000_Mixed	Taco or tostada with chicken, beans, and sour cream	34	4	B	2
27213150	8000_Mixed	Chili con carne with beans and rice	34	4	A	2
27214110	8000_Mixed	Meat loaf made with beef, with tomato-based sauce	34	3.5	C	2
28340180	8000_Mixed	Chicken or turkey broth, less or reduced sodium, canned or ready-to-serve	34	3.5	B	4
58100260	8000_Mixed	Burrito with chicken, beans, rice, and sour cream	34	3	C	2
32300100	8000_Mixed	Egg drop soup	34	3	C	1
75411033	8000_Mixed	Corn, cooked, from canned, with cream sauce, made with milk	34	4	C	2
58421000	8000_Mixed	Sopa seca, Mexican style, NFS	34	3.5	C	2
58151220	8000_Mixed	Sushi roll tuna	34	3.5	B	2
27350090	8000_Mixed	Fish, noodles, and vegetables including carrots, broccoli, and/or dark green leafy; cheese sauce	34	3.5	B	2
58107212	8000_Mixed	White pizza, cheese, with vegetables, thin crust	34	3	C	2
14640160	8000_Mixed	Grilled cheese sandwich, reduced fat American cheese, on wheat bread	34	1.5	D	4
14640165	8000_Mixed	Grilled cheese sandwich, reduced fat American cheese, on whole wheat bread	34	1.5	D	4
27146200	8000_Mixed	Chicken or turkey with cheese sauce	34	3.5	C	2
58305250	8000_Mixed	Pasta with vegetable and cheese sauce, diet frozen meal	34	3.5	B	4
27315320	8000_Mixed	Beef, rice, and vegetables excluding carrots, broccoli, and dark-green leafy; mushroom sauce	34	3.5	B	2
27113200	8000_Mixed	Creamed chipped or dried beef	34	3	C	3
27236000	8000_Mixed	Venison or deer and noodles with cream or white sauce	34	3.5	B	2
27510950	8000_Mixed	Reuben sandwich, corned beef sandwich with sauerkraut and cheese, with spread	34	2	D	3
58146431	8000_Mixed	Pasta with cream sauce, poultry, and added vegetables, restaurant	34	3	C	2
28140730	8000_Mixed	Chicken patty, breaded, with tomato sauce and cheese, fettuccine alfredo, vegetable, frozen meal	34	4	A	4
58136140	8000_Mixed	Lo mein, with pork	34	3.5	A	1
72302020	8000_Mixed	Broccoli soup, prepared with water, home recipe, canned, or ready-to-serve	34	3	B	4
14640052	8000_Mixed	Cheese sandwich, American cheese, on wheat bread, with butter	34	1.5	E	4
14640054	8000_Mixed	Cheese sandwich, American cheese, on whole wheat bread, with butter	34	1.5	E	4
75601010	8000_Mixed	Asparagus soup, cream of, prepared with milk	34	3	C	2
58106738	8000_Mixed	Pizza with extra meat and extra vegetables, medium crust	34	3.5	C	3
58136120	8000_Mixed	Lo mein, meatless	34	4	B	1
28150510	8000_Mixed	Fish in lemon-butter sauce with starch item, vegetable, frozen meal	34	3.5	B	4
58136110	8000_Mixed	Lo mein, NFS	33	4	B	1
28110270	8000_Mixed	Sirloin beef, with gravy, potatoes, vegetable, frozen meal	33	4	A	4
58148112	8000_Mixed	Macaroni or pasta salad, made with mayonnaise-type salad dressing	33	3.5	B	3
58131600	8000_Mixed	Ravioli, cheese and spinach-filled, with cream sauce	33	3	C	3
28110510	8000_Mixed	Beef, sliced, with gravy, potatoes, vegetable, frozen meal	33	4	B	4
14640110	8000_Mixed	Grilled cheese sandwich, American cheese, on wheat bread	33	1.5	E	4
14640115	8000_Mixed	Grilled cheese sandwich, American cheese, on whole wheat bread	33	1.5	E	4
27243000	8000_Mixed	Chicken or turkey and rice, no sauce	33	3.5	B	2
58116110	8000_Mixed	Meat turnover, Puerto Rican style	33	3.5	C	2
58106330	8000_Mixed	Pizza, cheese, with vegetables, from restaurant or fast food, thick crust	33	3	C	3
58100530	8000_Mixed	Enchilada with meat, red-chile or enchilada sauce	33	4	A	3
58151430	8000_Mixed	Sushi, topped with shrimp	33	3.5	A	2
58105000	8000_Mixed	Fajita with chicken and vegetables	33	3.5	B	2
27564242	8000_Mixed	Frankfurter or hot dog sandwich, chicken and/or turkey, plain, on whole wheat bun	33	2.5	C	4
58109130	8000_Mixed	Pizza, with meat, gluten-free thick crust	33	2	D	4
27564270	8000_Mixed	Frankfurter or hot dog sandwich, chicken and/or turkey, plain, on whole wheat bread	33	2.5	C	4
27360090	8000_Mixed	Paella, NFS	33	3	D	2
58100140	8000_Mixed	Burrito with meat, beans, and sour cream	33	3	C	2
58106660	8000_Mixed	Pizza with extra meat, thick crust	33	2	D	3
28143080	8000_Mixed	Chicken with noodles and cheese sauce, diet frozen meal	33	4	A	4
58101745	8000_Mixed	Taco or tostada with meat, beans, and sour cream	33	4	B	2
58106347	8000_Mixed	Pizza with cheese and extra vegetables, medium crust	33	3	B	3
27218110	8000_Mixed	Stuffed pot roast, with potatoes, Puerto Rican style	33	1.5	E	2
58100160	8000_Mixed	Burrito with meat, beans, and rice	33	3	C	2
27430510	8000_Mixed	Veal goulash with vegetables including carrots, broccoli, and/or dark-green leafy; no potatoes, tomato-based sauce	33	4	A	3
58106730	8000_Mixed	Pizza with meat and vegetables, from restaurant or fast food, thick crust	33	2.5	D	3
27146011	8000_Mixed	Chicken, shredded or pulled, with barbecue sauce	33	3.5	D	2
27315420	8000_Mixed	Beef, rice, and vegetables excluding carrots, broccoli, and dark-green leafy; gravy	33	3.5	B	2
58128110	8000_Mixed	Chicken cornbread	33	3.5	C	3
58101620	8000_Mixed	Soft taco with meat and beans	33	3.5	C	2
74604600	8000_Mixed	Tomato noodle soup, canned, prepared with milk	33	3.5	B	2
58304400	8000_Mixed	Linguini with vegetables and seafood in white wine sauce, diet frozen meal	33	3.5	B	4
32203010	8000_Mixed	Egg salad sandwich	33	3	C	4
27360010	8000_Mixed	Goulash, NFS	33	3.5	B	1
27430500	8000_Mixed	Veal goulash with vegetables excluding carrots, broccoli, and dark-green leafy; no potatoes, tomato-based sauce	33	4	A	3
27411150	8000_Mixed	Beef rolls, stuffed with vegetables or meat mixture, tomato-based sauce	33	4	C	2
27345230	8000_Mixed	Chicken or turkey, rice, corn, and cheese, with gravy	33	3.5	C	3
27540310	8000_Mixed	Turkey sandwich, with spread	33	4	B	4
75414500	8000_Mixed	Okra, batter-dipped, fried	33	4	A	2
28113110	8000_Mixed	Salisbury steak, baked, with tomato sauce, vegetable, diet frozen meal	33	4	A	4
14640010	8000_Mixed	Cheese sandwich, Cheddar cheese, on wheat bread, no spread	33	2	D	4
14640012	8000_Mixed	Cheese sandwich, Cheddar cheese, on whole wheat bread, no spread	33	2	D	4
27243400	8000_Mixed	Chicken or turkey and rice with mushroom sauce	33	3.5	B	2
58100165	8000_Mixed	Burrito with meat, beans, rice, and sour cream	33	3	C	2
27246100	8000_Mixed	Chicken or turkey with dumplings	33	3.5	B	2
28340310	8000_Mixed	Chicken or turkey gumbo soup, home recipe, canned or ready-to-serve	33	4	C	4
58104500	8000_Mixed	Chimichanga with meat	33	2.5	C	2
58301110	8000_Mixed	Vegetable lasagna, frozen meal	33	4	B	4
27221100	8000_Mixed	Stewed pig's feet, Puerto Rican style	33	4	C	2
27250130	8000_Mixed	Shrimp and noodles with cheese sauce	33	3.5	B	2
58101635	8000_Mixed	Soft taco with chicken, beans, and sour cream	33	3.5	B	2
27564280	8000_Mixed	Frankfurter or hot dog sandwich, chicken and/or turkey, plain, on whole grain white bread	32	2.5	C	4
27520165	8000_Mixed	Bacon, breaded fried chicken fillet, and tomato club with lettuce and spread	32	3	C	3
28345020	8000_Mixed	Chicken or turkey soup, cream of, canned, reduced sodium, made with milk	32	3.5	B	2
14620330	8000_Mixed	Topping from meat and vegetable pizza	32	1.5	E	4
58106260	8000_Mixed	Pizza, extra cheese, thick crust	32	2.5	D	3

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51182020	8000_Mixed	Bread stuffing made with egg	32	2.5	C	3
27113100	8000_Mixed	Beef stroganoff	32	3	C	2
58146703	8000_Mixed	Pasta, whole grain, with cream sauce and meat, ready-to-heat	32	3	C	4
27242300	8000_Mixed	Chicken or turkey and noodles with cream or white sauce	32	3.5	B	2
27350100	8000_Mixed	Fish, noodles, and vegetables excluding carrots, broccoli, and dark-green leafy; cheese sauce	32	3.5	B	2
58150530	8000_Mixed	Adobo, with rice	32	3.5	C	1
58135110	8000_Mixed	Chow fun noodles with meat and vegetables	32	4.5	A	1
27317100	8000_Mixed	Beef, dumplings, and vegetables including carrots, broccoli, and/or dark-green leafy; gravy	32	3.5	B	3
58200100	8000_Mixed	Wrap sandwich, filled with meat, poultry, or fish, vegetables, and rice	32	3.5	A	2
27319010	8000_Mixed	Stuffed green pepper, Puerto Rican style	32	4	C	2
28160710	8000_Mixed	Stuffed cabbage, with meat and tomato sauce, diet frozen meal	32	4.5	A	4
58104550	8000_Mixed	Chimichanga with chicken and sour cream	32	2.5	C	2
27111000	8000_Mixed	Beef with tomato-based sauce	32	4	B	1
58160560	8000_Mixed	Rice, white, with dark green vegetables, fat not added in cooking	32	3.5	B	1
27343950	8000_Mixed	Chicken or turkey, noodles, and vegetables including carrots, broccoli, and/or dark-green leafy; cheese sauce	32	3.5	B	1
58403050	8000_Mixed	Chicken or turkey noodle soup, cream of, home recipe, canned, or ready-to-serve	32	3	C	2
75418000	8000_Mixed	Squash, summer, yellow or green, breaded or battered, baked	32	4.5	A	1
58100145	8000_Mixed	Burrito with meat, beans, and sour cream, from fast food	32	4	B	2
27162010	8000_Mixed	Meat with tomato-based sauce	32	4	B	1
58301150	8000_Mixed	Zucchini lasagna, diet frozen meal	32	4.5	B	4
27564350	8000_Mixed	Frankfurter or hot dog sandwich, reduced fat or light, plain, on multigrain bread	32	3.5	B	4
27135030	8000_Mixed	Veal with cream sauce	32	4	B	1
28140720	8000_Mixed	Chicken patty, or nuggets, boneless, breaded, potatoes, vegetable, frozen meal	32	4.5	B	4
27161010	8000_Mixed	Meat loaf, Puerto Rican style	32	1.5	D	2
58137300	8000_Mixed	Adobo, with noodles	32	3.5	C	1
27212400	8000_Mixed	Beef and noodles with mushroom sauce	32	3.5	B	2
58146391	8000_Mixed	Pasta with cream sauce and added vegetables, restaurant	32	2.5	C	2
27242350	8000_Mixed	Chicken or turkey tetrazzini	31	3.5	B	3
27150060	8000_Mixed	Lobster newburg	31	1.5	D	2
27214300	8000_Mixed	Beef wellington	31	2	D	3
58101555	8000_Mixed	Soft taco with fish	31	3.5	C	2
58106655	8000_Mixed	Pizza with extra meat, medium crust	31	2	D	3
58109120	8000_Mixed	Pizza, with meat, gluten-free thin crust	31	2	D	4
58133120	8000_Mixed	Manicotti, cheese-filled, with tomato sauce, meatless	31	3	B	2
58145190	8000_Mixed	Macaroni or noodles with cheese and chicken or turkey	31	3.5	B	3
58200300	8000_Mixed	Wrap sandwich, filled with meat, poultry, or fish, vegetables, rice, and cheese	31	3.5	B	2
58131610	8000_Mixed	Ravioli, cheese and spinach filled, with tomato sauce	31	3.5	C	2
58146411	8000_Mixed	Pasta with cream sauce, meat, and added vegetables, restaurant	31	2.5	C	2
28340630	8000_Mixed	Chicken or turkey vegetable soup with rice, stew type, chunky style	31	4	B	4
27250820	8000_Mixed	Fish and rice with cream sauce	31	3.5	B	2
58133130	8000_Mixed	Manicotti, cheese-filled, with meat sauce	31	3	C	2
75608100	8000_Mixed	Onion soup, French	31	3	C	2
27260090	8000_Mixed	Meat loaf made with beef, veal and pork	31	3.5	C	2
58165030	8000_Mixed	Rice, white, with vegetables and gravy, NS as to fat added in cooking	31	4	B	2
58165050	8000_Mixed	Rice, white, with vegetables and gravy, fat added in cooking	31	4	B	2
27540296	8000_Mixed	Buffalo chicken submarine sandwich with cheese	31	3.5	C	4
58101630	8000_Mixed	Soft taco with meat, beans, and sour cream	31	3.5	C	2
28110250	8000_Mixed	Sirloin tips, with gravy, potatoes, vegetable, frozen meal	31	4.5	A	4
58146683	8000_Mixed	Pasta, whole grain, with cream sauce, ready-to-heat	31	3	C	4
75651110	8000_Mixed	Vegetable chicken rice soup, canned, prepared with water or ready-to-serve	31	4	B	4
58304220	8000_Mixed	Rigatoni with meat sauce and cheese, diet frozen meal	31	4.5	B	4
27136080	8000_Mixed	Venison or deer with gravy	31	4	B	2
27260080	8000_Mixed	Meat loaf made with beef and pork	31	3.5	C	2
27120020	8000_Mixed	Ham or pork with gravy	31	4	B	2
58135120	8000_Mixed	Chow fun noodles with vegetables, meatless	31	4.5	B	1
28340700	8000_Mixed	Bird's nest soup	31	3	C	1
27550100	8000_Mixed	Fish sandwich, on bun, with cheese and spread	31	3	C	4
27214100	8000_Mixed	Meat loaf made with beef	31	3.5	C	2
58134720	8000_Mixed	Tortellini, spinach-filled, no sauce	31	3.5	B	3
58304200	8000_Mixed	Ravioli, cheese-filled, with tomato sauce, diet frozen meal	31	4	B	4
74701000	8000_Mixed	Tomato sandwich	31	4	B	4
27235750	8000_Mixed	Veal and noodles with cream or white sauce	31	3.5	B	2
27315020	8000_Mixed	Beef, rice, and vegetables excluding carrots, broccoli, and dark-green leafy; no sauce	31	3.5	B	2
58146421	8000_Mixed	Pasta with cream sauce and poultry, restaurant	31	2.5	D	2
58163450	8000_Mixed	Spanish rice with ground beef	31	3.5	B	2
27564122	8000_Mixed	Frankfurter or hot dog sandwich, beef and pork, plain, on whole wheat bun	31	2	D	4
71801000	8000_Mixed	Potato soup, NS as to made with milk or water	31	3	C	2
58156110	8000_Mixed	Fried rice, Puerto Rican style	30	3	D	2
74601000	8000_Mixed	Tomato soup, NFS	30	4	B	4
27120120	8000_Mixed	Sausage gravy	30	3	C	3
27250110	8000_Mixed	Scallops and noodles with cheese sauce	30	3.5	B	2
27111407	8000_Mixed	Chili con carne with beans, canned	30	4.5	A	4
58106325	8000_Mixed	Pizza, cheese, with vegetables, from restaurant or fast food, medium crust	30	3	C	3
27162500	8000_Mixed	Stewed, seasoned, ground beef and pork, Mexican style	30	4	B	1
27260010	8000_Mixed	Meat loaf, NS as to type of meat	30	3.5	C	2
27343960	8000_Mixed	Chicken or turkey, noodles, and vegetables excluding carrots, broccoli, and dark-green leafy; cheese sauce	30	3.5	B	1
58302050	8000_Mixed	Beef and noodles with meat sauce and cheese, diet frozen meal	30	4	B	4
58134120	8000_Mixed	Stuffed shells, cheese-filled, with tomato sauce, meatless	30	3	C	2
75409020	8000_Mixed	Cauliflower, batter-dipped, fried	30	4	C	3
58163405	8000_Mixed	Spanish rice, from restaurant	30	3.5	C	1
58145111	8000_Mixed	Macaroni or noodles with cheese, from restaurant	30	3	C	1
58104340	8000_Mixed	Gordita, sope, or chalupa with chicken	30	3	C	2
27212200	8000_Mixed	Beef and noodles with gravy	30	3.5	B	2
58131320	8000_Mixed	Ravioli, meat-filled, with tomato sauce or meat sauce	30	3.5	C	2
74605010	8000_Mixed	Tomato rice soup, prepared with water	30	4	C	4
27550000	8000_Mixed	Fish sandwich, on bun, with spread	30	3	C	4
58100020	8000_Mixed	Burrito, taco, or quesadilla with egg, beans, and breakfast meat	30	3	C	3
27212350	8000_Mixed	Beef stroganoff with noodles	30	3.5	B	2
75651020	8000_Mixed	Vegetable beef soup, canned, prepared with water, or ready-to-serve	30	4	B	4
27113000	8000_Mixed	Beef with cream or white sauce	30	4	C	1
75651030	8000_Mixed	Vegetable beef noodle soup, prepared with water	30	4	B	4
75651080	8000_Mixed	Vegetable beef soup with rice, canned, prepared with water or ready-to-serve	30	4	B	4
58163400	8000_Mixed	Flavored rice and pasta mixture, reduced sodium	30	3.5	B	2
58105050	8000_Mixed	Fajita with meat and vegetables	30	3.5	B	3
73211110	8000_Mixed	Sweet potato and pumpkin casserole, Puerto Rican style	30	3.5	C	3
58421060	8000_Mixed	Sopa seca de arroz, home recipe, Mexican style	30	3.5	C	2
58109020	8000_Mixed	Pizza, cheese, whole wheat thick crust	30	3.5	C	2
27564182	8000_Mixed	Frankfurter or hot dog sandwich, meat and poultry, plain, on whole wheat bun	30	2	D	4
27142100	8000_Mixed	Chicken or turkey fricassee	30	3.5	B	2
58151450	8000_Mixed	Sushi, topped with egg	30	3.5	B	1
58105075	8000_Mixed	Fajita with vegetables	30	4	C	3
28110150	8000_Mixed	Beef with vegetable, diet frozen meal	30	4	B	4

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58200250	8000_Mixed	Wrap sandwich, filled with vegetables	30	4	C	3
28340179	8000_Mixed	Beef broth, less or reduced sodium, canned or ready-to-serve	30	3.5	B	4
58200200	8000_Mixed	Wrap sandwich, filled with vegetables and rice	29	4	B	2
27317110	8000_Mixed	Beef, dumplings, and vegetables excluding carrots, broccoli, and dark-green leafy; gravy	29	3.5	B	3
58147340	8000_Mixed	Macaroni or noodles, creamed, with cheese and tuna	29	3.5	A	3
58146333	8000_Mixed	Pasta with tomato-based sauce, meat, and added vegetables, ready-to-heat	29	4	A	4
28143130	8000_Mixed	Chicken and vegetable entree with noodles, frozen meal	29	4	A	4
27111500	8000_Mixed	Beef sloppy joe, no bun	29	3.5	C	2
74602010	8000_Mixed	Tomato soup, prepared with water, or ready-to-serve	29	4	B	4
74606010	8000_Mixed	Tomato vegetable soup, prepared with water	29	4	B	4
27540270	8000_Mixed	Chicken fillet, broiled, sandwich, with lettuce, tomato, and non-mayonnaise type spread	29	4	B	4
58122310	8000_Mixed	Knish, potato	29	2.5	C	3
27540235	8000_Mixed	Chicken fillet, broiled, sandwich with lettuce, tomato, and spread	29	4	B	4
58146120	8000_Mixed	Pasta with tomato-based sauce, cheese and meat	29	3.5	B	2
58201045	8000_Mixed	Jelly sandwich, reduced sugar jelly, on wheat bread	29	3.5	A	4
58201055	8000_Mixed	Jelly sandwich, reduced sugar jelly, on whole wheat bread	29	3.5	A	4
58104180	8000_Mixed	Nachos with meat, cheese, and sour cream	29	3.5	B	4
58146452	8000_Mixed	Pasta with cream sauce, seafood, and added vegetables, home recipe	29	3.5	B	3
58146323	8000_Mixed	Pasta with tomato-based sauce and meat, ready-to-heat	29	4	A	4
27111420	8000_Mixed	Chili con carne without beans	29	3	C	4
27120080	8000_Mixed	Ham stroganoff	29	2.5	D	2
58109030	8000_Mixed	Pizza, with meat, whole wheat thin crust	29	2.5	C	3
58160000	8000_Mixed	Biryani with vegetables	29	4.5	B	1
27420200	8000_Mixed	Pork hash	29	3	D	2
75418030	8000_Mixed	Squash, summer, casserole, with rice and tomato sauce	29	4.5	B	3
58100235	8000_Mixed	Burrito with chicken and sour cream	29	2	D	2
28320130	8000_Mixed	Ham, rice, and potato soup, Puerto Rican style	29	4	B	2
28143190	8000_Mixed	Chicken in mushroom sauce, white and wild rice, vegetable, frozen meal	29	4	B	4
27564150	8000_Mixed	Frankfurter or hot dog sandwich, beef and pork, plain, on whole wheat bread	29	2	D	4
58165060	8000_Mixed	Rice, white, with vegetables, soy-based sauce, NS as to fat added in cooking	29	4	C	2
58165080	8000_Mixed	Rice, white, with vegetables, soy-based sauce, fat added in cooking	29	4	C	2
27564160	8000_Mixed	Frankfurter or hot dog sandwich, beef and pork, plain, on whole grain white bread	29	2	D	4
27146400	8000_Mixed	Chicken kiev	29	2	D	3
27212300	8000_Mixed	Beef and noodles with cream or white sauce	29	3.5	B	1
58100200	8000_Mixed	Burrito with chicken	29	2	D	2
58146401	8000_Mixed	Pasta with cream sauce and meat, restaurant	29	2	D	2
75414020	8000_Mixed	Mushrooms, stuffed	29	4	D	4
27320030	8000_Mixed	Ham or pork, noodles and vegetables excluding carrots, broccoli, and dark-green leafy; cheese sauce	29	3.5	B	2
58160620	8000_Mixed	Rice, white, with dark green vegetables and tomatoes and/or tomato-based sauce, fat not added in cooking	29	4	B	1
58104290	8000_Mixed	Gordita, sope, or chalupa with meat	29	3	C	2
27510346	8000_Mixed	Bacon cheeseburger, 1 large patty, with condiments, on bun, from fast food / restaurant	29	3	D	3
27330080	8000_Mixed	Lamb or mutton, rice, and vegetables including carrots, broccoli, and/or dark-green leafy; gravy	29	3.5	B	2
58122330	8000_Mixed	Knish, meat	29	2	D	2
75603020	8000_Mixed	Celery soup, cream of, prepared with water, home recipe, canned or ready-to-serve	29	4	B	4
27341000	8000_Mixed	Chicken or turkey, potatoes, corn, and cheese, with gravy	28	4	B	4
58100005	8000_Mixed	Burrito, taco, or quesadilla with egg and potato	28	3	C	3
58306200	8000_Mixed	Chicken fajitas, diet frozen meal	28	4	A	4
28145100	8000_Mixed	Turkey with gravy, dressing, vegetable and fruit, diet frozen meal	28	4.5	A	4
58104320	8000_Mixed	Gordita, sope, or chalupa with chicken and sour cream	28	3	C	2
27564502	8000_Mixed	Frankfurter or hot dog sandwich, with meatless chili, on whole wheat bun	28	3	C	4
27220310	8000_Mixed	Ham or pork and rice, no sauce	28	3.5	B	2
27541000	8000_Mixed	Turkey, ham, and roast beef club sandwich, with lettuce, tomato and spread	28	3.5	C	3
14640038	8000_Mixed	Cheese sandwich, reduced fat American cheese, on white bread, with mayonnaise	28	2	D	4
58304250	8000_Mixed	Manicotti, cheese-filled, with tomato sauce, diet frozen meal	28	4	B	4
58160440	8000_Mixed	Rice, white, with peas, fat not added in cooking	28	4	A	1
27564220	8000_Mixed	Frankfurter or hot dog sandwich, meat and poultry, plain, on whole grain white bread	28	2	D	4
28154010	8000_Mixed	Shrimp and vegetables in sauce with noodles, diet frozen meal	28	4	B	4
75608200	8000_Mixed	Onion soup, made from dry mix	28	3	C	4
27260050	8000_Mixed	Meatballs, with breading, NS as to type of meat, with gravy	28	3.5	C	2
58131120	8000_Mixed	Ravioli, NS as to filling, with cream sauce	28	3.5	B	2
75418220	8000_Mixed	Creamed christophine, Puerto Rican style	28	3.5	C	3
58106650	8000_Mixed	Pizza with extra meat, thin crust	28	2	D	3
27564210	8000_Mixed	Frankfurter or hot dog sandwich, meat and poultry, plain, on whole wheat bread	28	2	D	4
58101520	8000_Mixed	Taco or tostada with chicken	28	3	C	2
58134610	8000_Mixed	Tortellini, meat-filled, with tomato sauce	28	3	C	3
58160650	8000_Mixed	Rice, white, with carrots and dark green vegetables, fat not added in cooking	28	3.5	B	1
58120120	8000_Mixed	Crepe, filled with meat, poultry, or seafood, no sauce	28	3	C	2
58145140	8000_Mixed	Macaroni or noodles with cheese and tomato	28	4	B	3
14710100	8000_Mixed	Cheddar cheese soup, home recipe, canned or ready-to-serve	28	3	C	2
27220010	8000_Mixed	Meat loaf made with ham	28	2	D	3
75410550	8000_Mixed	Jalapeno pepper, stuffed with cheese, breaded or battered, fried	28	3.5	C	3
58157300	8000_Mixed	Congee, with meat, poultry, and/or seafood	27	3.5	A	1
58131110	8000_Mixed	Ravioli, NS as to filling, with tomato sauce	27	3	B	2
58404500	8000_Mixed	Matzo ball soup	27	3.5	B	3
14710200	8000_Mixed	Beer cheese soup, made with milk	27	2	D	2
58125110	8000_Mixed	Quiche with meat, poultry or fish	27	1	E	3
58107050	8000_Mixed	Pizza, no cheese, thin crust	27	3	D	2
55703000	8000_Mixed	Cake made with glutinous rice and dried beans	27	3	C	1
58130016	8000_Mixed	Lasagna with meat, frozen	27	4	B	4
27213400	8000_Mixed	Beef and rice with mushroom sauce	27	3.5	B	2
58104280	8000_Mixed	Gordita, sope, or chalupa with meat and sour cream	27	3	C	2
58156410	8000_Mixed	Rice with onions, Puerto Rican style	27	4	C	4
27114000	8000_Mixed	Beef with mushroom sauce	27	4	B	2
58130011	8000_Mixed	Lasagna with meat	27	4	B	4
58100015	8000_Mixed	Burrito, taco, or quesadilla with egg, potato, and breakfast meat	27	2	D	3
14640026	8000_Mixed	Cheese sandwich, American cheese, on white bread, with mayonnaise	27	1.5	D	4
58306100	8000_Mixed	Chicken enchilada, diet frozen meal	27	3.5	B	4
58125180	8000_Mixed	Cheese quiche, meatless	27	1	D	3
27235000	8000_Mixed	Meat loaf made with venison/deer	27	3.5	C	2
58404050	8000_Mixed	Chicken or turkey rice soup, reduced sodium, canned, prepared with milk	27	3.5	B	4
58146381	8000_Mixed	Pasta with cream sauce, restaurant	27	2	D	3
58404100	8000_Mixed	Rice and potato soup, Puerto Rican style	27	4	C	2
27564290	8000_Mixed	Frankfurter or hot dog sandwich, chicken and/or turkey, plain, on multigrain bread	27	2.5	C	4
58303100	8000_Mixed	Rice, with broccoli, cheese sauce, frozen side dish	27	4	B	4
27540280	8000_Mixed	Chicken fillet, broiled, sandwich with cheese, on bun, with lettuce, tomato and spread	27	4	A	4
27242310	8000_Mixed	Chicken or turkey and noodles with cheese sauce	27	3.5	B	1
58101320	8000_Mixed	Taco or tostada with meat	27	2	D	2
58150520	8000_Mixed	Dukboki or Tteokbokki, Korean	27	3.5	B	2
27564002	8000_Mixed	Frankfurter or hot dog sandwich, NFS, plain, on whole wheat bun	27	2	D	4
27564062	8000_Mixed	Frankfurter or hot dog sandwich, beef, plain, on whole wheat bun	27	2	D	4
27515050	8000_Mixed	Fajita-style beef sandwich with cheese, on pita bread, with lettuce and tomato	27	3.5	B	2
32204010	8000_Mixed	Scrambled egg sandwich	27	3.5	B	3

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58163420	8000_Mixed	Spanish rice, fat not added in cooking	27	4	B	2
58101733	8000_Mixed	Taco or tostada with meat and beans, from fast food	27	3.5	B	2
27220020	8000_Mixed	Ham and noodles with cream or white sauce	27	3	C	2
58402030	8000_Mixed	Beef rice soup, home recipe, canned or ready-to-serve	27	4.5	B	4
58101525	8000_Mixed	Taco or tostada with chicken and sour cream	27	3	C	2
75414030	8000_Mixed	Mushrooms, batter-dipped, fried	27	4	B	3
27212000	8000_Mixed	Beef and noodles, no sauce	27	3.5	B	3
58160470	8000_Mixed	Rice, white, with carrots, fat not added in cooking	27	4	B	1
58121610	8000_Mixed	Dumpling, potato- or cheese-filled	27	3.5	C	4
58106300	8000_Mixed	Pizza, cheese, with vegetables, from frozen, thin crust	27	3.5	B	4
75656060	8000_Mixed	Vegetable beef soup, chunky style	26	4.5	B	4
27330050	8000_Mixed	Lamb or mutton, rice, and vegetables excluding carrots, broccoli, and dark-green leafy; gravy	26	3.5	B	2
27510451	8000_Mixed	Double bacon cheeseburger, 2 medium patties, with condiments, on bun, from fast food / restaurant	26	2	D	3
27510465	8000_Mixed	Double bacon cheeseburger, 2 medium patties, with condiments, on bun, from fast food / restaurant (Wendy's Baconator)	26	2	D	3
58402020	8000_Mixed	Beef dumpling soup, home recipe, canned or ready-to-serve	26	4.5	B	4
27540360	8000_Mixed	Turkey and bacon submarine sandwich, with lettuce, tomato and spread	26	3.5	B	4
58160590	8000_Mixed	Rice, white, with carrots and tomatoes and/or tomato-based sauce, fat not added in cooking	26	4	B	1
27510431	8000_Mixed	Double bacon cheeseburger, 2 small patties, with condiments, on bun, from fast food / restaurant (Burger King Bacon Doub	26	2	D	3
27500300	8000_Mixed	Wrap sandwich, filled with meat, poultry, or fish, and vegetables	26	3.5	C	2
58100135	8000_Mixed	Burrito with meat and sour cream	26	2	D	2
58145170	8000_Mixed	Macaroni or noodles with cheese and egg	26	3	C	3
58160680	8000_Mixed	Rice, white, with carrots, dark green vegetables, and tomatoes and/or tomato-based sauce, fat not added in cooking	26	4	B	1
27564470	8000_Mixed	Frankfurter or hot dog sandwich, with chili, on whole wheat bread	26	2.5	C	4
27564530	8000_Mixed	Frankfurter or hot dog sandwich, with meatless chili, on whole wheat bread	26	2.5	C	4
58133110	8000_Mixed	Manicotti, cheese-filled, no sauce	26	3	D	2
14640044	8000_Mixed	Cheese sandwich, reduced fat Cheddar cheese, on white bread, with mayonnaise	26	2	D	4
27130050	8000_Mixed	Lamb or mutton goulash	26	4	B	3
27540130	8000_Mixed	Chicken barbecue sandwich	26	4	B	3
27564540	8000_Mixed	Frankfurter or hot dog sandwich, with meatless chili, on whole grain white bread	26	3	C	4
58101325	8000_Mixed	Taco or tostada with meat and sour cream	26	2.5	C	2
27515070	8000_Mixed	Steak and cheese submarine sandwich, with fried peppers and onions, on roll	26	3.5	B	2
58101450	8000_Mixed	Soft taco with chicken	26	3	C	2
27510585	8000_Mixed	Hamburger, 1 small patty, with condiments, on white bun	26	3.5	C	3
75607050	8000_Mixed	Mushroom soup, cream of, low sodium, prepared with water	26	4.5	B	4
58108000	8000_Mixed	Calzone, with cheese, meatless	26	1.5	E	3
58124500	8000_Mixed	Pastry, filled with potatoes and peas, fried	26	2	D	2
58100100	8000_Mixed	Burrito with meat	26	2	D	2
27540170	8000_Mixed	Chicken patty sandwich, miniature, with spread	26	3	D	4
28310110	8000_Mixed	Beef, broth, bouillon, or consomme	26	3	C	4
28360100	8000_Mixed	Meat broth, Puerto Rican style	26	3	C	4
58160530	8000_Mixed	Rice, white, with tomatoes and/or tomato-based sauce, fat not added in cooking	26	4	B	1
27118140	8000_Mixed	Stuffed pot roast, Puerto Rican style, NFS	26	1.5	D	2
58109210	8000_Mixed	Breakfast pizza with egg	26	2	D	2
74203010	8000_Mixed	Tomatoes, NS as to form, scalloped	26	4	C	2
27540285	8000_Mixed	Chicken, bacon, and tomato club sandwich, with lettuce and spread	26	3.5	D	4
58161710	8000_Mixed	Rice croquette	26	3.5	C	3
28145610	8000_Mixed	Turkey with gravy, dressing, potatoes, vegetable, dessert, frozen meal	26	4	B	4
27213120	8000_Mixed	Porcupine balls with tomato-based sauce	26	3.5	C	1
27520135	8000_Mixed	Bacon, chicken, and tomato club sandwich, with cheese, lettuce and spread	26	3.5	D	4
27213000	8000_Mixed	Beef and rice, no sauce	26	3.5	B	2
27135150	8000_Mixed	Veal cordon bleu	26	2	D	2
27510341	8000_Mixed	Bacon cheeseburger, 1 medium patty, with condiments, on white bun	26	2	D	3
58145135	8000_Mixed	Macaroni or noodles with cheese and meat	26	3.5	C	3
27120030	8000_Mixed	Ham or pork with barbecue sauce	26	3.5	D	2
28340110	8000_Mixed	Chicken or turkey broth, bouillon, or consomme	26	3	C	4
58155110	8000_Mixed	Rice with chicken, Puerto Rican style	26	2	D	2
58100360	8000_Mixed	Chilaquiles, tortilla casserole with salsa, cheese, and egg	26	2.5	C	2
27540190	8000_Mixed	Chicken patty sandwich, with lettuce and spread	25	3	C	4
27112000	8000_Mixed	Beef with gravy	25	4	B	2
27163010	8000_Mixed	Meat with gravy, NS as to type of meat,	25	4	B	2
58105100	8000_Mixed	Pupusa, cheese-filled	25	2.5	C	1
14640050	8000_Mixed	Cheese sandwich, American cheese, on white bread, with butter	25	1	E	3
27520140	8000_Mixed	Bacon and egg sandwich	25	3.5	C	3
27233000	8000_Mixed	Lamb or mutton and noodles with gravy	25	3.5	B	1
27540110	8000_Mixed	Chicken sandwich, with spread	25	4	B	4
27515010	8000_Mixed	Steak sandwich, plain, on roll	25	4	B	3
27135010	8000_Mixed	Veal with gravy	25	4	B	2
32202034	8000_Mixed	Egg, cheese, and sausage on bun	25	2	D	3
27510446	8000_Mixed	Double bacon cheeseburger, 2 medium patties, plain, on bun, from fast food / restaurant	25	2	D	3
27510521	8000_Mixed	Hamburger, NFS	25	3.5	C	3
27510641	8000_Mixed	Hamburger, 1 medium patty, with condiments, on white bun	25	3.5	C	3
58146442	8000_Mixed	Pasta with cream sauce and seafood, home recipe	25	3	B	3
27564480	8000_Mixed	Frankfurter or hot dog sandwich, with chili, on whole grain white bread	25	2.5	C	4
27317010	8000_Mixed	Beef pot pie	25	3	C	3
27564030	8000_Mixed	Frankfurter or hot dog sandwich, NFS, plain, on whole wheat bread	25	2	D	4
27564090	8000_Mixed	Frankfurter or hot dog sandwich, beef, plain, on whole wheat bread	25	2	D	4
58402010	8000_Mixed	Beef noodle soup, canned or ready-to-serve	25	4	B	4
73304010	8000_Mixed	Squash fritter or cake	25	3	C	3
27116350	8000_Mixed	Stewed seasoned ground beef, Mexican style	25	3.5	C	1
27345440	8000_Mixed	Chicken or turkey, rice, and vegetables including carrots, broccoli, and/or dark-green leafy; cheese sauce	25	3.5	B	1
58122320	8000_Mixed	Knish, cheese	25	2	D	3
58107100	8000_Mixed	Pizza, no cheese, thick crust	25	3	C	2
58105105	8000_Mixed	Pupusa, bean-filled	25	3.5	A	2
58131590	8000_Mixed	Ravioli, cheese and spinach-filled, no sauce	25	3	C	2
58162310	8000_Mixed	Rice pilaf	25	3	C	3
14640100	8000_Mixed	Grilled cheese sandwich, NFS	25	1	E	3
14640105	8000_Mixed	Grilled cheese sandwich, American cheese, on white bread	25	1	E	3
58134110	8000_Mixed	Stuffed shells, cheese-filled, no sauce	25	3	C	2
27541001	8000_Mixed	Turkey, ham, and roast beef club sandwich with cheese, lettuce, tomato, and spread	25	4	A	4
58165000	8000_Mixed	Rice, white, with vegetables, cheese and/or cream based sauce, NS as to fat added in cooking	25	3.5	B	2
58165020	8000_Mixed	Rice, white, with vegetables, cheese and/or cream based sauce, fat added in cooking	25	3.5	B	2
14640062	8000_Mixed	Cheese sandwich, reduced fat American cheese, on white bread, with butter	25	1.5	D	3
28110660	8000_Mixed	Meatballs, Swedish, in gravy, with noodles, diet frozen meal	25	4	A	4
58145110	8000_Mixed	Macaroni or noodles with cheese	25	3	C	3
28140150	8000_Mixed	Chicken divan, frozen meal	25	3.5	B	4
58127500	8000_Mixed	Vegetable submarine sandwich, with fat free spread	25	4	B	3
58164210	8000_Mixed	Rice dessert or salad with fruit	25	3.5	C	3
27510676	8000_Mixed	Double hamburger, 2 medium patties, with condiments, on bun, from fast food / restaurant	25	3.5	C	4
27510681	8000_Mixed	Double hamburger, 2 medium patties, with condiments, on bun, from fast food / restaurant (Burger King Double WHOPPER	25	3.5	C	4
27510682	8000_Mixed	Double hamburger, 2 medium patties, with condiments, on bun, from fast food / restaurant (Wendy's 1/2 lb Double)	25	3.5	C	4
27564040	8000_Mixed	Frankfurter or hot dog sandwich, NFS, plain, on whole grain white bread	25	2	D	4
27564100	8000_Mixed	Frankfurter or hot dog sandwich, beef, plain, on whole grain white bread	25	2	D	4

foodcode	level1nd	Description	Food Compass Score	Health Star Rating	Nutri-Score	NOVA Category
58107232	8000_Mixed	White pizza, cheese, with meat and vegetables, thin crust	25	2	D	3
27130010	8000_Mixed	Lamb or mutton with gravy	25	3.5	D	1
58301030	8000_Mixed	Veal lasagna, diet frozen meal	25	4	B	4
58161200	8000_Mixed	Rice, cooked with coconut milk	25	1.5	D	2
27510205	8000_Mixed	Cheeseburger, 1 small patty, with condiments, on white bun	25	3	C	3
58101345	8000_Mixed	Soft taco with meat	24	2.5	D	2
27115100	8000_Mixed	Steak teriyaki	24	3.5	C	2
58116130	8000_Mixed	Empanada, Mexican turnover, filled with chicken and vegetables	24	3	C	2
14640020	8000_Mixed	Cheese sandwich, reduced fat Cheddar cheese, on white bread, no spread	24	2	D	3
27220030	8000_Mixed	Ham and rice with mushroom sauce	24	3	C	2
27564170	8000_Mixed	Frankfurter or hot dog sandwich, beef and pork, plain, on multigrain bread	24	2	D	4
58131330	8000_Mixed	Ravioli, meat-filled, with cream sauce	24	3	C	2
58101460	8000_Mixed	Soft taco with chicken and sour cream	24	3	C	2
27213200	8000_Mixed	Beef and rice with gravy	24	3.5	B	2
14640155	8000_Mixed	Grilled cheese sandwich, reduced fat American cheese, on white bread	24	1.5	D	3
75604020	8000_Mixed	Corn soup, cream of, prepared with water	24	4	B	2
28340640	8000_Mixed	Chicken or turkey vegetable soup with noodles, stew type, chunky style, canned or ready-to-serve	24	4.5	B	4
58303200	8000_Mixed	Rice, with green beans, water chestnuts, in sherry mushroom sauce, frozen side dish	24	4	B	4
27515000	8000_Mixed	Steak submarine sandwich with lettuce and tomato	24	4	B	3
14640068	8000_Mixed	Cheese sandwich, reduced fat Cheddar cheese, on white bread, with butter	24	1.5	D	3
27500200	8000_Mixed	Wrap sandwich, filled with meat, poultry, or fish, vegetables, and cheese	24	3	D	3
27510281	8000_Mixed	Bacon cheeseburger, 1 small patty, with condiments, on bun, from fast food / restaurant (Wendy's Jr. Bacon Cheeseburger)	24	2	D	3
58134640	8000_Mixed	Tortellini, cheese-filled, meatless, with vinaigrette dressing	24	2.5	D	2
28340610	8000_Mixed	Chicken or turkey vegetable soup, stew type	24	4.5	B	4
58306070	8000_Mixed	Cheese enchilada, frozen meal	24	3.5	C	4
27564550	8000_Mixed	Frankfurter or hot dog sandwich, with meatless chili, on multigrain bread	24	2.5	C	4
58160500	8000_Mixed	Rice, white, with peas and carrots, fat not added in cooking	24	4	B	1
27220190	8000_Mixed	Sausage and noodles with cream or white sauce	24	3	C	3
58134650	8000_Mixed	Tortellini, meat-filled, no sauce	24	3.5	C	2
58151210	8000_Mixed	Sushi roll, shrimp	24	3.5	B	2
27510155	8000_Mixed	Cheeseburger, NFS	24	3	D	3
27510251	8000_Mixed	Cheeseburger, 1 medium patty, with condiments, on white bun	24	3	D	3
58104740	8000_Mixed	Quesadilla with chicken	24	1.5	D	2
27540200	8000_Mixed	Fajita-style chicken sandwich with cheese, on pita bread, with lettuce and tomato	24	3.5	C	3
27564230	8000_Mixed	Frankfurter or hot dog sandwich, meat and poultry, plain, on multigrain bread	24	2	D	4
58104770	8000_Mixed	Quesadilla with vegetables and chicken	24	2	D	2
32202040	8000_Mixed	Egg, cheese, and beef on English Muffin	24	2	D	3
27520340	8000_Mixed	Ham salad sandwich	24	3	C	4
58104760	8000_Mixed	Quesadilla with vegetables and meat	24	2	D	2
58106358	8000_Mixed	Pizza, cheese, with fruit, thin crust	24	2	D	4
14640185	8000_Mixed	Grilled cheese sandwich, reduced fat Cheddar cheese, on white bread	24	1.5	D	3
58101350	8000_Mixed	Soft taco with meat and sour cream	24	3	C	2
27345450	8000_Mixed	Chicken or turkey, rice, and vegetables excluding carrots, broccoli, and dark-green leafy; cheese sauce	23	3.5	B	1
58103310	8000_Mixed	Tamale casserole with meat	23	3.5	B	1
27212050	8000_Mixed	Beef and macaroni with cheese sauce	23	3.5	B	2
58304050	8000_Mixed	Spaghetti with meat and mushroom sauce, diet frozen meal	23	4	B	4
58104730	8000_Mixed	Quesadilla with meat	23	1.5	D	2
58146432	8000_Mixed	Pasta with cream sauce, poultry, and added vegetables, home recipe	23	3.5	B	2
58107222	8000_Mixed	White pizza, cheese, with meat, thin crust	23	2	D	3
58116120	8000_Mixed	Empanada, Mexican turnover, filled with meat and vegetables	23	2.5	D	1
58128000	8000_Mixed	Biscuit with gravy	23	3	C	3
58100000	8000_Mixed	Burrito, taco, or quesadilla with egg	23	3	D	3
27515030	8000_Mixed	Steak and cheese sandwich, plain, on roll	23	3	D	3
27213420	8000_Mixed	Porcupine balls with mushroom sauce	23	3	C	1
27116200	8000_Mixed	Beef with barbecue sauce	23	3.5	C	2
28130000	8000_Mixed	Veal dinner, NFS, frozen meal	23	4	B	4
28133110	8000_Mixed	Veal, breaded, with spaghetti, in tomato sauce, frozen meal	23	4	B	4
58106250	8000_Mixed	Pizza, extra cheese, thin crust	23	2	D	4
27564490	8000_Mixed	Frankfurter or hot dog sandwich, with chili, on multigrain bread	23	2.5	C	4
58100010	8000_Mixed	Burrito, taco, or quesadilla with egg and breakfast meat	23	2	D	3
58104535	8000_Mixed	Chimichanga with meat and sour cream	23	2	D	2
41602050	8000_Mixed	Split pea soup	23	4.5	A	4
58140110	8000_Mixed	Spaghetti with corned beef, Puerto Rican style	23	3.5	C	4
27520150	8000_Mixed	Bacon, lettuce, and tomato sandwich with spread	23	3.5	C	4
28113140	8000_Mixed	Beef with spaetzle or rice, vegetable, frozen meal	23	3.5	B	4
58104835	8000_Mixed	Taquito or flauta with chicken and cheese	23	3.5	B	4
27520330	8000_Mixed	Ham and egg sandwich	23	3.5	C	3
27520520	8000_Mixed	Pork sandwich	23	4	B	3
32202130	8000_Mixed	Egg and steak on biscuit	23	2	D	3
27510312	8000_Mixed	Bacon cheeseburger, 1 medium patty, with condiments, on bun, from fast food / restaurant	23	1.5	D	3
27540290	8000_Mixed	Chicken submarine sandwich, with lettuce, tomato and spread	23	4	A	4
58201015	8000_Mixed	Jelly sandwich, regular jelly, on wheat bread	23	3	C	4
58201025	8000_Mixed	Jelly sandwich, regular jelly, on whole wheat bread	23	3	C	4
27230010	8000_Mixed	Lamb or mutton loaf	23	3	D	2
27540291	8000_Mixed	Chicken submarine sandwich, with cheese, lettuce, tomato and spread	23	4	A	4
58106220	8000_Mixed	Pizza, cheese, from restaurant or fast food, thin crust	23	2	D	4
58104830	8000_Mixed	Taquito or flauta with chicken	23	3.5	B	4
58155810	8000_Mixed	Stewed rice, Puerto Rican style	23	2.5	C	2
14640056	8000_Mixed	Cheese sandwich, Cheddar cheese, on white bread, with butter	23	1.5	E	3
58131535	8000_Mixed	Ravioli, cheese-filled, with cream sauce	23	3	C	2
58106750	8000_Mixed	Pizza with meat and fruit, thin crust	23	2	D	4
14640032	8000_Mixed	Cheese sandwich, Cheddar cheese, on white bread, with mayonnaise	23	1.5	D	4
58106360	8000_Mixed	Pizza, cheese, with fruit, thick crust	23	3	C	4
27113300	8000_Mixed	Swedish meatballs with cream or white sauce	22	3	D	2
27510631	8000_Mixed	Hamburger, 1 medium patty, plain, on white bun	22	3.5	D	2
58126310	8000_Mixed	Turnover, chicken, with gravy	22	3	D	2
58100325	8000_Mixed	Burrito with beans, meatless, from fast food	22	4	B	4
28143200	8000_Mixed	Chicken in soy-based sauce, rice and vegetables, frozen meal	22	4	A	4
27520380	8000_Mixed	Ham and cheese on English muffin	22	1.5	D	3
58145112	8000_Mixed	Macaroni or noodles with cheese, made from packaged mix	22	3	C	3
14640008	8000_Mixed	Cheese sandwich, Cheddar cheese, on white bread, no spread	22	1.5	D	3
14640125	8000_Mixed	Grilled cheese sandwich, Cheddar cheese, on white bread	22	1.5	E	3
58131530	8000_Mixed	Ravioli, cheese-filled, with meat sauce	22	3	C	2
27513040	8000_Mixed	Roast beef submarine sandwich, with lettuce, tomato and spread	22	3.5	B	4
14620320	8000_Mixed	Topping from meat pizza	22	1	E	4
27510575	8000_Mixed	Hamburger, 1 small patty, plain, on white bun	22	3.5	C	2
27510615	8000_Mixed	Hamburger, 1 medium patty, with condiments, on bun, from fast food / restaurant (Burger King WHOPPER)	22	3.5	B	4
27510616	8000_Mixed	Hamburger, 1 medium patty, with condiments, on bun, from fast food / restaurant (Wendy's 1/4 lb Single)	22	3.5	B	4
58106560	8000_Mixed	Pizza with pepperoni, from restaurant or fast food, thick crust	22	2	D	4
27416200	8000_Mixed	Beef, ground, with egg and onion	22	2	D	1
28340690	8000_Mixed	Chicken or turkey vegetable soup with potato and cheese, chunky style, canned or ready-to-serve	22	4	C	4
27515040	8000_Mixed	Steak and cheese submarine sandwich, plain, on roll	22	3.5	D	3

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58164110	8000_Mixed	Rice with raisins	22	3	C	3
58401010	8000_Mixed	Barley soup, home recipe, canned, or ready-to-serve	22	4	B	4
27515080	8000_Mixed	Steak sandwich, plain, on biscuit	22	3	C	3
28144100	8000_Mixed	Chicken and vegetable entree with noodles and cream sauce, frozen meal	22	3.5	B	4
58104750	8000_Mixed	Quesadilla with vegetables	22	2	D	3
58104720	8000_Mixed	Quesadilla, just cheese, from fast food	22	1.5	D	3
27243700	8000_Mixed	Chicken in cheese sauce with Spanish rice	22	3.5	C	2
27510261	8000_Mixed	Cheeseburger, 1 large patty, plain, on bun, from fast food / restaurant	22	2	D	3
27315330	8000_Mixed	Beef, rice, and vegetables including carrots, broccoli, and/or dark-green leafy; cheese sauce	22	3.5	B	2
58106606	8000_Mixed	Pizza with meat other than pepperoni, from frozen, thick crust	22	2.5	D	4
58106760	8000_Mixed	Pizza with meat and fruit, thick crust	22	3	C	4
58145119	8000_Mixed	Macaroni or noodles with cheese, made from reduced fat packaged mix	22	3.5	B	3
58106230	8000_Mixed	Pizza, cheese, from restaurant or fast food, thick crust	22	2.5	C	4
27540361	8000_Mixed	Turkey and bacon submarine sandwich, with cheese, lettuce, tomato and spread	22	3.5	C	4
58304060	8000_Mixed	Spaghetti with meat sauce, diet frozen meal	22	4	B	4
27220120	8000_Mixed	Sausage and rice with tomato-based sauce	22	3	C	3
58100370	8000_Mixed	Chilaquiles, tortilla casserole with salsa and cheese, no egg	22	2.5	C	3
27513050	8000_Mixed	Roast beef sandwich with cheese	22	1.5	D	3
58108010	8000_Mixed	Calzone, with meat and cheese	22	2	D	3
58106305	8000_Mixed	Pizza, cheese with vegetables, from frozen, thick crust	22	3	C	4
58304010	8000_Mixed	Spaghetti and meatballs dinner, NFS, frozen meal	22	4	B	4
58126140	8000_Mixed	Turnover, meat- and bean-filled, no gravy	22	2	D	3
27510331	8000_Mixed	Bacon cheeseburger, 1 medium patty, plain, on white bun	22	2	D	3
28110350	8000_Mixed	Salisbury steak with gravy, potatoes, vegetable, dessert, frozen meal	21	3.5	B	4
27513020	8000_Mixed	Roast beef sandwich, with gravy	21	3	C	2
27520120	8000_Mixed	Bacon and cheese sandwich, with spread	21	1.5	E	4
58164530	8000_Mixed	Rice, white, with gravy, NS as to fat added in cooking	21	3	C	2
58164550	8000_Mixed	Rice, white, with gravy, fat added in cooking	21	3	C	2
27513070	8000_Mixed	Roast beef submarine sandwich, on roll, au jus	21	3.5	C	2
75607040	8000_Mixed	Mushroom soup, with meat broth, prepared with water	21	4	C	4
27213300	8000_Mixed	Beef and rice with cream sauce	21	3.5	B	2
58112510	8000_Mixed	Dumpling, steamed, filled with meat, poultry, or seafood	21	3.5	B	4
58146412	8000_Mixed	Pasta with cream sauce, meat, and added vegetables, home recipe	21	3.5	B	2
58150510	8000_Mixed	Rice, fried, with shrimp	21	3.5	B	1
27160010	8000_Mixed	Meat with barbecue sauce, NS as to type of meat	21	3.5	C	2
58106702	8000_Mixed	Pizza with meat and vegetables, from frozen, medium crust	21	2	D	4
58106700	8000_Mixed	Pizza with meat and vegetables, from frozen, thin crust	21	2	D	4
58104825	8000_Mixed	Taquito or flauta with meat and cheese	21	3	B	4
27560705	8000_Mixed	Sausage balls, made with biscuit mix and cheese	21	0.5	E	3
27320020	8000_Mixed	Ham pot pie	21	3	C	3
58126290	8000_Mixed	Turnover, meat- and cheese-filled, lower in fat	21	3.5	B	4
58106604	8000_Mixed	Pizza with meat other than pepperoni, from frozen, medium crust	21	2.5	C	4
27540140	8000_Mixed	Chicken fillet, breaded, fried, sandwich	21	2	D	4
27510305	8000_Mixed	Bacon cheeseburger, 1 medium patty, plain, on bun, from fast food / restaurant	21	1.5	D	3
58106205	8000_Mixed	Pizza, cheese, from frozen, thick crust	21	2.5	C	4
58104820	8000_Mixed	Taquito or flauta with meat	21	3	B	4
58101800	8000_Mixed	Ground beef with tomato sauce and taco seasonings on a cornbread crust	21	3	C	2
58106516	8000_Mixed	Pizza with pepperoni, from frozen, thick crust	21	2.5	D	4
58126180	8000_Mixed	Turnover, meat-, potato-, and vegetable-filled, no gravy	21	3	C	3
74602050	8000_Mixed	Tomato soup, instant type, prepared with water	21	4	C	4
27510241	8000_Mixed	Cheeseburger, 1 medium patty, plain, on white bun	21	2	D	3
58126170	8000_Mixed	Turnover filled with meat and vegetable, no potatoes, no gravy	21	3	C	3
58106602	8000_Mixed	Pizza with meat other than pepperoni, from frozen, thin crust	21	2.5	D	4
58126410	8000_Mixed	Turnover, filled with egg, meat, and cheese, lower in fat	21	3.5	B	4
58106540	8000_Mixed	Pizza with pepperoni, from restaurant or fast food, NS as to type of crust	21	2	D	4
58106555	8000_Mixed	Pizza with pepperoni, from restaurant or fast food, medium crust	21	2	D	4
58156310	8000_Mixed	Rice with Spanish sausage, Puerto Rican style	21	1.5	D	2
58404510	8000_Mixed	Chicken or turkey soup with dumplings and potatoes, home recipe, canned, or ready-to-serve	21	3.5	B	4
58404520	8000_Mixed	Chicken or turkey soup with dumplings, home recipe, canned or ready-to-serve	21	3.5	B	4
28160300	8000_Mixed	Meat loaf dinner, NFS, frozen meal	21	4	B	4
28160310	8000_Mixed	Meat loaf with potatoes, vegetable, frozen meal	21	4	B	4
28340510	8000_Mixed	Chicken or turkey noodle soup, chunky style, canned or ready-to-serve	21	3.5	B	4
32202000	8000_Mixed	Egg, cheese, ham, and bacon on bun	21	1.5	D	3
58160410	8000_Mixed	Rice, white, with corn, fat not added in cooking	21	4	B	1
58105110	8000_Mixed	Pupusa, meat-filled	21	3.5	B	1
58146392	8000_Mixed	Pasta with cream sauce and added vegetables, from home recipe	21	3	C	2
28110390	8000_Mixed	Salisbury steak, potatoes, vegetable, dessert, diet frozen meal	21	4.5	B	4
27513060	8000_Mixed	Roast beef sandwich with bacon and cheese sauce	20	1.5	D	3
58134620	8000_Mixed	Tortellini, cheese-filled, meatless, with tomato sauce	20	4	B	4
27510475	8000_Mixed	Double bacon cheeseburger, 2 large patties, with condiments, on bun, from fast food / restaurant	20	1.5	D	3
58104710	8000_Mixed	Quesadilla, just cheese, meatless	20	1.5	D	3
28145710	8000_Mixed	Turkey tetrazzini, frozen meal	20	3.5	B	4
27520390	8000_Mixed	Ham and cheese submarine sandwich, with lettuce, tomato and spread	20	3.5	A	4
27510195	8000_Mixed	Cheeseburger, 1 small patty, plain, on white bun	20	2	D	3
27564050	8000_Mixed	Frankfurter or hot dog sandwich, NFS, plain, on multigrain bread	20	2	D	4
27564110	8000_Mixed	Frankfurter or hot dog sandwich, beef, plain, on multigrain bread	20	2	D	4
58106630	8000_Mixed	Pizza with meat other than pepperoni, from restaurant or fast food, thick crust	20	2	D	4
27560000	8000_Mixed	Luncheon meat sandwich, NFS, with spread	20	3.5	A	4
27520360	8000_Mixed	Ham and cheese sandwich, on bun, with lettuce and spread	20	2	D	4
58134613	8000_Mixed	Tortellini, meat-filled, with tomato sauce, canned	20	4	B	4
28143040	8000_Mixed	Chicken chow mein with rice, diet frozen meal	20	4	B	4
58163510	8000_Mixed	Rice dressing	20	3	C	3
58106514	8000_Mixed	Pizza with pepperoni, from frozen, medium crust	20	2	D	4
27315340	8000_Mixed	Beef, rice, and vegetables excluding carrots, broccoli, and dark-green leafy; cheese sauce	20	3.5	B	2
28355420	8000_Mixed	Shrimp soup, cream of, prepared with milk	20	3	C	4
58131100	8000_Mixed	Ravioli, NS as to filling, no sauce	20	3.5	C	2
58164560	8000_Mixed	Rice, white, with soy-based sauce, NS as to fat added in cooking	20	3	C	2
58164580	8000_Mixed	Rice, white, with soy-based sauce, fat added in cooking	20	3	C	2
27510276	8000_Mixed	Bacon cheeseburger, 1 small patty, with condiments, on bun, from fast food / restaurant	20	2	D	3
58103120	8000_Mixed	Tamale with meat	20	3	B	1
28355410	8000_Mixed	Shrimp soup, cream of, NS as to prepared with milk or water	20	3	C	4
58104800	8000_Mixed	Taquito or flauta with cheese	20	3.5	B	3
58109060	8000_Mixed	Pizza, cheese and vegetables, whole wheat thick crust	20	3.5	A	4
27520155	8000_Mixed	Bacon, lettuce, and tomato submarine sandwich, with spread	20	4	A	4
75411020	8000_Mixed	Corn fritter	20	2	D	3
58160710	8000_Mixed	Rice, white, with other vegetables, fat not added in cooking	20	3.5	B	1
27540111	8000_Mixed	Chicken sandwich, with cheese and spread	20	3.5	C	4
58106200	8000_Mixed	Pizza, cheese, from frozen, thin crust	20	2.5	C	4
58106359	8000_Mixed	Pizza, cheese, with fruit, medium crust	20	3.5	C	4
58106512	8000_Mixed	Pizza with pepperoni, from frozen, thin crust	20	2.5	C	4
75649050	8000_Mixed	Vegetable soup, made from dry mix	20	3	C	4
58145160	8000_Mixed	Macaroni or noodles with cheese and frankfurters or hot dogs	20	2.5	C	3

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27540350	8000_Mixed	Turkey submarine sandwich, with cheese, lettuce, tomato and spread	20	4	A	4
58157320	8000_Mixed	Congee, with vegetables	20	4	B	1
58106633	8000_Mixed	Pizza, with meat other than pepperoni, stuffed crust	20	2	D	4
58107205	8000_Mixed	White pizza, cheese, thin crust	19	2	D	4
58128250	8000_Mixed	Dressing with meat and vegetables	19	2	D	3
58304300	8000_Mixed	Cannelloni, cheese-filled, with tomato sauce, diet frozen meal	19	3	C	4
58146422	8000_Mixed	Pasta with cream sauce and poultry, home recipe	19	3.5	B	2
32201000	8000_Mixed	Fried egg sandwich	19	3.5	B	3
58126000	8000_Mixed	Turnover filled with ground beef and cabbage	19	3.5	A	3
58306010	8000_Mixed	Beef enchilada dinner, NFS, frozen meal	19	4	B	4
27160100	8000_Mixed	Meatballs, NS as to type of meat, with sauce	19	2	D	1
58106755	8000_Mixed	Pizza with meat and fruit, medium crust	19	3	C	4
27560500	8000_Mixed	Pepperoni and salami submarine sandwich, with lettuce, tomato and spread	19	3.5	C	4
27418310	8000_Mixed	Corned beef with tomato sauce and onion, Puerto Rican style	19	2	D	3
32202085	8000_Mixed	Egg, cheese and bacon on bagel	19	3	D	3
58101357	8000_Mixed	Soft taco with meat and sour cream, from fast food	19	3	C	3
27513041	8000_Mixed	Roast beef submarine sandwich, with cheese, lettuce, tomato and spread	19	3.5	C	4
58103200	8000_Mixed	Tamale, plain, meatless, no sauce, Puerto Rican style or Carribean Style	19	2.5	D	2
58121620	8000_Mixed	Dumpling, vegetable	19	3	C	2
27510000	8000_Mixed	Beef sandwich, NFS	19	3.5	C	4
27540150	8000_Mixed	Chicken fillet, breaded, fried, sandwich with lettuce, tomato and spread	19	3	C	4
58146453	8000_Mixed	Pasta with cream sauce, seafood, and added vegetables, ready-to-heat	19	3	C	4
58100017	8000_Mixed	Burrito, taco, or quesadilla with egg, potato, and breakfast meat, from fast food	19	2	D	3
27560910	8000_Mixed	Cold cut sumarine sandwich, with cheese, lettuce, tomato and spread	19	3	C	4
58106210	8000_Mixed	Pizza, cheese, from restaurant or fast food, NS as to type of crust	19	2.5	C	4
58106225	8000_Mixed	Pizza, cheese, from restaurant or fast food, medium crust	19	2.5	C	4
75601020	8000_Mixed	Asparagus soup, cream of, prepared with water	19	4	C	4
27510140	8000_Mixed	Cheeseburger, 1 miniature patty, plain, on miniature bun, from fast food / restaurant	19	2	D	3
58103130	8000_Mixed	Tamale with chicken	19	3	D	1
27520530	8000_Mixed	Pork sandwich, with gravy	19	3.5	B	3
27540180	8000_Mixed	Chicken patty sandwich or biscuit	19	2	D	4
58400000	8000_Mixed	Soup, NFS	19	3	C	4
28310330	8000_Mixed	Pho	19	3.5	B	2
58165010	8000_Mixed	Rice, white, with vegetables, cheese and/or cream based sauce, fat not added in cooking	18	3.5	B	2
58165040	8000_Mixed	Rice, white, with vegetables and gravy, fat not added in cooking	18	4	B	2
58103250	8000_Mixed	Tamale, plain, meatless, no sauce, Mexican style	18	4	B	1
27520370	8000_Mixed	Hot ham and cheese sandwich, on bun	18	2	D	4
75607020	8000_Mixed	Mushroom soup, cream of, prepared with water	18	3.5	C	4
58106233	8000_Mixed	Pizza, cheese, stuffed crust	18	2	D	4
28345120	8000_Mixed	Chicken or turkey soup, cream of, prepared with milk	18	3	C	2
58403010	8000_Mixed	Chicken or turkey noodle soup, canned or ready-to-serve	18	3	C	4
28140740	8000_Mixed	Chicken patty or nuggets, boneless, breaded, with pasta and tomato sauce, fruit, dessert, frozen meal	18	3.5	C	4
58145136	8000_Mixed	Macaroni or noodles with cheese and meat, prepared from Hamburger Helper mix	18	3.5	B	2
28110000	8000_Mixed	Beef dinner, NFS, frozen meal	18	4	B	4
28110300	8000_Mixed	Salisbury steak dinner, NFS, frozen meal	18	4	B	4
28110310	8000_Mixed	Salisbury steak with gravy, potatoes, vegetable, frozen meal	18	4	B	4
28110620	8000_Mixed	Beef short ribs, boneless, with barbecue sauce, potatoes, vegetable, frozen meal	18	4.5	A	4
28101000	8000_Mixed	Frozen dinner, NFS	18	4	B	4
58116115	8000_Mixed	Empanada, Mexican turnover, filled with cheese and vegetables	18	2	D	3
58106565	8000_Mixed	Pizza with pepperoni, stuffed crust	18	2	D	4
28143170	8000_Mixed	Chicken in cream sauce with noodles and vegetable, frozen meal	18	3.5	B	4
27520166	8000_Mixed	Bacon, breaded fried chicken fillet, and tomato club sandwich with cheese, lettuce and spread	18	3	D	4
27520170	8000_Mixed	Bacon on biscuit	18	1.5	D	3
27560120	8000_Mixed	Bologna and cheese sandwich, with spread	18	1.5	D	4
28140100	8000_Mixed	Chicken dinner, NFS, frozen meal	18	3.5	B	4
27520320	8000_Mixed	Ham and cheese sandwich, with lettuce and spread	18	2	D	4
27540300	8000_Mixed	Wrap sandwich filled with broiled chicken strips, cheese, lettuce, and spread	18	3	C	4
27520156	8000_Mixed	Bacon, lettuce, tomato, and cheese submarine sandwich, with spread	18	2.5	D	4
58131310	8000_Mixed	Ravioli, meat-filled, no sauce	18	3	D	2
58404040	8000_Mixed	Chicken or turkey rice soup, reduced sodium, canned, prepared with water or ready-to-serve	18	3.5	B	4
75607090	8000_Mixed	Mushroom soup, cream of, canned, reduced sodium, NS as to made with milk or water	18	4	B	4
75607140	8000_Mixed	Mushroom soup, cream of, canned, reduced sodium, prepared with water	18	4	B	4
28110220	8000_Mixed	Sirloin, chopped, with gravy, mashed potatoes, vegetable, frozen meal	18	4	C	4
75657000	8000_Mixed	Vegetable broth, bouillon	18	3	C	4
27510389	8000_Mixed	Double cheeseburger, 2 small patties, with condiments, on bun, from fast food / restaurant (McDonald's Big Mac)	18	2	D	4
73210110	8000_Mixed	Pumpkin fritters, Puerto Rican style	17	3	D	2
32202200	8000_Mixed	Egg and cheese on biscuit	17	2	D	4
58164500	8000_Mixed	Rice, white, with cheese and/or cream based sauce, NS as to fat added in cooking	17	3	C	2
58164520	8000_Mixed	Rice, white, with cheese and/or cream based sauce, fat added in cooking	17	3	C	2
28133340	8000_Mixed	Veal parmigiana with vegetable, fettuccine alfredo, dessert, frozen meal	17	4	C	4
58148118	8000_Mixed	Macaroni or pasta salad, made with any type of fat free dressing	17	3.5	A	2
58146402	8000_Mixed	Pasta with cream sauce and meat, home recipe	17	3	C	2
75607000	8000_Mixed	Mushroom soup, NFS	17	3.5	C	4
27520350	8000_Mixed	Ham and cheese sandwich, with spread, grilled	17	1.5	D	4
58164510	8000_Mixed	Rice, white, with cheese and/or cream based sauce, fat not added in cooking	17	3	C	2
27510266	8000_Mixed	Cheeseburger, 1 large patty, with condiments, on bun, from fast food / restaurant	17	3	D	4
58109040	8000_Mixed	Pizza, with meat, whole wheat thick crust	17	2.5	C	4
58126110	8000_Mixed	Turnover, meat-filled, no gravy	17	2	D	3
27213600	8000_Mixed	Beef and rice with cheese sauce	17	3.5	B	2
58151170	8000_Mixed	Sushi roll, avocado	17	3	C	2
58151230	8000_Mixed	Sushi roll, vegetable	17	3	C	2
28141010	8000_Mixed	Chicken, fried, with potatoes, vegetable, dessert, frozen meal, large meat portion	17	4	C	4
52204000	8000_Mixed	Cornbread stuffing	17	3	C	4
58134660	8000_Mixed	Tortellini, cheese-filled, with cream sauce	17	2.5	C	2
28110370	8000_Mixed	Salisbury steak with gravy, macaroni and cheese, vegetable, frozen meal	16	3	C	4
58121510	8000_Mixed	Dumpling, meat-filled	16	2	D	3
58131520	8000_Mixed	Ravioli, cheese-filled, with tomato sauce	16	4	B	4
58106550	8000_Mixed	Pizza with pepperoni, from restaurant or fast food, thin crust	16	1.5	D	4
27564363	8000_Mixed	Frankfurter or hot dog sandwich, fat free, plain, on whole grain white bun	16	3.5	C	4
27212100	8000_Mixed	Beef and noodles with tomato-based sauce	16	3.5	B	2
58104745	8000_Mixed	Quesadilla with chicken, from fast food	16	1.5	D	4
27520500	8000_Mixed	Pork sandwich, on white roll, with onions, dill pickles and barbecue sauce	16	3	C	3
58106620	8000_Mixed	Pizza with meat other than pepperoni, from restaurant or fast food, thin crust	16	1.5	D	4
28317010	8000_Mixed	Beef stroganoff soup, chunky style, home recipe, canned or ready-to-serve	16	3.5	C	4
58100125	8000_Mixed	Burrito with meat and beans, from fast food	16	3.5	B	4
58104905	8000_Mixed	Taquito or flauta with egg and breakfast meat	16	2	D	3
58156210	8000_Mixed	Rice with vienna sausage, Puerto Rican style	16	1.5	D	3
32202020	8000_Mixed	Egg, cheese, and ham on biscuit	16	1.5	D	3
28355430	8000_Mixed	Shrimp soup, cream of, prepared with water	16	3	C	4
58150320	8000_Mixed	Rice, fried, with chicken	16	3.5	B	1
27510667	8000_Mixed	Double hamburger, 2 small patties, with condiments, on bun, from fast food / restaurant	16	3.5	C	4
27564503	8000_Mixed	Frankfurter or hot dog sandwich, with meatless chili, on whole grain white bun	16	3	C	4

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58304020	8000_Mixed	Spaghetti and meatballs with tomato sauce, sliced apples, bread, frozen meal	16	3.5	C	4
58104900	8000_Mixed	Taquito or flauta with egg	16	2.5	D	3
58122220	8000_Mixed	Gnocchi, potato	16	3.5	C	1
27214600	8000_Mixed	Creamed dried beef on toast	15	2	D	2
28140250	8000_Mixed	Chicken, boneless, with gravy, dressing, rice, vegetable, dessert, frozen meal	15	3.5	A	4
58116210	8000_Mixed	Meat pie, Puerto Rican style	15	0.5	E	2
28143210	8000_Mixed	Chicken in orange sauce with almond rice, diet frozen meal	15	4	B	4
27510231	8000_Mixed	Cheeseburger, 1 medium patty, with condiments, on bun, from fast food / restaurant (Burger King WHOPPER with cheese)	15	2	D	4
27510233	8000_Mixed	Cheeseburger, 1 medium patty, with condiments, on bun, from fast food / restaurant (Wendy's 1/4 lb Single with cheese)	15	2	D	4
27510705	8000_Mixed	Chiliburger, with or without cheese, on bun	15	3.5	C	4
58126150	8000_Mixed	Turnover, meat- and cheese-filled, tomato-based sauce	15	3	C	4
58400200	8000_Mixed	Rice soup, NFS	15	3	C	4
58404010	8000_Mixed	Chicken or turkey rice soup, canned, or ready-to-serve	15	3	C	4
27112010	8000_Mixed	Salisbury steak with gravy	15	3	C	4
27540151	8000_Mixed	Chicken fillet, breaded, fried, sandwich with cheese, lettuce, tomato and spread	15	2	D	4
27220150	8000_Mixed	Sausage and rice with mushroom sauce	15	3	C	3
14640000	8000_Mixed	Cheese sandwich, NFS	15	1.5	D	4
14640002	8000_Mixed	Cheese sandwich, American cheese, on white bread, no spread	15	1.5	D	4
28110340	8000_Mixed	Salisbury steak with gravy, potatoes, vegetable, soup or macaroni and cheese, dessert, frozen meal	15	4	B	4
58106725	8000_Mixed	Pizza with meat and vegetables, from restaurant or fast food, medium crust	15	2.5	C	4
27510130	8000_Mixed	Beef barbecue submarine sandwich, on bun	15	3.5	B	3
27420470	8000_Mixed	Sausage and peppers, no sauce	15	2	D	4
27564443	8000_Mixed	Frankfurter or hot dog sandwich, with chili, on whole grain white bun	15	3	C	4
27564303	8000_Mixed	Frankfurter or hot dog sandwich, reduced fat or light, plain, on whole grain white bun	15	3	C	4
27520410	8000_Mixed	Cuban sandwich, with spread	15	3.5	C	4
27520510	8000_Mixed	Pork barbecue sandwich or Sloppy Joe, on bun	14	3	D	3
58146443	8000_Mixed	Pasta with cream sauce and seafood, ready-to-heat	14	2.5	C	4
58146382	8000_Mixed	Pasta with cream sauce, home recipe	14	3	C	3
58150330	8000_Mixed	Rice, fried, with pork	14	3.5	B	1
58130013	8000_Mixed	Lasagna with meat, canned	14	3.5	B	4
58131323	8000_Mixed	Ravioli, meat-filled, with tomato sauce or meat sauce, canned	14	3.5	B	4
58147510	8000_Mixed	Flavored pasta	14	3.5	B	4
32202050	8000_Mixed	Egg, cheese, and sausage on biscuit	14	1.5	D	4
58302000	8000_Mixed	Macaroni and cheese, diet frozen meal	14	3.5	B	4
27564243	8000_Mixed	Frankfurter or hot dog sandwich, chicken and/or turkey, plain, on whole grain white bun	14	2	D	4
27564361	8000_Mixed	Frankfurter or hot dog sandwich, fat free, plain, on wheat bun	14	3.5	B	4
27564501	8000_Mixed	Frankfurter or hot dog sandwich, with meatless chili, on wheat bun	14	3	C	4
27510552	8000_Mixed	Hamburger, 1 small patty, with condiments, on bun, from fast food / restaurant (Burger King WHOPPER Jr.)	14	3.5	B	4
58147330	8000_Mixed	Macaroni or noodles, creamed, with cheese	14	3.5	B	3
27520540	8000_Mixed	Ham and tomato club sandwich, with lettuce and spread	14	3	D	4
58124230	8000_Mixed	Pastry, meat / poultry-filled	14	2	D	2
27510171	8000_Mixed	Cheeseburger, 1 small patty, with condiments, on bun, from fast food / restaurant (Burger King WHOPPER Jr. with cheese)	14	3	C	4
27510175	8000_Mixed	Cheeseburger, 1 small patty, with condiments, on bun, from fast food / restaurant (Wendy's Jr. Cheeseburger Deluxe)	14	3	C	4
27560720	8000_Mixed	Sausage and spaghetti sauce sandwich	13	2	D	4
27520110	8000_Mixed	Bacon sandwich, with spread	13	1.5	D	4
27564520	8000_Mixed	Frankfurter or hot dog sandwich, with meatless chili, on wheat bread	13	2.5	C	4
27510401	8000_Mixed	Double cheeseburger, 2 medium patties, plain, on bun, from fast food / restaurant	13	2	D	4
27564123	8000_Mixed	Frankfurter or hot dog sandwich, beef and pork, plain, on whole grain white bun	13	2	D	4
28141600	8000_Mixed	Chicken a la king with rice, frozen meal	13	3	C	4
58146433	8000_Mixed	Pasta with cream sauce, poultry, and added vegetables, ready-to-heat	13	3	C	4
32202025	8000_Mixed	Egg, cheese and ham on bagel	13	2	D	4
27510671	8000_Mixed	Double hamburger, 2 medium patties, plain, on bun, from fast food / restaurant	13	3	D	4
14640014	8000_Mixed	Cheese sandwich, reduced fat American cheese, on white bread, no spread	13	2	D	4
28110640	8000_Mixed	Meatballs, Swedish, in sauce, with noodles, frozen meal	13	3	C	4
27520300	8000_Mixed	Ham sandwich, with spread	13	2	D	4
27220170	8000_Mixed	Sausage and rice with cheese sauce	13	3	C	3
27120210	8000_Mixed	Frankfurter or hot dog, with chili, no bun	13	2	D	4
58116310	8000_Mixed	Cheese turnover, Puerto Rican style	13	1	E	2
27510700	8000_Mixed	Meatball and spaghetti sauce submarine sandwich	13	3.5	C	4
58107214	8000_Mixed	White pizza, cheese, with vegetables, thick crust	13	3.5	C	4
27564183	8000_Mixed	Frankfurter or hot dog sandwich, meat and poultry, plain, on whole grain white bun	13	2	D	4
58306020	8000_Mixed	Beef enchilada, chili gravy, rice, refried beans, frozen meal	13	4	B	4
27564441	8000_Mixed	Frankfurter or hot dog sandwich, with chili, on wheat bun	13	3	C	4
27564442	8000_Mixed	Frankfurter or hot dog sandwich, with chili, on whole wheat bun	13	3	C	4
58126280	8000_Mixed	Turnover, chicken- or turkey-, and vegetable-filled, lower in fat	13	3.5	A	4
58165070	8000_Mixed	Rice, white, with vegetables, soy-based sauce, fat not added in cooking	12	4	C	2
58150340	8000_Mixed	Rice, fried, with beef	12	3.5	A	1
27540210	8000_Mixed	Wrap sandwich filled with breaded fried chicken strips, cheese, lettuce, and spread	12	3	D	4
27564460	8000_Mixed	Frankfurter or hot dog sandwich, with chili, on wheat bread	12	2.5	C	4
58131510	8000_Mixed	Ravioli, cheese-filled, no sauce	12	2.5	D	2
58107234	8000_Mixed	White pizza, cheese, with meat and vegetables, thick crust	12	2	D	4
58106610	8000_Mixed	Pizza with meat other than pepperoni, from restaurant or fast food, NS as to type of crust	12	2	D	4
58106625	8000_Mixed	Pizza with meat other than pepperoni, from restaurant or fast food, medium crust	12	2	D	4
58134680	8000_Mixed	Tortellini, cheese-filled, no sauce	12	4	A	4
28140710	8000_Mixed	Chicken, fried, with potatoes, vegetable, frozen meal	12	4	C	4
28140320	8000_Mixed	Chicken and noodles with vegetable, dessert, frozen meal	12	3.5	C	4
27564380	8000_Mixed	Frankfurter or hot dog sandwich, fat free, plain, on wheat bread	12	3.5	C	4
27515020	8000_Mixed	Steak and cheese submarine sandwich, with lettuce and tomato	12	3.5	B	4
27510235	8000_Mixed	Cheeseburger submarine sandwich with lettuce, tomato and spread	12	3.5	B	4
27510145	8000_Mixed	Cheeseburger, 1 miniature patty, with condiments, on miniature bun, from fast food / restaurant	12	2	D	4
27520310	8000_Mixed	Ham sandwich with lettuce and spread	11	3	C	4
58101457	8000_Mixed	Soft taco with chicken, from fast food	11	3.5	C	4
27517000	8000_Mixed	Wrap sandwich filled with beef patty, cheese and spread and/or sauce	11	2	D	4
58101323	8000_Mixed	Taco or tostada with meat, from fast food	11	3.5	B	4
27564301	8000_Mixed	Frankfurter or hot dog sandwich, reduced fat or light, plain, on wheat bun	11	3.5	C	4
58106705	8000_Mixed	Pizza with meat and vegetables, from frozen, thick crust	11	2	D	4
28345010	8000_Mixed	Chicken or turkey soup, cream of, canned, reduced sodium, NS as to made with milk or water	11	3.5	B	4
28345030	8000_Mixed	Chicken or turkey soup, cream of, canned, reduced sodium, made with water	11	3.5	B	4
27564241	8000_Mixed	Frankfurter or hot dog sandwich, chicken and/or turkey, plain, on wheat bun	11	2	D	4
27510506	8000_Mixed	Hamburger, 1 miniature patty, with condiments, on miniature bun, from fast food / restaurant	11	3.5	C	4
58150110	8000_Mixed	Rice, fried, meatless	11	3	C	1
27510371	8000_Mixed	Double cheeseburger, 2 small patties, plain, on bun, from fast food / restaurant	11	2	D	4
58150310	8000_Mixed	Rice, fried, NFS	11	3	C	1
58146413	8000_Mixed	Pasta with cream sauce, meat, and added vegetables, ready-to-heat	11	3	C	4
27510486	8000_Mixed	Triple cheeseburger, 3 medium patties, with condiments, on bun, from fast food / restaurant	11	2	D	4
58123110	8000_Mixed	Sweet bread dough, filled with meat, steamed	11	3.5	C	2
32202035	8000_Mixed	Egg, extra cheese, and extra sausage, on bun	11	1.5	D	4
58407010	8000_Mixed	Instant soup, noodle	11	3.5	B	4
58107224	8000_Mixed	White pizza, cheese, with meat, thick crust	11	2	D	4
58145113	8000_Mixed	Macaroni or noodles with cheese, canned	11	3.5	B	4
27560410	8000_Mixed	Puerto Rican sandwich	11	1.5	D	4
27564003	8000_Mixed	Frankfurter or hot dog sandwich, NFS, plain, on whole grain white bun	11	1.5	D	4

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27564063	8000_Mixed	Frankfurter or hot dog sandwich, beef, plain, on whole grain white bun	11	1.5	D	4
27510606	8000_Mixed	Hamburger, 1 medium patty, with condiments, on bun, from fast food / restaurant	11	3.5	C	4
58107207	8000_Mixed	White pizza, cheese, thick crust	11	3	C	4
58145117	8000_Mixed	Macaroni or noodles with cheese, Easy Mac type	11	3.5	B	4
27564504	8000_Mixed	Frankfurter or hot dog sandwich, with meatless chili, on multigrain bun	10	3	C	4
58124220	8000_Mixed	Pastry, egg and cheese filled	10	2	D	2
27510661	8000_Mixed	Double hamburger, 2 small patties, plain, on bun, from fast food / restaurant	10	3	D	4
27560510	8000_Mixed	Salami sandwich, with spread	10	2	D	4
58103210	8000_Mixed	Tamale, meatless, with sauce, Puerto Rican or Caribbean style	10	1	E	2
58155610	8000_Mixed	Rice meal fritter, Puerto Rican style	10	2	D	2
51182010	8000_Mixed	Bread stuffing	10	2.5	C	4
27510110	8000_Mixed	Beef barbecue sandwich or Sloppy Joe, on bun	10	2	D	3
71801020	8000_Mixed	Potato soup, prepared with water	10	4	C	4
27510225	8000_Mixed	Cheeseburger, 1 medium patty, with condiments, on bun, from fast food / restaurant	10	2	D	4
27510232	8000_Mixed	Cheeseburger, 1 medium patty, with condiments, on bun, from fast food / restaurant (McDonald's Quarter Pounder with ch	10	2	D	4
58146393	8000_Mixed	Pasta with cream sauce and added vegetables, ready-to-heat	10	3	C	4
58310210	8000_Mixed	Sausage and french toast, frozen meal	10	3	C	4
28141201	8000_Mixed	Teriyaki chicken with rice and vegetable, diet frozen meal	10	3.5	B	4
27211400	8000_Mixed	Corned beef hash	10	3.5	C	4
27214500	8000_Mixed	Corned beef patty	10	3.5	C	4
27260110	8000_Mixed	Hash, NS as to type of meat	10	3.5	C	4
27510531	8000_Mixed	Hamburger, 1 small patty, plain, on bun, from fast food / restaurant	9	3.5	C	4
27510601	8000_Mixed	Hamburger, 1 medium patty, plain, on bun, from fast food / restaurant	9	3.5	C	4
27510215	8000_Mixed	Cheeseburger, 1 medium patty, plain, on bun, from fast food / restaurant	9	2	D	4
27564260	8000_Mixed	Frankfurter or hot dog sandwich, chicken and/or turkey, plain, on wheat bread	9	2	D	4
27564121	8000_Mixed	Frankfurter or hot dog sandwich, beef and pork, plain, on wheat bun	9	2	D	4
58131523	8000_Mixed	Ravioli, cheese-filled, with tomato sauce, canned	9	4	B	4
27513010	8000_Mixed	Roast beef sandwich	9	2	D	4
58127330	8000_Mixed	Croissant sandwich with sausage, egg, and cheese	9	1.5	D	4
27510376	8000_Mixed	Double cheeseburger, 2 small patties, with condiments, on bun, from fast food / restaurant	9	2	D	4
27510386	8000_Mixed	Double cheeseburger, 2 small patties, with condiments, on bun, from fast food / restaurant (Burger King Double Cheesebur	9	2	D	4
27510387	8000_Mixed	Double cheeseburger, 2 small patties, with condiments, on bun, from fast food / restaurant (McDonald's Double Cheesebur	9	2	D	4
27510388	8000_Mixed	Double cheeseburger, 2 small patties, with condiments, on bun, from fast food / restaurant (McDonald's McDouble)	9	2	D	4
27510391	8000_Mixed	Double cheeseburger, 2 small patties, with condiments, on bun, from fast food / restaurant (Wendy's Double Stack)	9	2	D	4
27564444	8000_Mixed	Frankfurter or hot dog sandwich, with chili, on multigrain bun	9	3	C	4
28110380	8000_Mixed	Salisbury steak with gravy, macaroni and cheese, frozen meal	9	3.5	C	4
27120110	8000_Mixed	Sausage with tomato-based sauce	9	1.5	D	4
27510406	8000_Mixed	Double cheeseburger, 2 medium patties, with condiments, on bun, from fast food / restaurant	9	2	D	4
27510412	8000_Mixed	Double cheeseburger, 2 medium patties, with condiments, on bun, from fast food / restaurant (McDonald's Double Quarter	9	2	D	4
27510413	8000_Mixed	Double cheeseburger, 2 medium patties, with condiments, on bun, from fast food / restaurant (Wendy's 1/2 lb Double with	9	2	D	4
27564181	8000_Mixed	Frankfurter or hot dog sandwich, meat and poultry, plain, on wheat bun	9	2	D	4
27510536	8000_Mixed	Hamburger, 1 small patty, with condiments, on bun, from fast food / restaurant	9	3	C	4
27510551	8000_Mixed	Hamburger, 1 small patty, with condiments, on bun, from fast food / restaurant (Burger King Hamburger)	9	3	C	4
27510553	8000_Mixed	Hamburger, 1 small patty, with condiments, on bun, from fast food / restaurant (McDonald's Hamburger)	9	3	C	4
27510555	8000_Mixed	Hamburger, 1 small patty, with condiments, on bun, from fast food / restaurant (Wendy's Jr. Hamburger)	9	3	C	4
58146423	8000_Mixed	Pasta with cream sauce and poultry, ready-to-heat	9	2.5	C	4
27564510	8000_Mixed	Frankfurter or hot dog sandwich, with meatless chili, on white bread	9	2	D	4
27520420	8000_Mixed	Midnight sandwich, with spread	9	3.5	D	4
58126160	8000_Mixed	Turnover, cheese-filled, tomato-based sauce	9	1.5	D	4
27564140	8000_Mixed	Frankfurter or hot dog sandwich, beef and pork, plain, on wheat bread	9	1.5	D	4
58126270	8000_Mixed	Turnover, chicken- or turkey-, and cheese-filled, no gravy	9	3.5	B	4
27564200	8000_Mixed	Frankfurter or hot dog sandwich, meat and poultry, plain, on wheat bread	9	2	D	4
27564320	8000_Mixed	Frankfurter or hot dog sandwich, reduced fat or light, plain, on wheat bread	9	3.5	C	4
27564500	8000_Mixed	Frankfurter or hot dog sandwich, with meatless chili, on white bun	9	3	C	4
58101347	8000_Mixed	Soft taco with meat, from fast food	8	3	C	4
27500050	8000_Mixed	Sandwich, NFS	8	2	D	4
27500100	8000_Mixed	Meat sandwich, NFS	8	2	D	4
27560110	8000_Mixed	Bologna sandwich, with spread	8	2	D	4
55610200	8000_Mixed	Dumpling, fried, Puerto Rican style	8	2	D	3
28110330	8000_Mixed	Salisbury steak with gravy, whipped potatoes, vegetable, dessert, frozen meal	8	3	C	4
58163310	8000_Mixed	Flavored rice mixture	8	3	C	4
58146200	8000_Mixed	Pasta, meat-filled, with gravy, canned	8	3	B	4
28140810	8000_Mixed	Chicken, fried, with potatoes, vegetable, dessert, frozen meal	8	4	B	4
27510160	8000_Mixed	Cheeseburger, 1 small patty, plain, on bun, from fast food / restaurant	8	2	D	4
58151400	8000_Mixed	Sushi, topped with crab	8	3	C	2
27564450	8000_Mixed	Frankfurter or hot dog sandwich, with chili, on white bread	8	2	D	4
58122250	8000_Mixed	Kishke, stuffed derma	8	1	D	2
58306500	8000_Mixed	Chicken burritos, diet frozen meal	8	1.5	D	4
58163380	8000_Mixed	Flavored rice and pasta mixture	7	3	C	4
27510501	8000_Mixed	Hamburger, 1 miniature patty, plain, on miniature bun, from fast food / restaurant	7	3.5	C	4
27564001	8000_Mixed	Frankfurter or hot dog sandwich, NFS, plain, on wheat bun	7	1.5	D	4
27564061	8000_Mixed	Frankfurter or hot dog sandwich, beef, plain, on wheat bun	7	1.5	D	4
27564440	8000_Mixed	Frankfurter or hot dog sandwich, with chili, on white bun	7	3	C	4
74604100	8000_Mixed	Tomato beef rice soup, prepared with water	7	3.5	C	4
58108050	8000_Mixed	Pizza rolls	7	2	D	4
58126300	8000_Mixed	Turnover, meat- and cheese-filled, tomato-based sauce, lower in fat	7	3	B	4
58146403	8000_Mixed	Pasta with cream sauce and meat, ready-to-heat	7	2.5	C	4
27560710	8000_Mixed	Sausage sandwich	7	2	D	4
27564020	8000_Mixed	Frankfurter or hot dog sandwich, NFS, plain, on wheat bread	7	1.5	D	4
27564080	8000_Mixed	Frankfurter or hot dog sandwich, beef, plain, on wheat bread	7	1.5	D	4
27510165	8000_Mixed	Cheeseburger, 1 small patty, with condiments, on bun, from fast food / restaurant	7	2	D	4
27510170	8000_Mixed	Cheeseburger, 1 small patty, with condiments, on bun, from fast food / restaurant (Burger King Cheeseburger)	7	2	D	4
27510172	8000_Mixed	Cheeseburger, 1 small patty, with condiments, on bun, from fast food / restaurant (McDonald's Cheeseburger)	7	2	D	4
27510173	8000_Mixed	Cheeseburger, 1 small patty, with condiments, on bun, from fast food / restaurant (Wendy's Kid's Cheeseburger)	7	2	D	4
27510174	8000_Mixed	Cheeseburger, 1 small patty, with condiments, on bun, from fast food / restaurant (Wendy's Jr. Cheeseburger)	7	2	D	4
74603010	8000_Mixed	Tomato beef soup, prepared with water	7	3.5	C	4
74604010	8000_Mixed	Tomato beef noodle soup, prepared with water	7	3.5	C	4
32202060	8000_Mixed	Egg and sausage on biscuit	6	1.5	D	4
58146383	8000_Mixed	Pasta with cream sauce, ready-to-heat	6	2.5	C	4
27564364	8000_Mixed	Frankfurter or hot dog sandwich, fat free, plain, on multigrain bun	6	3.5	B	4
27564244	8000_Mixed	Frankfurter or hot dog sandwich, chicken and/or turkey, plain, on multigrain bun	6	2	D	4
58100013	8000_Mixed	Burrito, taco, or quesadilla with egg and breakfast meat, from fast food	6	1.5	D	4
58127310	8000_Mixed	Croissant sandwich with ham, egg, and cheese	6	1.5	D	4
27564184	8000_Mixed	Frankfurter or hot dog sandwich, meat and poultry, plain, on multigrain bun	5	2	D	4
58126130	8000_Mixed	Turnover, meat- and cheese-filled, no gravy	5	3	C	4
27420040	8000_Mixed	Frankfurters or hot dogs and sauerkraut	5	1.5	D	4
58127350	8000_Mixed	Croissant sandwich with bacon, egg, and cheese	5	2	D	4
58408010	8000_Mixed	Wonton soup	5	3	C	1
32202090	8000_Mixed	Egg and bacon on biscuit	5	1.5	D	4
58126120	8000_Mixed	Turnover, meat-filled, with gravy	5	2.5	D	4
27135040	8000_Mixed	Veal with butter sauce	5	3	D	1
27360050	8000_Mixed	Meat pie, NFS	5	3	C	4

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58164540	8000_Mixed	Rice, white, with gravy, fat not added in cooking	5	3	C	2
27347100	8000_Mixed	Chicken or turkey pot pie	5	3	C	4
32202110	8000_Mixed	Egg and ham on biscuit	5	1.5	D	4
32202070	8000_Mixed	Egg, cheese, and bacon on biscuit	5	1.5	D	4
58127290	8000_Mixed	Croissant sandwich with bacon and egg	5	1.5	D	4
27564370	8000_Mixed	Frankfurter or hot dog sandwich, fat free, plain, on white bread	5	3	C	4
58126400	8000_Mixed	Turnover, filled with egg, meat and cheese	4	2.5	D	4
32202010	8000_Mixed	Egg, cheese, and ham on English muffin	4	3	D	4
32202080	8000_Mixed	Egg, cheese, and bacon on English muffin	4	3	D	4
27564124	8000_Mixed	Frankfurter or hot dog sandwich, beef and pork, plain, on multigrain bun	4	2	D	4
55701000	8000_Mixed	Cake made with glutinous rice	4	2	D	2
58151180	8000_Mixed	Sushi roll, California	4	3	C	2
58151100	8000_Mixed	Sushi, NFS	4	3	C	2
32202030	8000_Mixed	Egg, cheese, and sausage on English muffin	4	2	D	4
58134623	8000_Mixed	Tortellini, cheese-filled, meatless, with tomato sauce, canned	4	3.5	B	4
27564304	8000_Mixed	Frankfurter or hot dog sandwich, reduced fat or light, plain, on multigrain bun	4	3	C	4
27560670	8000_Mixed	Sausage and cheese on English muffin	4	1.5	E	4
27560650	8000_Mixed	Sausage on biscuit	4	1.5	E	4
58127220	8000_Mixed	Croissant sandwich, filled with chicken, broccoli, and cheese sauce	3	1.5	D	4
27564250	8000_Mixed	Frankfurter or hot dog sandwich, chicken and/or turkey, plain, on white bread	3	2	D	4
27564004	8000_Mixed	Frankfurter or hot dog sandwich, NFS, plain, on multigrain bun	3	1.5	D	4
27564064	8000_Mixed	Frankfurter or hot dog sandwich, beef, plain, on multigrain bun	3	1.5	D	4
58111200	8000_Mixed	Puffs, fried, crab meat and cream cheese filled	3	1.5	D	2
27540145	8000_Mixed	Chicken fillet, breaded, fried, sandwich on biscuit	3	1.5	D	4
32202055	8000_Mixed	Egg, cheese, and sausage griddle cake sandwich	2	1.5	D	4
27564180	8000_Mixed	Frankfurter or hot dog sandwich, meat and poultry, plain, on white bun	2	2	D	4
27564360	8000_Mixed	Frankfurter or hot dog sandwich, fat free, plain, on white bun	2	3.5	C	4
27564130	8000_Mixed	Frankfurter or hot dog sandwich, beef and pork, plain, on white bread	2	1.5	D	4
27564190	8000_Mixed	Frankfurter or hot dog sandwich, meat and poultry, plain, on white bread	2	1.5	D	4
58310310	8000_Mixed	Pancakes and sausage, frozen meal	2	2	D	4
27564240	8000_Mixed	Frankfurter or hot dog sandwich, chicken and/or turkey, plain, on white bun	2	2	D	4
58163330	8000_Mixed	Flavored rice mixture with cheese	2	3	C	4
58164570	8000_Mixed	Rice, white, with soy-based sauce, fat not added in cooking	2	3	C	2
27510910	8000_Mixed	Corned beef sandwich	2	3	D	4
58127270	8000_Mixed	Croissant sandwich with sausage and egg	1	1.5	E	4
27560350	8000_Mixed	Pig in a blanket, frankfurter or hot dog wrapped in dough	1	1.5	E	4
27563010	8000_Mixed	Meat spread or potted meat sandwich	1	2	D	4
32202045	8000_Mixed	Egg, cheese, and steak on bagel	1	2	D	4
27120250	8000_Mixed	Frankfurters or hot dogs with tomato-based sauce	1	1.5	E	4
27511010	8000_Mixed	Pastrami sandwich	1	3	D	4
27520250	8000_Mixed	Ham on biscuit	1	1	E	4
27560300	8000_Mixed	Corn dog, frankfurter or hot dog with cornbread coating	1	2	D	4
27560660	8000_Mixed	Sausage griddle cake sandwich	1	1.5	D	4
27564000	8000_Mixed	Frankfurter or hot dog sandwich, NFS, plain, on white bun	1	1.5	D	4
27564010	8000_Mixed	Frankfurter or hot dog sandwich, NFS, plain, on white bread	1	1.5	D	4
27564060	8000_Mixed	Frankfurter or hot dog sandwich, beef, plain, on white bun	1	1.5	D	4
27564070	8000_Mixed	Frankfurter or hot dog sandwich, beef, plain, on white bread	1	1.5	D	4
27564120	8000_Mixed	Frankfurter or hot dog sandwich, beef and pork, plain, on white bun	1	2	D	4
27564300	8000_Mixed	Frankfurter or hot dog sandwich, reduced fat or light, plain, on white bun	1	3	C	4
27564310	8000_Mixed	Frankfurter or hot dog sandwich, reduced fat or light, plain, on white bread	1	3	C	4
28321130	8000_Mixed	Bacon soup, cream of, prepared with water	1	3	C	4
28345110	8000_Mixed	Chicken or turkey soup, cream of, NS as to prepared with milk or water	1	3	C	4
28345130	8000_Mixed	Chicken or turkey soup, cream of, prepared with water	1	3	C	4
32202075	8000_Mixed	Egg, cheese, and bacon griddle cake sandwich	1	1.5	D	4
32202120	8000_Mixed	Egg, cheese and sausage on bagel	1	2	D	4
58127200	8000_Mixed	Croissant sandwich, filled with broccoli and cheese	1	1.5	D	4
58127210	8000_Mixed	Croissant sandwich, filled with ham and cheese	1	1	E	4
58201000	8000_Mixed	Jelly sandwich, regular jelly, NFS	1	3	C	4
58201005	8000_Mixed	Jelly sandwich, regular jelly, on white bread	1	3	C	4
58201035	8000_Mixed	Jelly sandwich, reduced sugar jelly, on white bread	1	3	B	4
58400100	8000_Mixed	Noodle soup, NFS	1	3	C	4
58407030	8000_Mixed	Soup, mostly noodles	1	3	C	4
58407035	8000_Mixed	Soup, mostly noodles, reduced sodium	1	3.5	B	4
58407050	8000_Mixed	Instant soup, noodle with egg, shrimp or chicken	1	3	C	4

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61204000	8600_SauceCondiment	Lemon juice, 100%, NS as to form	100	4.5	A	1
61204010	8600_SauceCondiment	Lemon juice, 100%, freshly squeezed	100	4.5	A	1
61204200	8600_SauceCondiment	Lemon juice, 100%, canned or bottled	100	4.5	A	1
74402260	8600_SauceCondiment	Enchilada sauce, green	100	4.5	A	1
74420110	8600_SauceCondiment	Puerto Rican seasoning without ham and tomato sauce	100	4.5	B	2
75121000	8600_SauceCondiment	Pepper, hot chili, raw	100	4.5	A	1
75226103	8600_SauceCondiment	Peppers, hot, cooked, from canned, fat not added in cooking	100	2.5	C	3
75226700	8600_SauceCondiment	Pimiento	100	4.5	A	3
75511010	8600_SauceCondiment	Hot pepper sauce	100	3.5	C	3
75512510	8600_SauceCondiment	Recaito	100	5	A	1
74402110	8600_SauceCondiment	Salsa, pico de gallo	100	4	A	1
61207000	8600_SauceCondiment	Lime juice, 100%, NS as to form	98	4.5	A	1
61207010	8600_SauceCondiment	Lime juice, 100%, freshly squeezed	98	4.5	A	1
27150155	8600_SauceCondiment	Spaghetti sauce with seafood and added vegetables	96	4.5	B	3
28522050	8600_SauceCondiment	Mole verde sauce	95	4.5	A	1
61207200	8600_SauceCondiment	Lime juice, 100%, canned or bottled	94	4.5	A	1
74402200	8600_SauceCondiment	Salsa, red, homemade	93	4	B	2
75226100	8600_SauceCondiment	Peppers, hot, cooked, NS as to form, fat not added in cooking	93	4.5	A	1
75226101	8600_SauceCondiment	Peppers, hot, cooked, from fresh, fat not added in cooking	93	4.5	A	1
75226102	8600_SauceCondiment	Peppers, hot, cooked, from frozen, fat not added in cooking	93	4.5	A	1
75412030	8600_SauceCondiment	Eggplant dip	93	4.5	A	1
74404020	8600_SauceCondiment	Spaghetti sauce with added vegetables	92	4	B	2
27150151	8600_SauceCondiment	Spaghetti sauce with seafood	92	4.5	A	3
41420200	8600_SauceCondiment	Natto	89	5	A	3
74404050	8600_SauceCondiment	Spaghetti sauce, reduced sodium	89	4.5	A	4
63409015	8600_SauceCondiment	Guacamole with tomatoes	86	4.5	A	1
63409010	8600_SauceCondiment	Guacamole, NFS	85	4.5	B	1
41205075	8600_SauceCondiment	Hummus, flavored	83	4.5	A	1
41205070	8600_SauceCondiment	Hummus, plain	82	4.5	A	1
75111500	8600_SauceCondiment	Garlic, raw	80	5	A	1
27141035	8600_SauceCondiment	Spaghetti sauce with poultry and added vegetables	80	4.5	A	1
75226093	8600_SauceCondiment	Peppers, hot, cooked, from canned, NS as to fat added in cooking	78	2.5	D	3
75226113	8600_SauceCondiment	Peppers, hot, cooked, from canned, fat added in cooking, NS as to type of fat	78	2.5	D	3
74402100	8600_SauceCondiment	Salsa, NFS	77	4	C	4
74402150	8600_SauceCondiment	Salsa, red, commercially-prepared	77	4	C	4
74404060	8600_SauceCondiment	Spaghetti sauce, fat free	76	4	C	3
75226092	8600_SauceCondiment	Peppers, hot, cooked, from frozen, NS as to fat added in cooking	76	4	B	1
42204100	8600_SauceCondiment	Brown nut gravy, meatless	75	4.5	B	2
11440060	8600_SauceCondiment	Tzatziki dip	73	3.5	B	2
27141030	8600_SauceCondiment	Spaghetti sauce with poultry	73	4.5	A	1
75226090	8600_SauceCondiment	Peppers, hot, cooked, NS as to form, NS as to fat added in cooking	73	4	B	3
75226091	8600_SauceCondiment	Peppers, hot, cooked, from fresh, NS as to fat added in cooking	73	4	B	3
75226110	8600_SauceCondiment	Peppers, hot, cooked, NS as to form, fat added in cooking, NS as to type of fat	73	4	B	3
75226111	8600_SauceCondiment	Peppers, hot, cooked, from fresh, fat added in cooking, NS as to type of fat	73	4	B	3
75226112	8600_SauceCondiment	Peppers, hot, cooked, from frozen, fat added in cooking, NS as to type of fat	73	4	B	3
74404010	8600_SauceCondiment	Spaghetti sauce	71	4	C	4
27150200	8600_SauceCondiment	Oyster sauce	71	3.5	B	1
75506010	8600_SauceCondiment	Mustard	69	3	C	3
28522000	8600_SauceCondiment	Mole poblano sauce	69	4	C	2
11440050	8600_SauceCondiment	Spinach dip, yogurt based	68	3	C	3
41205100	8600_SauceCondiment	Black bean sauce	68	1.5	C	2
11440040	8600_SauceCondiment	Ranch dip, yogurt based	67	2.5	D	2
11440020	8600_SauceCondiment	Dill dip, yogurt based	65	2.5	D	3
11440070	8600_SauceCondiment	Vegetable dip, yogurt based	65	2.5	D	3
75236500	8600_SauceCondiment	Yeast extract spread	64	0.5	C	4
11440030	8600_SauceCondiment	Onion dip, yogurt based	63	3	C	3
75217400	8600_SauceCondiment	Garlic, cooked	63	4.5	A	1
41205050	8600_SauceCondiment	Bean dip, made with refried beans	61	5	A	4
81302070	8600_SauceCondiment	Pesto sauce	61	2	E	2
74402350	8600_SauceCondiment	Salsa verde or salsa, green	61	4	C	4
27162060	8600_SauceCondiment	Spaghetti sauce with meat and added vegetables	60	4.5	B	1
27162040	8600_SauceCondiment	Spaghetti sauce with meat	59	4	B	1
74410110	8600_SauceCondiment	Puerto Rican seasoning with ham	59	3.5	D	2
41420110	8600_SauceCondiment	Miso	57	2	C	3
75503090	8600_SauceCondiment	Horseradish	56	4	B	4
28510010	8600_SauceCondiment	Gravy or sauce, poultry-based from Puerto Rican-style chicken fricasse	56	3.5	C	2
41420300	8600_SauceCondiment	Soy sauce	56	0.5	C	3
41420350	8600_SauceCondiment	Soy sauce, reduced sodium	54	0.5	C	3
74404090	8600_SauceCondiment	Vodka sauce with tomatoes and cream	54	4	C	2
41205055	8600_SauceCondiment	Layer dip	53	4	C	2
11440010	8600_SauceCondiment	Chipotle dip, yogurt based	53	2.5	D	4
74402250	8600_SauceCondiment	Enchilada sauce, red	50	4	C	4
14620115	8600_SauceCondiment	Spinach and artichoke dip	50	2.5	D	3
12350240	8600_SauceCondiment	Spinach dip, regular	49	1.5	D	3
12350010	8600_SauceCondiment	Dip, NFS	48	1	E	2
12350230	8600_SauceCondiment	Ranch dip, regular	48	1	E	2
42204050	8600_SauceCondiment	Peanut sauce	47	2.5	D	3
12350210	8600_SauceCondiment	Dill dip, regular	46	1	E	3
12350250	8600_SauceCondiment	Vegetable dip, regular	46	1	E	3
83107000	8600_SauceCondiment	Mayonnaise, regular	46	0.5	E	4
83100200	8600_SauceCondiment	Salad dressing, NFS, for sandwiches	46	1	E	4
12350200	8600_SauceCondiment	Chipotle dip, regular	46	1.5	E	3
12350220	8600_SauceCondiment	Onion dip, regular	45	1.5	D	3
14620110	8600_SauceCondiment	Artichoke dip	45	2.5	D	3
14620130	8600_SauceCondiment	Seafood dip	45	1.5	E	3
83204030	8600_SauceCondiment	Mayonnaise, reduced fat, with olive oil	43	1.5	D	4
74415110	8600_SauceCondiment	Puerto Rican seasoning with ham and tomato sauce	41	3.5	C	2
27150190	8600_SauceCondiment	Lobster sauce	41	2	D	2
81302060	8600_SauceCondiment	Horseradish sauce	41	1.5	E	4
63409020	8600_SauceCondiment	Chutney	40	3.5	C	1
14630300	8600_SauceCondiment	Welsh rarebit	40	3	C	3
28500050	8600_SauceCondiment	Gravy, giblet	40	3.5	B	2
74401110	8600_SauceCondiment	Tomato catsup, reduced sodium	39	4	C	4
75506100	8600_SauceCondiment	Honey mustard dip	39	2	D	2
12350245	8600_SauceCondiment	Spinach dip, light	39	2.5	D	3
14620200	8600_SauceCondiment	Cheese dip	39	2.5	D	2
14650100	8600_SauceCondiment	Cheese sauce	39	2.5	D	2
74405010	8600_SauceCondiment	Tomato relish	38	3.5	C	1
13411000	8600_SauceCondiment	White sauce, milk sauce	38	3	C	3
81302050	8600_SauceCondiment	Tartar sauce	37	3	D	4
12350215	8600_SauceCondiment	Dill dip, light	35	2	D	2
12350255	8600_SauceCondiment	Vegetable dip, light	35	2	D	2
12350235	8600_SauceCondiment	Ranch dip, light	34	2	D	2
64401000	8600_SauceCondiment	Vinegar	34	3.5	B	2
14630100	8600_SauceCondiment	Cheese fondue	33	1.5	D	2
74402010	8600_SauceCondiment	Tomato chili sauce	33	2.5	C	4

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14650150	8600_SauceCondiment	Cheese sauce made with lowfat cheese	32	2.5	D	2
83204000	8600_SauceCondiment	Mayonnaise, light	32	2	D	4
14650195	8600_SauceCondiment	Alfredo sauce with seafood and added vegetables	31	2.5	C	3
41420100	8600_SauceCondiment	Miso sauce	31	2	D	2
27150210	8600_SauceCondiment	Fish sauce	31	0.5	C	4
14620150	8600_SauceCondiment	Cheese dip with chili pepper	31	2.5	D	4
12350225	8600_SauceCondiment	Onion dip, light	30	2.5	D	3
28500150	8600_SauceCondiment	Gravy, redeye	29	3.5	B	3
28500030	8600_SauceCondiment	Gravy, poultry, low sodium	29	4	A	4
28500060	8600_SauceCondiment	Gravy, beef or meat, low sodium	29	4	A	4
83110000	8600_SauceCondiment	Mayonnaise-type salad dressing	25	2	D	4
12350205	8600_SauceCondiment	Chipotle dip, light	25	2	D	3
75534550	8600_SauceCondiment	Wasabi paste	24	1	D	4
81312000	8600_SauceCondiment	Tartar sauce, reduced fat/calorie	24	2.5	C	2
13412000	8600_SauceCondiment	Milk gravy, quick gravy	24	3	C	2
28520100	8600_SauceCondiment	Oyster-flavored sauce	23	0.5	C	4
83108000	8600_SauceCondiment	Mayonnaise, imitation	22	2.5	D	4
14650190	8600_SauceCondiment	Alfredo sauce with seafood	21	2	D	3
14650185	8600_SauceCondiment	Alfredo sauce with poultry and added vegetables	21	3	D	2
28500020	8600_SauceCondiment	Gravy, meat, with fruit	21	4	B	3
81301000	8600_SauceCondiment	Garlic sauce	20	2.5	C	1
74406100	8600_SauceCondiment	Steak sauce, tomato-base	20	2	D	4
83204050	8600_SauceCondiment	Mayonnaise-type salad dressing, light	16	2	D	4
14650175	8600_SauceCondiment	Alfredo sauce with meat and added vegetables	16	3	D	2
28510020	8600_SauceCondiment	Gravy, meat-based, from Puerto-Rican style stuffed pot roast	14	2	D	2
74406500	8600_SauceCondiment	Cocktail sauce	14	3	D	4
14650165	8600_SauceCondiment	Alfredo sauce with added vegetables	13	3	D	3
14650180	8600_SauceCondiment	Alfredo sauce with poultry	12	2	D	2
28500080	8600_SauceCondiment	Gravy, poultry, home recipe	12	2.5	C	2
74401010	8600_SauceCondiment	Tomato catsup	11	2.5	D	4
81302040	8600_SauceCondiment	Sandwich spread	11	1.5	E	4
28510030	8600_SauceCondiment	Gravy, meat-based, from Puerto-Rican style beef stew	11	3.5	C	2
41420450	8600_SauceCondiment	Worcestershire sauce	11	2	D	4
81301020	8600_SauceCondiment	Lemon-butter sauce	9	1	D	2
14650170	8600_SauceCondiment	Alfredo sauce with meat	9	2	D	2
41420250	8600_SauceCondiment	Hoisin sauce	8	1	D	4
28500010	8600_SauceCondiment	Gravy, meat or poultry, with wine	8	3.5	B	4
55502000	8600_SauceCondiment	Flour and water gravy	8	3.5	B	1
28500040	8600_SauceCondiment	Gravy, beef or meat	7	3	C	4
28500070	8600_SauceCondiment	Gravy, beef or meat, home recipe	6	2.5	C	2
81302010	8600_SauceCondiment	Hollandaise sauce	5	0.5	E	2
83300700	8600_SauceCondiment	Mayonnaise, fat free	5	2.5	C	4
14650160	8600_SauceCondiment	Alfredo sauce	5	2	D	3
91361070	8600_SauceCondiment	Plum sauce, Asian style	5	2	D	1
41420410	8600_SauceCondiment	Teriyaki sauce, reduced sodium	3	1	D	4
41420400	8600_SauceCondiment	Teriyaki sauce	2	0.5	D	4
28520000	8600_SauceCondiment	Gravy or sauce, made with soy sauce, stock or bouillon, cornstarch	2	2.5	C	2
28500000	8600_SauceCondiment	Gravy, poultry	1	3	C	4
28500100	8600_SauceCondiment	Gravy, mushroom	1	3	C	4
28501010	8600_SauceCondiment	Gravy, beef or meat, fat free	1	3	C	4
28501110	8600_SauceCondiment	Gravy, poultry, fat free	1	3	C	4
74406010	8600_SauceCondiment	Barbecue sauce	1	1.5	D	4
91361010	8600_SauceCondiment	Sweet and sour sauce	1	2.5	C	4
91361050	8600_SauceCondiment	Duck sauce	1	2	D	4

foodcode	level1nd	Description	Food Compass Score	Health Star Rating	Nutri-Score	NOVA Category
91511090	9000_SavorySweet	Gelatin dessert, dietetic, with fruits and vegetables, sweetened with low calorie sweetener	93	4.5	A	2
91511100	9000_SavorySweet	Gelatin salad, dietetic, with vegetables, sweetened with low calorie sweetener	84	4	B	3
54403010	9000_SavorySweet	Popcorn, air-popped, unbuttered	80	5	A	1
11460200	9000_SavorySweet	Yogurt, frozen, chocolate, nonfat milk	77	3.5	A	4
11460400	9000_SavorySweet	Yogurt, frozen, chocolate, nonfat milk, with low-calorie sweetener	77	3.5	A	4
11460300	9000_SavorySweet	Yogurt, frozen, flavors other than chocolate, nonfat milk	77	3.5	A	4
11460410	9000_SavorySweet	Yogurt, frozen, flavors other than chocolate, nonfat milk, with low-calorie sweetener	77	3.5	A	4
54403045	9000_SavorySweet	Popcorn, popped in oil, unbuttered	74	4	C	1
91701010	9000_SavorySweet	Almonds, chocolate covered	74	4	D	4
41310900	9000_SavorySweet	Bean chips	72	5	C	2
91728500	9000_SavorySweet	Sugared pecans, sugar and egg white coating	69	4	D	4
73410210	9000_SavorySweet	Sweet potato chips	68	4.5	C	4
51808050	9000_SavorySweet	Breadsticks, hard, gluten free	68	4	C	4
54340100	9000_SavorySweet	Crackers, gluten free, plain	68	4	C	4
54340110	9000_SavorySweet	Crackers, gluten free, flavored	68	4	C	4
91703500	9000_SavorySweet	Nuts, carob-coated	67	3.5	D	4
91742010	9000_SavorySweet	Sesame Crunch, Sahadi	66	4	D	4
91511020	9000_SavorySweet	Gelatin dessert, dietetic, with fruit, sweetened with low calorie sweetener	65	4.5	B	1
54318500	9000_SavorySweet	Rice cake	65	4	A	4
54305010	9000_SavorySweet	Crackers, crispbread	62	4.5	A	4
91708010	9000_SavorySweet	Date candy	62	3.5	D	4
54403046	9000_SavorySweet	Popcorn, popped in oil, with added butter or margarine	61	2.5	D	3
54403083	9000_SavorySweet	Popcorn, ready-to-eat packaged, low sodium	61	4	C	4
54403084	9000_SavorySweet	Popcorn, ready-to-eat packaged, unsalted	61	4	C	4
54403040	9000_SavorySweet	Popcorn, air-popped, with added butter or margarine	59	4	C	3
91501090	9000_SavorySweet	Gelatin dessert with fruit, vegetable, and nuts	59	4	B	2
91304080	9000_SavorySweet	Topping, fruit, unsweetened	59	4	B	4
71202000	9000_SavorySweet	Potato chips, unsalted	58	4	C	4
71220000	9000_SavorySweet	Vegetable chips	58	4.5	C	4
54403054	9000_SavorySweet	Popcorn, microwave, low sodium	58	3	C	4
54403055	9000_SavorySweet	Popcorn, microwave, unsalted	58	3	C	4
11461270	9000_SavorySweet	Yogurt, frozen, cone, flavors other than chocolate, lowfat milk	58	3.5	B	4
54403082	9000_SavorySweet	Popcorn, ready-to-eat packaged, plain, light	58	4	C	4
54403061	9000_SavorySweet	Popcorn, microwave, kettle corn, light	57	4.5	C	4
54403086	9000_SavorySweet	Popcorn, ready-to-eat packaged, butter flavored, light	57	3	C	4
54403088	9000_SavorySweet	Popcorn, ready-to-eat packaged, cheese flavored, light	57	3	C	4
54403081	9000_SavorySweet	Popcorn, ready-to-eat packaged, plain	56	3	C	4
56205200	9000_SavorySweet	Rice, frozen dessert, nondairy, flavors other than chocolate	56	4	B	4
71202100	9000_SavorySweet	Potato chips, reduced fat, unsalted	56	4.5	B	4
54420210	9000_SavorySweet	Multigrain chips (Sun Chips)	56	3	C	4
54440020	9000_SavorySweet	Cracker chips	56	3	C	4
91732100	9000_SavorySweet	Planters Peanut Bar	56	3.5	E	4
54403059	9000_SavorySweet	Popcorn, microwave, kettle corn	56	3	C	4
71202500	9000_SavorySweet	Potato chips, lightly salted	56	4	C	4
71202510	9000_SavorySweet	Potato chips, restructured, lightly salted	56	4	C	4
54403053	9000_SavorySweet	Popcorn, microwave, plain, light	56	3.5	C	4
54403057	9000_SavorySweet	Popcorn, microwave, butter flavored, light	56	3.5	C	4
54401011	9000_SavorySweet	Corn nuts	55	3	C	4
11460160	9000_SavorySweet	Yogurt, frozen, chocolate, lowfat milk	55	3.5	B	4
91727010	9000_SavorySweet	Nuts, chocolate covered, not almonds or peanuts	55	1.5	E	4
56205240	9000_SavorySweet	Rice dessert bar, frozen, chocolate, nondairy, chocolate covered	54	3.5	B	4
91511070	9000_SavorySweet	Gelatin dessert, dietetic, with fruit and sour cream, sweetened with low calorie sweetener	54	4.5	A	4
91716010	9000_SavorySweet	Halvah, plain	54	2.5	D	4
54403080	9000_SavorySweet	Popcorn, ready-to-eat packaged, NFS	54	2.5	D	4
54403085	9000_SavorySweet	Popcorn, ready-to-eat packaged, butter flavored	54	2.5	D	4
71200110	9000_SavorySweet	Potato chips, barbecue flavored	53	3.5	D	4
71200120	9000_SavorySweet	Potato chips, sour cream and onion flavored	53	3.5	D	4
71200130	9000_SavorySweet	Potato chips, cheese flavored	53	3.5	D	4
71200140	9000_SavorySweet	Potato chips, other flavored	53	3.5	D	4
71200210	9000_SavorySweet	Potato chips, ruffled, barbecue flavored	53	3.5	D	4
71200220	9000_SavorySweet	Potato chips, ruffled, sour cream and onion flavored	53	3.5	D	4
71200230	9000_SavorySweet	Potato chips, ruffled, cheese flavored	53	3.5	D	4
71200240	9000_SavorySweet	Potato chips, ruffled, other flavored	53	3.5	D	4
54319020	9000_SavorySweet	Popcorn cake	53	4	A	4
11460190	9000_SavorySweet	Yogurt, frozen, NS as to flavor, nonfat milk	53	3	B	4
54403087	9000_SavorySweet	Popcorn, ready-to-eat packaged, cheese flavored	52	2.5	D	4
54403092	9000_SavorySweet	Popcorn, ready-to-eat packaged, other flavored	52	2.5	D	4
71200010	9000_SavorySweet	Potato chips, NFS	52	3.5	C	4
71200100	9000_SavorySweet	Potato chips, plain	52	3.5	C	4
71200200	9000_SavorySweet	Potato chips, ruffled, plain	52	3.5	C	4
54401026	9000_SavorySweet	Corn chips, flavored	52	2.5	C	4
54401031	9000_SavorySweet	Corn chips, plain (Fritos)	52	2.5	C	4
91304060	9000_SavorySweet	Topping, nuts and syrup	51	3	D	4
91701020	9000_SavorySweet	Almonds, sugar-coated	51	3	D	4
71201050	9000_SavorySweet	Potato chips, reduced fat	50	4	C	4
54401035	9000_SavorySweet	Corn chips, flavored (Fritos)	50	2	D	4
54401021	9000_SavorySweet	Corn chips, plain	49	2	D	4
53116500	9000_SavorySweet	Cake or cupcake, pumpkin, without icing or filling	49	2	D	2
91728000	9000_SavorySweet	Nut roll, fudge or nougat, caramel and nuts	48	3	D	4
54305020	9000_SavorySweet	Crackers, flatbread	48	4	C	4
56205230	9000_SavorySweet	Rice dessert bar, frozen, flavors other than chocolate, nondairy, carob covered	48	3.5	B	4
53104100	9000_SavorySweet	Cake or cupcake, carrot, without icing or filling	48	2	D	2
91731100	9000_SavorySweet	Peanuts, sugar-coated	48	1.5	D	4
91732000	9000_SavorySweet	Peanut bar	48	1.5	D	4
54318000	9000_SavorySweet	Chips, rice	47	4	A	4
91407150	9000_SavorySweet	Bean paste, sweetened	47	4	B	2
13250200	9000_SavorySweet	Mousse, chocolate, lowfat, reduced calorie, prepared from dry mix, water added	47	3.5	B	3
91701030	9000_SavorySweet	Almonds, yogurt-covered	47	1	E	4
53102600	9000_SavorySweet	Cake or cupcake, banana, without icing or filling	47	2	D	2
54401090	9000_SavorySweet	Corn chips, reduced sodium	47	2.5	C	4
91511110	9000_SavorySweet	Gelatin dessert, dietetic, with fruit and whipped topping, sweetened with low calorie sweetener	47	4.5	B	2
71205020	9000_SavorySweet	Potato sticks, plain	46	3	D	4
54200100	9000_SavorySweet	Crackers, butter, reduced sodium	45	4	B	4
54204020	9000_SavorySweet	Crackers, wheat, reduced sodium	45	4	B	4
54204030	9000_SavorySweet	Crackers, woven wheat, reduced sodium	45	4	B	4
51306000	9000_SavorySweet	Breadsticks, hard, whole wheat	45	3	C	4
54328120	9000_SavorySweet	Crackers, whole grain, sandwich, peanut butter filled	45	2.5	D	4
53452100	9000_SavorySweet	Pastry, fruit-filled	45	2.5	C	2
11461280	9000_SavorySweet	Yogurt, frozen, cone, chocolate, lowfat milk	44	3.5	B	4
53102100	9000_SavorySweet	Cake or cupcake, applesauce, without icing or filling	44	2	D	2
54403091	9000_SavorySweet	Popcorn, ready-to-eat packaged, kettle corn, light	44	3	C	4
91731150	9000_SavorySweet	Peanuts, yogurt covered	44	0.5	E	4
53117100	9000_SavorySweet	Cake or cupcake, spice, without icing or filling	44	2	D	2
71205030	9000_SavorySweet	Potato sticks, flavored	43	2.5	E	4

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71205040	9000_SavorySweet	Potato sticks, fry shaped	43	2.5	E	4
53440500	9000_SavorySweet	Strudel, cherry	43	3.5	C	2
71980200	9000_SavorySweet	Taro chips	42	3.5	C	4
91304070	9000_SavorySweet	Topping, peanut butter, thick, fudge type	42	2	C	4
54325060	9000_SavorySweet	Crackers, saltine, multigrain	42	2.5	C	4
71200400	9000_SavorySweet	Potato chips, baked, plain	42	4	C	4
71203010	9000_SavorySweet	Potato chips, popped, plain	42	4	C	4
71203030	9000_SavorySweet	Potato chips, popped, NFS	42	4	C	4
91406000	9000_SavorySweet	Jam, preserve, marmalade, sugar free, all flavors	42	4.5	A	4
91501110	9000_SavorySweet	Gelatin dessert with fruit and whipped topping	41	4	C	2
91703060	9000_SavorySweet	Caramel with nuts, chocolate covered	41	1.5	D	4
54337060	9000_SavorySweet	Crackers, woven wheat, reduced fat	41	3	C	4
71905410	9000_SavorySweet	Plantain chips	41	3	D	4
11460100	9000_SavorySweet	Yogurt, frozen, chocolate, NS as to type of milk	41	3	C	4
11460430	9000_SavorySweet	Yogurt, frozen, chocolate, whole milk	41	3	C	4
13220220	9000_SavorySweet	Pudding, chocolate, prepared from dry mix, low calorie, containing artificial sweetener, milk added	40	3.5	C	3
91716110	9000_SavorySweet	Halvah, chocolate covered	40	1	E	4
53116550	9000_SavorySweet	Cake or cupcake, raisin-nut	40	1.5	D	2
71200410	9000_SavorySweet	Potato chips, baked, flavored	40	3.5	D	4
71203020	9000_SavorySweet	Potato chips, popped, flavored	40	3.5	D	4
91700500	9000_SavorySweet	M&M's Almond Chocolate Candies	40	1	E	4
71201060	9000_SavorySweet	Potato chips, fat free	40	4	C	4
71200300	9000_SavorySweet	Potato chips, restructured, plain	39	3	D	4
13160160	9000_SavorySweet	Fat free ice cream, no sugar added, flavors other than chocolate	39	3.5	B	4
44201000	9000_SavorySweet	Carob chips	39	1.5	E	4
91301082	9000_SavorySweet	Chocolate syrup, thin type, sugar free	39	3.5	A	4
71200310	9000_SavorySweet	Potato chips, restructured, flavored	38	2.5	D	4
13140710	9000_SavorySweet	Light ice cream, creamsicle or dreamsicle, no sugar added	38	3.5	A	4
91405000	9000_SavorySweet	Jelly, sugar free, all flavors	38	4.5	A	4
91731000	9000_SavorySweet	Peanuts, chocolate covered	38	1	E	4
13210810	9000_SavorySweet	Pumpkin pudding, Puerto Rican style	38	4	C	3
91406600	9000_SavorySweet	Jam, preserve, marmalade, reduced sugar, all flavors	37	3	C	3
91406500	9000_SavorySweet	Jam, preserve, marmalade, sweetened with fruit juice concentrates, all flavors	37	3	C	3
54403089	9000_SavorySweet	Popcorn, ready-to-eat-packaged, kettle corn	37	2	D	4
53115310	9000_SavorySweet	Cake or cupcake, nut, without icing or filling	36	1.5	D	2
58124210	9000_SavorySweet	Pastry, cheese-filled	36	2	D	2
71201200	9000_SavorySweet	Potato chips, restructured, reduced fat, lightly salted	36	3	D	4
13220210	9000_SavorySweet	Pudding, flavors other than chocolate, prepared from dry mix, low calorie, containing artificial sweetener, milk ad	35	3.5	C	3
91405500	9000_SavorySweet	Jelly, reduced sugar, all flavors	35	3	C	3
91520100	9000_SavorySweet	Yokan	35	4	C	2
13120750	9000_SavorySweet	Ice cream cone with nuts, chocolate ice cream	35	2.5	C	4
53415200	9000_SavorySweet	Fritter, banana	35	3	C	3
53387000	9000_SavorySweet	Pie, Toll house chocolate chip	35	1	E	3
91501020	9000_SavorySweet	Gelatin dessert with fruit	34	4	B	3
91733200	9000_SavorySweet	Peanut Bar, chocolate covered candy	34	1	E	4
54402080	9000_SavorySweet	Tortilla chips, reduced sodium	34	3.5	A	4
13160400	9000_SavorySweet	Fat free ice cream, flavors other than chocolate	34	3.5	B	4
13160420	9000_SavorySweet	Fat free ice cream, NS as to flavor	34	3.5	B	4
53415300	9000_SavorySweet	Crisp, blueberry	34	3	C	3
63403150	9000_SavorySweet	Lime souffle	33	2	D	4
91511080	9000_SavorySweet	Gelatin dessert, dietetic, with fruit and cream cheese, sweetened with low calorie sweetener	33	4.5	B	4
91713060	9000_SavorySweet	Fudge, peanut butter, with nuts	33	1	E	4
91731010	9000_SavorySweet	M&M's Peanut Chocolate Candies	33	0.5	E	4
13120780	9000_SavorySweet	Ice cream cone, chocolate covered, with nuts, chocolate ice cream	33	2	D	4
91501120	9000_SavorySweet	Gelatin dessert with fruit and vegetables	33	4	B	3
13161000	9000_SavorySweet	Milk dessert bar, frozen, made from lowfat milk	32	4	A	4
53415220	9000_SavorySweet	Fritter, berry	32	2.5	C	3
58157210	9000_SavorySweet	Rice pudding made with coconut milk, Puerto Rican style	32	1.5	D	1
91705070	9000_SavorySweet	Chocolate, milk, with peanuts	32	1	E	4
91303000	9000_SavorySweet	Molasses	32	1	D	2
91403000	9000_SavorySweet	Fruit butter, all flavors	32	3.5	C	3
13120700	9000_SavorySweet	Ice cream cone with nuts, flavors other than chocolate	32	2.5	D	4
63420110	9000_SavorySweet	Fruit juice bar, frozen, flavor other than orange	32	4	C	4
63430100	9000_SavorySweet	Sorbet, fruit, noncitrus flavor	32	4	C	4
53105300	9000_SavorySweet	Cake or cupcake, German chocolate, with icing or filling	31	1	E	2
54337010	9000_SavorySweet	Crackers, woven wheat	31	3	C	4
54337020	9000_SavorySweet	Crackers, woven wheat, plain (Triscuit)	31	3	C	4
54337030	9000_SavorySweet	Crackers, woven wheat, flavored (Triscuit)	31	3	C	4
54338010	9000_SavorySweet	Crackers, wheat, plain (Wheat Thins)	31	3	C	4
54338020	9000_SavorySweet	Crackers, wheat, flavored (Wheat Thins)	31	3	C	4
54338000	9000_SavorySweet	Crackers, wheat	31	3	C	4
54403120	9000_SavorySweet	Popcorn, caramel coated, with nuts	31	1.5	D	4
13161600	9000_SavorySweet	Milk dessert bar, frozen, made from lowfat milk and low calorie sweetener	30	3.5	A	4
56116000	9000_SavorySweet	Noodles, chow mein	30	2	D	1
91734000	9000_SavorySweet	Peanut butter, chocolate covered	30	0.5	E	4
91770030	9000_SavorySweet	Dietetic or low calorie candy, chocolate covered	30	0.5	D	4
53420310	9000_SavorySweet	Wheat flour fritter, without syrup	30	1.5	D	3
53440300	9000_SavorySweet	Strudel, berry	30	3.5	C	3
63203700	9000_SavorySweet	Blueberry pie filling	30	3	C	4
53451500	9000_SavorySweet	Turnover, guava	30	3.5	C	3
54304150	9000_SavorySweet	Crackers, cheese, whole grain	30	2.5	D	4
55801010	9000_SavorySweet	Funnel cake with sugar and fruit	30	2	D	2
91734500	9000_SavorySweet	Peanut butter morsels	29	1	E	4
54102100	9000_SavorySweet	Graham crackers, reduced fat	29	2.5	C	4
53116510	9000_SavorySweet	Cake or cupcake, pumpkin, with icing or filling	29	1	E	2
53390100	9000_SavorySweet	Pie, tofu with fruit	29	2.5	C	4
91718000	9000_SavorySweet	Honey-combed hard candy with peanut butter	29	2	E	4
55801000	9000_SavorySweet	Funnel cake with sugar	29	2	D	2
91407100	9000_SavorySweet	Guava paste	29	1.5	D	3
54403001	9000_SavorySweet	Popcorn, NFS	28	1.5	E	4
54403051	9000_SavorySweet	Popcorn, microwave, NFS	28	1.5	E	4
54403052	9000_SavorySweet	Popcorn, microwave, plain	28	1.5	E	4
54403056	9000_SavorySweet	Popcorn, microwave, butter flavored	28	1.5	E	4
91708020	9000_SavorySweet	Soft fruit confections	28	3	D	4
53104260	9000_SavorySweet	Cake or cupcake, carrot, with icing or filling	28	1	E	2
91713040	9000_SavorySweet	Fudge, chocolate, with nuts	28	1	D	4
13210530	9000_SavorySweet	Pudding, tapioca, chocolate, made with milk	28	3	C	2
13110310	9000_SavorySweet	Ice cream, no sugar added, NS as to flavor	28	3	C	4
13110320	9000_SavorySweet	Ice cream, no sugar added, flavors other than chocolate	28	3	C	4
53452150	9000_SavorySweet	Pastry, Chinese, made with rice flour	28	3	C	2
91550300	9000_SavorySweet	Pineapple custard, Puerto Rican style	28	3.5	C	2
53415100	9000_SavorySweet	Crisp, apple, apple dessert	28	4	C	3
91734100	9000_SavorySweet	Reese's Peanut Butter Cup	28	0.5	E	4
91705310	9000_SavorySweet	Chocolate, sweet or dark, with almonds	28	2.5	E	4

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58149160	9000_SavorySweet	Noodle pudding, with milk	28	2.5	C	1
41480000	9000_SavorySweet	Tofu, frozen dessert, flavors other than chocolate	28	2.5	D	4
41410015	9000_SavorySweet	Soy chips	28	2.5	C	4
54403058	9000_SavorySweet	Popcorn, microwave, cheese flavored	28	1.5	E	4
54403062	9000_SavorySweet	Popcorn, microwave, other flavored	28	1.5	E	4
53102700	9000_SavorySweet	Cake or cupcake, banana, with icing or filling	27	1	E	2
53310000	9000_SavorySweet	Pie, raspberry, one crust	27	3.5	C	3
91705040	9000_SavorySweet	Chocolate, milk, with nuts, not almond or peanuts	27	0.5	E	4
53346000	9000_SavorySweet	Pie, peanut butter cream	27	2	D	2
53124110	9000_SavorySweet	Cake or cupcake, zucchini	27	1	E	2
53231400	9000_SavorySweet	Cookie, multigrain, high fiber	27	1	E	4
53223100	9000_SavorySweet	Cookie, granola	27	1	E	4
54301100	9000_SavorySweet	Crackers, butter, reduced fat	27	2	D	4
54338100	9000_SavorySweet	Crackers, wheat, reduced fat	27	2	D	4
53441110	9000_SavorySweet	Baklava	27	1.5	D	2
13110330	9000_SavorySweet	Ice cream, no sugar added, chocolate	26	3.5	B	4
91501070	9000_SavorySweet	Gelatin dessert with fruit and sour cream	26	4	C	3
53415120	9000_SavorySweet	Fritter, apple	26	2	D	3
58118110	9000_SavorySweet	Cornstarch coconut dessert, Puerto Rican style	26	1.5	D	2
54408310	9000_SavorySweet	Pretzels, hard, peanut butter filled	26	1.5	D	4
32120200	9000_SavorySweet	Zabaglione	26	2.5	C	2
63113030	9000_SavorySweet	Cherry pie filling	26	3.5	C	3
13140580	9000_SavorySweet	Light ice cream, no sugar added, cone, chocolate	26	3	B	4
53100050	9000_SavorySweet	Cake batter, raw, chocolate	26	2	D	3
54402200	9000_SavorySweet	Snack mix	25	2	D	4
53102200	9000_SavorySweet	Cake or cupcake, applesauce, with icing or filling	25	1	E	2
53117200	9000_SavorySweet	Cake or cupcake, spice, with icing or filling	25	1	E	2
53303000	9000_SavorySweet	Pie, blackberry, two crust	25	3.5	C	3
54103000	9000_SavorySweet	Crackers, breakfast biscuit	25	2.5	D	4
91734450	9000_SavorySweet	Reese's Crispy Crunchy Bar	25	1	E	4
91718050	9000_SavorySweet	Honey-combed hard candy with peanut butter, chocolate covered	25	1	E	4
53452450	9000_SavorySweet	Cheese pastry puffs	25	2	D	3
91726150	9000_SavorySweet	MARS Almond Bar	25	1	E	4
53303510	9000_SavorySweet	Pie, berry, not blackberry, blueberry, boysenberry, huckleberry, raspberry, or strawberry; one crust	25	3	C	3
53415500	9000_SavorySweet	Crisp, peach	25	3	D	3
54102015	9000_SavorySweet	Graham crackers (Teddy Grahams)	25	2	D	4
91733000	9000_SavorySweet	Peanut brittle	25	2	E	4
53105275	9000_SavorySweet	Cake or cupcake, chocolate, devil's food or fudge, without icing or filling	25	2	D	3
54102010	9000_SavorySweet	Graham crackers	25	2	D	4
13250100	9000_SavorySweet	Mousse, not chocolate	25	3	D	2
91560100	9000_SavorySweet	Haupia	25	1.5	D	2
91361020	9000_SavorySweet	Fruit sauce	25	3	D	2
13210300	9000_SavorySweet	Custard	25	3.5	B	2
91705500	9000_SavorySweet	Mexican chocolate, tablet	25	1.5	D	4
13250000	9000_SavorySweet	Mousse, chocolate	24	2	D	3
53441210	9000_SavorySweet	Basbousa	24	2	D	2
13161630	9000_SavorySweet	Light ice cream, bar or stick, with low-calorie sweetener, chocolate coated	24	3	C	4
13210110	9000_SavorySweet	Pudding, bread	24	3	C	3
54403006	9000_SavorySweet	Popcorn, movie theater, unbuttered	24	0.5	E	4
13140110	9000_SavorySweet	Light ice cream, bar or stick, chocolate covered, with nuts	24	1.5	D	4
71201210	9000_SavorySweet	Potato chips, restructured, fat free	24	3	D	4
91705060	9000_SavorySweet	Milk chocolate candy, with almonds	24	0.5	E	4
53452170	9000_SavorySweet	Pastry, cookie type, fried	24	2	D	2
13140575	9000_SavorySweet	Light ice cream, no sugar added, cone, flavors other than chocolate	24	3.5	C	4
53344300	9000_SavorySweet	Dessert pizza	24	3.5	C	3
53344200	9000_SavorySweet	Mixed fruit tart filled with custard or cream cheese	24	3	C	2
13140570	9000_SavorySweet	Light ice cream, no sugar added, cone, NS as to flavor	23	3	C	4
91705050	9000_SavorySweet	Milk chocolate candy, with fruit and nuts	23	0.5	E	4
91731060	9000_SavorySweet	M&M's Peanut Butter Chocolate Candies	23	0.5	E	4
11460420	9000_SavorySweet	Yogurt, frozen, NS as to flavor, whole milk	23	3	C	4
91407120	9000_SavorySweet	Sweet potato paste	23	1.5	D	2
41480010	9000_SavorySweet	Tofu, frozen dessert, chocolate	23	3	C	4
13241000	9000_SavorySweet	Pudding, with fruit and vanilla wafers	23	3	C	3
13120130	9000_SavorySweet	Ice cream bar or stick, rich ice cream, chocolate covered, with nuts	23	1.5	D	4
11460000	9000_SavorySweet	Yogurt, frozen, flavors other than chocolate, NS as to type of milk	23	3	C	4
11460440	9000_SavorySweet	Yogurt, frozen, flavors other than chocolate, whole milk	23	3	C	4
53115450	9000_SavorySweet	Cake or cupcake, peanut butter	23	1	E	3
53452120	9000_SavorySweet	Pastry, made with bean or lotus seed paste filling, baked	23	2.5	C	2
53206020	9000_SavorySweet	Cookie, chocolate chip, made from home recipe or purchased at a bakery	23	0.5	E	2
53410300	9000_SavorySweet	Cobbler, berry	23	3	C	3
91301060	9000_SavorySweet	Maple syrup	23	1.5	D	2
53312000	9000_SavorySweet	Pie, strawberry, one crust	23	3.5	C	3
53260200	9000_SavorySweet	Cookie, oatmeal, sugar free	23	2	D	4
53415600	9000_SavorySweet	Crisp, rhubarb	23	2.5	D	3
91708150	9000_SavorySweet	Yogurt covered fruit snacks candy, with added vitamin C	22	1	D	4
54102050	9000_SavorySweet	Crackers, oatmeal	22	2.5	D	4
54339000	9000_SavorySweet	Crackers, corn	22	2.5	D	4
53115320	9000_SavorySweet	Cake or cupcake, nut, with icing or filling	22	1	E	3
13210450	9000_SavorySweet	Pudding, rice flour, and nuts	22	3	C	1
91501080	9000_SavorySweet	Gelatin dessert with fruit and cream cheese	22	4	B	3
54326000	9000_SavorySweet	Crackers, multigrain	22	1.5	D	4
91501040	9000_SavorySweet	Gelatin dessert with fruit and whipped cream	22	4	C	3
54401170	9000_SavorySweet	Tortilla chips, low fat, unsalted	22	4	A	4
53260500	9000_SavorySweet	Cookie, sugar wafer, sugar free	22	4	C	4
91703080	9000_SavorySweet	Caramel, all flavors, sugar free	22	2.5	D	4
91550100	9000_SavorySweet	Coconut cream cake, Puerto Rican style	22	1	E	2
13142000	9000_SavorySweet	Milk dessert bar or stick, frozen, with coconut	22	2.5	C	4
53260600	9000_SavorySweet	Cookie, peanut butter, sugar free	22	2	D	4
91734400	9000_SavorySweet	Reese's Fast Break	22	0.5	E	4
91304090	9000_SavorySweet	Topping, chocolate flavored hazelnut spread	22	0.5	E	4
13220120	9000_SavorySweet	Pudding, chocolate, prepared from dry mix, milk added	22	3	C	3
91718110	9000_SavorySweet	Butterfinger Crisp	22	0.5	E	4
53452420	9000_SavorySweet	Pastry, puff, custard or cream filled, iced or not iced	21	2	D	3
91703030	9000_SavorySweet	Caramel, with nuts	21	1	E	4
13210610	9000_SavorySweet	Pudding, coconut	21	3	C	3
91705300	9000_SavorySweet	Chocolate, sweet or dark	21	0.5	E	4
53347000	9000_SavorySweet	Pie, pumpkin	21	2.5	C	4
53347070	9000_SavorySweet	Pie, pumpkin, individual size or tart	21	2.5	C	4
54401085	9000_SavorySweet	Tortilla chips, flavored	21	2.5	D	4
54401110	9000_SavorySweet	Tortilla chips, nacho cheese flavor (Doritos)	21	2.5	D	4
54401112	9000_SavorySweet	Tortilla chips, other flavors (Doritos)	21	2.5	D	4
91713020	9000_SavorySweet	Fudge, chocolate, chocolate-coated, with nuts	21	0.5	E	4
91713090	9000_SavorySweet	Fudge, divinity	21	1	D	4
13130340	9000_SavorySweet	Light ice cream, no sugar added, chocolate	21	3	C	4

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13160150	9000_SavorySweet	Fat free ice cream, no sugar added, chocolate	21	3	C	4
91703250	9000_SavorySweet	TWIX Chocolate Fudge Cookie Bars	21	1	D	4
54401055	9000_SavorySweet	Cheese flavored corn snacks	21	1.5	E	4
54401081	9000_SavorySweet	Cheese flavored corn snacks (Cheetos)	21	1.5	E	4
54328000	9000_SavorySweet	Crackers, sandwich	21	1.5	D	4
54328100	9000_SavorySweet	Crackers, sandwich, peanut butter filled	21	1.5	D	4
91705200	9000_SavorySweet	Chocolate, semi-sweet morsel	21	0.5	E	4
53410800	9000_SavorySweet	Cobbler, peach	20	3.5	C	3
13230140	9000_SavorySweet	Pudding, ready-to-eat, low calorie, containing artificial sweetener, chocolate	20	3	C	4
13210250	9000_SavorySweet	Pudding, chocolate, low calorie, containing artificial sweetener, NS as to from dry mix or ready-to-eat	20	3	C	4
91713050	9000_SavorySweet	Fudge, peanut butter	20	0.5	E	4
53347600	9000_SavorySweet	Pie, squash	20	3	C	2
13140900	9000_SavorySweet	Light ice cream, fudgesicle	20	3	C	4
53115100	9000_SavorySweet	Cake or cupcake, marble, without icing or filling	20	1.5	D	3
11460250	9000_SavorySweet	Yogurt, frozen, flavors other than chocolate, with sorbet or sorbet-coated	20	3	C	4
53360000	9000_SavorySweet	Pie, sweet potato	20	2.5	D	2
53310050	9000_SavorySweet	Pie, raspberry, two crust	20	3	C	3
13210270	9000_SavorySweet	Custard, Puerto Rican style	20	3	C	2
13130630	9000_SavorySweet	Light ice cream, soft serve cone, chocolate	20	3	C	4
63420100	9000_SavorySweet	Fruit juice bar, frozen, orange flavor	20	4	C	4
63430110	9000_SavorySweet	Sorbet, fruit, citrus flavor	20	4	C	4
91402000	9000_SavorySweet	Jam, preserve, all flavors	20	2.5	D	3
53314000	9000_SavorySweet	Pie, strawberry, individual size or tart	20	3	C	3
11459990	9000_SavorySweet	Yogurt, frozen, NS as to flavor, NS as to type of milk	20	3	B	4
11460150	9000_SavorySweet	Yogurt, frozen, NS as to flavor, lowfat milk	20	3	B	4
13252100	9000_SavorySweet	Coconut custard, Puerto Rican style	20	1.5	D	2
53110000	9000_SavorySweet	Cake, fruit cake, light or dark, holiday type cake	20	2.5	C	4
54402700	9000_SavorySweet	Pita chips	19	2.5	D	4
13252500	9000_SavorySweet	Barfi or Burfi, Indian dessert, made from milk and/or cream and/or Ricotta cheese	19	1.5	D	1
91708160	9000_SavorySweet	Yogurt covered fruit snacks candy rolls, with high vitamin C	19	2	D	4
51184100	9000_SavorySweet	Breadsticks, hard, reduced sodium	19	4	A	4
11460170	9000_SavorySweet	Yogurt, frozen, flavors other than chocolate, lowfat milk	19	3	B	4
53307050	9000_SavorySweet	Pie, peach, one crust	19	3	C	3
58123120	9000_SavorySweet	Sweet bread dough, filled with bean paste, meatless, steamed	19	3	B	2
91713100	9000_SavorySweet	Fudge, brown sugar, penuche	19	0.5	D	4
91735000	9000_SavorySweet	Pralines	19	0.5	D	4
53304050	9000_SavorySweet	Pie, blueberry, one crust	19	3	C	3
91304250	9000_SavorySweet	Topping, milk chocolate with cereal	19	0.5	E	4
11461250	9000_SavorySweet	Yogurt, frozen, cone, chocolate	19	2	C	4
91703050	9000_SavorySweet	Caramel with nuts and cereal, chocolate covered	19	0.5	E	4
54401065	9000_SavorySweet	Cheese flavored corn snacks, reduced fat	19	2	D	4
53341070	9000_SavorySweet	Pie, banana cream, individual size or tart	19	2.5	C	2
13210710	9000_SavorySweet	Pudding, cornmeal, milk, and molasses	19	3	C	1
63420200	9000_SavorySweet	Fruit juice bar, frozen, sweetened with low calorie sweetener, flavors other than orange	19	4.5	B	4
13210500	9000_SavorySweet	Pudding, tapioca, made from home recipe, made with milk	19	3	C	1
54401075	9000_SavorySweet	Tortilla chips, plain	19	3.5	B	4
13120400	9000_SavorySweet	Ice cream bar or stick with fruit	19	3	C	4
53430750	9000_SavorySweet	Tamale, sweet, with fruit	19	3.5	C	2
54420220	9000_SavorySweet	Snack mix, plain (Chex Mix)	19	2.5	C	4
53410900	9000_SavorySweet	Cobbler, rhubarb	19	2.5	D	3
91736000	9000_SavorySweet	Pineapple candy, Puerto Rican style	19	1.5	D	4
53260300	9000_SavorySweet	Cookie, sandwich, sugar free	19	2.5	C	4
53410850	9000_SavorySweet	Cobbler, pear	19	3.5	C	3
91304300	9000_SavorySweet	Topping, chocolate, hard coating	18	0.5	E	4
54403160	9000_SavorySweet	Popcorn, chocolate coated	18	1.5	E	4
53118500	9000_SavorySweet	Cake, torte	18	2	D	3
54403005	9000_SavorySweet	Popcorn, movie theater, with added butter	18	0.5	E	4
51168000	9000_SavorySweet	Bread, Spanish coffee	18	3.5	B	4
53390000	9000_SavorySweet	Pie, shoo-fly	18	1.5	D	2
91739010	9000_SavorySweet	Raisins, chocolate covered	18	0.5	E	4
91739600	9000_SavorySweet	Raisins, yogurt covered	18	1.5	E	4
91705410	9000_SavorySweet	Chocolate, white, with almonds	18	0.5	E	4
91713080	9000_SavorySweet	Fudge, vanilla, with nuts	18	0.5	D	4
53302070	9000_SavorySweet	Pie, apricot, individual size or tart	18	2.5	C	4
53302000	9000_SavorySweet	Pie, apricot, two crust	18	3	C	3
53300170	9000_SavorySweet	Pie, individual size or tart, NFS	18	2.5	C	4
53301070	9000_SavorySweet	Pie, apple, individual size or tart	18	2.5	C	4
53200100	9000_SavorySweet	Cookie, batter or dough, raw	18	1	E	2
53343070	9000_SavorySweet	Pie, coconut cream, individual size or tart	17	3	C	2
91734200	9000_SavorySweet	Reese's Pieces	17	0.5	E	4
53308070	9000_SavorySweet	Pie, pineapple, individual size or tart	17	2.5	C	4
53203500	9000_SavorySweet	Cookie, biscotti	17	2	D	2
54402610	9000_SavorySweet	Potato chips, restructured, multigrain	17	2.5	D	4
53440700	9000_SavorySweet	Strudel, peach	17	3.5	C	4
91715100	9000_SavorySweet	SNICKERS Bar	17	0.5	E	4
53347100	9000_SavorySweet	Pie, raspberry cream	17	3	C	3
54336100	9000_SavorySweet	Crackers, wonton	17	2	D	4
53224250	9000_SavorySweet	Cookie, lemon bar	17	1.5	D	3
53303500	9000_SavorySweet	Pie, berry, not blackberry, blueberry, boysenberry, huckleberry, raspberry, or strawberry; two crust	17	3	C	3
13210180	9000_SavorySweet	Pudding, Mexican bread	17	2	D	2
51161050	9000_SavorySweet	Roll, sweet, frosted	17	2	D	4
91726000	9000_SavorySweet	Nougat, plain	17	2	C	4
53348000	9000_SavorySweet	Pie, strawberry cream	17	3	C	3
53451750	9000_SavorySweet	Turnover, pumpkin	17	3	C	4
91104100	9000_SavorySweet	Sugar, cinnamon	17	1	C	2
54319005	9000_SavorySweet	Crackers, rice and nuts	17	3.5	B	4
53410500	9000_SavorySweet	Cobbler, cherry	17	2.5	C	3
13110130	9000_SavorySweet	Ice cream, rich, chocolate	17	1.5	D	4
53440800	9000_SavorySweet	Strudel, cheese and fruit	17	3	C	3
54301010	9000_SavorySweet	Crackers, butter, plain	17	1.5	D	4
54301020	9000_SavorySweet	Crackers, butter, flavored	17	1.5	D	4
54301030	9000_SavorySweet	Crackers, butter (Ritz)	17	1.5	D	4
54001000	9000_SavorySweet	Crackers, NFS	17	1.5	D	4
53452200	9000_SavorySweet	Pastry, Italian, with cheese	17	3	C	3
53385500	9000_SavorySweet	Pie, oatmeal	17	1.5	D	3
54401111	9000_SavorySweet	Tortilla chips, cool ranch flavor (Doritos)	17	3	C	4
91703600	9000_SavorySweet	Espresso coffee beans, chocolate-covered	17	0.5	E	4
13210750	9000_SavorySweet	Pudding, pumpkin	16	3	C	4
53311050	9000_SavorySweet	Pie, rhubarb, one crust	16	3	C	3
91718300	9000_SavorySweet	Ladoo, round ball, Asian-Indian dessert	16	2.5	D	4
58118210	9000_SavorySweet	Cornmeal coconut dessert, Puerto Rican style	16	1	D	2
53309000	9000_SavorySweet	Pie, raisin, two crust	16	2.5	C	2
53309070	9000_SavorySweet	Pie, raisin, individual size or tart	16	2.5	C	2
91302010	9000_SavorySweet	Honey	16	1	D	2

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13210820	9000_SavorySweet	Fresh corn custard, Puerto Rican style	16	1	E	2
53304070	9000_SavorySweet	Pie, blueberry, individual size or tart	16	2.5	C	3
53610170	9000_SavorySweet	Coffee cake, crumb or quick-bread type, with fruit	16	1.5	D	2
53610200	9000_SavorySweet	Coffee cake, crumb or quick-bread type, cheese-filled	16	1.5	D	2
53303570	9000_SavorySweet	Pie, berry, not blackberry, blueberry, boysenberry, huckleberry, raspberry, or strawberry, individual size or tart	16	2.5	C	3
53305010	9000_SavorySweet	Pie, cherry, one crust	16	2.5	C	3
53610100	9000_SavorySweet	Coffee cake, crumb or quick-bread type	16	1.5	D	2
53121275	9000_SavorySweet	Cake or cupcake, yellow, without icing or filling	16	1.5	D	3
13120120	9000_SavorySweet	Ice cream bar or stick, rich chocolate ice cream, thick chocolate covering	16	1	D	4
53100070	9000_SavorySweet	Cake batter, raw, not chocolate	16	2	D	3
13210150	9000_SavorySweet	Bread pudding made with evaporated milk and rum	16	2	D	3
53235000	9000_SavorySweet	Cookie, peanut butter sandwich	16	1.5	D	4
53345000	9000_SavorySweet	Pie, lemon cream	16	2	D	3
53410100	9000_SavorySweet	Cobbler, apple	15	3	C	3
53113000	9000_SavorySweet	Cake, jelly roll	15	1.5	D	3
54328110	9000_SavorySweet	Crackers, sandwich, reduced fat, peanut butter filled	15	2	D	4
53313000	9000_SavorySweet	Pie, strawberry-rhubarb, two crust	15	3	C	3
53342070	9000_SavorySweet	Pie, chocolate cream, individual size or tart	15	2	C	2
61113500	9000_SavorySweet	Lemon pie filling	15	1.5	D	3
53115410	9000_SavorySweet	Cake or cupcake, oatmeal	15	1.5	D	3
91108010	9000_SavorySweet	Sugar substitute, stevia, liquid	15	3.5	B	2
13210190	9000_SavorySweet	Pudding, Mexican bread, low fat	15	2	D	2
53109300	9000_SavorySweet	Cake, Dobos Torte	15	1	E	3
91760200	9000_SavorySweet	Toffee, chocolate-coated, with nuts	15	0.5	E	4
13120140	9000_SavorySweet	Ice cream bar or stick, chocolate ice cream, chocolate covered	15	1.5	D	4
53452400	9000_SavorySweet	Pastry, puff	14	2	D	4
13210520	9000_SavorySweet	Pudding, tapioca, made from dry mix, made with milk	14	3	C	1
53105500	9000_SavorySweet	Cake, chocolate, with icing, diet	14	2.5	D	4
53308500	9000_SavorySweet	Pie, prune, one crust	14	2	D	3
53116570	9000_SavorySweet	Cake, Ravani	14	2	D	3
91705010	9000_SavorySweet	Milk chocolate candy, plain	14	0.5	E	4
91401000	9000_SavorySweet	Jelly, all flavors	14	2.5	D	3
13210160	9000_SavorySweet	Diplomat pudding, Puerto Rican style	14	1.5	D	2
13120100	9000_SavorySweet	Ice cream bar or stick, chocolate covered	14	1.5	D	4
53366000	9000_SavorySweet	Pie, yogurt, frozen	14	2	D	4
54404020	9000_SavorySweet	Popcorn chips, sweet flavors	14	3.5	B	4
53385000	9000_SavorySweet	Pie, pecan	14	2	D	4
53385070	9000_SavorySweet	Pie, pecan, individual size or tart	14	2	D	4
91705020	9000_SavorySweet	Milk chocolate candy, with cereal	14	0.5	E	4
91705420	9000_SavorySweet	Chocolate, white, with cereal	14	0.5	E	4
13110110	9000_SavorySweet	Ice cream, regular, chocolate	14	2	D	4
54201010	9000_SavorySweet	Crackers, matzo, reduced sodium	14	4	A	4
54307000	9000_SavorySweet	Crackers, matzo	14	4	A	4
53105270	9000_SavorySweet	Cake or cupcake, chocolate, devil's food or fudge, with icing or filling	14	1.5	D	4
54328105	9000_SavorySweet	Crackers, sandwich, peanut butter filled (Ritz)	14	1.5	D	4
53234000	9000_SavorySweet	Cookie, peanut butter	14	1	E	4
53116600	9000_SavorySweet	Cake, rice flour, without icing or filling	14	2	D	2
53345070	9000_SavorySweet	Pie, lemon cream, individual size or tart	14	2	D	3
32120100	9000_SavorySweet	Egg dessert, Puerto Rican style	14	1.5	D	1
53120275	9000_SavorySweet	Cake or cupcake, white, without icing or filling	14	1.5	D	3
53410200	9000_SavorySweet	Cobbler, apricot	14	3.5	C	4
53450300	9000_SavorySweet	Turnover or dumpling, berry	13	2	D	3
91718200	9000_SavorySweet	Chocolate-flavored sprinkles	13	0.5	E	4
54328210	9000_SavorySweet	Crackers, sandwich, cheese filled (Ritz)	13	1.5	D	4
91301090	9000_SavorySweet	Sorghum syrup	13	1	D	4
53307070	9000_SavorySweet	Pie, peach, individual size or tart	13	3	D	3
53301500	9000_SavorySweet	Pie, apple, one crust	13	3	D	3
91703300	9000_SavorySweet	TWIX Peanut Butter Cookie Bars	13	0.5	E	4
13127010	9000_SavorySweet	Dippin' Dots, flash frozen ice cream snacks, chocolate	13	2	D	4
53100100	9000_SavorySweet	Cake or cupcake, NS as to type	13	1.5	D	4
53452130	9000_SavorySweet	Pastry, made with bean paste and salted egg yolk filling, baked	13	1.5	D	2
54406010	9000_SavorySweet	Onion flavored rings	13	1.5	D	4
91760500	9000_SavorySweet	Truffles	13	0.5	E	4
53307500	9000_SavorySweet	Pie, pear, two crust	13	3	C	3
53344000	9000_SavorySweet	Pie, custard	13	3	C	4
53306070	9000_SavorySweet	Pie, mince, individual size or tart	13	2	D	2
91703150	9000_SavorySweet	Toblerone, milk chocolate with honey and almond nougat	13	0.5	E	4
53220040	9000_SavorySweet	Cookie, fig bar, fat free	13	2	D	4
53220000	9000_SavorySweet	Cookie, fruit-filled bar	13	2	D	4
53220010	9000_SavorySweet	Cookie, fruit-filled bar, fat free	13	2	D	4
53220030	9000_SavorySweet	Cookie, fig bar	13	2	D	4
13120110	9000_SavorySweet	Ice cream bar or stick, chocolate or caramel covered, with nuts	13	1	E	4
53311000	9000_SavorySweet	Pie, rhubarb, two crust	13	3	C	3
91802000	9000_SavorySweet	Chewing gum, sugar free	13	3.5	B	4
53453170	9000_SavorySweet	Empanada, Mexican turnover, pumpkin	13	3	C	2
53234100	9000_SavorySweet	Cookie, peanut butter, with chocolate	13	1	E	4
13110210	9000_SavorySweet	Ice cream, soft serve, chocolate	13	2	D	4
91715000	9000_SavorySweet	Fudge, caramel and nut, chocolate-coated candy	13	0.5	E	4
54401095	9000_SavorySweet	Tortilla chips, popped	12	3.5	C	4
54404000	9000_SavorySweet	Popcorn chips, plain	12	3.5	C	4
54404010	9000_SavorySweet	Popcorn chips, other flavors	12	3.5	C	4
53303070	9000_SavorySweet	Pie, blackberry, individual size or tart	12	3	C	4
53251100	9000_SavorySweet	Cookie, rugelach	12	2	D	4
53451000	9000_SavorySweet	Turnover or dumpling, peach	12	2	D	3
54328200	9000_SavorySweet	Crackers, sandwich, cheese filled	12	1.5	E	4
53346500	9000_SavorySweet	Pie, pineapple cream	12	2.5	C	3
54408485	9000_SavorySweet	Pretzels, soft, gluten free	12	2.5	C	4
53347500	9000_SavorySweet	Pie, sour cream, raisin	12	2.5	D	4
53260400	9000_SavorySweet	Cookie, sugar or plain, sugar free	12	2	D	4
91511050	9000_SavorySweet	Gelatin dessert, dietetic, with cream cheese, sweetened with low calorie sweetener	12	3.5	B	3
53112000	9000_SavorySweet	Cake, ice cream and cake roll, chocolate	12	1.5	D	4
53420300	9000_SavorySweet	Air filled fritter or fried puff, without syrup, Puerto Rican style	12	1	E	3
53450500	9000_SavorySweet	Turnover or dumpling, cherry	12	2.5	D	3
53122070	9000_SavorySweet	Cake, shortcake, biscuit type, with whipped cream and fruit	12	2	D	2
53106500	9000_SavorySweet	Cake, cream, without icing or topping	12	1.5	E	3
53344070	9000_SavorySweet	Pie, custard, individual size or tart	12	3	C	3
13127000	9000_SavorySweet	Dippin' Dots, flash frozen ice cream snacks, flavors other than chocolate	12	2	D	4
13110000	9000_SavorySweet	Ice cream, NFS	12	2	D	4
13252600	9000_SavorySweet	Tiramisu	12	1	E	3
13130100	9000_SavorySweet	Light ice cream, NS as to flavor	12	2.5	C	4
13130300	9000_SavorySweet	Light ice cream, flavors other than chocolate	12	2.5	C	4
13110100	9000_SavorySweet	Ice cream, regular, flavors other than chocolate	11	2	D	4
13110200	9000_SavorySweet	Ice cream, soft serve, flavors other than chocolate	11	2	D	4
13110220	9000_SavorySweet	Ice cream, soft serve, NS as to flavor	11	2	D	4

foodcode	level1nd	Description	Food Compass Score	Health Star Rating	Nutri-Score	NOVA Category
13120050	9000_SavorySweet	Ice cream bar or stick, not chocolate covered or cake covered	11	2	D	4
53410860	9000_SavorySweet	Cobbler, pineapple	11	2.5	C	3
13220230	9000_SavorySweet	Pudding, ready-to-eat, chocolate, reduced fat	11	3	C	4
13220235	9000_SavorySweet	Pudding, ready-to-eat, chocolate, fat free	11	3	C	4
53305080	9000_SavorySweet	Pie, cherry, fried pie	11	2.5	C	4
53302080	9000_SavorySweet	Pie, apricot, fried pie	11	2.5	C	4
54403110	9000_SavorySweet	Popcorn, caramel coated	11	1	D	4
91734300	9000_SavorySweet	Reese's Sticks	11	0.5	E	4
53300180	9000_SavorySweet	Pie, fried, NFS	11	2.5	C	4
53301080	9000_SavorySweet	Pie, apple, fried pie	11	2.5	C	4
53430700	9000_SavorySweet	Tamale, sweet	11	2.5	C	2
53340500	9000_SavorySweet	Pie, cherry, made with cream cheese and sour cream	11	2	D	3
13122100	9000_SavorySweet	Ice cream pie, no crust	11	2	D	4
53386000	9000_SavorySweet	Pie, pudding, flavors other than chocolate	11	2.5	C	3
53119000	9000_SavorySweet	Cake, pineapple, upside down	11	1	E	2
53307080	9000_SavorySweet	Pie, peach, fried pie	11	2.5	C	4
53233040	9000_SavorySweet	Cookie, oatmeal, reduced fat, NS as to raisins	11	2.5	D	4
51184000	9000_SavorySweet	Breadsticks, hard, NFS	11	2.5	C	4
53305750	9000_SavorySweet	Pie, lemon, fried pie	11	2.5	C	4
53420250	9000_SavorySweet	Cream puff, no filling or icing	11	2	D	4
13121200	9000_SavorySweet	Ice cream sundae, prepackaged type, flavors other than chocolate	11	2.5	C	4
53382000	9000_SavorySweet	Pie, chocolate-marshmallow	11	1	E	4
51185000	9000_SavorySweet	Croutons	11	1.5	D	4
13120121	9000_SavorySweet	Ice cream bar or stick, rich ice cream, thick chocolate covering	11	1	E	4
53311070	9000_SavorySweet	Pie, rhubarb, individual size or tart	11	2	D	3
53104300	9000_SavorySweet	Cake, carrot, diet	11	3	D	4
53440000	9000_SavorySweet	Strudel, apple	10	2.5	C	4
91706100	9000_SavorySweet	Coconut candy, no chocolate covering	10	0.5	E	4
53111000	9000_SavorySweet	Cake or cupcake, gingerbread	10	1.5	D	3
53122080	9000_SavorySweet	Cake, shortcake, biscuit type, with fruit	10	2.5	C	2
13220110	9000_SavorySweet	Pudding, flavors other than chocolate, prepared from dry mix, milk added	10	2.5	C	3
53237000	9000_SavorySweet	Cookie, raisin	10	1	E	4
13120760	9000_SavorySweet	Ice cream cone, chocolate covered or dipped, chocolate ice cream	10	2	D	4
91726410	9000_SavorySweet	Nougat, chocolate covered	10	1.5	D	4
13130610	9000_SavorySweet	Light ice cream, soft serve, chocolate	10	3	C	4
53420400	9000_SavorySweet	Sopaipilla, without syrup or honey	10	1.5	D	3
53440750	9000_SavorySweet	Strudel, pineapple	10	2.5	D	4
53226600	9000_SavorySweet	Cookie, marshmallow and peanut butter, with oat cereal, no bake	10	2	D	4
53234250	9000_SavorySweet	Cookie, peanut butter with rice cereal, no bake	10	2	D	4
53226500	9000_SavorySweet	Cookie, marshmallow, with rice cereal, no bake	10	2	D	4
91706000	9000_SavorySweet	Coconut candy, chocolate covered	10	0.5	E	4
11461000	9000_SavorySweet	Yogurt, frozen, chocolate-coated	10	1	E	4
13120300	9000_SavorySweet	Ice cream bar, cake covered	10	2	D	4
91715200	9000_SavorySweet	Baby Ruth	10	0.5	E	4
53101250	9000_SavorySweet	Cake, angel food, with fruit and icing or filling	10	3	D	3
91501100	9000_SavorySweet	Gelatin salad with vegetables	10	4	C	3
53308000	9000_SavorySweet	Pie, pineapple, two crust	10	2.5	C	3
91718100	9000_SavorySweet	Butterfinger	10	0.5	E	4
53306000	9000_SavorySweet	Pie, mince, two crust	10	3	C	4
11461260	9000_SavorySweet	Yogurt, frozen, cone, flavors other than chocolate	10	2.5	D	4
53440600	9000_SavorySweet	Strudel, cheese	10	2	D	3
91304020	9000_SavorySweet	Topping, chocolate, thick, fudge type	9	1.5	D	4
13120790	9000_SavorySweet	Ice cream sundae cone	9	2.5	C	4
54202020	9000_SavorySweet	Crackers, saltine, reduced sodium	9	2.5	C	4
13120710	9000_SavorySweet	Ice cream cone, chocolate covered, with nuts, flavors other than chocolate	9	1	E	4
53450000	9000_SavorySweet	Turnover or dumpling, apple	9	2	D	3
54304005	9000_SavorySweet	Crackers, cheese (Cheez-It)	9	1.5	E	4
54304020	9000_SavorySweet	Crackers, cheese (Goldfish)	9	1.5	E	4
54304000	9000_SavorySweet	Crackers, cheese	9	1.5	E	4
53305700	9000_SavorySweet	Pie, lemon, not cream or meringue	9	1.5	D	3
13140660	9000_SavorySweet	Light ice cream, sundae, soft serve, chocolate or fudge topping, without whipped cream	9	2.5	C	4
13130320	9000_SavorySweet	Light ice cream, no sugar added, NS as to flavor	9	3	C	4
13130330	9000_SavorySweet	Light ice cream, no sugar added, flavors other than chocolate	9	3	C	4
13120720	9000_SavorySweet	Ice cream cone, chocolate covered or dipped, flavors other than chocolate	9	2	D	4
13130310	9000_SavorySweet	Light ice cream, chocolate	9	2.5	C	4
13130590	9000_SavorySweet	Light ice cream, soft serve, NS as to flavor	9	3	C	4
13130600	9000_SavorySweet	Light ice cream, soft serve, flavors other than chocolate	9	3	C	4
13140100	9000_SavorySweet	Light ice cream, bar or stick, chocolate coated	9	1	D	4
91746010	9000_SavorySweet	Sugar-coated chocolate discs	9	0.5	E	4
91746100	9000_SavorySweet	M&M's Milk Chocolate Candies	9	0.5	E	4
91746120	9000_SavorySweet	Sixlets	9	0.5	E	4
91746150	9000_SavorySweet	Easter egg, candy coated chocolate	9	0.5	E	4
13160410	9000_SavorySweet	Fat free ice cream, chocolate	9	2.5	D	4
91511060	9000_SavorySweet	Gelatin dessert, dietetic, with sour cream, sweetened with low calorie sweetener	9	3.5	B	4
53118550	9000_SavorySweet	Cake, tres leche	9	1.5	D	2
53410880	9000_SavorySweet	Cobbler, plum	9	3.5	C	4
13120770	9000_SavorySweet	Ice cream cone, no topping, chocolate ice cream	9	2	D	4
51161000	9000_SavorySweet	Pan Dulce, with fruit, no frosting	9	2	D	4
51160100	9000_SavorySweet	Roll, sweet, cinnamon bun, no frosting	9	2	D	4
51165000	9000_SavorySweet	Coffee cake, yeast type	9	2	D	4
13210260	9000_SavorySweet	Rice flour cream, Puerto Rican style	8	2.5	C	1
53305720	9000_SavorySweet	Pie, lemon, not cream or meringue, individual size or tart	8	1.5	D	3
53341500	9000_SavorySweet	Pie, buttermilk	8	1.5	E	3
91713010	9000_SavorySweet	Fudge, chocolate, chocolate-coated	8	0.5	E	4
53115200	9000_SavorySweet	Cake or cupcake, marble, with icing or filling	8	1.5	E	4
53209010	9000_SavorySweet	Cookie, sugar wafer, chocolate-covered	8	0.5	E	4
53210900	9000_SavorySweet	Cookie, graham cracker with chocolate and marshmallow	8	1	E	4
13136000	9000_SavorySweet	Ice cream sandwich, made with light, no sugar added ice cream	8	4	A	4
91611100	9000_SavorySweet	Ice pop, sweetened with low calorie sweetener	8	3.5	B	4
13120740	9000_SavorySweet	Ice cream cone, no topping, NS as to flavor	8	2	D	4
13121000	9000_SavorySweet	Ice cream sundae, NS as to topping, with whipped cream	8	1.5	D	4
51161020	9000_SavorySweet	Roll, sweet, with fruit, frosted	8	1.5	D	4
91351020	9000_SavorySweet	Topping, dietetic	8	3.5	B	4
91404000	9000_SavorySweet	Marmalade, all flavors	8	1.5	D	3
13121300	9000_SavorySweet	Ice cream sundae, chocolate or fudge topping, with whipped cream	8	2	D	4
53340000	9000_SavorySweet	Pie, apple-sour cream	8	3.5	C	4
13140600	9000_SavorySweet	Light ice cream, sundae, soft serve, chocolate or fudge topping, with whipped cream	8	2	D	4
13210350	9000_SavorySweet	Flan	8	2.5	D	2
54102020	9000_SavorySweet	Graham crackers, chocolate covered	8	0.5	E	4
54401121	9000_SavorySweet	Tortilla chips, reduced fat, plain	8	3.5	B	4
54401122	9000_SavorySweet	Tortilla chips, reduced fat, flavored	8	3.5	B	4
91303500	9000_SavorySweet	Sugar, brown, liquid	8	1.5	D	2
91706400	9000_SavorySweet	Coconut candy, Puerto Rican style	8	0.5	E	4
13130700	9000_SavorySweet	Light ice cream, soft serve, blended with candy or cookies	8	2.5	C	4

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63430500	9000_SavorySweet	Fruit juice bar with cream, frozen	8	3	C	4
91102010	9000_SavorySweet	Sugar, brown	7	0.5	D	2
91301120	9000_SavorySweet	Sugar, carmelized	7	0.5	D	2
13120730	9000_SavorySweet	Ice cream cone, no topping, flavors other than chocolate	7	2.5	D	4
54440010	9000_SavorySweet	Bagel chips	7	2.5	C	4
13140550	9000_SavorySweet	Light ice cream, cone, chocolate	7	3	C	4
91301200	9000_SavorySweet	Sugar, brown, and water syrup	7	1	D	2
91705090	9000_SavorySweet	Chocolate candy with fondant and caramel	7	0.5	E	4
53206500	9000_SavorySweet	Cookie, chocolate, made with rice cereal	7	0.5	E	4
91304030	9000_SavorySweet	Topping, fruit	7	3	C	4
54408487	9000_SavorySweet	Pretzels, soft, gluten free, coated or flavored	7	2	D	4
53208000	9000_SavorySweet	Cookie, marshmallow, chocolate-covered	7	1.5	D	4
53208200	9000_SavorySweet	Cookie, marshmallow pie, chocolate covered	7	1.5	D	4
53226000	9000_SavorySweet	Cookie, marshmallow, with coconut	7	1.5	D	4
13140670	9000_SavorySweet	Light ice cream, sundae, soft serve, fruit topping, without whipped cream	7	3	C	4
51161280	9000_SavorySweet	Pan Dulce, with raisins and icing	7	3	C	4
91707010	9000_SavorySweet	Fondant, chocolate covered	7	1	D	4
53450800	9000_SavorySweet	Turnover or dumpling, lemon	7	2.5	D	3
53236100	9000_SavorySweet	Cookie, pumpkin	7	1.5	D	4
53108220	9000_SavorySweet	Snack cake, chocolate, with icing or filling, reduced fat and calories	7	2.5	D	4
13140450	9000_SavorySweet	Light ice cream, cone, NFS	7	3	B	4
13140500	9000_SavorySweet	Light ice cream, cone, flavors other than chocolate	7	3	B	4
53520200	9000_SavorySweet	Churros	7	1	E	3
53203000	9000_SavorySweet	Cookie, applesauce	6	1.5	D	4
53206550	9000_SavorySweet	Cookie, chocolate, made with oatmeal and coconut, no bake	6	1.5	D	4
53233100	9000_SavorySweet	Cookie, oatmeal, with chocolate and peanut butter, no bake	6	1.5	D	4
13121100	9000_SavorySweet	Ice cream sundae, fruit topping, with whipped cream	6	2.5	D	4
53235500	9000_SavorySweet	Cookie, with peanut butter filling, chocolate-coated	6	0.5	E	4
53233010	9000_SavorySweet	Cookie, oatmeal, with raisins	6	1.5	D	4
53233000	9000_SavorySweet	Cookie, oatmeal	6	1.5	D	4
53114100	9000_SavorySweet	Cake or cupcake, lemon, with icing or filling	6	1	E	2
53121270	9000_SavorySweet	Cake or cupcake, yellow, with icing or filling	6	1.5	D	4
51161270	9000_SavorySweet	Pan Dulce, with sugar topping	6	3	C	4
53209500	9000_SavorySweet	Cookie, chocolate and vanilla sandwich	6	1	E	4
53209015	9000_SavorySweet	Cookie, chocolate sandwich	6	1	E	4
54319000	9000_SavorySweet	Crackers, rice	6	3.5	B	4
91705030	9000_SavorySweet	Kit Kat	6	0.5	E	4
91705430	9000_SavorySweet	Kit Kat White	6	0.5	E	4
53206000	9000_SavorySweet	Cookie, chocolate chip	6	1	E	4
53242500	9000_SavorySweet	Cookie, toffee bar	6	1	E	4
53211000	9000_SavorySweet	Cookie bar, with chocolate, nuts, and graham crackers	6	1	E	4
53104550	9000_SavorySweet	Cheesecake with fruit	6	3	D	4
13150000	9000_SavorySweet	Sherbet, all flavors	6	3	C	4
53108200	9000_SavorySweet	Snack cake, chocolate, with icing or filling	6	1.5	D	4
53209020	9000_SavorySweet	Cookie, chocolate sandwich, reduced fat	6	1.5	D	4
53521100	9000_SavorySweet	Doughnut, chocolate, raised or yeast, with chocolate icing	6	1.5	D	4
53260030	9000_SavorySweet	Cookie, chocolate chip, sugar free	6	1.5	D	4
13140630	9000_SavorySweet	Light ice cream, sundae, soft serve, fruit topping, with whipped cream	6	2.5	C	4
53391150	9000_SavorySweet	Pie shell, chocolate wafer	6	1.5	D	4
54313000	9000_SavorySweet	Crackers, oyster	6	2	D	4
54325000	9000_SavorySweet	Crackers, saltine	6	2	D	4
53201000	9000_SavorySweet	Cookie, NFS	6	1	E	4
11461200	9000_SavorySweet	Yogurt, frozen, sandwich	6	2.5	C	4
53209100	9000_SavorySweet	Cookie, chocolate, sandwich, with extra filling	6	1	E	4
54406200	9000_SavorySweet	Shrimp chips	6	2	D	4
53205260	9000_SavorySweet	Cookie, bar, with chocolate	5	1	E	4
53420000	9000_SavorySweet	Cream puff, eclair, custard or cream filled, NS as to icing	5	1.5	D	4
53243010	9000_SavorySweet	Cookie, vanilla sandwich, extra filling	5	1	E	4
53233060	9000_SavorySweet	Cookie, oatmeal, with chocolate chips	5	1.5	D	4
13140700	9000_SavorySweet	Light ice cream, creamsicle or dreamsicle	5	2.5	C	4
13161500	9000_SavorySweet	Milk dessert sandwich bar, frozen, made from lowfat milk	5	3	C	4
53348070	9000_SavorySweet	Pie, strawberry cream, individual size or tart	5	3	C	4
13161520	9000_SavorySweet	Milk dessert sandwich bar, frozen, with low-calorie sweetener, made from lowfat milk	5	2	D	4
13130620	9000_SavorySweet	Light ice cream, soft serve cone, flavors other than chocolate	5	3	C	4
13130640	9000_SavorySweet	Light ice cream, soft serve cone, NS as to flavor	5	3	C	4
53241600	9000_SavorySweet	Cookie, butter or sugar, with fruit and/or nuts	5	1.5	E	4
53415400	9000_SavorySweet	Crisp, cherry	5	2	D	4
13122500	9000_SavorySweet	Ice cream pie, with cookie crust, fudge topping, and whipped cream	5	2	D	4
53307000	9000_SavorySweet	Pie, peach, two crust	5	3	C	4
53114000	9000_SavorySweet	Cake or cupcake, lemon, without icing or filling	5	1.5	D	4
91800100	9000_SavorySweet	Chewing gum, NFS	5	3	C	4
53371000	9000_SavorySweet	Pie, chiffon, chocolate	5	2	D	4
91703400	9000_SavorySweet	Whatchamacallit	5	0.5	E	4
91713030	9000_SavorySweet	Fudge, chocolate	4	0.5	E	4
53204840	9000_SavorySweet	Cookie, brownie, reduced fat, NS as to icing	4	2.5	D	4
53204860	9000_SavorySweet	Cookie, brownie, fat free, NS as to icing	4	2.5	D	4
13126000	9000_SavorySweet	Ice cream, fried	4	2	D	4
53237010	9000_SavorySweet	Cookie, raisin sandwich, cream-filled	4	1.5	D	4
91305010	9000_SavorySweet	Icing, chocolate	4	0.5	E	4
53233080	9000_SavorySweet	Cookie, oatmeal sandwich, with peanut butter and jelly filling	4	1.5	D	4
53233050	9000_SavorySweet	Cookie, oatmeal sandwich, with creme filling	4	1.5	D	4
51161250	9000_SavorySweet	Pan Dulce, no topping	4	3	B	4
53116650	9000_SavorySweet	Cake, Quezadilla, El Salvadorian style	4	3	B	4
53207000	9000_SavorySweet	Cookie, chocolate or fudge	4	1	E	4
53210000	9000_SavorySweet	Cookie, chocolate wafer	4	1	E	4
53341750	9000_SavorySweet	Pie, chess	4	0.5	E	2
53341000	9000_SavorySweet	Pie, banana cream	4	2.5	C	4
53373000	9000_SavorySweet	Pie, black bottom	4	2	D	4
13121500	9000_SavorySweet	Ice cream sundae, fudge topping, with cake, with whipped cream	4	2	D	4
53304000	9000_SavorySweet	Pie, blueberry, two crust	4	3	C	4
91726425	9000_SavorySweet	3 Musketeers Truffle Crisp Bar	4	0.5	E	4
53381000	9000_SavorySweet	Pie, lemon meringue	4	2.5	C	4
53381070	9000_SavorySweet	Pie, lemon meringue, individual size or tart	4	2.5	C	4
53386250	9000_SavorySweet	Pie, pudding, chocolate, with chocolate coating, individual size	4	1.5	D	4
53391100	9000_SavorySweet	Pie shell, graham cracker	3	1.5	D	4
13135010	9000_SavorySweet	Ice cream sandwich, made with light chocolate ice cream	3	2.5	C	4
53224000	9000_SavorySweet	Cookie, ladyfinger	3	2	D	4
54308000	9000_SavorySweet	Crackers, milk	3	2	D	4
53420410	9000_SavorySweet	Sopaipilla with syrup or honey	3	1.5	D	3
53112100	9000_SavorySweet	Cake, ice cream and cake roll, not chocolate	3	1.5	D	4
53109220	9000_SavorySweet	Snack cake, not chocolate, with icing or filling, reduced fat and calories	3	3	D	4
54304100	9000_SavorySweet	Crackers, cheese, reduced fat	3	1.5	D	4
53238000	9000_SavorySweet	Cookie, sandwich-type, not chocolate or vanilla	3	1.5	D	4
53243000	9000_SavorySweet	Cookie, vanilla sandwich	3	1.5	D	4

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54102200	9000_SavorySweet	Graham crackers, sandwich, with filling	3	1.5	D	4
53247500	9000_SavorySweet	Cookie, vanilla with caramel, coconut, and chocolate coating	3	0.5	E	4
13210290	9000_SavorySweet	Pudding, flavors other than chocolate, low calorie, containing artificial sweetener, NS as to from dry mix or ready	3	3	C	4
13230120	9000_SavorySweet	Pudding, ready-to-eat, low calorie, containing artificial sweetener, flavors other than chocolate	3	3	C	4
32401000	9000_SavorySweet	Meringues	3	1	D	2
91200005	9000_SavorySweet	Sugar substitute, liquid, NFS	3	3.5	B	4
91351010	9000_SavorySweet	Syrup, dietetic	3	3.5	B	4
53226550	9000_SavorySweet	Cookie, marshmallow, with rice cereal and chocolate chips	3	0.5	E	4
13170000	9000_SavorySweet	Baked Alaska	3	2	D	4
53420100	9000_SavorySweet	Cream puff, eclair, custard or cream filled, not iced	3	1.5	D	4
53239100	9000_SavorySweet	Pocky	3	1.5	D	4
53123080	9000_SavorySweet	Cake, shortcake, sponge type, with fruit	3	2	D	3
53520150	9000_SavorySweet	Doughnut, cake type, chocolate covered, dipped in peanuts	3	1	E	4
53116350	9000_SavorySweet	Cake, pound, Puerto Rican style	2	0.5	E	2
91611050	9000_SavorySweet	Ice pop filled with ice cream, all flavor varieties	2	3	C	4
53215500	9000_SavorySweet	Cookie, coconut	2	0.5	E	4
53225000	9000_SavorySweet	Cookie, macaroon	2	0.5	E	4
13230130	9000_SavorySweet	Pudding, ready-to-eat, chocolate	2	3	C	4
13210410	9000_SavorySweet	Pudding, rice	2	3	C	4
53301750	9000_SavorySweet	Pie, apple, diet	2	3	C	4
13210220	9000_SavorySweet	Pudding, chocolate, NS as to from dry mix or ready-to-eat	2	3	C	4
13230500	9000_SavorySweet	Pudding, ready-to-eat, tapioca	2	3	C	4
53308300	9000_SavorySweet	Pie, plum, two crust	2	2.5	D	4
53123500	9000_SavorySweet	Cake, shortcake, with whipped topping and fruit, diet	2	2.5	D	4
13200110	9000_SavorySweet	Pudding, NFS	2	3	C	4
53521210	9000_SavorySweet	Doughnut, custard-filled	2	2	D	4
53521120	9000_SavorySweet	Doughnut, chocolate, raised or yeast	2	1.5	D	4
53204100	9000_SavorySweet	Cookie, brownie, with icing or filling	2	1	E	4
53307570	9000_SavorySweet	Pie, pear, individual size or tart	2	2.5	C	4
53270100	9000_SavorySweet	Cookies, Puerto Rican style	2	1	E	2
53247000	9000_SavorySweet	Cookie, vanilla wafer	2	1.5	D	4
53247050	9000_SavorySweet	Cookie, vanilla wafer, reduced fat	2	1.5	D	4
91801000	9000_SavorySweet	Chewing gum, regular	2	1.5	D	4
53386500	9000_SavorySweet	Pie, pudding, flavors other than chocolate, with chocolate coating, individual size	2	1.5	D	4
53102800	9000_SavorySweet	Cake or cupcake, Black Forest	1	1.5	D	4
53510000	9000_SavorySweet	Danish pastry, plain or spice	1	1.5	D	4
91306030	9000_SavorySweet	Chocolate dip	1	1	E	4
53204000	9000_SavorySweet	Cookie, brownie, NS as to icing	1	1.5	D	4
53204010	9000_SavorySweet	Cookie, brownie, without icing	1	1.5	D	4
53520120	9000_SavorySweet	Doughnut, chocolate, cake type	1	1.5	D	4
91705400	9000_SavorySweet	Chocolate, white	1	0.5	E	4
51187020	9000_SavorySweet	Anisette toast	1	3	C	4
51188500	9000_SavorySweet	Zwieback toast	1	3	C	4
91726140	9000_SavorySweet	MILKY WAY MIDNIGHT Bar	1	0.5	E	4
53205250	9000_SavorySweet	Cookie, butterscotch, brownie	1	1.5	D	4
13110120	9000_SavorySweet	Ice cream, rich, flavors other than chocolate	1	1.5	D	4
13110140	9000_SavorySweet	Ice cream, rich, NS as to flavor	1	1.5	D	4
13120310	9000_SavorySweet	Ice cream bar, stick or nugget, with crunch coating	1	1	D	4
13120500	9000_SavorySweet	Ice cream sandwich	1	2.5	C	4
13120550	9000_SavorySweet	Ice cream cookie sandwich	1	3	C	4
13121400	9000_SavorySweet	Ice cream sundae, not fruit or chocolate topping, with whipped cream	1	1.5	D	4
13135000	9000_SavorySweet	Ice cream sandwich, made with light ice cream, flavors other than chocolate	1	3	C	4
13140650	9000_SavorySweet	Light ice cream, sundae, soft serve, not fruit or chocolate topping, with whipped cream	1	2	D	4
13140680	9000_SavorySweet	Light ice cream, sundae, soft serve, not fruit or chocolate topping, without whipped cream	1	2.5	C	4
13210280	9000_SavorySweet	Pudding, flavors other than chocolate, NS as to from dry mix or ready-to-eat	1	2.5	C	4
13220240	9000_SavorySweet	Pudding, ready-to-eat, flavors other than chocolate, reduced fat	1	3	C	4
13220245	9000_SavorySweet	Pudding, ready-to-eat, flavors other than chocolate, fat free	1	3	C	4
13230110	9000_SavorySweet	Pudding, ready-to-eat, flavors other than chocolate	1	2.5	C	4
13230200	9000_SavorySweet	Pudding, ready-to-eat, chocolate and non-chocolate flavors combined	1	3	C	4
13230510	9000_SavorySweet	Pudding, ready-to-eat, tapioca, fat free	1	3	C	4
13252200	9000_SavorySweet	Milk dessert or milk candy, Puerto Rican style	1	1.5	D	4
51160000	9000_SavorySweet	Roll, sweet, no frosting	1	3	C	4
51160110	9000_SavorySweet	Roll, sweet, cinnamon bun, frosted	1	0.5	E	4
51161030	9000_SavorySweet	Roll, sweet, with fruit, frosted, diet	1	0.5	E	4
51166000	9000_SavorySweet	Croissant	1	1	E	4
51166100	9000_SavorySweet	Croissant, cheese	1	1.5	D	4
51166200	9000_SavorySweet	Croissant, chocolate	1	1	E	4
51166500	9000_SavorySweet	Croissant, fruit	1	1.5	D	4
51167000	9000_SavorySweet	Brioche	1	1	D	4
51187000	9000_SavorySweet	Melba toast	1	4	B	4
51188100	9000_SavorySweet	Pannetone	1	2	D	4
53101100	9000_SavorySweet	Cake, angel food, without icing or filling	1	2	D	4
53101200	9000_SavorySweet	Cake, angel food, with icing or filling	1	1	E	2
53103000	9000_SavorySweet	Cake, Boston cream pie	1	2	D	4
53104400	9000_SavorySweet	Cake or cupcake, coconut, with icing or filling	1	1	E	4
53104500	9000_SavorySweet	Cheesecake	1	1	E	4
53104600	9000_SavorySweet	Cheesecake, chocolate	1	1	E	4
53109200	9000_SavorySweet	Snack cake, not chocolate, with icing or filling	1	1	E	4
53116000	9000_SavorySweet	Cake, pound, without icing or filling	1	1.5	E	4
53116020	9000_SavorySweet	Cake, pound, with icing or filling	1	1	E	4
53116270	9000_SavorySweet	Cake, pound, chocolate	1	1	E	4
53116390	9000_SavorySweet	Cake, pound, reduced fat, cholesterol free	1	2	D	4
53118100	9000_SavorySweet	Cake, sponge, without icing or filling	1	1.5	D	4
53118200	9000_SavorySweet	Cake, sponge, with icing or filling	1	1	E	4
53118300	9000_SavorySweet	Cake, sponge, chocolate	1	1	E	4
53118410	9000_SavorySweet	Rum cake, without icing	1	1.5	E	4
53120270	9000_SavorySweet	Cake or cupcake, white, with icing or filling	1	1.5	D	4
53123070	9000_SavorySweet	Cake, shortcake, sponge type, with whipped cream and fruit	1	2	D	3
53202000	9000_SavorySweet	Cookie, almond	1	1	E	4
53206030	9000_SavorySweet	Cookie, chocolate chip, reduced fat	1	1.5	D	4
53206100	9000_SavorySweet	Cookie, chocolate chip sandwich	1	1	E	4
53207020	9000_SavorySweet	Cookie, chocolate or fudge, reduced fat	1	1.5	D	4
53207050	9000_SavorySweet	Cookie, chocolate, with chocolate filling or coating, fat free	1	1.5	D	4
53209005	9000_SavorySweet	Cookie, chocolate, with icing or coating	1	0.5	E	4
53222010	9000_SavorySweet	Cookie, fortune	1	2	D	4
53222020	9000_SavorySweet	Cookie, cone shell, ice cream type, wafer or cake	1	3.5	B	4
53223000	9000_SavorySweet	Cookie, gingersnaps	1	2	D	4
53228000	9000_SavorySweet	Cookie, meringue	1	0.5	D	2
53230000	9000_SavorySweet	Cookie, molasses	1	1.5	D	4
53231000	9000_SavorySweet	Cookie, Lebkuchen	1	1.5	D	4
53235600	9000_SavorySweet	Cookie, Pfeffernusse	1	1	E	4
53236000	9000_SavorySweet	Cookie, Pizzelle	1	3.5	B	4
53237500	9000_SavorySweet	Cookie, rum ball, no bake	1	1	E	4
53239000	9000_SavorySweet	Cookie, shortbread	1	1	E	4

foodcode	level1nd	Description	Food Compass Score	Health Star Rating	Nutri-Score	NOVA Category
53239010	9000_SavorySweet	Cookie, shortbread, reduced fat	1	1.5	D	4
53239050	9000_SavorySweet	Cookie, shortbread, with icing or filling	1	1	E	4
53240000	9000_SavorySweet	Cookie, animal	1	1.5	D	4
53240010	9000_SavorySweet	Cookie, animal, with frosting or icing	1	0.5	E	4
53241500	9000_SavorySweet	Cookie, butter or sugar	1	1	E	4
53241510	9000_SavorySweet	Marie biscuit	1	1.5	D	4
53242000	9000_SavorySweet	Cookie, sugar wafer	1	0.5	E	4
53243050	9000_SavorySweet	Cookie, vanilla sandwich, reduced fat	1	1.5	D	4
53244010	9000_SavorySweet	Cookie, butter or sugar, with chocolate icing or filling	1	0.5	E	4
53244020	9000_SavorySweet	Cookie, butter or sugar, with icing or filling other than chocolate	1	1	E	4
53246000	9000_SavorySweet	Cookie, tea, Japanese	1	2	D	4
53261000	9000_SavorySweet	Cookie, gluten free	1	0.5	E	4
53300100	9000_SavorySweet	Pie, NFS	1	3	C	4
53301000	9000_SavorySweet	Pie, apple, two crust	1	3	C	4
53305000	9000_SavorySweet	Pie, cherry, two crust	1	2.5	C	4
53305070	9000_SavorySweet	Pie, cherry, individual size or tart	1	2.5	C	4
53342000	9000_SavorySweet	Pie, chocolate cream	1	1	E	4
53343000	9000_SavorySweet	Pie, coconut cream	1	2	D	4
53365000	9000_SavorySweet	Pie, vanilla cream	1	2.5	D	4
53370000	9000_SavorySweet	Pie, chiffon, not chocolate	1	2	D	4
53386050	9000_SavorySweet	Pie, pudding, flavors other than chocolate, individual size or tart	1	2	D	4
53391000	9000_SavorySweet	Pie shell	1	1.5	D	4
53391200	9000_SavorySweet	Vanilla wafer dessert base	1	1.5	E	4
53420200	9000_SavorySweet	Cream puff, eclair, custard or cream filled, iced	1	1.5	D	4
53420210	9000_SavorySweet	Cream puff, eclair, custard or cream filled, iced, reduced fat	1	2	D	4
53452500	9000_SavorySweet	Pastry, mainly flour and water, fried	1	1.5	D	4
53453150	9000_SavorySweet	Empanada, Mexican turnover, fruit-filled	1	2.5	C	4
53500100	9000_SavorySweet	Breakfast pastry, NFS	1	1.5	D	4
53510100	9000_SavorySweet	Danish pastry, with fruit	1	1.5	D	4
53511000	9000_SavorySweet	Danish pastry, with cheese	1	2	D	4
53520000	9000_SavorySweet	Doughnut, NS as to cake or yeast	1	1	E	4
53520110	9000_SavorySweet	Doughnut, cake type	1	1	E	4
53520140	9000_SavorySweet	Doughnut, cake type, chocolate covered	1	0.5	E	4
53520160	9000_SavorySweet	Doughnut, chocolate, cake type, with chocolate icing	1	0.5	E	4
53520500	9000_SavorySweet	Doughnut, Asian	1	1	E	4
53520600	9000_SavorySweet	Cruller, NFS	1	1	E	4
53520700	9000_SavorySweet	French cruller	1	1.5	D	4
53521110	9000_SavorySweet	Doughnut, raised or yeast	1	1.5	E	4
53521130	9000_SavorySweet	Doughnut, raised or yeast, chocolate covered	1	1	E	4
53521140	9000_SavorySweet	Doughnut, jelly	1	1.5	D	4
53521220	9000_SavorySweet	Doughnut, chocolate cream-filled	1	1.5	D	4
53521230	9000_SavorySweet	Doughnut, custard-filled, with icing	1	1.5	E	4
53530000	9000_SavorySweet	Breakfast tart	1	1.5	D	4
53530010	9000_SavorySweet	Breakfast tart, lowfat	1	3	C	4
54102060	9000_SavorySweet	Crackers, Cuban	1	1.5	D	4
54319500	9000_SavorySweet	Rice paper	1	3.5	B	3
54325010	9000_SavorySweet	Crackers, saltine, reduced fat	1	2.5	C	4
54336000	9000_SavorySweet	Crackers, water	1	3.5	B	4
54408000	9000_SavorySweet	Pretzels, NFS	1	2	C	4
54408015	9000_SavorySweet	Pretzels, hard, NFS	1	2	C	4
54408016	9000_SavorySweet	Pretzels, hard, plain, salted	1	2	C	4
54408017	9000_SavorySweet	Pretzels, hard, plain, lightly salted	1	3	C	4
54408030	9000_SavorySweet	Pretzels, hard, plain, unsalted	1	3.5	A	4
54408035	9000_SavorySweet	Pretzels, hard, flavored	1	2	C	4
54408070	9000_SavorySweet	Pretzels, hard, multigrain	1	2	C	4
54408081	9000_SavorySweet	Pretzels, hard, plain, gluten free	1	1	D	4
54408082	9000_SavorySweet	Pretzels, hard, flavored, gluten free	1	1	D	4
54408105	9000_SavorySweet	Pretzel chips, hard, plain	1	1	C	4
54408110	9000_SavorySweet	Pretzel chips, hard, flavored	1	0.5	C	4
54408115	9000_SavorySweet	Pretzel chips, hard, gluten free	1	0.5	D	4
54408190	9000_SavorySweet	Pretzels, hard, coated, NFS	1	1	E	4
54408200	9000_SavorySweet	Pretzels, hard, chocolate coated	1	1	E	4
54408210	9000_SavorySweet	Pretzels, hard, white chocolate coated	1	0.5	E	4
54408250	9000_SavorySweet	Pretzels, hard, yogurt coated	1	0.5	E	4
54408260	9000_SavorySweet	Pretzels, hard, coated, gluten free	1	0.5	E	4
54408290	9000_SavorySweet	Pretzels, hard, filled, NFS	1	0.5	E	4
54408300	9000_SavorySweet	Pretzels, hard, cheese filled	1	0.5	E	4
54408400	9000_SavorySweet	Pretzels, soft, NFS	1	2	D	4
54408405	9000_SavorySweet	Pretzels, soft, ready-to-eat, NFS	1	2	D	4
54408410	9000_SavorySweet	Pretzels, soft, ready-to-eat, salted, buttered	1	2	D	4
54408411	9000_SavorySweet	Pretzels, soft, ready-to-eat, unsalted, buttered	1	3.5	B	4
54408415	9000_SavorySweet	Pretzels, soft, ready-to-eat, salted, no butter	1	2	D	4
54408416	9000_SavorySweet	Pretzels, soft, ready-to-eat, unsalted, no butter	1	3.5	A	4
54408420	9000_SavorySweet	Pretzels, soft, ready-to-eat, cinnamon sugar coated	1	2.5	C	4
54408422	9000_SavorySweet	Pretzels, soft, ready-to-eat, coated or flavored	1	2	D	4
54408430	9000_SavorySweet	Pretzels, soft, ready-to-eat, topped with meat	1	3	C	4
54408432	9000_SavorySweet	Pretzels, soft, ready-to-eat, topped with cheese	1	3.5	B	4
54408450	9000_SavorySweet	Pretzels, soft, from frozen, NFS	1	2	D	4
54408455	9000_SavorySweet	Pretzels, soft, from frozen, salted	1	2	D	4
54408456	9000_SavorySweet	Pretzels, soft, from frozen, unsalted	1	3.5	A	4
54408460	9000_SavorySweet	Pretzels, soft, from frozen, cinnamon sugar coated	1	2.5	C	4
54408462	9000_SavorySweet	Pretzels, soft, from frozen, coated or flavored	1	2	D	4
54408465	9000_SavorySweet	Pretzels, soft, from frozen, topped with meat	1	3	C	4
54408466	9000_SavorySweet	Pretzels, soft, from frozen, topped with cheese	1	3.5	B	4
54408470	9000_SavorySweet	Pretzels, soft, filled with cheese	1	3.5	B	4
54408475	9000_SavorySweet	Pretzels, soft, from school lunch	1	4	A	4
54408480	9000_SavorySweet	Pretzels, soft, multigrain	1	3.5	A	4
54408486	9000_SavorySweet	Pretzels, soft, gluten free, cinnamon sugar coated	1	2	D	4
58157110	9000_SavorySweet	Spicy rice pudding, Puerto Rican style	1	2.5	C	3
91101000	9000_SavorySweet	Sugar, NFS	1	0.5	D	2
91101010	9000_SavorySweet	Sugar, white, granulated or lump	1	0.5	D	2
91101020	9000_SavorySweet	Sugar, white, confectioner's, powdered	1	0.5	D	2
91106010	9000_SavorySweet	Sugar substitute and sugar blend	1	0.5	D	4
91107000	9000_SavorySweet	Sugar substitute, sucralose, powder	1	1	D	4
91200000	9000_SavorySweet	Sugar substitute, powder, NFS	1	0.5	D	4
91200040	9000_SavorySweet	Sugar substitute, saccharin, powder	1	0.5	D	4
91200110	9000_SavorySweet	Sugar substitute, saccharin, liquid	1	3.5	B	4
91201010	9000_SavorySweet	Sugar substitute, aspartame, powder	1	1	D	4
91300010	9000_SavorySweet	Syrup, NFS	1	2	D	4
91300100	9000_SavorySweet	Pancake syrup, NFS	1	2	D	4
91301020	9000_SavorySweet	Cane and corn pancake syrup	1	2.5	C	4
91301030	9000_SavorySweet	Corn syrup, light or dark	1	1	D	4
91301040	9000_SavorySweet	Buttered blends syrup	1	1	D	4
91301050	9000_SavorySweet	Fruit syrup	1	1.5	D	4

foodcode	level1nd	Description	Food Compass Score	Health Star Rating	Nutri-Score	NOVA Category
91301080	9000_SavorySweet	Chocolate syrup, thin type	1	1.5	D	4
91301081	9000_SavorySweet	Chocolate syrup, thin type, light	1	2.5	C	4
91301100	9000_SavorySweet	Sugar, white, and water syrup	1	1	D	2
91301130	9000_SavorySweet	Fruit flavored syrup used for milk beverages	1	1.5	D	4
91301250	9000_SavorySweet	Maple and corn and/or cane pancake syrup blends	1	2	D	4
91301510	9000_SavorySweet	Syrup, pancake, reduced calorie	1	2.5	C	4
91302020	9000_SavorySweet	Agave liquid sweetener	1	1.5	D	2
91304010	9000_SavorySweet	Topping, butterscotch or caramel	1	1.5	D	4
91304040	9000_SavorySweet	Topping, marshmallow	1	2	D	4
91304050	9000_SavorySweet	Hard sauce	1	0.5	E	4
91305020	9000_SavorySweet	Icing, white	1	1	E	4
91306020	9000_SavorySweet	Caramel dip, regular	1	0.5	E	4
91306025	9000_SavorySweet	Caramel dip, light	1	1.5	D	4
91306040	9000_SavorySweet	Dessert dip	1	1.5	D	4
91361040	9000_SavorySweet	Dessert sauce	1	2.5	C	2
91501010	9000_SavorySweet	Gelatin dessert	1	3	B	4
91501015	9000_SavorySweet	Gelatin snacks	1	2.5	C	4
91501030	9000_SavorySweet	Gelatin dessert with whipped cream	1	3	C	4
91501050	9000_SavorySweet	Gelatin dessert with cream cheese	1	3	C	3
91501060	9000_SavorySweet	Gelatin dessert with sour cream	1	3	C	2
91511010	9000_SavorySweet	Gelatin dessert, dietetic, sweetened with low calorie sweetener	1	3.5	B	4
91511030	9000_SavorySweet	Gelatin dessert, dietetic, with whipped topping, sweetened with low calorie sweetener	1	3.5	B	4
91512010	9000_SavorySweet	Danish dessert pudding	1	3	C	4
91580000	9000_SavorySweet	Gelatin, frozen, whipped, on a stick	1	3	B	4
91601000	9000_SavorySweet	Ice, fruit	1	2.5	C	4
91611000	9000_SavorySweet	Ice pop	1	3	C	4
91621000	9000_SavorySweet	Snow cone	1	2.5	C	4
91700010	9000_SavorySweet	Candy, NFS	1	1.5	D	4
91702010	9000_SavorySweet	Butterscotch morsels	1	0.5	E	4
91703010	9000_SavorySweet	Caramel, chocolate-flavored roll	1	1.5	D	4
91703020	9000_SavorySweet	Caramel, flavor other than chocolate	1	1	D	4
91703040	9000_SavorySweet	Caramel candy, chocolate covered	1	0.5	E	4
91703070	9000_SavorySweet	Rolo	1	0.5	E	4
91703200	9000_SavorySweet	TWIX Caramel Cookie Bars	1	0.5	E	4
91707000	9000_SavorySweet	Fondant	1	0.5	D	4
91708000	9000_SavorySweet	Fruit peel, candied	1	1	D	4
91708030	9000_SavorySweet	Fruit leather and fruit snacks candy	1	1.5	D	4
91708040	9000_SavorySweet	Fun Fruits Creme Supremes	1	0.5	E	4
91708070	9000_SavorySweet	Tamarind candy	1	0.5	E	4
91708100	9000_SavorySweet	Fruit snacks candy, with high vitamin C	1	1	D	4
91709000	9000_SavorySweet	Gumdrops, chocolate covered	1	1	E	4
91713070	9000_SavorySweet	Fudge, vanilla	1	0.5	D	4
91715300	9000_SavorySweet	100 GRAND Bar	1	0.5	E	4
91721000	9000_SavorySweet	Licorice	1	1	D	4
91723000	9000_SavorySweet	Marshmallow	1	1.5	D	4
91723010	9000_SavorySweet	Marshmallow, chocolate covered	1	1	D	4
91723020	9000_SavorySweet	Marshmallow, candy-coated	1	1	D	4
91723050	9000_SavorySweet	Marshmallow, coconut-coated	1	1	D	4
91726110	9000_SavorySweet	Nougat, with caramel, chocolate covered	1	0.5	E	4
91726130	9000_SavorySweet	MILKY WAY Bar	1	0.5	E	4
91726420	9000_SavorySweet	3 MUSKETEERS Bar	1	0.5	E	4
91745010	9000_SavorySweet	Gumdrops	1	1.5	D	4
91745020	9000_SavorySweet	Hard candy	1	1.5	D	4
91745040	9000_SavorySweet	Butterscotch hard candy	1	0.5	E	4
91745100	9000_SavorySweet	Skittles	1	0.5	E	4
91746200	9000_SavorySweet	M&M's Pretzel Chocolate Candies	1	0.5	E	4
91750000	9000_SavorySweet	Taffy	1	1	E	4
91760000	9000_SavorySweet	Toffee, plain	1	1	D	4
91760100	9000_SavorySweet	Toffee, chocolate covered	1	0.5	E	4
91760700	9000_SavorySweet	Wax candy, liquid filled	1	2.5	C	4
91770000	9000_SavorySweet	Dietetic or low calorie candy, NFS	1	3	C	4
91770010	9000_SavorySweet	Dietetic or low calorie gumdrops	1	1	D	4
91770020	9000_SavorySweet	Dietetic or low calorie hard candy	1	3	C	4
91770050	9000_SavorySweet	Dietetic or low calorie mints	1	3	C	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

foodcode	level1nd	Description	Food Compass Score	Health Star Rating	Nutri-Score	NOVA Category
75132000	10000_Beverages	Mixed vegetable juice	100	4	C	1
75132100	10000_Beverages	Celery juice	100	4	B	1
74301150	10000_Beverages	Tomato juice, 100%, low sodium	100	4	B	1
95110020	10000_Beverages	Nutritional drink or shake, high protein, ready-to-drink (Slim Fast)	93	1	C	4
95120010	10000_Beverages	Nutritional drink or shake, high protein, ready-to-drink, NFS	93	1	C	4
92201010	10000_Beverages	Coffee substitute	89	3.5	B	1
95106010	10000_Beverages	Nutritional drink or shake, ready-to-drink, light (Muscle Milk)	88	2	C	4
74303100	10000_Beverages	Tomato and vegetable juice, 100%, low sodium	88	4	B	3
64104600	10000_Beverages	Blackberry juice, 100%	87	3	C	1
78101100	10000_Beverages	Fruit and vegetable smoothie	87	1.5	D	3
64132500	10000_Beverages	Strawberry juice, 100%	85	3	C	1
95110010	10000_Beverages	Nutritional drink or shake, ready-to-drink, sugar free (Slim Fast)	85	0.5	C	4
73105010	10000_Beverages	Carrot juice, 100%	84	4	C	1
64134020	10000_Beverages	Fruit smoothie, with whole fruit, no dairy, added protein	84	2	D	1
61210820	10000_Beverages	Orange juice, 100%, with calcium added, frozen, reconstituted	83	3	C	1
95105000	10000_Beverages	Nutritional drink or shake, ready-to-drink (Kellogg's Special K Protein)	82	0.5	D	4
95106000	10000_Beverages	Nutritional drink or shake, ready-to-drink (Muscle Milk)	81	1.5	C	4
95110000	10000_Beverages	Nutritional drink or shake, ready-to-drink (Slim Fast)	79	0.5	C	4
61210250	10000_Beverages	Orange juice, 100%, with calcium added, canned, bottled or in a carton	78	3	D	1
74301100	10000_Beverages	Tomato juice, 100%	78	4	B	3
78101110	10000_Beverages	Fruit and vegetable smoothie, added protein	77	1.5	D	4
64133100	10000_Beverages	Watermelon juice, 100%	76	4	C	1
61201020	10000_Beverages	Grapefruit juice, 100%, NS as to form	75	4	B	1
61201220	10000_Beverages	Grapefruit juice, 100%, canned, bottled or in a carton	75	4	B	1
61213900	10000_Beverages	Fruit juice blend, citrus, 100% juice, with calcium added	75	3	D	1
78101120	10000_Beverages	Fruit and vegetable smoothie, bottled	75	2	D	1
92102502	10000_Beverages	Coffee, Iced Latte, with non-dairy milk	74	2	C	4
61210620	10000_Beverages	Orange juice, 100%, frozen, reconstituted	74	3	C	1
74302000	10000_Beverages	Tomato juice cocktail	74	4	C	3
74303000	10000_Beverages	Tomato and vegetable juice, 100%	74	4	C	3
64134015	10000_Beverages	Fruit smoothie, with whole fruit, no dairy	74	3.5	C	1
92161002	10000_Beverages	Coffee, Cappuccino, with non-dairy milk	74	2	C	4
92162002	10000_Beverages	Coffee, Cappuccino, decaffeinated, with non-dairy milk	74	2	C	4
61210720	10000_Beverages	Orange juice, 100%, frozen, not reconstituted	73	1	E	1
92102512	10000_Beverages	Coffee, Iced Latte, decaffeinated, with non-dairy milk	73	2	C	4
92102511	10000_Beverages	Coffee, Iced Latte, decaffeinated, nonfat	73	3.5	C	1
92102501	10000_Beverages	Coffee, Iced Latte, nonfat	73	3.5	C	1
61210000	10000_Beverages	Orange juice, 100%, NFS	73	3	D	1
95104000	10000_Beverages	Nutritional drink or shake, ready-to-drink, sugar free (Glucerna)	73	0.5	D	4
64134030	10000_Beverages	Fruit smoothie juice drink, no dairy	73	3	C	1
92161001	10000_Beverages	Coffee, Cappuccino, nonfat	73	3.5	C	1
92162001	10000_Beverages	Coffee, Cappuccino, decaffeinated, nonfat	72	3.5	C	1
61210010	10000_Beverages	Orange juice, 100%, freshly squeezed	72	3	D	1
92101913	10000_Beverages	Coffee, Latte, decaffeinated, with non-dairy milk	71	1.5	C	4
92101901	10000_Beverages	Coffee, Latte, nonfat	71	1.5	C	1
92101911	10000_Beverages	Coffee, Latte, decaffeinated, nonfat	70	1.5	C	1
92101903	10000_Beverages	Coffee, Latte, with non-dairy milk	70	1.5	C	4
64134200	10000_Beverages	Fruit smoothie, bottled	70	3.5	D	1
61210220	10000_Beverages	Orange juice, 100%, canned, bottled or in a carton	70	3	D	1
64121000	10000_Beverages	Passion fruit juice, 100%	69	2	D	1
95342000	10000_Beverages	Fruit juice, acai blend	68	0.5	E	3
61213220	10000_Beverages	Tangerine juice, 100%	66	3	D	1
95101000	10000_Beverages	Nutritional drink or shake, ready-to-drink (Boost)	66	0.5	E	4
64132010	10000_Beverages	Prune juice, 100%	66	1	E	1
61201010	10000_Beverages	Grapefruit juice, 100%, freshly squeezed	65	3	C	1
64105400	10000_Beverages	Cranberry juice, 100%, not a blend	65	3.5	D	1
95101010	10000_Beverages	Nutritional drink or shake, ready-to-drink (Boost Plus)	64	0.5	E	4
95120020	10000_Beverages	Nutritional drink or shake, high protein, light, ready-to-drink, NFS	64	0.5	E	4
95120050	10000_Beverages	Nutritional drink or shake, liquid, soy-based	64	0.5	E	4
61201225	10000_Beverages	Grapefruit juice, 100%, with calcium added	64	3	C	1
61201620	10000_Beverages	Grapefruit juice,100%, frozen, reconstituted	64	3	D	1
64134100	10000_Beverages	Fruit smoothie, light	62	1	D	4
61213800	10000_Beverages	Fruit juice blend, citrus, 100% juice	61	3.5	D	1
64124020	10000_Beverages	Pineapple juice, 100%	61	3.5	D	1
92801000	10000_Beverages	Wine, nonalcoholic	60	3	B	4
92802000	10000_Beverages	Wine, light, nonalcoholic	60	3	B	4
64104030	10000_Beverages	Apple juice, 100%, with calcium added	59	3.5	D	1
92101906	10000_Beverages	Coffee, Latte, with non-dairy milk, flavored	59	0.5	D	4
92101919	10000_Beverages	Coffee, Latte, decaffeinated, with non-dairy milk, flavored	59	0.5	D	4
11553100	10000_Beverages	Fruit smoothie, NFS	59	0.5	D	3
64116060	10000_Beverages	Grape juice, 100%, with calcium added	59	1.5	E	1
92432000	10000_Beverages	Fruit juice drink, citrus, carbonated	58	4	C	4
92102500	10000_Beverages	Coffee, Iced Latte	58	2	C	1
92102510	10000_Beverages	Coffee, Iced Latte, decaffeinated	58	2	C	1
64116020	10000_Beverages	Grape juice, 100%	58	1.5	E	1
92161000	10000_Beverages	Coffee, Cappuccino	58	2	C	1
11553130	10000_Beverages	Fruit smoothie juice drink, with dairy	58	0.5	E	3
92162000	10000_Beverages	Coffee, Cappuccino, decaffeinated	58	2	C	1
11553110	10000_Beverages	Fruit smoothie, with whole fruit and dairy	57	0.5	D	3
92102515	10000_Beverages	Coffee, Iced Latte, decaffeinated, with non-dairy milk, flavored	56	1.5	D	4
92550350	10000_Beverages	Orange juice beverage, 40-50% juice, light	56	4	B	4
64100100	10000_Beverages	Fruit juice, NFS	56	3.5	D	1
92101900	10000_Beverages	Coffee, Latte	55	1.5	D	1
92101910	10000_Beverages	Coffee, Latte, decaffeinated	55	1.5	D	1
92101610	10000_Beverages	Coffee, espresso	55	3	C	1

Supplementary Table 8. Original (uncorrected) scores for all food items.

64104010	10000_Beverages	Apple juice, 100%	55	3.5	D	1
92307510	10000_Beverages	Iced Tea / Lemonade juice drink, light	54	4	B	1
11553120	10000_Beverages	Fruit smoothie, with whole fruit and dairy, added protein	54	0.5	E	4
92102505	10000_Beverages	Coffee, Iced Latte, with non-dairy milk, flavored	54	1.5	D	4
92101630	10000_Beverages	Coffee, espresso, decaffeinated	54	3	C	1
92101905	10000_Beverages	Coffee, Latte, nonfat, flavored	54	1	D	1
92101918	10000_Beverages	Coffee, Latte, decaffeinated, nonfat, flavored	54	1	D	1
92202010	10000_Beverages	Chicory beverage	53	3.5	B	1
64100110	10000_Beverages	Fruit juice blend, 100% juice	53	3.5	D	1
92433000	10000_Beverages	Fruit juice drink, noncitrus, carbonated	53	3.5	C	1
64126000	10000_Beverages	Pomegranate juice, 100%	52	2	D	1
92101960	10000_Beverages	Coffee, Cafe Mocha, with non-dairy milk	52	0.5	E	4
64100200	10000_Beverages	Cranberry juice blend, 100% juice	52	3.5	D	1
92550380	10000_Beverages	Pomegranate juice beverage, 40-50% juice, light	52	2	E	1
95103000	10000_Beverages	Nutritional drink or shake, ready-to-drink (Ensure)	51	0.5	E	4
95120000	10000_Beverages	Nutritional drink or shake, ready-to-drink, NFS	51	0.5	E	4
92101975	10000_Beverages	Coffee, Cafe Mocha, decaffeinated, with non-dairy milk	50	0.5	E	4
92102514	10000_Beverages	Coffee, Iced Latte, decaffeinated, nonfat, flavored	50	1.5	C	1
92102504	10000_Beverages	Coffee, Iced Latte, nonfat, flavored	50	1.5	C	1
64101010	10000_Beverages	Apple cider	50	3.5	D	1
92101810	10000_Beverages	Coffee, macchiato	47	2	C	4
92101850	10000_Beverages	Coffee, cafe con leche	47	1	D	1
92101851	10000_Beverages	Coffee, cafe con leche, decaffeinated	47	1	D	1
64120010	10000_Beverages	Papaya juice, 100%	46	1.5	D	1
92307500	10000_Beverages	Iced Tea / Lemonade juice drink	45	4	D	1
92102602	10000_Beverages	Coffee, Iced Cafe Mocha, with non-dairy milk	45	0.5	D	4
92102612	10000_Beverages	Coffee, Iced Cafe Mocha, decaffeinated, with non-dairy milk	45	0.5	D	4
42404010	10000_Beverages	Coconut water, sweetened	44	1	D	3
64100220	10000_Beverages	Cranberry juice blend, 100% juice, with calcium added	43	3.5	D	4
95103010	10000_Beverages	Nutritional drink or shake, ready-to-drink (Ensure Plus)	42	0.5	E	4
92510720	10000_Beverages	Fruit punch, made with fruit juice and soda	41	3.5	D	1
92511250	10000_Beverages	Fruit juice beverage, 40-50% juice, citrus	41	3	D	4
92101904	10000_Beverages	Coffee, Latte, flavored	41	0.5	D	1
92101917	10000_Beverages	Coffee, Latte, decaffeinated, flavored	40	0.5	D	1
92510650	10000_Beverages	Tamarind drink	40	1	E	3
95102000	10000_Beverages	Nutritional drink or shake, ready-to-drink (Carnation Instant Breakfast)	39	0.5	E	4
92102503	10000_Beverages	Coffee, Iced Latte, flavored	39	1	D	1
92102513	10000_Beverages	Coffee, Iced Latte, decaffeinated, flavored	39	1	D	1
92101800	10000_Beverages	Coffee, Cuban	38	1	D	1
92550200	10000_Beverages	Grape juice drink, light	38	4	C	4
64210010	10000_Beverages	Papaya nectar	35	1.5	E	1
92171000	10000_Beverages	Coffee, bottled/canned	35	0.5	E	4
92550030	10000_Beverages	Fruit juice drink, with high vitamin C, light	34	4	C	4
64201010	10000_Beverages	Apricot nectar	34	1.5	E	4
92550110	10000_Beverages	Cranberry juice drink, with high vitamin C, light	34	4	C	4
11551050	10000_Beverages	Licuado or Batido	33	0.5	E	4
92510730	10000_Beverages	Fruit punch, made with soda, fruit juice, and sherbet or ice cream	33	1	E	3
64201500	10000_Beverages	Banana nectar	33	1	E	4
92101955	10000_Beverages	Coffee, Cafe Mocha, nonfat	32	0.5	D	4
92101970	10000_Beverages	Coffee, Cafe Mocha, decaffeinated, nonfat	32	0.5	D	4
92171010	10000_Beverages	Coffee, bottled/canned, light	32	1.5	D	1
64203020	10000_Beverages	Guava nectar	32	3.5	D	4
92121030	10000_Beverages	Coffee, mocha, instant, pre-lightened and pre-sweetened with low calorie sweetener, reconst	31	3.5	C	4
92121050	10000_Beverages	Coffee, mocha, instant, decaffeinated, pre-lightened and pre-sweetened with low calorie swe	31	3	C	4
92512090	10000_Beverages	Pina Colada, nonalcoholic	30	1	E	3
64202010	10000_Beverages	Cantaloupe nectar	28	1.5	E	4
92102601	10000_Beverages	Coffee, Iced Cafe Mocha, nonfat	28	0.5	D	4
92102611	10000_Beverages	Coffee, Iced Cafe Mocha, decaffeinated, nonfat	28	0.5	D	4
92101933	10000_Beverages	Frozen coffee drink, decaffeinated, with non-dairy milk	27	0.5	E	4
92101600	10000_Beverages	Coffee, Turkish	27	1.5	C	1
64205010	10000_Beverages	Peach nectar	27	2	E	4
92306800	10000_Beverages	Tea, hot, chai, with milk	26	0.5	D	4
92101820	10000_Beverages	Coffee, macchiato, sweetened	26	1	D	4
64204010	10000_Beverages	Mango nectar	25	2	E	4
92102020	10000_Beverages	Frozen mocha coffee drink, with non-dairy milk	25	0.5	E	4
64200100	10000_Beverages	Fruit nectar, NFS	25	2	E	4
92102080	10000_Beverages	Frozen mocha coffee drink, decaffeinated, with non-dairy milk	24	0.5	E	4
92530610	10000_Beverages	Fruit juice drink, with high vitamin C	24	3.5	D	4
92550360	10000_Beverages	Apple juice beverage, 40-50% juice, light	24	4	C	4
64213010	10000_Beverages	Passion fruit nectar	23	1	E	4
92101923	10000_Beverages	Frozen coffee drink, with non-dairy milk	23	0.5	E	4
78101000	10000_Beverages	Vegetable and fruit juice, 100% juice, with high vitamin C	22	3.5	D	4
42403010	10000_Beverages	Coconut water, unsweetened	22	2	C	4
92101950	10000_Beverages	Coffee, Cafe Mocha	21	0.5	E	4
92101965	10000_Beverages	Coffee, Cafe Mocha, decaffeinated	21	0.5	E	4
92582110	10000_Beverages	Fruit juice drink, added calcium (Sunny D)	19	3.5	D	4
92542000	10000_Beverages	Fruit flavored drink, with high vitamin C, powdered, reconstituted	19	0.5	D	4
92130011	10000_Beverages	Coffee, decaffeinated, pre-lightened	19	3	C	4
64215010	10000_Beverages	Pear nectar	18	1.5	E	4
92101921	10000_Beverages	Frozen coffee drink, nonfat	18	0.5	E	4
92101931	10000_Beverages	Frozen coffee drink, decaffeinated, nonfat	18	0.5	E	4
95312560	10000_Beverages	Energy drink (Ocean Spray Cran-Energy Juice Drink)	18	4	C	4
92130010	10000_Beverages	Coffee, pre-lightened	17	3	C	4
92102600	10000_Beverages	Coffee, Iced Cafe Mocha	17	0.5	D	4
92121041	10000_Beverages	Coffee, instant, decaffeinated, pre-lightened and pre-sweetened with low calorie sweetener,	17	3.5	C	4
92102610	10000_Beverages	Coffee, Iced Cafe Mocha, decaffeinated	17	0.5	D	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

92130006	10000_Beverages	Coffee, decaffeinated, pre-lightened and pre-sweetened with low calorie sweetener	17	3.5	C	4
92102010	10000_Beverages	Frozen mocha coffee drink, nonfat	17	0.5	E	4
92102070	10000_Beverages	Frozen mocha coffee drink, decaffeinated, nonfat	17	0.5	E	4
92121040	10000_Beverages	Coffee, instant, pre-lightened and pre-sweetened with low calorie sweetener, reconstituted	16	3.5	C	4
92130005	10000_Beverages	Coffee, pre-lightened and pre-sweetened with low calorie sweetener	16	3.5	C	4
92121020	10000_Beverages	Coffee, mocha, instant, pre-lightened and pre-sweetened with sugar, reconstituted	16	1	D	4
92610030	10000_Beverages	Horchata beverage, made with milk	15	0.5	E	4
92102050	10000_Beverages	Frozen mocha coffee drink, with non-dairy milk and whipped cream	15	0.5	E	4
92610020	10000_Beverages	Horchata beverage, made with water	15	0.5	E	4
92611100	10000_Beverages	Oatmeal beverage with milk	14	0.5	E	4
92101928	10000_Beverages	Frozen coffee drink, with non-dairy milk and whipped cream	14	0.5	E	4
92101938	10000_Beverages	Frozen coffee drink, decaffeinated, with non-dairy milk and whipped cream	14	0.5	E	4
92530950	10000_Beverages	Vegetable and fruit juice drink, with high vitamin C	14	4	C	4
92102110	10000_Beverages	Frozen mocha coffee drink, decaffeinated, with non-dairy milk and whipped cream	14	0.5	E	4
92531030	10000_Beverages	Fruit juice drink (Sunny D)	14	2	E	4
92305040	10000_Beverages	Tea, iced, instant, black, pre-sweetened with sugar	13	1	D	4
64221010	10000_Beverages	Soursop, nectar	13	1.5	E	4
92511000	10000_Beverages	Lemonade, frozen concentrate, not reconstituted	12	1	E	4
92308500	10000_Beverages	Tea, iced, brewed, green, pre-sweetened with sugar	12	1	D	4
92308530	10000_Beverages	Tea, iced, brewed, green, decaffeinated, pre-sweetened with sugar	12	1	D	4
92308000	10000_Beverages	Tea, iced, brewed, black, pre-sweetened with sugar	12	1	D	4
92308030	10000_Beverages	Tea, iced, brewed, black, decaffeinated, pre-sweetened with sugar	12	1	D	4
92611010	10000_Beverages	Oatmeal beverage with water	11	0.5	D	4
92530510	10000_Beverages	Cranberry juice drink, with high vitamin C	11	2	E	4
92101926	10000_Beverages	Frozen coffee drink, nonfat, with whipped cream	10	0.5	E	4
92102040	10000_Beverages	Frozen mocha coffee drink, nonfat, with whipped cream	10	0.5	E	4
92102100	10000_Beverages	Frozen mocha coffee drink, decaffeinated, nonfat, with whipped cream	10	0.5	E	4
92101936	10000_Beverages	Frozen coffee drink, decaffeinated, nonfat, with whipped cream	10	0.5	E	4
92613510	10000_Beverages	Cornmeal beverage with chocolate milk	10	0.5	E	4
94210200	10000_Beverages	Water, bottled, flavored (Glaceau Vitamin Water)	9	1.5	C	4
92102000	10000_Beverages	Frozen mocha coffee drink	9	0.5	E	4
92102060	10000_Beverages	Frozen mocha coffee drink, decaffeinated	8	0.5	E	4
92101925	10000_Beverages	Frozen coffee drink, with whipped cream	8	0.5	E	4
92101935	10000_Beverages	Frozen coffee drink, decaffeinated, with whipped cream	8	0.5	E	4
92101930	10000_Beverages	Frozen coffee drink, decaffeinated	8	0.5	E	4
92101920	10000_Beverages	Frozen coffee drink	8	0.5	E	4
92102090	10000_Beverages	Frozen mocha coffee drink, decaffeinated, with whipped cream	8	0.5	E	4
92102030	10000_Beverages	Frozen mocha coffee drink, with whipped cream	8	0.5	E	4
92613010	10000_Beverages	Cornmeal beverage	7	0.5	E	4
92550370	10000_Beverages	Lemonade, fruit juice drink, light	6	4	C	4
92130021	10000_Beverages	Coffee, decaffeinated, pre-sweetened with sugar	6	2	C	4
92121010	10000_Beverages	Coffee, instant, pre-sweetened with sugar, reconstituted	6	2	C	4
92130020	10000_Beverages	Coffee, pre-sweetened with sugar	6	2	C	4
92309000	10000_Beverages	Tea, iced, bottled, black	5	0.5	D	4
95310700	10000_Beverages	Energy drink (Rockstar)	4	0.5	E	4
92410810	10000_Beverages	Soft drink, chocolate flavored	4	0.5	D	4
92102450	10000_Beverages	Iced Coffee, pre-lightened and pre-sweetened	4	1.5	D	4
92305050	10000_Beverages	Tea, iced, instant, black, decaffeinated, pre-sweetened with sugar	4	1	D	4
92309010	10000_Beverages	Tea, iced, bottled, black, decaffeinated	4	0.5	D	4
92550035	10000_Beverages	Fruit juice drink, light	3	3	D	4
92552030	10000_Beverages	Fruit juice drink (Capri Sun)	3	3	D	4
92121001	10000_Beverages	Coffee, instant, decaffeinated, pre-lightened and pre-sweetened with sugar, reconsitituted	2	2	C	4
92130001	10000_Beverages	Coffee, decaffeinated, pre-lightened and pre-sweetened with sugar	2	2	C	4
95310600	10000_Beverages	Energy drink (Red Bull)	2	0.5	D	4
95311000	10000_Beverages	Energy Drink	2	0.5	D	4
92121000	10000_Beverages	Coffee, instant, pre-lightened and pre-sweetened with sugar, reconstituted	1	2	C	4
92130000	10000_Beverages	Coffee, pre-lightened and pre-sweetened with sugar	1	2	C	4
75200700	10000_Beverages	Aloe vera juice drink	1	2	C	4
92305910	10000_Beverages	Tea, iced, instant, green, pre-sweetened with sugar	1	1.5	C	4
92306100	10000_Beverages	Corn beverage	1	1.5	D	4
92309500	10000_Beverages	Tea, iced, bottled, green	1	1.5	C	4
92400000	10000_Beverages	Soft drink, NFS	1	0.5	D	4
92410310	10000_Beverages	Soft drink, cola	1	0.5	D	4
92410315	10000_Beverages	Soft drink, cola, reduced sugar	1	2	C	4
92410340	10000_Beverages	Soft drink, cola, decaffeinated	1	0.5	D	4
92410360	10000_Beverages	Soft drink, pepper type	1	0.5	D	4
92410390	10000_Beverages	Soft drink, pepper type, decaffeinated	1	0.5	D	4
92410410	10000_Beverages	Soft drink, cream soda	1	0.5	E	4
92410510	10000_Beverages	Soft drink, fruit flavored, caffeine free	1	0.5	D	4
92410550	10000_Beverages	Soft drink, fruit flavored, caffeine containing	1	0.5	D	4
92410610	10000_Beverages	Soft drink, ginger ale	1	1	D	4
92410710	10000_Beverages	Soft drink, root beer	1	0.5	D	4
92411510	10000_Beverages	Soft drink, cola, fruit or vanilla flavored	1	0.5	D	4
92411520	10000_Beverages	Soft drink, cola, chocolate flavored	1	0.5	D	4
92510610	10000_Beverages	Fruit juice drink	1	3.5	C	4
92510955	10000_Beverages	Lemonade, fruit juice drink	1	3.5	D	4
92510960	10000_Beverages	Lemonade, fruit flavored drink	1	1.5	C	4
92511015	10000_Beverages	Fruit flavored drink	1	0.5	E	4
92512040	10000_Beverages	Frozen daiquiri mix, frozen concentrate, not reconstituted	1	0.5	E	4
92512050	10000_Beverages	Frozen daiquiri mix, from frozen concentrate, reconstituted	1	0.5	E	4
92512110	10000_Beverages	Margarita mix, nonalcoholic	1	0.5	E	4
92513000	10000_Beverages	Fruit flavored smoothie drink, frozen, no dairy	1	1.5	C	4
92513010	10000_Beverages	Fruit flavored smoothie drink, frozen, light, no dairy	1	3.5	C	4
92530410	10000_Beverages	Fruit flavored drink, with high vitamin C	1	4	C	4
92541010	10000_Beverages	Fruit flavored drink, powdered, reconstituted	1	1.5	C	4
92582100	10000_Beverages	Fruit juice drink, with high vitamin C, plus added calcium	1	2	D	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

92612010	10000_Beverages	Sugar cane beverage	1	0.5	E	4
92803000	10000_Beverages	Nonalcoholic malt beverage	1	0.5	D	4
92804000	10000_Beverages	Shirley Temple	1	0.5	E	4
95310200	10000_Beverages	Energy drink (Full Throttle)	1	0.5	D	4
95310400	10000_Beverages	Energy drink (Monster)	1	0.5	D	4
95310500	10000_Beverages	Energy drink (Mountain Dew AMP)	1	0.5	D	4
95310550	10000_Beverages	Energy drink (No Fear)	1	0.5	E	4
95310555	10000_Beverages	Energy drink (No Fear Motherload)	1	0.5	E	4
95310560	10000_Beverages	Energy drink (NOS)	1	0.5	D	4
95310750	10000_Beverages	Energy drink (SoBe Energize Energy Juice Drink)	1	3.5	D	4
95310800	10000_Beverages	Energy drink (Vault)	1	0.5	D	4
95320200	10000_Beverages	Sports drink (Gatorade G)	1	1.5	C	4
95320500	10000_Beverages	Sports drink (Powerade)	1	1	D	4
95321000	10000_Beverages	Sports drink, NFS	1	1.5	C	4
95322200	10000_Beverages	Sports drink, low calorie (Gatorade G2)	1	3	C	4
95323000	10000_Beverages	Sports drink, low calorie	1	3	C	4
95330100	10000_Beverages	Fluid replacement, electrolyte solution	1	3.5	C	4
95330500	10000_Beverages	Fluid replacement, 5% glucose in water	1	2	C	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

foodcode	level1nd	Description	Food Compass Score	Health Star Rating	Nutri-Score	NOVA Category
57408100	1000_Grains	Cereal (Uncle Sam)	100	5	A	4
57401100	1000_Grains	Cereal, toasted oat	100	4	B	4
57000100	1000_Grains	Cereal, oat, NFS	95	4	B	4
57123000	1000_Grains	Cereal (General Mills Cheerios)	95	4	B	4
57306700	1000_Grains	Cereal (Malt-O-Meal Toasted Oat Cereal)	95	4	B	4
57305215	1000_Grains	Cereal (Malt-O-Meal Frosted Mini Spooners)	95	4.5	A	4
57416000	1000_Grains	Cereal, puffed wheat, plain	91	5	A	4
57206700	1000_Grains	Cereal (General Mills Fiber One)	87	5	A	4
57214000	1000_Grains	Cereal (Kellogg's Frosted Mini-Wheats)	87	4.5	A	4
57406100	1000_Grains	Cereal (General Mills Total)	84	4	C	4
57231250	1000_Grains	Cereal (Post Great Grains Double Pecan Whole Grain Cereal)	84	4	C	4
57301500	1000_Grains	Cereal (Kashi 7 Whole Grain Puffs)	84	5	A	4
57417000	1000_Grains	Cereal (Post Shredded Wheat)	83	5	A	4
57341000	1000_Grains	Cereal (Post Shredded Wheat'n Bran)	82	5	A	4
56207200	1000_Grains	Whole wheat cereal, cooked, fat not added in cooking	82	3.5	A	3
56204005	1000_Grains	Quinoa, fat not added in cooking	81	4	A	4
57106050	1000_Grains	Cereal (Post Great Grains Banana Nut Crunch)	81	4	B	4
57125010	1000_Grains	Cereal (General Mills 25% Less Sugar Cinnamon Toast Crunch)	80	3	C	4
56203086	1000_Grains	Oatmeal, instant, plain, made with water, fat not added in cooking	79	4	A	4
56203106	1000_Grains	Oatmeal, instant, plain, made with non-dairy milk, fat not added in cooking	79	4	A	4
56203056	1000_Grains	Oatmeal, regular or quick, made with water, fat not added in cooking	78	4	A	3
56200300	1000_Grains	Cereal, cooked, NFS	78	4	A	3
56203000	1000_Grains	Oatmeal, NS as to regular, quick, or instant, fat not added in cooking	78	4	A	3
57316385	1000_Grains	Cereal (General Mills Cheerios Protein)	78	3.5	C	4
57411000	1000_Grains	Cereal (General Mills Chex Wheat)	78	4	C	4
57231200	1000_Grains	Cereal (Post Great Grains Raisins, Dates, and Pecans)	77	4	C	4
57207000	1000_Grains	Cereal, bran flakes	77	3.5	C	4
57208000	1000_Grains	Cereal (Kellogg's All-Bran Complete Wheat Flakes)	77	3.5	C	4
57332050	1000_Grains	Cereal (General Mills Total Raisin Bran)	77	3	C	4
57206705	1000_Grains	Cereal (General Mills Fiber One Caramel Delight)	77	3.5	C	4
57241000	1000_Grains	Cereal (General Mills Cheerios Honey Nut)	76	3.5	D	4
57305500	1000_Grains	Cereal (Malt-O-Meal Honey Nut Toasty O's)	76	3.5	D	4
57308190	1000_Grains	Cereal, muesli	76	4	C	4
57241200	1000_Grains	Cereal (Post Shredded Wheat Honey Nut)	76	4	A	4
57301505	1000_Grains	Cereal (Kashi Autumn Wheat)	76	5	A	4
57143500	1000_Grains	Cereal (Post Great Grains, Cranberry Almond Crunch)	75	4	C	4
57327500	1000_Grains	Cereal (Quaker Oatmeal Squares)	75	4	B	4
57308400	1000_Grains	Cereal (General Mills Cheerios Multigrain)	75	3	C	4
57221810	1000_Grains	Cereal (General Mills Cheerios Fruity)	74	3.5	D	4
57418000	1000_Grains	Cereal (General Mills Wheaties)	74	3	C	4
57307500	1000_Grains	Cereal, millet, puffed	73	4	A	4
56204000	1000_Grains	Quinoa, NS as to fat added in cooking	73	3.5	A	4
56204010	1000_Grains	Quinoa, fat added in cooking	73	3.5	A	4
57228000	1000_Grains	Granola, homemade	73	3	C	4
57103100	1000_Grains	Cereal (General Mills Cheerios Apple Cinnamon)	73	3.5	D	4
56200490	1000_Grains	Buckwheat groats, NS as to fat added in cooking	73	4	A	3
56200500	1000_Grains	Buckwheat groats, fat not added in cooking	73	4	A	3
57213850	1000_Grains	Cereal (General Mills Cheerios Frosted)	73	3.5	D	4
56207370	1000_Grains	Wheat cereal, chocolate flavored, cooked	72	3.5	B	3
57330000	1000_Grains	Cereal (Kellogg's Raisin Bran)	72	3.5	C	4
57329000	1000_Grains	Cereal, raisin bran	72	3.5	C	4
57237200	1000_Grains	Cereal (Post Honey Bunches of Oats with Vanilla Bunches)	72	4	B	4
57304100	1000_Grains	Cereal (Quaker Life)	72	3	C	4
57128005	1000_Grains	Cereal (General Mills 25% Less Sugar Cocoa Puffs)	72	3.5	C	4
57335550	1000_Grains	Cereal (General Mills Reese's Puffs)	72	1.5	D	4
56203510	1000_Grains	Oatmeal, reduced sugar, plain, fat not added in cooking	71	3.5	A	4
56203555	1000_Grains	Oatmeal, reduced sugar, flavored, fat not added in cooking	71	3.5	A	4
57206800	1000_Grains	Cereal (Healt Valley Fiber 7 Flakes)	71	4.5	B	4
57124100	1000_Grains	Cereal (General Mills Cheerios Chocolate)	71	2	D	4
51807000	1000_Grains	Injera, Ethiopian bread	71	3.5	A	4
56203076	1000_Grains	Oatmeal, regular or quick, made with non-dairy milk, fat not added in cooking	70	3.5	A	4
57316380	1000_Grains	Cereal (General Mills Cheerios Oat Cluster Crunch)	70	3.5	C	4
57100100	1000_Grains	Cereal, ready-to-eat, NFS	70	3.5	C	4
57332100	1000_Grains	Cereal (General Mills Raisin Nut Bran)	70	3	C	4
56113000	1000_Grains	Noodles, whole grain, cooked	70	4	A	4
57106260	1000_Grains	Cereal (General Mills Cheerios Berry Burst)	70	3.5	D	4
53720100	1000_Grains	Nutrition bar (Balance Original Bar)	70	2	D	4
57209000	1000_Grains	Cereal (Post Bran Flakes)	70	3.5	C	4
57410000	1000_Grains	Cereal (Weetabix Whole Grain)	70	4.5	A	4
56132990	1000_Grains	Pasta, whole grain, cooked	70	4	A	4
56205210	1000_Grains	Rice, wild, 100%, cooked, fat not added in cooking	70	3.5	A	3
57102000	1000_Grains	Cereal (Alpen)	69	4.5	A	4
57206710	1000_Grains	Cereal (General Mills Fiber One Honey Clusters)	69	4	C	4
56207110	1000_Grains	Bulgur, fat not added in cooking	69	4	A	3
56207130	1000_Grains	Bulgur, NS as to fat added in cooking	69	4	A	3
57124300	1000_Grains	Cereal (General Mills Lucky Charms Chocolate)	69	2	D	4
57206715	1000_Grains	Cereal (General Mills Fiber One Raisin Bran Clusters)	69	4	C	4
56203610	1000_Grains	Oatmeal, multigrain, fat not added in cooking	68	4	A	3
57231000	1000_Grains	Cereal (Post Grape-Nuts Flakes)	68	4	C	4
57413000	1000_Grains	Wheat germ, with sugar and honey	68	5	A	4
56203130	1000_Grains	Oatmeal, instant, maple flavored, fat not added in cooking	67	3.5	B	4
56203175	1000_Grains	Oatmeal, instant, other flavors, fat not added in cooking	67	3.5	B	4
53720700	1000_Grains	Nutrition bar (Tiger's Milk)	67	2	D	4
53720300	1000_Grains	Nutrition bar (PowerBar)	67	3.5	C	4
57301530	1000_Grains	Cereal (Kashi Heart to Heart Honey Toasted Oat)	67	4.5	A	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

56200510	1000_Grains	Buckwheat groats, fat added in cooking	67	4	A	4
56205205	1000_Grains	Rice, wild, 100%, cooked, NS as to fat added in cooking	67	3.5	A	4
56205215	1000_Grains	Rice, wild, 100%, cooked, fat added in cooking	67	3.5	A	4
57125000	1000_Grains	Cereal (General Mills Cinnamon Toast Crunch)	67	3.5	D	4
51320550	1000_Grains	Roll, whole wheat, hot dog bun	66	4	A	4
51320560	1000_Grains	Roll, whole wheat, hamburger bun	66	4	A	4
56203155	1000_Grains	Oatmeal, instant, fruit flavored, fat not added in cooking	66	3.5	B	4
56207120	1000_Grains	Bulgur, fat added in cooking	65	4	A	4
56203096	1000_Grains	Oatmeal, instant, plain, made with milk, fat not added in cooking	65	4	A	4
57301512	1000_Grains	Cereal (Kashi GOLEAN Crunch Honey Almond Flax)	65	4.5	B	4
56201990	1000_Grains	Millet, NS as to fat added in cooking	65	3.5	A	3
56202000	1000_Grains	Millet, fat not added in cooking	65	3.5	A	3
53720500	1000_Grains	Nutrition bar (Snickers Marathon Protein Bar)	65	3.5	D	4
56203105	1000_Grains	Oatmeal, instant, plain, made with non-dairy milk, NS as to fat added in cooking	65	3.5	B	4
56203107	1000_Grains	Oatmeal, instant, plain, made with non-dairy milk, fat added in cooking	65	3.5	B	4
57128000	1000_Grains	Cereal (General Mills Cocoa Puffs)	64	2	D	4
51300110	1000_Grains	Bread, whole wheat	64	4	A	4
55300060	1000_Grains	French toast, from school, NFS	63	4	A	4
55301048	1000_Grains	French toast sticks, from school, NFS	63	4	A	4
51300120	1000_Grains	Bread, whole wheat, toasted	63	4	A	4
57206000	1000_Grains	Cereal (Famila)	63	4	A	4
57103000	1000_Grains	Cereal (Post Alpha-Bits)	63	3.5	C	4
57301511	1000_Grains	Cereal (Kashi GOLEAN Crunch)	63	4.5	C	4
57331000	1000_Grains	Cereal (Post Raisin Bran)	63	3	C	4
57307010	1000_Grains	Cereal (Post Maple Pecan Crunch)	63	3.5	C	4
57106060	1000_Grains	Cereal (General Mills Cheerios Banana Nut)	63	3.5	D	4
57320500	1000_Grains	Cereal (Quaker Granola with Oats, Honey, and Raisins)	63	4	C	4
56205340	1000_Grains	Rice, brown and wild, cooked, fat added in cooking	63	3.5	B	4
57101000	1000_Grains	Cereal (Kellogg's All-Bran)	63	5	A	4
51601020	1000_Grains	Bread, multigrain	63	4.5	A	4
51122300	1000_Grains	Bread, white, special formula, added fiber	62	4.5	A	4
51300050	1000_Grains	Bread, whole grain white	62	4.5	A	4
57130000	1000_Grains	Cereal (General Mills Cookie Crisp)	62	2	D	4
56203085	1000_Grains	Oatmeal, instant, plain, made with water, NS as to fat added in cooking	62	3.5	A	4
56203087	1000_Grains	Oatmeal, instant, plain, made with water, fat added in cooking	62	3.5	A	4
51601010	1000_Grains	Bread, multigrain, toasted	62	4.5	A	4
57305165	1000_Grains	Cereal (Malt-O-Meal Cinnamon Toasters)	62	2	D	4
56205012	1000_Grains	Rice, brown, cooked, fat added in cooking, made with oil	62	3.5	B	4
53720610	1000_Grains	Nutrition bar (South Beach Living High Protein Bar)	62	3.5	C	4
57344025	1000_Grains	Cereal (Kellogg's Special K Cinnamon Pecan)	62	3	D	4
57107000	1000_Grains	Cereal (General Mills Boo Berry)	61	3.5	C	4
57219000	1000_Grains	Cereal, fruit and fiber	61	4	C	4
57221000	1000_Grains	Cereal, fiber and fruit	61	4	C	4
51122310	1000_Grains	Bread, white, special formula, added fiber, toasted	61	4.5	A	4
51300060	1000_Grains	Bread, whole grain white, toasted	61	4.5	A	4
53710802	1000_Grains	Cereal or granola bar (Kashi Crunchy)	61	3.5	C	4
57110000	1000_Grains	Cereal (Kellogg's All-Bran Bran Buds)	61	3.5	C	4
51300140	1000_Grains	Bread, whole wheat, made from home recipe or purchased at bakery	60	4	B	4
57211000	1000_Grains	Cereal (General Mills Frankenberry)	60	3.5	C	4
57139000	1000_Grains	Cereal (General Mills Count Chocula)	60	2	D	4
53710504	1000_Grains	Cereal or granola bar (Kellogg's Nutri-Grain Fruit and Nut Bar)	60	3.5	C	4
57344007	1000_Grains	Cereal (Kellogg's Special K Low Fat Granola)	60	3	C	4
57229000	1000_Grains	Cereal (Kellogg's Low Fat Granola)	60	3	C	4
52215260	1000_Grains	Tortilla, whole wheat	60	4	C	4
56203075	1000_Grains	Oatmeal, regular or quick, made with non-dairy milk, NS as to fat added in cooking	60	3.5	A	4
56203077	1000_Grains	Oatmeal, regular or quick, made with non-dairy milk, fat added in cooking	60	3.5	A	4
52104040	1000_Grains	Biscuit, whole wheat	60	3.5	D	4
51300150	1000_Grains	Bread, whole wheat, made from home recipe or purchased at bakery, toasted	60	4	C	4
55105000	1000_Grains	Pancakes, buckwheat	60	3	B	4
57237300	1000_Grains	Cereal (Post Honey Bunches of Oats with Almonds)	60	3.5	C	4
57419000	1000_Grains	Cereal (General Mills Cheerios Yogurt Burst)	60	3.5	D	4
57305100	1000_Grains	Cereal (General Mills Lucky Charms)	60	2	D	4
51601210	1000_Grains	Bread, multigrain, with raisins	59	4	A	4
57316450	1000_Grains	Cereal (General Mills Oatmeal Crisp with Almonds)	59	4	C	4
56205016	1000_Grains	Rice, brown, cooked, fat added in cooking, made with margarine	59	3.5	B	4
57227000	1000_Grains	Cereal, granola	59	3	C	4
57229500	1000_Grains	Cereal (Kellogg's Low Fat Granola with Raisins)	59	3	C	4
51601220	1000_Grains	Bread, multigrain, with raisins, toasted	59	4	A	4
51301600	1000_Grains	Bread, pita, whole wheat	59	4	A	4
51301620	1000_Grains	Bread, pita, wheat or cracked wheat	59	4	A	4
57124050	1000_Grains	Cereal (General Mills Chex Cinnamon)	58	2	D	4
56202100	1000_Grains	Millet, fat added in cooking	58	3.5	B	4
57201900	1000_Grains	Cereal (General Mills Dora The Explorer)	58	3	C	4
51301610	1000_Grains	Bread, pita, whole wheat, toasted	58	4	A	4
51301630	1000_Grains	Bread, pita, wheat or cracked wheat, toasted	58	4	A	4
57137000	1000_Grains	Cereal, corn puffs	58	3.5	C	4
57303100	1000_Grains	Cereal (General Mills Kix)	58	3.5	C	4
57106250	1000_Grains	Cereal (General Mills Kix Berry Berry)	58	3.5	C	4
51300180	1000_Grains	Bread, puri, wheat	58	3.5	B	4
56203095	1000_Grains	Oatmeal, instant, plain, made with milk, NS as to fat added in cooking	58	3.5	B	4
56203097	1000_Grains	Oatmeal, instant, plain, made with milk, fat added in cooking	58	3.5	B	4
57327450	1000_Grains	Cereal (Quaker Toasted Oat Bran)	57	4	C	4
57303105	1000_Grains	Cereal (General Mills Honey Kix)	56	3	C	4
57230000	1000_Grains	Cereal (Post Grape-Nuts)	56	4.5	B	4
57316200	1000_Grains	Cereal, nutty nuggets	56	4.5	B	4
57301540	1000_Grains	Cereal (Kashi Honey Sunshine Squares)	56	4	C	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

53720400	1000_Grains	Nutrition bar (Slim Fast Original Meal Bar)	56	2	D	4
53720600	1000_Grains	Nutrition bar (South Beach Living Meal Bar)	56	2	D	4
56205017	1000_Grains	Rice, brown, cooked, fat added in cooking, NS as to type of fat	55	3.5	B	4
56205310	1000_Grains	Rice, brown and wild, cooked, fat not added in cooking	55	3.5	B	4
56205018	1000_Grains	Rice, brown, cooked, fat not added in cooking	55	3.5	B	4
57237900	1000_Grains	Cereal (Post Honey Bunches of Oats Just Bunches)	55	3.5	C	4
57237100	1000_Grains	Cereal (Post Honey Bunches of Oats Honey Roasted)	55	3.5	C	4
56205011	1000_Grains	Rice, brown, cooked, NS as to fat added in cooking	55	3.5	B	4
56207190	1000_Grains	Whole wheat cereal, cooked, NS as to fat added in cooking	54	3.5	A	4
56207210	1000_Grains	Whole wheat cereal, cooked, fat added in cooking	54	3.5	A	4
55200060	1000_Grains	Waffle, whole grain, from frozen	54	3.5	B	4
56203066	1000_Grains	Oatmeal, regular or quick, made with milk, fat not added in cooking	54	3.5	A	4
56203500	1000_Grains	Oatmeal, reduced sugar, plain, NS as to fat added in cooking	54	3.5	B	4
56203520	1000_Grains	Oatmeal, reduced sugar, plain, fat added in cooking	54	3.5	B	4
56203550	1000_Grains	Oatmeal, reduced sugar, flavored, NS as to fat added in cooking	54	3.5	B	4
56203560	1000_Grains	Oatmeal, reduced sugar, flavored, fat added in cooking	54	3.5	B	4
55200080	1000_Grains	Waffle, whole grain, fruit, from frozen	54	3.5	B	4
57341200	1000_Grains	Cereal (Kellogg's Smart Start Strong)	54	3.5	C	4
56203055	1000_Grains	Oatmeal, regular or quick, made with water, NS as to fat added in cooking	54	4	A	4
56203057	1000_Grains	Oatmeal, regular or quick, made with water, fat added in cooking	54	4	A	4
56202960	1000_Grains	Oatmeal, NS as to regular, quick, or instant, NS as to fat added in cooking	54	4	A	4
56203040	1000_Grains	Oatmeal, NS as to regular, quick, or instant, fat added in cooking	54	4	A	4
53720800	1000_Grains	Nutrition bar (Zone Perfect Classic Crunch)	53	1.5	D	4
53729000	1000_Grains	Nutrition bar or meal replacement bar, NFS	53	1.5	D	4
55100070	1000_Grains	Pancakes, whole grain and nuts, from fast food / restaurant	53	3.5	C	4
57321900	1000_Grains	Cereal (Nature's Path Organic Flax Plus)	53	4.5	C	4
53712210	1000_Grains	Cereal or granola bar, nonfat	52	3.5	C	4
57124030	1000_Grains	Cereal (General Mills Chex Chocolate)	52	1.5	D	4
57237310	1000_Grains	Cereal (Post Honey Bunches of Oats wth Pecan Bunches)	52	3.5	C	4
57301510	1000_Grains	Cereal (Kashi GOLEAN)	52	5	A	4
53710500	1000_Grains	Cereal or granola bar (Kellogg's Nutri-Grain Cereal Bar)	52	2	C	4
53710502	1000_Grains	Cereal or granola bar (Kellogg's Nutri-Grain Yogurt Bar)	52	2	C	4
57344015	1000_Grains	Cereal (Kellogg's Special K Fruit & Yogurt)	52	3.5	D	4
56203125	1000_Grains	Oatmeal, instant, maple flavored, NS as to fat added in cooking	52	3.5	B	4
56203135	1000_Grains	Oatmeal, instant, maple flavored, fat added in cooking	52	3.5	B	4
56203170	1000_Grains	Oatmeal, instant, other flavors, NS as to fat added in cooking	52	3.5	B	4
56203180	1000_Grains	Oatmeal, instant, other flavors, fat added in cooking	52	3.5	B	4
52303010	1000_Grains	Muffin, whole wheat	51	2	D	4
55100040	1000_Grains	Pancakes, gluten free, from frozen	51	3.5	B	4
55106000	1000_Grains	Pancakes, gluten free	51	3.5	B	4
55200200	1000_Grains	Waffle, from school, NFS	51	3.5	B	4
56203065	1000_Grains	Oatmeal, regular or quick, made with milk, NS as to fat added in cooking	51	3.5	B	4
56203067	1000_Grains	Oatmeal, regular or quick, made with milk, fat added in cooking	51	3.5	B	4
57305150	1000_Grains	Cereal, frosted oat cereal with marshmallows	51	2	D	4
56203150	1000_Grains	Oatmeal, instant, fruit flavored, NS as to fat added in cooking	51	3.5	B	4
56203160	1000_Grains	Oatmeal, instant, fruit flavored, fat added in cooking	51	3.5	B	4
56202900	1000_Grains	Oatmeal, from fast food, plain	51	3.5	A	4
57305600	1000_Grains	Cereal (Malt-O-Meal Marshmallow Mateys)	50	1.5	D	4
55200070	1000_Grains	Waffle, whole grain, reduced fat, from frozen	50	3.5	B	4
53710902	1000_Grains	Cereal or granola bar, with yogurt coating (General Mills Nature Valley Chewy Granola Bar)	50	2	D	4
55200090	1000_Grains	Waffle, gluten free, from frozen	50	3	C	4
55208000	1000_Grains	Waffle, gluten free	50	3	C	4
57344020	1000_Grains	Cereal (Kellogg's Special K Vanilla Almond)	50	3.5	D	4
51300210	1000_Grains	Bread, whole wheat, with raisins	50	3	C	4
51806010	1000_Grains	Bread, rice	49	3.5	B	4
51808000	1000_Grains	Bread, gluten free	49	3.5	B	4
57106100	1000_Grains	Cereal (General Mills Basic 4)	49	3	C	4
56205350	1000_Grains	Rice, brown and wild, cooked, NS as to fat added in cooking	49	3	C	4
51300220	1000_Grains	Bread, whole wheat, with raisins, toasted	49	3	C	4
57316300	1000_Grains	Cereal (Health Valley Oat Bran Flakes)	49	3	C	4
53720200	1000_Grains	Nutrition bar (Clif Bar)	49	3	C	4
57104000	1000_Grains	Cereal (Kellogg's Apple Jacks)	49	3.5	D	4
51806020	1000_Grains	Bread, rice, toasted	49	3	B	4
51808010	1000_Grains	Bread, gluten free, toasted	49	3	B	4
71945020	1000_Grains	Yam buns; Puerto Rican style	49	4	C	4
58174000	1000_Grains	Upma, Indian breakfast dish	48	4.5	B	4
57407100	1000_Grains	Cereal (General Mills Trix)	48	2	D	4
57407110	1000_Grains	Cereal (General Mills 25% Less Sugar Trix)	48	3.5	C	4
57316500	1000_Grains	Cereal (General Mills Oatmeal Crisp with Raisins)	48	3.5	C	4
53710400	1000_Grains	Cereal or granola bar (General Mills Fiber One Chewy Bar)	47	3.5	C	4
53714300	1000_Grains	Cereal or granola bar, high fiber, coated with non-chocolate yogurt coating	47	3.5	C	4
53710900	1000_Grains	Cereal or granola bar (General Mills Nature Valley Chewy Trail Mix)	47	2	D	4
57301535	1000_Grains	Cereal (Kashi Heart to Heart Oat Flakes and Blueberry Clusters)	47	4	C	4
57143000	1000_Grains	Cereal (Kellogg's Cracklin' Oat Bran)	47	3.5	D	4
57305160	1000_Grains	Cereal (Malt-O-Meal Blueberry Muffin Tops)	47	2	D	4
57305400	1000_Grains	Cereal (Malt-O-Meal Honey Graham Squares)	47	2	D	4
57306130	1000_Grains	Cereal (Malt-O-Meal Raisin Bran)	47	3.5	D	4
57224000	1000_Grains	Cereal (General Mills Golden Grahams)	47	2	D	4
56203600	1000_Grains	Oatmeal, multigrain, NS as to fat added in cooking	47	4	A	4
56203620	1000_Grains	Oatmeal, multigrain, fat added in cooking	47	4	A	4
55200130	1000_Grains	Waffle, whole grain, from fast food / restaurant	46	1.5	D	4
57409100	1000_Grains	Cereal (Post Waffle Crisp)	46	2	D	4
57213010	1000_Grains	Cereal (Kellogg's Froot Loops Marshmallow)	46	2	D	4
57132000	1000_Grains	Cereal (General Mills Chex Corn)	45	3.5	C	4
57344001	1000_Grains	Cereal (Kellogg's Special K Blueberry)	45	3	C	4
57330010	1000_Grains	Cereal (Kellogg's Raisin Bran Crunch)	45	3.5	C	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

57213000	1000_Grains	Cereal (Kellogg's Froot Loops)	45	3.5	D	4
57221700	1000_Grains	Cereal, fruit rings	45	3.5	D	4
57221800	1000_Grains	Cereal, fruit whirls	45	3.5	D	4
51123010	1000_Grains	Bread, high protein	44	4	A	4
56207102	1000_Grains	Cream of wheat, instant, made with non-dairy milk, fat not added in cooking	44	3.5	B	4
57240100	1000_Grains	Cereal (General Mills Chex Honey Nut)	44	2	D	4
57336000	1000_Grains	Cereal (General Mills Chex Rice)	44	3.5	D	4
51301540	1000_Grains	Bread, French or Vienna, whole wheat	44	4	A	4
56205014	1000_Grains	Rice, brown, cooked, fat added in cooking, made with butter	44	3.5	B	4
51123020	1000_Grains	Bread, high protein, toasted	43	4	A	4
57355000	1000_Grains	Cereal (Post Golden Crisp)	43	2	C	4
57124200	1000_Grains	Cereal, chocolate flavored, frosted, puffed corn	43	1.5	D	4
57344010	1000_Grains	Cereal (Kellogg's Special K Red Berries)	43	3.5	D	4
57124900	1000_Grains	Cereal (Kellogg's Cinnabon)	42	1.5	D	4
51301550	1000_Grains	Bread, French or Vienna, whole wheat, toasted	42	4	A	4
53710906	1000_Grains	Cereal or granola bar (General Mills Nature Valley Crunchy Granola Bar)	42	2	D	4
53712100	1000_Grains	Cereal or Granola bar, NFS	42	2	D	4
53713100	1000_Grains	Cereal or granola bar, peanuts , oats, sugar, wheat germ	42	2	D	4
55100065	1000_Grains	Pancakes, whole grain, from fast food / restaurant	42	2	D	4
55205000	1000_Grains	Waffle, whole grain	42	2	D	4
51102010	1000_Grains	Bread, white with whole wheat swirl	42	4	A	4
57301520	1000_Grains	Cereal (Kashi Good Friends)	41	5	A	4
57344005	1000_Grains	Cereal (Kellogg's Special K Chocolatey Delight)	41	2	D	4
57106530	1000_Grains	Cereal (Post Selects Blueberry Morning)	41	3.5	C	4
51300175	1000_Grains	Bread, chappatti or roti, wheat	41	4	B	4
57305170	1000_Grains	Cereal (Malt-O-Meal Coco-Roos)	40	1.5	D	4
57303200	1000_Grains	Cereal (Kellogg's Krave)	40	2	D	4
56207026	1000_Grains	Cream of wheat, regular or quick, made with non-dairy milk, fat not added in cooking	40	3.5	B	4
57125900	1000_Grains	Cereal (General Mills Honey Nut Clusters)	40	3.5	C	4
56208500	1000_Grains	Oat bran cereal, cooked, fat not added in cooking	40	4	A	4
41425010	1000_Grains	Vermicelli, made from soybeans	40	3.5	B	4
51102020	1000_Grains	Bread, white with whole wheat swirl, toasted	39	4	B	4
55212000	1000_Grains	Waffle, whole grain, reduced fat	38	2	D	4
57323000	1000_Grains	Cereal (Quaker Sweet Crunch)	38	0.5	E	4
57328000	1000_Grains	Cereal (Quaker Quisp)	38	0.5	E	4
53710904	1000_Grains	Cereal or granola bar (General Mills Nature Valley Sweet and Salty Granola Bar)	38	1	E	4
55105200	1000_Grains	Pancakes, whole grain	38	2	D	4
57243000	1000_Grains	Cereal (Kellogg's Honey Smacks)	37	2	C	4
57306500	1000_Grains	Cereal (Malt-O-Meal Golden Puffs)	37	2	C	4
57416010	1000_Grains	Cereal, puffed wheat, sweetened	37	2	C	4
51404010	1000_Grains	Bread, pumpernickel	37	4	A	4
51404550	1000_Grains	Muffin, English, pumpernickel	37	4	A	4
51407010	1000_Grains	Bread, black	37	4	A	4
55300040	1000_Grains	French toast, gluten free, from frozen	37	3.5	B	4
57120000	1000_Grains	Cereal (Quaker Cap'n Crunch's Peanut Butter Crunch)	36	1	E	4
55105205	1000_Grains	Pancakes, whole grain, reduced fat	36	3.5	C	4
51404020	1000_Grains	Bread, pumpernickel, toasted	36	4	B	4
51407020	1000_Grains	Bread, black, toasted	36	4	B	4
51808100	1000_Grains	Roll, gluten free	36	3.5	B	4
75217500	1000_Grains	Hominy, cooked, fat not added in cooking	36	4	C	3
53711002	1000_Grains	Cereal or granola bar (Quaker Chewy 90 Calorie Granola Bar)	36	2	D	4
53712200	1000_Grains	Cereal or granola bar, lowfat, NFS	36	2	D	4
55301025	1000_Grains	French toast, gluten free	35	3	C	4
53711000	1000_Grains	Cereal or granola bar (Quaker Chewy Granola Bar)	35	1.5	D	4
56201066	1000_Grains	Grits, regular or quick, made with non-dairy milk, fat not added in cooking	35	3.5	B	4
55300030	1000_Grains	French toast, whole grain, from frozen	35	3.5	A	4
56208510	1000_Grains	Oat bran cereal, cooked, fat added in cooking	35	4	A	4
56208520	1000_Grains	Oat bran cereal, cooked, NS as to fat added in cooking	35	4	A	4
51301510	1000_Grains	Bread, wheat or cracked wheat, reduced calorie and/or high fiber	34	5	A	4
51401060	1000_Grains	Bread, rye, reduced calorie and/or high fiber	34	5	A	4
51501060	1000_Grains	Bread, oat bran, reduced calorie and/or high fiber	34	5	A	4
51602010	1000_Grains	Bread, multigrain, reduced calorie and/or high fiber	34	5	A	4
53714230	1000_Grains	Cereal or granola bar, oats, nuts, coated with non-chocolate coating	34	1.5	D	4
56201355	1000_Grains	Grits, instant, made with non-dairy milk, fat not added in cooking	34	3.5	B	4
57309100	1000_Grains	Cereal (Nature Valley Granola)	34	3.5	D	4
55301020	1000_Grains	French toast, whole grain, reduced fat	34	3.5	B	4
53712000	1000_Grains	Snack bar, oatmeal	34	2	D	4
55100080	1000_Grains	Pancakes, from school, NFS	33	3.5	B	4
55301015	1000_Grains	French toast, whole grain	33	3	C	4
55301055	1000_Grains	French toast sticks, whole grain	33	3	C	4
53714500	1000_Grains	Breakfast bar, NFS	33	2	D	4
53714520	1000_Grains	Breakfast bar, cereal crust with fruit filling, lowfat	33	2	D	4
51301520	1000_Grains	Bread, wheat or cracked wheat, reduced calorie and/or high fiber, toasted	33	5	A	4
51401070	1000_Grains	Bread, rye, reduced calorie and/or high fiber, toasted	33	5	A	4
51501070	1000_Grains	Bread, oat bran, reduced calorie and/or high fiber, toasted	33	5	A	4
51602020	1000_Grains	Bread, multigrain, reduced calorie and/or high fiber, toasted	33	5	A	4
55702100	1000_Grains	Dosa (Indian), plain	33	4	B	4
56207101	1000_Grains	Cream of wheat, instant, made with non-dairy milk, NS as to fat added in cooking	32	3	C	4
56207103	1000_Grains	Cream of wheat, instant, made with non-dairy milk, fat added in cooking	32	3	C	4
53710800	1000_Grains	Cereal or granola bar (Kashi Chewy)	32	2	D	4
56116990	1000_Grains	Long rice noodles, made from mung beans, cooked	32	4.5	A	4
56207025	1000_Grains	Cream of wheat, regular or quick, made with non-dairy milk, NS as to fat added in cooking	31	3.5	B	4
56207027	1000_Grains	Cream of wheat, regular or quick, made with non-dairy milk, fat added in cooking	31	3.5	B	4
53714250	1000_Grains	Cereal or granola bar, coated with non-chocolate coating	30	0.5	E	4
51503040	1000_Grains	Muffin, English, oat bran, with raisins	30	3.5	B	4
51108100	1000_Grains	Naan, Indian flatbread	30	3.5	C	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

51300185	1000_Grains	Bread, paratha, wheat	30	3	C	4
51320700	1000_Grains	Roll, whole grain white	30	3	C	4
51320710	1000_Grains	Roll, whole grain white, hot dog bun	30	3	C	4
51320720	1000_Grains	Roll, whole grain white, hamburger bun	30	3	C	4
55300055	1000_Grains	French toast, whole grain, from fast food / restaurant	29	3.5	C	4
53711004	1000_Grains	Cereal or granola bar (Quaker Chewy 25% Less Sugar Granola Bar)	29	2	D	4
53713000	1000_Grains	Cereal or granola bar, reduced sugar, NFS	29	2	D	4
57302100	1000_Grains	Cereal (Quaker King Vitaman)	29	2	D	4
55200040	1000_Grains	Waffle, fruit, from frozen	29	3	C	4
55200010	1000_Grains	Waffle, NFS	29	3	C	4
55200020	1000_Grains	Waffle, plain, from frozen	29	3	C	4
53720210	1000_Grains	Nutrition bar (Clif Kids Organic Zbar)	29	3.5	D	4
57238000	1000_Grains	Cereal (Post Honeycomb)	29	2	D	4
56207022	1000_Grains	Cream of wheat, regular or quick, made with milk, fat not added in cooking	28	3.5	B	4
51501010	1000_Grains	Bread, oatmeal	28	3.5	A	4
51502010	1000_Grains	Roll, oatmeal	28	3.5	A	4
51503000	1000_Grains	Muffin, English, oat bran	28	3.5	A	4
51501040	1000_Grains	Bread, oat bran	28	3.5	B	4
52304000	1000_Grains	Muffin, whole grain	28	2	D	4
52303500	1000_Grains	Muffin, wheat	28	2	D	4
55200120	1000_Grains	Waffle, fruit, from fast food / restaurant	28	2	D	4
51501020	1000_Grains	Bread, oatmeal, toasted	27	3.5	A	4
51501050	1000_Grains	Bread, oat bran, toasted	27	3.5	A	4
51302520	1000_Grains	Muffin, English, wheat bran, with raisins	27	4	A	4
57126000	1000_Grains	Cereal (Kellogg's Cocoa Krispies)	27	1.5	D	4
52405010	1000_Grains	Bread, fruit	27	2	D	4
55200100	1000_Grains	Waffle, plain, from fast food / restaurant	26	1.5	D	4
51184250	1000_Grains	Breadsticks, soft, topped with melted cheese	26	2	D	4
51184260	1000_Grains	Breadsticks, soft, stuffed with melted cheese	26	2	D	4
57131000	1000_Grains	Cereal (Quaker Corn Bran Crunch)	26	3	D	4
57305174	1000_Grains	Cereal (Malt-O-Meal Colossal Crunch)	26	1	E	4
52304150	1000_Grains	Muffin, oat bran	26	3.5	B	4
56140100	1000_Grains	Pasta, gluten free	26	3.5	B	3
56201065	1000_Grains	Grits, regular or quick, made with non-dairy milk, NS as to fat added in cooking	26	3.5	B	4
56201067	1000_Grains	Grits, regular or quick, made with non-dairy milk, fat added in cooking	26	3.5	B	4
51320010	1000_Grains	Roll, wheat or cracked wheat	26	3.5	A	4
51320500	1000_Grains	Roll, whole wheat	26	3.5	A	4
56207095	1000_Grains	Cream of wheat, instant, made with milk, fat not added in cooking	26	3.5	B	4
51303050	1000_Grains	Muffin, English, wheat or cracked wheat, with raisins	26	4	A	4
51303070	1000_Grains	Muffin, English, whole wheat, with raisins	26	4	A	4
52403000	1000_Grains	Bread, nut	26	2	D	4
51801010	1000_Grains	Bread, barley	25	3.5	A	4
52401000	1000_Grains	Bread, Boston Brown	25	3.5	A	4
51301010	1000_Grains	Bread, wheat or cracked wheat	25	3.5	A	4
56207021	1000_Grains	Cream of wheat, regular or quick, made with milk, NS as to fat added in cooking	25	3	C	4
56207023	1000_Grains	Cream of wheat, regular or quick, made with milk, fat added in cooking	25	3	C	4
57306800	1000_Grains	Cereal (Malt-O-Meal Tootie Fruities)	25	1.5	D	4
55100030	1000_Grains	Pancakes, whole grain, from frozen	25	3	B	4
55100035	1000_Grains	Pancakes, whole grain, reduced fat, from frozen	25	3	B	4
56201350	1000_Grains	Grits, instant, made with non-dairy milk, NS as to fat added in cooking	25	3	C	4
56201360	1000_Grains	Grits, instant, made with non-dairy milk, fat added in cooking	25	3	C	4
55200050	1000_Grains	Waffle, chocolate, from frozen	25	3	C	4
51801020	1000_Grains	Bread, barley, toasted	25	4	A	4
51301020	1000_Grains	Bread, wheat or cracked wheat, toasted	25	4	A	4
57349020	1000_Grains	Cereal (Kellogg's Frosted Flakes, Reduced Sugar)	24	3	C	4
57347000	1000_Grains	Cereal (Kellogg's Corn Pops)	24	3	C	4
52304100	1000_Grains	Muffin, oatmeal	24	2	D	4
51320060	1000_Grains	Roll, wheat or cracked wheat, hot dog bun	24	4	A	4
51320070	1000_Grains	Roll, wheat or cracked wheat, hamburger bun	24	4	A	4
52306300	1000_Grains	Muffin, cheese	24	2	D	4
57325000	1000_Grains	Cereal (Kellogg's Product 19)	24	2	D	4
56207094	1000_Grains	Cream of wheat, instant, made with milk, fat added in cooking	24	3.5	B	4
56207096	1000_Grains	Cream of wheat, instant, made with milk, NS as to fat added in cooking	24	3.5	B	4
56202905	1000_Grains	Oatmeal, from fast food, maple flavored	24	3.5	B	4
56202920	1000_Grains	Oatmeal, from fast food, other flavors	24	3.5	B	4
56201340	1000_Grains	Grits, instant, made with milk, fat added in cooking	24	3	B	4
56201344	1000_Grains	Grits, instant, made with milk, NS as to fat added in cooking	24	3	B	4
56201342	1000_Grains	Grits, instant, made with milk, fat not added in cooking	24	3.5	B	4
51301820	1000_Grains	Bagel, wheat, with fruit and nuts	24	3.5	A	4
57119000	1000_Grains	Cereal (Quaker Cap'n Crunch's Crunchberries)	24	1	E	4
57117500	1000_Grains	Cereal (Quaker Christmas Crunch)	23	1	E	4
56203540	1000_Grains	Oatmeal, made with milk and sugar, Puerto Rican style	23	3	C	4
53714220	1000_Grains	Cereal or granola bar with nuts, chocolate coated	23	1	D	4
57127000	1000_Grains	Cereal (Post Cocoa Pebbles)	23	1.5	D	4
57117000	1000_Grains	Cereal (Quaker Cap'n Crunch)	23	1	E	4
57340000	1000_Grains	Cereal, puffed rice	23	3.5	A	4
55203000	1000_Grains	Waffle, fruit	23	2	D	4
53711100	1000_Grains	Cereal or granola bar (Quaker Granola Bites)	23	1.5	D	4
56201056	1000_Grains	Grits, regular or quick, made with milk, fat not added in cooking	22	3.5	B	4
56200390	1000_Grains	Barley, NS as to fat added in cooking	22	4	A	3
56200400	1000_Grains	Barley, fat not added in cooking	22	4	A	3
58117110	1000_Grains	Cornmeal fritter, Puerto Rican style	22	2	D	4
55501000	1000_Grains	Chinese pancake	22	3.5	B	4
53710700	1000_Grains	Cereal or granola bar (Kellogg's Special K bar)	22	1.5	D	4
56202910	1000_Grains	Oatmeal, from fast food, fruit flavored	22	3.5	B	4
55100020	1000_Grains	Pancakes, with fruit, from frozen	22	3	C	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

51183990	1000_Grains	Breadsticks, NFS	22	3	C	4
51184200	1000_Grains	Breadsticks, soft, NFS	22	3	C	4
51184210	1000_Grains	Breadsticks, soft, from fast food / restaurant	22	3	C	4
56201055	1000_Grains	Grits, regular or quick, made with milk, NS as to fat added in cooking	22	3	C	4
56201057	1000_Grains	Grits, regular or quick, made with milk, fat added in cooking	22	3	C	4
51303100	1000_Grains	Muffin, English, whole grain white	22	4	A	4
51302500	1000_Grains	Muffin, English, wheat bran	21	4	A	4
51303010	1000_Grains	Muffin, English, wheat or cracked wheat	21	4	A	4
51303030	1000_Grains	Muffin, English, whole wheat	21	4	A	4
51630200	1000_Grains	Muffin, English, multigrain	21	4	A	4
52215100	1000_Grains	Tortilla, corn	21	4.5	A	4
55100010	1000_Grains	Pancakes, plain, from frozen	21	3	C	4
52306500	1000_Grains	Muffin, pumpkin	21	2	D	4
52404060	1000_Grains	Bread, pumpkin	21	2	D	4
51184230	1000_Grains	Breadsticks, soft, with parmesan cheese, from fast food / restaurant	21	2	D	4
52306700	1000_Grains	Muffin, carrot	21	2	D	4
55100055	1000_Grains	Pancakes, with fruit, from fast food / restaurant	21	3	C	4
57305175	1000_Grains	Cereal (Malt-O-Meal Cocoa Dyno-Bites)	21	1.5	E	4
53430000	1000_Grains	Crepe, NS as to filling	21	3	C	4
56205300	1000_Grains	Rice, white and wild, cooked, fat not added in cooking	20	3	C	4
51805010	1000_Grains	Bread, sunflower meal	20	3.5	B	4
51108010	1000_Grains	Focaccia, Italian flatbread, plain	20	3	B	4
51421000	1000_Grains	Roll, pumpernickel	20	4	A	4
55203700	1000_Grains	Waffle, cinnamon	20	2	D	4
52208760	1000_Grains	Gordita/sope shell, plain, no filling	20	3	C	4
55301040	1000_Grains	French toast sticks, plain, from fast food / restaurant	19	2	D	4
56113990	1000_Grains	Noodles, vegetable, cooked	19	4	A	4
51805020	1000_Grains	Bread, sunflower meal, toasted	19	3	C	4
55100050	1000_Grains	Pancakes, plain, from fast food / restaurant	19	2	D	4
52302010	1000_Grains	Muffin, fruit	19	2	D	4
52301000	1000_Grains	Muffin, NFS	19	2	D	4
51301805	1000_Grains	Bagel, whole wheat, with raisins	19	3.5	A	4
55204000	1000_Grains	Waffle, cornmeal	19	3	C	4
57134000	1000_Grains	Cereal, corn flakes	19	3.5	C	4
57135000	1000_Grains	Cereal (Kellogg's Corn Flakes)	19	3.5	C	4
51630100	1000_Grains	Bagel, multigrain, with raisins	19	3.5	A	4
51301800	1000_Grains	Bagel, wheat, with raisins	19	3.5	A	4
53711006	1000_Grains	Cereal or granola bar (Quaker Chewy Dipps Granola Bar)	19	1	E	4
53714200	1000_Grains	Cereal or granola bar, chocolate coated, NFS	19	1	E	4
55201000	1000_Grains	Waffle, plain	19	2	D	4
52306550	1000_Grains	Muffin, zucchini	19	2	D	4
52407000	1000_Grains	Bread, zucchini	19	2	D	4
55301050	1000_Grains	French toast sticks, plain	18	2	D	4
52302600	1000_Grains	Muffin, chocolate	18	1.5	D	4
51111010	1000_Grains	Bread, cheese	18	1.5	D	4
55103020	1000_Grains	Pancakes, pumpkin	18	3	C	4
55103000	1000_Grains	Pancakes, with fruit	18	3	C	4
51301040	1000_Grains	Bread, wheat or cracked wheat, made from home recipe or purchased at bakery	18	3.5	B	4
57326000	1000_Grains	Cereal (Barbara's Puffins)	18	3.5	C	4
56205410	1000_Grains	Rice, white, cooked with fat, Puerto Rican style	18	3	C	4
57344000	1000_Grains	Cereal (Kellogg's Special K)	18	2	D	4
53430200	1000_Grains	Crepe, fruit filled	18	3	C	4
56207060	1000_Grains	Cream of wheat, instant, made with water, fat added in cooking	18	3.5	B	4
56207070	1000_Grains	Cream of wheat, instant, made with water, NS as to fat added in cooking	18	3.5	B	4
51804010	1000_Grains	Bread, soy	18	3.5	C	4
55200110	1000_Grains	Waffle, chocolate, from fast food / restaurant	18	1	E	4
56207030	1000_Grains	Cream of wheat, instant, made with water, fat not added in cooking	18	3.5	B	4
51111040	1000_Grains	Bread, cheese, toasted	18	1.5	D	4
55100025	1000_Grains	Pancakes, with chocolate, from frozen	17	3.5	C	4
51300100	1000_Grains	Bagel, whole grain white	17	4	A	4
56205094	1000_Grains	Rice, cream of, cooked, made with milk	17	3.5	B	4
51301050	1000_Grains	Bread, wheat or cracked wheat, made from home recipe or purchased at bakery, toasted	17	3.5	C	4
51301700	1000_Grains	Bagel, wheat	17	4	A	4
51301750	1000_Grains	Bagel, whole wheat	17	4	A	4
51301900	1000_Grains	Bagel, wheat bran	17	4	A	4
51404500	1000_Grains	Bagel, pumpernickel	17	4	A	4
51501080	1000_Grains	Bagel, oat bran	17	4	A	4
51630000	1000_Grains	Bagel, multigrain	17	4	A	4
53714210	1000_Grains	Cereal or granola bar, with coconut, chocolate coated	17	0.5	E	4
51122000	1000_Grains	Bread, reduced calorie and/or high fiber, white or NFS	17	4.5	A	4
56112000	1000_Grains	Noodles, cooked	17	3.5	B	4
51804020	1000_Grains	Bread, soy, toasted	17	4	C	4
71930200	1000_Grains	Casabe, cassava bread	17	3	C	4
56205170	1000_Grains	Yellow rice, cooked, fat added in cooking	17	3	C	4
51184220	1000_Grains	Breadsticks, soft, from frozen	17	3.5	B	4
51184240	1000_Grains	Breadsticks, soft, with parmesan cheese, from frozen	17	3.5	B	4
58117210	1000_Grains	Cornmeal stick, Puerto Rican style	16	3.5	C	4
56209000	1000_Grains	Cream of rye	16	3.5	B	3
55301030	1000_Grains	French toast sticks, NFS	16	3	C	4
55301031	1000_Grains	French toast sticks, plain, from frozen	16	3	C	4
51122010	1000_Grains	Bread, reduced calorie and/or high fiber, white or NFS, toasted	16	4.5	A	4
51121035	1000_Grains	Garlic bread, from frozen	16	2	D	4
56205002	1000_Grains	Rice, white, cooked, fat added in cooking, made with oil	16	3.5	B	4
57239100	1000_Grains	Cereal (Kellogg's Honey Crunch Corn Flakes)	15	1.5	D	4
75217490	1000_Grains	Hominy, cooked, NS as to fat added in cooking	15	4	C	4
75217520	1000_Grains	Hominy, cooked, fat added in cooking	15	4	C	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

51121055	1000_Grains	Garlic bread, with parmesan cheese, from frozen	15	2	D	4
51121075	1000_Grains	Garlic bread, with melted cheese, from frozen	15	2	D	4
52306010	1000_Grains	Muffin, plain	15	1.5	D	4
57348000	1000_Grains	Cereal, frosted corn flakes	15	2	D	4
57349000	1000_Grains	Cereal (Kellogg's Frosted Flakes)	15	2	D	4
51121015	1000_Grains	Garlic bread, NFS	15	2	D	4
51121025	1000_Grains	Garlic bread, from fast food / restaurant	15	2	D	4
51121065	1000_Grains	Garlic bread, with melted cheese, from fast food / restaurant	15	2	D	4
52213010	1000_Grains	Spoonbread	15	3	C	4
51121045	1000_Grains	Garlic bread, with parmesan cheese, from fast food / restaurant	15	2	D	4
56201090	1000_Grains	Grits, with cheese, NS as to fat added in cooking	14	3.5	B	4
56201092	1000_Grains	Grits, with cheese, fat added in cooking	14	3.5	B	4
55100005	1000_Grains	Pancakes, NFS	14	2	D	4
56201091	1000_Grains	Grits, with cheese, fat not added in cooking	14	3.5	B	4
57223000	1000_Grains	Cereal (Post Fruity Pebbles)	14	1	E	4
51109010	1000_Grains	Bread, Italian, Grecian, Armenian	14	3.5	B	4
57305300	1000_Grains	Cereal (Malt-O-Meal Fruity Dyno-Bites)	14	1.5	E	4
56205320	1000_Grains	Rice, white and wild, cooked, fat added in cooking	14	3	C	4
56205330	1000_Grains	Rice, white and wild, cooked, NS as to fat added in cooking	14	3	C	4
51122100	1000_Grains	Bread, reduced calorie and/or high fiber, white or NFS, with fruit and/or nuts	14	4	A	4
55211050	1000_Grains	Waffle, plain, reduced fat	14	2	D	4
55101000	1000_Grains	Pancakes, plain	13	2	D	4
55400010	1000_Grains	Crepe, NFS	13	3	C	4
57305180	1000_Grains	Cereal (Malt-O-Meal Corn Bursts)	13	1	E	4
51109040	1000_Grains	Bread, Italian, Grecian, Armenian, toasted	13	3.5	B	4
52302500	1000_Grains	Muffin, chocolate chip	13	1.5	D	4
53714510	1000_Grains	Breakfast bar, date, with yogurt coating	13	2	D	4
53400300	1000_Grains	Blintz, fruit-filled	13	3	C	4
57148000	1000_Grains	Cereal (Kellogg's Crispix)	13	2	D	4
56201220	1000_Grains	Grits, instant, made with water, fat added in cooking	13	3	C	4
56201230	1000_Grains	Grits, instant, made with water, NS as to fat added in cooking	13	3	C	4
52304040	1000_Grains	Muffin, bran with fruit, lowfat	13	3	C	4
51122110	1000_Grains	Bread, reduced calorie and/or high fiber, white or NFS, with fruit and/or nuts, toasted	13	4	B	4
52209010	1000_Grains	Hush puppy	13	3.5	C	4
53430100	1000_Grains	Crepe, chocolate filled	13	3	C	4
57305210	1000_Grains	Cereal (Malt-O-Meal Frosted Flakes)	12	1.5	D	4
55401000	1000_Grains	Crepe, plain	12	3	C	4
56104000	1000_Grains	Pasta, vegetable, cooked	12	4	A	4
53714400	1000_Grains	Cereal or granola bar, with rice cereal	12	2	D	4
55300010	1000_Grains	French toast, NFS	12	3	C	4
55203600	1000_Grains	Waffle, chocolate	12	1.5	E	4
51000400	1000_Grains	Roll, bran, NS as to type of bran	12	3.5	B	4
51620000	1000_Grains	Roll, multigrain	12	3.5	B	4
51620020	1000_Grains	Roll, multigrain, hot dog bun	12	3.5	B	4
51620030	1000_Grains	Roll, multigrain, hamburger bun	12	3.5	B	4
55100060	1000_Grains	Pancakes, with chocolate, from fast food / restaurant	12	1.5	D	4
57148500	1000_Grains	Cereal, crispy brown rice	11	3.5	D	4
57151000	1000_Grains	Cereal, crispy rice	11	3.5	D	4
57337000	1000_Grains	Cereal, rice flakes	11	3.5	D	4
57316710	1000_Grains	Cereal (Quaker Honey Graham Oh's)	11	0.5	E	4
51301120	1000_Grains	Bread, wheat or cracked wheat, with raisins	11	3.5	C	4
51129010	1000_Grains	Bread, raisin	11	3.5	B	4
57305200	1000_Grains	Cereal (Malt-O-Meal Crispy Rice)	11	3.5	D	4
57339000	1000_Grains	Cereal (Kellogg's Rice Krispies)	11	3.5	D	4
53710600	1000_Grains	Milk 'n Cereal bar	11	0.5	E	4
55301000	1000_Grains	French toast, plain	11	3	C	4
52101000	1000_Grains	Biscuit, baking powder or buttermilk type, NS as to made from mix, refrigerated dough, or ho	11	2	D	4
56207050	1000_Grains	Wheat, cream of, cooked, made with milk and sugar, Puerto Rican style	11	3	C	4
56207160	1000_Grains	Couscous, plain, cooked	11	3.5	B	3
57216000	1000_Grains	Cereal, frosted rice	11	1.5	D	4
57218000	1000_Grains	Cereal (Kellogg's Frosted Krispies)	11	1.5	D	4
52206060	1000_Grains	Cornbread muffin, stick, round, made from home recipe	10	3	C	4
52202060	1000_Grains	Cornbread, made from home recipe	10	3	C	4
52101040	1000_Grains	Crumpet	10	3	B	4
52101050	1000_Grains	Crumpet, toasted	10	3	B	4
56201210	1000_Grains	Grits, instant, made with water, fat not added in cooking	10	3.5	B	4
51301130	1000_Grains	Bread, wheat or cracked wheat, with raisins, toasted	10	3.5	C	4
51113010	1000_Grains	Bread, cinnamon	10	3	B	4
51156500	1000_Grains	Roll, garlic	10	3.5	C	4
51129020	1000_Grains	Bread, raisin, toasted	10	3.5	B	4
51401010	1000_Grains	Bread, rye	10	4	A	4
51401030	1000_Grains	Bread, marble rye and pumpernickel	10	4	A	4
51401200	1000_Grains	Muffin, English, rye	10	4	A	4
51420000	1000_Grains	Roll, rye	10	4	A	4
51000300	1000_Grains	Roll, hard, NS as to major flour	10	3.5	B	4
51153000	1000_Grains	Roll, white, hard	10	3.5	B	4
56205006	1000_Grains	Rice, white, cooked, fat added in cooking, made with margarine	10	3.5	B	4
56130000	1000_Grains	Pasta, cooked	9	3.5	A	4
51401020	1000_Grains	Bread, rye, toasted	9	4	B	4
51401040	1000_Grains	Bread, marble rye and pumpernickel, toasted	9	4	B	4
55200030	1000_Grains	Waffle, plain, reduced fat, from frozen	9	3	B	4
55100015	1000_Grains	Pancakes, plain, reduced fat, from fozen	9	3.5	C	4
55101015	1000_Grains	Pancakes, plain, reduced fat	9	3.5	C	4
51154600	1000_Grains	Roll, cheese	9	3	C	4
53400200	1000_Grains	Blintz, cheese-filled	9	3	D	4
56200410	1000_Grains	Barley, fat added in cooking	8	3.5	A	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

55301010	1000_Grains	French toast, plain, reduced fat	8	3.5	B	4
51000110	1000_Grains	Bread, NS as to major flour, toasted	8	3.5	B	4
51101010	1000_Grains	Bread, white, toasted	8	3.5	B	4
51113100	1000_Grains	Bread, cinnamon, toasted	8	3.5	B	4
51000100	1000_Grains	Bread, NS as to major flour	8	3.5	B	4
51101000	1000_Grains	Bread, white	8	3.5	B	4
51158100	1000_Grains	Roll, Mexican, bolillo	8	3.5	B	4
51127010	1000_Grains	Bread, potato	8	4	A	4
51133010	1000_Grains	Bread, sour dough	8	3.5	B	4
51159000	1000_Grains	Roll, sour dough	8	3.5	B	4
51130510	1000_Grains	Bread, white, low sodium or no salt	8	3.5	A	4
56207005	1000_Grains	Cream of wheat, NS as to regular, quick, or instant, fat added in cooking	8	3.5	B	4
56207015	1000_Grains	Cream of wheat, regular or quick, made with water, NS as to fat added in cooking	8	3.5	B	4
56207017	1000_Grains	Cream of wheat, regular or quick, made with water, fat added in cooking	8	3.5	B	4
56206990	1000_Grains	Cream of wheat, NS as to regular, quick, or instant, NS as to fat added in cooking	8	3.5	B	4
55103100	1000_Grains	Pancakes, with chocolate	8	1.5	D	4
56207016	1000_Grains	Cream of wheat, regular or quick, made with water, fat not added in cooking	8	3.5	B	4
56207000	1000_Grains	Cream of wheat, NS as to regular, quick, or instant, fat not added in cooking	8	3.5	B	4
51300300	1000_Grains	Bread, sprouted wheat	7	4	A	4
51127020	1000_Grains	Bread, potato, toasted	7	4	A	4
55300050	1000_Grains	French toast, plain, from fast food / restaurant	7	2	D	4
51300310	1000_Grains	Bread, sprouted wheat, toasted	7	4.5	A	4
51133020	1000_Grains	Bread, sour dough, toasted	7	3.5	B	4
51155000	1000_Grains	Roll, French or Vienna	7	3.5	B	4
52104100	1000_Grains	Biscuit, cheese	7	1.5	D	4
51130520	1000_Grains	Bread, white, low sodium or no salt, toasted	7	3.5	A	4
52105200	1000_Grains	Scone, with fruit	7	2	D	4
56201051	1000_Grains	Grits, regular or quick, made with water, fat not added in cooking	6	3.5	B	4
56201000	1000_Grains	Grits, NS as to regular, quick, or instant, fat not added in cooking	6	3.5	B	4
56205007	1000_Grains	Rice, white, cooked, fat added in cooking, NS as to type of fat	6	3.5	B	4
51119010	1000_Grains	Bread, egg, Challah	6	3.5	B	4
51154550	1000_Grains	Roll, egg bread	6	3.5	B	4
55300020	1000_Grains	French toast, plain, from frozen	6	3.5	B	4
51000200	1000_Grains	Roll, NS as to major flour	6	3.5	B	4
51150000	1000_Grains	Roll, white, soft	6	3.5	B	4
51154010	1000_Grains	Roll, white, hot dog bun	6	3.5	B	4
51154100	1000_Grains	Roll, white, hamburger bun	6	3.5	B	4
51157000	1000_Grains	Roll, white, hoagie, submarine	6	3.5	B	4
56201050	1000_Grains	Grits, regular or quick, made with water, NS as to fat added in cooking	5	3.5	B	4
56201052	1000_Grains	Grits, regular or quick, made with water, fat added in cooking	5	3.5	B	4
56200990	1000_Grains	Grits, NS as to regular, quick, or instant, NS as to fat added in cooking	5	3.5	B	4
56201040	1000_Grains	Grits, NS as to regular, quick, or instant, fat added in cooking	5	3.5	B	4
57339500	1000_Grains	Cereal (Kellogg's Rice Krispies Treats Cereal)	5	1.5	D	4
52215350	1000_Grains	Taco shell, flour	5	1.5	D	4
51119040	1000_Grains	Bread, egg, Challah, toasted	5	3.5	B	4
56205060	1000_Grains	Rice, cooked, with milk	5	3	C	4
51186160	1000_Grains	Muffin, English, with fruit other than raisins	4	4	A	4
51186100	1000_Grains	Muffin, English, with raisins	4	3.5	A	4
56201550	1000_Grains	Cornmeal dumpling	4	3.5	B	4
52220110	1000_Grains	Arepa Dominicana	4	2	D	4
56205130	1000_Grains	Yellow rice, cooked, NS as to fat added in cooking	4	3	C	4
56205150	1000_Grains	Yellow rice, cooked, fat not added in cooking	4	3	C	4
52104010	1000_Grains	Biscuit, baking powder or buttermilk type, made from home recipe	4	2	D	4
55310100	1000_Grains	Fried bread, Puerto Rican style	4	2	D	4
56201516	1000_Grains	Cornmeal mush, fat not added in cooking	4	3.5	B	4
56201515	1000_Grains	Cornmeal mush, NS as to fat added in cooking	3	3.5	B	4
56201517	1000_Grains	Cornmeal mush, fat added in cooking	3	3.5	B	4
52105100	1000_Grains	Scone	3	2	D	4
52215000	1000_Grains	Tortilla, NFS	3	3.5	A	4
52304010	1000_Grains	Muffin, wheat bran	3	3	C	4
52215300	1000_Grains	Taco shell, corn	3	3.5	C	4
51140100	1000_Grains	Bread, dough, fried	3	3	B	4
52206010	1000_Grains	Cornbread muffin, stick, round	3	3.5	C	4
51154510	1000_Grains	Roll, diet	2	3.5	B	4
51186010	1000_Grains	Muffin, English	2	4	A	4
52311010	1000_Grains	Popover	2	3	C	4
51106010	1000_Grains	Bread, native, water, Puerto Rican style	2	3	B	4
51105010	1000_Grains	Bread, Cuban	1	3.5	B	4
51107010	1000_Grains	Bread, French or Vienna	1	3.5	B	4
51000180	1000_Grains	Bread, made from home recipe or purchased at a bakery, NS as to major flour	1	3	C	4
51000190	1000_Grains	Bread, made from home recipe or purchased at a bakery, toasted, NS as to major flour	1	3	C	4
51101050	1000_Grains	Bread, white, made from home recipe or purchased at a bakery	1	3	C	4
51101060	1000_Grains	Bread, white, made from home recipe or purchased at a bakery, toasted	1	3	C	4
51105040	1000_Grains	Bread, Cuban, toasted	1	3.5	C	4
51106020	1000_Grains	Bread, native, water, toasted, Puerto Rican style	1	3.5	B	4
51106200	1000_Grains	Bread, lard, Puerto Rican style	1	3.5	B	4
51106210	1000_Grains	Bread, lard, toasted, Puerto Rican style	1	3	C	4
51106300	1000_Grains	Bread, caressed, Puerto Rican style	1	3	C	4
51106310	1000_Grains	Bread, caressed, toasted, Puerto Rican style	1	3	C	4
51107040	1000_Grains	Bread, French or Vienna, toasted	1	3.5	B	4
51109100	1000_Grains	Bread, pita	1	3.5	B	4
51109110	1000_Grains	Bread, pita, toasted	1	3.5	B	4
51109150	1000_Grains	Bread, pita with fruit	1	3	B	4
51109200	1000_Grains	Bread, pita with fruit, toasted	1	3	B	4
51115010	1000_Grains	Bread, cornmeal and molasses	1	3	C	4
51115020	1000_Grains	Bread, cornmeal and molasses, toasted	1	3	C	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

51121110	1000_Grains	Bread, onion	1	3	B	4
51121120	1000_Grains	Bread, onion, toasted	1	3	B	4
51134000	1000_Grains	Bread, sweet potato	1	3	B	4
51134010	1000_Grains	Bread, sweet potato, toasted	1	3	B	4
51135000	1000_Grains	Bread, vegetable	1	3.5	B	4
51135010	1000_Grains	Bread, vegetable, toasted	1	3	C	4
51180010	1000_Grains	Bagel	1	3.5	B	4
51180030	1000_Grains	Bagel, with raisins	1	3	C	4
51180080	1000_Grains	Bagel, with fruit other than raisins	1	3.5	B	4
51186130	1000_Grains	Muffin, English, cheese	1	3.5	A	4
52101030	1000_Grains	Biscuit dough, fried	1	1.5	D	4
52101100	1000_Grains	Biscuit, baking powder or buttermilk type, made from mix	1	1.5	D	4
52101150	1000_Grains	Biscuit, baking powder or buttermilk type, made from refrigerated dough, lowfat	1	2	D	4
52102040	1000_Grains	Biscuit, baking powder or buttermilk type, made from refrigerated dough	1	1.5	D	4
52103000	1000_Grains	Biscuit, baking powder or buttermilk type, commercially baked	1	1	E	4
52104200	1000_Grains	Biscuit, cinnamon-raisin	1	1.5	D	4
52201000	1000_Grains	Cornbread, prepared from mix	1	2	D	4
52207010	1000_Grains	Corn flour patty or tart, fried	1	3	B	4
52208010	1000_Grains	Corn pone, baked	1	3	B	4
52208020	1000_Grains	Corn pone, fried	1	3	C	4
52211010	1000_Grains	Johnnycake	1	2	D	4
52215200	1000_Grains	Tortilla, flour	1	3.5	C	4
52302020	1000_Grains	Muffin, fruit, low fat	1	3.5	C	4
52408000	1000_Grains	Bread, Irish soda	1	2	D	4
55105100	1000_Grains	Pancakes, cornmeal	1	3.5	C	4
55610300	1000_Grains	Dumpling, plain	1	3	C	4
56117090	1000_Grains	Rice noodles, cooked	1	3.5	B	4
56201540	1000_Grains	Cornmeal, Puerto Rican Style	1	3	C	4
56201600	1000_Grains	Masa harina, cooked	1	3.5	B	4
56205000	1000_Grains	Rice, cooked, NFS	1	3.5	B	4
56205001	1000_Grains	Rice, white, cooked, NS as to fat added in cooking	1	3.5	B	4
56205004	1000_Grains	Rice, white, cooked, fat added in cooking, made with butter	1	3	C	4
56205008	1000_Grains	Rice, white, cooked, fat not added in cooking	1	3.5	B	4
56205050	1000_Grains	Rice, cream of, cooked, fat not added in cooking	1	3.5	B	4
56205070	1000_Grains	Rice, sweet, cooked with honey	1	3	C	4
56205080	1000_Grains	Rice, creamed, made with milk and sugar, Puerto Rican style	1	3.5	B	4
56205090	1000_Grains	Rice, cream of, cooked, fat added in cooking	1	3.5	B	4
56205092	1000_Grains	Rice, cream of, cooked, NS as to fat added in cooking	1	3.5	B	4
56205101	1000_Grains	Congee	1	3.5	B	4
56205190	1000_Grains	Rice, white, cooked, glutinous	1	3.5	B	3

Supplementary Table 8. Original (uncorrected) scores for all food items.

foodcode	level1nd	Description	Food Compass Score	Health Star Rating	Nutri-Score	NOVA Category
61101010	2000_Fruit	Grapefruit, raw	100	4.5	A	1
61104010	2000_Fruit	Grapefruit and orange sections, raw	100	4.5	A	1
61104220	2000_Fruit	Grapefruit and orange sections, cooked, canned, or frozen, unsweetened, water pack	100	4.5	A	1
61113010	2000_Fruit	Lemon, raw	100	4.5	A	1
61116010	2000_Fruit	Lime, raw	100	4.5	A	1
61119010	2000_Fruit	Orange, raw	100	4.5	A	1
61122350	2000_Fruit	Orange, mandarin, canned or frozen, drained	100	4.5	A	3
61125000	2000_Fruit	Tangelo, raw	100	4.5	A	1
62114000	2000_Fruit	Lychee, dried	100	3	B	1
63103010	2000_Fruit	Apricot, raw	100	4.5	A	1
63103120	2000_Fruit	Apricot, cooked or canned, unsweetened, water pack	100	4.5	A	1
63109010	2000_Fruit	Cantaloupe, raw	100	4.5	A	1
63109610	2000_Fruit	Cantaloupe, frozen	100	4.5	A	1
63109700	2000_Fruit	Starfruit, raw	100	4.5	A	1
63110010	2000_Fruit	Cassaba melon, raw	100	4.5	A	1
63113010	2000_Fruit	Cherries, sour, red, raw	100	4.5	A	1
63115200	2000_Fruit	Cherries, frozen	100	4.5	A	1
63117010	2000_Fruit	Currants, raw	100	5	A	1
63125010	2000_Fruit	Guava, raw	100	5	A	1
63126500	2000_Fruit	Kiwi fruit, raw	100	4.5	A	1
63131010	2000_Fruit	Nectarine, raw	100	4.5	A	1
63133010	2000_Fruit	Papaya, raw	100	4.5	A	1
63135010	2000_Fruit	Peach, raw	100	4.5	A	1
63135120	2000_Fruit	Peach, cooked or canned, unsweetened, water pack	100	4.5	A	1
63135620	2000_Fruit	Peach, frozen, unsweetened	100	4.5	A	1
63147010	2000_Fruit	Rhubarb, raw	100	4.5	A	1
63147120	2000_Fruit	Rhubarb, cooked or canned, unsweetened	100	4.5	A	1
63149010	2000_Fruit	Watermelon, raw	100	4.5	A	1
63200100	2000_Fruit	Berries, raw, NFS	100	4.5	A	1
63200200	2000_Fruit	Berries, frozen, NFS	100	4.5	A	1
63201010	2000_Fruit	Blackberries, raw	100	5	A	1
63201600	2000_Fruit	Blackberries, frozen	100	5	A	1
63203570	2000_Fruit	Blueberries, frozen, NS as to sweetened or unsweetened	100	4.5	A	1
63203600	2000_Fruit	Blueberries, frozen, unsweetened	100	4.5	A	1
63205010	2000_Fruit	Boysenberries, raw	100	5	A	1
63205600	2000_Fruit	Boysenberries, frozen	100	5	A	1
63207010	2000_Fruit	Cranberries, raw	100	5	A	1
63208000	2000_Fruit	Dewberries, raw	100	5	A	1
63215010	2000_Fruit	Loganberries, raw	100	5	A	1
63215600	2000_Fruit	Loganberries, frozen	100	5	A	1
63217010	2000_Fruit	Mulberries, raw	100	4.5	A	1
63219000	2000_Fruit	Raspberries, raw, NS as to color	100	5	A	1
63219010	2000_Fruit	Raspberries, black, raw	100	5	A	1
63219020	2000_Fruit	Raspberries, red, raw	100	5	A	1
63219120	2000_Fruit	Raspberries, cooked or canned, unsweetened, water pack	100	5	A	1
63219610	2000_Fruit	Raspberries, frozen, unsweetened	100	5	A	1
63223020	2000_Fruit	Strawberries, raw	100	4.5	A	1
63223120	2000_Fruit	Strawberries, cooked or canned, unsweetened, water pack	100	4.5	A	1
63223610	2000_Fruit	Strawberries, frozen, unsweetened	100	4.5	A	1
63224000	2000_Fruit	Youngberries, raw	100	5	A	1
63311050	2000_Fruit	Fruit salad, fresh or raw, including citrus fruits, no dressing	100	4.5	A	1
63311000	2000_Fruit	Fruit salad, fresh or raw, excluding citrus fruits, no dressing	100	4.5	A	1
63127010	2000_Fruit	Honeydew melon, raw	99	4.5	A	1
63127610	2000_Fruit	Honeydew, frozen	99	4.5	A	1
63126010	2000_Fruit	Juneberry, raw	99	4.5	A	1
63203010	2000_Fruit	Blueberries, raw	99	4.5	A	1
63214000	2000_Fruit	Huckleberries, raw	99	4.5	A	1
63311080	2000_Fruit	Fruit cocktail or mix, frozen	98	4.5	A	1
63137050	2000_Fruit	Pear, Japanese, raw	98	4.5	A	1
63143010	2000_Fruit	Plum, raw	97	4.5	A	1
62104100	2000_Fruit	Apricot, dried, uncooked	96	3.5	B	1
61100500	2000_Fruit	Calamondin, raw	96	4.5	A	1
61125010	2000_Fruit	Tangerine, raw	96	4.5	A	1
61110010	2000_Fruit	Kumquat, raw	96	5	A	1
63101000	2000_Fruit	Apple, raw	96	4.5	A	1
62116100	2000_Fruit	Peach, dried, uncooked	95	4	C	1
61122320	2000_Fruit	Orange, mandarin, canned or frozen, juice pack	95	4.5	A	3
62116220	2000_Fruit	Peach, dried, cooked, unsweetened	94	4	A	1
63141010	2000_Fruit	Pineapple, raw	94	4.5	A	1
63101320	2000_Fruit	Apple, baked, unsweetened	94	4.5	A	1
61122300	2000_Fruit	Orange, mandarin, canned or frozen, NS as to sweetened or unsweetened; sweetened, NS a	94	4.5	A	3
63129010	2000_Fruit	Mango, raw	94	4	A	1
63141120	2000_Fruit	Pineapple, cooked or canned, unsweetened, waterpack	93	4.5	A	1
63134010	2000_Fruit	Passion fruit, raw	93	5	A	1
63100100	2000_Fruit	Fruit, NS as to type	92	4.5	A	1
63133050	2000_Fruit	Papaya, green, cooked	92	4.5	A	1
63113110	2000_Fruit	Cherries, sour, red, cooked, unsweetened	92	4.5	A	1
63123020	2000_Fruit	Grapes, American type, slip skin, raw	92	4	A	1
61119020	2000_Fruit	Orange, sections, canned, juice pack	92	4.5	A	3
63223030	2000_Fruit	Strawberries, raw, with sugar	91	4.5	A	1
62104220	2000_Fruit	Apricot, dried, cooked, unsweetened	90	4	B	1
63115010	2000_Fruit	Cherries, sweet, raw	88	4.5	A	1
63203120	2000_Fruit	Blueberries, cooked or canned, unsweetened, water pack	88	4.5	A	1
62108100	2000_Fruit	Currants, dried	88	3.5	C	1
62107100	2000_Fruit	Banana flakes, dehydrated	88	4	B	1

Supplementary Table 8. Original (uncorrected) scores for all food items.

63139010	2000_Fruit	Persimmon, raw	88	4.5	A	1
63126510	2000_Fruit	Lychee, raw	87	4	B	1
63123000	2000_Fruit	Grapes, raw, NS as to type	87	4	B	1
63123010	2000_Fruit	Grapes, European type, adherent skin, raw	87	4	B	1
63126700	2000_Fruit	Longans, raw	87	4	B	1
62113100	2000_Fruit	Fig, dried, uncooked	87	4	C	1
63137010	2000_Fruit	Pear, raw	86	4.5	A	1
62101050	2000_Fruit	Fruit mixture, dried	86	4	B	3
62101100	2000_Fruit	Apple, dried, uncooked	85	3.5	C	1
62101220	2000_Fruit	Apple, dried, cooked, unsweetened	85	4.5	A	1
61101200	2000_Fruit	Grapefruit, canned or frozen, NS as to sweetened or unsweetened; sweetened, NS as to typ	85	4.5	A	3
62122100	2000_Fruit	Prune, dried, uncooked	85	4	B	1
62101300	2000_Fruit	Apple chips	85	3	D	3
63103170	2000_Fruit	Apricot, cooked or canned, juice pack	85	4.5	A	3
63129030	2000_Fruit	Mango, cooked	84	4	B	1
61101220	2000_Fruit	Grapefruit, canned or frozen, unsweetened, water pack	84	4.5	B	1
63320100	2000_Fruit	Fruit salad, Puerto Rican style	84	4.5	A	1
62113220	2000_Fruit	Fig, dried, cooked, unsweetened	84	4	B	1
63107010	2000_Fruit	Banana, raw	83	4.5	A	1
63107050	2000_Fruit	Banana, white, Guineo blanco maduro	83	4.5	A	1
63107070	2000_Fruit	Banana, Chinese, raw	83	4.5	A	1
63107080	2000_Fruit	Banana, red, Guineo morado	83	4.5	A	1
63137120	2000_Fruit	Pear, cooked or canned, unsweetened, water pack	83	4.5	A	1
62122220	2000_Fruit	Prune, dried, cooked, unsweetened	82	4	B	1
63115120	2000_Fruit	Cherries, sweet, cooked, unsweetened, water pack	82	4.5	B	1
63107310	2000_Fruit	Banana, ripe, boiled	81	4.5	A	1
63135170	2000_Fruit	Peach, cooked or canned, juice pack	80	4.5	B	3
62119100	2000_Fruit	Pear, dried, uncooked	80	3.5	C	1
63403030	2000_Fruit	Fruit salad, including citrus fruits, with nondairy whipped topping	80	4	A	4
63115170	2000_Fruit	Cherries, sweet, cooked or canned, juice pack	80	4.5	A	3
63123120	2000_Fruit	Grapes, seedless, cooked or canned, unsweetened, water pack	79	4	B	1
63145010	2000_Fruit	Pomegranate, raw	79	4.5	A	1
62105000	2000_Fruit	Blueberries, dried	79	3.5	B	1
62119220	2000_Fruit	Pear, dried, cooked, unsweetened	79	4.5	B	1
63101120	2000_Fruit	Applesauce, stewed apples, unsweetened	78	4.5	B	1
63101140	2000_Fruit	Applesauce, stewed apples, sweetened with low calorie sweetener	78	4.5	B	1
62114110	2000_Fruit	Papaya, dried	78	3	C	1
63141150	2000_Fruit	Pineapple, cooked or canned, drained solids	78	4	B	3
62120100	2000_Fruit	Pineapple, dried	78	3	C	1
63119120	2000_Fruit	Fig, cooked or canned, unsweetened, water pack	77	4.5	A	1
63402970	2000_Fruit	Fruit salad, excluding citrus fruits, with nondairy whipped topping	77	4	A	4
63119010	2000_Fruit	Fig, raw	77	4.5	A	1
62110100	2000_Fruit	Date	76	3.5	C	1
63143120	2000_Fruit	Plum, cooked or canned, unsweetened, water pack	75	4	B	3
63201800	2000_Fruit	Blackberries, frozen, sweetened, NS as to type of sweetener	75	4.5	B	3
63403020	2000_Fruit	Fruit salad, including citrus fruit, with whipped cream	75	4	B	4
63311120	2000_Fruit	Fruit cocktail, cooked or canned, unsweetened, water pack	74	4.5	A	4
63402990	2000_Fruit	Fruit salad, including citrus fruits, with pudding	74	4.5	A	4
63413010	2000_Fruit	Pineapple salad with dressing	73	4	B	4
63403010	2000_Fruit	Fruit salad, including citrus fruits, with salad dressing or mayonnaise	72	4	C	4
63301010	2000_Fruit	Ambrosia	72	4.5	A	1
63402960	2000_Fruit	Fruit salad, excluding citrus fruits, with whipped cream	72	4	B	4
62125100	2000_Fruit	Raisins	72	3	C	1
63401010	2000_Fruit	Apple salad with dressing	72	4	B	4
63143170	2000_Fruit	Plum, cooked or canned, juice pack	72	4	B	3
63403000	2000_Fruit	Fruit salad, excluding citrus fruits, with pudding	72	4.5	A	4
63137170	2000_Fruit	Pear, cooked or canned, juice pack	71	4.5	A	3
63141110	2000_Fruit	Pineapple, cooked or canned, NS as to sweetened or unsweetened; sweetened, NS as to typ	71	4	B	3
63141170	2000_Fruit	Pineapple, cooked or canned, juice pack	71	4	B	3
63402950	2000_Fruit	Fruit salad, excluding citrus fruits, with salad dressing or mayonnaise	70	4	C	4
62116200	2000_Fruit	Peach, dried, cooked, NS as to sweetened or unsweetened; sweetened, NS as to type of swe	69	4	B	1
63115150	2000_Fruit	Cherries, sweet, cooked or canned, drained solids	69	4	B	3
63115110	2000_Fruit	Cherries, sweet, cooked or canned, NS as to sweetened or unsweetened; sweetened, NS as	68	4.5	B	3
63109750	2000_Fruit	Starfruit, cooked, with sugar	68	4.5	A	3
62116230	2000_Fruit	Peach, dried, cooked, with sugar	68	4	B	1
63148750	2000_Fruit	Tamarind, raw	67	4	C	1
62104200	2000_Fruit	Apricot, dried, cooked, NS as to sweetened or unsweetened; sweetened, NS as to type of sw	67	4	C	1
63219600	2000_Fruit	Raspberries, frozen, NS as to added sweetener	67	4	B	3
63219620	2000_Fruit	Raspberries, frozen, with sugar	67	4	B	3
63107110	2000_Fruit	Banana, baked	67	4	B	1
63403040	2000_Fruit	Fruit salad, including citrus fruits, with marshmallows	66	4	C	4
63311170	2000_Fruit	Fruit cocktail, cooked or canned, juice pack	66	4.5	B	4
63203550	2000_Fruit	Blueberries, frozen, sweetened	66	4	B	3
62104230	2000_Fruit	Apricot, dried, cooked, with sugar	66	4	C	1
62113200	2000_Fruit	Fig, dried, cooked, NS as to sweetened or unsweetened; sweetened, NS as to type of sweete	65	4	B	1
63402045	2000_Fruit	Fried dwarf banana, Puerto Rican style	65	4	B	4
63203110	2000_Fruit	Blueberries, cooked or canned, NS as to sweetened or unsweetened; sweetened, NS as to ty	65	4	B	3
63203125	2000_Fruit	Blueberries, cooked or canned, in light syrup	65	4	B	3
61110230	2000_Fruit	Kumquat, cooked or canned, in syrup	65	4.5	B	3
63115140	2000_Fruit	Cherries, sweet, cooked or canned, in light syrup	65	4	B	3
63103150	2000_Fruit	Apricot, cooked or canned, drained solids	65	4	B	3
63402980	2000_Fruit	Fruit salad, excluding citrus fruits, with marshmallows	64	4	C	4
63107210	2000_Fruit	Banana, ripe, fried	64	4	B	4
63107090	2000_Fruit	Banana, red, fried	64	4	B	4
62113230	2000_Fruit	Fig, dried, cooked, with sugar	64	4	C	1
61104200	2000_Fruit	Grapefruit and orange sections, cooked, canned, or frozen, NS as to added sweetener	64	4	B	3

Supplementary Table 8. Original (uncorrected) scores for all food items.

61104230	2000_Fruit	Grapefruit and orange sections, cooked, canned, or frozen, in light syrup	64	4	B	3
63141140	2000_Fruit	Pineapple, cooked or canned, in light syrup	64	4	B	3
63201110	2000_Fruit	Blackberries, cooked or canned, NS as to sweetened or unsweetened; sweetened, NS as to t	64	4	B	3
63201130	2000_Fruit	Blackberries, cooked or canned, in heavy syrup	64	4	B	3
62122200	2000_Fruit	Prune, dried, cooked, NS as to sweetened or unsweetened; sweetened, NS as to type of swe	64	3.5	C	1
62126000	2000_Fruit	Tamarind pulp, dried, sweetened	63	3.5	C	3
62109100	2000_Fruit	Cranberries, dried	63	3.5	C	3
62119200	2000_Fruit	Pear, dried, cooked, NS as to sweetened or unsweetened; sweetened, NS as to type of swee	63	4	C	1
63147140	2000_Fruit	Rhubarb, cooked or canned, in light syrup	63	4.5	B	3
62122230	2000_Fruit	Prune, dried, cooked, with sugar	63	3.5	C	1
63411010	2000_Fruit	Cranberry salad, congealed	63	4	B	4
63125100	2000_Fruit	Guava shell, canned in heavy syrup	62	4.5	A	3
63131110	2000_Fruit	Nectarine, cooked	62	4	B	1
62119230	2000_Fruit	Pear, dried, cooked, with sugar	62	4	C	1
63101210	2000_Fruit	Apple, cooked or canned, with syrup	60	4.5	B	3
61122330	2000_Fruit	Orange, mandarin, canned or frozen, in light syrup	60	4	C	3
63135150	2000_Fruit	Peach, cooked or canned, drained solids	60	4	B	3
63101310	2000_Fruit	Apple, baked, NS as to added sweetener	59	4	B	3
63101330	2000_Fruit	Apple, baked, with sugar	59	4	B	3
62101000	2000_Fruit	Fruit, dried, NFS, uncooked	59	3.5	C	3
63115130	2000_Fruit	Cherries, sweet, cooked or canned, in heavy syrup	58	4	C	3
63135610	2000_Fruit	Peach, frozen, NS as to added sweetener	58	4	C	3
63135630	2000_Fruit	Peach, frozen, with sugar	58	4	C	3
63103140	2000_Fruit	Apricot, cooked or canned, in light syrup	58	4	B	3
63219110	2000_Fruit	Raspberries, cooked or canned, NS as to sweetened or unsweetened; sweetened, NS as to t	58	4	B	3
63219130	2000_Fruit	Raspberries, cooked or canned, in heavy syrup	58	4	B	3
63223600	2000_Fruit	Strawberries, frozen, NS as to added sweetener	58	4	C	3
63223620	2000_Fruit	Strawberries, frozen, with sugar	58	4	C	3
63119140	2000_Fruit	Figs, cooked or canned, in light syrup	58	4	B	3
63137150	2000_Fruit	Pear, cooked or canned, drained solids	57	4.5	A	3
63135110	2000_Fruit	Peach, cooked or canned, NS as to sweetened or unsweetened; sweetened, NS as to type of	57	4	B	3
63135140	2000_Fruit	Peach, cooked or canned, in light or medium syrup	57	4	B	3
62101200	2000_Fruit	Apple, dried, cooked, NS as to sweetened or unsweetened; sweetened, NS as to type of swe	57	4	B	1
61101230	2000_Fruit	Grapefruit, canned or frozen, in light syrup	56	4	C	3
63223110	2000_Fruit	Strawberries, cooked or canned, NS as to sweetened or unsweetened; sweetened, NS as to t	56	4	C	3
63223130	2000_Fruit	Strawberries, cooked or canned, in syrup	56	4	C	3
63133100	2000_Fruit	Papaya, cooked or canned, in sugar or syrup	55	4	C	3
63101150	2000_Fruit	Applesauce with other fruits	55	4	B	3
62106000	2000_Fruit	Cherries, dried	55	3.5	D	1
62101230	2000_Fruit	Apple, dried, cooked, with sugar	55	4	C	1
62121100	2000_Fruit	Plum, rock salt, dried	54	0.5	E	3
63203130	2000_Fruit	Blueberries, cooked or canned, in heavy syrup	54	4	C	3
63307010	2000_Fruit	Cranberry-orange relish, uncooked	54	4	C	3
63101110	2000_Fruit	Applesauce, stewed apples, NS as to sweetened or unsweetened; sweetened, NS as to type	54	4	B	3
63101130	2000_Fruit	Applesauce, stewed apples, with sugar	54	4	B	3
63119110	2000_Fruit	Fig, cooked or canned, NS as to sweetened or unsweetened; sweetened, NS as to type of sw	52	4	B	3
63119130	2000_Fruit	Fig, cooked or canned, in heavy syrup	52	4	B	3
63126600	2000_Fruit	Lychee, cooked or canned, in sugar or syrup	52	4	C	3
62125110	2000_Fruit	Raisins, cooked	52	3	D	1
63137110	2000_Fruit	Pear, cooked or canned, NS as to sweetened or unsweetened; sweetened, NS as to type of s	51	4.5	B	3
63137140	2000_Fruit	Pear, cooked or canned, in light syrup	51	4.5	B	3
63402050	2000_Fruit	Fried dwarf banana with cheese, Puerto Rican style	51	4	B	4
63103110	2000_Fruit	Apricot, cooked or canned, NS as to sweetened or unsweetened; sweetened, NS as to type c	51	4	C	3
63103130	2000_Fruit	Apricot, cooked or canned, in heavy syrup	51	4	C	3
63135660	2000_Fruit	Peach, spiced	51	4	C	3
63141130	2000_Fruit	Pineapple, cooked or canned, in heavy syrup	51	4	B	3
63311150	2000_Fruit	Fruit cocktail, cooked or canned, drained solids	50	4	B	4
63147600	2000_Fruit	Rhubarb, frozen, NS as to sweetened or unsweetened; sweetened, NS as to type of sweeten	49	4	C	3
63135130	2000_Fruit	Peach, cooked or canned, in heavy syrup	49	4	C	3
63147620	2000_Fruit	Rhubarb, frozen, with sugar	49	4	C	3
63147150	2000_Fruit	Rhubarb, cooked or canned, drained solids	49	4	C	3
63123110	2000_Fruit	Grapes, seedless, cooked or canned, NS as to sweetened or unsweetened; sweetened, NS as	48	4	C	3
63123130	2000_Fruit	Grapes, seedless, cooked or canned, in heavy syrup	48	4	C	3
63137130	2000_Fruit	Pear, cooked or canned, in heavy syrup	47	4	B	3
63129020	2000_Fruit	Mango, pickled	47	3.5	C	3
63143150	2000_Fruit	Plum, cooked or canned, drained solids	46	4	C	3
63143140	2000_Fruit	Plum, cooked or canned, in light syrup	46	4	B	3
63147110	2000_Fruit	Rhubarb, cooked or canned, NS as to sweetened or unsweetened; sweetened, NS as to type	46	3.5	C	3
63147130	2000_Fruit	Rhubarb, cooked or canned, in heavy syrup	46	3.5	C	3
63311140	2000_Fruit	Fruit cocktail, cooked or canned, in light syrup	45	4	B	4
63311110	2000_Fruit	Fruit cocktail, cooked or canned, NS as to sweetened or unsweetened; sweetened, NS as to t	45	4	B	4
63101420	2000_Fruit	Apple, pickled	45	3.5	C	3
62114050	2000_Fruit	Mango, dried	43	3.5	D	4
63135650	2000_Fruit	Peach, pickled	43	4	C	3
63311145	2000_Fruit	Tropical fruit cocktail, cooked or canned, in light syrup	43	4	B	4
63143650	2000_Fruit	Plum, pickled	42	3.5	C	3
63307100	2000_Fruit	Cranberry-raspberry Sauce	42	3.5	C	3
63401070	2000_Fruit	Fruit, chocolate covered	41	4	C	4
63101410	2000_Fruit	Apple rings, fried	41	4	B	4
62107200	2000_Fruit	Banana chips	40	1.5	E	4
63402010	2000_Fruit	Banana whip	40	3.5	C	3
63311130	2000_Fruit	Fruit cocktail, cooked or canned, in heavy syrup	39	4	B	4
63143110	2000_Fruit	Plum, cooked or canned, NS as to sweetened or unsweetened; sweetened, NS as to type of s	38	4	C	3
63143130	2000_Fruit	Plum, cooked or canned, in heavy syrup	38	4	C	3
63402030	2000_Fruit	Prune whip	38	3.5	C	3
63401990	2000_Fruit	Banana, chocolate-covered with nuts	34	3.5	C	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

63107410	2000_Fruit	Banana, batter-dipped, fried	31	3.5	B	4
63401060	2000_Fruit	Apple, candied	28	4	C	4
63111010	2000_Fruit	Cherries, maraschino	26	3.5	C	4
63207000	2000_Fruit	Cranberries, NS as to raw, cooked, or canned	25	3.5	C	4
63207110	2000_Fruit	Cranberries, cooked or canned	25	3.5	C	4
63101500	2000_Fruit	Apple, fried	19	4	C	4
63403100	2000_Fruit	Fruit dessert with cream and/or pudding and nuts	17	3	D	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

foodcode	level1nd	Description	Food Compass Score	Health Star Rating	Nutri-Score	NOVA Category
63105010	3000_Vegetables	Avocado, raw	100	5	A	1
72101100	3000_Vegetables	Beet greens, raw	100	4.5	A	1
72101210	3000_Vegetables	Beet greens, cooked, fat not added in cooking	100	4.5	A	1
72101230	3000_Vegetables	Beet greens, cooked, made with oil	100	4	B	4
72101250	3000_Vegetables	Beet greens, cooked, made with margarine	100	4	B	4
72103000	3000_Vegetables	Broccoli raab, raw	100	5	A	1
72103020	3000_Vegetables	Broccoli raab, cooked, fat not added in cooking	100	4.5	A	3
72103040	3000_Vegetables	Broccoli raab, cooked, made with oil	100	4.5	A	4
72103060	3000_Vegetables	Broccoli raab, cooked, made with margarine	100	4.5	A	4
72104100	3000_Vegetables	Chard, raw	100	4.5	A	1
72104210	3000_Vegetables	Chard, cooked, fat not added in cooking	100	4.5	A	1
72104230	3000_Vegetables	Chard, cooked, made with oil	100	4.5	B	4
72104250	3000_Vegetables	Chard, cooked, made with margarine	100	4.5	A	4
72107100	3000_Vegetables	Collards, raw	100	5	A	1
72107210	3000_Vegetables	Collards, cooked, NS as to form, fat not added in cooking	100	5	A	3
72107211	3000_Vegetables	Collards, cooked, from fresh, fat not added in cooking	100	5	A	3
72107212	3000_Vegetables	Collards, cooked, from frozen, fat not added in cooking	100	4.5	A	3
72107213	3000_Vegetables	Collards, cooked, from canned, fat not added in cooking	100	4.5	A	3
72107224	3000_Vegetables	Collards, cooked, NS as to form, made with oil	100	5	A	3
72107226	3000_Vegetables	Collards, cooked, NS as to form, made with margarine	100	5	A	4
72107227	3000_Vegetables	Collards, cooked, from fresh, made with oil	100	5	A	3
72107229	3000_Vegetables	Collards, cooked, from fresh, made with margarine	100	5	A	4
72107230	3000_Vegetables	Collards, cooked, from frozen, made with oil	100	4.5	A	3
72107232	3000_Vegetables	Collards, cooked, from frozen, made with margarine	100	4.5	A	4
72107233	3000_Vegetables	Collards, cooked, from canned, made with oil	100	4.5	A	3
72110100	3000_Vegetables	Cress, raw	100	4.5	A	1
72110210	3000_Vegetables	Cress, cooked, NS as to form, fat not added in cooking	100	4	A	3
72110211	3000_Vegetables	Cress, cooked, from fresh, fat not added in cooking	100	4	A	3
72110213	3000_Vegetables	Cress, cooked, from canned, fat not added in cooking	100	4	A	3
72110230	3000_Vegetables	Cress, cooked, NS as to form, made with oil	100	4	B	4
72110232	3000_Vegetables	Cress, cooked, NS as to form, made with margarine	100	4	B	4
72110233	3000_Vegetables	Cress, cooked, from fresh, made with oil	100	4	B	4
72110235	3000_Vegetables	Cress, cooked, from fresh, made with margarine	100	4	B	4
72110236	3000_Vegetables	Cress, cooked, from canned, made with oil	100	4	B	4
72110238	3000_Vegetables	Cress, cooked, from canned, made with margarine	100	4	B	4
72113100	3000_Vegetables	Dandelion greens, raw	100	5	A	1
72113210	3000_Vegetables	Dandelion greens, cooked, fat not added in cooking	100	4.5	A	3
72113230	3000_Vegetables	Dandelion greens, cooked, made with oil	100	4.5	A	4
72113250	3000_Vegetables	Dandelion greens, cooked, made with margarine	100	4.5	A	4
72116000	3000_Vegetables	Romaine lettuce, raw	100	5	A	1
72116200	3000_Vegetables	Escarole, cooked, NS as to fat added in cooking	100	4.5	A	4
72116210	3000_Vegetables	Escarole, cooked, fat not added in cooking	100	4.5	A	3
72116220	3000_Vegetables	Escarole, cooked, fat added in cooking, NS as to type of fat	100	4.5	A	4
72116221	3000_Vegetables	Escarole, cooked, made with oil	100	4.5	A	4
72116223	3000_Vegetables	Escarole, cooked, made with margarine	100	4.5	A	4
72118210	3000_Vegetables	Greens, cooked, NS as to form, fat not added in cooking	100	4.5	A	3
72118211	3000_Vegetables	Greens, cooked, from fresh, fat not added in cooking	100	4.5	A	3
72118212	3000_Vegetables	Greens, cooked, from frozen, fat not added in cooking	100	4.5	A	3
72118213	3000_Vegetables	Greens, cooked, from canned, fat not added in cooking	100	4.5	A	3
72118224	3000_Vegetables	Greens, cooked, NS as to form, made with oil	100	4.5	A	3
72118226	3000_Vegetables	Greens, cooked, NS as to form, made with margarine	100	4.5	A	4
72118227	3000_Vegetables	Greens, cooked, from fresh, made with oil	100	4.5	A	3
72118229	3000_Vegetables	Greens, cooked, from fresh, made with margarine	100	4.5	A	4
72118230	3000_Vegetables	Greens, cooked, from frozen, made with oil	100	4.5	A	4
72118232	3000_Vegetables	Greens, cooked, from frozen, made with margarine	100	4.5	A	4
72118233	3000_Vegetables	Greens, cooked, from canned, made with oil	100	4.5	A	3
72118235	3000_Vegetables	Greens, cooked, from canned, made with margarine	100	4.5	A	4
72118300	3000_Vegetables	Chamnamul, cooked, NS as to fat added in cooking	100	4	B	4
72118305	3000_Vegetables	Chamnamul, cooked, fat not added in cooking	100	4	A	4
72118310	3000_Vegetables	Chamnamul, cooked, fat added in cooking	100	4	B	4
72119190	3000_Vegetables	Kale, raw	100	5	A	1
72119210	3000_Vegetables	Kale, cooked, NS as to form, fat not added in cooking	100	4.5	A	3
72119211	3000_Vegetables	Kale, cooked, from fresh, fat not added in cooking	100	4.5	A	3
72119212	3000_Vegetables	Kale, cooked, from frozen, fat not added in cooking	100	4.5	A	1
72119213	3000_Vegetables	Kale, cooked, from canned, fat not added in cooking	100	4.5	A	3
72119224	3000_Vegetables	Kale, cooked, NS as to form, made with oil	100	4.5	A	4
72119226	3000_Vegetables	Kale, cooked, NS as to form, made with margarine	100	4.5	A	4
72119227	3000_Vegetables	Kale, cooked, from fresh, made with oil	100	4.5	A	4
72119229	3000_Vegetables	Kale, cooked, from fresh, made with margarine	100	4.5	A	4
72119230	3000_Vegetables	Kale, cooked, from frozen, made with oil	100	4.5	B	4
72119232	3000_Vegetables	Kale, cooked, from frozen, made with margarine	100	4.5	B	4
72119233	3000_Vegetables	Kale, cooked, from canned, made with oil	100	4.5	B	4
72120210	3000_Vegetables	Lambsquarter, cooked, fat not added in cooking	100	4.5	A	1
72120230	3000_Vegetables	Lambsquarter, cooked, made with oil	100	4.5	A	4
72120250	3000_Vegetables	Lambsquarter, cooked, made with margarine	100	4.5	A	4
72121210	3000_Vegetables	Mustard cabbage, cooked, fat not added in cooking	100	4.5	A	3
72122100	3000_Vegetables	Mustard greens, raw	100	5	A	1
72122210	3000_Vegetables	Mustard greens, cooked, NS as to form, fat not added in cooking	100	4.5	A	3
72122211	3000_Vegetables	Mustard greens, cooked, from fresh, fat not added in cooking	100	4.5	A	3
72122212	3000_Vegetables	Mustard greens, cooked, from frozen, fat not added in cooking	100	4.5	A	3
72122213	3000_Vegetables	Mustard greens, cooked, from canned, fat not added in cooking	100	4.5	A	3
72122224	3000_Vegetables	Mustard greens, cooked, NS as to form, made with oil	100	4.5	A	3
72122226	3000_Vegetables	Mustard greens, cooked, NS as to form, made with margarine	100	4.5	A	4
72122227	3000_Vegetables	Mustard greens, cooked, from fresh, made with oil	100	4.5	A	3
72122229	3000_Vegetables	Mustard greens, cooked, from fresh, made with margarine	100	4.5	A	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

72122230	3000_Vegetables	Mustard greens, cooked, from frozen, made with oil	100	4.5	A	3
72122232	3000_Vegetables	Mustard greens, cooked, from frozen, made with margarine	100	4.5	A	4
72122233	3000_Vegetables	Mustard greens, cooked, from canned, made with oil	100	4.5	B	3
72122235	3000_Vegetables	Mustard greens, cooked, from canned, made with margarine	100	4.5	A	4
72123010	3000_Vegetables	Poke greens, cooked, fat not added in cooking	100	4.5	A	3
72123030	3000_Vegetables	Poke greens, cooked, made with oil	100	4.5	A	4
72123050	3000_Vegetables	Poke greens, cooked, made with margarine	100	4.5	A	4
72124100	3000_Vegetables	Radicchio, raw	100	4.5	A	1
72125100	3000_Vegetables	Spinach, raw	100	5	A	1
72125201	3000_Vegetables	Spinach, cooked, from fresh, NS as to fat added in cooking	100	4.5	A	4
72125203	3000_Vegetables	Spinach, cooked, from canned, NS as to fat added in cooking	100	4.5	A	4
72125210	3000_Vegetables	Spinach, cooked, NS as to form, fat not added in cooking	100	4.5	A	3
72125211	3000_Vegetables	Spinach, cooked, from fresh, fat not added in cooking	100	4.5	A	3
72125212	3000_Vegetables	Spinach, cooked, from frozen, fat not added in cooking	100	4.5	A	3
72125213	3000_Vegetables	Spinach, cooked, from canned, fat not added in cooking	100	4.5	A	3
72125214	3000_Vegetables	Spinach, cooked, NS as to form, made with oil	100	4.5	A	4
72125216	3000_Vegetables	Spinach, cooked, NS as to form, made with margarine	100	4.5	A	4
72125217	3000_Vegetables	Spinach, cooked, from fresh, made with oil	100	4.5	A	4
72125219	3000_Vegetables	Spinach, cooked, from fresh, made with margarine	100	4.5	A	4
72125221	3000_Vegetables	Spinach, cooked, from fresh, fat added in cooking, NS as to type of fat	100	4.5	A	4
72125223	3000_Vegetables	Spinach, cooked, from canned, fat added in cooking, NS as to type of fat	100	4.5	A	4
72125224	3000_Vegetables	Spinach, cooked, from frozen, made with oil	100	4.5	A	4
72125226	3000_Vegetables	Spinach, cooked, from frozen, made with margarine	100	4.5	A	4
72125227	3000_Vegetables	Spinach, cooked, from canned, made with oil	100	4.5	A	4
72125229	3000_Vegetables	Spinach, cooked, from canned, made with margarine	100	4.5	A	4
72126000	3000_Vegetables	Taro leaves, cooked, fat not added in cooking	100	5	A	1
72127000	3000_Vegetables	Thistle leaves, cooked, fat not added in cooking	100	4	A	3
72128210	3000_Vegetables	Turnip greens, cooked, NS as to form, fat not added in cooking	100	5	A	3
72128211	3000_Vegetables	Turnip greens, cooked, from fresh, fat not added in cooking	100	4.5	A	3
72128212	3000_Vegetables	Turnip greens, cooked, from frozen, fat not added in cooking	100	5	A	3
72128213	3000_Vegetables	Turnip greens, cooked, from canned, fat not added in cooking	100	4	A	3
72128226	3000_Vegetables	Turnip greens, cooked, NS as to form, made with margarine	100	5	A	4
72128227	3000_Vegetables	Turnip greens, cooked, from fresh, made with oil	100	4.5	A	4
72128229	3000_Vegetables	Turnip greens, cooked, from fresh, made with margarine	100	4.5	A	4
72128230	3000_Vegetables	Turnip greens, cooked, from frozen, made with oil	100	5	A	4
72128232	3000_Vegetables	Turnip greens, cooked, from frozen, made with margarine	100	5	A	4
72128233	3000_Vegetables	Turnip greens, cooked, from canned, made with oil	100	4	B	4
72128235	3000_Vegetables	Turnip greens, cooked, from canned, made with margarine	100	4	B	4
72128236	3000_Vegetables	Turnip greens, canned, reduced sodium, cooked, NS as to fat added in cooking	100	4.5	A	4
72128237	3000_Vegetables	Turnip greens, canned, reduced sodium, cooked, fat not added in cooking	100	4.5	A	1
72128238	3000_Vegetables	Turnip greens, canned, reduced sodium, cooked, fat added in cooking, made with any type	100	4.5	A	4
72128410	3000_Vegetables	Turnip greens with roots, cooked, NS as to form, fat not added in cooking	100	4.5	A	3
72128411	3000_Vegetables	Turnip greens with roots, cooked, from fresh, fat not added in cooking	100	4.5	A	3
72128412	3000_Vegetables	Turnip greens with roots, cooked, from frozen, fat not added in cooking	100	4.5	A	3
72128413	3000_Vegetables	Turnip greens with roots, cooked, from canned, fat not added in cooking	100	4	A	3
72130100	3000_Vegetables	Watercress, raw	100	4.5	A	1
72130199	3000_Vegetables	Watercress, cooked, NS as to fat added in cooking	100	4	B	4
72130200	3000_Vegetables	Watercress, cooked, fat not added in cooking	100	4	A	1
72132200	3000_Vegetables	Bitter melon leaves, horseradish leaves, jute leaves, or radish leaves, cooked, fat not adde	100	4	B	1
72133200	3000_Vegetables	Sweet potato leaves, squash leaves, pumpkin leaves, chrysanthemum leaves, bean leaves	100	4	A	3
72201100	3000_Vegetables	Broccoli, raw	100	5	A	1
72201210	3000_Vegetables	Broccoli, cooked, NS as to form, fat not added in cooking	100	4.5	A	3
72201211	3000_Vegetables	Broccoli, cooked, from fresh, fat not added in cooking	100	4.5	A	3
72201212	3000_Vegetables	Broccoli, cooked, from frozen, fat not added in cooking	100	4.5	A	3
72201213	3000_Vegetables	Broccoli, cooked, NS as to form, made with oil	100	4.5	A	3
72201223	3000_Vegetables	Broccoli, cooked, from fresh, made with oil	100	4.5	A	4
72201226	3000_Vegetables	Broccoli, cooked, from frozen, made with oil	100	4.5	A	3
72203000	3000_Vegetables	Broccoli, chinese, raw	100	4.5	A	1
72203040	3000_Vegetables	Broccoli, chinese, cooked, NS as to form, fat not added in cooking	100	4	A	3
72203050	3000_Vegetables	Broccoli, chinese cooked, from fresh, fat not added in cooking	100	4	A	3
72203060	3000_Vegetables	Broccoli, chinese, cooked, from frozen, fat not added in cooking	100	4	A	3
72203100	3000_Vegetables	Broccoli, chinese, cooked, NS as to form, made with margarine	100	4	B	4
72203140	3000_Vegetables	Broccoli, chinese, cooked, from fresh, made with margarine	100	4	B	4
72203180	3000_Vegetables	Broccoli, chinese, cooked, from frozen, made with margarine	100	4	B	4
73101010	3000_Vegetables	Carrots, raw	100	4.5	A	1
73103010	3000_Vegetables	Carrots, canned, low sodium, fat not added in cooking	100	4.5	A	3
73103021	3000_Vegetables	Carrots, canned, low sodium, made with oil	100	4.5	A	3
73201010	3000_Vegetables	Pumpkin, cooked, NS as to form, fat not added in cooking	100	4.5	A	3
73201011	3000_Vegetables	Pumpkin, cooked, from fresh, fat not added in cooking	100	4.5	A	3
73201012	3000_Vegetables	Pumpkin, cooked, from frozen, fat not added in cooking	100	4.5	A	3
73302010	3000_Vegetables	Squash, winter type, raw	100	4.5	A	1
74101000	3000_Vegetables	Tomatoes, raw	100	4.5	A	1
74102000	3000_Vegetables	Tomatoes, green, raw	100	4.5	A	1
74201000	3000_Vegetables	Tomatoes, cooked, NS as to form, NS as to method	100	4.5	A	3
74201001	3000_Vegetables	Tomatoes, cooked, from fresh, NS as to method	100	4.5	A	3
74201003	3000_Vegetables	Tomatoes, cooked, from canned, NS as to method	100	4.5	A	3
74202010	3000_Vegetables	Tomatoes, NS as to form, broiled	100	4	B	3
74202011	3000_Vegetables	Tomatoes, from fresh, broiled	100	4	B	3
74204500	3000_Vegetables	Tomatoes, canned, low sodium	100	4.5	A	1
74206000	3000_Vegetables	Tomatoes, red, dried	100	5	A	4
74504010	3000_Vegetables	Tomato and okra, cooked, fat not added in cooking	100	4.5	A	3
74504021	3000_Vegetables	Tomato and okra, cooked, made with oil	100	4.5	B	4
74504150	3000_Vegetables	Tomato and celery, cooked, fat not added in cooking	100	4	A	3
75100250	3000_Vegetables	Raw vegetable, NFS	100	4.5	A	1
75100300	3000_Vegetables	Sprouts, NFS	100	4.5	A	1
75100500	3000_Vegetables	Alfalfa sprouts, raw	100	5	A	1

75100800	3000_Vegetables	Asparagus, raw	100	5	A	1
75101000	3000_Vegetables	Bean sprouts, raw	100	4.5	A	1
75101800	3000_Vegetables	Beans, string, green, raw	100	5	A	1
75102600	3000_Vegetables	Broccoflower, raw	100	5	A	1
75102750	3000_Vegetables	Brussels sprouts, raw	100	5	A	1
75103000	3000_Vegetables	Cabbage, green, raw	100	4.5	A	1
75104000	3000_Vegetables	Cabbage, Chinese, raw	100	4.5	A	1
75105000	3000_Vegetables	Cabbage, red, raw	100	4.5	A	1
75105500	3000_Vegetables	Cactus, raw	100	4.5	A	1
75107000	3000_Vegetables	Cauliflower, raw	100	5	A	1
75109000	3000_Vegetables	Celery, raw	100	4.5	A	1
75109010	3000_Vegetables	Fennel bulb, raw	100	5	A	1
75111000	3000_Vegetables	Cucumber, raw	100	4.5	A	1
75111200	3000_Vegetables	Eggplant, raw	100	5	A	1
75112000	3000_Vegetables	Kohlrabi, raw	100	5	A	1
75112500	3000_Vegetables	Leek, raw	100	4.5	A	1
75113000	3000_Vegetables	Lettuce, raw	100	4.5	A	1
75113060	3000_Vegetables	Lettuce, Boston, raw	100	4.5	A	1
75113070	3000_Vegetables	Lettuce, manoa	100	4.5	A	1
75113080	3000_Vegetables	Lettuce, arugula, raw	100	4.5	A	1
75114000	3000_Vegetables	Mixed salad greens, raw	100	4.5	A	1
75115000	3000_Vegetables	Mushrooms, raw	100	4.5	A	1
75117010	3000_Vegetables	Onions, young green, raw	100	5	A	1
75120000	3000_Vegetables	Peas, green, raw	100	5	A	1
75121400	3000_Vegetables	Pepper, poblano, raw	100	4.5	A	1
75121500	3000_Vegetables	Pepper, Serrano, raw	100	5	A	1
75122000	3000_Vegetables	Pepper, raw, NFS	100	4.5	A	1
75122100	3000_Vegetables	Pepper, sweet, green, raw	100	4.5	A	1
75122200	3000_Vegetables	Pepper, sweet, red, raw	100	4.5	A	1
75124000	3000_Vegetables	Pepper, banana, raw	100	5	A	1
75125000	3000_Vegetables	Radish, raw	100	4.5	A	1
75127000	3000_Vegetables	Rutabaga, raw	100	4.5	A	1
75127500	3000_Vegetables	Seaweed, raw	100	4.5	A	1
75127750	3000_Vegetables	Snowpeas, raw	100	5	A	1
75128000	3000_Vegetables	Squash, summer, yellow, raw	100	4.5	A	1
75128010	3000_Vegetables	Squash, summer, green, raw	100	4.5	A	1
75129000	3000_Vegetables	Turnip, raw	100	4.5	A	1
75143000	3000_Vegetables	Lettuce, salad with assorted vegetables including tomatoes and/or carrots, no dressing	100	4.5	A	1
75143050	3000_Vegetables	Lettuce, salad with assorted vegetables excluding tomatoes and carrots, no dressing	100	4.5	A	1
75143100	3000_Vegetables	Lettuce, salad with avocado, tomato, and/or carrots, with or without other vegetables, no	100	5	A	3
75202010	3000_Vegetables	Asparagus, cooked, NS as to form, fat not added in cooking	100	4.5	A	3
75202011	3000_Vegetables	Asparagus, cooked, from fresh, fat not added in cooking	100	4.5	A	3
75202012	3000_Vegetables	Asparagus, cooked, from frozen, fat not added in cooking	100	4.5	A	3
75202013	3000_Vegetables	Asparagus, cooked, from canned, fat not added in cooking	100	4	A	3
75202024	3000_Vegetables	Asparagus, cooked, NS as to form, made with oil	100	4.5	A	4
75202026	3000_Vegetables	Asparagus, cooked, NS as to form, made with margarine	100	4.5	A	4
75202027	3000_Vegetables	Asparagus, cooked, from fresh, made with oil	100	4.5	A	4
75202029	3000_Vegetables	Asparagus, cooked, from fresh, made with margarine	100	4.5	A	4
75202031	3000_Vegetables	Asparagus, cooked, from frozen, made with oil	100	4.5	A	4
75202033	3000_Vegetables	Asparagus, cooked, from frozen, made with margarine	100	4.5	A	4
75202034	3000_Vegetables	Asparagus, cooked, from canned, made with oil	100	4	B	4
75203000	3000_Vegetables	Bamboo shoots, cooked, fat not added in cooking	100	4.5	A	3
75204990	3000_Vegetables	Beans, string, cooked, NS as to form, NS as to color, fat not added in cooking	100	4.5	A	3
75204993	3000_Vegetables	Beans, string, cooked, from canned, NS as to color, fat not added in cooking	100	4	A	3
75205020	3000_Vegetables	Beans, string, green, cooked, NS as to form, fat not added in cooking	100	4.5	A	3
75205023	3000_Vegetables	Beans, string, green, cooked, from canned, fat not added in cooking	100	4	A	3
75205120	3000_Vegetables	Beans, string, green, canned, low sodium, fat not added in cooking	100	4.5	A	3
75205131	3000_Vegetables	Beans, string, green, canned, low sodium, made with oil	100	4.5	A	3
75205133	3000_Vegetables	Beans, string, green, canned, low sodium, made with margarine	100	4.5	A	3
75206011	3000_Vegetables	Beans, string, yellow, cooked, from fresh, fat not added in cooking	100	4.5	A	3
75208300	3000_Vegetables	Bitter melon, cooked, fat not added in cooking	100	4.5	A	3
75208710	3000_Vegetables	Broccoflower, cooked, fat not added in cooking	100	4.5	A	3
75209010	3000_Vegetables	Brussels sprouts, cooked, NS as to form, fat not added in cooking	100	5	A	3
75209011	3000_Vegetables	Brussels sprouts, cooked, from fresh, fat not added in cooking	100	4.5	A	3
75209012	3000_Vegetables	Brussels sprouts, cooked, from frozen, fat not added in cooking	100	5	A	3
75210000	3000_Vegetables	Cabbage, Chinese, cooked, NS as to fat added in cooking	100	4.5	B	4
75210010	3000_Vegetables	Cabbage, Chinese, cooked, fat not added in cooking	100	4.5	A	3
75210020	3000_Vegetables	Cabbage, Chinese, cooked, fat added in cooking, NS as to type of fat	100	4.5	B	4
75210021	3000_Vegetables	Cabbage, Chinese, cooked, made with oil	100	4.5	B	4
75210023	3000_Vegetables	Cabbage, Chinese, cooked, made with margarine	100	4	B	4
75211020	3000_Vegetables	Cabbage, green, cooked, fat not added in cooking	100	4.5	A	3
75212010	3000_Vegetables	Cabbage, red, cooked, fat not added in cooking	100	4.5	A	3
75213010	3000_Vegetables	Cabbage, savoy, cooked, fat not added in cooking	100	4.5	A	3
75213021	3000_Vegetables	Cabbage, savoy, cooked, made with oil	100	4.5	A	3
75213110	3000_Vegetables	Cactus, cooked, fat not added in cooking	100	4.5	A	3
75214010	3000_Vegetables	Cauliflower, cooked, NS as to form, fat not added in cooking	100	4.5	A	3
75214011	3000_Vegetables	Cauliflower, cooked, from fresh, fat not added in cooking	100	4.5	A	3
75214012	3000_Vegetables	Cauliflower, cooked, from frozen, fat not added in cooking	100	4.5	A	3
75214013	3000_Vegetables	Cauliflower, cooked, from canned, fat not added in cooking	100	4.5	A	3
75214024	3000_Vegetables	Cauliflower, cooked, NS as to form, made with oil	100	4.5	A	3
75214030	3000_Vegetables	Cauliflower, cooked, from frozen, made with oil	100	4.5	A	3
75214033	3000_Vegetables	Cauliflower, cooked, from canned, made with oil	100	4.5	A	3
75215010	3000_Vegetables	Celery, cooked, fat not added in cooking	100	4	A	3
75215110	3000_Vegetables	Fennel bulb, cooked, fat not added in cooking	100	4.5	A	3
75217300	3000_Vegetables	Flowers or blossoms of sesbania, squash, or lily, fat not added in cooking	100	4	A	3
75219010	3000_Vegetables	Mushrooms, cooked, NS as to form, fat not added in cooking	100	4.5	A	3

Supplementary Table 8. Original (uncorrected) scores for all food items.

75219011	3000_Vegetables	Mushrooms, cooked, from fresh, fat not added in cooking	100	4.5	A	3
75219012	3000_Vegetables	Mushrooms, cooked, from frozen, fat not added in cooking	100	4.5	A	3
75220010	3000_Vegetables	Okra, cooked, NS as to form, fat not added in cooking	100	4.5	A	3
75220011	3000_Vegetables	Okra, cooked, from fresh, fat not added in cooking	100	4.5	A	3
75220012	3000_Vegetables	Okra, cooked, from frozen, fat not added in cooking	100	4.5	A	3
75220013	3000_Vegetables	Okra, cooked, from canned, fat not added in cooking	100	4.5	A	3
75220024	3000_Vegetables	Okra, cooked, NS as to form, made with oil	100	4.5	B	3
75220027	3000_Vegetables	Okra, cooked, from fresh, made with oil	100	4.5	A	3
75220031	3000_Vegetables	Okra, cooked, from frozen, made with oil	100	4.5	B	3
75220034	3000_Vegetables	Okra, cooked, from canned, made with oil	100	4.5	A	3
75220050	3000_Vegetables	Lettuce, cooked, fat not added in cooking	100	4.5	A	3
75220099	3000_Vegetables	Luffa, cooked, NS as to fat added in cooking	100	4.5	A	3
75220100	3000_Vegetables	Luffa, cooked, fat not added in cooking	100	4.5	A	3
75220101	3000_Vegetables	Luffa, cooked, fat added in cooking	100	4.5	A	3
75221050	3000_Vegetables	Onions, green, cooked, NS as to form, fat not added in cooking	100	4.5	A	3
75227100	3000_Vegetables	Radish, daikon, cooked, fat not added in cooking	100	4	A	3
75230010	3000_Vegetables	Sauerkraut, cooked, fat not added in cooking	100	4	A	3
75232100	3000_Vegetables	Seaweed, cooked, NS as to fat added in cooking	100	4.5	A	4
75232110	3000_Vegetables	Seaweed, cooked, fat not added in cooking	100	4.5	A	3
75232120	3000_Vegetables	Seaweed, cooked, fat added in cooking, NS as to type of fat	100	4.5	A	4
75232121	3000_Vegetables	Seaweed, cooked, made with oil	100	4.5	A	4
75232123	3000_Vegetables	Seaweed, cooked, made with margarine	100	4.5	A	4
75233010	3000_Vegetables	Squash, summer, yellow or green, cooked, NS as to form, fat not added in cooking	100	4.5	A	3
75233011	3000_Vegetables	Squash, summer, yellow or green, cooked, from fresh, fat not added in cooking	100	4.5	A	3
75233012	3000_Vegetables	Squash, summer, yellow or green, cooked, from frozen, fat not added in cooking	100	4.5	A	3
75233013	3000_Vegetables	Squash, summer, yellow or green, cooked, from canned, fat not added in cooking	100	4.5	A	3
75235750	3000_Vegetables	Winter melon, cooked	100	4	A	3
75302010	3000_Vegetables	Beans, string, green, with tomatoes, cooked, fat not added in cooking	100	4.5	A	3
75311110	3000_Vegetables	Mixed vegetables, canned, low sodium, fat not added in cooking	100	5	A	3
75311121	3000_Vegetables	Mixed vegetables, canned, low sodium, made with oil	100	5	A	3
75311123	3000_Vegetables	Mixed vegetables, canned, low sodium, made with margarine	100	5	A	3
75316030	3000_Vegetables	Squash, summer, yellow or green, with tomato sauce, cooked, fat not added in cooking	100	4.5	A	3
75330110	3000_Vegetables	Vegetable combination, including carrots, broccoli, and/or dark-green leafy; cooked, no sa	100	4.5	A	3
75330121	3000_Vegetables	Vegetable combination, including carrots, broccoli, and/or dark-green leafy; cooked, no sa	100	4.5	B	3
75500110	3000_Vegetables	Beans, string, green, pickled	100	4.5	A	3
75500510	3000_Vegetables	Celery, pickled	100	4.5	A	3
75502500	3000_Vegetables	Cabbage, fresh, pickled, Japanese style	100	4.5	A	3
75502520	3000_Vegetables	Kimchi	100	4	A	3
75503010	3000_Vegetables	Cucumber pickles, dill	100	3.5	B	3
75505000	3000_Vegetables	Mushrooms, pickled	100	4.5	A	3
75507000	3000_Vegetables	Okra, pickled	100	4.5	A	3
75511040	3000_Vegetables	Pepper, hot, pickled	100	3	B	3
75511100	3000_Vegetables	Pickles, NS as to vegetable	100	3.5	B	3
75515100	3000_Vegetables	Vegetables, pickled	100	4.5	A	3
75206013	3000_Vegetables	Beans, string, yellow, cooked, from canned, fat not added in cooking	100	4	A	3
75219030	3000_Vegetables	Mushrooms, cooked, NS as to form, made with oil	100	4.5	A	4
75219033	3000_Vegetables	Mushrooms, cooked, from fresh, made with oil	100	4.5	A	4
75219036	3000_Vegetables	Mushrooms, cooked, from frozen, made with oil	100	4.5	A	4
75202036	3000_Vegetables	Asparagus, cooked, from canned, made with margarine	99	4	B	4
75206012	3000_Vegetables	Beans, string, yellow, cooked, from frozen, fat not added in cooking	99	4.5	A	3
75234010	3000_Vegetables	Turnip, cooked, NS as to form, fat not added in cooking	99	4.5	A	3
75234012	3000_Vegetables	Turnip, cooked, from frozen, fat not added in cooking	99	4.5	A	3
75204992	3000_Vegetables	Beans, string, cooked, from frozen, NS as to color, fat not added in cooking	99	4.5	A	3
75205022	3000_Vegetables	Beans, string, green, cooked, from frozen, fat not added in cooking	99	4.5	A	3
72203080	3000_Vegetables	Broccoli, chinese, cooked, NS as to form, made with oil	99	4	B	4
72203120	3000_Vegetables	Broccoli, chinese, cooked, from fresh, made with oil	99	4	B	4
72203160	3000_Vegetables	Broccoli, chinese, cooked, from frozen, made with oil	99	4	B	4
75233024	3000_Vegetables	Squash, summer, yellow or green, cooked, NS as to form, made with oil	99	4.5	B	3
75302040	3000_Vegetables	Beans, string, green, with almonds, cooked, fat not added in cooking	99	4.5	A	3
75208730	3000_Vegetables	Broccoflower, cooked, made with oil	99	4.5	A	4
72121209	3000_Vegetables	Mustard Cabbage, cooked, NS as to fat added in cooking	99	4	B	4
72121211	3000_Vegetables	Mustard Cabbage, cooked, fat added in cooking	99	4	B	4
75502550	3000_Vegetables	Cabbage, mustard, salted	99	4	A	3
72125200	3000_Vegetables	Spinach, cooked, NS as to form, NS as to fat added in cooking	98	4.5	A	4
72125220	3000_Vegetables	Spinach, cooked, NS as to form, fat added in cooking, NS as to type of fat	98	4.5	A	4
72119235	3000_Vegetables	Kale, cooked, from canned, made with margarine	98	4.5	A	4
72125202	3000_Vegetables	Spinach, cooked, from frozen, NS as to fat added in cooking	98	4.5	A	4
72125222	3000_Vegetables	Spinach, cooked, from frozen, fat added in cooking, NS as to type of fat	98	4.5	A	4
75117020	3000_Vegetables	Onions, mature, raw	98	4.5	A	1
72107235	3000_Vegetables	Collards, cooked, from canned, made with margarine	98	4.5	A	4
75206033	3000_Vegetables	Beans, string, yellow, cooked, from fresh, made with oil	98	4.5	A	3
75221051	3000_Vegetables	Onions, green, cooked, from fresh, fat not added in cooking	97	4.5	A	3
72101200	3000_Vegetables	Beet greens, cooked, NS as to fat added in cooking	97	4	B	4
72101220	3000_Vegetables	Beet greens, cooked, fat added in cooking, NS as to type of fat	97	4	B	4
72125218	3000_Vegetables	Spinach, cooked, from fresh, made with butter	97	4.5	A	4
75203028	3000_Vegetables	Bamboo shoots, cooked, NS as to fat added in cooking	97	4.5	A	4
75213123	3000_Vegetables	Cactus, cooked, made with margarine	97	4	A	4
75219013	3000_Vegetables	Mushrooms, cooked, from canned, fat not added in cooking	97	4	B	3
72125228	3000_Vegetables	Spinach, cooked, from canned, made with butter	97	4	B	4
75534500	3000_Vegetables	Tsukemono, Japanese pickles	97	4	B	3
73102213	3000_Vegetables	Carrots, cooked, from canned, fat not added in cooking	97	4	A	3
75214026	3000_Vegetables	Cauliflower, cooked, NS as to form, made with margarine	97	4.5	A	4
75214032	3000_Vegetables	Cauliflower, cooked, from frozen, made with margarine	97	4.5	A	4
75220029	3000_Vegetables	Okra, cooked, from fresh, made with margarine	96	4.5	A	4
72125215	3000_Vegetables	Spinach, cooked, NS as to form, made with butter	96	4.5	A	4
75316000	3000_Vegetables	Squash, summer, yellow or green, and onions, cooked, fat not added in cooking	96	4.5	B	3

Supplementary Table 8. Original (uncorrected) scores for all food items.

75233030	3000_Vegetables	Squash, summer, yellow or green, cooked, from frozen, made with oil	96	4.5	B	3
72130201	3000_Vegetables	Watercress, cooked, fat added in cooking	96	3.5	D	4
72201225	3000_Vegetables	Broccoli, cooked, from fresh, made with margarine	96	4.5	A	4
75209040	3000_Vegetables	Brussels sprouts, cooked, from fresh, made with oil	96	4.5	A	4
72128224	3000_Vegetables	Turnip greens, cooked, NS as to form, made with oil	96	4.5	A	4
74504023	3000_Vegetables	Tomato and okra, cooked, made with margarine	96	4.5	B	4
73103023	3000_Vegetables	Carrots, canned, low sodium, made with margarine	96	4.5	A	4
75231011	3000_Vegetables	Snowpea, cooked, from fresh, fat not added in cooking	96	4.5	A	3
75220036	3000_Vegetables	Okra, cooked, from canned, made with margarine	96	4.5	A	4
72104200	3000_Vegetables	Chard, cooked, NS as to fat added in cooking	95	4.5	B	4
72104220	3000_Vegetables	Chard, cooked, fat added in cooking, NS as to type of fat	95	4.5	B	4
75204991	3000_Vegetables	Beans, string, cooked, from fresh, NS as to color, fat not added in cooking	95	4.5	A	3
75205021	3000_Vegetables	Beans, string, green, cooked, from fresh, fat not added in cooking	95	4.5	A	3
72125225	3000_Vegetables	Spinach, cooked, from frozen, made with butter	95	4.5	A	4
75224120	3000_Vegetables	Peas, green, canned, low sodium, fat not added in cooking	95	5	A	1
75224131	3000_Vegetables	Peas, green, canned, low sodium, made with oil	94	5	A	1
75102500	3000_Vegetables	Beets, raw	94	4.5	A	1
73201013	3000_Vegetables	Pumpkin, cooked, from canned, fat not added in cooking	94	4.5	A	3
72201215	3000_Vegetables	Broccoli, cooked, NS as to form, made with margarine	94	4.5	A	4
72201228	3000_Vegetables	Broccoli, cooked, from frozen, made with margarine	94	4.5	A	4
75209030	3000_Vegetables	Brussels sprouts, cooked, NS as to form, made with oil	94	5	A	4
75209050	3000_Vegetables	Brussels sprouts, cooked, from frozen, made with oil	94	5	A	4
73303021	3000_Vegetables	Squash, winter type, baked, no sugar added in cooking, made with oil	94	4.5	A	3
75213121	3000_Vegetables	Cactus, cooked, made with oil	94	4.5	A	4
75208750	3000_Vegetables	Broccoflower, cooked, made with margarine	94	4.5	A	4
75208111	3000_Vegetables	Beets, canned, low sodium, made with oil	94	4.5	A	3
75203020	3000_Vegetables	Bamboo shoots, cooked, fat added in cooking	93	4.5	A	4
75219032	3000_Vegetables	Mushrooms, cooked, NS as to form, made with margarine	93	4.5	A	4
75219035	3000_Vegetables	Mushrooms, cooked, from fresh, made with margarine	93	4.5	A	4
75219038	3000_Vegetables	Mushrooms, cooked, from frozen, made with margarine	93	4.5	A	4
74504110	3000_Vegetables	Tomato and onion, cooked, fat not added in cooking	93	4.5	A	3
75201031	3000_Vegetables	Artichoke, cooked, NS as to form, made with oil	93	4.5	A	3
75201037	3000_Vegetables	Artichoke, cooked, from canned, made with oil	93	4.5	A	3
75201040	3000_Vegetables	Artichoke, cooked, from frozen, made with oil	93	4.5	A	3
75302060	3000_Vegetables	Beans, string, green, with pinto beans, cooked, fat not added in cooking	93	5	A	3
72103010	3000_Vegetables	Broccoli raab, cooked, NS as to fat added in cooking	93	4.5	A	4
72103030	3000_Vegetables	Broccoli raab, cooked, fat added in cooking, NS as to type of fat	93	4.5	A	4
73301010	3000_Vegetables	Squash, winter type, mashed, no fat or sugar added in cooking	93	4.5	A	3
75201034	3000_Vegetables	Artichoke, cooked, from fresh, made with oil	93	5	A	3
73303010	3000_Vegetables	Squash, winter type, baked, no fat or sugar added in cooking	92	4.5	A	3
75204960	3000_Vegetables	Beans, string, cooked, NS as to form, NS as to color, made with oil	92	4.5	A	3
75205041	3000_Vegetables	Beans, string, green, cooked, NS as to form, made with oil	92	4.5	A	3
72125999	3000_Vegetables	Taro leaves, cooked, NS as to fat added in cooking	92	5	A	4
72126001	3000_Vegetables	Taro leaves, cooked, fat added in cooking	92	5	A	4
75206030	3000_Vegetables	Beans, string, yellow, cooked, NS as to form, made with oil	92	4.5	A	3
75226010	3000_Vegetables	Peppers, green, cooked, fat not added in cooking	92	4	A	3
75302030	3000_Vegetables	Beans, string, green, with chickpeas, cooked, fat not added in cooking	91	5	A	3
75311030	3000_Vegetables	Mixed vegetables, cooked, from canned, made with oil	91	4.5	A	3
75226050	3000_Vegetables	Peppers, red, cooked, fat not added in cooking	91	4	A	3
72101240	3000_Vegetables	Beet greens, cooked, made with butter	91	4	B	4
75143300	3000_Vegetables	Lettuce, salad with egg, tomato, and/or carrots, with or without other vegetables, no dres	91	5	A	4
72104240	3000_Vegetables	Chard, cooked, made with butter	91	4	B	4
75204963	3000_Vegetables	Beans, string, cooked, from fresh, NS as to color, made with oil	91	4.5	A	3
75205044	3000_Vegetables	Beans, string, green, cooked, from fresh, made with oil	91	4.5	A	3
73102212	3000_Vegetables	Carrots, cooked, from frozen, fat not added in cooking	91	4.5	A	3
75204966	3000_Vegetables	Beans, string, cooked, from frozen, NS as to color, made with oil	91	4.5	A	3
75205047	3000_Vegetables	Beans, string, green, cooked, from frozen, made with oil	91	4.5	A	3
75218010	3000_Vegetables	Kohlrabi, cooked, fat not added in cooking	91	4.5	A	3
75340010	3000_Vegetables	Vegetable combinations, Asian style, broccoli, green pepper, water chestnut, etc., cooked	91	4.5	A	3
73102210	3000_Vegetables	Carrots, cooked, NS as to form, fat not added in cooking	91	4.5	A	3
75206036	3000_Vegetables	Beans, string, yellow, cooked, from frozen, made with oil	91	4.5	A	3
75233027	3000_Vegetables	Squash, summer, yellow or green, cooked, from fresh, made with oil	91	4.5	B	4
75209042	3000_Vegetables	Brussels sprouts, cooked, from fresh, made with margarine	91	4.5	A	4
73201024	3000_Vegetables	Pumpkin, cooked, NS as to form, made with oil	91	4.5	B	4
73201027	3000_Vegetables	Pumpkin, cooked, from fresh, made with oil	91	4.5	B	4
73201030	3000_Vegetables	Pumpkin, cooked, from frozen, made with oil	91	4.5	B	4
75208110	3000_Vegetables	Beets, canned, low sodium, fat not added in cooking	91	4.5	A	1
75214035	3000_Vegetables	Cauliflower, cooked, from canned, made with margarine	90	4.5	A	4
72128225	3000_Vegetables	Turnip greens, cooked, NS as to form, made with butter	90	4.5	A	4
75214027	3000_Vegetables	Cauliflower, cooked, from fresh, made with oil	90	4.5	A	4
75215030	3000_Vegetables	Celery, cooked, made with oil	90	4	B	4
72118200	3000_Vegetables	Greens, cooked, NS as to form, NS as to fat added in cooking	90	4.5	A	4
72118201	3000_Vegetables	Greens, cooked, from fresh, NS as to fat added in cooking	90	4.5	A	4
72118220	3000_Vegetables	Greens, cooked, NS as to form, fat added in cooking, NS as to type of fat	90	4.5	A	4
72118221	3000_Vegetables	Greens, cooked, from fresh, fat added in cooking, NS as to type of fat	90	4.5	A	4
75234011	3000_Vegetables	Turnip, cooked, from fresh, fat not added in cooking	90	4.5	A	3
75234013	3000_Vegetables	Turnip, cooked, from canned, fat not added in cooking	90	4.5	A	3
75213023	3000_Vegetables	Cabbage, savoy, cooked, made with margarine	90	4.5	A	4
75216710	3000_Vegetables	Cucumber, cooked, fat not added in cooking	90	4	A	3
75302048	3000_Vegetables	Beans, string, green, with almonds, cooked, made with margarine	90	4.5	A	4
73102211	3000_Vegetables	Carrots, cooked, from fresh, fat not added in cooking	90	4.5	A	3
72128202	3000_Vegetables	Turnip greens, cooked, from frozen, NS as to fat added in cooking	90	4.5	A	4
72128222	3000_Vegetables	Turnip greens, cooked, from frozen, fat added in cooking, NS as to type of fat	90	4.5	A	4
75340021	3000_Vegetables	Vegetable combinations, Asian style, broccoli, green pepper, water chestnut, etc., cooked	90	4.5	A	4
75215050	3000_Vegetables	Celery, cooked, made with margarine	90	4	B	4
75233029	3000_Vegetables	Squash, summer, yellow or green, cooked, from fresh, made with margarine	90	4.5	B	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

75233035	3000_Vegetables	Squash, summer, yellow or green, cooked, from canned, made with margarine	89	4.5	A	4
75208290	3000_Vegetables	Bitter melon, cooked, NS as to fat added in cooking	89	4	B	4
75208310	3000_Vegetables	Bitter melon, cooked, fat added in cooking	89	4	B	4
72128231	3000_Vegetables	Turnip greens, cooked, from frozen, made with butter	89	4.5	A	4
72128200	3000_Vegetables	Turnip greens, cooked, NS as to form, NS as to fat added in cooking	89	4.5	A	4
72128220	3000_Vegetables	Turnip greens, cooked, NS as to form, fat added in cooking, NS as to type of fat	89	4.5	A	4
75206039	3000_Vegetables	Beans, string, yellow, cooked, from canned, made with oil	89	4	B	3
75231012	3000_Vegetables	Snowpea, cooked, from frozen, fat not added in cooking	89	5	A	3
72118223	3000_Vegetables	Greens, cooked, from canned, fat added in cooking, NS as to type of fat	89	4.5	A	4
75212021	3000_Vegetables	Cabbage, red, cooked, made with oil	89	4.5	B	4
75211031	3000_Vegetables	Cabbage, green, cooked, made with oil	89	4.5	A	4
72118203	3000_Vegetables	Greens, cooked, from canned, NS as to fat added in cooking	89	4.5	A	4
75231010	3000_Vegetables	Snowpea, cooked, NS as to form, fat not added in cooking	89	5	A	3
72122202	3000_Vegetables	Mustard greens, cooked, from frozen, NS as to fat added in cooking	89	4.5	A	4
72122220	3000_Vegetables	Mustard greens, cooked, NS as to form, fat added in cooking, NS as to type of fat	89	4.5	A	4
72122222	3000_Vegetables	Mustard greens, cooked, from frozen, fat added in cooking, NS as to type of fat	89	4.5	A	4
75503110	3000_Vegetables	Cucumber pickles, dill, reduced salt	89	4.5	A	4
75330123	3000_Vegetables	Vegetable combination, including carrots, broccoli, and/or dark-green leafy; cooked, no sa	89	4.5	A	4
72128201	3000_Vegetables	Turnip greens, cooked, from fresh, NS as to fat added in cooking	88	4.5	A	4
72128221	3000_Vegetables	Turnip greens, cooked, from fresh, fat added in cooking, NS as to type of fat	88	4.5	A	4
75231026	3000_Vegetables	Snowpea, cooked, from fresh, made with oil	88	4.5	A	4
75228010	3000_Vegetables	Rutabaga, cooked, fat not added in cooking	88	4.5	A	3
72118202	3000_Vegetables	Greens, cooked, from frozen, NS as to fat added in cooking	88	4.5	B	4
72118222	3000_Vegetables	Greens, cooked, from frozen, fat added in cooking, NS as to type of fat	88	4.5	B	4
72126999	3000_Vegetables	Thistle leaves, cooked, NS as to fat added in cooking	88	4	B	4
72127001	3000_Vegetables	Thistle leaves, cooked, fat added in cooking	88	4	B	4
75202000	3000_Vegetables	Asparagus, cooked, NS as to form, NS as to fat added in cooking	88	4.5	A	4
75202020	3000_Vegetables	Asparagus, cooked, NS as to form, fat added in cooking, NS as to type of fat	88	4.5	A	4
75202022	3000_Vegetables	Asparagus, cooked, from frozen, fat added in cooking, NS as to type of fat	88	4.5	A	4
74505010	3000_Vegetables	Tomato with corn and okra, cooked, fat not added in cooking	88	4.5	B	3
75503030	3000_Vegetables	Cucumber pickles, sour	87	3	C	3
75201010	3000_Vegetables	Artichoke, cooked, NS as to form, fat not added in cooking	87	4.5	A	3
75201012	3000_Vegetables	Artichoke, cooked, from frozen, fat not added in cooking	87	4.5	A	3
75201013	3000_Vegetables	Artichoke, cooked, from canned, fat not added in cooking	87	4.5	A	3
75202003	3000_Vegetables	Asparagus, cooked, from canned, NS as to fat added in cooking	87	4	B	4
75202023	3000_Vegetables	Asparagus, cooked, from canned, fat added in cooking, NS as to type of fat	87	4	B	4
75302046	3000_Vegetables	Beans, string, green, with almonds, cooked, made with oil	87	4.5	A	4
75204969	3000_Vegetables	Beans, string, cooked, from canned, NS as to color, made with oil	87	4	B	3
75205050	3000_Vegetables	Beans, string, green, cooked, from canned, made with oil	87	4	B	3
72128228	3000_Vegetables	Turnip greens, cooked, from fresh, made with butter	87	4.5	A	4
75209032	3000_Vegetables	Brussels sprouts, cooked, NS as to form, made with margarine	87	5	A	4
75209052	3000_Vegetables	Brussels sprouts, cooked, from frozen, made with margarine	87	5	A	4
75220026	3000_Vegetables	Okra, cooked, NS as to form, made with margarine	87	4.5	A	4
75220033	3000_Vegetables	Okra, cooked, from frozen, made with margarine	87	4.5	A	4
72103050	3000_Vegetables	Broccoli raab, cooked, made with butter	87	4.5	A	4
73201026	3000_Vegetables	Pumpkin, cooked, NS as to form, made with margarine	87	4.5	A	4
73201029	3000_Vegetables	Pumpkin, cooked, from fresh, made with margarine	87	4.5	A	4
73201032	3000_Vegetables	Pumpkin, cooked, from frozen, made with margarine	87	4.5	A	4
73201033	3000_Vegetables	Pumpkin, cooked, from canned, made with oil	87	4.5	A	4
75100750	3000_Vegetables	Artichoke, Jerusalem, raw	87	4.5	A	1
75202001	3000_Vegetables	Asparagus, cooked, from fresh, NS as to fat added in cooking	87	4.5	A	4
75202021	3000_Vegetables	Asparagus, cooked, from fresh, fat added in cooking, NS as to type of fat	87	4.5	A	4
75207010	3000_Vegetables	Bean sprouts, cooked, NS as to form, fat not added in cooking	87	4	B	4
75207011	3000_Vegetables	Bean sprouts, cooked, from fresh, fat not added in cooking	87	4	B	4
75214029	3000_Vegetables	Cauliflower, cooked, from fresh, made with margarine	86	4.5	A	4
75340023	3000_Vegetables	Vegetable combinations, Asian style, broccoli, green pepper, water chestnut, etc., cooked	86	4.5	A	4
75215123	3000_Vegetables	Fennel bulb, cooked, made with margarine	86	4.5	A	4
75227099	3000_Vegetables	Radish, daikon, cooked, NS as to fat added in cooking	86	4.5	A	4
75215121	3000_Vegetables	Fennel bulb, cooked, made with oil	86	4.5	B	4
75215510	3000_Vegetables	Christophine, cooked, fat not added in cooking	86	4.5	A	3
75233033	3000_Vegetables	Squash, summer, yellow or green, cooked, from canned, made with oil	86	4.5	A	4
75233026	3000_Vegetables	Squash, summer, yellow or green, cooked, NS as to form, made with margarine	86	4.5	B	4
72120200	3000_Vegetables	Lambsquarter, cooked, NS as to fat added in cooking	86	4.5	A	4
72120220	3000_Vegetables	Lambsquarter, cooked, fat added in cooking, NS as to type of fat	86	4.5	A	4
75231001	3000_Vegetables	Snowpea, cooked, from fresh, NS as to fat added in cooking	85	4.5	A	4
75231021	3000_Vegetables	Snowpea, cooked, from fresh, fat added in cooking, NS as to type of fat	85	4.5	A	4
75210022	3000_Vegetables	Cabbage, Chinese, cooked, made with butter	85	4	B	4
75226061	3000_Vegetables	Peppers, red, cooked, made with oil	85	4	B	4
75502510	3000_Vegetables	Cabbage, red, pickled	85	4.5	A	1
73111211	3000_Vegetables	Peas and carrots, cooked, from fresh, fat not added in cooking	85	4.5	A	3
72107221	3000_Vegetables	Collards, cooked, from fresh, fat added in cooking, NS as to type of fat	85	5	A	4
72107200	3000_Vegetables	Collards, cooked, NS as to form, NS as to fat added in cooking	85	5	A	4
72107201	3000_Vegetables	Collards, cooked, from fresh, NS as to fat added in cooking	85	5	A	4
72107220	3000_Vegetables	Collards, cooked, NS as to form, fat added in cooking, NS as to type of fat	85	5	A	4
75201011	3000_Vegetables	Artichoke, cooked, from fresh, fat not added in cooking	85	5	A	3
72203010	3000_Vegetables	Broccoli, chinese, cooked, NS as to form, NS as to fat added in cooking	85	4	B	4
72203020	3000_Vegetables	Broccoli, chinese, cooked, from fresh, NS as to fat added in cooking	85	4	B	4
72203030	3000_Vegetables	Broccoli, chinese, cooked, from frozen, NS as to fat added in cooking	85	4	B	4
72203070	3000_Vegetables	Broccoli, chinese, cooked, NS as to form, fat added in cooking, NS as to type of fat	85	4	B	4
72203110	3000_Vegetables	Broccoli, chinese, cooked, from fresh, fat added in cooking, NS as to type of fat	85	4	B	4
72203150	3000_Vegetables	Broccoli, chinese, cooked, from frozen, fat added in cooking, NS as to type of fat	85	4	B	4
72123000	3000_Vegetables	Poke greens, cooked, NS as to fat added in cooking	85	4.5	B	4
72123020	3000_Vegetables	Poke greens, cooked, fat added in cooking, NS as to type of fat	85	4.5	B	4
75211033	3000_Vegetables	Cabbage, green, cooked, made with margarine	84	4	B	4
73102227	3000_Vegetables	Carrots, cooked, from canned, made with oil	84	4	B	4
75515000	3000_Vegetables	Vegetables, pickled, Hawaiian style	84	3.5	C	3

Supplementary Table 8. Original (uncorrected) scores for all food items.

75111800	3000_Vegetables	Jicama, raw	84	5	A	1
75302211	3000_Vegetables	Beans, string, green, with onions, cooked, made with oil	84	4.5	A	3
75231023	3000_Vegetables	Snowpea, cooked, NS as to form, made with oil	84	5	A	4
75231029	3000_Vegetables	Snowpea, cooked, from frozen, made with oil	84	5	A	4
72128400	3000_Vegetables	Turnip greens with roots, cooked, NS as to form, NS as to fat added in cooking	84	4.5	A	4
72128402	3000_Vegetables	Turnip greens with roots, cooked, from frozen, NS as to fat added in cooking	84	4.5	A	4
72128420	3000_Vegetables	Turnip greens with roots, cooked, NS as to form, fat added in cooking	84	4.5	A	4
72128422	3000_Vegetables	Turnip greens with roots, cooked, from frozen, fat added in cooking	84	4.5	A	4
75340200	3000_Vegetables	Jai, Monk's Food	84	5	A	4
75206035	3000_Vegetables	Beans, string, yellow, cooked, from fresh, made with margarine	84	4.5	A	4
72118225	3000_Vegetables	Greens, cooked, NS as to form, made with butter	83	4.5	A	4
72118228	3000_Vegetables	Greens, cooked, from fresh, made with butter	83	4.5	A	4
72128203	3000_Vegetables	Turnip greens, cooked, from canned, NS as to fat added in cooking	83	4	B	4
72128223	3000_Vegetables	Turnip greens, cooked, from canned, fat added in cooking, NS as to type of fat	83	4	B	4
75221061	3000_Vegetables	Onions, green, cooked, from fresh, fat added in cooking	83	4.5	A	4
75231028	3000_Vegetables	Snowpea, cooked, from fresh, made with margarine	83	4.5	A	4
72119200	3000_Vegetables	Kale, cooked, NS as to form, NS as to fat added in cooking	83	4	B	4
72119201	3000_Vegetables	Kale, cooked, from fresh, NS as to fat added in cooking	83	4	B	4
72119220	3000_Vegetables	Kale, cooked, NS as to form, fat added in cooking, NS as to type of fat	83	4	B	4
72119221	3000_Vegetables	Kale, cooked, from fresh, fat added in cooking, NS as to type of fat	83	4	B	4
72122200	3000_Vegetables	Mustard greens, cooked, NS as to form, NS as to fat added in cooking	83	4	B	4
72122231	3000_Vegetables	Mustard greens, cooked, from frozen, made with butter	83	4.5	A	4
72132199	3000_Vegetables	Bitter melon leaves, horseradish leaves, jute leaves, or radish leaves, cooked, NS as to fat	83	4	C	4
75219039	3000_Vegetables	Mushrooms, cooked, from canned, made with oil	83	4	B	4
72122201	3000_Vegetables	Mustard greens, cooked, from fresh, NS as to fat added in cooking	83	4	B	4
72122221	3000_Vegetables	Mustard greens, cooked, from fresh, fat added in cooking, NS as to type of fat	83	4	B	4
72128401	3000_Vegetables	Turnip greens with roots, cooked, from fresh, NS as to fat added in cooking	83	4	B	4
72128421	3000_Vegetables	Turnip greens with roots, cooked, from fresh, fat added in cooking	83	4	B	4
72107202	3000_Vegetables	Collards, cooked, from frozen, NS as to fat added in cooking	83	4.5	B	4
72107222	3000_Vegetables	Collards, cooked, from frozen, fat added in cooking, NS as to type of fat	83	4.5	B	4
75227110	3000_Vegetables	Radish, daikon, cooked, fat added in cooking	83	4.5	A	4
72120240	3000_Vegetables	Lambsquarter, cooked, made with butter	82	4.5	B	4
72118234	3000_Vegetables	Greens, cooked, from canned, made with butter	82	4.5	A	4
73201035	3000_Vegetables	Pumpkin, cooked, from canned, made with margarine	82	4.5	A	4
72110200	3000_Vegetables	Cress, cooked, NS as to form, NS as to fat added in cooking	82	4	B	4
72110201	3000_Vegetables	Cress, cooked, from fresh, NS as to fat added in cooking	82	4	B	4
72110203	3000_Vegetables	Cress, cooked, from canned, NS as to fat added in cooking	82	4	B	4
72110220	3000_Vegetables	Cress, cooked, NS as to form, fat added in cooking, NS as to type of fat	82	4	B	4
72110221	3000_Vegetables	Cress, cooked, from fresh, fat added in cooking, NS as to type of fat	82	4	B	4
72110223	3000_Vegetables	Cress, cooked, from canned, fat added in cooking, NS as to type of fat	82	4	B	4
72122203	3000_Vegetables	Mustard greens, cooked, from canned, NS as to fat added in cooking	82	4	B	4
72122223	3000_Vegetables	Mustard greens, cooked, from canned, fat added in cooking, NS as to type of fat	82	4	B	4
75302039	3000_Vegetables	Beans, string, green, with almonds, cooked, NS as to fat added in cooking	82	4.5	A	4
75226021	3000_Vegetables	Peppers, green, cooked, made with oil	82	4	B	4
75233032	3000_Vegetables	Squash, summer, yellow or green, cooked, from frozen, made with margarine	82	4.5	B	4
72107225	3000_Vegetables	Collards, cooked, NS as to form, made with butter	82	4.5	A	4
72107228	3000_Vegetables	Collards, cooked, from fresh, made with butter	82	4.5	A	4
75340300	3000_Vegetables	Pinacbet	82	4	B	4
72119202	3000_Vegetables	Kale, cooked, from frozen, NS as to fat added in cooking	82	4	B	4
72119222	3000_Vegetables	Kale, cooked, from frozen, fat added in cooking, NS as to type of fat	82	4	B	4
73102217	3000_Vegetables	Carrots, cooked, from fresh, made with oil	82	4.5	A	4
75219041	3000_Vegetables	Mushrooms, cooked, from canned, made with margarine	82	4	B	4
72118231	3000_Vegetables	Greens, cooked, from frozen, made with butter	82	4.5	B	4
75212023	3000_Vegetables	Cabbage, red, cooked, made with margarine	82	4.5	A	4
75200121	3000_Vegetables	Vegetables, NS as to type, cooked, made with oil	82	4.5	A	3
75311024	3000_Vegetables	Mixed vegetables, cooked, NS as to form, made with oil	82	4.5	A	3
75311027	3000_Vegetables	Mixed vegetables, cooked, from frozen, made with oil	82	4.5	A	3
73102214	3000_Vegetables	Carrots, cooked, NS as to form, made with oil	82	4.5	A	4
73102224	3000_Vegetables	Carrots, cooked, from frozen, made with oil	82	4.5	A	4
73111224	3000_Vegetables	Peas and carrots, cooked, NS as to form, made with oil	81	4.5	A	4
73111227	3000_Vegetables	Peas and carrots, cooked, from fresh, made with oil	81	4.5	A	4
73111230	3000_Vegetables	Peas and carrots, cooked, from frozen, made with oil	81	4.5	A	4
72128234	3000_Vegetables	Turnip greens, cooked, from canned, made with butter	81	4	B	4
75231002	3000_Vegetables	Snowpea, cooked, from frozen, NS as to fat added in cooking	81	5	A	4
75231022	3000_Vegetables	Snowpea, cooked, from frozen, fat added in cooking, NS as to type of fat	81	5	A	4
75217010	3000_Vegetables	Eggplant, cooked, fat not added in cooking	81	4	A	3
73102229	3000_Vegetables	Carrots, cooked, from canned, made with margarine	81	4	B	4
75219100	3000_Vegetables	Mushroom, Asian, cooked, from dried	81	4.5	A	3
75231000	3000_Vegetables	Snowpea, cooked, NS as to form, NS as to fat added in cooking	81	5	A	4
75231020	3000_Vegetables	Snowpea, cooked, NS as to form, fat added in cooking, NS as to type of fat	81	5	A	4
75230020	3000_Vegetables	Sauerkraut, cooked, fat added in cooking	81	4	B	4
75302205	3000_Vegetables	Beans, string, green, with onions, cooked, fat not added in cooking	81	4.5	A	3
75220001	3000_Vegetables	Okra, cooked, from fresh, NS as to fat added in cooking	81	4.5	A	4
75220021	3000_Vegetables	Okra, cooked, from fresh, fat added in cooking, NS as to type of fat	81	4.5	A	4
75316022	3000_Vegetables	Squash, summer, yellow or green, and onions, cooked, made with oil	81	4.5	B	4
72123040	3000_Vegetables	Poke greens, cooked, made with butter	81	4.5	B	4
74504121	3000_Vegetables	Tomato and onion, cooked, made with oil	81	4.5	B	4
72113200	3000_Vegetables	Dandelion greens, cooked, NS as to fat added in cooking	81	4	B	4
72113220	3000_Vegetables	Dandelion greens, cooked, fat added in cooking, NS as to type of fat	81	4	B	4
72119203	3000_Vegetables	Kale, cooked, from canned, NS as to fat added in cooking	81	4	B	4
72119223	3000_Vegetables	Kale, cooked, from canned, fat added in cooking, NS as to type of fat	81	4	B	4
75232122	3000_Vegetables	Seaweed, cooked, made with butter	80	4.5	A	4
75311013	3000_Vegetables	Mixed vegetables, cooked, from canned, fat not added in cooking	80	4.5	A	3
72110231	3000_Vegetables	Cress, cooked, NS as to form, made with butter	80	4	B	4
72110234	3000_Vegetables	Cress, cooked, from fresh, made with butter	80	4	B	4
72110237	3000_Vegetables	Cress, cooked, from canned, made with butter	80	4	B	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

75220003	3000_Vegetables	Okra, cooked, from canned, NS as to fat added in cooking	80	4.5	A	4
75220023	3000_Vegetables	Okra, cooked, from canned, fat added in cooking, NS as to type of fat	80	4.5	A	4
75204971	3000_Vegetables	Beans, string, cooked, from canned, NS as to color, made with margarine	80	4	B	4
75206041	3000_Vegetables	Beans, string, yellow, cooked, from canned, made with margarine	80	4	B	4
75234033	3000_Vegetables	Turnip, cooked, NS as to form, made with oil	80	4	B	4
75202002	3000_Vegetables	Asparagus, cooked, from frozen, NS as to fat added in cooking	80	4	B	4
73111210	3000_Vegetables	Peas and carrots, cooked, NS as to form, fat not added in cooking	79	4.5	A	3
73111212	3000_Vegetables	Peas and carrots, cooked, from frozen, fat not added in cooking	79	4.5	A	3
75224021	3000_Vegetables	Peas, green, cooked, from fresh, fat not added in cooking	79	5	A	3
75234030	3000_Vegetables	Turnip, cooked, from frozen, made with oil	79	4.5	A	4
73402010	3000_Vegetables	Sweet potato, baked, peel eaten, fat not added in cooking	79	4.5	A	3
73403010	3000_Vegetables	Sweet potato, baked, peel not eaten, fat not added in cooking	79	4.5	A	3
75205052	3000_Vegetables	Beans, string, green, cooked, from canned, made with margarine	79	4	B	4
75302045	3000_Vegetables	Beans, string, green, with almonds, cooked, fat added in cooking, NS as to type of fat	79	4.5	A	4
75219003	3000_Vegetables	Mushrooms, cooked, from canned, NS as to fat added in cooking	79	4	B	4
75219023	3000_Vegetables	Mushrooms, cooked, from canned, fat added in cooking, NS as to type of fat	79	4	B	4
75231025	3000_Vegetables	Snowpea, cooked, NS as to form, made with margarine	79	5	A	4
75231031	3000_Vegetables	Snowpea, cooked, from frozen, made with margarine	79	5	A	4
75234027	3000_Vegetables	Turnip, cooked, from fresh, made with oil	79	4.5	A	4
72107203	3000_Vegetables	Collards, cooked, from canned, NS as to fat added in cooking	79	4.5	A	4
72107223	3000_Vegetables	Collards, cooked, from canned, fat added in cooking, NS as to type of fat	79	4.5	A	4
75201033	3000_Vegetables	Artichoke, cooked, NS as to form, made with margarine	79	4.5	A	4
75201039	3000_Vegetables	Artichoke, cooked, from canned, made with margarine	79	4.5	A	4
75201042	3000_Vegetables	Artichoke, cooked, from frozen, made with margarine	79	4.5	A	4
75207021	3000_Vegetables	Bean sprouts, cooked, from fresh, fat added in cooking	79	4.5	B	4
75207000	3000_Vegetables	Bean sprouts, cooked, NS as to form, NS as to fat added in cooking	79	4.5	B	4
75207001	3000_Vegetables	Bean sprouts, cooked, from fresh, NS as to fat added in cooking	79	4.5	B	4
75207020	3000_Vegetables	Bean sprouts, cooked, NS as to form, fat added in cooking	79	4.5	B	4
72116150	3000_Vegetables	Caesar salad, with romaine, no dressing	79	4.5	A	4
73102216	3000_Vegetables	Carrots, cooked, NS as to form, made with margarine	79	4.5	A	4
73102226	3000_Vegetables	Carrots, cooked, from frozen, made with margarine	79	4.5	A	4
72132201	3000_Vegetables	Bitter melon leaves, horseradish leaves, jute leaves, or radish leaves, cooked, fat added in	79	4	C	4
75234024	3000_Vegetables	Turnip, cooked, from canned, made with oil	79	4.5	A	4
73103000	3000_Vegetables	Carrots, canned, low sodium, NS as to fat added in cooking	79	4.5	A	4
73103020	3000_Vegetables	Carrots, canned, low sodium, fat added in cooking, NS as to type of fat	79	4.5	A	4
75206032	3000_Vegetables	Beans, string, yellow, cooked, NS as to form, made with margarine	79	4.5	A	4
75204962	3000_Vegetables	Beans, string, cooked, NS as to form, NS as to color, made with margarine	79	4.5	A	4
75205043	3000_Vegetables	Beans, string, green, cooked, NS as to form, made with margarine	79	4.5	A	4
74505021	3000_Vegetables	Tomato with corn and okra, cooked, made with oil	78	4.5	B	4
75228021	3000_Vegetables	Rutabaga, cooked, made with oil	78	4.5	B	4
75234032	3000_Vegetables	Turnip, cooked, from frozen, made with margarine	78	4	B	4
75234035	3000_Vegetables	Turnip, cooked, NS as to form, made with margarine	78	4	B	4
72107231	3000_Vegetables	Collards, cooked, from frozen, made with butter	78	4.5	B	4
75202035	3000_Vegetables	Asparagus, cooked, from canned, made with butter	78	4	B	4
75202028	3000_Vegetables	Asparagus, cooked, from fresh, made with butter	78	4.5	A	4
75330151	3000_Vegetables	Vegetable combination, excluding carrots, broccoli, and dark-green leafy; cooked, no sauc	78	4.5	A	3
72122225	3000_Vegetables	Mustard greens, cooked, NS as to form, made with butter	78	4	B	4
72122228	3000_Vegetables	Mustard greens, cooked, from fresh, made with butter	78	4	B	4
72113240	3000_Vegetables	Dandelion greens, cooked, made with butter	78	4	B	4
75201036	3000_Vegetables	Artichoke, cooked, from fresh, made with margarine	78	5	A	4
75206038	3000_Vegetables	Beans, string, yellow, cooked, from frozen, made with margarine	78	4.5	A	4
75204968	3000_Vegetables	Beans, string, cooked, from frozen, NS as to color, made with margarine	78	4.5	A	4
75205049	3000_Vegetables	Beans, string, green, cooked, from frozen, made with margarine	78	4.5	A	4
75208113	3000_Vegetables	Beets, canned, low sodium, made with margarine	77	4.5	A	4
75302047	3000_Vegetables	Beans, string, green, with almonds, cooked, made with butter	77	4.5	A	4
72122234	3000_Vegetables	Mustard greens, cooked, from canned, made with butter	77	4	B	4
73303023	3000_Vegetables	Squash, winter type, baked, no sugar added in cooking, made with margarine	77	4.5	A	4
75316024	3000_Vegetables	Squash, summer, yellow or green, and onions, cooked, made with margarine	77	4.5	B	4
75205110	3000_Vegetables	Beans, string, green, canned, low sodium, NS as to fat added in cooking	77	4.5	A	4
75205130	3000_Vegetables	Beans, string, green, canned, low sodium, fat added in cooking, NS as to type of fat	77	4.5	A	4
75202025	3000_Vegetables	Asparagus, cooked, NS as to form, made with butter	77	4.5	A	4
75202032	3000_Vegetables	Asparagus, cooked, from frozen, made with butter	77	4.5	A	4
75233220	3000_Vegetables	Squash, spaghetti, cooked, fat not added in cooking	77	4.5	A	3
74504000	3000_Vegetables	Tomato and okra, cooked, NS as to fat added in cooking	77	4.5	B	4
74504020	3000_Vegetables	Tomato and okra, cooked, fat added in cooking, NS as to type of fat	77	4.5	B	4
73102219	3000_Vegetables	Carrots, cooked, from fresh, made with margarine	77	4.5	A	4
75316031	3000_Vegetables	Squash, summer, yellow or green, with tomato sauce, cooked, fat added in cooking	77	4.5	B	4
75316032	3000_Vegetables	Squash, summer, yellow or green, with tomato sauce, cooked, NS as to fat added in cookir	77	4.5	B	4
75204965	3000_Vegetables	Beans, string, cooked, from fresh, NS as to color, made with margarine	76	4.5	A	4
75205046	3000_Vegetables	Beans, string, green, cooked, from fresh, made with margarine	76	4.5	A	4
73111226	3000_Vegetables	Peas and carrots, cooked, NS as to form, made with margarine	76	4.5	A	4
73111229	3000_Vegetables	Peas and carrots, cooked, from fresh, made with margarine	76	4.5	A	4
73111232	3000_Vegetables	Peas and carrots, cooked, from frozen, made with margarine	76	4.5	A	4
75226063	3000_Vegetables	Peppers, red, cooked, made with margarine	76	4	B	4
75221012	3000_Vegetables	Onions, cooked, from frozen, fat not added in cooking	76	4.5	A	3
72128403	3000_Vegetables	Turnip greens with roots, cooked, from canned, NS as to fat added in cooking	76	4	B	4
72128423	3000_Vegetables	Turnip greens with roots, cooked, from canned, fat added in cooking	76	4	B	4
75311032	3000_Vegetables	Mixed vegetables, cooked, from canned, made with margarine	76	4.5	A	4
74204010	3000_Vegetables	Tomatoes, NS as to form, stewed	76	4.5	B	4
74204013	3000_Vegetables	Tomatoes, from canned, stewed	76	4.5	B	4
72203090	3000_Vegetables	Broccoli, chinese, cooked, NS as to form, made with butter	76	4	C	4
72203130	3000_Vegetables	Broccoli, chinese, cooked, from fresh, made with butter	76	4	C	4
72203170	3000_Vegetables	Broccoli, chinese, cooked, from frozen, made with butter	76	4	C	4
72119225	3000_Vegetables	Kale, cooked, NS as to form, made with butter	76	4	B	4
75235000	3000_Vegetables	Water chestnut	75	5	A	1
75226023	3000_Vegetables	Peppers, green, cooked, made with margarine	75	4	B	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

74504123	3000_Vegetables	Tomato and onion, cooked, made with margarine	75	4	B	4
75209021	3000_Vegetables	Brussels sprouts, cooked, from fresh, fat added in cooking, NS as to type of fat	75	4.5	A	4
75234029	3000_Vegetables	Turnip, cooked, from fresh, made with margarine	75	4	B	4
75214000	3000_Vegetables	Cauliflower, cooked, NS as to form, NS as to fat added in cooking	75	4.5	A	4
75214020	3000_Vegetables	Cauliflower, cooked, NS as to form, fat added in cooking, NS as to type of fat	75	4.5	A	4
72107234	3000_Vegetables	Collards, cooked, from canned, made with butter	75	4.5	B	4
75214002	3000_Vegetables	Cauliflower, cooked, from frozen, NS as to fat added in cooking	75	4.5	A	4
75214022	3000_Vegetables	Cauliflower, cooked, from frozen, fat added in cooking, NS as to type of fat	75	4.5	A	4
75209001	3000_Vegetables	Brussels sprouts, cooked, from fresh, NS as to fat added in cooking	75	4.5	B	4
75234026	3000_Vegetables	Turnip, cooked, from canned, made with margarine	75	4.5	A	4
72119228	3000_Vegetables	Kale, cooked, from fresh, made with butter	74	4	B	4
75224133	3000_Vegetables	Peas, green, canned, low sodium, made with margarine	74	5	A	4
73403021	3000_Vegetables	Sweet potato, baked, peel not eaten, made with oil	74	4.5	A	4
73410340	3000_Vegetables	Sweet potato fries, from fresh, baked	74	4.5	B	4
73111233	3000_Vegetables	Peas and carrots, cooked, from canned, made with oil	74	4.5	A	4
75217299	3000_Vegetables	Flowers or blossoms of sesbania, squash, or lily, NS as to fat added in cooking	74	4	A	4
75217301	3000_Vegetables	Flowers or blossoms of sesbania, squash, or lily, fat added in cooking	74	4	A	4
75230000	3000_Vegetables	Sauerkraut, cooked, NS as to fat added in cooking	74	4	C	4
75224043	3000_Vegetables	Peas, green, cooked, from fresh, made with oil	74	5	A	4
73111213	3000_Vegetables	Peas and carrots, cooked, from canned, fat not added in cooking	74	4.5	A	3
73402021	3000_Vegetables	Sweet potato, baked, peel eaten, made with oil	73	4.5	A	4
75216721	3000_Vegetables	Cucumber, cooked, made with oil	73	4	C	4
75228023	3000_Vegetables	Rutabaga, cooked, made with margarine	73	4.5	A	4
75315210	3000_Vegetables	Peas and mushrooms, cooked, fat not added in cooking	73	5	A	3
74504148	3000_Vegetables	Tomato and celery, cooked, NS as to fat added in cooking	73	4	B	4
72119231	3000_Vegetables	Kale, cooked, from frozen, made with butter	73	4	B	4
75223012	3000_Vegetables	Peas, cowpeas, field peas, or blackeye peas, not dried, cooked, from frozen, fat not added	73	5	A	3
75219000	3000_Vegetables	Mushrooms, cooked, NS as to form, NS as to fat added in cooking	73	4.5	A	4
75219001	3000_Vegetables	Mushrooms, cooked, from fresh, NS as to fat added in cooking	73	4.5	A	4
75219002	3000_Vegetables	Mushrooms, cooked, from frozen, NS as to fat added in cooking	73	4.5	A	4
75219020	3000_Vegetables	Mushrooms, cooked, NS as to form, fat added in cooking, NS asa to type of fat	73	4.5	A	4
75219021	3000_Vegetables	Mushrooms, cooked, from fresh, fat added in cooking, NS as to type of fat	73	4.5	A	4
75219022	3000_Vegetables	Mushrooms, cooked, from frozen, fat added in cooking, NS as to type of fat	73	4.5	A	4
74505023	3000_Vegetables	Tomato with corn and okra, cooked, made with margarine	73	4.5	B	4
72116222	3000_Vegetables	Escarole, cooked, made with butter	73	4	B	4
75208720	3000_Vegetables	Broccoflower, cooked, fat added in cooking, NS as to type of fat	73	4.5	A	4
75223010	3000_Vegetables	Peas, cowpeas, field peas, or blackeye peas, not dried, cooked, NS as to form, fat not adde	73	5	A	3
72201224	3000_Vegetables	Broccoli, cooked, from fresh, made with butter	73	4.5	A	4
72133199	3000_Vegetables	Sweet potato leaves, squash leaves, pumpkin leaves, chrysanthemum leaves, bean leaves	73	3.5	C	4
72133201	3000_Vegetables	Sweet potato leaves, squash leaves, pumpkin leaves, chrysanthemum leaves, bean leaves	73	3.5	C	4
72201201	3000_Vegetables	Broccoli, cooked, from fresh, NS as to fat added in cooking	73	4.5	A	4
72201221	3000_Vegetables	Broccoli, cooked, from fresh, fat added in cooking, NS as to type of fat	73	4.5	A	4
73103022	3000_Vegetables	Carrots, canned, low sodium, made with butter	72	4.5	A	4
72201200	3000_Vegetables	Broccoli, cooked, NS as to form, NS as to fat added in cooking	72	4.5	A	4
72201220	3000_Vegetables	Broccoli, cooked, NS as to form, fat added in cooking, NS as to type of fat	72	4.5	A	4
72201202	3000_Vegetables	Broccoli, cooked, from frozen, NS as to fat added in cooking	72	4.5	A	4
72201222	3000_Vegetables	Broccoli, cooked, from frozen, fat added in cooking, NS as to type of fat	72	4.5	A	4
75220028	3000_Vegetables	Okra, cooked, from fresh, made with butter	72	4.5	A	4
75220000	3000_Vegetables	Okra, cooked, NS as to form, NS as to fat added in cooking	72	4.5	A	4
75220002	3000_Vegetables	Okra, cooked, from frozen, NS as to fat added in cooking	72	4.5	A	4
75220020	3000_Vegetables	Okra, cooked, NS as to form, fat added in cooking, NS as to type of fat	72	4.5	A	4
75220022	3000_Vegetables	Okra, cooked, from frozen, fat added in cooking, NS as to type of fat	72	4.5	A	4
75315121	3000_Vegetables	Peas and onions, cooked, made with oil	72	4.5	A	3
75306998	3000_Vegetables	Green peppers and onions, cooked, fat not added in cooking	72	4.5	B	3
75510020	3000_Vegetables	Olives, black	72	3.5	C	3
75143350	3000_Vegetables	Lettuce, salad with egg, cheese, tomato, and/or carrots, with or without other vegetables,	72	4.5	B	4
72119234	3000_Vegetables	Kale, cooked, from canned, made with butter	72	4	B	4
75317020	3000_Vegetables	Vegetables, stew type, cooked, fat not added in cooking	72	4.5	A	3
75317011	3000_Vegetables	Vegetables, stew type, cooked, made with oil	72	4.5	A	4
75311100	3000_Vegetables	Mixed vegetables, canned, low sodium, NS as to fat added in cooking	72	5	A	4
75311120	3000_Vegetables	Mixed vegetables, canned, low sodium, fat added in cooking, NS as to type of fat	72	5	A	4
75510030	3000_Vegetables	Olives, green, stuffed	71	3	C	3
75307001	3000_Vegetables	Green peppers and onions, cooked, made with oil	71	4.5	B	4
75302009	3000_Vegetables	Beans, string, green, with tomatoes, cooked, NS as to fat added in cooking	71	4.5	A	4
75302011	3000_Vegetables	Beans, string, green, with tomatoes, cooked, fat added in cooking	71	4.5	A	4
75208013	3000_Vegetables	Beets, cooked, from canned, fat not added in cooking	71	4	B	3
75220035	3000_Vegetables	Okra, cooked, from canned, made with butter	71	4.5	A	4
72201214	3000_Vegetables	Broccoli, cooked, NS as to form, made with butter	71	4.5	A	4
72201227	3000_Vegetables	Broccoli, cooked, from frozen, made with butter	71	4.5	A	4
75216723	3000_Vegetables	Cucumber, cooked, made with margarine	71	4	B	4
75213100	3000_Vegetables	Cactus, cooked, NS as to fat added in cooking	71	4	B	4
75213120	3000_Vegetables	Cactus, cooked, fat added in cooking, NS as to type of fat	71	4	B	4
75209000	3000_Vegetables	Brussels sprouts, cooked, NS as to form, NS as to fat added in cooking	71	4.5	A	4
75209020	3000_Vegetables	Brussels sprouts, cooked, NS as to form, fat added in cooking, NS as to type of fat	71	4.5	A	4
75511020	3000_Vegetables	Peppers, pickled	71	4.5	A	3
75216321	3000_Vegetables	Corn, yellow, canned, low sodium, made with oil	71	4.5	A	3
75315216	3000_Vegetables	Peas and mushrooms, cooked, made with oil	71	4.5	A	4
73210010	3000_Vegetables	Calabaza, cooked	71	4.5	A	4
74503010	3000_Vegetables	Tomato and corn, cooked, fat not added in cooking	71	4	B	3
75512010	3000_Vegetables	Radishes, pickled, Hawaiian style	70	4	C	4
75221030	3000_Vegetables	Onions, pearl, cooked, NS as to form	70	4.5	B	3
75221032	3000_Vegetables	Onions, pearl, cooked, from frozen	70	4.5	B	3
75209002	3000_Vegetables	Brussels sprouts, cooked, from frozen, NS as to fat added in cooking	70	4.5	A	4
75209022	3000_Vegetables	Brussels sprouts, cooked, from frozen, fat added in cooking, NS as to type of fat	70	4.5	A	4
75208740	3000_Vegetables	Broccoflower, cooked, made with butter	70	4.5	A	4
74504022	3000_Vegetables	Tomato and okra, cooked, made with butter	70	4	B	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

75109600	3000_Vegetables	Corn, raw	70	4.5	A	1
75209041	3000_Vegetables	Brussels sprouts, cooked, from fresh, made with butter	70	4.5	B	4
75510000	3000_Vegetables	Olives, NFS	70	3.5	C	3
75221010	3000_Vegetables	Onions, cooked, NS as to form, fat not added in cooking	70	4.5	A	3
75535000	3000_Vegetables	Zucchini, pickled	70	4.5	B	3
73111235	3000_Vegetables	Peas and carrots, cooked, from canned, made with margarine	70	4.5	A	4
75214003	3000_Vegetables	Cauliflower, cooked, from canned, NS as to fat added in cooking	70	4.5	A	4
75224045	3000_Vegetables	Peas, green, cooked, from fresh, made with margarine	70	5	A	4
74504149	3000_Vegetables	Tomato and celery, cooked, fat added in cooking	70	4	B	4
75214025	3000_Vegetables	Cauliflower, cooked, NS as to form, made with butter	69	4.5	A	4
75214031	3000_Vegetables	Cauliflower, cooked, from frozen, made with butter	69	4.5	A	4
75219031	3000_Vegetables	Mushrooms, cooked, NS as to form, made with butter	69	4.5	A	4
75219034	3000_Vegetables	Mushrooms, cooked, from fresh, made with butter	69	4.5	A	4
75219037	3000_Vegetables	Mushrooms, cooked, from frozen, made with butter	69	4.5	A	4
75330120	3000_Vegetables	Vegetable combination, including carrots, broccoli, and/or dark-green leafy; cooked, no sa	69	4	B	4
75311122	3000_Vegetables	Mixed vegetables, canned, low sodium, made with butter	69	4.5	A	4
75204011	3000_Vegetables	Beans, lima, immature, cooked, from fresh, fat not added in cooking	69	5	A	3
75217021	3000_Vegetables	Eggplant, cooked, made with oil	69	4	B	4
75330100	3000_Vegetables	Vegetable combination, including carrots, broccoli, and/or dark-green leafy; cooked, no sa	69	4	B	4
75510010	3000_Vegetables	Olives, green	69	3.5	C	3
75200110	3000_Vegetables	Vegetables, NS as to type, cooked, fat not added in cooking	69	5	A	3
75311010	3000_Vegetables	Mixed vegetables, cooked, NS as to form, fat not added in cooking	69	5	A	3
75311012	3000_Vegetables	Mixed vegetables, cooked, from frozen, fat not added in cooking	69	5	A	3
73410200	3000_Vegetables	Sweet potato fries, NFS	69	4.5	B	4
73410300	3000_Vegetables	Sweet potato fries, NS as to fresh or frozen	69	4.5	B	4
75223011	3000_Vegetables	Peas, cowpeas, field peas, or blackeye peas, not dried, cooked, from fresh, fat not added i	69	5	A	3
75315250	3000_Vegetables	Cowpeas with snap beans, cooked, fat not added in cooking	69	4.5	A	3
75205132	3000_Vegetables	Beans, string, green, canned, low sodium, made with butter	69	4.5	A	4
75208121	3000_Vegetables	Beets, cooked, NS as to form, made with oil	69	4	B	4
75208124	3000_Vegetables	Beets, cooked, from fresh, made with oil	69	4	B	4
75208127	3000_Vegetables	Beets, cooked, from frozen, made with oil	69	4	B	4
75302213	3000_Vegetables	Beans, string, green, with onions, cooked, made with margarine	69	4.5	A	4
73201000	3000_Vegetables	Pumpkin, cooked, NS as to form, NS as to fat added in cooking	68	4.5	B	4
73201020	3000_Vegetables	Pumpkin, cooked, NS as to form, fat added in cooking, NS as to type of fat	68	4.5	B	4
74205020	3000_Vegetables	Tomato, green, pickled	68	4.5	B	3
75213000	3000_Vegetables	Cabbage, savoy, cooked, NS as to fat added in cooking	68	4.5	A	4
75213020	3000_Vegetables	Cabbage, savoy, cooked, fat added in cooking, NS as to type of fat	68	4.5	A	4
75208130	3000_Vegetables	Beets, cooked, from canned, made with oil	68	4	C	4
73403023	3000_Vegetables	Sweet potato, baked, peel not eaten, made with margarine	68	4.5	A	4
73201001	3000_Vegetables	Pumpkin, cooked, from fresh, NS as to fat added in cooking	68	4.5	B	4
73201002	3000_Vegetables	Pumpkin, cooked, from frozen, NS as to fat added in cooking	68	4.5	B	4
73201021	3000_Vegetables	Pumpkin, cooked, from fresh, fat added in cooking, NS as to type of fat	68	4.5	B	4
73201022	3000_Vegetables	Pumpkin, cooked, from frozen, fat added in cooking, NS as to type of fat	68	4.5	B	4
75215000	3000_Vegetables	Celery, cooked, NS as to fat added in cooking	68	4	B	4
75215020	3000_Vegetables	Celery, cooked, fat added in cooking, NS as to type of fat	68	4	B	4
73410330	3000_Vegetables	Sweet potato fries, from fresh, fried	68	4.5	B	4
75502010	3000_Vegetables	Cauliflower, pickled	68	4	B	3
75208700	3000_Vegetables	Broccoflower, cooked, NS as to fat added in cooking	68	4.5	A	4
73402023	3000_Vegetables	Sweet potato, baked, peel eaten, made with margarine	68	4.5	A	4
75208010	3000_Vegetables	Beets, cooked, NS as to form, fat not added in cooking	68	4.5	B	3
75208011	3000_Vegetables	Beets, cooked, from fresh, fat not added in cooking	68	4.5	B	3
75208012	3000_Vegetables	Beets, cooked, from frozen, fat not added in cooking	68	4.5	B	3
73405010	3000_Vegetables	Sweet potato, boiled, fat not added in cooking	68	4.5	B	3
73410320	3000_Vegetables	Sweet potato fries, frozen, baked	67	4.5	B	4
73410500	3000_Vegetables	Sweet potato fries, school	67	4.5	B	4
73420200	3000_Vegetables	Sweet potato tots, school	67	4.5	B	4
75221014	3000_Vegetables	Onions, cooked, NS as to form, made with oil	67	4.5	A	4
73405021	3000_Vegetables	Sweet potato, boiled, made with oil	67	4.5	B	4
71905000	3000_Vegetables	Ripe plantain, raw	67	4	B	1
75503085	3000_Vegetables	Ginger root, pickled	67	3.5	B	4
75221031	3000_Vegetables	Onions, pearl, cooked, from fresh	67	4.5	B	3
75221033	3000_Vegetables	Onions, pearl, cooked, from canned	67	4.5	B	3
75302505	3000_Vegetables	Beans, string, green, and potatoes, cooked, fat not added in cooking	67	4.5	A	3
75212000	3000_Vegetables	Cabbage, red, cooked, NS as to fat added in cooking	67	4	B	4
75212020	3000_Vegetables	Cabbage, red, cooked, fat added in cooking, NS as to type of fat	67	4	B	4
75143200	3000_Vegetables	Lettuce, salad with cheese, tomato and/or carrots, with or without other vegetables, no d	67	4.5	B	4
75221023	3000_Vegetables	Onions, cooked, from frozen, made with oil	67	4.5	B	4
73201003	3000_Vegetables	Pumpkin, cooked, from canned, NS as to fat added in cooking	67	4.5	A	4
73201023	3000_Vegetables	Pumpkin, cooked, from canned, fat added in cooking, NS as to type of fat	67	4.5	A	4
75302059	3000_Vegetables	Beans, string, green, with pinto beans, cooked, NS as to fat added in cooking	67	4.5	A	4
75302061	3000_Vegetables	Beans, string, green, with pinto beans, cooked, fat added in cooking	67	4.5	A	4
75209031	3000_Vegetables	Brussels sprouts, cooked, NS as to form, made with butter	67	4.5	A	4
75209051	3000_Vegetables	Brussels sprouts, cooked, from frozen, made with butter	67	4.5	A	4
75214001	3000_Vegetables	Cauliflower, cooked, from fresh, NS as to fat added in cooking	67	4.5	A	4
75214021	3000_Vegetables	Cauliflower, cooked, from fresh, fat added in cooking, NS as to type of fat	67	4.5	A	4
75218499	3000_Vegetables	Lotus root, cooked, NS as to fat added in cooking	67	4.5	B	4
75233001	3000_Vegetables	Squash, summer, yellow or green, cooked, from fresh, NS as to fat added in cooking	66	4.5	B	4
75233021	3000_Vegetables	Squash, summer, yellow or green, cooked, from fresh, fat added in cooking, NS as to type	66	4.5	B	4
75330140	3000_Vegetables	Vegetable combination, excluding carrots, broccoli, and dark-green leafy; cooked, no sauc	66	4.5	A	3
73421000	3000_Vegetables	Sweet potato, yellow, Puerto Rican, cooked	66	4	B	3
75317013	3000_Vegetables	Vegetables, stew type, cooked, made with margarine	66	4.5	B	4
75208132	3000_Vegetables	Beets, cooked, from canned, made with margarine	66	4	B	4
75220049	3000_Vegetables	Lettuce, cooked, NS as to fat added in cooking	66	4	B	4
75220051	3000_Vegetables	Lettuce, cooked, fat added in cooking	66	4	B	4
75217023	3000_Vegetables	Eggplant, cooked, made with margarine	66	4	B	4
75233221	3000_Vegetables	Squash, spaghetti, cooked, made with oil	66	4.5	B	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

75221011	3000_Vegetables	Onions, cooked, from fresh, fat not added in cooking	66	4.5	B	3
75223024	3000_Vegetables	Peas, cowpeas, field peas, or blackeye peas, not dried, cooked, NS as to form, made with c	66	5	A	4
75223030	3000_Vegetables	Peas, cowpeas, field peas, or blackeye peas, not dried, cooked, from frozen, made with oil	66	5	A	4
75302511	3000_Vegetables	Beans, string, green, and potatoes, cooked, made with oil	66	4.5	A	4
75330122	3000_Vegetables	Vegetable combination, including carrots, broccoli, and/or dark-green leafy; cooked, no sa	66	4	B	4
75200123	3000_Vegetables	Vegetables, NS as to type, cooked, made with margarine	66	5	A	4
75311026	3000_Vegetables	Mixed vegetables, cooked, NS as to form, made with margarine	66	5	A	4
75311029	3000_Vegetables	Mixed vegetables, cooked, from frozen, made with margarine	66	5	A	4
75213022	3000_Vegetables	Cabbage, savoy, cooked, made with butter	66	4.5	A	4
75315218	3000_Vegetables	Peas and mushrooms, cooked, made with margarine	65	5	A	4
75315110	3000_Vegetables	Peas and onions, cooked, fat not added in cooking	65	4.5	A	3
75315249	3000_Vegetables	Cowpeas with snap beans, cooked, NS as to fat added in cooking	65	4.5	A	4
75224022	3000_Vegetables	Peas, green, cooked, from frozen, fat not added in cooking	65	5	A	3
73420000	3000_Vegetables	Sweet potato tots, NFS	65	4	C	4
75223013	3000_Vegetables	Peas, cowpeas, field peas, or blackeye peas, not dried, cooked, from canned, fat not adde	65	5	A	3
75224020	3000_Vegetables	Peas, green, cooked, NS as to form, fat not added in cooking	65	5	A	3
75221017	3000_Vegetables	Onions, cooked, from fresh, made with oil	65	4.5	B	4
75315300	3000_Vegetables	Peas and potatoes, cooked, fat not added in cooking	65	4.5	A	3
71900100	3000_Vegetables	Plantain, boiled, NS as to green or ripe	65	4	B	1
71901010	3000_Vegetables	Green plantains, boiled	65	4	B	1
75216310	3000_Vegetables	Corn, yellow, canned, low sodium, fat not added in cooking	65	4.5	A	3
75221040	3000_Vegetables	Onions, green, cooked, NS as to form, NS as to fat added in cooking	65	4.5	B	4
75221041	3000_Vegetables	Onions, green, cooked, from fresh, NS as to fat added in cooking	65	4.5	B	4
75221060	3000_Vegetables	Onions, green, cooked, NS as to form, fat added in cooking	65	4.5	B	4
75204027	3000_Vegetables	Beans, lima, immature, cooked, from fresh, made with oil	64	5	A	4
75302029	3000_Vegetables	Beans, string, green, with chickpeas, cooked, NS as to fat added in cooking	64	4.5	A	4
75302031	3000_Vegetables	Beans, string, green, with chickpeas, cooked, fat added in cooking	64	4.5	A	4
75214034	3000_Vegetables	Cauliflower, cooked, from canned, made with butter	64	4.5	A	4
75223027	3000_Vegetables	Peas, cowpeas, field peas, or blackeye peas, not dried, cooked, from fresh, made with oil	64	5	A	4
75208123	3000_Vegetables	Beets, cooked, NS as to form, made with margarine	64	4	B	4
75208126	3000_Vegetables	Beets, cooked, from fresh, made with margarine	64	4	B	4
75208129	3000_Vegetables	Beets, cooked, from frozen, made with margarine	64	4	B	4
73420020	3000_Vegetables	Sweet potato tots, from frozen, baked	64	4	C	4
75221160	3000_Vegetables	Palm hearts, cooked, assume fat not added in cooking	64	4	C	4
75222021	3000_Vegetables	Parsnips, cooked, made with oil	64	4.5	B	4
75220025	3000_Vegetables	Okra, cooked, NS as to form, made with butter	64	4.5	B	4
75220032	3000_Vegetables	Okra, cooked, from frozen, made with butter	64	4.5	B	4
73407050	3000_Vegetables	Sweet potato, canned, fat not added in cooking	64	4.5	B	3
75224040	3000_Vegetables	Peas, green, cooked, NS as to form, made with oil	64	5	A	4
75224046	3000_Vegetables	Peas, green, cooked, from frozen, made with oil	64	5	A	4
75340000	3000_Vegetables	Vegetable combinations, Asian style, broccoli, green pepper, water chestnut, etc., cooked	64	4.5	B	4
75340020	3000_Vegetables	Vegetable combinations, Asian style, broccoli, green pepper, water chestnut, etc., cooked	64	4.5	B	4
75307003	3000_Vegetables	Green peppers and onions, cooked, made with margarine	64	4.5	B	4
75233003	3000_Vegetables	Squash, summer, yellow or green, cooked, from canned, NS as to fat added in cooking	64	4.5	A	4
75233023	3000_Vegetables	Squash, summer, yellow or green, cooked, from canned, fat added in cooking, NS as to typ	64	4.5	A	4
75218501	3000_Vegetables	Lotus root, cooked, fat added in cooking	63	4	C	4
75233002	3000_Vegetables	Squash, summer, yellow or green, cooked, from frozen, NS as to fat added in cooking	63	4.5	B	4
75233022	3000_Vegetables	Squash, summer, yellow or green, cooked, from frozen, fat added in cooking, NS as to type	63	4.5	B	4
75233000	3000_Vegetables	Squash, summer, yellow or green, cooked, NS as to form, NS as to fat added in cooking	63	4.5	B	4
75233020	3000_Vegetables	Squash, summer, yellow or green, cooked, NS as to form, fat added in cooking, NS as to ty	63	4.5	B	4
73102203	3000_Vegetables	Carrots, cooked, from canned, NS as to fat added in cooking	63	4	B	4
73102223	3000_Vegetables	Carrots, cooked, from canned, fat added in cooking, NS as to type of fat	63	4	B	4
71961010	3000_Vegetables	Celeriac, cooked	63	4	B	3
75215100	3000_Vegetables	Fennel bulb, cooked, NS as to fat added in cooking	63	4	B	4
75215120	3000_Vegetables	Fennel bulb, cooked, fat added in cooking, NS as to type of fat	63	4	B	4
75213122	3000_Vegetables	Cactus, cooked, made with butter	63	4	B	4
73301000	3000_Vegetables	Squash, winter type, mashed, NS as to fat or sugar added in cooking	63	4.5	A	4
73301020	3000_Vegetables	Squash, winter type, mashed, fat added in cooking, no sugar added in cooking	63	4.5	A	4
73303020	3000_Vegetables	Squash, winter type, baked, fat added in cooking, no sugar added in cooking, NS as to type	63	4.5	A	4
73303000	3000_Vegetables	Squash, winter type, baked, NS as to fat or sugar added in cooking	63	4.5	A	4
73402000	3000_Vegetables	Sweet potato, baked, peel eaten, NS as to fat added in cooking	63	4.5	B	4
73402020	3000_Vegetables	Sweet potato, baked, peel eaten, fat added in cooking, NS as to type of fat	63	4.5	B	4
73403000	3000_Vegetables	Sweet potato, baked, peel not eaten, NS as to fat added in cooking	63	4.5	B	4
73403020	3000_Vegetables	Sweet potato, baked, peel not eaten, fat added in cooking, NS as to type of fat	63	4.5	B	4
75330153	3000_Vegetables	Vegetable combination, excluding carrots, broccoli, and dark-green leafy; cooked, no sauc	63	4.5	A	4
75214023	3000_Vegetables	Cauliflower, cooked, from canned, fat added in cooking, NS as to type of fat	62	4.5	B	4
75222010	3000_Vegetables	Parsnips, cooked, fat not added in cooking	62	4.5	A	3
73201034	3000_Vegetables	Pumpkin, cooked, from canned, made with butter	62	4.5	A	4
75315311	3000_Vegetables	Peas and potatoes, cooked, made with oil	62	4.5	A	4
75206001	3000_Vegetables	Beans, string, yellow, cooked, from fresh, NS as to fat added in cooking	62	4.5	A	4
75206021	3000_Vegetables	Beans, string, yellow, cooked, from fresh, fat added in cooking, NS as to type of fat	62	4.5	A	4
73410310	3000_Vegetables	Sweet potato fries, frozen, fried	62	4.5	B	4
75223026	3000_Vegetables	Peas, cowpeas, field peas, or blackeye peas, not dried, cooked, NS as to form, made with r	62	5	A	4
73303040	3000_Vegetables	Squash, winter type, baked, no fat added in cooking, sugar added in cooking	62	4.5	B	3
75340022	3000_Vegetables	Vegetable combinations, Asian style, broccoli, green pepper, water chestnut, etc., cooked	62	4.5	B	4
73405023	3000_Vegetables	Sweet potato, boiled, made with margarine	62	4	B	4
75221016	3000_Vegetables	Onions, cooked, NS as to form, made with margarine	62	4.5	B	4
75214028	3000_Vegetables	Cauliflower, cooked, from fresh, made with butter	62	4.5	A	4
73201025	3000_Vegetables	Pumpkin, cooked, NS as to form, made with butter	62	4.5	B	4
73201028	3000_Vegetables	Pumpkin, cooked, from fresh, made with butter	62	4.5	B	4
73201031	3000_Vegetables	Pumpkin, cooked, from frozen, made with butter	62	4.5	B	4
75223032	3000_Vegetables	Peas, cowpeas, field peas, or blackeye peas, not dried, cooked, from frozen, made with ma	61	5	A	4
75231027	3000_Vegetables	Snowpea, cooked, from fresh, made with butter	61	4.5	A	4
75224023	3000_Vegetables	Peas, green, cooked, from canned, fat not added in cooking	61	5	A	3
75233223	3000_Vegetables	Squash, spaghetti, cooked, made with margarine	61	4	B	4
75218500	3000_Vegetables	Lotus root, cooked, fat not added in cooking	61	4.5	B	3

Supplementary Table 8. Original (uncorrected) scores for all food items.

75221025	3000_Vegetables	Onions, cooked, from frozen, made with margarine	61	4.5	B	4
75315010	3000_Vegetables	Peas and corn, cooked, fat not added in cooking	61	4.5	A	3
75211010	3000_Vegetables	Cabbage, green, cooked, NS as to fat added in cooking	61	4	B	4
75211030	3000_Vegetables	Cabbage, green, cooked, fat added in cooking, NS as to type of fat	61	4	B	4
75316020	3000_Vegetables	Squash, summer, yellow or green, and onions, cooked, fat added in cooking	60	4.5	B	4
74504100	3000_Vegetables	Tomato and onion, cooked, NS as to fat added in cooking	60	4	B	4
74504120	3000_Vegetables	Tomato and onion, cooked, fat added in cooking, NS as to type of fat	60	4	B	4
73102202	3000_Vegetables	Carrots, cooked, from frozen, NS as to fat added in cooking	60	4.5	B	4
73102222	3000_Vegetables	Carrots, cooked, from frozen, fat added in cooking, NS as to type of fat	60	4.5	B	4
75223033	3000_Vegetables	Peas, cowpeas, field peas, or blackeye peas, not dried, cooked, from canned, made with o	60	5	A	4
75215509	3000_Vegetables	Christophine, cooked, NS as to fat added in cooking	60	4.5	A	4
75215511	3000_Vegetables	Christophine, cooked, fat added in cooking	60	4.5	A	4
73102200	3000_Vegetables	Carrots, cooked, NS as to form, NS as to fat added in cooking	60	4.5	B	4
73102220	3000_Vegetables	Carrots, cooked, NS as to form, fat added in cooking, NS as to type of fat	60	4.5	B	4
73102201	3000_Vegetables	Carrots, cooked, from fresh, NS as to fat added in cooking	60	4.5	B	4
73102221	3000_Vegetables	Carrots, cooked, from fresh, fat added in cooking, NS as to type of fat	60	4.5	B	4
75218009	3000_Vegetables	Kohlrabi, cooked, NS as to fat added in cooking	60	4.5	B	4
75218011	3000_Vegetables	Kohlrabi, cooked, fat added in cooking	60	4.5	B	4
75204029	3000_Vegetables	Beans, lima, immature, cooked, from fresh, made with margarine	60	5	A	4
75503080	3000_Vegetables	Eggplant, pickled	60	3.5	C	3
71103125	3000_Vegetables	Potato, boiled, from fresh, peel eaten, fat not added in cooking	60	4.5	A	3
71104050	3000_Vegetables	Potato, roasted, from fresh, peel eaten, fat not added in cooking	60	4.5	A	3
75233028	3000_Vegetables	Squash, summer, yellow or green, cooked, from fresh, made with butter	60	4	B	4
71704000	3000_Vegetables	Stewed potatoes with tomatoes	60	4.5	B	4
75224042	3000_Vegetables	Peas, green, cooked, NS as to form, made with margarine	60	5	A	4
75224048	3000_Vegetables	Peas, green, cooked, from frozen, made with margarine	60	5	A	4
75302513	3000_Vegetables	Beans, string, green, and potatoes, cooked, made with margarine	60	4.5	A	4
75224110	3000_Vegetables	Peas, green, canned, low sodium, NS as to fat added in cooking	60	5	A	4
75224130	3000_Vegetables	Peas, green, canned, low sodium, fat added in cooking, NS as to type of fat	59	5	A	4
75315021	3000_Vegetables	Peas and corn, cooked, made with oil	59	4.5	A	4
75215040	3000_Vegetables	Celery, cooked, made with butter	59	4	B	4
71980100	3000_Vegetables	Poi	59	4.5	B	1
75204980	3000_Vegetables	Beans, string, cooked, NS as to form, NS as to color, fat added in cooking, NS as to type of	59	4.5	A	4
75205000	3000_Vegetables	Beans, string, cooked, NS as to form, NS as to color, NS as to fat added in cooking	59	4.5	A	4
75205010	3000_Vegetables	Beans, string, green, cooked, NS as to form, NS as to fat added in cooking	59	4.5	A	4
75205030	3000_Vegetables	Beans, string, green, cooked, NS as to form, fat added in cooking, NS as to type of fat	59	4.5	A	4
75221019	3000_Vegetables	Onions, cooked, from fresh, made with margarine	59	4.5	B	4
75222023	3000_Vegetables	Parsnips, cooked, made with margarine	59	4.5	B	4
71508001	3000_Vegetables	Potato, baked, peel eaten	59	4.5	A	3
71103135	3000_Vegetables	Potato, boiled, from fresh, peel eaten, made with oil	59	4.5	A	4
71104070	3000_Vegetables	Potato, roasted, from fresh, peel eaten, made with oil	59	4.5	A	4
75231024	3000_Vegetables	Snowpea, cooked, NS as to form, made with butter	59	4.5	A	4
75231030	3000_Vegetables	Snowpea, cooked, from frozen, made with butter	59	4.5	A	4
75204983	3000_Vegetables	Beans, string, cooked, from canned, NS as to color, fat added in cooking, NS as to type of f	59	4	B	4
75205003	3000_Vegetables	Beans, string, cooked, from canned, NS as to color, NS as to fat added in cooking	59	4	B	4
75315999	3000_Vegetables	Squash, summer, yellow or green, and onions, cooked, NS as to fat added in cooking	59	4.5	B	4
75205013	3000_Vegetables	Beans, string, green, cooked, from canned, NS as to fat added in cooking	59	4	B	4
75205033	3000_Vegetables	Beans, string, green, cooked, from canned, fat added in cooking, NS as to type of fat	59	4	B	4
75201000	3000_Vegetables	Artichoke, cooked, NS as to form, NS as to fat added in cooking	59	4.5	A	4
75201002	3000_Vegetables	Artichoke, cooked, from frozen, NS as to fat added in cooking	59	4.5	A	4
75201003	3000_Vegetables	Artichoke, cooked, from canned, NS as to fat added in cooking	59	4.5	A	4
75201020	3000_Vegetables	Artichoke, cooked, NS as to form, fat added in cooking, NS as to type of fat	59	4.5	A	4
75201022	3000_Vegetables	Artichoke, cooked, from frozen, fat added in cooking, NS as to type of fat	59	4.5	A	4
75201023	3000_Vegetables	Artichoke, cooked, from canned, fat added in cooking, NS as to type of fat	59	4.5	A	4
73420010	3000_Vegetables	Sweet potato tots, from frozen, fried	58	4	C	4
73420030	3000_Vegetables	Sweet potato tots, from frozen, NS as to fried or baked	58	4	C	4
75223029	3000_Vegetables	Peas, cowpeas, field peas, or blackeye peas, not dried, cooked, from fresh, made with mar	58	5	A	4
75226040	3000_Vegetables	Peppers, red, cooked, NS as to fat added in cooking	58	4	B	4
75226060	3000_Vegetables	Peppers, red, cooked, fat added in cooking, NS as to type of fat	58	4	B	4
75212022	3000_Vegetables	Cabbage, red, cooked, made with butter	58	4	B	4
73111201	3000_Vegetables	Peas and carrots, cooked, from fresh, NS as to fat added in cooking	58	4.5	A	4
73111221	3000_Vegetables	Peas and carrots, cooked, from fresh, fat added in cooking, NS as to type of fat	58	4.5	A	4
75206010	3000_Vegetables	Beans, string, yellow, cooked, NS as to form, fat not added in cooking	58	4.5	A	4
75224049	3000_Vegetables	Peas, green, cooked, from canned, made with oil	58	5	A	4
75206000	3000_Vegetables	Beans, string, yellow, cooked, NS as to form, NS as to fat added in cooking	58	4.5	A	4
75206020	3000_Vegetables	Beans, string, yellow, cooked, NS as to form, fat added in cooking, NS as to type of fat	58	4.5	A	4
75204010	3000_Vegetables	Beans, lima, immature, cooked, NS as to form, fat not added in cooking	58	5	A	3
75204013	3000_Vegetables	Beans, lima, immature, cooked, from canned, fat not added in cooking	58	5	A	3
75204012	3000_Vegetables	Beans, lima, immature, cooked, from frozen, fat not added in cooking	58	5	A	3
75303010	3000_Vegetables	Corn with peppers, red or green, cooked, fat not added in cooking	58	4.5	B	3
75201001	3000_Vegetables	Artichoke, cooked, from fresh, NS as to fat added in cooking	58	5	A	4
75201021	3000_Vegetables	Artichoke, cooked, from fresh, fat added in cooking, NS as to type of fat	58	5	A	4
75204982	3000_Vegetables	Beans, string, cooked, from frozen, NS as to color, fat added in cooking, NS as to type of fa	58	4.5	A	4
75205002	3000_Vegetables	Beans, string, cooked, from frozen, NS as to color, NS as to fat added in cooking	58	4.5	A	4
75205012	3000_Vegetables	Beans, string, green, cooked, from frozen, NS as to fat added in cooking	58	4.5	A	4
75205032	3000_Vegetables	Beans, string, green, cooked, from frozen, fat added in cooking, NS as to type of fat	58	4.5	A	4
75215122	3000_Vegetables	Fennel bulb, cooked, made with butter	58	4	B	4
71603010	3000_Vegetables	Potato salad, made with mayonnaise	58	4	B	4
75233025	3000_Vegetables	Squash, summer, yellow or green, cooked, NS as to form, made with butter	57	4	B	4
71603030	3000_Vegetables	Potato salad, made with creamy dressing	57	4	B	4
75225010	3000_Vegetables	Pigeon peas, cooked, NS as to form, fat not added in cooking	57	5	A	4
75225011	3000_Vegetables	Pigeon peas, cooked, from fresh, fat not added in cooking	57	5	A	4
75225013	3000_Vegetables	Pigeon peas, cooked, from canned, fat not added in cooking	57	5	A	4
75206002	3000_Vegetables	Beans, string, yellow, cooked, from frozen, NS as to fat added in cooking	57	4.5	A	4
75206022	3000_Vegetables	Beans, string, yellow, cooked, from frozen, fat added in cooking, NS as to type of fat	57	4.5	A	4
71103010	3000_Vegetables	Potato, boiled, from fresh, peel not eaten, fat not added in cooking	57	4.5	A	3

Supplementary Table 8. Original (uncorrected) scores for all food items.

71103030	3000_Vegetables	Potato, boiled, from fresh, peel not eaten, made with oil	57	4.5	B	4
71104130	3000_Vegetables	Potato, roasted, from fresh, peel not eaten, made with oil	57	4.5	B	4
71104120	3000_Vegetables	Potato, roasted, from fresh, peel not eaten, fat not added in cooking	57	4.5	A	3
73303022	3000_Vegetables	Squash, winter type, baked, no sugar added in cooking, made with butter	57	4.5	B	4
75211032	3000_Vegetables	Cabbage, green, cooked, made with butter	57	4	B	4
75315123	3000_Vegetables	Peas and onions, cooked, made with margarine	57	4.5	A	4
73111200	3000_Vegetables	Peas and carrots, cooked, NS as to form, NS as to fat added in cooking	57	4.5	A	4
73111202	3000_Vegetables	Peas and carrots, cooked, from frozen, NS as to fat added in cooking	57	4.5	A	4
73111220	3000_Vegetables	Peas and carrots, cooked, NS as to form, fat added in cooking, NS as to type of fat	57	4.5	A	4
73111222	3000_Vegetables	Peas and carrots, cooked, from frozen, fat added in cooking, NS as to type of fat	57	4.5	A	4
71910310	3000_Vegetables	Pickled green bananas, Puerto Rican style	57	3.5	C	4
73420100	3000_Vegetables	Sweet potato tots, fast food / restaurant	57	4	C	4
75206034	3000_Vegetables	Beans, string, yellow, cooked, from fresh, made with butter	57	4.5	A	4
75315313	3000_Vegetables	Peas and potatoes, cooked, made with margarine	57	4.5	A	4
71910210	3000_Vegetables	Green banana, fried	57	4	B	4
71101000	3000_Vegetables	Potato, baked, peel not eaten	56	4.5	B	3
75201032	3000_Vegetables	Artichoke, cooked, NS as to form, made with butter	56	5	A	4
75201035	3000_Vegetables	Artichoke, cooked, from fresh, made with butter	56	5	A	4
71100100	3000_Vegetables	Potato, baked, NFS	56	4.5	B	3
75201038	3000_Vegetables	Artichoke, cooked, from canned, made with butter	56	4.5	A	4
75201041	3000_Vegetables	Artichoke, cooked, from frozen, made with butter	56	4.5	A	4
75233031	3000_Vegetables	Squash, summer, yellow or green, cooked, from frozen, made with butter	56	4	B	4
75204981	3000_Vegetables	Beans, string, cooked, from fresh, NS as to color, fat added in cooking, NS as to type of fat	56	4.5	A	4
75205001	3000_Vegetables	Beans, string, cooked, from fresh, NS as to color, NS as to fat added in cooking	56	4.5	A	4
75205011	3000_Vegetables	Beans, string, green, cooked, from fresh, NS as to fat added in cooking	56	4.5	A	4
75205031	3000_Vegetables	Beans, string, green, cooked, from fresh, fat added in cooking, NS as to type of fat	56	4.5	A	4
71950010	3000_Vegetables	Tannier, cooked	56	5	A	3
71905110	3000_Vegetables	Fried ripe plantain, Puerto Rican style	56	4	C	4
75223035	3000_Vegetables	Peas, cowpeas, field peas, or blackeye peas, not dried, cooked, from canned, made with n	56	5	A	4
71703990	3000_Vegetables	Stewed potatoes	56	4.5	B	4
75206003	3000_Vegetables	Beans, string, yellow, cooked, from canned, NS as to fat added in cooking	56	4	C	4
75206023	3000_Vegetables	Beans, string, yellow, cooked, from canned, fat added in cooking, NS as to type of fat	56	4	C	4
71401010	3000_Vegetables	Potato, french fries, from fresh, fried	55	4	B	4
75233034	3000_Vegetables	Squash, summer, yellow or green, cooked, from canned, made with butter	55	4	B	4
75208100	3000_Vegetables	Beets, canned, low sodium, NS as to fat added in cooking	55	4.5	B	4
75208120	3000_Vegetables	Beets, canned, low sodium, fat added in cooking, NS as to type of fat	55	4.5	B	4
75226000	3000_Vegetables	Peppers, green, cooked, NS as to fat added in cooking	55	4	B	4
75226020	3000_Vegetables	Peppers, green, cooked, fat added in cooking, NS as to type of fat	55	4	B	4
75534030	3000_Vegetables	Turnip, pickled	55	4	B	3
74505000	3000_Vegetables	Tomato with corn and okra, cooked, NS as to fat added in cooking	55	4.5	A	4
74505020	3000_Vegetables	Tomato with corn and okra, cooked, fat added in cooking, NS as to type of fat	55	4.5	A	4
75311003	3000_Vegetables	Mixed vegetables, cooked, from canned, NS as to fat added in cooking	55	4.5	A	4
75311023	3000_Vegetables	Mixed vegetables, cooked, from canned, fat added in cooking, NS as to type of fat	55	4.5	A	4
73405000	3000_Vegetables	Sweet potato, boiled, NS as to fat added in cooking	55	4	B	4
73405020	3000_Vegetables	Sweet potato, boiled, fat added in cooking, NS as to type of fat	55	4	B	4
73401000	3000_Vegetables	Sweet potato, NFS	55	4	B	4
75224132	3000_Vegetables	Peas, green, canned, low sodium, made with butter	55	5	A	4
75204024	3000_Vegetables	Beans, lima, immature, cooked, NS as to form, made with oil	55	5	A	4
75204030	3000_Vegetables	Beans, lima, immature, cooked, from frozen, made with oil	55	5	A	4
75204033	3000_Vegetables	Beans, lima, immature, cooked, from canned, made with oil	55	5	A	4
75315023	3000_Vegetables	Peas and corn, cooked, made with margarine	55	4.5	A	4
75302200	3000_Vegetables	Beans, string, green, with onions, NS as to fat added in cooking	55	4.5	B	4
75302210	3000_Vegetables	Beans, string, green, with onions, cooked, fat added in cooking, NS as to type of fat	55	4.5	B	4
75234000	3000_Vegetables	Turnip, cooked, NS as to form, NS as to fat added in cooking	55	4	B	4
75234003	3000_Vegetables	Turnip, cooked, from canned, NS as to fat added in cooking	55	4	B	4
75229010	3000_Vegetables	Salsify, cooked, fat not added in cooking	55	4.5	A	3
71103320	3000_Vegetables	Potato, canned, fat not added in cooking	55	4.5	A	3
75234002	3000_Vegetables	Turnip, cooked, from frozen, NS as to fat added in cooking	55	4	B	4
75234020	3000_Vegetables	Turnip, cooked, NS as to form, fat added in cooking, NS as to type of fat	55	4	B	4
75234022	3000_Vegetables	Turnip, cooked, from frozen, fat added in cooking, NS as to type of fat	55	4	B	4
75228000	3000_Vegetables	Rutabaga, cooked, NS as to fat added in cooking	55	4.5	B	4
75228020	3000_Vegetables	Rutabaga, cooked, fat added in cooking, NS as to type of fat	55	4.5	B	4
73111225	3000_Vegetables	Peas and carrots, cooked, NS as to form, made with butter	54	4.5	A	4
73111228	3000_Vegetables	Peas and carrots, cooked, from fresh, made with butter	54	4.5	A	4
73111231	3000_Vegetables	Peas and carrots, cooked, from frozen, made with butter	54	4.5	A	4
71962040	3000_Vegetables	Taro, baked	54	4.5	B	3
71401015	3000_Vegetables	Potato, french fries, from fresh, baked	54	4	B	4
71401033	3000_Vegetables	Potato, french fries, school	54	4	B	4
71505020	3000_Vegetables	Potato tots, school	54	4	B	4
73407060	3000_Vegetables	Sweet potato, canned, fat added in cooking	54	4	C	4
71602950	3000_Vegetables	Potato salad, from restaurant	54	4	C	4
75208112	3000_Vegetables	Beets, canned, low sodium, made with butter	54	4.5	B	4
75224011	3000_Vegetables	Peas, green, cooked, from fresh, NS as to fat added in cooking	54	5	A	4
75224031	3000_Vegetables	Peas, green, cooked, from fresh, fat added in cooking, NS as to type of fat	54	5	A	4
71900200	3000_Vegetables	Plantain, fried, NS as to green or ripe	54	4	C	4
75209499	3000_Vegetables	Burdock, cooked, NS as to fat added in cooking	54	4	B	4
75209501	3000_Vegetables	Burdock, cooked, fat added in cooking	54	4	B	4
71962010	3000_Vegetables	Dasheen, boiled	53	4.5	A	3
73102218	3000_Vegetables	Carrots, cooked, from fresh, made with butter	53	4.5	B	4
75311031	3000_Vegetables	Mixed vegetables, cooked, from canned, made with butter	53	4.5	A	4
73102228	3000_Vegetables	Carrots, cooked, from canned, made with butter	53	4	B	4
71403500	3000_Vegetables	Potato, home fries, with vegetables	53	4	C	4
75216011	3000_Vegetables	Corn, cooked, from fresh, NS as to color, fat not added in cooking	53	4.5	A	3
75216111	3000_Vegetables	Corn, yellow, cooked, from fresh, fat not added in cooking	53	4.5	A	3
73410400	3000_Vegetables	Sweet potato fries, fast food / restaurant	53	3.5	C	4
75219040	3000_Vegetables	Mushrooms, cooked, from canned, made with butter	53	4	C	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

75216171	3000_Vegetables	Corn, yellow and white, cooked, from fresh, fat not added in cooking	53	4.5	A	3
73407000	3000_Vegetables	Sweet potato, canned, NS as to fat added in cooking	53	4	C	4
75216235	3000_Vegetables	Corn, white, cooked, from canned, made with oil	53	4.5	B	3
75224051	3000_Vegetables	Peas, green, cooked, from canned, made with margarine	53	4.5	A	4
71945010	3000_Vegetables	Yam, cooked, Puerto Rican	53	4.5	A	3
75233200	3000_Vegetables	Squash, spaghetti, cooked, NS as to fat added in cooking	52	4.5	A	4
71404050	3000_Vegetables	Potato, hash brown, from school lunch	52	4.5	A	4
75316023	3000_Vegetables	Squash, summer, yellow or green, and onions, cooked, made with butter	52	4	B	4
75208500	3000_Vegetables	Breadfruit, cooked, fat not added in cooking	52	4.5	B	3
75303021	3000_Vegetables	Corn with peppers, red or green, cooked, made with oil	52	4.5	B	4
73102215	3000_Vegetables	Carrots, cooked, NS as to form, made with butter	52	4.5	B	4
73102225	3000_Vegetables	Carrots, cooked, from frozen, made with butter	52	4.5	B	4
71601030	3000_Vegetables	Potato salad with egg, made with creamy dressing	52	4	B	4
71106010	3000_Vegetables	Potato only from Puerto Rican mixed dishes, gravy and other components reported separ	52	4.5	B	3
75216323	3000_Vegetables	Corn, yellow, canned, low sodium, made with margarine	52	4.5	A	4
71403040	3000_Vegetables	Potato, home fries, from fresh	51	4	C	4
71905120	3000_Vegetables	Plantain, ripe, rolled in flour, fried	51	4	C	4
71403020	3000_Vegetables	Potato, home fries, NFS	51	4	C	4
71403050	3000_Vegetables	Potato, home fries, ready-to-heat	51	4	C	4
75226062	3000_Vegetables	Peppers, red, cooked, made with butter	51	4	B	4
71405010	3000_Vegetables	Potato, hash brown, from fresh	51	4	C	4
71103150	3000_Vegetables	Potato, boiled, from fresh, peel eaten, made with margarine	51	4.5	B	4
71104090	3000_Vegetables	Potato, roasted, from fresh, peel eaten, made with margarine	51	4.5	B	4
75223002	3000_Vegetables	Peas, cowpeas, field peas, or blackeye peas, not dried, cooked, from frozen, NS as to fat a	51	5	A	4
75223022	3000_Vegetables	Peas, cowpeas, field peas, or blackeye peas, not dried, cooked, from frozen, fat added in c	51	5	A	4
75234001	3000_Vegetables	Turnip, cooked, from fresh, NS as to fat added in cooking	51	4	B	4
75234021	3000_Vegetables	Turnip, cooked, from fresh, fat added in cooking, NS as to type of fat	51	4	B	4
75234023	3000_Vegetables	Turnip, cooked, from canned, fat added in cooking, NS as to type of fat	51	4	B	4
71600950	3000_Vegetables	Potato salad with egg, from restaurant	51	4	C	4
75515010	3000_Vegetables	Vegetable relish	50	4	C	3
75223001	3000_Vegetables	Peas, cowpeas, field peas, or blackeye peas, not dried, cooked, from fresh, NS as to fat ad	50	5	A	4
75204961	3000_Vegetables	Beans, string, cooked, NS as to form, NS as to color, made with butter	50	4.5	A	4
75205042	3000_Vegetables	Beans, string, green, cooked, NS as to form, made with butter	50	4.5	A	4
75301110	3000_Vegetables	Beans, lima and corn, cooked, fat not added in cooking	50	4.5	A	3
75223000	3000_Vegetables	Peas, cowpeas, field peas, or blackeye peas, not dried, cooked, NS as to form, NS as to fat	50	5	A	4
75223020	3000_Vegetables	Peas, cowpeas, field peas, or blackeye peas, not dried, cooked, NS as to form, fat added in	50	5	A	4
74205011	3000_Vegetables	Tomatoes, green, cooked, from fresh	50	4	C	4
74504122	3000_Vegetables	Tomato and onion, cooked, made with butter	50	4	B	4
75206031	3000_Vegetables	Beans, string, yellow, cooked, NS as to form, made with butter	50	4.5	A	4
75204026	3000_Vegetables	Beans, lima, immature, cooked, NS as to form, made with margarine	50	5	A	4
75204032	3000_Vegetables	Beans, lima, immature, cooked, from frozen, made with margarine	50	5	A	4
75204035	3000_Vegetables	Beans, lima, immature, cooked, from canned, made with margarine	50	5	A	4
75307000	3000_Vegetables	Green peppers and onions, cooked, fat added in cooking, NS as to type of fat	50	4.5	B	4
74505022	3000_Vegetables	Tomato with corn and okra, cooked, made with butter	50	4	B	4
75204970	3000_Vegetables	Beans, string, cooked, from canned, NS as to color, made with butter	50	4	B	4
75205051	3000_Vegetables	Beans, string, green, cooked, from canned, made with butter	50	4	B	4
71603015	3000_Vegetables	Potato salad, made with light mayonnaise	50	4	B	4
71603025	3000_Vegetables	Potato salad, made with light mayonnaise-type salad dressing	50	4	B	4
75204964	3000_Vegetables	Beans, string, cooked, from fresh, NS as to color, made with butter	50	4.5	A	4
75205045	3000_Vegetables	Beans, string, green, cooked, from fresh, made with butter	50	4.5	A	4
75218400	3000_Vegetables	Leek, cooked, NS as to fat added in cooking	50	4	C	4
75234031	3000_Vegetables	Turnip, cooked, from frozen, made with butter	50	4	B	4
75234034	3000_Vegetables	Turnip, cooked, NS as to form, made with butter	50	4	B	4
75204967	3000_Vegetables	Beans, string, cooked, from frozen, NS as to color, made with butter	49	4.5	A	4
75205048	3000_Vegetables	Beans, string, green, cooked, from frozen, made with butter	49	4.5	A	4
71103050	3000_Vegetables	Potato, boiled, from fresh, peel not eaten, made with margarine	49	4.5	B	4
71104150	3000_Vegetables	Potato, roasted, from fresh, peel not eaten, made with margarine	49	4.5	B	4
75301121	3000_Vegetables	Beans, lima and corn, cooked, made with oil	49	5	A	4
73111203	3000_Vegetables	Peas and carrots, cooked, from canned, NS as to fat added in cooking	49	4.5	B	4
73111223	3000_Vegetables	Peas and carrots, cooked, from canned, fat added in cooking, NS as to type of fat	49	4.5	B	4
75206037	3000_Vegetables	Beans, string, yellow, cooked, from frozen, made with butter	49	4.5	A	4
75315200	3000_Vegetables	Peas and mushrooms, cooked, NS as to fat added in cooking	49	4.5	A	4
75315215	3000_Vegetables	Peas and mushrooms, cooked, fat added in cooking, NS as to type of fat	49	4.5	A	4
75224044	3000_Vegetables	Peas, green, cooked, from fresh, made with butter	49	5	A	4
75216177	3000_Vegetables	Corn, yellow and white, cooked, from fresh, made with oil	49	4.5	A	4
75228022	3000_Vegetables	Rutabaga, cooked, made with butter	49	4	B	4
75225014	3000_Vegetables	Pigeon peas, cooked, NS as to form, NS as to fat added in cooking	49	5	A	4
75225015	3000_Vegetables	Pigeon peas, cooked, NS as to form, fat added in cooking	49	5	A	4
75225016	3000_Vegetables	Pigeon peas, cooked, from fresh, NS as to fat added in cooking	49	5	A	4
75225017	3000_Vegetables	Pigeon peas, cooked, from fresh, fat added in cooking	49	5	A	4
75225018	3000_Vegetables	Pigeon peas, cooked, from canned, NS as to fat added in cooking	49	5	A	4
75225019	3000_Vegetables	Pigeon peas, cooked, from canned, fat added in cooking	49	5	A	4
71910110	3000_Vegetables	Green banana, cooked in salt water	49	4	B	3
75216174	3000_Vegetables	Corn, yellow and white, cooked, NS as to form, made with oil	49	4.5	A	4
71410000	3000_Vegetables	Potato skins without topping	49	4	C	4
71930190	3000_Vegetables	Yuca fries	49	4	C	4
75216024	3000_Vegetables	Corn, cooked, NS as to form, NS as to color, made with oil	49	4.5	A	4
75216031	3000_Vegetables	Corn, cooked, from frozen, NS as to color, made with oil	49	4.5	A	4
75216131	3000_Vegetables	Corn, yellow, cooked, NS as to form, made with oil	49	4.5	A	4
75216137	3000_Vegetables	Corn, yellow, cooked, from frozen, made with oil	49	4.5	A	4
71603035	3000_Vegetables	Potato salad, made with light creamy dressing	48	4.5	B	4
75216027	3000_Vegetables	Corn, cooked, from fresh, NS as to color, made with oil	48	4.5	A	4
75216134	3000_Vegetables	Corn, yellow, cooked, from fresh, made with oil	48	4.5	A	4
75226022	3000_Vegetables	Peppers, green, cooked, made with butter	48	4	B	4
71701000	3000_Vegetables	Potato pancake	48	4	B	4
71401032	3000_Vegetables	Potato, french fries, from frozen, fried	48	4	C	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

71603040	3000_Vegetables	Potato salad, made with Italian dressing	48	4	B	4
77121110	3000_Vegetables	Potato and ham fritters, Puerto Rican style	48	4	C	4
71970200	3000_Vegetables	Fufu	48	4.5	A	4
74503009	3000_Vegetables	Tomato and corn, cooked, NS as to fat added in cooking	48	4	B	4
74503011	3000_Vegetables	Tomato and corn, cooked, fat added in cooking	48	4	B	4
71404000	3000_Vegetables	Potato, hash brown, NFS	48	4	B	4
71405040	3000_Vegetables	Potato, hash brown, ready-to-heat	48	4	B	4
75216010	3000_Vegetables	Corn, cooked, NS as to form, NS as to color, fat not added in cooking	48	4.5	A	3
75216012	3000_Vegetables	Corn, cooked, from frozen, NS as to color, fat not added in cooking	48	4.5	A	3
75216110	3000_Vegetables	Corn, yellow, cooked, NS as to form, fat not added in cooking	48	4.5	A	3
75216112	3000_Vegetables	Corn, yellow, cooked, from frozen, fat not added in cooking	48	4.5	A	3
73402022	3000_Vegetables	Sweet potato, baked, peel eaten, made with butter	48	4	B	4
71405030	3000_Vegetables	Potato, hash brown, from dry mix	48	4	B	4
75206040	3000_Vegetables	Beans, string, yellow, cooked, from canned, made with butter	48	4	B	4
75216227	3000_Vegetables	Corn, white, cooked, from fresh, made with oil	48	4.5	A	4
73403022	3000_Vegetables	Sweet potato, baked, peel not eaten, made with butter	48	4	B	4
75306999	3000_Vegetables	Green peppers and onions, cooked, NS as to fat added in cooking	47	4.5	B	4
75209500	3000_Vegetables	Burdock, cooked, fat not added in cooking	47	4	B	3
75303023	3000_Vegetables	Corn with peppers, red or green, cooked, made with margarine	47	4.5	B	4
71905010	3000_Vegetables	Ripe plantain, boiled	47	4	C	3
71103105	3000_Vegetables	Potato, boiled, from fresh, peel eaten, NS as to fat added in cooking	47	4.5	B	4
71103115	3000_Vegetables	Potato, boiled, from fresh, peel eaten, fat added in cooking, NS as to type of fat	47	4.5	B	4
71104040	3000_Vegetables	Potato, roasted, from fresh, peel eaten, NS as to fat added in cooking	47	4.5	B	4
71104060	3000_Vegetables	Potato, roasted, from fresh, peel eaten, fat added in cooking, NS as to type of fat	47	4.5	B	4
75216184	3000_Vegetables	Corn, yellow and white, cooked, from frozen, made with oil	47	4.5	A	4
75200100	3000_Vegetables	Vegetables, NS as to type, cooked, NS as to fat added in cooking	47	5	A	4
75200120	3000_Vegetables	Vegetables, NS as to type, cooked, fat added in cooking, NS as to type of fat	47	5	A	4
75311000	3000_Vegetables	Mixed vegetables, cooked, NS as to form, NS as to fat added in cooking	47	5	A	4
75311002	3000_Vegetables	Mixed vegetables, cooked, from frozen, NS as to fat added in cooking	47	5	A	4
75311020	3000_Vegetables	Mixed vegetables, cooked, NS as to form, fat added in cooking, NS as to type of fat	47	5	A	4
75311022	3000_Vegetables	Mixed vegetables, cooked, from frozen, fat added in cooking, NS as to type of fat	47	5	A	4
75217000	3000_Vegetables	Eggplant, cooked, NS as to fat added in cooking	47	4	B	4
75217020	3000_Vegetables	Eggplant, cooked, fat added in cooking, NS as to type of fat	47	4	B	4
73111234	3000_Vegetables	Peas and carrots, cooked, from canned, made with butter	47	4.5	B	4
71603020	3000_Vegetables	Potato salad, made with mayonnaise-type salad dressing	47	4	B	4
75317000	3000_Vegetables	Vegetables, stew type, cooked, NS as to fat added in cooking	47	4	B	4
75317010	3000_Vegetables	Vegetables, stew type, cooked, fat added in cooking, NS as to type of fat	47	4	B	4
75302070	3000_Vegetables	Beans, string, green, with spaetzel, cooked, fat not added in cooking	47	4.5	A	4
74202051	3000_Vegetables	Tomatoes, red, from fresh, fried	47	4	C	4
75204001	3000_Vegetables	Beans, lima, immature, cooked, from fresh, NS as to fat added in cooking	46	5	A	4
75204021	3000_Vegetables	Beans, lima, immature, cooked, from fresh, fat added in cooking, NS as to type of fat	46	5	A	4
75204023	3000_Vegetables	Beans, lima, immature, cooked, from canned, fat added in cooking, NS as to type of fat	46	5	A	4
75234025	3000_Vegetables	Turnip, cooked, from canned, made with butter	46	4	B	4
75234028	3000_Vegetables	Turnip, cooked, from fresh, made with butter	46	4	B	4
75200122	3000_Vegetables	Vegetables, NS as to type, cooked, made with butter	46	4.5	A	4
75311025	3000_Vegetables	Mixed vegetables, cooked, NS as to form, made with butter	46	4.5	A	4
75311028	3000_Vegetables	Mixed vegetables, cooked, from frozen, made with butter	46	4.5	A	4
71401000	3000_Vegetables	Potato, french fries, NS as to fresh or frozen	46	4	C	4
71400990	3000_Vegetables	Potato, french fries, NFS	46	4	C	4
75216224	3000_Vegetables	Corn, white, cooked, NS as to form, made with oil	46	4.5	A	4
75216232	3000_Vegetables	Corn, white, cooked, from frozen, made with oil	46	4.5	A	4
75223025	3000_Vegetables	Peas, cowpeas, field peas, or blackeye peas, not dried, cooked, NS as to form, made with b	46	5	A	4
75223031	3000_Vegetables	Peas, cowpeas, field peas, or blackeye peas, not dried, cooked, from frozen, made with bu	46	5	A	4
71970110	3000_Vegetables	Starchy vegetables, NFS, Puerto Rican style	46	4.5	A	3
71970120	3000_Vegetables	Starchy vegetables, including tannier, white sweet potato and yam, with green or ripe pla	46	4.5	A	3
75216170	3000_Vegetables	Corn, yellow and white, cooked, NS as to form, fat not added in cooking	46	4.5	A	3
75216172	3000_Vegetables	Corn, yellow and white, cooked, from frozen, fat not added in cooking	46	4.5	A	3
75315251	3000_Vegetables	Cowpeas with snap beans, cooked, fat added in cooking	45	4.5	A	4
71102980	3000_Vegetables	Potato, boiled, NFS	45	4.5	B	4
71102990	3000_Vegetables	Potato, boiled, ready-to-heat	45	4.5	B	4
71104030	3000_Vegetables	Potato, roasted, NFS	45	4.5	B	4
71104100	3000_Vegetables	Potato, roasted, from fresh, peel not eaten, NS as to fat added in cooking	45	4.5	B	4
71104110	3000_Vegetables	Potato, roasted, from fresh, peel not eaten, fat added in cooking, NS as to type of fat	45	4.5	B	4
71104200	3000_Vegetables	Potato, roasted, ready-to-heat	45	4.5	B	4
71103000	3000_Vegetables	Potato, boiled, from fresh, peel not eaten, NS as to fat added in cooking	45	4.5	B	4
71000100	3000_Vegetables	Potato, NFS	45	4.5	B	4
71103020	3000_Vegetables	Potato, boiled, from fresh, peel not eaten, fat added in cooking, NS as to type of fat	45	4.5	B	4
71970130	3000_Vegetables	Starchy vegetables, including tannier, white sweet potato and yam, no plantain, Puerto Ri	45	4.5	A	3
75216013	3000_Vegetables	Corn, cooked, from canned, NS as to color, fat not added in cooking	45	4.5	B	3
75216113	3000_Vegetables	Corn, yellow, cooked, from canned, fat not added in cooking	45	4.5	B	3
75315217	3000_Vegetables	Peas and mushrooms, cooked, made with butter	45	4.5	A	4
75223021	3000_Vegetables	Peas, cowpeas, field peas, or blackeye peas, not dried, cooked, from fresh, fat added in co	45	4.5	A	4
75302212	3000_Vegetables	Beans, string, green, with onions, cooked, made with butter	45	4.5	B	4
75221000	3000_Vegetables	Onions, cooked, NS as to form, NS as to fat added in cooking	45	4.5	B	4
75221002	3000_Vegetables	Onions, cooked, from frozen, NS as to fat added in cooking	45	4.5	B	4
75221020	3000_Vegetables	Onions, cooked, NS as to form, fat added in cooking, NS as to type of fat	45	4.5	B	4
75221022	3000_Vegetables	Onions, cooked, from frozen, fat added in cooking, NS as to type of fat	45	4.5	B	4
71603045	3000_Vegetables	Potato salad, made with light Italian dressing	45	4	B	4
75301123	3000_Vegetables	Beans, lima and corn, cooked, made with margarine	45	4.5	A	4
75216213	3000_Vegetables	Corn, white, cooked, from canned, fat not added in cooking	45	4.5	A	3
75223023	3000_Vegetables	Peas, cowpeas, field peas, or blackeye peas, not dried, cooked, from canned, fat added in	45	5	A	4
75223003	3000_Vegetables	Peas, cowpeas, field peas, or blackeye peas, not dried, cooked, from canned, NS as to fat a	45	5	A	4
75216700	3000_Vegetables	Cucumber, cooked, NS as to fat added in cooking	45	4	C	4
75216720	3000_Vegetables	Cucumber, cooked, fat added in cooking, NS as to type of fat	45	4	C	4
71103300	3000_Vegetables	Potato, canned, NS as to fat added in cooking	45	4.5	B	4
71103310	3000_Vegetables	Potato, canned, fat added in cooking, NS as to type of fat	45	4.5	B	4

75216173	3000_Vegetables	Corn, yellow and white, cooked, from canned, fat not added in cooking	44	4.5	B	3
75208520	3000_Vegetables	Breadfruit, fried	44	4.5	B	4
75224030	3000_Vegetables	Peas, green, cooked, NS as to form, fat added in cooking, NS as to type of fat	44	4.5	A	4
75216034	3000_Vegetables	Corn, cooked, from canned, NS as to color, made with oil	44	4	B	4
75216141	3000_Vegetables	Corn, yellow, cooked, from canned, made with oil	44	4	B	4
75224012	3000_Vegetables	Peas, green, cooked, from frozen, NS as to fat added in cooking	44	4.5	A	4
75224032	3000_Vegetables	Peas, green, cooked, from frozen, fat added in cooking, NS as to type of fat	44	4.5	A	4
74204011	3000_Vegetables	Tomatoes, from fresh, stewed	44	4.5	B	4
71106000	3000_Vegetables	Stewed potatoes, Puerto Rican style	44	4	B	4
77121010	3000_Vegetables	Fried stuffed potatoes, Puerto Rican style	44	4	B	4
75317012	3000_Vegetables	Vegetables, stew type, cooked, made with butter	44	4	B	4
75216179	3000_Vegetables	Corn, yellow and white, cooked, from fresh, made with margarine	44	4.5	A	4
75221001	3000_Vegetables	Onions, cooked, from fresh, NS as to fat added in cooking	44	4.5	B	4
75221021	3000_Vegetables	Onions, cooked, from fresh, fat added in cooking, NS as to type of fat	44	4.5	B	4
75224010	3000_Vegetables	Peas, green, cooked, NS as to form, NS as to fat added in cooking	44	4.5	A	4
71401031	3000_Vegetables	Potato, french fries, restaurant	44	4	B	4
71401041	3000_Vegetables	Potato, french fries, with cheese, school	44	4	B	4
75216026	3000_Vegetables	Corn, cooked, NS as to form, NS as to color, made with margarine	44	4.5	A	4
75216033	3000_Vegetables	Corn, cooked, from frozen, NS as to color, made with margarine	44	4.5	A	4
75216133	3000_Vegetables	Corn, yellow, cooked, NS as to form, made with margarine	44	4.5	A	4
75216139	3000_Vegetables	Corn, yellow, cooked, from frozen, made with margarine	44	4.5	A	4
75216212	3000_Vegetables	Corn, white, cooked, from frozen, fat not added in cooking	43	4.5	A	3
75216210	3000_Vegetables	Corn, white, cooked, NS as to form, fat not added in cooking	43	4.5	A	3
71601015	3000_Vegetables	Potato salad with egg, made with light mayonnaise	43	4.5	B	4
71601025	3000_Vegetables	Potato salad with egg, made with light mayonnaise-type salad dressing	43	4.5	B	4
75233210	3000_Vegetables	Squash, spaghetti, cooked, fat added in cooking, NS as to type of fat	43	4	B	4
71401030	3000_Vegetables	Potato, french fries, fast food	43	4.5	B	4
75216029	3000_Vegetables	Corn, cooked, from fresh, NS as to color, made with margarine	43	4.5	A	4
75216136	3000_Vegetables	Corn, yellow, cooked, from fresh, made with margarine	43	4.5	A	4
75216229	3000_Vegetables	Corn, white, cooked, from fresh, made with margarine	43	4.5	A	4
75204028	3000_Vegetables	Beans, lima, immature, cooked, from fresh, made with butter	43	5	A	4
75330130	3000_Vegetables	Vegetable combination, excluding carrots, broccoli, and dark-green leafy; cooked, no sauc	43	4.5	B	4
75330150	3000_Vegetables	Vegetable combination, excluding carrots, broccoli, and dark-green leafy; cooked, no sauc	43	4.5	B	4
75216211	3000_Vegetables	Corn, white, cooked, from fresh, fat not added in cooking	43	4.5	A	4
75208000	3000_Vegetables	Beets, cooked, NS as to form, NS as to fat added in cooking	43	4	B	4
75208001	3000_Vegetables	Beets, cooked, from fresh, NS as to fat added in cooking	43	4	B	4
75208002	3000_Vegetables	Beets, cooked, from frozen, NS as to fat added in cooking	43	4	B	4
75208020	3000_Vegetables	Beets, cooked, NS as to form, fat added in cooking, NS as to type of fat	43	4	B	4
75208021	3000_Vegetables	Beets, cooked, from fresh, fat added in cooking, NS as to type of fat	43	4	B	4
75208022	3000_Vegetables	Beets, cooked, from frozen, fat added in cooking, NS as to type of fat	43	4	B	4
75208003	3000_Vegetables	Beets, cooked, from canned, NS as to fat added in cooking	43	4	C	4
75208023	3000_Vegetables	Beets, cooked, from canned, fat added in cooking, NS as to type of fat	43	4	C	4
75307002	3000_Vegetables	Green peppers and onions, cooked, made with butter	42	4	B	4
71603050	3000_Vegetables	Potato salad, made with any type of fat free dressing	42	4	B	3
75216187	3000_Vegetables	Corn, yellow and white, cooked, from canned, made with oil	42	4.5	B	4
71601020	3000_Vegetables	Potato salad with egg, made with mayonnaise-type salad dressing	42	4.5	B	4
75315100	3000_Vegetables	Peas and onions, cooked, NS as to fat added in cooking	42	4.5	A	4
75315120	3000_Vegetables	Peas and onions, cooked, fat added in cooking, NS as to type of fat	42	4.5	A	4
71501018	3000_Vegetables	Potato, mashed, from school lunch	42	4.5	B	4
71601040	3000_Vegetables	Potato salad with egg, made with Italian dressing	42	4.5	B	4
75216176	3000_Vegetables	Corn, yellow and white, cooked, NS as to form, made with margarine	42	4.5	A	4
75216186	3000_Vegetables	Corn, yellow and white, cooked, from frozen, made with margarine	42	4.5	A	4
75315000	3000_Vegetables	Peas and corn, cooked, NS as to fat added in cooking	41	4.5	A	4
75315020	3000_Vegetables	Peas and corn, cooked, fat added in cooking, NS as to type of fat	41	4.5	A	4
71601035	3000_Vegetables	Potato salad with egg, made with light creamy dressing	41	4.5	B	4
75315305	3000_Vegetables	Peas and potatoes, cooked, NS as to fat added in cooking	41	4.5	A	4
75315310	3000_Vegetables	Peas and potatoes, cooked, fat added in cooking, NS as to type of fat	41	4.5	A	4
71601010	3000_Vegetables	Potato salad with egg, made with mayonnaise	41	4	C	4
71404010	3000_Vegetables	Potato, hash brown, from fast food	41	3.5	C	4
71404030	3000_Vegetables	Potato, hash brown, from restaurant	41	3.5	C	4
75208122	3000_Vegetables	Beets, cooked, NS as to form, made with butter	41	4	B	4
75208125	3000_Vegetables	Beets, cooked, from fresh, made with butter	41	4	B	4
75208128	3000_Vegetables	Beets, cooked, from frozen, made with butter	41	4	B	4
75223028	3000_Vegetables	Peas, cowpeas, field peas, or blackeye peas, not dried, cooked, from fresh, made with but	41	4.5	A	4
75330152	3000_Vegetables	Vegetable combination, excluding carrots, broccoli, and dark-green leafy; cooked, no sauc	41	4.5	B	4
75302500	3000_Vegetables	Beans, string, green, and potatoes, cooked, NS as to fat added in cooking	40	4	B	4
75302510	3000_Vegetables	Beans, string, green, and potatoes, cooked, fat added in cooking, NS as to type of fat	40	4	B	4
75216226	3000_Vegetables	Corn, white, cooked, NS as to form, made with margarine	40	4.5	A	4
75216234	3000_Vegetables	Corn, white, cooked, from frozen, made with margarine	40	4.5	A	4
73301030	3000_Vegetables	Squash, winter type, mashed, fat and sugar added in cooking	40	4	B	4
75223034	3000_Vegetables	Peas, cowpeas, field peas, or blackeye peas, not dried, cooked, from canned, made with b	40	5	A	4
75224041	3000_Vegetables	Peas, green, cooked, NS as to form, made with butter	40	4.5	A	4
75224047	3000_Vegetables	Peas, green, cooked, from frozen, made with butter	40	4.5	A	4
75224013	3000_Vegetables	Peas, green, cooked, from canned, NS as to fat added in cooking	40	4.5	A	4
75224033	3000_Vegetables	Peas, green, cooked, from canned, fat added in cooking, NS as to type of fat	40	4.5	A	4
73303030	3000_Vegetables	Squash, winter type, baked, fat and sugar added in cooking	40	4	B	4
75222000	3000_Vegetables	Parsnips, cooked, NS as to fat added in cooking	40	4.5	B	4
75222020	3000_Vegetables	Parsnips, cooked, fat added in cooking, NS as to type of fat	40	4.5	B	4
71401020	3000_Vegetables	Potato, french fries, from frozen, baked	40	4.5	B	4
75208131	3000_Vegetables	Beets, cooked, from canned, made with butter	40	4	C	4
75221015	3000_Vegetables	Onions, cooked, NS as to form, made with butter	40	4.5	B	4
71402520	3000_Vegetables	Potato, french fries, with chili	39	4	B	4
71401045	3000_Vegetables	Potato, french fries, with chili, fast food / restaurant	39	4	B	4
75302512	3000_Vegetables	Beans, string, green, and potatoes, cooked, made with butter	39	4	B	4
75221018	3000_Vegetables	Onions, cooked, from fresh, made with butter	39	4	C	4
75302069	3000_Vegetables	Beans, string, green, with spaetzel, cooked, NS as to fat added in cooking	39	4	B	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

75302071	3000_Vegetables	Beans, string, green, with spaetzel, cooked, fat added in cooking	39	4	B	4
75216036	3000_Vegetables	Corn, cooked, from canned, NS as to color, made with margarine	39	4.5	B	4
75216143	3000_Vegetables	Corn, yellow, cooked, from canned, made with margarine	39	4.5	B	4
75216722	3000_Vegetables	Cucumber, cooked, made with butter	38	4	C	4
75222022	3000_Vegetables	Parsnips, cooked, made with butter	38	4.5	B	4
73405022	3000_Vegetables	Sweet potato, boiled, made with butter	38	4	C	4
75315312	3000_Vegetables	Peas and potatoes, cooked, made with butter	38	4.5	A	4
75221024	3000_Vegetables	Onions, cooked, from frozen, made with butter	38	4	B	4
75216189	3000_Vegetables	Corn, yellow and white, cooked, from canned, made with margarine	37	4.5	B	4
75216237	3000_Vegetables	Corn, white, cooked, from canned, made with margarine	37	4.5	B	4
75216300	3000_Vegetables	Corn, yellow, canned, low sodium, NS as to fat added in cooking	37	4.5	A	4
75216320	3000_Vegetables	Corn, yellow, canned, low sodium, fat added in cooking, NS as to type of fat	37	4.5	A	4
75500210	3000_Vegetables	Beets, pickled	37	4	B	3
71401039	3000_Vegetables	Potato, french fries, with cheese, fast food / restaurant	37	4	C	4
75204022	3000_Vegetables	Beans, lima, immature, cooked, from frozen, fat added in cooking, NS as to type of fat	37	5	A	4
75229009	3000_Vegetables	Salsify, cooked, NS as to fat added in cooking	37	4.5	B	4
75229011	3000_Vegetables	Salsify, cooked, fat added in cooking	37	4.5	B	4
71402500	3000_Vegetables	Potato, french fries, with cheese	37	4	C	4
75204000	3000_Vegetables	Beans, lima, immature, cooked, NS as to form, NS as to fat added in cooking	36	5	A	4
75204003	3000_Vegetables	Beans, lima, immature, cooked, from canned, NS as to fat added in cooking	36	5	A	4
75204020	3000_Vegetables	Beans, lima, immature, cooked, NS as to form, fat added in cooking, NS as to type of fat	36	5	A	4
75204002	3000_Vegetables	Beans, lima, immature, cooked, from frozen, NS as to fat added in cooking	36	5	A	4
71405019	3000_Vegetables	Potato, hash brown, from fresh, with cheese	36	4	C	4
71601045	3000_Vegetables	Potato salad with egg, made with light Italian dressing	36	4.5	B	4
71410500	3000_Vegetables	Potato skins, with cheese	36	4	C	4
71411100	3000_Vegetables	Potato skins, NFS	36	4	C	4
71930130	3000_Vegetables	Cassava, cooked, made with oil	36	4	B	4
75233222	3000_Vegetables	Squash, spaghetti, cooked, made with butter	36	4	B	4
71602010	3000_Vegetables	Potato salad, German style	35	4.5	B	4
75315022	3000_Vegetables	Peas and corn, cooked, made with butter	35	4.5	A	4
71501005	3000_Vegetables	Potato, mashed, from fast food	35	4	B	4
73102240	3000_Vegetables	Carrots, cooked, NS as to form, glazed	35	4	B	4
71401050	3000_Vegetables	Potato, french fries, with chili and cheese, fast food / restaurant	35	4	C	4
71402510	3000_Vegetables	Potato, french fries, with chili and cheese	35	4	C	4
75217022	3000_Vegetables	Eggplant, cooked, made with butter	35	4	B	4
75303000	3000_Vegetables	Corn with peppers, red or green, cooked, NS as to fat added in cooking	35	4.5	B	4
75303020	3000_Vegetables	Corn with peppers, red or green, cooked, fat added in cooking, NS as to type of fat	35	4.5	B	4
71405050	3000_Vegetables	Potato, hash brown, ready-to-heat, with cheese	35	4	C	4
71901110	3000_Vegetables	Fried green plantain, Puerto Rican style	35	2	D	4
75216070	3000_Vegetables	Corn, dried, cooked	35	4	B	4
75501010	3000_Vegetables	Corn relish	35	4	C	3
75224050	3000_Vegetables	Peas, green, cooked, from canned, made with butter	35	4.5	A	4
71106070	3000_Vegetables	Potato from Puerto Rican chicken fricassee, with sauce	34	4.5	B	4
75315122	3000_Vegetables	Peas and onions, cooked, made with butter	34	4.5	B	4
71411000	3000_Vegetables	Potato skins, with cheese and bacon	34	4	C	4
71403030	3000_Vegetables	Potato, home fries, from restaurant / fast food	34	3.5	C	4
71930100	3000_Vegetables	Cassava, cooked, fat not added in cooking	34	4	B	3
71505030	3000_Vegetables	Potato tots, from fresh, fried or baked	33	4	C	4
71505050	3000_Vegetables	Potato tots, frozen, fried	33	4	C	4
71505060	3000_Vegetables	Potato tots, frozen, NS as to fried or baked	33	4	C	4
71505000	3000_Vegetables	Potato tots, NFS	33	4	C	4
75503140	3000_Vegetables	Cucumber pickles, sweet, reduced salt	33	4	C	3
75204025	3000_Vegetables	Beans, lima, immature, cooked, NS as to form, made with butter	33	5	A	4
75204031	3000_Vegetables	Beans, lima, immature, cooked, from frozen, made with butter	33	5	A	4
75204034	3000_Vegetables	Beans, lima, immature, cooked, from canned, made with butter	33	5	A	4
75301100	3000_Vegetables	Beans, lima and corn, cooked, NS as to fat added in cooking	33	4.5	A	4
75301120	3000_Vegetables	Beans, lima and corn, cooked, fat added in cooking, NS as to type of fat	33	4.5	A	4
73102241	3000_Vegetables	Carrots, cooked, from fresh, glazed	32	4	C	4
71501011	3000_Vegetables	Potato, mashed, from fresh, made with milk, with cheese	32	4	C	4
75216201	3000_Vegetables	Corn, white, cooked, from fresh, NS as to fat added in cooking	32	4.5	B	4
75216221	3000_Vegetables	Corn, white, cooked, from fresh, fat added in cooking, NS as to type of fat	32	4.5	B	4
75216161	3000_Vegetables	Corn, yellow and white, cooked, from fresh, NS as to fat added in cooking	31	4.5	B	4
75216181	3000_Vegetables	Corn, yellow and white, cooked, from fresh, fat added in cooking, NS as to type of fat	31	4.5	B	4
71103140	3000_Vegetables	Potato, boiled, from fresh, peel eaten, made with butter	31	4	B	4
71104080	3000_Vegetables	Potato, roasted, from fresh, peel eaten, made with butter	31	4	B	4
75208499	3000_Vegetables	Breadfruit, cooked, NS as to fat added in cooking	31	4.5	B	4
75208501	3000_Vegetables	Breadfruit, cooked, fat added in cooking	31	4.5	B	4
73409000	3000_Vegetables	Sweet potato, casserole or mashed	31	4	B	4
75216001	3000_Vegetables	Corn, cooked, from fresh, NS as to color, NS as to fat added in cooking	31	4.5	A	4
75216021	3000_Vegetables	Corn, cooked, from fresh, NS as to color, fat added in cooking, NS as to type of fat	31	4.5	A	4
75216101	3000_Vegetables	Corn, yellow, cooked, from fresh, NS as to fat added in cooking	31	4.5	A	4
75216121	3000_Vegetables	Corn, yellow, cooked, from fresh, fat added in cooking, NS as to type of fat	31	4.5	A	4
71404020	3000_Vegetables	Potato, hash brown, from fast food, with cheese	31	3.5	D	4
71404040	3000_Vegetables	Potato, hash brown, from restaurant, with cheese	31	3.5	D	4
73102242	3000_Vegetables	Carrots, cooked, from frozen, glazed	31	4	C	4
75216322	3000_Vegetables	Corn, yellow, canned, low sodium, made with butter	31	4.5	B	4
71501071	3000_Vegetables	Potato, mashed, ready-to-heat, with cheese	31	4	C	4
71305015	3000_Vegetables	Potato, scalloped, NFS	31	3.5	C	4
71305030	3000_Vegetables	Potato, scalloped, from fresh	31	3.5	C	4
71508005	3000_Vegetables	Potato, baked, peel eaten, with butter	30	4	B	4
75216000	3000_Vegetables	Corn, cooked, NS as to form, NS as to color, NS as to fat added in cooking	30	4.5	B	4
75216002	3000_Vegetables	Corn, cooked, from frozen, NS as to color, NS as to fat added in cooking	30	4.5	B	4
75216020	3000_Vegetables	Corn, cooked, NS as to form, NS as to color, fat added in cooking, NS as to type of fat	30	4.5	B	4
75216022	3000_Vegetables	Corn, cooked, from frozen, NS as to color, fat added in cooking, NS as to type of fat	30	4.5	B	4
75216100	3000_Vegetables	Corn, yellow, cooked, NS as to form, NS as to fat added in cooking	30	4.5	B	4
75216102	3000_Vegetables	Corn, yellow, cooked, from frozen, NS as to fat added in cooking	30	4.5	B	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

75216120	3000_Vegetables	Corn, yellow, cooked, NS as to form, fat added in cooking, NS as to type of fat	30	4.5	B	4
75216122	3000_Vegetables	Corn, yellow, cooked, from frozen, fat added in cooking, NS as to type of fat	30	4.5	B	4
71930150	3000_Vegetables	Cassava, cooked, made with margarine	30	4	B	4
71501006	3000_Vegetables	Potato, mashed, from fast food, with gravy	30	4	C	4
71103040	3000_Vegetables	Potato, boiled, from fresh, peel not eaten, made with butter	30	4	C	4
71104140	3000_Vegetables	Potato, roasted, from fresh, peel not eaten, made with butter	30	4	C	4
71962020	3000_Vegetables	Dasheen, fried	29	4	C	4
71501013	3000_Vegetables	Potato, mashed, from fresh, NFS	29	4	C	4
71501010	3000_Vegetables	Potato, mashed, from fresh, made with milk	29	4	C	4
71503010	3000_Vegetables	Potato patty	29	3.5	C	4
75415021	3000_Vegetables	Onion rings, from fresh, batter-dipped, baked or fried	29	3	C	4
71305040	3000_Vegetables	Potato, scalloped, from fresh, with meat	29	3.5	C	4
71501045	3000_Vegetables	Potato, mashed, from dry mix, made with milk, with cheese	29	3.5	C	4
71501000	3000_Vegetables	Potato, mashed, NFS	29	4	C	4
71508035	3000_Vegetables	Potato, baked, peel eaten, with vegetables	29	4	B	4
71507005	3000_Vegetables	Potato, baked, peel not eaten, with butter	29	4	C	4
71508010	3000_Vegetables	Potato, baked, peel eaten, with sour cream	29	4	C	4
75303022	3000_Vegetables	Corn with peppers, red or green, cooked, made with butter	29	4.5	B	4
75216160	3000_Vegetables	Corn, yellow and white, cooked, NS as to form, NS as to fat added in cooking	28	4.5	B	4
75216162	3000_Vegetables	Corn, yellow and white, cooked, from frozen, NS as to fat added in cooking	28	4.5	B	4
75216180	3000_Vegetables	Corn, yellow and white, cooked, NS as to form, fat added in cooking, NS as to type of fat	28	4.5	B	4
75216182	3000_Vegetables	Corn, yellow and white, cooked, from frozen, fat added in cooking, NS as to type of fat	28	4.5	B	4
71601050	3000_Vegetables	Potato salad with egg, made with any type of fat free dressing	28	4.5	B	4
71305050	3000_Vegetables	Potato, scalloped, from dry mix	28	3.5	C	4
71305070	3000_Vegetables	Potato, scalloped, ready-to-heat	28	3.5	D	4
71106020	3000_Vegetables	Potato from Puerto Rican style stuffed pot roast, with gravy	27	4.5	B	4
71106050	3000_Vegetables	Potato from Puerto Rican beef stew, with gravy	27	4.5	B	4
71507010	3000_Vegetables	Potato, baked, peel not eaten, with sour cream	27	4	C	4
71508030	3000_Vegetables	Potato, baked, peel eaten, with chili	27	4	C	4
71702000	3000_Vegetables	Potato pudding	27	3.5	C	4
71507035	3000_Vegetables	Potato, baked, peel not eaten, with vegetables	27	4	C	4
71305080	3000_Vegetables	Potato, scalloped, ready-to-heat, with meat	27	3	D	4
75301122	3000_Vegetables	Beans, lima and corn, cooked, made with butter	27	4.5	A	4
71305060	3000_Vegetables	Potato, scalloped, from dry mix, with meat	27	3	D	4
71508020	3000_Vegetables	Potato, baked, peel eaten, with cheese	27	4	C	4
75216200	3000_Vegetables	Corn, white, cooked, NS as to form, NS as to fat added in cooking	26	4.5	B	4
75216202	3000_Vegetables	Corn, white, cooked, from frozen, NS as to fat added in cooking	26	4.5	B	4
75216220	3000_Vegetables	Corn, white, cooked, NS as to form, fat added in cooking, NS as to type of fat	26	4.5	B	4
75216222	3000_Vegetables	Corn, white, cooked, from frozen, fat added in cooking, NS as to type of fat	26	4.5	B	4
73406000	3000_Vegetables	Sweet potato, candied	26	3.5	C	4
71305020	3000_Vegetables	Potato, scalloped, from fast food or restaurant	26	3	D	4
75216228	3000_Vegetables	Corn, white, cooked, from fresh, made with butter	26	4.5	B	4
71507030	3000_Vegetables	Potato, baked, peel not eaten, with chili	26	4	C	4
75216053	3000_Vegetables	Corn, from canned, NS as to color, cream style	26	4.5	B	4
75216153	3000_Vegetables	Corn, yellow, from canned, cream style	26	4.5	B	4
75216178	3000_Vegetables	Corn, yellow and white, cooked, from fresh, made with butter	26	4.5	B	4
71505040	3000_Vegetables	Potato tots, frozen, baked	26	4	C	4
75503100	3000_Vegetables	Mustard pickles	26	3.5	C	3
75216003	3000_Vegetables	Corn, cooked, from canned, NS as to color, NS as to fat added in cooking	26	4	B	4
75216023	3000_Vegetables	Corn, cooked, from canned, NS as to color, fat added in cooking, NS as to type of fat	26	4	B	4
75216103	3000_Vegetables	Corn, yellow, cooked, from canned, NS as to fat added in cooking	26	4	B	4
75216123	3000_Vegetables	Corn, yellow, cooked, from canned, fat added in cooking, NS as to type of fat	26	4	B	4
75216028	3000_Vegetables	Corn, cooked, from fresh, NS as to color, made with butter	25	4.5	A	4
75216135	3000_Vegetables	Corn, yellow, cooked, from fresh, made with butter	25	4.5	A	4
71508025	3000_Vegetables	Potato, baked, peel eaten, with meat	25	4	C	4
71905210	3000_Vegetables	Candied ripe plantain, Puerto Rican style	25	3	D	4
75216163	3000_Vegetables	Corn, yellow and white, cooked, from canned, NS as to fat added in cooking	25	4	B	4
75216183	3000_Vegetables	Corn, yellow and white, cooked, from canned, fat added in cooking, NS as to type of fat	25	4	B	4
71501016	3000_Vegetables	Potato, mashed, from restaurant	25	4	C	4
71501012	3000_Vegetables	Potato, mashed, from fresh, made with milk, with gravy	25	4	B	4
71507020	3000_Vegetables	Potato, baked, peel not eaten, with cheese	25	4	C	4
75216203	3000_Vegetables	Corn, white, cooked, from canned, NS as to fat added in cooking	24	4	B	4
75216223	3000_Vegetables	Corn, white, cooked, from canned, fat added in cooking, NS as to type of fat	24	4	B	4
75216025	3000_Vegetables	Corn, cooked, NS as to form, NS as to color, made with butter	24	4.5	B	4
75216032	3000_Vegetables	Corn, cooked, from frozen, NS as to color, made with butter	24	4.5	B	4
75216132	3000_Vegetables	Corn, yellow, cooked, NS as to form, made with butter	24	4.5	B	4
75216138	3000_Vegetables	Corn, yellow, cooked, from frozen, made with butter	24	4.5	B	4
75216175	3000_Vegetables	Corn, yellow and white, cooked, NS as to form, made with butter	24	4.5	B	4
75415022	3000_Vegetables	Onion rings, from frozen, batter-dipped, baked or fried	24	1.5	D	4
71507025	3000_Vegetables	Potato, baked, peel not eaten, with meat	24	4	C	4
71505010	3000_Vegetables	Potato tots, fast food / restaurant	24	3.5	C	4
73102243	3000_Vegetables	Carrots, cooked, from canned, glazed	23	3.5	C	4
75216050	3000_Vegetables	Corn, NS as to form, NS as to color, cream style	23	4	B	4
75216150	3000_Vegetables	Corn, yellow, NS as to form, cream style	23	4	B	4
71501035	3000_Vegetables	Potato, mashed, from dry mix, NFS	23	4	C	4
71501007	3000_Vegetables	Potato, mashed, ready-to-heat	23	4	C	4
71501061	3000_Vegetables	Potato, mashed, ready-to-heat, NFS	23	4	C	4
71501040	3000_Vegetables	Potato, mashed, from dry mix, made with milk	23	4	C	4
75216193	3000_Vegetables	Corn, yellow, from canned, cream style, fat added in cooking	23	4	B	4
75216185	3000_Vegetables	Corn, yellow and white, cooked, from frozen, made with butter	22	4.5	B	4
75216253	3000_Vegetables	Corn, white, from canned, cream style	22	4	B	4
71501017	3000_Vegetables	Potato, mashed, from restaurant, with gravy	22	3.5	C	4
75415020	3000_Vegetables	Onion rings, NS as to form, batter-dipped, baked or fried	22	3	C	4
75216225	3000_Vegetables	Corn, white, cooked, NS as to form, made with butter	21	4.5	B	4
75216233	3000_Vegetables	Corn, white, cooked, from frozen, made with butter	21	4.5	B	4
75216190	3000_Vegetables	Corn, yellow, NS as to form, cream style, fat added in cooking	21	4	C	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

75503040	3000_Vegetables	Cucumber pickles, sweet	20	3.5	C	3
71501075	3000_Vegetables	Potato, mashed, ready-to-heat, with gravy	20	4	C	4
75216250	3000_Vegetables	Corn, white, NS as to form, cream style	20	4	C	4
75216035	3000_Vegetables	Corn, cooked, from canned, NS as to color, made with butter	20	4	B	4
75216142	3000_Vegetables	Corn, yellow, cooked, from canned, made with butter	20	4	B	4
71501054	3000_Vegetables	Potato, mashed, from dry mix, made with milk, with gravy	20	4	C	4
75216188	3000_Vegetables	Corn, yellow and white, cooked, from canned, made with butter	19	4	B	4
75513010	3000_Vegetables	Seaweed, pickled	18	3.5	C	3
75216236	3000_Vegetables	Corn, white, cooked, from canned, made with butter	18	4	B	4
71930090	3000_Vegetables	Cassava, cooked, NS as to fat added in cooking	17	4	C	4
71930120	3000_Vegetables	Cassava, cooked, fat added in cooking, NS as to type of fat	17	4	C	4
74205010	3000_Vegetables	Tomatoes, green, cooked, NS as to form	15	3.5	C	4
71930140	3000_Vegetables	Cassava, cooked, made with butter	14	4	C	4
91408100	3000_Vegetables	Chinese preserved sweet vegetable	9	0.5	D	4
71701500	3000_Vegetables	Lefse (Norwegian)	9	4	B	4
74202050	3000_Vegetables	Tomatoes, red, NS as to form, fried	8	3.5	C	4
75511200	3000_Vegetables	Pickles, mixed	1	3.5	D	4
75503020	3000_Vegetables	Cucumber pickles, relish	1	3.5	D	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

foodcode	level1nd	Description	Food Compass Score	Health Star Rating	Nutri-Score	NOVA Category
41106020	4000_LegNut	Red kidney beans, dry, cooked, fat not added in cooking	100	5	A	3
41107000	4000_LegNut	Soybeans, dry, cooked, fat not added in cooking	100	5	A	4
41305000	4000_LegNut	Lentils, dry, cooked, fat not added in cooking	100	5	A	3
41420010	4000_LegNut	Soybean curd	100	4	A	3
41420020	4000_LegNut	Edamame, cooked	100	5	A	1
41422010	4000_LegNut	Soybean meal	100	5	A	1
41440000	4000_LegNut	Textured vegetable protein, dry	100	5	A	1
42100100	4000_LegNut	Almonds, NFS	100	5	A	1
42101000	4000_LegNut	Almonds, unroasted	100	5	A	1
42101130	4000_LegNut	Almonds, unsalted	100	5	A	1
42107000	4000_LegNut	Hazelnuts	100	5	A	1
42110050	4000_LegNut	Mixed nuts, unroasted	100	5	B	3
42110120	4000_LegNut	Mixed nuts, with peanuts, unsalted	100	5	B	3
42110160	4000_LegNut	Mixed nuts, without peanuts, unsalted	100	4.5	B	1
42111040	4000_LegNut	Peanuts, unroasted	100	5	A	3
42113000	4000_LegNut	Pine nuts	100	4	A	1
42114130	4000_LegNut	Pistachio nuts, NFS	100	5	A	1
42114145	4000_LegNut	Pistachio nuts, unsalted	100	5	A	1
42116000	4000_LegNut	Walnuts, NFS	100	4.5	A	1
42116050	4000_LegNut	Walnuts	100	4.5	A	1
42202200	4000_LegNut	Peanut butter, vitamin and mineral fortified	100	4	C	3
43101050	4000_LegNut	Pumpkin seeds, NFS	100	5	B	1
43101150	4000_LegNut	Pumpkin seeds, unsalted	100	5	B	1
43102000	4000_LegNut	Sunflower seeds, plain, unsalted	100	5	A	3
43102100	4000_LegNut	Sunflower seeds, plain, salted	100	4.5	B	3
43102300	4000_LegNut	Sunflower seeds, flavored	100	4.5	C	3
43102400	4000_LegNut	Sunflower seeds, NFS	100	5	A	3
43103000	4000_LegNut	Sesame seeds	100	5	A	1
43103300	4000_LegNut	Tahini	100	5	B	1
43104000	4000_LegNut	Flax seeds	100	5	A	1
43107000	4000_LegNut	Mixed seeds	100	5	A	3
43108010	4000_LegNut	Chia seeds	100	5	A	1
41301020	4000_LegNut	Cowpeas, dry, cooked, fat not added in cooking	99	5	A	3
42112000	4000_LegNut	Pecans, NFS	99	4.5	A	1
42200510	4000_LegNut	Almond butter, lower sodium	99	5	B	3
41102020	4000_LegNut	Black, brown, or Bayo beans, dry, cooked, fat not added in cooking	99	5	A	3
41103020	4000_LegNut	Lima beans, dry, cooked, fat not added in cooking	99	5	A	3
42112100	4000_LegNut	Pecans, unroasted	98	4.5	A	1
42112210	4000_LegNut	Pecans, unsalted	98	4.5	A	1
42102000	4000_LegNut	Brazil nuts	98	4	C	1
42101120	4000_LegNut	Almonds, lightly salted	98	5	A	3
41221020	4000_LegNut	Chili with beans, without meat	97	4.5	A	3
42200500	4000_LegNut	Almond butter	97	5	B	3
42500100	4000_LegNut	Trail mix with nuts	97	4.5	B	3
42110150	4000_LegNut	Mixed nuts, without peanuts, salted	97	4	B	3
41202505	4000_LegNut	Beans and tomatoes, fat not added in cooking	96	5	A	3
42111110	4000_LegNut	Peanuts, roasted, unsalted	96	5	B	3
41101020	4000_LegNut	Beans, dry, cooked, NS as to type, fat not added in cooking	96	5	A	3
42105000	4000_LegNut	Chestnuts	96	4.5	A	1
41104020	4000_LegNut	Pinto, calico, or red Mexican beans, dry, cooked, fat not added in cooking	96	5	A	3
42110110	4000_LegNut	Mixed nuts, with peanuts, lightly salted	95	4.5	B	3
42101110	4000_LegNut	Almonds, salted	95	5	B	3
42114142	4000_LegNut	Pistachio nuts, lightly salted	95	5	B	3
42104050	4000_LegNut	Cashews, unroasted	94	4	C	1
42101300	4000_LegNut	Almonds, flavored	94	5	B	3
42104000	4000_LegNut	Cashews, NFS	94	4	C	1
41410010	4000_LegNut	Soy nuts	94	5	A	3
41101120	4000_LegNut	White beans, dry, cooked, fat not added in cooking	94	5	A	3
42111210	4000_LegNut	Peanuts, dry roasted, unsalted	93	5	B	3
43101100	4000_LegNut	Pumpkin seeds, salted	93	4.5	C	3
42100050	4000_LegNut	Nuts, NFS	93	4.5	C	3
42110000	4000_LegNut	Mixed nuts, NFS	93	4.5	C	3
42110100	4000_LegNut	Mixed nuts, with peanuts, salted	93	4.5	C	3
41103060	4000_LegNut	Pink beans, dry, cooked, fat not added in cooking	92	5	A	3
42114140	4000_LegNut	Pistachio nuts, salted	92	5	B	3
41108000	4000_LegNut	Mung beans, dry, cooked, fat not added in cooking	92	5	A	3
41812000	4000_LegNut	Sandwich spread, meat substitute type	92	4	A	4
42104110	4000_LegNut	Cashews, unsalted	91	4	C	3
41304991	4000_LegNut	Lentils, dry, cooked, made with oil	90	5	A	4
41303000	4000_LegNut	Green or yellow split peas, dry, cooked, fat not added in cooking	90	5	A	3
41304980	4000_LegNut	Lentils, dry, cooked, NS as to fat added in cooking	90	5	A	4
41304990	4000_LegNut	Lentils, dry, cooked, fat added in cooking, NS as to type of fat	90	5	A	4
41107010	4000_LegNut	Soybeans, dry, cooked, fat added in cooking	89	5	A	4
41107020	4000_LegNut	Soybeans, dry, cooked, NS as to fat added in cooking	89	5	A	4
41102120	4000_LegNut	Black, brown, or Bayo beans, canned, drained, low sodium, fat not added in cooking	89	5	A	4
41304993	4000_LegNut	Lentils, dry, cooked, made with margarine	89	5	A	4
41102220	4000_LegNut	Fava beans, dry, cooked, fat not added in cooking	89	5	A	3
42111100	4000_LegNut	Peanuts, roasted, salted	88	4.5	C	3
41421010	4000_LegNut	Soybean curd, deep fried	88	4.5	A	3
41812600	4000_LegNut	Vegetarian, fillet	88	4	B	4
42202010	4000_LegNut	Peanut butter, lower sodium	88	4	C	3
42111205	4000_LegNut	Peanuts, dry roasted, lightly salted	87	5	B	3
41102100	4000_LegNut	Black, brown, or Bayo beans, canned, drained, low sodium, NS as to fat added in cooking	87	5	A	4
41102110	4000_LegNut	Black, brown, or Bayo beans, canned, drained, low sodium, fat added in cooking	87	5	A	4
41103100	4000_LegNut	Pink beans, canned, drained, fat not added in cooking	87	5	A	3

41106000	4000_LegNut	Red kidney beans, dry, cooked, NS as to fat added in cooking	86	5	A	4
41106010	4000_LegNut	Red kidney beans, dry, cooked, fat added in cooking, NS as to type of fat	86	5	A	4
41301000	4000_LegNut	Cowpeas, dry, cooked, NS as to fat added in cooking	86	5	A	4
41301010	4000_LegNut	Cowpeas, dry, cooked, fat added in cooking	86	5	A	4
41812450	4000_LegNut	Vegetarian chili, made with meat substitute	86	5	A	4
41106011	4000_LegNut	Red kidney beans, dry, cooked, made with oil	86	5	A	4
41102000	4000_LegNut	Black, brown, or Bayo beans, dry, cooked, NS as to fat added in cooking	86	5	A	4
41102010	4000_LegNut	Black, brown, or Bayo beans, dry, cooked, fat added in cooking, NS as to type of fat	86	5	A	4
42202100	4000_LegNut	Peanut butter, lower sodium and lower sugar	86	4	C	3
41311000	4000_LegNut	Papad, grilled or broiled	86	4.5	B	3
41104011	4000_LegNut	Pinto, calico, or red Mexican beans, dry, cooked, made with oil	86	5	A	4
41101000	4000_LegNut	Beans, dry, cooked, NS as to type and as to fat added in cooking	85	5	A	4
41101010	4000_LegNut	Beans, dry, cooked, NS as to type, fat added in cooking	85	5	A	4
41104000	4000_LegNut	Pinto, calico, or red Mexican beans, dry, cooked, NS as to fat added in cooking	85	5	A	4
41104010	4000_LegNut	Pinto, calico, or red Mexican beans, dry, cooked, fat added in cooking, NS as to type of fat	85	5	A	4
41102011	4000_LegNut	Black, brown, or Bayo beans, dry, cooked, made with oil	85	5	A	4
41103011	4000_LegNut	Lima beans, dry, cooked, made with oil	85	5	A	4
42202130	4000_LegNut	Peanut butter, lower sugar	85	4	E	3
41106120	4000_LegNut	Red kidney beans, canned, drained, low sodium, fat not added in cooking	85	5	A	4
42104105	4000_LegNut	Cashews, lightly salted	84	3.5	C	3
41103000	4000_LegNut	Lima beans, dry, cooked, NS as to fat added in cooking	84	5	A	4
41103010	4000_LegNut	Lima beans, dry, cooked, fat added in cooking, NS as to type of fat	84	5	A	4
41202500	4000_LegNut	Beans and tomatoes, NS as to fat added in cooking	84	5	A	4
41202510	4000_LegNut	Beans and tomatoes, fat added in cooking	84	5	A	4
41106520	4000_LegNut	Yellow, canary, or Peruvian beans, dry, cooked, fat not added in cooking	83	5	A	4
41103013	4000_LegNut	Lima beans, dry, cooked, made with margarine	83	5	A	4
41101111	4000_LegNut	White beans, dry, cooked, made with oil	83	5	A	4
41106100	4000_LegNut	Red kidney beans, canned, drained, low sodium, NS as to fat added in cooking	83	5	A	4
41106110	4000_LegNut	Red kidney beans, canned, drained, low sodium, fat added in cooking	83	5	A	4
41106013	4000_LegNut	Red kidney beans, dry, cooked, made with margarine	83	5	A	4
42111000	4000_LegNut	Peanuts, NFS	83	4.5	C	3
42111200	4000_LegNut	Peanuts, dry roasted, salted	83	4.5	C	3
41101100	4000_LegNut	White beans, dry, cooked, NS as to fat added in cooking	83	5	A	4
41101110	4000_LegNut	White beans, dry, cooked, fat added in cooking, NS as to type of fat	83	5	A	4
41106500	4000_LegNut	Yellow, canary, or Peruvian beans, dry, cooked, NS as to fat added in cooking	83	5	A	4
41106510	4000_LegNut	Yellow, canary, or Peruvian beans, dry, cooked, fat added in cooking, NS as to type of fat	83	5	A	4
41106511	4000_LegNut	Yellow, canary, or Peruvian beans, dry, cooked, made with oil	83	5	A	4
42200600	4000_LegNut	Almond paste	83	4	D	3
41103050	4000_LegNut	Pink beans, dry, cooked, NS as to fat added in cooking	83	5	A	4
41103070	4000_LegNut	Pink beans, dry, cooked, fat added in cooking	83	5	A	4
41104100	4000_LegNut	Pinto, calico, or red Mexican beans, canned, drained, low sodium, NS as to fat added in coo	82	5	A	4
41104110	4000_LegNut	Pinto, calico, or red Mexican beans, canned, drained, low sodium, fat added in cooking	82	5	A	4
41104120	4000_LegNut	Pinto, calico, or red Mexican beans, canned, drained, low sodium, fat not added in cooking	82	5	A	4
41102080	4000_LegNut	Black, brown, or Bayo beans, canned, drained, fat not added in cooking	82	5	A	4
41102030	4000_LegNut	Black, brown, or Bayo beans, canned, drained, NS as to fat added in cooking	82	5	A	4
41102040	4000_LegNut	Black, brown, or Bayo beans, canned, drained, fat added in cooking, NS as to type of fat	82	5	A	4
41102050	4000_LegNut	Black, brown, or Bayo beans, canned, drained, made with oil	82	5	A	4
42104100	4000_LegNut	Cashews, salted	82	3.5	C	3
41102013	4000_LegNut	Black, brown, or Bayo beans, dry, cooked, made with margarine	82	5	A	4
41302120	4000_LegNut	Chickpeas, canned, drained, low sodium, fat not added in cooking	82	5	A	4
41205015	4000_LegNut	Refried beans, fat not added in cooking	81	5	A	3
41101113	4000_LegNut	White beans, dry, cooked, made with margarine	81	5	A	4
41302020	4000_LegNut	Chickpeas, dry, cooked, fat not added in cooking	81	5	A	4
41104013	4000_LegNut	Pinto, calico, or red Mexican beans, dry, cooked, made with margarine	81	5	A	4
41108010	4000_LegNut	Mung beans, dry, cooked, fat added in cooking	81	5	A	4
41108020	4000_LegNut	Mung beans, dry, cooked, NS as to fat added in cooking	81	5	A	4
42202150	4000_LegNut	Peanut butter, reduced fat	81	4	C	3
41302100	4000_LegNut	Chickpeas, canned, drained, low sodium, NS as to fat added in cooking	80	5	A	4
41302110	4000_LegNut	Chickpeas, canned, drained, low sodium, fat added in cooking	80	5	A	4
41102070	4000_LegNut	Black, brown, or Bayo beans, canned, drained, made with margarine	80	5	A	4
41303011	4000_LegNut	Green or yellow split peas, dry, cooked, made with oil	80	5	A	4
41812900	4000_LegNut	Vegetarian meat loaf	80	4	A	4
41303013	4000_LegNut	Green or yellow split peas, dry, cooked, made with margarine	80	5	A	4
42111030	4000_LegNut	Peanuts, boiled	80	4.5	A	3
42101350	4000_LegNut	Almonds, honey roasted	80	4	D	3
41303010	4000_LegNut	Green or yellow split peas, dry, cooked, fat added in cooking, NS as to type of fat	79	5	A	4
41303020	4000_LegNut	Green or yellow split peas, dry, cooked, NS as to fat added in cooking	79	5	A	4
41103090	4000_LegNut	Pink beans, canned, drained, fat added in cooking	79	5	A	4
42110300	4000_LegNut	Mixed nuts, honey roasted	79	3.5	D	3
41101050	4000_LegNut	Beans, canned, drained, NS as to type and as to fat added in cooking	79	5	A	4
41101060	4000_LegNut	Beans, canned, drained, NS as to type, fat added in cooking	79	5	A	4
41104030	4000_LegNut	Pinto, calico, or red Mexican beans, canned, drained, NS as to fat added in cooking	79	5	A	4
41104040	4000_LegNut	Pinto, calico, or red Mexican beans, canned, drained, fat added in cooking, NS as to type of	79	5	A	4
41104050	4000_LegNut	Pinto, calico, or red Mexican beans, canned, drained, made with oil	79	5	A	4
41106540	4000_LegNut	Yellow, canary, or Peruvian beans, canned, drained, fat added in cooking, NS as to type of f	79	5	A	4
42112200	4000_LegNut	Pecans, salted	79	4	C	3
41302011	4000_LegNut	Chickpeas, dry, cooked, made with oil	78	5	A	4
41108030	4000_LegNut	Mung beans, canned, drained, NS as to fat added in cooking	78	5	A	4
41106040	4000_LegNut	Red kidney beans, canned, drained, fat added in cooking, NS as to type of fat	78	5	A	4
41106050	4000_LegNut	Red kidney beans, canned, drained, made with oil	78	5	A	4
42201000	4000_LegNut	Cashew butter	78	3	C	3
41106513	4000_LegNut	Yellow, canary, or Peruvian beans, dry, cooked, made with margarine	78	5	A	4
41302000	4000_LegNut	Chickpeas, dry, cooked, NS as to fat added in cooking	78	5	A	4
41302010	4000_LegNut	Chickpeas, dry, cooked, fat added in cooking, NS as to type of fat	78	5	A	4
41106080	4000_LegNut	Red kidney beans, canned, drained, fat not added in cooking	77	5	A	4
41102200	4000_LegNut	Fava beans, dry, cooked, NS as to fat added in cooking	77	5	A	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

41102210	4000_LegNut	Fava beans, dry, cooked, fat added in cooking	77	5	A	4
42202000	4000_LegNut	Peanut butter	77	3.5	C	3
41302080	4000_LegNut	Chickpeas, canned, drained, fat not added in cooking	77	5	A	4
41101070	4000_LegNut	Beans, canned, drained, NS as to type, fat not added in cooking	77	5	A	4
41104080	4000_LegNut	Pinto, calico, or red Mexican beans, canned, drained, fat not added in cooking	77	5	A	4
41302030	4000_LegNut	Chickpeas, canned, drained, NS as to fat added in cooking	76	5	A	4
41302040	4000_LegNut	Chickpeas, canned, drained, fat added in cooking, NS as to type of fat	76	5	A	4
41302050	4000_LegNut	Chickpeas, canned, drained, made with oil	76	5	A	4
41104070	4000_LegNut	Pinto, calico, or red Mexican beans, canned, drained, made with margarine	76	5	A	4
41102260	4000_LegNut	Fava beans, canned, drained, fat added in cooking	76	5	A	4
41101200	4000_LegNut	White beans, canned, drained, low sodium, NS as to fat added in cooking	76	5	A	4
41101210	4000_LegNut	White beans, canned, drained, low sodium, fat added in cooking	76	5	A	4
42111500	4000_LegNut	Peanuts, honey roasted	75	4	C	3
41101140	4000_LegNut	White beans, canned, drained, fat added in cooking, NS as to type of fat	75	5	A	4
41101150	4000_LegNut	White beans, canned, drained, made with oil	75	5	A	4
41302013	4000_LegNut	Chickpeas, dry, cooked, made with margarine	74	5	A	4
59003000	4000_LegNut	Meat substitute, cereal- and vegetable protein-based, fried	73	4.5	A	4
41101220	4000_LegNut	White beans, canned, drained, low sodium, fat not added in cooking	73	5	A	4
41810610	4000_LegNut	Chicken, meatless, breaded, fried	72	4.5	A	4
42109100	4000_LegNut	Macadamia nuts	72	3.5	C	3
41420050	4000_LegNut	Soybean curd cheese	72	4	A	4
41205040	4000_LegNut	Refried beans, canned, low sodium	72	5	A	4
41210200	4000_LegNut	Black beans, Cuban style	71	4.5	A	4
42500000	4000_LegNut	Trail mix, NFS	71	4	D	4
42501000	4000_LegNut	Trail mix with nuts and fruit	71	4	D	4
41101180	4000_LegNut	White beans, canned, drained, fat not added in cooking	70	5	A	4
41205013	4000_LegNut	Refried beans, made with margarine	69	5	A	4
41205011	4000_LegNut	Refried beans, made with oil	69	5	A	4
41205016	4000_LegNut	Refried beans, NS as to fat added in cooking	69	5	A	4
41205010	4000_LegNut	Refried beans, fat added in cooking, NS as to type of fat	69	5	A	4
41304992	4000_LegNut	Lentils, dry, cooked, made with animal fat or meat drippings	69	5	A	4
41210150	4000_LegNut	Stewed pink beans with white potatoes and ham, Puerto Rican style	68	4.5	A	4
41304130	4000_LegNut	Cowpeas, dry, cooked with pork	68	5	A	4
41203030	4000_LegNut	Black bean salad	67	5	A	4
41811600	4000_LegNut	Luncheon slice, meatless-beef, chicken, salami or turkey	67	3.5	C	4
41210100	4000_LegNut	Stewed red beans, Puerto Rican style	66	4.5	A	4
41207030	4000_LegNut	Beans, dry, cooked with ground beef	66	5	A	4
41201020	4000_LegNut	Baked beans, vegetarian	65	4.5	A	3
41811800	4000_LegNut	Meatball, meatless	65	4	A	4
41304030	4000_LegNut	Peas, dry, cooked with pork	65	5	A	4
41811400	4000_LegNut	Frankfurter or hot dog, meatless	64	4	A	4
42502100	4000_LegNut	Trail mix with pretzels, cereal, or granola	64	4	D	4
41209000	4000_LegNut	Falafel	63	4	D	4
41810400	4000_LegNut	Breakfast link, pattie, or slice, meatless	63	2	D	4
41208100	4000_LegNut	Beans, dry, cooked with pork	63	5	A	4
42116100	4000_LegNut	Walnuts, honey roasted	63	3	D	4
41103012	4000_LegNut	Lima beans, dry, cooked, made with animal fat or meat drippings	62	5	A	4
41811890	4000_LegNut	Vegetarian burger or patty, meatless, no bun	62	4	A	4
41205017	4000_LegNut	Refried beans, from restaurant	62	5	A	4
41106012	4000_LegNut	Red kidney beans, dry, cooked, made with animal fat or meat drippings	62	5	A	4
42501500	4000_LegNut	Trail mix with chocolate	62	3.5	D	4
41102012	4000_LegNut	Black, brown, or Bayo beans, dry, cooked, made with animal fat or meat drippings	61	5	A	4
41101112	4000_LegNut	White beans, dry, cooked, made with animal fat or meat drippings	60	5	A	4
41104012	4000_LegNut	Pinto, calico, or red Mexican beans, dry, cooked, made with animal fat or meat drippings	60	5	A	4
41810200	4000_LegNut	Bacon strip, meatless	60	1	D	4
41310160	4000_LegNut	Stewed chickpeas, with potatoes, Puerto Rican style	60	5	A	4
41102060	4000_LegNut	Black, brown, or Bayo beans, canned, drained, made with animal fat or meat drippings	60	5	A	4
41303012	4000_LegNut	Green or yellow split peas, dry, cooked, made with animal fat or meat drippings	59	5	A	4
41205030	4000_LegNut	Refried beans with meat	59	5	A	4
41106512	4000_LegNut	Yellow, canary, or Peruvian beans, dry, cooked, made with animal fat or meat drippings	59	5	A	4
41310150	4000_LegNut	Stewed chickpeas, Puerto Rican style	59	4.5	A	4
42104500	4000_LegNut	Cashews, honey roasted	59	3.5	E	4
42112300	4000_LegNut	Pecans, honey roasted	59	3	D	4
41810600	4000_LegNut	Chicken, meatless, NFS	57	4	B	4
41811950	4000_LegNut	Swiss steak, with gravy, meatless	57	3.5	B	4
41104060	4000_LegNut	Pinto, calico, or red Mexican beans, canned, drained, made with animal fat or meat drippin	57	5	A	4
41306000	4000_LegNut	Loaf, lentil	56	4.5	A	4
41302012	4000_LegNut	Chickpeas, dry, cooked, made with animal fat or meat drippings	56	5	A	4
41310220	4000_LegNut	Fried chickpeas with bacon, Puerto Rican style	55	4.5	A	4
41205020	4000_LegNut	Refried beans with cheese	54	4.5	A	4
41205012	4000_LegNut	Refried beans, made with animal fat or meat drippings	54	5	A	4
42203000	4000_LegNut	Peanut butter and jelly	51	3.5	D	4
41310210	4000_LegNut	Stewed chickpeas with Spanish sausages, Puerto Rican style	50	4	B	4
42106000	4000_LegNut	Coconut, fresh	50	2	C	1
41812800	4000_LegNut	Vegetarian stew	49	4.5	B	4
42203100	4000_LegNut	Peanut butter and chocolate spread	45	3	E	4
41201010	4000_LegNut	Baked beans, NFS	44	4.5	A	4
41204020	4000_LegNut	Boston baked beans	44	4.5	A	4
41208030	4000_LegNut	Pork and beans	44	4.5	A	4
41202020	4000_LegNut	Chili beans, barbecue beans, ranch style beans or Mexican- style beans	43	4.5	A	4
41310200	4000_LegNut	Chickpeas stewed with pig's feet, Puerto Rican style	43	4.5	A	4
41812850	4000_LegNut	Vegetarian stroganoff	42	3	C	4
41210090	4000_LegNut	Stewed beans with pork, tomatoes, and chili peppers, Mexican style	39	4.5	B	4
41210160	4000_LegNut	Stewed pink beans with pig's feet, Puerto Rican style	38	4.5	A	4
41304000	4000_LegNut	Wasabi peas	37	4	D	4
41210170	4000_LegNut	Stewed red beans with pig's feet, Puerto Rican style	37	4.5	A	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

41210190	4000_LegNut	Stewed red beans with pig's feet and potatoes, Puerto Rican style	36	4.5	A	4
41421020	4000_LegNut	Soybean curd, breaded, fried	33	3.5	A	4
41901020	4000_LegNut	Soyburger, meatless, with cheese on bun	31	3.5	C	4
41812400	4000_LegNut	Vegetarian pot pie	25	3.5	B	4
41206030	4000_LegNut	Beans and franks	25	4.5	A	4
42106020	4000_LegNut	Coconut, packaged	22	0.5	E	3
41210000	4000_LegNut	Bean cake	17	3.5	C	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

foodcode	level1nd	Description	Food Compass Score	Health Star Rating	Nutri-Score	NOVA Category
25110420	5000_MPE	Chicken liver, braised	73	4	C	3
24402100	5000_MPE	Dove, cooked, NS as to cooking method	66	4	B	3
33401210	5000_MPE	Egg substitute, omelet, scrambled, or fried, with vegetables, fat not added in cooking	65	3.5	A	3
25120000	5000_MPE	Heart, cooked	65	4	B	3
33401200	5000_MPE	Egg substitute, omelet, scrambled, or fried, with vegetables, fat added in cooking	64	3.5	B	4
33401220	5000_MPE	Egg substitute, omelet, scrambled, or fried, with vegetables, NS as to fat added in cooking	64	3.5	B	4
25110120	5000_MPE	Beef liver, braised	64	4	C	3
24403100	5000_MPE	Quail, cooked	63	4	B	3
31101010	5000_MPE	Egg, whole, raw	62	4	B	1
25130000	5000_MPE	Kidney, cooked	62	4	B	3
33001010	5000_MPE	Egg substitute, omelet, scrambled, or fried, made with oil	62	3.5	B	4
33001100	5000_MPE	Egg substitute, cheese flavored, omelet, scrambled, or fried, fat added in cooking	62	3.5	B	4
33001120	5000_MPE	Egg substitute, cheese flavored, omelet, scrambled, or fried, NS as to fat added in cooking	62	3.5	B	4
33001200	5000_MPE	Egg substitute, vegetable flavored, omelet, scrambled, or fried, fat added in cooking	62	3.5	B	4
33001220	5000_MPE	Egg substitute, vegetable flavored, omelet, scrambled, or fried, NS as to fat added in cooking	62	3.5	B	4
24123301	5000_MPE	Chicken breast, grilled without sauce, skin not eaten	61	4	B	3
24124201	5000_MPE	Chicken breast, sauteed, skin not eaten	61	4	B	3
24127501	5000_MPE	Chicken breast, baked, coated, skin / coating not eaten	61	4	B	3
31110010	5000_MPE	Egg, yolk only, raw	61	2	D	1
24198720	5000_MPE	Chicken, ground	60	4	C	3
24207000	5000_MPE	Turkey, ground	60	4	C	3
24122161	5000_MPE	Chicken breast, baked, broiled, or roasted with marinade, skin not eaten, from raw	60	4	B	3
24122151	5000_MPE	Chicken breast, baked or broiled, skin not eaten, from fast food / restaurant	60	4	B	3
32400300	5000_MPE	Egg white, omelet, scrambled, or fried, with vegetables, fat added in cooking	59	3.5	B	4
32400320	5000_MPE	Egg white, omelet, scrambled, or fried, with vegetables, NS as to fat added in cooking	59	3.5	B	4
24103050	5000_MPE	Chicken, NS as to part, grilled without sauce, NS as to skin eaten	59	4	B	3
24103060	5000_MPE	Chicken, NS as to part, grilled without sauce, skin not eaten	59	4	B	3
24104051	5000_MPE	Chicken, NS as to part, sauteed, skin not eaten	59	4	B	3
25110140	5000_MPE	Beef liver, fried	58	4	C	3
23332100	5000_MPE	Opossum, cooked	57	4.5	B	3
24202500	5000_MPE	Turkey, thigh, cooked, skin not eaten	57	4	C	3
23350100	5000_MPE	Ostrich, cooked	57	4	B	3
32103000	5000_MPE	Egg salad, made with mayonnaise	57	3	D	3
24202010	5000_MPE	Turkey, drumstick, cooked, skin not eaten	57	4	B	3
24202060	5000_MPE	Turkey, drumstick, roasted, skin not eaten	57	4	B	3
24201220	5000_MPE	Turkey, dark meat, roasted, skin not eaten	57	4	C	3
24201320	5000_MPE	Turkey, light and dark meat, roasted, skin not eaten	57	4	B	3
24201330	5000_MPE	Turkey, light and dark meat, roasted, skin eaten	56	4	C	3
24402110	5000_MPE	Dove, fried	56	4	B	3
23333100	5000_MPE	Squirrel, cooked	56	4.5	B	3
24142501	5000_MPE	Chicken drumstick, grilled without sauce, skin not eaten	56	4	B	3
24144301	5000_MPE	Chicken drumstick, sauteed, skin not eaten	56	4	B	3
24147401	5000_MPE	Chicken drumstick, baked, coated, skin / coating not eaten	56	4	B	3
32103030	5000_MPE	Egg salad, made with creamy dressing	56	3	C	3
24202460	5000_MPE	Turkey, thigh, cooked, skin eaten	55	4	C	3
24201030	5000_MPE	Turkey, light meat, skin eaten	55	4	C	3
24201130	5000_MPE	Turkey, light meat, roasted, skin eaten	55	4	C	3
41810250	5000_MPE	Bacon bits	55	1.5	D	4
33401400	5000_MPE	Egg substitute, omelet, scrambled, or fried, with cheese and vegetables, fat added in cooking	55	3.5	B	4
33401420	5000_MPE	Egg substitute, omelet, scrambled, or fried, with cheese and vegetables, NS as to fat added in cook	55	3.5	B	4
24203010	5000_MPE	Turkey, wing, cooked, skin not eaten	55	4	B	3
24123300	5000_MPE	Chicken breast, grilled without sauce, skin eaten	55	4	B	3
24124200	5000_MPE	Chicken breast, sauteed, skin eaten	55	4	B	3
24201000	5000_MPE	Turkey, NFS	55	4	B	3
24201020	5000_MPE	Turkey, light meat, skin not eaten	55	4	B	3
24201120	5000_MPE	Turkey, light meat, roasted, skin not eaten	55	4	B	3
24127201	5000_MPE	Chicken breast, fried, coated, skin / coating not eaten, from raw	54	4	B	3
24127211	5000_MPE	Chicken breast, fried, coated, skin / coating not eaten, from pre-cooked	54	4	B	3
24142321	5000_MPE	Chicken drumstick, baked or broiled, skin not eaten, from fast food / restaurant	54	4	C	3
24198670	5000_MPE	Chicken, chicken roll, roasted	54	4	B	3
31102000	5000_MPE	Egg, whole, cooked, NS as to cooking method	54	3.5	C	3
24134101	5000_MPE	Chicken leg, drumstick and thigh, grilled without sauce, skin not eaten	54	4	C	3
24134301	5000_MPE	Chicken leg, drumstick and thigh, sauteed, skin not eaten	54	4	C	3
24137311	5000_MPE	Chicken leg, drumstick and thigh, baked, coated, skin / coating not eaten	54	4	C	3
24201230	5000_MPE	Turkey, dark meat, roasted, skin eaten	54	4	C	3
25140110	5000_MPE	Sweetbreads, cooked	54	4	B	3
24122150	5000_MPE	Chicken breast, baked or broiled, skin eaten, from fast food / restaurant	53	4	C	3
24122160	5000_MPE	Chicken breast, baked, broiled, or roasted with marinade, skin eaten, from raw	53	4	C	3
32102000	5000_MPE	Egg, deviled	53	3	C	3
24102000	5000_MPE	Chicken, NS as to part, baked, broiled, or roasted, NS as to skin eaten	53	4	B	3
24102020	5000_MPE	Chicken, NS as to part, baked, broiled, or roasted, skin not eaten	53	4	B	3
24142301	5000_MPE	Chicken drumstick, baked, broiled, or roasted, skin not eaten, from raw	53	4	B	3
24205100	5000_MPE	Turkey, back	53	3.5	D	3
24154011	5000_MPE	Chicken thigh, grilled without sauce, skin not eaten	53	4	C	3
24154301	5000_MPE	Chicken thigh, sauteed, skin not eaten	53	4	C	3
24157401	5000_MPE	Chicken thigh, baked, coated, skin / coating not eaten	53	4	C	3
24201360	5000_MPE	Turkey, light or dark meat, fried, coated, skin not eaten	53	4	B	3
24123120	5000_MPE	Chicken breast, stewed, skin not eaten	53	4.5	A	3
24107081	5000_MPE	Chicken, NS as to part, baked, coated, skin / coating not eaten	53	4	C	3
24122131	5000_MPE	Chicken breast, baked, broiled, or roasted, skin not eaten, from raw	52	4	B	3
32103020	5000_MPE	Egg salad, made with mayonnaise-type salad dressing	52	3	C	3
24400020	5000_MPE	Cornish game hen, cooked, skin not eaten	52	4	B	3
24401020	5000_MPE	Cornish game hen, roasted, skin not eaten	52	4	B	3
24132231	5000_MPE	Chicken leg, drumstick and thigh, baked or broiled, skin not eaten	52	4	B	3
24103000	5000_MPE	Chicken, NS as to part, stewed, NS as to skin eaten	52	4	B	3

Supplementary Table 8. Original (uncorrected) scores for all food items.

24103020	5000_MPE	Chicken, NS as to part, stewed, skin not eaten	52	4	B	3
24203020	5000_MPE	Turkey, wing, cooked, skin eaten	52	4	C	3
32400310	5000_MPE	Egg white, omelet, scrambled, or fried, with vegetables, fat not added in cooking	52	4	A	3
24152251	5000_MPE	Chicken thigh, baked or broiled, skin not eaten, from fast food / restaurant	52	4	C	3
24201370	5000_MPE	Turkey, light or dark meat, fried, coated, skin eaten	52	4	B	3
24201410	5000_MPE	Turkey, light or dark meat, stewed, skin not eaten	52	4	B	3
24152231	5000_MPE	Chicken thigh, baked, broiled, or roasted, skin not eaten, from raw	52	4	B	3
24122141	5000_MPE	Chicken breast, baked or broiled, skin not eaten, from pre-cooked	51	4.5	A	3
32130470	5000_MPE	Egg omelet or scrambled egg, with tomatoes and dark-green vegetables, fat not added in cooking	51	3.5	B	4
32130430	5000_MPE	Egg omelet or scrambled egg, with dark-green vegetables, fat added in cooking	51	3.5	B	4
32130450	5000_MPE	Egg omelet or scrambled egg, with dark-green vegetables, NS as to fat added in cooking	51	3.5	B	4
24122130	5000_MPE	Chicken breast, baked, broiled, or roasted, skin eaten, from raw	51	4	B	3
25150000	5000_MPE	Brains, cooked	51	3.5	B	3
24122171	5000_MPE	Chicken breast, rotisserie, skin not eaten	51	4.5	A	3
24120120	5000_MPE	Chicken breast, NS as to cooking method, skin not eaten	51	4.5	A	3
24123110	5000_MPE	Chicken breast, stewed, skin eaten	51	4	B	3
31103010	5000_MPE	Egg, whole, boiled or poached	51	3.5	C	1
25110450	5000_MPE	Chicken liver, fried	51	3.5	C	4
31111000	5000_MPE	Egg, yolk only, cooked, NS as to fat added in cooking	51	1.5	D	1
31111020	5000_MPE	Egg, yolk only, cooked, fat added in cooking	51	1.5	D	1
32130410	5000_MPE	Egg omelet or scrambled egg, with tomatoes, fat not added in cooking	51	3.5	B	4
24142311	5000_MPE	Chicken drumstick, baked or broiled, skin not eaten, from pre-cooked	51	4	B	3
24142401	5000_MPE	Chicken drumstick, rotisserie, skin not eaten	51	4	B	3
24140220	5000_MPE	Chicken drumstick, NS as to cooking method, skin not eaten	51	4	B	3
24143220	5000_MPE	Chicken drumstick, stewed, skin not eaten	51	4	B	3
24202070	5000_MPE	Turkey, drumstick, roasted, skin eaten	51	4	C	3
32130460	5000_MPE	Egg omelet or scrambled egg, with tomatoes and dark-green vegetables, fat added in cooking	51	3.5	B	4
32130480	5000_MPE	Egg omelet or scrambled egg, with tomatoes and dark-green vegetables, NS as to fat added in cool	51	3.5	B	4
24103055	5000_MPE	Chicken, NS as to part, grilled without sauce, skin eaten	51	4	C	3
24104049	5000_MPE	Chicken, NS as to part, sauteed, skin eaten	51	4	C	3
24147301	5000_MPE	Chicken drumstick, fried, coated, skin / coating not eaten, from raw	50	4	B	3
24404100	5000_MPE	Pheasant, cooked	50	4	B	3
31105090	5000_MPE	Egg, whole, fried, from fast food / restaurant	50	3.5	C	3
32103015	5000_MPE	Egg salad, made with light mayonnaise	50	3	C	3
32103025	5000_MPE	Egg salad, made with light mayonnaise-type salad dressing	50	3	C	3
24300120	5000_MPE	Duck, cooked, skin not eaten	50	4	B	3
24301020	5000_MPE	Duck, roasted, skin not eaten	50	4	B	3
24102050	5000_MPE	Chicken, NS as to part, rotisserie, NS as to skin eaten	50	4	B	3
24102070	5000_MPE	Chicken, NS as to part, rotisserie, skin not eaten	50	4	B	3
24100000	5000_MPE	Chicken, NS as to part and cooking method, NS as to skin eaten	50	4	B	3
24100020	5000_MPE	Chicken, NS as to part and cooking method, skin not eaten	50	4	B	3
32103045	5000_MPE	Egg salad, made with light Italian dressing	50	3	C	3
31202000	5000_MPE	Goose egg, cooked	50	3	D	3
32130060	5000_MPE	Egg omelet or scrambled egg, made with cooking spray	50	3.5	C	3
32130400	5000_MPE	Egg omelet or scrambled egg, with tomatoes, fat added in cooking	50	3.5	B	4
32130420	5000_MPE	Egg omelet or scrambled egg, with tomatoes, NS as to fat added in cooking	50	3.5	B	4
32130000	5000_MPE	Egg omelet or scrambled egg, made with margarine	50	3	C	3
32400065	5000_MPE	Egg white omelet, scrambled, or fried, made with oil	50	3.5	B	4
24202600	5000_MPE	Turkey, neck	50	3.5	C	3
24198683	5000_MPE	Chicken fillet, grilled	50	4	B	4
25112200	5000_MPE	Liver paste or pate, chicken	49	3.5	C	3
24133220	5000_MPE	Chicken leg, drumstick and thigh, stewed, skin not eaten	49	4	C	3
31106000	5000_MPE	Egg, whole, baked, NS as to fat added in cooking	49	3	C	3
31106020	5000_MPE	Egg, whole, baked, fat added in cooking	49	3	C	3
24201420	5000_MPE	Turkey light or dark meat, stewed, skin eaten	49	4	C	3
24142500	5000_MPE	Chicken drumstick, grilled without sauce, skin eaten	49	4	C	3
24144300	5000_MPE	Chicken drumstick, sauteed, skin eaten	49	4	C	3
32130070	5000_MPE	Egg omelet or scrambled egg, made without fat	49	3.5	C	3
24147311	5000_MPE	Chicken drumstick, fried, coated, skin / coating not eaten, from pre-cooked	49	4	B	3
32130490	5000_MPE	Egg omelet or scrambled egg, with vegetables other than dark green and/or tomatoes, fat added i	49	3.5	B	4
32130510	5000_MPE	Egg omelet or scrambled egg, with vegetables other than dark green and/or tomatoes, NS as to fat	49	3.5	B	4
24102010	5000_MPE	Chicken, NS as to part, baked, broiled, or roasted, skin eaten	49	4	B	3
32110150	5000_MPE	Shrimp-egg patty	49	1	E	4
24153220	5000_MPE	Chicken thigh, stewed, skin not eaten	49	4	C	3
32131200	5000_MPE	Egg omelet or scrambled egg, with potatoes and/or onions, fat added in cooking	49	3.5	B	4
32131220	5000_MPE	Egg omelet or scrambled egg, with potatoes and/or onions, NS as to fat added in cooking	49	3.5	B	4
24137301	5000_MPE	Chicken leg, drumstick and thigh, fried, coated, skin / coating not eaten	49	4	B	3
31105030	5000_MPE	Egg, whole, fried with oil	49	3	D	3
32130610	5000_MPE	Egg omelet or scrambled egg, with cheese and tomatoes, fat not added in cooking	49	3.5	B	4
31106010	5000_MPE	Egg, whole, baked, fat not added in cooking	49	3.5	B	3
32129990	5000_MPE	Egg omelet or scrambled egg, NS as to fat added in cooking	49	3	C	3
32130065	5000_MPE	Egg omelet or scrambled egg, NS as to type of fat	49	3	C	3
24202020	5000_MPE	Turkey, drumstick, cooked, skin eaten	49	4	C	3
32130500	5000_MPE	Egg omelet or scrambled egg, with vegetables other than dark green and/or tomatoes, fat not add	48	3.5	B	4
25170420	5000_MPE	Gizzard, cooked	48	4.5	B	3
24122140	5000_MPE	Chicken breast, baked or broiled, skin eaten, from pre-cooked	48	4	B	3
24122170	5000_MPE	Chicken breast, rotisserie, skin eaten	48	4	B	3
24120110	5000_MPE	Chicken breast, NS as to cooking method, skin eaten	48	4	B	3
24142300	5000_MPE	Chicken drumstick, baked, broiled, or roasted, skin eaten, from raw	48	4	B	3
24157301	5000_MPE	Chicken thigh, fried, coated, skin / coating not eaten, from raw	48	4	B	3
24132241	5000_MPE	Chicken leg, drumstick and thigh, rotisserie, skin not eaten	48	4	C	3
24130220	5000_MPE	Chicken leg, drumstick and thigh, NS as to cooking method, skin not eaten	48	4	C	3
24142320	5000_MPE	Chicken drumstick, baked or broiled, skin eaten, from fast food / restaurant	48	3.5	C	3
31201000	5000_MPE	Duck egg, cooked	48	3	D	3
32103035	5000_MPE	Egg salad, made with light creamy dressing	47	3.5	C	3
32103040	5000_MPE	Egg salad, made with Italian dressing	47	3	C	3

Supplementary Table 8. Original (uncorrected) scores for all food items.

24103010	5000_MPE	Chicken, NS as to part, stewed, skin eaten	47	4	B	3
24198570	5000_MPE	Chicken, canned, meat only	47	4	C	3
24206000	5000_MPE	Turkey, canned	47	4	C	3
33001000	5000_MPE	Egg substitute, omelet, scrambled, or fried, made with margarine	47	3.5	C	4
23323500	5000_MPE	Bear, cooked	47	4	C	3
31111010	5000_MPE	Egg, yolk only, cooked, fat not added in cooking	47	1.5	D	1
32130160	5000_MPE	Egg omelet or scrambled egg, with cheese, made with cooking spray	47	3	D	3
23335100	5000_MPE	Raccoon, cooked	46	4	C	3
24157311	5000_MPE	Chicken thigh, fried, coated, skin / coating not eaten, from pre-cooked	46	4	C	3
24134100	5000_MPE	Chicken leg, drumstick and thigh, grilled without sauce, skin eaten	46	3.5	C	3
24134300	5000_MPE	Chicken leg, drumstick and thigh, sauteed, skin eaten	46	3.5	C	3
32130700	5000_MPE	Egg omelet or scrambled egg, with cheese and vegetables other than dark green and/or tomatoes,	46	3.5	B	4
24102060	5000_MPE	Chicken, NS as to part, rotisserie, skin eaten	46	4	B	3
24100010	5000_MPE	Chicken, NS as to part and cooking method, skin eaten	46	4	B	3
32130170	5000_MPE	Egg omelet or scrambled egg, with cheese, made without fat	46	3	D	3
24152241	5000_MPE	Chicken thigh, baked or broiled, skin not eaten, from pre-cooked	46	4	B	3
24152301	5000_MPE	Chicken thigh, rotisserie, skin not eaten	46	4	B	3
24150220	5000_MPE	Chicken thigh, NS as to cooking method, skin not eaten	46	4	B	3
24107071	5000_MPE	Chicken, NS as to part, fried, coated, skin / coating not eaten	46	4	C	3
24132230	5000_MPE	Chicken leg, drumstick and thigh, baked or broiled, skin eaten	45	4	C	3
24311010	5000_MPE	Goose, wild, roasted	45	3.5	D	3
32130440	5000_MPE	Egg omelet or scrambled egg, with dark-green vegetables, fat not added in cooking	45	3.5	B	4
32130010	5000_MPE	Egg omelet or scrambled egg, made with oil	45	3	C	4
31107000	5000_MPE	Egg, whole, pickled	45	3.5	C	3
24143210	5000_MPE	Chicken drumstick, stewed, skin eaten	45	4	C	3
31108010	5000_MPE	Egg, white only, raw	45	4	A	1
24142310	5000_MPE	Chicken drumstick, baked or broiled, skin eaten, from pre-cooked	45	4	C	3
24142400	5000_MPE	Chicken drumstick, rotisserie, skin eaten	45	4	C	3
24140210	5000_MPE	Chicken drumstick, NS as to cooking method, skin eaten	45	4	C	3
24154010	5000_MPE	Chicken thigh, grilled without sauce, skin eaten	45	3.5	D	3
24154300	5000_MPE	Chicken thigh, sauteed, skin eaten	45	3.5	D	3
32130080	5000_MPE	Egg omelet or scrambled egg, from fast food / restaurant	44	3	C	3
31203000	5000_MPE	Quail egg, canned	44	3	D	3
32105310	5000_MPE	Ripe plantain omelet, Puerto Rican style	44	3.5	C	4
24127202	5000_MPE	Chicken breast, fried, coated, prepared skinless, coating eaten, from raw	44	4	B	4
24152230	5000_MPE	Chicken thigh, baked, broiled, or roasted, skin eaten, from raw	44	3.5	C	3
33000990	5000_MPE	Egg substitute, omelet, scrambled, or fried, NS as to fat added in cooking	44	3.5	C	4
33001035	5000_MPE	Egg substitute, omelet, scrambled, or fried, NS as to type of fat	44	3.5	C	4
23150270	5000_MPE	Goat head, cooked	44	4	B	3
32110100	5000_MPE	Eggs a la Malaguena, Puerto Rican style	44	4	B	4
32131210	5000_MPE	Egg omelet or scrambled egg, with potatoes and/or onions, fat not added in cooking	44	3.5	A	4
32400500	5000_MPE	Egg white, omelet, scrambled, or fried, with cheese and vegetables, fat added in cooking	43	3.5	B	4
32400520	5000_MPE	Egg white, omelet, scrambled, or fried, with cheese and vegetables, NS as to fat added in cooking	43	3.5	B	4
24152250	5000_MPE	Chicken thigh, baked or broiled, skin eaten, from fast food / restaurant	43	3.5	D	3
21401400	5000_MPE	Beef, roast, canned	43	4	B	3
24198735	5000_MPE	Chicken nuggets, from school lunch	43	3.5	B	4
24198745	5000_MPE	Chicken tenders or strips, breaded, from school lunch	43	3.5	B	4
23322300	5000_MPE	Deer chop, cooked	43	4	C	3
23334100	5000_MPE	Beaver, cooked	43	4	B	3
24132240	5000_MPE	Chicken leg, drumstick and thigh, rotisserie, skin eaten	43	4	C	3
24130210	5000_MPE	Chicken leg, drumstick and thigh, NS as to cooking method, skin eaten	43	4	C	3
24133210	5000_MPE	Chicken leg, drumstick and thigh, stewed, skin eaten	43	3.5	C	3
24205000	5000_MPE	Turkey, tail	43	2	D	3
31105020	5000_MPE	Egg, whole, fried with margarine	42	3	D	3
24164000	5000_MPE	Chicken wing, grilled without sauce	42	3.5	D	3
24164200	5000_MPE	Chicken wing, sauteed	42	3.5	D	3
33401410	5000_MPE	Egg substitute, omelet, scrambled, or fried, with cheese and vegetables, fat not added in cooking	42	3.5	B	4
31105080	5000_MPE	Egg, whole, fried with cooking spray	42	3.5	C	3
33401000	5000_MPE	Egg substitute, omelet, scrambled, or fried, with cheese, fat added in cooking	42	3	D	4
33401020	5000_MPE	Egg substitute, omelet, scrambled, or fried, with cheese, NS as to fat added in cooking	42	3	D	4
23321250	5000_MPE	Venison/deer steak, breaded or floured, cooked, NS as to cooking method	42	4	B	4
31105010	5000_MPE	Egg, whole, fried without fat	42	3.5	C	3
24153210	5000_MPE	Chicken thigh, stewed, skin eaten	42	3.5	C	3
24152240	5000_MPE	Chicken thigh, baked or broiled, skin eaten, from pre-cooked	41	4	C	3
24152300	5000_MPE	Chicken thigh, rotisserie, skin eaten	41	4	C	3
24150210	5000_MPE	Chicken thigh, NS as to cooking method, skin eaten	41	4	C	3
31105005	5000_MPE	Egg, whole, fried, NS as to fat added in cooking	41	3	D	3
31105085	5000_MPE	Egg, whole, fried, NS as to type of fat	41	3	D	3
23324100	5000_MPE	Caribou, cooked	41	4.5	B	3
24162150	5000_MPE	Chicken wing, baked or broiled, from fast food / restaurant	41	2	D	3
32130640	5000_MPE	Egg omelet or scrambled egg, with cheese and dark-green vegetables, fat not added in cooking	41	3.5	C	4
32130040	5000_MPE	Egg omelet or scrambled egg, made with animal fat or meat drippings	41	3	C	3
24127221	5000_MPE	Chicken breast, fried, coated, skin / coating not eaten, from fast food / restaurant	40	4	B	4
23323100	5000_MPE	Moose, cooked	40	4.5	A	3
24162130	5000_MPE	Chicken wing, baked, broiled, or roasted, from raw	40	3.5	D	3
32130100	5000_MPE	Egg omelet or scrambled egg, with cheese, made with margarine	40	3	D	3
32130670	5000_MPE	Egg omelet or scrambled egg, with cheese, tomatoes, and dark-green vegetables, fat not added in	40	3.5	B	4
32105180	5000_MPE	Huevos rancheros	40	4	B	4
24127500	5000_MPE	Chicken breast, baked, coated, skin / coating eaten	40	4	B	4
24123311	5000_MPE	Chicken breast, grilled with sauce, skin not eaten	40	4	C	4
22701020	5000_MPE	Pork, spareribs, cooked, lean only eaten	40	4	C	3
32130630	5000_MPE	Egg omelet or scrambled egg, with cheese and dark-green vegetables, fat added in cooking	40	3	C	4
32130650	5000_MPE	Egg omelet or scrambled egg, with cheese and dark-green vegetables, NS as to fat added in cookin	40	3	C	4
24201060	5000_MPE	Turkey, light meat, breaded, baked or fried, skin not eaten	39	4.5	A	4
32130660	5000_MPE	Egg omelet or scrambled egg, with cheese, tomatoes, and dark-green vegetables, fat added in cool	39	3	C	4
32130680	5000_MPE	Egg omelet or scrambled egg, with cheese, tomatoes, and dark-green vegetables, NS as to fat adde	39	3	C	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

24201070	5000_MPE	Turkey, light meat, breaded, baked or fried, skin eaten	39	4	B	4
23310000	5000_MPE	Rabbit, NS as to domestic or wild, cooked	39	4	B	3
23311100	5000_MPE	Rabbit, domestic, NS as to cooking method	39	4	B	3
32130690	5000_MPE	Egg omelet or scrambled egg, with cheese and vegetables other than dark green and/or tomatoes,	39	3	C	4
32130710	5000_MPE	Egg omelet or scrambled egg, with cheese and vegetables other than dark green and/or tomatoes,	39	3	C	4
25221855	5000_MPE	Turkey or chicken sausage, reduced sodium	39	4	B	4
32130600	5000_MPE	Egg omelet or scrambled egg, with cheese and tomatoes, fat added in cooking	39	3.5	B	4
32130620	5000_MPE	Egg omelet or scrambled egg, with cheese and tomatoes, NS as to fat added in cooking	39	3.5	B	4
24198677	5000_MPE	Chicken fillet, breaded	38	3.5	B	4
24198746	5000_MPE	Chicken tenders or strips, breaded, from frozen	38	3.5	B	4
24170200	5000_MPE	Chicken, back	38	3.5	D	3
33401010	5000_MPE	Egg substitute, omelet, scrambled, or fried, with cheese, fat not added in cooking	38	3	C	3
24198500	5000_MPE	Chicken feet	38	4	B	1
24400010	5000_MPE	Cornish game hen, cooked, skin eaten	38	3.5	D	3
24401010	5000_MPE	Cornish game hen, roasted, skin eaten	38	3.5	D	3
21500000	5000_MPE	Ground beef, raw	38	3.5	C	3
31108100	5000_MPE	Egg, white, cooked, NS as to fat added in cooking	38	3.5	B	4
31108120	5000_MPE	Egg, white, cooked, fat added in cooking	38	3.5	B	4
24162140	5000_MPE	Chicken wing, baked or broiled, from pre-cooked	38	2	D	3
24162200	5000_MPE	Chicken wing, rotisserie	38	2	D	3
24160110	5000_MPE	Chicken wing, NS as to cooking method	38	2	D	3
23150100	5000_MPE	Goat, boiled	37	4	B	3
23150250	5000_MPE	Goat, baked	37	4	B	3
23150300	5000_MPE	Goat ribs, cooked	37	4	B	3
24198747	5000_MPE	Chicken tenders or strips, breaded, from other sources	37	3.5	D	4
24198739	5000_MPE	Chicken tenders or strips, NFS	37	2	D	4
24198741	5000_MPE	Chicken tenders or strips, breaded, from fast food	37	2	D	4
32130020	5000_MPE	Egg omelet or scrambled egg, made with butter	37	3	D	3
24198671	5000_MPE	Chicken patty, breaded	37	3	D	4
23150200	5000_MPE	Goat, fried	37	4	B	3
33001050	5000_MPE	Egg substitute, omelet, scrambled, or fried, made without fat	37	3.5	B	4
33001110	5000_MPE	Egg substitute, cheese flavored, omelet, scrambled, or fried, fat not added in cooking	37	3.5	B	4
33001210	5000_MPE	Egg substitute, vegetable flavored, omelet, scrambled, or fried, fat not added in cooking	37	3.5	B	4
24127200	5000_MPE	Chicken breast, fried, coated, skin / coating eaten, from raw	36	4	C	4
22000100	5000_MPE	Pork, NS as to cut, cooked, NS as to fat eaten	36	3.5	C	3
22000110	5000_MPE	Pork, NS as to cut, cooked, lean and fat eaten	36	3.5	C	3
22101000	5000_MPE	Pork chop, NS as to cooking method, NS as to fat eaten	36	3.5	C	3
22101010	5000_MPE	Pork chop, NS as to cooking method, lean and fat eaten	36	3.5	C	3
22101100	5000_MPE	Pork chop, broiled or baked, NS as to fat eaten	36	3.5	C	3
22101110	5000_MPE	Pork chop, broiled or baked, lean and fat eaten	36	3.5	C	3
23331100	5000_MPE	Ground hog, cooked	36	4	C	3
23326100	5000_MPE	Bison, cooked	36	4.5	A	3
32130830	5000_MPE	Egg omelet or scrambled egg, with meat and dark-green vegetables, fat added in cooking	36	3	C	4
32130850	5000_MPE	Egg omelet or scrambled egg, with meat and dark-green vegetables, NS as to fat added in cooking	36	3	C	4
24103070	5000_MPE	Chicken, NS as to part, grilled with sauce, NS as to skin eaten	36	3.5	C	4
24103080	5000_MPE	Chicken, NS as to part, grilled with sauce, skin not eaten	36	3.5	C	4
33401500	5000_MPE	Egg substitute, omelet, scrambled, or fried, with meat and vegetables, fat added in cooking	36	3	C	4
33401520	5000_MPE	Egg substitute, omelet, scrambled, or fried, with meat and vegetables, NS as to fat added in cookin	36	3	C	4
23321000	5000_MPE	Venison/deer, NFS	36	4.5	B	3
23321100	5000_MPE	Venison/deer, roasted	36	4.5	B	3
23322350	5000_MPE	Venison/deer ribs, cooked	36	4.5	B	3
23322400	5000_MPE	Venison/deer, stewed	36	4.5	B	3
22201020	5000_MPE	Pork steak or cutlet, NS as to cooking method, lean only eaten	35	4	C	3
22201120	5000_MPE	Pork steak or cutlet, broiled or baked, lean only eaten	35	4	C	3
72125240	5000_MPE	Spinach souffle	35	3.5	B	4
32130860	5000_MPE	Egg omelet or scrambled egg, with meat, tomatoes, and dark-green vegetables, fat added in cooki	35	3	C	4
32130880	5000_MPE	Egg omelet or scrambled egg, with meat, tomatoes, and dark-green vegetables, NS as to fat added	35	3	C	4
24147302	5000_MPE	Chicken drumstick, fried, coated, prepared skinless, coating eaten, from raw	35	3.5	C	4
24127210	5000_MPE	Chicken breast, fried, coated, skin / coating eaten, from pre-cooked	35	4	C	4
33001040	5000_MPE	Egg substitute, omelet, scrambled, or fried, made with cooking spray	35	3.5	B	4
32400060	5000_MPE	Egg white omelet, scrambled, or fried, made with margarine	35	3.5	B	4
32400510	5000_MPE	Egg white, omelet, scrambled, or fried, with cheese and vegetables, fat not added in cooking	35	3.5	B	4
24163110	5000_MPE	Chicken wing, stewed	35	3.5	D	3
23311200	5000_MPE	Rabbit, wild, cooked	35	4.5	B	3
24198729	5000_MPE	Chicken nuggets, NFS	35	3	D	4
24198731	5000_MPE	Chicken nuggets, from fast food	35	3	D	4
24198732	5000_MPE	Chicken nuggets, from restaurant	35	3	D	4
32400100	5000_MPE	Egg white, omelet, scrambled, or fried, with cheese, fat added in cooking	35	3	C	4
32400120	5000_MPE	Egg white, omelet, scrambled, or fried, with cheese, NS as to fat added in cooking	35	3	C	4
24198742	5000_MPE	Chicken tenders or strips, breaded, from restaurant	35	2	D	4
73305020	5000_MPE	Squash, winter, souffle	35	4.5	A	4
32130890	5000_MPE	Egg omelet or scrambled egg, with meat and vegetables other than dark-green and/or tomatoes, f	34	3	D	4
32130910	5000_MPE	Egg omelet or scrambled egg, with meat and vegetables other than dark-green and/or tomatoes, N	34	3	D	4
32130110	5000_MPE	Egg omelet or scrambled egg, with cheese, made with oil	34	3	D	4
32130140	5000_MPE	Egg omelet or scrambled egg, with cheese, made with animal fat or meat drippings	34	3	D	3
22301120	5000_MPE	Ham, fresh, cooked, lean only eaten	34	4	C	3
32103050	5000_MPE	Egg Salad, made with any type of fat free dressing	34	3.5	B	4
22400120	5000_MPE	Pork roast, NS as to cut, cooked, lean only eaten	34	4	C	3
22401020	5000_MPE	Pork roast, loin, cooked, lean only eaten	34	4	C	3
24147321	5000_MPE	Chicken drumstick, fried, coated, skin / coating not eaten, from fast food / restaurant	34	3.5	C	4
24180200	5000_MPE	Chicken, neck or ribs	34	3.5	D	3
32130800	5000_MPE	Egg omelet or scrambled egg, with meat and tomatoes, fat added in cooking	34	3	C	4
32130820	5000_MPE	Egg omelet or scrambled egg, with meat and tomatoes, NS as to fat added in cooking	34	3	C	4
24147400	5000_MPE	Chicken drumstick, baked, coated, skin / coating eaten	33	4	C	4
22402510	5000_MPE	Fried pork chunks, Puerto Rican style	33	4	D	3
32130260	5000_MPE	Egg omelet or scrambled egg, with meat, made with cooking spray	33	2	D	3

Supplementary Table 8. Original (uncorrected) scores for all food items.

22210300	5000_MPE	Pork, tenderloin, cooked, NS as to cooking method	33	4	C	3
22210400	5000_MPE	Pork, tenderloin, baked	33	4	C	3
22704010	5000_MPE	Pork, cracklings, cooked	33	0.5	E	3
21000100	5000_MPE	Beef, NS as to cut, cooked, NS as to fat eaten	33	4	C	3
21000120	5000_MPE	Beef, NS as to cut, cooked, lean only eaten	33	4	C	3
21001000	5000_MPE	Steak, NS as to type of meat, cooked, NS as to fat eaten	33	4	C	3
21001020	5000_MPE	Steak, NS as to type of meat, cooked, lean only eaten	33	4	C	3
21101000	5000_MPE	Beef steak, NS as to cooking method, NS as to fat eaten	33	4	C	3
21101020	5000_MPE	Beef steak, NS as to cooking method, lean only eaten	33	4	C	3
21101110	5000_MPE	Beef steak, broiled or baked, NS as to fat eaten	33	4	C	3
21101130	5000_MPE	Beef steak, broiled or baked, lean only eaten	33	4	C	3
24208000	5000_MPE	Turkey, nuggets	33	4	C	4
20000000	5000_MPE	Meat, NFS	33	4	C	3
31105060	5000_MPE	Egg, whole, fried with animal fat or meat drippings	33	3	D	3
32130270	5000_MPE	Egg omelet or scrambled egg, with meat, made without fat	33	2	D	3
24157302	5000_MPE	Chicken thigh, fried, coated, prepared skinless, coating eaten, from raw	33	4	C	4
32400075	5000_MPE	Egg white omelet, scrambled, or fried, made with cooking spray	33	4	B	4
22210310	5000_MPE	Pork, tenderloin, breaded, fried	33	3.5	C	4
21401110	5000_MPE	Beef, roast, roasted, lean and fat eaten	33	4	B	3
24142511	5000_MPE	Chicken drumstick, grilled with sauce, skin not eaten	32	3.5	C	4
22400100	5000_MPE	Pork roast, NS as to cut, cooked, NS as to fat eaten	32	3.5	D	3
22400110	5000_MPE	Pork roast, NS as to cut, cooked, lean and fat eaten	32	3.5	D	3
22401000	5000_MPE	Pork roast, loin, cooked, NS as to fat eaten	32	3.5	D	3
22401010	5000_MPE	Pork roast, loin, cooked, lean and fat eaten	32	3.5	D	3
22201000	5000_MPE	Pork steak or cutlet, NS as to cooking method, NS as to fat eaten	32	3.5	D	3
22201010	5000_MPE	Pork steak or cutlet, NS as to cooking method, lean and fat eaten	32	3.5	D	3
22201100	5000_MPE	Pork steak or cutlet, broiled or baked, NS as to fat eaten	32	3.5	D	3
22201110	5000_MPE	Pork steak or cutlet, broiled or baked, lean and fat eaten	32	3.5	D	3
24198737	5000_MPE	Chicken nuggets, from other sources	32	3	D	4
25160000	5000_MPE	Tongue, cooked	32	2	D	3
24123310	5000_MPE	Chicken breast, grilled with sauce, skin eaten	32	3.5	C	4
22705010	5000_MPE	Pork ears, tail, head, snout, miscellaneous parts, cooked	32	3.5	C	3
32130120	5000_MPE	Egg omelet or scrambled egg, with cheese, made with butter	32	2	D	3
23204030	5000_MPE	Veal cutlet or steak, NS as to cooking method, lean only eaten	32	4	B	3
23204220	5000_MPE	Veal cutlet or steak, broiled, lean only eaten	32	4	B	3
22708010	5000_MPE	Pork, pig's hocks, cooked	32	3.5	C	3
22411020	5000_MPE	Pork roast, shoulder, cooked, lean only eaten	32	3.5	C	3
32105330	5000_MPE	Scrambled eggs with jerked beef, Puerto Rican style	32	1	D	4
23321200	5000_MPE	Venison/deer steak, cooked, NS as to cooking method	31	4	B	3
21601010	5000_MPE	Beef, bacon, reduced sodium, cooked	31	0.5	E	3
22600210	5000_MPE	Pork bacon, NS as to fresh, smoked or cured, reduced sodium, cooked	31	0.5	E	3
24137310	5000_MPE	Chicken leg, drumstick and thigh, baked, coated, skin / coating eaten	31	3.5	C	4
24147300	5000_MPE	Chicken drumstick, fried, coated, skin / coating eaten, from raw	31	3.5	C	4
21000110	5000_MPE	Beef, NS as to cut, cooked, lean and fat eaten	31	3.5	D	3
21101010	5000_MPE	Beef steak, NS as to cooking method, lean and fat eaten	31	3.5	D	3
21101120	5000_MPE	Beef steak, broiled or baked, lean and fat eaten	31	3.5	D	3
22000120	5000_MPE	Pork, NS as to cut, cooked, lean only eaten	31	4	C	3
22101020	5000_MPE	Pork chop, NS as to cooking method, lean only eaten	31	4	C	3
22101120	5000_MPE	Pork chop, broiled or baked, lean only eaten	31	4	C	3
32400055	5000_MPE	Egg white omelet, scrambled, or fried, NS as to fat added in cooking	31	3.5	B	4
32400078	5000_MPE	Egg white omelet, scrambled, or fried, NS as to type of fat	31	3.5	B	4
24302010	5000_MPE	Duck, pressed, Chinese	31	3.5	C	4
24134151	5000_MPE	Chicken leg, drumstick and thigh, grilled with sauce, skin not eaten	31	3.5	C	4
22706010	5000_MPE	Pork, neck bones, cooked	31	3.5	D	3
24157321	5000_MPE	Chicken thigh, fried, coated, skin / coating not eaten, from fast food	31	3.5	C	4
24157331	5000_MPE	Chicken thigh, fried, coated, skin / coating not eaten, from restaurant	31	3.5	C	4
22602010	5000_MPE	Pork bacon, smoked or cured, reduced sodium, cooked	31	0.5	E	3
24107080	5000_MPE	Chicken, NS as to part, baked, coated, skin / coating eaten	31	2	D	4
21401000	5000_MPE	Beef, roast, roasted, NS as to fat eaten	31	4	B	3
25170110	5000_MPE	Tripe, cooked	30	3.5	B	3
22301000	5000_MPE	Ham, fresh, cooked, NS as to fat eaten	30	2	D	3
22301110	5000_MPE	Ham, fresh, cooked, lean and fat eaten	30	2	D	3
23200120	5000_MPE	Veal, NS as to cut, cooked, lean only eaten	30	4	B	3
22101500	5000_MPE	Pork chop, stewed, NS as to fat eaten	30	3.5	C	3
22101510	5000_MPE	Pork chop, stewed, lean and fat eaten	30	3.5	C	3
24168012	5000_MPE	Chicken "wings", plain, from precooked	30	3	D	4
23101020	5000_MPE	Lamb chop, NS as to cut, cooked, lean only eaten	30	4	C	3
23104020	5000_MPE	Lamb, loin chop, cooked, lean only eaten	30	4	C	3
31108110	5000_MPE	Egg, white, cooked, fat not added in cooking	30	4	B	1
25231120	5000_MPE	Beef, prepackaged or deli, luncheon meat, reduced sodium	30	3.5	C	3
24157400	5000_MPE	Chicken thigh, baked, coated, skin / coating eaten	30	3.5	C	4
32400600	5000_MPE	Egg white, omelet, scrambled, or fried, with meat and vegetables, fat added in cooking	30	3	C	4
32400620	5000_MPE	Egg white, omelet, scrambled, or fried, with meat and vegetables, NS as to fat added in cooking	30	3	C	4
21001010	5000_MPE	Steak, NS as to type of meat, cooked, lean and fat eaten	30	3.5	D	3
23340100	5000_MPE	Armadillo, cooked	30	4.5	A	3
24154021	5000_MPE	Chicken thigh, grilled with sauce, skin not eaten	30	3.5	D	4
32130840	5000_MPE	Egg omelet or scrambled egg, with meat and dark-green vegetables, fat not added in cooking	30	3.5	C	4
24147310	5000_MPE	Chicken drumstick, fried, coated, skin / coating eaten, from pre-cooked	30	3.5	D	4
22000200	5000_MPE	Pork, NS as to cut, fried, NS as to fat eaten	30	3.5	C	3
22000210	5000_MPE	Pork, NS as to cut, fried, lean and fat eaten	30	3.5	C	3
22101200	5000_MPE	Pork chop, fried, NS as to fat eaten	30	3.5	C	3
22101210	5000_MPE	Pork chop, fried, lean and fat eaten	30	3.5	C	3
24208500	5000_MPE	Turkey bacon, cooked	30	0.5	E	3
23110000	5000_MPE	Lamb, ribs, cooked, lean only eaten	29	3.5	C	3
32130870	5000_MPE	Egg omelet or scrambled egg, with meat, tomatoes, and dark-green vegetables, fat not added in cc	29	3.5	C	4
24137300	5000_MPE	Chicken leg, drumstick and thigh, fried, coated, skin / coating eaten	29	3.5	C	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

32131090	5000_MPE	Egg omelet or scrambled egg, with cheese, meat, and vegetables other than dark-green and/or tor	29	3	D	4
32131110	5000_MPE	Egg omelet or scrambled egg, with cheese, meat, and vegetables other than dark-green and/or tor	29	3	D	4
22201220	5000_MPE	Pork steak or cutlet, fried, lean only eaten	29	4	C	3
31105040	5000_MPE	Egg, whole, fried with butter	29	2	D	3
32130360	5000_MPE	Egg omelet or scrambled egg, with cheese and meat, made with cooking spray	29	2	D	3
21401120	5000_MPE	Beef, roast, roasted, lean only eaten	28	4	B	3
25221406	5000_MPE	Pork sausage, reduced fat	28	1.5	D	3
32130370	5000_MPE	Egg omelet or scrambled egg, with cheese and meat, made without fat	28	2	D	3
32130810	5000_MPE	Egg omelet or scrambled egg, with meat and tomatoes, fat not added in cooking	28	3.5	C	4
21410110	5000_MPE	Beef, stew meat, cooked, lean and fat eaten	28	4	C	3
24103075	5000_MPE	Chicken, NS as to part, grilled with sauce, skin eaten	28	3.5	C	4
22701000	5000_MPE	Pork, spareribs, cooked, NS as to fat eaten	28	1.5	D	3
22701010	5000_MPE	Pork, spareribs, cooked, lean and fat eaten	28	1.5	D	3
23120120	5000_MPE	Lamb, roast, cooked, lean only eaten	28	4	C	3
22300140	5000_MPE	Ham, fried, lean only eaten	28	1.5	D	3
25221220	5000_MPE	Pastrami, made from any kind of meat, reduced fat	28	3.5	D	3
25231110	5000_MPE	Beef, prepackaged or deli, luncheon meat	28	3.5	D	3
33401600	5000_MPE	Egg substitute, omelet, scrambled, or fried, with cheese, meat, and vegetables, fat added in cookin	28	3	D	4
33401620	5000_MPE	Egg substitute, omelet, scrambled, or fried, with cheese, meat, and vegetables, NS as to fat added	28	3	D	4
21417100	5000_MPE	Beef brisket, cooked, NS as to fat eaten	28	4	C	3
21417120	5000_MPE	Beef brisket, cooked, lean only eaten	28	4	C	3
32131000	5000_MPE	Egg omelet or scrambled egg, with cheese, meat, and tomatoes, fat added in cooking	28	3	C	4
32131020	5000_MPE	Egg omelet or scrambled egg, with cheese, meat, and tomatoes, NS as to fat added in cooking	28	3	C	4
22501010	5000_MPE	Canadian bacon, cooked	28	2	D	3
22002000	5000_MPE	Pork, ground or patty, cooked	28	2	D	3
33001020	5000_MPE	Egg substitute, omelet, scrambled, or fried, made with butter	28	3	C	3
23204010	5000_MPE	Veal cutlet or steak, NS as to cooking method, NS as to fat eaten	28	4	C	3
25220106	5000_MPE	Beef sausage, reduced fat	28	1.5	D	3
24167300	5000_MPE	Chicken wing, baked, coated	28	3.5	D	4
22411000	5000_MPE	Pork roast, shoulder, cooked, NS as to fat eaten	28	2	D	3
22411010	5000_MPE	Pork roast, shoulder, cooked, lean and fat eaten	28	2	D	3
24127220	5000_MPE	Chicken breast, fried, coated, skin / coating eaten, from fast food / restaurant	28	3	D	4
24157300	5000_MPE	Chicken thigh, fried, coated, skin / coating eaten, from raw	28	3.5	C	4
22201070	5000_MPE	Pork steak or cutlet, battered, fried, lean only eaten	28	3.5	C	3
24168022	5000_MPE	Chicken "wings", plain, from other sources	27	2	D	4
22300120	5000_MPE	Ham, fried, NS as to fat eaten	27	1.5	D	3
22300130	5000_MPE	Ham, fried, lean and fat eaten	27	1.5	D	3
23311120	5000_MPE	Rabbit, NS as to domestic or wild, breaded, fried	27	4	C	3
32400110	5000_MPE	Egg white, omelet, scrambled, or fried, with cheese, fat not added in cooking	27	3.5	C	3
27250550	5000_MPE	Seafood souffle	27	3	C	4
24157310	5000_MPE	Chicken thigh, fried, coated, skin / coating eaten, from pre-cooked	27	3	D	4
24142510	5000_MPE	Chicken drumstick, grilled with sauce, skin eaten	27	3.5	D	4
32130210	5000_MPE	Egg omelet or scrambled egg, with meat, made with oil	27	3	D	4
21105110	5000_MPE	Beef steak, braised, NS as to fat eaten	27	3.5	D	3
21105120	5000_MPE	Beef steak, braised, lean and fat eaten	27	3.5	D	3
21301000	5000_MPE	Beef, oxtails, cooked	27	3.5	D	3
21407000	5000_MPE	Beef, pot roast, braised or boiled, NS as to fat eaten	27	3.5	D	3
21407120	5000_MPE	Beef, pot roast, braised or boiled, lean only eaten	27	3.5	D	3
21410000	5000_MPE	Beef, stew meat, cooked, NS as to fat eaten	27	3.5	D	3
21410120	5000_MPE	Beef, stew meat, cooked, lean only eaten	27	3.5	D	3
23132000	5000_MPE	Lamb, ground or patty, cooked	27	2	D	3
23107020	5000_MPE	Lamb, shoulder chop, cooked, lean only eaten	27	3.5	C	3
32131060	5000_MPE	Egg omelet or scrambled egg, with cheese, meat, tomatoes, and dark-green vegetables, fat added	27	3	D	4
32131080	5000_MPE	Egg omelet or scrambled egg, with cheese, meat, tomatoes, and dark-green vegetables, NS as to fa	27	3	D	4
23204020	5000_MPE	Veal cutlet or steak, NS as to cooking method, lean and fat eaten	27	4	C	3
21304000	5000_MPE	Beef, shortribs, cooked, NS as to fat eaten	27	2	D	3
21304120	5000_MPE	Beef, shortribs, cooked, lean only eaten	27	2	D	3
24301210	5000_MPE	Duck, coated, fried	27	4	C	4
32101000	5000_MPE	Egg, creamed	27	3	C	4
22600100	5000_MPE	Bacon, NS as to type of meat, cooked	27	0.5	E	3
22600200	5000_MPE	Pork bacon, NS as to fresh, smoked or cured, cooked	27	0.5	E	3
22601000	5000_MPE	Pork bacon, smoked or cured, cooked	27	0.5	E	3
22601040	5000_MPE	Bacon or side pork, fresh, cooked	27	0.5	E	3
21305000	5000_MPE	Beef, cow head, cooked	26	2	D	3
33401110	5000_MPE	Egg substitute, omelet, scrambled, or fried, with meat, fat not added in cooking	26	3	D	3
22300170	5000_MPE	Ham, breaded or floured, fried, lean only eaten	26	1.5	D	3
32130900	5000_MPE	Egg omelet or scrambled egg, with meat and vegetables other than dark-green and/or tomatoes, f	26	3	C	4
33401510	5000_MPE	Egg substitute, omelet, scrambled, or fried, with meat and vegetables, fat not added in cooking	26	3.5	C	4
24134150	5000_MPE	Chicken leg, drumstick and thigh, grilled with sauce, skin eaten	26	3	D	4
32131030	5000_MPE	Egg omelet or scrambled egg, with cheese, meat, and dark-green vegetables, fat added in cooking	26	2	D	4
32131050	5000_MPE	Egg omelet or scrambled egg, with cheese, meat, and dark-green vegetables, NS as to fat added in	26	2	D	4
21003000	5000_MPE	Beef, NS as to cut, fried, NS to fat eaten	26	4	C	3
21102110	5000_MPE	Beef steak, fried, NS as to fat eaten	26	4	C	3
21102130	5000_MPE	Beef steak, fried, lean only eaten	26	4	C	3
23200100	5000_MPE	Veal, NS as to cut, cooked, NS as to fat eaten	26	4	C	3
23200110	5000_MPE	Veal, NS as to cut, cooked, lean and fat eaten	26	4	C	3
23210010	5000_MPE	Veal, roasted, NS as to fat eaten	26	4	C	3
23210020	5000_MPE	Veal, roasted, lean and fat eaten	26	4	C	3
22002100	5000_MPE	Pork, ground or patty, breaded, cooked	26	2	D	4
24168002	5000_MPE	Chicken "wings", plain, from fast food / restaurant	26	1.5	D	4
21500310	5000_MPE	Ground beef patty, cooked	26	2	D	3
20000200	5000_MPE	Ground meat, NFS	26	2	D	3
21500100	5000_MPE	Ground beef, cooked	26	2	D	3
21302000	5000_MPE	Beef, neck bones, cooked	26	2	D	3
23101000	5000_MPE	Lamb chop, NS as to cut, cooked, NS as to fat eaten	26	1.5	D	3
23101010	5000_MPE	Lamb chop, NS as to cut, cooked, lean and fat eaten	26	1.5	D	3

Supplementary Table 8. Original (uncorrected) scores for all food items.

23104000	5000_MPE	Lamb, loin chop, cooked, NS as to fat eaten	26	1.5	D	3
23104010	5000_MPE	Lamb, loin chop, cooked, lean and fat eaten	26	1.5	D	3
24198736	5000_MPE	Chicken nuggets, from frozen	26	3	C	4
23000100	5000_MPE	Lamb, NS as to cut, cooked	26	2	D	3
22201200	5000_MPE	Pork steak or cutlet, fried, NS as to fat eaten	26	3.5	D	3
22201210	5000_MPE	Pork steak or cutlet, fried, lean and fat eaten	26	3.5	D	3
24300110	5000_MPE	Duck, cooked, skin eaten	25	2	D	4
24301010	5000_MPE	Duck, roasted, skin eaten	25	2	D	4
23120100	5000_MPE	Lamb, roast, cooked, NS as to fat eaten	25	2	D	3
23120110	5000_MPE	Lamb, roast, cooked, lean and fat eaten	25	2	D	3
23111010	5000_MPE	Lamb hocks, cooked	25	3.5	D	3
21417110	5000_MPE	Beef brisket, cooked, lean and fat eaten	25	2	D	3
24154020	5000_MPE	Chicken thigh, grilled with sauce, skin eaten	25	3	D	4
22000300	5000_MPE	Pork, NS as to cut, breaded or floured, fried, NS as to fat eaten	25	3.5	C	4
22000320	5000_MPE	Pork, NS as to cut, breaded or floured, fried, lean only eaten	25	3.5	C	4
22101320	5000_MPE	Pork chop, breaded or floured, fried, lean only eaten	25	3.5	C	4
23205030	5000_MPE	Veal cutlet or steak, fried, lean only eaten	25	4	B	3
22101520	5000_MPE	Pork chop, stewed, lean only eaten	25	4	C	3
22300150	5000_MPE	Ham, breaded or floured, fried, NS as to fat eaten	25	2	D	3
22300160	5000_MPE	Ham, breaded or floured, fried, lean and fat eaten	25	2	D	3
22311520	5000_MPE	Ham, smoked or cured, canned, lean only eaten	25	2	D	3
33401100	5000_MPE	Egg substitute, omelet, scrambled, or fried, with meat, fat added in cooking	25	2	D	4
33401120	5000_MPE	Egg substitute, omelet, scrambled, or fried, with meat, NS as to fat added in cooking	25	2	D	4
23107000	5000_MPE	Lamb, shoulder chop, cooked, NS as to fat eaten	25	2	D	3
23107010	5000_MPE	Lamb, shoulder chop, cooked, lean and fat eaten	25	2	D	3
24147320	5000_MPE	Chicken drumstick, fried, coated, skin / coating eaten, from fast food / restaurant	25	2	D	4
22201050	5000_MPE	Pork steak or cutlet, battered, fried, NS as to fat eaten	25	3	D	3
22201060	5000_MPE	Pork steak or cutlet, battered, fried, lean and fat eaten	25	3	D	3
32130320	5000_MPE	Egg omelet or scrambled egg, with cheese and meat, made with butter	24	1.5	D	3
23110010	5000_MPE	Lamb, ribs, cooked, NS as to fat eaten	24	1.5	D	3
23110050	5000_MPE	Lamb, ribs, cooked, lean and fat eaten	24	1.5	D	3
21102120	5000_MPE	Beef steak, fried, lean and fat eaten	24	3.5	D	3
21420100	5000_MPE	Beef, sandwich steak, flaked, formed, thinly sliced	24	2	D	4
22000220	5000_MPE	Pork, NS as to cut, fried, lean only eaten	24	4	C	3
22101220	5000_MPE	Pork chop, fried, lean only eaten	24	4	C	3
22101130	5000_MPE	Pork chop, breaded or floured, broiled or baked, NS as to fat eaten	24	3.5	D	4
22101140	5000_MPE	Pork chop, breaded or floured, broiled or baked, lean and fat eaten	24	3.5	D	4
24167200	5000_MPE	Chicken wing, fried, coated, from raw	24	3.5	D	4
24107070	5000_MPE	Chicken, NS as to part, fried, coated, skin / coating eaten	24	2	D	4
25160110	5000_MPE	Tongue, smoked, cured, or pickled, cooked	24	1	E	3
22201420	5000_MPE	Pork steak or cutlet, breaded or floured, fried, lean only eaten	24	3.5	C	4
25230560	5000_MPE	Liverwurst	24	1	E	4
23220020	5000_MPE	Mock chicken legs, cooked	24	3.5	D	3
22107020	5000_MPE	Pork chop, smoked or cured, cooked, lean only eaten	24	1.5	D	3
25240110	5000_MPE	Chicken salad spread	24	3	D	4
32400080	5000_MPE	Egg white omelet, scrambled, or fried, made without fat	23	4	B	1
24164010	5000_MPE	Chicken wing, grilled with sauce	23	2	D	4
24167210	5000_MPE	Chicken wing, fried, coated, from pre-cooked	23	3	D	4
22000310	5000_MPE	Pork, NS as to cut, breaded or floured, fried, lean and fat eaten	23	3.5	D	4
22101300	5000_MPE	Pork chop, breaded or floured, fried, NS as to fat eaten	23	3.5	D	4
22101310	5000_MPE	Pork chop, breaded or floured, fried, lean and fat eaten	23	3.5	D	4
24168031	5000_MPE	Chicken "wings", boneless, with hot sauce, from other sources	23	2	D	4
32130200	5000_MPE	Egg omelet or scrambled egg, with meat, made with margarine	23	2	D	4
32400700	5000_MPE	Egg white, omelet, scrambled, or fried, with cheese, meat, and vegetables, fat added in cooking	23	3	D	4
32400720	5000_MPE	Egg white, omelet, scrambled, or fried, with cheese, meat, and vegetables, NS as to fat added in co	23	3	D	4
23220010	5000_MPE	Veal, ground or patty, cooked	23	4	C	3
24168030	5000_MPE	Chicken "wings", boneless, with hot sauce, from fast food / restaurant	23	1.5	D	4
23201030	5000_MPE	Veal chop, NS as to cooking method, lean only eaten	23	4	C	3
23203120	5000_MPE	Veal chop, broiled, lean only eaten	23	4	C	3
23210030	5000_MPE	Veal, roasted, lean only eaten	23	4	C	3
32130190	5000_MPE	Egg omelet or scrambled egg, with meat, NS as to fat added in cooking	23	2	D	4
32130265	5000_MPE	Egg omelet or scrambled egg, with meat, NS as to type of fat	23	2	D	4
22421000	5000_MPE	Pork roast, smoked or cured, cooked, NS as to fat eaten	23	1.5	D	3
22421010	5000_MPE	Pork roast, smoked or cured, cooked, lean and fat eaten	23	1.5	D	3
32131010	5000_MPE	Egg omelet or scrambled egg, with cheese, meat, and tomatoes, fat not added in cooking	23	3	C	4
22311500	5000_MPE	Ham, smoked or cured, canned, NS as to fat eaten	23	2	D	3
22311510	5000_MPE	Ham, smoked or cured, canned, lean and fat eaten	23	2	D	3
22101150	5000_MPE	Pork chop, breaded or floured, broiled or baked, lean only eaten	23	3.5	C	4
25170310	5000_MPE	Hog maws, cooked	23	2	D	3
32130310	5000_MPE	Egg omelet or scrambled egg, with cheese and meat, made with oil	23	1.5	D	4
22201320	5000_MPE	Pork steak or cutlet, breaded or floured, broiled or baked, lean only eaten	22	3.5	C	4
23204200	5000_MPE	Veal cutlet or steak, broiled, NS as to fat eaten	22	4	B	3
23204210	5000_MPE	Veal cutlet or steak, broiled, lean and fat eaten	22	4	B	3
33401310	5000_MPE	Egg substitute, omelet, scrambled, or fried, with cheese and meat, fat not added in cooking	22	2	D	3
21304110	5000_MPE	Beef, shortribs, cooked, lean and fat eaten	22	1	E	3
21105130	5000_MPE	Beef steak, braised, lean only eaten	22	4	C	3
22311000	5000_MPE	Ham, smoked or cured, cooked, NS as to fat eaten	22	1.5	D	3
22311010	5000_MPE	Ham, smoked or cured, cooked, lean and fat eaten	22	1.5	D	3
21407110	5000_MPE	Beef, pot roast, braised or boiled, lean and fat eaten	22	4	B	3
22311020	5000_MPE	Ham, smoked or cured, cooked, lean only eaten	22	1.5	D	3
23201010	5000_MPE	Veal chop, NS as to cooking method, NS as to fat eaten	22	3.5	D	3
23201020	5000_MPE	Veal chop, NS as to cooking method, lean and fat eaten	22	3.5	D	3
23203100	5000_MPE	Veal chop, broiled, NS as to fat eaten	22	3.5	D	3
23203110	5000_MPE	Veal chop, broiled, lean and fat eaten	22	3.5	D	3
32400210	5000_MPE	Egg white, omelet, scrambled, or fried, with meat, fat not added in cooking	22	2	D	3
24168011	5000_MPE	Chicken "wings" with other sauces or seasoning, from precooked	22	2	D	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

32131070	5000_MPE	Egg omelet or scrambled egg, with cheese, meat, tomatoes, and dark-green vegetables, fat not ad	22	3	D	4
22311450	5000_MPE	Ham, prosciutto	22	0.5	D	3
24198340	5000_MPE	Chicken, tail	21	3.5	C	4
24168001	5000_MPE	Chicken "wings" with other sauces or seasoning, from fast food / restaurant	21	1.5	D	4
22421020	5000_MPE	Pork roast, smoked or cured, cooked, lean only eaten	21	1.5	D	3
32131100	5000_MPE	Egg omelet or scrambled egg, with cheese, meat, and vegetables other than dark-green and/or tor	21	3	D	4
21103130	5000_MPE	Beef steak, breaded or floured, baked or fried, lean only eaten	21	3.5	C	4
21103110	5000_MPE	Beef steak, breaded or floured, baked or fried, NS as to fat eaten	21	3.5	C	4
32131040	5000_MPE	Egg omelet or scrambled egg, with cheese, meat, and dark-green vegetables, fat not added in cook	21	2	D	4
22210350	5000_MPE	Pork, tenderloin, braised	21	4	B	4
22210450	5000_MPE	Pork, tenderloin, battered, fried	21	4	C	4
22201300	5000_MPE	Pork steak or cutlet, breaded or floured, broiled or baked, NS as to fat eaten	21	2	D	4
22201310	5000_MPE	Pork steak or cutlet, breaded or floured, broiled or baked, lean and fat eaten	21	2	D	4
24168021	5000_MPE	Chicken "wings" with other sauces or seasoning, from other sources	21	1.5	D	4
33401610	5000_MPE	Egg substitute, omelet, scrambled, or fried, with cheese, meat, and vegetables, fat not added in co	21	3	D	4
22107000	5000_MPE	Pork chop, smoked or cured, cooked, NS as to fat eaten	20	1	E	3
22107010	5000_MPE	Pork chop, smoked or cured, cooked, lean and fat eaten	20	1	E	3
25221515	5000_MPE	Salami, made from any type of meat, reduced sodium	20	0.5	E	3
24201510	5000_MPE	Turkey, light or dark meat, smoked, skin eaten	20	2	D	3
14630200	5000_MPE	Cheese souffle	20	2	D	4
23220030	5000_MPE	Veal patty, breaded, cooked	20	3.5	D	4
25230220	5000_MPE	Ham, prepackaged or deli, luncheon meat, reduced sodium	20	3.5	C	4
24202120	5000_MPE	Turkey, drumstick, smoked, skin eaten	20	1.5	D	3
24203120	5000_MPE	Turkey, wing, smoked, skin eaten	20	1.5	D	3
32400200	5000_MPE	Egg white, omelet, scrambled, or fried, with meat, fat added in cooking	20	2	D	4
32400220	5000_MPE	Egg white, omelet, scrambled, or fried, with meat, NS as to fat added in cooking	20	2	D	4
22709110	5000_MPE	Pork skin, boiled	20	0.5	E	3
23345100	5000_MPE	Wild pig, smoked	20	3.5	C	3
33401300	5000_MPE	Egg substitute, omelet, scrambled, or fried, with cheese and meat, fat added in cooking	20	2	D	4
33401320	5000_MPE	Egg substitute, omelet, scrambled, or fried, with cheese and meat, NS as to fat added in cooking	20	2	D	4
22201410	5000_MPE	Pork steak or cutlet, breaded or floured, fried, lean and fat eaten	20	2	D	4
32130300	5000_MPE	Egg omelet or scrambled egg, with cheese and meat, made with margarine	20	2	D	4
22709010	5000_MPE	Pork skin rinds	19	0.5	E	3
32130290	5000_MPE	Egg omelet or scrambled egg, with cheese and meat, NS as to fat added in cooking	19	2	D	4
32130365	5000_MPE	Egg omelet or scrambled egg, with cheese and meat, NS as to type of fat	19	2	D	4
24157320	5000_MPE	Chicken thigh, fried, coated, skin / coating eaten, from fast food	19	2	D	4
24157330	5000_MPE	Chicken thigh, fried, coated, skin / coating eaten, from restaurant	19	2	D	4
24167220	5000_MPE	Chicken wing, fried, coated, from fast food	19	1.5	D	4
24167230	5000_MPE	Chicken wing, fried, coated, from restaurant	19	1.5	D	4
75418060	5000_MPE	Squash, summer, soufflé	19	3	C	4
32130240	5000_MPE	Egg omelet or scrambled egg, with meat, made with animal fat or meat drippings	19	2	D	4
25230110	5000_MPE	Luncheon meat, NFS	19	3	D	4
25230210	5000_MPE	Ham, prepackaged or deli, luncheon meat	19	3	D	4
32400410	5000_MPE	Egg white, omelet, scrambled, or fried, with cheese and meat, fat not added in cooking	18	2	D	3
21103120	5000_MPE	Beef steak, breaded or floured, baked or fried, lean and fat eaten	18	3.5	D	4
23321050	5000_MPE	Venison/deer, cured	18	1.5	D	3
25221255	5000_MPE	Pepperoni, reduced fat	18	0.5	E	3
25221500	5000_MPE	Salami, NFS	18	0.5	E	3
24168010	5000_MPE	Chicken "wings" with hot sauce, from precooked	17	1.5	D	4
21601000	5000_MPE	Beef, bacon, cooked	17	0.5	E	3
24201520	5000_MPE	Turkey, light or dark meat, smoked, skin not eaten	17	2	D	3
24198440	5000_MPE	Chicken skin	17	1.5	E	4
24168020	5000_MPE	Chicken "wings" with hot sauce, from other sources	17	1.5	D	4
24168000	5000_MPE	Chicken "wings" with hot sauce, from fast food / restaurant	16	1.5	D	4
22701050	5000_MPE	Pork, spareribs, barbecued, with sauce, lean only eaten	16	3.5	D	4
22201400	5000_MPE	Pork steak or cutlet, breaded or floured, fried, NS as to fat eaten	16	2	D	4
32400710	5000_MPE	Egg white, omelet, scrambled, or fried, with cheese, meat, and vegetables, fat not added in cookin	16	3.5	C	4
27246400	5000_MPE	Chicken or turkey souffle	16	3	D	4
32130220	5000_MPE	Egg omelet or scrambled egg, with meat, made with butter	15	2	D	4
22101420	5000_MPE	Pork chop, battered, fried, lean only eaten	15	3.5	C	4
32400400	5000_MPE	Egg white, omelet, scrambled, or fried, with cheese and meat, fat added in cooking	15	2	D	4
32400420	5000_MPE	Egg white, omelet, scrambled, or fried, with cheese and meat, NS as to fat added in cooking	15	2	D	4
25221350	5000_MPE	Italian sausage	15	1	E	4
32130340	5000_MPE	Egg omelet or scrambled egg, with cheese and meat, made with animal fat or meat drippings	15	1.5	D	4
25230785	5000_MPE	Turkey, prepackaged or deli, luncheon meat, reduced sodium	15	3.5	C	4
22101400	5000_MPE	Pork chop, battered, fried, NS as to fat eaten	15	3.5	D	4
22101410	5000_MPE	Pork chop, battered, fried, lean and fat eaten	15	3.5	D	4
23203030	5000_MPE	Veal chop, fried, lean only eaten	15	4	C	4
21002000	5000_MPE	Beef, pickled	15	1.5	E	3
21416000	5000_MPE	Corned beef, cooked, NS as to fat eaten	15	1.5	E	3
21416110	5000_MPE	Corned beef, cooked, lean and fat eaten	15	1.5	E	3
32400610	5000_MPE	Egg white, omelet, scrambled, or fried, with meat and vegetables, fat not added in cooking	14	3.5	C	4
32105190	5000_MPE	Egg casserole with bread, cheese, milk and meat	13	3	D	4
25230780	5000_MPE	Turkey, prepackaged or deli, luncheon meat	13	3.5	C	4
25221870	5000_MPE	Turkey or chicken and pork sausage	13	1.5	E	4
25160130	5000_MPE	Tongue pot roast, Puerto Rican style	13	1	E	4
25170210	5000_MPE	Chitterlings, cooked	13	2	D	3
25220350	5000_MPE	Bratwurst	13	1	E	4
23203010	5000_MPE	Veal chop, fried, NS as to fat eaten	13	3.5	C	4
23203020	5000_MPE	Veal chop, fried, lean and fat eaten	13	3.5	C	4
23205010	5000_MPE	Veal cutlet or steak, fried, NS as to fat eaten	13	3.5	C	4
23205020	5000_MPE	Veal cutlet or steak, fried, lean and fat eaten	13	3.5	C	4
22701030	5000_MPE	Pork, spareribs, barbecued, with sauce, NS as to fat eaten	13	1.5	D	4
22701040	5000_MPE	Pork, spareribs, barbecued, with sauce, lean and fat eaten	13	1.5	D	4
21304220	5000_MPE	Beef, shortribs, barbecued, with sauce, lean only eaten	12	2	D	4
21104110	5000_MPE	Beef steak, battered, fried, NS as to fat eaten	12	4	C	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

24198840	5000_MPE	Fried chicken chunks, Puerto Rican style	12	2	D	4
25240220	5000_MPE	Ham salad spread	12	1.5	D	4
25220710	5000_MPE	Chorizo	11	0.5	E	4
25221505	5000_MPE	Salami, made from any type of meat, reduced fat	11	1.5	D	4
25220360	5000_MPE	Bratwurst, with cheese	11	1	E	4
21602100	5000_MPE	Beef jerky	11	0.5	E	4
22002800	5000_MPE	Pork jerky	11	0.5	E	4
21602010	5000_MPE	Beef, dried, chipped, cooked in fat	11	0.5	D	3
32101500	5000_MPE	Egg, Benedict	11	1.5	D	4
21104130	5000_MPE	Beef steak, battered, fried, lean only eaten	10	3.5	C	4
22321110	5000_MPE	Ham, smoked or cured, ground patty	10	1	E	4
25221400	5000_MPE	Sausage, NFS	10	1	E	4
25221405	5000_MPE	Pork sausage	10	1	E	4
25230550	5000_MPE	Ham, pork, and chicken, canned luncheon meat, chopped, minced, pressed, spiced, reduced sodiur	10	1	E	4
21416120	5000_MPE	Corned beef, cooked, lean only eaten	10	1.5	D	3
21416150	5000_MPE	Corned beef, canned, ready-to-eat	10	1.5	D	3
21304200	5000_MPE	Beef, shortribs, barbecued, with sauce, NS as to fat eaten	10	1	E	4
21304210	5000_MPE	Beef, shortribs, barbecued, with sauce, lean and fat eaten	10	1	E	4
22621000	5000_MPE	Salt pork, cooked	9	0.5	E	3
21104120	5000_MPE	Beef steak, battered, fried, lean and fat eaten	9	3.5	D	4
25230800	5000_MPE	Turkey ham, prepackaged or deli, luncheon meat	8	2	D	4
25230610	5000_MPE	Luncheon meat, loaf type	8	1.5	D	4
25230540	5000_MPE	Ham, pork and chicken, canned luncheon meat, chopped, minced, pressed, spiced, reduced fat and	8	1.5	D	4
22600110	5000_MPE	Bacon, NS as to type of meat, reduced sodium, cooked	8	1.5	D	4
24208510	5000_MPE	Turkey bacon, reduced sodium, cooked	8	1.5	D	4
25221450	5000_MPE	Pork sausage rice links	8	1	E	4
25221830	5000_MPE	Turkey or chicken sausage	8	3	D	4
25221860	5000_MPE	Turkey or chicken sausage, reduced fat	8	3	D	4
22707010	5000_MPE	Pork, pig's feet, cooked	7	3.5	C	3
25221610	5000_MPE	Scrapple, cooked	7	3	D	4
25230420	5000_MPE	Ham luncheon meat, loaf type	7	1.5	D	4
25210410	5000_MPE	Frankfurter or hot dog, turkey	6	1.5	D	4
25210250	5000_MPE	Frankfurter or hot dog, meat and poultry, fat free	6	3	C	4
25230340	5000_MPE	Chicken, prepackaged or deli, luncheon meat, reduced sodium	6	3.5	C	4
25221215	5000_MPE	Pastrami, NFS	5	2	D	3
25221260	5000_MPE	Pepperoni, reduced sodium	5	0.5	E	4
25210290	5000_MPE	Frankfurter or hot dog, meat and poultry, reduced fat or light	5	3	D	4
25210620	5000_MPE	Frankfurter or hot dog, beef, reduced fat or light	5	3	D	4
25210750	5000_MPE	Frankfurter or hot dog, reduced fat or light, NFS	5	3	D	4
25230320	5000_MPE	Chicken, prepackaged or deli, luncheon meat	4	3	D	4
32400070	5000_MPE	Egg white omelet, scrambled, or fried, made with butter	4	3	C	4
25240000	5000_MPE	Meat spread or potted meat, NFS	4	1.5	D	4
25221310	5000_MPE	Polish sausage	4	1	E	4
25210150	5000_MPE	Frankfurter or hot dog, cheese-filled	4	0.5	E	4
25210220	5000_MPE	Frankfurter or hot dog, beef and pork	3	1.5	E	4
25210240	5000_MPE	Frankfurter or hot dog, beef and pork, reduced fat or light	3	1.5	E	4
25210280	5000_MPE	Frankfurter or hot dog, meat and poultry	3	1.5	E	4
25221810	5000_MPE	Thuringer	3	0.5	E	4
25210310	5000_MPE	Frankfurter or hot dog, chicken	3	1.5	D	4
21602000	5000_MPE	Beef, dried, chipped, uncooked	2	0.5	D	3
25221250	5000_MPE	Pepperoni, NFS	2	0.5	E	4
25220650	5000_MPE	Turkey or chicken and beef sausage	2	1.5	D	4
25221110	5000_MPE	Knockwurst	2	1	E	4
25220435	5000_MPE	Bologna, made from any kind of meat, reduced sodium	1	1	E	4
25220108	5000_MPE	Beef sausage, reduced sodium	1	2	D	4
25221408	5000_MPE	Pork sausage, reduced sodium	1	2	D	4
25221875	5000_MPE	Turkey or chicken, pork, and beef sausage, reduced sodium	1	2	D	4
22001000	5000_MPE	Pork, pickled, NS as to cut	1	2	D	3
22431000	5000_MPE	Pork roll, cured, fried	1	0.5	E	4
22707020	5000_MPE	Pork, pig's feet, pickled	1	2	D	3
23321900	5000_MPE	Venison/deer jerky	1	0.5	E	4
23322100	5000_MPE	Deer sausage	1	1	E	4
25210110	5000_MPE	Frankfurter, wiener, or hot dog, NFS	1	1	E	4
25210210	5000_MPE	Frankfurter or hot dog, beef	1	1	E	4
25220105	5000_MPE	Beef sausage	1	0.5	E	4
25220150	5000_MPE	Beef sausage with cheese	1	0.5	E	4
25220210	5000_MPE	Blood sausage	1	1	E	4
25220410	5000_MPE	Bologna, NFS	1	0.5	E	4
25220425	5000_MPE	Bologna, made from any kind of meat, reduced fat	1	1.5	D	4
25220445	5000_MPE	Bologna, made from any kind of meat, reduced fat and reduced sodium	1	1.5	D	4
25220910	5000_MPE	Head cheese	1	2	D	4
25221210	5000_MPE	Mortadella	1	0.5	E	4
25221460	5000_MPE	Pork and beef sausage	1	0.5	E	4
25221910	5000_MPE	Vienna sausage, canned	1	1.5	D	4
25221950	5000_MPE	Pickled sausage	1	0.5	E	4
25230530	5000_MPE	Ham and pork, canned luncheon meat, chopped, minced, pressed, spiced	1	0.5	E	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

foodcode	level1nd	Description	Food Compass Score	Health Star Rating	Nutri-Score	NOVA Category
26100100	5800_Seafood	Fish, NS as to type, raw	100	4.5	A	1
26118000	5800_Seafood	Halibut, raw	100	4.5	A	1
26118010	5800_Seafood	Halibut, cooked, NS as to cooking method	100	4	B	3
26118020	5800_Seafood	Halibut, baked or broiled, made with oil	100	4	B	3
26133100	5800_Seafood	Porgy, raw	100	4.5	A	1
26137100	5800_Seafood	Salmon, raw	100	4.5	A	1
26153100	5800_Seafood	Tuna, fresh, raw	100	4.5	A	1
26153170	5800_Seafood	Tuna, fresh, dried	100	4.5	B	3
26321110	5800_Seafood	Snails, cooked, NS as to cooking method	100	4	B	3
26315100	5800_Seafood	Oysters, raw	100	4	A	1
26117110	5800_Seafood	Haddock, cooked, NS as to cooking method	99	4	B	3
26117120	5800_Seafood	Haddock, baked or broiled, fat added in cooking	99	4	B	3
26153110	5800_Seafood	Tuna, fresh, cooked, NS as to cooking method	98	4	B	3
26153120	5800_Seafood	Tuna, fresh, baked or broiled, fat added in cooking	98	4	B	3
26137170	5800_Seafood	Salmon, dried	98	4.5	C	3
26309160	5800_Seafood	Crayfish, boiled or steamed	98	4	A	3
26315180	5800_Seafood	Oysters, canned	98	4	A	3
27150230	5800_Seafood	Shrimp scampi	97	4	A	3
26139180	5800_Seafood	Sardines, canned in oil	97	4	B	3
26118024	5800_Seafood	Halibut, baked or broiled, made with cooking spray	97	4	B	3
26139110	5800_Seafood	Sardines, cooked	96	4	B	3
26115000	5800_Seafood	Flounder, raw	96	4.5	A	1
26209100	5800_Seafood	Roe, herring	95	4.5	A	3
26118022	5800_Seafood	Halibut, baked or broiled, made with margarine	95	4	B	3
26305120	5800_Seafood	Crab, baked or broiled, fat added in cooking	95	3.5	C	3
26137120	5800_Seafood	Salmon, baked or broiled, made with oil	95	4	B	3
26137110	5800_Seafood	Salmon, cooked, NS as to cooking method	95	4	B	3
26129120	5800_Seafood	Pike, baked or broiled, fat added in cooking	94	4	B	3
26125100	5800_Seafood	Ocean perch, raw	94	4.5	A	1
26215120	5800_Seafood	Turtle, cooked, NS as to cooking method	94	4	B	3
26213100	5800_Seafood	Squid, raw	94	4.5	A	1
26109120	5800_Seafood	Cod, baked or broiled, made with oil	93	4	B	3
26109110	5800_Seafood	Cod, cooked, NS as to cooking method	93	4	B	3
26121100	5800_Seafood	Mackerel, raw	93	4	A	3
26118023	5800_Seafood	Halibut, baked or broiled, made without fat	93	4	B	3
26100120	5800_Seafood	Fish, NS as to type, baked or broiled, made with oil	92	4	B	3
26100110	5800_Seafood	Fish, NS as to type, cooked, NS as to cooking method	92	4	B	3
26118050	5800_Seafood	Halibut, steamed or poached	92	4	B	3
26147110	5800_Seafood	Sturgeon, cooked, NS as to cooking method	92	4	B	3
26147120	5800_Seafood	Sturgeon, baked or broiled, fat added in cooking	92	4	B	3
26319120	5800_Seafood	Shrimp, baked or broiled, made with oil	92	4	B	3
26311120	5800_Seafood	Lobster, baked or broiled, fat added in cooking	92	3.5	C	3
26127120	5800_Seafood	Perch, baked or broiled, made with oil	91	4	B	3
26109180	5800_Seafood	Cod, dried, salted, salt removed in water	91	4.5	A	3
26119100	5800_Seafood	Herring, raw	90	4	A	3
26207110	5800_Seafood	Roe, shad, cooked	90	4	C	3
26127124	5800_Seafood	Perch, baked or broiled, made with cooking spray	90	4	B	3
26115120	5800_Seafood	Flounder, baked or broiled, made with oil	89	4	B	3
26123100	5800_Seafood	Mullet, raw	89	4.5	A	1
26137124	5800_Seafood	Salmon, baked or broiled, made with cooking spray	89	4	B	3
26139170	5800_Seafood	Sardines, dried	89	4	D	3
26137180	5800_Seafood	Salmon, canned	89	4	B	3
26137122	5800_Seafood	Salmon, baked or broiled, made with margarine	89	4	B	3
26141110	5800_Seafood	Sea bass, cooked, NS as to cooking method	89	4	B	3
26141120	5800_Seafood	Sea bass, baked or broiled, fat added in cooking	89	4	B	3
26157120	5800_Seafood	Whiting, baked or broiled, made with oil	89	4	B	3
26149110	5800_Seafood	Swordfish, cooked, NS as to cooking method	88	4	C	3
26149120	5800_Seafood	Swordfish, baked or broiled, fat added in cooking	88	4	C	3
26125110	5800_Seafood	Ocean perch, cooked, NS as to cooking method	88	4	B	3
26125120	5800_Seafood	Ocean perch, baked or broiled, fat added in cooking	88	4	B	3
26158000	5800_Seafood	Tilapia, cooked, NS as to cooking method	88	4	B	3
26158010	5800_Seafood	Tilapia, baked or broiled, made with oil	88	4	B	3
26100122	5800_Seafood	Fish, NS as to type, baked or broiled, made with margarine	88	4	B	3
26100124	5800_Seafood	Fish, NS as to type, baked or broiled, made with cooking spray	88	4	B	3
26205170	5800_Seafood	Octopus, dried	88	1.5	D	3
26100180	5800_Seafood	Fish, NS as to type, canned	88	4	A	3
26155110	5800_Seafood	Tuna, canned, NS as to oil or water pack	88	4	A	3
26155190	5800_Seafood	Tuna, canned, water pack	88	4	A	3
26133120	5800_Seafood	Porgy, baked or broiled, fat added in cooking	88	4	B	3
26137123	5800_Seafood	Salmon, baked or broiled, made without fat	88	4	B	3
26319122	5800_Seafood	Shrimp, baked or broiled, made with margarine	88	4	B	3
26133110	5800_Seafood	Porgy, cooked, NS as to cooking method	87	4	B	3
26109122	5800_Seafood	Cod, baked or broiled, made with margarine	87	4	B	3
26319124	5800_Seafood	Shrimp, baked or broiled, made with cooking spray	87	4	B	3
26315120	5800_Seafood	Oysters, baked or broiled, fat added in cooking	87	3.5	B	3
26205190	5800_Seafood	Octopus, smoked	87	4	B	3
26213120	5800_Seafood	Squid, baked or broiled, fat added in cooking	87	4	A	3
26151110	5800_Seafood	Trout, cooked, NS as to cooking method	87	4	C	3
26151120	5800_Seafood	Trout, baked or broiled, made with oil	87	4	C	3
26100160	5800_Seafood	Fish, NS as to type, steamed	87	4	B	3
26137160	5800_Seafood	Salmon, steamed or poached	87	4	B	3
26313100	5800_Seafood	Mussels, raw	87	4	A	3
26105120	5800_Seafood	Carp, baked or broiled, fat added in cooking	87	4	B	3
26147130	5800_Seafood	Sturgeon, steamed	87	4	B	3
26100190	5800_Seafood	Fish, NS as to type, smoked	86	3.5	C	3

Supplementary Table 8. Original (uncorrected) scores for all food items.

26137190	5800_Seafood	Salmon, smoked	86	3.5	C	3
26100123	5800_Seafood	Fish, NS as to type, baked or broiled, made without fat	86	4	B	3
26127122	5800_Seafood	Perch, baked or broiled, made with margarine	86	4	B	3
26115122	5800_Seafood	Flounder, baked or broiled, made with margarine	85	4	B	3
26111120	5800_Seafood	Croaker, baked or broiled, fat added in cooking	85	4	B	3
26111110	5800_Seafood	Croaker, cooked, NS as to cooking method	85	4	B	3
26153122	5800_Seafood	Tuna, fresh, baked or broiled, fat not added in cooking	85	4.5	B	3
26155180	5800_Seafood	Tuna, canned, oil pack	85	4	B	3
26118060	5800_Seafood	Halibut, smoked	85	4	C	3
26121120	5800_Seafood	Mackerel, baked or broiled, fat added in cooking	85	3.5	D	3
26121110	5800_Seafood	Mackerel, cooked, NS as to cooking method	85	3.5	D	3
26115124	5800_Seafood	Flounder, baked or broiled, made with cooking spray	84	4	B	3
26149121	5800_Seafood	Swordfish, baked or broiled, fat not added in cooking	84	4	C	3
26131100	5800_Seafood	Pompano, raw	84	4	B	1
26151122	5800_Seafood	Trout, baked or broiled, made with margarine	84	4	C	3
26105121	5800_Seafood	Carp, baked or broiled, fat not added in cooking	84	4	B	3
26157124	5800_Seafood	Whiting, baked or broiled, made with cooking spray	84	4	B	3
26151124	5800_Seafood	Trout, baked or broiled, made with cooking spray	84	4	B	3
26117121	5800_Seafood	Haddock, baked or broiled, fat not added in cooking	84	4	B	3
26153160	5800_Seafood	Tuna, fresh, steamed or poached	83	4.5	B	3
26103110	5800_Seafood	Barracuda, cooked, NS as to cooking method	83	4	C	3
26103120	5800_Seafood	Barracuda, baked or broiled, fat added in cooking	83	4	C	3
26158012	5800_Seafood	Tilapia, baked or broiled, made with margarine	83	4	B	3
26151123	5800_Seafood	Trout, baked or broiled, made without fat	83	4	B	3
26305180	5800_Seafood	Crab, canned	83	4	B	3
26157122	5800_Seafood	Whiting, baked or broiled, made with margarine	83	4	B	3
26105160	5800_Seafood	Carp, steamed or poached	83	4	B	3
26203160	5800_Seafood	Frog legs, steamed	83	4	B	3
26149160	5800_Seafood	Swordfish, steamed or poached	82	4	C	3
26319123	5800_Seafood	Shrimp, baked or broiled, made without fat	82	4	B	3
26319130	5800_Seafood	Shrimp, steamed or boiled	82	4	A	3
26121121	5800_Seafood	Mackerel, baked or broiled, fat not added in cooking	82	4	C	3
26315190	5800_Seafood	Oysters, smoked	82	3.5	B	3
26133121	5800_Seafood	Porgy, baked or broiled, fat not added in cooking	82	4	B	3
26317110	5800_Seafood	Scallops, cooked, NS as to cooking method	82	4	B	3
26317120	5800_Seafood	Scallops, baked or broiled, fat added in cooking	82	4	B	3
26315121	5800_Seafood	Oysters, baked or broiled, fat not added in cooking	82	3.5	B	3
26117160	5800_Seafood	Haddock, steamed or poached	82	4	B	3
26141121	5800_Seafood	Sea bass, baked or broiled, fat not added in cooking	81	4	B	3
26158014	5800_Seafood	Tilapia, baked or broiled, made with cooking spray	81	4	B	3
26305110	5800_Seafood	Crab, cooked, NS as to cooking method	81	3.5	C	3
26305160	5800_Seafood	Crab, hard shell, steamed	81	3.5	C	3
26115123	5800_Seafood	Flounder, baked or broiled, made without fat	81	4	B	3
26123120	5800_Seafood	Mullet, baked or broiled, fat added in cooking	81	4	B	3
26119120	5800_Seafood	Herring, baked or broiled, fat added in cooking	81	4	C	3
26119110	5800_Seafood	Herring, cooked, NS as to cooking method	81	4	C	3
26113190	5800_Seafood	Eel, smoked	80	3.5	D	3
26115190	5800_Seafood	Flounder, smoked	80	4.5	B	3
26151160	5800_Seafood	Trout, steamed or poached	80	4	B	3
26157123	5800_Seafood	Whiting, baked or broiled, made without fat	80	4	B	3
26319180	5800_Seafood	Shrimp, canned	80	3.5	C	3
26141160	5800_Seafood	Sea bass, steamed or poached	80	4	B	3
26213190	5800_Seafood	Squid, canned	80	4	A	3
26113160	5800_Seafood	Eel, steamed or poached	80	4	C	3
26121190	5800_Seafood	Mackerel, smoked	80	4	C	3
26153190	5800_Seafood	Tuna, fresh, smoked	80	4	C	3
26143110	5800_Seafood	Shark, cooked, NS as to cooking method	80	4	B	3
26143120	5800_Seafood	Shark, baked or broiled, fat added in cooking	80	4	B	3
26135110	5800_Seafood	Ray, cooked, NS as to cooking method	80	4	B	3
26135120	5800_Seafood	Ray, baked or broiled, fat added in cooking	80	4	B	3
26139190	5800_Seafood	Sardines, skinless, boneless, packed in water	80	4	C	3
26151190	5800_Seafood	Trout, smoked	80	4	D	3
26205180	5800_Seafood	Octopus, dried, boiled	80	4	C	3
26115160	5800_Seafood	Flounder, steamed or poached	80	4	B	3
26125121	5800_Seafood	Ocean perch, baked or broiled, fat not added in cooking	79	4	B	3
26133160	5800_Seafood	Porgy, steamed or poached	79	4	B	3
26129121	5800_Seafood	Pike, baked or broiled, fat not added in cooking	79	4	B	3
26311180	5800_Seafood	Lobster, canned	79	4	B	3
26157160	5800_Seafood	Whiting, steamed or poached	79	4	B	3
26103121	5800_Seafood	Barracuda, baked or broiled, fat not added in cooking	79	4	C	3
26213121	5800_Seafood	Squid, baked or broiled, fat not added in cooking	79	4	B	3
26121180	5800_Seafood	Mackerel, canned	79	4	B	3
26119121	5800_Seafood	Herring, baked or broiled, fat not added in cooking	79	4	C	3
26125160	5800_Seafood	Ocean perch, steamed or poached	79	4	B	3
26127123	5800_Seafood	Perch, baked or broiled, made without fat	79	4	B	3
26315130	5800_Seafood	Oysters, steamed	78	3.5	B	3
26301110	5800_Seafood	Abalone, cooked, NS as to cooking method	78	4	C	3
26158013	5800_Seafood	Tilapia, baked or broiled, made without fat	78	4	B	3
26105190	5800_Seafood	Carp, smoked	78	3.5	C	3
26119170	5800_Seafood	Herring, dried, salted	78	0.5	E	3
26303100	5800_Seafood	Clams, raw	78	4.5	A	1
26305121	5800_Seafood	Crab, baked or broiled, fat not added in cooking	77	3.5	C	3
26147190	5800_Seafood	Sturgeon, smoked	77	3.5	D	3
26129160	5800_Seafood	Pike, steamed or poached	77	4	B	3
26127160	5800_Seafood	Perch, steamed or poached	77	4	B	3
26103160	5800_Seafood	Barracuda, steamed or poached	77	4	C	3

Supplementary Table 8. Original (uncorrected) scores for all food items.

26319170	5800_Seafood	Shrimp, dried	77	0.5	D	3
26111121	5800_Seafood	Croaker, baked or broiled, fat not added in cooking	77	4	B	3
26158050	5800_Seafood	Tilapia, steamed or poached	76	4	B	3
26135121	5800_Seafood	Ray, baked or broiled, fat not added in cooking	76	4	B	3
26143121	5800_Seafood	Shark, baked or broiled, fat not added in cooking	76	4	B	3
26137121	5800_Seafood	Salmon, baked or broiled, made with butter	75	4	C	3
26303110	5800_Seafood	Clams, cooked, NS as to cooking method	75	4	B	3
26303120	5800_Seafood	Clams, baked or broiled, fat added in cooking	75	4	B	3
26213170	5800_Seafood	Squid, dried	75	2	D	3
26109124	5800_Seafood	Cod, baked or broiled, made with cooking spray	75	4	B	3
26111160	5800_Seafood	Croaker, steamed or poached	75	4	B	3
26109123	5800_Seafood	Cod, baked or broiled, made without fat	74	4	B	3
26131110	5800_Seafood	Pompano, cooked, NS as to cooking method	74	3.5	C	3
26131120	5800_Seafood	Pompano, baked or broiled, fat added in cooking	74	3.5	C	3
26205160	5800_Seafood	Octopus, steamed	74	4	C	3
26311110	5800_Seafood	Lobster, cooked, NS as to cooking method	74	3.5	C	3
26107120	5800_Seafood	Catfish, baked or broiled, made with oil	74	3.5	C	3
26135160	5800_Seafood	Ray, steamed or poached	74	4	B	3
26143160	5800_Seafood	Shark, steamed or poached	74	4	B	3
26118021	5800_Seafood	Halibut, baked or broiled, made with butter	74	4	B	3
26123121	5800_Seafood	Mullet, baked or broiled, fat not added in cooking	74	4	B	3
26313110	5800_Seafood	Mussels, cooked, NS as to cooking method	74	3.5	D	3
26313160	5800_Seafood	Mussels, steamed or poached	74	3.5	D	3
26211100	5800_Seafood	Roe, sturgeon	73	1	D	3
26117190	5800_Seafood	Haddock, smoked	73	4	C	3
26213160	5800_Seafood	Squid, steamed or boiled	73	4	B	3
26109160	5800_Seafood	Cod, steamed or poached	72	4	B	3
26107124	5800_Seafood	Catfish, baked or broiled, made with cooking spray	72	4	B	3
26123160	5800_Seafood	Mullet, steamed or poached	72	4	B	3
26107123	5800_Seafood	Catfish, baked or broiled, made without fat	72	4	B	3
26107122	5800_Seafood	Catfish, baked or broiled, made with margarine	72	3.5	C	3
26100121	5800_Seafood	Fish, NS as to type, baked or broiled, made with butter	72	4	B	3
26311121	5800_Seafood	Lobster, baked or broiled, fat not added in cooking	72	3.5	C	3
26303180	5800_Seafood	Clams, canned	72	4.5	A	3
26119190	5800_Seafood	Herring, smoked, kippered	71	2	D	3
26151121	5800_Seafood	Trout, baked or broiled, made with butter	71	4	C	3
26315110	5800_Seafood	Oysters, cooked, NS as to cooking method	70	3	C	4
26107160	5800_Seafood	Catfish, steamed or poached	70	4	B	3
26311160	5800_Seafood	Lobster, steamed or boiled	69	3.5	C	3
26131121	5800_Seafood	Pompano, baked or broiled, fat not added in cooking	69	3.5	C	3
27150140	5800_Seafood	Clam sauce, white	69	3	C	4
26213180	5800_Seafood	Squid, pickled	69	1.5	D	3
26131190	5800_Seafood	Pompano, smoked	68	3.5	C	3
26109190	5800_Seafood	Cod, smoked	68	4	B	3
26317121	5800_Seafood	Scallops, baked or broiled, fat not added in cooking	68	4	B	3
26153130	5800_Seafood	Tuna, fresh, coated, baked or broiled, fat added in cooking	67	4	B	4
26315160	5800_Seafood	Oysters, coated, baked or broiled, fat added in cooking	67	3.5	B	4
26101110	5800_Seafood	Anchovy, cooked, NS as to cooking method	67	0.5	D	3
26101180	5800_Seafood	Anchovy, canned	67	0.5	D	3
26131160	5800_Seafood	Pompano, steamed or poached	67	3.5	C	3
26141180	5800_Seafood	Sea bass, pickled	67	3.5	B	4
26205110	5800_Seafood	Octopus, cooked, NS as to cooking method	66	3.5	C	4
26121160	5800_Seafood	Mackerel, pickled	66	3	D	4
26137130	5800_Seafood	Salmon, coated, baked or broiled, made with oil	66	4	B	4
26118030	5800_Seafood	Halibut, coated, baked or broiled, made with oil	65	4	B	4
26303121	5800_Seafood	Clams, baked or broiled, fat not added in cooking	64	4	B	3
26315140	5800_Seafood	Oysters, coated, fried	63	3	C	4
26158011	5800_Seafood	Tilapia, baked or broiled, made with butter	63	4	B	3
26153140	5800_Seafood	Tuna, fresh, coated, fried	63	4	B	4
26121131	5800_Seafood	Mackerel, coated, baked or broiled, fat added in cooking	62	3.5	C	4
26319121	5800_Seafood	Shrimp, baked or broiled, made with butter	62	3.5	C	3
26305130	5800_Seafood	Crab, coated, baked or broiled, fat added in cooking	62	3.5	C	4
26149130	5800_Seafood	Swordfish, coated, baked or broiled, fat added in cooking	62	3.5	C	4
26113110	5800_Seafood	Eel, cooked, NS as to cooking method	62	3.5	C	4
26137140	5800_Seafood	Salmon, coated, fried, made with oil	62	3.5	C	4
26105110	5800_Seafood	Carp, cooked, NS as to cooking method	62	3.5	C	4
26115121	5800_Seafood	Flounder, baked or broiled, made with butter	61	3.5	B	3
26127121	5800_Seafood	Perch, baked or broiled, made with butter	61	4	B	3
26137132	5800_Seafood	Salmon, coated, baked or broiled, made with margarine	61	4	B	4
26103130	5800_Seafood	Barracuda, coated, baked or broiled, fat added in cooking	60	3.5	C	4
26118040	5800_Seafood	Halibut, coated, fried, made with oil	60	4	B	4
26317130	5800_Seafood	Scallops, steamed or boiled	60	4	C	3
26118032	5800_Seafood	Halibut, coated, baked or broiled, made with margarine	60	4	B	4
26109121	5800_Seafood	Cod, baked or broiled, made with butter	60	3.5	C	3
26157110	5800_Seafood	Whiting, cooked, NS as to cooking method	60	4	B	4
26100130	5800_Seafood	Fish, NS as to type, coated, baked or broiled, made with oil	60	4	B	4
26105130	5800_Seafood	Carp, coated, baked or broiled, fat added in cooking	60	4	B	4
26100170	5800_Seafood	Fish, NS as to type, dried	60	0.5	D	3
26109170	5800_Seafood	Cod, dried, salted	60	0.5	D	3
26117130	5800_Seafood	Haddock, coated, baked or broiled, fat added in cooking	60	4	B	4
26309140	5800_Seafood	Crayfish, coated, fried	60	4	B	4
26151130	5800_Seafood	Trout, coated, baked or broiled, made with oil	60	4	C	4
26213130	5800_Seafood	Squid, coated, baked or broiled, fat added in cooking	59	4	B	4
26127110	5800_Seafood	Perch, cooked, NS as to cooking method	59	4	B	4
26137134	5800_Seafood	Salmon, coated, baked or broiled, made with cooking spray	59	4	B	4
27150110	5800_Seafood	Shrimp cocktail	59	4	B	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

26118034	5800_Seafood	Halibut, coated, baked or broiled, made with cooking spray	59	4	B	4
26115110	5800_Seafood	Flounder, cooked, NS as to cooking method	58	3.5	C	4
26157121	5800_Seafood	Whiting, baked or broiled, made with butter	58	4	B	3
26137133	5800_Seafood	Salmon, coated, baked or broiled, made without fat	58	4	B	4
26307140	5800_Seafood	Crab, soft shell, coated, fried	58	3.5	C	4
26301160	5800_Seafood	Abalone, steamed or poached	58	3.5	D	3
26121140	5800_Seafood	Mackerel, coated, fried	58	3.5	D	4
26121132	5800_Seafood	Mackerel, coated, baked or broiled, fat not added in cooking	58	3.5	C	4
26149140	5800_Seafood	Swordfish, coated, fried	58	3.5	C	4
26153131	5800_Seafood	Tuna, fresh, coated, baked or broiled, fat not added	57	4	B	4
26109130	5800_Seafood	Cod, coated, baked or broiled, made with oil	57	3.5	B	4
26107121	5800_Seafood	Catfish, baked or broiled, made with butter	57	3.5	C	3
26147140	5800_Seafood	Sturgeon, coated, fried	57	3.5	C	4
26133130	5800_Seafood	Porgy, coated, baked or broiled, fat added in cooking	57	4	B	4
26118033	5800_Seafood	Halibut, coated, baked or broiled, made without fat	57	4	B	4
26311170	5800_Seafood	Lobster, coated, baked or broiled, fat added in cooking	57	3.5	C	4
26123110	5800_Seafood	Mullet, cooked, NS as to cooking method	57	3.5	C	4
26303160	5800_Seafood	Clams, steamed or boiled	57	4	B	3
26119130	5800_Seafood	Herring, coated, baked or broiled, fat added in cooking	57	3.5	C	4
26319110	5800_Seafood	Shrimp, cooked, NS as to cooking method	57	3.5	B	4
26129130	5800_Seafood	Pike, coated, baked or broiled, fat added in cooking	56	4	B	4
26203110	5800_Seafood	Frog legs, NS as to cooking method	56	4	B	4
26127130	5800_Seafood	Perch, coated, baked or broiled, made with oil	56	4	B	4
26137142	5800_Seafood	Salmon, coated, fried, made with margarine	56	3.5	C	4
26151132	5800_Seafood	Trout, coated, baked or broiled, made with margarine	56	4	C	4
26117140	5800_Seafood	Haddock, coated, fried	56	4	B	4
26213140	5800_Seafood	Squid, coated, fried	56	3.5	C	4
26151140	5800_Seafood	Trout, coated, fried, made with oil	56	3.5	C	4
26157130	5800_Seafood	Whiting, coated, baked or broiled, made with oil	56	4	B	4
26100132	5800_Seafood	Fish, NS as to type, coated, baked or broiled, made with margarine	56	4	B	4
26100140	5800_Seafood	Fish, NS as to type, coated, fried, made with oil	56	3.5	C	4
26158020	5800_Seafood	Tilapia, coated, baked or broiled, made with oil	56	4	B	4
26111130	5800_Seafood	Croaker, coated, baked or broiled, fat added in cooking	56	4	B	4
26141130	5800_Seafood	Sea bass, coated, baked or broiled, fat added in cooking	56	4	B	4
26149131	5800_Seafood	Swordfish, coated, baked or broiled, fat not added in cooking	56	4	B	4
26103140	5800_Seafood	Barracuda, coated, fried	56	3.5	C	4
26303190	5800_Seafood	Clams, smoked, in oil	55	3.5	C	3
26100200	5800_Seafood	Fish, NS as to type, from fast food	55	3.5	C	4
26125130	5800_Seafood	Ocean perch, coated, baked or broiled, fat added in cooking	55	3.5	B	4
26119180	5800_Seafood	Herring, pickled	55	2	D	3
26105140	5800_Seafood	Carp, coated, fried	55	3.5	C	4
26118042	5800_Seafood	Halibut, coated, fried, made with margarine	55	4	B	4
26315161	5800_Seafood	Oysters, coated, baked or broiled, fat not added in cooking	55	3.5	B	4
26115130	5800_Seafood	Flounder, coated, baked or broiled, made with oil	55	3.5	B	4
26103131	5800_Seafood	Barracuda, coated, baked or broiled, fat not added in cooking	54	4	C	4
26319160	5800_Seafood	Shrimp, coated, baked or broiled, made with oil	54	3.5	B	4
26131130	5800_Seafood	Pompano, coated, baked or broiled, fat added in cooking	54	3.5	C	4
26151134	5800_Seafood	Trout, coated, baked or broiled, made with cooking spray	54	4	B	4
26129110	5800_Seafood	Pike, cooked, NS as to cooking method	54	4	B	4
26137144	5800_Seafood	Salmon, coated, fried, made with cooking spray	54	4	C	4
26317160	5800_Seafood	Scallops, coated, baked or broiled, fat added in cooking	54	3.5	B	4
27150070	5800_Seafood	Lobster with butter sauce	54	3.5	D	3
26109140	5800_Seafood	Cod, coated, fried, made with oil	54	3.5	B	4
26105131	5800_Seafood	Carp, coated, baked or broiled, fat not added in cooking	54	4	B	4
26111140	5800_Seafood	Croaker, coated, fried	54	3.5	C	4
26135130	5800_Seafood	Ray, coated, baked or broiled, fat added in cooking	53	4	B	4
26143130	5800_Seafood	Shark, coated, baked or broiled, fat added in cooking	53	4	B	4
26133140	5800_Seafood	Porgy, coated, fried	53	3.5	C	4
26100134	5800_Seafood	Fish, NS as to type, coated, baked or broiled, made with cooking spray	53	4	B	4
26151133	5800_Seafood	Trout, coated, baked or broiled, made without fat	53	4	B	4
26157140	5800_Seafood	Whiting, coated, fried, made with oil	53	4	B	4
26311140	5800_Seafood	Lobster, coated, fried	53	3.5	C	4
26123130	5800_Seafood	Mullet, coated, baked or broiled, fat added in cooking	53	4	B	4
26137143	5800_Seafood	Salmon, coated, fried, made without fat	53	4	C	4
26127140	5800_Seafood	Perch, coated, fried, made with oil	53	4	B	4
26125140	5800_Seafood	Ocean perch, coated, fried	52	3.5	B	4
26100133	5800_Seafood	Fish, NS as to type, coated, baked or broiled, made without fat	52	4	B	4
26158030	5800_Seafood	Tilapia, coated, fried, made with oil	52	4	C	4
26119140	5800_Seafood	Herring, coated, fried	52	3.5	C	4
26129140	5800_Seafood	Pike, coated, fried	52	4	B	4
26118044	5800_Seafood	Halibut, coated, fried, made with cooking spray	52	4	B	4
26151142	5800_Seafood	Trout, coated, fried, made with margarine	52	4	C	4
26141140	5800_Seafood	Sea bass, coated, fried	52	3.5	C	4
26100142	5800_Seafood	Fish, NS as to type, coated, fried, made with margarine	52	3.5	C	4
26115140	5800_Seafood	Flounder, coated, fried, made with oil	51	3.5	C	4
26119131	5800_Seafood	Herring, coated, baked or broiled, fat not added in cooking	51	3.5	C	4
26109132	5800_Seafood	Cod, coated, baked or broiled, made with margarine	51	3.5	B	4
26158022	5800_Seafood	Tilapia, coated, baked or broiled, made with margarine	51	4	B	4
26127132	5800_Seafood	Perch, coated, baked or broiled, made with margarine	51	4	B	4
26118043	5800_Seafood	Halibut, coated, fried, made without fat	51	4	B	4
26107110	5800_Seafood	Catfish, cooked, NS as to cooking method	51	3.5	C	4
26157132	5800_Seafood	Whiting, coated, baked or broiled, made with margarine	51	4	B	4
26303130	5800_Seafood	Clams, coated, baked or broiled, fat added in cooking	50	4	B	4
26123140	5800_Seafood	Mullet, coated, fried	50	3.5	C	4
26143140	5800_Seafood	Shark, coated, fried	50	3.5	C	4
26135140	5800_Seafood	Ray, coated, fried	50	3.5	C	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

26319140	5800_Seafood	Shrimp, coated, fried, made with oil	50	3.5	B	4
26115132	5800_Seafood	Flounder, coated, baked or broiled, made with margarine	49	3.5	B	4
26305131	5800_Seafood	Crab, coated, baked or broiled, fat not added in cooking	49	3.5	C	4
26131140	5800_Seafood	Pompano, coated, fried	49	3.5	D	4
26319162	5800_Seafood	Shrimp, coated, baked or broiled, made with margarine	49	4	B	4
26317140	5800_Seafood	Scallops, coated, fried	49	3.5	C	4
26109142	5800_Seafood	Cod, coated, fried, made with margarine	49	3.5	C	4
26133131	5800_Seafood	Porgy, coated, baked or broiled, fat not added in cooking	48	4	B	4
26127134	5800_Seafood	Perch, coated, baked or broiled, made with cooking spray	48	4	B	4
26117131	5800_Seafood	Haddock, coated, baked or broiled, fat not added in cooking	48	4	B	4
26100144	5800_Seafood	Fish, NS as to type, coated, fried, made with cooking spray	48	4	C	4
26151144	5800_Seafood	Trout, coated, fried, made with cooking spray	48	4	B	4
26119160	5800_Seafood	Herring, pickled, in cream sauce	48	2	D	3
26213131	5800_Seafood	Squid, coated, baked or broiled, fat not added in cooking	48	4	A	4
26158032	5800_Seafood	Tilapia, coated, fried, made with margarine	48	4	C	4
26137131	5800_Seafood	Salmon, coated, baked or broiled, made with butter	47	3.5	C	4
26129131	5800_Seafood	Pike, coated, baked or broiled, fat not added in cooking	47	4	A	4
26151143	5800_Seafood	Trout, coated, fried, made without fat	47	4	B	4
26100143	5800_Seafood	Fish, NS as to type, coated, fried, made without fat	47	4	C	4
26157142	5800_Seafood	Whiting, coated, fried, made with margarine	47	3.5	C	4
26301140	5800_Seafood	Abalone, floured or breaded, fried	47	3.5	C	4
26135131	5800_Seafood	Ray, coated, baked or broiled, fat not added in cooking	47	4	B	4
26143131	5800_Seafood	Shark, coated, baked or broiled, fat not added in cooking	47	4	B	4
26127142	5800_Seafood	Perch, coated, fried, made with margarine	47	4	B	4
26141131	5800_Seafood	Sea bass, coated, baked or broiled, fat not added in cooking	47	4	B	4
26158024	5800_Seafood	Tilapia, coated, baked or broiled, made with cooking spray	47	4	B	4
26157134	5800_Seafood	Whiting, coated, baked or broiled, made with cooking spray	47	4	B	4
26115142	5800_Seafood	Flounder, coated, fried, made with margarine	47	3.5	C	4
26131131	5800_Seafood	Pompano, coated, baked or broiled, fat not added in cooking	47	3.5	C	4
26107130	5800_Seafood	Catfish, coated, baked or broiled, made with oil	47	3.5	C	4
26127133	5800_Seafood	Perch, coated, baked or broiled, made without fat	46	4	B	4
26303140	5800_Seafood	Clams, coated, fried	46	3.5	B	4
26111131	5800_Seafood	Croaker, coated, baked or broiled, fat not added in cooking	46	4	B	4
26319142	5800_Seafood	Shrimp, coated, fried, made with margarine	45	3.5	C	4
26158023	5800_Seafood	Tilapia, coated, baked or broiled, made without fat	45	4	B	4
26157133	5800_Seafood	Whiting, coated, baked or broiled, made without fat	45	4	B	4
26115134	5800_Seafood	Flounder, coated, baked or broiled, made with cooking spray	44	4	B	4
26319164	5800_Seafood	Shrimp, coated, baked or broiled, made with cooking spray	44	4	B	4
26107140	5800_Seafood	Catfish, coated, fried, made with oil	44	3.5	C	4
26151131	5800_Seafood	Trout, coated, baked or broiled, made with butter	44	3.5	C	4
26109134	5800_Seafood	Cod, coated, baked or broiled, made with cooking spray	44	4	B	4
26123131	5800_Seafood	Mullet, coated, baked or broiled, fat not added in cooking	44	4	B	4
26118031	5800_Seafood	Halibut, coated, baked or broiled, made with butter	44	3.5	C	4
26125131	5800_Seafood	Ocean perch, coated, baked or broiled, fat not added in cooking	44	4	B	4
26109133	5800_Seafood	Cod, coated, baked or broiled, made without fat	43	4	B	4
26107132	5800_Seafood	Catfish, coated, baked or broiled, made with margarine	43	3.5	C	4
26311171	5800_Seafood	Lobster, coated, baked or broiled, fat not added in cooking	43	3.5	C	4
26115133	5800_Seafood	Flounder, coated, baked or broiled, made without fat	43	4	B	4
26127144	5800_Seafood	Perch, coated, fried, made with cooking spray	42	4	B	4
26319163	5800_Seafood	Shrimp, coated, baked or broiled, made without fat	41	4	B	4
26317161	5800_Seafood	Scallops, coated, baked or broiled, fat not added in cooking	41	3.5	B	4
26100131	5800_Seafood	Fish, NS as to type, coated, baked or broiled, made with butter	41	3.5	C	4
26127143	5800_Seafood	Perch, coated, fried, made without fat	41	4	B	4
26158034	5800_Seafood	Tilapia, coated, fried, made with cooking spray	41	4	B	4
26107134	5800_Seafood	Catfish, coated, baked or broiled, made with cooking spray	41	4	B	4
26157144	5800_Seafood	Whiting, coated, fried, made with cooking spray	41	4	B	4
26107133	5800_Seafood	Catfish, coated, baked or broiled, made without fat	40	4	B	4
26109144	5800_Seafood	Cod, coated, fried, made with cooking spray	40	4	B	4
26100260	5800_Seafood	Fish stick, patty or nugget from fast food	40	3	C	4
26100270	5800_Seafood	Fish stick, patty or nugget from restaurant, home, or other place	40	3	C	4
26137141	5800_Seafood	Salmon, coated, fried, made with butter	40	3.5	D	4
26158033	5800_Seafood	Tilapia, coated, fried, made without fat	40	4	B	4
26107142	5800_Seafood	Catfish, coated, fried, made with margarine	40	3.5	C	4
26319144	5800_Seafood	Shrimp, coated, fried, made with cooking spray	40	4	B	4
26157143	5800_Seafood	Whiting, coated, fried, made without fat	39	4	B	4
26115144	5800_Seafood	Flounder, coated, fried, made with cooking spray	39	4	B	4
26109143	5800_Seafood	Cod, coated, fried, made without fat	38	4	B	4
26319143	5800_Seafood	Shrimp, coated, fried, made without fat	38	4	B	4
26115143	5800_Seafood	Flounder, coated, fried, made without fat	37	4	B	4
26303131	5800_Seafood	Clams, coated, baked or broiled, fat not added in cooking	37	4	A	4
26319145	5800_Seafood	Shrimp, coated, fried, from fast food / restaurant	37	1.5	D	4
26107144	5800_Seafood	Catfish, coated, fried, made with cooking spray	36	3.5	C	4
26118041	5800_Seafood	Halibut, coated, fried, made with butter	36	3.5	D	4
26158021	5800_Seafood	Tilapia, coated, baked or broiled, made with butter	36	3.5	C	4
26151141	5800_Seafood	Trout, coated, fried, made with butter	35	2	D	4
26107143	5800_Seafood	Catfish, coated, fried, made without fat	35	3.5	C	4
26109131	5800_Seafood	Cod, coated, baked or broiled, made with butter	34	3.5	C	4
26127131	5800_Seafood	Perch, coated, baked or broiled, made with butter	34	3.5	C	4
26157131	5800_Seafood	Whiting, coated, baked or broiled, made with butter	34	3.5	C	4
26100141	5800_Seafood	Fish, NS as to type, coated, fried, made with butter	33	3	D	4
26115131	5800_Seafood	Flounder, coated, baked or broiled, made with butter	33	3.5	C	4
26319161	5800_Seafood	Shrimp, coated, baked or broiled, made with butter	32	3.5	C	4
26107131	5800_Seafood	Catfish, coated, baked or broiled, made with butter	30	3.5	C	4
27250520	5800_Seafood	Seafood restructured	29	3	C	4
26158031	5800_Seafood	Tilapia, coated, fried, made with butter	28	3.5	D	4
26109141	5800_Seafood	Cod, coated, fried, made with butter	28	3	D	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

26157141	5800_Seafood	Whiting, coated, fried, made with butter	27	3.5	D	4
26127141	5800_Seafood	Perch, coated, fried, made with butter	27	3.5	D	4
26115141	5800_Seafood	Flounder, coated, fried, made with butter	26	3	D	4
26319141	5800_Seafood	Shrimp, coated, fried, made with butter	24	3	D	4
26107141	5800_Seafood	Catfish, coated, fried, made with butter	23	2	D	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

foodcode	level1nd	Description	Food Compass Score	Health Star Rating	Nutri-Score	NOVA Category
11350030	6000_Dairy	Almond milk, unsweetened, chocolate	95	4	A	4
11411300	6000_Dairy	Yogurt, nonfat milk, plain	95	5	A	1
11411420	6000_Dairy	Yogurt, Greek, nonfat milk, plain	95	5	A	1
11400010	6000_Dairy	Yogurt, Greek, NS as to type of milk or flavor	90	5	A	1
11411390	6000_Dairy	Yogurt, Greek, NS as to type of milk, plain	90	5	A	1
11411410	6000_Dairy	Yogurt, Greek, low fat milk, plain	90	5	A	1
11410000	6000_Dairy	Yogurt, NS as to type of milk or flavor	90	5	A	1
11400000	6000_Dairy	Yogurt, NFS	88	5	A	1
11411010	6000_Dairy	Yogurt, NS as to type of milk, plain	87	5	A	1
11411200	6000_Dairy	Yogurt, low fat milk, plain	87	5	A	1
11434300	6000_Dairy	Yogurt, nonfat milk, flavors other than fruit	86	5	A	1
11350020	6000_Dairy	Almond milk, unsweetened	86	4	A	4
11411100	6000_Dairy	Yogurt, whole milk, plain	81	5	B	1
11435030	6000_Dairy	Yogurt, Greek, nonfat milk, flavors other than fruit	80	5	A	4
11513855	6000_Dairy	Chocolate milk, made from sugar free syrup with non-dairy milk	79	1.5	B	4
11320100	6000_Dairy	Soy milk, light	79	2	A	4
11513395	6000_Dairy	Chocolate milk, made from no sugar added dry mix with non-dairy milk (Nesquik)	77	0.5	B	4
11434020	6000_Dairy	Yogurt, Greek, nonfat milk, fruit	76	5	A	4
11514360	6000_Dairy	Hot chocolate / Cocoa, made with no sugar added dry mix and non-dairy milk	74	0.5	B	4
11513370	6000_Dairy	Chocolate milk, made from reduced sugar mix with fat free milk	72	4.5	A	4
11513394	6000_Dairy	Chocolate milk, made from no sugar added dry mix with fat free milk (Nesquik)	72	4.5	A	4
11300100	6000_Dairy	Non-dairy milk, NFS	71	1.5	B	4
11320000	6000_Dairy	Soy milk	71	1.5	A	4
11513854	6000_Dairy	Chocolate milk, made from sugar free syrup with fat free milk	70	5	A	4
11513375	6000_Dairy	Chocolate milk, made from reduced sugar mix with non-dairy milk	69	0.5	B	4
11321100	6000_Dairy	Soy milk, light, chocolate	68	0.5	B	4
11321200	6000_Dairy	Soy milk, nonfat, chocolate	68	0.5	B	4
11446000	6000_Dairy	Yogurt parfait, low fat, with fruit	68	5	B	4
11113000	6000_Dairy	Milk, fat free (skim)	67	4.5	A	1
11114320	6000_Dairy	Milk, lactose free, fat free (skim)	67	4.5	A	1
11433000	6000_Dairy	Yogurt, nonfat milk, fruit	67	5	B	4
11111170	6000_Dairy	Milk, calcium fortified, fat free (skim)	66	5	A	1
11411400	6000_Dairy	Yogurt, Greek, whole milk, plain	65	5	A	4
11120000	6000_Dairy	Milk, dry, reconstituted, NS as to fat content	65	4.5	B	1
11121300	6000_Dairy	Milk, dry, reconstituted, fat free (skim)	65	4.5	B	1
11434090	6000_Dairy	Yogurt, NS as to type of milk, flavors other than fruit	65	5	A	4
11434200	6000_Dairy	Yogurt, low fat milk, flavors other than fruit	65	5	A	4
11434100	6000_Dairy	Yogurt, whole milk, flavors other than fruit	64	5	B	1
11514350	6000_Dairy	Hot chocolate / Cocoa, made with no sugar added dry mix and fat free milk	64	4	B	4
11350000	6000_Dairy	Almond milk, sweetened	62	3.5	B	4
11321000	6000_Dairy	Soy milk, chocolate	61	0.5	B	4
11514310	6000_Dairy	Hot chocolate / Cocoa, made with no sugar added dry mix and water	61	4	B	4
11350010	6000_Dairy	Almond milk, sweetened, chocolate	60	3	B	4
11320200	6000_Dairy	Soy milk, nonfat	59	2	A	4
11513805	6000_Dairy	Chocolate milk, made from light syrup with non-dairy milk	59	0.5	B	4
11435100	6000_Dairy	Yogurt, Greek, with oats	58	5	A	4
11513310	6000_Dairy	Chocolate milk, made from dry mix with non-dairy milk	58	0.5	B	4
11513385	6000_Dairy	Chocolate milk, made from dry mix with non-dairy milk (Nesquik)	58	0.5	B	4
14109020	6000_Dairy	Cheese, Swiss, reduced sodium	58	0.5	C	3
14206010	6000_Dairy	Cheese, cottage, lowfat, low sodium	57	5	A	3
11111160	6000_Dairy	Milk, calcium fortified, low fat (1%)	57	4.5	A	1
11112120	6000_Dairy	Milk, acidophilus, low fat (1%)	57	4.5	A	1
11112210	6000_Dairy	Milk, low fat (1%)	57	4.5	A	1
11114300	6000_Dairy	Milk, lactose free, low fat (1%)	57	4.5	A	1
11212050	6000_Dairy	Milk, evaporated, fat free (skim)	56	4.5	A	2
14107040	6000_Dairy	Cheese, Mozzarella, reduced sodium	56	0.5	C	3
11513365	6000_Dairy	Chocolate milk, made from reduced sugar mix with low fat milk	56	4.5	A	4
11513393	6000_Dairy	Chocolate milk, made from no sugar added dry mix with low fat milk (Nesquik)	56	4.5	A	4
11115400	6000_Dairy	Kefir, NS as to fat content	56	4.5	A	1
11121210	6000_Dairy	Milk, dry, reconstituted, low fat (1%)	56	4.5	B	1
14610520	6000_Dairy	Cheese with nuts	56	0.5	D	3
11433990	6000_Dairy	Yogurt, Greek, NS as to type of milk, fruit	55	5	A	4
11434010	6000_Dairy	Yogurt, Greek, low fat milk, fruit	55	5	A	4
11513853	6000_Dairy	Chocolate milk, made from sugar free syrup with low fat milk	55	5	A	4
11430000	6000_Dairy	Yogurt, NS as to type of milk, fruit	55	5	B	4
11432000	6000_Dairy	Yogurt, low fat milk, fruit	55	5	B	4
11436000	6000_Dairy	Yogurt, liquid	55	5	B	4
14207010	6000_Dairy	Cheese, cottage, lowfat, lactose reduced	54	5	A	3
11513350	6000_Dairy	Chocolate milk, made from reduced sugar mix, NS as to type of milk	53	4	B	4
11513390	6000_Dairy	Chocolate milk, made from no sugar added dry mix, NS as to type of milk (Nesquik)	53	4	B	4
11435000	6000_Dairy	Yogurt, Greek, NS as to type of milk, flavors other than fruit	53	5	A	4
11435020	6000_Dairy	Yogurt, Greek, low fat milk, flavors other than fruit	53	5	A	4
11100000	6000_Dairy	Milk, NFS	53	4	B	1
11519215	6000_Dairy	Strawberry milk, non-dairy	53	0.5	B	4
11513360	6000_Dairy	Chocolate milk, made from reduced sugar mix with reduced fat milk	53	4	B	4
11513392	6000_Dairy	Chocolate milk, made from no sugar added dry mix with reduced fat milk (Nesquik)	53	4	B	4
11513384	6000_Dairy	Chocolate milk, made from dry mix with fat free milk (Nesquik)	53	4	B	4
11360000	6000_Dairy	Rice milk	53	1	B	4
11112110	6000_Dairy	Milk, reduced fat (2%)	52	4	B	1
11112130	6000_Dairy	Milk, acidophilus, reduced fat (2%)	52	4	B	1
11114330	6000_Dairy	Milk, lactose free, reduced fat (2%)	52	4	B	1
11513300	6000_Dairy	Chocolate milk, made from dry mix with fat free milk	52	4	B	4
11519040	6000_Dairy	Strawberry milk, NFS	52	4	B	1
11111100	6000_Dairy	Milk, low sodium, whole	51	3.5	B	1
11513850	6000_Dairy	Chocolate milk, made from sugar free syrup, NS as to type of milk	51	4.5	A	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

11513804	6000_Dairy	Chocolate milk, made from light syrup with fat free milk	50	4	B	1
11513852	6000_Dairy	Chocolate milk, made from sugar free syrup with reduced fat milk	50	4.5	A	4
11513355	6000_Dairy	Chocolate milk, made from reduced sugar mix with whole milk	50	4	B	4
11513391	6000_Dairy	Chocolate milk, made from no sugar added dry mix with whole milk (Nesquik)	50	4	B	4
11431000	6000_Dairy	Yogurt, whole milk, fruit	50	5	C	4
11514340	6000_Dairy	Hot chocolate / Cocoa, made with no sugar added dry mix and low fat milk	50	4	B	4
11111000	6000_Dairy	Milk, whole	49	3.5	B	1
11111150	6000_Dairy	Milk, calcium fortified, whole	49	3.5	B	1
11114350	6000_Dairy	Milk, lactose free, whole	49	3.5	B	1
14110010	6000_Dairy	Cheese, Cheddar, reduced sodium	49	0.5	C	3
14502000	6000_Dairy	Imitation cheese	49	0.5	D	4
11211400	6000_Dairy	Milk, evaporated, reduced fat (2%)	49	3.5	B	2
14109030	6000_Dairy	Cheese, Swiss, reduced fat	48	5	B	3
14410130	6000_Dairy	Cheese, American, nonfat or fat free	48	0.5	C	4
11513750	6000_Dairy	Chocolate milk, made from syrup with non-dairy milk	48	0.5	B	4
11513851	6000_Dairy	Chocolate milk, made from sugar free syrup with whole milk	48	4	B	4
11435010	6000_Dairy	Yogurt, Greek, whole milk, flavors other than fruit	47	5	B	4
11514330	6000_Dairy	Hot chocolate / Cocoa, made with no sugar added dry mix and reduced fat milk	47	3.5	B	4
11519205	6000_Dairy	Strawberry milk, fat free	47	3.5	B	1
11514320	6000_Dairy	Hot chocolate / Cocoa, made with no sugar added dry mix and whole milk	47	3	B	4
11121100	6000_Dairy	Milk, dry, reconstituted, whole	46	3.5	B	1
41420380	6000_Dairy	Yogurt, soy	46	3.5	A	4
14410210	6000_Dairy	Cheese, American, reduced sodium	46	0.5	C	4
11116000	6000_Dairy	Goat's milk, whole	45	4	B	1
14109040	6000_Dairy	Cheese, Swiss, nonfat or fat free	44	4	C	3
14200100	6000_Dairy	Cheese, cottage, NFS	44	5	B	3
14204010	6000_Dairy	Cheese, cottage, low fat	44	5	B	3
11511550	6000_Dairy	Chocolate milk, ready to drink, reduced sugar, NS as to milk	44	4.5	A	1
11514150	6000_Dairy	Hot chocolate / Cocoa, made with dry mix and non-dairy milk	44	0.5	C	4
11115300	6000_Dairy	Buttermilk, whole	43	4	B	1
11434000	6000_Dairy	Yogurt, Greek, whole milk, fruit	43	5	B	4
11115200	6000_Dairy	Buttermilk, reduced fat (2%)	43	3.5	B	1
14107060	6000_Dairy	Cheese, Mozzarella, nonfat or fat free	42	5	B	3
11512030	6000_Dairy	Hot chocolate / Cocoa, ready to drink, made with non-dairy milk	42	0.5	C	4
42401010	6000_Dairy	Coconut milk, used in cooking	41	0.5	C	2
14201500	6000_Dairy	Cheese, Ricotta	41	5	C	3
11513803	6000_Dairy	Chocolate milk, made from light syrup with low fat milk	40	4	B	1
14203010	6000_Dairy	Cheese, cottage, dry curd	40	5	A	3
14107010	6000_Dairy	Cheese, Mozzarella, NFS	40	0.5	D	3
14107030	6000_Dairy	Cheese, Mozzarella, part skim	40	0.5	D	3
11514140	6000_Dairy	Hot chocolate / Cocoa, made with dry mix and fat free milk	40	3.5	B	4
11511700	6000_Dairy	Chocolate milk, ready to drink, low fat, no sugar added (Nesquik)	40	4	B	4
14109010	6000_Dairy	Cheese, Swiss	40	0.5	D	3
11115000	6000_Dairy	Buttermilk, fat free (skim)	39	4	B	1
11115100	6000_Dairy	Buttermilk, low fat (1%)	39	4	B	1
14203510	6000_Dairy	Puerto Rican white cheese	39	3	C	3
11513200	6000_Dairy	Chocolate milk, made from dry mix with low fat milk	38	4	B	4
11513383	6000_Dairy	Chocolate milk, made from dry mix with low fat milk (Nesquik)	38	4	B	4
11210050	6000_Dairy	Milk, evaporated, NS as to fat content	38	2	C	2
11211050	6000_Dairy	Milk, evaporated, whole	38	2	C	2
11519200	6000_Dairy	Strawberry milk, low fat	38	3.5	B	1
14104110	6000_Dairy	Cheese, Cheddar, reduced fat	36	0.5	D	3
14108420	6000_Dairy	Cheese, provolone, reduced fat	36	0.5	D	3
14107250	6000_Dairy	Cheese, Muenster, reduced fat	36	0.5	D	3
11513802	6000_Dairy	Chocolate milk, made from light syrup with reduced fat milk	36	3.5	B	1
14203020	6000_Dairy	Cheese, cottage, salted, dry curd	36	5	C	3
14104400	6000_Dairy	Cheese, Feta	36	0.5	D	3
14120020	6000_Dairy	Cheese, Mexican blend, reduced fat	35	0.5	D	3
11513000	6000_Dairy	Chocolate milk, made from dry mix, NS as to type of milk	35	3.5	B	4
11513380	6000_Dairy	Chocolate milk, made from dry mix, NS as to type of milk (Nesquik)	35	3.5	B	4
14204030	6000_Dairy	Cheese, cottage, lowfat, with vegetables	35	5	A	3
14108060	6000_Dairy	Cheese, Parmesan, dry grated, fat free	35	0.5	D	3
14201010	6000_Dairy	Cheese, cottage, creamed, large or small curd	34	5	B	3
11526000	6000_Dairy	Milk, malted	34	3.5	B	4
11513150	6000_Dairy	Chocolate milk, made from dry mix with reduced fat milk	34	3.5	B	4
11513382	6000_Dairy	Chocolate milk, made from dry mix with reduced fat milk (Nesquik)	34	3.5	B	4
14410380	6000_Dairy	Cheese, processed cream cheese product, nonfat or fat free	33	4	C	4
14104115	6000_Dairy	Cheese, Cheddar, nonfat or fat free	33	4.5	C	3
14010000	6000_Dairy	Cheese, NFS	32	0.5	E	3
14103010	6000_Dairy	Cheese, Camembert	32	0.5	D	3
11511400	6000_Dairy	Chocolate milk, ready to drink, low fat	32	4	B	4
14105010	6000_Dairy	Cheese, Gouda or Edam	32	0.5	D	3
14108015	6000_Dairy	Cheese, Parmesan, dry grated, reduced fat	32	0.5	D	3
11511600	6000_Dairy	Chocolate milk, ready to drink, low fat (Nesquik)	32	4	B	4
14204020	6000_Dairy	Cheese, cottage, lowfat, with fruit	32	5	A	4
11513100	6000_Dairy	Chocolate milk, made from dry mix with whole milk	32	3	B	4
11513381	6000_Dairy	Chocolate milk, made from dry mix with whole milk (Nesquik)	31	3	B	4
11511200	6000_Dairy	Chocolate milk, ready to drink, reduced fat	31	3	B	4
14133000	6000_Dairy	Queso Fresco	31	0.5	D	3
14120010	6000_Dairy	Cheese, Mexican blend	31	0.5	D	3
14107020	6000_Dairy	Cheese, Mozzarella, whole milk	31	0.5	D	3
14134000	6000_Dairy	Queso cotija	31	0.5	E	3
14108020	6000_Dairy	Cheese, Parmesan, hard	31	0.5	E	3
14108010	6000_Dairy	Cheese, Parmesan, dry grated	31	0.5	E	3
14105200	6000_Dairy	Cheese, Gruyere	31	0.5	D	3
14102010	6000_Dairy	Cheese, Brick	31	0.5	D	3

Supplementary Table 8. Original (uncorrected) scores for all food items.

14107200	6000_Dairy	Cheese, Muenster	30	0.5	D	3
14106500	6000_Dairy	Cheese, Monterey, reduced fat	30	0.5	D	3
14108400	6000_Dairy	Cheese, Provolone	30	0.5	D	3
14108200	6000_Dairy	Cheese, Port du Salut	30	0.5	D	3
14104700	6000_Dairy	Cheese, goat	30	0.5	D	3
14202010	6000_Dairy	Cheese, cottage, with fruit	30	5	B	4
11511100	6000_Dairy	Chocolate milk, ready to drink, whole	29	2	C	4
14103020	6000_Dairy	Cheese, Brie	29	0.5	D	3
14410120	6000_Dairy	Cheese, American, reduced fat	29	0.5	D	4
14410330	6000_Dairy	Cheese spread, American or Cheddar cheese base, reduced fat	28	0.5	D	4
14202020	6000_Dairy	Cheese, cottage, with vegetables	28	5	B	4
14101010	6000_Dairy	Cheese, Blue or Roquefort	28	0.5	E	3
14106010	6000_Dairy	Cheese, Limburger	28	0.5	D	3
14104100	6000_Dairy	Cheese, Cheddar	28	0.5	D	3
14201200	6000_Dairy	Cottage cheese, farmer's	28	5	C	3
14104200	6000_Dairy	Cheese, Colby	28	0.5	D	3
14104600	6000_Dairy	Cheese, Fontina	27	0.5	D	3
11560000	6000_Dairy	Chocolate milk drink	27	3	B	4
14410110	6000_Dairy	Cheese, American	27	0.5	E	4
11514130	6000_Dairy	Hot chocolate / Cocoa, made with dry mix and low fat milk	27	3.5	B	4
14104250	6000_Dairy	Cheese, Colby Jack	27	0.5	D	3
14106200	6000_Dairy	Cheese, Monterey	27	0.5	D	3
11513700	6000_Dairy	Chocolate milk, made from syrup with fat free milk	27	3.5	B	4
11512120	6000_Dairy	Hot chocolate / Cocoa, ready to drink, made with non-dairy milk and whipped cream	26	0.5	C	4
14131500	6000_Dairy	Queso Asadero	25	0.5	D	3
11514120	6000_Dairy	Hot chocolate / Cocoa, made with dry mix and reduced fat milk	25	2	C	4
11340000	6000_Dairy	Imitation milk, non-soy, sweetened	25	1	B	4
14132000	6000_Dairy	Queso Chihuahua	25	0.5	D	3
11542100	6000_Dairy	Milk shake, fast food, chocolate	25	1	C	4
11543000	6000_Dairy	Milk shake, bottled, chocolate	25	1	C	4
14131000	6000_Dairy	Queso Anejo, aged Mexican cheese	24	0.5	E	3
11531500	6000_Dairy	Eggnog, lowfat / light	24	4	B	4
11514110	6000_Dairy	Hot chocolate / Cocoa, made with dry mix and whole milk	24	2	C	4
11513800	6000_Dairy	Chocolate milk, made from light syrup, NS as to type of milk	24	3.5	B	4
11511610	6000_Dairy	Chocolate milk, ready to drink, fat free (Nesquik)	23	3.5	B	4
11541110	6000_Dairy	Milk shake, home recipe, chocolate	23	2	C	4
11511000	6000_Dairy	Chocolate milk, NFS	23	3.5	B	4
11511300	6000_Dairy	Chocolate milk, ready to drink, fat free	23	3.5	B	4
11541135	6000_Dairy	Milk shake, home recipe, flavors other than chocolate, light	23	3	B	4
11541130	6000_Dairy	Milk shake, home recipe, chocolate, light	22	3.5	C	4
11513801	6000_Dairy	Chocolate milk, made from light syrup with whole milk	22	3.5	B	4
14610250	6000_Dairy	Cheese, cottage cheese, with gelatin dessert and vegetables	22	5	B	4
11541120	6000_Dairy	Milk shake, home recipe, flavors other than chocolate	22	2	C	4
11512020	6000_Dairy	Hot chocolate / Cocoa, ready to drink, made with nonfat milk	21	3	B	4
11514100	6000_Dairy	Hot chocolate / Cocoa, made with dry mix and water	21	3	B	4
14410620	6000_Dairy	Cheese, with wine	21	0.5	E	4
11543010	6000_Dairy	Milk shake, bottled, flavors other than chocolate	21	1.5	C	4
11519105	6000_Dairy	Strawberry milk, reduced fat	20	3	B	4
14410500	6000_Dairy	Cheese, processed cheese food	20	0.5	E	4
11542200	6000_Dairy	Milk shake, fast food, flavors other than chocolate	20	1.5	C	4
11541400	6000_Dairy	Milk shake with malt	20	2	C	4
11531000	6000_Dairy	Eggnog, regular	20	3	B	4
14410100	6000_Dairy	Cheese, American and Swiss blends	20	0.5	E	4
14660200	6000_Dairy	Mozzarella sticks, breaded, baked, or fried	19	0.5	D	4
11513600	6000_Dairy	Chocolate milk, made from syrup with low fat milk	18	3.5	B	4
11519050	6000_Dairy	Strawberry milk, whole	18	3.5	C	4
14420100	6000_Dairy	Cheese spread, American or Cheddar cheese base	18	0.5	E	4
14420160	6000_Dairy	Cheese spread, Swiss cheese base	18	0.5	E	4
14420300	6000_Dairy	Cheese spread, pressurized can	18	0.5	E	4
14410600	6000_Dairy	Cheese, processed, with vegetables	17	0.5	E	4
11513400	6000_Dairy	Chocolate milk, made from syrup, NS as to type of milk	17	3	B	4
11513550	6000_Dairy	Chocolate milk, made from syrup with reduced fat milk	16	3	B	4
11220000	6000_Dairy	Milk, condensed, sweetened	15	0.5	E	3
11513500	6000_Dairy	Chocolate milk, made from syrup with whole milk	15	3.5	C	4
11512110	6000_Dairy	Hot chocolate / Cocoa, ready to drink, made with nonfat milk and whipped cream	13	2	C	4
42402010	6000_Dairy	Coconut cream, canned, sweetened	12	0.5	E	3
11512010	6000_Dairy	Hot chocolate / Cocoa, ready to drink	11	2	C	4
42401100	6000_Dairy	Yogurt, coconut milk	11	5	C	4
11512100	6000_Dairy	Hot chocolate / Cocoa, ready to drink, with whipped cream	10	1.5	C	4
14610210	6000_Dairy	Cheese, cottage cheese, with gelatin dessert and fruit	7	5	B	4
13120810	6000_Dairy	Ice cream soda, chocolate	6	1.5	C	4
14610200	6000_Dairy	Cheese, cottage cheese, with gelatin dessert	5	5	B	4
13120800	6000_Dairy	Ice cream soda, flavors other than chocolate	4	1.5	C	4
11370000	6000_Dairy	Coconut milk	4	2	B	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

foodcode	level1nd	Description	Food Compass Score	Health Star Rating	Nutri-Score	NOVA Category
82105800	7000_Fats Oils	Canola, soybean and sunflower oil	90	3.5	D	2
82105750	7000_Fats Oils	Canola and soybean oil	90	3.5	D	2
82105500	7000_Fats Oils	Rapeseed oil	89	4	C	2
82101000	7000_Fats Oils	Vegetable oil, NFS	89	3	D	2
82103500	7000_Fats Oils	Flaxseed oil	88	4	C	2
82108700	7000_Fats Oils	Walnut oil	88	4	C	2
82108250	7000_Fats Oils	Soybean and sunflower oil	88	3.5	D	2
82108000	7000_Fats Oils	Soybean oil	86	3	D	2
82104000	7000_Fats Oils	Olive oil	85	3	D	2
82106000	7000_Fats Oils	Safflower oil	85	4	C	2
82101300	7000_Fats Oils	Almond oil	85	4	C	2
82108500	7000_Fats Oils	Sunflower oil	85	3.5	D	2
82102000	7000_Fats Oils	Corn oil	85	3.5	D	2
82107000	7000_Fats Oils	Sesame oil	82	3	D	2
82109000	7000_Fats Oils	Wheat germ oil	80	3.5	D	2
82105000	7000_Fats Oils	Peanut oil	76	3	D	2
82103000	7000_Fats Oils	Cottonseed oil	64	1.5	D	2
81103030	7000_Fats Oils	Margarine, stick, unsalted	58	3.5	C	4
83101600	7000_Fats Oils	Bacon and tomato dressing	50	5	D	4
83112500	7000_Fats Oils	Creamy dressing	49	1	D	4
83100100	7000_Fats Oils	Salad dressing, NFS, for salads	49	1	D	4
81102000	7000_Fats Oils	Margarine, NFS	47	3	D	4
81103080	7000_Fats Oils	Margarine-like spread, tub, salted	47	3	D	4
81200100	7000_Fats Oils	Oil or table fat, NFS	47	1.5	D	2
81103130	7000_Fats Oils	Margarine like spread, whipped, tub, salted	47	3	D	4
83112000	7000_Fats Oils	Avocado dressing	46	4	D	4
83114000	7000_Fats Oils	Thousand Island dressing	46	1.5	D	4
83112990	7000_Fats Oils	Sesame dressing	42	3.5	D	4
81104011	7000_Fats Oils	Margarine like spread, reduced calorie, about 40% fat, made with yogurt, tub, salted	42	4.5	D	4
81104010	7000_Fats Oils	Margarine-like spread, reduced calorie, about 40% fat, tub, salted	40	4	D	4
81104020	7000_Fats Oils	Margarine-like spread, reduced calorie, about 40% fat, stick, salted	40	4	D	4
81102020	7000_Fats Oils	Margarine, tub, salted	39	3.5	D	4
81103020	7000_Fats Oils	Margarine, whipped, tub, salted	39	3.5	D	4
83101000	7000_Fats Oils	Blue or roquefort cheese dressing	39	1	D	4
81103090	7000_Fats Oils	Margarine-like spread, liquid, salted	39	3.5	D	4
83208500	7000_Fats Oils	Korean dressing or marinade	38	0.5	D	4
83102000	7000_Fats Oils	Caesar dressing	38	0.5	D	4
81103040	7000_Fats Oils	Margarine-like spread, stick, salted	37	3	D	4
81104500	7000_Fats Oils	Vegetable oil-butter spread, stick, salted	37	3	D	4
83104000	7000_Fats Oils	French or Catalina dressing	36	1	D	4
83109000	7000_Fats Oils	Russian dressing	35	1.5	D	4
81102010	7000_Fats Oils	Margarine, stick, salted	35	2	D	4
81104110	7000_Fats Oils	Margarine like spread, fat free, liquid, salted	35	5	C	4
81104510	7000_Fats Oils	Vegetable oil-butter spread, tub, salted	34	4	D	4
81104050	7000_Fats Oils	Margarine like spread, reduced calorie, about 20% fat, tub, salted	34	5	D	4
83103000	7000_Fats Oils	Coleslaw dressing	32	1.5	D	4
83106000	7000_Fats Oils	Italian dressing, made with vinegar and oil	31	1.5	D	4
12310100	7000_Fats Oils	Sour cream	30	3.5	C	2
83202020	7000_Fats Oils	French or Catalina dressing, light	30	3	D	4
12100100	7000_Fats Oils	Cream, NS as to light, heavy, or half and half	30	3.5	D	2
12120100	7000_Fats Oils	Cream, half and half	30	3.5	D	2
12120106	7000_Fats Oils	Cream, half and half, flavored	29	3	D	2
83105500	7000_Fats Oils	Honey mustard dressing	29	1.5	D	4
83112950	7000_Fats Oils	Poppy seed dressing	29	0.5	E	4
83200100	7000_Fats Oils	Salad dressing, light, NFS	28	2	D	4
83210100	7000_Fats Oils	Creamy dressing, light	28	2	D	4
81105020	7000_Fats Oils	Butter-margarine blend, tub, salted	28	3.5	D	4
81105500	7000_Fats Oils	Butter-vegetable oil blend	28	3.5	D	4
81104550	7000_Fats Oils	Vegetable oil-butter spread, reduced calorie, stick, salted	28	3.5	D	4
12130100	7000_Fats Oils	Cream, heavy	28	1	D	2
81203000	7000_Fats Oils	Shortening, NS as to vegetable or animal	28	1.5	D	4
81203100	7000_Fats Oils	Shortening, vegetable	28	1.5	D	4
83204500	7000_Fats Oils	Honey mustard dressing, light	28	2	D	4
12310200	7000_Fats Oils	Sour cream, half and half	27	3.5	C	2
12110100	7000_Fats Oils	Cream, light	27	3.5	C	2
12120110	7000_Fats Oils	Cream, half and half, fat free	26	3.5	D	4
83206500	7000_Fats Oils	Sesame dressing, light	26	2	D	4
83205450	7000_Fats Oils	Italian dressing, light	26	2	D	4
81104560	7000_Fats Oils	Vegetable oil-butter spread, reduced calorie, tub, salted	25	3	D	4
83201000	7000_Fats Oils	Blue or roquefort cheese dressing, light	24	2	D	4
83207000	7000_Fats Oils	Thousand Island dressing, light	23	3.5	D	4
12310370	7000_Fats Oils	Sour cream, fat free	22	3.5	B	4
81100000	7000_Fats Oils	Table fat, NFS	22	0.5	E	2
81202000	7000_Fats Oils	Lard	19	1	D	2
81203200	7000_Fats Oils	Shortening, animal	19	1	D	2
83201400	7000_Fats Oils	Coleslaw dressing, light	18	0.5	E	4
12310350	7000_Fats Oils	Sour cream, light	18	3	C	4
12210280	7000_Fats Oils	Coffee creamer, liquid, fat free, sugar free, flavored	18	3.5	C	4
12210310	7000_Fats Oils	Coffee creamer, liquid, sugar free, flavored	18	3.5	C	4
83300600	7000_Fats Oils	Italian dressing, fat free	18	2	D	4
12310300	7000_Fats Oils	Sour cream, reduced fat	18	3	D	4
12210210	7000_Fats Oils	Coffee creamer, liquid, flavored	17	2	D	4
83115000	7000_Fats Oils	Yogurt dressing	14	2	D	4
83206000	7000_Fats Oils	Russian dressing, light	13	2	D	4
14303010	7000_Fats Oils	Cheese, cream, light or lite	12	2	D	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

14420210	7000_Fats Oils	Cheese spread, cream cheese, light or lite	12	2	D	4
83300100	7000_Fats Oils	Blue or roquefort cheese dressing, fat free	12	3.5	D	4
81201000	7000_Fats Oils	Animal fat or drippings	11	0.5	E	2
81105010	7000_Fats Oils	Butter-margarine blend, stick, salted	11	0.5	E	4
81104100	7000_Fats Oils	Margarine like spread, fat free, tub, salted	11	5	D	4
12200100	7000_Fats Oils	Coffee creamer, NFS	10	3	C	4
12210200	7000_Fats Oils	Coffee creamer, liquid	10	3	C	4
12210520	7000_Fats Oils	Coffee creamer, soy, liquid	10	3	C	4
83203000	7000_Fats Oils	Caesar dressing, light	10	1.5	D	4
83300800	7000_Fats Oils	Russian dressing, fat free	10	3.5	C	4
83301000	7000_Fats Oils	Thousand Island dressing, fat free	10	3.5	C	4
12140000	7000_Fats Oils	Cream, whipped	10	1	D	4
22621100	7000_Fats Oils	Fat back, cooked	9	0.5	E	3
12210260	7000_Fats Oils	Coffee creamer, liquid, fat free	9	3.5	C	4
12210505	7000_Fats Oils	Coffee creamer,powder, sugar free, flavored	9	1	D	4
81101100	7000_Fats Oils	Butter, stick, unsalted	8	1	D	2
81101110	7000_Fats Oils	Butter, whipped, tub, unsalted	8	1	D	2
81101120	7000_Fats Oils	Butter, whipped, stick, unsalted	8	1	D	2
81204000	7000_Fats Oils	Ghee, clarified butter	7	1	E	2
12320100	7000_Fats Oils	Sour cream, imitation	7	1.5	D	4
12220280	7000_Fats Oils	Whipped topping, sugar free	6	1.5	D	4
12210400	7000_Fats Oils	Coffee creamer, powder	6	1	D	4
81100500	7000_Fats Oils	Butter, NFS	5	0.5	E	2
81101000	7000_Fats Oils	Butter, stick, salted	5	0.5	E	2
81101020	7000_Fats Oils	Butter, whipped, stick, salted	5	0.5	E	2
12210430	7000_Fats Oils	Coffee creamer, powder, fat free	5	0.5	E	4
12210440	7000_Fats Oils	Coffee creamer,powder, fat free, flavored	5	0.5	E	4
82101500	7000_Fats Oils	Coconut oil	4	1	E	2
14301010	7000_Fats Oils	Cheese, cream	3	1	D	4
14420200	7000_Fats Oils	Cheese spread, cream cheese, regular	2	1	D	4
83300300	7000_Fats Oils	Creamy dressing, fat free	2	3.5	D	4
83300900	7000_Fats Oils	Salad dressing, fat free, NFS	2	3.5	D	4
12210270	7000_Fats Oils	Coffee creamer, liquid, fat free, flavored	2	3.5	D	4
12210420	7000_Fats Oils	Coffee creamer, powder, flavored	1	0.5	E	4
12220200	7000_Fats Oils	Whipped topping	1	0.5	D	4
12220270	7000_Fats Oils	Whipped topping, fat free	1	1.5	D	4
81101010	7000_Fats Oils	Butter, whipped, tub, salted	1	0.5	E	4
81101500	7000_Fats Oils	Light butter, stick, salted	1	1	E	4
81101520	7000_Fats Oils	Light butter, whipped, tub, salted	1	1	E	4
81106010	7000_Fats Oils	Butter replacement, fat-free powder	1	4	E	4
81322000	7000_Fats Oils	Honey butter	1	1.5	E	4
83300200	7000_Fats Oils	Caesar dressing, fat free	1	1.5	D	4
83300400	7000_Fats Oils	French or Catalina dressing, fat free	1	3.5	D	4
83300500	7000_Fats Oils	Honey mustard dressing, fat free	1	1.5	D	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

foodcode	level1nd	Description	Food Compass Score	Health Star Rating	Nutri-Score	NOVA Category
27450180	8000_Mixed	Seafood garden salad with seafood, lettuce, vegetables excluding tomato and carrots, no dressing	100	5	A	3
27450190	8000_Mixed	Seafood garden salad with seafood, lettuce, tomato and/or carrots, other vegetables, no dressing	100	5	A	3
72125500	8000_Mixed	Channa Saag	100	4.5	A	4
27151030	8000_Mixed	Ceviche	100	4.5	A	3
27450400	8000_Mixed	Shrimp and vegetables including carrots, broccoli, and/or dark-green leafy; no potatoes, no sauce	97	4.5	A	4
27150330	8000_Mixed	Mussels with tomato-based sauce	95	4	B	3
27151070	8000_Mixed	Stewed codfish, no potatoes, Puerto Rican style	95	4.5	A	4
27450310	8000_Mixed	Lomi salmon	93	5	A	4
27351030	8000_Mixed	Stewed codfish, Puerto Rican style	91	5	A	4
27450740	8000_Mixed	Fish and vegetables including carrots, broccoli, and/or dark-green leafy; no potatoes, soy-based sauce	91	4.5	A	4
41603010	8000_Mixed	Lentil soup, home recipe, canned, or ready-to-serve	90	5	A	3
75440600	8000_Mixed	Vegetable curry	90	5	A	4
75440300	8000_Mixed	Vegetable combinations, including carrots, broccoli, and/or dark-green leafy; cooked, with tomato sauce	89	4.5	A	3
27451060	8000_Mixed	Octopus salad, Puerto Rican style	89	4.5	A	4
27450600	8000_Mixed	Shellfish mixture and vegetables including carrots, broccoli, and/or dark-green leafy; no potatoes, soy-based sauc	87	4.5	A	4
27250060	8000_Mixed	Gefilte fish	87	4	A	3
75316050	8000_Mixed	Ratatouille	86	4.5	A	3
27450410	8000_Mixed	Shrimp and vegetables including carrots, broccoli, and/or dark-green leafy; no potatoes, soy-based sauce	86	4.5	A	4
75201030	8000_Mixed	Artichoke salad in oil	86	5	A	3
27450750	8000_Mixed	Fish and vegetables excluding carrots, broccoli, and dark-green leafy; no potatoes, soy-based sauce	86	4	A	4
27450760	8000_Mixed	Fish shish kabob with vegetables, excluding potatoes	86	4.5	A	4
27450200	8000_Mixed	Seafood garden salad with seafood, lettuce, eggs, vegetables excluding tomato and carrots, no dressing	86	4.5	A	4
27150320	8000_Mixed	Fish curry	85	4.5	A	4
27450405	8000_Mixed	Shrimp and vegetables excluding carrots, broccoli, and dark-green leafy; no potatoes, no sauce	85	4.5	A	4
27250070	8000_Mixed	Salmon cake or patty	84	3.5	C	3
27150100	8000_Mixed	Shrimp curry	84	5	A	4
72125253	8000_Mixed	Spinach, cooked, from canned, with cheese sauce	84	4	B	4
41311020	8000_Mixed	Sambar, vegetable stew	84	5	A	4
27450700	8000_Mixed	Fish and vegetables including carrots, broccoli, and/or dark-green leafy; no potatoes, tomato-based sauce	84	4.5	B	4
75417031	8000_Mixed	Peas, cooked, from fresh, with tomato sauce	84	5	A	3
58146672	8000_Mixed	Pasta, whole grain, with tomato-based sauce, seafood, and added vegetables, home recipe	83	4.5	A	4
27450210	8000_Mixed	Seafood garden salad with seafood, lettuce, eggs, tomato and/or carrots, other vegetables, no dressing	83	4.5	A	4
27250220	8000_Mixed	Oyster fritter	83	3	C	4
75146000	8000_Mixed	Greek Salad, no dressing	83	4.5	A	4
28350120	8000_Mixed	Crab soup, tomato-base	82	4.5	A	3
72125251	8000_Mixed	Spinach, cooked, from fresh, with cheese sauce	82	4	A	4
73111400	8000_Mixed	Carrots in tomato sauce	82	4.5	A	3
27450610	8000_Mixed	Shellfish mixture and vegetables excluding carrots, broccoli, and dark-green leafy; no potatoes, soy-based sauce	81	4.5	A	4
27450420	8000_Mixed	Shrimp and vegetables excluding carrots, broccoli, and dark-green leafy; no potatoes, soy-based sauce	81	4.5	A	4
27151040	8000_Mixed	Crabs in tomato-based sauce, Puerto Rican style	81	3.5	C	4
27450470	8000_Mixed	Kung Pao shrimp	81	4	A	4
58146215	8000_Mixed	Pasta with sauce, meatless, school lunch	81	5	A	4
27446355	8000_Mixed	Asian chicken or turkey garden salad with crispy noodles, chicken and/or turkey, lettuce, fruit, nuts, crispy noodle	81	5	A	4
27250210	8000_Mixed	Clam cake or patty	80	3.5	C	3
27150350	8000_Mixed	Sardines with tomato-based sauce	80	4	C	3
27150370	8000_Mixed	Sardines with mustard sauce	80	4	C	3
27450430	8000_Mixed	Shrimp shish kabob with vegetables, excluding potatoes	79	4.5	A	4
27450010	8000_Mixed	Crab salad	79	3	C	4
27450110	8000_Mixed	Shrimp garden salad, shrimp, lettuce, eggs, tomato and/or carrots, other vegetables, no dressing	79	4.5	A	4
27251010	8000_Mixed	Stewed salmon, Puerto Rican style	79	4.5	B	4
75604600	8000_Mixed	Gazpacho	79	4.5	B	4
27150310	8000_Mixed	Fish with tomato-based sauce	79	4	A	3
58146612	8000_Mixed	Pasta, whole grain, with tomato-based sauce and added vegetables, home recipe	78	4.5	A	4
75147000	8000_Mixed	Spinach salad, no dressing	78	4.5	A	4
27450450	8000_Mixed	Shrimp creole, no rice	78	4	A	4
27445180	8000_Mixed	Moo Goo Gai Pan	78	5	A	4
27450120	8000_Mixed	Shrimp garden salad, shrimp, lettuce, eggs, vegetables excluding tomato and carrots, no dressing	78	4.5	A	4
27250040	8000_Mixed	Crab cake	78	3.5	C	4
58146673	8000_Mixed	Pasta, whole grain, with tomato-based sauce, seafood, and added vegetables, ready-to-heat	78	4	A	4
27350110	8000_Mixed	Bouillabaisse	78	4	A	4
58146663	8000_Mixed	Pasta, whole grain, with tomato-based sauce and seafood, ready-to-heat	78	4	A	4
58146662	8000_Mixed	Pasta, whole grain, with tomato-based sauce and seafood, home recipe	78	4	A	4
28351110	8000_Mixed	Fish and vegetable soup, no potatoes, Mexican style	78	4	B	4
27451030	8000_Mixed	Lobster with sauce, Puerto Rican style	78	4	C	4
75306010	8000_Mixed	Eggplant in tomato sauce, cooked, fat not added in cooking	77	4.5	A	3
41601080	8000_Mixed	Pinto bean soup, home recipe, canned or ready-to-serve	77	5	A	4
27450150	8000_Mixed	Fish, tofu, and vegetables, tempura	77	4.5	B	4
41812500	8000_Mixed	Tofu and vegetables including carrots, broccoli, and/or dark-green leafy; no potatoes, with soy-based sauce	77	4	B	4
72125252	8000_Mixed	Spinach, cooked, from frozen, with cheese sauce	77	4	B	4
28355470	8000_Mixed	Seafood soup with vegetables including carrots, broccoli, and/or dark-green leafy; no potatoes	76	4.5	B	4
72125250	8000_Mixed	Spinach, cooked, NS as to form, with cheese sauce	76	4	B	4
75440100	8000_Mixed	Vegetable combination, including carrots, broccoli, and/or dark-green leafy; cooked, with soy-based sauce	76	4	B	4
58161325	8000_Mixed	Rice, brown, with beans and tomatoes	76	5	A	4
27450064	8000_Mixed	Tuna salad, made with creamy dressing	76	3.5	B	4
27450020	8000_Mixed	Lobster salad	76	3	C	4
72307000	8000_Mixed	Spinach soup	76	4	A	4
58146671	8000_Mixed	Pasta, whole grain, with tomato-based sauce, seafood, and added vegetables, restaurant	76	4	B	4
75403200	8000_Mixed	Beans, string, green, cooked, Szechuan-style	75	4.5	A	4
28355480	8000_Mixed	Seafood soup with vegetables excluding carrots, broccoli, and dark-green leafy; no potatoes	75	4.5	B	4
27450040	8000_Mixed	Shrimp chow mein or chop suey, no noodles	75	5	A	4
27450030	8000_Mixed	Salmon salad	75	3	C	4
58175000	8000_Mixed	Vada, fried dumpling	75	5	A	4
58146661	8000_Mixed	Pasta, whole grain, with tomato-based sauce and seafood, restaurant	75	4	B	4
72125231	8000_Mixed	Spinach, from fresh, creamed	75	4	A	4
27450710	8000_Mixed	Fish and vegetables excluding carrots, broccoli, and dark- green leafy; no potatoes, tomato-based sauce	75	4.5	B	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

27450060	8000_Mixed	Tuna salad, made with mayonnaise	75	3.5	C	4
27450080	8000_Mixed	Seafood salad	75	3	C	4
58146613	8000_Mixed	Pasta, whole grain, with tomato-based sauce and added vegetables, ready-to-heat	74	4.5	A	4
28355450	8000_Mixed	Seafood soup with potatoes and vegetables including carrots, broccoli, and/or dark-green leafy	74	4.5	A	4
58146602	8000_Mixed	Pasta, whole grain, with tomato-based sauce, home recipe	74	4.5	A	4
58146652	8000_Mixed	Pasta, whole grain, with tomato-based sauce, poultry, and added vegetables, home recipe	74	4.5	A	4
75417032	8000_Mixed	Peas, cooked, from frozen, with tomato sauce	74	4.5	A	3
75417030	8000_Mixed	Peas, cooked, NS as to form, with tomato sauce	74	4.5	A	3
27446360	8000_Mixed	Chicken or turkey caesar garden salad, chicken and/or turkey, lettuce, tomato, cheese, no dressing	74	5	A	4
28355460	8000_Mixed	Seafood soup with potatoes, and vegetables excluding carrots, broccoli, and dark-green leafy	74	4.5	B	4
27250160	8000_Mixed	Tuna cake or patty	73	3.5	C	4
72306000	8000_Mixed	Watercress broth with shrimp	73	4	B	4
58161320	8000_Mixed	Rice, brown, with beans	73	5	A	4
27250400	8000_Mixed	Shrimp cake or patty	73	4	B	4
27450061	8000_Mixed	Tuna salad, made with light mayonnaise	73	3.5	B	4
27450063	8000_Mixed	Tuna salad, made with light mayonnaise-type salad dressing	73	3.5	B	4
75439500	8000_Mixed	Chow mein or chop suey, meatless, no noodles	72	4	B	3
58146603	8000_Mixed	Pasta, whole grain, with tomato-based sauce, ready-to-heat	72	4	A	4
28351120	8000_Mixed	Fish soup with potatoes, Mexican style	72	3.5	B	4
75440310	8000_Mixed	Vegetable combinations, excluding carrots, broccoli, and dark-green leafy; cooked, with tomato sauce	72	4.5	A	3
58161470	8000_Mixed	Rice, brown, with dark green vegetables, NS as to fat added in cooking	72	3.5	A	4
58161474	8000_Mixed	Rice, brown, with dark green vegetables, fat added in cooking	72	3.5	A	4
75232050	8000_Mixed	Seaweed, prepared with soy sauce	72	3.5	C	3
58146611	8000_Mixed	Pasta, whole grain, with tomato-based sauce and added vegetables, restaurant	71	4.5	B	4
27450067	8000_Mixed	Tuna salad, made with light Italian dressing	71	3.5	B	4
28150210	8000_Mixed	Haddock with chopped spinach, diet frozen meal	71	4	A	4
73101210	8000_Mixed	Carrots, raw, salad with apples	71	4	C	4
27450066	8000_Mixed	Tuna salad, made with Italian dressing	71	3.5	B	4
58146601	8000_Mixed	Pasta, whole grain, with tomato-based sauce, restaurant	71	4	B	4
27450100	8000_Mixed	Tuna salad with egg	71	3.5	C	4
27141500	8000_Mixed	Chili con carne with chicken or turkey and beans	71	4.5	A	4
27450062	8000_Mixed	Tuna salad, made with mayonnaise-type salad dressing	71	3.5	B	4
41812510	8000_Mixed	Tofu and vegetables excluding carrots, broccoli, and dark-green leafy; no potatoes, with soy-based sauce	70	4	B	4
58146642	8000_Mixed	Pasta, whole grain, with tomato-based sauce and poultry, home recipe	70	4	A	4
75417033	8000_Mixed	Peas, cooked, from canned, with tomato sauce	70	4.5	A	3
72125310	8000_Mixed	Palak Paneer	70	4.5	B	4
72125232	8000_Mixed	Spinach, from frozen, creamed	70	4	A	4
27446300	8000_Mixed	Chicken or turkey garden salad, chicken and/or turkey, tomato and/or carrots, other vegetables, no dressing	70	5	A	4
72125230	8000_Mixed	Spinach, NS as to form, creamed	70	4	A	4
58161490	8000_Mixed	Rice, brown, with dark green vegetables and tomatoes and/or tomato-based sauce, NS as to fat added in cooking	70	3.5	A	4
58161494	8000_Mixed	Rice, brown, with dark green vegetables and tomatoes and/or tomato-based sauce, fat added in cooking	70	3.5	A	4
75440110	8000_Mixed	Vegetable combination, excluding carrots, broccoli, and dark-green leafy; cooked, with soy-based sauce	70	4	C	4
58146653	8000_Mixed	Pasta, whole grain, with tomato-based sauce, poultry, and added vegetables, ready-to-heat	70	4	A	4
75601200	8000_Mixed	Cabbage soup, home recipe, canned or ready-to-serve	70	4.5	B	3
28350310	8000_Mixed	Turtle and vegetable soup	69	4.5	B	4
58146643	8000_Mixed	Pasta, whole grain, with tomato-based sauce and poultry, ready-to-heat	69	4	A	4
27445125	8000_Mixed	Chicken or turkey and vegetables including carrots, broccoli, and/or dark-green leafy; no potatoes, tomato-based	69	4.5	B	4
75649110	8000_Mixed	Vegetable soup, home recipe	69	4.5	B	3
58146651	8000_Mixed	Pasta, whole grain, with tomato-based sauce, poultry, and added vegetables, restaurant	69	4	B	4
58161500	8000_Mixed	Rice, brown, with carrots and dark green vegetables, NS as to fat added in cooking	69	3.5	A	4
58161504	8000_Mixed	Rice, brown, with carrots and dark green vegetables, fat added in cooking	69	3.5	A	4
27420080	8000_Mixed	Greens with ham or pork	69	4.5	A	4
58161460	8000_Mixed	Rice, brown, with tomatoes and/or tomato based sauce, NS as to fat added in cooking	69	4	A	4
58161464	8000_Mixed	Rice, brown, with tomatoes and/or tomato based sauce, fat added in cooking	69	4	A	4
27446310	8000_Mixed	Chicken or turkey garden salad, chicken and/or turkey, other vegetables excluding tomato and carrots, no dressin	69	5	A	4
58146641	8000_Mixed	Pasta, whole grain, with tomato-based sauce and poultry, restaurant	69	4	B	4
75302080	8000_Mixed	Bean salad, yellow and/or green string beans	68	4.5	A	4
58161520	8000_Mixed	Rice, brown, with carrots, dark green vegetables, and tomatoes and/or tomato-based sauce, NS as to fat added in	68	3.5	A	4
58161524	8000_Mixed	Rice, brown, with carrots, dark green vegetables, and tomatoes and/or tomato-based sauce, fat added in cooking	68	3.5	A	4
58161435	8000_Mixed	Rice, brown, with carrots, NS as to fat added in cooking	68	3.5	A	4
58161439	8000_Mixed	Rice, brown, with carrots, fat added in cooking	68	3.5	A	4
32101530	8000_Mixed	Egg curry	68	4.5	A	4
58161430	8000_Mixed	Rice, brown, with peas, NS as to fat added in cooking	68	4	A	4
58161434	8000_Mixed	Rice, brown, with peas, fat added in cooking	68	4	A	4
75141030	8000_Mixed	Cabbage salad or coleslaw, made with creamy dressing	68	4	C	4
27540240	8000_Mixed	Chicken fillet, broiled, sandwich, on whole wheat roll, with lettuce, tomato and spread	68	4	A	4
28150220	8000_Mixed	Flounder with chopped broccoli, diet frozen meal	68	4	A	4
58161480	8000_Mixed	Rice, brown, with carrots and tomatoes and/or tomato-based sauce, NS as to fat added in cooking	68	4	A	4
58161484	8000_Mixed	Rice, brown, with carrots and tomatoes and/or tomato-based sauce, fat added in cooking	68	4	A	4
27351010	8000_Mixed	Codfish with starchy vegetables, Puerto Rican style	67	5	A	4
58161472	8000_Mixed	Rice, brown, with dark green vegetables, fat not added in cooking	67	3.5	A	4
27150410	8000_Mixed	Shrimp teriyaki	67	4	B	3
27446350	8000_Mixed	Asian chicken or turkey garden salad, chicken and/or turkey, lettuce, fruit, nuts, no dressing	67	5	A	4
27351040	8000_Mixed	Biscayne codfish, Puerto Rican style	67	4.5	A	4
27350030	8000_Mixed	Seafood stew with potatoes and vegetables excluding carrots, broccoli, and dark-green leafy; tomato-based sauce	67	4.5	A	4
27446330	8000_Mixed	Chicken or turkey garden salad with cheese, chicken and/or turkey, cheese, lettuce and/or greens, tomato and/or	67	5	A	4
27350310	8000_Mixed	Seafood stew with potatoes and vegetables including carrots, broccoli, and/or dark-green leafy; tomato-based sa	66	4.5	A	4
27460750	8000_Mixed	Liver, beef or calves, and onions	66	4	B	4
28355140	8000_Mixed	Clam chowder, New England, reduced sodium, canned or ready-to-serve	66	4.5	B	4
27450650	8000_Mixed	Shellfish mixture and vegetables including carrots, broccoli, and/or dark-green leafy; no potatoes, mushroom sau	66	3.5	B	4
73101110	8000_Mixed	Carrots, raw, salad	66	4	C	4
58175110	8000_Mixed	Tabbouleh	66	4	C	4
75440400	8000_Mixed	Vegetables, dipped in chick-pea flour batter, fried, Pakora	66	4.5	A	4
58161440	8000_Mixed	Rice, brown, with peas and carrots, NS as to fat added in cooking	66	4	A	4
58161444	8000_Mixed	Rice, brown, with peas and carrots, fat added in cooking	66	4	A	4
27146150	8000_Mixed	Chicken curry	65	4.5	A	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

27420100	8000_Mixed	Pork, tofu, and vegetables including carrots, broccoli, and/or dark-green leafy; no potatoes, soy-base sauce	65	4	A	4
72125233	8000_Mixed	Spinach, from canned, creamed	65	4	B	4
58161492	8000_Mixed	Rice, brown, with dark green vegetables and tomatoes and/or tomato-based sauce, fat not added in cooking	65	3.5	A	4
28310160	8000_Mixed	Beef broth, with tomato, home recipe	65	4	B	4
27361010	8000_Mixed	Stewed variety meats, mostly liver, Puerto Rican style	64	4.5	A	4
58161510	8000_Mixed	Grape leaves stuffed with rice	64	4.5	A	4
41601070	8000_Mixed	Soybean soup, miso broth	64	3.5	C	4
58146632	8000_Mixed	Pasta, whole grain, with tomato-based sauce, meat, and added vegetables, home recipe	64	4.5	A	4
58161530	8000_Mixed	Rice, brown, with other vegetables, NS as to fat added in cooking	64	3.5	A	4
58161534	8000_Mixed	Rice, brown, with other vegetables, fat added in cooking	64	3.5	A	4
58146315	8000_Mixed	Pasta with sauce and meat, from school lunch	64	4.5	A	4
28340130	8000_Mixed	Chicken or turkey broth, with tomato, home recipe	64	4	B	4
27150120	8000_Mixed	Tuna with cream or white sauce	64	4	B	4
58161502	8000_Mixed	Rice, brown, with carrots and dark green vegetables, fat not added in cooking	63	3.5	A	4
27250128	8000_Mixed	Shrimp and noodles with soy-based sauce	63	3.5	B	4
42301120	8000_Mixed	Peanut butter sandwich, with reduced fat peanut butter, on wheat bread	63	3.5	C	4
42301125	8000_Mixed	Peanut butter sandwich, with reduced fat peanut butter, on whole wheat bread	63	3.5	C	4
58146631	8000_Mixed	Pasta, whole grain, with tomato-based sauce, meat, and added vegetables, restaurant	63	4	B	4
27250250	8000_Mixed	Flounder with crab stuffing	63	4	B	4
27415120	8000_Mixed	Beef, tofu, and vegetables including carrots, broccoli, and/or dark-green leafy; no potatoes, soy-based sauce	63	4	A	4
58161482	8000_Mixed	Rice, brown, with carrots and tomatoes and/or tomato-based sauce, fat not added in cooking	63	4	A	4
58161437	8000_Mixed	Rice, brown, with carrots, fat not added in cooking	63	3.5	A	4
75140510	8000_Mixed	Broccoli slaw salad	63	4	B	4
58146621	8000_Mixed	Pasta, whole grain, with tomato-based sauce and meat, restaurant	63	4	B	4
58161432	8000_Mixed	Rice, brown, with peas, fat not added in cooking	63	4	A	4
75148010	8000_Mixed	Cobb salad, no dressing	63	4.5	A	4
58161462	8000_Mixed	Rice, brown, with tomatoes and/or tomato based sauce, fat not added in cooking	63	4	A	4
27450068	8000_Mixed	Tuna salad, made with any type of fat free dressing	63	3.5	A	4
75450600	8000_Mixed	Vegetable combination, including carrots, broccoli, and/or dark-green leafy; cooked, with butter sauce	63	4.5	A	4
27451070	8000_Mixed	Codfish salad, Puerto Rican style, Serenata	62	4	C	4
58160800	8000_Mixed	Rice, white, with lentils, NS as to fat added in cooking	62	5	A	4
58160805	8000_Mixed	Rice, white, with lentils, fat added in cooking	62	5	A	4
58161522	8000_Mixed	Rice, brown, with carrots, dark green vegetables, and tomatoes and/or tomato-based sauce, fat not added in cook	62	3.5	A	4
58403100	8000_Mixed	Noodle and potato soup, Puerto Rican style	62	4.5	B	3
42301020	8000_Mixed	Peanut butter sandwich, with regular peanut butter, on wheat bread	62	3.5	C	4
42301025	8000_Mixed	Peanut butter sandwich, with regular peanut butter, on whole wheat bread	62	3.5	C	4
74501010	8000_Mixed	Tomato aspic	62	4.5	B	3
75141020	8000_Mixed	Cabbage salad or coleslaw, made with Italian dressing	62	4	B	4
41601200	8000_Mixed	Liquid from stewed kidney beans, Puerto Rican style	62	3.5	B	4
58146633	8000_Mixed	Pasta, whole grain, with tomato-based sauce, meat, and added vegetables, ready-to-heat	61	4	A	4
27450090	8000_Mixed	Tuna salad with cheese	61	3	C	4
58146623	8000_Mixed	Pasta, whole grain, with tomato-based sauce and meat, ready-to-heat	61	4	A	4
75401010	8000_Mixed	Asparagus, NS as to form, creamed or with cheese sauce	61	4	B	4
58160120	8000_Mixed	Rice with beans and tomatoes	61	5	A	4
27450250	8000_Mixed	Oysters Rockefeller	61	3	B	4
27445250	8000_Mixed	Almond chicken	61	4	B	4
27445130	8000_Mixed	Chicken or turkey and vegetables excluding carrots, broccoli, and dark-green leafy; no potatoes, tomato-based sau	61	4.5	B	4
27451010	8000_Mixed	Fried fish with sauce, Puerto Rican style	61	3.5	C	4
27450070	8000_Mixed	Shrimp salad	61	3	D	4
58161420	8000_Mixed	Rice, brown, with corn, NS as to fat added in cooking	60	4	A	4
58161424	8000_Mixed	Rice, brown, with corn, fat added in cooking	60	4	A	4
58146622	8000_Mixed	Pasta, whole grain, with tomato-based sauce and meat, home recipe	60	4	A	4
27150030	8000_Mixed	Crab imperial	60	3.5	B	4
75141025	8000_Mixed	Cabbage salad or coleslaw, made with light Italian dressing	60	4	B	4
27420400	8000_Mixed	Pork and vegetables including carrots, broccoli, and/or dark-green leafy; no potatoes, tomato-based sauce	60	4.5	A	4
75401012	8000_Mixed	Asparagus, from frozen, creamed or with cheese sauce	60	4	B	4
75651150	8000_Mixed	Vegetable noodle soup, reduced sodium, canned, prepared with water or ready-to-serve	60	4.5	A	4
27446205	8000_Mixed	Chicken or turkey salad with nuts and/or fruits	60	4	B	4
75416500	8000_Mixed	Pea salad	60	4	C	4
58161442	8000_Mixed	Rice, brown, with peas and carrots, fat not added in cooking	60	4	A	4
75141035	8000_Mixed	Cabbage salad or coleslaw, made with light creamy dressing	60	4	B	3
27415110	8000_Mixed	Beef and broccoli	60	4.5	B	4
75650990	8000_Mixed	Minestrone soup, reduced sodium, canned or ready-to-serve	60	4.5	A	4
27420370	8000_Mixed	Pork, tofu, and vegetables, excluding carrots, broccoli, and dark-green leafy; no potatoes, soy-based sauce	60	4	A	4
27341055	8000_Mixed	Chicken or turkey, potatoes, and vegetables including carrots, broccoli, and/or dark-green leafy; tomato-based sa	60	4.5	B	4
27450065	8000_Mixed	Tuna salad, made with light creamy dressing	59	3.5	B	4
27446315	8000_Mixed	Chicken or turkey garden salad with bacon and cheese, chicken and/or turkey, bacon, cheese, lettuce and/or gree	59	5	A	4
28340600	8000_Mixed	Chicken or turkey vegetable soup, canned, prepared with water or ready-to-serve	59	4.5	B	3
27510511	8000_Mixed	Hamburger, 1 miniature patty, on miniature bun, from school	59	4	A	4
41601040	8000_Mixed	Lima bean soup, home recipe, canned or ready-to-serve	59	4.5	A	4
27411100	8000_Mixed	Beef with vegetables including carrots, broccoli, and/or dark-green leafy; no potatoes, tomato-based sauce	59	4.5	A	4
27151050	8000_Mixed	Shrimp in garlic sauce, Puerto Rican style	59	3	D	4
27150250	8000_Mixed	Fish moochim	59	0.5	D	4
14670000	8000_Mixed	Mozzarella cheese, tomato, and basil, with oil and vinegar dressing	59	4	B	4
27445120	8000_Mixed	Chicken or turkey and vegetables excluding carrots, broccoli, and dark-green leafy; no potatoes, soy-based sauce	59	4	A	4
27450660	8000_Mixed	Shellfish mixture and vegetables excluding carrots, broccoli, and dark-green leafy; no potatoes, mushroom sauce	59	4	B	4
27510150	8000_Mixed	Cheeseburger, 1 miniature patty, on miniature bun, from school	58	4	B	4
27510565	8000_Mixed	Hamburger, on bun, from school	58	4	A	4
75141000	8000_Mixed	Cabbage salad or coleslaw, made with coleslaw dressing	58	4	C	4
58160110	8000_Mixed	Rice with beans	58	5	A	4
27415220	8000_Mixed	Beef, tofu, and vegetables excluding carrots, broccoli, and dark-green leafy; no potatoes, soy-based sauce	58	4	A	4
28355260	8000_Mixed	Lobster gumbo	58	4.5	A	4
72125260	8000_Mixed	Spinach and cheese casserole	58	4	B	4
27250030	8000_Mixed	Codfish ball or cake	58	4	B	4
28350040	8000_Mixed	Fish stock, home recipe	58	3.5	B	4
75649010	8000_Mixed	Vegetable soup, canned, prepared with water or ready-to-serve	58	4.5	B	3

Supplementary Table 8. Original (uncorrected) scores for all food items.

75656020	8000_Mixed	Vegetable soup, chunky style	58	4.5	B	3
58161532	8000_Mixed	Rice, brown, with other vegetables, fat not added in cooking	58	3.5	A	4
72201241	8000_Mixed	Broccoli, cooked, from fresh, with mushroom sauce	57	4.5	B	4
27150010	8000_Mixed	Fish with cream or white sauce, not tuna or lobster	57	4	A	4
27440110	8000_Mixed	Chicken or turkey and vegetables including carrots, broccoli, and/or dark-green leafy; no potatoes, no sauce	57	4	B	4
41601130	8000_Mixed	Bean soup, mixed beans, home recipe, canned or ready-to-serve	57	4.5	A	4
41601100	8000_Mixed	Portuguese bean soup, home recipe, canned or ready-to-serve	57	4.5	A	4
41601030	8000_Mixed	Black bean soup, home recipe, canned or ready-to-serve	57	4.5	A	4
75651000	8000_Mixed	Minestrone soup, home recipe	57	4.5	A	4
27330170	8000_Mixed	Stuffed grape leaves with lamb and rice	57	4.5	A	4
27341510	8000_Mixed	Chicken or turkey stew with potatoes and vegetables including carrots, broccoli, and/or dark-green leafy; tomato-	57	4.5	A	4
27120160	8000_Mixed	Pork curry	57	4.5	A	4
27445110	8000_Mixed	Chicken or turkey and vegetables including carrots, broccoli, and/or dark-green leafy; no potatoes, soy-based sauc	57	4.5	A	4
75141200	8000_Mixed	Cabbage salad or coleslaw with pineapple, with dressing	57	4	B	4
58401200	8000_Mixed	Barley soup, sweet, with or without nuts, Asian Style	56	3.5	B	3
28340580	8000_Mixed	Chicken or turkey soup with vegetables, broccoli, carrots, celery, potatoes and onions, Asian style	56	4	B	4
58163360	8000_Mixed	Flavored rice, brown and wild	56	3.5	B	4
27320100	8000_Mixed	Pork, potatoes, and vegetables including carrots, broccoli, and/or dark-green leafy; tomato-based sauce	56	4.5	B	4
27341060	8000_Mixed	Chicken or turkey, potatoes, and vegetables excluding carrots, broccoli, and dark-green leafy; tomato-based sauce	56	4.5	B	4
75141040	8000_Mixed	Cabbage salad or coleslaw, made with any type of fat free dressing	56	4.5	A	3
42302160	8000_Mixed	Peanut butter and jelly sandwich, with reduced fat peanut butter, reduced sugar jelly, on wheat bread	55	3.5	C	4
42302165	8000_Mixed	Peanut butter and jelly sandwich, with reduced fat peanut butter, reduced sugar jelly, on whole wheat bread	55	3.5	C	4
75401011	8000_Mixed	Asparagus, from fresh, creamed or with cheese sauce	55	4	B	4
27420500	8000_Mixed	Pork and vegetables including carrots, broccoli, and/or dark-green leafy; no potatoes, soy-based sauce	55	4.5	A	4
27341520	8000_Mixed	Chicken or turkey stew with potatoes and vegetables excluding carrots, broccoli, and dark-green leafy; tomato- ba	55	4.5	A	4
27345310	8000_Mixed	Chicken or turkey, rice, and vegetables including carrots, broccoli, and/or dark-green leafy; soy-based sauce	55	4	A	4
27550750	8000_Mixed	Tuna salad submarine sandwich, with lettuce and tomato	55	3.5	B	4
27550751	8000_Mixed	Tuna salad submarine sandwich, with cheese, lettuce and tomato	55	3.5	B	4
41601140	8000_Mixed	Bean soup, home recipe	55	5	A	4
27420120	8000_Mixed	Pork and watercress with soy-based sauce	55	4	B	4
75440200	8000_Mixed	Vegetable tempura	55	4	B	4
27445220	8000_Mixed	Kung pao chicken	55	4	A	4
58165430	8000_Mixed	Rice, brown, with vegetables and gravy, NS as to fat added in cooking	55	4	B	4
58165450	8000_Mixed	Rice, brown, with vegetables and gravy, fat added in cooking	55	4	B	4
27250410	8000_Mixed	Shrimp with crab stuffing	55	3.5	C	4
42302110	8000_Mixed	Peanut butter and jelly sandwich, with regular peanut butter, reduced sugar jelly, on wheat bread	55	3.5	C	4
42302115	8000_Mixed	Peanut butter and jelly sandwich, with regular peanut butter, reduced sugar jelly, on whole wheat bread	55	3.5	C	4
27260510	8000_Mixed	Liver dumpling	55	2	D	4
75141100	8000_Mixed	Cabbage salad or coleslaw with apples and/or raisins, with dressing	55	4	C	4
58160130	8000_Mixed	Rice with beans and chicken	54	5	A	4
28355350	8000_Mixed	Salmon soup, cream style	54	3.5	B	4
41602020	8000_Mixed	Garbanzo bean or chickpea soup, home recipe, canned or ready-to-serve	54	4.5	A	4
27341010	8000_Mixed	Chicken or turkey, potatoes, and vegetables including carrots, broccoli, and/or dark-green leafy; no sauce	54	4.5	A	4
74602200	8000_Mixed	Tomato soup, canned, reduced sodium, prepared with water, or ready-to-serve	54	4.5	B	4
27510190	8000_Mixed	Cheeseburger on bun, from school	54	4	B	4
55702000	8000_Mixed	Cake or pancake made with rice flour and/or dried beans	54	5	A	3
28143180	8000_Mixed	Chicken in butter sauce with potatoes and vegetable, diet frozen meal	54	4.5	A	4
58160810	8000_Mixed	Rice, white, with lentils, fat not added in cooking	54	5	A	4
72201231	8000_Mixed	Broccoli, cooked, from fresh, with cheese sauce	54	4	A	4
27150160	8000_Mixed	Shrimp with lobster sauce	54	2	D	3
27142200	8000_Mixed	Turkey with gravy	54	4	A	3
58302080	8000_Mixed	Noodles with vegetables in tomato-based sauce, diet frozen meal	54	4.5	A	4
28340150	8000_Mixed	Mexican style chicken broth soup stock	54	4.5	B	4
58161422	8000_Mixed	Rice, brown, with corn, fat not added in cooking	54	4	A	4
27550510	8000_Mixed	Sardine sandwich, with lettuce and spread	54	3.5	B	4
27415100	8000_Mixed	Beef and vegetables including carrots, broccoli, and/or dark-green leafy; no potatoes, soy-based sauce	54	4.5	A	4
27420410	8000_Mixed	Pork and vegetables excluding carrots, broccoli, and dark-green leafy; no potatoes, tomato-based sauce	54	4.5	A	4
75647000	8000_Mixed	Seaweed soup	54	4	C	4
27311625	8000_Mixed	Beef, potatoes, and vegetables including carrots, broccoli, and/or dark-green leafy; tomato-based sauce	54	4.5	B	4
41602070	8000_Mixed	Split pea soup, canned, reduced sodium, prepared with water or ready-to-serve	53	4.5	A	4
75612010	8000_Mixed	Zucchini soup, cream of, prepared with milk	53	4	B	4
27130100	8000_Mixed	Lamb or mutton curry	53	4	B	4
58146751	8000_Mixed	Pasta, whole grain, with cream sauce, seafood, and added vegetables, restaurant	53	3	C	4
58147110	8000_Mixed	Pasta with tomato-based sauce and beans or lentils	53	5	A	4
75416600	8000_Mixed	Pea salad with cheese	53	4	C	4
42302060	8000_Mixed	Peanut butter and jelly sandwich, with reduced fat peanut butter, regular jelly, on wheat bread	53	3.5	C	4
42302065	8000_Mixed	Peanut butter and jelly sandwich, with reduced fat peanut butter, regular jelly, on whole wheat bread	53	3.5	C	4
27440120	8000_Mixed	Chicken or turkey and vegetables excluding carrots, broccoli, and dark-green leafy; no potatoes, no sauce	52	4	B	4
27420150	8000_Mixed	Kung Pao pork	52	4	B	4
27250080	8000_Mixed	Salmon loaf	52	3	D	4
58164830	8000_Mixed	Rice, brown, with gravy, NS as to fat added in cooking	52	3.5	B	4
58164850	8000_Mixed	Rice, brown, with gravy, fat added in cooking	52	3.5	B	4
27250950	8000_Mixed	Shellfish and noodles with tomato-based sauce	52	4	A	4
27420110	8000_Mixed	Pork and vegetables, Hawaiian style	52	4.5	A	4
28355210	8000_Mixed	Crab soup, cream of, prepared with milk	52	3.5	B	4
75601210	8000_Mixed	Cabbage with meat soup, home recipe, canned or ready-to-serve	52	4.5	A	4
27411200	8000_Mixed	Beef with vegetables excluding carrots, broccoli, and dark-green leafy; no potatoes, tomato-based sauce	52	4.5	B	4
58165460	8000_Mixed	Rice, brown, with vegetables, soy-based sauce, NS as to fat added in cooking	52	4	B	4
58165480	8000_Mixed	Rice, brown, with vegetables, soy-based sauce, fat added in cooking	52	4	B	4
27450130	8000_Mixed	Crab salad made with imitation crab	52	3.5	C	4
27441120	8000_Mixed	Chicken or turkey creole, without rice	52	4.5	B	4
27420060	8000_Mixed	Pork and vegetables including carrots, broccoli, and/or dark-green leafy; no potatoes, no sauce	52	4.5	A	4
75651140	8000_Mixed	Vegetable soup with chicken broth, home recipe, Mexican style	52	4.5	B	4
27540250	8000_Mixed	Chicken fillet, broiled, sandwich with cheese, on whole wheat roll, with lettuce, tomato and non-mayonnaise type	52	3.5	B	4
72201240	8000_Mixed	Broccoli, cooked, NS as to form, with mushroom sauce	52	4.5	A	4
72201242	8000_Mixed	Broccoli, cooked, from frozen, with mushroom sauce	52	4.5	A	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

28350110	8000_Mixed	Crab soup, NS as to tomato-base or cream style	52	3.5	B	4
42302020	8000_Mixed	Peanut butter and jelly sandwich, with regular peanut butter, regular jelly, on wheat bread	52	3.5	C	4
42302025	8000_Mixed	Peanut butter and jelly sandwich, with regular peanut butter, regular jelly, on whole wheat bread	52	3.5	C	4
27443150	8000_Mixed	Chicken or turkey divan	52	4	B	4
27250270	8000_Mixed	Clams Casino	52	4	A	4
27420510	8000_Mixed	Pork and vegetables excluding carrots, broccoli, and dark- green leafy; no potatoes, soy-based sauce	52	4	A	4
75140990	8000_Mixed	Cabbage salad or coleslaw, from fast food / restaurant	51	4	C	4
27250150	8000_Mixed	Tuna loaf	51	4	B	4
27415170	8000_Mixed	Kung Pao beef	51	4	B	4
27320110	8000_Mixed	Pork, potatoes, and vegetables excluding carrots, broccoli, and dark-green leafy; tomato-based sauce	51	4.5	B	4
74506000	8000_Mixed	Tomato and cucumber salad made with tomato, cucumber, oil, and vinegar	51	4	C	4
58160140	8000_Mixed	Rice with beans and pork	51	5	A	4
27315270	8000_Mixed	Stuffed grape leaves with beef and rice	51	4.5	B	4
75417021	8000_Mixed	Peas, cooked, from fresh, with mushroom sauce	51	4.5	A	4
75649040	8000_Mixed	Vegetable soup, reduced sodium, canned, ready to serve	51	4.5	B	3
58165440	8000_Mixed	Rice, brown, with vegetables and gravy, fat not added in cooking	51	4	B	4
27420160	8000_Mixed	Moo Shu pork, without Chinese pancake	51	3.5	C	4
72308500	8000_Mixed	Dark-green leafy vegetable soup, meatless, Asian style	51	4	B	4
75401013	8000_Mixed	Asparagus, from canned, creamed or with cheese sauce	51	4	B	4
27448030	8000_Mixed	Chicken or turkey fricassee, no sauce, no potatoes, Puerto Rican style	51	3.5	D	3
27116100	8000_Mixed	Beef curry	51	4.5	B	4
28340660	8000_Mixed	Chicken or turkey vegetable soup, home recipe	51	4.5	B	4
28355440	8000_Mixed	Shrimp gumbo	51	4.5	A	4
14640040	8000_Mixed	Cheese sandwich, reduced fat American cheese,, on wheat bread, with mayonnaise	51	2	D	4
14640042	8000_Mixed	Cheese sandwich, reduced fat American cheese, on whole wheat bread, with mayonnaise	51	2	D	4
28351170	8000_Mixed	Codfish soup with noodles, Puerto Rican style	51	4	A	4
75440500	8000_Mixed	Vegetable combinations, including carrots, broccoli, and/or dark-green leafy; cooked, with cheese sauce	51	4	B	4
27545110	8000_Mixed	Turkey or chicken burger, plain, on wheat bun	51	4	A	4
27250132	8000_Mixed	Shrimp and noodles with tomato sauce	51	4	A	4
27345320	8000_Mixed	Chicken or turkey, rice, and vegetables excluding carrots, broccoli, and dark-green leafy; soy-based sauce	51	4	A	4
27442110	8000_Mixed	Chicken or turkey and vegetables including carrots, broccoli, and/or dark-green leafy; no potatoes, gravy	50	4	B	4
27311630	8000_Mixed	Beef, potatoes, and vegetables excluding carrots, broccoli, and dark-green leafy; tomato-based sauce	50	4.5	B	4
27341025	8000_Mixed	Chicken or turkey, potatoes, and vegetables including carrots, broccoli, and/or dark-green leafy; gravy	50	4	B	4
58155320	8000_Mixed	Seafood paella, Puerto Rican style	50	3.5	A	4
58146752	8000_Mixed	Pasta, whole grain, with cream sauce, seafood, and added vegetables, home recipe	50	3.5	B	4
73501000	8000_Mixed	Carrot soup, cream of, prepared with milk, home recipe, canned or ready-to-serve	50	4	B	4
27440130	8000_Mixed	Chicken or turkey shish kabob with vegetables, excluding potatoes	50	4.5	A	4
27311645	8000_Mixed	Beef, potatoes, and vegetables including carrots, broccoli, and/or dark-green leafy; soy-based sauce	50	4.5	A	4
72201230	8000_Mixed	Broccoli, cooked, NS as to form, with cheese sauce	50	4	A	4
75406010	8000_Mixed	Brussels sprouts, NS as to form, creamed	50	4	A	4
58164860	8000_Mixed	Rice, brown, with soy-based sauce, NS as to fat added in cooking	50	3	C	4
58164880	8000_Mixed	Rice, brown, with soy-based sauce, fat added in cooking	50	3	C	4
72201232	8000_Mixed	Broccoli, cooked, from frozen, with cheese sauce	50	4	A	4
58146371	8000_Mixed	Pasta with tomato-based sauce, seafood, and added vegetables, restaurant	50	3.5	B	4
27415200	8000_Mixed	Beef and vegetables excluding carrots, broccoli, and dark-green leafy; no potatoes, soy-based sauce	50	4.5	A	4
27410210	8000_Mixed	Beef and vegetables including carrots, broccoli, and/or dark-green leafy; no potatoes, no sauce	50	4.5	A	4
27545210	8000_Mixed	Turkey or chicken burger, with condiments, on wheat bun	50	4	B	4
27545220	8000_Mixed	Turkey or chicken burger, with condiments, on whole wheat bun	50	4	B	4
27446200	8000_Mixed	Chicken or turkey salad, made with mayonnaise	50	3.5	C	4
58106570	8000_Mixed	Pizza with pepperoni, from school lunch, thin crust	50	3.5	C	4
75140500	8000_Mixed	Broccoli salad with cauliflower, cheese, bacon bits, and dressing	50	3.5	C	4
28351160	8000_Mixed	Codfish, rice, and vegetable soup, Puerto Rican style	50	4	B	4
27564570	8000_Mixed	Frankfurter or hot dog sandwich, meatless, on bread, with meatless chili	50	4	A	4
27446332	8000_Mixed	Chicken or turkey, breaded, fried, garden salad with cheese, chicken and/or turkey, cheese, lettuce and/or greens	50	4.5	A	4
27540230	8000_Mixed	Chicken patty sandwich with cheese, on wheat bun, with lettuce, tomato and spread	50	3.5	C	4
58146361	8000_Mixed	Pasta with tomato-based sauce and seafood, restaurant	50	3.5	B	4
75406012	8000_Mixed	Brussels sprouts, from frozen, creamed	50	4	A	4
72201250	8000_Mixed	Broccoli, cooked, NS as to form, with cream sauce	50	4.5	A	4
27341035	8000_Mixed	Chicken or turkey, potatoes, and vegetables including carrots, broccoli, and/or dark-green leafy; cream sauce, whi	49	4	B	4
27564430	8000_Mixed	Frankfurter or hot dog sandwich, meatless, plain, on bread	49	4	A	4
28315050	8000_Mixed	Beef vegetable soup with potato, pasta, or rice, chunky style, canned, or ready-to-serve	49	4.5	B	3
27341020	8000_Mixed	Chicken or turkey, potatoes, and vegetables excluding carrots, broccoli, and dark-green leafy; no sauce	49	4.5	A	4
28355250	8000_Mixed	Lobster bisque	49	3.5	B	4
75450500	8000_Mixed	Vegetable combination, including carrots, broccoli, and/or dark-green leafy; cooked, with cream sauce	49	4	B	4
27350050	8000_Mixed	Shrimp chow mein or chop suey with noodles	49	4	A	4
58164840	8000_Mixed	Rice, brown, with gravy, fat not added in cooking	49	3.5	B	4
75142550	8000_Mixed	Cucumber salad, made with Italian dressing	49	4	C	4
27416150	8000_Mixed	Pepper steak	49	4.5	B	4
27464000	8000_Mixed	Gumbo, no rice	49	4	A	4
27150510	8000_Mixed	Scallops with cheese sauce	49	3.5	C	3
58146753	8000_Mixed	Pasta, whole grain, with cream sauce, seafood, and added vegetables, ready-to-heat	49	3.5	B	4
28350050	8000_Mixed	Fish chowder	49	4	A	4
75412070	8000_Mixed	Eggplant with cheese and tomato sauce	49	4	B	4
27320320	8000_Mixed	Pork, rice, and vegetables including carrots, broccoli, and/or dark-green leafy; soy-based sauce	49	4.5	A	4
27336200	8000_Mixed	Venison or deer, potatoes, and vegetables including carrots, broccoli, and/or dark-green leafy; gravy	49	4.5	B	4
27446220	8000_Mixed	Chicken or turkey salad with egg	49	3.5	C	4
27341310	8000_Mixed	Chicken or turkey stew with potatoes and vegetables including carrots, broccoli, and/or dark-green leafy; gravy	49	4.5	A	4
27348100	8000_Mixed	Chicken fricassee, Puerto Rican style	49	4	C	4
14640028	8000_Mixed	Cheese sandwich, American cheese, on wheat bread, with mayonnaise	48	1.5	D	4
14640030	8000_Mixed	Cheese sandwich, American cheese, on whole wheat bread, with mayonnaise	48	1.5	D	4
58160135	8000_Mixed	Rice with beans and beef	48	5	A	4
72201251	8000_Mixed	Broccoli, cooked, from fresh, with cream sauce	48	3.5	B	4
27460010	8000_Mixed	Chow mein or chop suey, NS as to type of meat, no noodles	48	4.5	A	4
58134630	8000_Mixed	Tortellini, cheese-filled, meatless, with vegetables and vinaigrette dressing	48	3.5	B	4
27136100	8000_Mixed	Chili con carne with venison/deer and beans	48	5	A	4
32105200	8000_Mixed	Egg foo yung, NFS	48	4	B	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

58146741	8000_Mixed	Pasta, whole grain, with cream sauce and seafood, restaurant	48	3.5	C	4
27446362	8000_Mixed	Chicken or turkey, breaded, fried, caesar garden salad, chicken and/or turkey, lettuce, tomatoes, cheese, no dress	48	4.5	A	4
27250450	8000_Mixed	Shrimp toast, fried	48	3	C	4
32105230	8000_Mixed	Shrimp egg foo yung	48	4	B	4
27311650	8000_Mixed	Beef, potatoes, and vegetables excluding carrots, broccoli, and dark-green leafy; soy-based sauce	48	4.5	A	4
77250710	8000_Mixed	Tannier fritters, Puerto Rican style	48	4.5	A	4
58109140	8000_Mixed	Pizza, cheese and vegetables, gluten-free thin crust	48	3	B	4
27460100	8000_Mixed	Lau lau	48	4	B	3
27446100	8000_Mixed	Chicken or turkey chow mein or chop suey, no noodles	48	4.5	A	4
27320450	8000_Mixed	Ham, potatoes, and vegetables including carrots, broccoli, and/or dark-green leafy; no sauce	48	4	B	4
14640046	8000_Mixed	Cheese sandwich, reduced fat Cheddar cheese, on wheat bread, with mayonnaise	48	2	D	4
14640048	8000_Mixed	Cheese sandwich, reduced fat Cheddar cheese, on whole wheat bread, with mayonnaise	48	2	D	4
27362000	8000_Mixed	Stewed tripe, with potatoes, Puerto Rican style	48	4.5	B	4
41601090	8000_Mixed	Bean soup, with macaroni, home recipe, canned, or ready-to-serve	48	4.5	A	4
75656040	8000_Mixed	Vegetable soup, with pasta, chunky style	48	4.5	A	4
28141610	8000_Mixed	Chicken and vegetables in cream or white sauce, diet frozen meal	48	4	A	4
28145110	8000_Mixed	Turkey with vegetable, stuffing, diet frozen meal	48	4.5	A	4
27446240	8000_Mixed	Chicken or turkey salad, made with creamy dressing	48	3	C	4
58106578	8000_Mixed	Pizza, with pepperoni, from school lunch, medium crust	48	3.5	C	4
75651070	8000_Mixed	Vegetable rice soup, canned, prepared with water or ready-to-serve	48	4.5	A	4
27320040	8000_Mixed	Pork, potatoes, and vegetables including carrots, broccoli, and/or dark-green leafy; no sauce	48	4.5	A	4
27250300	8000_Mixed	Mackerel cake or patty	47	3.5	C	4
27416250	8000_Mixed	Beef salad	47	3.5	C	4
41602090	8000_Mixed	Split pea and ham soup, canned, reduced sodium, prepared with water or ready-to-serve	47	4.5	A	4
58109100	8000_Mixed	Pizza, cheese, gluten-free thin crust	47	3	C	4
27250020	8000_Mixed	Clams, stuffed	47	3.5	C	4
27341320	8000_Mixed	Chicken or turkey stew with potatoes and vegetables excluding carrots, broccoli, and dark-green leafy; gravy	47	5	A	4
27241000	8000_Mixed	Chicken or turkey hash	47	5	A	4
27111400	8000_Mixed	Chili con carne, NS as to beans	47	4.5	A	4
77272010	8000_Mixed	Puerto Rican pasteles	47	4	C	4
27341030	8000_Mixed	Chicken or turkey, potatoes, and vegetables excluding carrots, broccoli, and dark-green leafy; gravy	47	4	B	4
27315510	8000_Mixed	Beef, rice, and vegetables including carrots, broccoli, and/or dark-green leafy; soy-based sauce	47	4.5	A	4
27420170	8000_Mixed	Pork and onions with soy-based sauce	47	4.5	A	4
75414011	8000_Mixed	Mushrooms, from fresh, creamed	47	4	B	4
75414012	8000_Mixed	Mushrooms, from frozen, creamed	47	4	B	4
75144100	8000_Mixed	Lettuce, wilted, with bacon dressing	47	4	B	4
28345170	8000_Mixed	Duck soup	47	4	A	4
75406011	8000_Mixed	Brussels sprouts, from fresh, creamed	47	4	B	4
58101820	8000_Mixed	Mexican casserole made with ground beef, beans, tomato sauce, cheese, taco seasonings, and corn chips	47	4	B	4
58100725	8000_Mixed	Enchilada with beans, green-chile or enchilada sauce	47	4.5	A	4
75145000	8000_Mixed	Seven-layer salad, lettuce salad made with a combination of onion, celery, green pepper, peas, mayonnaise, chee	47	4	C	4
27111406	8000_Mixed	Chili con carne with beans, home recipe	47	4.5	A	4
58151440	8000_Mixed	Sushi, topped with tuna	46	4	A	3
27550110	8000_Mixed	Crab cake sandwich, on bun	46	3.5	B	4
58148140	8000_Mixed	Macaroni or pasta salad with crab meat	46	3.5	B	4
77316600	8000_Mixed	Eggplant and meat casserole	46	4.5	A	4
58106236	8000_Mixed	Pizza, cheese, from school lunch, thick crust	46	3.5	C	4
27450510	8000_Mixed	Tuna casserole with vegetables and mushroom sauce, no noodles	46	3.5	B	4
28153010	8000_Mixed	Shrimp and clams in tomato-based sauce, with noodles, frozen meal	46	4	B	4
75412060	8000_Mixed	Eggplant parmesan casserole, regular	46	4	B	4
27150020	8000_Mixed	Crab, deviled	46	3	D	4
58117510	8000_Mixed	Hayacas, Puerto Rican style	46	4.5	A	4
27313150	8000_Mixed	Beef, noodles, and vegetables including carrots, broccoli, and/or dark-green leafy; soy-based sauce	46	4.5	A	4
58146731	8000_Mixed	Pasta, whole grain, with cream sauce, poultry, and added vegetables, restaurant	46	3	C	4
28340670	8000_Mixed	Chicken or turkey vegetable soup with rice, home recipe, Mexican style	46	4.5	A	4
58146373	8000_Mixed	Pasta with tomato-based sauce, seafood, and added vegetables, ready-to-heat	46	4	A	4
58148130	8000_Mixed	Macaroni or pasta salad with tuna	46	3.5	B	4
28355130	8000_Mixed	Clam chowder, New England, prepared with water	46	4	B	4
27311110	8000_Mixed	Beef, potatoes, and vegetables including carrots, broccoli, and/or dark-green leafy; no sauce	46	4.5	A	4
27320140	8000_Mixed	Pork, potatoes, and vegetables including carrots, broccoli, and/or dark-green leafy; gravy	46	4.5	B	4
58146363	8000_Mixed	Pasta with tomato-based sauce and seafood, ready-to-heat	46	4	A	4
27341040	8000_Mixed	Chicken or turkey, potatoes, and vegetables excluding carrots, broccoli, and dark-green leafy; cream sauce, white	46	4.5	B	4
27336250	8000_Mixed	Venison or deer, potatoes, and vegetables excluding carrots, broccoli, and dark-green leafy; gravy	46	4.5	B	4
27246300	8000_Mixed	Chicken or turkey cake, patty, or croquette	46	3.5	D	4
27311600	8000_Mixed	Beef, potatoes, and vegetables including carrots, broccoli, and/or dark-green leafy; gravy	46	4.5	B	4
27564390	8000_Mixed	Frankfurter or hot dog sandwich, fat free, plain, on whole wheat bread	46	3.5	B	4
27564362	8000_Mixed	Frankfurter or hot dog sandwich, fat free, plain, on whole wheat bun	45	3.5	B	4
58146221	8000_Mixed	Pasta with tomato-based sauce, restaurant	45	4	B	4
58146301	8000_Mixed	Pasta with tomato-based sauce, and added vegetables, restaurant	45	4	B	4
27335500	8000_Mixed	Stewed rabbit, Puerto Rican style,	45	4.5	B	4
41601020	8000_Mixed	Bean with bacon or ham soup, canned or ready-to-serve	45	4.5	A	4
58134310	8000_Mixed	Stuffed shells, with fish and/or shellfish, with tomato sauce	45	4	A	4
77205110	8000_Mixed	Ripe plantain fritters, Puerto Rican style	45	3.5	D	4
58106634	8000_Mixed	Pizza, with meat other than pepperoni, from school lunch, medium crust	45	3.5	C	4
58130810	8000_Mixed	Lasagna, meatless, whole wheat noodles	45	3.5	C	4
27141000	8000_Mixed	Chicken or turkey cacciatore	45	4.5	B	4
28311030	8000_Mixed	Menudo soup, canned, prepared with water or ready-to-serve	45	3.5	B	4
27320330	8000_Mixed	Pork, rice, and vegetables excluding carrots, broccoli, and dark-green leafy; soy-based sauce	45	4.5	A	4
72201252	8000_Mixed	Broccoli, cooked, from frozen, with cream sauce	45	4	A	4
58128210	8000_Mixed	Dressing with oysters	45	3	C	4
58146742	8000_Mixed	Pasta, whole grain, with cream sauce and seafood, home recipe	45	3.5	B	4
41601010	8000_Mixed	Bean soup, NFS	45	4.5	A	4
27463000	8000_Mixed	Stewed gizzards, Puerto Rican style	45	4.5	B	4
27311610	8000_Mixed	Beef, potatoes, and vegetables including carrots, broccoli, and/or dark-green leafy; cream sauce, white sauce, or r	45	4.5	B	4
75651010	8000_Mixed	Minestrone soup, canned, prepared with water, or ready-to-serve	45	4.5	B	4
75652010	8000_Mixed	Vegetable beef soup, home recipe	45	4.5	A	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

58106234	8000_Mixed	Pizza, cheese, from school lunch, medium crust	45	3.5	C	4
58106635	8000_Mixed	Pizza, with meat other than pepperoni, from school lunch, thin crust	45	3.5	C	4
27550730	8000_Mixed	Tuna melt sandwich	45	3	C	4
27121410	8000_Mixed	Chili con carne with beans, made with pork	45	4.5	A	4
28350220	8000_Mixed	Clam chowder, Manhattan	45	4	B	4
75402021	8000_Mixed	Beans, lima, immature, cooked, from fresh, with mushroom sauce	45	4.5	A	4
63415100	8000_Mixed	Soup, fruit	45	4	B	3
74606020	8000_Mixed	Tomato vegetable soup with noodles, prepared with water	45	4	C	4
58421020	8000_Mixed	Sopa de Fideo Aguada, Mexican style noodle soup, home recipe	45	4.5	A	4
27540260	8000_Mixed	Chicken fillet, broiled, sandwich, on oat bran bun, with lettuce, tomato, spread	45	4	B	4
27250050	8000_Mixed	Fish cake or patty, NS as to fish	45	4	B	4
27250310	8000_Mixed	Haddock cake or patty	45	4	B	4
27150050	8000_Mixed	Fish timbale or mousse	45	3	C	3
27415150	8000_Mixed	Beef chow mein or chop suey, no noodles	44	5	A	4
73102251	8000_Mixed	Carrots, cooked, from fresh, with cheese sauce	44	4	B	4
14620310	8000_Mixed	Topping from vegetable pizza	44	3.5	D	4
58150100	8000_Mixed	Bibimbap, Korean	44	4.5	B	4
27415130	8000_Mixed	Szechuan beef	44	4.5	A	4
27415140	8000_Mixed	Hunan beef	44	4.5	A	4
27448020	8000_Mixed	Chicken or turkey fricassee, with sauce, no potatoes, potatoes reported separately, Puerto Rican style	44	3.5	C	4
77316010	8000_Mixed	Stuffed cabbage, with meat, Puerto Rican style	44	4	C	4
27343510	8000_Mixed	Chicken or turkey, noodles, and vegetables including carrots, broccoli, and/or dark-green leafy; tomato-based sau	44	4	A	4
58155910	8000_Mixed	Rice with squid, Puerto Rican style	44	3	C	4
27320210	8000_Mixed	Pork, potatoes, and vegetables excluding carrots, broccoli, and dark-green leafy; no sauce	44	4.5	A	4
58106580	8000_Mixed	Pizza with pepperoni, from school lunch, thick crust	44	3.5	C	4
58165470	8000_Mixed	Rice, brown, with vegetables, soy-based sauce, fat not added in cooking	44	4	B	4
58148160	8000_Mixed	Macaroni or pasta salad with tuna and egg	44	3.5	B	4
75651040	8000_Mixed	Vegetable noodle soup, canned, prepared with water, or ready-to-serve	44	4	B	4
75654010	8000_Mixed	Vegetarian vegetable soup, prepared with water	44	4	B	4
27246505	8000_Mixed	Meat loaf made with chicken or turkey, with tomato-based sauce	44	3.5	B	4
27336100	8000_Mixed	Venison or deer stew with potatoes and vegetables including carrots, broccoli, and/or dark-green leafy; tomato-b	44	5	A	4
58146351	8000_Mixed	Pasta with tomato-based sauce, poultry, and added vegetables, restaurant	44	4	B	4
73102252	8000_Mixed	Carrots, cooked, from frozen, with cheese sauce	44	4	B	4
27241010	8000_Mixed	Chicken or turkey and potatoes with gravy	44	4	B	4
73102250	8000_Mixed	Carrots, cooked, NS as to form, with cheese sauce	44	4	B	4
27243600	8000_Mixed	Chicken or turkey and rice with soy-based sauce	44	3.5	B	4
58106235	8000_Mixed	Pizza, cheese, from school lunch, thin crust	44	3.5	C	4
58146341	8000_Mixed	Pasta with tomato-based sauce and poultry, restaurant	44	3.5	B	4
27420350	8000_Mixed	Pork and vegetables excluding carrots, broccoli, and dark-green leafy; no potatoes, no sauce	44	4.5	A	4
28320300	8000_Mixed	Pork with vegetable excluding carrots, broccoli and/or dark-green leafy; soup, Asian Style	44	4.5	B	4
75141005	8000_Mixed	Cabbage salad or coleslaw, made with light coleslaw dressing	44	4	C	4
27350060	8000_Mixed	Shrimp creole, with rice	44	3.5	A	4
27360100	8000_Mixed	Brunswick stew	44	4.5	A	4
27418210	8000_Mixed	Beef stew with vegetables excluding potatoes, Puerto Rican style	44	4.5	C	4
27564560	8000_Mixed	Frankfurter or hot dog sandwich, meatless, on bun, with meatless chili	44	4	A	4
75410500	8000_Mixed	Chiles rellenos, cheese-filled	44	3.5	C	4
75417022	8000_Mixed	Peas, cooked, from frozen, with mushroom sauce	44	4.5	A	4
58162120	8000_Mixed	Stuffed pepper, with rice, meatless	44	4	C	4
58146743	8000_Mixed	Pasta, whole grain, with cream sauce and seafood, ready-to-heat	44	3	C	4
75417020	8000_Mixed	Peas, cooked, NS as to form, with mushroom sauce	44	4.5	A	4
27220080	8000_Mixed	Ham croquette	43	1.5	D	3
27336150	8000_Mixed	Venison or deer stew with potatoes and vegetables excluding carrots, broccoli, and dark-green leafy; tomato-base	43	5	A	4
27460510	8000_Mixed	Antipasto with ham, fish, cheese, vegetables	43	3.5	D	4
58146691	8000_Mixed	Pasta, whole grain, with cream sauce, and added vegetables, restaurant	43	3.5	C	4
75649150	8000_Mixed	Vegetable noodle soup, home recipe	43	4.5	B	4
58146733	8000_Mixed	Pasta, whole grain, with cream sauce, poultry, and added vegetables, ready-to-heat	43	3.5	B	4
27442120	8000_Mixed	Chicken or turkey and vegetables excluding carrots, broccoli, and dark-green leafy; no potatoes, gravy	43	4	B	4
58106636	8000_Mixed	Pizza, with meat other than pepperoni, from school lunch, thick crust	43	3.5	C	4
27242500	8000_Mixed	Chicken or turkey and noodles with soy-based sauce	43	3.5	B	4
27315520	8000_Mixed	Beef, rice, and vegetables excluding carrots, broccoli, and dark-green leafy; soy-based sauce	43	4.5	A	4
58110200	8000_Mixed	Roll with meat and/or shrimp, vegetables and rice paper, not fried	43	4.5	B	4
28310170	8000_Mixed	Beef broth, without tomato, home recipe	43	3.5	B	4
27564330	8000_Mixed	Frankfurter or hot dog sandwich, reduced fat or light, plain, on whole wheat bread	43	3.5	B	4
27446230	8000_Mixed	Chicken or turkey salad, made with mayonnaise-type salad dressing	43	3.5	B	4
58146732	8000_Mixed	Pasta, whole grain, with cream sauce, poultry, and added vegetables, home recipe	43	3.5	A	4
58151420	8000_Mixed	Sushi, topped with salmon	43	3.5	A	4
27120150	8000_Mixed	Pork or ham with soy-based sauce	43	3.5	B	4
27250120	8000_Mixed	Shrimp and noodles, no sauce	43	4	A	4
58160160	8000_Mixed	Hopping John	43	5	A	4
58146711	8000_Mixed	Pasta, whole grain, with cream sauce, meat, and added vegetables, restaurant	43	3	C	4
27564400	8000_Mixed	Frankfurter or hot dog sandwich, fat free, plain, on whole grain white bread	43	3.5	B	4
73111031	8000_Mixed	Peas and carrots, from fresh, creamed	43	4	B	4
58146362	8000_Mixed	Pasta with tomato-based sauce and seafood, home recipe	43	4	A	4
14640034	8000_Mixed	Cheese sandwich, Cheddar cheese, on wheat bread, with mayonnaise	43	1.5	D	4
14640036	8000_Mixed	Cheese sandwich, Cheddar cheese, on whole wheat bread, with mayonnaise	43	1.5	D	4
14620300	8000_Mixed	Topping from cheese pizza	43	2	D	4
27145000	8000_Mixed	Chicken or turkey with teriyaki	43	3.5	D	3
58109150	8000_Mixed	Pizza, cheese and vegetables, gluten-free thick crust	43	3	B	4
27363000	8000_Mixed	Gumbo with rice	43	4	A	4
58403060	8000_Mixed	Chicken or turkey noodle soup, reduced sodium, canned or ready-to-serve	43	3.5	A	4
58127110	8000_Mixed	Vegetables in pastry	43	3.5	B	4
77563010	8000_Mixed	Puerto Rican stew	43	4.5	A	4
27150170	8000_Mixed	Sweet and sour shrimp	42	3	C	4
27446225	8000_Mixed	Chicken or turkey salad, made with light mayonnaise	42	3.5	B	4
27446235	8000_Mixed	Chicken or turkey salad, made with light mayonnaise-type salad dressing	42	3.5	B	4
27564420	8000_Mixed	Frankfurter or hot dog sandwich, meatless, plain, on bun	42	4	B	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

27336300	8000_Mixed	Venison or deer, noodles, and vegetables including carrots, broccoli, and/or dark-green leafy; tomato-based sauce	42	4	A	4
42301015	8000_Mixed	Peanut butter sandwich, with regular peanut butter, on white bread	42	3.5	D	4
77230510	8000_Mixed	Cassava fritter stuffed with crab meat, Puerto Rican style	42	3.5	D	4
42301010	8000_Mixed	Peanut butter sandwich, NFS	42	3.5	D	4
27320150	8000_Mixed	Pork, potatoes, and vegetables excluding carrots, broccoli, and dark-green leafy; gravy	42	4.5	B	4
27420250	8000_Mixed	Ham and vegetables including carrots broccoli, and/or dark- green leafy; no potatoes, no sauce	42	3.5	C	4
27564302	8000_Mixed	Frankfurter or hot dog sandwich, reduced fat or light, plain, on whole wheat bun	42	3.5	B	4
42301115	8000_Mixed	Peanut butter sandwich, with reduced fat peanut butter, on white bread	42	3.5	C	4
75141300	8000_Mixed	Cabbage, Chinese, salad, with dressing	42	3.5	C	4
27146160	8000_Mixed	Chicken with mole sauce	42	4	B	4
27313160	8000_Mixed	Beef, noodles, and vegetables excluding carrots, broccoli, and dark-green leafy; soy-based sauce	42	4.5	A	4
27311120	8000_Mixed	Beef, potatoes, and vegetables, excluding carrots, broccoli, and dark-green leafy; no sauce	42	4.5	A	4
27414100	8000_Mixed	Beef with vegetables including carrots, broccoli, and/or dark-green leafy; no potatoes, mushroom sauce	42	3.5	B	4
27410220	8000_Mixed	Beef and vegetables excluding carrots, broccoli, and dark-green leafy; no potatoes, no sauce	42	4.5	A	4
75460700	8000_Mixed	Vegetable combinations, including carrots, broccoli, and/or dark-green leafy; cooked, with pasta	42	4.5	A	4
27142000	8000_Mixed	Chicken with gravy	42	4	B	3
75417011	8000_Mixed	Peas, from fresh, creamed	42	4	A	4
58109110	8000_Mixed	Pizza, cheese, gluten-free thick crust	42	3	C	4
72116230	8000_Mixed	Escarole, creamed	42	4	B	4
27343520	8000_Mixed	Chicken or turkey, noodles, and vegetables excluding carrots, broccoli, and dark-green leafy; tomato-based sauce	42	4	B	4
27416450	8000_Mixed	Beef and vegetables including carrots, broccoli, and/or dark-green leafy; no potatoes, gravy	42	4	A	4
28143150	8000_Mixed	Chicken and vegetable entree with noodles, diet frozen meal	42	4.5	A	4
27311620	8000_Mixed	Beef, potatoes, and vegetables excluding carrots, broccoli, and dark-green leafy; cream sauce, white sauce, or mu	42	4.5	B	4
27446320	8000_Mixed	Chicken or turkey, breaded, fried, garden salad with bacon and cheese, chicken and/or turkey, bacon, cheese, lett	42	4.5	A	4
75403010	8000_Mixed	Beans, string, green, NS as to form, creamed or with cheese sauce	42	4	B	4
27250810	8000_Mixed	Fish and rice with tomato-based sauce	42	3.5	B	4
27246500	8000_Mixed	Meat loaf made with chicken or turkey	42	3.5	C	4
75403012	8000_Mixed	Beans, string, green, from frozen, creamed or with cheese sauce	42	4	B	4
28315140	8000_Mixed	Beef vegetable soup, home recipe, Mexican style	42	4.5	A	4
28320160	8000_Mixed	Pork vegetable soup with potato, pasta, or rice, stew type, chunky style	42	4.5	A	4
58165400	8000_Mixed	Rice, brown, with vegetables, cheese and/or cream based sauce, NS as to fat added in cooking	42	3.5	B	4
58165420	8000_Mixed	Rice, brown, with vegetables, cheese and/or cream based sauce, fat added in cooking	42	3.5	B	4
58146721	8000_Mixed	Pasta, whole grain, with cream sauce and poultry, restaurant	42	3.5	C	4
58162140	8000_Mixed	Stuffed tomato, with rice, meatless	41	4.5	B	4
71931010	8000_Mixed	Cassava with creole sauce, Puerto Rican style	41	4	B	4
58146692	8000_Mixed	Pasta, whole grain, with cream sauce, and added vegetables, home recipe	41	3.5	B	4
77201210	8000_Mixed	Green plantain with cracklings, Puerto Rican style	41	3.5	D	4
58148116	8000_Mixed	Macaroni or pasta salad, made with creamy dressing	41	4	B	4
27121000	8000_Mixed	Pork with chili and tomatoes	41	4.5	A	4
27336310	8000_Mixed	Venison or deer, noodles, and vegetables excluding carrots, broccoli, and dark-green leafy; tomato-based sauce	41	4	A	4
58124250	8000_Mixed	Spanakopitta	41	3	D	4
28355310	8000_Mixed	Oyster stew	41	3	C	4
75404012	8000_Mixed	Beans, string, yellow, from frozen, creamed or with cheese sauce	41	4	B	4
58137240	8000_Mixed	Pad Thai with seafood	41	4	B	4
27320410	8000_Mixed	Ham, potatoes, and vegetables excluding carrots, broccoli, and dark-green leafy; no sauce	41	4	B	4
58148150	8000_Mixed	Macaroni or pasta salad with shrimp	41	3.5	B	4
27311605	8000_Mixed	Beef, potatoes, and vegetables excluding carrots, broccoli, and dark-green leafy; gravy	41	4.5	B	4
75340160	8000_Mixed	Vegetable and pasta combinations with cream or cheese sauce, broccoli, pasta, carrots, corn, zucchini, peppers, ca	41	4	B	4
58130610	8000_Mixed	Lasagna with meat, whole wheat noodles	41	3.5	C	4
58174100	8000_Mixed	Dosa (Indian), with filling	41	4.5	A	4
58100720	8000_Mixed	Enchilada with beans, meatless, red-chile or enchilada sauce	41	4.5	A	4
77250110	8000_Mixed	Stuffed tannier fritters, Puerto Rican style	41	3	D	4
75404010	8000_Mixed	Beans, string, yellow, NS as to form, creamed or with cheese sauce	41	4	B	4
75418010	8000_Mixed	Squash, summer, yellow or green, breaded or battered, fried	41	4	B	4
74602300	8000_Mixed	Tomato soup, canned, reduced sodium, prepared with milk	41	3.5	B	4
58100625	8000_Mixed	Enchilada with chicken and beans, green-chile or enchilada sauce	41	4.5	A	4
27232000	8000_Mixed	Lamb or mutton and potatoes with tomato-based sauce	40	4.5	B	4
72308000	8000_Mixed	Dark-green leafy vegetable soup with meat, Asian style	40	5	A	4
28310230	8000_Mixed	Meatball soup, home recipe, Mexican style	40	4.5	A	4
41601180	8000_Mixed	Bean and ham soup, home recipe	40	4.5	A	4
27211100	8000_Mixed	Beef stew with potatoes, tomato-based sauce	40	4.5	A	4
58146693	8000_Mixed	Pasta, whole grain, with cream sauce, and added vegetables, ready-to-heat	40	3	C	4
27564340	8000_Mixed	Frankfurter or hot dog sandwich, reduced fat or light, plain, on whole grain white bread	40	3.5	B	4
58115150	8000_Mixed	Tamal in a leaf, Puerto Rican style	40	4	A	4
27115000	8000_Mixed	Beef with soy-based sauce	40	3.5	B	4
28141050	8000_Mixed	Chicken patty parmigiana, breaded, with vegetable, diet frozen meal	40	4	B	4
27345510	8000_Mixed	Chicken or turkey, rice, and vegetables including carrots, broccoli, and/or dark-green leafy; tomato-based sauce	40	4	B	4
75402011	8000_Mixed	Beans, lima, immature, from fresh, creamed or with cheese sauce	40	5	A	4
73111030	8000_Mixed	Peas and carrots, NS as to form, creamed	40	4	B	4
73111032	8000_Mixed	Peas and carrots, from frozen, creamed	40	4	B	4
77205610	8000_Mixed	Ripe plantain meat pie, Puerto Rican style	40	3.5	D	4
27446245	8000_Mixed	Chicken or turkey salad, made with light creamy dressing	40	3.5	B	4
27260500	8000_Mixed	Vienna sausages stewed with potatoes, Puerto Rican style	40	4	C	4
58146713	8000_Mixed	Pasta, whole grain, with cream sauce, meat, and added vegetables, ready-to-heat	40	3.5	B	4
74203011	8000_Mixed	Tomatoes, from fresh, scalloped	40	4	C	4
27311210	8000_Mixed	Corned beef, potatoes, and vegetables including carrots, broccoli, and/or dark-green leafy; no sauce	40	4	B	4
73102231	8000_Mixed	Carrots, cooked, from fresh, creamed	40	4	B	4
58146160	8000_Mixed	Pasta with vegetables, no sauce or dressing	40	4.5	A	4
58146712	8000_Mixed	Pasta, whole grain, with cream sauce, meat, and added vegetables, home recipe	40	3.5	B	4
75646010	8000_Mixed	Shav soup	40	4	B	4
27220510	8000_Mixed	Ham or pork and potatoes with gravy	40	4	B	4
14640016	8000_Mixed	Cheese sandwich, reduced fat American cheese, on wheat bread, no spread	40	2	D	4
14640018	8000_Mixed	Cheese sandwich, reduced fat American cheese, on whole wheat bread, no spread	40	2	D	4
58146372	8000_Mixed	Pasta with tomato-based sauce, seafood, and added vegetables, home recipe	40	4	A	4
75601100	8000_Mixed	Borscht	40	4.5	B	4
27420520	8000_Mixed	Pork shish kabob with vegetables, excluding potatoes	40	4.5	A	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

58151410	8000_Mixed	Sushi, topped with eel	40	3.5	B	4
28141650	8000_Mixed	Chicken and vegetables au gratin with rice, diet frozen entree	40	3.5	B	4
58101830	8000_Mixed	Mexican casserole made with ground beef, tomato sauce, cheese, taco seasonings, and corn chips	39	3	C	4
27446250	8000_Mixed	Chicken or turkey salad, made with Italian dressing	39	3.5	C	4
75439010	8000_Mixed	Vegetable stew without meat	39	4.5	A	4
14640004	8000_Mixed	Cheese sandwich, American cheese, on wheat bread, no spread	39	2	D	4
14640006	8000_Mixed	Cheese sandwich, American cheese, on whole wheat bread, no spread	39	2	D	4
27242400	8000_Mixed	Chicken or turkey and noodles with tomato-based sauce	39	3.5	A	4
75403021	8000_Mixed	Beans, string, green, cooked, from fresh, with mushroom sauce	39	4.5	B	4
58146303	8000_Mixed	Pasta with tomato-based sauce, and added vegetables, ready-to-heat	39	4.5	B	4
27311410	8000_Mixed	Beef stew with potatoes and vegetables including carrots, broccoli, and/or dark-green leafy; gravy	39	4.5	A	4
58160150	8000_Mixed	Red beans and rice	39	4.5	A	4
58146681	8000_Mixed	Pasta, whole grain, with cream sauce, restaurant	39	2	D	4
58127150	8000_Mixed	Vegetables and cheese in pastry	39	3	C	4
58148170	8000_Mixed	Macaroni or pasta salad with chicken	39	3.5	B	4
58164800	8000_Mixed	Rice, brown, with cheese and/or cream based sauce, NS as to fat added in cooking	39	3.5	B	4
58164820	8000_Mixed	Rice, brown, with cheese and/or cream based sauce, fat added in cooking	39	3.5	B	4
27420270	8000_Mixed	Ham and vegetables excluding carrots, broccoli, and dark-green leafy; no potatoes, no sauce	39	3.5	C	4
58104120	8000_Mixed	Nachos with cheese	39	3	C	4
73102232	8000_Mixed	Carrots, cooked, from frozen, creamed	39	4	B	4
75402023	8000_Mixed	Beans, lima, immature, cooked, from canned, with mushroom sauce	39	4.5	A	4
58146331	8000_Mixed	Pasta with tomato-based sauce, meat, and added vegetables, restaurant	39	4	B	4
75402020	8000_Mixed	Beans, lima, immature, cooked, NS as to form, with mushroom sauce	39	4.5	A	4
75402022	8000_Mixed	Beans, lima, immature, cooked, from frozen, with mushroom sauce	39	4.5	A	4
58164870	8000_Mixed	Rice, brown, with soy-based sauce, fat not added in cooking	39	3	C	4
73102230	8000_Mixed	Carrots, cooked, NS as to form, creamed	39	4	B	4
58137220	8000_Mixed	Pad Thai, meatless	39	4	B	4
28350210	8000_Mixed	Clam chowder, NS as to Manhattan or New England style	39	3.5	B	4
58146321	8000_Mixed	Pasta with tomato-based sauce and meat, restaurant	39	3.5	B	4
27133010	8000_Mixed	Stewed goat, Puerto Rican style	39	2	D	4
27420020	8000_Mixed	Ham or pork salad	39	2	D	4
75410530	8000_Mixed	Chiles rellenos, filled with meat and cheese	39	3.5	C	4
28355120	8000_Mixed	Clam chowder, New England, prepared with milk	39	3.5	B	4
75407010	8000_Mixed	Cabbage, creamed	39	4	B	4
27211000	8000_Mixed	Beef and potatoes, no sauce	39	4.5	B	4
58117410	8000_Mixed	Codfish fritter, Puerto Rican style	39	4	B	4
14640022	8000_Mixed	Cheese sandwich, reduced fat Cheddar cheese, on wheat bread, no spread	39	3.5	C	4
14640024	8000_Mixed	Cheese sandwich, reduced fat Cheddar cheese, on whole wheat bread, no spread	39	3.5	C	4
28355110	8000_Mixed	Clam chowder, New England, NS as to prepared with water or milk	39	3.5	B	4
77316510	8000_Mixed	Stuffed cabbage, with meat and rice, Syrian dish, Puerto Rican style	39	4.5	A	4
58146701	8000_Mixed	Pasta, whole grain, with cream sauce and meat, restaurant	39	2	D	4
27540295	8000_Mixed	Buffalo chicken submarine sandwich	39	3.5	B	4
75403020	8000_Mixed	Beans, string, green, cooked, NS as to form, with mushroom sauce	39	4.5	B	4
75403022	8000_Mixed	Beans, string, green, cooked, from frozen, with mushroom sauce	39	4.5	B	4
27111405	8000_Mixed	Chili con carne with beans, from restaurant	39	4	C	4
27111310	8000_Mixed	Beef stew, no potatoes, tomato-based sauce, with chili peppers, Mexican style	39	4.5	A	4
27311320	8000_Mixed	Beef stew with potatoes and vegetables excluding carrots, broccoli, and dark-green leafy; tomato-based sauce	39	4.5	A	4
58162090	8000_Mixed	Stuffed pepper, with meat	38	4	C	4
27211200	8000_Mixed	Beef stew with potatoes, gravy	38	4.5	A	4
41601110	8000_Mixed	Bean and ham soup, chunky style, canned or ready-to-serve	38	4.5	A	4
28145000	8000_Mixed	Turkey dinner, NFS, frozen meal	38	4	B	4
28145210	8000_Mixed	Turkey with gravy, dressing, potatoes, vegetable, frozen meal	38	4	B	4
75409010	8000_Mixed	Cauliflower, NS as to form, creamed	38	4	B	4
75409013	8000_Mixed	Cauliflower, from canned, creamed	38	4	B	4
58403040	8000_Mixed	Chicken or turkey noodle soup, home recipe	38	3.5	B	4
58146722	8000_Mixed	Pasta, whole grain, with cream sauce and poultry, home recipe	38	3.5	B	4
27311510	8000_Mixed	Shepherd's pie with beef	38	4.5	A	4
27446400	8000_Mixed	Chicken or turkey and vegetables including carrots, broccoli, and/or dark-green leafy; no potatoes, cheese sauce	38	3.5	B	4
75409012	8000_Mixed	Cauliflower, from frozen, creamed	38	4	B	4
58146353	8000_Mixed	Pasta with tomato-based sauce, poultry, and added vegetables, ready-to-heat	38	4	A	4
27320070	8000_Mixed	Ham or pork, noodles, and vegetables including carrots, broccoli, and/or dark-green leafy; tomato-based sauce	38	4	A	4
41602010	8000_Mixed	Pea and ham soup, chunky style, canned or ready-to-serve	38	4.5	A	4
41602030	8000_Mixed	Split pea and ham soup	38	4.5	A	4
75652040	8000_Mixed	Vegetable beef soup with noodles or pasta, home recipe	38	4.5	A	4
58146723	8000_Mixed	Pasta, whole grain, with cream sauce and poultry, ready-to-heat	38	3	C	4
72202030	8000_Mixed	Broccoli, batter-dipped and fried	38	4.5	A	4
27111200	8000_Mixed	Beef burgundy	38	4	B	4
28143020	8000_Mixed	Chicken and vegetable entree with rice, diet frozen meal	38	4	A	4
27564410	8000_Mixed	Frankfurter or hot dog sandwich, fat free, plain, on multigrain bread	38	3.5	B	4
58146223	8000_Mixed	Pasta with tomato-based sauce, ready-to-heat	38	4	B	4
58100525	8000_Mixed	Enchilada with meat and beans, green-chile or enchilada sauce	38	4.5	A	4
42302105	8000_Mixed	Peanut butter and jelly sandwich, with regular peanut butter, reduced sugar jelly, on white bread	38	3.5	C	4
27418110	8000_Mixed	Seasoned shredded soup meat	38	4	B	4
58165410	8000_Mixed	Rice, brown, with vegetables, cheese and/or cream based sauce, fat not added in cooking	38	3.5	B	4
58146343	8000_Mixed	Pasta with tomato-based sauce and poultry, ready-to-heat	38	4	A	4
27218210	8000_Mixed	Beef stew with potatoes, Puerto Rican style	38	4	D	4
75417023	8000_Mixed	Peas, cooked, from canned, with mushroom sauce	38	4.5	A	4
27250122	8000_Mixed	Shrimp and noodles with gravy	38	3.5	A	4
27213500	8000_Mixed	Beef and rice with soy-based sauce	38	3.5	B	4
27345520	8000_Mixed	Chicken or turkey, rice, and vegetables excluding carrots, broccoli, and dark-green leafy; tomato-based sauce	38	4	B	4
58148110	8000_Mixed	Macaroni or pasta salad, made with mayonnaise	38	3.5	B	4
73102253	8000_Mixed	Carrots, cooked, from canned, with cheese sauce	38	3.5	C	4
27420390	8000_Mixed	Pork chow mein or chop suey, no noodles	38	4.5	A	4
27136050	8000_Mixed	Venison or deer with tomato-based sauce	38	4	B	3
77141010	8000_Mixed	Potato chicken pie, Puerto Rican style	38	2	D	4
27550710	8000_Mixed	Tuna salad sandwich, with lettuce	38	3.5	B	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

27211150	8000_Mixed	Beef goulash with potatoes	38	4.5	A	4
27330010	8000_Mixed	Shepherd's pie with lamb	38	4.5	B	4
75404011	8000_Mixed	Beans, string, yellow, from fresh, creamed or with cheese sauce	38	4	B	4
27331150	8000_Mixed	Veal fricassee, Puerto Rican style	38	4	C	4
28340680	8000_Mixed	Chicken or turkey and corn hominy soup, home recipe, Mexican style	37	4	A	4
27410250	8000_Mixed	Beef shish kabob with vegetables, excluding potatoes	37	4.5	A	4
28340550	8000_Mixed	Sweet and sour soup	37	3.5	B	4
75412010	8000_Mixed	Eggplant, batter-dipped, fried	37	4.5	A	4
27350080	8000_Mixed	Tuna noodle casserole with vegetables, cream or white sauce	37	3.5	A	4
41601160	8000_Mixed	Bean and ham soup, canned, reduced sodium, prepared with water or ready-to-serve	37	5	A	4
27420450	8000_Mixed	Sausage and vegetables including carrots, broccoli, and/or dark-green leafy; no potatoes, tomato-based sauce	37	4	C	4
72302000	8000_Mixed	Broccoli soup, prepared with milk, home recipe, canned or ready-to-serve	37	3	B	4
75141500	8000_Mixed	Celery, stuffed with cheese	37	4	C	4
75413010	8000_Mixed	Kohlrabi, creamed	37	4	B	4
27313210	8000_Mixed	Beef, noodles, and vegetables including carrots, broccoli, and/or dark-green leafy; tomato-based sauce	37	4	A	4
27343010	8000_Mixed	Chicken or turkey, noodles, and vegetables including carrots, broccoli, and/or dark-green leafy; no sauce	37	3.5	A	4
27261000	8000_Mixed	Breaded brains, Puerto Rican style	37	3	C	4
27550720	8000_Mixed	Tuna salad sandwich	37	3.5	B	4
58148120	8000_Mixed	Macaroni or pasta salad with egg	37	3.5	B	4
27111410	8000_Mixed	Chili con carne with beans	37	4.5	A	4
58130310	8000_Mixed	Lasagna, meatless	37	4	B	4
58130950	8000_Mixed	Lasagna, meatless, spinach noodles	37	3	C	4
27141050	8000_Mixed	Stewed chicken with tomato-based sauce, Mexican style	37	3.5	B	4
58146150	8000_Mixed	Pasta with tomato-based sauce and cheese	37	4	B	4
27462000	8000_Mixed	Stewed chitterlings, Puerto Rican style	37	4	B	4
27460490	8000_Mixed	Julienne salad, meat, cheese, eggs, vegetables, no dressing	37	4	B	4
27212500	8000_Mixed	Beef and noodles with soy-based sauce	37	3.5	B	4
75417012	8000_Mixed	Peas, from frozen, creamed	37	4	A	4
27430610	8000_Mixed	Lamb shish kabob with vegetables, excluding potatoes	37	4.5	A	4
14640064	8000_Mixed	Cheese sandwich, reduced fat American cheese, on wheat bread, with butter	37	1.5	D	4
14640066	8000_Mixed	Cheese sandwich, reduced fat American cheese, on whole wheat bread, with butter	37	1.5	D	4
27414200	8000_Mixed	Beef with vegetables excluding carrots, broccoli, and dark-green leafy; no potatoes, mushroom sauce	37	3.5	B	4
75417010	8000_Mixed	Peas, NS as to form, creamed	37	4	A	4
27420010	8000_Mixed	Cabbage with ham hocks	37	4.5	A	4
58101940	8000_Mixed	Taco or tostada salad, meatless	37	4.5	A	4
27250124	8000_Mixed	Shrimp and noodles with mushroom sauce	37	3.5	A	4
28340180	8000_Mixed	Chicken or turkey broth, less or reduced sodium, canned or ready-to-serve	37	3.5	B	4
24209001	8000_Mixed	Turkey with barbecue sauce, skin not eaten	37	3.5	C	4
27311420	8000_Mixed	Beef stew with potatoes and vegetables excluding carrots, broccoli, and dark-green leafy; gravy	37	4.5	A	4
72302100	8000_Mixed	Broccoli cheese soup, prepared with milk, home recipe, canned, or ready-to-serve	37	3	B	4
58301020	8000_Mixed	Lasagna with cheese and sauce, diet frozen meal	37	4	B	4
27121010	8000_Mixed	Stewed pork, Puerto Rican style	36	3.5	C	4
42302155	8000_Mixed	Peanut butter and jelly sandwich, with reduced fat peanut butter, reduced sugar jelly, on white bread	36	3.5	C	4
14640160	8000_Mixed	Grilled cheese sandwich, reduced fat American cheese, on wheat bread	36	1.5	D	4
14640165	8000_Mixed	Grilled cheese sandwich, reduced fat American cheese, on whole wheat bread	36	1.5	D	4
27350200	8000_Mixed	Oyster pie	36	3.5	C	4
27120100	8000_Mixed	Ham or pork with tomato-based sauce	36	4	B	3
27540320	8000_Mixed	Turkey salad or turkey spread sandwich	36	4	B	4
32105210	8000_Mixed	Chicken egg foo yung	36	3.5	B	4
75403013	8000_Mixed	Beans, string, green, from canned, creamed or with cheese sauce	36	4	C	4
28141250	8000_Mixed	Chicken with rice and vegetable, diet frozen meal	36	4	A	4
58149210	8000_Mixed	Somen salad with noodles, lettuce, egg, fish, and pork	36	3.5	A	4
14640052	8000_Mixed	Cheese sandwich, American cheese, on wheat bread, with butter	36	1.5	E	4
14640054	8000_Mixed	Cheese sandwich, American cheese, on whole wheat bread, with butter	36	1.5	E	4
73111033	8000_Mixed	Peas and carrots, from canned, creamed	36	4	B	4
27460710	8000_Mixed	Livers, chicken, chopped, with eggs and onion	36	1.5	D	4
28340590	8000_Mixed	Chicken or turkey corn soup with noodles, home recipe	36	4	B	4
14640110	8000_Mixed	Grilled cheese sandwich, American cheese, on wheat bread	36	1.5	E	4
14640115	8000_Mixed	Grilled cheese sandwich, American cheese, on whole wheat bread	36	1.5	E	4
28150510	8000_Mixed	Fish in lemon-butter sauce with starch item, vegetable, frozen meal	36	3.5	B	4
75656010	8000_Mixed	Vegetable soup, Spanish style, stew type	36	4.5	B	4
77513010	8000_Mixed	Spanish stew	36	4.5	B	4
27564242	8000_Mixed	Frankfurter or hot dog sandwich, chicken and/or turkey, plain, on whole wheat bun	36	3.5	C	4
27347200	8000_Mixed	Chicken or turkey, stuffing, and vegetables including carrots, broccoli, and/or dark-green leafy; no sauce	36	3.5	B	4
27330210	8000_Mixed	Lamb or mutton stew with potatoes and vegetables including carrots, broccoli, and/or dark-green leafy; tomato-b	36	4.5	A	4
27564270	8000_Mixed	Frankfurter or hot dog sandwich, chicken and/or turkey, plain, on whole wheat bread	36	3.5	C	4
27330220	8000_Mixed	Lamb or mutton stew with potatoes and vegetables excluding carrots, broccoli, and dark-green leafy; tomato-bas	36	4.5	A	4
27350410	8000_Mixed	Tuna noodle casserole with vegetables and mushroom sauce	36	3.5	A	4
27416500	8000_Mixed	Beef and vegetables excluding carrots, broccoli, and dark-green leafy; no potatoes, gravy	36	4	A	4
28143080	8000_Mixed	Chicken with noodles and cheese sauce, diet frozen meal	36	4	A	4
58109130	8000_Mixed	Pizza, with meat, gluten-free thick crust	36	2	D	4
27243500	8000_Mixed	Chicken or turkey and rice with tomato-based sauce	36	3.5	B	4
27320340	8000_Mixed	Pork, rice, and vegetables including carrots, broccoli, and/or dark-green leafy; tomato-based sauce	36	4	B	4
32203010	8000_Mixed	Egg salad sandwich	36	3	C	4
28160650	8000_Mixed	Stuffed green pepper, frozen meal	36	4.5	B	4
75450510	8000_Mixed	Vegetable combination, excluding carrots, broccoli, and dark-green leafy; cooked, with cream sauce	36	4	B	4
27320120	8000_Mixed	Sausage, potatoes, and vegetables including carrots, broccoli, and/or dark-green leafy; gravy	36	4	B	4
27313220	8000_Mixed	Beef, noodles, and vegetables excluding carrots, broccoli, and dark-green leafy; tomato-based sauce	36	4	B	4
58146222	8000_Mixed	Pasta with tomato-based sauce, home recipe	36	4.5	A	4
58127510	8000_Mixed	Vegetable submarine sandwich, with spread	36	3.5	C	4
58156610	8000_Mixed	Pigeon pea asopao, Asopao de gandules	36	4	B	4
58146352	8000_Mixed	Pasta with tomato-based sauce, poultry, and added vegetables, home recipe	36	4	A	4
75410010	8000_Mixed	Celery, creamed	35	4	B	4
58110130	8000_Mixed	Egg roll, with beef and/or pork	35	3	C	4
58409000	8000_Mixed	Noodle soup, with fish ball, shrimp, and dark green leafy vegetable	35	3.5	B	4
27250260	8000_Mixed	Lobster with bread stuffing, baked	35	2	D	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

58162110	8000_Mixed	Stuffed pepper, with rice and meat	35	4	C	4
27540310	8000_Mixed	Turkey sandwich, with spread	35	4	B	4
75409011	8000_Mixed	Cauliflower, from fresh, creamed	35	4	B	4
75403023	8000_Mixed	Beans, string, green, cooked, from canned, with mushroom sauce	35	4	C	4
14640010	8000_Mixed	Cheese sandwich, Cheddar cheese, on wheat bread, no spread	35	2	D	4
14640012	8000_Mixed	Cheese sandwich, Cheddar cheese, on whole wheat bread, no spread	35	2	D	4
28110510	8000_Mixed	Beef, sliced, with gravy, potatoes, vegetable, frozen meal	35	4	B	4
58146702	8000_Mixed	Pasta, whole grain, with cream sauce and meat, home recipe	35	3.5	B	4
58146342	8000_Mixed	Pasta with tomato-based sauce and poultry, home recipe	35	4	A	4
14640070	8000_Mixed	Cheese sandwich, reduced fat Cheddar cheese, on wheat bread, with butter	35	1.5	D	4
14640072	8000_Mixed	Cheese sandwich, reduced fat Cheddar cheese, on whole wheat bread, with butter	35	1.5	D	4
28143110	8000_Mixed	Chicken cacciatore with noodles, diet frozen meal	35	4	A	4
28311020	8000_Mixed	Menudo soup, home recipe	35	4	B	4
58136130	8000_Mixed	Lo mein, with shrimp	35	3.5	A	4
58155310	8000_Mixed	Paella with meat, Valenciana style	35	2	D	4
58164810	8000_Mixed	Rice, brown, with cheese and/or cream based sauce, fat not added in cooking	35	3.5	B	4
75440510	8000_Mixed	Vegetable combinations, excluding carrots, broccoli, and dark-green leafy; cooked, with cheese sauce	35	4	B	4
58146682	8000_Mixed	Pasta, whole grain, with cream sauce, home recipe	35	3	C	4
58305250	8000_Mixed	Pasta with vegetable and cheese sauce, diet frozen meal	35	3.5	B	4
14640190	8000_Mixed	Grilled cheese sandwich, reduced fat Cheddar cheese, on wheat bread	35	1.5	D	4
14640195	8000_Mixed	Grilled cheese sandwich, reduced fat Cheddar cheese, on whole wheat bread	35	1.5	D	4
58100635	8000_Mixed	Enchilada with chicken, green-chile or enchilada sauce	35	4	A	4
75403011	8000_Mixed	Beans, string, green, from fresh, creamed or with cheese sauce	35	4	B	4
27564280	8000_Mixed	Frankfurter or hot dog sandwich, chicken and/or turkey, plain, on whole grain white bread	35	3.5	C	4
75460810	8000_Mixed	Vegetable combinations, excluding carrots, broccoli, and dark-green leafy; cooked, with butter sauce and pasta	35	4.5	A	4
28340800	8000_Mixed	Chicken or turkey soup with vegetables and fruit, Asian Style	35	3	C	4
27146200	8000_Mixed	Chicken or turkey with cheese sauce	35	3.5	C	3
58110170	8000_Mixed	Egg roll, with chicken or turkey	35	3.5	B	4
58146703	8000_Mixed	Pasta, whole grain, with cream sauce and meat, ready-to-heat	35	3	C	4
58100620	8000_Mixed	Enchilada with chicken and beans, red-chile or enchilada sauce	35	4.5	A	4
42302010	8000_Mixed	Peanut butter and jelly sandwich, NFS	35	3.5	D	4
42302015	8000_Mixed	Peanut butter and jelly sandwich, with regular peanut butter, regular jelly, on white bread	35	3.5	D	4
42303100	8000_Mixed	Peanut butter and jelly sandwich, frozen commercial product without crusts	35	3.5	D	4
58301050	8000_Mixed	Lasagna with cheese and meat sauce, diet frozen meal	35	4.5	A	4
58304400	8000_Mixed	Linguini with vegetables and seafood in white wine sauce, diet frozen meal	35	3.5	B	4
58151430	8000_Mixed	Sushi, topped with shrimp	35	3.5	A	3
28140730	8000_Mixed	Chicken patty, breaded, with tomato sauce and cheese, fettuccine alfredo, vegetable, frozen meal	35	4	A	4
27446255	8000_Mixed	Chicken or turkey salad, made with light Italian dressing	35	3.5	B	4
27146110	8000_Mixed	Sweet and sour chicken or turkey, without vegetables	35	3.5	B	4
27315210	8000_Mixed	Beef, rice, and vegetables including carrots, broccoli, and/or dark-green leafy; tomato-based sauce	35	4	B	4
72302020	8000_Mixed	Broccoli soup, prepared with water, home recipe, canned, or ready-to-serve	35	3	B	4
75417013	8000_Mixed	Peas, from canned, creamed	34	4	A	4
58148550	8000_Mixed	Macaroni or pasta salad with meat	34	3.5	B	4
27343020	8000_Mixed	Chicken or turkey, noodles, and vegetables excluding carrots, broccoli, and dark-green leafy; no sauce	34	3.5	A	4
58110110	8000_Mixed	Egg roll, meatless	34	3.5	C	4
27445150	8000_Mixed	General Tso chicken	34	3	C	4
58110120	8000_Mixed	Egg roll, with shrimp	34	3.5	C	4
42302055	8000_Mixed	Peanut butter and jelly sandwich, with reduced fat peanut butter, regular jelly, on white bread	34	3.5	C	4
75418051	8000_Mixed	Squash, summer, from fresh, creamed	34	4	B	4
27343470	8000_Mixed	Chicken or turkey, noodles, and vegetables including carrots, broccoli, and/or dark-green leafy; cream sauce, whit	34	3.5	B	4
27430580	8000_Mixed	Veal with vegetables including carrots, broccoli, and/or dark-green leafy; no potatoes, cream or white sauce	34	3.5	A	4
58148114	8000_Mixed	Macaroni or pasta salad, made with Italian dressing	34	4	A	4
75404013	8000_Mixed	Beans, string, yellow, from canned, creamed or with cheese sauce	34	4	C	4
27564350	8000_Mixed	Frankfurter or hot dog sandwich, reduced fat or light, plain, on multigrain bread	34	3.5	B	4
27146300	8000_Mixed	Chicken or turkey parmigiana	34	3.5	B	4
27343410	8000_Mixed	Chicken or turkey, noodles, and vegetables including carrots, broccoli, and/or dark-green leafy; gravy	34	3.5	B	4
28140720	8000_Mixed	Chicken patty, or nuggets, boneless, breaded, potatoes, vegetable, frozen meal	34	4.5	B	4
58104090	8000_Mixed	Nachos with cheese and sour cream	34	4	A	4
75652050	8000_Mixed	Vegetable beef soup with rice, home recipe	34	4.5	B	4
58137210	8000_Mixed	Pad Thai, NFS	34	4	B	4
58137230	8000_Mixed	Pad Thai with chicken	34	4	B	4
58160550	8000_Mixed	Rice, white, with dark green vegetables, NS as to fat added in cooking	34	3.5	B	4
58160570	8000_Mixed	Rice, white, with dark green vegetables, fat added in cooking	34	3.5	B	4
28110270	8000_Mixed	Sirloin beef, with gravy, potatoes, vegetable, frozen meal	34	4	A	4
14620330	8000_Mixed	Topping from meat and vegetable pizza	34	1.5	E	4
73102233	8000_Mixed	Carrots, cooked, from canned, creamed	34	3.5	C	4
27311220	8000_Mixed	Corned beef, potatoes, and vegetables excluding carrots, broccoli, and dark-green leafy; no sauce	34	4.5	B	4
75418020	8000_Mixed	Squash, summer, casserole with tomato and cheese	34	4	B	4
27250900	8000_Mixed	Fish and noodles with mushroom sauce	34	3.5	B	4
27146100	8000_Mixed	Sweet and sour chicken or turkey	34	3.5	B	4
75416010	8000_Mixed	Parsnips, creamed	34	4	B	4
27120090	8000_Mixed	Ham or pork with mushroom sauce	34	4	B	3
58101720	8000_Mixed	Taco or tostada with beans	34	4	B	4
27360080	8000_Mixed	Chow mein or chop suey, NS as to type of meat, with noodles	34	4	A	4
58109120	8000_Mixed	Pizza, with meat, gluten-free thin crust	34	2	D	4
58146302	8000_Mixed	Pasta with tomato-based sauce, and added vegetables, home recipe	34	4.5	A	4
51136000	8000_Mixed	Bruschetta	34	4	B	4
27343910	8000_Mixed	Chicken or turkey chow mein or chop suey with noodles	34	4	A	4
27144000	8000_Mixed	Chicken or turkey with mushroom sauce	34	4	B	4
27250710	8000_Mixed	Tuna and rice with mushroom sauce	34	3.5	B	4
58301110	8000_Mixed	Vegetable lasagna, frozen meal	34	4	B	4
75415011	8000_Mixed	Onions, from fresh, creamed	34	4	B	4
58148117	8000_Mixed	Macaroni or pasta salad, made with light creamy dressing	34	4	A	4
58402100	8000_Mixed	Beef noodle soup, home recipe	34	3.5	A	4
27211300	8000_Mixed	Beef, roast, hash	34	4.5	B	4
58146683	8000_Mixed	Pasta, whole grain, with cream sauce, ready-to-heat	34	3	C	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

27320350	8000_Mixed	Pork, rice, and vegetables excluding carrots, broccoli, and dark-green leafy; tomato-based sauce	34	4	B	4
58100805	8000_Mixed	Enchilada, just cheese, meatless, no beans, green-chile or enchilada sauce	33	4	C	4
28340310	8000_Mixed	Chicken or turkey gumbo soup, home recipe, canned or ready-to-serve	33	4	C	4
58162130	8000_Mixed	Stuffed tomato, with rice and meat	33	4	B	4
27510587	8000_Mixed	Hamburger, 1 small patty, with condiments, on whole wheat bun	33	3.5	B	4
75418052	8000_Mixed	Squash, summer, from frozen, creamed	33	4	B	4
75418050	8000_Mixed	Squash, summer, NS as to form, creamed	33	4	B	4
27550100	8000_Mixed	Fish sandwich, on bun, with cheese and spread	33	3	C	4
75405010	8000_Mixed	Beets with Harvard sauce	33	4	C	3
27118180	8000_Mixed	Beef stew, meat with gravy, no potatoes, Puerto Rican style	33	3.5	C	4
27411120	8000_Mixed	Swiss steak	33	4	A	4
27250610	8000_Mixed	Tuna noodle casserole with cream or white sauce	33	3.5	B	4
27540120	8000_Mixed	Chicken salad or chicken spread sandwich	33	3.5	B	4
27430590	8000_Mixed	Veal with vegetables excluding carrots, broccoli, and dark-green leafy; and potatoes, cream or white sauce	33	3.5	A	4
27313110	8000_Mixed	Beef chow mein or chop suey with noodles	33	4.5	A	4
58421080	8000_Mixed	Sopa de tortilla, Mexican style tortilla soup, home recipe	33	3.5	C	4
28340220	8000_Mixed	Chicken soup with noodles and potatoes, Puerto Rican style	33	4.5	A	4
27341045	8000_Mixed	Chicken or turkey, potatoes, and vegetables including carrots, broccoli, and/or dark-green leafy; cheese sauce	33	4	B	4
27564122	8000_Mixed	Frankfurter or hot dog sandwich, beef and pork, plain, on whole wheat bun	33	2	D	4
27540296	8000_Mixed	Buffalo chicken submarine sandwich with cheese	33	3.5	C	4
75603010	8000_Mixed	Celery soup, cream of, prepared with milk, home recipe, canned or ready-to-serve	33	3	C	4
72202010	8000_Mixed	Broccoli casserole with noodles	33	4	A	4
58401010	8000_Mixed	Barley soup, home recipe, canned, or ready-to-serve	33	4	B	3
58101935	8000_Mixed	Taco or tostada salad with chicken	33	4	A	4
27345010	8000_Mixed	Chicken or turkey, rice, and vegetables including carrots, broccoli, and/or dark-green leafy; no sauce	33	3.5	A	4
28113110	8000_Mixed	Salisbury steak, baked, with tomato sauce, vegetable, diet frozen meal	33	4	A	4
58104260	8000_Mixed	Gordita, sope, or chalupa with beans	33	4	A	4
27330110	8000_Mixed	Lamb or mutton stew with potatoes and vegetables excluding carrots, broccoli, and dark-green leafy; gravy	33	5	A	4
58130150	8000_Mixed	Lasagna, with chicken or turkey, and spinach	33	3.5	C	4
27550000	8000_Mixed	Fish sandwich, on bun, with spread	33	3	C	4
58100320	8000_Mixed	Burrito with beans, meatless	33	4	C	4
27250126	8000_Mixed	Shrimp and noodles with cream or white sauce	33	3.5	A	4
27510642	8000_Mixed	Hamburger, 1 medium patty, with condiments, on wheat bun	32	3.5	B	4
27510643	8000_Mixed	Hamburger, 1 medium patty, with condiments, on whole wheat bun	32	3.5	B	4
28340210	8000_Mixed	Chicken rice soup, Puerto Rican style	32	4.5	A	4
58130910	8000_Mixed	Lasagna with meat, spinach noodles	32	3	C	4
75418053	8000_Mixed	Squash, summer, from canned, creamed	32	4	B	4
28340630	8000_Mixed	Chicken or turkey vegetable soup with rice, stew type, chunky style	32	4	B	4
27111407	8000_Mixed	Chili con carne with beans, canned	32	4.5	A	4
24209000	8000_Mixed	Turkey with barbecue sauce, skin eaten	32	3.5	D	4
27343480	8000_Mixed	Chicken or turkey, noodles, and vegetables excluding carrots, broccoli, and/or dark-green leafy; cream sauce, whi	32	3.5	B	4
27347210	8000_Mixed	Chicken or turkey,stuffing, and vegetables excluding carrots, broccoli, and dark green leafy; no sauce	32	3.5	B	4
28310320	8000_Mixed	Beef noodle soup, Puerto Rican style	32	4.5	B	4
58101610	8000_Mixed	Soft taco with beans	32	4.5	B	4
27564182	8000_Mixed	Frankfurter or hot dog sandwich, meat and poultry, plain, on whole wheat bun	32	2	D	4
14640058	8000_Mixed	Cheese sandwich, Cheddar cheese, on wheat bread, with butter	32	1.5	D	4
14640060	8000_Mixed	Cheese sandwich, Cheddar cheese, on whole wheat bread, with butter	32	1.5	D	4
27446410	8000_Mixed	Chicken or turkey and vegetables excluding carrots, broccoli, and dark-green leafy; no potatoes, cheese sauce	32	3.5	C	4
27118130	8000_Mixed	Stewed dried beef, Puerto Rican style	32	0.5	D	4
58106820	8000_Mixed	Pizza with beans and vegetables, thin crust	32	4	C	4
58151200	8000_Mixed	Sushi roll, salmon	32	3.5	B	4
27136080	8000_Mixed	Venison or deer with gravy	32	4	B	3
75651110	8000_Mixed	Vegetable chicken rice soup, canned, prepared with water or ready-to-serve	32	4	B	4
58404030	8000_Mixed	Chicken or turkey rice soup, home recipe	32	3.5	B	4
28110250	8000_Mixed	Sirloin tips, with gravy, potatoes, vegetable, frozen meal	32	4.5	A	4
58134210	8000_Mixed	Stuffed shells, with chicken, with tomato sauce	32	4.5	A	4
27120020	8000_Mixed	Ham or pork with gravy	32	4	B	3
14640130	8000_Mixed	Grilled cheese sandwich, Cheddar cheese, on wheat bread	32	1.5	D	4
14640135	8000_Mixed	Grilled cheese sandwich, Cheddar cheese, on whole wheat bread	32	1.5	D	4
27315220	8000_Mixed	Beef, rice, and vegetables excluding carrots, broccoli, and/or dark-green leafy; tomato-based sauce	32	4	B	4
75415010	8000_Mixed	Onions, NS as to form, creamed	32	4	B	4
27510576	8000_Mixed	Hamburger, 1 small patty, plain, on wheat bun	32	3.5	C	4
27510577	8000_Mixed	Hamburger, 1 small patty, plain, on whole wheat bun	32	3.5	C	4
28340179	8000_Mixed	Beef broth, less or reduced sodium, canned or ready-to-serve	32	3.5	B	4
58104150	8000_Mixed	Nachos with chicken and cheese	32	4	B	4
75402010	8000_Mixed	Beans, lima, immature, NS as to form, creamed or with cheese sauce	32	4.5	A	4
75402013	8000_Mixed	Beans, lima, immature, from canned, creamed or with cheese sauce	32	4.5	A	4
75402012	8000_Mixed	Beans, lima, immature, from frozen, creamed or with cheese sauce	32	4.5	A	4
75418103	8000_Mixed	Turnips, from canned, creamed	32	4	B	4
58156710	8000_Mixed	Rice with stewed beans, Puerto Rican style	32	3.5	B	4
27111100	8000_Mixed	Beef goulash	32	4	A	4
74701000	8000_Mixed	Tomato sandwich	32	4	B	4
27320130	8000_Mixed	Sausage, potatoes, and vegetables excluding carrots, broccoli, and dark-green leafy; gravy	32	4	B	4
32105220	8000_Mixed	Pork egg foo yung	32	3.5	B	4
27320027	8000_Mixed	Ham or pork, noodles, and vegetables including carrots, broccoli, and/or dark-green leafy; no sauce	32	3.5	A	4
58101955	8000_Mixed	Taco or tostada salad, meatless with sour cream	32	4.5	B	4
58151190	8000_Mixed	Sushi roll, eel	32	3.5	B	4
73502000	8000_Mixed	Squash, winter type, soup, home recipe, canned, or ready-to-serve	32	4	C	4
58100520	8000_Mixed	Enchilada with meat and beans, red-chile or enchilada sauce	32	4.5	A	4
58130320	8000_Mixed	Lasagna, meatless, with vegetables	32	3.5	C	4
28310420	8000_Mixed	Beef and rice soup, Puerto Rican style	32	4.5	B	4
58301150	8000_Mixed	Zucchini lasagna, diet frozen meal	32	4.5	B	4
27146360	8000_Mixed	Sesame chicken	32	2	D	4
58104180	8000_Mixed	Nachos with meat, cheese, and sour cream	32	3.5	B	4
27220520	8000_Mixed	Ham or pork and potatoes with cheese sauce	32	4	B	4
27135030	8000_Mixed	Veal with cream sauce	32	4	B	3

Supplementary Table 8. Original (uncorrected) scores for all food items.

27416100	8000_Mixed	Beef and vegetables, Hawaiian style	32	4	C	4
32105240	8000_Mixed	Beef egg foo yung	32	3.5	B	4
28320140	8000_Mixed	Ham, noodle, and vegetable soup, Puerto Rican style	31	4	C	4
58100300	8000_Mixed	Burrito with beans and rice, meatless	31	3.5	C	4
58130014	8000_Mixed	Lasagna with meat, from restaurant	31	3	C	4
27510632	8000_Mixed	Hamburger, 1 medium patty, plain, on wheat bun	31	3.5	C	4
27510633	8000_Mixed	Hamburger, 1 medium patty, plain, on whole wheat bun	31	3.5	C	4
27242000	8000_Mixed	Chicken or turkey and noodles, no sauce	31	3.5	B	4
27564150	8000_Mixed	Frankfurter or hot dog sandwich, beef and pork, plain, on whole wheat bread	31	2	D	4
75142600	8000_Mixed	Cucumber salad made with cucumber and vinegar	31	4	B	3
28160710	8000_Mixed	Stuffed cabbage, with meat and tomato sauce, diet frozen meal	31	4.5	A	4
27143000	8000_Mixed	Chicken or turkey with cream sauce	31	4	B	4
27330030	8000_Mixed	Lamb or mutton stew with potatoes and vegetables including carrots, broccoli, and/or dark-green leafy; gravy	31	4.5	A	4
27347220	8000_Mixed	Chicken or turkey, stuffing, and vegetables including carrots, broccoli, and/or dark-green leafy; gravy	31	3.5	B	4
27446260	8000_Mixed	Chicken or turkey salad, made with any type of fat free dressing	31	3.5	B	4
27564160	8000_Mixed	Frankfurter or hot dog sandwich, beef and pork, plain, on whole grain white bread	31	2	D	4
58304200	8000_Mixed	Ravioli, cheese-filled, with tomato sauce, diet frozen meal	31	4	B	4
75142000	8000_Mixed	Cucumber and vegetable namasu	31	4	C	3
58117310	8000_Mixed	Kibby, Puerto Rican style	31	3.5	B	4
58120110	8000_Mixed	Crepe, filled with meat, poultry, or seafood, with sauce	31	3.5	C	4
58201045	8000_Mixed	Jelly sandwich, reduced sugar jelly, on wheat bread	31	3.5	A	4
58201055	8000_Mixed	Jelly sandwich, reduced sugar jelly, on whole wheat bread	31	3.5	A	4
27250630	8000_Mixed	Tuna noodle casserole with mushroom sauce	31	3.5	B	4
58302050	8000_Mixed	Beef and noodles with meat sauce and cheese, diet frozen meal	31	4	B	4
58111120	8000_Mixed	Wonton, fried, meatless	31	3.5	B	4
27343420	8000_Mixed	Chicken or turkey, noodles, and vegetables excluding carrots, broccoli, and dark-green leafy; gravy	31	3.5	B	4
58140310	8000_Mixed	Macaroni with tuna, Puerto Rican style	31	3.5	B	4
27540270	8000_Mixed	Chicken fillet, broiled, sandwich, with lettuce, tomato, and non-mayonnaise type spread	31	4	B	4
27111000	8000_Mixed	Beef with tomato-based sauce	31	4	B	3
27540235	8000_Mixed	Chicken fillet, broiled, sandwich with lettuce, tomato, and spread	31	4	B	4
27510206	8000_Mixed	Cheeseburger, 1 small patty, with condiments, on wheat bun	31	3.5	C	4
27510207	8000_Mixed	Cheeseburger, 1 small patty, with condiments, on whole wheat bun	31	3.5	C	4
75652030	8000_Mixed	Vegetable beef soup, canned, prepared with milk	31	3.5	B	4
27360120	8000_Mixed	Chow mein or chop suey, various types of meat, with noodles	31	4	B	4
27162010	8000_Mixed	Meat with tomato-based sauce	31	4	B	3
58125120	8000_Mixed	Spinach quiche, meatless	31	1.5	D	4
27212150	8000_Mixed	Beef goulash with noodles	31	4	A	4
27341000	8000_Mixed	Chicken or turkey, potatoes, corn, and cheese, with gravy	31	4	B	4
58160610	8000_Mixed	Rice, white, with dark green vegetables and tomatoes and/or tomato-based sauce, NS as to fat added in cooking	31	4	B	4
58160630	8000_Mixed	Rice, white, with dark green vegetables and tomatoes and/or tomato-based sauce, fat added in cooking	31	4	B	4
58128120	8000_Mixed	Cornmeal dressing with chicken or turkey and vegetables	31	3	C	4
58130140	8000_Mixed	Lasagna with chicken or turkey	31	3.5	C	4
27345410	8000_Mixed	Chicken or turkey, rice, and vegetables including carrots, broccoli, and/or dark-green leafy; cream sauce, white sa	31	3.5	B	4
58146333	8000_Mixed	Pasta with tomato-based sauce, meat, and added vegetables, ready-to-heat	31	4	A	4
75414013	8000_Mixed	Mushrooms, from canned, creamed	31	3.5	C	4
27564502	8000_Mixed	Frankfurter or hot dog sandwich, with meatless chili, on whole wheat bun	31	3	C	4
27420460	8000_Mixed	Sausage and vegetables, excluding carrots, broccoli, and dark-green leafy; no potatoes, tomato-based sauce	31	4	C	4
58101725	8000_Mixed	Taco or tostada with beans and sour cream	31	4.5	B	4
75651020	8000_Mixed	Vegetable beef soup, canned, prepared with water, or ready-to-serve	31	4	B	4
58137250	8000_Mixed	Pad Thai with meat	31	4	A	4
58146323	8000_Mixed	Pasta with tomato-based sauce and meat, ready-to-heat	31	4	A	4
27545010	8000_Mixed	Turkey or chicken burger, with condiments, on bun, from fast food / restaurant	31	3.5	B	4
27545200	8000_Mixed	Turkey or chicken burger, with condiments, on white bun	31	3.5	B	4
28311010	8000_Mixed	Pepperpot soup	31	4	B	4
27510252	8000_Mixed	Cheeseburger, 1 medium patty, with condiments, on wheat bun	31	3.5	C	4
27510253	8000_Mixed	Cheeseburger, 1 medium patty, with condiments, on whole wheat bun	31	3.5	C	4
75651030	8000_Mixed	Vegetable beef noodle soup, prepared with water	31	4	B	4
75651080	8000_Mixed	Vegetable beef soup with rice, canned, prepared with water or ready-to-serve	31	4	B	4
14640038	8000_Mixed	Cheese sandwich, reduced fat American cheese, on white bread, with mayonnaise	31	2	D	4
58160430	8000_Mixed	Rice, white, with peas, NS as to fat added in cooking	31	4	A	4
58160450	8000_Mixed	Rice, white, with peas, fat added in cooking	31	4	A	4
27416400	8000_Mixed	Stir fried beef and vegetables in soy sauce	31	4.5	A	4
58304220	8000_Mixed	Rigatoni with meat sauce and cheese, diet frozen meal	31	4.5	B	4
28110150	8000_Mixed	Beef with vegetable, diet frozen meal	31	4	B	4
58100535	8000_Mixed	Enchilada with meat, green-chile or enchilada sauce	31	4	A	4
77230210	8000_Mixed	Cassava Pasteles, Puerto Rican style	31	3	D	4
27111420	8000_Mixed	Chili con carne without beans	31	3	C	4
58147520	8000_Mixed	Yat Ga Mein with meat, fish, or poultry	31	4	B	4
27345210	8000_Mixed	Chicken or turkey, rice, and vegetables including carrots, broccoli, and/or dark-green leafy; gravy	30	3.5	B	4
75418100	8000_Mixed	Turnips, NS as to form, creamed	30	4	B	4
75418102	8000_Mixed	Turnips, from frozen, creamed	30	4	B	4
27564220	8000_Mixed	Frankfurter or hot dog sandwich, meat and poultry, plain, on whole grain white bread	30	2	D	4
28143130	8000_Mixed	Chicken and vegetable entree with noodles, frozen meal	30	4	A	4
28340750	8000_Mixed	Hot and sour soup	30	3	C	4
58148115	8000_Mixed	Macaroni or pasta salad, made with light Italian dressing	30	4	A	4
74605010	8000_Mixed	Tomato rice soup, prepared with water	30	4	C	4
75608200	8000_Mixed	Onion soup, made from dry mix	30	3	C	4
27335100	8000_Mixed	Rabbit stew with potatoes and vegetables	30	4.5	A	4
58163130	8000_Mixed	Dirty rice	30	3.5	B	4
27231000	8000_Mixed	Lamb or mutton and potatoes with gravy	30	4.5	B	4
27416300	8000_Mixed	Beef taco filling: beef, cheese, tomato, taco sauce	30	3.5	D	4
58160640	8000_Mixed	Rice, white, with carrots and dark green vegetables, NS as to fat added in cooking	30	4	B	4
58160660	8000_Mixed	Rice, white, with carrots and dark green vegetables, fat added in cooking	30	4	B	4
27564210	8000_Mixed	Frankfurter or hot dog sandwich, meat and poultry, plain, on whole wheat bread	30	2	D	4
58146451	8000_Mixed	Pasta with cream sauce, seafood, and added vegetables, restaurant	30	3	C	4
27211110	8000_Mixed	Beef stew with potatoes, tomato-based sauce, Mexican style	30	4	A	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

75460900	8000_Mixed	Chow mein or chop suey, meatless, with noodles	30	4	C	4
58104520	8000_Mixed	Chimichanga, meatless	30	4	B	4
75418101	8000_Mixed	Turnips, from fresh, creamed	30	4	B	4
27341050	8000_Mixed	Chicken or turkey, potatoes, and vegetables excluding carrots, broccoli, and dark-green leafy; cheese sauce	30	4	B	4
27430400	8000_Mixed	Lamb or mutton stew with vegetables including carrots, broccoli, and/or dark-green leafy; no potatoes, gravy	30	4.5	A	4
58104270	8000_Mixed	Gordita, sope, or chalupa with beans and sour cream	30	4	B	4
75603020	8000_Mixed	Celery soup, cream of, prepared with water, home recipe, canned or ready-to-serve	30	4	B	4
58104190	8000_Mixed	Nachos with chicken, cheese, and sour cream	30	3.5	B	4
58115210	8000_Mixed	Taco with crab meat, Puerto Rican style	30	3	D	4
27221110	8000_Mixed	Stuffed pork roast, Puerto Rican style	30	4	B	4
71801100	8000_Mixed	Potato and cheese soup	30	4	B	4
28143190	8000_Mixed	Chicken in mushroom sauce, white and wild rice, vegetable, frozen meal	30	4	B	4
58148180	8000_Mixed	Macaroni or pasta salad with cheese	30	3	C	4
75411010	8000_Mixed	Corn, scalloped or pudding	30	4	B	4
27218310	8000_Mixed	Stewed corned beef, Puerto Rican style	30	4	C	4
58100330	8000_Mixed	Burrito with beans, rice, and sour cream, meatless	30	3.5	C	4
75400500	8000_Mixed	Artichokes, stuffed	30	4	A	4
14640026	8000_Mixed	Cheese sandwich, American cheese, on white bread, with mayonnaise	30	1.5	D	4
27363100	8000_Mixed	Jambalaya with meat and rice	30	3.5	C	4
27570310	8000_Mixed	Hors d'oeuvres, with spread	30	3.5	A	4
58149110	8000_Mixed	Noodle pudding	30	3.5	B	4
58130020	8000_Mixed	Lasagna with meat and spinach	30	3	C	4
27564290	8000_Mixed	Frankfurter or hot dog sandwich, chicken and/or turkey, plain, on multigrain bread	30	3.5	C	4
75414010	8000_Mixed	Mushrooms, NS as to form, creamed	30	3.5	C	4
58106830	8000_Mixed	Pizza with beans and vegetables, thick crust	30	3	B	4
27332110	8000_Mixed	Veal stew with potatoes and vegetables excluding carrots, broccoli, and/or dark-green leafy; tomato-based sauce	30	4.5	A	4
28315150	8000_Mixed	Meat and corn hominy soup, home recipe, Mexican style	30	4	B	4
27422010	8000_Mixed	Pork chop stewed with vegetables, Puerto Rican style	30	4.5	A	4
75611010	8000_Mixed	Vegetable soup, cream of, prepared with milk	30	3	C	4
27320025	8000_Mixed	Ham or pork, noodles and vegetables excluding carrots, broccoli, and dark-green leafy; no sauce	30	3.5	A	4
27510342	8000_Mixed	Bacon cheeseburger, 1 medium patty, with condiments, on wheat bun	30	2	D	4
27510343	8000_Mixed	Bacon cheeseburger, 1 medium patty, with condiments, on whole wheat bun	30	2	D	4
58304250	8000_Mixed	Manicotti, cheese-filled, with tomato sauce, diet frozen meal	30	4	B	4
27360000	8000_Mixed	Stew, NFS	30	4.5	B	4
27135020	8000_Mixed	Veal scallopini	29	3.5	C	4
27350020	8000_Mixed	Paella with seafood	29	3.5	B	4
28340120	8000_Mixed	Chicken or turkey broth, without tomato, home recipe	29	3.5	B	4
27564002	8000_Mixed	Frankfurter or hot dog sandwich, NFS, plain, on whole wheat bun	29	2	D	4
27564062	8000_Mixed	Frankfurter or hot dog sandwich, beef, plain, on whole wheat bun	29	2	D	4
58404050	8000_Mixed	Chicken or turkey rice soup, reduced sodium, canned, prepared with milk	29	3.5	B	4
75411031	8000_Mixed	Corn, cooked, from fresh, with cream sauce, made with milk	29	4	B	4
27350070	8000_Mixed	Tuna pot pie	29	3.5	B	4
27220110	8000_Mixed	Pork and rice with tomato-based sauce	29	3.5	B	4
58101615	8000_Mixed	Soft taco with beans and sour cream	29	4	B	4
58109015	8000_Mixed	Pizza, cheese, whole wheat thin crust	29	3.5	C	4
27311310	8000_Mixed	Beef stew with potatoes and vegetables including carrots, broccoli, and/or dark-green leafy; tomato-based sauce	29	4.5	B	4
27313010	8000_Mixed	Beef, noodles, and vegetables including carrots, broccoli, and/or dark-green leafy; no sauce	29	3.5	A	4
27243100	8000_Mixed	Biryani with chicken	29	4.5	A	4
75460710	8000_Mixed	Vegetable combinations, excluding carrots, broccoli, and dark-green leafy; cooked, with pasta	29	4.5	A	4
27111440	8000_Mixed	Chili con carne with beans and cheese	29	4.5	B	4
58160480	8000_Mixed	Rice, white, with carrots, fat added in cooking	29	4	B	4
58101950	8000_Mixed	Taco or tostada salad with chicken and sour cream	29	4	B	4
27111430	8000_Mixed	Chili con carne, NS as to beans, with cheese	29	4.5	B	4
58160460	8000_Mixed	Rice, white, with carrots, NS as to fat added in cooking	29	4	B	4
75411030	8000_Mixed	Corn, cooked, NS as to form, with cream sauce, made with milk	29	4	B	4
75411032	8000_Mixed	Corn, cooked, from frozen, with cream sauce, made with milk	29	4	B	4
27347240	8000_Mixed	Chicken or turkey, dumplings, and vegetables including carrots, broccoli, and/or dark green leafy; gravy	29	3.5	B	4
58160670	8000_Mixed	Rice, white, with carrots, dark green vegetables, and tomatoes and/or tomato-based sauce, NS as to fat added in	29	4	B	4
58160690	8000_Mixed	Rice, white, with carrots, dark green vegetables, and tomatoes and/or tomato-based sauce, fat added in cooking	29	4	B	4
27345020	8000_Mixed	Chicken or turkey, rice, and vegetables excluding carrots, broccoli, and dark-green leafy; no sauce	29	3.5	A	4
27211500	8000_Mixed	Beef and potatoes with cheese sauce	29	4	B	4
27320310	8000_Mixed	Pork chow mein or chop suey with noodles	29	4	B	4
27332100	8000_Mixed	Veal stew with potatoes and vegetables including carrots, broccoli, and/or dark-green leafy; tomato-based sauce	29	4.5	A	4
58121610	8000_Mixed	Dumpling, potato- or cheese-filled	29	3.5	C	4
75604010	8000_Mixed	Corn soup, cream of, prepared with milk	29	4	B	4
74601000	8000_Mixed	Tomato soup, NFS	29	4	B	4
27250830	8000_Mixed	Fish and rice with mushroom sauce	29	3.5	B	4
58306100	8000_Mixed	Chicken enchilada, diet frozen meal	29	3.5	B	4
58160520	8000_Mixed	Rice, white, with tomatoes and/or tomato-based sauce, NS as to fat added in cooking	29	4	B	4
58160540	8000_Mixed	Rice, white, with tomatoes and/or tomato-based sauce, fat added in cooking	29	4	B	4
27221150	8000_Mixed	Pork stew, with potatoes, tomato-based sauce, Mexican style	29	3.5	B	4
27213100	8000_Mixed	Beef and rice with tomato-based sauce	29	3.5	B	4
58106736	8000_Mixed	Pizza with extra meat and extra vegetables, thin crust	29	2	D	4
27540330	8000_Mixed	Turkey sandwich, with gravy	29	4	B	4
58101930	8000_Mixed	Taco or tostada salad with meat	29	4	A	4
27418410	8000_Mixed	Beef steak with onions, Puerto Rican style	29	1.5	E	4
27540280	8000_Mixed	Chicken fillet, broiled, sandwich with cheese, on bun, with lettuce, tomato and spread	29	4	A	4
58306200	8000_Mixed	Chicken fajitas, diet frozen meal	29	4	A	4
14640044	8000_Mixed	Cheese sandwich, reduced fat Cheddar cheese, on white bread, with mayonnaise	29	2	D	4
28154010	8000_Mixed	Shrimp and vegetables in sauce with noodles, diet frozen meal	29	4	B	4
27120060	8000_Mixed	Sweet and sour pork	29	3	C	4
27443110	8000_Mixed	Chicken or turkey a la king with vegetables including carrots, broccoli, and/or dark-green leafy; no potatoes, crear	28	3	C	4
27564470	8000_Mixed	Frankfurter or hot dog sandwich, with chili, on whole wheat bread	28	3.5	C	4
27564530	8000_Mixed	Frankfurter or hot dog sandwich, with meatless chili, on whole wheat bread	28	3.5	C	4
27313310	8000_Mixed	Beef, noodles, and vegetables including carrots, broccoli, and/or dark-green leafy; mushroom sauce	28	3.5	B	4
58106345	8000_Mixed	Pizza with cheese and extra vegetables, thin crust	28	3	C	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

58160580	8000_Mixed	Rice, white, with carrots and tomatoes and/or tomato-based sauce, NS as to fat added in cooking	28	4	B	4
58160600	8000_Mixed	Rice, white, with carrots and tomatoes and/or tomato-based sauce, fat added in cooking	28	4	B	4
75607100	8000_Mixed	Mushroom soup, cream of, canned, reduced sodium, prepared with milk	28	3.5	B	4
58106300	8000_Mixed	Pizza, cheese, with vegetables, from frozen, thin crust	28	3.5	B	4
28310150	8000_Mixed	Oxtail soup	28	3.5	A	4
27564540	8000_Mixed	Frankfurter or hot dog sandwich, with meatless chili, on whole grain white bread	28	3	C	4
27114000	8000_Mixed	Beef with mushroom sauce	28	4	B	3
58156410	8000_Mixed	Rice with onions, Puerto Rican style	28	4	C	4
27540360	8000_Mixed	Turkey and bacon submarine sandwich, with lettuce, tomato and spread	28	3.5	B	4
58111130	8000_Mixed	Wonton, fried, filled with meat, poultry, or seafood, and vegetable	28	3	B	4
27540170	8000_Mixed	Chicken patty sandwich, miniature, with spread	28	3	D	4
58111110	8000_Mixed	Wonton, fried, filled with meat, poultry, or seafood,	28	3	B	4
28310110	8000_Mixed	Beef, broth, bouillon, or consomme	28	3	C	4
28360100	8000_Mixed	Meat broth, Puerto Rican style	28	3	C	4
58130016	8000_Mixed	Lasagna with meat, frozen	28	4	B	4
27510242	8000_Mixed	Cheeseburger, 1 medium patty, plain, on wheat bun	28	2	D	4
27510243	8000_Mixed	Cheeseburger, 1 medium patty, plain, on whole wheat bun	28	2	D	4
27510196	8000_Mixed	Cheeseburger, 1 small patty, plain, on wheat bun	28	2	D	4
28345160	8000_Mixed	Chicken or turkey mushroom soup, cream of, prepared with milk	28	3.5	B	4
75607080	8000_Mixed	Mushroom with chicken soup, cream of, prepared with milk	28	3.5	B	4
27421010	8000_Mixed	Stuffed christophine, Puerto Rican style	28	4.5	B	4
58130011	8000_Mixed	Lasagna with meat	28	4	B	4
27345420	8000_Mixed	Chicken or turkey, rice, and vegetables excluding carrots, broccoli, and dark-green leafy; cream sauce, white sauce	28	3.5	B	4
27347230	8000_Mixed	Chicken or turkey, stuffing, and vegetables excluding carrots, broccoli, and dark-green leafy; gravy	28	3.5	B	4
28145100	8000_Mixed	Turkey with gravy, dressing, vegetable and fruit, diet frozen meal	28	4.5	A	4
27345220	8000_Mixed	Chicken or turkey, rice, and vegetables excluding carrots, broccoli, and dark-green leafy; gravy	28	3.5	B	4
28340110	8000_Mixed	Chicken or turkey broth, bouillon, or consomme	28	3	C	4
73501010	8000_Mixed	Carrot with rice soup, cream of, prepared with milk, home recipe, canned or ready-to-serve	28	4	B	4
58104160	8000_Mixed	Nachos with chili	28	3.5	C	4
58104540	8000_Mixed	Chimichanga, meatless, with sour cream	28	3.5	B	4
58128220	8000_Mixed	Dressing with chicken or turkey and vegetables	28	3	C	4
27430410	8000_Mixed	Lamb or mutton stew with vegetables excluding carrots, broccoli, and dark-green leafy; no potatoes, gravy	28	4	A	4
27212120	8000_Mixed	Chili con carne with beans and macaroni	28	4	A	4
58402030	8000_Mixed	Beef rice soup, home recipe, canned or ready-to-serve	28	4.5	B	4
74602010	8000_Mixed	Tomato soup, prepared with water, or ready-to-serve	28	4	B	4
74606010	8000_Mixed	Tomato vegetable soup, prepared with water	28	4	B	4
27211550	8000_Mixed	Stewed, seasoned, ground beef with potatoes, Mexican style	28	4	A	4
58100630	8000_Mixed	Enchilada with chicken, red-chile or enchilada sauce	28	4	A	4
27242200	8000_Mixed	Chicken or turkey and noodles with gravy	28	3.5	B	4
27540285	8000_Mixed	Chicken, bacon, and tomato club sandwich, with lettuce and spread	28	3.5	D	4
58134710	8000_Mixed	Tortellini, spinach-filled, with tomato sauce	28	3	C	4
27540110	8000_Mixed	Chicken sandwich, with spread	28	4	B	4
58303100	8000_Mixed	Rice, with broccoli, cheese sauce, frozen side dish	28	4	B	4
27520135	8000_Mixed	Bacon, chicken, and tomato club sandwich, with cheese, lettuce and spread	28	3.5	D	4
27242250	8000_Mixed	Chicken or turkey and noodles with mushroom sauce	28	3.5	B	4
28360210	8000_Mixed	Spanish vegetable soup, Puerto Rican style	28	4	C	4
58421010	8000_Mixed	Sopa Seca de Fideo, Mexican style, made with dry noodles, home recipe	28	4	C	4
75656060	8000_Mixed	Vegetable beef soup, chunky style	28	4.5	B	4
27320090	8000_Mixed	Sausage, noodles, and vegetables including carrots, broccoli, and/or dark-green leafy; tomato-based sauce	28	4	B	4
27564030	8000_Mixed	Frankfurter or hot dog sandwich, NFS, plain, on whole wheat bread	27	2	D	4
27564090	8000_Mixed	Frankfurter or hot dog sandwich, beef, plain, on whole wheat bread	27	2	D	4
58402020	8000_Mixed	Beef dumpling soup, home recipe, canned or ready-to-serve	27	4.5	B	4
58146441	8000_Mixed	Pasta with cream sauce and seafood, restaurant	27	3.5	D	4
27211190	8000_Mixed	Beef and potatoes with cream sauce, white sauce or mushroom sauce	27	3.5	B	4
27564480	8000_Mixed	Frankfurter or hot dog sandwich, with chili, on whole grain white bread	27	3.5	C	4
58104130	8000_Mixed	Nachos with meat and cheese	27	3.5	B	4
27313410	8000_Mixed	Beef, noodles, and vegetables including carrots, broccoli, and/or dark-green leafy; gravy	27	3.5	B	4
58100800	8000_Mixed	Enchilada, just cheese, meatless, no beans, red-chile or enchilada sauce	27	3.5	C	4
27313020	8000_Mixed	Beef, noodles, and vegetables excluding carrots, broccoli, and dark-green leafy; no sauce	27	3.5	A	4
75607050	8000_Mixed	Mushroom soup, cream of, low sodium, prepared with water	27	4.5	B	4
71851010	8000_Mixed	Plantain soup, Puerto Rican style	27	4	C	4
58160490	8000_Mixed	Rice, white, with peas and carrots, NS as to fat added in cooking	27	4	B	4
58160510	8000_Mixed	Rice, white, with peas and carrots, fat added in cooking	27	4	B	4
27120130	8000_Mixed	Pork stew, no potatoes, tomato-based sauce, Mexican style	27	4	B	4
27540190	8000_Mixed	Chicken patty sandwich, with lettuce and spread	27	3	C	4
75600150	8000_Mixed	Soup, cream of, NFS	27	3.5	B	4
75414020	8000_Mixed	Mushrooms, stuffed	27	4	D	4
27135050	8000_Mixed	Veal Marsala	27	4	B	4
27111300	8000_Mixed	Beef stew, no potatoes, tomato-based sauce, Mexican style	27	4	B	4
75608010	8000_Mixed	Onion soup, cream of, prepared with milk	27	3	C	4
55703000	8000_Mixed	Cake made with glutinous rice and dried beans	27	3	C	3
27315250	8000_Mixed	Stuffed cabbage rolls with beef and rice	27	4.5	A	4
58146332	8000_Mixed	Pasta with tomato-based sauce, meat, and added vegetables, home recipe	27	4	A	4
27545000	8000_Mixed	Turkey or chicken burger, plain, on bun, from fast food / restaurant	27	4	B	4
27545100	8000_Mixed	Turkey or chicken burger, plain, on white bun	27	4	B	4
27564040	8000_Mixed	Frankfurter or hot dog sandwich, NFS, plain, on whole grain white bread	27	2	D	4
27564100	8000_Mixed	Frankfurter or hot dog sandwich, beef, plain, on whole grain white bread	27	2	D	4
28331110	8000_Mixed	Lamb, pasta, and vegetable soup, Puerto Rican style	27	4	C	4
58130015	8000_Mixed	Lasagna with meat, home recipe	27	3.5	C	4
58106737	8000_Mixed	Pizza with extra meat and extra vegetables, thick crust	27	3.5	C	4
58146210	8000_Mixed	Pasta with sauce, NFS	27	4	A	4
58146322	8000_Mixed	Pasta with tomato-based sauce and meat, home recipe	27	4	A	4
27520160	8000_Mixed	Bacon, chicken, and tomato club sandwich, on multigrain roll with lettuce and spread	27	3.5	C	4
27135110	8000_Mixed	Veal parmigiana	27	3.5	C	4
27564170	8000_Mixed	Frankfurter or hot dog sandwich, beef and pork, plain, on multigrain bread	27	2	D	4
27330060	8000_Mixed	Lamb or mutton, rice, and vegetables including carrots, broccoli, and/or dark-green leafy; tomato-based sauce	27	4	B	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

28145610	8000_Mixed	Turkey with gravy, dressing, potatoes, vegetable, dessert, frozen meal	27	4	B	4
73305010	8000_Mixed	Squash, winter, baked with cheese	27	4	B	4
28140150	8000_Mixed	Chicken divan, frozen meal	27	3.5	B	4
58133140	8000_Mixed	Manicotti, vegetable- and cheese-filled, with tomato sauce, meatless	27	3.5	B	4
27311635	8000_Mixed	Beef, potatoes, and vegetables including carrots, broccoli, and/or dark-green leafy; cheese sauce	27	4	B	4
58115110	8000_Mixed	Tamale casserole, Puerto Rican style	27	4	B	4
58122210	8000_Mixed	Gnocchi, cheese	27	3	C	4
27510676	8000_Mixed	Double hamburger, 2 medium patties, with condiments, on bun, from fast food / restaurant	27	3.5	C	4
27510681	8000_Mixed	Double hamburger, 2 medium patties, with condiments, on bun, from fast food / restaurant (Burger King Double \	27	3.5	C	4
27510682	8000_Mixed	Double hamburger, 2 medium patties, with condiments, on bun, from fast food / restaurant (Wendy's 1/2 lb Doub	27	3.5	C	4
27112000	8000_Mixed	Beef with gravy	27	4	B	3
27163010	8000_Mixed	Meat with gravy, NS as to type of meat,	27	4	B	3
28110660	8000_Mixed	Meatballs, Swedish, in gravy, with noodles, diet frozen meal	27	4	A	4
27313320	8000_Mixed	Beef, noodles, and vegetables excluding carrots, broccoli, and dark-green leafy; mushroom sauce	27	3.5	B	4
58135120	8000_Mixed	Chow fun noodles with vegetables, meatless	27	4.5	B	3
58402010	8000_Mixed	Beef noodle soup, canned or ready-to-serve	26	4	B	4
58145120	8000_Mixed	Macaroni or noodles with cheese and tuna	26	3.5	B	4
58101735	8000_Mixed	Taco or tostada with chicken and beans	26	4	A	4
58106720	8000_Mixed	Pizza with meat and vegetables, from restaurant or fast food, thin crust	26	2	D	4
75609010	8000_Mixed	Pea soup, prepared with milk	26	3.5	B	4
74601010	8000_Mixed	Tomato soup, cream of, prepared with milk	26	3.5	B	4
75605010	8000_Mixed	Leek soup, cream of, prepared with milk	26	3	C	4
27135010	8000_Mixed	Veal with gravy	26	4	B	3
27564550	8000_Mixed	Frankfurter or hot dog sandwich, with meatless chili, on multigrain bread	26	3.5	C	4
74604500	8000_Mixed	Tomato noodle soup, canned, prepared with water or ready-to-serve	26	4	B	4
27246200	8000_Mixed	Chicken or turkey with stuffing	26	4	C	4
27261500	8000_Mixed	Stewed, seasoned, ground beef and pork with potatoes, Mexican style	26	4	B	4
27443120	8000_Mixed	Chicken or turkey a la king with vegetables excluding carrorts, broccoli, and dark-green leafy; no potatoes, cream,	26	3	D	4
58100220	8000_Mixed	Burrito with chicken and beans	26	3.5	C	4
27313420	8000_Mixed	Beef, noodles, and vegetables excluding carrots, broccoli, and dark-green leafy; gravy	26	3.5	B	4
27148010	8000_Mixed	Stuffed chicken, drumstick or breast, Puerto Rican style	26	2	D	4
27564230	8000_Mixed	Frankfurter or hot dog sandwich, meat and poultry, plain, on multigrain bread	26	2	D	4
27118110	8000_Mixed	Meatballs, Puerto Rican style	26	2	D	4
58101945	8000_Mixed	Taco or tostada salad with meat and sour cream	26	4	B	4
27116400	8000_Mixed	Steak tartare	26	3.5	C	4
27320080	8000_Mixed	Sausage, noodles, and vegetables excluding carrots, broccoli, and dark-green leafy; tomato-based sauce	26	4	B	4
28340640	8000_Mixed	Chicken or turkey vegetable soup with noodles, stew type, chunky style, canned or ready-to-serve	26	4.5	B	4
58306070	8000_Mixed	Cheese enchilada, frozen meal	26	3.5	C	4
58106350	8000_Mixed	Pizza with cheese and extra vegetables, thick crust	26	3	B	4
58163410	8000_Mixed	Spanish rice, fat added in cooking	26	4	B	4
27347250	8000_Mixed	Chicken or turkey, dumplings, and vegetables excluding carrots, broccoli, and dark green leafy; gravy	26	3.5	B	4
28340610	8000_Mixed	Chicken or turkey vegetable soup, stew type	26	4.5	B	4
32301100	8000_Mixed	Garlic egg soup, Puerto Rican style	26	3	C	4
27541001	8000_Mixed	Turkey, ham, and roast beef club sandwich with cheese, lettuce, tomato, and spread	26	4	A	4
27146250	8000_Mixed	Chicken or turkey cordon bleu	26	3.5	D	4
58155510	8000_Mixed	Soupy rice mixture with chicken and potatoes, Puerto Rican style	26	4	B	4
27243300	8000_Mixed	Chicken or turkey and rice with cream sauce	26	3.5	B	4
27113200	8000_Mixed	Creamed chipped or dried beef	26	3	C	4
27520340	8000_Mixed	Ham salad sandwich	26	3	C	4
58106320	8000_Mixed	Pizza, cheese, with vegetables, from restaurant or fast food, thin crust	26	2	D	4
27115100	8000_Mixed	Steak teriyaki	26	3.5	C	3
27146350	8000_Mixed	Orange chicken	26	2	D	4
58148111	8000_Mixed	Macaroni or pasta salad, made with light mayonnaise	25	3.5	B	4
58148113	8000_Mixed	Macaroni or pasta salad, made with light mayonnaise-type salad dressing	25	3.5	B	4
58163430	8000_Mixed	Spanish rice, NS as to fat added in cooking	25	4	B	4
41602050	8000_Mixed	Split pea soup	25	4.5	A	4
27510950	8000_Mixed	Reuben sandwich, corned beef sandwich with sauerkraut and cheese, with spread	25	2	D	4
27564490	8000_Mixed	Frankfurter or hot dog sandwich, with chili, on multigrain bread	25	3.5	C	4
58101540	8000_Mixed	Taco or tostada with fish	25	3	C	4
58100255	8000_Mixed	Burrito with chicken, beans, and rice	25	3	C	4
27315310	8000_Mixed	Beef, rice, and vegetables including carrots, broccoli, and/or dark-green leafy; mushroom sauce	25	3.5	B	4
71803010	8000_Mixed	Potato chowder	25	3	C	4
27320500	8000_Mixed	Sweet and sour pork with rice	25	3.5	B	4
58101625	8000_Mixed	Soft taco with chicken and beans	25	4	B	4
58106250	8000_Mixed	Pizza, extra cheese, thin crust	25	2	D	4
58104835	8000_Mixed	Taquito or flauta with chicken and cheese	25	3.5	B	4
27116300	8000_Mixed	Beef with sweet and sour sauce	25	3.5	B	4
58140110	8000_Mixed	Spaghetti with corned beef, Puerto Rican style	25	3.5	C	4
58100245	8000_Mixed	Burrito with chicken, beans, and sour cream	25	3.5	C	4
58106358	8000_Mixed	Pizza, cheese, with fruit, thin crust	25	2	D	4
27118120	8000_Mixed	Stewed seasoned ground beef, Puerto Rican style	25	3	D	4
58301030	8000_Mixed	Veal lasagna, diet frozen meal	25	4	B	4
58136160	8000_Mixed	Lo mein, with chicken	25	3.5	A	4
58101730	8000_Mixed	Taco or tostada with meat and beans	25	4	C	4
14640032	8000_Mixed	Cheese sandwich, Cheddar cheese, on white bread, with mayonnaise	25	1.5	D	4
58104830	8000_Mixed	Taquito or flauta with chicken	25	3.5	B	4
58157310	8000_Mixed	Congee, with meat, poultry, and/or seafood, and vegetables	25	3.5	B	4
58128110	8000_Mixed	Chicken cornbread	25	3.5	C	4
27516010	8000_Mixed	Gyro sandwich (pita bread, beef, lamb, onion, condiments), with tomato and spread	25	4	A	4
27220050	8000_Mixed	Ham or pork with stuffing	25	3.5	B	4
71801010	8000_Mixed	Potato soup, cream of, prepared with milk	25	3	C	4
58155410	8000_Mixed	Soupy rice with chicken, Puerto Rican style	25	3.5	C	4
58148112	8000_Mixed	Macaroni or pasta salad, made with mayonnaise-type salad dressing	25	3.5	B	4
58106220	8000_Mixed	Pizza, cheese, from restaurant or fast food, thin crust	25	2	D	4
58131600	8000_Mixed	Ravioli, cheese and spinach-filled, with cream sauce	25	3	C	4
27315410	8000_Mixed	Beef, rice, and vegetables including carrots, broccoli, and/or dark-green leafy; gravy	25	3.5	B	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

58134160	8000_Mixed	Stuffed shells, cheese- and spinach- filled, no sauce	25	3.5	C	4
58106738	8000_Mixed	Pizza with extra meat and extra vegetables, medium crust	25	3.5	C	4
58106660	8000_Mixed	Pizza with extra meat, thick crust	25	2	D	4
75607060	8000_Mixed	Mushroom soup, cream of, NS as to made with milk or water	25	3	C	4
58201015	8000_Mixed	Jelly sandwich, regular jelly, on wheat bread	25	3	C	4
58201025	8000_Mixed	Jelly sandwich, regular jelly, on whole wheat bread	25	3	C	4
58151210	8000_Mixed	Sushi roll, shrimp	25	3.5	B	3
27345230	8000_Mixed	Chicken or turkey, rice, corn, and cheese, with gravy	25	3.5	C	4
58303200	8000_Mixed	Rice, with green beans, water chestnuts, in sherry mushroom sauce, frozen side dish	25	4	B	4
75460800	8000_Mixed	Vegetable combinations, including carrots, broccoli, and/or dark-green leafy; cooked, with butter sauce and pasta	25	4	C	4
58106330	8000_Mixed	Pizza, cheese, with vegetables, from restaurant or fast food, thick crust	25	3	C	4
27220210	8000_Mixed	Ham and noodles, no sauce	25	3	B	4
58106730	8000_Mixed	Pizza with meat and vegetables, from restaurant or fast food, thick crust	25	3.5	D	4
58134130	8000_Mixed	Stuffed shells, cheese-filled, with meat sauce	24	4	B	4
58160400	8000_Mixed	Rice, white, with corn, NS as to fat added in cooking	24	4	B	4
58160420	8000_Mixed	Rice, white, with corn, fat added in cooking	24	4	B	4
58104530	8000_Mixed	Chimichanga with chicken	24	3.5	C	4
58408500	8000_Mixed	Noodle soup with vegetables, Asian style	24	4.5	B	4
75411033	8000_Mixed	Corn, cooked, from canned, with cream sauce, made with milk	24	4	C	4
27130010	8000_Mixed	Lamb or mutton with gravy	24	3.5	D	3
58106750	8000_Mixed	Pizza with meat and fruit, thin crust	24	2	D	4
58100325	8000_Mixed	Burrito with beans, meatless, from fast food	24	4	B	4
58106560	8000_Mixed	Pizza with pepperoni, from restaurant or fast food, thick crust	24	2	D	4
27520150	8000_Mixed	Bacon, lettuce, and tomato sandwich with spread	24	3.5	C	4
58100120	8000_Mixed	Burrito with meat and beans	24	3	C	4
27311640	8000_Mixed	Beef, potatoes, and vegetables excluding carrots, broccoli, and dark-green leafy; cheese sauce	24	4	B	4
27315010	8000_Mixed	Beef, rice, and vegetables including carrots, broccoli, and/or dark-green leafy; no sauce	24	3.5	B	4
58100260	8000_Mixed	Burrito with chicken, beans, rice, and sour cream	24	3	C	4
75607010	8000_Mixed	Mushroom soup, cream of, prepared with milk	24	3	C	4
27236000	8000_Mixed	Venison or deer and noodles with cream or white sauce	24	3.5	B	4
28113140	8000_Mixed	Beef with spaetzle or rice, vegetable, frozen meal	24	3.5	B	4
51182020	8000_Mixed	Bread stuffing made with egg	24	3.5	C	4
14620320	8000_Mixed	Topping from meat pizza	24	1	E	4
58106347	8000_Mixed	Pizza with cheese and extra vegetables, medium crust	24	3	B	4
58151220	8000_Mixed	Sushi roll tuna	24	3.5	B	4
27213150	8000_Mixed	Chili con carne with beans and rice	24	4	A	4
58136150	8000_Mixed	Lo mein, with beef	24	4	A	4
58106360	8000_Mixed	Pizza, cheese, with fruit, thick crust	24	3	C	4
58304050	8000_Mixed	Spaghetti with meat and mushroom sauce, diet frozen meal	24	4	B	4
27540290	8000_Mixed	Chicken submarine sandwich, with lettuce, tomato and spread	24	4	A	4
27540291	8000_Mixed	Chicken submarine sandwich, with cheese, lettuce, tomato and spread	24	4	A	4
58101750	8000_Mixed	Taco or tostada with chicken, beans, and sour cream	24	4	B	4
27213010	8000_Mixed	Biryani with meat	24	4	A	4
58109050	8000_Mixed	Pizza, cheese and vegetables, whole wheat thin crust	24	3.5	A	4
58106606	8000_Mixed	Pizza with meat other than pepperoni, from frozen, thick crust	24	3.5	D	4
27260100	8000_Mixed	Meat loaf made with beef and pork, with tomato-based sauce	24	3.5	B	4
28130000	8000_Mixed	Veal dinner, NFS, frozen meal	24	4	B	4
28133110	8000_Mixed	Veal, breaded, with spaghetti, in tomato sauce, frozen meal	24	4	B	4
58146431	8000_Mixed	Pasta with cream sauce, poultry, and added vegetables, restaurant	24	3	C	4
27520165	8000_Mixed	Bacon, breaded fried chicken fillet, and tomato club with lettuce and spread	24	3	C	4
58106260	8000_Mixed	Pizza, extra cheese, thick crust	24	3.5	D	4
27243000	8000_Mixed	Chicken or turkey and rice, no sauce	24	3.5	B	4
58107212	8000_Mixed	White pizza, cheese, with vegetables, thin crust	24	3	C	4
27510615	8000_Mixed	Hamburger, 1 medium patty, with condiments, on bun, from fast food / restaurant (Burger King WHOPPER)	24	3.5	B	4
27510616	8000_Mixed	Hamburger, 1 medium patty, with condiments, on bun, from fast food / restaurant (Wendy's 1/4 lb Single)	24	3.5	B	4
58134810	8000_Mixed	Cannelloni, cheese- and spinach-filled, no sauce	24	3	C	4
58106230	8000_Mixed	Pizza, cheese, from restaurant or fast food, thick crust	24	3.5	C	4
27214110	8000_Mixed	Meat loaf made with beef, with tomato-based sauce	24	3.5	C	4
27315320	8000_Mixed	Beef, rice, and vegetables excluding carrots, broccoli, and dark-green leafy; mushroom sauce	24	3.5	B	4
27360090	8000_Mixed	Paella, NFS	24	3	D	4
27513040	8000_Mixed	Roast beef submarine sandwich, with lettuce, tomato and spread	24	3.5	B	4
27520120	8000_Mixed	Bacon and cheese sandwich, with spread	24	1.5	E	4
27430510	8000_Mixed	Veal goulash with vegetables including carrots, broccoli, and/or dark-green leafy; no potatoes, tomato-based sauc	24	4	A	4
58106760	8000_Mixed	Pizza with meat and fruit, thick crust	24	3	C	4
28144100	8000_Mixed	Chicken and vegetable entree with noodles and cream sauce, frozen meal	24	3.5	B	4
27350090	8000_Mixed	Fish, noodles, and vegetables including carrots, broccoli, and/or dark green leafy; cheese sauce	24	3.5	B	4
58100530	8000_Mixed	Enchilada with meat, red-chile or enchilada sauce	24	4	A	4
58160700	8000_Mixed	Rice, white, with other vegetables, NS as to fat added in cooking	24	3.5	B	4
58160720	8000_Mixed	Rice, white, with other vegetables, fat added in cooking	24	3.5	B	4
27540361	8000_Mixed	Turkey and bacon submarine sandwich, with cheese, lettuce, tomato and spread	24	3.5	C	4
27218110	8000_Mixed	Stuffed pot roast, with potatoes, Puerto Rican style	24	1.5	E	4
72202020	8000_Mixed	Broccoli casserole with rice	23	4	B	4
58100140	8000_Mixed	Burrito with meat, beans, and sour cream	23	3	C	4
28340690	8000_Mixed	Chicken or turkey vegetable soup with potato and cheese, chunky style, canned or ready-to-serve	23	4	C	4
58106305	8000_Mixed	Pizza, cheese with vegetables, from frozen, thick crust	23	3	C	4
27430500	8000_Mixed	Veal goulash with vegetables excluding carrots, broccoli, and dark-green leafy; no potatoes, tomato-based sauce	23	4	A	4
27146011	8000_Mixed	Chicken, shredded or pulled, with barbecue sauce	23	3.5	D	4
58100160	8000_Mixed	Burrito with meat, beans, and rice	23	3	C	4
75601000	8000_Mixed	Asparagus soup, cream of, NS as to made with milk or water	23	3	C	4
58126290	8000_Mixed	Turnover, meat- and cheese-filled, lower in fat	23	3.5	B	4
58116110	8000_Mixed	Meat turnover, Puerto Rican style	23	3.5	C	4
27540140	8000_Mixed	Chicken fillet, breaded, fried, sandwich	23	2	D	4
58104825	8000_Mixed	Taquito or flauta with meat and cheese	23	3	B	4
27317100	8000_Mixed	Beef, dumplings, and vegetables including carrots, broccoli, and/or dark-green leafy; gravy	23	3.5	B	4
27150130	8000_Mixed	Seafood newburg	23	1.5	D	4
58421000	8000_Mixed	Sopa seca, Mexican style, NFS	23	3.5	C	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

27315420	8000_Mixed	Beef, rice, and vegetables excluding carrots, broccoli, and dark-green leafy; gravy	23	3.5	B	4
27246100	8000_Mixed	Chicken or turkey with dumplings	23	3.5	B	4
27214300	8000_Mixed	Beef wellington	23	2	D	4
27242350	8000_Mixed	Chicken or turkey tetrazzini	23	3.5	B	4
58126410	8000_Mixed	Turnover, filled with egg, meat, and cheese, lower in fat	23	3.5	B	4
27243400	8000_Mixed	Chicken or turkey and rice with mushroom sauce	23	3.5	B	4
58106702	8000_Mixed	Pizza with meat and vegetables, from frozen, medium crust	23	2	D	4
58104820	8000_Mixed	Taquito or flauta with meat	23	3	B	4
58101745	8000_Mixed	Taco or tostada with meat, beans, and sour cream	23	4	B	4
58145190	8000_Mixed	Macaroni or noodles with cheese and chicken or turkey	23	3.5	B	4
58106700	8000_Mixed	Pizza with meat and vegetables, from frozen, thin crust	23	2	D	4
27250130	8000_Mixed	Shrimp and noodles with cheese sauce	23	3.5	B	4
58106604	8000_Mixed	Pizza with meat other than pepperoni, from frozen, medium crust	23	3.5	C	4
75418040	8000_Mixed	Squash, summer, casserole, with cheese sauce	23	4.5	B	4
28143200	8000_Mixed	Chicken in soy-based sauce, rice and vegetables, frozen meal	23	4	A	4
28345020	8000_Mixed	Chicken or turkey soup, cream of, canned, reduced sodium, made with milk	23	3.5	B	4
28110350	8000_Mixed	Salisbury steak with gravy, potatoes, vegetable, dessert, frozen meal	23	3.5	B	4
58106205	8000_Mixed	Pizza, cheese, from frozen, thick crust	23	3.5	C	4
58106655	8000_Mixed	Pizza with extra meat, medium crust	23	2	D	4
58100165	8000_Mixed	Burrito with meat, beans, rice, and sour cream	23	3	C	4
58106516	8000_Mixed	Pizza with pepperoni, from frozen, thick crust	23	3.5	D	4
27411150	8000_Mixed	Beef rolls, stuffed with vegetables or meat mixture, tomato-based sauce	23	4	C	4
58101620	8000_Mixed	Soft taco with meat and beans	23	3.5	C	4
58106602	8000_Mixed	Pizza with meat other than pepperoni, from frozen, thin crust	23	3.5	D	4
58304060	8000_Mixed	Spaghetti with meat sauce, diet frozen meal	23	4	B	4
58106540	8000_Mixed	Pizza with pepperoni, from restaurant or fast food, NS as to type of crust	23	2	D	4
58106555	8000_Mixed	Pizza with pepperoni, from restaurant or fast food, medium crust	23	2	D	4
27242300	8000_Mixed	Chicken or turkey and noodles with cream or white sauce	23	3.5	B	4
58104500	8000_Mixed	Chimichanga with meat	23	3.5	C	4
75601010	8000_Mixed	Asparagus soup, cream of, prepared with milk	23	3	C	4
32300100	8000_Mixed	Egg drop soup	23	3	C	4
58304010	8000_Mixed	Spaghetti and meatballs dinner, NFS, frozen meal	23	4	B	4
27564050	8000_Mixed	Frankfurter or hot dog sandwich, NFS, plain, on multigrain bread	23	2	D	4
27564110	8000_Mixed	Frankfurter or hot dog sandwich, beef, plain, on multigrain bread	23	2	D	4
58101635	8000_Mixed	Soft taco with chicken, beans, and sour cream	23	3.5	B	4
58105000	8000_Mixed	Fajita with chicken and vegetables	22	3.5	B	4
58112510	8000_Mixed	Dumpling, steamed, filled with meat, poultry, or seafood	22	3.5	B	4
58134720	8000_Mixed	Tortellini, spinach-filled, no sauce	22	3.5	B	4
58403050	8000_Mixed	Chicken or turkey noodle soup, cream of, home recipe, canned, or ready-to-serve	22	3	C	4
27350100	8000_Mixed	Fish, noodles, and vegetables excluding carrots, broccoli, and dark-green leafy; cheese sauce	22	3.5	B	4
74602050	8000_Mixed	Tomato soup, instant type, prepared with water	22	4	C	4
28315160	8000_Mixed	Italian Wedding Soup	22	4	B	4
58106630	8000_Mixed	Pizza with meat other than pepperoni, from restaurant or fast food, thick crust	22	2	D	4
27120120	8000_Mixed	Sausage gravy	22	3	C	4
58104550	8000_Mixed	Chimichanga with chicken and sour cream	22	3.5	C	4
74604600	8000_Mixed	Tomato noodle soup, canned, prepared with milk	22	3.5	B	4
28355420	8000_Mixed	Shrimp soup, cream of, prepared with milk	22	3	C	4
27221100	8000_Mixed	Stewed pig's feet, Puerto Rican style	22	4	C	4
27113100	8000_Mixed	Beef stroganoff	22	3	C	4
27520360	8000_Mixed	Ham and cheese sandwich, on bun, with lettuce and spread	22	2	D	4
27540111	8000_Mixed	Chicken sandwich, with cheese and spread	22	3.5	C	4
75607040	8000_Mixed	Mushroom soup, with meat broth, prepared with water	22	4	C	4
28355410	8000_Mixed	Shrimp soup, cream of, NS as to prepared with milk or water	22	3	C	4
58106514	8000_Mixed	Pizza with pepperoni, from frozen, medium crust	22	2	D	4
27150060	8000_Mixed	Lobster newburg	22	1.5	D	4
58100145	8000_Mixed	Burrito with meat, beans, and sour cream, from fast food	22	4	B	4
27212400	8000_Mixed	Beef and noodles with mushroom sauce	22	3.5	B	4
58404510	8000_Mixed	Chicken or turkey soup with dumplings and potatoes, home recipe, canned, or ready-to-serve	22	3.5	B	4
28145710	8000_Mixed	Turkey tetrazzini, frozen meal	22	3.5	B	4
27161010	8000_Mixed	Meat loaf, Puerto Rican style	22	1.5	D	4
58404520	8000_Mixed	Chicken or turkey soup with dumplings, home recipe, canned or ready-to-serve	22	3.5	B	4
28340510	8000_Mixed	Chicken or turkey noodle soup, chunky style, canned or ready-to-serve	22	3.5	B	4
58134620	8000_Mixed	Tortellini, cheese-filled, meatless, with tomato sauce	22	4	B	4
27520390	8000_Mixed	Ham and cheese submarine sandwich, with lettuce, tomato and spread	22	3.5	A	4
28160300	8000_Mixed	Meat loaf dinner, NFS, frozen meal	22	4	B	4
28160310	8000_Mixed	Meat loaf with potatoes, vegetable, frozen meal	22	4	B	4
58100020	8000_Mixed	Burrito, taco, or quesadilla with egg, beans, and breakfast meat	22	3	C	4
58107205	8000_Mixed	White pizza, cheese, thin crust	22	2	D	4
58146391	8000_Mixed	Pasta with cream sauce and added vegetables, restaurant	22	3.5	C	4
75649050	8000_Mixed	Vegetable soup, made from dry mix	22	3	C	4
27560000	8000_Mixed	Luncheon meat sandwich, NFS, with spread	22	3.5	A	4
27416200	8000_Mixed	Beef, ground, with egg and onion	22	2	D	3
58106200	8000_Mixed	Pizza, cheese, from frozen, thin crust	22	3.5	C	4
27250820	8000_Mixed	Fish and rice with cream sauce	22	3.5	B	4
58106512	8000_Mixed	Pizza with pepperoni, from frozen, thin crust	22	3.5	C	4
58106325	8000_Mixed	Pizza, cheese, with vegetables, from restaurant or fast food, medium crust	22	3	C	4
58136140	8000_Mixed	Lo mein, with pork	22	3.5	A	4
58106633	8000_Mixed	Pizza, with meat other than pepperoni, stuffed crust	21	2	D	4
58109060	8000_Mixed	Pizza, cheese and vegetables, whole wheat thick crust	21	3.5	A	4
58146411	8000_Mixed	Pasta with cream sauce, meat, and added vegetables, restaurant	21	3.5	C	4
27360010	8000_Mixed	Goulash, NFS	21	3.5	B	4
58200100	8000_Mixed	Wrap sandwich, filled with meat, poultry, or fish, vegetables, and rice	21	3.5	A	4
58150530	8000_Mixed	Adobo, with rice	21	3.5	C	4
58306010	8000_Mixed	Beef enchilada dinner, NFS, frozen meal	21	4	B	4
58101555	8000_Mixed	Soft taco with fish	21	3.5	C	4
27260090	8000_Mixed	Meat loaf made with beef, veal and pork	21	3.5	C	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

58147340	8000_Mixed	Macaroni or noodles, creamed, with cheese and tuna	21	3.5	A	4
75414500	8000_Mixed	Okra, batter-dipped, fried	21	4	A	4
27235750	8000_Mixed	Veal and noodles with cream or white sauce	21	3.5	B	4
58106359	8000_Mixed	Pizza, cheese, with fruit, medium crust	21	3.5	C	4
58133120	8000_Mixed	Manicotti, cheese-filled, with tomato sauce, meatless	21	3	B	4
58146421	8000_Mixed	Pasta with cream sauce and poultry, restaurant	21	3.5	D	4
27260080	8000_Mixed	Meat loaf made with beef and pork	21	3.5	C	4
58133130	8000_Mixed	Manicotti, cheese-filled, with meat sauce	21	3	C	4
27214100	8000_Mixed	Meat loaf made with beef	21	3.5	C	4
27540350	8000_Mixed	Turkey submarine sandwich, with cheese, lettuce, tomato and spread	21	4	A	4
58304300	8000_Mixed	Cannelloni, cheese-filled, with tomato sauce, diet frozen meal	21	3	C	4
58136120	8000_Mixed	Lo mein, meatless	21	4	B	4
58165030	8000_Mixed	Rice, white, with vegetables and gravy, NS as to fat added in cooking	21	4	B	4
58165050	8000_Mixed	Rice, white, with vegetables and gravy, fat added in cooking	21	4	B	4
71801000	8000_Mixed	Potato soup, NS as to made with milk or water	21	3	C	4
58122310	8000_Mixed	Knish, potato	21	3.5	C	4
27540180	8000_Mixed	Chicken patty sandwich or biscuit	21	2	D	4
58136110	8000_Mixed	Lo mein, NFS	21	4	B	4
27520155	8000_Mixed	Bacon, lettuce, and tomato submarine sandwich, with spread	21	4	A	4
58146453	8000_Mixed	Pasta with cream sauce, seafood, and added vegetables, ready-to-heat	21	3	C	4
58400000	8000_Mixed	Soup, NFS	21	3	C	4
58106755	8000_Mixed	Pizza with meat and fruit, medium crust	21	3	C	4
27317110	8000_Mixed	Beef, dumplings, and vegetables excluding carrots, broccoli, and dark-green leafy; gravy	21	3.5	B	4
58101630	8000_Mixed	Soft taco with meat, beans, and sour cream	21	3.5	C	4
27250110	8000_Mixed	Scallops and noodles with cheese sauce	21	3.5	B	4
28143040	8000_Mixed	Chicken chow mein with rice, diet frozen meal	21	4	B	4
75142500	8000_Mixed	Cucumber salad, made with sour cream dressing	21	4	C	4
58106210	8000_Mixed	Pizza, cheese, from restaurant or fast food, NS as to type of crust	21	3.5	C	4
58106225	8000_Mixed	Pizza, cheese, from restaurant or fast food, medium crust	21	3.5	C	4
58134613	8000_Mixed	Tortellini, meat-filled, with tomato sauce, canned	21	4	B	4
75608100	8000_Mixed	Onion soup, French	21	3	C	4
27212200	8000_Mixed	Beef and noodles with gravy	21	3.5	B	4
58137300	8000_Mixed	Adobo, with noodles	21	3.5	C	4
27315020	8000_Mixed	Beef, rice, and vegetables excluding carrots, broccoli, and dark-green leafy; no sauce	21	3.5	B	4
58109030	8000_Mixed	Pizza, with meat, whole wheat thin crust	21	3.5	C	4
27540150	8000_Mixed	Chicken fillet, breaded, fried, sandwich with lettuce, tomato and spread	21	3	C	4
58403010	8000_Mixed	Chicken or turkey noodle soup, canned or ready-to-serve	21	3	C	4
58146452	8000_Mixed	Pasta with cream sauce, seafood, and added vegetables, home recipe	21	3.5	B	4
58200300	8000_Mixed	Wrap sandwich, filled with meat, poultry, or fish, vegetables, rice, and cheese	20	3.5	B	4
27146400	8000_Mixed	Chicken kiev	20	2	D	4
27260010	8000_Mixed	Meat loaf, NS as to type of meat	20	3.5	C	4
27513041	8000_Mixed	Roast beef submarine sandwich, with cheese, lettuce, tomato and spread	20	3.5	C	4
27510000	8000_Mixed	Beef sandwich, NFS	20	3.5	C	4
58163400	8000_Mixed	Flavored rice and pasta mixture, reduced sodium	20	3.5	B	4
27560500	8000_Mixed	Pepperoni and salami submarine sandwich, with lettuce, tomato and spread	20	3.5	C	4
58106233	8000_Mixed	Pizza, cheese, stuffed crust	20	2	D	4
58104340	8000_Mixed	Gordita, sope, or chalupa with chicken	20	3	C	4
27343950	8000_Mixed	Chicken or turkey, noodles, and vegetables including carrots, broccoli, and/or dark-green leafy; cheese sauce	20	3.5	B	4
58131610	8000_Mixed	Ravioli, cheese and spinach filled, with tomato sauce	20	3.5	C	4
58105050	8000_Mixed	Fajita with meat and vegetables	20	3.5	B	4
27560910	8000_Mixed	Cold cut sumarine sandwich, with cheese, lettuce, tomato and spread	20	3	C	4
27520370	8000_Mixed	Hot ham and cheese sandwich, on bun	20	2	D	4
28110000	8000_Mixed	Beef dinner, NFS, frozen meal	20	4	B	4
28110300	8000_Mixed	Salisbury steak dinner, NFS, frozen meal	20	4	B	4
28110310	8000_Mixed	Salisbury steak with gravy, potatoes, vegetable, frozen meal	20	4	B	4
58163450	8000_Mixed	Spanish rice with ground beef	20	3.5	B	4
27142100	8000_Mixed	Chicken or turkey fricassee	20	3.5	B	4
28101000	8000_Mixed	Frozen dinner, NFS	20	4	B	4
58109020	8000_Mixed	Pizza, cheese, whole wheat thick crust	20	3.5	C	4
58100005	8000_Mixed	Burrito, taco, or quesadilla with egg and potato	20	3	C	4
75409020	8000_Mixed	Cauliflower, batter-dipped, fried	20	4	C	4
27560120	8000_Mixed	Bologna and cheese sandwich, with spread	20	1.5	D	4
28340700	8000_Mixed	Bird's nest soup	20	3	C	4
58134120	8000_Mixed	Stuffed shells, cheese-filled, with tomato sauce, meatless	20	3	C	4
58106565	8000_Mixed	Pizza with pepperoni, stuffed crust	20	2	D	4
27212350	8000_Mixed	Beef stroganoff with noodles	20	3.5	B	4
75607020	8000_Mixed	Mushroom soup, cream of, prepared with water	20	3.5	C	4
75657000	8000_Mixed	Vegetable broth, bouillon	20	3	C	4
27520320	8000_Mixed	Ham and cheese sandwich, with lettuce and spread	20	2	D	4
58160560	8000_Mixed	Rice, white, with dark green vegetables, fat not added in cooking	20	3.5	B	4
32202200	8000_Mixed	Egg and cheese on biscuit	20	2	D	4
27520166	8000_Mixed	Bacon, breaded fried chicken fillet, and tomato club sandwich with cheese, lettuce and spread	20	3	D	4
27540300	8000_Mixed	Wrap sandwich filled with broiled chicken strips, cheese, lettuce, and spread	20	3	C	4
27510346	8000_Mixed	Bacon cheeseburger, 1 large patty, with condiments, on bun, from fast food / restaurant	20	3	D	4
27319010	8000_Mixed	Stuffed green pepper, Puerto Rican style	20	4	C	4
28143170	8000_Mixed	Chicken in cream sauce with noodles and vegetable, frozen meal	19	3.5	B	4
58156110	8000_Mixed	Fried rice, Puerto Rican style	19	3	D	4
28110220	8000_Mixed	Sirloin, chopped, with gravy, mashed potatoes, vegetable, frozen meal	19	4	C	4
28140100	8000_Mixed	Chicken dinner, NFS, frozen meal	19	3.5	B	4
58106650	8000_Mixed	Pizza with extra meat, thin crust	19	2	D	4
58145111	8000_Mixed	Macaroni or noodles with cheese, from restaurant	19	3	C	4
58131320	8000_Mixed	Ravioli, meat-filled, with tomato sauce or meat sauce	19	3.5	C	4
27520350	8000_Mixed	Ham and cheese sandwich, with spread, grilled	19	1.5	D	4
27510389	8000_Mixed	Double cheeseburger, 2 small patties, with condiments, on bun, from fast food / restaurant (McDonald's Big Mac)	19	2	D	4
58404040	8000_Mixed	Chicken or turkey rice soup, reduced sodium, canned, prepared with water or ready-to-serve	19	3.5	B	4
28140740	8000_Mixed	Chicken patty or nuggets, boneless, breaded, with pasta and tomato sauce, fruit, dessert, frozen meal	19	3.5	C	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

28110620	8000_Mixed	Beef short ribs, boneless, with barbecue sauce, potatoes, vegetable, frozen meal	19	4.5	A	4
58421060	8000_Mixed	Sopa seca de arroz, home recipe, Mexican style	19	3.5	C	4
58100235	8000_Mixed	Burrito with chicken and sour cream	19	2	D	4
27220010	8000_Mixed	Meat loaf made with ham	19	2	D	4
27113000	8000_Mixed	Beef with cream or white sauce	19	4	C	4
58125110	8000_Mixed	Quiche with meat, poultry or fish	19	1	E	4
58146401	8000_Mixed	Pasta with cream sauce and meat, restaurant	19	2	D	4
27520156	8000_Mixed	Bacon, lettuce, tomato, and cheese submarine sandwich, with spread	19	3.5	D	4
27343960	8000_Mixed	Chicken or turkey, noodles, and vegetables excluding carrots, broccoli, and dark-green leafy; cheese sauce	19	3.5	B	4
58134610	8000_Mixed	Tortellini, meat-filled, with tomato sauce	19	3	C	4
58146120	8000_Mixed	Pasta with tomato-based sauce, cheese and meat	19	3.5	B	4
58109040	8000_Mixed	Pizza, with meat, whole wheat thick crust	19	3.5	C	4
58146381	8000_Mixed	Pasta with cream sauce, restaurant	19	2	D	4
58125180	8000_Mixed	Cheese quiche, meatless	19	1	D	4
58100015	8000_Mixed	Burrito, taco, or quesadilla with egg, potato, and breakfast meat	19	2	D	4
28110390	8000_Mixed	Salisbury steak, potatoes, vegetable, dessert, diet frozen meal	19	4.5	B	4
58100200	8000_Mixed	Burrito with chicken	19	2	D	4
58105075	8000_Mixed	Fajita with vegetables	19	4	C	4
27162500	8000_Mixed	Stewed, seasoned, ground beef and pork, Mexican style	19	4	B	4
52204000	8000_Mixed	Cornbread stuffing	19	3	C	4
27160100	8000_Mixed	Meatballs, NS as to type of meat, with sauce	19	2	D	3
28320130	8000_Mixed	Ham, rice, and potato soup, Puerto Rican style	19	4	B	4
58135110	8000_Mixed	Chow fun noodles with meat and vegetables	19	4.5	A	4
75601020	8000_Mixed	Asparagus soup, cream of, prepared with water	19	4	C	4
58151450	8000_Mixed	Sushi, topped with egg	19	3.5	B	4
58122330	8000_Mixed	Knish, meat	19	2	D	4
58165060	8000_Mixed	Rice, white, with vegetables, soy-based sauce, NS as to fat added in cooking	19	4	C	4
58165080	8000_Mixed	Rice, white, with vegetables, soy-based sauce, fat added in cooking	19	4	C	4
58145140	8000_Mixed	Macaroni or noodles with cheese and tomato	19	4	B	4
75607000	8000_Mixed	Mushroom soup, NFS	19	3.5	C	4
27220310	8000_Mixed	Ham or pork and rice, no sauce	19	3.5	B	4
27320030	8000_Mixed	Ham or pork, noodles and vegetables excluding carrots, broccoli, and dark-green leafy; cheese sauce	19	3.5	B	4
27420200	8000_Mixed	Pork hash	19	3	D	4
32204010	8000_Mixed	Scrambled egg sandwich	18	3.5	B	4
27564363	8000_Mixed	Frankfurter or hot dog sandwich, fat free, plain, on whole grain white bun	18	3.5	C	4
27120080	8000_Mixed	Ham stroganoff	18	3.5	D	4
58163405	8000_Mixed	Spanish rice, from restaurant	18	3.5	C	4
27541000	8000_Mixed	Turkey, ham, and roast beef club sandwich, with lettuce, tomato and spread	18	3.5	C	4
58104320	8000_Mixed	Gordita, sope, or chalupa with chicken and sour cream	18	3	C	4
58104745	8000_Mixed	Quesadilla with chicken, from fast food	18	1.5	D	4
73211110	8000_Mixed	Sweet potato and pumpkin casserole, Puerto Rican style	18	3.5	C	4
27212000	8000_Mixed	Beef and noodles, no sauce	18	3.5	B	4
75607090	8000_Mixed	Mushroom soup, cream of, canned, reduced sodium, NS as to made with milk or water	18	4	B	4
75607140	8000_Mixed	Mushroom soup, cream of, canned, reduced sodium, prepared with water	18	4	B	4
58131120	8000_Mixed	Ravioli, NS as to filling, with cream sauce	18	3.5	B	4
58104290	8000_Mixed	Gordita, sope, or chalupa with meat	18	3	C	4
58106550	8000_Mixed	Pizza with pepperoni, from restaurant or fast food, thin crust	18	1.5	D	4
58404500	8000_Mixed	Matzo ball soup	18	3.5	B	4
27510266	8000_Mixed	Cheeseburger, 1 large patty, with condiments, on bun, from fast food / restaurant	18	3	D	4
27330080	8000_Mixed	Lamb or mutton, rice, and vegetables including carrots, broccoli, and/or dark-green leafy; gravy	18	3.5	B	4
58106620	8000_Mixed	Pizza with meat other than pepperoni, from restaurant or fast food, thin crust	18	1.5	D	4
27260050	8000_Mixed	Meatballs, with breading, NS as to type of meat, with gravy	18	3.5	C	4
14710100	8000_Mixed	Cheddar cheese soup, home recipe, canned or ready-to-serve	18	3	C	4
28110370	8000_Mixed	Salisbury steak with gravy, macaroni and cheese, vegetable, frozen meal	18	3	C	4
58100125	8000_Mixed	Burrito with meat and beans, from fast food	18	3.5	B	4
58145170	8000_Mixed	Macaroni or noodles with cheese and egg	18	3	C	4
27564503	8000_Mixed	Frankfurter or hot dog sandwich, with meatless chili, on whole grain white bun	18	3	C	4
28133340	8000_Mixed	Veal parmigiana with vegetable, fettuccine alfredo, dessert, frozen meal	18	4	C	4
75410550	8000_Mixed	Jalapeno pepper, stuffed with cheese, breaded or battered, fried	18	3.5	C	4
28355430	8000_Mixed	Shrimp soup, cream of, prepared with water	18	3	C	4
27510451	8000_Mixed	Double bacon cheeseburger, 2 medium patties, with condiments, on bun, from fast food / restaurant	18	2	D	4
27510465	8000_Mixed	Double bacon cheeseburger, 2 medium patties, with condiments, on bun, from fast food / restaurant (Wendy's Ba	18	2	D	4
28141010	8000_Mixed	Chicken, fried, with potatoes, vegetable, dessert, frozen meal, large meat portion	18	4	C	4
27111500	8000_Mixed	Beef sloppy joe, no bun	18	3.5	C	4
27212300	8000_Mixed	Beef and noodles with cream or white sauce	18	3.5	B	4
27540130	8000_Mixed	Chicken barbecue sandwich	18	4	B	4
58101520	8000_Mixed	Taco or tostada with chicken	18	3	C	4
58200200	8000_Mixed	Wrap sandwich, filled with vegetables and rice	18	4	B	4
27213400	8000_Mixed	Beef and rice with mushroom sauce	18	3.5	B	4
14710200	8000_Mixed	Beer cheese soup, made with milk	18	2	D	4
27510431	8000_Mixed	Double bacon cheeseburger, 2 small patties, with condiments, on bun, from fast food / restaurant (Burger King Ba	18	2	D	4
58108000	8000_Mixed	Calzone, with cheese, meatless	17	1.5	E	4
58200250	8000_Mixed	Wrap sandwich, filled with vegetables	17	4	C	4
28140250	8000_Mixed	Chicken, boneless, with gravy, dressing, rice, vegetable, dessert, frozen meal	17	3.5	A	4
27510705	8000_Mixed	Chiliburger, with or without cheese, on bun	17	3.5	C	4
75418030	8000_Mixed	Squash, summer, casserole, with rice and tomato sauce	17	4.5	B	4
28317010	8000_Mixed	Beef stroganoff soup, chunky style, home recipe, canned or ready-to-serve	17	3.5	C	4
27510667	8000_Mixed	Double hamburger, 2 small patties, with condiments, on bun, from fast food / restaurant	17	3.5	C	4
58120120	8000_Mixed	Crepe, filled with meat, poultry, or seafood, no sauce	17	3	C	4
27235000	8000_Mixed	Meat loaf made with venison/deer	17	3.5	C	4
58145135	8000_Mixed	Macaroni or noodles with cheese and meat	17	3.5	C	4
58131520	8000_Mixed	Ravioli, cheese-filled, with tomato sauce	17	4	B	4
58104280	8000_Mixed	Gordita, sope, or chalupa with meat and sour cream	17	3	C	4
58160440	8000_Mixed	Rice, white, with peas, fat not added in cooking	17	4	A	4
27220020	8000_Mixed	Ham and noodles with cream or white sauce	17	3	C	4
58126150	8000_Mixed	Turnover, meat- and cheese-filled, tomato-based sauce	17	3	C	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

58131110	8000_Mixed	Ravioli, NS as to filling, with tomato sauce	17	3	B	4
58160000	8000_Mixed	Biryani with vegetables	17	4.5	B	4
14640000	8000_Mixed	Cheese sandwich, NFS	17	1.5	D	4
14640002	8000_Mixed	Cheese sandwich, American cheese, on white bread, no spread	17	1.5	D	4
14640050	8000_Mixed	Cheese sandwich, American cheese, on white bread, with butter	17	1	E	4
27112010	8000_Mixed	Salisbury steak with gravy	17	3	C	4
27520140	8000_Mixed	Bacon and egg sandwich	17	3.5	C	4
58404100	8000_Mixed	Rice and potato soup, Puerto Rican style	17	4	C	4
58107050	8000_Mixed	Pizza, no cheese, thin crust	17	3	D	4
27515010	8000_Mixed	Steak sandwich, plain, on roll	17	4	B	4
32202034	8000_Mixed	Egg, cheese, and sausage on bun	17	2	D	4
27510585	8000_Mixed	Hamburger, 1 small patty, with condiments, on white bun	17	3.5	C	4
27510231	8000_Mixed	Cheeseburger, 1 medium patty, with condiments, on bun, from fast food / restaurant (Burger King WHOPPER with	17	2	D	4
27510233	8000_Mixed	Cheeseburger, 1 medium patty, with condiments, on bun, from fast food / restaurant (Wendy's 1/4 lb Single with	17	2	D	4
27510446	8000_Mixed	Double bacon cheeseburger, 2 medium patties, plain, on bun, from fast food / restaurant	17	2	D	4
27564303	8000_Mixed	Frankfurter or hot dog sandwich, reduced fat or light, plain, on whole grain white bun	17	3	C	4
58146442	8000_Mixed	Pasta with cream sauce and seafood, home recipe	17	3	B	4
27510341	8000_Mixed	Bacon cheeseburger, 1 medium patty, with condiments, on white bun	17	2	D	4
28143210	8000_Mixed	Chicken in orange sauce with almond rice, diet frozen meal	17	4	B	4
27520410	8000_Mixed	Cuban sandwich, with spread	17	3.5	C	4
28110340	8000_Mixed	Salisbury steak with gravy, potatoes, vegetable, soup or macaroni and cheese, dessert, frozen meal	17	4	B	4
27564443	8000_Mixed	Frankfurter or hot dog sandwich, with chili, on whole grain white bun	17	3	C	4
58400200	8000_Mixed	Rice soup, NFS	17	3	C	4
58404010	8000_Mixed	Chicken or turkey rice soup, canned, or ready-to-serve	17	3	C	4
58122320	8000_Mixed	Knish, cheese	17	2	D	4
58150520	8000_Mixed	Dukboki or Tteokbokki, Korean	17	3.5	B	4
27130050	8000_Mixed	Lamb or mutton goulash	17	4	B	4
27317010	8000_Mixed	Beef pot pie	17	3	C	4
27540151	8000_Mixed	Chicken fillet, breaded, fried, sandwich with cheese, lettuce, tomato and spread	17	2	D	4
58162310	8000_Mixed	Rice pilaf	17	3	C	4
58101525	8000_Mixed	Taco or tostada with chicken and sour cream	17	3	C	4
58146443	8000_Mixed	Pasta with cream sauce and seafood, ready-to-heat	17	3.5	C	4
14640100	8000_Mixed	Grilled cheese sandwich, NFS	17	1	E	4
14640105	8000_Mixed	Grilled cheese sandwich, American cheese, on white bread	17	1	E	4
58157300	8000_Mixed	Congee, with meat, poultry, and/or seafood	16	3.5	A	4
58133110	8000_Mixed	Manicotti, cheese-filled, no sauce	16	3	D	4
14640062	8000_Mixed	Cheese sandwich, reduced fat American cheese, on white bread, with butter	16	1.5	D	4
58160620	8000_Mixed	Rice, white, with dark green vegetables and tomatoes and/or tomato-based sauce, fat not added in cooking	16	4	B	4
58106725	8000_Mixed	Pizza with meat and vegetables, from restaurant or fast food, medium crust	16	3.5	C	4
27330050	8000_Mixed	Lamb or mutton, rice, and vegetables excluding carrots, broccoli, and dark-green leafy; gravy	16	3.5	B	4
58101320	8000_Mixed	Taco or tostada with meat	16	2	D	4
58145110	8000_Mixed	Macaroni or noodles with cheese	16	3	C	4
58147510	8000_Mixed	Flavored pasta	16	3.5	B	4
32202050	8000_Mixed	Egg, cheese, and sausage on biscuit	16	1.5	D	4
27420470	8000_Mixed	Sausage and peppers, no sauce	16	2	D	4
58100135	8000_Mixed	Burrito with meat and sour cream	16	2	D	4
58151170	8000_Mixed	Sushi roll, avocado	16	3	C	3
58151230	8000_Mixed	Sushi roll, vegetable	16	3	C	3
58302000	8000_Mixed	Macaroni and cheese, diet frozen meal	16	3.5	B	4
27510521	8000_Mixed	Hamburger, NFS	16	3.5	C	4
27510641	8000_Mixed	Hamburger, 1 medium patty, with condiments, on white bun	16	3.5	C	4
27564243	8000_Mixed	Frankfurter or hot dog sandwich, chicken and/or turkey, plain, on whole grain white bun	16	2	D	4
58124500	8000_Mixed	Pastry, filled with potatoes and peas, fried	16	2	D	4
27564361	8000_Mixed	Frankfurter or hot dog sandwich, fat free, plain, on wheat bun	16	3.5	B	4
58101733	8000_Mixed	Taco or tostada with meat and beans, from fast food	16	3.5	B	4
27242310	8000_Mixed	Chicken or turkey and noodles with cheese sauce	16	3.5	B	4
58109210	8000_Mixed	Breakfast pizza with egg	16	2	D	4
58107232	8000_Mixed	White pizza, cheese, with meat and vegetables, thin crust	16	2	D	4
75418220	8000_Mixed	Creamed christophine, Puerto Rican style	16	3.5	C	4
73304010	8000_Mixed	Squash fritter or cake	16	3	C	4
14640020	8000_Mixed	Cheese sandwich, reduced fat Cheddar cheese, on white bread, no spread	16	2	D	4
27213000	8000_Mixed	Beef and rice, no sauce	16	3.5	B	4
27135150	8000_Mixed	Veal cordon bleu	16	2	D	4
14640155	8000_Mixed	Grilled cheese sandwich, reduced fat American cheese, on white bread	16	1.5	D	4
27515070	8000_Mixed	Steak and cheese submarine sandwich, with fried peppers and onions, on roll	16	3.5	B	4
58100100	8000_Mixed	Burrito with meat	16	2	D	4
14640068	8000_Mixed	Cheese sandwich, reduced fat Cheddar cheese, on white bread, with butter	16	1.5	D	4
27564501	8000_Mixed	Frankfurter or hot dog sandwich, with meatless chili, on wheat bun	16	3	C	4
58101450	8000_Mixed	Soft taco with chicken	16	3	C	4
27120030	8000_Mixed	Ham or pork with barbecue sauce	16	3.5	D	4
58161710	8000_Mixed	Rice croquette	16	3.5	C	4
27515050	8000_Mixed	Fajita-style beef sandwich with cheese, on pita bread, with lettuce and tomato	16	3.5	B	4
75418000	8000_Mixed	Squash, summer, yellow or green, breaded or battered, baked	16	4.5	A	4
27500300	8000_Mixed	Wrap sandwich, filled with meat, poultry, or fish, and vegetables	16	3.5	C	4
27118140	8000_Mixed	Stuffed pot roast, Puerto Rican style, NFS	16	1.5	D	4
58155110	8000_Mixed	Rice with chicken, Puerto Rican style	16	2	D	4
27520110	8000_Mixed	Bacon sandwich, with spread	16	1.5	D	4
58304020	8000_Mixed	Spaghetti and meatballs with tomato sauce, sliced apples, bread, frozen meal	16	3.5	C	4
58160650	8000_Mixed	Rice, white, with carrots and dark green vegetables, fat not added in cooking	16	3.5	B	4
27220190	8000_Mixed	Sausage and noodles with cream or white sauce	16	3	C	4
27510205	8000_Mixed	Cheeseburger, 1 small patty, with condiments, on white bun	15	3	C	4
27510401	8000_Mixed	Double cheeseburger, 2 medium patties, plain, on bun, from fast food / restaurant	15	2	D	4
58101325	8000_Mixed	Taco or tostada with meat and sour cream	15	3.5	C	4
27564123	8000_Mixed	Frankfurter or hot dog sandwich, beef and pork, plain, on whole grain white bun	15	2	D	4
27510281	8000_Mixed	Bacon cheeseburger, 1 small patty, with condiments, on bun, from fast food / restaurant (Wendy's Jr. Bacon Chee	15	2	D	4
27564520	8000_Mixed	Frankfurter or hot dog sandwich, with meatless chili, on wheat bread	15	3.5	C	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

32202040	8000_Mixed	Egg, cheese, and beef on English Muffin	15	2	D	4
27520540	8000_Mixed	Ham and tomato club sandwich, with lettuce and spread	15	3	D	4
32202025	8000_Mixed	Egg, cheese and ham on bagel	15	2	D	4
58105105	8000_Mixed	Pupusa, bean-filled	15	3.5	A	4
27560720	8000_Mixed	Sausage and spaghetti sauce sandwich	15	2	D	4
27515000	8000_Mixed	Steak submarine sandwich with lettuce and tomato	15	4	B	4
27510671	8000_Mixed	Double hamburger, 2 medium patties, plain, on bun, from fast food / restaurant	15	3	D	4
14640014	8000_Mixed	Cheese sandwich, reduced fat American cheese, on white bread, no spread	15	2	D	4
58163420	8000_Mixed	Spanish rice, fat not added in cooking	15	4	B	4
28110640	8000_Mixed	Meatballs, Swedish, in sauce, with noodles, frozen meal	15	3	C	4
58134110	8000_Mixed	Stuffed shells, cheese-filled, no sauce	15	3	C	4
27520300	8000_Mixed	Ham sandwich, with spread	15	2	D	4
14640185	8000_Mixed	Grilled cheese sandwich, reduced fat Cheddar cheese, on white bread	15	1.5	D	4
28141600	8000_Mixed	Chicken a la king with rice, frozen meal	15	3	C	4
58130013	8000_Mixed	Lasagna with meat, canned	15	3.5	B	4
58131323	8000_Mixed	Ravioli, meat-filled, with tomato sauce or meat sauce, canned	15	3.5	B	4
58100360	8000_Mixed	Chilaquiles, tortilla casserole with salsa, cheese, and egg	15	3.5	C	4
58146433	8000_Mixed	Pasta with cream sauce, poultry, and added vegetables, ready-to-heat	15	3	C	4
58107222	8000_Mixed	White pizza, cheese, with meat, thin crust	15	2	D	4
27500200	8000_Mixed	Wrap sandwich, filled with meat, poultry, or fish, vegetables, and cheese	15	3	D	4
27510171	8000_Mixed	Cheeseburger, 1 small patty, with condiments, on bun, from fast food / restaurant (Burger King WHOPPER Jr. with	15	3	C	4
27510175	8000_Mixed	Cheeseburger, 1 small patty, with condiments, on bun, from fast food / restaurant (Wendy's Jr. Cheeseburger Del	15	3	C	4
58128000	8000_Mixed	Biscuit with gravy	15	3	C	4
27515030	8000_Mixed	Steak and cheese sandwich, plain, on roll	15	3	D	4
27510552	8000_Mixed	Hamburger, 1 small patty, with condiments, on bun, from fast food / restaurant (Burger King WHOPPER Jr.)	15	3.5	B	4
58161200	8000_Mixed	Rice, cooked with coconut milk	15	1.5	D	4
27510155	8000_Mixed	Cheeseburger, NFS	15	3	D	4
27510251	8000_Mixed	Cheeseburger, 1 medium patty, with condiments, on white bun	15	3	D	4
27120210	8000_Mixed	Frankfurter or hot dog, with chili, no bun	15	2	D	4
27564183	8000_Mixed	Frankfurter or hot dog sandwich, meat and poultry, plain, on whole grain white bun	15	2	D	4
58100000	8000_Mixed	Burrito, taco, or quesadilla with egg	15	3	D	4
58165000	8000_Mixed	Rice, white, with vegetables, cheese and/or cream based sauce, NS as to fat added in cooking	15	3.5	B	4
58165020	8000_Mixed	Rice, white, with vegetables, cheese and/or cream based sauce, fat added in cooking	15	3.5	B	4
58107100	8000_Mixed	Pizza, no cheese, thick crust	15	3	C	4
27510700	8000_Mixed	Meatball and spaghetti sauce submarine sandwich	15	3.5	C	4
58131590	8000_Mixed	Ravioli, cheese and spinach-filled, no sauce	15	3	C	4
58131330	8000_Mixed	Ravioli, meat-filled, with cream sauce	15	3	C	4
58107214	8000_Mixed	White pizza, cheese, with vegetables, thick crust	15	3.5	C	4
27213200	8000_Mixed	Beef and rice with gravy	15	3.5	B	4
58306020	8000_Mixed	Beef enchilada, chili gravy, rice, refried beans, frozen meal	15	4	B	4
27564441	8000_Mixed	Frankfurter or hot dog sandwich, with chili, on wheat bun	15	3	C	4
27564442	8000_Mixed	Frankfurter or hot dog sandwich, with chili, on whole wheat bun	15	3	C	4
75604020	8000_Mixed	Corn soup, cream of, prepared with water	15	4	B	4
27220030	8000_Mixed	Ham and rice with mushroom sauce	14	3	C	4
58100010	8000_Mixed	Burrito, taco, or quesadilla with egg and breakfast meat	14	2	D	4
27520330	8000_Mixed	Ham and egg sandwich	14	3.5	C	4
27520520	8000_Mixed	Pork sandwich	14	4	B	4
75414030	8000_Mixed	Mushrooms, batter-dipped, fried	14	4	B	4
32202130	8000_Mixed	Egg and steak on biscuit	14	2	D	4
58105100	8000_Mixed	Pupusa, cheese-filled	14	3.5	C	4
14640056	8000_Mixed	Cheese sandwich, Cheddar cheese, on white bread, with butter	14	1.5	E	4
58160470	8000_Mixed	Rice, white, with carrots, fat not added in cooking	14	4	B	4
58134640	8000_Mixed	Tortellini, cheese-filled, meatless, with vinaigrette dressing	14	3.5	D	4
27233000	8000_Mixed	Lamb or mutton and noodles with gravy	14	3.5	B	4
27564460	8000_Mixed	Frankfurter or hot dog sandwich, with chili, on wheat bread	14	3.5	C	4
27510312	8000_Mixed	Bacon cheeseburger, 1 medium patty, with condiments, on bun, from fast food / restaurant	14	1.5	D	4
58134650	8000_Mixed	Tortellini, meat-filled, no sauce	14	3.5	C	4
27540210	8000_Mixed	Wrap sandwich filled with breaded fried chicken strips, cheese, lettuce, and spread	14	3	D	4
58134680	8000_Mixed	Tortellini, cheese-filled, no sauce	14	4	A	4
58101460	8000_Mixed	Soft taco with chicken and sour cream	14	3	C	4
58160590	8000_Mixed	Rice, white, with carrots and tomatoes and/or tomato-based sauce, fat not added in cooking	14	4	B	4
58104740	8000_Mixed	Quesadilla with chicken	14	1.5	D	4
58126280	8000_Mixed	Turnover, chicken- or turkey-, and vegetable-filled, lower in fat	14	3.5	A	4
58116130	8000_Mixed	Empanada, Mexican turnover, filled with chicken and vegetables	14	3	C	4
58160680	8000_Mixed	Rice, white, with carrots, dark green vegetables, and tomatoes and/or tomato-based sauce, fat not added in cooki	14	4	B	4
58107234	8000_Mixed	White pizza, cheese, with meat and vegetables, thick crust	14	2	D	4
28140320	8000_Mixed	Chicken and noodles with vegetable, dessert, frozen meal	14	3.5	C	4
27520380	8000_Mixed	Ham and cheese on English muffin	14	1.5	D	4
58145112	8000_Mixed	Macaroni or noodles with cheese, made from packaged mix	14	3	C	4
14640008	8000_Mixed	Cheese sandwich, Cheddar cheese, on white bread, no spread	14	1.5	D	4
14640125	8000_Mixed	Grilled cheese sandwich, Cheddar cheese, on white bread	14	1.5	E	4
58104770	8000_Mixed	Quesadilla with vegetables and chicken	14	2	D	4
58101345	8000_Mixed	Soft taco with meat	14	3.5	D	4
27213120	8000_Mixed	Porcupine balls with tomato-based sauce	14	3.5	C	4
27540200	8000_Mixed	Fajita-style chicken sandwich with cheese, on pita bread, with lettuce and tomato	14	3.5	C	4
58106610	8000_Mixed	Pizza with meat other than pepperoni, from restaurant or fast food, NS as to type of crust	14	2	D	4
58106625	8000_Mixed	Pizza with meat other than pepperoni, from restaurant or fast food, medium crust	14	2	D	4
27564380	8000_Mixed	Frankfurter or hot dog sandwich, fat free, plain, on wheat bread	14	3.5	C	4
27212050	8000_Mixed	Beef and macaroni with cheese sauce	14	3.5	B	4
27515040	8000_Mixed	Steak and cheese submarine sandwich, plain, on roll	14	3.5	D	4
58104760	8000_Mixed	Quesadilla with vegetables and meat	14	2	D	4
58164210	8000_Mixed	Rice dessert or salad with fruit	14	3.5	C	4
58104730	8000_Mixed	Quesadilla with meat	14	1.5	D	4
27515080	8000_Mixed	Steak sandwich, plain, on biscuit	14	3	C	4
28140710	8000_Mixed	Chicken, fried, with potatoes, vegetable, frozen meal	14	4	C	4
58127500	8000_Mixed	Vegetable submarine sandwich, with fat free spread	14	4	B	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

27116350	8000_Mixed	Stewed seasoned ground beef, Mexican style	14	3.5	C	4
27510261	8000_Mixed	Cheeseburger, 1 large patty, plain, on bun, from fast food / restaurant	14	2	D	4
58104720	8000_Mixed	Quesadilla, just cheese, from fast food	14	1.5	D	4
58160530	8000_Mixed	Rice, white, with tomatoes and/or tomato-based sauce, fat not added in cooking	13	4	B	4
27564301	8000_Mixed	Frankfurter or hot dog sandwich, reduced fat or light, plain, on wheat bun	13	3.5	C	4
58145119	8000_Mixed	Macaroni or noodles with cheese, made from reduced fat packaged mix	13	3.5	B	4
28345010	8000_Mixed	Chicken or turkey soup, cream of, canned, reduced sodium, NS as to made with milk or water	13	3.5	B	4
28345030	8000_Mixed	Chicken or turkey soup, cream of, canned, reduced sodium, made with water	13	3.5	B	4
58104750	8000_Mixed	Quesadilla with vegetables	13	2	D	4
27564241	8000_Mixed	Frankfurter or hot dog sandwich, chicken and/or turkey, plain, on wheat bun	13	2	D	4
58146432	8000_Mixed	Pasta with cream sauce, poultry, and added vegetables, home recipe	13	3.5	B	4
27520310	8000_Mixed	Ham sandwich with lettuce and spread	13	3	C	4
27345440	8000_Mixed	Chicken or turkey, rice, and vegetables including carrots, broccoli, and/or dark-green leafy; cheese sauce	13	3.5	B	4
27510371	8000_Mixed	Double cheeseburger, 2 small patties, plain, on bun, from fast food / restaurant	13	2	D	4
27116200	8000_Mixed	Beef with barbecue sauce	13	3.5	C	4
27510145	8000_Mixed	Cheeseburger, 1 miniature patty, with condiments, on miniature bun, from fast food / restaurant	13	2	D	4
27517000	8000_Mixed	Wrap sandwich filled with beef patty, cheese and spread and/or sauce	13	2	D	4
27513050	8000_Mixed	Roast beef sandwich with cheese	13	1.5	D	4
58108010	8000_Mixed	Calzone, with meat and cheese	13	2	D	4
58126140	8000_Mixed	Turnover, meat- and bean-filled, no gravy	13	2	D	4
27510331	8000_Mixed	Bacon cheeseburger, 1 medium patty, plain, on white bun	13	2	D	4
32202035	8000_Mixed	Egg, extra cheese, and extra sausage, on bun	13	1.5	D	4
58407010	8000_Mixed	Instant soup, noodle	13	3.5	B	4
58106705	8000_Mixed	Pizza with meat and vegetables, from frozen, thick crust	13	2	D	4
58101350	8000_Mixed	Soft taco with meat and sour cream	13	3	C	4
58107224	8000_Mixed	White pizza, cheese, with meat, thick crust	13	2	D	4
27510486	8000_Mixed	Triple cheeseburger, 3 medium patties, with condiments, on bun, from fast food / restaurant	13	2	D	4
58131535	8000_Mixed	Ravioli, cheese-filled, with cream sauce	13	3	C	4
27510506	8000_Mixed	Hamburger, 1 miniature patty, with condiments, on miniature bun, from fast food / restaurant	13	3.5	C	4
58145113	8000_Mixed	Macaroni or noodles with cheese, canned	13	3.5	B	4
27515020	8000_Mixed	Steak and cheese submarine sandwich, with lettuce and tomato	13	3.5	B	4
58104535	8000_Mixed	Chimichanga with meat and sour cream	13	2	D	4
27510235	8000_Mixed	Cheeseburger submarine sandwich with lettuce, tomato and spread	13	3.5	B	4
58146413	8000_Mixed	Pasta with cream sauce, meat, and added vegetables, ready-to-heat	13	3	C	4
27560410	8000_Mixed	Puerto Rican sandwich	13	1.5	D	4
58155810	8000_Mixed	Stewed rice, Puerto Rican style	13	3.5	C	4
27564003	8000_Mixed	Frankfurter or hot dog sandwich, NFS, plain, on whole grain white bun	13	1.5	D	4
27564063	8000_Mixed	Frankfurter or hot dog sandwich, beef, plain, on whole grain white bun	13	1.5	D	4
58101457	8000_Mixed	Soft taco with chicken, from fast food	13	3.5	C	4
27113300	8000_Mixed	Swedish meatballs with cream or white sauce	13	3	D	4
27510631	8000_Mixed	Hamburger, 1 medium patty, plain, on white bun	13	3.5	D	4
27230010	8000_Mixed	Lamb or mutton loaf	13	3	D	4
58126310	8000_Mixed	Turnover, chicken, with gravy	13	3	D	4
27560705	8000_Mixed	Sausage balls, made with biscuit mix and cheese	13	0.5	E	4
58107207	8000_Mixed	White pizza, cheese, thick crust	13	3	C	4
58145117	8000_Mixed	Macaroni or noodles with cheese, Easy Mac type	13	3.5	B	4
27510305	8000_Mixed	Bacon cheeseburger, 1 medium patty, plain, on bun, from fast food / restaurant	12	1.5	D	4
27510606	8000_Mixed	Hamburger, 1 medium patty, with condiments, on bun, from fast food / restaurant	12	3.5	C	4
27510575	8000_Mixed	Hamburger, 1 small patty, plain, on white bun	12	3.5	C	4
58101323	8000_Mixed	Taco or tostada with meat, from fast food	12	3.5	B	4
27320020	8000_Mixed	Ham pot pie	12	3	C	4
58100370	8000_Mixed	Chilaquiles, tortilla casserole with salsa and cheese, no egg	12	3.5	C	4
58164110	8000_Mixed	Rice with raisins	12	3	C	4
27220120	8000_Mixed	Sausage and rice with tomato-based sauce	12	3	C	4
27510241	8000_Mixed	Cheeseburger, 1 medium patty, plain, on white bun	12	2	D	4
27510661	8000_Mixed	Double hamburger, 2 small patties, plain, on bun, from fast food / restaurant	12	3	D	4
27564504	8000_Mixed	Frankfurter or hot dog sandwich, with meatless chili, on multigrain bun	12	3	C	4
58160500	8000_Mixed	Rice, white, with peas and carrots, fat not added in cooking	12	4	B	4
27560510	8000_Mixed	Salami sandwich, with spread	12	2	D	4
74203010	8000_Mixed	Tomatoes, NS as to form, scalloped	12	4	C	4
58126180	8000_Mixed	Turnover, meat-, potato-, and vegetable-filled, no gravy	12	3	C	4
32202000	8000_Mixed	Egg, cheese, ham, and bacon on bun	12	1.5	D	4
51182010	8000_Mixed	Bread stuffing	12	3.5	C	4
58116120	8000_Mixed	Empanada, Mexican turnover, filled with meat and vegetables	12	3.5	D	4
58126170	8000_Mixed	Turnover filled with meat and vegetable, no potatoes, no gravy	12	3	C	4
27345450	8000_Mixed	Chicken or turkey, rice, and vegetables excluding carrots, broccoli, and dark-green leafy; cheese sauce	12	3.5	B	4
27513060	8000_Mixed	Roast beef sandwich with bacon and cheese sauce	12	1.5	D	4
71801020	8000_Mixed	Potato soup, prepared with water	12	4	C	4
27243700	8000_Mixed	Chicken in cheese sauce with Spanish rice	12	3.5	C	4
58104710	8000_Mixed	Quesadilla, just cheese, meatless	12	1.5	D	4
27510195	8000_Mixed	Cheeseburger, 1 small patty, plain, on white bun	12	2	D	4
27510475	8000_Mixed	Double bacon cheeseburger, 2 large patties, with condiments, on bun, from fast food / restaurant	12	1.5	D	4
27213420	8000_Mixed	Porcupine balls with mushroom sauce	12	3	C	4
58131530	8000_Mixed	Ravioli, cheese-filled, with meat sauce	12	3	C	4
27513020	8000_Mixed	Roast beef sandwich, with gravy	12	3	C	4
27510225	8000_Mixed	Cheeseburger, 1 medium patty, with condiments, on bun, from fast food / restaurant	12	2	D	4
27510232	8000_Mixed	Cheeseburger, 1 medium patty, with condiments, on bun, from fast food / restaurant (McDonald's Quarter Pound	12	2	D	4
58164530	8000_Mixed	Rice, white, with gravy, NS as to fat added in cooking	12	3	C	4
58164550	8000_Mixed	Rice, white, with gravy, fat added in cooking	12	3	C	4
58103310	8000_Mixed	Tamale casserole with meat	12	3.5	B	4
58310210	8000_Mixed	Sausage and french toast, frozen meal	12	3	C	4
27211400	8000_Mixed	Corned beef hash	12	3.5	C	4
27214500	8000_Mixed	Corned beef patty	12	3.5	C	4
27260110	8000_Mixed	Hash, NS as to type of meat	12	3.5	C	4
27513070	8000_Mixed	Roast beef submarine sandwich, on roll, au jus	11	3.5	C	4
27315330	8000_Mixed	Beef, rice, and vegetables including carrots, broccoli, and/or dark-green leafy; cheese sauce	11	3.5	B	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

27213300	8000_Mixed	Beef and rice with cream sauce	11	3.5	B	4
27510531	8000_Mixed	Hamburger, 1 small patty, plain, on bun, from fast food / restaurant	11	3.5	C	4
27510601	8000_Mixed	Hamburger, 1 medium patty, plain, on bun, from fast food / restaurant	11	3.5	C	4
27510215	8000_Mixed	Cheeseburger, 1 medium patty, plain, on bun, from fast food / restaurant	11	2	D	4
27564260	8000_Mixed	Frankfurter or hot dog sandwich, chicken and/or turkey, plain, on wheat bread	11	2	D	4
27564121	8000_Mixed	Frankfurter or hot dog sandwich, beef and pork, plain, on wheat bun	11	2	D	4
58146393	8000_Mixed	Pasta with cream sauce and added vegetables, ready-to-heat	11	3	C	4
27513010	8000_Mixed	Roast beef sandwich	11	2	D	4
58127330	8000_Mixed	Croissant sandwich with sausage, egg, and cheese	11	1.5	D	4
58104800	8000_Mixed	Taquito or flauta with cheese	11	3.5	B	4
28110380	8000_Mixed	Salisbury steak with gravy, macaroni and cheese, frozen meal	11	3.5	C	4
75411020	8000_Mixed	Corn fritter	11	2	D	4
27160010	8000_Mixed	Meat with barbecue sauce, NS as to type of meat	11	3.5	C	4
27510276	8000_Mixed	Bacon cheeseburger, 1 small patty, with condiments, on bun, from fast food / restaurant	11	2	D	4
27564444	8000_Mixed	Frankfurter or hot dog sandwich, with chili, on multigrain bun	11	3	C	4
58145160	8000_Mixed	Macaroni or noodles with cheese and frankfurters or hot dogs	11	3.5	C	4
58146412	8000_Mixed	Pasta with cream sauce, meat, and added vegetables, home recipe	11	3.5	B	4
27564181	8000_Mixed	Frankfurter or hot dog sandwich, meat and poultry, plain, on wheat bun	11	2	D	4
27510376	8000_Mixed	Double cheeseburger, 2 small patties, with condiments, on bun, from fast food / restaurant	11	2	D	4
27510386	8000_Mixed	Double cheeseburger, 2 small patties, with condiments, on bun, from fast food / restaurant (Burger King Double C	11	2	D	4
27510387	8000_Mixed	Double cheeseburger, 2 small patties, with condiments, on bun, from fast food / restaurant (McDonald's Double C	11	2	D	4
27510388	8000_Mixed	Double cheeseburger, 2 small patties, with condiments, on bun, from fast food / restaurant (McDonald's McDoubl	11	2	D	4
27510391	8000_Mixed	Double cheeseburger, 2 small patties, with condiments, on bun, from fast food / restaurant (Wendy's Double Stac	11	2	D	4
28141201	8000_Mixed	Teriyaki chicken with rice and vegetable, diet frozen meal	11	3.5	B	4
58146423	8000_Mixed	Pasta with cream sauce and poultry, ready-to-heat	11	3.5	C	4
58163510	8000_Mixed	Rice dressing	11	3	C	4
27510406	8000_Mixed	Double cheeseburger, 2 medium patties, with condiments, on bun, from fast food / restaurant	11	2	D	4
27510412	8000_Mixed	Double cheeseburger, 2 medium patties, with condiments, on bun, from fast food / restaurant (McDonald's Doubl	11	2	D	4
27510413	8000_Mixed	Double cheeseburger, 2 medium patties, with condiments, on bun, from fast food / restaurant (Wendy's 1/2 lb Dc	11	2	D	4
27564510	8000_Mixed	Frankfurter or hot dog sandwich, with meatless chili, on white bread	11	2	D	4
27564140	8000_Mixed	Frankfurter or hot dog sandwich, beef and pork, plain, on wheat bread	11	1.5	D	4
32201000	8000_Mixed	Fried egg sandwich	11	3.5	B	4
58126160	8000_Mixed	Turnover, cheese-filled, tomato-based sauce	11	1.5	D	4
27510536	8000_Mixed	Hamburger, 1 small patty, with condiments, on bun, from fast food / restaurant	11	3	C	4
27510551	8000_Mixed	Hamburger, 1 small patty, with condiments, on bun, from fast food / restaurant (Burger King Hamburger)	11	3	C	4
27510553	8000_Mixed	Hamburger, 1 small patty, with condiments, on bun, from fast food / restaurant (McDonald's Hamburger)	11	3	C	4
27510555	8000_Mixed	Hamburger, 1 small patty, with condiments, on bun, from fast food / restaurant (Wendy's Jr. Hamburger)	11	3	C	4
27120110	8000_Mixed	Sausage with tomato-based sauce	11	1.5	D	4
27520420	8000_Mixed	Midnight sandwich, with spread	11	3.5	D	4
58156310	8000_Mixed	Rice with Spanish sausage, Puerto Rican style	11	1.5	D	4
27564200	8000_Mixed	Frankfurter or hot dog sandwich, meat and poultry, plain, on wheat bread	11	2	D	4
27564320	8000_Mixed	Frankfurter or hot dog sandwich, reduced fat or light, plain, on wheat bread	11	3.5	C	4
58126270	8000_Mixed	Turnover, chicken- or turkey-, and cheese-filled, no gravy	11	3.5	B	4
58128250	8000_Mixed	Dressing with meat and vegetables	11	2	D	4
32202085	8000_Mixed	Egg, cheese and bacon on bagel	11	3	D	4
27564500	8000_Mixed	Frankfurter or hot dog sandwich, with meatless chili, on white bun	10	3	C	4
27500050	8000_Mixed	Sandwich, NFS	10	2	D	4
27500100	8000_Mixed	Meat sandwich, NFS	10	2	D	4
27560110	8000_Mixed	Bologna sandwich, with spread	10	2	D	4
58100017	8000_Mixed	Burrito, taco, or quesadilla with egg, potato, and breakfast meat, from fast food	10	2	D	4
58101800	8000_Mixed	Ground beef with tomato sauce and taco seasonings on a cornbread crust	10	3	C	4
28110330	8000_Mixed	Salisbury steak with gravy, whipped potatoes, vegetable, dessert, frozen meal	10	3	C	4
58163310	8000_Mixed	Flavored rice mixture	10	3	C	4
27510140	8000_Mixed	Cheeseburger, 1 miniature patty, plain, on miniature bun, from fast food / restaurant	10	2	D	4
58146392	8000_Mixed	Pasta with cream sauce and added vegetables, from home recipe	10	3	C	4
58146200	8000_Mixed	Pasta, meat-filled, with gravy, canned	10	3	B	4
27520530	8000_Mixed	Pork sandwich, with gravy	10	3.5	B	4
58126000	8000_Mixed	Turnover filled with ground beef and cabbage	10	3.5	A	4
58150510	8000_Mixed	Rice, fried, with shrimp	10	3.5	B	4
58131100	8000_Mixed	Ravioli, NS as to filling, no sauce	10	3.5	C	4
58164560	8000_Mixed	Rice, white, with soy-based sauce, NS as to fat added in cooking	10	3	C	4
58164580	8000_Mixed	Rice, white, with soy-based sauce, fat added in cooking	10	3	C	4
27418310	8000_Mixed	Corned beef with tomato sauce and onion, Puerto Rican style	10	2	D	4
27510160	8000_Mixed	Cheeseburger, 1 small patty, plain, on bun, from fast food / restaurant	10	2	D	4
58101357	8000_Mixed	Soft taco with meat and sour cream, from fast food	10	3	C	4
27315340	8000_Mixed	Beef, rice, and vegetables excluding carrots, broccoli, and dark-green leafy; cheese sauce	10	3.5	B	4
58131523	8000_Mixed	Ravioli, cheese-filled, with tomato sauce, canned	10	4	B	4
27564450	8000_Mixed	Frankfurter or hot dog sandwich, with chili, on white bread	10	2	D	4
58101347	8000_Mixed	Soft taco with meat, from fast food	10	3	C	4
58146422	8000_Mixed	Pasta with cream sauce and poultry, home recipe	9	3.5	B	4
28140810	8000_Mixed	Chicken, fried, with potatoes, vegetable, dessert, frozen meal	9	4	B	4
58160410	8000_Mixed	Rice, white, with corn, fat not added in cooking	9	4	B	4
58163380	8000_Mixed	Flavored rice and pasta mixture	9	3	C	4
27510501	8000_Mixed	Hamburger, 1 miniature patty, plain, on miniature bun, from fast food / restaurant	9	3.5	C	4
27564001	8000_Mixed	Frankfurter or hot dog sandwich, NFS, plain, on wheat bun	9	1.5	D	4
27564061	8000_Mixed	Frankfurter or hot dog sandwich, beef, plain, on wheat bun	9	1.5	D	4
27520170	8000_Mixed	Bacon on biscuit	9	1.5	D	4
27564440	8000_Mixed	Frankfurter or hot dog sandwich, with chili, on white bun	9	3	C	4
58105110	8000_Mixed	Pupusa, meat-filled	9	3.5	B	4
58103200	8000_Mixed	Tamale, plain, meatless, no sauce, Puerto Rican style or Carribean Style	9	3.5	D	4
58146403	8000_Mixed	Pasta with cream sauce and meat, ready-to-heat	9	3.5	C	4
27560710	8000_Mixed	Sausage sandwich	9	2	D	4
27564020	8000_Mixed	Frankfurter or hot dog sandwich, NFS, plain, on wheat bread	9	1.5	D	4
27564080	8000_Mixed	Frankfurter or hot dog sandwich, beef, plain, on wheat bread	9	1.5	D	4
58116115	8000_Mixed	Empanada, Mexican turnover, filled with cheese and vegetables	9	2	D	4
58306500	8000_Mixed	Chicken burritos, diet frozen meal	9	1.5	D	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

58126300	8000_Mixed	Turnover, meat- and cheese-filled, tomato-based sauce, lower in fat	9	3	B	4
58108050	8000_Mixed	Pizza rolls	9	2	D	4
58121620	8000_Mixed	Dumpling, vegetable	8	3	C	4
27510165	8000_Mixed	Cheeseburger, 1 small patty, with condiments, on bun, from fast food / restaurant	8	2	D	4
27510170	8000_Mixed	Cheeseburger, 1 small patty, with condiments, on bun, from fast food / restaurant (Burger King Cheeseburger)	8	2	D	4
27510172	8000_Mixed	Cheeseburger, 1 small patty, with condiments, on bun, from fast food / restaurant (McDonald's Cheeseburger)	8	2	D	4
27510173	8000_Mixed	Cheeseburger, 1 small patty, with condiments, on bun, from fast food / restaurant (Wendy's Kid's Cheeseburger)	8	2	D	4
27510174	8000_Mixed	Cheeseburger, 1 small patty, with condiments, on bun, from fast food / restaurant (Wendy's Jr. Cheeseburger)	8	2	D	4
28345120	8000_Mixed	Chicken or turkey soup, cream of, prepared with milk	8	3	C	4
74604100	8000_Mixed	Tomato beef rice soup, prepared with water	8	3.5	C	4
58145136	8000_Mixed	Macaroni or noodles with cheese and meat, prepared from Hamburger Helper mix	8	3.5	B	4
58103120	8000_Mixed	Tamale with meat	8	3	B	4
58126110	8000_Mixed	Turnover, meat-filled, no gravy	8	2	D	4
58165010	8000_Mixed	Rice, white, with vegetables, cheese and/or cream based sauce, fat not added in cooking	8	3.5	B	4
28310330	8000_Mixed	Pho	8	3.5	B	4
58165040	8000_Mixed	Rice, white, with vegetables and gravy, fat not added in cooking	8	4	B	4
32202060	8000_Mixed	Egg and sausage on biscuit	8	1.5	D	4
58121510	8000_Mixed	Dumpling, meat-filled	8	2	D	4
58146383	8000_Mixed	Pasta with cream sauce, ready-to-heat	8	3.5	C	4
27564364	8000_Mixed	Frankfurter or hot dog sandwich, fat free, plain, on multigrain bun	8	3.5	B	4
27564244	8000_Mixed	Frankfurter or hot dog sandwich, chicken and/or turkey, plain, on multigrain bun	8	2	D	4
74603010	8000_Mixed	Tomato beef soup, prepared with water	8	3.5	C	4
74604010	8000_Mixed	Tomato beef noodle soup, prepared with water	8	3.5	C	4
58131310	8000_Mixed	Ravioli, meat-filled, no sauce	8	3	D	4
58127310	8000_Mixed	Croissant sandwich with ham, egg, and cheese	8	1.5	D	4
58164500	8000_Mixed	Rice, white, with cheese and/or cream based sauce, NS as to fat added in cooking	7	3	C	4
58164520	8000_Mixed	Rice, white, with cheese and/or cream based sauce, fat added in cooking	7	3	C	4
58100013	8000_Mixed	Burrito, taco, or quesadilla with egg and breakfast meat, from fast food	7	1.5	D	4
58103130	8000_Mixed	Tamale with chicken	7	3	D	4
58146402	8000_Mixed	Pasta with cream sauce and meat, home recipe	7	3	C	4
27520500	8000_Mixed	Pork sandwich, on white roll, with onions, dill pickles and barbecue sauce	7	3	C	4
58104905	8000_Mixed	Taquito or flauta with egg and breakfast meat	7	2	D	4
27564184	8000_Mixed	Frankfurter or hot dog sandwich, meat and poultry, plain, on multigrain bun	7	2	D	4
58126130	8000_Mixed	Turnover, meat- and cheese-filled, no gravy	7	3	C	4
32202020	8000_Mixed	Egg, cheese, and ham on biscuit	7	1.5	D	4
58160710	8000_Mixed	Rice, white, with other vegetables, fat not added in cooking	7	3.5	B	4
58103250	8000_Mixed	Tamale, plain, meatless, no sauce, Mexican style	7	4	B	4
58127350	8000_Mixed	Croissant sandwich with bacon, egg, and cheese	7	2	D	4
58156210	8000_Mixed	Rice with vienna sausage, Puerto Rican style	7	1.5	D	4
58164510	8000_Mixed	Rice, white, with cheese and/or cream based sauce, fat not added in cooking	7	3	C	4
58148118	8000_Mixed	Macaroni or pasta salad, made with any type of fat free dressing	7	3.5	A	4
32202090	8000_Mixed	Egg and bacon on biscuit	7	1.5	D	4
58104900	8000_Mixed	Taquito or flauta with egg	7	3.5	D	4
58126120	8000_Mixed	Turnover, meat-filled, with gravy	7	3.5	D	4
27213600	8000_Mixed	Beef and rice with cheese sauce	7	3.5	B	4
58157320	8000_Mixed	Congee, with vegetables	7	4	B	4
32202110	8000_Mixed	Egg and ham on biscuit	7	1.5	D	4
58134660	8000_Mixed	Tortellini, cheese-filled, with cream sauce	6	3.5	C	4
32202070	8000_Mixed	Egg, cheese, and bacon on biscuit	6	1.5	D	4
27360050	8000_Mixed	Meat pie, NFS	6	3	C	4
58127290	8000_Mixed	Croissant sandwich with bacon and egg	6	1.5	D	4
27347100	8000_Mixed	Chicken or turkey pot pie	6	3	C	4
27564370	8000_Mixed	Frankfurter or hot dog sandwich, fat free, plain, on white bread	6	3	C	4
58126400	8000_Mixed	Turnover, filled with egg, meat and cheese	6	3.5	D	4
32202010	8000_Mixed	Egg, cheese, and ham on English muffin	6	3	D	4
32202080	8000_Mixed	Egg, cheese, and bacon on English muffin	6	3	D	4
27564124	8000_Mixed	Frankfurter or hot dog sandwich, beef and pork, plain, on multigrain bun	6	2	D	4
27220150	8000_Mixed	Sausage and rice with mushroom sauce	6	3	C	4
27420040	8000_Mixed	Frankfurters or hot dogs and sauerkraut	6	1.5	D	4
27510130	8000_Mixed	Beef barbecue submarine sandwich, on bun	6	3.5	B	4
27212100	8000_Mixed	Beef and noodles with tomato-based sauce	6	3.5	B	4
32202030	8000_Mixed	Egg, cheese, and sausage on English muffin	6	2	D	4
27564304	8000_Mixed	Frankfurter or hot dog sandwich, reduced fat or light, plain, on multigrain bun	6	3	C	4
58134623	8000_Mixed	Tortellini, cheese-filled, meatless, with tomato sauce, canned	6	3.5	B	4
58146382	8000_Mixed	Pasta with cream sauce, home recipe	6	3	C	4
27560670	8000_Mixed	Sausage and cheese on English muffin	6	1.5	E	4
27520510	8000_Mixed	Pork barbecue sandwich or Sloppy Joe, on bun	6	3	D	4
27560650	8000_Mixed	Sausage on biscuit	5	1.5	E	4
27214600	8000_Mixed	Creamed dried beef on toast	5	2	D	4
73210110	8000_Mixed	Pumpkin fritters, Puerto Rican style	5	3	D	4
58116210	8000_Mixed	Meat pie, Puerto Rican style	5	0.5	E	4
58127220	8000_Mixed	Croissant sandwich, filled with chicken, broccoli, and cheese sauce	5	1.5	D	4
58147330	8000_Mixed	Macaroni or noodles, creamed, with cheese	5	3.5	B	4
27564250	8000_Mixed	Frankfurter or hot dog sandwich, chicken and/or turkey, plain, on white bread	5	2	D	4
27564004	8000_Mixed	Frankfurter or hot dog sandwich, NFS, plain, on multigrain bun	5	1.5	D	4
27564064	8000_Mixed	Frankfurter or hot dog sandwich, beef, plain, on multigrain bun	5	1.5	D	4
27540145	8000_Mixed	Chicken fillet, breaded, fried, sandwich on biscuit	5	1.5	D	4
58150320	8000_Mixed	Rice, fried, with chicken	5	3.5	B	4
27220170	8000_Mixed	Sausage and rice with cheese sauce	4	3	C	4
58122220	8000_Mixed	Gnocchi, potato	4	3.5	C	4
32202055	8000_Mixed	Egg, cheese, and sausage griddle cake sandwich	4	1.5	D	4
27564180	8000_Mixed	Frankfurter or hot dog sandwich, meat and poultry, plain, on white bun	4	2	D	4
27564360	8000_Mixed	Frankfurter or hot dog sandwich, fat free, plain, on white bun	4	3.5	C	4
27564130	8000_Mixed	Frankfurter or hot dog sandwich, beef and pork, plain, on white bread	4	1.5	D	4
27564190	8000_Mixed	Frankfurter or hot dog sandwich, meat and poultry, plain, on white bread	4	1.5	D	4
58310310	8000_Mixed	Pancakes and sausage, frozen meal	4	2	D	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

27564240	8000_Mixed	Frankfurter or hot dog sandwich, chicken and/or turkey, plain, on white bun	4	2	D	4
58124230	8000_Mixed	Pastry, meat / poultry-filled	4	2	D	4
58163330	8000_Mixed	Flavored rice mixture with cheese	3	3	C	4
58127270	8000_Mixed	Croissant sandwich with sausage and egg	3	1.5	E	4
27560350	8000_Mixed	Pig in a blanket, frankfurter or hot dog wrapped in dough	3	1.5	E	4
58150330	8000_Mixed	Rice, fried, with pork	3	3.5	B	4
27563010	8000_Mixed	Meat spread or potted meat sandwich	3	2	D	4
32202045	8000_Mixed	Egg, cheese, and steak on bagel	3	2	D	4
58116310	8000_Mixed	Cheese turnover, Puerto Rican style	3	1	E	4
27510910	8000_Mixed	Corned beef sandwich	3	3	D	4
27564010	8000_Mixed	Frankfurter or hot dog sandwich, NFS, plain, on white bread	3	1.5	D	4
27564070	8000_Mixed	Frankfurter or hot dog sandwich, beef, plain, on white bread	3	1.5	D	4
27564310	8000_Mixed	Frankfurter or hot dog sandwich, reduced fat or light, plain, on white bread	3	3	C	4
27564120	8000_Mixed	Frankfurter or hot dog sandwich, beef and pork, plain, on white bun	3	2	D	4
27564300	8000_Mixed	Frankfurter or hot dog sandwich, reduced fat or light, plain, on white bun	2	3	C	4
58131510	8000_Mixed	Ravioli, cheese-filled, no sauce	2	3.5	D	4
32202075	8000_Mixed	Egg, cheese, and bacon griddle cake sandwich	2	1.5	D	4
58165070	8000_Mixed	Rice, white, with vegetables, soy-based sauce, fat not added in cooking	2	4	C	4
28321130	8000_Mixed	Bacon soup, cream of, prepared with water	1	3	C	4
27564000	8000_Mixed	Frankfurter or hot dog sandwich, NFS, plain, on white bun	1	1.5	D	4
27564060	8000_Mixed	Frankfurter or hot dog sandwich, beef, plain, on white bun	1	1.5	D	4
27560660	8000_Mixed	Sausage griddle cake sandwich	1	1.5	D	4
32202120	8000_Mixed	Egg, cheese and sausage on bagel	1	2	D	4
27510110	8000_Mixed	Beef barbecue sandwich or Sloppy Joe, on bun	1	2	D	4
58150340	8000_Mixed	Rice, fried, with beef	1	3.5	A	4
27120250	8000_Mixed	Frankfurters or hot dogs with tomato-based sauce	1	1.5	E	4
27135040	8000_Mixed	Veal with butter sauce	1	3	D	4
27511010	8000_Mixed	Pastrami sandwich	1	3	D	4
27520250	8000_Mixed	Ham on biscuit	1	1	E	4
27560300	8000_Mixed	Corn dog, frankfurter or hot dog with cornbread coating	1	2	D	4
28345110	8000_Mixed	Chicken or turkey soup, cream of, NS as to prepared with milk or water	1	3	C	4
28345130	8000_Mixed	Chicken or turkey soup, cream of, prepared with water	1	3	C	4
55610200	8000_Mixed	Dumpling, fried, Puerto Rican style	1	2	D	4
55701000	8000_Mixed	Cake made with glutinous rice	1	2	D	4
58103210	8000_Mixed	Tamale, meatless, with sauce, Puerto Rican or Caribbean style	1	1	E	4
58111200	8000_Mixed	Puffs, fried, crab meat and cream cheese filled	1	1.5	D	4
58122250	8000_Mixed	Kishke, stuffed derma	1	1	D	4
58123110	8000_Mixed	Sweet bread dough, filled with meat, steamed	1	3.5	C	4
58124220	8000_Mixed	Pastry, egg and cheese filled	1	2	D	4
58127200	8000_Mixed	Croissant sandwich, filled with broccoli and cheese	1	1.5	D	4
58127210	8000_Mixed	Croissant sandwich, filled with ham and cheese	1	1	E	4
58150110	8000_Mixed	Rice, fried, meatless	1	3	C	4
58150310	8000_Mixed	Rice, fried, NFS	1	3	C	4
58151100	8000_Mixed	Sushi, NFS	1	3	C	4
58151180	8000_Mixed	Sushi roll, California	1	3	C	4
58151400	8000_Mixed	Sushi, topped with crab	1	3	C	4
58155610	8000_Mixed	Rice meal fritter, Puerto Rican style	1	2	D	4
58164540	8000_Mixed	Rice, white, with gravy, fat not added in cooking	1	3	C	4
58164570	8000_Mixed	Rice, white, with soy-based sauce, fat not added in cooking	1	3	C	4
58201000	8000_Mixed	Jelly sandwich, regular jelly, NFS	1	3	C	4
58201005	8000_Mixed	Jelly sandwich, regular jelly, on white bread	1	3	C	4
58201035	8000_Mixed	Jelly sandwich, reduced sugar jelly, on white bread	1	3	B	4
58400100	8000_Mixed	Noodle soup, NFS	1	3	C	4
58407030	8000_Mixed	Soup, mostly noodles	1	3	C	4
58407035	8000_Mixed	Soup, mostly noodles, reduced sodium	1	3.5	B	4
58407050	8000_Mixed	Instant soup, noodle with egg, shrimp or chicken	1	3	C	4
58408010	8000_Mixed	Wonton soup	1	3	C	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

foodcode	level1nd	Description	Food Compass Score	Health Star Rating	Nutri-Score	NOVA Category
75121000	8600_SauceCondiment	Pepper, hot chili, raw	100	4.5	A	1
75226700	8600_SauceCondiment	Pimiento	100	4.5	A	3
75512510	8600_SauceCondiment	Recaito	100	5	A	1
41420200	8600_SauceCondiment	Natto	93	5	A	3
75511010	8600_SauceCondiment	Hot pepper sauce	90	3.5	C	3
74420110	8600_SauceCondiment	Puerto Rican seasoning without ham and tomato sauce	87	4.5	B	4
28522050	8600_SauceCondiment	Mole verde sauce	86	4.5	A	4
74404050	8600_SauceCondiment	Spaghetti sauce, reduced sodium	86	4.5	A	4
27150155	8600_SauceCondiment	Spaghetti sauce with seafood and added vegetables	84	4.5	B	4
74402260	8600_SauceCondiment	Enchilada sauce, green	84	4.5	A	3
75412030	8600_SauceCondiment	Eggplant dip	83	4.5	A	4
27150151	8600_SauceCondiment	Spaghetti sauce with seafood	81	4.5	A	4
61204200	8600_SauceCondiment	Lemon juice, 100%, canned or bottled	80	4.5	A	1
75111500	8600_SauceCondiment	Garlic, raw	80	5	A	1
74402110	8600_SauceCondiment	Salsa, pico de gallo	80	4	A	3
75226100	8600_SauceCondiment	Peppers, hot, cooked, NS as to form, fat not added in cooking	80	4.5	A	3
75226101	8600_SauceCondiment	Peppers, hot, cooked, from fresh, fat not added in cooking	80	4.5	A	3
75226102	8600_SauceCondiment	Peppers, hot, cooked, from frozen, fat not added in cooking	80	4.5	A	3
74402200	8600_SauceCondiment	Salsa, red, homemade	79	4	B	4
75226103	8600_SauceCondiment	Peppers, hot, cooked, from canned, fat not added in cooking	78	3.5	C	3
61204000	8600_SauceCondiment	Lemon juice, 100%, NS as to form	78	4.5	A	1
61204010	8600_SauceCondiment	Lemon juice, 100%, freshly squeezed	78	4.5	A	1
61207000	8600_SauceCondiment	Lime juice, 100%, NS as to form	76	4.5	A	1
61207010	8600_SauceCondiment	Lime juice, 100%, freshly squeezed	76	4.5	A	1
74404020	8600_SauceCondiment	Spaghetti sauce with added vegetables	76	4	B	4
41205075	8600_SauceCondiment	Hummus, flavored	73	4.5	A	4
75506010	8600_SauceCondiment	Mustard	73	3	C	3
41205070	8600_SauceCondiment	Hummus, plain	73	4.5	A	4
63409015	8600_SauceCondiment	Guacamole with tomatoes	73	4.5	A	4
63409010	8600_SauceCondiment	Guacamole, NFS	72	4.5	B	4
61207200	8600_SauceCondiment	Lime juice, 100%, canned or bottled	72	4.5	A	1
74404060	8600_SauceCondiment	Spaghetti sauce, fat free	72	4	C	3
74404010	8600_SauceCondiment	Spaghetti sauce	68	4	C	4
75236500	8600_SauceCondiment	Yeast extract spread	67	0.5	C	4
42204100	8600_SauceCondiment	Brown nut gravy, meatless	66	4.5	B	4
74402100	8600_SauceCondiment	Salsa, NFS	66	4	C	4
74402150	8600_SauceCondiment	Salsa, red, commercially-prepared	66	4	C	4
27141035	8600_SauceCondiment	Spaghetti sauce with poultry and added vegetables	65	4.5	A	4
41205050	8600_SauceCondiment	Bean dip, made with refried beans	64	5	A	4
75217400	8600_SauceCondiment	Garlic, cooked	62	4.5	A	1
11440060	8600_SauceCondiment	Tzatziki dip	62	3.5	B	4
11440050	8600_SauceCondiment	Spinach dip, yogurt based	61	3	C	4
27150200	8600_SauceCondiment	Oyster sauce	61	3.5	B	4
41420110	8600_SauceCondiment	Miso	60	2	C	3
27141030	8600_SauceCondiment	Spaghetti sauce with poultry	60	4.5	A	4
41420300	8600_SauceCondiment	Soy sauce	59	0.5	C	3
11440040	8600_SauceCondiment	Ranch dip, yogurt based	58	3.5	D	4
28522000	8600_SauceCondiment	Mole poblano sauce	58	4	C	4
11440020	8600_SauceCondiment	Dill dip, yogurt based	58	3.5	D	4
11440070	8600_SauceCondiment	Vegetable dip, yogurt based	58	3.5	D	4
41205100	8600_SauceCondiment	Black bean sauce	58	1.5	C	4
41420350	8600_SauceCondiment	Soy sauce, reduced sodium	57	0.5	C	3
74402250	8600_SauceCondiment	Enchilada sauce, red	57	4	C	3
75226093	8600_SauceCondiment	Peppers, hot, cooked, from canned, NS as to fat added in cooking	57	3.5	D	4
75226113	8600_SauceCondiment	Peppers, hot, cooked, from canned, fat added in cooking, NS as to type of fat	57	3.5	D	4
75226090	8600_SauceCondiment	Peppers, hot, cooked, NS as to form, NS as to fat added in cooking	56	4	B	4
75226091	8600_SauceCondiment	Peppers, hot, cooked, from fresh, NS as to fat added in cooking	56	4	B	4
75226092	8600_SauceCondiment	Peppers, hot, cooked, from frozen, NS as to fat added in cooking	56	4	B	4
75226110	8600_SauceCondiment	Peppers, hot, cooked, NS as to form, fat added in cooking, NS as to type of fat	56	4	B	4
75226111	8600_SauceCondiment	Peppers, hot, cooked, from fresh, fat added in cooking, NS as to type of fat	56	4	B	4
75226112	8600_SauceCondiment	Peppers, hot, cooked, from frozen, fat added in cooking, NS as to type of fat	56	4	B	4
11440010	8600_SauceCondiment	Chipotle dip, yogurt based	56	3.5	D	4
11440030	8600_SauceCondiment	Onion dip, yogurt based	55	3	C	4
75503090	8600_SauceCondiment	Horseradish	53	4	B	4
81302070	8600_SauceCondiment	Pesto sauce	51	2	E	4
74401110	8600_SauceCondiment	Tomato catsup, reduced sodium	50	4	C	1
83107000	8600_SauceCondiment	Mayonnaise, regular	49	0.5	E	4
83100200	8600_SauceCondiment	Salad dressing, NFS, for sandwiches	49	1	E	4
74402350	8600_SauceCondiment	Salsa verde or salsa, green	48	4	C	4
74410110	8600_SauceCondiment	Puerto Rican seasoning with ham	48	3.5	D	4
27162060	8600_SauceCondiment	Spaghetti sauce with meat and added vegetables	46	4.5	B	4
27162040	8600_SauceCondiment	Spaghetti sauce with meat	46	4	B	4
28510010	8600_SauceCondiment	Gravy or sauce, poultry-based from Puerto Rican-style chicken fricasse	46	3.5	C	4
83204030	8600_SauceCondiment	Mayonnaise, reduced fat, with olive oil	45	1.5	D	4
81302060	8600_SauceCondiment	Horseradish sauce	43	1.5	E	4
41205055	8600_SauceCondiment	Layer dip	42	4	C	4
14620115	8600_SauceCondiment	Spinach and artichoke dip	42	3.5	D	4
74404090	8600_SauceCondiment	Vodka sauce with tomatoes and cream	42	4	C	4
12350240	8600_SauceCondiment	Spinach dip, regular	41	1.5	D	4
42204050	8600_SauceCondiment	Peanut sauce	40	3.5	D	4
81302050	8600_SauceCondiment	Tartar sauce	39	3	D	4
12350010	8600_SauceCondiment	Dip, NFS	38	1	E	4
12350230	8600_SauceCondiment	Ranch dip, regular	38	1	E	4
12350210	8600_SauceCondiment	Dill dip, regular	38	1	E	4
12350250	8600_SauceCondiment	Vegetable dip, regular	38	1	E	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

12350200	8600_SauceCondiment	Chipotle dip, regular	38	1.5	E	4
12350220	8600_SauceCondiment	Onion dip, regular	38	1.5	D	4
14620110	8600_SauceCondiment	Artichoke dip	37	3.5	D	4
64401000	8600_SauceCondiment	Vinegar	37	3.5	B	2
14620130	8600_SauceCondiment	Seafood dip	37	1.5	E	4
14630100	8600_SauceCondiment	Cheese fondue	35	1.5	D	3
83204000	8600_SauceCondiment	Mayonnaise, light	35	2	D	4
27150210	8600_SauceCondiment	Fish sauce	34	0.5	C	4
74405010	8600_SauceCondiment	Tomato relish	33	3.5	C	3
14620150	8600_SauceCondiment	Cheese dip with chili pepper	33	3.5	D	4
63409020	8600_SauceCondiment	Chutney	33	3.5	C	3
74402010	8600_SauceCondiment	Tomato chili sauce	32	3.5	C	4
14630300	8600_SauceCondiment	Welsh rarebit	32	3	C	4
27150190	8600_SauceCondiment	Lobster sauce	31	2	D	4
28500030	8600_SauceCondiment	Gravy, poultry, low sodium	31	4	A	4
28500060	8600_SauceCondiment	Gravy, beef or meat, low sodium	31	4	A	4
28500050	8600_SauceCondiment	Gravy, giblet	31	3.5	B	4
12350245	8600_SauceCondiment	Spinach dip, light	31	3.5	D	4
13411000	8600_SauceCondiment	White sauce, milk sauce	30	3	C	4
75506100	8600_SauceCondiment	Honey mustard dip	30	2	D	4
74415110	8600_SauceCondiment	Puerto Rican seasoning with ham and tomato sauce	29	3.5	C	4
14620200	8600_SauceCondiment	Cheese dip	29	3.5	D	4
14650100	8600_SauceCondiment	Cheese sauce	29	3.5	D	4
83110000	8600_SauceCondiment	Mayonnaise-type salad dressing	28	2	D	4
75534550	8600_SauceCondiment	Wasabi paste	26	1	D	4
12350215	8600_SauceCondiment	Dill dip, light	26	2	D	4
12350255	8600_SauceCondiment	Vegetable dip, light	26	2	D	4
28520100	8600_SauceCondiment	Oyster-flavored sauce	25	0.5	C	4
12350235	8600_SauceCondiment	Ranch dip, light	25	2	D	4
83108000	8600_SauceCondiment	Mayonnaise, imitation	24	3.5	D	4
14650190	8600_SauceCondiment	Alfredo sauce with seafood	23	2	D	3
14650150	8600_SauceCondiment	Cheese sauce made with lowfat cheese	23	3.5	D	4
14650195	8600_SauceCondiment	Alfredo sauce with seafood and added vegetables	22	3.5	C	4
12350225	8600_SauceCondiment	Onion dip, light	22	3.5	D	4
41420100	8600_SauceCondiment	Miso sauce	22	2	D	4
28500150	8600_SauceCondiment	Gravy, redeye	21	3.5	B	4
74406100	8600_SauceCondiment	Steak sauce, tomato-base	19	2	D	4
83204050	8600_SauceCondiment	Mayonnaise-type salad dressing, light	18	2	D	4
12350205	8600_SauceCondiment	Chipotle dip, light	16	2	D	4
13412000	8600_SauceCondiment	Milk gravy, quick gravy	14	3	C	4
81312000	8600_SauceCondiment	Tartar sauce, reduced fat/calorie	14	3.5	C	4
74406500	8600_SauceCondiment	Cocktail sauce	14	3	D	4
14650180	8600_SauceCondiment	Alfredo sauce with poultry	13	2	D	3
41420450	8600_SauceCondiment	Worcestershire sauce	13	2	D	4
81302040	8600_SauceCondiment	Sandwich spread	13	1.5	E	4
14650185	8600_SauceCondiment	Alfredo sauce with poultry and added vegetables	10	3	D	4
41420250	8600_SauceCondiment	Hoisin sauce	10	1	D	4
28500010	8600_SauceCondiment	Gravy, meat or poultry, with wine	10	3.5	B	4
14650170	8600_SauceCondiment	Alfredo sauce with meat	9	2	D	3
28500020	8600_SauceCondiment	Gravy, meat, with fruit	9	4	B	4
28500040	8600_SauceCondiment	Gravy, beef or meat	9	3	C	4
74401010	8600_SauceCondiment	Tomato catsup	9	3.5	D	4
81301000	8600_SauceCondiment	Garlic sauce	9	3.5	C	4
83300700	8600_SauceCondiment	Mayonnaise, fat free	7	3.5	C	4
14650175	8600_SauceCondiment	Alfredo sauce with meat and added vegetables	5	3	D	4
41420410	8600_SauceCondiment	Teriyaki sauce, reduced sodium	5	1	D	4
28510020	8600_SauceCondiment	Gravy, meat-based, from Puerto-Rican style stuffed pot roast	4	2	D	4
41420400	8600_SauceCondiment	Teriyaki sauce	4	0.5	D	4
14650165	8600_SauceCondiment	Alfredo sauce with added vegetables	3	3	D	4
28500080	8600_SauceCondiment	Gravy, poultry, home recipe	1	3.5	C	4
28501110	8600_SauceCondiment	Gravy, poultry, fat free	1	3	C	4
14650160	8600_SauceCondiment	Alfredo sauce	1	2	D	4
28500000	8600_SauceCondiment	Gravy, poultry	1	3	C	4
28500070	8600_SauceCondiment	Gravy, beef or meat, home recipe	1	3.5	C	4
28500100	8600_SauceCondiment	Gravy, mushroom	1	3	C	4
28501010	8600_SauceCondiment	Gravy, beef or meat, fat free	1	3	C	4
28510030	8600_SauceCondiment	Gravy, meat-based, from Puerto-Rican style beef stew	1	3.5	C	4
28520000	8600_SauceCondiment	Gravy or sauce, made with soy sauce, stock or bouillon, cornstarch	1	3.5	C	4
55502000	8600_SauceCondiment	Flour and water gravy	1	3.5	B	4
74406010	8600_SauceCondiment	Barbecue sauce	1	1.5	D	4
81301020	8600_SauceCondiment	Lemon-butter sauce	1	1	D	4
81302010	8600_SauceCondiment	Hollandaise sauce	1	0.5	E	4
91361010	8600_SauceCondiment	Sweet and sour sauce	1	3.5	C	4
91361050	8600_SauceCondiment	Duck sauce	1	2	D	4
91361070	8600_SauceCondiment	Plum sauce, Asian style	1	2	D	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

foodcode	level1nd	Description	Food Compass Score	Health Star Rating	Nutri-Score	NOVA Category
11460200	9000_SaverySweet	Yogurt, frozen, chocolate, nonfat milk	81	3.5	A	4
11460400	9000_SaverySweet	Yogurt, frozen, chocolate, nonfat milk, with low-calorie sweetener	81	3.5	A	4
11460300	9000_SaverySweet	Yogurt, frozen, flavors other than chocolate, nonfat milk	80	3.5	A	4
11460410	9000_SaverySweet	Yogurt, frozen, flavors other than chocolate, nonfat milk, with low-calorie sweetener	80	3.5	A	4
91511090	9000_SaverySweet	Gelatin dessert, dietetic, with fruits and vegetables, sweetened with low calorie sweetener	78	4.5	A	4
91701010	9000_SaverySweet	Almonds, chocolate covered	78	4	D	4
91728500	9000_SaverySweet	Sugared pecans, sugar and egg white coating	72	4	D	4
51808050	9000_SaverySweet	Breadsticks, hard, gluten free	72	4	C	4
54340100	9000_SaverySweet	Crackers, gluten free, plain	72	4	C	4
54340110	9000_SaverySweet	Crackers, gluten free, flavored	72	4	C	4
91703500	9000_SaverySweet	Nuts, carob-coated	71	3.5	D	4
54403010	9000_SaverySweet	Popcorn, air-popped, unbuttered	70	5	A	4
91742010	9000_SaverySweet	Sesame Crunch, Sahadi	70	4	D	4
73410210	9000_SaverySweet	Sweet potato chips	69	4.5	C	4
54318500	9000_SaverySweet	Rice cake	68	4	A	4
54305010	9000_SaverySweet	Crackers, crispbread	65	4.5	A	4
54403045	9000_SaverySweet	Popcorn, popped in oil, unbuttered	64	4	C	4
54403083	9000_SaverySweet	Popcorn, ready-to-eat packaged, low sodium	64	4	C	4
54403084	9000_SaverySweet	Popcorn, ready-to-eat packaged, unsalted	64	4	C	4
41310900	9000_SaverySweet	Bean chips	64	5	C	4
71202000	9000_SaverySweet	Potato chips, unsalted	62	4	C	4
54403054	9000_SaverySweet	Popcorn, microwave, low sodium	62	3	C	4
54403055	9000_SaverySweet	Popcorn, microwave, unsalted	62	3	C	4
91304080	9000_SaverySweet	Topping, fruit, unsweetened	62	4	B	3
11461270	9000_SaverySweet	Yogurt, frozen, cone, flavors other than chocolate, lowfat milk	61	3.5	B	4
91708010	9000_SaverySweet	Date candy	61	3.5	D	4
54403082	9000_SaverySweet	Popcorn, ready-to-eat packaged, plain, light	61	4	C	4
71220000	9000_SaverySweet	Vegetable chips	61	4.5	C	4
54403061	9000_SaverySweet	Popcorn, microwave, kettle corn, light	60	4.5	C	4
54403086	9000_SaverySweet	Popcorn, ready-to-eat packaged, butter flavored, light	60	3	C	4
54403088	9000_SaverySweet	Popcorn, ready-to-eat packaged, cheese flavored, light	60	3	C	4
54403081	9000_SaverySweet	Popcorn, ready-to-eat packaged, plain	60	3	C	4
71202100	9000_SaverySweet	Potato chips, reduced fat, unsalted	59	4.5	B	4
54420210	9000_SaverySweet	Multigrain chips (Sun Chips)	59	3	C	4
54440020	9000_SaverySweet	Cracker chips	59	3	C	4
91511100	9000_SaverySweet	Gelatin salad, dietetic, with vegetables, sweetened with low calorie sweetener	59	4	B	4
91732100	9000_SaverySweet	Planters Peanut Bar	59	3.5	E	4
54403059	9000_SaverySweet	Popcorn, microwave, kettle corn	59	3	C	4
71202500	9000_SaverySweet	Potato chips, lightly salted	59	4	C	4
71202510	9000_SaverySweet	Potato chips, restructured, lightly salted	59	4	C	4
54403053	9000_SaverySweet	Popcorn, microwave, plain, light	59	3.5	C	4
54403057	9000_SaverySweet	Popcorn, microwave, butter flavored, light	59	3.5	C	4
54401011	9000_SaverySweet	Corn nuts	59	3	C	4
11460160	9000_SaverySweet	Yogurt, frozen, chocolate, lowfat milk	58	3.5	B	4
91511020	9000_SaverySweet	Gelatin dessert, dietetic, with fruit, sweetened with low calorie sweetener	58	4.5	B	1
91727010	9000_SaverySweet	Nuts, chocolate covered, not almonds or peanuts	58	1.5	E	4
56205200	9000_SaverySweet	Rice, frozen dessert, nondairy, flavors other than chocolate	58	4	B	4
56205240	9000_SaverySweet	Rice dessert bar, frozen, chocolate, nondairy, chocolate covered	57	3.5	B	4
91716010	9000_SaverySweet	Halvah, plain	57	3.5	D	4
54403080	9000_SaverySweet	Popcorn, ready-to-eat packaged, NFS	57	3.5	D	4
54403085	9000_SaverySweet	Popcorn, ready-to-eat packaged, butter flavored	57	3.5	D	4
71200110	9000_SaverySweet	Potato chips, barbecue flavored	56	3.5	D	4
71200120	9000_SaverySweet	Potato chips, sour cream and onion flavored	56	3.5	D	4
71200130	9000_SaverySweet	Potato chips, cheese flavored	56	3.5	D	4
71200140	9000_SaverySweet	Potato chips, other flavored	56	3.5	D	4
71200210	9000_SaverySweet	Potato chips, ruffled, barbecue flavored	56	3.5	D	4
71200220	9000_SaverySweet	Potato chips, ruffled, sour cream and onion flavored	56	3.5	D	4
71200230	9000_SaverySweet	Potato chips, ruffled, cheese flavored	56	3.5	D	4
71200240	9000_SaverySweet	Potato chips, ruffled, other flavored	56	3.5	D	4
54319020	9000_SaverySweet	Popcorn cake	56	4	A	4
91511070	9000_SaverySweet	Gelatin dessert, dietetic, with fruit and sour cream, sweetened with low calorie sweetener	56	4.5	A	3
11460190	9000_SaverySweet	Yogurt, frozen, NS as to flavor, nonfat milk	56	3	B	4
54403087	9000_SaverySweet	Popcorn, ready-to-eat packaged, cheese flavored	56	3.5	D	4
54403092	9000_SaverySweet	Popcorn, ready-to-eat packaged, other flavored	56	3.5	D	4
71200010	9000_SaverySweet	Potato chips, NFS	55	3.5	C	4
71200100	9000_SaverySweet	Potato chips, plain	55	3.5	C	4
71200200	9000_SaverySweet	Potato chips, ruffled, plain	55	3.5	C	4
54401026	9000_SaverySweet	Corn chips, flavored	55	3.5	C	4
54401031	9000_SaverySweet	Corn chips, plain (Fritos)	55	3.5	C	4
91304060	9000_SaverySweet	Topping, nuts and syrup	54	3	D	4
91701020	9000_SaverySweet	Almonds, sugar-coated	54	3	D	4
54403046	9000_SaverySweet	Popcorn, popped in oil, with added butter or margarine	53	3.5	D	4
71201050	9000_SaverySweet	Potato chips, reduced fat	53	4	C	4
54401035	9000_SaverySweet	Corn chips, flavored (Fritos)	53	2	D	4
91406000	9000_SaverySweet	Jam, preserve, marmalade, sugar free, all flavors	53	4.5	A	3
54401021	9000_SaverySweet	Corn chips, plain	52	2	D	4
54403040	9000_SaverySweet	Popcorn, air-popped, with added butter or margarine	52	4	C	4
91728000	9000_SaverySweet	Nut roll, fudge or nougat, caramel and nuts	51	3	D	4
54305020	9000_SaverySweet	Crackers, flatbread	51	4	C	4
56205230	9000_SaverySweet	Rice dessert bar, frozen, flavors other than chocolate, nondairy, carob covered	51	3.5	B	4
91731100	9000_SaverySweet	Peanuts, sugar-coated	51	1.5	D	4
91732000	9000_SaverySweet	Peanut bar	51	1.5	D	4
54318000	9000_SaverySweet	Chips, rice	50	4	A	4
91701030	9000_SaverySweet	Almonds, yogurt-covered	50	1	E	4
54401090	9000_SaverySweet	Corn chips, reduced sodium	50	3.5	C	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

91405000	9000_SavorySweet	Jelly, sugar free, all flavors	49	4.5	A	3
91407150	9000_SavorySweet	Bean paste, sweetened	49	4	B	3
71205020	9000_SavorySweet	Potato sticks, plain	49	3	D	4
54200100	9000_SavorySweet	Crackers, butter, reduced sodium	48	4	B	4
54204020	9000_SavorySweet	Crackers, wheat, reduced sodium	48	4	B	4
54204030	9000_SavorySweet	Crackers, woven wheat, reduced sodium	48	4	B	4
51306000	9000_SavorySweet	Breadsticks, hard, whole wheat	48	3	C	4
54328120	9000_SavorySweet	Crackers, whole grain, sandwich, peanut butter filled	48	3.5	D	4
11461280	9000_SavorySweet	Yogurt, frozen, cone, chocolate, lowfat milk	47	3.5	B	4
54403091	9000_SavorySweet	Popcorn, ready-to-eat packaged, kettle corn, light	47	3	C	4
91731150	9000_SavorySweet	Peanuts, yogurt covered	47	0.5	E	4
71205030	9000_SavorySweet	Potato sticks, flavored	46	3.5	E	4
71205040	9000_SavorySweet	Potato sticks, fry shaped	46	3.5	E	4
71980200	9000_SavorySweet	Taro chips	45	3.5	C	4
91304070	9000_SavorySweet	Topping, peanut butter, thick, fudge type	45	2	C	4
54325060	9000_SavorySweet	Crackers, saltine, multigrain	44	3.5	C	4
71200400	9000_SavorySweet	Potato chips, baked, plain	44	4	C	4
71203010	9000_SavorySweet	Potato chips, popped, plain	44	4	C	4
71203030	9000_SavorySweet	Potato chips, popped, NFS	44	4	C	4
91501090	9000_SavorySweet	Gelatin dessert with fruit, vegetable, and nuts	44	4	B	4
91703060	9000_SavorySweet	Caramel with nuts, chocolate covered	44	1.5	D	4
54337060	9000_SavorySweet	Crackers, woven wheat, reduced fat	44	3	C	4
71905410	9000_SavorySweet	Plantain chips	44	3	D	4
11460100	9000_SavorySweet	Yogurt, frozen, chocolate, NS as to type of milk	43	3	C	4
11460430	9000_SavorySweet	Yogurt, frozen, chocolate, whole milk	43	3	C	4
91716110	9000_SavorySweet	Halvah, chocolate covered	43	1	E	4
71200410	9000_SavorySweet	Potato chips, baked, flavored	43	3.5	D	4
71203020	9000_SavorySweet	Potato chips, popped, flavored	43	3.5	D	4
91700500	9000_SavorySweet	M&M's Almond Chocolate Candies	43	1	E	4
71201060	9000_SavorySweet	Potato chips, fat free	43	4	C	4
71200300	9000_SavorySweet	Potato chips, restructured, plain	42	3	D	4
13160160	9000_SavorySweet	Fat free ice cream, no sugar added, flavors other than chocolate	42	3.5	B	4
44201000	9000_SavorySweet	Carob chips	42	1.5	E	4
91301082	9000_SavorySweet	Chocolate syrup, thin type, sugar free	42	3.5	A	4
71200310	9000_SavorySweet	Potato chips, restructured, flavored	41	3.5	D	4
13140710	9000_SavorySweet	Light ice cream, creamsicle or dreamsicle, no sugar added	41	3.5	A	4
91511110	9000_SavorySweet	Gelatin dessert, dietetic, with fruit and whipped topping, sweetened with low calorie sweetene	41	4.5	B	3
91731000	9000_SavorySweet	Peanuts, chocolate covered	40	1	E	4
91511080	9000_SavorySweet	Gelatin dessert, dietetic, with fruit and cream cheese, sweetened with low calorie sweetener	39	4.5	B	3
54403089	9000_SavorySweet	Popcorn, ready-to-eat-packaged, kettle corn	39	2	D	4
53116500	9000_SavorySweet	Cake or cupcake, pumpkin, without icing or filling	39	2	D	4
13250200	9000_SavorySweet	Mousse, chocolate, lowfat, reduced calorie, prepared from dry mix, water added	39	3.5	B	4
71201200	9000_SavorySweet	Potato chips, restructured, reduced fat, lightly salted	39	3	D	4
53104100	9000_SavorySweet	Cake or cupcake, carrot, without icing or filling	38	2	D	4
91406600	9000_SavorySweet	Jam, preserve, marmalade, reduced sugar, all flavors	38	3	C	3
13120750	9000_SavorySweet	Ice cream cone with nuts, chocolate ice cream	37	3.5	C	4
53102600	9000_SavorySweet	Cake or cupcake, banana, without icing or filling	37	2	D	4
91733200	9000_SavorySweet	Peanut Bar, chocolate covered candy	37	1	E	4
54402080	9000_SavorySweet	Tortilla chips, reduced sodium	37	3.5	A	4
13160400	9000_SavorySweet	Fat free ice cream, flavors other than chocolate	37	3.5	B	4
13160420	9000_SavorySweet	Fat free ice cream, NS as to flavor	37	3.5	B	4
91520100	9000_SavorySweet	Yokan	36	4	C	3
91405500	9000_SavorySweet	Jelly, reduced sugar, all flavors	36	3	C	3
63403150	9000_SavorySweet	Lime souffle	35	2	D	4
91713060	9000_SavorySweet	Fudge, peanut butter, with nuts	35	1	E	4
91731010	9000_SavorySweet	M&M's Peanut Chocolate Candies	35	0.5	E	4
13120780	9000_SavorySweet	Ice cream cone, chocolate covered, with nuts, chocolate ice cream	35	2	D	4
13161000	9000_SavorySweet	Milk dessert bar, frozen, made from lowfat milk	35	4	A	4
53452100	9000_SavorySweet	Pastry, fruit-filled	35	3.5	C	4
91705070	9000_SavorySweet	Chocolate, milk, with peanuts	35	1	E	4
91303000	9000_SavorySweet	Molasses	35	1	D	2
91406500	9000_SavorySweet	Jam, preserve, marmalade, sweetened with fruit juice concentrates, all flavors	35	3	C	3
53102100	9000_SavorySweet	Cake or cupcake, applesauce, without icing or filling	34	2	D	4
53117100	9000_SavorySweet	Cake or cupcake, spice, without icing or filling	34	2	D	4
13120700	9000_SavorySweet	Ice cream cone with nuts, flavors other than chocolate	34	3.5	D	4
54337010	9000_SavorySweet	Crackers, woven wheat	33	3	C	4
54337020	9000_SavorySweet	Crackers, woven wheat, plain (Triscuit)	33	3	C	4
54337030	9000_SavorySweet	Crackers, woven wheat, flavored (Triscuit)	33	3	C	4
54338010	9000_SavorySweet	Crackers, wheat, plain (Wheat Thins)	33	3	C	4
54338020	9000_SavorySweet	Crackers, wheat, flavored (Wheat Thins)	33	3	C	4
54338000	9000_SavorySweet	Crackers, wheat	33	3	C	4
54403120	9000_SavorySweet	Popcorn, caramel coated, with nuts	33	1.5	D	4
13161600	9000_SavorySweet	Milk dessert bar, frozen, made from lowfat milk and low calorie sweetener	33	3.5	A	4
91734000	9000_SavorySweet	Peanut butter, chocolate covered	33	0.5	E	4
91770030	9000_SavorySweet	Dietetic or low calorie candy, chocolate covered	33	0.5	D	4
13220220	9000_SavorySweet	Pudding, chocolate, prepared from dry mix, low calorie, containing artificial sweetener, milk ad	32	3.5	C	4
54304150	9000_SavorySweet	Crackers, cheese, whole grain	32	3.5	D	4
63420110	9000_SavorySweet	Fruit juice bar, frozen, flavor other than orange	32	4	C	4
63430100	9000_SavorySweet	Sorbet, fruit, noncitrus flavor	32	4	C	4
91734500	9000_SavorySweet	Peanut butter morsels	32	1	E	4
54102100	9000_SavorySweet	Graham crackers, reduced fat	32	3.5	C	4
91501020	9000_SavorySweet	Gelatin dessert with fruit	31	4	B	3
53440500	9000_SavorySweet	Strudel, cherry	31	3.5	C	4
91718000	9000_SavorySweet	Honey-combed hard candy with peanut butter	31	2	E	4
54403001	9000_SavorySweet	Popcorn, NFS	31	1.5	E	4
54403051	9000_SavorySweet	Popcorn, microwave, NFS	31	1.5	E	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

54403052	9000_SaverySweet	Popcorn, microwave, plain	31	1.5	E	4
54403056	9000_SaverySweet	Popcorn, microwave, butter flavored	31	1.5	E	4
91708020	9000_SaverySweet	Soft fruit confections	31	3	D	4
91713040	9000_SaverySweet	Fudge, chocolate, with nuts	31	1	D	4
13110310	9000_SaverySweet	Ice cream, no sugar added, NS as to flavor	31	3	C	4
13110320	9000_SaverySweet	Ice cream, no sugar added, flavors other than chocolate	31	3	C	4
91407100	9000_SaverySweet	Guava paste	30	1.5	D	3
91734100	9000_SaverySweet	Reese's Peanut Butter Cup	30	0.5	E	4
91705310	9000_SaverySweet	Chocolate, sweet or dark, with almonds	30	3.5	E	4
53390100	9000_SaverySweet	Pie, tofu with fruit	30	3.5	C	4
41480000	9000_SaverySweet	Tofu, frozen dessert, flavors other than chocolate	30	3.5	D	4
41410015	9000_SaverySweet	Soy chips	30	3.5	C	4
54403058	9000_SaverySweet	Popcorn, microwave, cheese flavored	30	1.5	E	4
54403062	9000_SaverySweet	Popcorn, microwave, other flavored	30	1.5	E	4
53116550	9000_SaverySweet	Cake or cupcake, raisin-nut	30	1.5	D	4
91705040	9000_SaverySweet	Chocolate, milk, with nuts, not almond or peanuts	30	0.5	E	4
63203700	9000_SaverySweet	Blueberry pie filling	30	3	C	4
54301100	9000_SaverySweet	Crackers, butter, reduced fat	29	2	D	4
54338100	9000_SaverySweet	Crackers, wheat, reduced fat	29	2	D	4
53231400	9000_SaverySweet	Cookie, multigrain, high fiber	29	1	E	4
53223100	9000_SaverySweet	Cookie, granola	29	1	E	4
13110330	9000_SaverySweet	Ice cream, no sugar added, chocolate	29	3.5	B	4
91501110	9000_SaverySweet	Gelatin dessert with fruit and whipped topping	29	4	C	4
91403000	9000_SaverySweet	Fruit butter, all flavors	29	3.5	C	3
58118110	9000_SaverySweet	Cornstarch coconut dessert, Puerto Rican style	29	1.5	D	2
54408310	9000_SaverySweet	Pretzels, hard, peanut butter filled	29	1.5	D	4
13140580	9000_SaverySweet	Light ice cream, no sugar added, cone, chocolate	28	3	B	4
54402200	9000_SaverySweet	Snack mix	28	2	D	4
91501120	9000_SaverySweet	Gelatin dessert with fruit and vegetables	28	4	B	3
91734450	9000_SaverySweet	Reese's Crispy Crunchy Bar	28	1	E	4
91718050	9000_SaverySweet	Honey-combed hard candy with peanut butter, chocolate covered	27	1	E	4
54103000	9000_SaverySweet	Crackers, breakfast biscuit	27	3.5	D	4
91726150	9000_SaverySweet	MARS Almond Bar	27	1	E	4
54102015	9000_SaverySweet	Graham crackers (Teddy Grahams)	27	2	D	4
91733000	9000_SaverySweet	Peanut brittle	27	2	E	4
13220210	9000_SaverySweet	Pudding, flavors other than chocolate, prepared from dry mix, low calorie, containing artificial s	27	3.5	C	4
54102010	9000_SaverySweet	Graham crackers	27	2	D	4
91705500	9000_SaverySweet	Mexican chocolate, tablet	27	1.5	D	4
53115310	9000_SaverySweet	Cake or cupcake, nut, without icing or filling	27	1.5	D	4
58124210	9000_SaverySweet	Pastry, cheese-filled	27	2	D	4
13161630	9000_SaverySweet	Light ice cream, bar or stick, with low-calorie sweetener, chocolate coated	27	3	C	4
53387000	9000_SaverySweet	Pie, Toll house chocolate chip	27	1	E	4
54403006	9000_SaverySweet	Popcorn, movie theater, unbuttered	26	0.5	E	4
13140110	9000_SaverySweet	Light ice cream, bar or stick, chocolate covered, with nuts	26	1.5	D	4
71201210	9000_SaverySweet	Potato chips, restructured, fat free	26	3	D	4
91705060	9000_SaverySweet	Milk chocolate candy, with almonds	26	0.5	E	4
13140575	9000_SaverySweet	Light ice cream, no sugar added, cone, flavors other than chocolate	26	3.5	C	4
13140570	9000_SaverySweet	Light ice cream, no sugar added, cone, NS as to flavor	26	3	C	4
91731060	9000_SaverySweet	M&M's Peanut Butter Chocolate Candies	26	0.5	E	4
11460420	9000_SaverySweet	Yogurt, frozen, NS as to flavor, whole milk	26	3	C	4
41480010	9000_SaverySweet	Tofu, frozen dessert, chocolate	26	3	C	4
13120130	9000_SaverySweet	Ice cream bar or stick, rich ice cream, chocolate covered, with nuts	25	1.5	D	4
11460000	9000_SaverySweet	Yogurt, frozen, flavors other than chocolate, NS as to type of milk	25	3	C	4
11460440	9000_SaverySweet	Yogurt, frozen, flavors other than chocolate, whole milk	25	3	C	4
63113030	9000_SaverySweet	Cherry pie filling	25	3.5	C	3
13210810	9000_SaverySweet	Pumpkin pudding, Puerto Rican style	25	4	C	4
91301060	9000_SaverySweet	Maple syrup	25	1.5	D	2
91705050	9000_SaverySweet	Milk chocolate candy, with fruit and nuts	25	0.5	E	4
53260200	9000_SaverySweet	Cookie, oatmeal, sugar free	25	2	D	4
91708150	9000_SaverySweet	Yogurt covered fruit snacks candy, with added vitamin C	25	1	D	4
54102050	9000_SaverySweet	Crackers, oatmeal	25	3.5	D	4
54339000	9000_SaverySweet	Crackers, corn	25	3.5	D	4
53415200	9000_SaverySweet	Fritter, banana	25	3	C	4
54326000	9000_SaverySweet	Crackers, multigrain	24	1.5	D	4
54401170	9000_SaverySweet	Tortilla chips, low fat, unsalted	24	4	A	4
53260500	9000_SaverySweet	Cookie, sugar wafer, sugar free	24	4	C	4
91703080	9000_SaverySweet	Caramel, all flavors, sugar free	24	3.5	D	4
13142000	9000_SaverySweet	Milk dessert bar or stick, frozen, with coconut	24	3.5	C	4
53260600	9000_SaverySweet	Cookie, peanut butter, sugar free	24	2	D	4
91734400	9000_SaverySweet	Reese's Fast Break	24	0.5	E	4
91407120	9000_SaverySweet	Sweet potato paste	24	1.5	D	3
91304090	9000_SaverySweet	Topping, chocolate flavored hazelnut spread	24	0.5	E	4
91718110	9000_SaverySweet	Butterfinger Crisp	24	0.5	E	4
91703030	9000_SaverySweet	Caramel, with nuts	24	1	E	4
91705300	9000_SaverySweet	Chocolate, sweet or dark	23	0.5	E	4
54401085	9000_SaverySweet	Tortilla chips, flavored	23	3.5	D	4
54401110	9000_SaverySweet	Tortilla chips, nacho cheese flavor (Doritos)	23	3.5	D	4
54401112	9000_SaverySweet	Tortilla chips, other flavors (Doritos)	23	3.5	D	4
91713020	9000_SaverySweet	Fudge, chocolate, chocolate-coated, with nuts	23	0.5	E	4
91713090	9000_SaverySweet	Fudge, divinity	23	1	D	4
13130340	9000_SaverySweet	Light ice cream, no sugar added, chocolate	23	3	C	4
13160150	9000_SaverySweet	Fat free ice cream, no sugar added, chocolate	23	3	C	4
91703250	9000_SaverySweet	TWIX Chocolate Fudge Cookie Bars	23	1	D	4
54401055	9000_SaverySweet	Cheese flavored corn snacks	23	1.5	E	4
54401081	9000_SaverySweet	Cheese flavored corn snacks (Cheetos)	23	1.5	E	4
53347000	9000_SaverySweet	Pie, pumpkin	23	3.5	C	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

53347070	9000_SavorySweet	Pie, pumpkin, individual size or tart	23	3.5	C	4
54328000	9000_SavorySweet	Crackers, sandwich	23	1.5	D	4
54328100	9000_SavorySweet	Crackers, sandwich, peanut butter filled	23	1.5	D	4
91705200	9000_SavorySweet	Chocolate, semi-sweet morsel	23	0.5	E	4
13230140	9000_SavorySweet	Pudding, ready-to-eat, low calorie, containing artificial sweetener, chocolate	23	3	C	4
13210250	9000_SavorySweet	Pudding, chocolate, low calorie, containing artificial sweetener, NS as to from dry mix or ready-	23	3	C	4
91713050	9000_SavorySweet	Fudge, peanut butter	23	0.5	E	4
53415300	9000_SavorySweet	Crisp, blueberry	23	3	C	4
13140900	9000_SavorySweet	Light ice cream, fudgesicle	23	3	C	4
53415220	9000_SavorySweet	Fritter, berry	22	3.5	C	4
13130630	9000_SavorySweet	Light ice cream, soft serve cone, chocolate	22	3	C	4
11460250	9000_SavorySweet	Yogurt, frozen, flavors other than chocolate, with sorbet or sorbet-coated	22	3	C	4
11459990	9000_SavorySweet	Yogurt, frozen, NS as to flavor, NS as to type of milk	22	3	B	4
11460150	9000_SavorySweet	Yogurt, frozen, NS as to flavor, lowfat milk	22	3	B	4
54402700	9000_SavorySweet	Pita chips	22	3.5	D	4
53105300	9000_SavorySweet	Cake or cupcake, German chocolate, with icing or filling	22	1	E	4
53420310	9000_SavorySweet	Wheat flour fritter, without syrup	22	1.5	D	4
91708160	9000_SavorySweet	Yogurt covered fruit snacks candy rolls, with high vitamin C	22	2	D	4
51184100	9000_SavorySweet	Breadsticks, hard, reduced sodium	22	4	A	4
11460170	9000_SavorySweet	Yogurt, frozen, flavors other than chocolate, lowfat milk	22	3	B	4
53110000	9000_SavorySweet	Cake, fruit cake, light or dark, holiday type cake	21	3.5	C	4
91713100	9000_SavorySweet	Fudge, brown sugar, penuche	21	0.5	D	4
91735000	9000_SavorySweet	Pralines	21	0.5	D	4
91304250	9000_SavorySweet	Topping, milk chocolate with cereal	21	0.5	E	4
11461250	9000_SavorySweet	Yogurt, frozen, cone, chocolate	21	2	C	4
91703050	9000_SavorySweet	Caramel with nuts and cereal, chocolate covered	21	0.5	E	4
54401065	9000_SavorySweet	Cheese flavored corn snacks, reduced fat	21	2	D	4
54401075	9000_SavorySweet	Tortilla chips, plain	21	3.5	B	4
54420220	9000_SavorySweet	Snack mix, plain (Chex Mix)	21	3.5	C	4
53260300	9000_SavorySweet	Cookie, sandwich, sugar free	21	3.5	C	4
91304300	9000_SavorySweet	Topping, chocolate, hard coating	21	0.5	E	4
54403160	9000_SavorySweet	Popcorn, chocolate coated	21	1.5	E	4
58157210	9000_SavorySweet	Rice pudding made with coconut milk, Puerto Rican style	21	1.5	D	4
54403005	9000_SavorySweet	Popcorn, movie theater, with added butter	21	0.5	E	4
51168000	9000_SavorySweet	Bread, Spanish coffee	21	3.5	B	4
91402000	9000_SavorySweet	Jam, preserve, all flavors	20	3.5	D	3
91705410	9000_SavorySweet	Chocolate, white, with almonds	20	0.5	E	4
63420100	9000_SavorySweet	Fruit juice bar, frozen, orange flavor	20	4	C	4
63430110	9000_SavorySweet	Sorbet, fruit, citrus flavor	20	4	C	4
91713080	9000_SavorySweet	Fudge, vanilla, with nuts	20	0.5	D	4
53451500	9000_SavorySweet	Turnover, guava	20	3.5	C	4
55801010	9000_SavorySweet	Funnel cake with sugar and fruit	20	2	D	4
91734200	9000_SavorySweet	Reese's Pieces	20	0.5	E	4
54402610	9000_SavorySweet	Potato chips, restructured, multigrain	19	3.5	D	4
91715100	9000_SavorySweet	SNICKERS Bar	19	0.5	E	4
54336100	9000_SavorySweet	Crackers, wonton	19	2	D	4
56116000	9000_SavorySweet	Noodles, chow mein	19	2	D	4
91726000	9000_SavorySweet	Nougat, plain	19	2	C	4
53116510	9000_SavorySweet	Cake or cupcake, pumpkin, with icing or filling	19	1	E	4
91104100	9000_SavorySweet	Sugar, cinnamon	19	1	C	2
54319005	9000_SavorySweet	Crackers, rice and nuts	19	3.5	B	4
13110130	9000_SavorySweet	Ice cream, rich, chocolate	19	1.5	D	4
51161050	9000_SavorySweet	Roll, sweet, frosted	19	2	D	4
54301010	9000_SavorySweet	Crackers, butter, plain	19	1.5	D	4
54301020	9000_SavorySweet	Crackers, butter, flavored	19	1.5	D	4
54301030	9000_SavorySweet	Crackers, butter (Ritz)	19	1.5	D	4
54001000	9000_SavorySweet	Crackers, NFS	19	1.5	D	4
91736000	9000_SavorySweet	Pineapple candy, Puerto Rican style	19	1.5	D	4
55801000	9000_SavorySweet	Funnel cake with sugar	19	2	D	4
53440300	9000_SavorySweet	Strudel, berry	19	3.5	C	4
54401111	9000_SavorySweet	Tortilla chips, cool ranch flavor (Doritos)	19	3	C	4
53302070	9000_SavorySweet	Pie, apricot, individual size or tart	19	3.5	C	4
91703600	9000_SavorySweet	Espresso coffee beans, chocolate-covered	19	0.5	E	4
91739010	9000_SavorySweet	Raisins, chocolate covered	19	0.5	E	4
53451750	9000_SavorySweet	Turnover, pumpkin	19	3	C	4
53300170	9000_SavorySweet	Pie, individual size or tart, NFS	19	3.5	C	4
53301070	9000_SavorySweet	Pie, apple, individual size or tart	19	3.5	C	4
13210530	9000_SavorySweet	Pudding, tapioca, chocolate, made with milk	19	3	C	4
53452150	9000_SavorySweet	Pastry, Chinese, made with rice flour	18	3	C	4
53104260	9000_SavorySweet	Cake or cupcake, carrot, with icing or filling	18	1	E	4
91718300	9000_SavorySweet	Ladoo, round ball, Asian-Indian dessert	18	3.5	D	4
53308070	9000_SavorySweet	Pie, pineapple, individual size or tart	18	3.5	C	4
91302010	9000_SavorySweet	Honey	18	1	D	2
13120400	9000_SavorySweet	Ice cream bar or stick with fruit	18	3	C	4
13120120	9000_SavorySweet	Ice cream bar or stick, rich chocolate ice cream, thick chocolate covering	18	1	D	4
53235000	9000_SavorySweet	Cookie, peanut butter sandwich	18	1.5	D	4
54328110	9000_SavorySweet	Crackers, sandwich, reduced fat, peanut butter filled	18	2	D	4
53346000	9000_SavorySweet	Pie, peanut butter cream	17	2	D	4
13210750	9000_SavorySweet	Pudding, pumpkin	17	3	C	4
53102700	9000_SavorySweet	Cake or cupcake, banana, with icing or filling	17	1	E	4
91739600	9000_SavorySweet	Raisins, yogurt covered	17	1.5	E	4
53100050	9000_SavorySweet	Cake batter, raw, chocolate	17	2	D	4
53124110	9000_SavorySweet	Cake or cupcake, zucchini	17	1	E	4
53441110	9000_SavorySweet	Baklava	17	1.5	D	4
63420200	9000_SavorySweet	Fruit juice bar, frozen, sweetened with low calorie sweetener, flavors other than orange	17	4.5	B	4
53452450	9000_SavorySweet	Cheese pastry puffs	17	2	D	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

91760200	9000_SavorySweet	Toffee, chocolate-coated, with nuts	17	0.5	E	4
13120140	9000_SavorySweet	Ice cream bar or stick, chocolate ice cream, chocolate covered	17	1.5	D	4
53452400	9000_SavorySweet	Pastry, puff	17	2	D	4
53105500	9000_SavorySweet	Cake, chocolate, with icing, diet	16	3.5	D	4
58149160	9000_SavorySweet	Noodle pudding, with milk	16	3.5	C	4
53310000	9000_SavorySweet	Pie, raspberry, one crust	16	3.5	C	4
53105275	9000_SavorySweet	Cake or cupcake, chocolate, devil's food or fudge, without icing or filling	16	2	D	4
91705010	9000_SavorySweet	Milk chocolate candy, plain	16	0.5	E	4
32120200	9000_SavorySweet	Zabaglione	16	3.5	C	4
53415120	9000_SavorySweet	Fritter, apple	16	2	D	4
91550300	9000_SavorySweet	Pineapple custard, Puerto Rican style	16	3.5	C	4
13120100	9000_SavorySweet	Ice cream bar or stick, chocolate covered	16	1.5	D	4
54404020	9000_SavorySweet	Popcorn chips, sweet flavors	16	3.5	B	4
13250000	9000_SavorySweet	Mousse, chocolate	16	2	D	4
53385000	9000_SavorySweet	Pie, pecan	16	2	D	4
53385070	9000_SavorySweet	Pie, pecan, individual size or tart	16	2	D	4
53440700	9000_SavorySweet	Strudel, peach	16	3.5	C	4
91705020	9000_SavorySweet	Milk chocolate candy, with cereal	16	0.5	E	4
91705420	9000_SavorySweet	Chocolate, white, with cereal	16	0.5	E	4
13110110	9000_SavorySweet	Ice cream, regular, chocolate	16	2	D	4
54201010	9000_SavorySweet	Crackers, matzo, reduced sodium	16	4	A	4
54307000	9000_SavorySweet	Crackers, matzo	16	4	A	4
53105270	9000_SavorySweet	Cake or cupcake, chocolate, devil's food or fudge, with icing or filling	16	1.5	D	4
54328105	9000_SavorySweet	Crackers, sandwich, peanut butter filled (Ritz)	16	1.5	D	4
53234000	9000_SavorySweet	Cookie, peanut butter	16	1	E	4
53366000	9000_SavorySweet	Pie, yogurt, frozen	16	2	D	4
91718200	9000_SavorySweet	Chocolate-flavored sprinkles	16	0.5	E	4
54328210	9000_SavorySweet	Crackers, sandwich, cheese filled (Ritz)	15	1.5	D	4
91301090	9000_SavorySweet	Sorghum syrup	15	1	D	4
91703300	9000_SavorySweet	TWIX Peanut Butter Cookie Bars	15	0.5	E	4
53102200	9000_SavorySweet	Cake or cupcake, applesauce, with icing or filling	15	1	E	4
13127010	9000_SavorySweet	Dippin' Dots, flash frozen ice cream snacks, chocolate	15	2	D	4
53117200	9000_SavorySweet	Cake or cupcake, spice, with icing or filling	15	1	E	4
53100100	9000_SavorySweet	Cake or cupcake, NS as to type	15	1.5	D	4
91401000	9000_SavorySweet	Jelly, all flavors	15	3.5	D	3
54406010	9000_SavorySweet	Onion flavored rings	15	1.5	D	4
91760500	9000_SavorySweet	Truffles	15	0.5	E	4
53344000	9000_SavorySweet	Pie, custard	15	3	C	4
91560100	9000_SavorySweet	Haupia	15	1.5	D	4
91703150	9000_SavorySweet	Toblerone, milk chocolate with honey and almond nougat	15	0.5	E	4
53303000	9000_SavorySweet	Pie, blackberry, two crust	15	3.5	C	4
13120110	9000_SavorySweet	Ice cream bar or stick, chocolate or caramel covered, with nuts	15	1	E	4
13210300	9000_SavorySweet	Custard	15	3.5	B	4
91802000	9000_SavorySweet	Chewing gum, sugar free	15	3.5	B	4
53115450	9000_SavorySweet	Cake or cupcake, peanut butter	15	1	E	4
53234100	9000_SavorySweet	Cookie, peanut butter, with chocolate	15	1	E	4
53441210	9000_SavorySweet	Basbousa	15	2	D	4
13110210	9000_SavorySweet	Ice cream, soft serve, chocolate	15	2	D	4
91715000	9000_SavorySweet	Fudge, caramel and nut, chocolate-coated candy	15	0.5	E	4
54401095	9000_SavorySweet	Tortilla chips, popped	15	3.5	C	4
54404000	9000_SavorySweet	Popcorn chips, plain	15	3.5	C	4
54404010	9000_SavorySweet	Popcorn chips, other flavors	15	3.5	C	4
13210110	9000_SavorySweet	Pudding, bread	14	3	C	4
54328200	9000_SavorySweet	Crackers, sandwich, cheese filled	14	1.5	E	4
53452170	9000_SavorySweet	Pastry, cookie type, fried	14	2	D	4
54408485	9000_SavorySweet	Pretzels, soft, gluten free	14	3.5	C	4
53260400	9000_SavorySweet	Cookie, sugar or plain, sugar free	14	2	D	4
53112000	9000_SavorySweet	Cake, ice cream and cake roll, chocolate	14	1.5	D	4
53303510	9000_SavorySweet	Pie, berry, not blackberry, blueberry, boysenberry, huckleberry, raspberry, or strawberry; one c	14	3	C	4
53115320	9000_SavorySweet	Cake or cupcake, nut, with icing or filling	14	1	E	4
13127000	9000_SavorySweet	Dippin' Dots, flash frozen ice cream snacks, flavors other than chocolate	14	2	D	4
13110000	9000_SavorySweet	Ice cream, NFS	14	2	D	4
13130100	9000_SavorySweet	Light ice cream, NS as to flavor	14	3.5	C	4
13130300	9000_SavorySweet	Light ice cream, flavors other than chocolate	14	3.5	C	4
13110100	9000_SavorySweet	Ice cream, regular, flavors other than chocolate	13	2	D	4
13110200	9000_SavorySweet	Ice cream, soft serve, flavors other than chocolate	13	2	D	4
13110220	9000_SavorySweet	Ice cream, soft serve, NS as to flavor	13	2	D	4
13120050	9000_SavorySweet	Ice cream bar or stick, not chocolate covered or cake covered	13	2	D	4
53220040	9000_SavorySweet	Cookie, fig bar, fat free	13	2	D	4
53220000	9000_SavorySweet	Cookie, fruit-filled bar	13	2	D	4
53220010	9000_SavorySweet	Cookie, fruit-filled bar, fat free	13	2	D	4
53220030	9000_SavorySweet	Cookie, fig bar	13	2	D	4
13220230	9000_SavorySweet	Pudding, ready-to-eat, chocolate, reduced fat	13	3	C	4
13220235	9000_SavorySweet	Pudding, ready-to-eat, chocolate, fat free	13	3	C	4
53415500	9000_SavorySweet	Crisp, peach	13	3	D	4
13220120	9000_SavorySweet	Pudding, chocolate, prepared from dry mix, milk added	13	3	C	4
53452120	9000_SavorySweet	Pastry, made with bean or lotus seed paste filling, baked	13	3.5	C	4
53415100	9000_SavorySweet	Crisp, apple, apple dessert	13	4	C	4
53206020	9000_SavorySweet	Cookie, chocolate chip, made from home recipe or purchased at a bakery	13	0.5	E	4
54403110	9000_SavorySweet	Popcorn, caramel coated	13	1	D	4
91734300	9000_SavorySweet	Reese's Sticks	13	0.5	E	4
13250100	9000_SavorySweet	Mousse, not chocolate	13	3	D	4
91501070	9000_SavorySweet	Gelatin dessert with fruit and sour cream	13	4	C	4
13122100	9000_SavorySweet	Ice cream pie, no crust	13	2	D	4
53251100	9000_SavorySweet	Cookie, rugelach	13	2	D	4
53233040	9000_SavorySweet	Cookie, oatmeal, reduced fat, NS as to raisins	13	3.5	D	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

51184000	9000_SavorySweet	Breadsticks, hard, NFS	13	3.5	C	4
53420250	9000_SavorySweet	Cream puff, no filling or icing	13	2	D	4
53344300	9000_SavorySweet	Dessert pizza	13	3.5	C	4
53452420	9000_SavorySweet	Pastry, puff, custard or cream filled, iced or not iced	13	2	D	4
53347500	9000_SavorySweet	Pie, sour cream, raisin	13	3.5	D	4
13241000	9000_SavorySweet	Pudding, with fruit and vanilla wafers	13	3	C	4
13210610	9000_SavorySweet	Pudding, coconut	13	3	C	4
13121200	9000_SavorySweet	Ice cream sundae, prepackaged type, flavors other than chocolate	13	3.5	C	4
53382000	9000_SavorySweet	Pie, chocolate-marshmallow	13	1	E	4
51185000	9000_SavorySweet	Croutons	13	1.5	D	4
53303070	9000_SavorySweet	Pie, blackberry, individual size or tart	13	3	C	4
13120121	9000_SavorySweet	Ice cream bar or stick, rich ice cream, thick chocolate covering	13	1	E	4
53104300	9000_SavorySweet	Cake, carrot, diet	13	3	D	4
91706100	9000_SavorySweet	Coconut candy, no chocolate covering	12	0.5	E	4
91361020	9000_SavorySweet	Fruit sauce	12	3	D	4
13120760	9000_SavorySweet	Ice cream cone, chocolate covered or dipped, chocolate ice cream	12	2	D	4
91726410	9000_SavorySweet	Nougat, chocolate covered	12	1.5	D	4
13130610	9000_SavorySweet	Light ice cream, soft serve, chocolate	12	3	C	4
53305080	9000_SavorySweet	Pie, cherry, fried pie	12	3.5	C	4
53226600	9000_SavorySweet	Cookie, marshmallow and peanut butter, with oat cereal, no bake	12	2	D	4
53234250	9000_SavorySweet	Cookie, peanut butter with rice cereal, no bake	12	2	D	4
53226500	9000_SavorySweet	Cookie, marshmallow, with rice cereal, no bake	12	2	D	4
91706000	9000_SavorySweet	Coconut candy, chocolate covered	12	0.5	E	4
91550100	9000_SavorySweet	Coconut cream cake, Puerto Rican style	12	1	E	4
53302080	9000_SavorySweet	Pie, apricot, fried pie	12	3.5	C	4
11461000	9000_SavorySweet	Yogurt, frozen, chocolate-coated	12	1	E	4
53410200	9000_SavorySweet	Cobbler, apricot	12	3.5	C	4
53300180	9000_SavorySweet	Pie, fried, NFS	12	3.5	C	4
53301080	9000_SavorySweet	Pie, apple, fried pie	12	3.5	C	4
13120300	9000_SavorySweet	Ice cream bar, cake covered	12	2	D	4
91715200	9000_SavorySweet	Baby Ruth	12	0.5	E	4
53410300	9000_SavorySweet	Cobbler, berry	12	3	C	4
53307080	9000_SavorySweet	Pie, peach, fried pie	12	3.5	C	4
53415600	9000_SavorySweet	Crisp, rhubarb	12	3.5	D	4
53305750	9000_SavorySweet	Pie, lemon, fried pie	12	3.5	C	4
53115100	9000_SavorySweet	Cake or cupcake, marble, without icing or filling	12	1.5	D	4
53440000	9000_SavorySweet	Strudel, apple	12	3.5	C	4
91718100	9000_SavorySweet	Butterfinger	12	0.5	E	4
11461260	9000_SavorySweet	Yogurt, frozen, cone, flavors other than chocolate	12	3.5	D	4
53344200	9000_SavorySweet	Mixed fruit tart filled with custard or cream cheese	11	3	C	4
91304020	9000_SavorySweet	Topping, chocolate, thick, fudge type	11	1.5	D	4
13120790	9000_SavorySweet	Ice cream sundae cone	11	3.5	C	4
53312000	9000_SavorySweet	Pie, strawberry, one crust	11	3.5	C	4
54202020	9000_SavorySweet	Crackers, saltine, reduced sodium	11	3.5	C	4
13120710	9000_SavorySweet	Ice cream cone, chocolate covered, with nuts, flavors other than chocolate	11	1	E	4
53237000	9000_SavorySweet	Cookie, raisin	11	1	E	4
54304005	9000_SavorySweet	Crackers, cheese (Cheez-It)	11	1.5	E	4
54304020	9000_SavorySweet	Crackers, cheese (Goldfish)	11	1.5	E	4
54304000	9000_SavorySweet	Crackers, cheese	11	1.5	E	4
13210450	9000_SavorySweet	Pudding, rice flour, and nuts	11	3	C	4
13140660	9000_SavorySweet	Light ice cream, sundae, soft serve, chocolate or fudge topping, without whipped cream	11	3.5	C	4
13130320	9000_SavorySweet	Light ice cream, no sugar added, NS as to flavor	11	3	C	4
13130330	9000_SavorySweet	Light ice cream, no sugar added, flavors other than chocolate	11	3	C	4
13120720	9000_SavorySweet	Ice cream cone, chocolate covered or dipped, flavors other than chocolate	11	2	D	4
13130310	9000_SavorySweet	Light ice cream, chocolate	11	3.5	C	4
13130590	9000_SavorySweet	Light ice cream, soft serve, NS as to flavor	11	3	C	4
13130600	9000_SavorySweet	Light ice cream, soft serve, flavors other than chocolate	11	3	C	4
13140100	9000_SavorySweet	Light ice cream, bar or stick, chocolate coated	11	1	D	4
91746010	9000_SavorySweet	Sugar-coated chocolate discs	11	0.5	E	4
91746100	9000_SavorySweet	M&M's Milk Chocolate Candies	11	0.5	E	4
91746120	9000_SavorySweet	Sixlets	11	0.5	E	4
91746150	9000_SavorySweet	Easter egg, candy coated chocolate	11	0.5	E	4
13160410	9000_SavorySweet	Fat free ice cream, chocolate	11	3.5	D	4
91511060	9000_SavorySweet	Gelatin dessert, dietetic, with sour cream, sweetened with low calorie sweetener	11	3.5	B	4
13120770	9000_SavorySweet	Ice cream cone, no topping, chocolate ice cream	11	2	D	4
91713010	9000_SavorySweet	Fudge, chocolate, chocolate-coated	10	0.5	E	4
53115200	9000_SavorySweet	Cake or cupcake, marble, with icing or filling	10	1.5	E	4
91501040	9000_SavorySweet	Gelatin dessert with fruit and whipped cream	10	4	C	4
53209010	9000_SavorySweet	Cookie, sugar wafer, chocolate-covered	10	0.5	E	4
53210900	9000_SavorySweet	Cookie, graham cracker with chocolate and marshmallow	10	1	E	4
13136000	9000_SavorySweet	Ice cream sandwich, made with light, no sugar added ice cream	10	4	A	4
91611100	9000_SavorySweet	Ice pop, sweetened with low calorie sweetener	10	3.5	B	4
13120740	9000_SavorySweet	Ice cream cone, no topping, NS as to flavor	10	2	D	4
13121000	9000_SavorySweet	Ice cream sundae, NS as to topping, with whipped cream	10	1.5	D	4
13210270	9000_SavorySweet	Custard, Puerto Rican style	10	3	C	4
51161000	9000_SavorySweet	Pan Dulce, with fruit, no frosting	10	2	D	4
51160100	9000_SavorySweet	Roll, sweet, cinnamon bun, no frosting	10	2	D	4
51165000	9000_SavorySweet	Coffee cake, yeast type	10	2	D	4
91351020	9000_SavorySweet	Topping, dietetic	10	3.5	B	4
53347600	9000_SavorySweet	Pie, squash	10	3	C	4
13121300	9000_SavorySweet	Ice cream sundae, chocolate or fudge topping, with whipped cream	10	2	D	4
51161020	9000_SavorySweet	Roll, sweet, with fruit, frosted	10	1.5	D	4
53310050	9000_SavorySweet	Pie, raspberry, two crust	10	3	C	4
13140600	9000_SavorySweet	Light ice cream, sundae, soft serve, chocolate or fudge topping, with whipped cream	10	2	D	4
13252100	9000_SavorySweet	Coconut custard, Puerto Rican style	10	1.5	D	4
54102020	9000_SavorySweet	Graham crackers, chocolate covered	10	0.5	E	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

53440750	9000_SavorySweet	Strudel, pineapple	10	3.5	D	4
54401121	9000_SavorySweet	Tortilla chips, reduced fat, plain	10	3.5	B	4
54401122	9000_SavorySweet	Tortilla chips, reduced fat, flavored	10	3.5	B	4
91303500	9000_SavorySweet	Sugar, brown, liquid	10	1.5	D	2
91706400	9000_SavorySweet	Coconut candy, Puerto Rican style	10	0.5	E	4
13130700	9000_SavorySweet	Light ice cream, soft serve, blended with candy or cookies	9	3.5	C	4
91102010	9000_SavorySweet	Sugar, brown	9	0.5	D	2
91301120	9000_SavorySweet	Sugar, carmelized	9	0.5	D	2
13120730	9000_SavorySweet	Ice cream cone, no topping, flavors other than chocolate	9	3.5	D	4
53360000	9000_SavorySweet	Pie, sweet potato	9	3.5	D	4
54440010	9000_SavorySweet	Bagel chips	9	3.5	C	4
53306000	9000_SavorySweet	Pie, mince, two crust	9	3	C	4
58123120	9000_SavorySweet	Sweet bread dough, filled with bean paste, meatless, steamed	9	3	B	4
91501080	9000_SavorySweet	Gelatin dessert with fruit and cream cheese	9	4	B	4
13140550	9000_SavorySweet	Light ice cream, cone, chocolate	9	3	C	4
91301200	9000_SavorySweet	Sugar, brown, and water syrup	9	1	D	2
91705090	9000_SavorySweet	Chocolate candy with fondant and caramel	9	0.5	E	4
53206500	9000_SavorySweet	Cookie, chocolate, made with rice cereal	9	0.5	E	4
54408487	9000_SavorySweet	Pretzels, soft, gluten free, coated or flavored	9	2	D	4
53304050	9000_SavorySweet	Pie, blueberry, one crust	9	3	C	4
53118500	9000_SavorySweet	Cake, torte	9	2	D	4
53208000	9000_SavorySweet	Cookie, marshmallow, chocolate-covered	9	1.5	D	4
53208200	9000_SavorySweet	Cookie, marshmallow pie, chocolate covered	9	1.5	D	4
53226000	9000_SavorySweet	Cookie, marshmallow, with coconut	9	1.5	D	4
91404000	9000_SavorySweet	Marmalade, all flavors	9	1.5	D	3
53314000	9000_SavorySweet	Pie, strawberry, individual size or tart	9	3	C	4
53410800	9000_SavorySweet	Cobbler, peach	9	3.5	C	4
91707010	9000_SavorySweet	Fondant, chocolate covered	9	1	D	4
53224250	9000_SavorySweet	Cookie, lemon bar	9	1.5	D	4
63430500	9000_SavorySweet	Fruit juice bar with cream, frozen	8	3	C	4
53108220	9000_SavorySweet	Snack cake, chocolate, with icing or filling, reduced fat and calories	8	3.5	D	4
13140450	9000_SavorySweet	Light ice cream, cone, NFS	8	3	B	4
13140500	9000_SavorySweet	Light ice cream, cone, flavors other than chocolate	8	3	B	4
53390000	9000_SavorySweet	Pie, shoo-fly	8	1.5	D	4
51161280	9000_SavorySweet	Pan Dulce, with raisins and icing	8	3	C	4
53235500	9000_SavorySweet	Cookie, with peanut butter filling, chocolate-coated	8	0.5	E	4
13140670	9000_SavorySweet	Light ice cream, sundae, soft serve, fruit topping, without whipped cream	8	3	C	4
53236100	9000_SavorySweet	Cookie, pumpkin	8	1.5	D	4
53121270	9000_SavorySweet	Cake or cupcake, yellow, with icing or filling	8	1.5	D	4
53203000	9000_SavorySweet	Cookie, applesauce	8	1.5	D	4
13252500	9000_SavorySweet	Barfi or Burfi, Indian dessert, made from milk and/or cream and/or Ricotta cheese	8	1.5	D	4
53206550	9000_SavorySweet	Cookie, chocolate, made with oatmeal and coconut, no bake	8	1.5	D	4
53233100	9000_SavorySweet	Cookie, oatmeal, with chocolate and peanut butter, no bake	8	1.5	D	4
53233010	9000_SavorySweet	Cookie, oatmeal, with raisins	8	1.5	D	4
53233000	9000_SavorySweet	Cookie, oatmeal	8	1.5	D	4
53385500	9000_SavorySweet	Pie, oatmeal	8	1.5	D	4
13121100	9000_SavorySweet	Ice cream sundae, fruit topping, with whipped cream	8	3.5	D	4
91304030	9000_SavorySweet	Topping, fruit	8	3	C	4
51161270	9000_SavorySweet	Pan Dulce, with sugar topping	8	3	C	4
53209500	9000_SavorySweet	Cookie, chocolate and vanilla sandwich	8	1	E	4
53452200	9000_SavorySweet	Pastry, Italian, with cheese	8	3	C	4
53209015	9000_SavorySweet	Cookie, chocolate sandwich	8	1	E	4
53341070	9000_SavorySweet	Pie, banana cream, individual size or tart	8	3.5	C	4
54319000	9000_SavorySweet	Crackers, rice	8	3.5	B	4
91705030	9000_SavorySweet	Kit Kat	8	0.5	E	4
91705430	9000_SavorySweet	Kit Kat White	8	0.5	E	4
53206000	9000_SavorySweet	Cookie, chocolate chip	8	1	E	4
53242500	9000_SavorySweet	Cookie, toffee bar	8	1	E	4
53211000	9000_SavorySweet	Cookie bar, with chocolate, nuts, and graham crackers	8	1	E	4
53108200	9000_SavorySweet	Snack cake, chocolate, with icing or filling	8	1.5	D	4
53307050	9000_SavorySweet	Pie, peach, one crust	8	3	C	4
53209020	9000_SavorySweet	Cookie, chocolate sandwich, reduced fat	8	1.5	D	4
53200100	9000_SavorySweet	Cookie, batter or dough, raw	8	1	E	4
53521100	9000_SavorySweet	Doughnut, chocolate, raised or yeast, with chocolate icing	8	1.5	D	4
53260030	9000_SavorySweet	Cookie, chocolate chip, sugar free	8	1.5	D	4
13210710	9000_SavorySweet	Pudding, cornmeal, milk, and molasses	8	3	C	4
53343070	9000_SavorySweet	Pie, coconut cream, individual size or tart	8	3	C	4
13150000	9000_SavorySweet	Sherbet, all flavors	7	3	C	4
13210500	9000_SavorySweet	Pudding, tapioca, made from home recipe, made with milk	7	3	C	4
53391150	9000_SavorySweet	Pie shell, chocolate wafer	7	1.5	D	4
54313000	9000_SavorySweet	Crackers, oyster	7	2	D	4
54325000	9000_SavorySweet	Crackers, saltine	7	2	D	4
53201000	9000_SavorySweet	Cookie, NFS	7	1	E	4
11461200	9000_SavorySweet	Yogurt, frozen, sandwich	7	3.5	C	4
53209100	9000_SavorySweet	Cookie, chocolate, sandwich, with extra filling	7	1	E	4
54406200	9000_SavorySweet	Shrimp chips	7	2	D	4
53203500	9000_SavorySweet	Cookie, biscotti	7	2	D	4
53410900	9000_SavorySweet	Cobbler, rhubarb	7	3.5	D	4
53410880	9000_SavorySweet	Cobbler, plum	7	3.5	C	4
53430750	9000_SavorySweet	Tamale, sweet, with fruit	7	3.5	C	4
53302000	9000_SavorySweet	Pie, apricot, two crust	7	3	C	4
53347100	9000_SavorySweet	Pie, raspberry cream	7	3	C	4
53205260	9000_SavorySweet	Cookie, bar, with chocolate	7	1	E	4
53420000	9000_SavorySweet	Cream puff, eclair, custard or cream filled, NS as to icing	7	1.5	D	4
53243010	9000_SavorySweet	Cookie, vanilla sandwich, extra filling	7	1	E	4
13140630	9000_SavorySweet	Light ice cream, sundae, soft serve, fruit topping, with whipped cream	7	3.5	C	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

13140700	9000_SavorySweet	Light ice cream, creamsicle or dreamsicle	7	3.5	C	4
13161500	9000_SavorySweet	Milk dessert sandwich bar, frozen, made from lowfat milk	7	3	C	4
13161520	9000_SavorySweet	Milk dessert sandwich bar, frozen, with low-calorie sweetener, made from lowfat milk	7	2	D	4
53410850	9000_SavorySweet	Cobbler, pear	7	3.5	C	4
13130620	9000_SavorySweet	Light ice cream, soft serve cone, flavors other than chocolate	7	3	C	4
13130640	9000_SavorySweet	Light ice cream, soft serve cone, NS as to flavor	7	3	C	4
53121275	9000_SavorySweet	Cake or cupcake, yellow, without icing or filling	7	1.5	D	4
53233060	9000_SavorySweet	Cookie, oatmeal, with chocolate chips	7	1.5	D	4
53303500	9000_SavorySweet	Pie, berry, not blackberry, blueberry, boysenberry, huckleberry, raspberry, or strawberry; two c	7	3	C	4
53440800	9000_SavorySweet	Strudel, cheese and fruit	7	3	C	4
53100070	9000_SavorySweet	Cake batter, raw, not chocolate	7	2	D	4
53410500	9000_SavorySweet	Cobbler, cherry	7	3.5	C	4
13122500	9000_SavorySweet	Ice cream pie, with cookie crust, fudge topping, and whipped cream	7	2	D	4
53345000	9000_SavorySweet	Pie, lemon cream	7	2	D	4
53241600	9000_SavorySweet	Cookie, butter or sugar, with fruit and/or nuts	7	1.5	E	4
13210150	9000_SavorySweet	Bread pudding made with evaporated milk and rum	7	2	D	4
53113000	9000_SavorySweet	Cake, jelly roll	6	1.5	D	4
53114000	9000_SavorySweet	Cake or cupcake, lemon, without icing or filling	6	1.5	D	4
91800100	9000_SavorySweet	Chewing gum, NFS	6	3	C	4
53371000	9000_SavorySweet	Pie, chiffon, chocolate	6	2	D	4
91703400	9000_SavorySweet	Whatchamacallit	6	0.5	E	4
13210180	9000_SavorySweet	Pudding, Mexican bread	6	2	D	4
58118210	9000_SavorySweet	Cornmeal coconut dessert, Puerto Rican style	6	1	D	4
91713030	9000_SavorySweet	Fudge, chocolate	6	0.5	E	4
53204840	9000_SavorySweet	Cookie, brownie, reduced fat, NS as to icing	6	3.5	D	4
53204860	9000_SavorySweet	Cookie, brownie, fat free, NS as to icing	6	3.5	D	4
53348000	9000_SavorySweet	Pie, strawberry cream	6	3	C	4
13126000	9000_SavorySweet	Ice cream, fried	6	2	D	4
91305010	9000_SavorySweet	Icing, chocolate	6	0.5	E	4
53237010	9000_SavorySweet	Cookie, raisin sandwich, cream-filled	6	1.5	D	4
53233080	9000_SavorySweet	Cookie, oatmeal sandwich, with peanut butter and jelly filling	6	1.5	D	4
53233050	9000_SavorySweet	Cookie, oatmeal sandwich, with creme filling	6	1.5	D	4
13210820	9000_SavorySweet	Fresh corn custard, Puerto Rican style	6	1	E	4
53415400	9000_SavorySweet	Crisp, cherry	6	2	D	4
51161250	9000_SavorySweet	Pan Dulce, no topping	6	3	B	4
53116650	9000_SavorySweet	Cake, Quezadilla, El Salvadorian style	6	3	B	4
53305010	9000_SavorySweet	Pie, cherry, one crust	6	3.5	C	4
53610200	9000_SavorySweet	Coffee cake, crumb or quick-bread type, cheese-filled	6	1.5	D	4
53109300	9000_SavorySweet	Cake, Dobos Torte	6	1	E	4
53303570	9000_SavorySweet	Pie, berry, not blackberry, blueberry, boysenberry, huckleberry, raspberry, or strawberry, indiv	6	3.5	C	4
61113500	9000_SavorySweet	Lemon pie filling	6	1.5	D	4
53207000	9000_SavorySweet	Cookie, chocolate or fudge	6	1	E	4
53210000	9000_SavorySweet	Cookie, chocolate wafer	6	1	E	4
53610100	9000_SavorySweet	Coffee cake, crumb or quick-bread type	6	1.5	D	4
53104550	9000_SavorySweet	Cheesecake with fruit	6	3	D	4
53304070	9000_SavorySweet	Pie, blueberry, individual size or tart	6	3.5	C	4
53341000	9000_SavorySweet	Pie, banana cream	6	3.5	C	4
53348070	9000_SavorySweet	Pie, strawberry cream, individual size or tart	6	3	C	4
53116570	9000_SavorySweet	Cake, Ravani	6	2	D	4
53373000	9000_SavorySweet	Pie, black bottom	6	2	D	4
13121500	9000_SavorySweet	Ice cream sundae, fudge topping, with cake, with whipped cream	5	2	D	4
91726425	9000_SavorySweet	3 Musketeers Truffle Crisp Bar	5	0.5	E	4
53386250	9000_SavorySweet	Pie, pudding, chocolate, with chocolate coating, individual size	5	1.5	D	4
53115410	9000_SavorySweet	Cake or cupcake, oatmeal	5	1.5	D	4
53391100	9000_SavorySweet	Pie shell, graham cracker	5	1.5	D	4
13135010	9000_SavorySweet	Ice cream sandwich, made with light chocolate ice cream	5	3.5	C	4
53381000	9000_SavorySweet	Pie, lemon meringue	5	3.5	C	4
53381070	9000_SavorySweet	Pie, lemon meringue, individual size or tart	5	3.5	C	4
53224000	9000_SavorySweet	Cookie, ladyfinger	5	2	D	4
54308000	9000_SavorySweet	Crackers, milk	5	2	D	4
53342070	9000_SavorySweet	Pie, chocolate cream, individual size or tart	5	2	C	4
53112100	9000_SavorySweet	Cake, ice cream and cake roll, not chocolate	5	1.5	D	4
53109220	9000_SavorySweet	Snack cake, not chocolate, with icing or filling, reduced fat and calories	5	3	D	4
54304100	9000_SavorySweet	Crackers, cheese, reduced fat	5	1.5	D	4
53238000	9000_SavorySweet	Cookie, sandwich-type, not chocolate or vanilla	5	1.5	D	4
53243000	9000_SavorySweet	Cookie, vanilla sandwich	5	1.5	D	4
53308500	9000_SavorySweet	Pie, prune, one crust	5	2	D	4
54102200	9000_SavorySweet	Graham crackers, sandwich, with filling	5	1.5	D	4
53311050	9000_SavorySweet	Pie, rhubarb, one crust	5	3	C	4
53309070	9000_SavorySweet	Pie, raisin, individual size or tart	5	3.5	C	4
53247500	9000_SavorySweet	Cookie, vanilla with caramel, coconut, and chocolate coating	5	0.5	E	4
13210290	9000_SavorySweet	Pudding, flavors other than chocolate, low calorie, containing artificial sweetener, NS as to fror	5	3	C	4
13230120	9000_SavorySweet	Pudding, ready-to-eat, low calorie, containing artificial sweetener, flavors other than chocolate	5	3	C	4
53309000	9000_SavorySweet	Pie, raisin, two crust	5	3.5	C	4
53340000	9000_SavorySweet	Pie, apple-sour cream	5	3.5	C	4
53120275	9000_SavorySweet	Cake or cupcake, white, without icing or filling	5	1.5	D	4
53307000	9000_SavorySweet	Pie, peach, two crust	5	3	C	4
53345070	9000_SavorySweet	Pie, lemon cream, individual size or tart	5	2	D	4
53610170	9000_SavorySweet	Coffee cake, crumb or quick-bread type, with fruit	5	1.5	D	4
91108010	9000_SavorySweet	Sugar substitute, stevia, liquid	5	3.5	B	4
91200005	9000_SavorySweet	Sugar substitute, liquid, NFS	5	3.5	B	4
91351010	9000_SavorySweet	Syrup, dietetic	5	3.5	B	4
53313000	9000_SavorySweet	Pie, strawberry-rhubarb, two crust	5	3	C	4
53226550	9000_SavorySweet	Cookie, marshmallow, with rice cereal and chocolate chips	5	0.5	E	4
13170000	9000_SavorySweet	Baked Alaska	4	2	D	4
53420100	9000_SavorySweet	Cream puff, eclair, custard or cream filled, not iced	4	1.5	D	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

53239100	9000_SavorySweet	Pocky	4	1.5	D	4
53520150	9000_SavorySweet	Doughnut, cake type, chocolate covered, dipped in peanuts	4	1	E	4
91611050	9000_SavorySweet	Ice pop filled with ice cream, all flavor varieties	4	3	C	4
53304000	9000_SavorySweet	Pie, blueberry, two crust	4	3	C	4
53215500	9000_SavorySweet	Cookie, coconut	4	0.5	E	4
53225000	9000_SavorySweet	Cookie, macaroon	4	0.5	E	4
13230130	9000_SavorySweet	Pudding, ready-to-eat, chocolate	4	3	C	4
13210220	9000_SavorySweet	Pudding, chocolate, NS as to from dry mix or ready-to-eat	4	3	C	4
13230500	9000_SavorySweet	Pudding, ready-to-eat, tapioca	4	3	C	4
13200110	9000_SavorySweet	Pudding, NFS	4	3	C	4
13210190	9000_SavorySweet	Pudding, Mexican bread, low fat	4	2	D	4
53521210	9000_SavorySweet	Doughnut, custard-filled	4	2	D	4
53521120	9000_SavorySweet	Doughnut, chocolate, raised or yeast	4	1.5	D	4
53204100	9000_SavorySweet	Cookie, brownie, with icing or filling	4	1	E	4
53410100	9000_SavorySweet	Cobbler, apple	4	3	C	4
13210160	9000_SavorySweet	Diplomat pudding, Puerto Rican style	4	1.5	D	4
53116600	9000_SavorySweet	Cake, rice flour, without icing or filling	4	2	D	4
53247000	9000_SavorySweet	Cookie, vanilla wafer	4	1.5	D	4
53247050	9000_SavorySweet	Cookie, vanilla wafer, reduced fat	4	1.5	D	4
53450300	9000_SavorySweet	Turnover or dumpling, berry	4	2	D	4
91801000	9000_SavorySweet	Chewing gum, regular	3	1.5	D	4
53386500	9000_SavorySweet	Pie, pudding, flavors other than chocolate, with chocolate coating, individual size	3	1.5	D	4
53308300	9000_SavorySweet	Pie, plum, two crust	3	3.5	D	4
91511050	9000_SavorySweet	Gelatin dessert, dietetic, with cream cheese, sweetened with low calorie sweetener	3	3.5	B	4
53420300	9000_SavorySweet	Air filled fritter or fried puff, without syrup, Puerto Rican style	3	1	E	4
13210410	9000_SavorySweet	Pudding, rice	3	3	C	4
53106500	9000_SavorySweet	Cake, cream, without icing or topping	3	1.5	E	4
13210520	9000_SavorySweet	Pudding, tapioca, made from dry mix, made with milk	3	3	C	4
53452130	9000_SavorySweet	Pastry, made with bean paste and salted egg yolk filling, baked	3	1.5	D	4
53344070	9000_SavorySweet	Pie, custard, individual size or tart	3	3	C	4
53510000	9000_SavorySweet	Danish pastry, plain or spice	3	1.5	D	4
91306030	9000_SavorySweet	Chocolate dip	3	1	E	4
53307070	9000_SavorySweet	Pie, peach, individual size or tart	3	3	D	4
53204000	9000_SavorySweet	Cookie, brownie, NS as to icing	3	1.5	D	4
53204010	9000_SavorySweet	Cookie, brownie, without icing	3	1.5	D	4
53520120	9000_SavorySweet	Doughnut, chocolate, cake type	3	1.5	D	4
91705400	9000_SavorySweet	Chocolate, white	3	0.5	E	4
53346500	9000_SavorySweet	Pie, pineapple cream	3	3.5	C	4
13252600	9000_SavorySweet	Tiramisu	3	1	E	4
51187020	9000_SavorySweet	Anisette toast	3	3	C	4
51188500	9000_SavorySweet	Zwieback toast	3	3	C	4
91726140	9000_SavorySweet	MILKY WAY MIDNIGHT Bar	3	0.5	E	4
53205250	9000_SavorySweet	Cookie, butterscotch, brownie	3	1.5	D	4
53307500	9000_SavorySweet	Pie, pear, two crust	3	3	C	4
53102800	9000_SavorySweet	Cake or cupcake, Black Forest	3	1.5	D	4
13110120	9000_SavorySweet	Ice cream, rich, flavors other than chocolate	3	1.5	D	4
13110140	9000_SavorySweet	Ice cream, rich, NS as to flavor	3	1.5	D	4
53450500	9000_SavorySweet	Turnover or dumpling, cherry	2	3.5	D	4
13120500	9000_SavorySweet	Ice cream sandwich	2	3.5	C	4
53120270	9000_SavorySweet	Cake or cupcake, white, with icing or filling	2	1.5	D	4
53242000	9000_SavorySweet	Cookie, sugar wafer	2	0.5	E	4
54336000	9000_SavorySweet	Crackers, water	2	3.5	B	4
53307570	9000_SavorySweet	Pie, pear, individual size or tart	2	3.5	C	4
53311000	9000_SavorySweet	Pie, rhubarb, two crust	2	3	C	4
32120100	9000_SavorySweet	Egg dessert, Puerto Rican style	2	1.5	D	4
53370000	9000_SavorySweet	Pie, chiffon, not chocolate	2	2	D	4
53386000	9000_SavorySweet	Pie, pudding, flavors other than chocolate	2	3.5	C	4
53123500	9000_SavorySweet	Cake, shortcake, with whipped topping and fruit, diet	2	3.5	D	4
53453170	9000_SavorySweet	Empanada, Mexican turnover, pumpkin	2	3	C	4
53451000	9000_SavorySweet	Turnover or dumpling, peach	2	2	D	4
54408475	9000_SavorySweet	Pretzels, soft, from school lunch	2	4	A	4
13252200	9000_SavorySweet	Milk dessert or milk candy, Puerto Rican style	2	1.5	D	4
53365000	9000_SavorySweet	Pie, vanilla cream	2	3.5	D	4
91703040	9000_SavorySweet	Caramel candy, chocolate covered	2	0.5	E	4
53206030	9000_SavorySweet	Cookie, chocolate chip, reduced fat	2	1.5	D	4
91511010	9000_SavorySweet	Gelatin dessert, dietetic, sweetened with low calorie sweetener	2	3.5	B	4
53301500	9000_SavorySweet	Pie, apple, one crust	2	3	D	4
53306070	9000_SavorySweet	Pie, mince, individual size or tart	2	2	D	4
91301081	9000_SavorySweet	Chocolate syrup, thin type, light	2	3.5	C	4
53239050	9000_SavorySweet	Cookie, shortbread, with icing or filling	2	1	E	4
91306040	9000_SavorySweet	Dessert dip	2	1.5	D	4
53453150	9000_SavorySweet	Empanada, Mexican turnover, fruit-filled	2	3.5	C	4
54408030	9000_SavorySweet	Pretzels, hard, plain, unsalted	2	3.5	A	4
53340500	9000_SavorySweet	Pie, cherry, made with cream cheese and sour cream	2	2	D	4
13230200	9000_SavorySweet	Pudding, ready-to-eat, chocolate and non-chocolate flavors combined	2	3	C	4
53511000	9000_SavorySweet	Danish pastry, with cheese	2	2	D	4
53111000	9000_SavorySweet	Cake or cupcake, gingerbread	2	1.5	D	4
13121400	9000_SavorySweet	Ice cream sundae, not fruit or chocolate topping, with whipped cream	2	1.5	D	4
13220110	9000_SavorySweet	Pudding, flavors other than chocolate, prepared from dry mix, milk added	2	3.5	C	4
53410860	9000_SavorySweet	Cobbler, pineapple	1	3.5	C	4
53207020	9000_SavorySweet	Cookie, chocolate or fudge, reduced fat	1	1.5	D	4
53103000	9000_SavorySweet	Cake, Boston cream pie	1	2	D	4
53521140	9000_SavorySweet	Doughnut, jelly	1	1.5	D	4
53222020	9000_SavorySweet	Cookie, cone shell, ice cream type, wafer or cake	1	3.5	B	4
53236000	9000_SavorySweet	Cookie, Pizzelle	1	3.5	B	4
53391000	9000_SavorySweet	Pie shell	1	1.5	D	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

53420210	9000_SavorySweet	Cream puff, eclair, custard or cream filled, iced, reduced fat	1	2	D	4
53420400	9000_SavorySweet	Sopaipilla, without syrup or honey	1	1.5	D	4
51161030	9000_SavorySweet	Roll, sweet, with fruit, frosted, diet	1	0.5	E	4
91723010	9000_SavorySweet	Marshmallow, chocolate covered	1	1	D	4
54319500	9000_SavorySweet	Rice paper	1	3.5	B	3
13120310	9000_SavorySweet	Ice cream bar, stick or nugget, with crunch coating	1	1	D	4
13120550	9000_SavorySweet	Ice cream cookie sandwich	1	3	C	4
13135000	9000_SavorySweet	Ice cream sandwich, made with light ice cream, flavors other than chocolate	1	3	C	4
13140650	9000_SavorySweet	Light ice cream, sundae, soft serve, not fruit or chocolate topping, with whipped cream	1	2	D	4
13140680	9000_SavorySweet	Light ice cream, sundae, soft serve, not fruit or chocolate topping, without whipped cream	1	3.5	C	4
13210260	9000_SavorySweet	Rice flour cream, Puerto Rican style	1	3.5	C	4
13210280	9000_SavorySweet	Pudding, flavors other than chocolate, NS as to from dry mix or ready-to-eat	1	3.5	C	4
13210350	9000_SavorySweet	Flan	1	3.5	D	4
13220240	9000_SavorySweet	Pudding, ready-to-eat, flavors other than chocolate, reduced fat	1	3	C	4
13220245	9000_SavorySweet	Pudding, ready-to-eat, flavors other than chocolate, fat free	1	3	C	4
13230110	9000_SavorySweet	Pudding, ready-to-eat, flavors other than chocolate	1	3.5	C	4
13230510	9000_SavorySweet	Pudding, ready-to-eat, tapioca, fat free	1	3	C	4
32401000	9000_SavorySweet	Meringues	1	1	D	4
51160000	9000_SavorySweet	Roll, sweet, no frosting	1	3	C	4
51160110	9000_SavorySweet	Roll, sweet, cinnamon bun, frosted	1	0.5	E	4
51166000	9000_SavorySweet	Croissant	1	1	E	4
51166100	9000_SavorySweet	Croissant, cheese	1	1.5	D	4
51166200	9000_SavorySweet	Croissant, chocolate	1	1	E	4
51166500	9000_SavorySweet	Croissant, fruit	1	1.5	D	4
51167000	9000_SavorySweet	Brioche	1	1	D	4
51187000	9000_SavorySweet	Melba toast	1	4	B	4
51188100	9000_SavorySweet	Pannetone	1	2	D	4
53101100	9000_SavorySweet	Cake, angel food, without icing or filling	1	2	D	4
53101200	9000_SavorySweet	Cake, angel food, with icing or filling	1	1	E	4
53101250	9000_SavorySweet	Cake, angel food, with fruit and icing or filling	1	3	D	4
53104400	9000_SavorySweet	Cake or cupcake, coconut, with icing or filling	1	1	E	4
53104500	9000_SavorySweet	Cheesecake	1	1	E	4
53104600	9000_SavorySweet	Cheesecake, chocolate	1	1	E	4
53109200	9000_SavorySweet	Snack cake, not chocolate, with icing or filling	1	1	E	4
53114100	9000_SavorySweet	Cake or cupcake, lemon, with icing or filling	1	1	E	4
53116000	9000_SavorySweet	Cake, pound, without icing or filling	1	1.5	E	4
53116020	9000_SavorySweet	Cake, pound, with icing or filling	1	1	E	4
53116270	9000_SavorySweet	Cake, pound, chocolate	1	1	E	4
53116350	9000_SavorySweet	Cake, pound, Puerto Rican style	1	0.5	E	4
53116390	9000_SavorySweet	Cake, pound, reduced fat, cholesterol free	1	2	D	4
53118100	9000_SavorySweet	Cake, sponge, without icing or filling	1	1.5	D	4
53118200	9000_SavorySweet	Cake, sponge, with icing or filling	1	1	E	4
53118300	9000_SavorySweet	Cake, sponge, chocolate	1	1	E	4
53118410	9000_SavorySweet	Rum cake, without icing	1	1.5	E	4
53118550	9000_SavorySweet	Cake, tres leche	1	1.5	D	4
53119000	9000_SavorySweet	Cake, pineapple, upside down	1	1	E	4
53122070	9000_SavorySweet	Cake, shortcake, biscuit type, with whipped cream and fruit	1	2	D	4
53122080	9000_SavorySweet	Cake, shortcake, biscuit type, with fruit	1	3.5	C	4
53123070	9000_SavorySweet	Cake, shortcake, sponge type, with whipped cream and fruit	1	2	D	4
53123080	9000_SavorySweet	Cake, shortcake, sponge type, with fruit	1	2	D	4
53202000	9000_SavorySweet	Cookie, almond	1	1	E	4
53206100	9000_SavorySweet	Cookie, chocolate chip sandwich	1	1	E	4
53207050	9000_SavorySweet	Cookie, chocolate, with chocolate filling or coating, fat free	1	1.5	D	4
53209005	9000_SavorySweet	Cookie, chocolate, with icing or coating	1	0.5	E	4
53222010	9000_SavorySweet	Cookie, fortune	1	2	D	4
53223000	9000_SavorySweet	Cookie, gingersnaps	1	2	D	4
53228000	9000_SavorySweet	Cookie, meringue	1	0.5	D	4
53230000	9000_SavorySweet	Cookie, molasses	1	1.5	D	4
53231000	9000_SavorySweet	Cookie, Lebkuchen	1	1.5	D	4
53235600	9000_SavorySweet	Cookie, Pfeffernusse	1	1	E	4
53237500	9000_SavorySweet	Cookie, rum ball, no bake	1	1	E	4
53239000	9000_SavorySweet	Cookie, shortbread	1	1	E	4
53239010	9000_SavorySweet	Cookie, shortbread, reduced fat	1	1.5	D	4
53240000	9000_SavorySweet	Cookie, animal	1	1.5	D	4
53240010	9000_SavorySweet	Cookie, animal, with frosting or icing	1	0.5	E	4
53241500	9000_SavorySweet	Cookie, butter or sugar	1	1	E	4
53241510	9000_SavorySweet	Marie biscuit	1	1.5	D	4
53243050	9000_SavorySweet	Cookie, vanilla sandwich, reduced fat	1	1.5	D	4
53244010	9000_SavorySweet	Cookie, butter or sugar, with chocolate icing or filling	1	0.5	E	4
53244020	9000_SavorySweet	Cookie, butter or sugar, with icing or filling other than chocolate	1	1	E	4
53246000	9000_SavorySweet	Cookie, tea, Japanese	1	2	D	4
53261000	9000_SavorySweet	Cookie, gluten free	1	0.5	E	4
53270100	9000_SavorySweet	Cookies, Puerto Rican style	1	1	E	4
53300100	9000_SavorySweet	Pie, NFS	1	3	C	4
53301000	9000_SavorySweet	Pie, apple, two crust	1	3	C	4
53301750	9000_SavorySweet	Pie, apple, diet	1	3	C	4
53305000	9000_SavorySweet	Pie, cherry, two crust	1	3.5	C	4
53305070	9000_SavorySweet	Pie, cherry, individual size or tart	1	3.5	C	4
53305700	9000_SavorySweet	Pie, lemon, not cream or meringue	1	1.5	D	4
53305720	9000_SavorySweet	Pie, lemon, not cream or meringue, individual size or tart	1	1.5	D	4
53308000	9000_SavorySweet	Pie, pineapple, two crust	1	3.5	C	4
53311070	9000_SavorySweet	Pie, rhubarb, individual size or tart	1	2	D	4
53341500	9000_SavorySweet	Pie, buttermilk	1	1.5	E	4
53341750	9000_SavorySweet	Pie, chess	1	0.5	E	4
53342000	9000_SavorySweet	Pie, chocolate cream	1	1	E	4
53343000	9000_SavorySweet	Pie, coconut cream	1	2	D	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

53386050	9000_SavorySweet	Pie, pudding, flavors other than chocolate, individual size or tart	1	2	D	4
53391200	9000_SavorySweet	Vanilla wafer dessert base	1	1.5	E	4
53420200	9000_SavorySweet	Cream puff, eclair, custard or cream filled, iced	1	1.5	D	4
53420410	9000_SavorySweet	Sopaipilla with syrup or honey	1	1.5	D	4
53430700	9000_SavorySweet	Tamale, sweet	1	3.5	C	4
53440600	9000_SavorySweet	Strudel, cheese	1	2	D	4
53450000	9000_SavorySweet	Turnover or dumpling, apple	1	2	D	4
53450800	9000_SavorySweet	Turnover or dumpling, lemon	1	3.5	D	4
53452500	9000_SavorySweet	Pastry, mainly flour and water, fried	1	1.5	D	4
53500100	9000_SavorySweet	Breakfast pastry, NFS	1	1.5	D	4
53510100	9000_SavorySweet	Danish pastry, with fruit	1	1.5	D	4
53520000	9000_SavorySweet	Doughnut, NS as to cake or yeast	1	1	E	4
53520110	9000_SavorySweet	Doughnut, cake type	1	1	E	4
53520140	9000_SavorySweet	Doughnut, cake type, chocolate covered	1	0.5	E	4
53520160	9000_SavorySweet	Doughnut, chocolate, cake type, with chocolate icing	1	0.5	E	4
53520200	9000_SavorySweet	Churros	1	1	E	4
53520500	9000_SavorySweet	Doughnut, Asian	1	1	E	4
53520600	9000_SavorySweet	Cruller, NFS	1	1	E	4
53520700	9000_SavorySweet	French cruller	1	1.5	D	4
53521110	9000_SavorySweet	Doughnut, raised or yeast	1	1.5	E	4
53521130	9000_SavorySweet	Doughnut, raised or yeast, chocolate covered	1	1	E	4
53521220	9000_SavorySweet	Doughnut, chocolate cream-filled	1	1.5	D	4
53521230	9000_SavorySweet	Doughnut, custard-filled, with icing	1	1.5	E	4
53530000	9000_SavorySweet	Breakfast tart	1	1.5	D	4
53530010	9000_SavorySweet	Breakfast tart, lowfat	1	3	C	4
54102060	9000_SavorySweet	Crackers, Cuban	1	1.5	D	4
54325010	9000_SavorySweet	Crackers, saltine, reduced fat	1	3.5	C	4
54408000	9000_SavorySweet	Pretzels, NFS	1	2	C	4
54408015	9000_SavorySweet	Pretzels, hard, NFS	1	2	C	4
54408016	9000_SavorySweet	Pretzels, hard, plain, salted	1	2	C	4
54408017	9000_SavorySweet	Pretzels, hard, plain, lightly salted	1	3	C	4
54408035	9000_SavorySweet	Pretzels, hard, flavored	1	2	C	4
54408070	9000_SavorySweet	Pretzels, hard, multigrain	1	2	C	4
54408081	9000_SavorySweet	Pretzels, hard, plain, gluten free	1	1	D	4
54408082	9000_SavorySweet	Pretzels, hard, flavored, gluten free	1	1	D	4
54408105	9000_SavorySweet	Pretzel chips, hard, plain	1	1	C	4
54408110	9000_SavorySweet	Pretzel chips, hard, flavored	1	0.5	C	4
54408115	9000_SavorySweet	Pretzel chips, hard, gluten free	1	0.5	D	4
54408190	9000_SavorySweet	Pretzels, hard, coated, NFS	1	1	E	4
54408200	9000_SavorySweet	Pretzels, hard, chocolate coated	1	1	E	4
54408210	9000_SavorySweet	Pretzels, hard, white chocolate coated	1	0.5	E	4
54408250	9000_SavorySweet	Pretzels, hard, yogurt coated	1	0.5	E	4
54408260	9000_SavorySweet	Pretzels, hard, coated, gluten free	1	0.5	E	4
54408290	9000_SavorySweet	Pretzels, hard, filled, NFS	1	0.5	E	4
54408300	9000_SavorySweet	Pretzels, hard, cheese filled	1	0.5	E	4
54408400	9000_SavorySweet	Pretzels, soft, NFS	1	2	D	4
54408405	9000_SavorySweet	Pretzels, soft, ready-to-eat, NFS	1	2	D	4
54408410	9000_SavorySweet	Pretzels, soft, ready-to-eat, salted, buttered	1	2	D	4
54408411	9000_SavorySweet	Pretzels, soft, ready-to-eat, unsalted, buttered	1	3.5	B	4
54408415	9000_SavorySweet	Pretzels, soft, ready-to-eat, salted, no butter	1	2	D	4
54408416	9000_SavorySweet	Pretzels, soft, ready-to-eat, unsalted, no butter	1	3.5	A	4
54408420	9000_SavorySweet	Pretzels, soft, ready-to-eat, cinnamon sugar coated	1	3.5	C	4
54408422	9000_SavorySweet	Pretzels, soft, ready-to-eat, coated or flavored	1	2	D	4
54408430	9000_SavorySweet	Pretzels, soft, ready-to-eat, topped with meat	1	3	C	4
54408432	9000_SavorySweet	Pretzels, soft, ready-to-eat, topped with cheese	1	3.5	B	4
54408450	9000_SavorySweet	Pretzels, soft, from frozen, NFS	1	2	D	4
54408455	9000_SavorySweet	Pretzels, soft, from frozen, salted	1	2	D	4
54408456	9000_SavorySweet	Pretzels, soft, from frozen, unsalted	1	3.5	A	4
54408460	9000_SavorySweet	Pretzels, soft, from frozen, cinnamon sugar coated	1	3.5	C	4
54408462	9000_SavorySweet	Pretzels, soft, from frozen, coated or flavored	1	2	D	4
54408465	9000_SavorySweet	Pretzels, soft, from frozen, topped with meat	1	3	C	4
54408466	9000_SavorySweet	Pretzels, soft, from frozen, topped with cheese	1	3.5	B	4
54408470	9000_SavorySweet	Pretzels, soft, filled with cheese	1	3.5	B	4
54408480	9000_SavorySweet	Pretzels, soft, multigrain	1	3.5	A	4
54408486	9000_SavorySweet	Pretzels, soft, gluten free, cinnamon sugar coated	1	2	D	4
58157110	9000_SavorySweet	Spicy rice pudding, Puerto Rican style	1	3.5	C	4
91101000	9000_SavorySweet	Sugar, NFS	1	0.5	D	2
91101010	9000_SavorySweet	Sugar, white, granulated or lump	1	0.5	D	2
91101020	9000_SavorySweet	Sugar, white, confectioner's, powdered	1	0.5	D	2
91106010	9000_SavorySweet	Sugar substitute and sugar blend	1	0.5	D	2
91107000	9000_SavorySweet	Sugar substitute, sucralose, powder	1	1	D	4
91200000	9000_SavorySweet	Sugar substitute, powder, NFS	1	0.5	D	4
91200040	9000_SavorySweet	Sugar substitute, saccharin, powder	1	0.5	D	4
91200110	9000_SavorySweet	Sugar substitute, saccharin, liquid	1	3.5	B	4
91201010	9000_SavorySweet	Sugar substitute, aspartame, powder	1	1	D	4
91300010	9000_SavorySweet	Syrup, NFS	1	2	D	4
91300100	9000_SavorySweet	Pancake syrup, NFS	1	2	D	4
91301020	9000_SavorySweet	Cane and corn pancake syrup	1	3.5	C	4
91301030	9000_SavorySweet	Corn syrup, light or dark	1	1	D	4
91301040	9000_SavorySweet	Buttered blends syrup	1	1	D	4
91301050	9000_SavorySweet	Fruit syrup	1	1.5	D	4
91301080	9000_SavorySweet	Chocolate syrup, thin type	1	1.5	D	4
91301100	9000_SavorySweet	Sugar, white, and water syrup	1	1	D	2
91301130	9000_SavorySweet	Fruit flavored syrup used for milk beverages	1	1.5	D	4
91301250	9000_SavorySweet	Maple and corn and/or cane pancake syrup blends	1	2	D	4
91301510	9000_SavorySweet	Syrup, pancake, reduced calorie	1	3.5	C	4

Supplementary Table 8. Original (uncorrected) scores for all food items.

91302020	9000_SavorySweet	Agave liquid sweetener	1	1.5	D	4
91304010	9000_SavorySweet	Topping, butterscotch or caramel	1	1.5	D	4
91304040	9000_SavorySweet	Topping, marshmallow	1	2	D	4
91304050	9000_SavorySweet	Hard sauce	1	0.5	E	4
91305020	9000_SavorySweet	Icing, white	1	1	E	4
91306020	9000_SavorySweet	Caramel dip, regular	1	0.5	E	4
91306025	9000_SavorySweet	Caramel dip, light	1	1.5	D	4
91361040	9000_SavorySweet	Dessert sauce	1	3.5	C	4
91501010	9000_SavorySweet	Gelatin dessert	1	3	B	4
91501015	9000_SavorySweet	Gelatin snacks	1	3.5	C	4
91501030	9000_SavorySweet	Gelatin dessert with whipped cream	1	3	C	4
91501050	9000_SavorySweet	Gelatin dessert with cream cheese	1	3	C	4
91501060	9000_SavorySweet	Gelatin dessert with sour cream	1	3	C	4
91501100	9000_SavorySweet	Gelatin salad with vegetables	1	4	C	4
91511030	9000_SavorySweet	Gelatin dessert, dietetic, with whipped topping, sweetened with low calorie sweetener	1	3.5	B	4
91512010	9000_SavorySweet	Danish dessert pudding	1	3	C	4
91580000	9000_SavorySweet	Gelatin, frozen, whipped, on a stick	1	3	B	4
91601000	9000_SavorySweet	Ice, fruit	1	3.5	C	4
91611000	9000_SavorySweet	Ice pop	1	3	C	4
91621000	9000_SavorySweet	Snow cone	1	3.5	C	4
91700010	9000_SavorySweet	Candy, NFS	1	1.5	D	4
91702010	9000_SavorySweet	Butterscotch morsels	1	0.5	E	4
91703010	9000_SavorySweet	Caramel, chocolate-flavored roll	1	1.5	D	4
91703020	9000_SavorySweet	Caramel, flavor other than chocolate	1	1	D	4
91703070	9000_SavorySweet	Rolo	1	0.5	E	4
91703200	9000_SavorySweet	TWIX Caramel Cookie Bars	1	0.5	E	4
91707000	9000_SavorySweet	Fondant	1	0.5	D	4
91708000	9000_SavorySweet	Fruit peel, candied	1	1	D	4
91708030	9000_SavorySweet	Fruit leather and fruit snacks candy	1	1.5	D	4
91708040	9000_SavorySweet	Fun Fruits Creme Supremes	1	0.5	E	4
91708070	9000_SavorySweet	Tamarind candy	1	0.5	E	4
91708100	9000_SavorySweet	Fruit snacks candy, with high vitamin C	1	1	D	4
91709000	9000_SavorySweet	Gumdrops, chocolate covered	1	1	E	4
91713070	9000_SavorySweet	Fudge, vanilla	1	0.5	D	4
91715300	9000_SavorySweet	100 GRAND Bar	1	0.5	E	4
91721000	9000_SavorySweet	Licorice	1	1	D	4
91723000	9000_SavorySweet	Marshmallow	1	1.5	D	4
91723020	9000_SavorySweet	Marshmallow, candy-coated	1	1	D	4
91723050	9000_SavorySweet	Marshmallow, coconut-coated	1	1	D	4
91726110	9000_SavorySweet	Nougat, with caramel, chocolate covered	1	0.5	E	4
91726130	9000_SavorySweet	MILKY WAY Bar	1	0.5	E	4
91726420	9000_SavorySweet	3 MUSKETEERS Bar	1	0.5	E	4
91745010	9000_SavorySweet	Gumdrops	1	1.5	D	4
91745020	9000_SavorySweet	Hard candy	1	1.5	D	4
91745040	9000_SavorySweet	Butterscotch hard candy	1	0.5	E	4
91745100	9000_SavorySweet	Skittles	1	0.5	E	4
91746200	9000_SavorySweet	M&M's Pretzel Chocolate Candies	1	0.5	E	4
91750000	9000_SavorySweet	Taffy	1	1	E	4
91760000	9000_SavorySweet	Toffee, plain	1	1	D	4
91760100	9000_SavorySweet	Toffee, chocolate covered	1	0.5	E	4
91760700	9000_SavorySweet	Wax candy, liquid filled	1	3.5	C	2
91770000	9000_SavorySweet	Dietetic or low calorie candy, NFS	1	3	C	4
91770010	9000_SavorySweet	Dietetic or low calorie gumdrops	1	1	D	4
91770020	9000_SavorySweet	Dietetic or low calorie hard candy	1	3	C	4
91770050	9000_SavorySweet	Dietetic or low calorie mints	1	3	C	4